

**HANDBOOK OF
 GARMENT AND
 ACCESSORY SYSTEMS
 SELECTION CRITERIA
 FOR A
 SPACE STATION**

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FOREWARD

The Handbook of Garment and Accessory Systems Selection Criteria for a Space Station is a collection of data obtained during the conduct of two study programs under Contracts NAS-9-9563 and NAS-9-10407 entitled HABITABILITY GARMENT CONCEPTS AND ENGINEERING DATA. The original edition of this handbook was published at the completion of the first contract referenced above, and is updated by the inclusion of data resulting from the second referenced contract efforts. Further study in the area of space station habitability, particularly in the area of laundry systems, is necessary as the data presented herein deals with the subject on a system level

This handbook forms a volume of the Habitability Technology Handbook being prepared by NASA/MSC

The assistance of Messrs A. Louviere, G Rysavy, and M. Johnson of the Spacecraft Design Office - MSC, in preparation of this handbook is greatly appreciated

¹ PREFACE

With the flights of Mercury, Gemini, and Apollo, flight articles were selected on the basis of the immediate needs of a particular mission. Flight durations were relatively short and number of crew small resulting in minimum impact on space system design of such items as crew wardrobe, wardrobe support systems, and space vehicle accessory items

As the mission lengths increase and crew sizes grow in number, it is apparent that the penalty of the clothing and related support equipment, as well as the space vehicle accessory items, will no longer be considered negligible and must be investigated thoroughly. It is the purpose of this handbook to present the criteria by which crew garment systems, garment support systems, and space vehicle accessory items may be evaluated for use in a space station. It is not intended for use as the absolute criteria for design, rather, it is to familiarize persons of engineering discipline with the methodology and rationale involved.

In addition to presenting basic data on fabric technology, garment construction, thermal aspects of clothing, laundry systems, and vehicle interface and logistics considerations, appendices have been included that present an illustrative example of how to apply the data contained in the handbook to systems selection, contains a glossary of terms most commonly used in textile technology, defines a method to size clothing and presents current astronaut/scientist population sizing data, and fabric characteristics in selecting fabric items for space station use.

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SECTION 1.0 THERMAL CONSIDERATIONS

One of the primary functions of clothing is to provide thermal comfort to the wearer by a layer (or layers) of insulation (both due to fabric and the entrapped gas) around the wearer's body. This section presents an analytical approach to the selection of clothing on a thermal basis.

Although the choice of clothing for temperate environments tends to be made on the basis of style, materials and appearance, this analysis forms a check upon the limits of thermal performance of the less common materials.

With the use of the following charts, a garment may be defined knowing only the crew metabolic activity and environmental conditions of the spacecraft. An illustrative example of the use of the charts is presented in Appendix A.

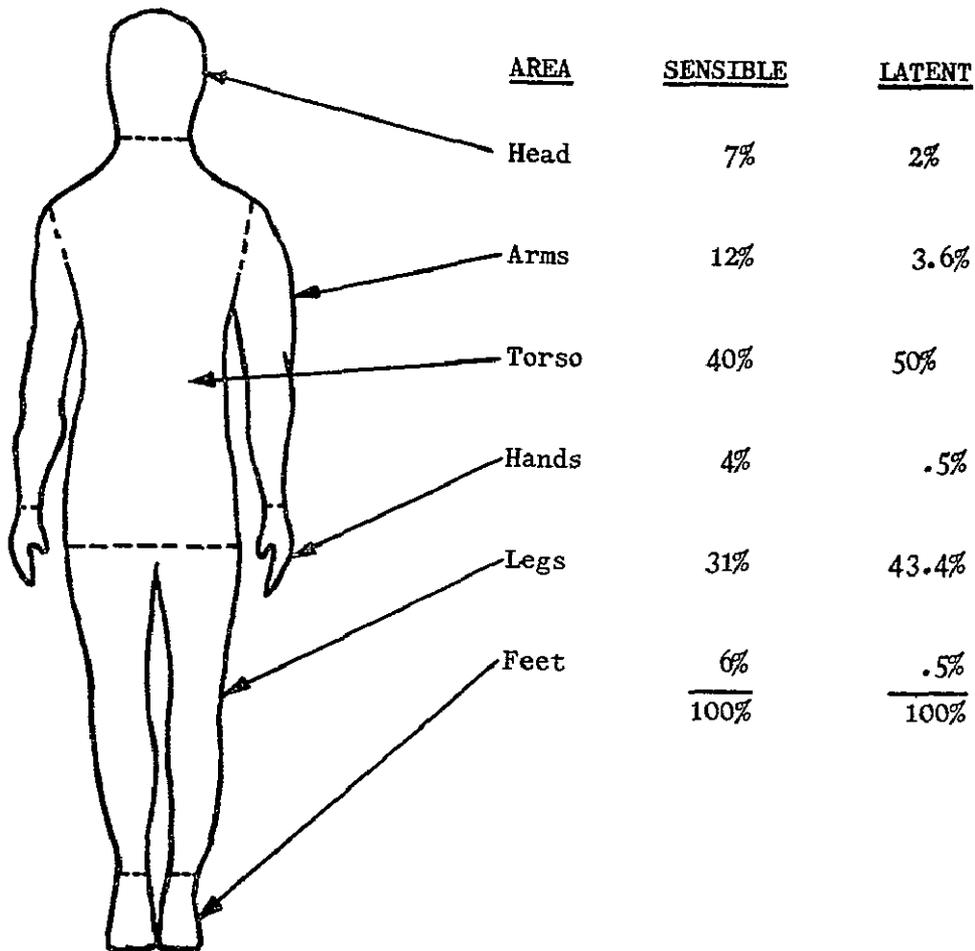
BODY HEAT REJECTION

The body produces heat in proportion to metabolic activity. Depending upon the environmental conditions surrounding the body, this heat is rejected to the atmosphere. The two paths of heat transfer from the body are by sensible means (conduction, convection and radiation) and latent means (evaporation of perspiration).

Figure 1-1 shows a representative distribution of the quantity of heat rejected by the body. The local sensible heat contribution is proportional to the local skin temperature and the area fraction of that portion of the body. The latent heat distribution is a function of the location of sweat glands in the body and is determined empirically. Not included in the chart is the amount of latent heat of evaporation due to moisture yielded by the lungs during breathing. This value, of the order of 60-100 BTU/hr, is a function of metabolic rate and ambient dew point.

Although the absolute values presented in the chart may vary due to environmental conditions and metabolic rates, the primary use of the chart is a reference point for evaluation of the mechanics of body heat rejection and distribution.

FIGURE 1-1 BODY HEAT REJECTION DISTRIBUTION



For low metabolic rates
(500 - 800 BTU/hr)

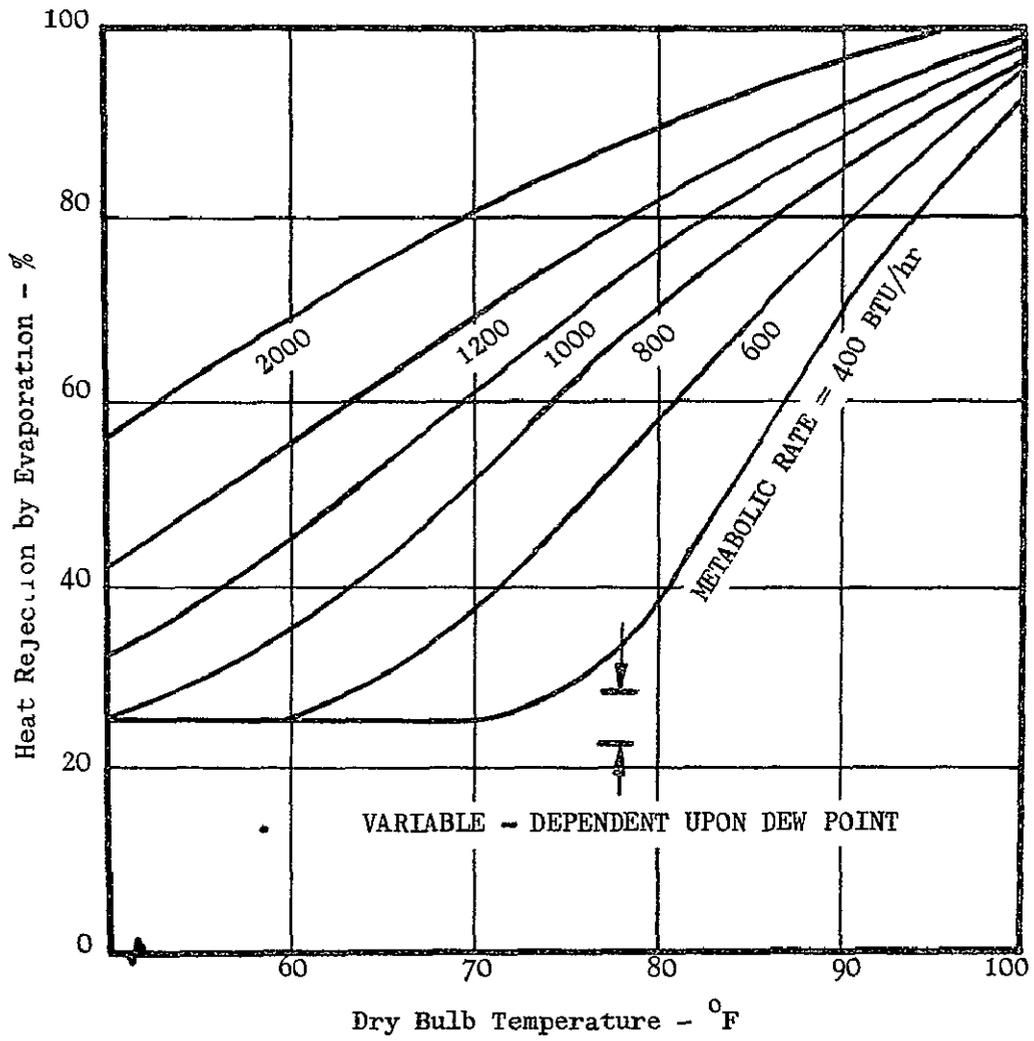
References, 2,3,5

BODY LATENT HEAT REJECTION

The relationship between the sensible and latent heat rejection by the body is presented in Figure 1-2. It can be seen that for a given metabolic rate, the amount of sweating that occurs is a function of the dry bulb temperature. Below a certain temperature, the amount of latent heat rejection is approximately constant. This is comprised of water vapor released from the lungs and diffused through the skin. As the temperature is increased, the "threshold" of sweating is reached. This occurs when the surrounding air can no longer remove the metabolic heat by sensible means and the skin secretes perspiration for evaporative cooling.

In Figure 1-2, the assumption is made that the surrounding environment may receive all the water vapor from the body, thereby requiring no heat storage in the body. For the values presented in the figure a dew point of 45°F is assumed. The effect of dew point upon evaporation is shown later in the section in Figure 1-10.

FIGURE 1-2 BODY LATENT HEAT REJECTION



References, 3,6

INSULATION REQUIRED FOR COMFORT

The thermal comfort of a man may be related to his skin temperature. As the skin temperature is affected by the surrounding environmental conditions, a criteria for comfort is established in Figure 1-3.

Heat is rejected from the body according to the following relationship:

$$Q \text{ sensible} = UA (T_{\text{skin}} - T_{\text{ambient}})$$

where:

Q - Heat load - BTU/hr

U - Overall heat transfer coefficient-BTU/ft²-°F-hr

A - Body surface area - ft²

T - Temperature - °F

The heat load involved in this calculation is the sensible heat load which is assumed to be 75% of the total metabolic heat load at a condition of no perspiration. The body area used in the calculation is estimated to be 20 square feet and the overall heat transfer coefficient includes both heat rejection by convection and radiation. The value of average skin temperature used is 92°F for a condition of comfort.

A new variable, the insulation value, is obtained by transposing the equation thusly:

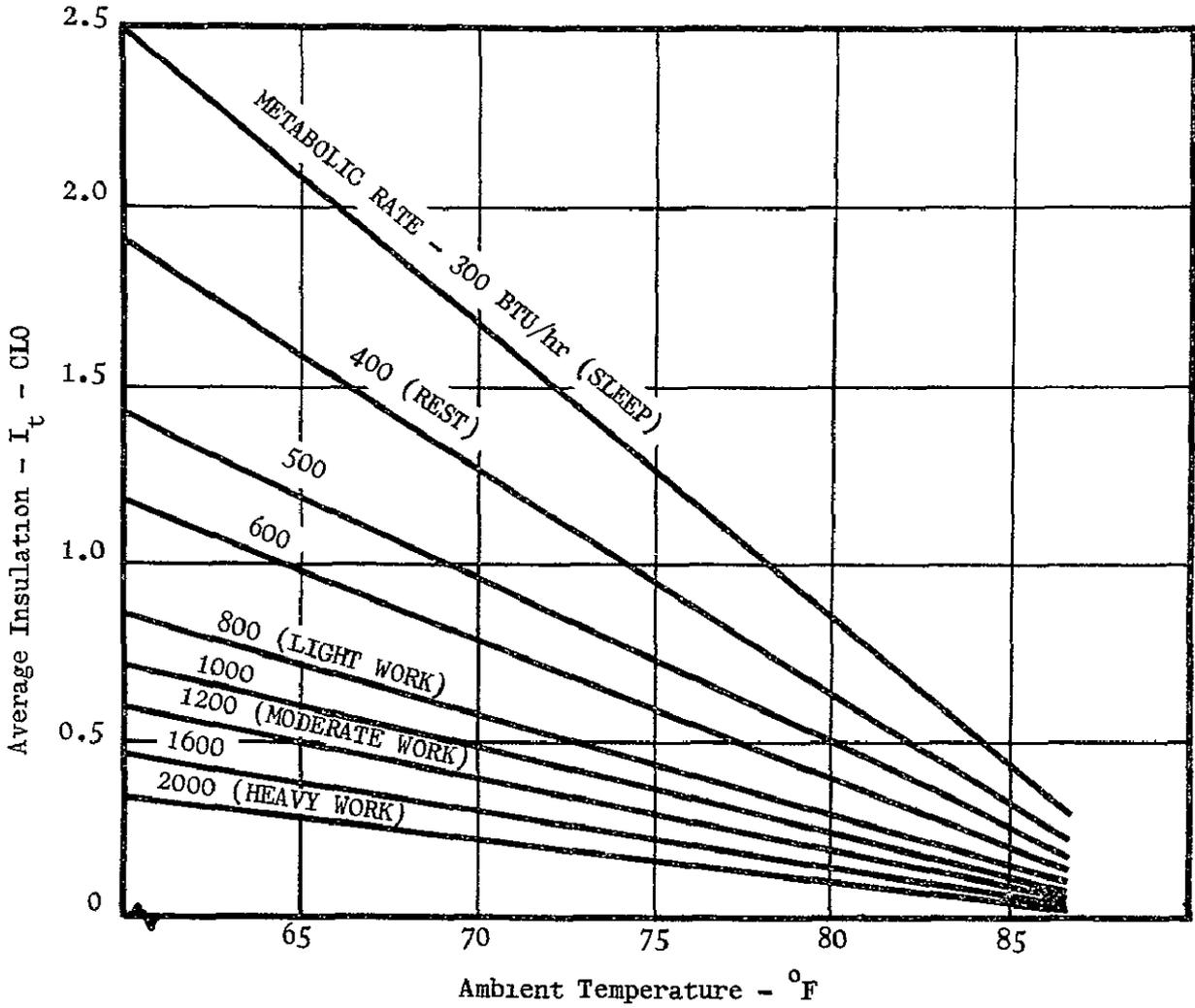
$$I = \frac{1}{U} = \frac{A(T_{\text{skin}} - T_{\text{ambient}})}{Q \text{ sens}}$$

and using the established unit of insulation, the clo, the equation is:

$$I = \frac{.88 A (T_{\text{skin}} - T_{\text{ambient}})}{Q \text{ sens.}}$$

"clo is a unit of insulation and is defined as the amount of insulation necessary to maintain comfort and a mean skin temperature of 92°F in a room at 70°F with air movement not over 10 feet per minute, humidity not over 50 per cent, with a metabolism of 50 calories per square meter per hour. (See Appendix C for further definition).

FIGURE 1-3 TOTAL BODY INSULATION REQUIRED FOR COMFORT



Typical Insulation Values

<u>Article</u>	<u>Insulation</u>
Nude	0.5 (due to air insulation)
Flight Coveralls with cotton underwear	1.0
Flight Coveralls with woolen underwear	2.0

Reference, 5

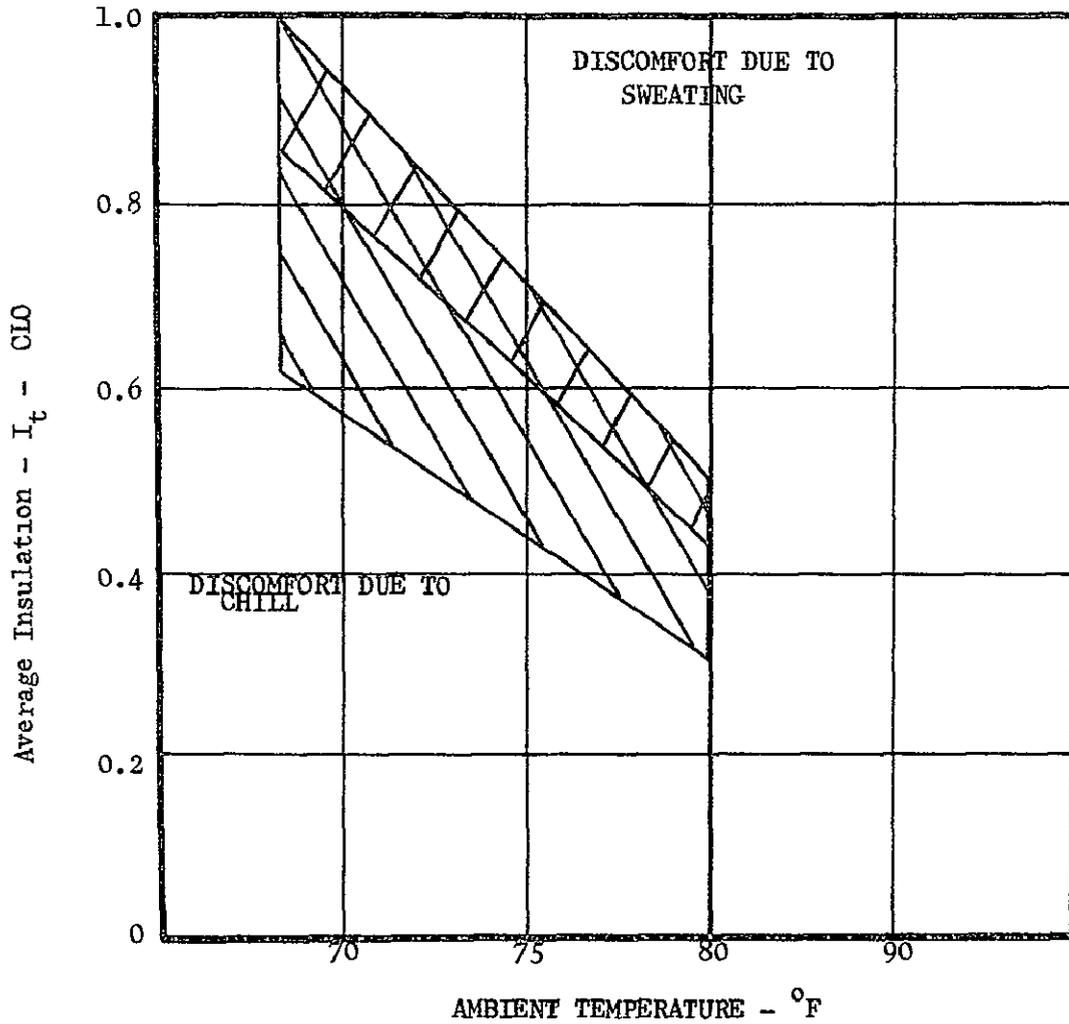
ALLOWABLE VARIATION IN INSULATION

The previous curve is based upon equilibrium conditions in which there is no heat stored or lost from the body. It has been established, however, that heat may be lost from the body with no discomfort resulting in the lowering of body temperature. This quantity, the maximum allowable heat debt, is dependent upon the weight of the individual and the activity level. For periods of normal activities, the maximum allowable heat debt is 600 BTU for a 50% percentile man. For sleeping periods, this value is 300 BTU.

Since the insulation surrounding the body influences the rate of body heat rejection, the rejection rate may be greater than the metabolic rate. This condition will exist if a lesser amount of insulation than the amount determined in Figure 1-4 is used. The higher heat rejection rate may be tolerated and the individual remain comfortable until the maximum debt is reached. For a rate difference of 75 BTU/hr, the length of time to a sensation of coldness is $\frac{600}{75} = 8$ hours.

Shown in Figure 1-4 is the variation in insulation allowable for a given temperature for the tolerance periods of 4 and 8 hours which can be considered representative of a typical crew man duty cycle. The values of 68° to 80° F are representative of spacecraft limits. The comfort zone defined by these boundaries establishes the temperature and time limitation of a given insulation value

FIGURE 1-4 - COMFORT ZONE



- 8 HOUR PERIOD WITHOUT DISCOMFORT



- 4 HOUR PERIOD WITHOUT DISCOMFORT

METABOLIC RATE - 500 BTU/hr

LOCAL INSULATION REQUIREMENTS

The average value of insulation (from Figure 1-3) is useful in the determination of an overall criteria for comfort. Figure 1-5 is presented to relate this average value to the local insulation required for a given body area.

The distribution of insulation over the body is based upon the assumption that the total average insulation is composed of the sum of the products of the local insulation and the applicable body area.

$$I_{\text{tot}} = \sum \left(I_{\text{torso}} \times \frac{A_{\text{torso}}}{A_{\text{total}}} \right) + \left(I_{\text{legs}} \times \frac{A_{\text{legs}}}{A_{\text{total}}} \right) + \dots$$

The contribution of insulation is also expressed thusly:

$$I_{\text{local}} \times \frac{A_{\text{local}}}{A_{\text{total}}} = I_{\text{total}} \times (\text{percent contribution})$$

Assuming that the percent contribution of insulation of a local area must be equal to the percent heat production (% Q) of that area, the final form of the equation is:

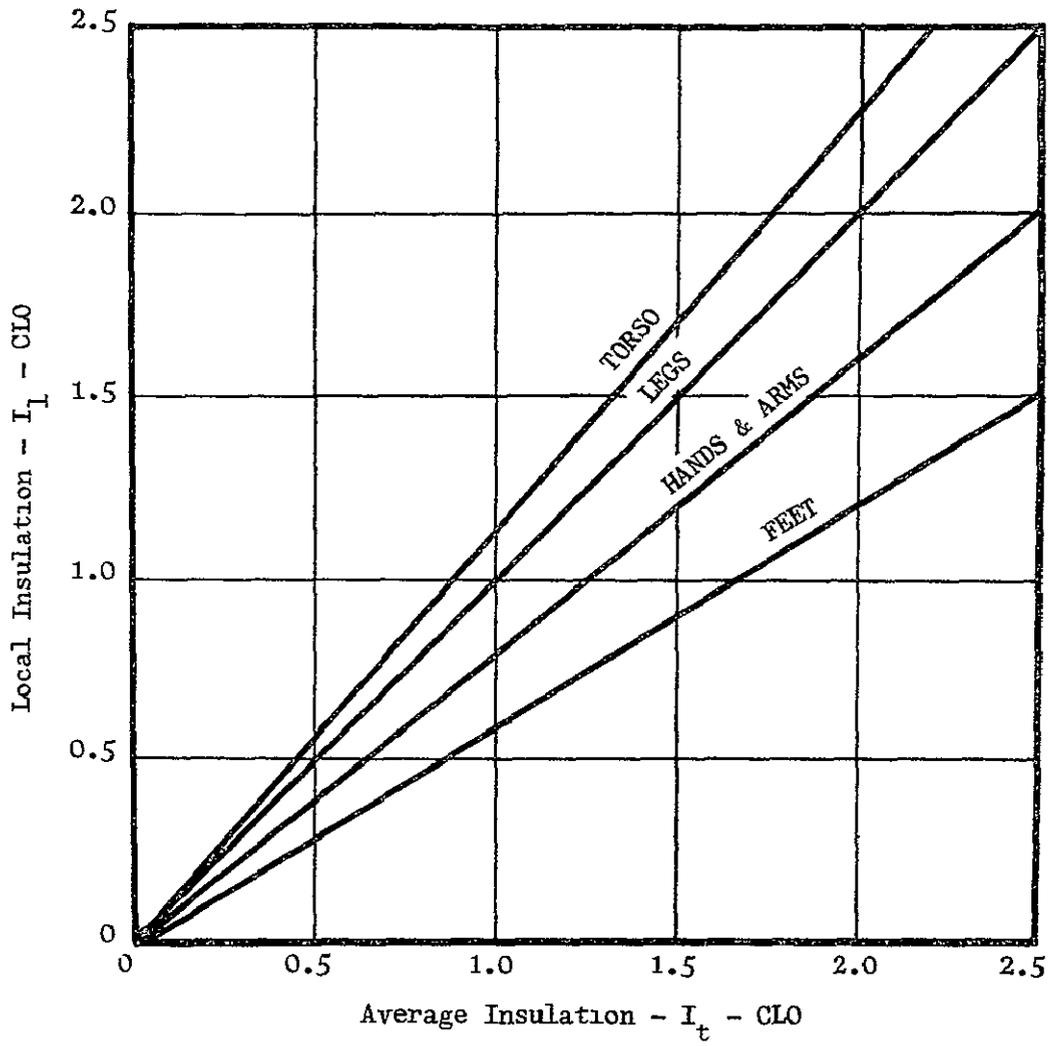
$$I_{\text{local}} = \frac{I_{\text{total}} \text{ (average)} \times \%Q}{\frac{A_{\text{local}}}{A_{\text{total}}}}$$

An example of this calculation is shown for the torso.

The torso area contribution is 36% of the total body area ($A_{\text{local}}/A_{\text{total}}$). From Figure 1-1, it may be seen that the heat produced by the torso is 40% of the body sensible heat. The relationship between the total average insulation and the local insulation required for the torso is:

$$\frac{I_{\text{local}}}{I_{\text{total}}} = \frac{.40}{.36} = 1.1$$

FIGURE 1-5 LOCAL INSULATION REQUIREMENTS



Metabolic Range - 500 - 800 BTU/hr

Reference, 5

EFFECTIVE TEMPERATURE

The effective temperature is an empirically derived index which relates the conditions of humidity, temperature and air velocity. This temperature is a sensory scale which is based upon the sensation of warmth or cold by subjects under various conditions. The theoretical basis for its use is found in the heat rejection balance of the body:

$$Q \text{ rejected} = Q \text{ sensible} + Q \text{ latent}$$

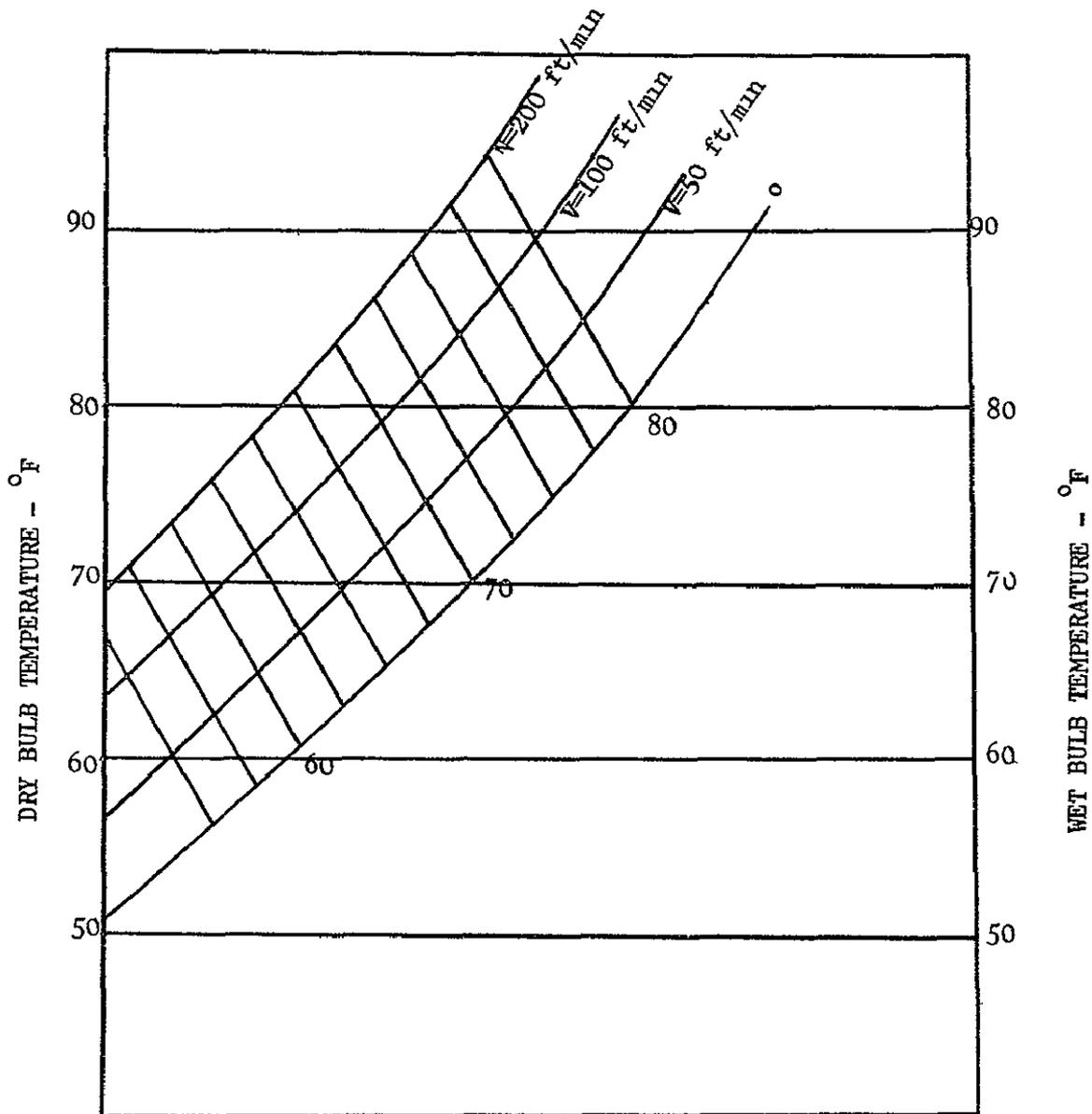
If the total rejected heat, $Q \text{ rejected}$, is assumed to be simply convection heat transfer, an effective ambient temperature results as the heat transfer coefficients and evaporative capability changes.

$$Q \text{ rejected} = UA (T_{\text{skin}} - T_{\text{eff}}) = UA (T_{\text{skin}} - T_{\text{amb. drybulb}}) + M_{\text{H}_2\text{O}} h_{\text{fg}}$$

If $Q \text{ latent}$ approaches zero, $T_{\text{eff}} = T_{\text{drybulb}}$. This occurs when the humidity reaches 100%

Figure 1-6 shows the nomograph for establishing an effective temperature for a normally clothed person.

FIGURE 1-6 EFFECTIVE TEMPERATURE



Example in the use of this chart:

Given Dry Bulb 80° , Wet Bulb 65° , Velocity of air 50 ft/min.

- (a) Draw line from dry bulb 80 to wet bulb 65. At the intersection with the 50 ft/min. velocity line, read horizontally to determine the effective temperature on the stated conditions. In this case the value is approximately 74 F.

ATMOSPHERE INSULATION PROPERTIES

Once the local insulation requirement has been determined from Figure 1-5 for the extreme environmental and metabolic conditions, the atmosphere insulation must be computed prior to determination of garment properties. The relationship is presented below:

$$I_{\text{local}} = I_a + I_c$$

where.

$$I_a = \text{Atmosphere Insulation}$$

$$I_c = \text{Required Insulation of Clothing}$$

$$I_l = \text{Local Insulation required from Figure 1-5}$$

The atmosphere insulation value is related to the radiant and convective heat transfer coefficient. The radiant value is approximated as a constant (0.5 BTU/ft² - °F - hr) within the temperature range of a space vehicle. The convective coefficient is a function of the density and velocity of ventilating gas according to the following relationships:

$$h_{\text{conv}} = 0.56 k/d (\text{Re})^{0.5} (\text{Pr})^{0.33}$$

where:

$$h = \text{Convective Film Coefficient BTU/ft}^2\text{-hr-}^\circ\text{F}$$

$$k = \text{Gas Conductivity - BTU/ft}^2\text{-hr-}^\circ\text{F}$$

$$d = \text{Major Diameter- ft}$$

$$\text{Re} = \text{Reynold's Number } (\rho DV/\mu)$$

$$\text{Pr} = \text{Prandtl Number } (\text{Cp}\mu/k)$$

Then the insulation value is the reciprocal of the sum of the two coefficients:

$$I_a = \frac{1}{h_{\text{conv}} + h_{\text{rad}}} \text{ expressed in clo} = \frac{0.88}{h_{\text{conv}} + h_{\text{rad}}}$$

These values are plotted for an oxygen/nitrogen atmosphere in Figure 1-7 A and an oxygen/helium atmosphere in Figure 1-7 B.

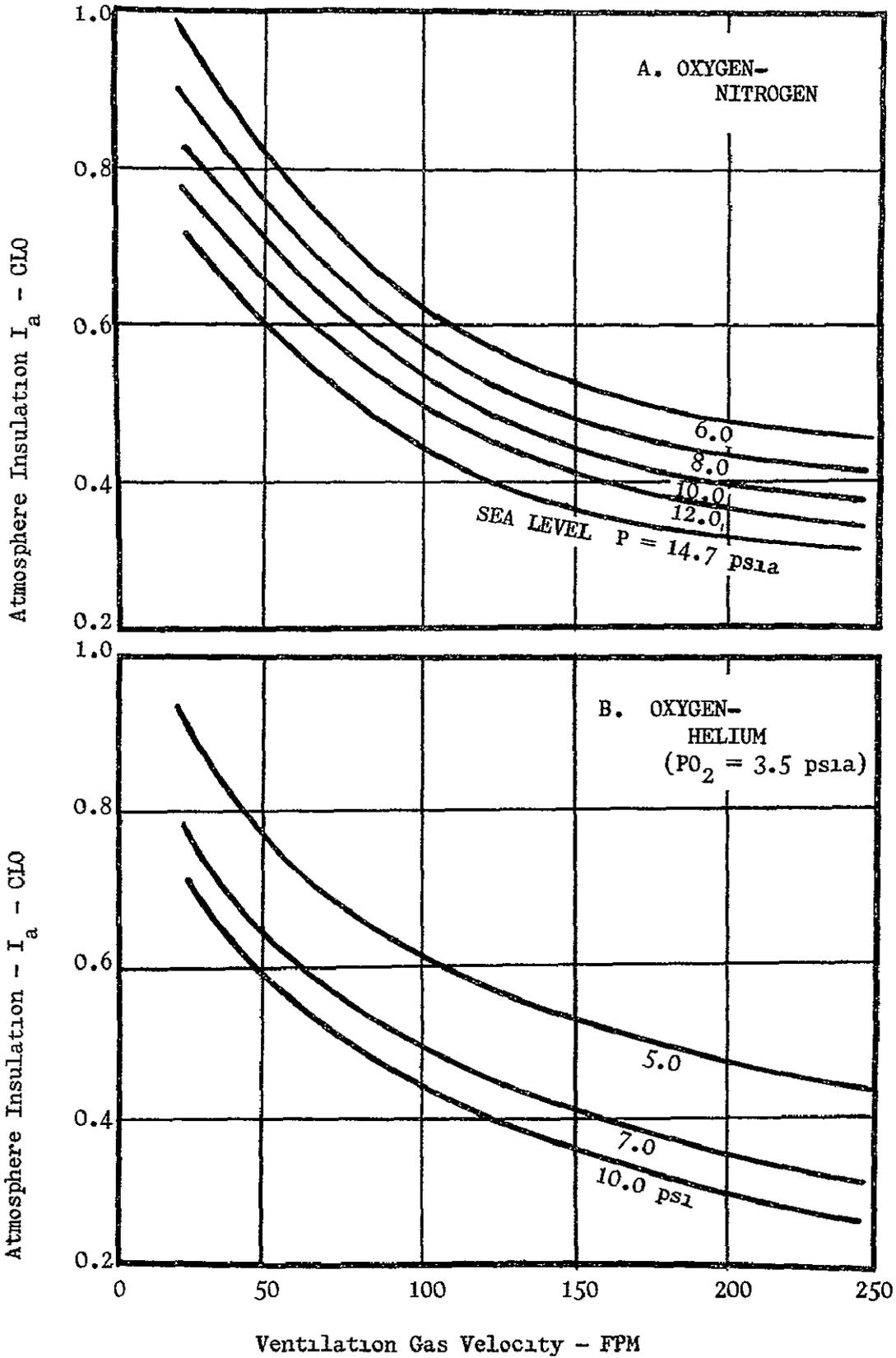
Since the thermodynamic and physical properties of oxygen and nitrogen are close, only the total pressure is indicated. In the case of oxygen helium, in which the properties are not approximately the same, an oxygen partial pressure of 3.5 psia is used for all conditions.

Once the atmosphere insulation property has been obtained for a given condition, its value is subtracted from the local insulation value:

$$I_{\text{clothing}} = I_{\text{local}} - I_a$$

If the resultant is zero or negative, no covering is required on that portion of the body due to thermal considerations

FIGURE 1-7 ATMOSPHERE INSULATION



EFFECT OF DRAPE UPON CLOTHING INSULATION

Once it has been determined that clothing is required for an area of the body, that value of insulation is attributed to both the clothing fabric and the air layer between the body and the cloth.

Figure 1-8 presents the effect of the air layer between the cloth and the body. In this figure, it is assumed that there is no free convection (zero g condition) in that space.

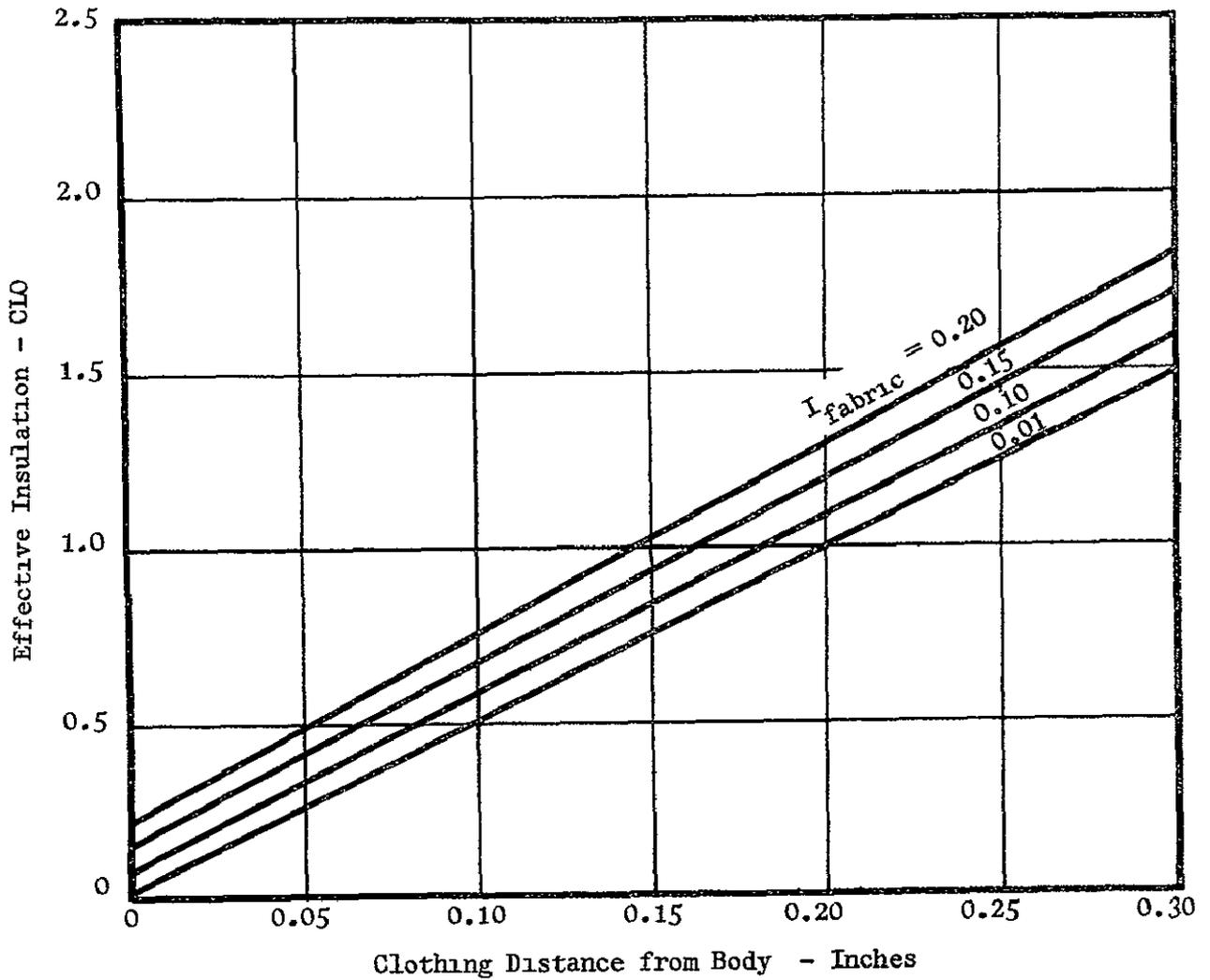
Several fabric insulation values (I_{fabric}) are presented. These values are a function of the weave, thickness and yarn conductivity as shown in Figures 1-9 and 1-10.

To use this curve in conjunction with the previous computations, the effective insulation is equal to the local clothing insulation required. Knowing the portion of the body to be covered, an overall clothing distance, and the effective insulation necessary a value of I_{fabric} is obtained for subsequent use in Figure 1-9.

An example of the use of the curves is presented below

A loose fitting dacron shirt ($I_{\text{fabric}} = 0.01$) has an effective insulation value of 1.25 at an average distance from the body of 0.25 inches. If the shirt is taken in to an average distance of 0.15 inches to make it more conformal, a reduction of effective insulation will occur. The new insulation will be 0.75 clo.

FIGURE 1-8 EFFECT OF DRAPE UPON CLOTHING INSULATION



Typical Values

<u>Item</u>	<u>Distance (in.)</u>
Tights	0.05
Pants	0.10 - 0.20
Dress Shirt	0.15 - 0.30
Sweat Shirt	0.30 - 0.50

FABRIC INSULATION PROPERTIES

The fabric insulation property is a function of the yarn conductivity, thickness and weave. Expressed in equation form.

$$I_{\text{fabric}} = I_{\text{material}} \times \text{Weave Factor}$$

Treating both of these variables separately, Figures 1-9 and 1-10 are presented.

The material insulation value, I_{material} , is a function of yarn conductivity and cloth thickness. It is assumed that the fabric is a homogeneous layer of material and is governed by the equation

$$I = .88 t/k$$

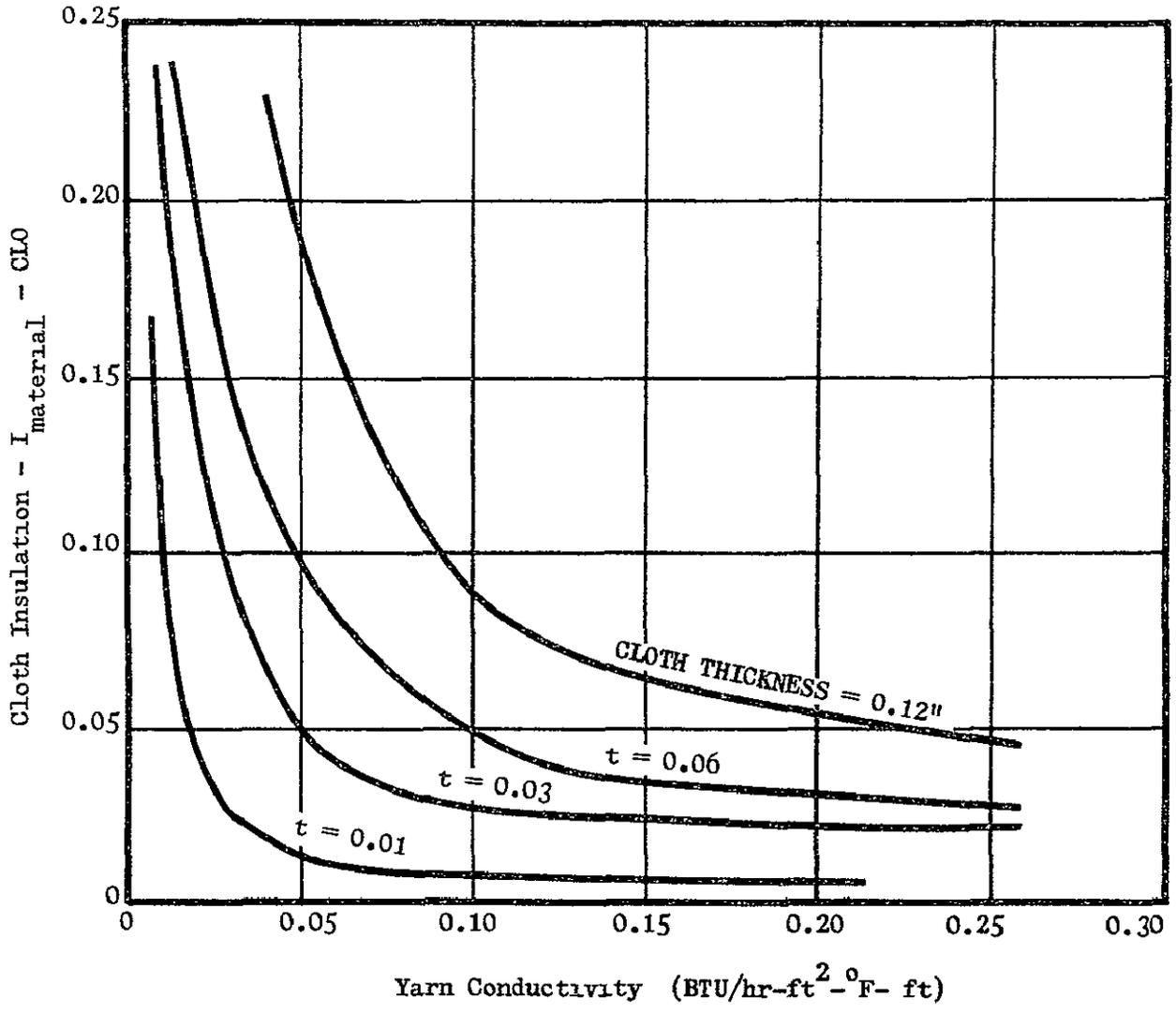
where:

t - is the thickness in feet

k - is the thermal conductivity in BTU/hr-ft²-°F-ft

Since the selection of materials is somewhat limited, the thickness of each of the materials may be determined for a given material insulation. Assuming a weave factor of 1.0, the material insulation is equal to the required fabric insulation (determined from Figure 1-8). Depending upon materials allowed (Section 3), a thickness may be determined.

FIGURE 1-9 MATERIAL INSULATION PROPERTIES

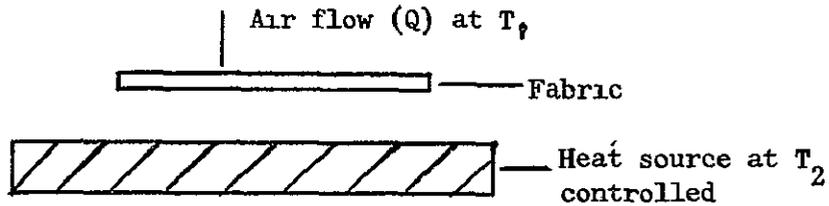


Yarn Conductivities

Cotton	0.038
Nylon	0.125
Teflon	0.130
Dacron	0.150
Beta	0.30

WEAVE EFFECT UPON MATERIAL INSULATION

The effect of the weave upon the insulation property of a fabric is shown in Figure 1-10. These curves reflect the data obtained from testing of four swatch samples of varying porosity at MSC. The test series consisted of the measurement of conditions surrounding the swatches with a variation in air flow (Q) upon the item. The setup of the test is shown below:

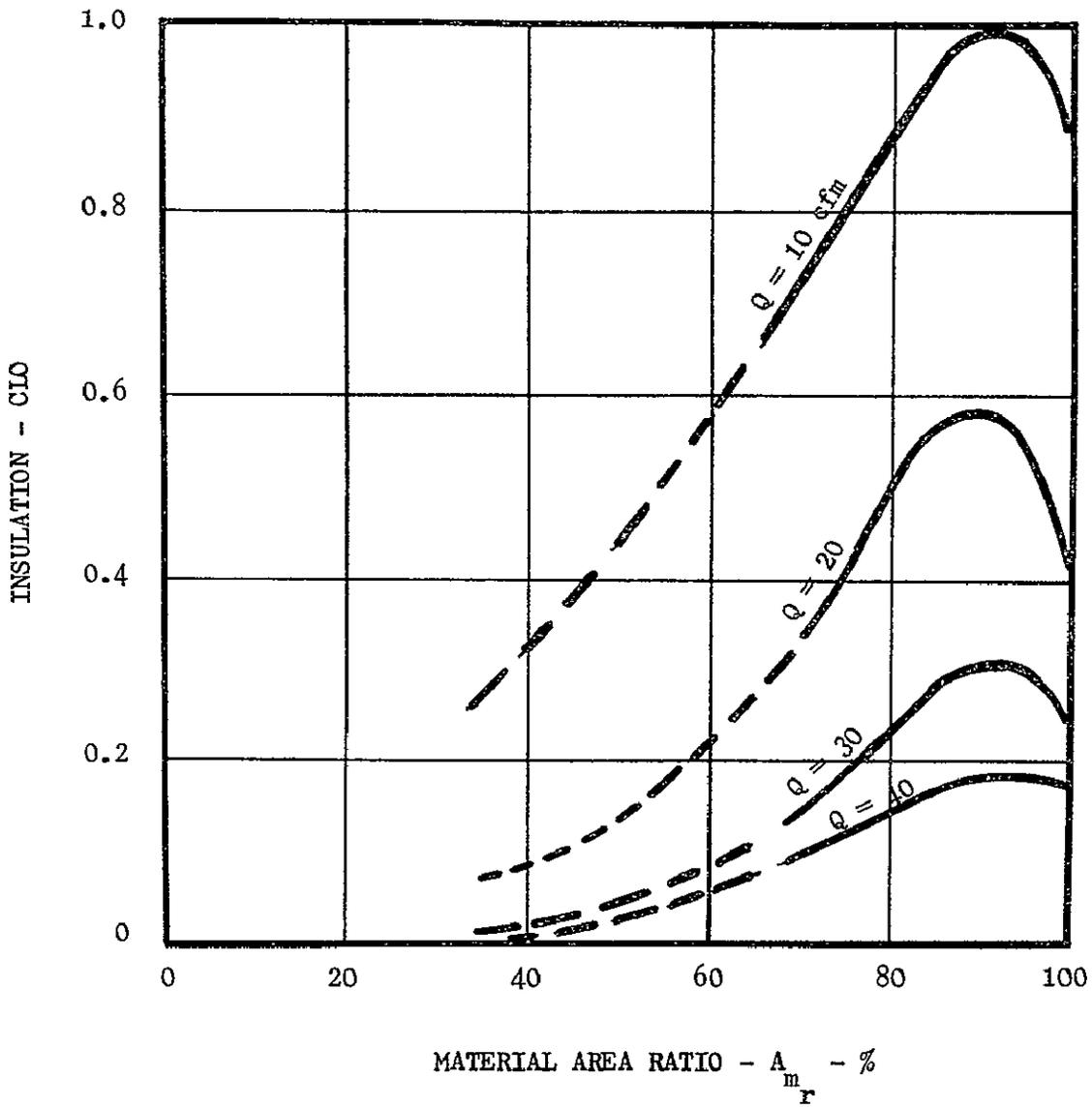


Since $I = \frac{.88 \Delta T(A)}{Q}$, insulation values were determined for each use.

The conclusions derived are:

- A. The weave effect upon material insulation is most pronounced at low ventilation velocities.
- B. As the ventilation velocity may vary, the insulation value corresponding to a material area ratio of 100% should be used. This is also based upon the fact that the material area ratio is greater than 90% for clothing.

