N O T I C E

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NUCLEAR ISOMER SUITABLE FOR GAMMARAY LASER

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Introduction:

The necessary conditions for the successful operation of Gamma-ray Lasers (Gasers) are ,

a)   population inversion

b)   minimum electronic absorption of the gamma ray in the medium

c)   recoilless emission of the gamma rays to permit stimulated emission

d)   absence of nuclear recoilless absorption to avoid line broadening

e)   a sufficiently long medium

Recent review articles[1,2] have described the difficulties which have to be overcome in successfully realizing a gamma-ray laser. The state of our knowledge of nuclear structure and of the interaction of the nucleus with its environment was insufficient to allow the early pioneers to foresee many of the problems[3,4].

Perhaps the most difficult of the originally perceived problems, how to obtain a density of inverted states sufficient to achieve lasing, has not been solved. There is, however, no known fundamental limitation to achieving high densities; and man's continuing effort to make his sources more powerful may someday solve the intensity problem[5].

In this paper we assume that the nuclear isomers mentioned in published papers have inherent limitations. We assume also that the judicious use of Bormann effect or the application of the total external reflection of low-energy gamma radiation at grazing angle of incidence may permit the use of a GASER crystal sufficiently long to achieve observable stimulated emission.

1.   V.A. Bush and R.N. Kuzmin, Sor., Phys. Usp 17, 942, (1975).

2.   G.C. Baldwin and R.R. Khokhlov, Phys. Today, 28, 32, (1975).

3.   B.V. Chirikov, Sov. Physiks JETP 17, 1355, 1963.

4.   W. Vali and V. Vale, Proc. IEEE 51, 182, 1963.

5.   M.N. Yakimenko, Sov. Phys. 17, 651, 1975.

We suggest that a long-lived 0^+ isomer decaying by low energy gamma-ray emission to a short-lived 2^+ excited nuclear state would be an attractive Gaser candidate. We suggest that the nuclear isomer be incorporated in a matrix of refractory material having an (EFG) electrostatic field gradient whose principal axis lies along the length of the medium. This will result in the preferential transmission of electric quadrupole radiation (some fraction of it, recoil-less) along the length of the medium.

General Consideration of the Nuclear Isomer and the Matrix:

When dealing with atomic nuclei, the achievement of a population inversion is a simple task. ^{114m}In (half-life 50 days, spin and parity 5^+) has been suggested for a long time. The energy of the isomeric transition ($5^+ \rightarrow 1^+$) is 191.6 keV. It may be pointed out that the energy of the transition is especially critical. The parasitic absorption by the atomic electrons falls off as the energy of the gamma ray increases, while the cross-section for the stimulated emission is proportional to the inverse square of the energy of the gamma ray $(E)^{-2}$. The latter consideration leads one to select a low energy isomeric transition. There is another reason for selecting low energy transitions. Success in achieving laser action with atomic nuclei critically hinges on the probability of recoilless emission of the gamma ray. The recoilless fraction f is given by

$$ f \propto \exp \left(- \frac{E_\gamma^2 / 2Mc^2}{k\Theta_D} \right) $$

where $E_\gamma^2 / 2Mc^2$ is the recoil energy and Θ_D is the Debye temperature of the matrix. The recoil-free fraction f is negligible for gamma ray transitions of energy greater than about 150 keV.

Gamma radiation emitted between nuclear level $2^+ \rightarrow 0^+$ or $0^+ \rightarrow 2^+$ actually involves transitions from or to the sublevels $m = \pm 2$, ± 1 and 0. If the matrix

in which the nuclear isomer is incorporated is non-cubic and more especially, the electrostatic field gradient q is axially symmetric, then the sublevels split and the three transitions are shifted in energy as shown in figure 1. The angular distribution of the gamma radiation with respect to the symmetry axis is given by

$$W(\Theta) = \tfrac{1}{2}(1 - \cos^4\Theta) \text{ for } \Delta m = \pm 2$$

$$W(\Theta) = \tfrac{1}{2}(1 - 3\cos^2\Theta + 4\cos^4\Theta) \text{ for } \Delta m = \pm 1$$