FIGURE 1-10 WEAVE EFFECT UPON MATERIAL INSULATION



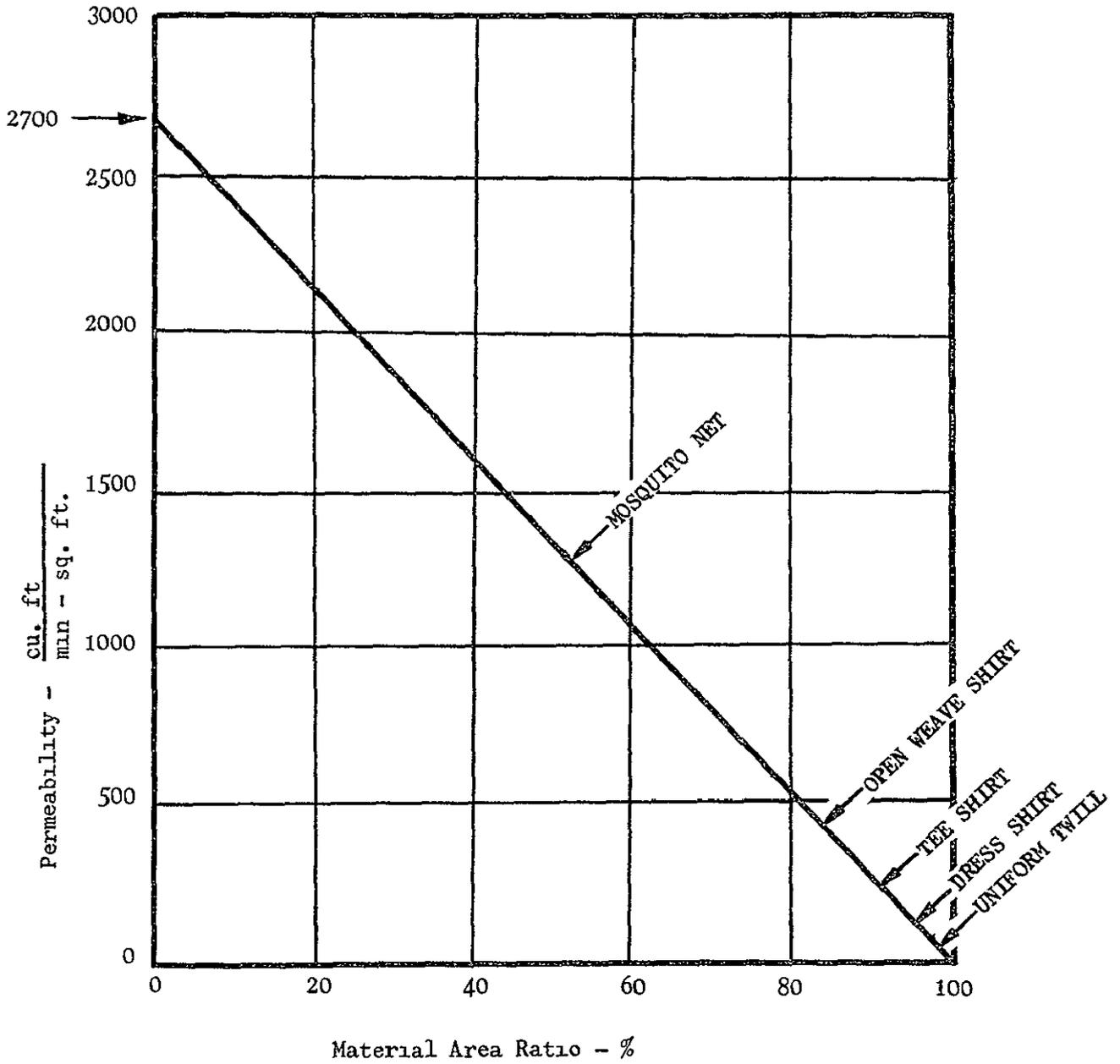
$$A_{m_r} = \frac{A \text{ material}}{A \text{ total}}$$

FABRIC POROSITY AND MATERIAL AREA RATIO

The material area ratio is a variable in fabric construction which lends itself to convenient use in geometric calculations. Figure 1-11 shows the relationships between this variable and the commonly used garment term of permeability.

Permeability is measured in terms of cubic feet per minute of atmospheric gas per square foot of fabric with a 0.5 inch of water pressure difference.

FIGURE 1-11 FABRIC POROSITY AND MATERIAL AREA RATIO



Reference, 5

EFFECT OF DEW POINT AND FABRIC POROSITY
UPON EVAPORATIVE HEAT REJECTION

The effectiveness of body cooling by evaporative means is governed by the capacity of the surrounding air to receive the water vapor and the insulating properties of the clothing worn. Figure 1-12 presents the relationship between the ambient dew point, the porosity factor of the fabric, and the capability for vapor to transfer through the clothing by diffusion through the openings between the fabric yarns. The equation used is:

$$Q = \delta \frac{(\rho_2 - \rho_1) A h_{fg}}{x}$$

where:

- Q = Evaporative Heat Flux (BTU/hr)
- δ = Diffusion Coefficient of Water Vapor - ft²/hr
- ρ = Partial Density of Water Vapor - lb./ft³
- A = Area through which Vapor Passes - ft²
- h_{fg} = Latent Heat of Vaporization of Water - BTU/lb
- x = Distance between stations 1 and 2 - ft
(skin to fabric)

Assuming saturated conditions at the skin and:

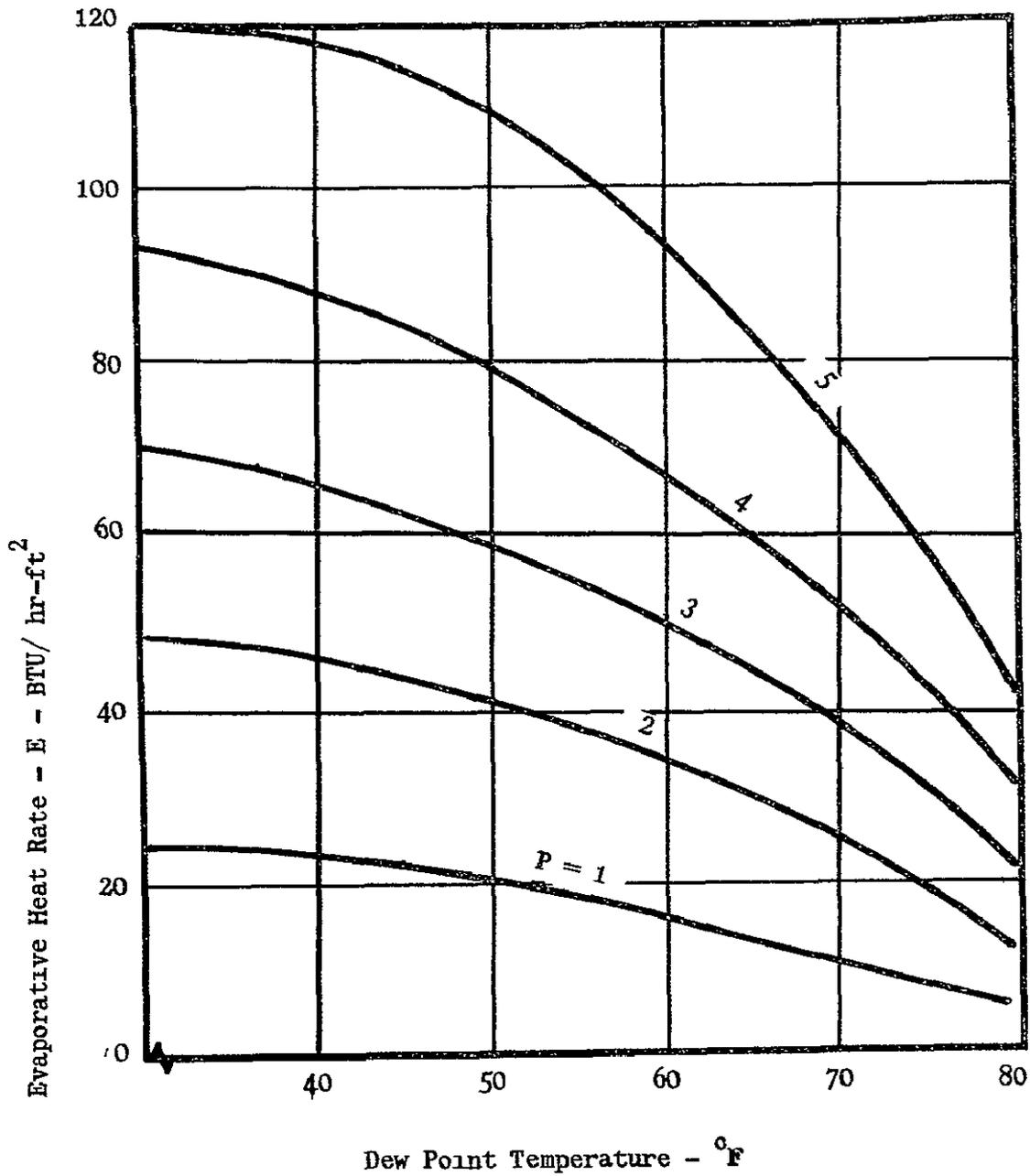
$$A = A_{\text{fabric}} (1 - \text{material area ratio})$$

$$E = \frac{Q}{A_{\text{fabric}}} = (\delta h_{fg})(\rho_{\text{skin}} - \rho_{\text{amb}}) \left[\frac{1 - A}{x} \right]$$

The term $\left[\frac{1 - A}{x} \right]$ is designated as a porosity factor in which drape plays an extremely important role. Typical values of this factor are presented in Figure 1-12.

FIGURE 1-12 EFFECT OF DEW POINT AND

FABRIC POROSITY UPON EVAPORATIVE HEAT REJECTION



P = Porosity Factor

$$= \frac{1 - A_{mr}}{x}$$

A_{mr} = Material Area Ratio

x = Average Distance from Skin-in.

Article

P

Tee Shirt 2.0

Knit Shirt 1.5

Pants 0.5

Dress Shirt 0.33

SUMMARY

The thermal data presented in Section 1.0 is based upon the heat transfer and thermodynamic interactions between a man and his clothing. This analysis can also be applied to sleep containers, or other fabric items that require thermal design. To apply this data in the selection of a garment, Appendix A is attached to this handbook showing one illustrative example.

SECTION 1.0 REFERENCES

1. Ference, M., Lemon, H.; and Stephenson, R.; Analytical Experimental Physics, University of Chicago Press, Chicago Illinois, 1956.
2. Full Pressure Suit Heat Balance Studies, Technical Report LS-140, Contract NAS 9-2886, February 1965.
3. Hardy, J. D. and DuBois, E. F., Basal Metabolism, Radiation, Convection at Temperatures of 22 to 35°C. Journal of Nutrition, 15:477, 1938.
4. Modern Plastics Encyclopedia - 1968, McGraw Hill, Inc. Vol 45, No 14A, New York, N. Y., October 1968.
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7. Fiber Facts - 1967-1968, FMC CORPORATION, American Viscose Division.
8. NASA - MSC Materials Laboratory Testing.

SECTION 2 - CONSTRUCTION

With the general garment body distribution requirements determined by thermal or other criteria, the elements of garment construction are presented in this section. The section is divided into the following areas and the uses of the applicable areas are discussed in Appendix A.

2.1 Fabric Data

This portion deals with fabric geometry and determination of fabric weight with given yarn properties.

2.2 Design Detail

This section presents the rationale for selection of fasteners, stitching, seams, cuffs, pocket location, and entry provisions.

2.3 Style

Single and two piece garment styles are presented with typical uniforms and functional garments. Concepts of headgear and footwear are shown for reference.

2.4 Weight Determination

This section presents the consideration made when computing the weight of a garment. Included is the amount of fabric required for a given article.

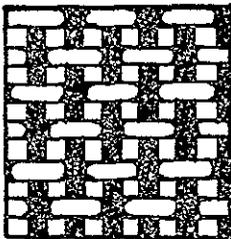
SECTION 2.1 - FABRIC DATA

In the construction of garments and cloth, there are three fabric categories: woven, nonwoven and knitted construction. The category of nonwoven materials include synthetic materials which are characterized by lofty webs of fibrous materials of mechanical or adhesive type bond. Nonwoven materials, however, exhibit substantial reduction in endurance strength, tensile strength, and cleaning endurance from woven fabrics. As a consequence, the major use of nonwovens is in disposable and specialized clothing. Nonwoven materials do not adhere to the fabric geometry relationships presented in this section, and therefore are not included in this section. Discussion and uses of the remaining two types of fabric construction are presented in Figure 2-1.

FIGURE 2-1 CONSTRUCTION OF COMMON FABRICS BASIC WEAVES AND KNITS

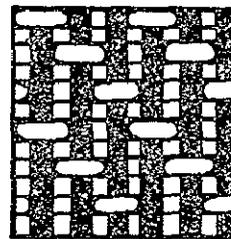
WEAVES Provide rigidity, endurance, high strength, mendability.

PLAIN WEAVE



- .MAXIMUM ENDURANCE
- .MAXIMUM STRENGTH
- .MOST WIDELY USED FOR CLOTHING

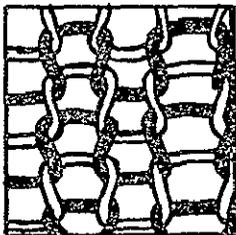
TWILL WEAVE



- .MOST RESILIENT
- .BEST MEMORY
- .USED IN HEAVY WEAR

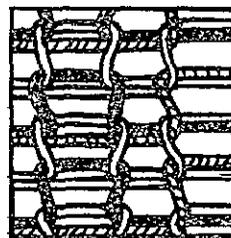
KNITS Provide softness, warmth, conformity, porosity.

FLAT KNIT



- .BASIC KNIT

INTERLOCKING KNIT



- .TEAR RESISTANT

WEAVE CHARACTERISTICS

The material area ratio (amount of material face area per unit area of fabric) is determined by the number of yarns present in the given area. The resulting pick and end density (number of yarns per inch in the filling and warp direction) for a balanced plain weave is shown for several sizes of yarn. As the material area ratio, A_{mr} , is increased, the required yarn density must likewise increase. This is true until a value of A_{mr} of 75% is reached. At this point, the distance between the opposing yarns is equal to the diameter of the yarn. If a further increase in material area ratio is required, the yarn is compressed into an elliptical cross section. As the yarn width increases, less space is available for additional yarns and the pick and end densities decrease.

Since the major portion of clothing possesses a material area ratio of 80% or greater, the applicable yarn configuration is compressed.

The equations for the material area ratio are

Circular

$$A_{mr} = NMD \left(\frac{1}{N} + \frac{1}{M} - D_o \right)$$

Compressed

$$A_{mr} = NMD_o^2 \left(2 + \frac{D_o^2}{\left(\frac{1}{N} - D \right) \left(\frac{1}{M} - D \right)} \right)$$

N = Pick Density

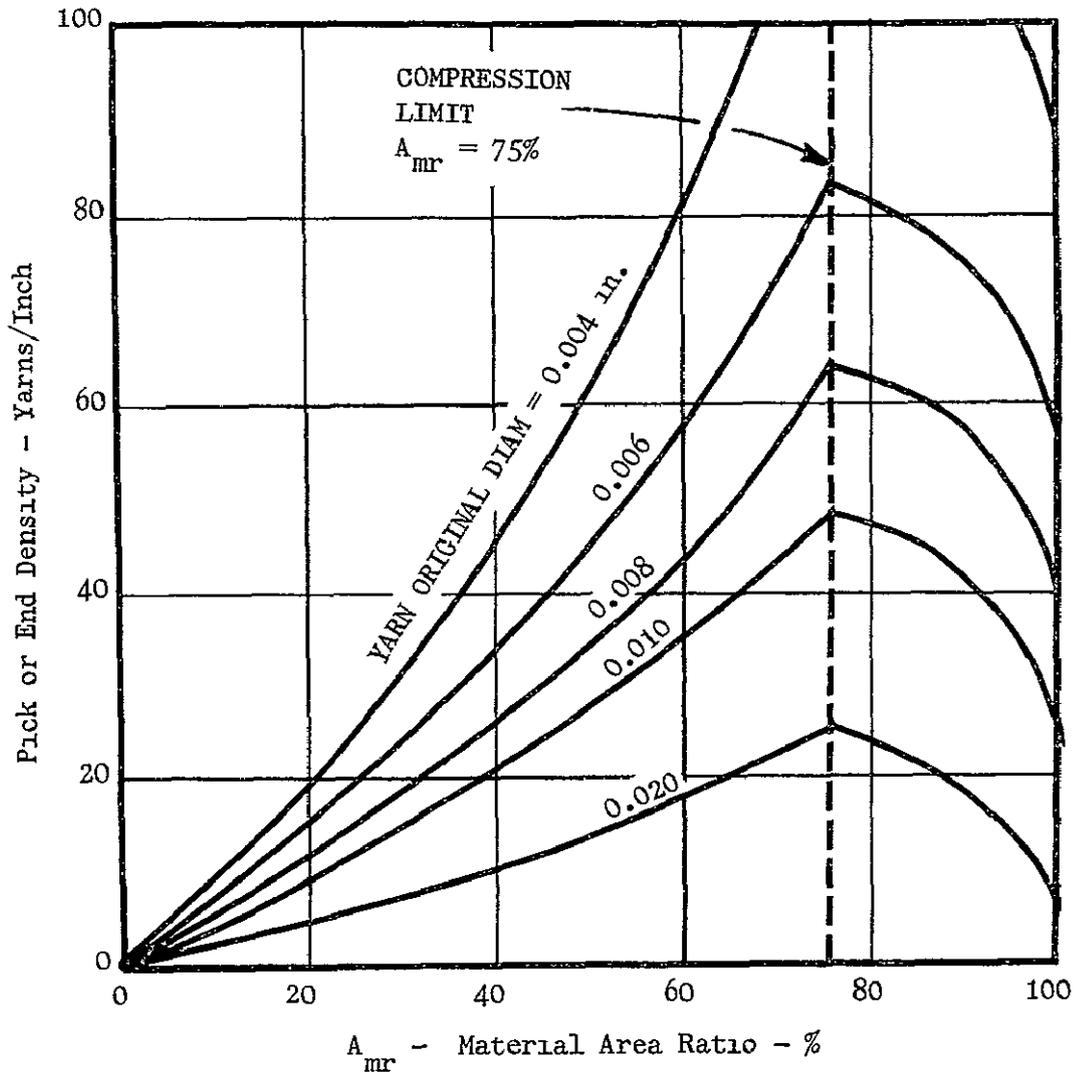
D_o = Yarn Circular Diameter

M = End Density

D = Compressed Yarn Major Diameter

FIGURE 2-2 WEAVE CHARACTERISTICS

MATERIAL AREA RATIO AS A FUNCTION OF TEXTURE AND YARN SIZE



Plain Weave

Pick Density = End Density

$A_{mr} \leq 75\%$ - Yarn Cross Section is Circular

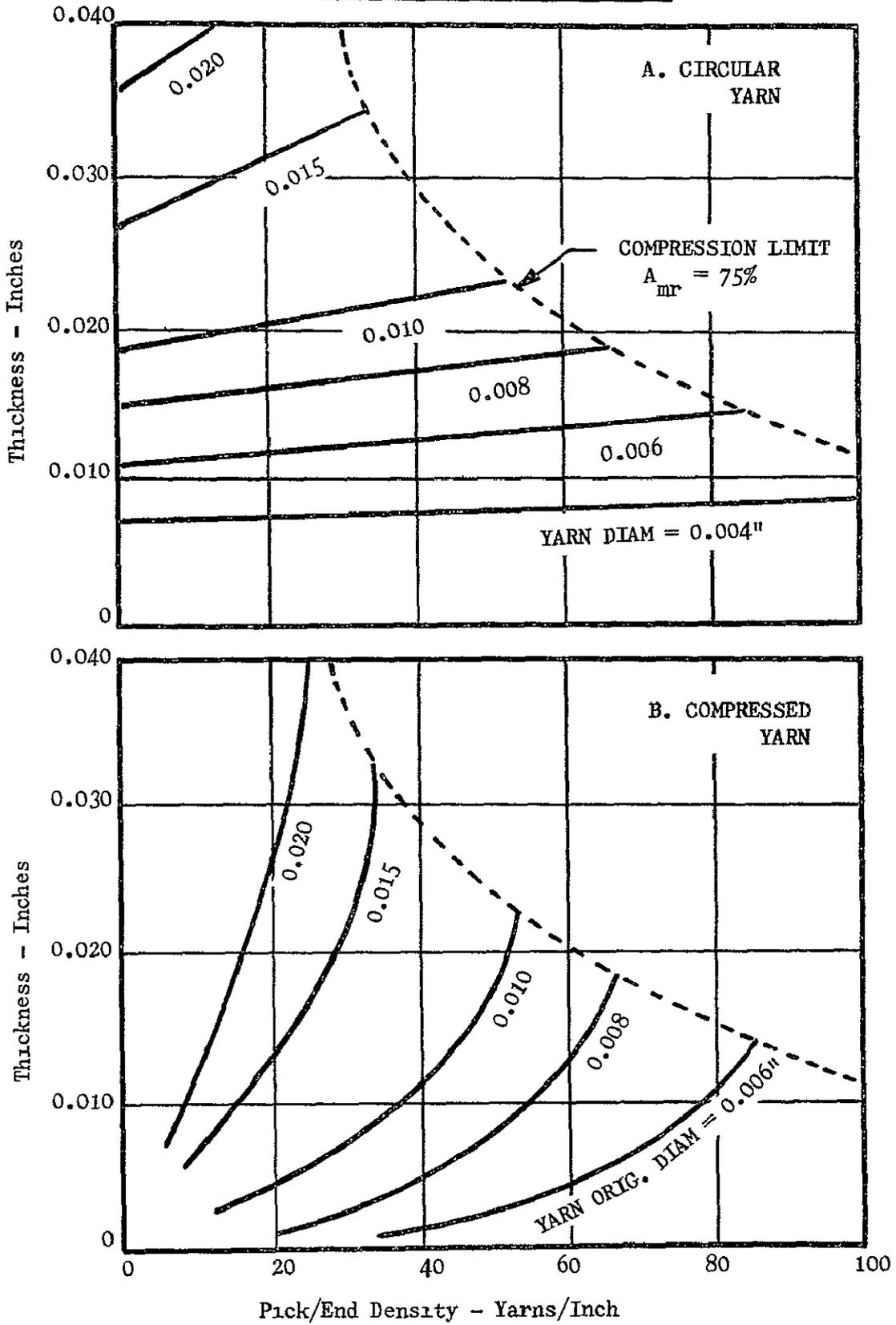
$A_{mr} > 75\%$ - Yarn Cross Section is Elliptical

FABRIC THICKNESS

The average thickness of a fabric is governed by the yarn geometry as shown in Figure 2-3. In curve A, thickness data is presented for circular yarn as a function of the yarn pick and end density. Crimp (the waviness of filler or warp yarn) is important as it will vary the thickness by 50%. The data presented in the curves is applicable for a balanced (equal diameter and equal density in the warp and filler direction) fabric. The thickness value is computed by averaging the maximum and minimum thickness.

In curve B, the data for compressed yarn is presented. This curve includes the flattening effect of the yarn as the material area ratio is increased.

FIGURE 2-3 FABRIC THICKNESS



FABRIC WEIGHT

The fabric weight is a function of the yarn size, material density and the number of yarns per inch. Figure 2-4 shows the fabric weight as a function of the pick and end density and yarn denier. The denier is a unit which is based upon the weight of a given length of yarn (a piece of yarn 9000 meters long weighing 1 gram). The advantage in its use is that it incorporates both the density and diameter of the yarn material in a single unit. The same denier yarn for two different materials may have different diameters, however, the fabric weight is constant. The conversion from yarn denier to diameter is presented in Figure 2-4 also. It is assumed that the fiber strands (filaments) comprise 90% of the yarn cross sectional area which is typical of a twisted yarn.

The equation for the weight of the fabric is:

$$W = N(De_f) \phi_{cf} + M(De_w) \phi_{cw}$$

where:

N = Pick Density - Yarn/Inch

De_f = Filler Yarn Denier

ϕ_{cf} = Crimp Factor - Filler Yarn

M = End Density - Yarn/Inch

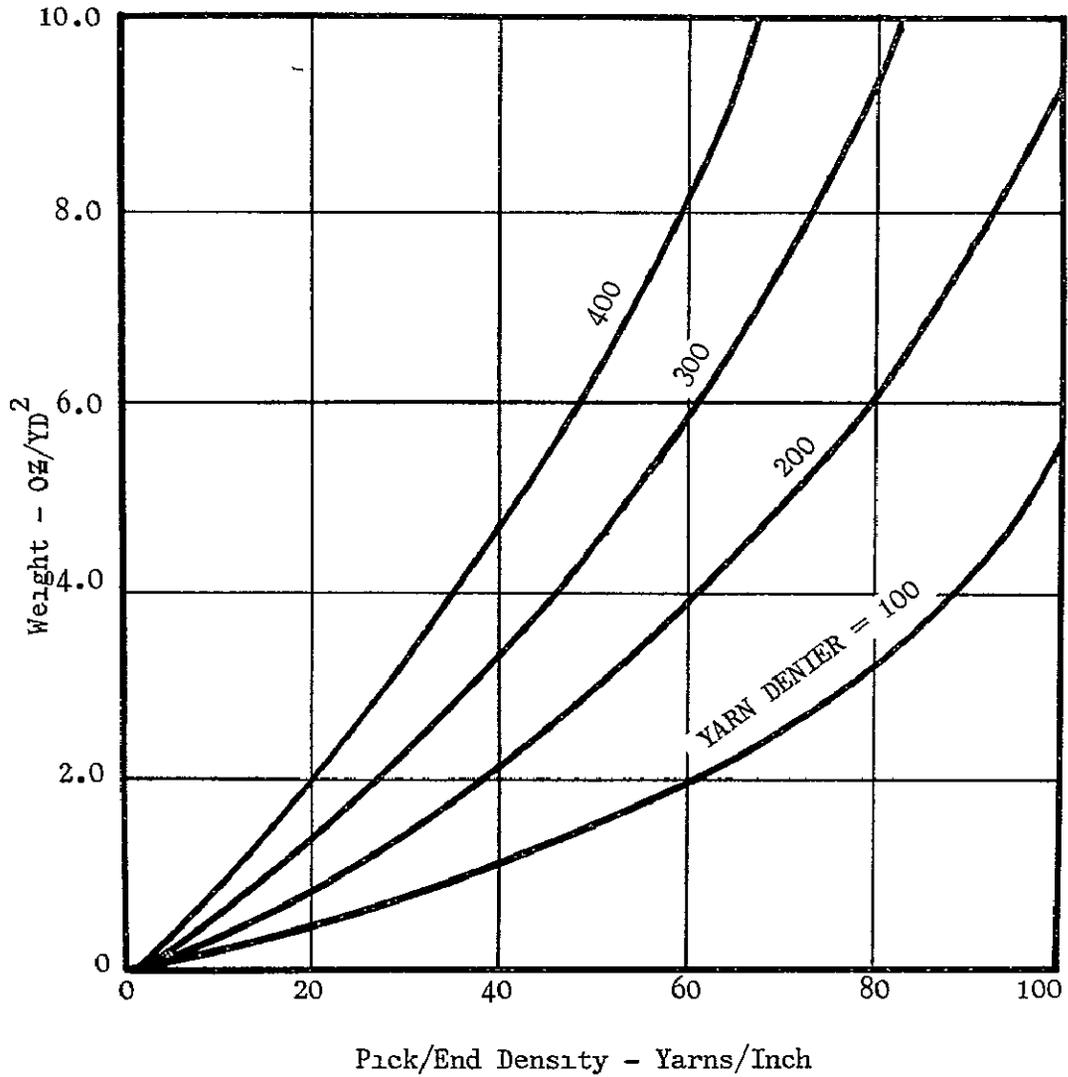
De_w = Warp Yarn Denier

ϕ_{cw} = Crimp Factor - Warp Yarn

$$\phi_{cw} = \frac{1}{M} \left[\frac{1}{M} \cos(\sin^{-1} 2MD) + 2D (\sin^{-1} ND) \right]$$

D = Yarn Diameter

FIGURE 2-4 FABRIC WEIGHT FOR WOVEN CONSTRUCTION



$$\text{Yarn Diameter} = 3.9 \times 10^{-3} \sqrt[3]{\frac{\text{Denier}}{\text{Density (lb/ft}^3\text{)}}}$$

For $N = M$, Enter Graph at Value

For $N \neq M$, Enter Graph at Value $\frac{N+M}{2}$

YARN SELECTION

Depending upon the type of material to be used in the garment fabrication, several yarn configurations are available. Presented below is a description of each type with the pertinent considerations shown in Table 2-1.

Staple Yarn

Yarn which is formed by spinning fibers of discrete lengths.

Continuous Filament Yarn

Yarn formed by twisting two or more continuous fibers of material with no discrete length.

Monofilament Yarn

Yarn with a single continuous filament comprising the yarn strand.

TABLE 2-1 YARN COMPARISON

	STAPLE YARN	CONTINUOUS FILAMENT	MONOFILAMENT
Advantages	Soft hand adsorbent Dull finish	Strong soil resistant	Fast drying
Disadvantages	Produces lint	Slippery Shiny	Stiff Shiny, Cold
Materials	Natural and synthetic	Synthetic and Silk	Synthetic only
Applications	All types of clothing	Clothing outerwear	Hosiery

SECTION 2 2 DESIGN DETAILS

The type of fabric for a garment has been presented in the previous section. This section of the handbook is concerned with the detail design aspects of clothing from an engineering sense. Included in this section is a familiarization with the following:

- . Selection of stitches
- . Seam selection
- . Stitch number
- . Seam location
- . Selection of fasteners
- . Pocket location
- . Entry provision

Since the details of the design of a garment are a matter of style and somewhat subjective, the data of this section contains the reference point from which the subjective decisions may be made.

SELECTION OF STICHES AND SEAMS

The selection of the proper seams and stitching techniques is based on the premise that the strength of a seam between two pieces of fabric is a function of:

- Stitch type
- Thread strength
- Number of stitches
- Seam type

The following illustrations and curves present the criteria for the determination of stitching and seam geometry.

The types of seams and their uses are presented in Figure 2-5. There are seven basic types of stitches, defined in MIL-STD-751, with the class 300 being the most commonly available in machines due to its simplicity.

FIGURE 2-5 TYPES OF STITCHES

Class 100 - Chain Stitch



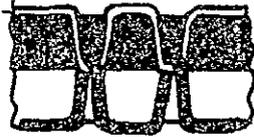
Description: Single Interlooping Thread
 Uses: Basting

Class 200 - Hand Stitch



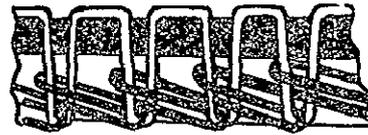
Description: Single Line Thread
 Uses: Ornamental, Basting

Class 300 - Lock Stitch



Description: Interlacing Multiple Threads
 Uses: Seams, Attachments, Facing Joining, Hemming

Class 400 - Double Lock Stitch



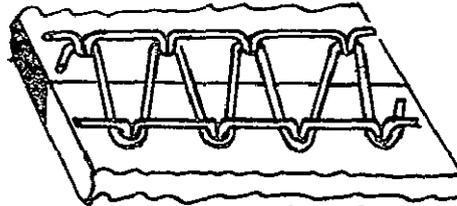
Description: Multithread Interlacing and Interlooping
 Uses: Same as 300 Series

Class 500 - Overedge Stitch



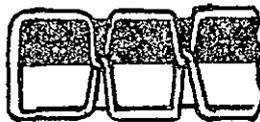
Description: Interlacing Single Thread over Material Edge
 Uses: Edging

Class 600 - Flat Seam Stitch



Description: Multithread
 Uses: Joining Flat Seams (type FS)

Class 700 - Single Thread Lockstitch



Description: Interlacing Single Thread
 Use: Same as Class 300

MINIMUM STITCH DETERMINATION

The number of stitches for proper strength in joining two fabric pieces together is a function of the properties of the fabric and the thread. For a proper seam, the strength of the stitches should be equal to or greater than the fabric joined. Presented in Figure 2-6 is a stitch number selection curve relating the important variables.

The theory of the analysis is based upon a plain, superimposed seam (see Figure 2-7) with an interlacing stitch. The rupture strength of the thread is equated to the rupture strength of the fabric yarns.

$$F_{\text{rupture(thread)}} = n (De_t) Et$$

where.

n = Number of Stitches/Inch
De_t = Thread Denier
Et = Thread Ultimate Loop Strength - g/Denier

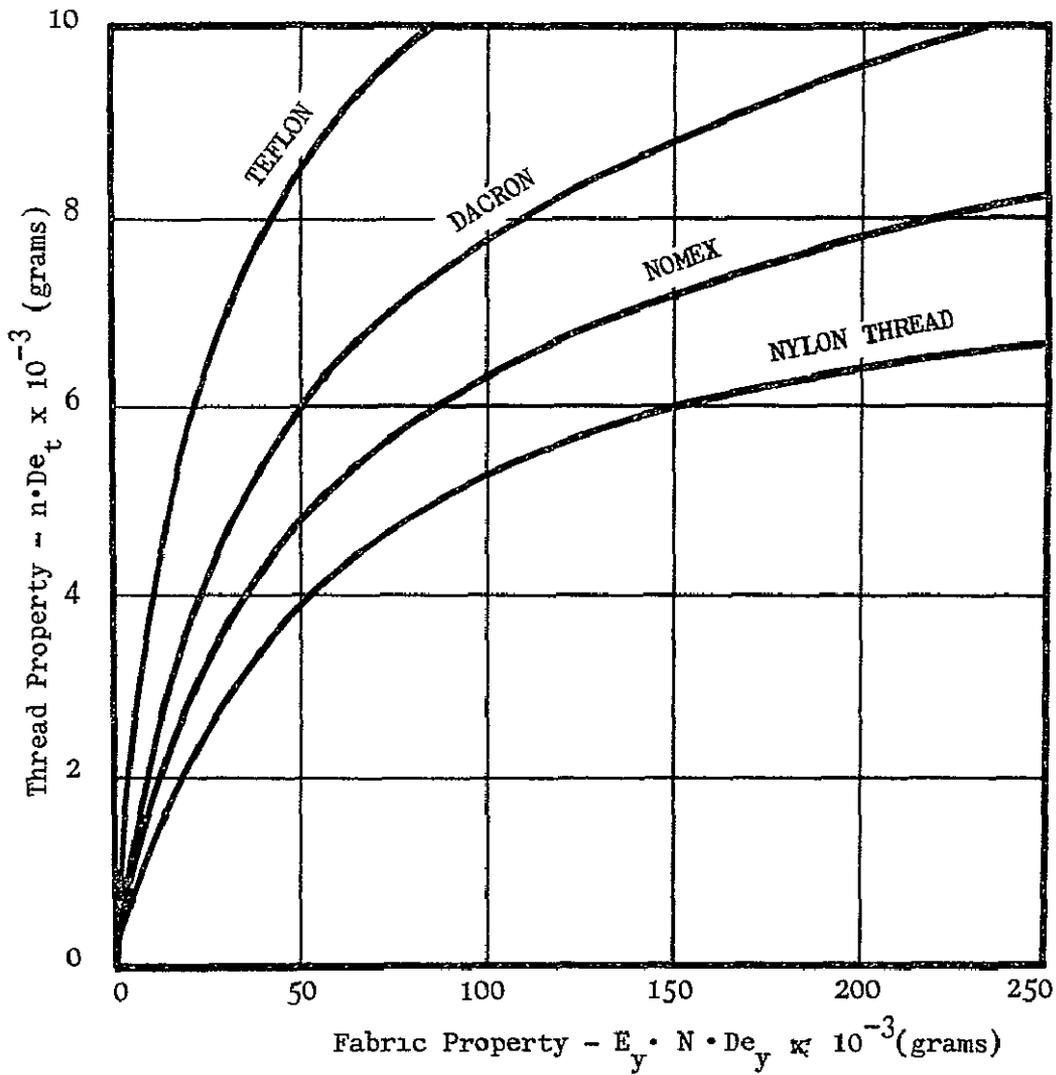
$$F_{\text{rupture(fabric)}} = f (N, De_y, Ey)$$

where

N = Number of Yarns/Inch Perpendicular to Seam
De_y = Yarn Denier
Ey = Yarn Ultimate Strength - g/Denier

Equating both of these variables, the resultant are the curves in Figure 2-6.

FIGURE 2-6 STITCH NUMBER SELECTION



where:

- N = Pick or end density - yarns/inch
- E_y = Fabric yarn ultimate strength - grams/denier
- De_y = Fabric yarn denier
- De_t = Thread denier
- n = Minimum number of stitches/inch

Reference Data, 2

SEAM SELECTION

There are over 180 types of seams available for garment fabrication listed in Federal Standard No. 751A. Although each seam is somewhat different and varies in complexity, the types are variations of four basic categories.

1. Superimposed Seams

This type of seam is analogous to a butt joint in which at least one pass of the joining threads are in tension when a force is applied to each of the joined fabrics.

2. Lapped Seams

This type of seam is analogous to a lap joint in which at least one pass of joining thread is initially in shear when a force is applied to the joined fabrics.

3. Bound Seams

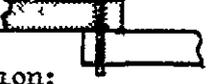
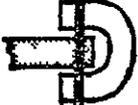
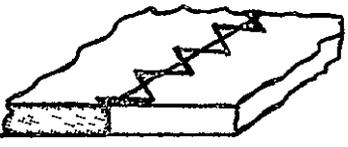
This seam is used at the edge of a single piece of fabric to build up and contain the material.

4. Flat Seam

This seam is similar to a superimposed seam, however, the stitching operation is performed with the final seam configuration. This stitch involves a "zig-zag" stitch alternating between the two fabric pieces.

Figure 2-7 presents the commonly used seams and their application.

FIGURE 2-7 COMMON SEAMS

CLASS *	TYPE	COMMON CONFIGURATIONS	USES
SS	Superimposed Seam	<p>Basic Configuration: </p> <p>Variations: </p>	Hidden Seams Edges Pockets Zippers
LS	Lapped Seam	<p>Basic Configuration: </p> <p>Variations: </p>	High Strength Seams
BS	Bound Seam	<p>Basic Configuration: </p> <p>Variations: </p>	Edges
FS	Face Seam	<p>Basic Configuration: </p>	Joining Fabrics: Knits to Woven Fabrics in Cuffs Necks

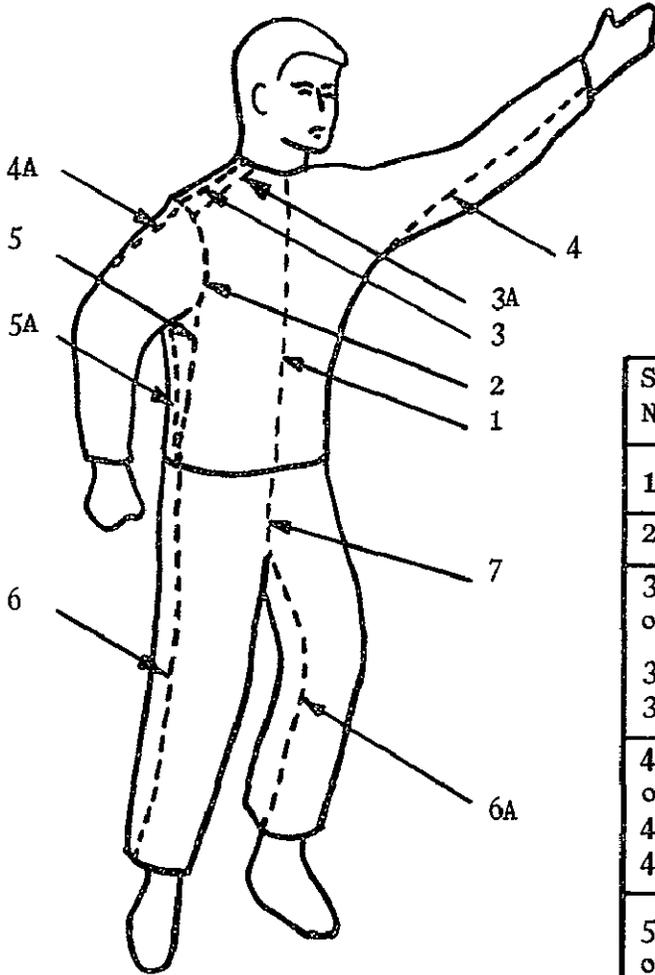
* Per Fed- Std- 751

SEAM LOCATION

The function of seams, in addition to the joining of two pieces of fabric, is to provide shape and stiffness to the garment fabricated. Comfort, drape, and the minimization of migration on the body is afforded by the proper use of seams in shaping a garment. Figure 2-8 presents the basic location of seams in men's garments and the variations available. As the function of seams is to provide shape to a garment, the general location of seams are at the points of junctions of the limbs and places of maximum curvature.

In the construction of garments, the more conformal the garment, the more seams present. Sportswear, due both to relative expense and appearance, contains single seam construction throughout. Tailored garments and more formal attire contains double seams in the limbs and torso.

FIGURE 2-8 SEAM LOCATION



Seam No.	Seam Description	Applications
1	Entrance	All Woven Garments
2	Scye	All Woven Garments
3 only or	Upper Shoulder	Sports Shirts Tee Shirts
3 and 3 A	Yoke Panel	Dress Shirts Knit Shirts
4 only or	Arm Inseam	Sports Jackets
4 and 4 A	Arm Inseam and Outseam	Tailored Jackets
5 or	Torso	All Woven Garments
5 and 5 A	Torso Panel	Tapered, Conformal Jackets
6 only or	Outseam	Work Pants non- Conformal
6 and 6 A	Outseam and Inseam	Tapered Pants
7	Entrance	All Woven Garments

SELECTION OF FASTENERS

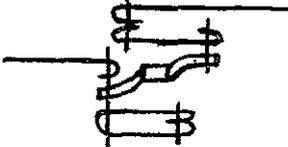
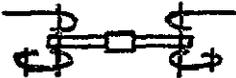
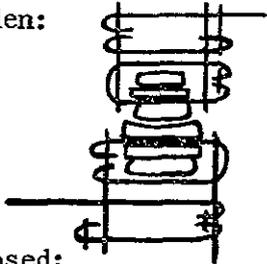
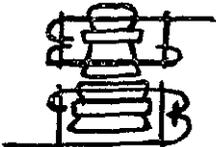
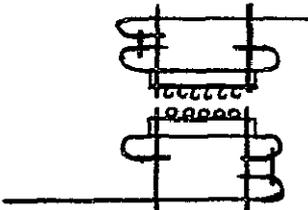
The fasteners used in garment design range from the use of buttons, as normal street clothes, to the use of hook and pile tapes. The general requirements for fasteners are to temporarily secure two pieces of fabric together with a reasonable amount of strength within the dexterity limits of the hands.

The requirements for fasteners are divided into four areas as defined by their use on the garment

1. Garment entrance closures
2. Cuffs
3. Pockets
4. Garment adjustments

Each of these applications is presented in Figure 2-9 .

FIGURE 2-9 FASTENER COMPARISON

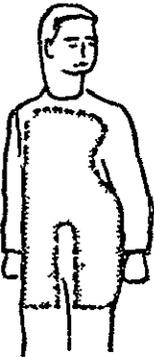
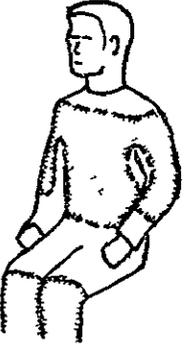
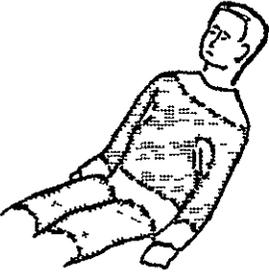
TYPE	WEIGHT	STRENGTH	SEAM REQUIREMENT	REMARKS
Slide	0.025 to 0.07 oz/in.	Equal to or Greater than Fabric	Hidden:  Exposed: 	<ul style="list-style-type: none"> .Strongest and Heaviest Fastener. .Configuration Controlled per Fed-Spec-V-F-106C. .Ease of Operation.
Snap	0.1 to 0.2 oz	Reinforced Fabric to Avoid Tearing	Hidden:  Exposed: 	<ul style="list-style-type: none"> .Used on Apollo ICG. .Possible Spark transmission with hydrophobic materials. .Lightest
Hook and Pile	0.04 to 0.06 oz/in.	Shear: >4 lbs per inch Pull: 0.5 to 2 lbs.	Hidden: 	<ul style="list-style-type: none"> .Poor Drape with Continuous Closure. .Ease of Fastening. <p align="right">Reference, 6</p>

POCKET LOCATION

The location of pockets in a garment is a function of the items contained and the working position of the crewmen. With the availability of increased workspace in space stations, the task oriented items such as checklists, manuals and such may be contained at the work station. The use of pockets in a space station garment shall be concerned with the items presented in Figure 2-10.

Two styles of pockets are available, the internal and external type. The internal, or slash pocket, conceals the material within the garment and is hidden from sight. The capacity of the pocket is limited due to the drape requirements of the garment. In the external pocket, increased space is available with the use of folded sides, however, a utilitarian style results.

FIGURE 2-10. POCKET LOCATION CRITERIA

Major Activity Position	Area of Pocket Location	Style/Contents	Applicable Personnel
Standing		Internal: Keys Handkerchief Pencil/Pen Wallet Nailcleaner Comb Sliderule	Executive Medical
Sitting		Internal/External: Pencil/Pen Checklists Manuals Tools	Computer Operators Navigator Experiment Monitors
Reclining		Internal/External: Checklists Manuals Tools	Pilots Maintenance Technicians Monitors
			Applicable Areas

ENTRY PROVISIONS

Figure 2-11 shows the common garment entry methods for both single and two piece coverall garments. For the two piece coverall garments, the entry provision to the pants is the same as shown in Concept 1. In all cases, a front entry is desirable if a space station crew member is to don the garment unaided.

Concept 1 - Front Entry (two piece)

This method of entry requires the least fastener penalty by having the least mating surface length. It is symmetrical, allowing equal pocket distribution and the most common of entrance methods.

Concept 2 - Side Entry

The side entry method is advantageous for specialized duties that involve contamination of the frontal area of a garment. Cleaning is facilitated by not allowing stains or contamination into seam and fastener areas where buildup could occur. A second feature of this method is that it allows a degree of conformance to the body for woven materials. The placement of the relatively stiff fastener seam is at an area of least length change during body bending.

Concept 3 - Partial Front Entry

The technique is used primarily with stretchable materials such as knits and requires overhead donning.

Concept 4 - Front Entry (single piece)

This approach is the combination of Concept 1 (pants and jacket) for a single piece suit. Its primary disadvantage is the interface with the waste management sub-system.

Concept 5 - Extended Front Entry

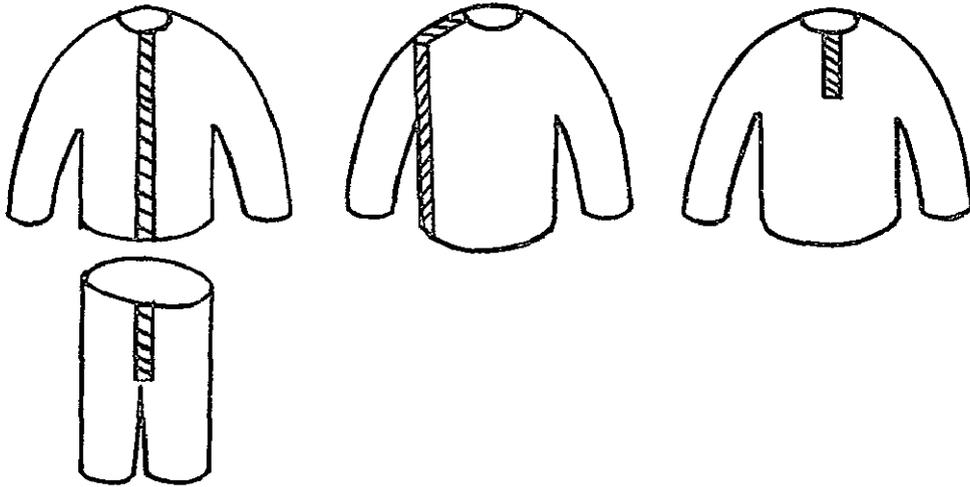
This technique is advantageous for extremely cramped donning areas. It allows a fixed position of the body on the garment while putting limbs into sleeves and legs.

Concept 6 - Front Entry (single piece - alternate)

In this method, the entry seam is extended to the rear waist. This approach allows crew elimination without removing the unit.

FIGURE 2-11 GARMENT ENTRY PROVISIONS

Two Piece

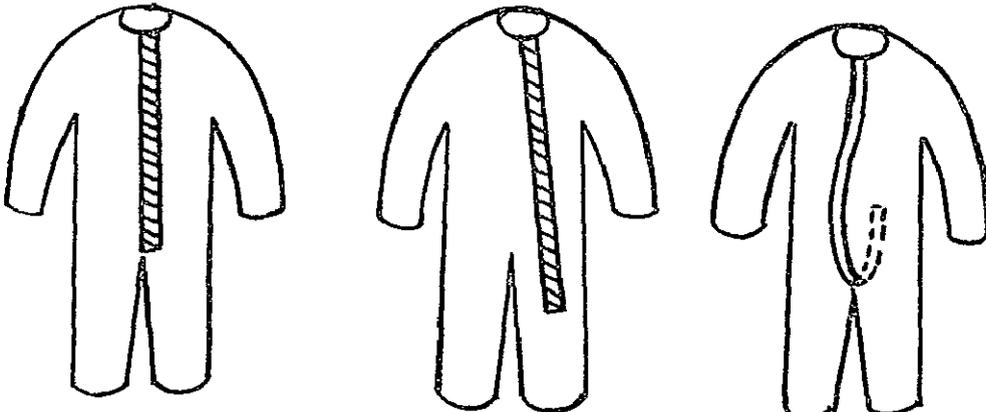


1

2

3

Single Piece



4

5

6

GARMENT OPENINGS

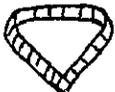
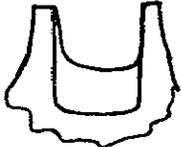
The appearance of a garment is governed by the external treatment of its openings located at the neck, wrists, waist and ankles. The next several pages show several styles for each area and the relative merits of each.

Collar Design

One of the functions of a collar is to prevent chafing of woven materials against the neck. The formality of a garment can be established by the collar design, by its intended use with a necktie and its basic style. Since neckties are an undue burden in zero gravity, this item should not be required. The type of collar should be selected on the basis of comfort, style and materials involved.

The basic types of collars and their derivatives are presented in Figure 2-12 for comparison.

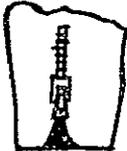
FIGURE 2-12 COLLAR CONFIGURATIONS

TYPE	STANDARD	RIB	BOAT NECK (collarless)
Configurations:			
Application:	Formal and informal used with woven or knit material	Informal used with shirts	Informal used with knit material
Construction:	Fabric Plies	Rib Knit	None
Sizing	Snug fit, requires separate measurement.	Sized for head passage during donning - No separate measurement.	Allows head to pass through
Derivatives	 jacket	 Turtleneck  Combination  Vee Neck	 Undershirt
Weight and Volume:	Heaviest, cannot be flattened and retain appearance	Easily packed weight dependent upon derivative	Lightest and easily packed

CUFF DESIGN

The purpose of a cuff is to strengthen the portion of the fabric of a garment around the ends of a sleeve or pant leg. A desirable quality for a cuff is for it to be conformal with the ankle or wrist to avoid encumbrance and to increase the garment's insulating properties. Since the cuff area must also be sufficiently large to accommodate donning, a stretchable material or split material with fasteners must be used. Figure 2-13 shows several commonly used cuff configurations and the applicable comments.

FIGURE 2-13 CUFF DESIGN

TYPES	SNAP	HOOK AND PILE	RIBBED	SLIDE
Configuration				
Application	Street Clothes	Apollo ICG	Outdoor Jacket	Flight Suits
Operations	One Hand	One Hand	None Required	Two Hands
Weight	0.1 oz	0.06 oz	0.3 oz	0.2 oz
Advantages	Lightweight	Quick Release Lightest	Simple Snug Fit, no Sleeve Wrinkles	Tight Fit Strong
Disadvantages	Loose, Some Puckering	Wrinkled Sleeve Loss of Grip with Lint	Relatively Heavy	Relatively Heavy, Awk- ward, Requires Fitting

SECTION 2.3 GARMENT STYLE

The style of a garment for use in a space station must have the combined elements of proper function, least weight and interface penalty and aesthetic appeal. In the previous sections, the elements of the construction and design details of a garment were treated. This section deals with the functional/aesthetic aspects of garment design.

The crew of a space station will require a uniform style during duty hours as in the case of outlying military installations such as nuclear submarines and arctic bases. Although variations in the uniform are desirable according to a single crew members task assignment and work station limitations, at least one single standard uniform should be designed.

This section presents a cross section of military and specialized uniforms for consideration in establishing a style for a space station crew.

BASIC GARMENT CONFIGURATION

One of the prime considerations of garment design is the decision to use a single piece or two piece coverall. Both types of coverall garments have been employed by each branch of the military service for specialized tasks and general wear.

The matrix presented in Table 2-2 presents the criteria by which to assess the need for a single or two piece coverall garment.