$$W(\Theta) = 3(\cos^2\Theta - \cos^4\Theta) \text{ for } \Delta m = 0$$

These radiation patterns are shown in figure 2 and clearly demonstrate that if one has a 0^+ or 2^+ isomer incorporated in a non-cubic crystal, which has a symmetric electrostatic field gradient whose principal axis lies along the long axis of the crystal, then the $\Delta m = \pm 1$ component is preferentially emitted along the crystal axis. The cross section for stimulated emission is likewise greatest along the long axis of the crystal. If the energy of the gamma ray is not too high and the Debye-temperature of the matrix is high enough, there may exist a large fraction of recoilless gamma-ray photons. When one of these photon interacts with another nucleus in the 0^+ or 2^+ isomeric state, then a stimulated emission will occur. However, only the $\Delta m = \pm 1$ photons travelling along the axis of the crystal, will have an energy match with the $\Delta m = \pm 1$ substates. The gamma rays arising from the other two sublevel transitions would emerge preferentially perpendicular to the axis of the crystal.

These ideas are based on Mossbauer absorption experiments for $2^+ \to 0^+$ transitions. The absorption of the recoilless photon in a tungsten disulfide ($W S_2$) single crystal (hexagonal close packed) which has an EFG with principal axis along the c-axis at each tungsten nucleus gave the results shown in fig. 3a. Only a single component $\Delta m = \pm 1$, is resonantly aborbed when the recoilless photon is incident travelling along the c axis. A similar result is shown in fig. 3b

for the $2^+ \to 0^+$ transition in ^{178}Hf where the gamma ray travelling along the axis of the hafnium metal single crystal was resonantly absorbed. In both cases, the results confirmed that only the $\Delta m = \pm 1$ transition is absorbed parallel to the symmetry axis. So it is inferred that the $\Delta m = \pm 1$ component of the $2^+ \leftrightarrow 0^+$ transition from an isomer incorporated in a matrix with a symmetric electrostatic field gradient along the long axis of the crystal will be emitted preferentially along the long axis of the crystal.

Filamentary Alignment of the Nuclear Isomers:

It was recognized by the inventors of the gamma ray laser concept that the alignment of the active atoms along a single axis could solve the problem of the non-existence of mirrors with which to form a cavity. Whisker crystals were suggested as a possible materials configuration.

The idea of a whisker configuration can be combined with the anisotropic distribution of the $\Delta m = \pm 1$ component of $0^+ \leftrightarrow 2^+$ quadrupole radiation. What is required to do this is an electric field gradient along the whisker filament and the crystal structure of the filament to be symmetric about the whisker axis. The concept is shown in figure 4.

Preferred Level Arrangement for the Nuclear Isomer:

As we have indicated, a long-lived isomer, having a spin sequence of levels $2^+ \to 0^+$ or $0^+ \to 2^+$ in a host having an axially symmetric field-gradient, will provide a directed propogation of the gamma radiation. Additional considerations favor the situation $0^+ \to 2^+$, i.e. the isomeric state should be the 0^+ state, the lower state should be the 2^+ state, and both states should be above the ground state. Whenever the ground state takes part in the isomeric transition, one cannot avoid the recoilless absorption of the gamma ray, causing an excitation from the ground to the isomeric state. This results in the broadening of the gamma-ray width and a loss of gamma-rays from the beam direction. Any broadening of

the gamma-ray linewidth reduces the cross-section for the stimulated emission σ_o,

$$\sigma_o = \frac{\lambda^2}{2\pi} \frac{f}{\Gamma\tau} \frac{\beta}{1+\alpha}$$

Here λ is the wavelength of the radiation.

Γ total width

τ = the effective lifetime of the transition. If the two levels are both

unstable, having a mean life $t_{upper} = t_n$ and $t_{lower} = t_\ell$, then
$\tau = 1/(^1/t_u + ^1/t_\ell)$

β = branching ratio of the isomeric transition

α = internal conversion coefficient

f = recoilless fraction.

When the transition does not involve the ground state, there will be no nuclear

absorption of the recoilless gamma rays and consequently no broadening of the

linewidth on this account. In addition, there will be no broadening of the 0^+

level due to stochastic field gradients or a distribution of magnetic fields at

the nucleus, since the 0^+ state has no moment. The only factor still causing the

broadening of the 0^+ state will be the inhomogeneous isomer shift. As pointed

out by Baldwin and Khokhlov, the additional broadening, for nuclear lifetimes

shorter than 10^{-6} sec., is negligible and the product ($\Gamma\tau$) is essentially unity.

It may be clearly stated that we have examined only the integral spin possi-

bilities. We do not rule out nuclear isomers involving half-integral spins. The

question as to whether 0^+ isomers exist which decay with a mean-life of 10^{-6} sec

or less and having a transition energy of tens of keV can only be answered by

studies in nuclear isomerism. In what follows a short review is given of the

occurrence of isomerism in even A nuclei. It is quite possible that odd-odd

nuclei will provide a rich variety of isomers, but our knowledge of such nuclei

is rather limited. We shall therefore confine our attention to even-even nuclei.

Isomers in Even-Even Nuclei:

Among the even-even nuclei are to be found some (rare earth and actinide nuclei) which are permanently deformed. The low-lying spectra of such nucleides are given in fig. 5. They consist of a rotational band built on the 0^+ ground state, and higher up, rotational bands built on the beta vibrational 0^+ and gamma-vibrational 2^+ states. The transitions among the levels of these bands are rather fast. The isomers observed in such nuclei are mostly high-spin isomers involving two-quasi-particles, four-quasi-particles and six-quasi-particles. These isomers have all been located in ^{176}Hf whose decay scheme is given in fig. 6. The 9.5 μ sec. 1333.1 keV 6^+ and 9.8 μ sec. 1559.3 keV 8^- states are two-quasi-particle states, the 401 μ sec. 14^- 2866 keV state is a four-quasi-particle state, and the 43 μ sec 22^- 4863.6 keV state is a six-quasi-particle state. Low spin 0^+ isomers among deformed nuclei can only be shape-isomers like the ones which have been found among the transuranic elements[*]. It may be pointed out that many 0^+ states have been located among the excited states of the rare-earth nucleides by (p,t) reaction. In order for the existence of the shape isomers in trans-rare-earth region to be confirmed, reaction gamma ray spectroscopic studies will have to be carried out.

Among the so-called vibrational nucleides, the low-lying excited states are usually the first 2_1^+, the second 0_2^+, and a 4^+ state as shown in figs. 7 and 8 for even-even molybdenum and ruthenium nucleides. The location of the 0_2^+ level changes from nucleus to nucleus. If the energy difference between the 0_2^+ and 2^+ states is not too large the upper 0_2^+ states become long-lived. The lifetime of such states is still longer if the 0_2^+ state happens to have a nuclear structure very different from that of the 2_1^+ state. Examples of such isomers are given if fig. 9 for ^{70}Ge and ^{42}Ca.

*Nuclear Fission-Vandenbosch and Huizenga-Academic Press (1973), pp. 59-76.

Recent studies of even-even selenium isotopes show a systematic shift of the 0_2^+ state as one goes from ^{76}Se to ^{72}Se as shown in fig. 10. The 0_2^+ state in ^{72}Se at 937 keV is only 75 keV above the 2_1^+ state at 862 keV and is excited in nuclear reactions and also in the radioactive decay of 1.3 min ^{72}Br. Similar states occur in ^{74}Se. The 0_2^+ state is excited in heavy-ion nuclear reactions and in the radioactive decay of 25 min. ^{74}Br.

Low-lying 0_2^+ states have recently been found in heavy ion nuclear reactions and in the radioactive decay in light isotopes of mercury (fig. 11). In the decay of 28-sec. ^{186}Tl and 4.5 sec. ^{186m}Tl, the second 0_2^+ has been located at 522 keV, only 117 keV above the first 2^+ state in ^{186}Hg. In ^{188}Hg the second 0_2^+ state has been found at 824 kev, 57 keV below the second 2^+ state. The state is fed by the decay of 71 sec. ^{188}Tl. The lifetimes have not been measured. Such states have been theoretically predicted by Kolb and Wong in very light even-even mercury isotopes.

These examples illustrate the possibility that further research may reveal an excited 0^+ isomer of suitable lifetime and energy to be suitable for gamma-ray lasers.
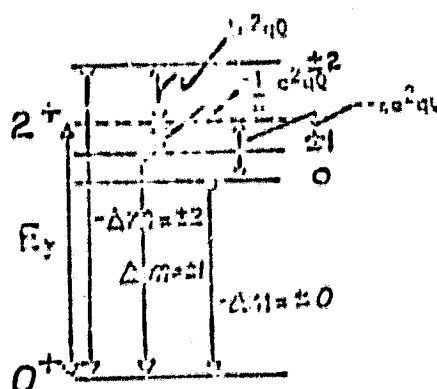
Fig. 1 Energy level splitting of 2+ level in a
field gradient and also showing the three
transitions to a 0+ level.