TABLE 2-2 COMPARISON OF SINGLE AND TWO PIECE COVERALL GARMENTS

CRITERIA \ ITEM	SINGLE PIECE	TWO PIECE
Advantages	Total Enclosure of Body Antisnag	Adaptability to Temperature Waste Management Compatability
Disadvantages	Requires Tailoring for Proper Drape	Some Migration
Weight	1.5 - 2.0 lbs. Slightly Less than 2 Piece	1.6 - 2.1 lbs
Don/Doff	Can be Donned in Less Time	Familiar Donning Operation
Cleaning	Cleaned at One Time	Articles in Wash Load may be Staggered
Appearance	Utilitarian	Sportswear

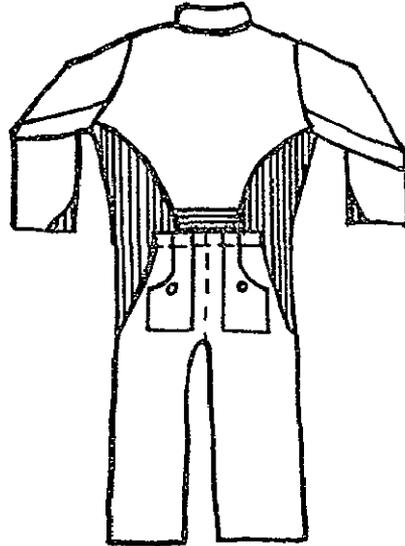
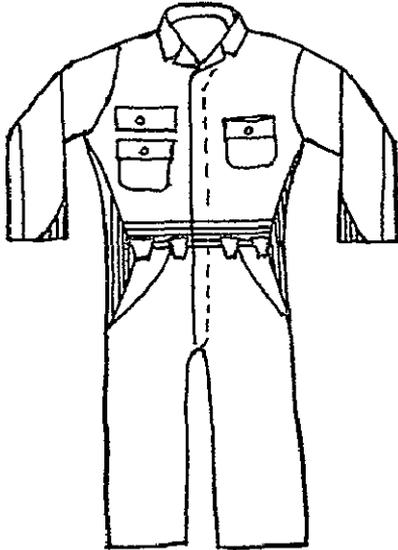
SINGLE PIECE COVERALLS

Figure 2-14 shows several of the present single piece coveralls in use in the military. The users of these coveralls range from a pilot to a crew member of an atomic submarine. The primary differences between the configurations are due to the type and location of the pockets, the adjustment provisions, and the type of fasteners used.

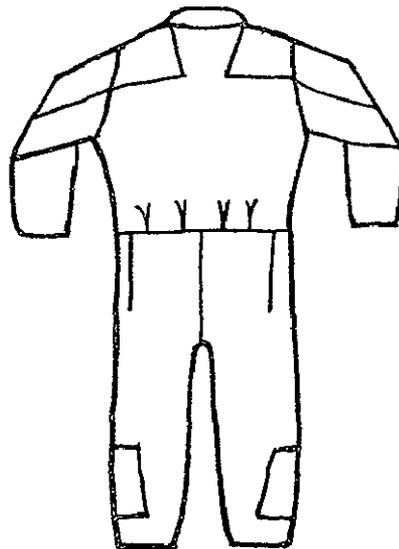
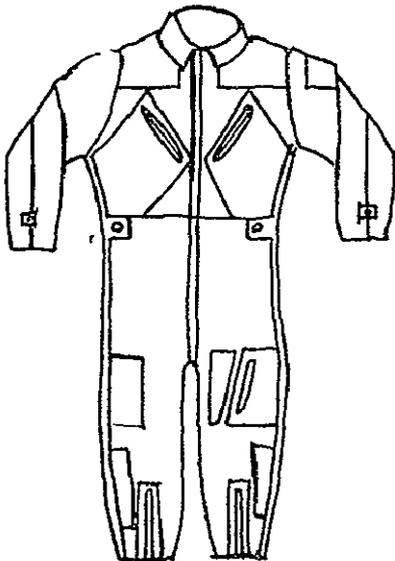
In one case, size interchangeability has been introduced to a certain extent with the addition of expandable material at the waist and side panels of the submarine coverall garment. In this manner the drape is also improved as the garment is more conformal in this area.

The uses of present single piece garments are generally limited to personnel performing specific tasks requiring environmental or contaminant protection.

FIGURE 2-14 COVERALL CONCEPTS

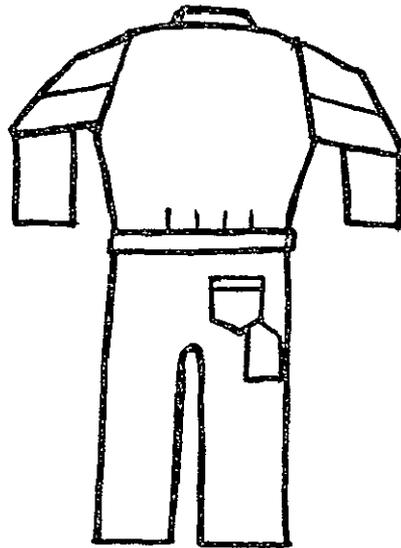
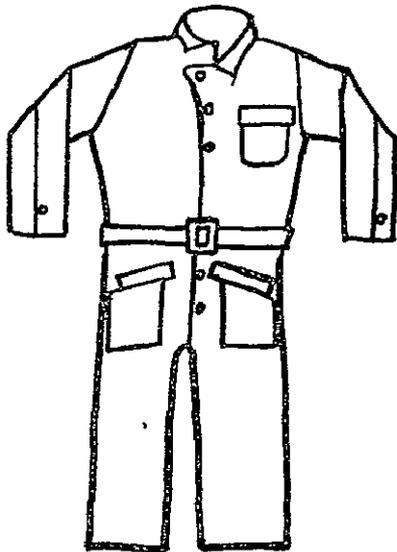


Utility Coveralls
(Nuclear Submarine)
MIL-C-21897 (S & A)

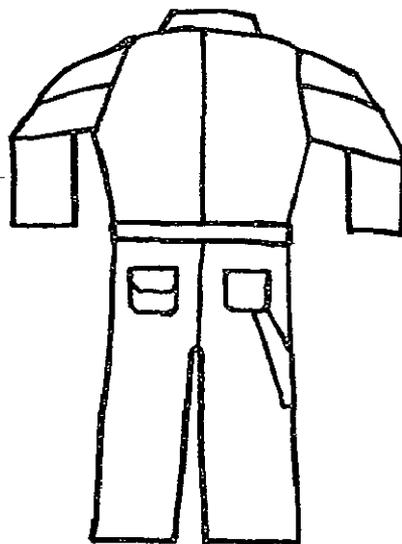
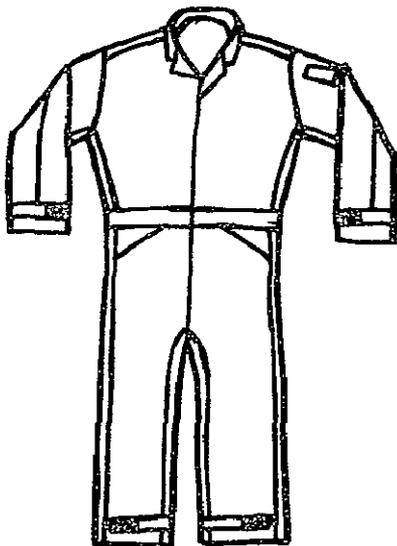


K2B SUIT
MIL-C- 6265E (USAF)

FIGURE 2-14 (CONTINUED) COVERALL CONCEPTS



MIL-C-2202D (Navy)

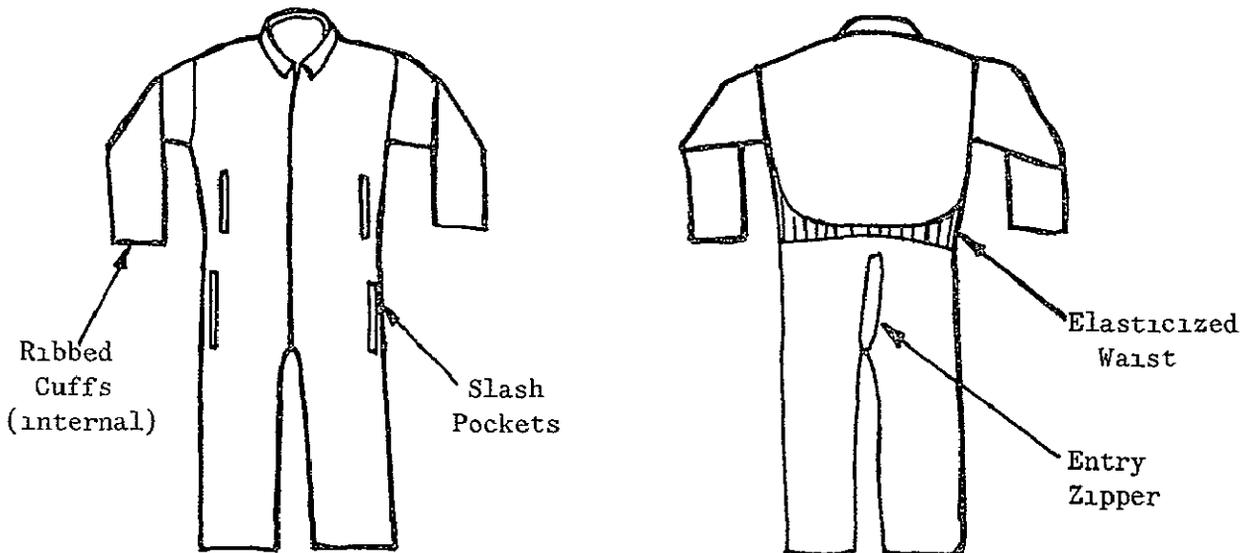


CMU - 3/P
MIL-C-27845A

TYPICAL COVERALL CONCEPT FOR A SPACE STATION

Figure 2-15 shows a typical coverall design that may be applicable to the crew of a space station. Internal pockets and hidden seams are used to avoid the "work garment" connotation of the single piece item. Space vehicles envisioned beyond the Apollo program will contain more on-board usable space. Items that have been customarily stored in pockets such as check lists and manuals will be permanently situated at the work station and will not require special pockets in the garment.

FIGURE 2-15 TYPICAL SPACE STATION GARMENT



TWO PIECE COVERALLS

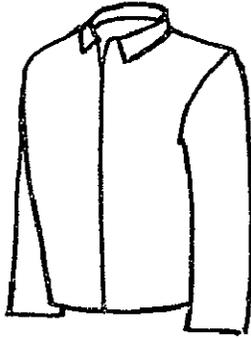
Two piece coveralls and uniforms have been employed in all branches of the service for both general and heavy duty operations. The advantages of a two piece garment are in the area of launderability and flexibility. The two piece garment does not require laundering the pants and jacket at the same time thereby not requiring as much laundering system volume. The flexibility afforded by a two piece garment is the adaptation to temperature variations by removal of the jacket.

The major drawback to a two piece garment is encountered with the crew in a closely confined work station. Migration of the jacket will occur with extreme body motion. Depending upon the degree of confinement, the jacket may not return to the original position. With space availability in space stations, this appears to be of lesser importance. Figure 2-16 shows several typical designs.

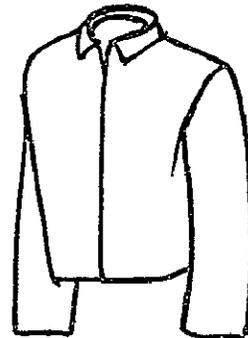
FIGURE 2-16 TWO PIECE COVERALL GARMENTS

JACKET STYLES

Conformal

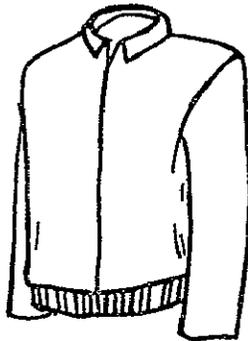


Full Length Tapered

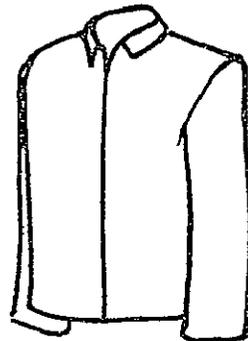


Waist Length Tapered

Non Conformal



Ribbed

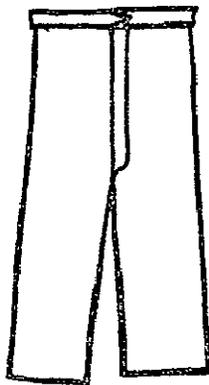


Non Tapered

PANTS



Tapered



Nontapered



Ribbed

SHIRTS AND BRIEFS

The clothing worn underneath the coverall garment consists of shirts, socks, briefs and, if mission constraints permit, a tee shirt. Figure 2-17 presents the types of shirts applicable to a space station crew.

Knit shirts are considered to be most applicable to missions of this kind due to the storage and thermal requirements. A knit shirt is soft, thereby being comfortable. It can be easily folded and stored while offering the highest insulation qualities per unit weight. The disadvantage of a knit shirt is its lack of rigidity in storing items in pockets and abrasion wear resistance. If, however, the shirt is customarily covered by the jacket, neither of these considerations are as important as the advantages afforded.

The same relative merits apply to a lesser extent to the briefs. An individual's choice is according to personal preference and fit, however, weight and thermal considerations favor the knit type. Endurance and launderability are the assets of the woven type.

FIGURE 2-17 SHIRT AND BRIEF STYLES

STYLE	USES	ADVANTAGES	DISADVANTAGES
<p><u>Knit Shirts</u></p>  <p>longer short sleeve</p>	<p>Conformal Shirts T-Shirts</p>	<p>Soft, Comfortable, Easily Stored, Ab- sorbent, Weight</p>	<p>Cleaning Endurance</p>
<p><u>Woven Shirts</u></p> 	<p>Dress Shirts Sports Shirts</p>	<p>Rigid, Favorable for Pockets, Endurance, Loose Fitting</p>	<p>Requires Collar Entry Fasteners, Storage Volume</p>
<p><u>Knit Brief</u></p> 	<p>Underwear</p>	<p>Soft, Warm, Easily Stored, Light Weight, Absorbent, Conformal</p>	<p>Cleaning Endurance</p>
<p><u>Woven Brief</u></p> 	<p>Underwear, Gym shorts</p>	<p>Loose Fitting, Porous</p>	<p>Requires more Size Categories, Tear Resistance, Mi- gration Donning Pants</p>

FOOTWEAR

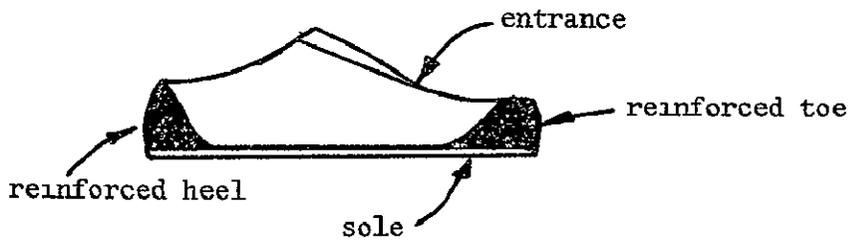
The footwear of a crew of a zero gravity space station has a somewhat different function than street shoes fulfil. The feet are used like the hands in restraining the body in a given location. The combination of the station restraints and the shoe design must be considered for proper function.

Presented in Figure 2-18 are several shoe concepts which are compatible with the vehicle restraints of Section 5. The primary function of the shoe is to protect the toe and heel area and to provide a mating surface for a toe hold restraint. Other considerations in shoe design are proper foot coverage and entry provisions.

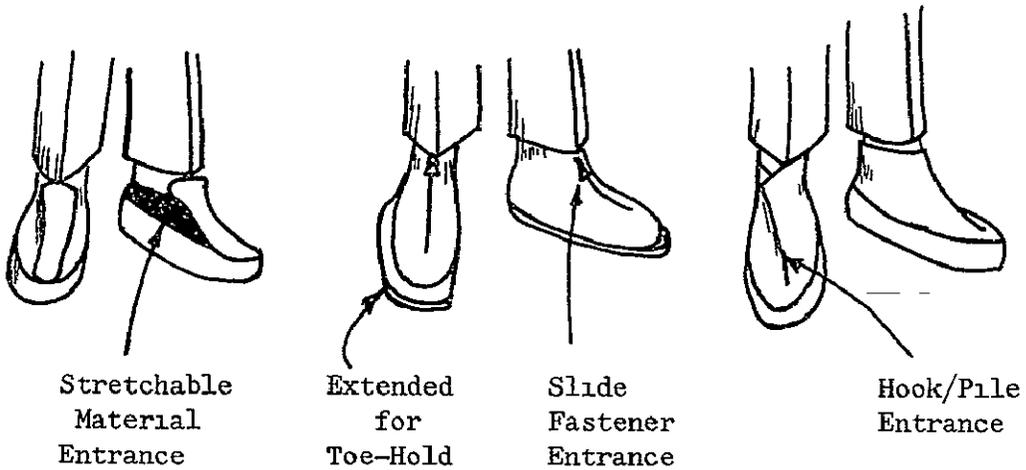
The shoe must be fabricated from a porous material due to the tendency of the feet to sweat. Depending upon the porosity of the material, stockings or socks may be required. The function of a sock is to transfer water from the foot and evaporate it at its surface. In this manner, the insulating qualities of the sock keep the foot warm while water is evaporated through the shoe.

FIGURE 2-18 FOOTWEAR CONCEPTS

General Features



Styles



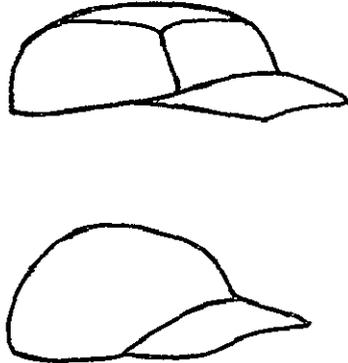
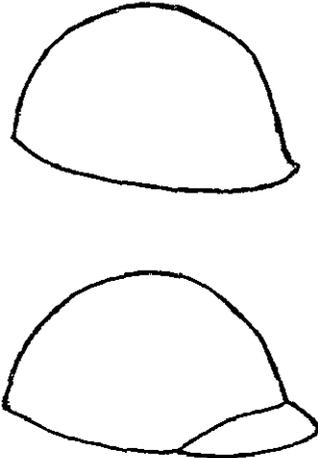
HEADWEAR

The use of headwear in a space station is to avoid injury to a crew member during an uncontrolled transit in a zero gravity environment. The head may withstand a load resulting from an impact against a wall with a maximum velocity of 12 feet per second. Since velocities of 10 feet per second may be attained by the crew in a weightless condition, protection against injury is necessary.

The area requiring greatest protection is the area least likely to be covered, the face. The second most critical area are the temporal regions of the head. Due to bone thickness and radius of curvature, the frontal and occipital (rear) areas of the skull are the strongest. The requirement for headgear is to transfer an impact force away from a vulnerable area and distribute it evenly over a stronger area. Since the crewman's shoulders tend to block and absorb the direct impact to the temporal region, less emphasis is placed on this area than facial protection. Table 2-3 shows several bump hat concepts which are based upon facial protection as one of the primary considerations by the use of a visor or other provision.

An alternative to the use of "bump hats" is the employment of padding in the space station walls and very large radii of curvature in the design of accommodations.

TABLE 2-3
PROTECTIVE HEADGEAR

TYPE	PROTECTION	WEIGHT	REMARKS
<p><u>Fabric:</u></p> 	<p>Foam or Inflatable Pads. Polyvinyl, Polyurethane Foams.</p>	<p>2-4 oz</p>	<p>Foldable, Comparable to Military Style Headgear. Requires Suspension System</p>
<p><u>Rigid Hats</u></p> 	<p>Rigid Shell Covering Head. Fiberglas, Plastic, or Metal</p>	<p>4-8 oz</p>	<p>Requires Suspension System. Provides best Protection. Communication Gear may be Incorporated</p> <p>Reference, 5</p>

SECTION 2.4 GARMENT WEIGHT DETERMINATION

The weight determination of a garment is done by computing the following relationship

$$W_{\text{garment}} = W_{\text{fabric}} \times A_{\text{fabric}} + W_{\text{fixed}}$$

where:

W_{fabric} = Fabric Weight Per Unit Area

A_{fabric} = The Area of Material in a Garment

W_{fixed} = The Weight of Fixed Articles on the Garment

The fabric weight is a function of material and weave and may be found in Section 2.1. The remaining items to be determined are the fabric area in a garment and the accompanying fixed weights. Figure 2-19 shows the material area requirements for several garments. As there is a difference in area according to size, the data is presented in the small, medium, large and extra large categories. For a description of the determination of size and the size distribution of a given crew, see Section 4.0.

Included in the area requirements is a factor of 10% which applies to facings, reinforcements and seams.

FIGURE 2-19 - GARMENT MATERIAL REQUIREMENTS

(Area in Square Yards)

Item	Size	Small	Medium	Large	X-Large
One Piece Coverall		2.75	3.2	3.5	3.8
Jacket		1.25	1.7	1.85	2.0
Pants		1.7	1.9	2.05	2.15
Shirt		0.75	0.85	0.95	1.05
Tee Shirt		0.70	0.80	0.90	0.97
Briefs		0.30	0.35	0.40	0.45
Socks		← 0.1 →			

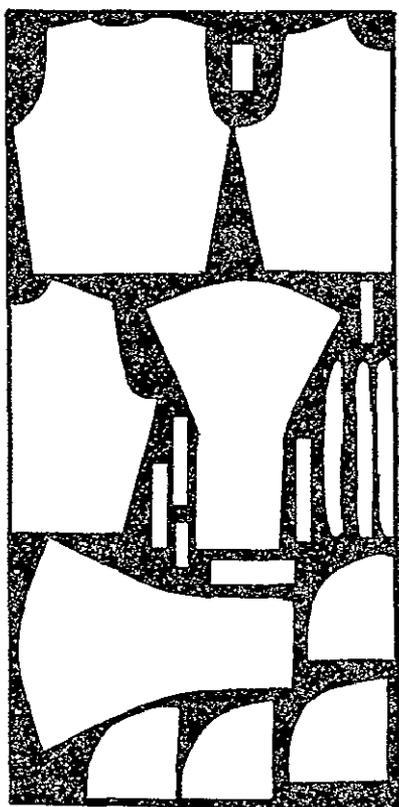
FABRIC QUANTITY

The amount of fabric required to make a typical flight garment is shown in Figure 2-20. It is assumed that the material is a balance plain weave so that the orientation of the weave (straight of the goods) may be parallel or perpendicular to the fabric warp (lengthwise direction).

A standard fabric width of 38 inches is assumed for the comparison of the area of cloth used in a garment to the total of fabric area. The example used is a two piece garment of medium regular size.

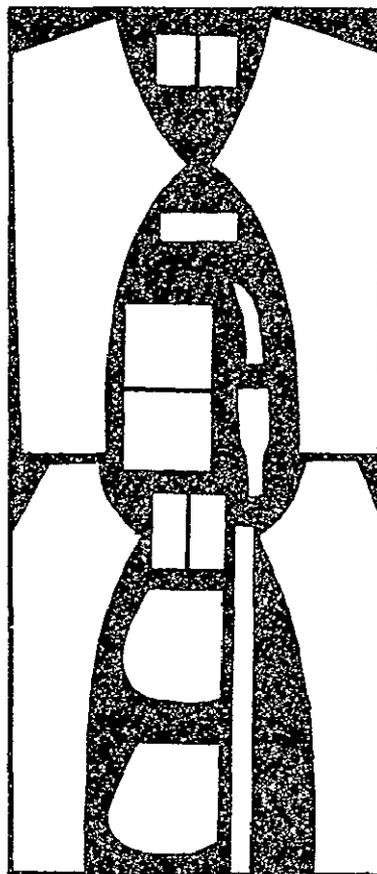
FIGURE 2-20 FABRIC REQUIREMENTS

Jacket Pattern Layout



$$\frac{\text{Total yds.}}{\text{Jacket yds.}} = \frac{2.5}{1.7} = 1.46$$

Trousers Pattern Layout



$$\frac{\text{Total yds}}{\text{Trouser yds.}} = \frac{2.8}{1.9} = 1.48$$

GARMENT FIXED WEIGHT

The articles associated with a garment that contributes to its weight are the fasteners, cuffs, pockets, stiffeners and emblems. The table below presents a typical weight estimate of the articles found on a garment.

TABLE 2-4 FIXED WEIGHT ARTICLES

<u>ITEM</u>	<u>ARTICLE</u>	<u>Weight</u>
Jacket	Cuffs (ribbed) Zipper Collar Stiffener	4 oz
Pants	Zipper Ribbing	2.5 oz
Shirt (knit)	Ribbing Zipper	0.5 oz
Briefs	Ribbing	1.0 oz
Tee Shirt	Ribbing	0.3 oz
Hat		4.0-8.0 oz
Shoes		4.0-8.0 oz

MATERIAL WEIGHT COMPARISON

Typical flight garments fabricated from various materials were weighed and are presented in Table 2-5. The garments are representative of the Large-Regular size as defined in Section 4.0.

TABLE 2-5 FLIGHT GARMENT WEIGHT DATA

(Weight in Pounds)

<u>GARMENT DESCRIPTION</u>	<u>TEFLON (BROWN)</u>	<u>TEFLON (WHITE)</u>	<u>POLYBENZIMIDAZOLE (PBI)</u>	<u>DURETTE (WOVEN)</u>	<u>COTTON (BLEND)</u>
Trousers	1.014	1.404	1.186	1.011	0.856
Jacket	1.008	1.431	1.272	0.988	1.010
Shirt	-	0.985	-	-	0.331

SUMMARY

The data presented in Section 2.0 consists of objective fabric and weight data and subjective design detail and style data. Appendix A shows the use of the construction data in determining the weight impact of the garments considered.

SECTION 2.0 REFERENCES

1. Doblin, Frank C., The Modern Mitchell System of Men's Designing American Mitchell Fashion Publishers, Chicago, Ill.
2. Fact Book of Synthetic Fabrics for use in Clean Rooms, Angelica Uniform Company, June 1, 1965.
3. Federal Standards: Fed-Spec-V-F-106C, Fasteners, Slide, Interlocking.
4. Freeston, W. D., Skelton, J., Gardella, J. W., Temin, S. C.; Mechanical Properties of High Temperature Fibrous Structural Materials, AFML-TR-68-279, July 1, 1968.
5. Gurjian, E. S. Md. Phd. etal, The Evaluation of Protective Helmets in Sports, Journal of Trauma, Volume 4, 1964.
6. In-Flight Coverall Garment - (Apollo), B. Welson Drawing B W-1043, September 17, 1968.

SECTION 3.0 MATERIALS SELECTION

This section contains the criteria by which materials are evaluated for use in a space mission. As the mission environments approach an earth equivalent, less emphasis will be placed upon the rigorous selection of materials for compatibility.

The section is divided into the following four areas for the assessment of a proper material.

3.1 Natural and Synthetic Materials

This section deals with the general properties of pure materials and blends.

3.2 Environmental Criteria

The relative compatibility of selected materials is presented with respect to flammability, temperature, moisture regain and water compatibility.

3.3 Structural Properties

The properties of various materials such as weight, strength, friction and endurance are compared.

3.4 Performance

The aspects of static electricity, color fastness, luster and cleaning compatibility are presented.

SECTION 3.1 NATURAL AND SYNTHETIC MATERIALS

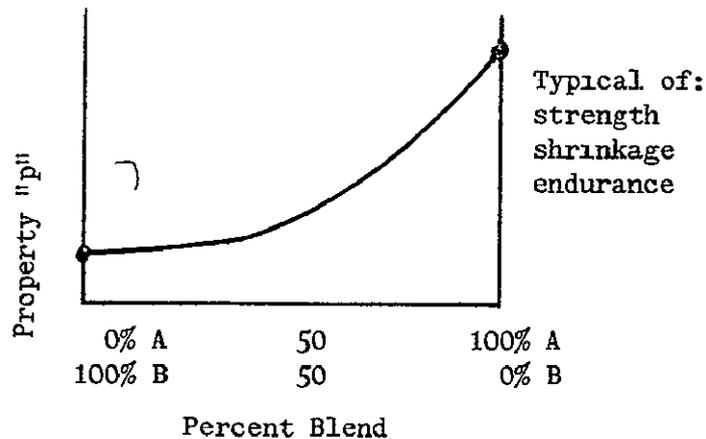
The materials used in garment fabrication for specialized earth and space missions are listed below.

cotton	nylon
wool	polyester
fiberglas	nomex
teflon	polybenzimidazole (PBI)

Each of these materials possess their own respective properties which are compared in this section. Two types of materials are used in fabrics, synthetic and natural. In the case of natural materials, whose fibers are obtained directly from animals or plants, only staple yarn is available. In the case of synthetic materials, which are produced from polymers, staple and continuous filament yarns are available (the properties of each type are compared in Table 2-1).

Some properties of pure synthetic substances are generally undesirable on the basis of comfort or appearance. For this reason blends of synthetic with synthetic or natural materials and geometric variations are made. Figure 3-1 presents typical performance characteristics as a function of a blend of materials A and B.

Figure 3-1 Typical Blend Effect Upon Yarn Properties⁷



The performance of a blend is not a straight line function between the two end points. A blend will possess the characteristics of the lower valued material until at a least 50% mix is reached.

GUIDE TO MAN MADE FIBERS

Man made fibers, or synthetics, can be combined to obtain various blends of fabrics to satisfy particular end use requirements. A brief description of the man-made fibers that could be considered for space station use follows.

ACRYLIC - A manufactured fiber in which the fiber forming substance is any long-chain synthetic polymer composed of at least 85% (by weight) of acrylonitrile units $(-\text{CH}_2 - \underset{\text{CN}}{\text{CH}}-)$.

Uses - Blankets, carpets, upholstery, industrial clothing.
Popular tradename - Acrilan (Monsanto)

MODACRYLIC - A manufactured fiber in which the fiber forming substance is any long chain synthetic polymer composed of less than 85% but at least 35% by weight, of acrylonitrile units $(-\text{CH}_2 - \underset{\text{CN}}{\text{CH}}-)$.

Uses - Pile fabrics, draperies, carpet, industrial fabrics.
Popular tradename - Dymel (Union Carbide)

POLYESTER - A manufactured fiber in which the fiber forming substance is any long chain synthetic polymer composed of at least 85% (by weight) of an ester of dihydric alcohol and terephthalic acid $(\text{P}-\text{HOOC}-\text{C}_6\text{H}_4-\text{COOH})$.

Uses - Curtains, dress goods, floor coverings, blend for wash and wear suitings, rainwear.
Popular tradename - Dacron (DuPont).

RAYON - A manufactured fiber composed of regenerated cellulose as well as manufactured fibers composed of regenerated cellulose in which substituents have replaced not more than 15% of the hydrogens of the hydroxyl groups.

Uses - Blankets, carpets, dress goods, industrial products, clothing, in blends with other fibers to enhance functional and aesthetic features.
Popular tradename - Avril (FMC Corp.)

ACETATE - A manufactured fiber in which the fiber forming substance is cellulose acetate, where not less than 92% of the hydroxyl groups are acetylated, the term "triacetate" may be used as a generic description of the fiber.

Uses - Swimwear, bonded fabrics, carpets, upholstery, clothing.

Popular tradename - Arnel (Celanese Corp.).

NYLON - A manufactured fiber in which the fiber forming substance is any long chain synthetic polyamide having recurring amide groups as an integral part of the polymer chain ($-C-\underset{\text{O}}{\text{NH}}-$).

Uses - Swimwear, clothing, upholstery, industrial goods, wash and wear fabrics.

Popular tradename - Nomex, Nylon 6, Nylon 66 (DuPont)

GLASS - A manufactured fiber in which the fiber forming substance is glass.

Uses - Curtains, draperies, fillings, reinforcing materials.

Popular tradename - Beta, Fiberglas (Owens-Corning)

FLUOROCARBON - A manufactured fiber formed of long chain carbon molecules - available bonds saturated with fluorine.

Uses - Clothing, coverings, upholstery, draperies.

Popular tradename - Teflon (DuPont)

POLYBENZIMIDAZOLE (PBI) - A manufactured fiber composed of a long chain polymer having nitrogen as a major constituent.

Uses - Clothing, coverings, upholstery

Popular tradename - PBI (Celanese)

TREATED FABRICS

Two treated fabrics, Fypro (David Clark) and Durette (Monsanto), are being considered for use in a space station. These treated fabrics are obtained through a chemical process which changes the molecular structure of an existing textile product to enhance the flammability characteristics of a particular fabric. Currently, treated Nomex is used as the base fiber in this process. Test results involving Fypro and Durette are contained in Appendix D.

SECTION 3.2 ENVIRONMENTAL DATA

The environment to which a material will be subjected is a function of the intended mission. The space mission prior to the Apollo time period contained such extremes as vacuum exposure and a pure oxygen atmosphere. For the missions envisioned for a space station or base, the most extreme temperature may be encountered while ironing or drying, and the highest oxygen concentration will be equivalent to an earth atmosphere. During the interim, however, a wide variety of atmosphere conditions may be present. For that reason, the following parametric data is presented to assess the performance of several candidate materials.

FLAMMABILITY

One of the most important criteria in the selection of a fabric is the relative flammability of the material. The flame propagation rate and/or autoignition temperature are indices by which an evaluation of flammability is made. A great deal of testing and evaluation of these properties has been made by the National Aeronautics and Space Administration and presented in the report, "Nonmetallic Materials Design Guidelines and Test Data Handbook".

From this book and other studies, a Limiting Oxygen Index has been created which is defined as the minimal volume fraction of oxygen in a slowly moving gaseous atmosphere that will sustain combustion.

$$n = \frac{PO_2}{PO_2 + PN_2}$$

n = Limiting Oxygen Index %

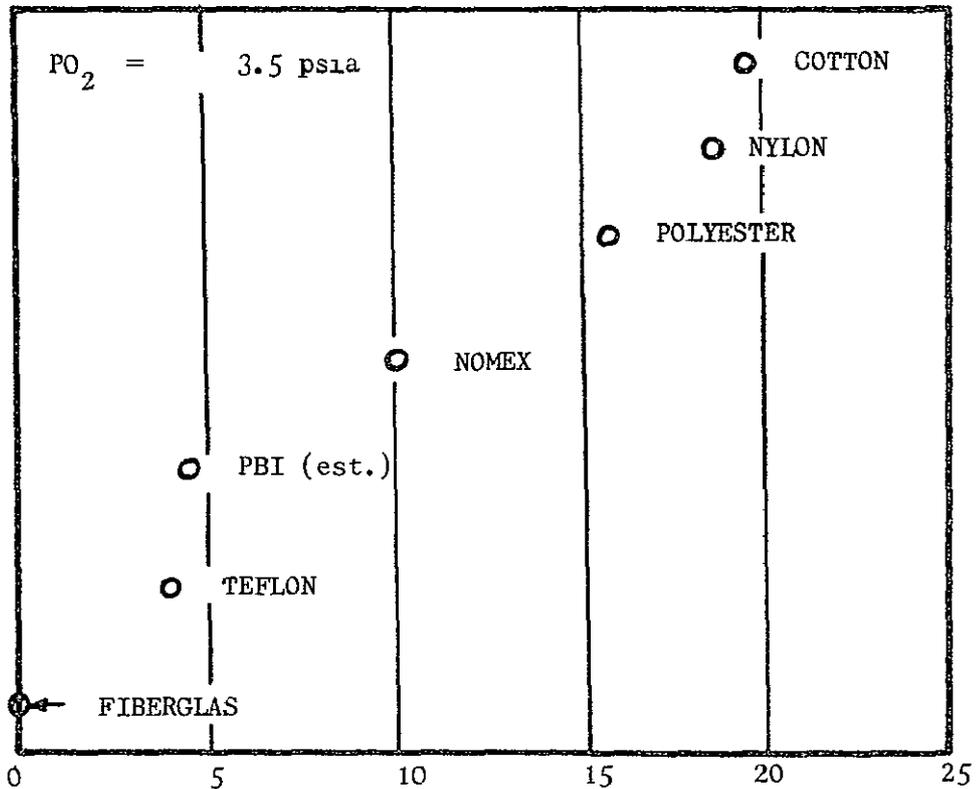
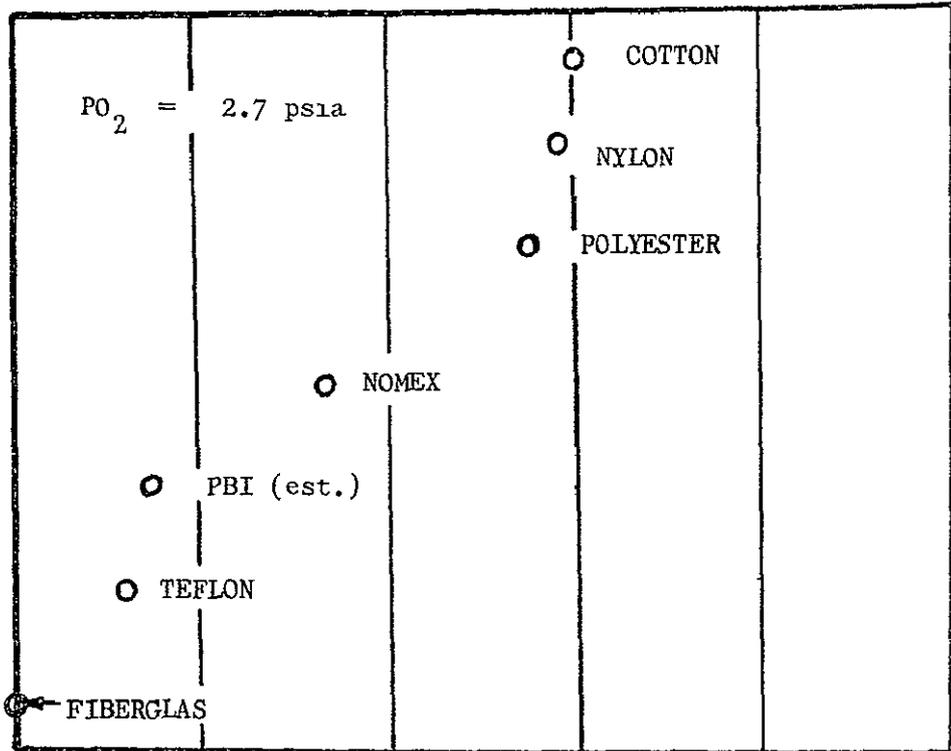
PO₂ = Oxygen Partial Pressure

PN₂ = Nitrogen Partial Pressure

Using this index to assess the relative flammability of materials, Figure 3-2 shows the comparison of limiting oxygen indices. The data is presented for two oxygen partial pressures and indicates the total pressure at which the flammability characteristics of different materials are the same. For total pressures less than the index value, the greater the tendency for a material to burn. For increasing total pressures (to the right of the index point) the less tendency to burn.

FIGURE 3-2 MATERIAL FLAMMABILITY COMPARISON

(Points of Equal Flammability)



Total Pressure - psia

References, 2,9

MATERIAL TEMPERATURE LIMITS

The temperature compatibility of a fabric is important from a flammability standpoint, however, damage may occur to a garment at temperatures below the autoignition or flash point temperatures. The data presented in Table 3-1 shows the relative maximum temperatures for various materials and the type of damage that occurs.

TABLE 3-1
MATERIAL TEMPERATURE LIMITS 1,7

MATERIAL	MAXIMUM SERVICE TEMPERATURE- °F	EFFECT
Cotton	250 - 300	Yellows at 250°, Decomposes at 300° F
Nylon	300	Discolors, Flows at 400 melts at 480° F
Polyester	275 (spun) 300 (monofilament)	Flows
Glass	1300	Softens
Nomex	Rapid Degradation above 700	Loss of strength at elevated temperatures
PBI	700 - 800 (est.)	Shrinks
Teflon	400	Flows, Fibers shrink

CHEMICAL RESISTANCE OF MATERIALS

Table 3-2 presents the chemical resistance properties of several materials. Chemical stability is a consideration in the removal of stains, bleaching or laundering and the intended use of a garment

TABLE 3-2 CHEMICAL STABILITY OF MATERIALS⁷

EFFECT OF MATERIAL	ACIDS	ALKALIES	OTHER
Cotton	Disintegrated by hot dilute or cold concentrated acids	Swelling(as in mercerization) in caustic-no damage	Bleached by hypochlorites and peroxides dissolves in cupramonium hydroxide
Nylon	Hydrochloric, sulfuric and nitric acid attack	Substantially inert	Good resistance Soluble in phenolic compounds and formic acid
Nomex	Same as nylon	Sodium hydroxide attacks	Good resistance moderate strength loss with sodium chlorite
Polyester	Partial decomposition with concentrated sulfuric acid	Disintegrated by strong alkalis at boiling temperatures	Good resistance to bleaches, generally insoluble
Glass	Resistant	Resistant	Resistant
Teflon	Inert	Inert	Only reactants alkali metals fluorine gas at high temperature and chlorine trifluoride

MOISTURE REGAIN

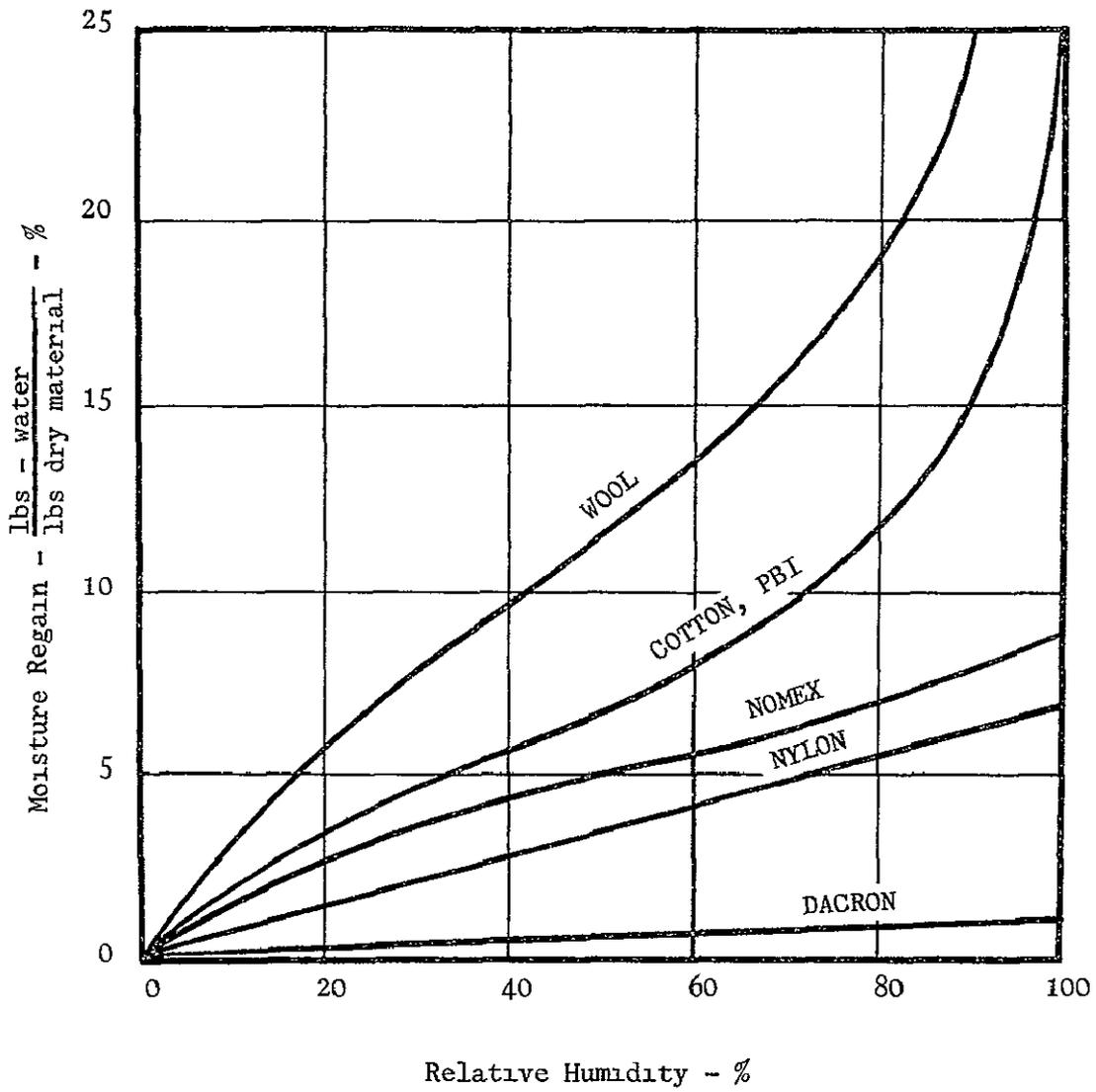
One of the most important factors in the comfort of a garment is the amount of moisture absorbed in the fabric. This is due to the ability of a fabric to hold perspiration without a "wet" sensation.

The term "moisture regain" refers to the percent weight of water that a fabric may hold by absorption per unit fabric weight. Figure 3-3 shows the relative performance of various materials with respect to water absorption. Synthetic materials tend to be non-absorbent while natural materials are highly hygroscopic. The variable of relative humidity is based upon a standard dry bulb temperature of 77°F.

The water regain characteristic is also an important consideration with respect to garment static electricity. Since absorbed water in a garment provides conduction, the lesser water regain a fabric exhibits, the more likely local static charges may be induced when rubbed in a dry atmosphere. Table 3-7 presents the relative static charge producing ability for common fabrics.

A knowledge of a fabric water regain is also necessary when evaluating the drying heat load and duration. Application of this data may be seen in Figure 3-7.

FIGURE 3-3 MOISTURE REGAIN CHARACTERISTICS



TEFLON, FIBERGLAS = 0

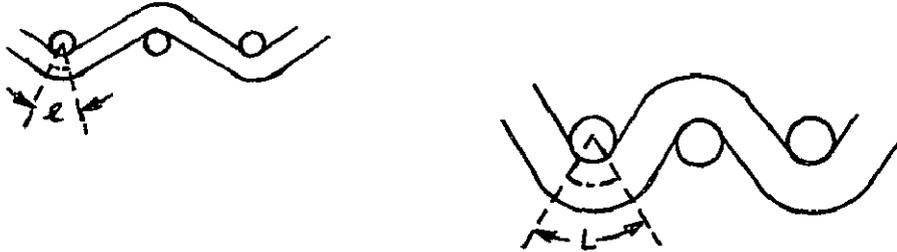
Temperature - 77°F

References, 1,7,8

WATER COMPATIBILITY

One of the considerations in the selection of a fabric is its compatibility with water and its resistance to shrinkage. Shrinkage is a function of several variables, two of which, the material and weave, are described below.

For a hygroscopic material, shrinkage occurs as the cross sectional area of a fiber increases due to absorption. This requires that the opposing yarn pass through a greater arc length due to the increased radius.



Since the fiber will not stretch appreciably, this results in shortening of the fabric. Table 3-3 shows the relative swelling properties of fibers when exposed to water. (low to moderate temperatures)

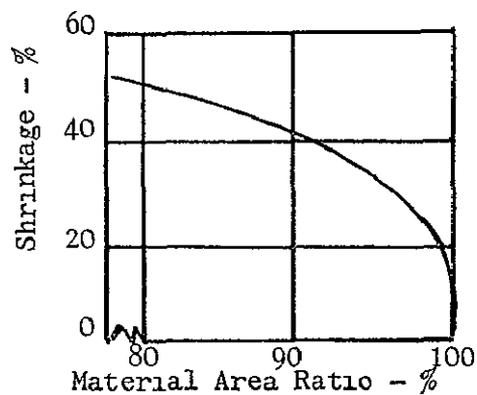
Although the mechanics of shrinkage are complex and numerous, a major criterion in the aspect of shrinking is the fabric construction. In general, the tighter the weave (higher area ratios) the lesser amount of shrinking will take place. This is due to the initial configuration (large arc segments) and tension on a fiber. A typical example of the shrinkage characteristic is presented for wool in Figure 3-4.

Shrinkage of certain hydrophobic materials occurs in a different fashion and is somewhat equivalent to annealing steel. Stresses formed in the fibers during initial manufacture or weaving are relieved, thus causing the length of a yarn to contract. This type of shrinking is caused chiefly by exposure to higher temperature rather than exposure to water.

TABLE 3-3 FIBER SWELLING DUE TO LOW TEMPERATURE WATER EXPOSURE ⁷

<u>MATERIAL</u>	<u>TYPE</u>	<u>LENGTH CHANGE%</u>	<u>DIAMETER CHANGE %</u>
Cotton, Raw	Hygroscopic	1.2	14 - 30
Cotton, Mercerized	"	0.1	20
Glass	Hydrophobic	0	0
Nylon	Partially Hygroscopic	1.2	1.9 - 2.6
Nomex	"	1.2+	3.0
Dacron	"	0 - 0.1	0 - 0.3
Teflon	Hydrophobic	0	0

FIGURE 3-4 TYPICAL SHRINKAGE CHARACTERISTIC FOR WOOL ⁶



SECTION 3.3 MATERIAL STRUCTURAL PROPERTIES

The selection of a material for a particular garment may depend upon its structural properties with respect to life and strength. Although the weave characteristics influence the structural properties greatly, the selection of material is the major consideration.

Table 3-4 lists a few of the variables in the consideration of weave effect upon the properties of materials. By changing fabric geometry, several changes in properties may be produced.

TABLE 3-4 FABRIC TEXTURE CONSIDERATIONS⁴

With an Increase In	Uniaxial Tensile Strength	Stiffness	Air Permeability	Abrasion Resistance	Shear Resistance	Flex Endurance	Thickness	Tear Strength
Fiber Linear Density		+	+	+		-	+	
Yarn Lner Density	+	+	-	+	+	→	+	+
Yarn Twist	→ + -	+	+	→ + -	+	→ + -	+	
Yarns/Inch	→ + -	+	-	+	+	-	+	-
Weave Pattern Interlacings	-	+	-	+	+	-		-

KEY

- + Increases
- Decreases
-
- + - First Increases, then Decreases

MATERIAL WEIGHT

For a given material, the fabric weight will be in direct proportion to the linear yarn density, weave construction and material density. In a previous section, the function of weave geometry has been presented (Figure 2-4). Table 3-5 below presents the bulk density of each of the fibers considered for clothing.

TABLE 3-5 MATERIAL BULK DENSITY (lb/ft³)

Cotton	- 95	PBI	- 82
Nylon	- 72	Fiberglas	-156
Nomex	- 86	Dacron	- 86
Teflon	-144		

In computing the weight of a yarn, the yarn linear density or packing factor must be known. In the case of a monofilament the linear density is equal to the bulk density with a packing factor of 1.0. For a loose yarn strand with no twist the packing factor can be as low as 60% yielding a much lower density than the bulk density value. For a twisted yarn, a conservative figure of 90% is used.

The denier (the weight in grams of 9000 meters of a yarn) is used to relate the linear density and bulk density of a yarn strand. If one were to compute the diameter value for a given denier yarn, it is.