$\Delta m = \pm 1$ $\Delta m = \pm 2$

$\Delta m = 0$
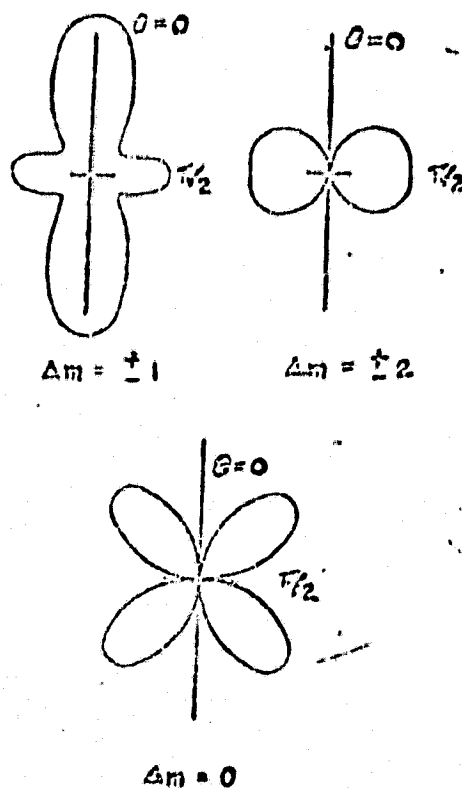
Fig.2 Electric quadrupole angular distributions
for the three components of a 2+ level.
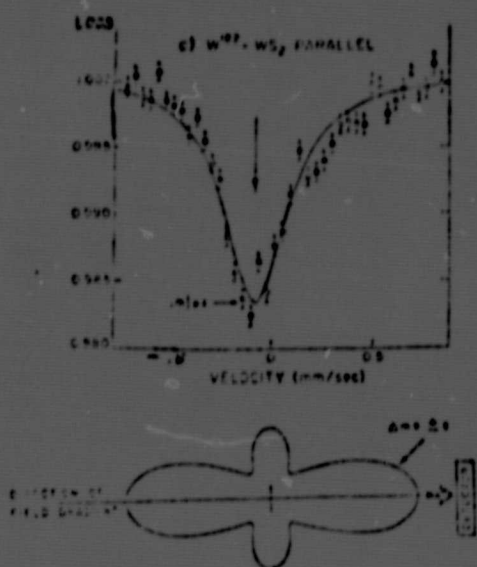
Fig. 3a Mossbauer transmission experiment of the
2⁺ → 0⁺ transition in WS_2 for the case
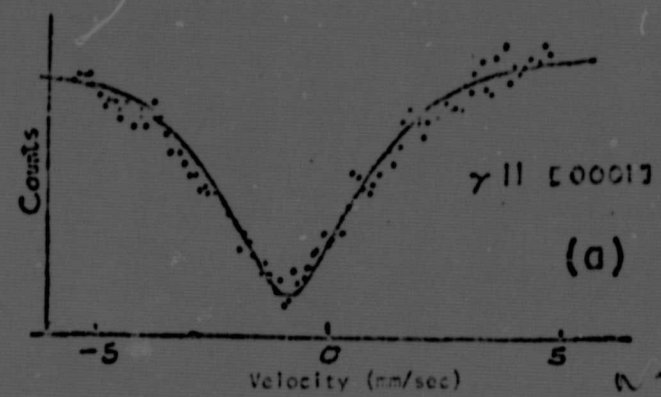when the incident photon is aligned with
c axis of the crystal.

Fig. 3b Same as 3a except the 2⁺ → 0⁺ transition
is transmitted in Hf metal single crystal.
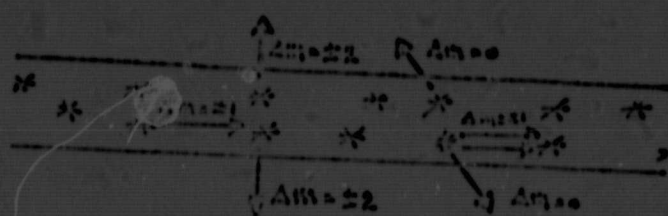
Fig.4 Schematic illustration of nuclei in isomeric
states, aligned in filaments and emitting
quadrupole radiation when an electric field
gradient is present and is in the filamentary
direction.
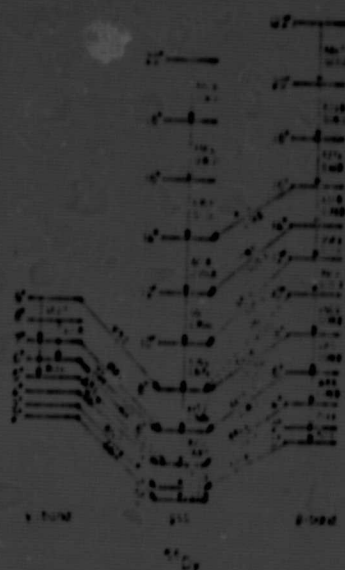
Fig. 1: Excitation energies in ^{168}Er
for the ground states, the β-
vibrational and the γ-vibrational
states. The levels are ordered into
their branches to the largest reduced
E2 transition probabilities. One should
remark that the β-vibrational band
starts to be the yrast band for all
levels with $J^\pi = 16^+$ and higher. The
data have been measured in a
collaboration between Jülich and
Louvain-la-Neuve [32].

Fig 5

Fressler: Reactions between
complex nuclei.
Ed. R. Robinson et al
North Holland Publishing Co (1974)
p 450
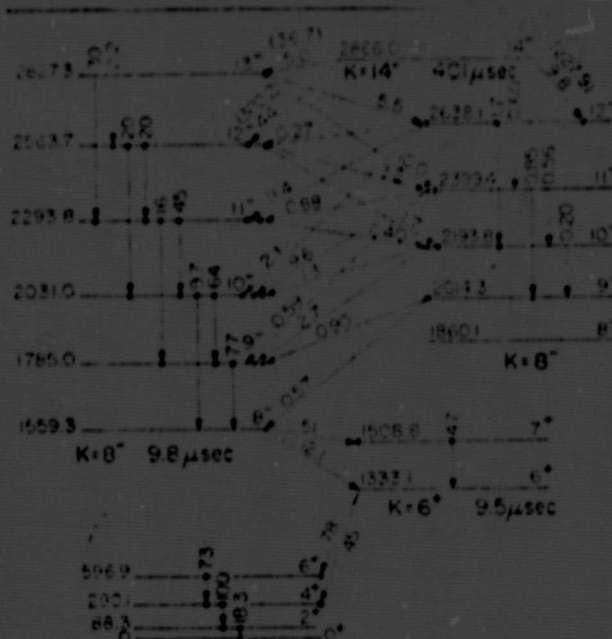
FIG. 1. Decay scheme of 4-qp $K^\pi = 14^-$ isomer in
^{176}Hf. The γ-ray relative intensities of all transitions
are indicated; the energies of the transitions directly
de-exciting the isomer are given in parentheses. Filled
circles indicate γ rays entering and leaving a level in
prompt coincidence.

FIG. 1. Partial level scheme for ^{176}Hf showing four-
and six-qp excitations and upper portion of ground
band. Assignments in parentheses are tentative. Filled
circles indicate γ rays entering and leaving a level in
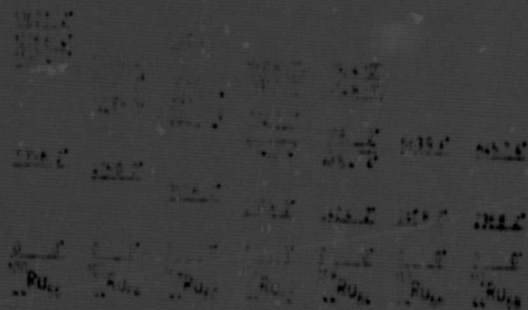prompt coincidence.