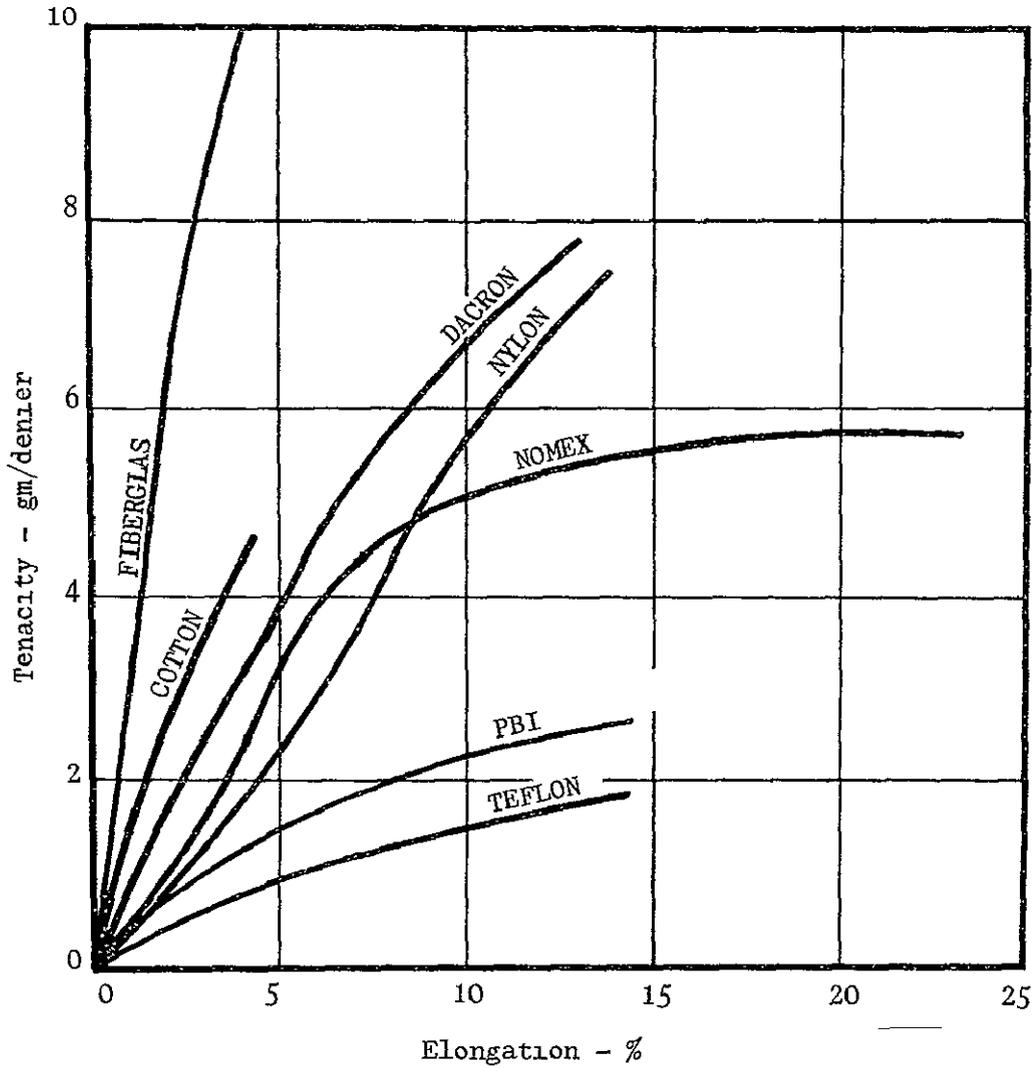
$$\text{Yarn Diameter} = 3.6 \times 10^{-3} \sqrt[3]{\frac{\text{Denier}}{(\text{packing factor})(\text{bulk density})}}$$

MATERIAL STRENGTH

The strength of a material can be directly related to the fabric yarn and the weave construction. Assuming the weave constant, a fabric will possess the relative yarn properties presented in Figure 3-5. This chart relates the tenacity (stress-expressed in grams/denier) and elongation (strain) of a yarn sample. The elastic modulus of a yarn, (expressed in g/den) is comparable to Young's Modulus for a metal. Conversion of the values are:

$$\text{Tensile Strength} = \text{Tenacity} \times 12,000 \text{ Specific Gravity}$$

FIGURE 3-5 YARN TENSILE STRENGTH



References, 1,5,6,7

ABRASION -- FLEXURAL ENDURANCE

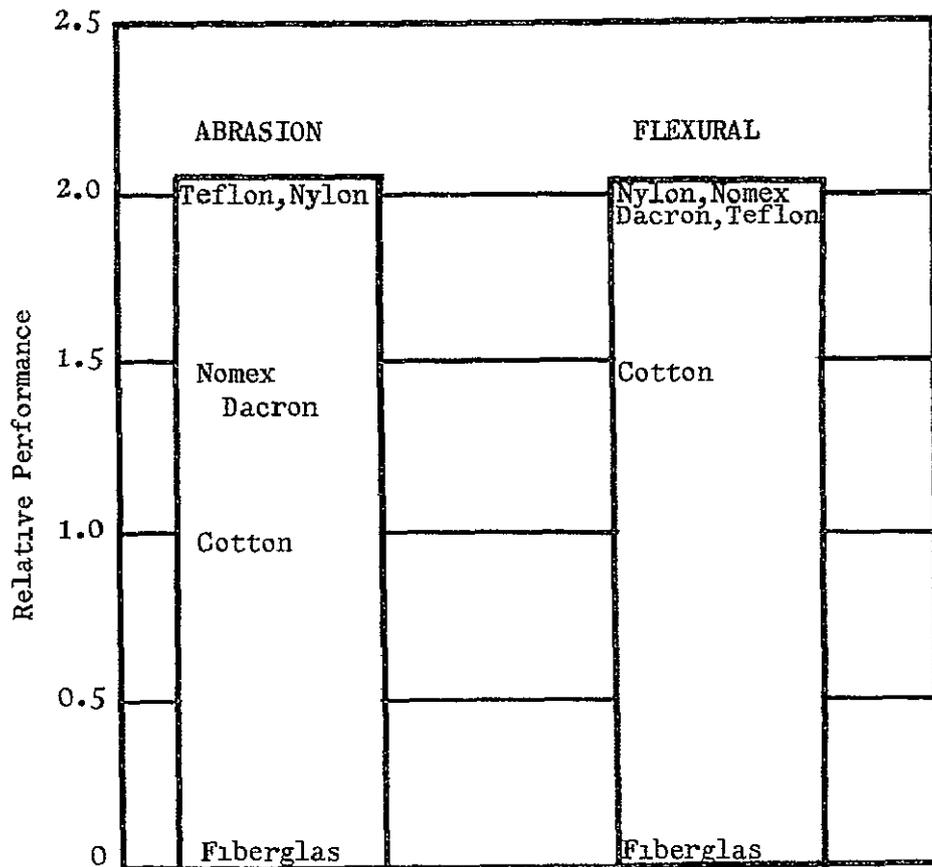
The aspect of wearing endurance of a fabric cannot be rated by a single test or analytical approach. The wearing of clothes results in a combination of tensile stresses, flexural loads and abrasion in a garment. For this reason, the following two criteria have been established with the tensile strength data of Figure 3-5 as the measuring stick of endurance. Table 3-6 presents the relative ratings of the typical materials in each category.

Abrasion endurance of a fabric is tested by rubbing a sample with a material of given roughness. The abrasion resistance of a material is expressed in cycles of a turntable or wheel before failure (breakdown of fabric).

Flexural endurance is determined by bending a fabric sample over a small radius of curvature until failure.

In both cases, the flexural and abrasion characteristics are a function of the weave as shown in Table 3-4. The data of Table 3-6 is based upon a uniform weave and yarn thickness.

TABLE 3-6 RELATIVE MATERIAL ENDURANCE CHARACTERISTICS



Reference, †

SECTION 3.4 PERFORMANCE

The aspect of performance in the selection of materials deals with the ability of the material to provide a desired function. This function may be in areas of appearance or compatibility with required work tasks.

The appearance of a garment is one of the most important aspects of garment selection in that the image of the wearer is established by his clothing. Features such as fabric wrinkle resistance and color are treated in this category.

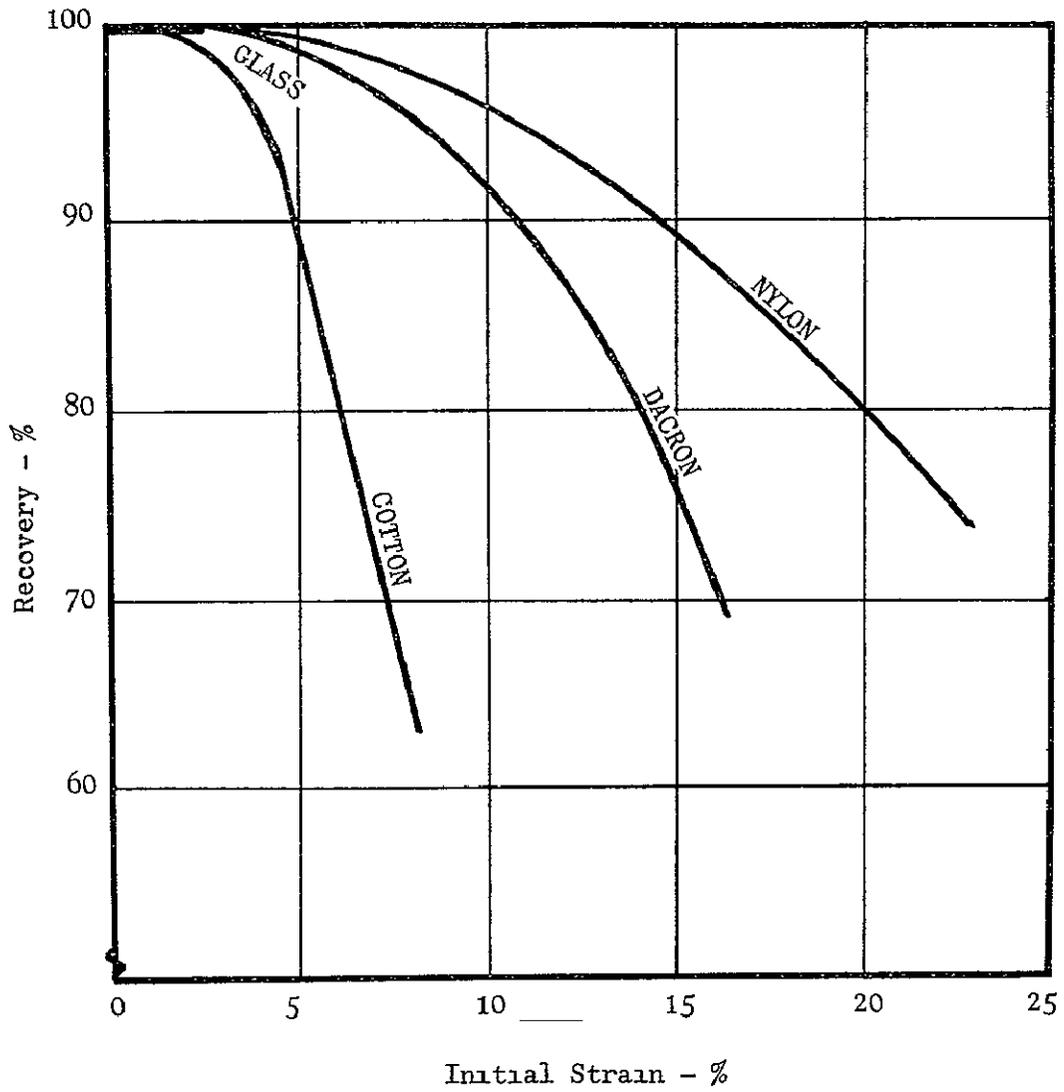
The performance of a fabric with respect to cleaning compatibility and static electricity is presented in this section.

The results of laundering tests conducted on representative materials is presented in this section.

WRINKLE/SHAPE RECOVERY

The neatness of a garment is judged by the number of wrinkles induced by wearing. This criteria is most important from an appearance standpoint. The recovery of a material from folding or stretching is indicative of wrinkle resistance. Such tests are performed upon simple materials resulting in the relative ranking of Figure 3-6. The fiber elastic recovery data for several fibers is shown in this figure. It is apparent that cotton is the most prone to permanent distortion with a given strain.

FIGURE 3-6 FIBER ELASTIC RECOVERY



Reference, 6,7

COLOR

The choice of color in a garment is a subjective decision based upon previous missions and similar circumstances. Three aspects are important, however, in the selection of garment color.

1. Identification

By the establishment of a separate color for a crew or particular individuals of a crew, instant recognition may be achieved. If critical tasks require such time limitations, this may be an important parameter.

2. Attention

By the use of an intense color, recognition may be made at large distances. This criteria is not so important inside a vehicle as on the outside during extravehicular activity.

3. Compatibility

Inside a space station, the garment color must be compatible with the vehicle color scheme and light intensity for eye comfort.

In the selection of a color for a garment, the basic hues customarily used for military duty have been variations of white, blue, green, brown and black. The actual hue has been determined by tradition or by the required field use. One of the influencing factors in the color selection for space station garments is whether choice is commercially available.

The following list presents the colors presently available for several materials.

<u>MATERIAL</u>	<u>AVAILABLE COLORS</u>
Cotton	All
Nylon	All
Dacron	All
Nomex	Int'l Orange, Natural, Olive
Fiberglas	All
Teflon	Natural (Brown) to White
PBI	Brown

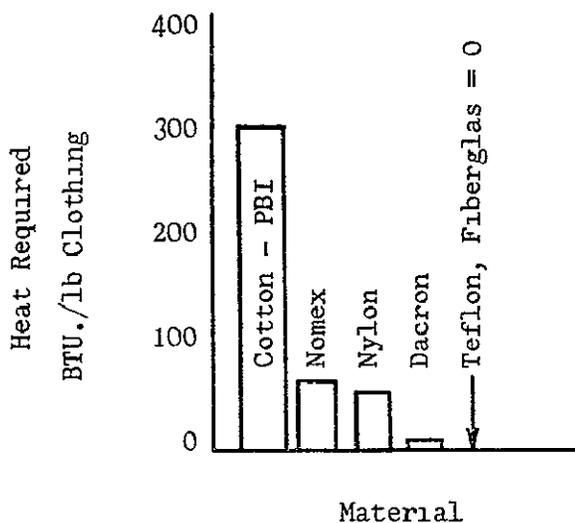
CLEANING COMPATIBILITY

The relative penalty of cleaning a garment in a space station is an important assessment with respect to weight and power. First, certain materials are inherently less susceptible to soiling and require less cleaning provisions. Secondly, the power required for drying is a function of the fabric material and construction. Presented below are the factors involved in the cleaning considerations of a material.

The amount of soiling of a garment may be somewhat controlled by the selection of the yarn configuration. In general, continuous filaments provide less area in which soil may build up. This places an advantage with the synthetic materials. Likewise, the quantity of water and detergent is not as great for these materials for the same reason.

The amount of water absorbed by the materials have an effect upon the drying load of each garment. Shown in Figure 3-7 is the relative energy to dry a given material. (a 65°F dew point is assumed)

FIGURE 3-7 RELATIVE DRYING PENALTY



ELECTROSTATIC PERFORMANCE

An electrostatic charge may build up in a garment that has been rubbed by another surface or by itself. This is due to the nature of the material and the insulating properties of the fabric. Dry fabrics, by themselves, are good insulators, thereby allowing potential differences between charged areas. With hygroscopic materials, however, water is entrained in the fibers due to the humidity in the air and acts as a conductor. The entrained water does not permit charge differences in a single garment due to its conductivity. By this feature, it is apparent that the charge affinity of a fabric due to rubbing is a function of its water regain and the atmosphere dew point. With a low dew point, spark generation is a safety consideration in the presence of combustible materials and high oxygen partial pressures.

Certain materials will assume a charge more readily than others due to their molecular structure. Presented in Table 3-7 is the Triboelectric Series for materials. This list is composed of fabrics that will become positively charged if rubbed with a fabric below it on the list. (40% relative humidity)

TABLE 3-7 TRIBOELECTRIC SERIES FOR TYPICAL FABRICS³

Glass
Wool
Nylon
Cotton
Dacron
Teflon

NOTE. Triboelectricity is defined as a charge of electricity generated by friction by the action of rubbing two materials together.

LAUNDERING TEST RESULTS

Certain select materials, presently considered for inflight clothing, were tested to evaluate the effect of repeated laundry cycles upon the clothing/fabric properties. The testing effort consisted of subjecting sample swatches of various materials to a washing procedure similar to that used by commercial laundries when cleaning white work, namely, washing at a maximum temperature of 160° F, for a wash cycle time of 40 minutes and tumble drying with a hot air setting that will allow the temperature to reach approximately 250° F when the load is completely dry. After 10, 25, 50, 100, 150 and 200 washing cycles, the test items were subjected to mechanical properties tests to determine the effect of continued washing on material flex and flat abrasion resistance, and material strength, shrinkage, and reflectance characteristics. New fabric swatches were then subjected to soiling tests by laundering clean swatches in the same tub containing swatches soiled with a mixture of vegetable oil, mineral oil and carbon to measure the tendency for any of the fabrics to pick up soil from the wash solution.

In addition to the swatch testing, jackets manufactured from the selected materials were subjected to a wool fabric washing procedure where the maximum wash water temperature is 95° F, wash cycle time is 26 minutes, and the garments are tumble dried at 160° F. Shrinkage measurements were made repeatedly throughout the garment testing.

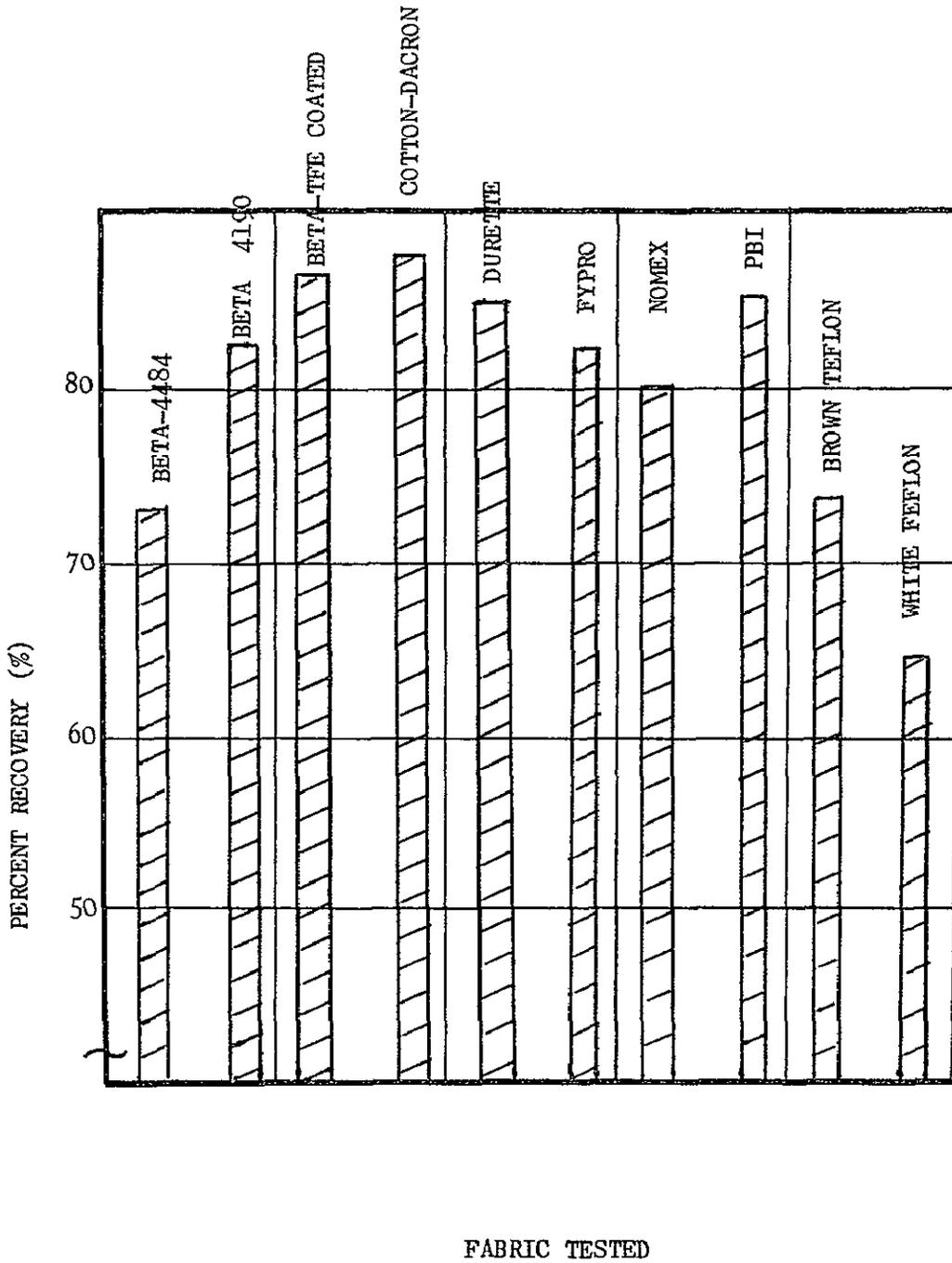
Results of this testing effort are contained in the following figures and tables. All testing was conducted at the American Institute of Laundering in Joliet, Illinois

CREASE RESISTANCE

The ability of clothing materials to recover from the creasing actions which occur during normal wear is of importance when selecting a fabric for use in a space station. To investigate this material characteristic, swatches of ten sample fabrics were subjected to a crease resistance test. The test was accomplished by folding a sample swatch, placing a 1.5 pound weight on the fold for five minutes, then removing the test specimen and placing it on a crease recovery tester (identical to the one shown in Federal Standard CCC-T-191b - Method 5212.1) and measuring the percent crease recovery for the particular fabric.

Figure 3.8 depicts the results of the crease resistance tests.

FIGURE 3 8 CREASE RESISTANCE TEST



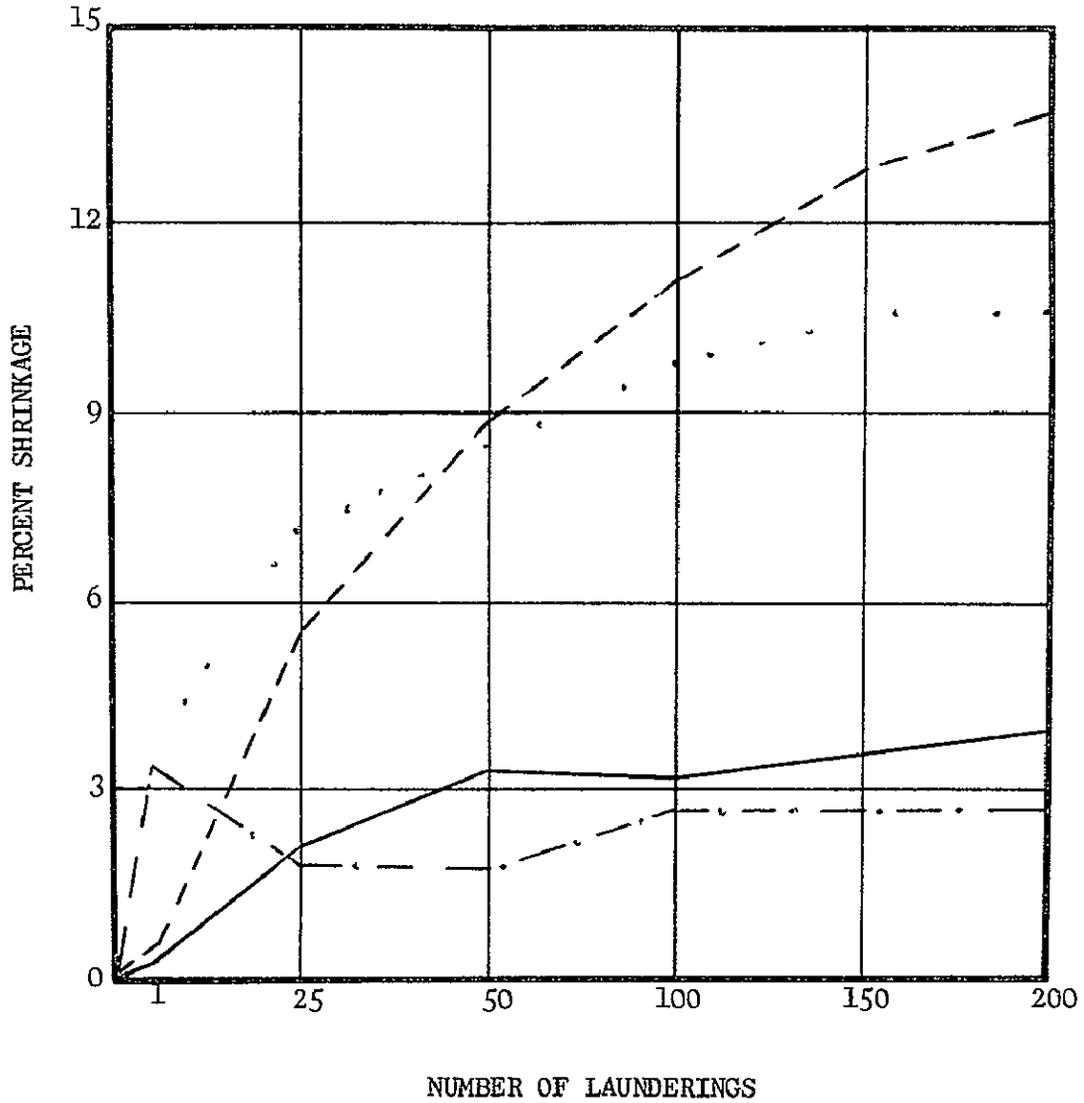
SHRINKAGE TEST

Shrinkage characteristics of materials considered for use in a space station is of importance to minimize the possibility of obtaining ill-fitting clothing resulting from repeated launderings.

Shrinkage measurements were made on test swatches of materials considered for space station use and the results are as shown in Figure 3.9.

Test conditions were standard white wash procedure, wash cycle temperature was 160° F and swatches were tumble dried at 250° F (max).

FIGURE 3 9 SHRINKAGE TEST
MATERIAL CONFIGURATION - SWATCHES



KEY-
_____ Durette (Spun)
-.-.- Durette (Filament)
-.- PBI
. . Teflon

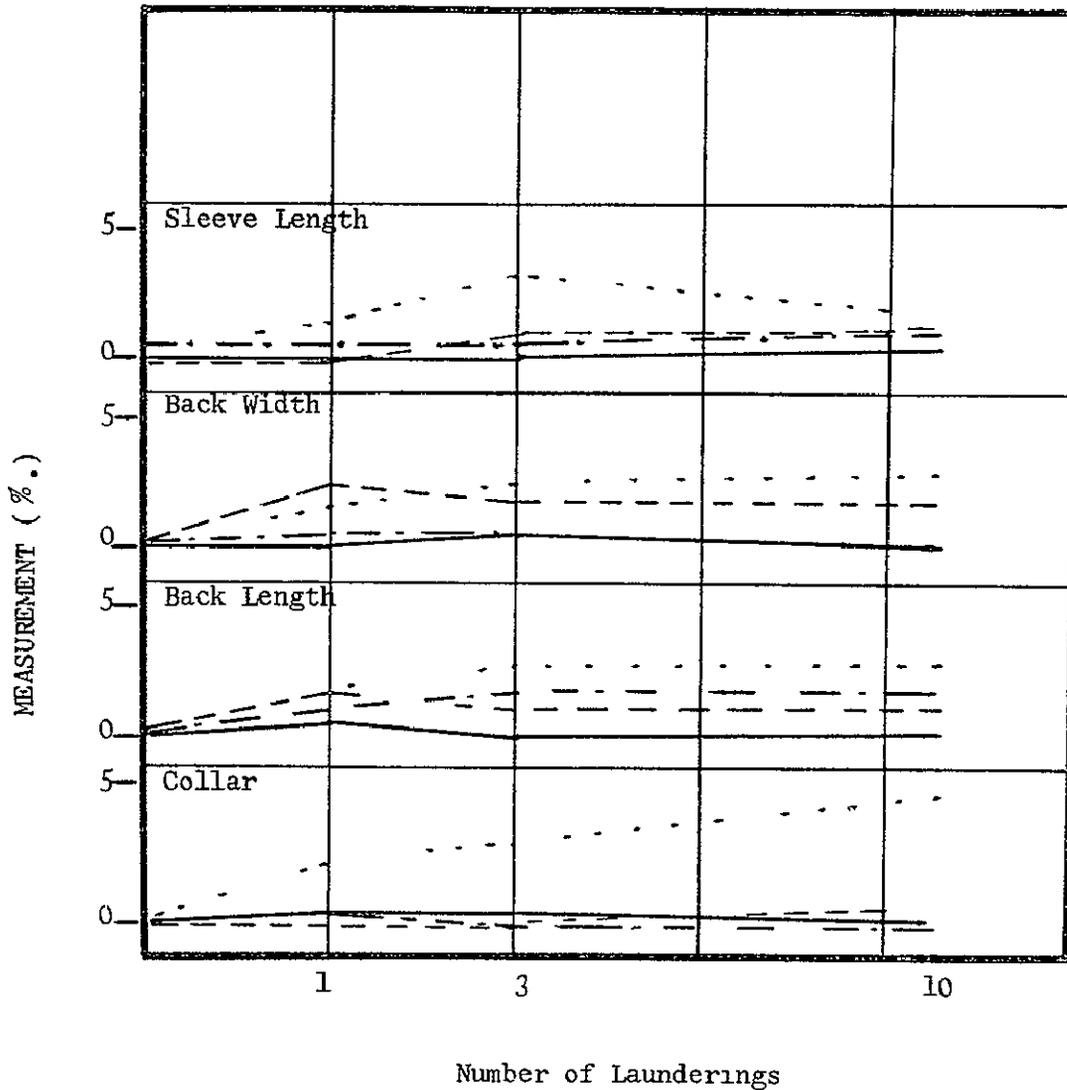
SHRINKAGE TEST

Shrinkage measurements were made on garments (jackets) fabricated from material considered for use in the space station program and data indicating the results of this testing is shown in Figure 3 10.

Test conditions were wool wash procedure, wash cycle temperature was 95° and the jackets were tumble dried at 160° F. .

FIGURE 3 10 MATERIAL SHRINKAGE

MATERIAL CONFIGURATION - JACKETS



Key:

- Durette (Spun)
- .-.- Durette (Filament)
- PBI
- . Teflon

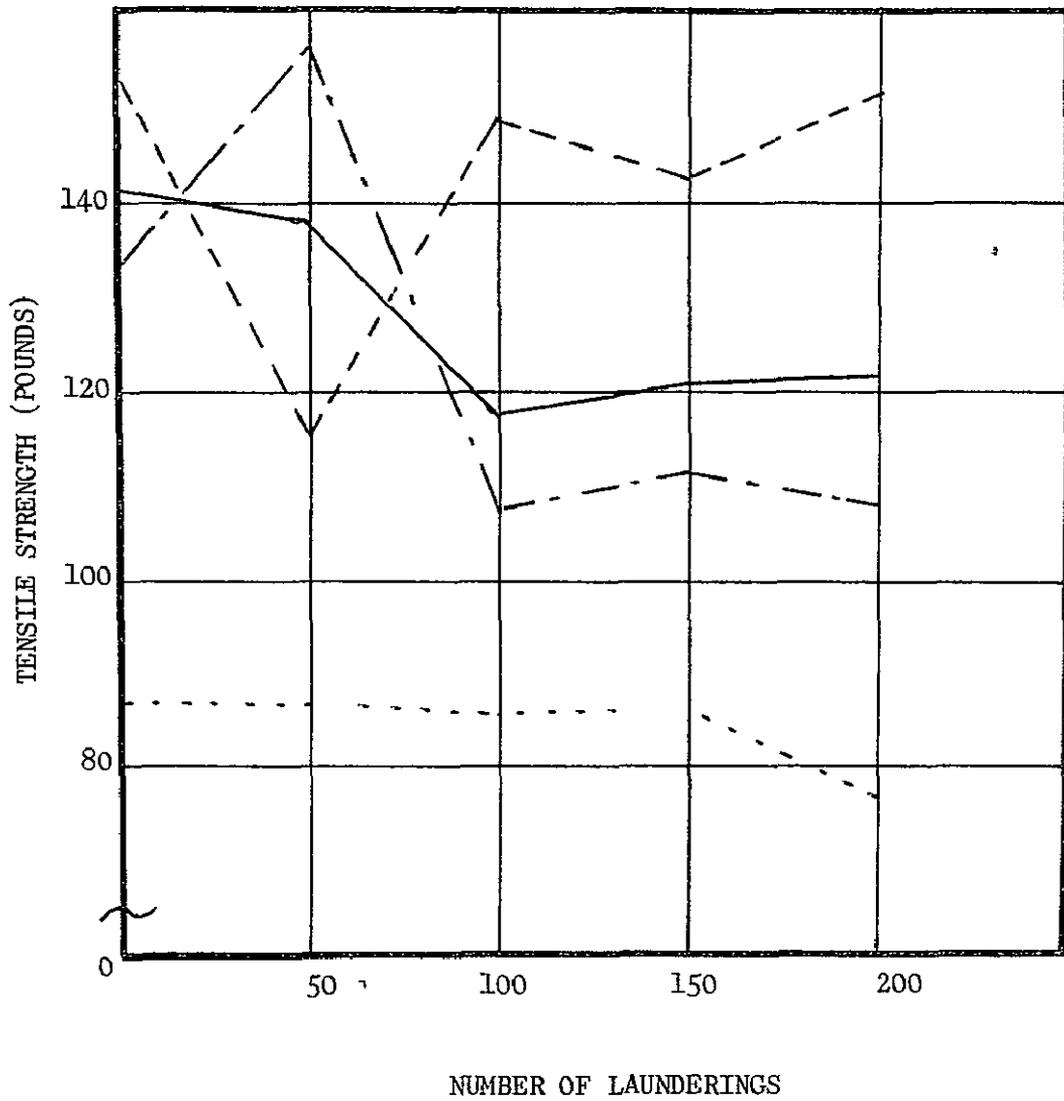
TENSILE STRENGTH

The ability of a material to withstand repeated wash cycling without appreciable strength degradation is of importance when selecting a material for space station use.

Strength tests of materials considered for use in a space station were conducted and the results are depicted in Figure 3.11. This test was conducted by clamping the test specimen between two mechanical jaws, making three breaks in the material warp direction and then applying a pulling force until material failure.

NOTE• The apparent increase in strength over the laundering cycle for PBI cannot be explained other than this material is still considered experimental and continued under evaluation.

FIGURE 3 11 MATERIAL TENSILE STRENGTH



Key

- Durette (Spun)
- - - Durette (Filament)
- · - PBI
- Teflon

ABRASION TEST

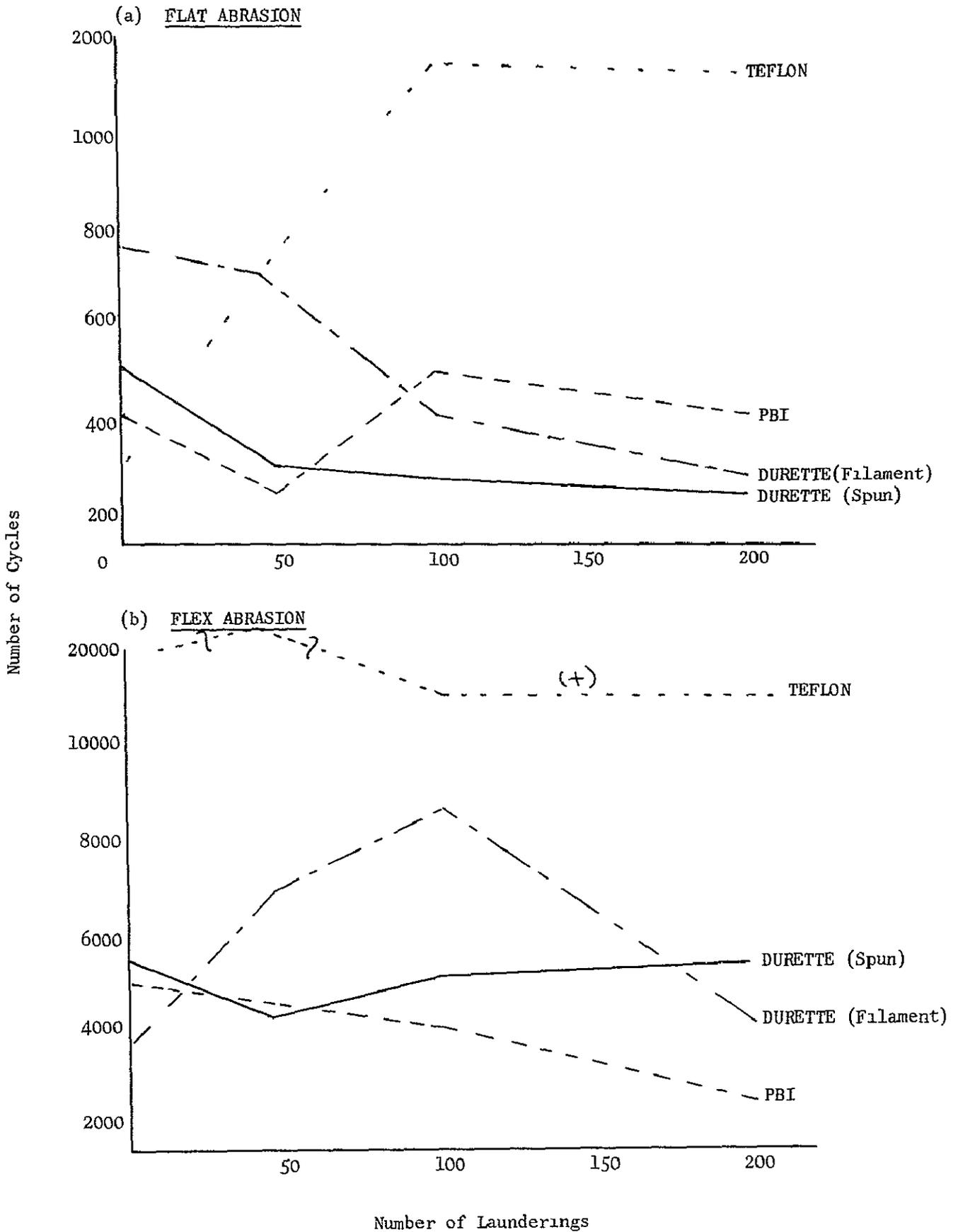
During the normal wear cycle, garments are subjected to flex and flat abrasions and must be considered in the material selection process.

Materials considered for use in a space station were subjected to flat and flex abrasion tests prior to entering a laundering cycle, and then tested again periodically during the laundering program. The results of this testing effort are contained in Figure 3.12 (a) and (b).

The flat abrasion test was conducted utilizing abradent number 600A (similar to very fine sandpaper) with four pounds of air pressure on the diaphragm and one half pound of head pressure and was continued to material failure. For the flex abrasion test, one pound of head pressure and two pounds of yoke tension (tension on the material) were used. These tests were conducted in accordance with ASTM Designation D1175-64T.

NOTE: The flex abrasion test for Teflon, after the 50th laundering cycle, was terminated at 122,000 cycles due to the inability of wearing out the Teflon material. It was then decided to limit the flex cycling to 15,000 cycles and indicate by a plus sign the ability of this material to exceed this limit.

FIGURE 3 12 ABRASION TEST



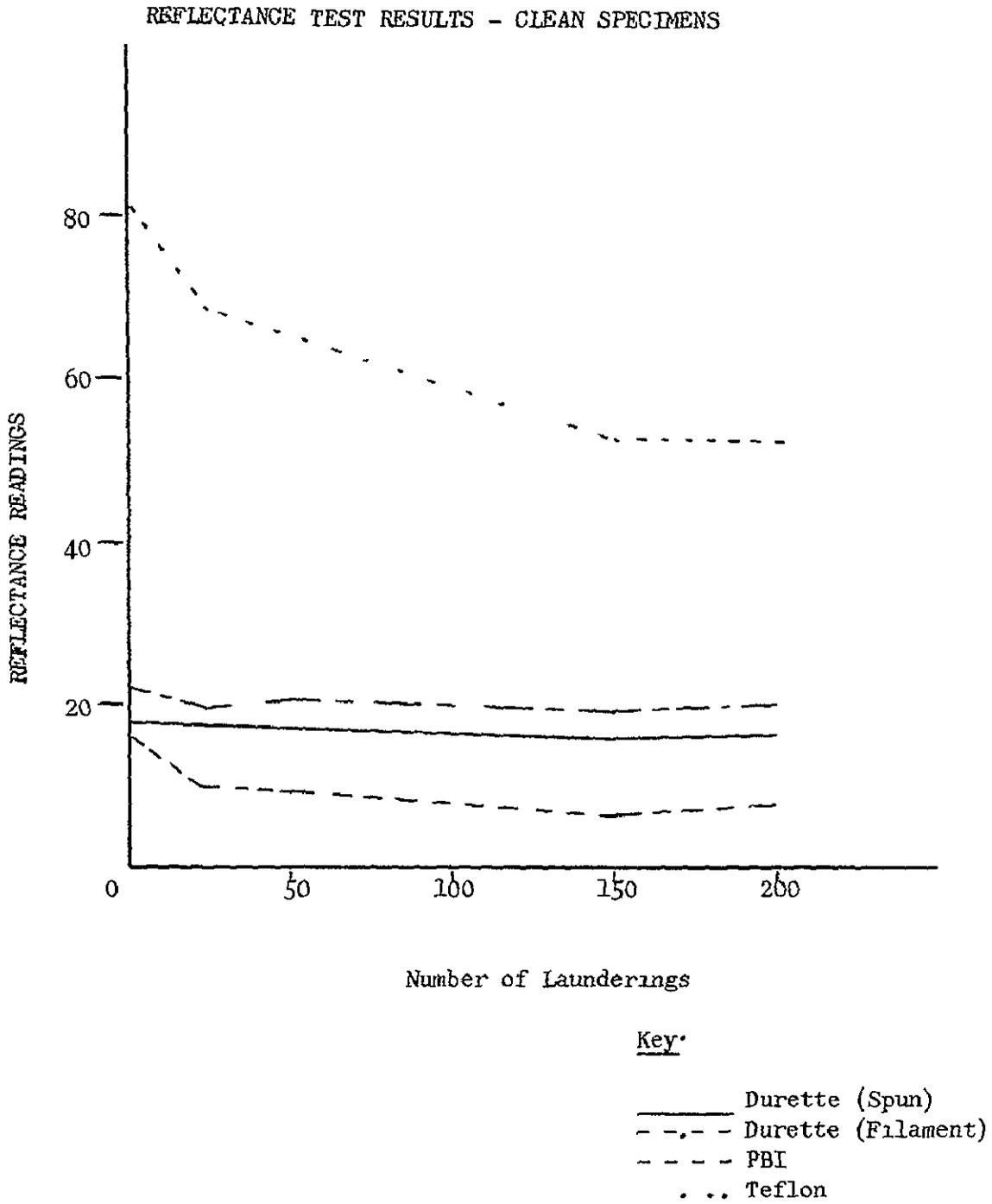
⊕ 3

REFLECTANCE MEASUREMENTS

This test was performed to measure the degree of fading that occurs in a fabric exposed to repeated laundering cycles and also, the amount of soil transfer that may occur in a laundry wash solution between fabrics. The test was conducted on clean swatches of various materials periodically during the complete laundry cycle. The clean swatches were measured originally and the reflectance base point established prior to subjecting the swatches to the laundering cycle.

The results of this test are contained in Figure 3.13.

FIGURE 3.13 REFLECTANCE MEASUREMENTS



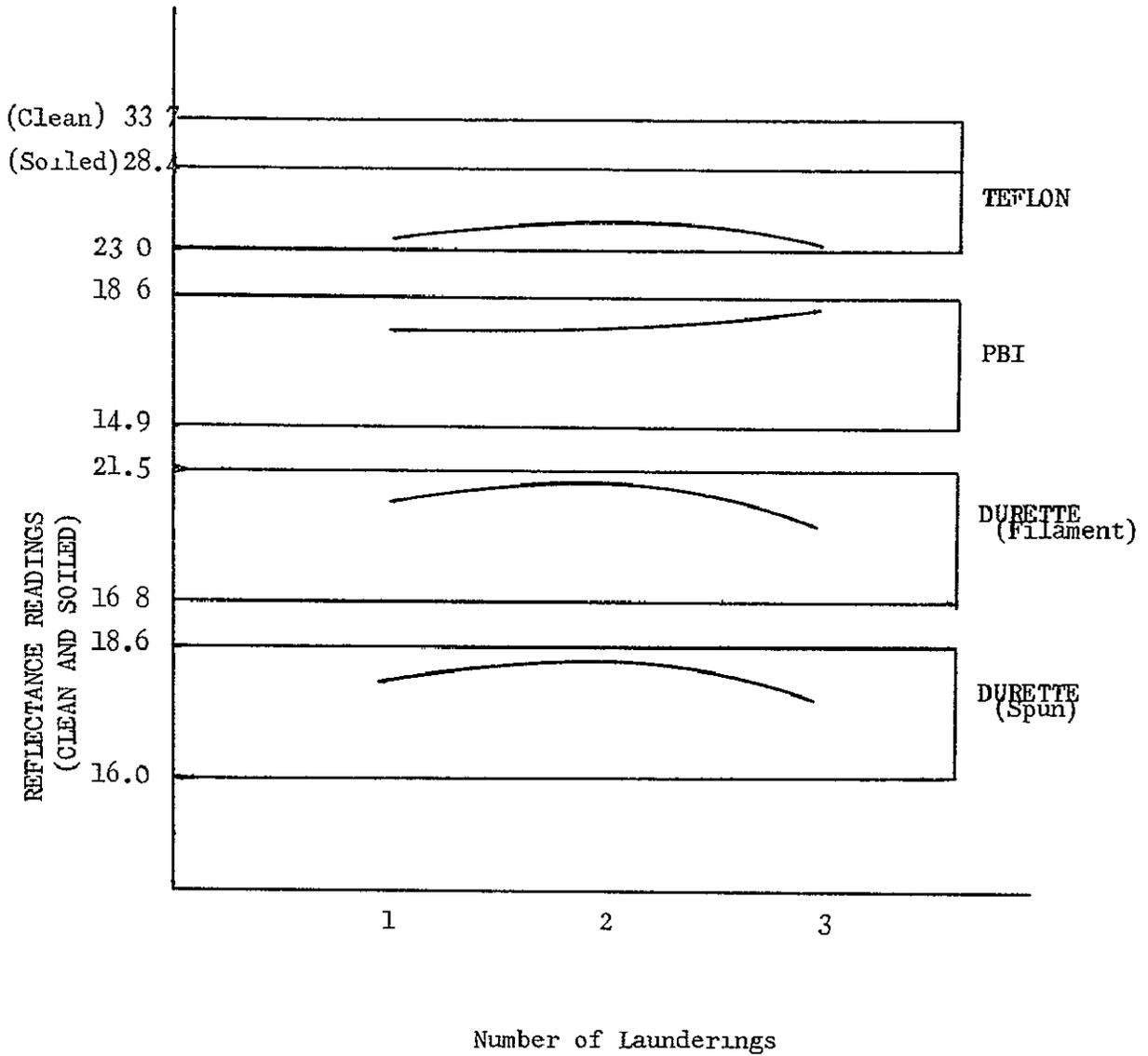
REFLECTANCE MEASUREMENTS

Reflectance tests were repeated utilizing clean swatches washed in the same tub as soiled swatches. The soiling medium was a solution of 4 grams of Oildag* (graphite in mineral oil), 4 grams of Wesson oil made up to 1 liter with perchlorethylene. This test measures the transfer of soils between materials and the dirt retention characteristics of a particular material. Measurements were made prior to laundering and periodically during the test cycle. Figure 3.14 depicts the test results.

*Oildag - Trademark of Acheson Colloids Company

FIGURE 3 14 REFLECTANCE MEASUREMENTS

REFLECTANCE TEST RESULTS - CLEAN AND SOILED SWATCHES



Note- Upper reading is the original measurement and the lower reading is the soiled measurements

SECTION 3.0 REFERENCES

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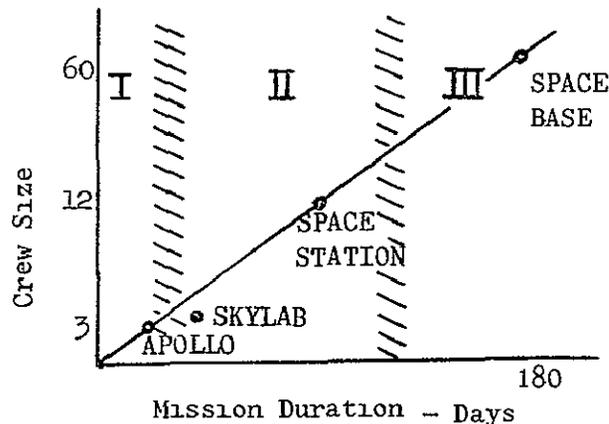
SECTION 4.0 CREW CONSIDERATIONS

One of the most important aspects in the design of a garment system is the make-up and function of the crew and the character of the mission. The space mission to be performed in the future would appear to be as categorized in the following manner with respect to habitability.

<u>HABITABILITY PHASE</u>	<u>CHARACTERISTICS</u>	<u>APPLICATION</u>
I	Crew systems are primarily utilitarian and functionally oriented. Highly specialized and trained for particular missions.	Mercury Gemini Apollo Skylab
II	Crew systems and vehicle layout more spacious and comfortable. Crews having more general skills, and mission goals more general.	(MOL), Skylab, Early Space Station
III	Earth equivalent environment for an outpost. Permanent facility with little dependence on earth other than resupply. Emphasis on crew comfort and leisure time activities.	Late Space Station Space Base and Beyond

These habitability phases are a convenient reference when discussing the applicability of certain ground rules to a particular mission. One would not expect to see a shower bath in the present Apollo command module, nor, on the other hand, be as vitally concerned with an item's weight for a space base. The habitability phases are also a function of crew size and mission time. A graphic representation is shown in Figure 4-1.

FIGURE 4-1 HABITABILITY PHASES



CREW ORGANIZATION

Although it is intended that the garment selection criteria presented in this handbook be applicable for all three of these phases, this section dealing with the makeup of the crew applies primarily for phases II and III.

Included in this section is a discussion of the organization and function of a crew, the sizes and size distribution of the men, the factors involved in the selection of a wardrobe, and an outline of a typical crewman garment system.

The organization of a crew of a space base will affect the selection of garments due to status and function of a crew member. The allocation of clothing on this basis requires study beyond the data presented herein.

Figure 4-2 presents a typical breakdown of a crew of a station or base and gives a typical garment allocation for each. The basic wardrobe consists of the normal changes of clothing required on a scheduled basis which includes:

- Jackets
- Shirts
- Pants
- Socks
- Shoes
- Headgear

FIGURE 4-2 WARDROBE REQUIREMENTS AS DETERMINED
BY CREW STATUS AND FUNCTION

FUNCTION - TITLE	PERCENT OF CREW	TYPICAL ASSIGNED WARDROBE			
<u>EXECUTIVE</u>					
-Commander -Dep. Commander -Managers	10%	Basic Wardrobe	Extra Change	Dress Uniform*	Clean Room Spec. Gear
<u>MEDICAL</u>					
-Doctors -Biomed & Physio.	10%	Basic Wardrobe	Extra Change	Medical Gear	
<u>SCIENTIFIC PROFESSIONAL</u>					
-Experimenters	15%	Basic Wardrobe	Partial Change	Protective & Functional Gear	
Clean Room Gear					
<u>CREWMEN</u>					
-Mess Attendants -Cook -Maintenance	20%	Basic Wardrobe	Protective Clothing		
<u>SPECIALIST & TECHNICIANS</u>					
-Navigators -Meteorol ,Oceanog. -Astron. Data Mgmt.	45%	Basic Wardrobe			
*Late Phase III					

CREW WARDROBE SELECTION

The number of clothing articles in a basic wardrobe of a crew member will be a function of the following criteria in the order listed.

1. Allowable Weight
2. Allowable Volume
3. Personal Preference
4. Hygienic Standards

The amount of clothing accompanying a crew member will establish a relationship between a wear interval for a garment and a period between washings for laundered clothing

The allowable wardrobe of a crew may be determined by each of the above criteria subject to several general ground rules.

1. Outer clothes, (jackets, pants) are worn 5 to 6 times longer than underclothes.
2. Underclothes must be changed on a regular basis at the same time, (i.e. briefs, socks, and shirt)
3. One pair of shoes, headgear or handwear will suffice for any given mission.
4. An earth-type cycle is desirable.

The methods for evaluating wardrobe requirements are as follows

Allowable Weight Approach

Knowing the maximum weight allowed per member and the weight of the component garments, the wardrobe may be determined on a relative wear basis. The wear interval/clean period should then be assessed in Figure 4-3.

Allowable Volume Approach

This approach is the same as the weight approach, however, the transit volume in the shuttle vehicle is the important criteria. Knowing the volume values for each item, the breakdown may be estimated.

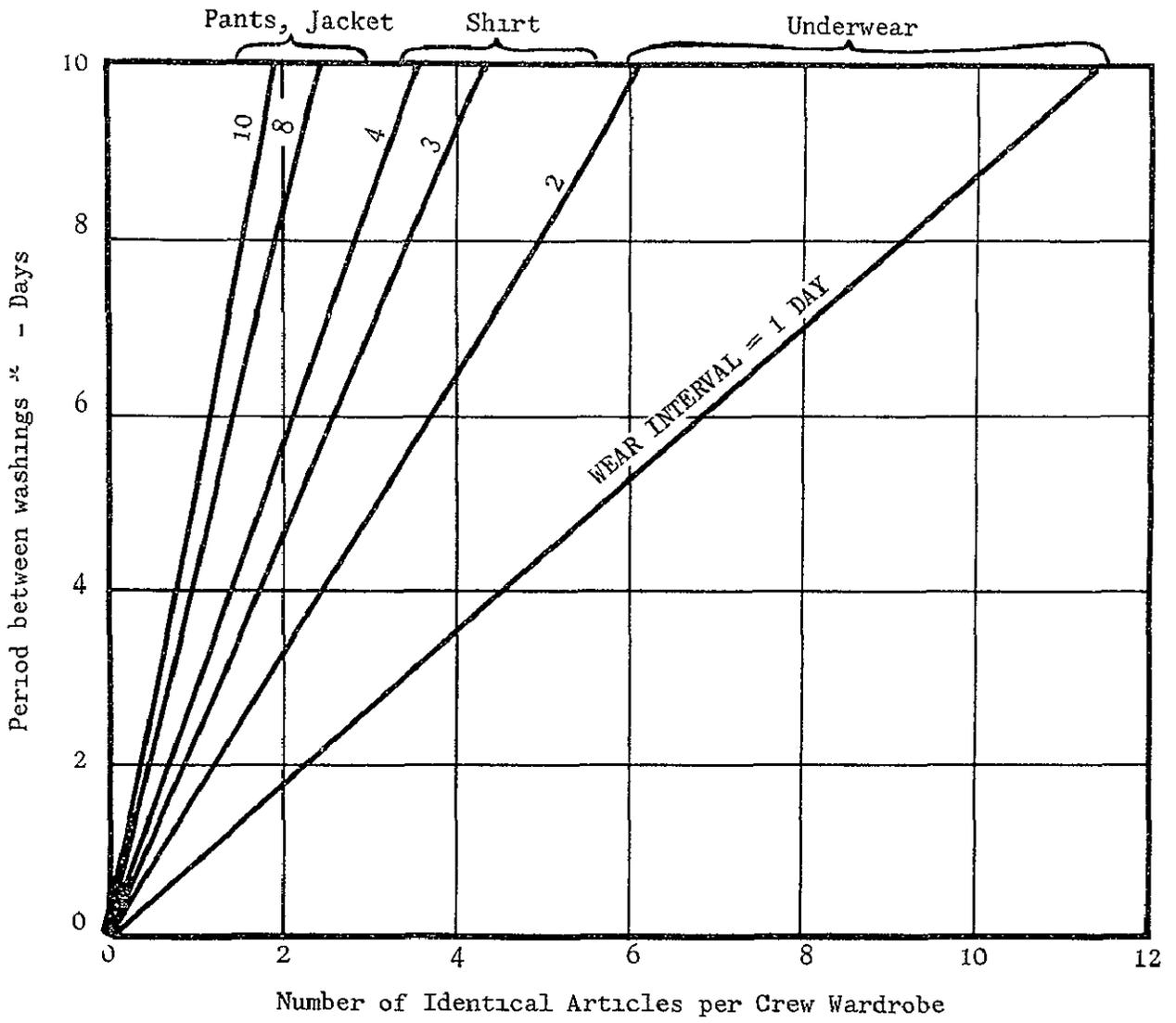
Personal Preference

This method of establishment of a wardrobe allows selection of this quantity of garments by judgment. It is used only when an excess amount of clothing is allowed by the above two methods. (long periods between cleaning) The crew duty cycle must be considered in the period between washings from Figure 4-3, and a reasonable wash period established.

Hygienic Standards

The soil that will be picked up by the clothing will be due primarily to body oils and contaminants. Although odors will build up, the crew perception will likewise be increased and no notice will be made of the level of odor. Dermatitis, however, may develop after a period of three weeks wearing. If wear intervals beyond three weeks are contemplated, the use of bactericides should be considered.

FIGURE 4-3 CREW WARDROBE/WASH PERIOD REQUIREMENTS



(For fractions of a day, read the lower whole number value)

CREW SIZE CONSIDERATION

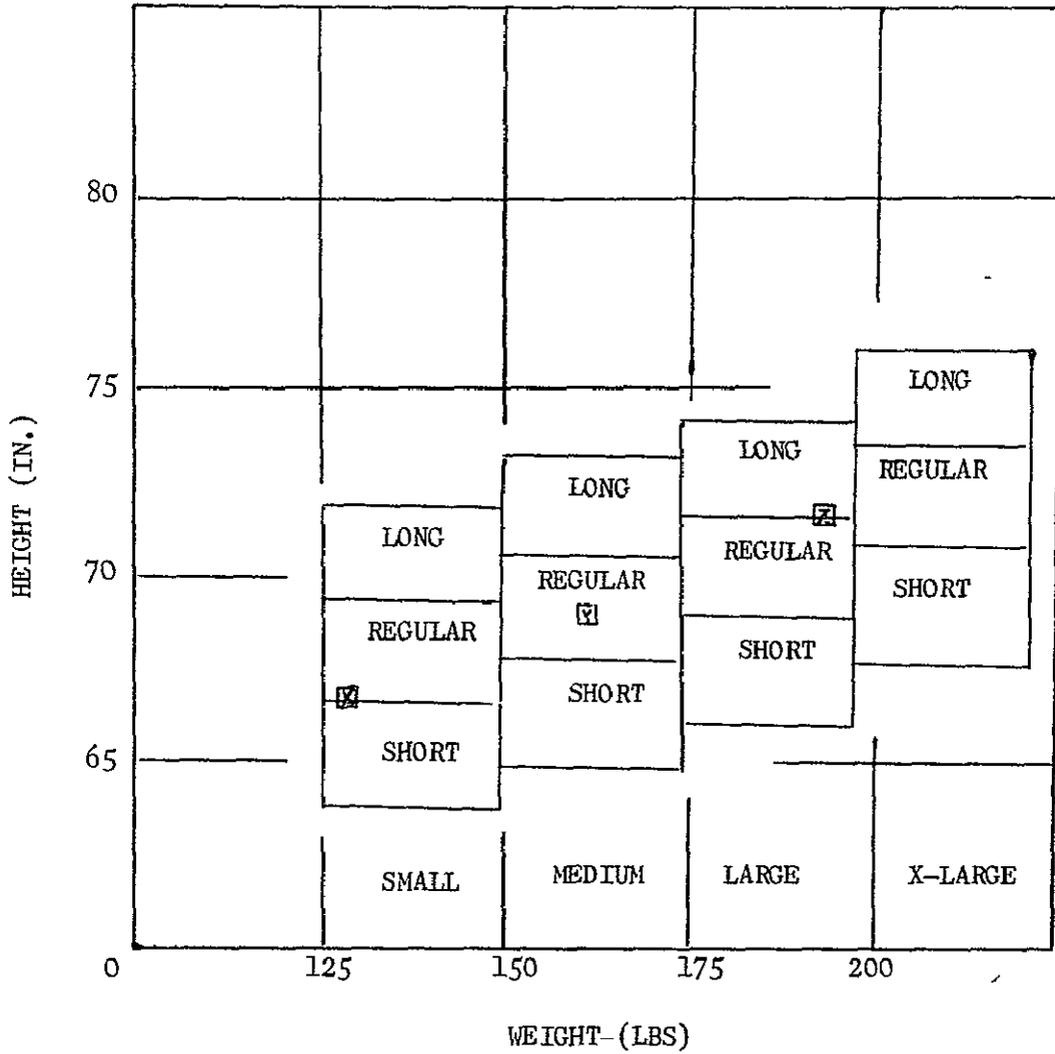
A sizing system for flight clothing has been developed from body measurements obtained from approximately 4000 Air Force personnel. Two body dimensions - height and weight - form the basis of this sizing program and were selected due to the high correlation between these variables and other bodily dimensions.

A twelve size program was selected from the Air Force study for inclusion into the handbook because it contains the largest number of sizes, namely, four categories of weight with each having three categories of height

Figure 4.4 presents the relationship of height and weight for a twelve size program. Superimposed on the size categories depicted in the figure is the distribution of the (NASA, MOL,) astronaut and scientist population consisting of 88 men

Appendix B defines the basic body measurement used in the various sizing programs and the actual measurements of current astronaut / scientist population.

FIGURE 4-4 CREW SIZE PROGRAM



(Size Categories for a 12-Size Program)

NOTE•

Circled numbers indicate number of current astronauts/scientists fitting that particular category.

X - 5th Percentile

Y -50th Percentile

Z -95th Percentile

CREW SIZE DISTRIBUTION

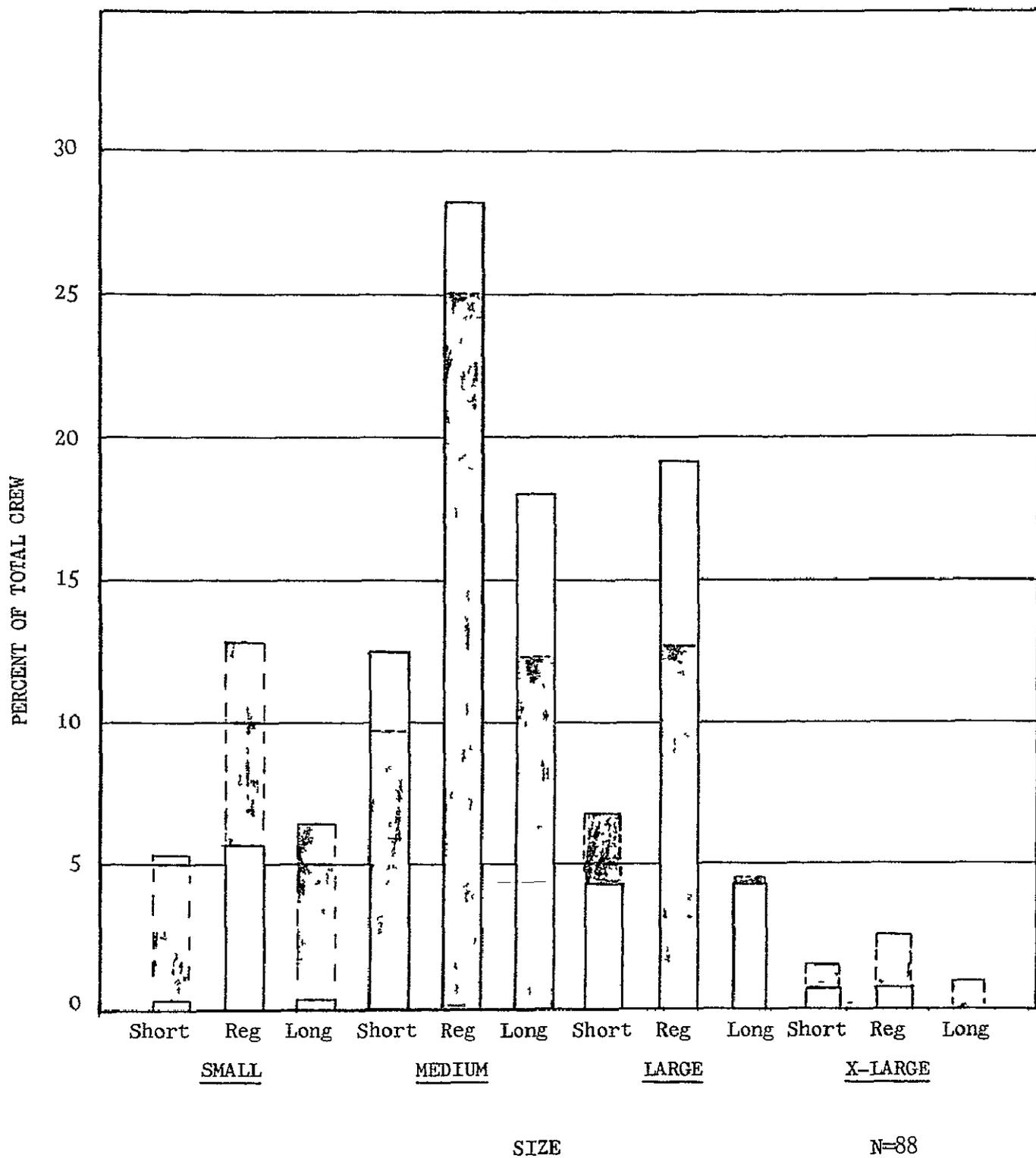
A size distribution was obtained from a sample of eighty-eight astronaut-scientist personnel measured.

The data indicates that the largest percentage represented in this survey is in the medium-regular category with the balance of the sample distributed over the entire range

Figure 4-5 depicts the sample distribution of the current astronaut-scientist population. This figure, together with the weight and volume data of Sections 2 and 5 allows an assessment of total crew garment weight penalty

The dotted bars in Figure 4-5 represent the results of the 4000 man Air Force sizing study and is included for comparison.

FIGURE 4.5 CREW SIZE DISTRIBUTION

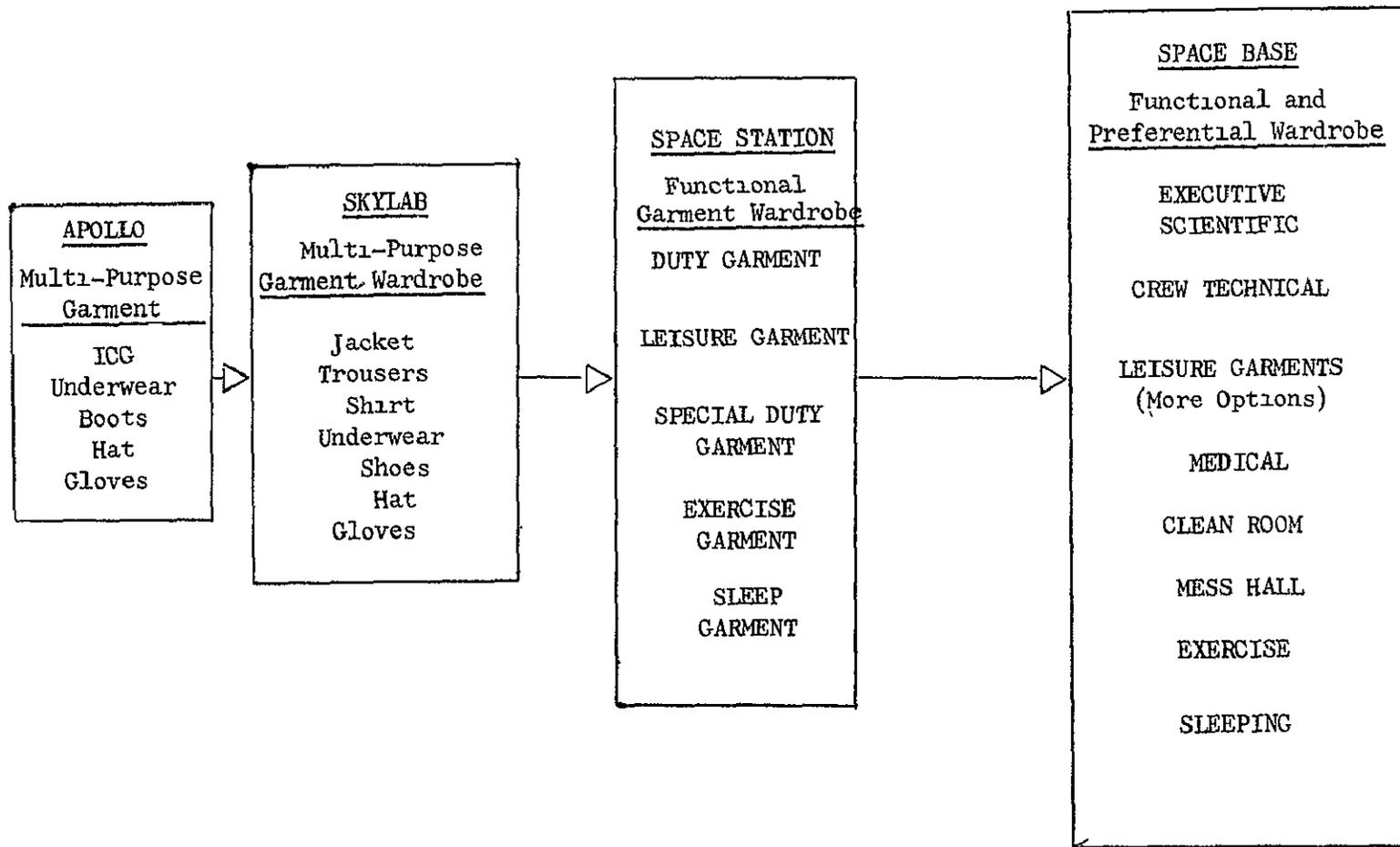


GARMENT IDENTIFICATION

As the space program advances, space vehicles become larger with a corresponding increase in crew size. This growth requires an increase in the makeup of the crew wardrobe and allows for functional groupings of garments based on the tasks being performed.

Figure 4.6 depicts the growth in garment requirements based on the mission defined.

FIGURE 4-6 MISSION/GARMENT IDENTIFICATION



4-11

TYPICAL CREWMAN GARMENT SYSTEM

Analysis of a typical crewman work day in a space station results in the following duty cycle. By analysis of this cycle, the appropriate clothing to be worn during a particular period is determined.

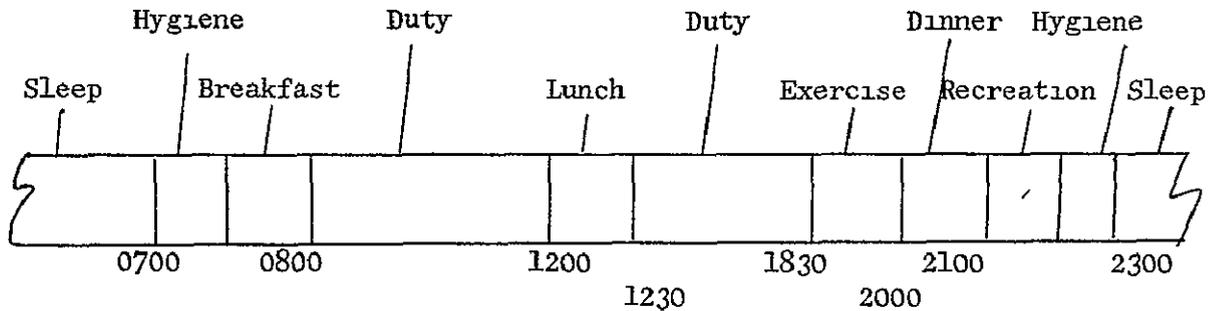
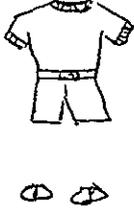
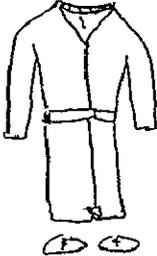


Figure 4.7 depicts a typical crewman garment system and the basic requirements for each item.

FIGURE 4-7 TYPICAL GARMENT SYSTEM

Garment Item	Consists of	Basic Requirement	Configuration
Duty Garment	Jacket, Trousers, Hat, Shirt, Shoes, Socks and Briefs	Uniform Dress for on-Duty Activities	
Leisure Garment	Shirt, Trousers, Shoes, Socks, Briefs	Non-uniform dress for off-duty and recreational periods	
Exercise Garment	Shirt, Shorts, Sneakers, Socks	Crewman comfort during exercise period	
Sleep Garment	Pajamas, Robe, Slippers	Provides added insulation during crewman sleep period	
Special Duty Garment	Coveralls, booties, Gloves, Hat	Protective clothing to be worn by crewman in sensitive areas	

SPECIAL DUTY GARMENTS

Various tasks within the space station will require the use of special duty garments beyond the basic wardrobe requirement. These tasks include handling dangerous liquids (fuel, cryogenic materials), large, bulky items, sensitive biological or chemical experiments and intra-vehicular transfer, to name a few.

Figure 4.8 depicts typical special duty garments.

FIGURE 4 8 TYPICAL SPECIAL DUTY GARMENTS

TASK DESCRIPTION	USES	CONFIGURATION
Handling Hazardous Materials	Used in Equipment/Storage areas for Fuel Handling, hazardous material transfer, etc. Employs integral life support system or operates off vehicle ECS	
Bio-isolation Garment	Used as a personnel isolation garment during experiment transfer and handling	
Padded Suit for Bulk Handling	Used as a protective suit during transfer of bulk materials that could have crushing effect on handler.	
Intra-Vehicular and Compartment Transfer	Used during emergency operations. Elasticized cuffs, neck and helmet allow pressurization of unit by portable or vehicle ECS for short term operation	

SECTION 4.0 REFERENCES

1. Emanuel, Irvin, and Alexander, Milton, A Height Weight Scaling System for Flight Clothing. WADC Technical Report 50 - 65 April 1965.
2. NASA Briefing. In-House Study of a Space Base - Guidelines Groundrules/Configuration MSC, May 20, 1969.
3. Space Station Program Definition (Phase B), Statement of Work NASA-MSC April 14, 1969.
4. Webb, Paul, Ed., Bioastronautics Data Book NASA SP 3006, Washington D. C. 1964.
5. Weybrew, B. B. Dr. Interview at Submarine Medical Research Laboratories, U. S. Navy Submarine Base, Groton, Conn August 29, 1969.

SECTION 5 0 VEHICLE INTERFACE AND LOGISTICS

The design of space station accommodations will be governed by the makeup and duty requirements of the crew members. The work-space and personal areas for a crew member must be analyzed for compatibility with the man and his accessories for performance of a long term mission. This section presents the impact of a wardrobe of a crew member upon the design of a space station, the articles supporting a wardrobe, and the interfacing subsystems to the garment systems. Both the transit mode via a shuttle vehicle and the "in-orbit" period of crew operations are covered in the interface and logistics assessment of a wardrobe. The section is divided into the four areas summarized below.

5.1 Logistics Considerations

In this area, the storage and handling requirements are considered for each item of clothing during the crew transit stage from earth to the station.

5.2 Space Station Design Considerations

This section discusses the impact of storage, handling and donning of garments upon the design of the vehicle. Included in the section are typical design concepts.

5.3 Interfacing Systems

The interface of the garment system with the waste management, environmental control and cleaning systems are discussed.

5.4 Fabric Usage

Additional fabric items are required in a space station complex other than garment systems. Typical items are shown in this section.

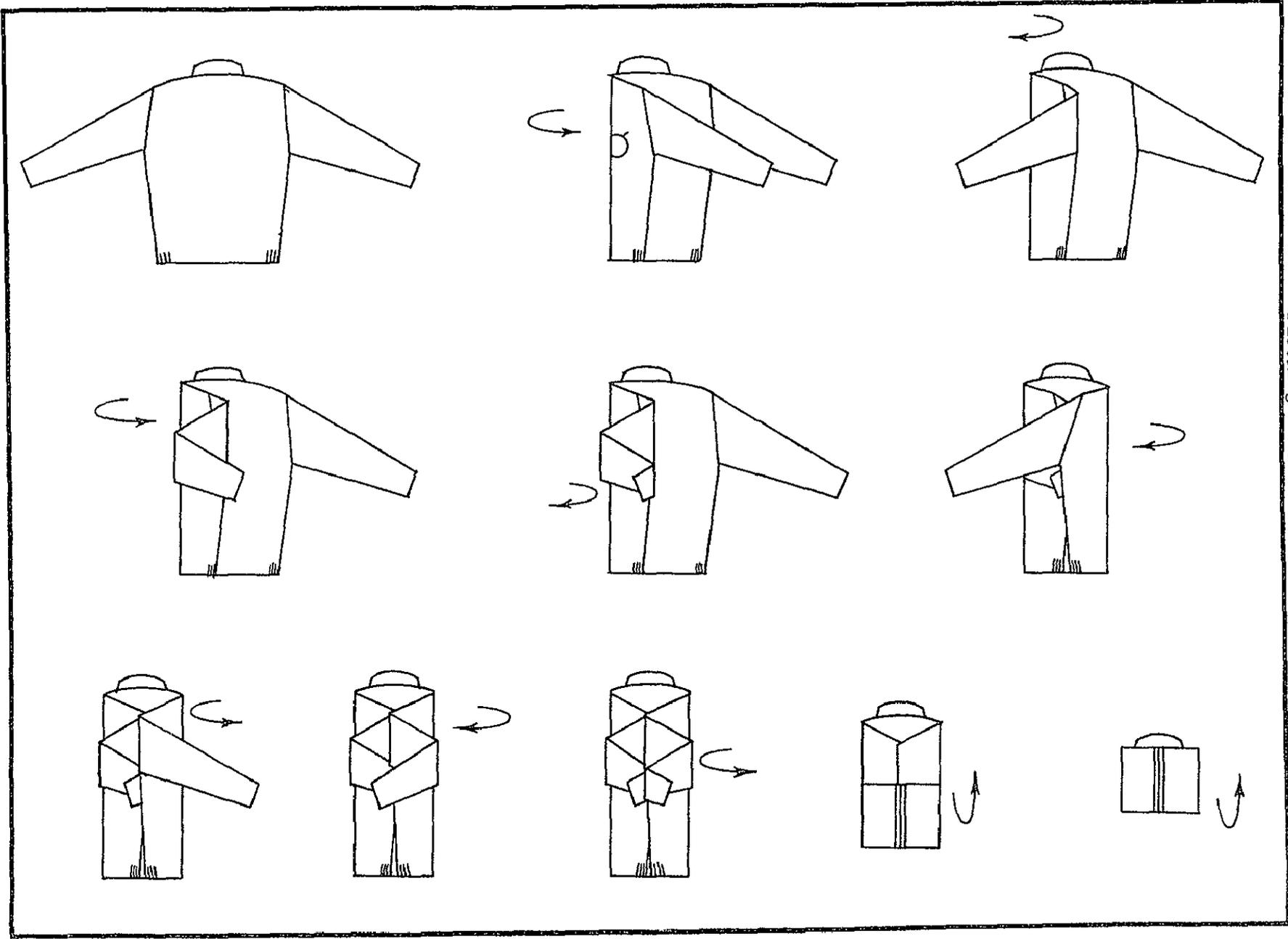
SECTION 5.1 LOGISTICS CONSIDERATIONS

The clothing required by a crew member must be folded, packaged, and transferred to the space station for use. The logistics considerations of a garment are its weight and bulk. This section examines typical garment folding techniques, actual flight hardware folded volumes, vacuum packaging, and garment transfer envelopes.

Packaging garments for use in a space station may be done by pressing folded garments together (to minimize volume) and evacuating the container. This method will result in utilization of the major portion of the available volume. A simplified approach in calculating the volume requirements of a garment would be to multiply the number of folds by the fabric thickness for a given dimension. Although this technique would be applicable for a piece of cloth, the addition of padding, cuffs, collars, fasteners, belts and ribbing do not allow this approximation for a garment. The major consideration in packing a garment is its interface with adjacent garments. By proper packing and folding, the local areas of relatively larger thickness may not occur at the same point and the effect minimized.

Figure 5.1 is a representation of a folding technique to be used in preparing garments for packaging and transfer to the space station.

FIGURE 5-1 SAMPLE FOLDING TECHNIQUE



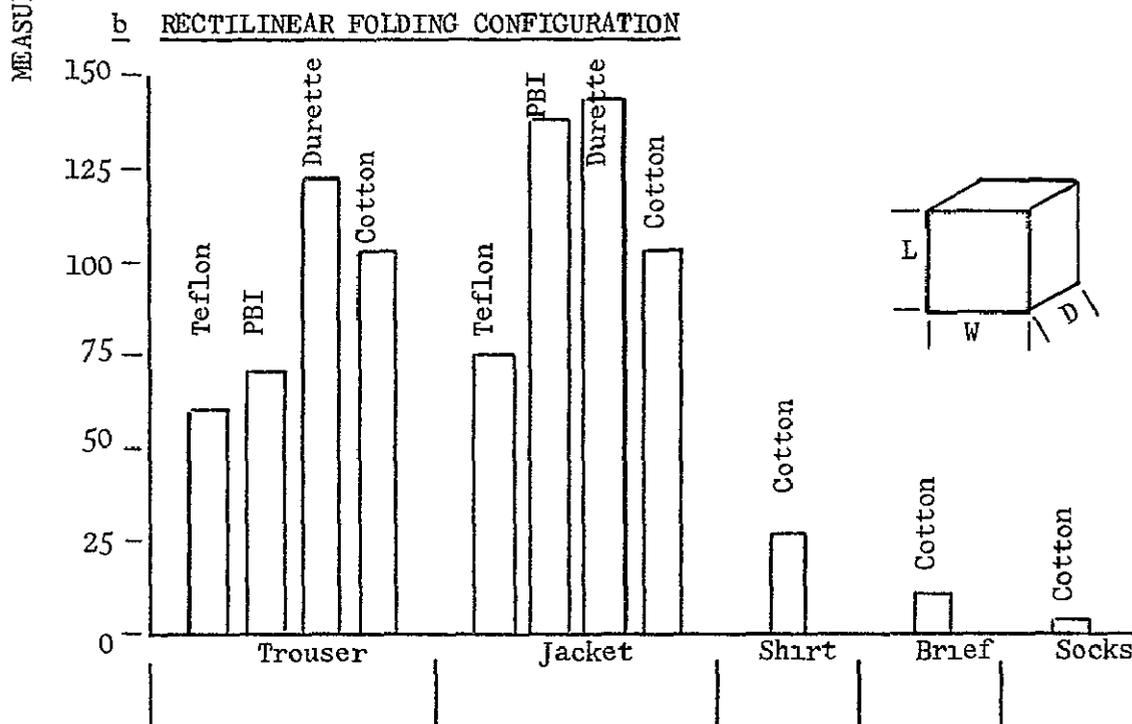
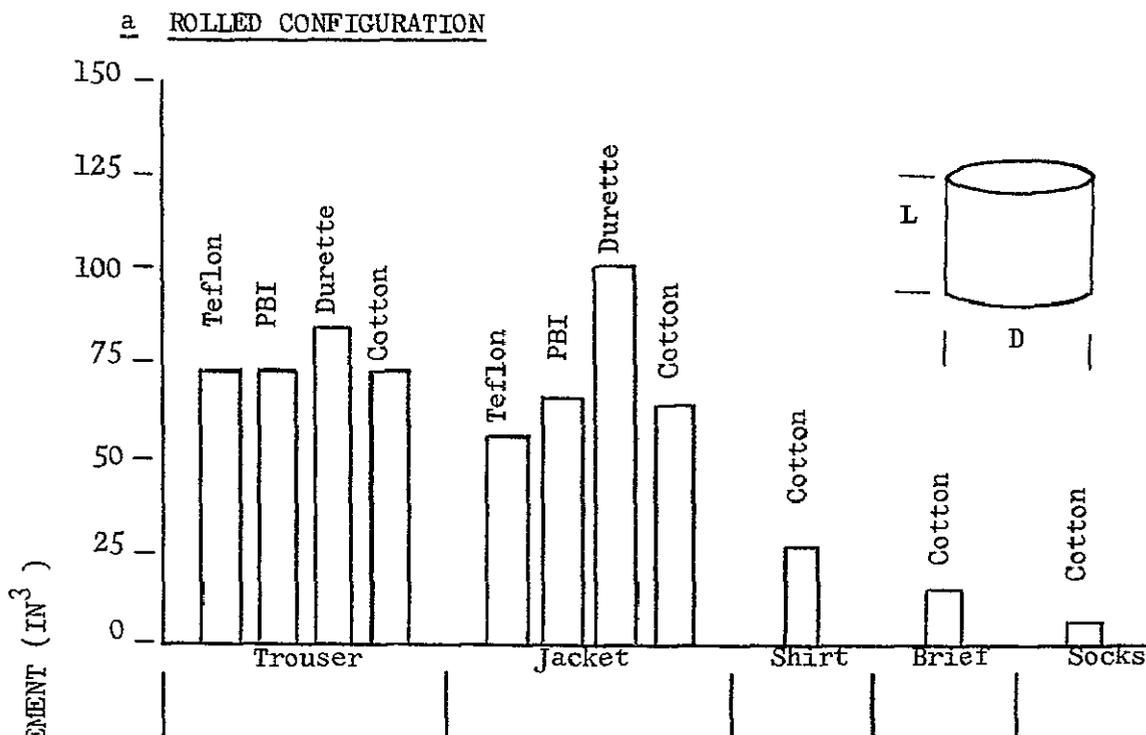
TYPICAL FLIGHT GARMENT FOLDED ENVELOPES

Flight garments, representative of articles of clothing to be used on the Skylab Program, were folded to determine the optimum packaging envelope. Two folded configurations were considered, namely, rolled and a standard flat fold technique.

The items measured consisted of jackets and trousers made from Teflon, PBI, Durette, cotton and cotton shirts, briefs, and socks. The results of the measurements are outlined in Figure 5-2.

FIGURE 5-2 FLIGHT GARMENT FOLDED ENVELOPE

(Dimensions in Inches)



VACUUM PACKAGED GARMENT VOLUMES

Vacuum packaging of garment systems results in a reduction of the total packaged volume. This allows more useable volume during the transfer of garments to the space station.

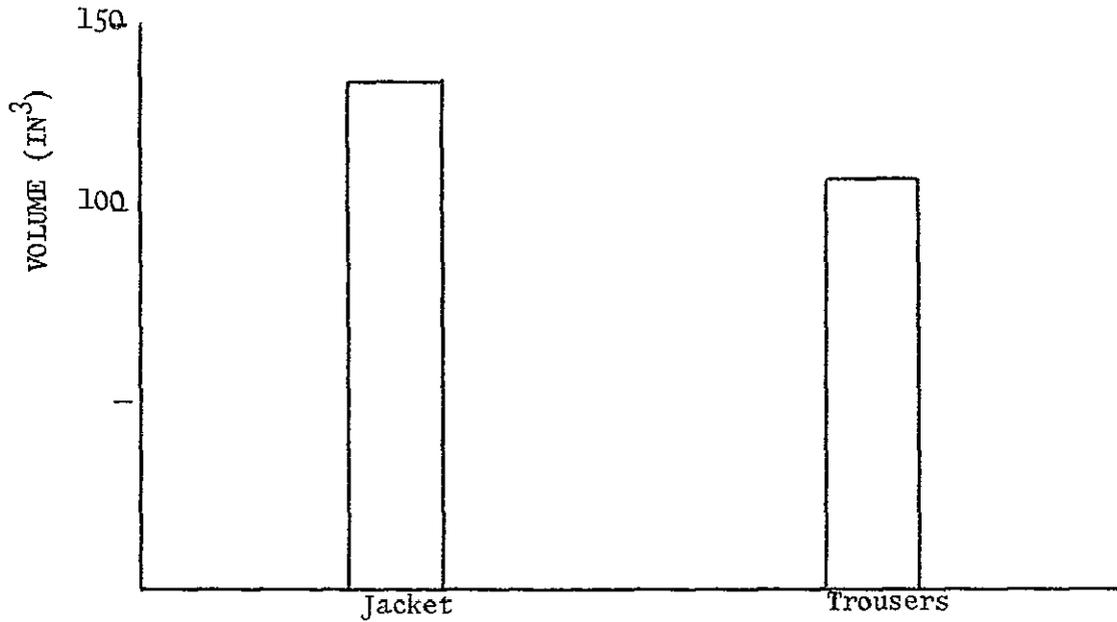
An investigation of vacuum packaging of a typical flight article jacket and trouser combination yielded the results depicted in Figure 5-3.

Consideration must be given to accessory items attached to a garment, ribbing, fasteners, reinforcements and the like, when stacking clothing for packaging. With proper folding and superimposing of various garments, the increase in local thicknesses caused by the accessory items can be minimized.

FIGURE 5-3 SAMPLE VACUUM PACKAGING

(Cotton Flight Garment)

(a) STANDARD FOLDED CONFIGURATION



(b) VACUUM PACKAGED CONFIGURATION

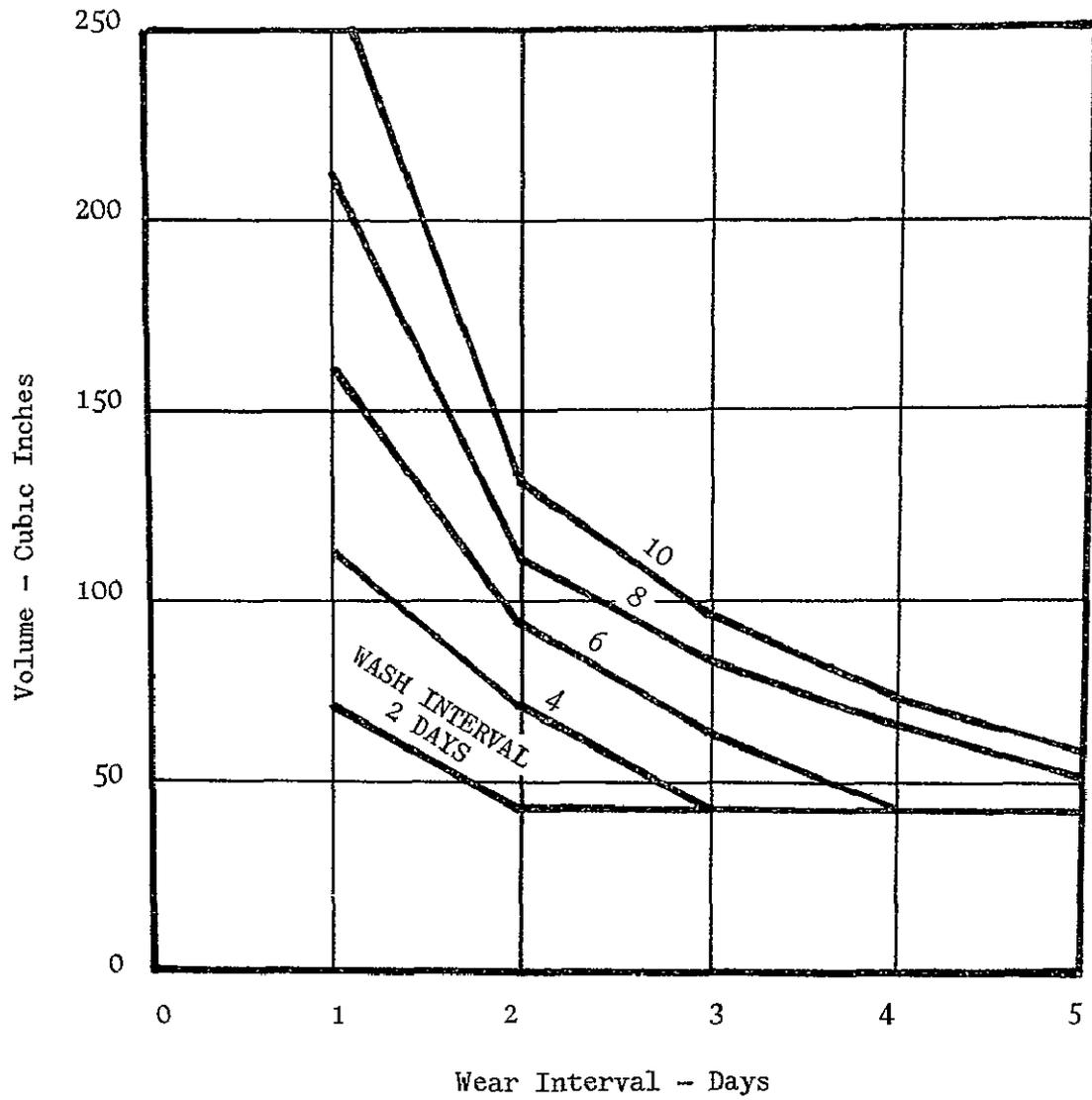


TYPICAL FOLDED VOLUME EXAMPLES

Figure 5.4 shows the typical volume requirements as a function of wear cycle for a single crew member. These values are based upon vacuum packed garments with ribbed cuffs, and reinforcements. Since there is more than one of each item of the wardrobe, proper folding and superposition is applied.

An assumption is made that regardless of the wash interval, two jackets and two pairs of pants will be supplied for a crew member. Figure 5-4 shows that this quantity is the minimum number possible.

FIGURE 5-4 PACKED VOLUME REQUIREMENTS OF UNDERWEAR FOR A CREW MEMBER



Briefs, Socks, T Shirt

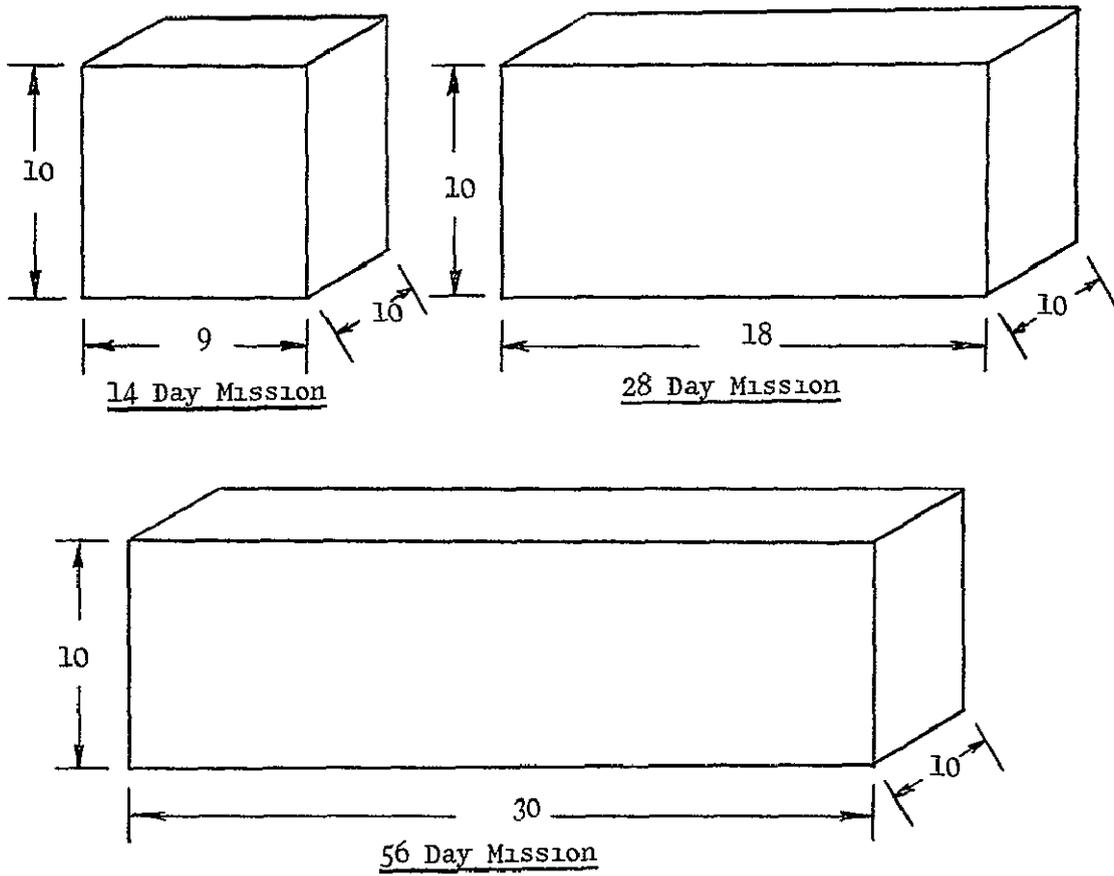
GARMENT TRANSFER ENVELOPES

After a crewman's wardrobe has been packaged, it must be transferred to the space station. This requires a definition of the garment transfer envelopes to enable interfacing the clothing system with the transfer vehicle.

Examples of the transfer envelopes associated with the Skylab garment system are presented in Figure 5-5.

<u>Garment</u>	<u>Mission Duration</u>		
	<u>14 Day</u>	<u>28 Day</u>	<u>56 Day</u>
Trousers	2	4	8
Shirts	5	9	14
Jackets	2	4	8
Briefs	7	14	28
Socks (pr.)	7	14	28
Shoes	1	2	2
Gloves	1	1	1

FIGURE 5-5 GARMENT TRANSFER ENVELOPE



SECTION 5.2 SPACE STATION DESIGN CONSIDERATIONS

The design of space station accommodations will be influenced by the crew and their clothing. Consideration of a crew member's wardrobe in the design of the vehicle should take into account the following items.

Don-Doff Envelope

Clothing Storage Area and Restraints

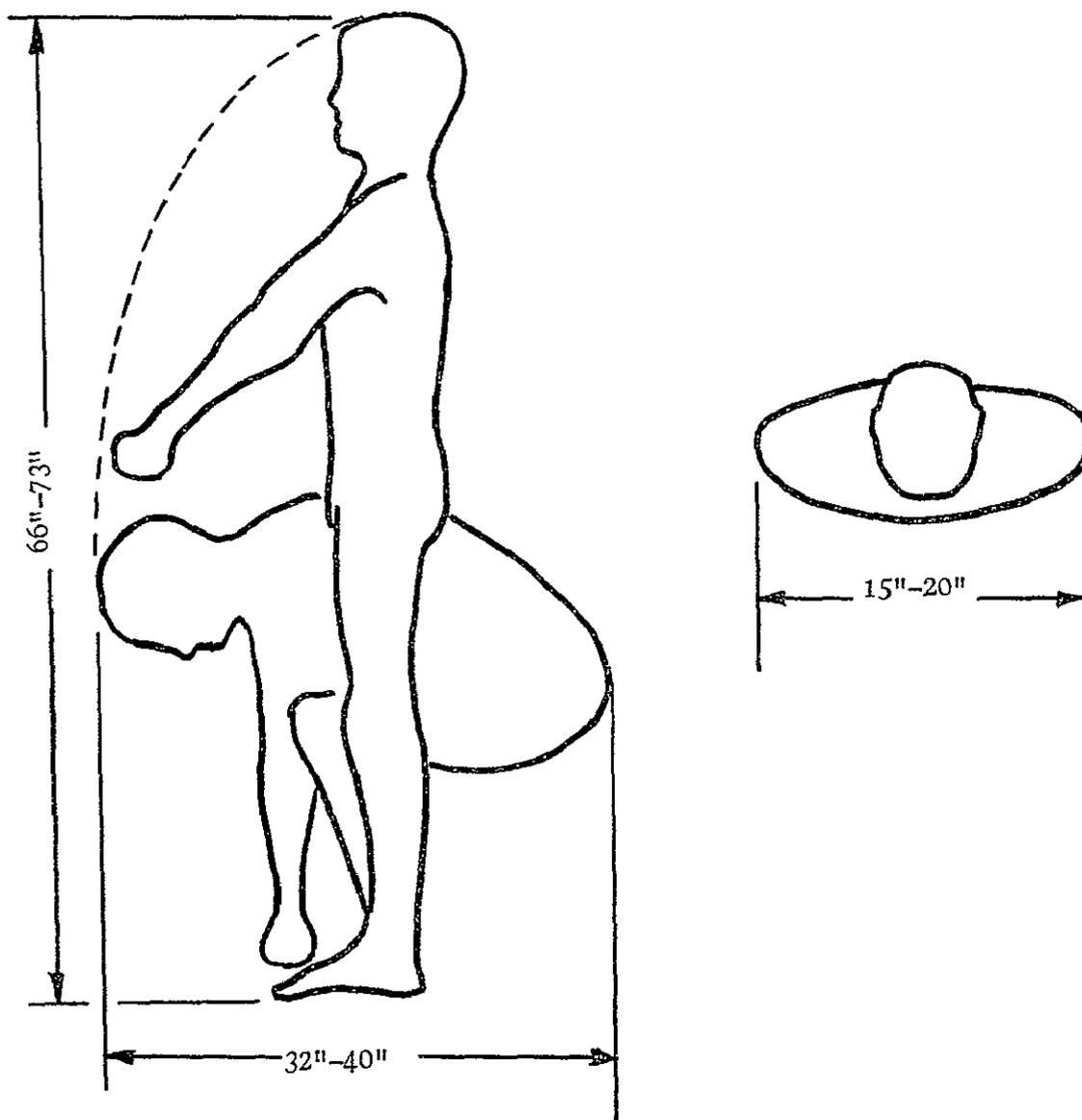
Crew Restraints

Each of these areas are discussed in the following paragraphs.

DON-DOFF ENVELOPE

The maximum and minimum dressing envelopes of a 95th & 5th percentile crew member are presented in Figure 5-6. This envelope is based upon the premise that there shall be no restriction to the motion of dressing.

FIGURE 5-6 DON-DOFF ENVELOPE



Reference, 2,4

CLOTHING STORAGE

Once a crewman's clothing and effects have been transferred from the entry vehicle to the space station, they are to be stored in a more permanent fashion. The two basic requirements for a storage area are:

1. Maximum use of space available
2. No degradation in garment appearance

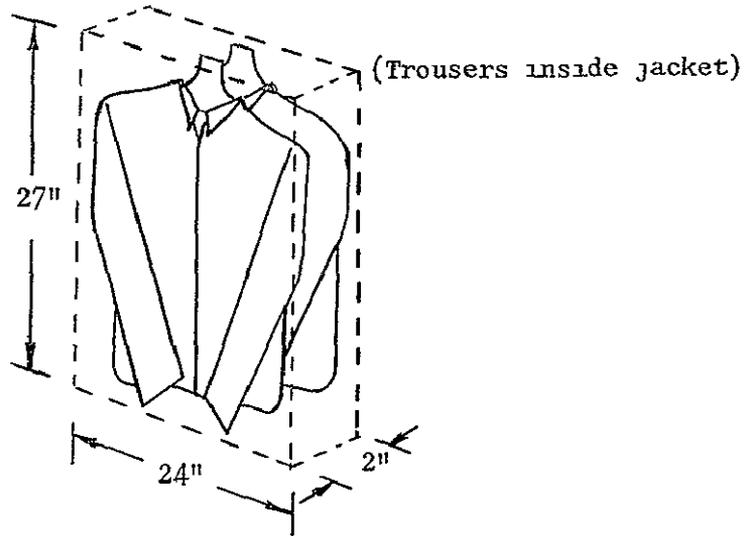
Storage compartment design should consider the total number of items that will accompany a crew member. This includes personal effects, medical and hygienic items. Recognizing that these items will vary in quantity and size, the compartment concepts contained herein are based upon garments alone. Storage of items in a space vehicle is a subject for a design study by itself. Figure 5-7a presents the typical volume (and envelope) requirements for a jacket and pants combination. It is assumed that the only items requiring hanging are these and that the remaining garments may be stored in a folded condition.

To simplify the logistics problem of supplying a large space station contingent, garments are packaged in functional groups, i.e., one module will contain a duty garment ensemble, another may contain the leisure garment ensemble. This method will allow selective re-supply of the space station as individual items wear out rather than require the shipment of a complete wardrobe to the space station.

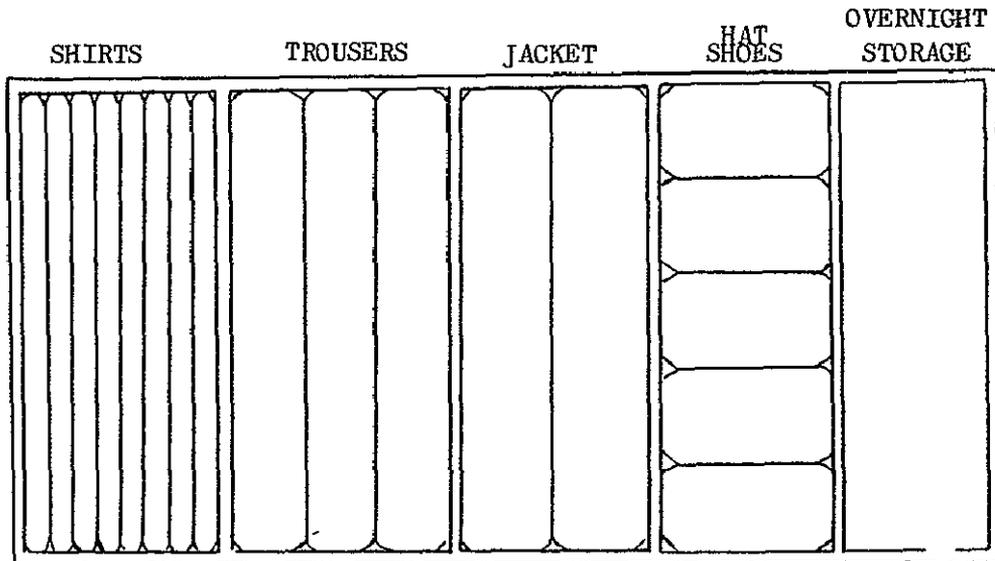
An example of modular storage compartments incorporating combined transit/storage capability is shown in Figure 5-7b with the use of a transit carrying case for a locker door. The case offers storage space for the folded and personal items while in orbit.

FIGURE 5-7 CLOTHING STORAGE

a. JACKET AND TROUSER HANGING STORAGE VOLUME



b. Modular Packaging



DUTY GARMENT

SLEEPING RESTRAINTS

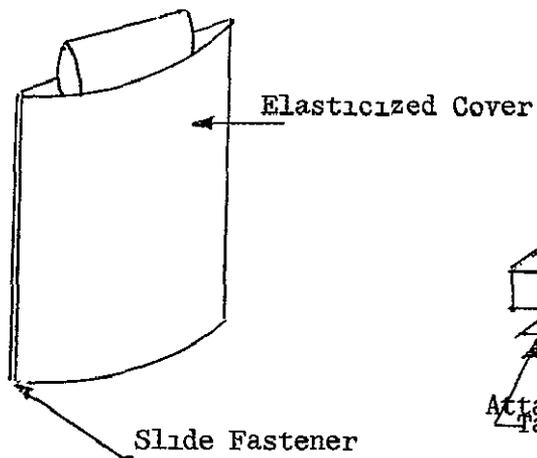
For approximately one-third of the duty cycle, the crew members will be restrained in the living compartment of the station while sleeping. A sleep restraint must contain the qualities of clothing in a thermal sense, and must comfortably contain a man. As in the case of storage, sleep restraint design requires investigation.

Figure 5-8 shows typical sleeping restraints to be used in zero gravity condition. Concepts may be folded and rolled into a smaller envelope and stowed when not in use.

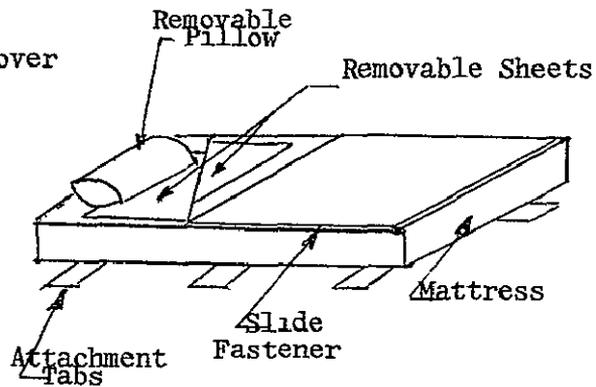
The basic design criteria for a sleep restraint is to contain a man in a soft, comfortable envelope while allowing quick escape provisions. Hook and pile or slide fasteners accomplish this function. The proper drape effect may be obtained by constructing layers of material such as in a quilt. With proper drape and softness, there is no need for crew bed clothes.

FIGURE 5-8 SLEEP RESTRAINTS

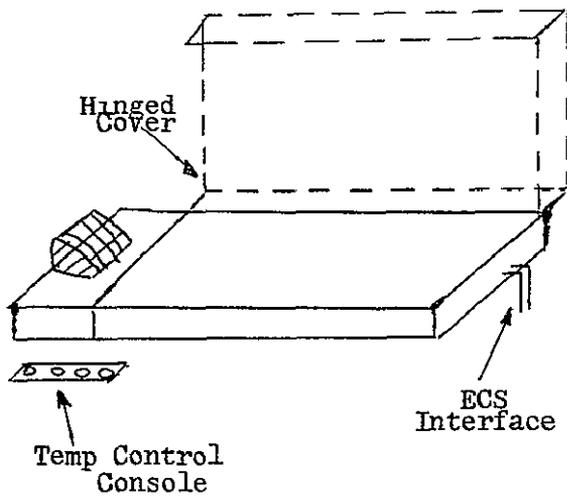
(a) Sleeping Bag



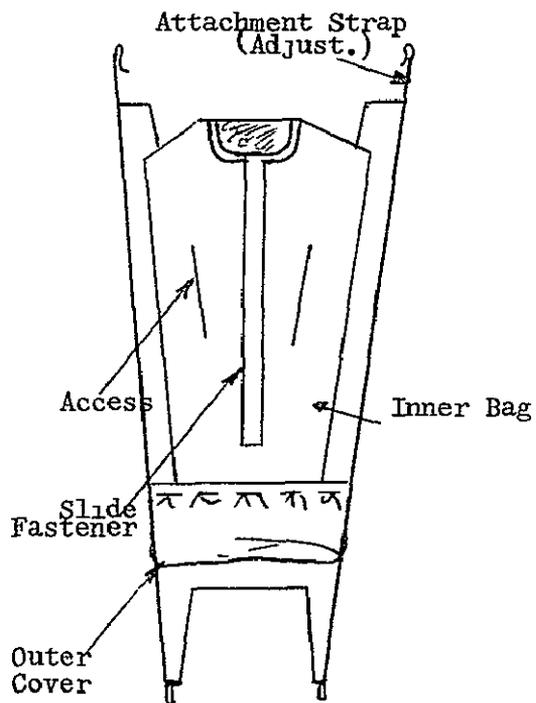
(b) Inflatable Mattress



(c) Temp Controlled



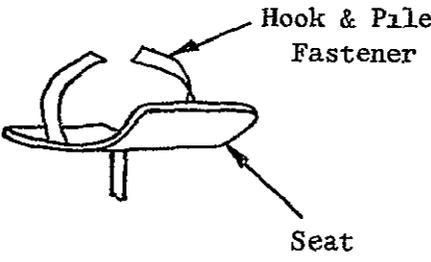
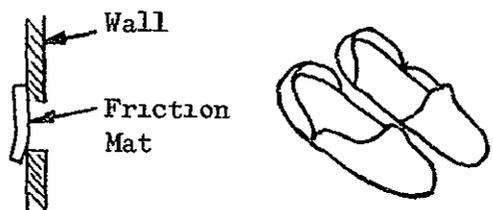
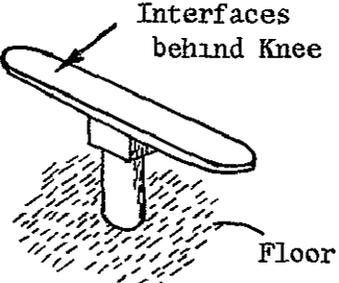
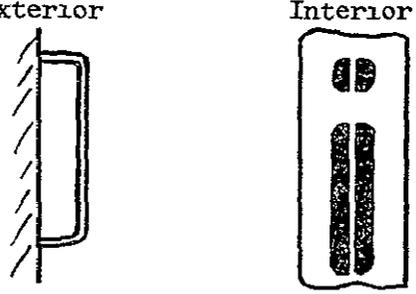
(c) Cocoon



CREW RESTRAINTS

In a zero gravity space station, the crew will require restraints to hold them in a given location while performing a task. The types of restraints and their designs will be determined by the particular activity and interface with the vehicle. Since the restraints are an integral portion of vehicle (station) design, Figure 5-9 presents a small portion of the presently conceived types of restraints.

FIGURE 5-9 RESTRAINT DEVICES

TYPE	DESCRIPTION	USES
<p>Pelvic Restraint</p>	 <p>Hook & Pile Fastener</p> <p>Seat</p>	<ul style="list-style-type: none"> .Long Period Station Restraint .Operations requiring both hands free. <ul style="list-style-type: none"> -footwear donning -upper torso clothing -duty, leisure, eating
<p>Foot Restraint</p>	 <p>Wall</p> <p>Friction Mat</p> <p>Wall Type</p> <p>Dutch Shoe</p>	<ul style="list-style-type: none"> .Momentary Restraint <ul style="list-style-type: none"> -dressing -temporary tasks
<p>Kneeling Restraint</p>	 <p>Interfaces behind Knee</p> <p>Floor</p>	<ul style="list-style-type: none"> .Special Tasks .Exercise
<p>Hand Hold</p>	 <p>Exterior</p> <p>Interior</p>	<ul style="list-style-type: none"> .Steady body locomotion through vehicle .Dressing, Duty <ul style="list-style-type: none"> -general purpose

SECTION 5.3 INTERFACING SYSTEMS

The garments of a crew will be one of two types, disposable or reusable, depending upon the mission involved. To date, the garments used in space missions have been the former. With increasing crew sizes and mission times, however, the weight and volume penalty of "throw away" garments becomes a major consideration. With the use of cleanable and maintainable garments, ancillary equipment is required that is not presently employed in space vehicles. This equipment consists of such items as a washer, dryer, shape retainer frames, mending provisions, and stain removal provisions.

This section presents an overview of the systems required to support a garment system in a space station. The items considered are

1. Criteria for Establishment of a Cleaning System
2. Cleaning System Penalties
3. A typical Cleaning System Layout
4. Typical Laundry System Concepts
5. Detergents
6. Ancillary Items to a Garment System

The need for a cleaning system on board a space station is determined by several variables.

The wear rate, (discussed in Section 4), the number of crew men, and the mission duration are the primary considerations. In the following figures each of these variables are treated so that a decision may be made for the use of a cleaning system.

REQUIREMENTS FOR A CLEANING SYSTEM

The trade off between a cleaning system and a disposable garment approach is based upon the following consideration

The weight of a disposable garment approach is a function of the basic item weight and the wear interval. The wear rate (established by dividing the fixed weight of an item by the wear interval) is computed for a total wardrobe for each crew member and multiplied by the number in the crew. This is presented in equation form below

$$WR_{\text{total}} = N \times \left(\frac{W_{\text{shirt}}}{WI} + \frac{W_{\text{jacket}}}{WI} + \text{etc} \right)$$

where

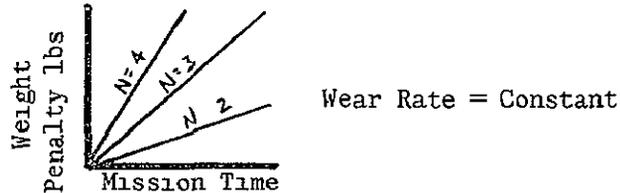
WR = Wear Rate (lb/day)

N = Number in crew

W = Weight (lbs)

WI = Wear Interval (period between changing) days

The weight penalty as a function of mission time appears as a straight line for each crew member (with a constant wear rate)



The weight of a cleaning system approach consists of the fixed weight of the washer/dryer, the weight of water, a water reclamation unit and the garment fixed weight. The weight of each of these is a function of the total wear rate, which, on an average basis, must equal the total laundry rate

Figure 5-10 presents the relationship between the average laundry rate and the required size of the washer internal volume. Several variables affect the size, and are explained below

CT - Total cycle time (washing and drying)

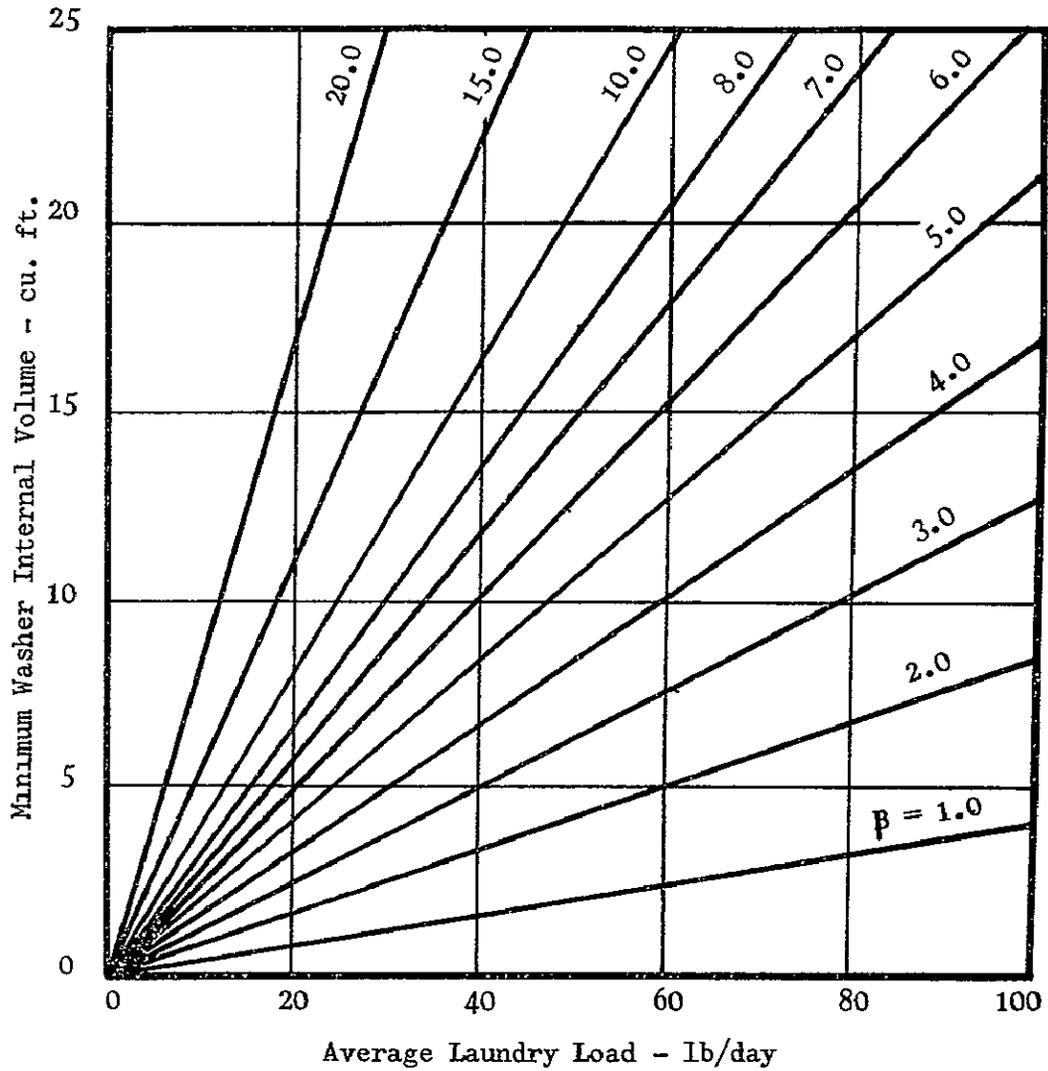
LF - Loading factors, lb/ft^3 the amount of clothing cleaned per cubic foot of washer or dryer (ranging from 2 lb/ft^3 for a dryer to 5 lb/ft^3 for a washer)

UF - Usage factor, the percentage of hours of operation per day

Since each of these items influence the size (and weight) of a washer/dryer, the rationale of their selection is an important factor in cleaning system penalty

The weight penalty for a typical laundry system is shown in Figure 5-11. The weight is based upon the internal volume of the washer of the type shown

FIGURE 5-10 CLEANING SYSTEM WASHER/DRYER VOLUME



$$\beta = \frac{(CT)}{(LF)(UF)}$$

where

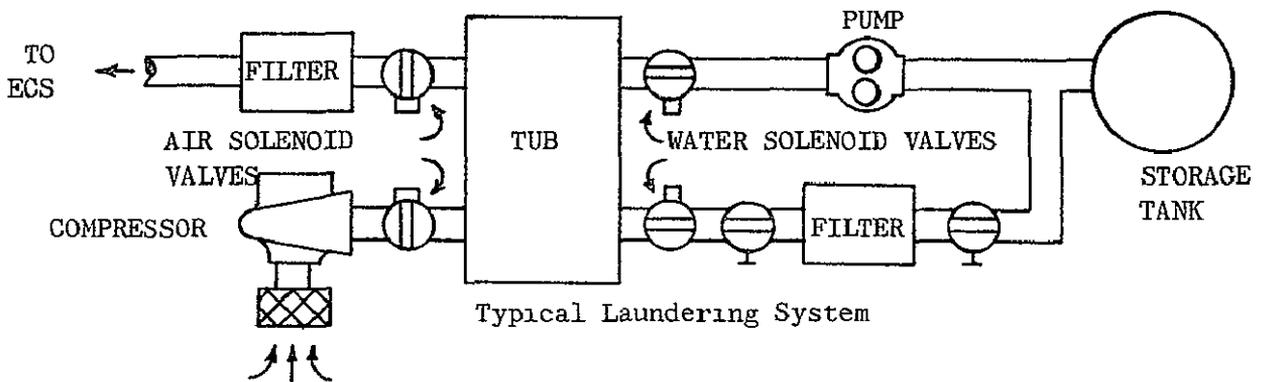
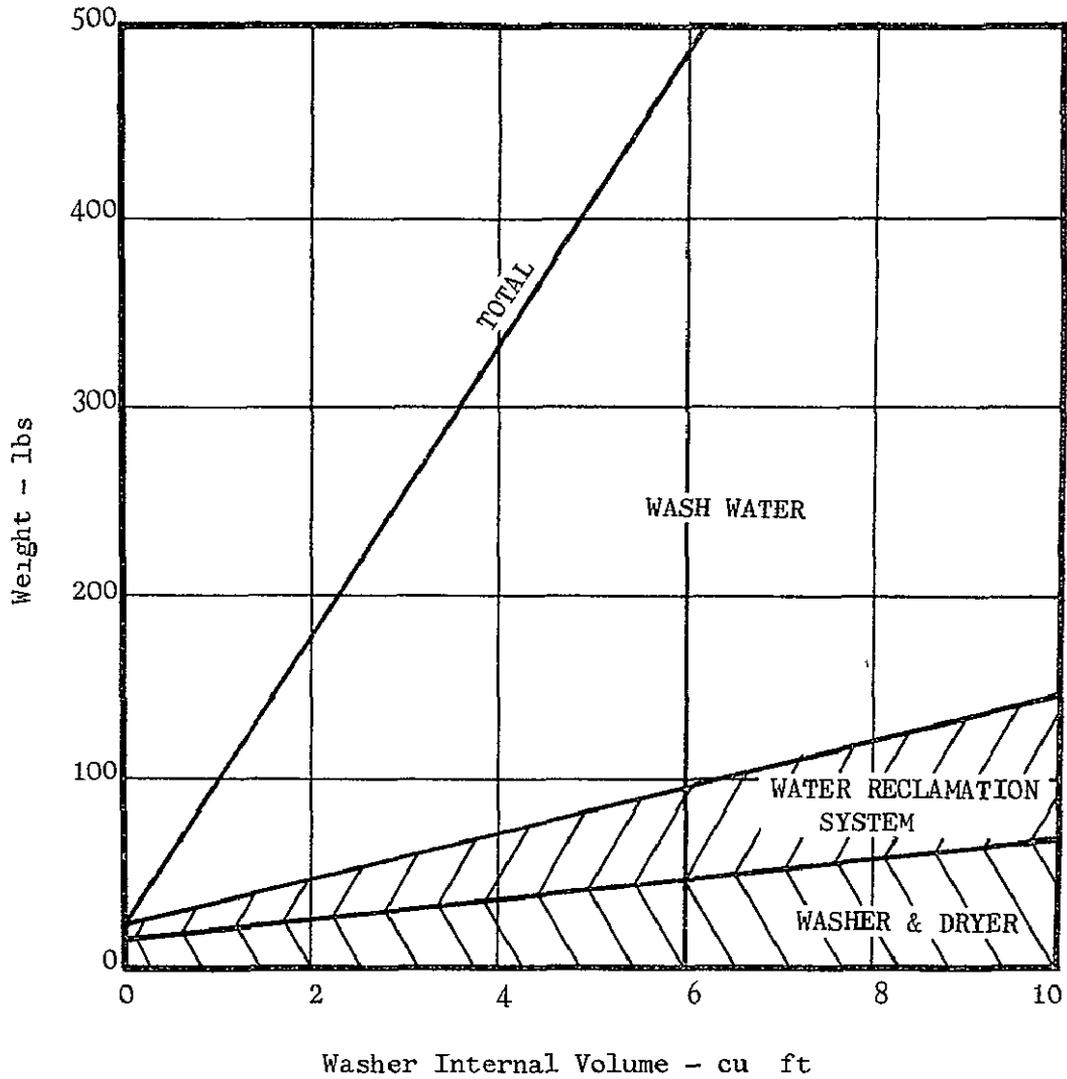
CT = Total Cycle Time

LF = Loading Factor - lb/ft³

UF = Usage Factor - % (hrs operated/day)

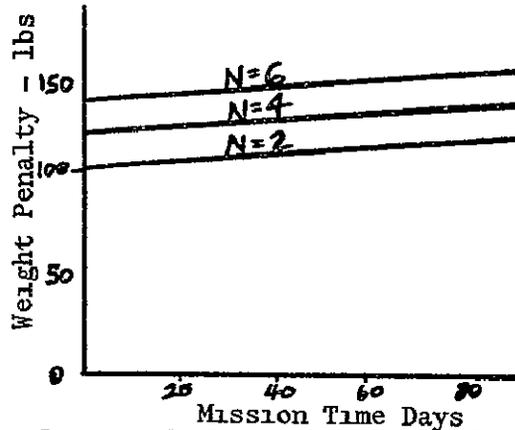
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FIGURE 5-11 LAUNDRY SYSTEM FIXED WEIGHT PENALTY

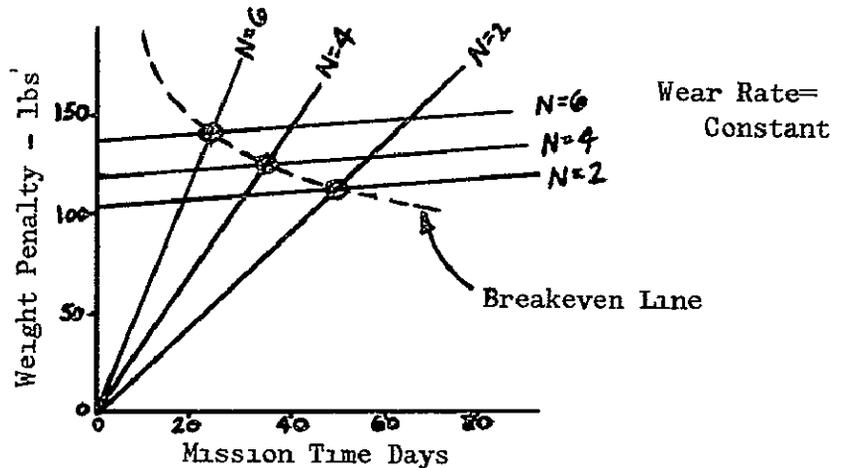


LAUNDRY SYSTEM TRADE OFF

The weight of a laundry system as a function of mission time and crew number (N) depends primarily upon the fixed weight since the only time dependent expendable weight is due to the detergent quantities.



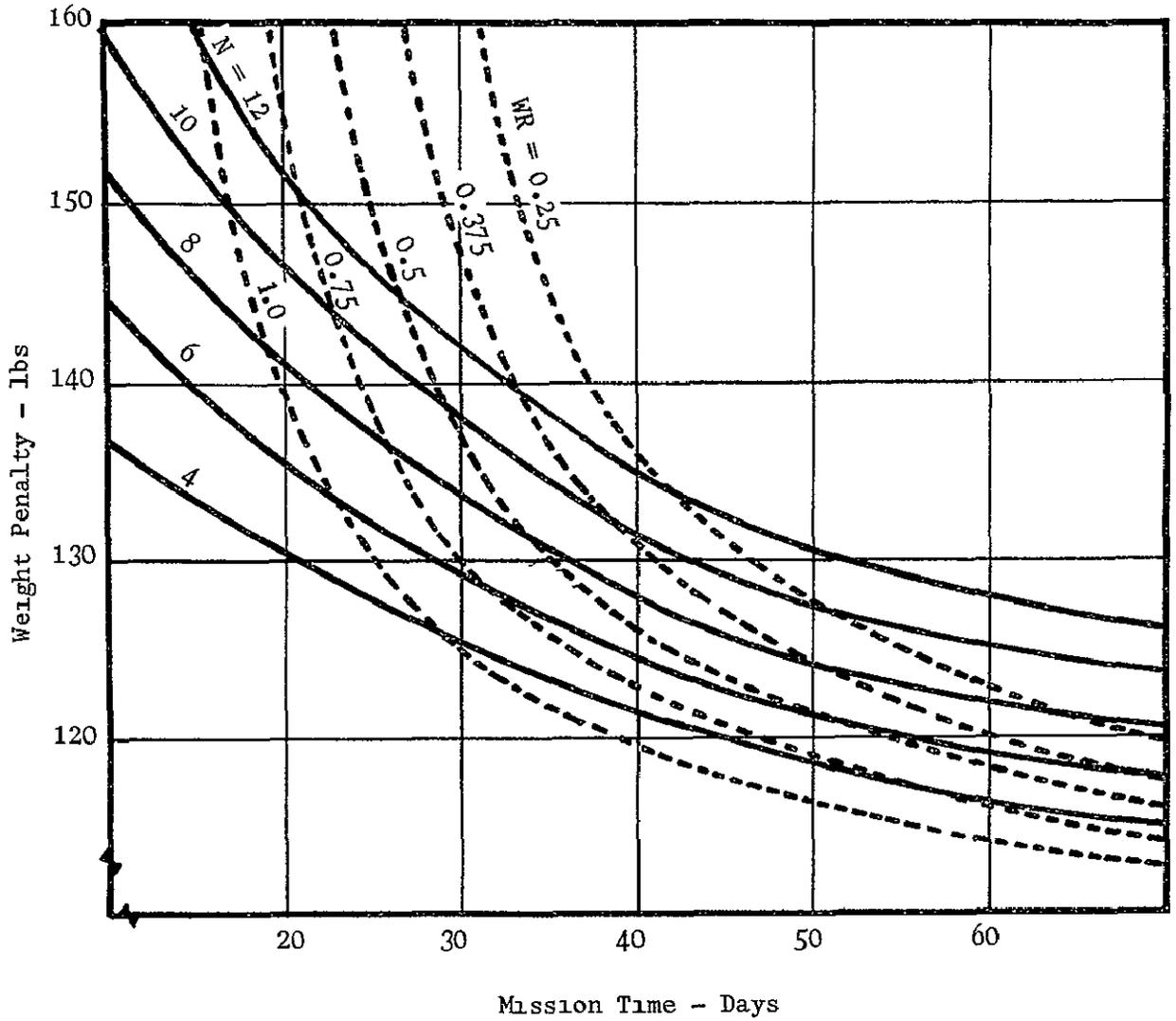
The weight values includes the penalty of the washer and dryer, water storage and reclamation hardware. Superimposing this curve over the characteristic curves of the disposable garment system, a breakeven point is reached for each crew member.



This means that with a given crew size and mission length, if the point falls to the left or below the breakeven line, a disposable garment system should be employed. If the point lies to the right or above the line, a laundry system should be used. Figure 5-12 shows a trade off graph applicable for variable wear rates and crew sizes for which the same methods apply. With a given crew size and wear rate, the breakeven mission time may be obtained.

FIGURE 5-12 LAUNDRY SYSTEM - DISPOSABLE GARMENT EVALUATION

(BREAKEVEN POINTS)

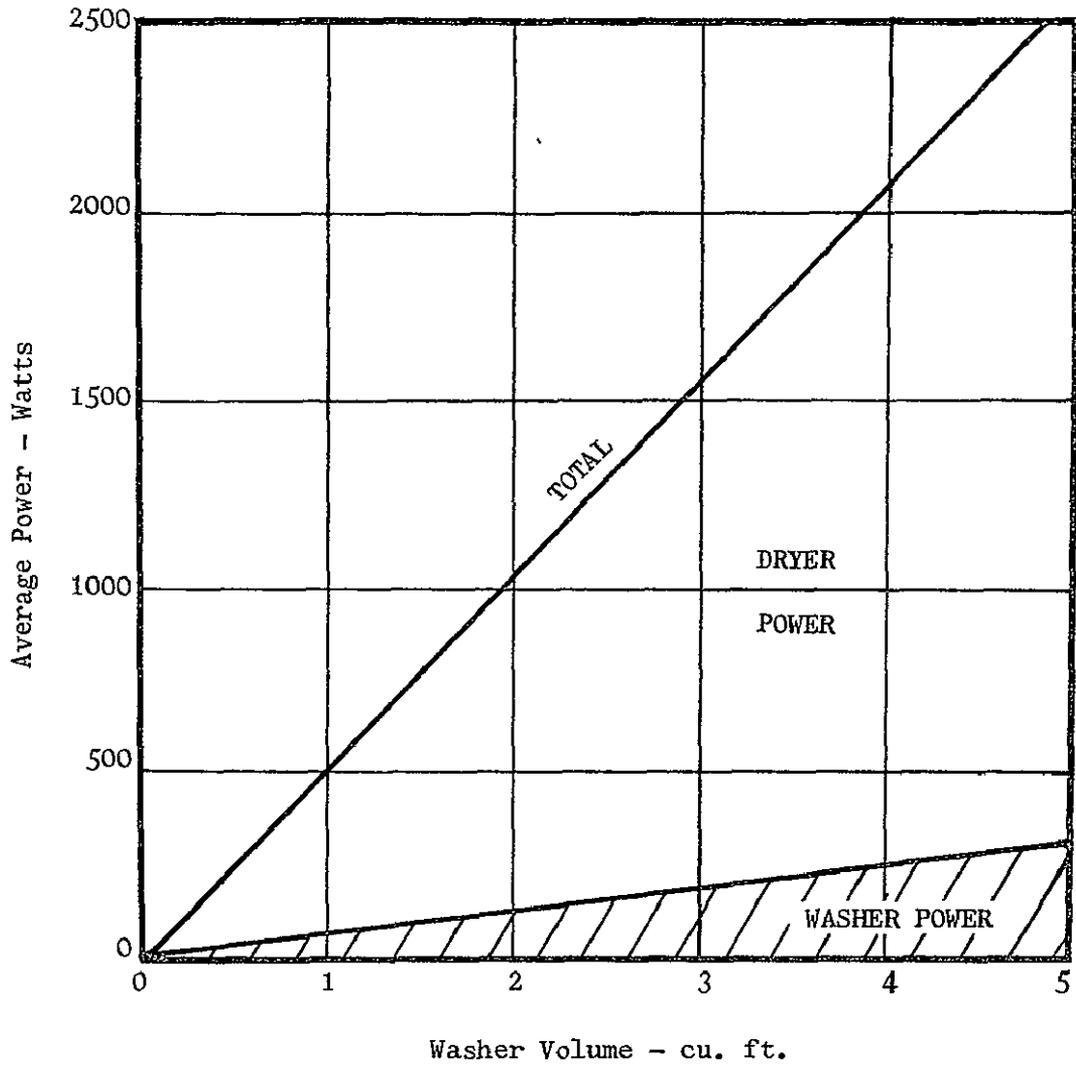


N = Number of Crewmen
WR = Wear Rate - lb/man day
Free Power

LAUNDRY SYSTEM POWER

The power penalty of a laundry system is due to both the operation of the washer and controller and the heat required for evaporation of water from the clothing during a drying operation. Although clothing can be dried with other methods than by heat, heat allows the least-time method of drying. The penalty of heat addition is relatively low with a nuclear power system when time-shared with other station equipment. Figure 5-13 shows the breakdown of power required to run a washer/dryer. For circumstances that do not allow time sharing, or a power system with a substantial penalty, this penalty must be added to the fixed weight and evaluation of a laundry system.

FIGURE 5-13 POWER REQUIRED FOR A WASHER/DRYER

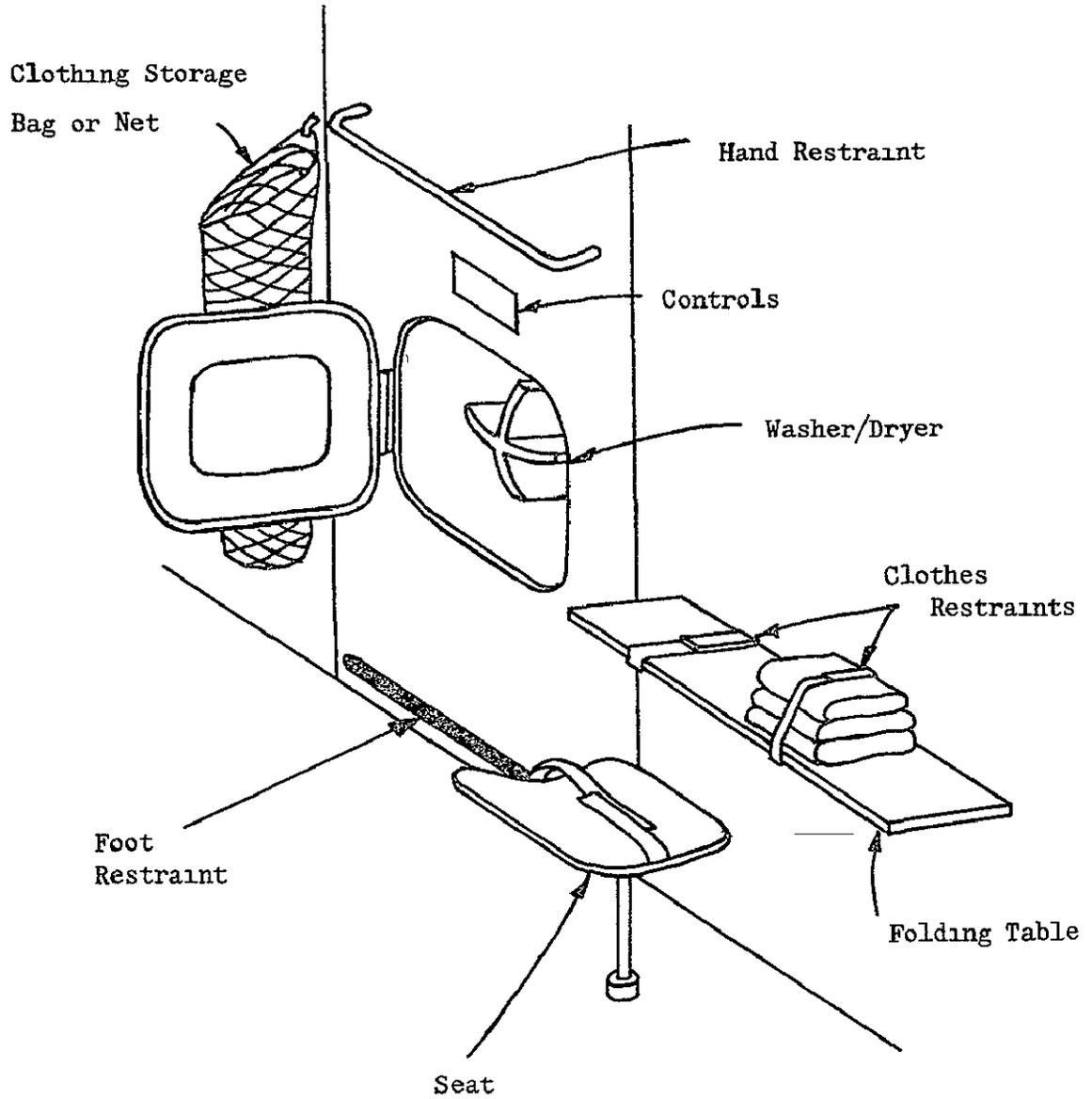


Total Cycle Time - 1.4 hours

LAUNDRY SYSTEM AREA

The laundry system area in a space station is typified in Figure 5-14. Included in this workspace are a washer/dryer, detergent dispenser, laundry bag stowage area, and crew restraint hardware. An oscillating type of washing machine is shown as an example of installation in a space station. The selection of a laundry system is by itself a subject worthy of extensive study beyond the scope of this handbook, however, a general discussion of laundry systems is presented in this section.

FIGURE 5- 14 TYPICAL LAUNDRY SYSTEM AREA



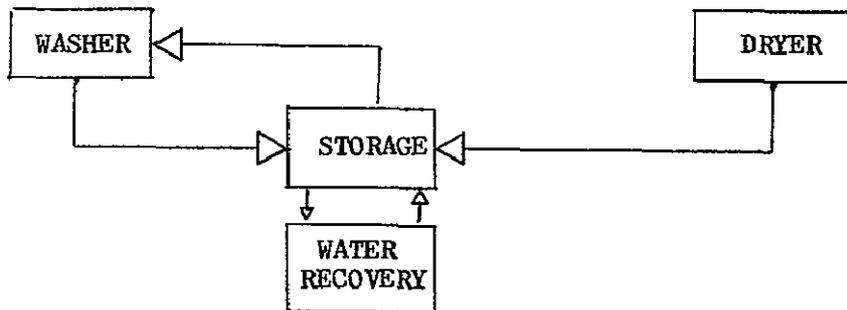
TYPICAL LAUNDRY SYSTEM CONCEPTS

This section presents an overview of laundry systems that are presently within the state-of-the-art and could be considered for space station use.

To arrive at the laundry systems outlined herein, the following assumptions were made which are typical of a large space station.

- (a) Laundry load size 20 pounds
- (b) Crew size 12 men per laundry system
- (c) Solvent Water

The typical laundry system functional diagram is as follows:



AUTOMATIC LAUNDRY SYSTEMS

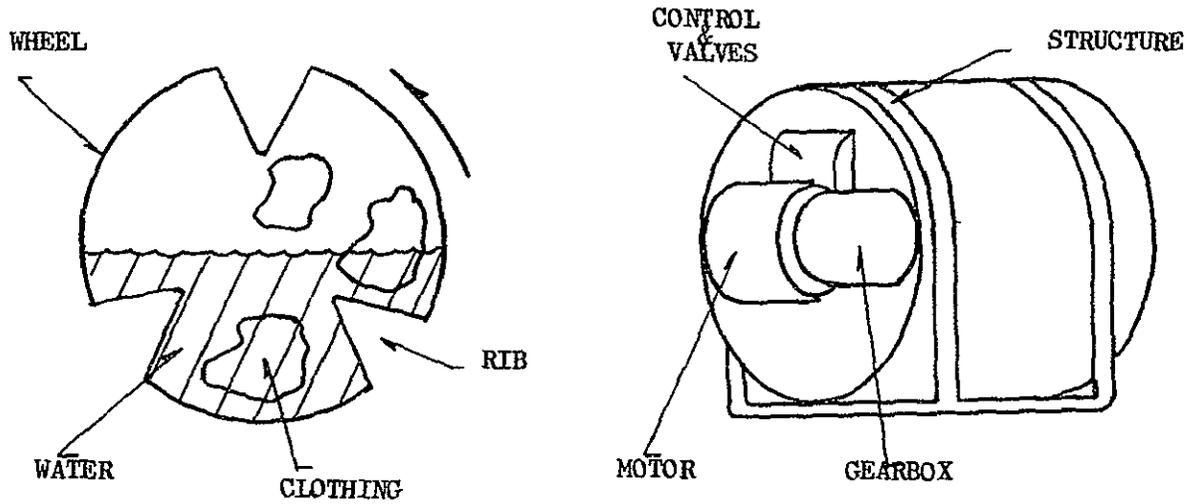
The laundry systems presented in this section are as follows:

- (a) Rotary system with water solvent
- (b) Oscillatory system with water solvent
- (c) Rotary system with hydrocarbon solvent

These systems were selected for evaluation due to their applicability to space station use. The systems outlined have been used in earth based operations for the cleaning of fabric items.

The following figures and tables contain the information pertinent to laundry systems.

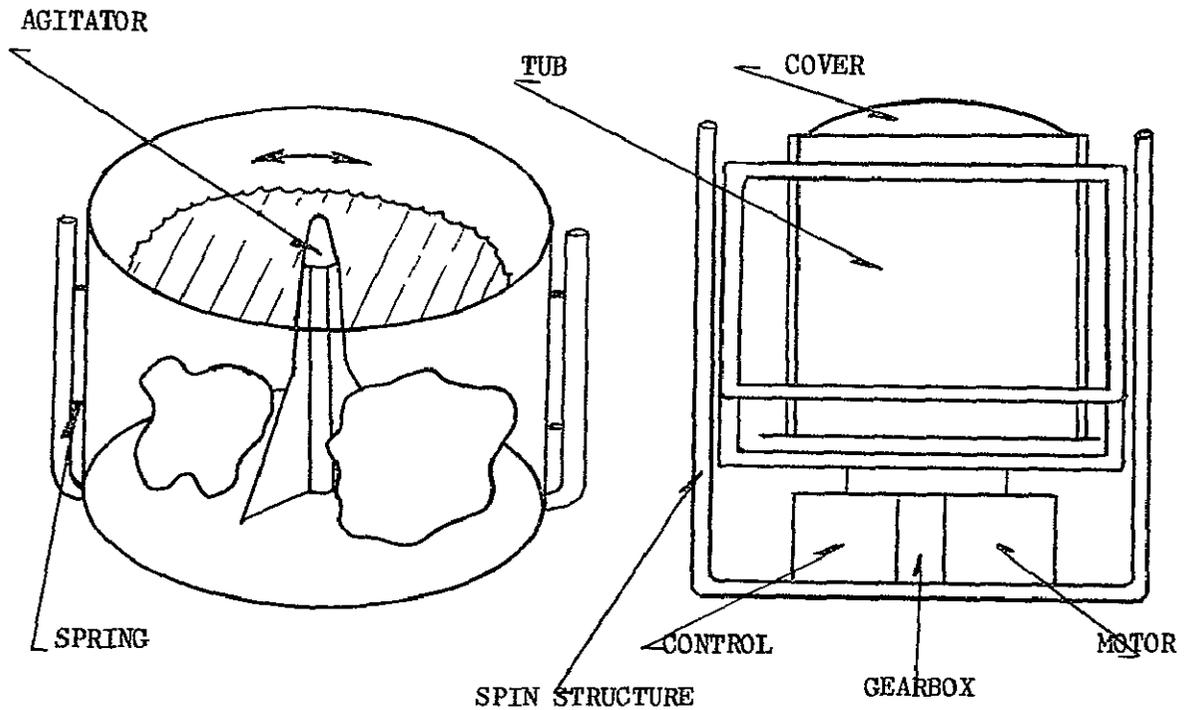
FIGURE 5-15 ROTARY SYSTEM - WATER SOLVENT



FEATURES

LOAD FACTOR	-	2.5 LB/FT ³
WEIGHT	-	50 LBS.
TUB VOLUME	-	8 FT ³
POWER	-	345 WATTS
WATER		
SUDS	-	190 LBS.
RINSE	-	140 LBS/CYCLE

FIGURE 5-16 OSCILLATORY SYSTEM - WATER SOLVENT

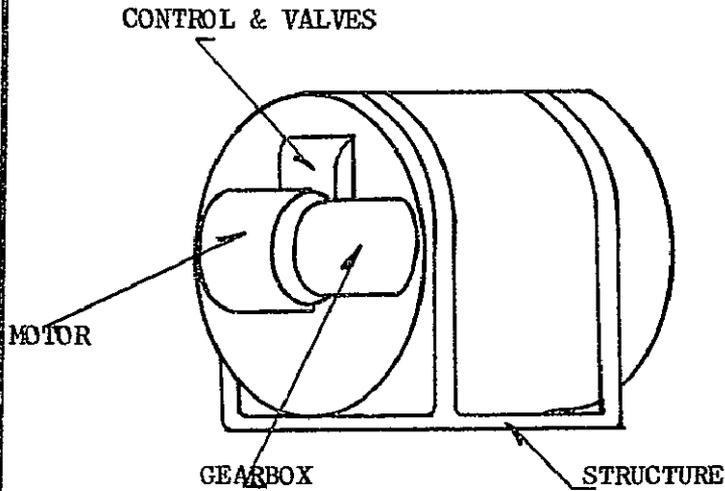


FEATURES

LOAD FACTOR	-	3.3 LB/FT ³
WEIGHT	-	44 LBS
TUB VOLUME		6 FT ³
POWER		535 WATTS
WATER		
SUDS		300 LBS
RINSE		250 LBS.

DOES NOT REQUIRE GRAVITY

FIGURE 5-17 ROTARY SYSTEM - HYDROCARBON SOLVENT



SOLVENT
 CHLORINATED HYDROCARBON
 PERCHLOROETHYLENE
 CARBON TETRACHLORIDE

CYCLE
 CONTINUOUS FLOW CYCLES
 WASH AND RINSE

FEATURES

LOAD FACTOR	-	2.0 LB/FT ³
WEIGHT	-	62 LBS
TUB VOLUME	-	10 FT ³
POWER	-	640 WATTS
SOLVENT		
WASH	-	445 LBS.
RINSE	-	345 LBS.

TABLE 5-1 SYSTEMS COMPARISON

System Criteria	Rotary - Water	Oscillatory - Water	Rotary - Dry
WEIGHT (LBS)	50	44	62
POWER (WATTS)	345	535	640
VOLUME (FT ³)	8	6	10
WATER/SOLVENT (PER CYCLE) (LBS)	330	550	790
REMARKS	Requires Artificial Gravity	Operable In Zero "G"	Possible Hazardous or Toxic Chemicals

FIGURE 5-18 AUTOMATIC LAUNDRY SYSTEM WEIGHT COMPARISON

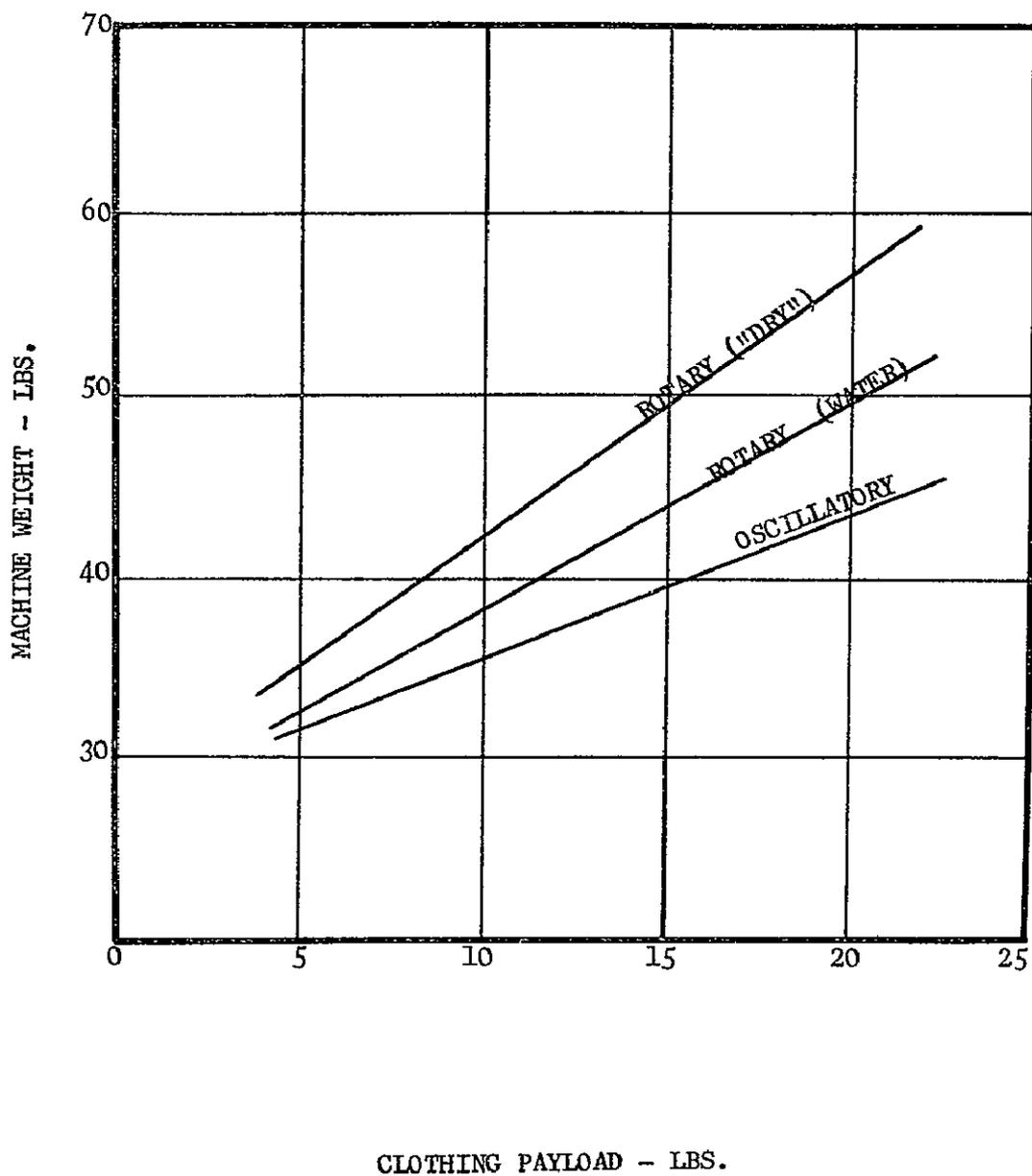
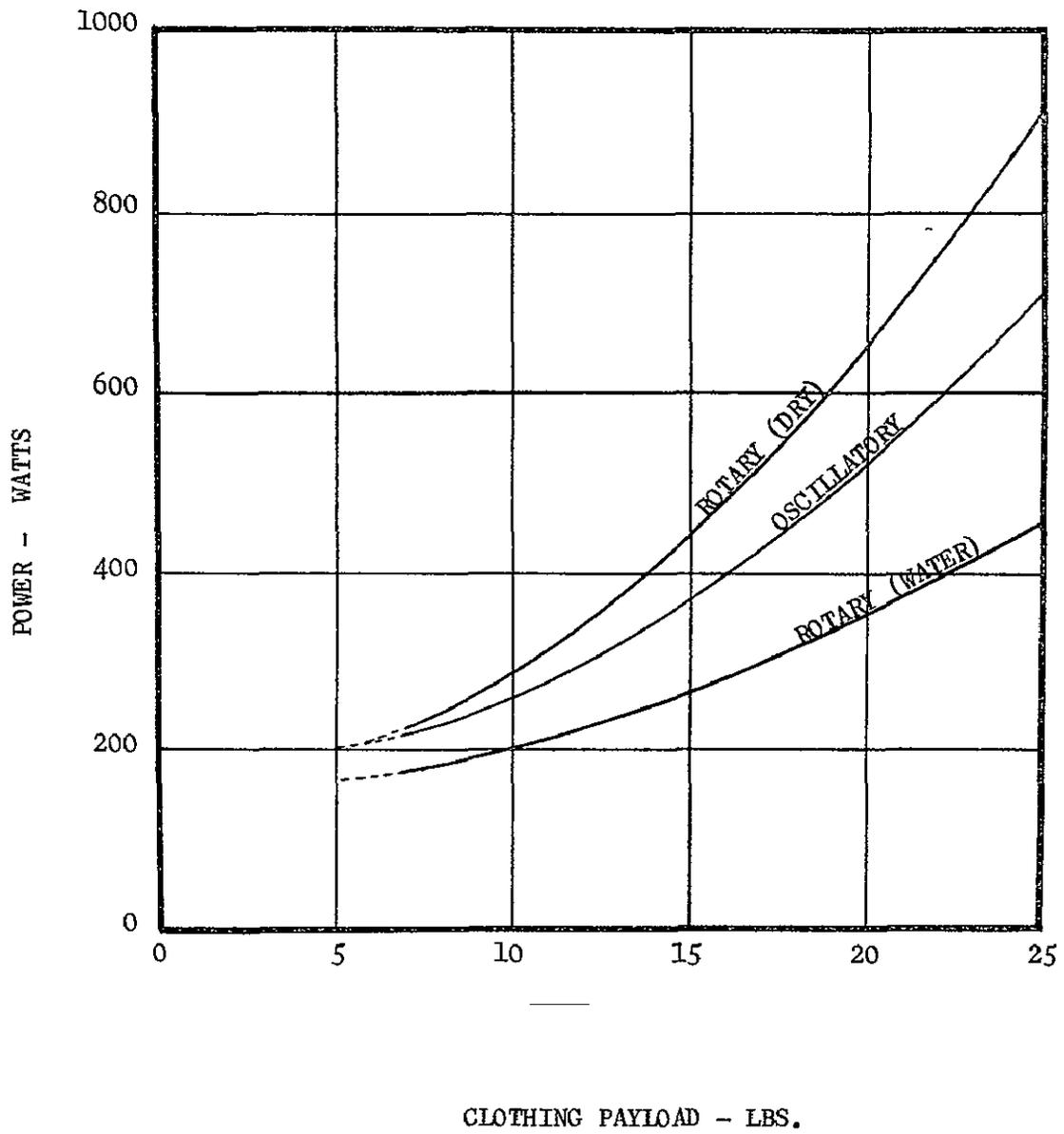


FIGURE 5-19 AUTOMATIC LAUNDRY SYSTEM POWER COMPARISON



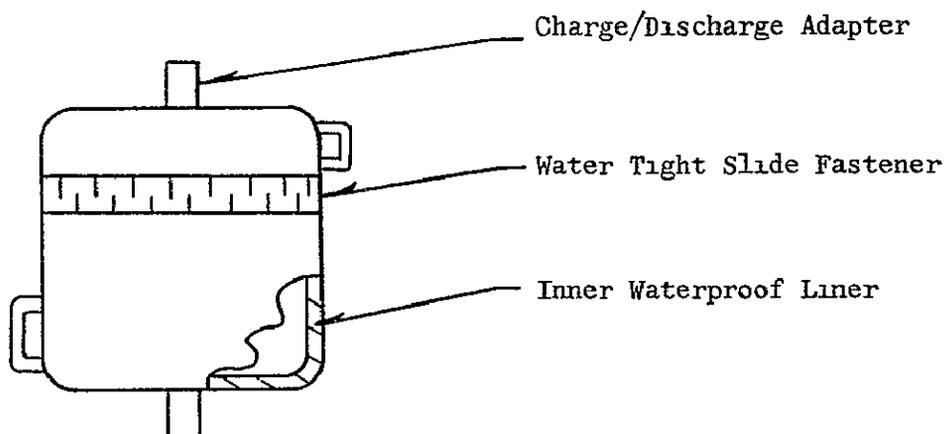
HAND LAUNDRY CONCEPTS

The preceding section discussed candidate laundry systems that are designed for relatively large laundry loads (20 lbs). If a smaller laundry load on the order of 5 lbs. or less is considered, a hand laundry concept would be adequate to satisfy the washing requirements. A system of this type would naturally result in a weight and power savings when compared to the larger units.

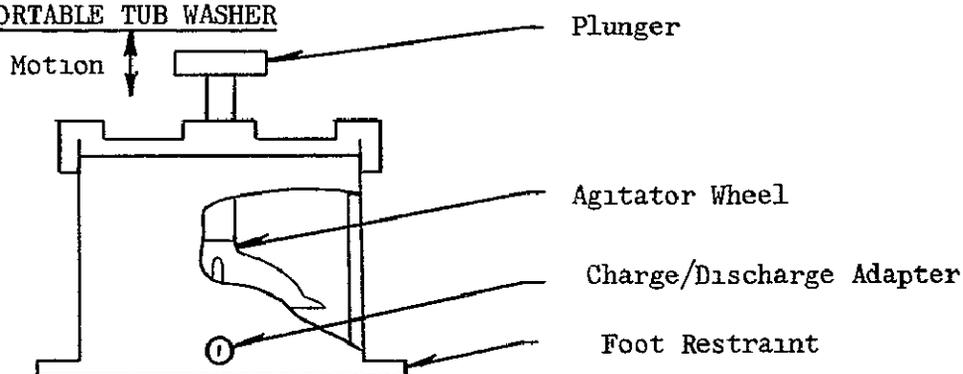
Figure 5 20 depicts several hand laundry concepts that would be adequate to accommodate a wash load composed of light articles such as shirts, socks, and briefs

FIGURE 5-20 HAND LAUNDRY CONCEPTS

(a) FLEXIBLE WATER BAG



(b) PORTABLE TUB WASHER



(c) PORTABLE TUB WASHER WITH ZERO "G" WATER REMOVAL CAPABILITY

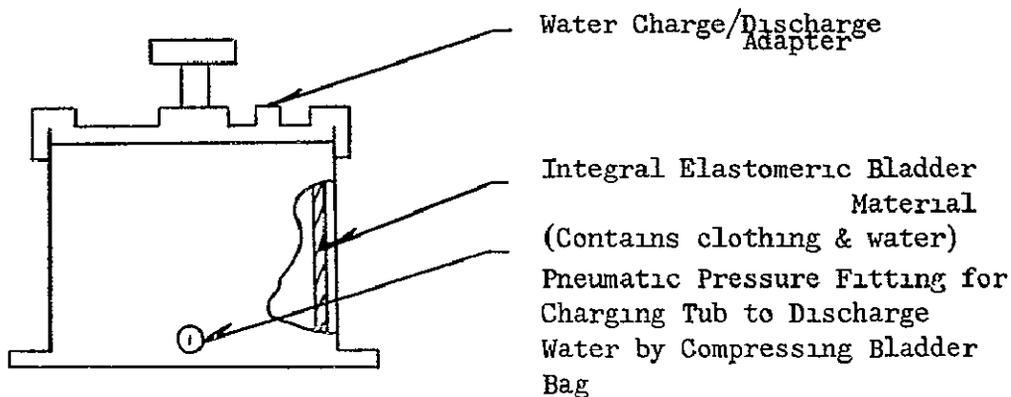
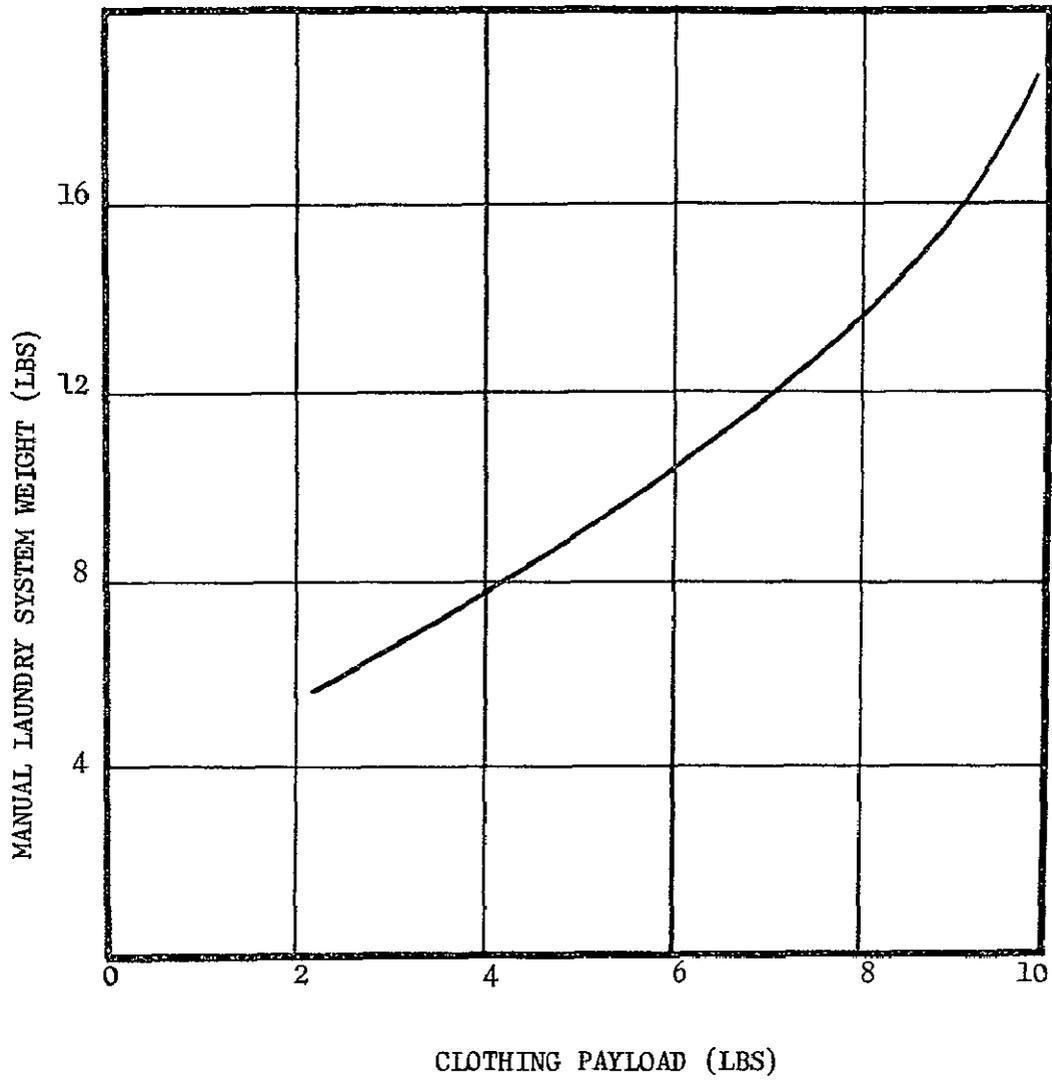


FIGURE 5-21 MANUAL LAUNDRY SYSTEM WEIGHT



DETERGENT ACTION

A discussion of the detergent action in the laundering process must include all the functions that occur during a typical wash cycle. Therefore, this section of the handbook will present a general review of the functions of the following components of a laundering process:

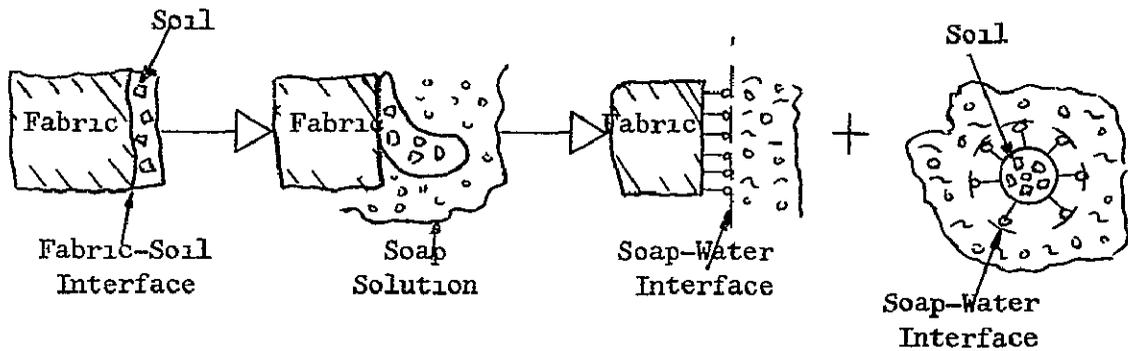
- Water
- Soap or Synthetic Detergent
- Builder
- Heat
- Wash Load
- Soil Type
- Agitation

FUNCTION OF WATER

Water is the most important single component in the system. It serves as the solvent for water-soluble soil, it is the wetting agent that penetrates the soil-fiber interface to replace the soil from the fabric, it is the vehicle for carrying the detergent to the point where it is needed, and it is the vehicle for carrying away the separated soil. Water serves to evenly distribute the mechanical action imparted by the washwheel agitator to the items being washed

FUNCTION OF SOAP OR SYNTHETIC DETERGENT

The principal function of soap or synthetic detergents is to render hydrophobic (non-affinity for water) surfaces hydrophilic (having an affinity for water). This results in the soap or synthetic detergent becoming absorbed by the surface of the soil and the fabric, which creates a detergent-water interface instead of a fabric-soil or soil-water interface. This interface substitution in turn aids the water and applied mechanical action in removing the soil from the fabric and in dispersing the soil and maintaining it in suspension until it is finally removed from the system. The following sketch illustrates the substitution of interfaces:



FUNCTION OF BUILDERS

Builders are additives that increase the performance of detergents thereby reducing the amount of pure detergent required to perform the soil removal process. Specifically, builders enhance the interfacial activity of soaps and synthetic detergents, neutralize acidity in the soil (alkaline builders only to conserve soap and to render acid soil more "soluble"), partially act on saponifiable (capable of being converted into soap) fatty soil (alkaline builders only) to render it more soluble, inhibit hydrolysis (decomposition) of soaps to fatty acids or acid soaps, enhance foam formation and stability, and enhance electrical repulsion between fabric and soil.

Fatty and fatty acid soils themselves can act in similar ways as builders in that after conversion to soap by alkali they then function to increase the performance of a particular detergent. In addition, certain soils adsorbed in suds films may strengthen the films and thus enhance their soil-carrying capacity.

FUNCTION OF HEAT

Basically, heat and the consequent higher wash temperatures permit the use of soaps and synthetic detergents of higher molecular weight which permits effective utilization of a broader source of less expensive materials. Heat also enhances the spontaneous separation of soil from the fabric by decreasing the strength of the adsorptive bonds between soil and fabric, decreasing the viscosity of liquid soil and, thus, the resistance of the soil to shear during dispersion, increasing the solubility of soluble soils, and increasing the rate of reaction and, thus, the extent of reaction in a given time between alkali and acid soil or saponifiable fatty soil. In addition to the benefits derived from heat in the wash process there are ways that heat could be detrimental to the wash process such as increase in the setting tendency of stains, a decrease in solvation of dispersed soil particles, and a decrease in stability of emulsified liquid soil, to name a few. It follows then that any decision to use heat in a wash process and the amount of heat to be supplied, depends on an adequate tradeoff being made between the beneficial and deleterious effects of heat anticipated under the conditions of a particular application.

FUNCTION OF THE WASH LOAD

Fabrics contribute to the detergency action through rubbing and "bumping" together utilizing the mechanical action imparted by the washwheel (Agitator).

FUNCTION OF AGITATION

The chief function of agitation is to impart the mechanical action to the system. In turn, the mechanical action furnishes the energy desirable for aiding in the reduction of the adsorption bonds between soil and fabric thus aiding soil separation, the energy essential to dispersion of soil and the energy required to maintain all except extremely small particles in suspension.

SOAPS

Soaps are surface active agents used to remove, disperse, and suspend solid soils from the surface being cleaned.

Soaps are the salts of a carboxylic acid and an alkali. Only the salts of the higher molecular weight acids - C₁₀ and above - and the monovalent alkalies are useful as cleaning agents. From a practical standpoint, soaps are limited to the sodium, potassium, ammonium, and amine salts of the fatty acid series from lauric (C₁₂) to stearic (C₁₈) or of rosin or naphthenic acids.

Classification of soaps are as defined in Table 5-2.

Soaps of all types are inactivated in acid solutions and are rendered ineffective by water hardness and high concentrations of dissolved salts such as sea water.

TABLE 5-2 CLASSIFICATION OF SOAPS

IDENTIFICATION	BASIC CONSTITUENTS	COMMON USES
1.0 <u>SODIUM SOAPS</u> Tallow Soaps	Chip, flake, bar, and powder made from refined animal fats.	Most common soaps for general use Good detergent for use at high temps.
"Castile" Vegetable Oil Soaps	Bars, pastes, and liquid made from olive oil (pure castile) or corn or cotton seed oils.	Mild detergent for use involving hand work.
Coconut Oil Soaps	Usually liquid soaps of high foaming power.	General use. May irritate some skin
Tall Oil Soaps	From tall oil (a paper making by-product) contains about 50% fatty acid soaps the balance resin-acid soap	General use. Low cost soap
Rosin Soaps	Dark color, soft soap	Inexpensive for many uses. Frequently used with tallow soap to form yellow soap
2.0 <u>POTASSIUM SOAPS</u> Liquid Scrub Soaps	Solutions of potash soaps from animal and vegetable fats	General use in hand work
Coconut Hand Soaps	Liquid skin soaps from palm and coconut fatty acids.	Used in wash rooms and as coconut shampoo.
Mixed Base Soaps	Soaps derived from mixed coconut and vegetable fats or from coconut fatty acids and oleic acid.	Personal use - Hands - Shampoo
3.0 <u>AMINE SOAPS</u>	Made directly from the fatty acids	Used in degreasing and cleaning metal parts (Amine soaps)

SYNTHETIC DETERGENTS

Synthetic detergents are surface active agents capable of removing, dispersing, and suspending solid soils from the surface being cleaned. Detergents are surface-active agents which, in addition to lowering the surface tension of their solutions and promoting "wetting out" of soil particles, have the property of deflocculating (breakingdown) soil aggregates and keeping them in suspension in the waste water. This allows rinsing action to be carried out without redepositing the soil on the fabric.

Detergents achieve their superior surface activity by an exacting ionic or colloidal balance between the water-soluble portion of the structure called the hydrophile and the water-insoluble portion called the hydrophobe. If the compound is too hydrophilic, the produce is a wetting agent without significant detergency - if too hydrophobic, an emulsifier is produced.

Table 5-3 depicts the classification of detergents together with typical detergent compounds and their relative performance as a detergency agent.

TABLE 5-3 CLASSIFICATION OF SYNTHETIC DETERGENTS

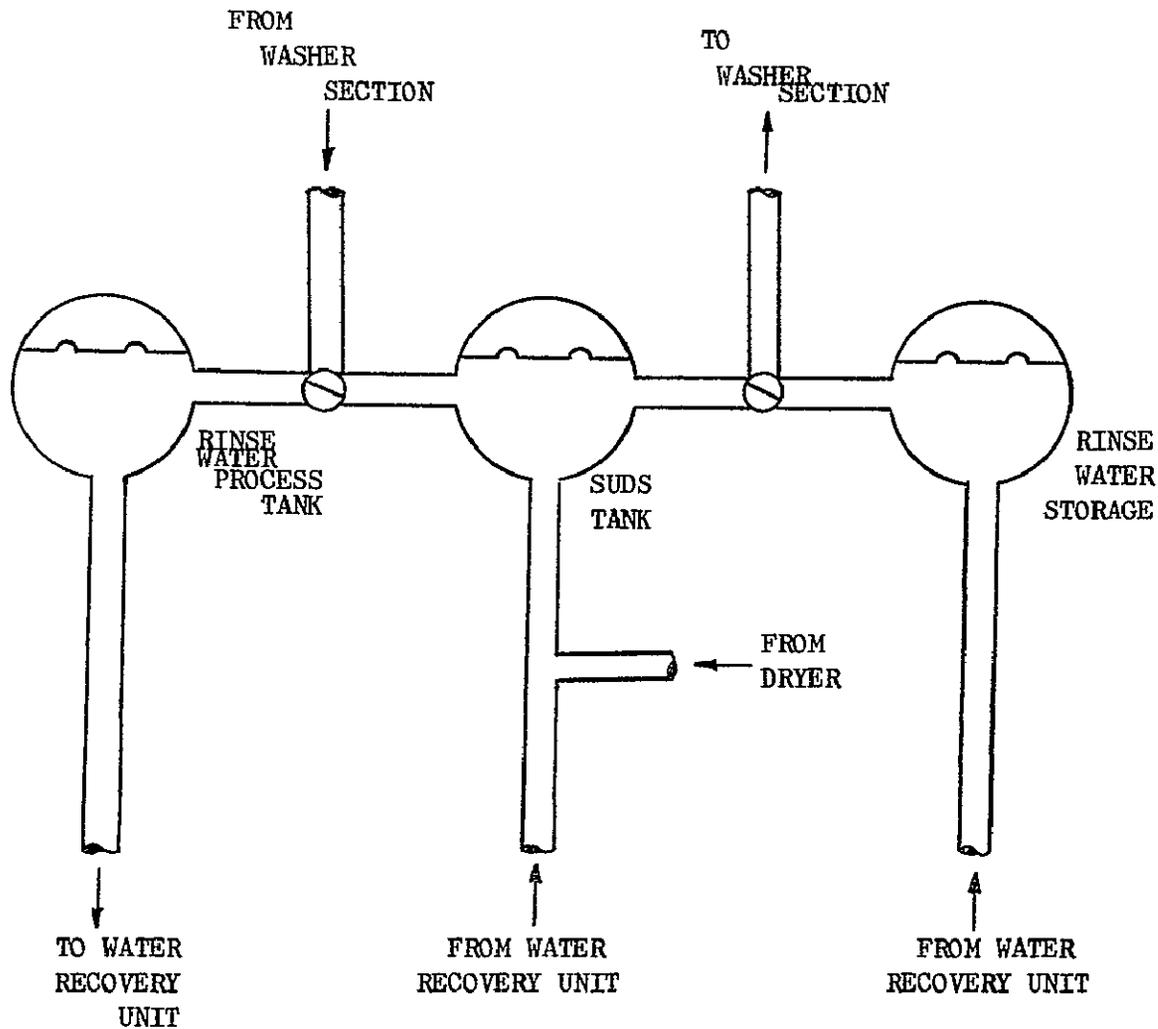
IDENTIFICATION	PERFORMANCE AS A DETERGENT	STABILITY IN HARD WATER
<p>1.0 <u>ANIONICS</u></p> <p>Scaps Sulfated Alcohols Sulfated Olefins Sulfated Oils Sulfated Monoglycerides Sulfated Amides Alkylaryl Polyether Sulfates Alkyl Sulfonates: Petronates Nytron Sulfonated Amides Sulfosuccinate Sulfonated Ethers Alkylaryl Sulfonates Heterocyclic Sulfonates</p>	<p>Excellent Excellent Good Poor Good Good Excellent Poor Excellent Excellent Good Excellent Excellent Good</p>	<p>Poor Fair to Poor Fair Good Good Good Good Good Fair Good Excellent Excellent Good Good Good</p>
<p>2.0 <u>CATIONIC</u></p> <p>Tertiary Amines Heterocyclic Amine Quaternary</p>	<p>Fair Fair Good</p>	<p>Poor Poor Poor</p>
<p>3.0 <u>NONIONIC</u></p> <p>Amine Fatty Acid Condensate Ethylene Oxide Fatty Acid Alkylaryl Polyether Alcohol Ethylene Oxide Fatty Alcohol Condensate</p> <p>Misc: Thioethers Pluronics</p>	<p>Good Excellent Excellent Good Excellent Excellent</p>	<p>Good Excellent Excellent Excellent Excellent Excellent</p>

WATER CONDITIONING CONCEPTS

To minimize the weight penalty imposed on a space station due to the laundry water requirement, a closed loop water management system will be required. The laundry water system can be integrated into the space station prime water management system or be a self contained unit. In either case, the laundry wash water must be processed to remove impurities such as soap, soils or lint, and returned to the storage tank for re-use in the next laundry cycle with a minimum of wastage.

The following figures and tables depict various schemes to accomplish this end. As in the washer design, the concepts presented in this section are all within the present state-of-the art.

FIGURE 5-22 WATER STORAGE



NOTE: To minimize the impact of wash water processing on the spacecraft water management system, holding tanks are incorporated in this system to limit and control the quantity of "dirty" water to be processed and to provide an adequate supply of water required to perform the washing task.

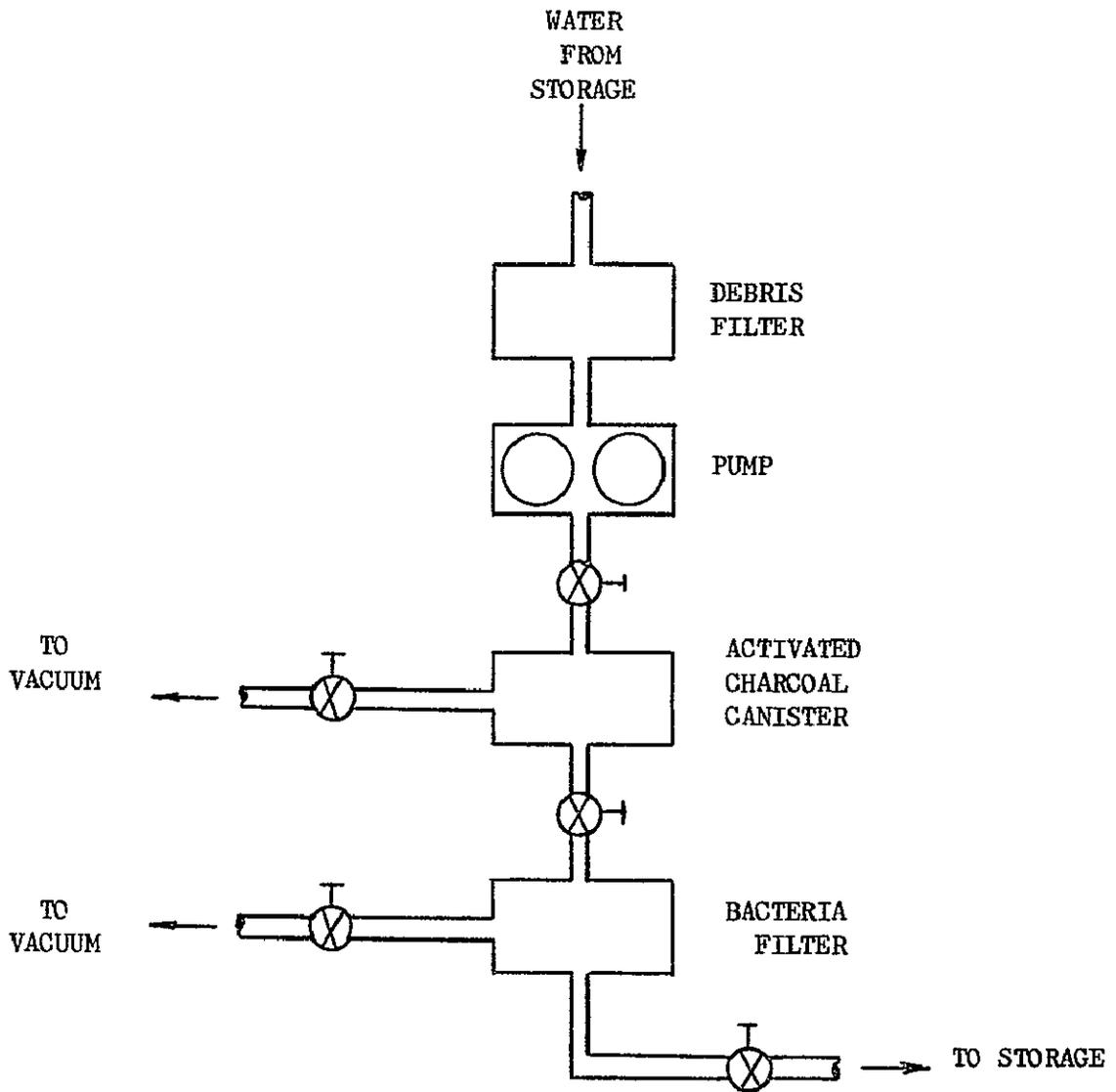
WATER FILTRATION CONCEPT

This system is limited to the removal of solid particulates in wash water only, and will not perform satisfactorily with ionic detergents. Water is removed from the washer/dryer unit and pumped through a filter that traps the solids entrained in the wash water. The wash water is then passed through an activated charcoal canister where sour odors are removed and then passed through a bacteria filter that is used to keep the bacterial growth within acceptable limits. The water is then returned to the laundry storage tank for future use.

The activated charcoal canister and bacteria filter can be vacuum purged for long life usage.

Figure 5-23 depicts a typical water filtration system.

FIGURE 5-23 WATER FILTRATION CONCEPT



FEATURES

- FILTRATION OF SOLIDS (ONLY) IN RINSE WATER.
- WEIGHT PENALTY:
 - BASIC SYSTEM . . . 30 LBS.
 - EXPENDABLES . . . 33.6 LBS.
 - Per 180 days
- POWER . . . 20 - 30 WATTS
- REQUIRES SPECIAL DETERGENT SELECTION (OR NONE AT ALL).

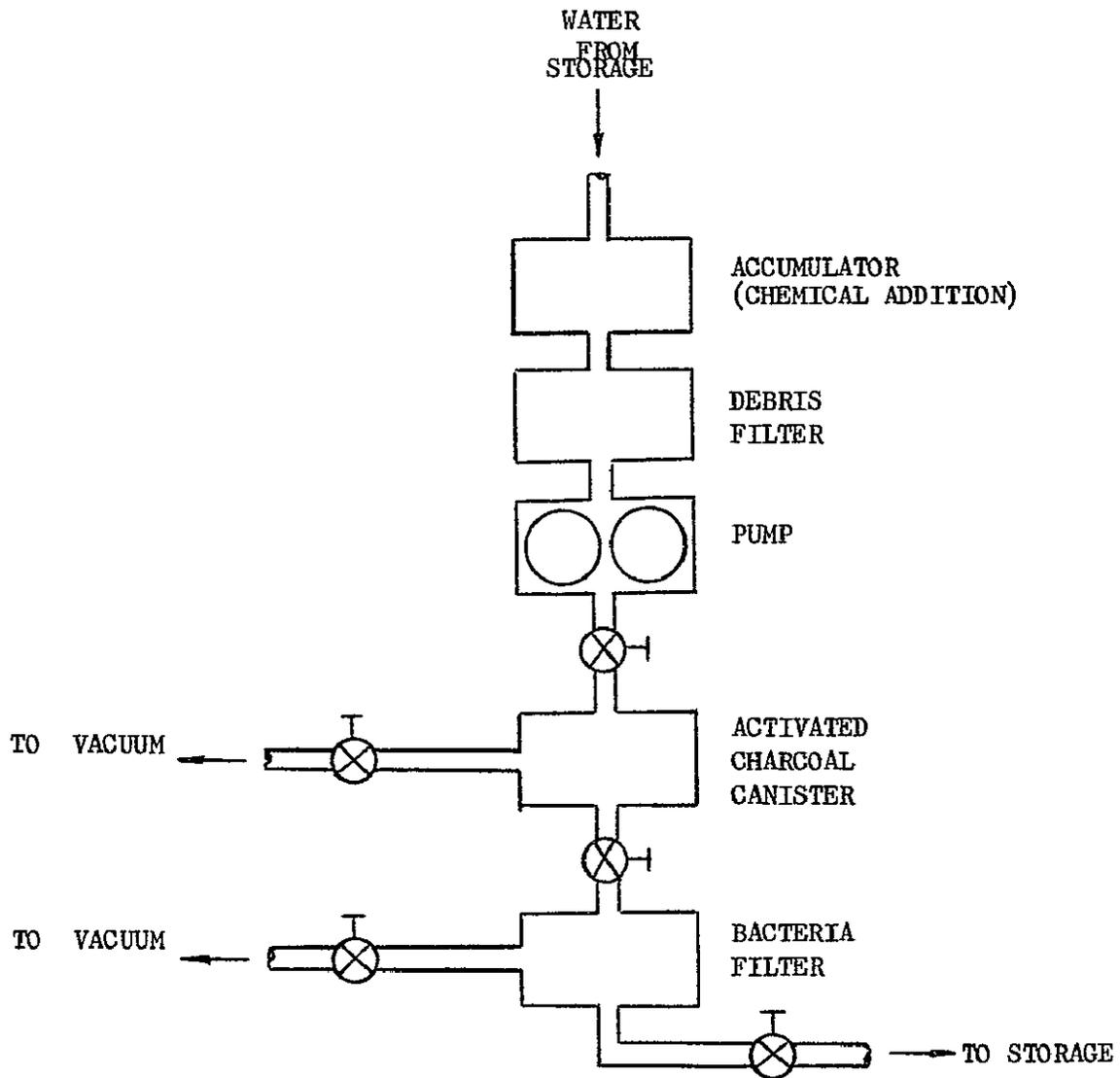
PRECIPITATION - FILTRATION CONCEPT

This system is designed to remove certain electrolytes as well as solids in wash water. The wash water is pumped through an accumulator containing a chemical additive used to selectively remove electrolytes then through a filter where solid particles are collected. The "clean" water then passes through a canister containing activated charcoal where the odors are removed, then through a bacterial filter and back into the laundry system storage tank for re-use.

The activated charcoal canister and the bacteria filter can both be vacuum purged for long life usage.

Figure 5-24 depicts a typical precipitation-filtration system.

FIGURE 5-24 PRECIPITATION - FILTRATION CONCEPT



FEATURES:

- REMOVAL OF CERTAIN ELECTROLYTES - COMPATIBLE WITH SOAP (BUILT OR UN-BUILT)
- WEIGHT PENALTY:

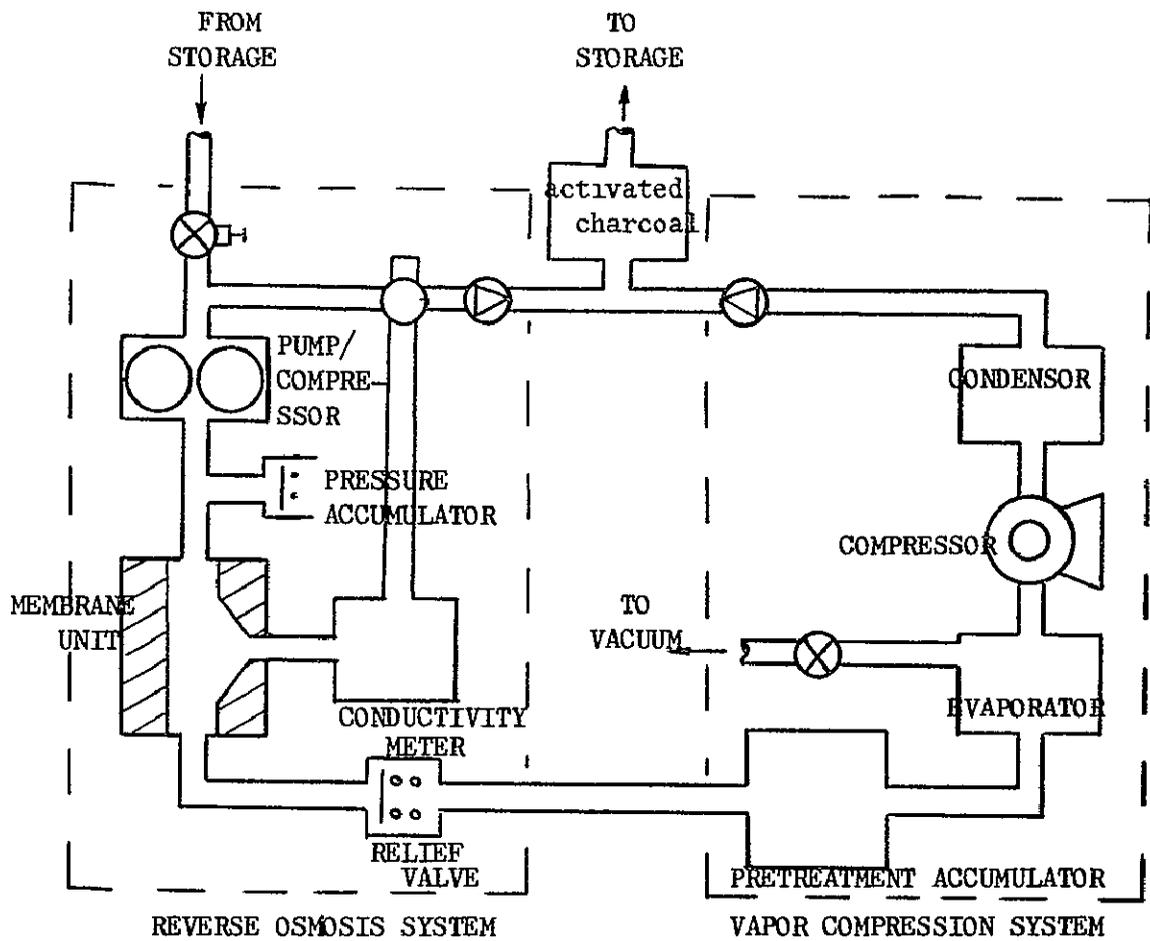
BASIC SYSTEM	. . .	35 LBS.
EXPENDABLES	. . .	53.6 LBS.
		Per 180 Days
- POWER 20 - 30 WATTS
- WILL REMOVE PREDETERMINED ELECTROLYTES (QUANTITY AND TYPE).

REVERSE OSMOSIS - VAPOR COMPRESSION SYSTEM

This two stage system is designed to remove all of the contaminants from wash water. The reverse osmosis system will process 80% of the wash water and the vapor compression system 20%. The wash water is pumped into the reverse osmosis system where the contaminants are trapped and the "clean" water passes on through the membrane to storage. The remaining water is directed to compression system where the balance of contaminants in the wash water are removed. The processed water then passes through a canister containing activated charcoal for odor control and into the laundry system water storage unit.

Figure 5-25 depicts a reverse osmosis - vapor compression system.

FIGURE 5-25 REVERSE OSMOSIS - VAPOR COMPRESSION SYSTEM



- WILL REMOVE MOST CONTAMINANTS FROM RINSE WATER
- HIGH (200 - 600 PSIA) PRESSURE WATER
- ACTIVATED CHARCOAL REQUIREMENTS = 33.6 LBS PER 180 DAYS
- OSMOSIS SYSTEM MEMBRANES = 2 REQUIRED - 1 ON LINE AND ONE SPARE

WATER RECOVERY SYSTEMS COMPARISON

Table 5-4 contains a comparison of the water recovery system outlined previously in this section. System weight and power penalties are compared and general comments reflecting system operation and types of soaps/detergents that can be used with a particular system are made.

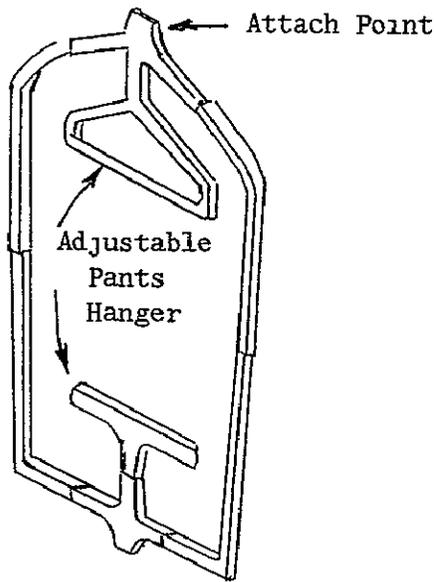
TABLE 5-4 WATER RECOVERY SYSTEMS COMPARISON

DESCRIPTION	FIXED WT. (LBS.)	STORAGE WATER (LBS)	EXPEN-DABLES (LBS)	TOTAL WT. (LBS.)	POWER (WATTS)	REMARKS
FILTRATION SYSTEM	30	250	33.6	313.6	20/30	Can be used with non-electrolytes only. Dependent on concentration use non-ionic detergent.
PRECIPITATION FILTRATION SYSTEM	35	250	53.6	338 6	20/30	Can be used with certain electro-lytes. Weight dependent upon concentration. Can use soap, built soap, and ionic detergents
REVERSE OSMOSIS VAPOR COMPRESS-ION SYSTEM (80/20)	318	250	20	588	634	Weight penalty can be improved with higher re-verse osmosis unit recoveries. Can be used with any electrolyte. Can use soap, built soap, and ionic deter- gents.
VAPOR COMPRESSION	570	500	20	1090	1375	Least desirable from a weight and power stand- point. Can use soap, built soap and ionic deter- gents.

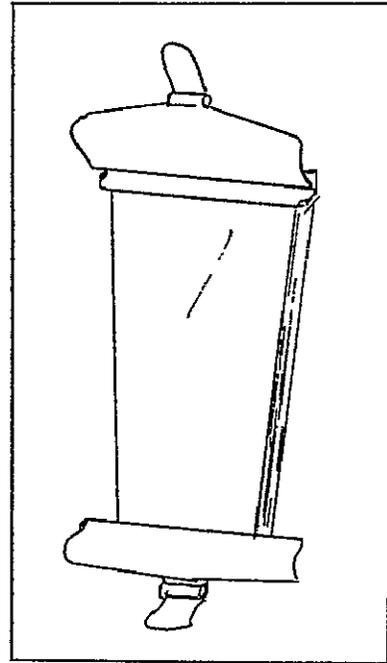
ANCILLIARY ITEMS

The ancilliary items to the garment system are those which allow retention of the proper appearance of the garment during storage. Shown in Figure 5-26 are several hanger concepts which must be compatible with both the station design and the garment systems. The types and amounts of hangers are a function of the crew total wardrobe and as such, their complete definition will be determined with the wardrobe.

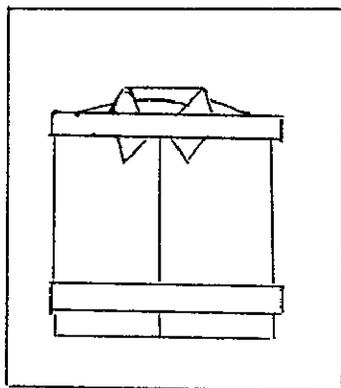
FIGURE 5-26 HANGER CONCEPTS



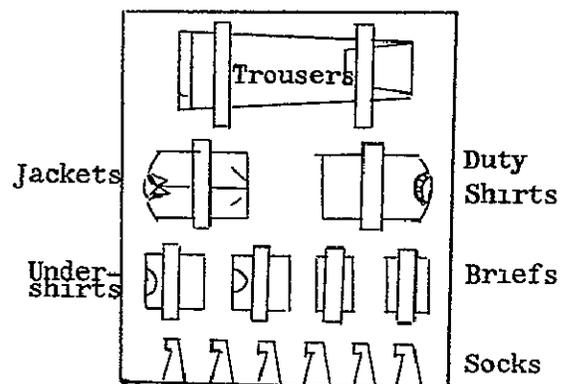
HANGER



CLIP BOARD



STRAP



CLOTHING ORGANIZER

SECTION 5.4 FABRIC USAGE CONSIDERATION

In addition to the garment systems required in a space station, other fabric items will be needed to complement the space station accessory items.

The following matrix defines a typical space station fabric requirement. Fabric items listed represent unit quantities, therefore, multiples will have to be considered to satisfy the needs of a fully manned/equipped space station

TABLE 5.5 FABRIC USAGE MATRIX

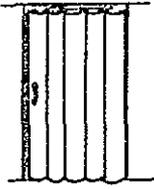
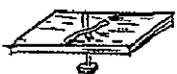
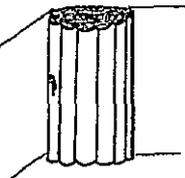
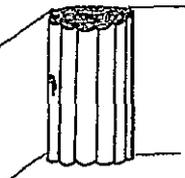
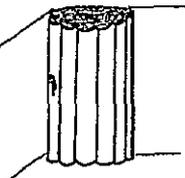
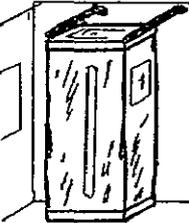
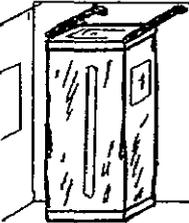
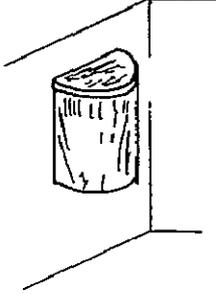
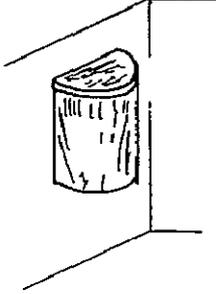
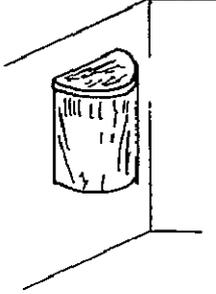
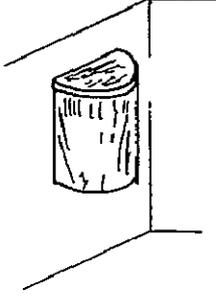
DESCRIPTION	MAT'L. WT. (OZ/YD ²)	UNIT AREA (YD ²)	UNIT WT. (LBS)	REMARKS	CONFIGURATION
<u>WARDROOM</u>					
(a) <u>MEDICAL SECTION</u>					
Compartment Separator	6.0	2.2	0.8	Used to isolate medical section from main ward-room section.	
Chair Cover	6.0	0.6	0.2	Fabric weight considered-not chair frame	
Couch Cover	6.0	2.3	0.9	Used in examining room.	
Lavatory Separator	6.0	2.2	0.8	Used to isolate lavatory facilities from ward-room.	
(b) <u>MESS SECTION</u>					
Chair Cover	6.0	0.6	0.2	Required for crewmen eating and recreational facilities.	
Compartment Separator	6.0	2.2	0.8	Affords privacy for reading, writing, movie viewing.	
Napkins/Wipes	2.5	0.1	0.02	Used by crewman for personal hygiene and for general purpose wiping.	
<u>STATEROOM</u>					
Couch	6.0	2.3	0.9	Used during off-duty activities reading, viewing closed circuit TV.	

TABLE 5-5 FABRIC USAGE MATRIX

DESCRIPTION	MAT'L WT. ² (OZ/YD ²)	UNIT AREA (YD ²)	UNIT WT. (LBS)	REMARKS	CONFIGURATION
<u>STATEROOM (cont'd)</u>					
Chair	6.0	0.6	0 2	Used during writing, logkeeping, reading.	
Bedding	5 0	2 2	0 7	Used as cover over sleep restraint.	
Compartment Separator	6 0	2.2	0 8	Provides privacy by separating from main cabin.	
Waste Container	6.0	0.5	0 2	Used for discarding waste materials - paper, wipes, pencils.	
Laundry Container	6.0	0 6	0.2	Used to store soiled garments prior to washing.	
Toiletry Kit	6 0	0 2	0 3	Contains items necessary to perform personal hygiene functions.	
Towel	6.0	0 3	0 1	Used for hygienic functions	
Handkerchief	3.0	0.05	0.02	Used daily as required - washable	
<u>HYGIENIC SECTION</u>					
Compartment Separator	6.0	2.2	0 8	Isolates section from main area	
Shower Stall	7.0	3 6	1 6	Totally encapsulates crewman	
Waste Container	6 0	0.5	0 2	Used for collecting waste materials - wipes, paper, etc.	
Chair	6.0	0 6	0 2	Used for restraint during hygienic activities	
<u>WORK STATIONS</u>					
Chair	6 0	0 6	0.2	Used for restraint during work functions	
Separators	6 0	2 2	0 8	Used as required for equipment - experiment - work station separation.	

SECTION 5.0 REFERENCES

1. Johnston L., Interview at American Institute of Laundering, Joliet, Illinois, August 21, 1969.
2. Laboratory Module CEI 207011A and Installed Equipment to Flight Crew, Interface Specification IFS MOL-108002, 8 May 1969.
3. Phillips, E. Roland, Drycleaning, National Institute of Drycleaning, Inc. Silver Springs, Md. April 1968.
4. Webb, P. Ed, Bioastronautics Data Book, NASA SP 3006, Washington, D. C. 1964.

APPENDIX A ILLUSTRATIVE EXAMPLE

INTRODUCTION

The use of the Garment Selection Handbook is presented in this Appendix. Presented herein is a hypothetical mission and its pertinent requirements. The illustrated steps in determining a garment design are those which are based upon mission requirements with the subjective decisions left to the discretion of the reader.

The aspects of garment selection are divided into the following steps:

1. Thermal design
2. Construction
3. Materials
4. Crew Considerations
5. Interface

Each of the above considerations in the design of a garment are pertinent to a section of the handbook. The output of the evaluations may not be a complete garment definition due to the subjective choices to be made, however, the major features will be determined.

SAMPLE MISSION X:

In mission X, a three man crew is to perform an earth orbital mission of 60 day duration. The atmosphere is an oxygen-nitrogen mixture with total pressure of 7.0 psia. The temperature ranges from 60 to 85°F, the maximum dew point temperature of 60°F, and the gas ventilation velocity is 45 fpm. The crew and interface data is presented below:

Crew Data

Metabolic Rates	-	1800 BTU/hr (exercise)
		800 BTU/hr (maximum normal duty)
		450 BTU/hr (duty)
		300 BTU/hr (sleep)
Size	-	50 th percentile

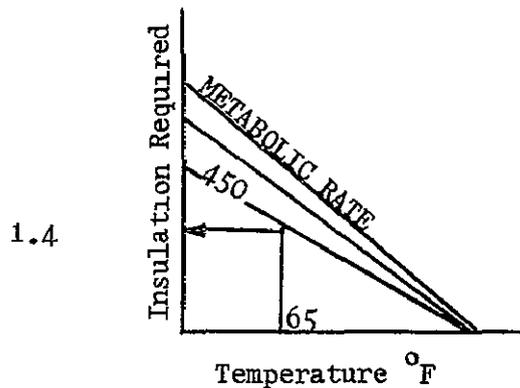
Interface Data

Garment Wardrobe Weight Limit - 10 lbs.

The use of the charts of Section 1 is presented below. The result is the distribution and porosity requirements for a garment.

Step 1 - Required Insulation for Comfort

The first step of the garment evaluation is the determination of the insulating requirements of the body for comfort. Knowing the crew metabolic rates and the mission environmental temperature extremes, the following information is obtained from Figure 1-3.



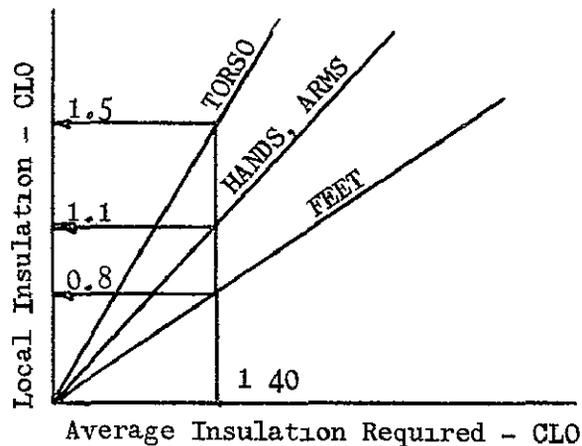
Once entering this curve at the temperature extremes of 65 and 80°F, and metabolic rates of 450 and 2000 BTU/hr, the following data is obtained from the graph.

<u>Average Insulation Requirements</u>		
Temperature (°F)	Metabolic Rate (BTU/hr)	Insulation CLO
65	450	1.40
	2000	0.25
80	450	0.60
	2000	0.15

Examining the extremes, the body must have an average insulation between 0.15 and 1.4 CLO.

Step 2 - Insulation Distribution

As the body produces heat at a rate according to body section, the insulation required is proportional to that distribution. This distribution may be obtained in Figure 1-5.



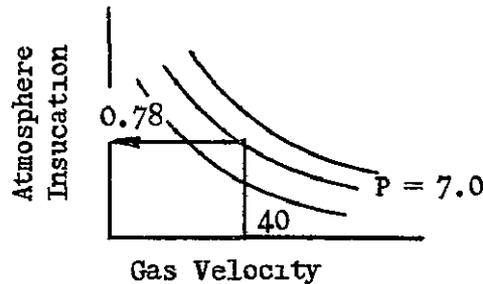
Entering the curve at each of the average insulation values determined in Step 1 above, the following data is derived.

Insulation Distribution - CLO

Average Insulation	1.40	0.25	0.60	.15
Torso	1.5	0.25	0.65	0.15
Legs	1.4	0.20	0.60	0.11
Hands & Arms	1.1	0.17	0.50	0.10
Feet	0.8	0.15	0.35	0.10

Step 3 - Atmosphere Insulation

This step involves the determination of the atmosphere insulation properties for a 7 psia, oxygen/nitrogen mixture. With a ventilation velocity of 40 fpm, the atmosphere insulation value is determined from Figure 1-7A.



For a 7.0 psia oxygen/nitrogen mixture, the atmosphere insulation value is 0.78 CLO.

Step 4 - Computation of Clothing Insulation

Remembering that the local insulation required is the sum of the atmosphere insulation and clothing insulation:

$$I_1 = I_c + I_a$$

The clothing insulation is calculated by subtracting the atmosphere insulation (0.78 CLO) from the local insulation value determined in Step 2. When this is done, the following results are obtained

Calculation of $I_{\text{local}} - I_a$

Average Insulation	1.40	0.60	0.25	0.15
Torso	0.72	-0.13	-0.53	-0.63
Legs	0.62	-0.18	-0.58	-0.67
Hands & Arms	0.32	-0.28	-0.61	-0.68
Feet	0.02	-0.43	-0.63	-0.68

Since all of the values are negative for the low average insulation cases, the only case to be considered from a thermal sense is the 65°F temperature low metabolic rate case (average insulation = 1.40). Clothing is required over the body, including long sleeves on the arms. (The temperature at which short sleeves are allowed is 73°F - Found by determining the average insulation value for a local insulation of 0.78 CLO on the arms in Figure 1-5 and reading temperature in Figure 1-3 with a metabolic rate of 450 BTU/hr).

Step 5 - Choice of Garment Design

The clothing insulation to be considered for each portion of the body is presented below: (from Step 4)

Arms - 0.32 CLO

Legs - 0.62 CLO

Torso - 0.72 CLO

Feet - 0.02 CLO

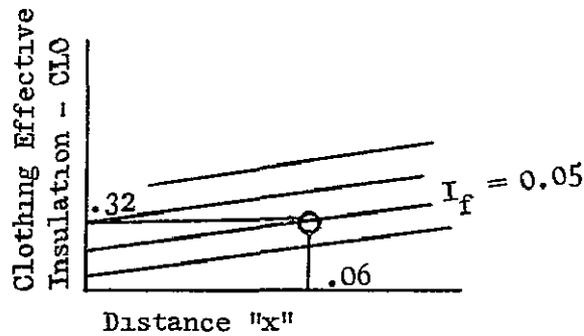
The thermal requirements of the feet can be easily met by footwear and will not be considered further. At this point a decision must be made for the construction of the garment. Since the design point of the garment is the lower temperature and metabolic limit, it is desirable to have a portion of the garment removable during the higher activity and temperature periods. This is accomplished by a removable jacket with shirt. (For nearly constant temperatures at the design point a single-piece garment would be desirable.)

Step 6 - Drape Effect

The determination of the drape effect is found in Figure 1-8. Dressed in a jacket and shirt, the respective distances are 0.06 inches for a knit shirt and another 0.10 inches with the addition of a jacket. (The distance values at this time are estimates since no measurement data is available.)

Effective Insulation of Shirt + Effective Insulation of Jacket =
Torso Insulation

Knowing that the effective insulation requirement for an arm alone is .32 CLO, the chart is entered at .32. Assuming a conformal knit shirt ($x = 0.06$ inches), I_{fabric} is 0.05 CLO for the shirt.



The jacket effective insulation is then the difference $.72 \text{ CLO} - .32 \text{ CLO} = 0.40 \text{ CLO}$. Since entering the graph at 0.40 CLO and a clothing distance of 10 inches falls below the curve, a minimum value of .01 CLO is assumed for I_{fabric} . Neglecting the effect of briefs, the fabric insulation for the pants is likewise .01 CLO, obtained by entering the graph at an effective insulation value of 0.62 CLO and a distance of .15 inches. The fabric insulation data is summarized below:

Fabric Insulation Requirements

Shirt - 0.05 CLO

Jacket - 0.01 CLO

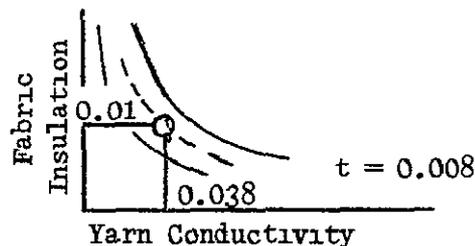
Pants - 0.01 CLO

Step 7 - Cloth Insulation Properties

The thickness of the material may be obtained from Figure 1-10 knowing the fabric insulation property. Before the final choice may be made, a limitation is placed on the allowable materials by the relative flammability. For a mission with atmosphere of 7 psia oxygen/nitrogen, a check of Figure 3-2 indicates that PBI, Teflon or Fiberglas may be used safely.

Since PBI is the lightest material, it is selected as the material for the garment for the purpose of this example mission. Since PBI is an experimental material, with properties close to cotton, the properties of cotton, (yarn conductivity $0.038 \text{ BTU/hr ft}^2 \text{ } ^\circ\text{F-ft}$) are assumed.

Entering the curve with the yarn conductivity and the required fabric insulation the thicknesses are determined.



For $k = 0.038$, and the insulation requirements of Step 6, the following thicknesses are determined.

Cloth Thickness

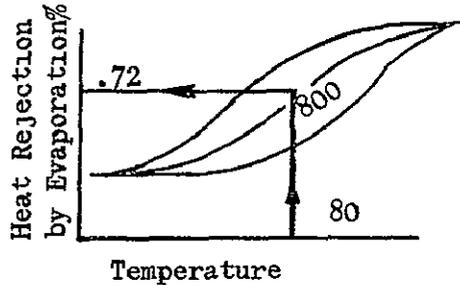
Jacket - 0.008 inches

Pants - 0.008 inches

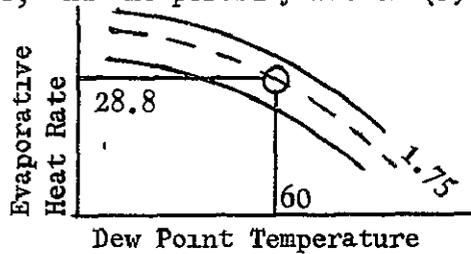
Since all of the items will contain high material area ratios, the weave factor of Figure 1-11 is assumed to be 1.0. Although these thicknesses are those calculated due to thermal considerations, they represent minimum values. In reality, the pants and jacket may have equal or greater thickness due to endurance requirements.

Step 8 - Effect of Dew Point

With a metabolic rate of 800 BTU/hr normal maximum, it is important that sweat will not build up under the garments. This step determines the required fabric porosity. Using the worst case situation of a station temperature of 80°F, Figure 1-2 is used to determine the amount of latent heat rejection. With a temperature of 80°F and a metabolic rate of 800 BTU/hr, 72% of the body heat is rejected by evaporation of water.



Taking 72% of 800 BTU/hr, 576 BTU/hr evaporative heat load must be passed through the garment. Assuming the surface area of the body is 20 square feet, the average amount of heat passage is $576/20 = 28.8$ BTU/hr-ft². With a maximum specified dew point temperature of 60°F, Figure 1-13 is entered at each of the respective values, and the porosity factor (P) of 1.75 is interpolated.



Assuming that a crew member will remove his jacket, the relationships $P = 1 - \frac{A_{mr}}{x}$, is applicable for a shirt and pants.

The values of x (from Step 6) are:

knit shirt = .06 inches
 pants = .15 inches

Then the maximum material area ratio for the shirt is:

$$A_{mr} = 1 - Px = 1 - 1.5(.06) = .91$$

and for the pants = $1 - 1.5(.15) = .775$

SUMMARY - THERMAL DESIGN STEPS 1 THROUGH 8

From the above, knowing the data in the left hand column and making a few assumptions, the garment data in the right hand column has been determined.

Knowing

Metabolic Rates

Atmosphere

Gas Velocity

Dew Point

Temperature

Features Defined

Total Insulation

Local Insulation

Fabric Distribution

Fabric Material

Fabric Thickness

Fabric Porosity

2.0 CONSTRUCTION

Continuing in the definition of a garment, the charts of Section 2.0 yield more data applicable to the penalty and design of a garment. Presented below are the steps involved to determine the fabric geometry and weight of a garment.

Step 1 - Determine General Construction

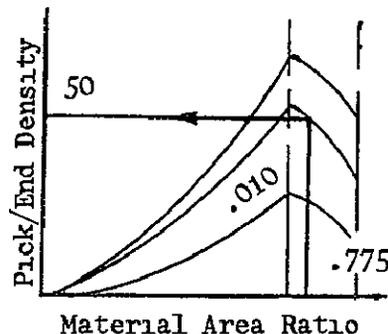
The first step is the determination of the construction techniques to be used. For the shirt and socks a knit construction is advisable on the basis of porosity, warmth, conformity. Pants and jacket are woven due to rigidity and high strength.

Step 2 - Determination of Weave

Fabric requirements may be specified in several ways. It may be ordered in terms of weight per unit area or by yarn geometry. In the case of knits, the common technique is by the specification of weight. Knits for a Tee Shirt range in weight from 3 to 5 oz/yd² and knits for sports clothes from 5 to 7 oz/yd².

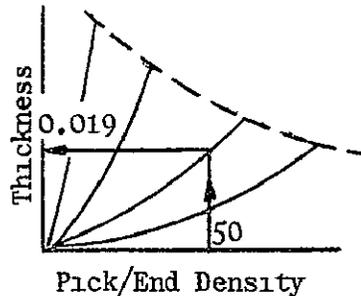
For weaves, however, the geometry and yarn properties may be needed. Recalling that the material area ratio of the pants is .775 (Thermal Step 8), the geometry relationships may be established, for these Figures 2-2 and 2-3 are used.

Knowing the required thickness or porosity, the geometry (pick and end density) may be determined with given yarn properties. Assuming that a PBI yarn diameter of 0.010 and 0.005 inches is available, Figure 2-2 indicates that a pick/end density of 50 yarns/inch is required with a jacket of material area ratio of 0.775 (from thermal design Step 8).



Step 3 - Thickness

Remembering from thermal Step 7 the required minimum thickness is 0.008 inches and noting that A_{mr} .75 Figure 2-3 (curve B) is used to check the thickness. Entering at a pick/end density of 50 and a yarn original diameter of 0.010 inches the thickness will be .019 inches.



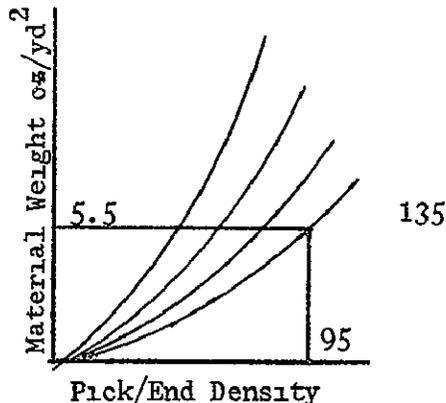
Since this thickness is twice the required value, the weight will be twice as heavy as required. The desirable choice at this point is to select the smaller diameter yarn. With half sized yarn, (0.005 inches), a pick/end density of 95 and thickness of 0.008 results with a material area ratio of 0.775.

Step 4 - Material Weight

If the fabric is to be purchased by specification of yarn geometry and material, Figure 2-4 is used to determine the weight of a square yard. Computing the denier value for PBI - (density value found on page 3/14):

$$\text{Denier} = \frac{\text{Diam}^2}{3.9 \times 10^{-3}} \times \text{Density} = \left(\frac{0.005}{3.9 \times 10^{-3}} \right)^2 (82) = 135$$

Entering the curve with a pick/end density of 95, the resulting weight is 5.5 oz/yd²



Step 5 - Fabric Quantity

The above steps have been concerned with the weight of fabric. The next step is the determination of the fabric area included in the jacket, shirts, socks and pants for determining weight penalty. Section 2.4 contains the data to accomplish this. Figure 2-19 presents the material area requirement for a crew member as a function of size. From the mission specification, the sizes of the crew will be fiftieth percentile. Looking in the Section 4.0, crew data on Figure 4-4, a fiftieth percentile crew member corresponds to medium regular size. The following data may be determined directly from the data of Figure 2-19.

<u>Area Requirements - yd²</u>	
Jacket	1.7
Shirt	0.85
Pants	1.9
Socks	0.1

Step 6 - Computation of Weight

Multiply the area by the fabric weight and add the fixed parasitic weights of Table 2-4.

<u>Item</u>	<u>Area</u>	<u>x</u>	<u>Fabric Weight</u>	<u>+</u>	<u>Fixed Weight</u>	<u>= Total Weight</u>
Jacket	1.7		5.5		4 oz	13.4 oz
Pants	1.9		5.5		2.5 oz	12.9 oz
Shirt	0.85		4.0*		.5 oz	3.9 oz
Socks	0.1		4.0*		-	.4 oz
Briefs	0.5		4.0*		.3 oz	2.3 oz

*Estimate

The fixed weight may be altered by incorporation of any of the design details presented in Section 2.2 and 2.3. The fixed weights above include ribbed cuffs, entry zipper fasteners and internal pockets.

SUMMARY - CONSTRUCTION STEPS 1 - 6

In Section 20., it is possible to determine the following data:

Knowing

Fabric thickness and yarn
size or yarn size and
material area ratio

Crew Stature

Features Defined

Fabric geometry
Weight of garment

3.0 MATERIALS SELECTION

The major criteria for material selection is flammability at this time. As the environments become closer to an earth atmosphere, more freedom will be allowed in the selection of materials. The charts and curves in Section 3 0 present the relative performances of materials with respect to structural, environmental and performance parameters. Depending upon the priority of criteria in the selection of materials for a given mission, the relative standings are presented for review. The table below lists the materials that would be selected if the criteria in the left hand column were the only important features.

<u>Criteria</u>	<u>Material</u>
Weight	Nylon
Strength	Fiberglas
Endurance	Nylon
Elastic Recovery	Nylon
Cleaning Compatibility	Nylon
Moisture Absorption	Cotton
Chemical Stability	Teflon
Shrinkage Due to Water	Fiberglas
Quick Drying	Teflon

CREW CONSIDERATIONS

Wardrobe selection is one of the prime considerations in the design of storage areas and baggage compartments in a shuttle vehicle. The selection of garment system is a function of mission time and crew number. For short missions, garment cleaning does not appear to be of great importance, and, depending upon crew time allowable, may be done by hand if required at all. The ground rule in garment selection is to allow as much as practical which is defined by the space station or shuttle vehicle weight or volume limitations. If the volume or weight is unlimited an earth-base cycle is the most desirable with certain clothes changes each day. Presented below is the weight and volume technique for wardrobe selection.

The Weight Approach

Given - A weight allocation of 10 pounds of clothing is specified for a space station crew member. What is the best wardrobe and its frequency of cleaning?

Step 1 - Determine Garments Required

The first step is to determine the basic articles of clothing (this has been done partially in the thermal and construction sections)

Jacket	Briefs	Pants
Shirt	Socks	Shoes
	Hat	

Step 2 - Allocate Fixed Articles

The fixed articles in the wardrobe are the footwear and the pants and jacket combination. It is assumed that the shoes will be fabricated from a material that will not require cleaning during the orbital stay of a crew member. Allowing for cleaning, the least number of any article is two. One is worn while one is washed, regardless of the wash cycle. Since the anticipated wear period for the jacket and pants is of the order of a period between washings this leaves the amount of underwear and shirts to be determined.

Step 3 - Select Fixed Weights from Total

From Section 2, the weights of the shoes, jacket and pants have been determined.

Jacket	2 x 0.84 lbs	=	1 68 lbs
Pants	2 x 0 81 lbs	=	1 62 lbs
Shoes		=	0.5 lbs
Hat		=	0 5 lbs
			<hr/>
			4.30 lbs

To find allowable weight of underwear subtract 4 30 from 10.0 lbs. = 5.70 lbs.

Step 4 - Find Garment Changes Permissible

From Section 2 Calculations

Briefs	=	0.144 lbs.
Shirt	=	0.25 lbs.
Socks	=	0.025 lbs
		<hr/>
		.419 lbs

Then total changes permissible is $\frac{5.70}{.419} = 13.6$ or 13 changes. Since one must be clothed while washing his clothing, the wash interval is every 12 days.

The Volume Approach to Wardrobe Selection

The volume approach to garment selection is the same technique used in the weight approach. The data used in the computation of a wardrobe volume is presented in the handbook Section 5 1, Logistics Considerations. The illustrative example in the use of this data is shown in the next section of this appendix.

VEHICLE INTERFACES AND LOGISTICS

The vehicle interface considerations are presented in this section. Although portion of the section is concerned with station restraint concepts, cleaning systems and the like, these are the subjects of separate studies to be performed in the near future. The data presented in this section is to acquaint the reader with the interface aspects of crew equipment.

There are, however, several uses of Section 5.0 in the decision made regarding interface items to the crew garment system. They are:

1. Volume Determination - In orbit and during transit
2. Establishment of a Cleaning System

Presented below is the description of the use of the Section 5.0 data.

Volume Determination

The data of Figures 5-2 and 5-3 is concerned with the folded garments for vacuum packed conditions (during transit) and non-vacuum packed conditions (in orbit).

Taking the wardrobe determined in Section 4.0, the indicated charts are used to define the applicable volumes for a medium size.

FIGURE 5-1 IN ORBIT FOLDED VOLUME

Item	Quantity	Item Volume (in ³)	Total Volume	Envelope (in)
Jacket	2	62	124	12 x 10.2 x 1
Pants	2	77	154	12 x 8.6 x 1.5
Shirt	13	14.4	187	12 x 12 x 1.3
Briefs	13	16.2	210	12 x 9 x 1.95
Socks	13	5	65	10 x 3 x 2.16
Shoes	1	18	18	6 x 1 x 3
Hat	1	24	24	6 x 4 x 1
TOTAL			782 in ³	

FIGURE 5-2 TRANSIT FOLDED VOLUME (VACUUM PACKED)

Item	Quantity	Item Volume	Total Volume	Envelope
Jacket	2	43	86	12 x 10.2 x .7
Pants	2	57	114	12 x 8.6 x 1.1
Shirt	13	10	130	12 x 12 x 0.9
Briefs	13	10.8	140	12 x 9 x 1.3
Socks	13	5	65	10 x 3 x 2.16
Shoes	1	18	18	6 x 1 x 3.0
Hat	1	24	24	6 x 4 x 1.0
TOTAL			577 in ³	

Establishment of a Cleaning System

As the mission lengths and crew sizes grow, the need for a cleaning system increases. In Section 5.3, one may assess the desirability of a cleaning system and the impact if one is to be used.

Using the mission model established at the beginning of the appendix and the wardrobe allowed by the computation in Section 4, a trade off study may be performed. Assuming that a cleaning system is available for use on board, the following procedure is used to determine its penalty.

Step 1 - Establish Wear Rate

From page 5 - 21

$$\text{Wear Rate} = N \times \frac{W_{\text{shirt}}}{WI} + \frac{W_{\text{jacket}}}{WI} \times \text{etc}$$

Allowing a change of shirt, underwear and socks each day the wear interval is 1. Knowing that a wash period of 12 days is required (step 4 - Crew Wardrobe Determination), then the wear interval of the pants and jacket is 12 days each. - With 3 crew men and the weight from Step 4 of Section 4.

$$\begin{aligned} WR &= 3 \times \left[\frac{0.25}{1} + \frac{144}{1} + \frac{0.25}{1} + \frac{.84}{12} + \frac{81}{12} \right] \\ &= 0.556 \text{ lb/crew member} \\ &= 1.76 \text{ lb/day} \end{aligned}$$

Step 2 - Determine Laundry System Restrictions

The least penalty method of cleaning clothes is by hand. The only reasons for considering a cleaning system are convenience and crew time criticality. In terms of weight penalty, a system with changeable garments and water reclaimable hand washing is by far the most advantageous with the only penalties being the garment weight and the detergent.

The weight penalty for a cleaning system for the mission model of 3 men is determined below. The following ground rules must first be established:

Cycle Time (total - washing and drying) = 1.5 hours

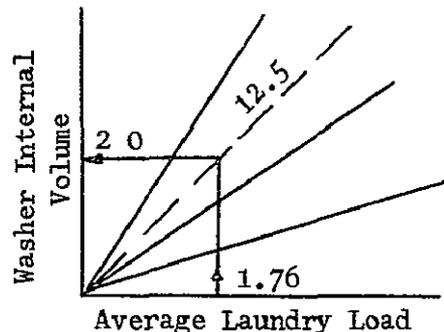
Loading Factor (determined by drying cycle) = 20 lb/ft³

Usage Factor - 12 hours every 12 days* = $\frac{12}{12 \times 24} = .0416$

*determined by crew time availability

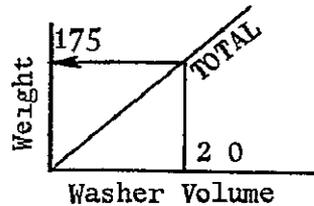
Step 3 - Laundry System Internal Volume (B = 12.5)

Entering Figure 5-9 with a laundry load of 1.76 lb/day and a laundry factor of 12.5, a tub volume of 2.0 cubic feet is required



Step 4 - Weight Determination

Figure 5.10 presents the weight of a laundry system as a function of tub internal volume. This value includes washer, dryer, water reclamation system weights and the stored water. With a 2.0 cubic foot tub, the system weight is 175 lbs.

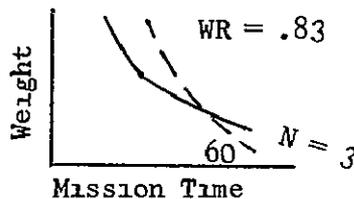


This value may be altered greatly by the allowable washing periods.

If the wash time were increased from 12 hours every 12 days (1 hr/day) to 2 hours/day the weight penalty would be reduced to 100 lbs.

Evaluation of Expendables

Since both of the laundry systems involve a relatively sizeable weight penalty with respect to garment weight, an assessment of a completely disposable garment system is made. This is done by the use of Figure 5-12. This curve determines the breakeven weight point between a laundry system and a disposable garment system. At the 60 day mission point on the curve for 3 men, a wear rate of 0.83 lb/day can be read for equal weight penalty.



This means that if all the garment changes were stored and thrown away, it would take a wear rate of .83 lb/day to equal the penalty of a laundry system. This is 50% more than the specified amount of .577 determined in Step 2.

In this mission example, the obvious solution is to increase the wear interval of each item until the weight constrained wardrobe accommodates the total mission, or an acceptable time allowance for hand washing is made.

The subject of laundering is a new one for space vehicles and is undergoing the initial phases of study. A great deal of data is necessary in this field in order to adequately assess the relative penalty of their inclusion in a space vehicle.

APPENDIX B
CREWMAN
SIZING
DATA

•

APPENDIX B

ABBREVIATED DESCRIPTION OF BODY DIMENSIONS

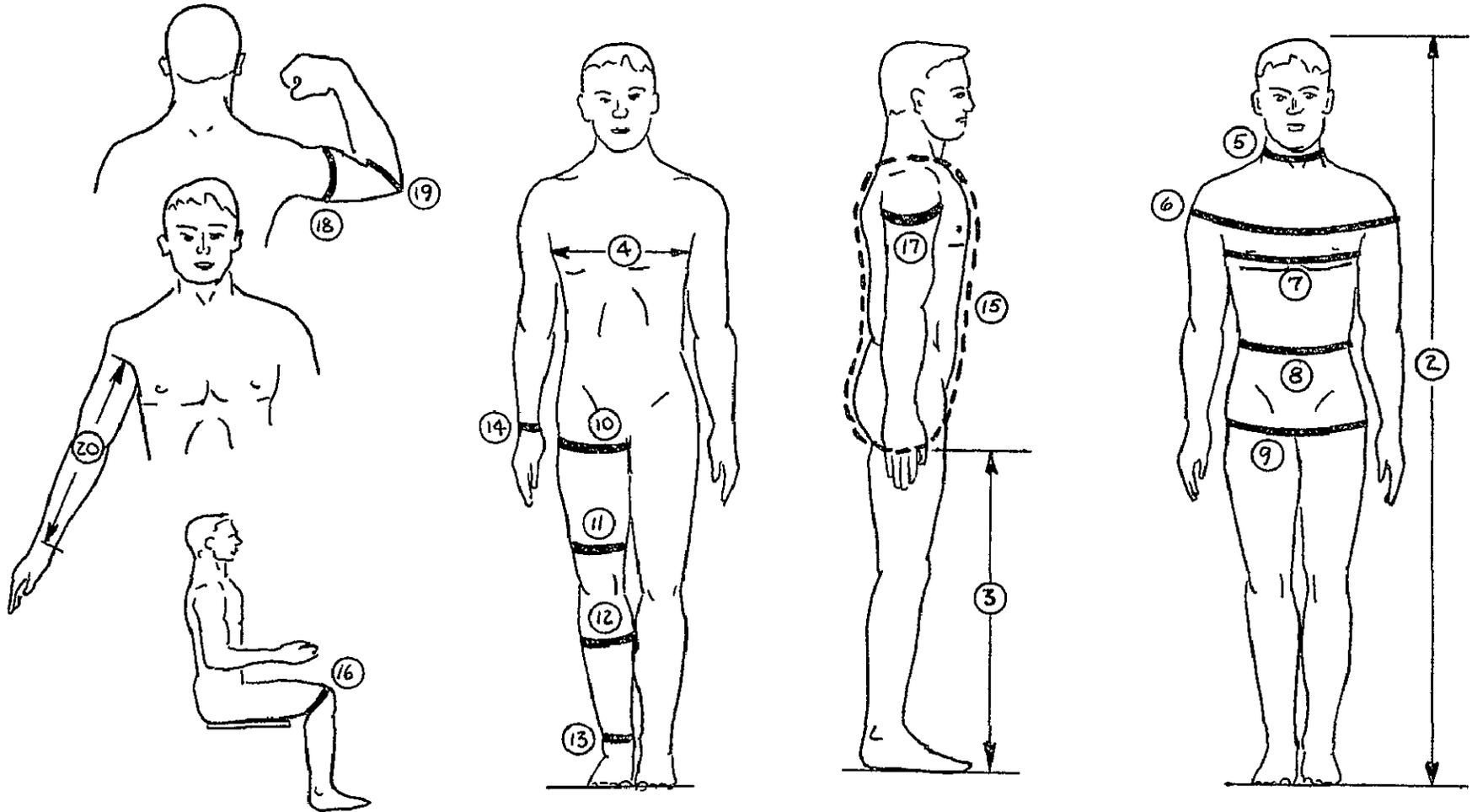
The data contained in this Appendix defines the minimum measurements required to adequately size clothing to a crewman.

In addition, sizing data obtained from current data available for the scientist population is included for general information.

MEASUREMENT DESCRIPTION

1. Weight. Nude weight measured on a medical type scale.
2. Height (stature). The vertical distance from the floor to the top of the head.
3. Crotch Height (Inseam). The vertical distance from the floor to the lowest point of the crotch.
4. Chest Breadth. The horizontal distance across the chest at the level of the nipples, during normal breathing.
5. Neck Circumference. Distance around the neck, as measured just below the Adam's apple.
6. Shoulder Circumference. The distance around the shoulders at the level of the greatest lateral protrusion of the muscles of the upper arms.
7. Chest Circumference. The distance around the chest at nipple level, during normal breathing.
8. Waist Circumference. The distance around the body at the waist level, with the abdomen relaxed.
9. Buttock Circumference. The distance around the body at the level of the maximum protrusion of the buttocks.
10. Thigh Circumference. The distance around the highest level of the right thigh.
11. Lower Thigh Circumference. The distance around the right thigh, just above the knee.
12. Calf Circumference. The distance around the right calf at its maximum circumference.
13. Ankle Circumference. The minimum distance around the right leg just above the ankle bones.
14. Wrist Circumference. The minimum distance around the right wrist, measured just above the wrist bone.
15. Vertical Trunk Circumference. The vertical surface distance around the whole torso, as measured over the midpoint of the right shoulder, over the midline of the buttock, and through the crotch.
16. Knee Circumference, Sitting. The distance around the knee as measured through the inner bend and over the right knee-cap with the subject sitting with the knee bent at a right angle.
17. Axillary Arm Circumference. The distance around the uppermost portion of the arm.
18. Biceps circumference (Flexed). The distance around the biceps of the arm when the arm is bent and the fist tightened.
19. Elbow Circumference (Flexed). The distance around the elbow, measured over the point of the elbow and through the inner bend, when the arm is bent and the fist tightened.
20. Sleeve Inseam. The distance from the notch just below the wrist bone, on the thumb side, to the front edge of the armpit, when the arm is extended a foot or less from the body.

FIGURE B-1 VISUAL INDEX OF MEASUREMENTS



CURRENT ASTRONAUT-SCIENTIST MEASUREMENTS

The following measurements were obtained from data available on the astronaut-scientist population as of 1 November 1970.

This data is presented for general informational purposes only.

NOTE: ALL DIMENSIONS IN ENGLISH UNITS

MEASUREMENT ASTRONAUT	E. ALDRIN	W. ANDERS	N. ARMSTRONG	A. BEAN	F. BORMAN	G. CARR
1. Weight	167.0	141 0	173.0	156.0	168.0	145.0
2. Height	69.4	67.1	70.4	68.5	69.3	67.3
3. Crotch Height	32.0	31.4	33.5	32.0	33.5	31.6
4. Chest Breadth	12 6	12.3	15.0	11.5	12.4	12.5
5. Neck Circumference	16.0	14 5	15.5	14.8	15.5	14.1
6. Shoulder Circumference	46.0	45.0	47.0	45.4	47.5	45.0
7. Chest Circumference	38.5	37.5	38.5	37.5	38.8	37.8
8. Waist Circumference	32.0	30.0	34.5	32.0	33.0	30.6
9. Buttock Circumference	37.0	35.0	39 0	37.5	37.5	34.8
10. Thigh Circumference	20.8	20.5	23 8	22.0	23.0	21.0
11. Lower Thigh Circumference	15.1	14.6	15.5	15 5	15.3	14.0
12. Calf Circumference	15.0	15.0	15.0	14.8	15.0	13.9
13. Ankle Circumference	10.1	10.0	10.1	9.8	10.5	10.0
14. Wrist Circumference	6 9	6.5	7.0	6.9	7.0	6.5
15. Trunk Circumference	67.5	61.5	68.0	68.9	64.8	62.6
16. Knee Circumference	15.1	14.6	15.1	15.6	15.3	14.6
17. Axillary Arm Circumference	11.6	12.0	12.9	13.0	11.5	11.8
18. Biceps Circumference	11.8	11.0	11.0	11.5	11.5	10.9
19. Elbow Circumference	13.1	11.5	12.4	12.3	12.8	12.0
20. Sleeve Insleeve	18.9	19.1	19.0	19.3	18.3	19.5
SIZE DESIGNATION	LGE-REG.	SM -REG.	LGE-REG.	MED-REG	MED-REG	SM-REG

NOTE: ALL DIMENSIONS IN ENGLISH UNITS

MEASUREMENT ASTRONAUT	E. CERNAN	M. COLLINS	C. CONRAD	G. COOPER	W. CUNNINGHAM	DUKE
1. Weight	175.0	167.0	155.0	152.0	156.0	155.0
2. Height	71.3	70.6	66.4	68.4	69.8	71.1
3. Crotch Height	33.0	32.5	31.0	32.1	32.8	33.9
4. Chest Breadth	13.5	-	11.6	12.6	12.6	12.2
5. Neck Circumference	15.9	-	15.5	14.1	15.3	14.5
6. Shoulder Circumference	46.0	44.3	46.0	44.3	46.8	43.8
7. Chest Circumference	38.1	36.8	37.5	38.0	37.5	36.9
8. Waist Circumference	32.5	31.3	33.0	32.5	30.5	30.5
9. Buttock Circumference	38.8	38.5	38.0	36.0	37.3	37.0
10. Thigh Circumference	23.3	22.5	22.8	21.5	21.6	22.3
11. Lower Thigh Circumference	16.3	15.3	15.5	14.8	14.8	14.5
12. Calf Circumference	15.8	15.3	14.9	14.8	15.3	14.5
13. Ankle Circumference	10.8	10.8	10.0	9.5	10.1	10.5
14. Wrist Circumference	7.1	6.8	6.6	6.4	6.8	9.3
15. Vertical Trunk Circumference	69.3	67.5	64.5	63.5	64.5	66.9
16. Knee Circumference	16.0	15.3	15.3	15.0	15.1	14.6
17. Axillary Arm Circumference	13.0	13.0	12.8	12.0	11.9	11.5
18. Biceps Circumference	12.3	11.4	11.6	10.8	11.1	10.5
19. Elbow Circumference	12.8	11.6	12.3	13.0	12.0	13.3
20. Sleeve Inseam	19.4	19.3	18.3	-	19.1	19.8
SIZE DESIGNATION	LGE-REG	MED-LNG	MED-SHT	MED-REG	MED-REG	MED-LNG

NOTE- ALL DIMENSIONS IN ENGLISH UNITS

MEASUREMENT ASTRONAUT	D. EISELE	J. ENGLER	R. EVANS	R. GORDON	F. HAISE	J. IRWIN
1. Weight	152.0	157.0	161.0	155.0	153.0	165.0
2. Height	67.8	71.8	69.9	65.6	68.9	66.8
3. Crotch Height	31.5	34.4	33.8	30.6	33.1	31.5
4. Chest Breadth	12.4	11.3	11.8	12.1	12.1	14.4
5. Neck Circumference	14.5	14.9	15.0	15.5	14.3	14.9
6. Shoulder Circumference	45.6	45.6	43.8	46.6	45.4	47.8
7. Chest Circumference	38.5	37.5	37.3	37.8	38.0	39.6
8. Waist Circumference	32.0	30.8	31.0	31.5	32.0	32.5
9. Buttock Circumference	36.0	38.0	38.3	37.3	37.3	37.5
10. Thigh Circumference	22.0	21.3	21.5	22.8	22.5	22.5
11. Lower Thigh Circumference	15.0	15.4	15.5	15.3	14.3	15.4
12. Calf Circumference	14.8	13.6	15.5	15.3	14.6	15.3
13. Ankle Circumference	10.3	10.3	10.6	10.4	10.0	10.6
14. Wrist Circumference	6.5	6.8	7.0	7.0	6.6	6.8
15. Vertical Trunk Circumference	68.3	65.5	66.0	64.1	65.0	64.0
16. Knee Circumference	14.9	16.0	15.5	15.3	15.0	15.5
17. Axillary Arm Circumference	12.6	13.0	11.8	12.5	12.3	13.4
18. Biceps Circumference	11.5	11.8	11.8	11.4	11.0	11.6
19. Elbow Circumference	13.8	13.0	12.5	11.9	11.8	12.5
20. Sleeve Inseam	19.3	20.3	19.5	17.6	18.9	18.8
SIZE DESIGNATION	MED-REG	MED-LNG	MED-REG	MED-SHT	MED-REG	MED-SHT

NOTE: ALL DIMENSIONS IN ENGLISH UNITS

MEASUREMENT ASTRONAUT	J. LOVELL	K. MATTINGLY	J. McDIVITT	MITCHELL	ROOSA	W. SCHIRRA
1. Weight	173.0	140.0	159.0	179.0	161.0	197.0
2. Height	70.6	69.0	70.8	70.0	65.9	69.8
3. Crotch Height	33.0	32.6	32.5	32.3	33.4	32.0
4. Chest Breadth	12.0	11.8	13.5	11.7	13.2	14.1
5. Neck Circumference	15.6	15.0	14.5	15.8	14.0	15.0
6. Shoulder Circumference	45.8	43.5	43.5	46.3	44.3	48.0
7. Chest Circumference	37.0	35.4	35.3	39.8	38.0	41.3
8. Waist Circumference	32.5	28.4	33.0	34.0	34.5	36.0
9. Buttock Circumference	38.5	35.5	37.3	38.5	38.5	40.0
10. Thigh Circumference	22.1	20.4	21.3	23.5	23.5	24.0
11. Lower Thigh Circumference	16.3	14.6	14.9	16.1	14.3	16.8
12. Calf Circumference	16.3	14.3	14.8	16.0	15.0	16.5
13. Ankle Circumference	10.1	9.5	10.3	11.0	9.6	10.8
14. Wrist Circumference	7.0	6.3	6.8	7.9	6.5	7.1
15. Vertical Trunk Circumference	68.0	64.8	67.3	67.5	64.3	68.0
16. Knee Circumference	16.5	14.8	14.8	16.0	14.8	16.1
17. Axillary Arm Circumference	12.3	11.0	13.0	12.8	12.0	13.5
18. Biceps Circumference	12.0	10.5	11.5	12.0	12.6	12.0
19. Elbow Circumference	12.8	11.5	12.8	13.0	13.5	12.8
20. Sleeve Inseam	18.3	18.1	19.6	19.3	19.5	18.6
SIZE DESIGNATION	MED-LNG	SM-LNG	MED-LNG	LGE-REG	MED-SHT	LGE-REG

NOTE: ALL DIMENSIONS IN ENGLISH UNITS

MEASUREMENT ASTRONAUT	R SCHWEICKERT	D. SCOTT	A. SHEPARD	T STAFFORD	J. SWIGERT	J. YOUNG
1. Weight	165.0	177.0	170.0	172.0	187.0	168.0
2. Height	71.8	71.8	68.8	71.5	71.4	69.3
3. Crotch Height	34.6	33.5	33.2	32.8	33.1	31.5
4. Chest Breadth	11.9	13.5	12.8	13.5	12.8	13.4
5. Neck Circumference	15.1	15.5	15.3	16.5	16.0	15.3
6. Shoulder Circumference	45.0	48.4	47.5	47.0	49.0	47.3
7. Chest Circumference	37.6	38.5	40.0	42.3	39.0	39.8
8. Waist Circumference	33.4	31.8	32.3	32.3	34.0	32.0
9. Buttock Circumference	37.5	39.3	39.0	38.0	40.5	37.3
10. Thigh Circumference	22.0	22.0	22.5	22.5	24.3	20.5
11. Lower Thigh Circumference	16.0	16.5	16.3	14.9	17.3	15.5
12. Calf Circumference	14.8	16.5	15.4	14.8	16.0	15.5
13. Ankle Circumference	11.1	11.5	10.4	10.0	11.1	10.8
14. Wrist Circumference	7.1	7.4	6.9	7.0	7.1	6.8
15. Vertical Trunk Circumference	66.0	69.0	66.0	68.8	71.0	67.5
16. Knee Circumference	15.5	16.3	16.4	15.5	16.9	15.3
17. Axillary Arm Circumference	12.3	13.3	12.8	12.8	14.0	12.5
18. Biceps Circumference	11.5	12.8	11.4	12.3	12.4	11.5
19. Elbow Circumference	12.6	14.6	12.0	14.0	13.5	13.3
20. Sleeve Inseam	19.5	19.8	19.8	19.5	19.3	19.0
SIZE DESIGNATION	MED-LNG	LGE-REG	MED-REG	MED-LNG	LGE-REG	MED-REG

APPENDIX C

GLOSSARY OF TERMS

The following definitions are commonly used terms in the textile industry.

Abraded Yarns: Continuous filament rayon yarns in which filaments have been cut or abraded at intervals and given added twist to bring about a certain degree of hairiness. Abraded yarns are usually plied or twisted with other yarns before using.

Abrasion Resistance: Degree to which a fabric is able to withstand surface wear and rubbing.

Absorption: The property to attract and hold gases or liquids within the pores of a fiber, yarn, or fabric.

Adsorption: The attraction of gases, liquids, or solids to surface areas of textile fibers, yarns, or fabrics.

Affinity: Chemical attraction. The tendency of two elements or substances to unite or combine as fiber and dyestuff.

Air Permeability: Warmth or coolness of a fabric is measured by its porosity, or the ease with which air passes through it. Air permeability determines the warmth of blankets, etc.

Anti-Crease Process: A treatment of a fabric which enables it to resist and recover from creasing.

Anti-Static: Ability of a fabric to disperse electrostatic charges and prevent build-up of surface potential of static electricity.

Average Stiffness: Average load in grams per denier that will stretch the fiber 1%.

Blend: A combination of two or more fibers spun into a yarn, or a fabric containing a mixture of two or more fibers or yarns.

Body: The compact, solid or firm feel of a fabric.

Bonding: A process of pressing fibers into thin sheets or webs that are held together by adhesive, plastic, or cohesion (self-bonding).

Breaking Strength: Ability of a fabric to resist rupture by evenly applied tension, usually expressed as pounds of force applied to one inch width in warpwise or in fillingwise direction.

Bulding Process: Any one of several procedures for crimping, curling, or looping the yarn so that it becomes bulked, and occupies a volume greater than that indicated by the specific gravity of the fibers.

Bursting Strength: Ability of a fabric to resist rupture by pressure, usually expressed as pounds of force required to push a spherical surface through a peripherally clamped disc of fabric.

Calendering: A finishing process for fabrics producing a flat, shiny, smooth surface by passing the cloth through hollow cylinder rolls or a friction and glazing calender.

Carding: Process of opening and cleaning textile fibers which separates fibers from each other, lays them parallel, makes them into a thin web and condenses them into a continuous, untwisted strand of fibers called a "sliver."

Cellophane: Transparent film made from regenerated cellulose.

Cellulose: A carbohydrate of complex molecular structure which forms the chief framework of plant cells and walls. Used as a basic raw material for making rayon.

Colorfast: Fabric's ability to retain sufficient color so that no noticeable change in shade takes place during the normal life of the garment. Those changes (fading) can be effected by one or more color-destroying influences. atmospheric fumes, laundering, dry cleaning, crocking, perspiration.

Continuous Filament Rayon Yarn: Yarn formed by twisting two or more continuous rayon filaments into a single, continuous strand.

Cord: 1. The product formed by twisting together two or more ply yarns.
2. A rib on the surface of the fabric, e.g., a ribbed fabric like corduroy, whipcord, etc.

Count: 1. (Cloth): Number of warp and filling yarns per inch in woven cloth.
2. (Yarn): Size or weight of yarn.

Course: A row of loops running across a knitted fabric.

Crease Resistance (Wrinkle Resistance): Ability of a fabric to resist the formation of wrinkles and creases contributing to a mussed appearance and the ability to recover from wrinkles and creases.

Crease (Or Pleat) Retention: Ability of a fabric to retain in normal use pleats or creases intentionally produced (usually) by heat treatment.

Crimp 1. (Fiber) The waviness in fibers, e g., certain wools and rayon staple fibers.
2. (Yarn): Also curvature produced in warp or filling yarn by weaving.

Cut: A length of woven cloth.

Denier: The weight, in grams, of 9,000 meters of yarn is the denier. The lower the denier, the finer the yarn. For example, 50 denier rayon is twice as fine as 100 denier rayon.

Dimensional Restorability: The ability of a fabric to return to its original dimensions. It is usually followed by a percentage figure that specifies the dimensional change as shown by laboratory tests. Many fabrics shrink or stretch after they have been properly constructed and finished come back to their original dimensions by ordinary ironing. Hence, a 2% dimensional restorability means that although a fabric may shrink more than this in washing, it is restored to within 2% of its original dimensions by ordinary home pressing methods.

Dimensional Stability: Tendency of a fabric to retain its shape and size after being subjected to wear, washing, dry cleaning, this stability may be brought about by the kinds of fiber used in the fabric, by chemical treatment or by mechanical means.

Double Weave: A cloth woven with two systems of warp or filling threads so combined that only one is visible on either side.

Durable Press: A pre-cured or post-cured process whereby a garment is produced having a durably set shape and/or designed creases, and requires no ironing after controlled laundering for its normal use-life.

Elasticity: The property of a fiber or yarn to elongate upon applying tension, and to recover its length upon releasing tension.

Elongation: The deformation caused by a tensile force. It is expressed as a percentage of the original length

End: One warp yarn or thread.

Extensibility: The length gained by stretching to the breaking point. It is expressed in percentage of the original length.

Fabric: Cloth or textile material woven, knitted, or felted of any fiber or mixture of fibers.

- Felt:**
1. (Pressed) A matted material made from wool, hair, fur or certain synthetic fibers by a suitable combination of pressure, heat moisture (without spinning, weaving or knitting), e.g., felt hats.
 2. (Woven) A heavy woven fabric characterized by a nap which has been subjected to a felting operation.

Fiber. The fundamental unit used in the fabrication of textile yarns and fabrics. A.S.T.M. defines a fiber as a unit of matter characterized by having a length at least 100 times its width or diameter.

Filament: An individual strand of continuous length drawn from one hole in the spinneret. The strands are collected into one continuous yarn.

Filling: The yarn running from selvage to selvage at right angles to the warp. Each crosswise length is called a "pick". The filling is sometimes referred to as "weft" or "woof".

Finishing: A final and sometimes special process through which fabrics are put in order to give them certain characteristics or appearances such as bleaching, scouring, calendering, embossing, napping, mercerizing, water-proofing, moth-proofing, etc., in preparation for the market or use.

Flexibility: The property of bending without breaking.

Gage or Gauge: The gauge indicates fineness or texture in knit fabrics. It refers to the number of needles in a given width. For example, in full-fashioned hosiery the number of needles per 1.5" represents the needles per 1.0". The higher the gauge-number, the finer the texture of the fabric.

Gas Fading: Also called atmospheric fading, it is the effect of certain acid gases from fuel combustion upon some types of dyestuffs used in the dyeing of fabrics.

Glance (French "iced", pr. gla-say). A glistening, lustrous effect imparted to fabrics in finishing.

Hand Term used to describe the touch, handle, or feel of fabrics.

Heat-Set Stabilization of synthetic fabrics to insure no change in size or shape.

High Tenacity: High strength yarn of rayon or other man-made yarn.

Hydrophilic (or Hydrosopic). Property of absorbing moisture from the air-common to rayon, silk, wool, and other natural fibers

Hydrophobic: Non-absorptive fiber such as nylon and other synthetics.

Knitting: To produce fabric on more than one needle by a method of interlooping yarn or yarns. The lengthwise rows of loops are known as "wales" - the crosswise, horizontal rows of loops as "courses "

1. Circular knitting: The fabric comes from the knitting machine in the form of a tube. The threads run continuously in one direction in loops around the fabric.
2. Flat knitting: Is similar in construction to circular knitting. The differences are (a) the fabric comes from the knitting machine in a flat form just as woven fabrics do (b) the threads run in loops, alternately back and forth across the fabric, (c) flat knit fabrics are capable of being "fashioned" or shaped in the knitting.
3. Warp knitting: Here, the fabric usually comes from the knitting machine flat just as woven and flat knit fabrics do. The threads run in loops in a general lengthwise direction.

Laminated: Fabric composed of layers of cloth joined together with resin.

Leno: A weave in which the warp yarns are arranged in pairs so as to twist one around the other between picks of filling yarn as in marquisetts. This manner of weaving gives firmness and strength to an open weave cloth and prevents slipping and displacement of warp and filling yarns.

Linters: Short cotton fibers which adhere to the seed after the first ginning. These are cut from the seed and used as a source of cellulose for the manufacture of rayon.

Luster: Shine or sheen of yarns, fiber or finished fabrics.

Mil: A unit commonly used for measuring the diameter of wires and textile monofilaments, being 1/1000 inch.

Modulus of Elasticity: Ratio of the stress in a material to the strain (elongation) with the elastic limit of the material.

Monofilament· A single filament.

Multifilament· Yarns with many fine continuous filaments or strands.

Nap: The downy or fuzzy surface of cloth produced by brushing

Nonwoven· A fabric made up of a web of fibers held together by suitable chemical or fibrous bonding agents.

Pebble· The irregular or rough surface texture of a fabric.

Photomicrograph: A magnified photograph of a fiber, yarn or fabric obtained by attaching a camera to a microscope.

Pick A throw of the shuttle. One filling thread is termed a pick on the loom or in the fabric.

Pick Glass: Magnifying glass with gauged aperture used for making a count of cloth.

Picot· (French "splinter"; pr. pec-co). A small loop woven on the edge of ribbon or a purl on lace. A picot edge may also be produced by a hem-stitching machine. Also refers to the run-resist loops usually found in the top of hosiery

Piece· A standard length of a woven cloth as 40, 60 or 80 yards.

Pilling· Formation of little balls of fibers called "pills" on the surface of a cloth; caused by abrasion and wear.

Plain Knit· Simplest knit structure as in hose.

Plain Weave· The simplest of the fundamental weaves. Each filling yarn passes alternately under and over each warp yarn.
Example: Taffeta.

Plated: A fabric that is produced from two yarns of different colors, characteristics, or qualities, one of which appears on the face, and the other on the back. A yarn may be plated by being covered by another yarn.

Ply: Yarns twisted together are said to be plied Each end or thread is a ply.

Polymer: Molecular chain-like structure from which synthetic fibers are derived, produced by linking together molecular units called monomers.

Pyroxylin· A cellulose product which is used to coat cotton and rayon fabrics to make a fabric water-proof and stain resistant.

Residual Shrinkage· Amount of shrinkage remaining in a fabric after the decrease in dimensions has been determined by pre-shrinking, decrease in dimensions of a fabric after washing or dry cleaning.

Resiliency· Property of fiber or fabric to spring back when crushed or wrinkled.

Rib A corded effect in a woven fabric, can be either lengthwise, crosswise, or diagonal.

Rib Knit· Knit fabric with lengthwise ribs formed by wales alternating on right and wrong sides. If every other wale alternates between right and wrong side, it is called 1 x 1 rib. If two wales alternate, it is called 2 x 2 rib. A rib knit fabric is more elastic than plain knit and therefore has form-fitting characteristics

Saponification Reaction which causes acetate to be converted to regenerated cellulose.

Scouring: Removing the sizing and tint used on the warp yarn in weaving and in general cleaning the fabric prior to dyeing

Seamless· Describes a tubular knit fabric with seams. A typical example is seamless hosiery.

Selvage or Selvedge Edge on a woven or knitted fabric

Shrinkage The contraction of width or length of fabrics usually after wetting and redrying.

Sizing: Operation consisting of applying onto yarn starch, gelatin, oil, wax, or any other suitable ingredient to aid the process of fabrication, or to control fabric characteristics, e.g., crepe fabrics. Warp sizing is generally referred to as slashing.

Slippage The sliding or slipping of the filling threads over the warp ends or vice versa due to loose weave or unevenly matched warp and filling leaving open spaces.

Sliver· A loose, soft, untwisted strand or rope of fibers, one of the first steps in making spun rayon.

Specific Gravity: Simple ratio of the weight of a given volume of the fiber to an equal volume of water taken as standard at stated temperatures.

Stabilizing Treating a fabric so that it will not shrink or stretch more than a certain percentage.

Staple. Textile fibers of spinnable length.

Stiffness Property of a fiber or fabric to resist bending.

Stretch: The lengthening of a filament, yarn, or fabric upon application of stress

S-Twist: Direction of twist in a yarn or cord similar to the spiral part of the letter S. Formerly called "right" or "reverse" twist.

Swatch Small piece of cloth used as a representative sample of any goods

Tenacity Stress that has to be applied to produce a particular elongation in a fiber. The breaking tenacity is the stress required to elongate a fiber to the breaking point

Tensile Strength. Breaking strain of yarns or fabrics. High tensile strength means strong yarns or fabrics.

Tex The weight in grams of 1000 meters of yarn is the tex number The lower the tex, the finer the yarn

Texture Structural quality of a fabric, the surface effect of cloth.

Thermal Conductivity Measurement of heat flow through a material.

Thermoplastic A plastic material which is permanently fusible, term applied to true synthetic fibers describing their tendency to soften at higher temperatures

Thread A special type of tightly twisted ply yarn used for sewing, characterized by a combination of twisting and finishing with solid or semi-solid, wax-like materials to secure a smooth, compact strand which is quite flexible but presents no loose fibers.

Thread Strand of yarn.

Tow- A continuous, loose rope of rayon filaments drawn together without twist.

Tricot- Type of fabric knitted with run-resistant stitch.

Tufting Process of stitching of fabric, leaving the stitches long so that they can be cut or left as loops.

Twist Turns in a thread or yarn usually expressed in turns per one inch.

Vinylidene Chloride. A thermoplastic resin derived from petroleum and salt.

Viscose: 1. The solution obtained by dissolving cellulose xanthate in caustic soda.
2. The process for making rayon by converting cellulose into viscose solution, which is then spun into rayon fibers

Viscose Solution Solution from which viscose filaments are produced.

Wale A ridge or row of loops running lengthwise in woven or knitted fabrics

Warp: Set of yarns which run lengthwise in a piece of woven and warp knit fabric.

Warp Pile An extra set of warp yarns woven into a fabric to form an upright pile.

Wash And Wear: Phrase denoting a textile item which satisfactorily retains its original neat appearance after repeated wear and suitable home laundering with little or no pressing or ironing, fabric that required little or no ironing but may be washed, dried, and worn.

Waste Fiber and yarn by-products created in the manufacturing or processing of fibers or yarns.

Weaving: The method or system of interlacing of warp and filling yarns to produce a woven fabric.

Weft: Means same as filling or woof.

Weighting: Finishing materials applied to a fabric to give increased weight

Width Distance between the two selvages of a cloth.

Yarn: A continuous strand for weaving or knitting.

1. Continuous filament rayon yarn. Yarn formed by two or more continuous rayon filaments into a single continuous strand.
- 2 Spun rayon yarn. Yarn formed from rayon staple by spinning or twisting into a single continuous strand of yarn.

Z-Twist Direction of twist in yarn or cord called Z twist as the spirals conform in slope to the middle part of the letter Z, also called "left" or "regular" twist

Certain terms were used in the discussion on the thermal aspects of clothing systems and are defined herein.

Clo. The clo is a unit of insulation and is the amount of insulation necessary to maintain comfort and a mean skin temperature of 92°F. in a room at 70°F. with air movement not over 10 feet per minute, humidity not over 50 percent, with a metabolism of 50 Calories per square meter per hour. On the assumption that 76 percent of the heat is lost through the clothing a clo may be defined in physical terms as the amount of insulation that will allow passage of 1 Calorie per square meter per hour with a temperature gradient of 0.18°C. between the two surfaces.

$$1 \text{ clo} = \frac{0.18^{\circ} \text{C}}{\text{cal./sq.in./hr.}}$$

(Gagge, A. P., Burton, A. C., and Bazett, H. C. Science 94: 428, 1941.) The ordinary business clothing of men has an insulation value of about 1 clo. The best clothing has in practice a value of about 4 clo per inch of thickness. The theoretical value for absolutely still air has been estimated as 7 clo per inch at 18°C.

Effective Temperature An index of the warmth felt by the human body on exposure to various temperatures, humidities and air movements, with walls and air at the same temperature. The scale of effective temperature has been fixed by the temperature of still and saturated air which feels as warm as the given conditions. For example, any air condition has an effective temperature of 60°F. when it feels as warm as still air at 60° saturated with water vapor.

Insulation Value of Clothing. Usually the insulation (number of clo) of the clothing as worn and not the insulation of the fabrics alone.

Light Activity Activity requiring from 60 to 100 Cal./m.².hr. (basal metabolism is included).

Mean Skin Temperature The skin temperature as determined by measuring the temperature of the surface of the body in various places and weighting the measurements as follows: feet 7 per cent, lower leg 13 per cent, upper leg 19 per cent, trunk 35 per cent, arm 14 per cent, hands 5 per cent, head 7 per cent. These proportions have not been universally followed

Met. A metabolic rate of 50 Cal /m.²/hr. which is the ordinary metabolism of a man seated at a sedentary task.

Metabolic Rate. The sum of the heat and the external work produced by an organism in a given time. The fundamental measurement is by calorimetry, but in practice it is measured by oxygen consumption.

Net Metabolic Cost Metabolism due to the activity alone, the basal metabolism (about 40 Cal./m²/hr.) being subtracted from the total. For example, light activity has a net metabolic cost of 20 to 60 Cal./m.²/hr. and work, heavy has a net metabolic cost of 240 to 340 Cal /m.²/hr

Sedentary Occupation. An occupation not requiring more than 65 Cal./m.²/hr.

Wind Chill. That part of the total cooling that is due to the action of wind. This term is used almost exclusively in connection with cool or cold climates.

Work, Light (for young men) Work requiring 100 to 180 Cal./m.²/hr (basal metabolism is included.)

Work, Moderate (for young men): Work requiring 180 to 280 Cal./m.²/hr. (basal metabolism is included).

Work, Heavy (for young men) Work requiring 280 to 380 Cal./m²/hr. (basal metabolism is included).

Work, Exhausting (for young men). Work requiring over 380 Cal./m.²/hr (basal metabolism is included).

Various materials have been evaluated by NASA-MSc personnel and the results of the extensive testing efforts are contained in the following Summary Chart.

Physical Test Methods	COMBUSTION RATES (IN/SEC)						PHYSICAL CHARACTERISTICS				OUTGASSING				AVAILABILITY	SUPPLIER									
	(12)	(1)	(1)	(2)	(3)	(4)	(6)	(7)	(8)	(9)	(10)	(11)	(5)	(13)			(14)	(15)							
FABRIC	WEIGHT OZ/SQ YD	ATR	10 PSIA, 35% O ₂ , 65% N ₂	6.2 PSIA, O ₂	16.5 PSIA, O ₂	16.5 PSIA, 60% O ₂ /40% N ₂	ELONGATION (%)	BREAKING STRENGTH (WARP) (LBS/INCH)	TEAR STRENGTH (GRAMS)	WEAR RESISTANCE (NO CYCLES)	FOLDING ENDURANCE (NO CYCLES)	STIFFNESS (IN-LBS)	ABRASION, (NO OF CYCLES)	ABRASION, (NO OF CYCLES)	AIR PERMEABILITY (FT ³ /FT ² /MLR)	ELECTROSTATIC CHARGE (NANOCOLUMBS)	THERMAL CONDUCTIVITY (CAL/SEC/CM ² /°C/CM)	THICKNESS (INCHES)	ODOR (2.5 or lower is acceptable)	CARBON MONOXIDE (µgm/gm)	TOTAL ORGANICS (µgm/gm)				
NYLON	6.9			78			22	350	>6400	174	ALL GREATER THAN 5 000	002	2468	870	7.98	8.0	1.49 x 10 ⁻⁴	0145	12	1.2	0003	Commercial	Stern & Stern		
BETA 4190B	6.5	0	0	0	0	0	8.1	106	2400	148		003	198	.85	0.5	2.0	1.69 x 10 ⁻⁴	008					Commercial	Owens/Corning	
BETA 4484/TEFLON	6.1	0	0	0	0	0	8.9	142	>6400	151		003	125	1200	22.7	18.0	1.2 x 10 ⁻⁴	008 009					Available - Special Order	Owens/Corning	
TEFLON BLEACHED T162-42	8.7		29	0.13	435		67	59	5100	93		0002	584	600	4.8	20.0	2.1 x 10 ⁻⁴	009	9	0.7	34.0		Commercial		
TEFLON-NATURAL	16.9			0.21	725		56	172	5400	343		002	1075	1952	11.2	32.0	1.8 x 10 ⁻⁴	018	1.7	4.2	9.0		Commercial	E I DuPont	
NOMEX (H T 90-40)	6.2		121	0.63	1.00		40	325	>6400	689		001	943	260	4.9	8.0	1.58 x 10 ⁻⁴	013	7	0.4	1.0		Commercial	Stern & Stern	
NOMEX - TREATED - POC1 ₃ Br ₂	7.3			0.42			10	128	3000	353		004	450	227	10.9	0.6	1.6 x 10 ⁻⁴	014					Experimental	Dynatech	
PBI - UNTREATED	5.0			0.003	0.09		20	149	4600	206		004	629	143	98.5	40.0	3.0 x 10 ⁻⁵	0135	5	2.4	3.0		Government Use Only	Celanese	
PBI - TREATED - POC1 ₃	8.0	0		0.0			60	188	>6400	234		002	2481	1651	26.9	2.6	3.2 x 10 ⁻⁵	017					Experimental	Dynatech	
PBI - TREATED - POC1 ₃ Br ₂	5.9			0.14			20	184	5700	721		002	1200	1500	38.7	2.4	4.8 x 10 ⁻⁵	014					Experimental	Monsanto	
X-400	6.2		SE*	0.31	813		30	138	5900	126		0003	467	116	89.1	2.0	1.3 x 10 ⁻⁴	012		3.7	0.0		Being Evaluated	Monsanto	
X-410	5.0		SE*	0.29			14	200	3000	96		001	145	65	28.9	18.0	1.8 x 10 ⁻⁴	0118	11	2.8	1.0		Experimental	Monsanto	
X-420	5.6			0.30			13.3	124	4100	93		002	100	350	43.4	0.1	2.0 x 10 ⁻⁴	013					Experimental	Monsanto	
NICKEL CHROMIUM (KAPPA CLOTH OR CHROME1-R)	18.0	0	0	0.0	0	0		176	5400	869		008	2034	977	68.8	0.0	N/A	010					Available - Special Order	Fabric Research Laboratory	
FYPRO 5007/7	6.0	0	0.29	0.7		0.8	24	154	3800	836		003	217	41	49	12	2.0 x 10 ⁻⁴	015	0.7	4.0	1.0		Commercial	Travis Hills	
KYNOL FIBER			27	0.71		5.0	20	1.7	-	-														Commercial	Carborundum Co

Physical Test Methods

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|----------------------------|---|-----------------------------|
| 1 FED STD 191, Method 5104 | 5 FED STD 191, Method 5030 | 9 FED STD 191, Method 5450 |
| 2 FED STD 191, Method 5132 | 6 FED STD 191, Method 5202 | 10 Sweeney Test Method |
| 3 FED STD 191, Method 5302 | 7 FED STD 191, Method 5306 (C517 Wheel) | 11 Cenco-Fitch Test Method |
| 4 ASTM-D 2176 | 8 FED STD 191, Method 5304 (600 Grit Paper) | 12 FED STD 191, Method 5041 |
| | | 13 MSC-PA-D-67-13 |

*Self Extinguished
 ▲ Breaking tenacity, gm/denier

FABRIC CHARACTERISTICS SUMMARY