Khoo et al
Phys Rev Letters 35, 1256, 1975

Khoo et al
Phys Rev Letters 37, 823, 1976

Fig 6

Mo — EVEN A
PARTIAL LEVEL
SCHEMES
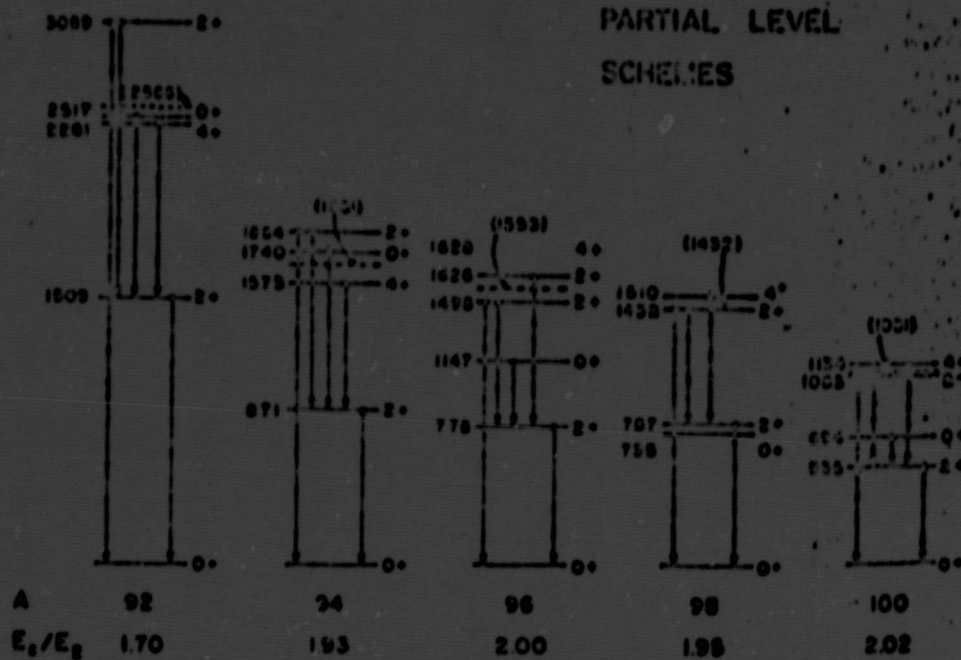
Phys Rev
C9, 670, 1974

A	92	94	96	98	100
E_4/E_2	1.70	1.93	2.00	1.95	2.02

fig 7

Kaffrell et al
Phys Rev C 8, 320, 1973

fig 8

2^- $\dfrac{12.4 \, hr}{\underset{19}{K}^{42}}$ β^-
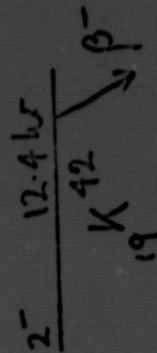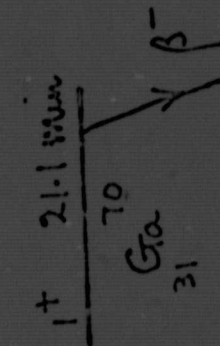
_____ 2423 keV

_____ 1836 keV   0.32

_____ 1524 keV

_____ 0

$\underset{40}{Ca}^{42}$
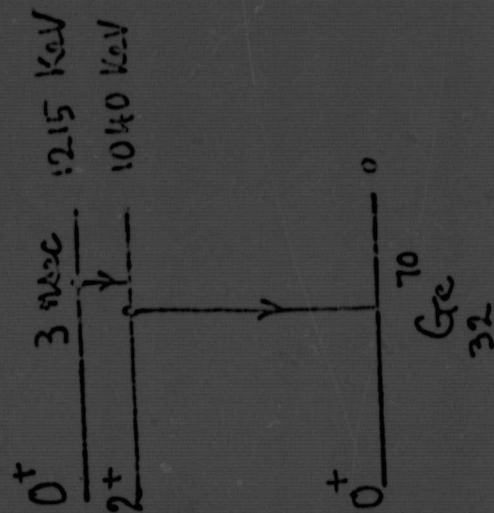
fig 9

Table of Isotopes : Lederer et al

0^+ 3 nsec   1215 keV

2^+ _____ 1040 keV

γ

0^+ _____ 0

$\underset{32}{Ge}^{70}$

1^+ $\dfrac{21.1 \, min}{\underset{31}{Ga}^{70}}$ β^-

L. Nolte et al
Z. P 2... , 2..., 1974

2034·04

1805·05

945·9·3

0⁺
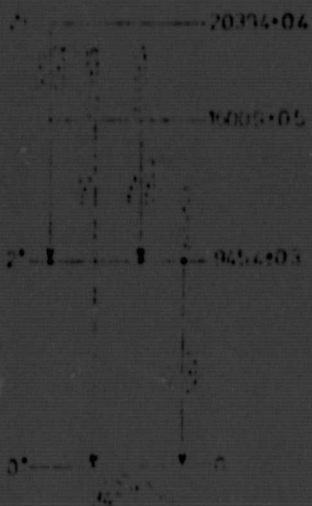
Nolte et al
Zeits f Physik 268, 267, 1974

^{72}Se
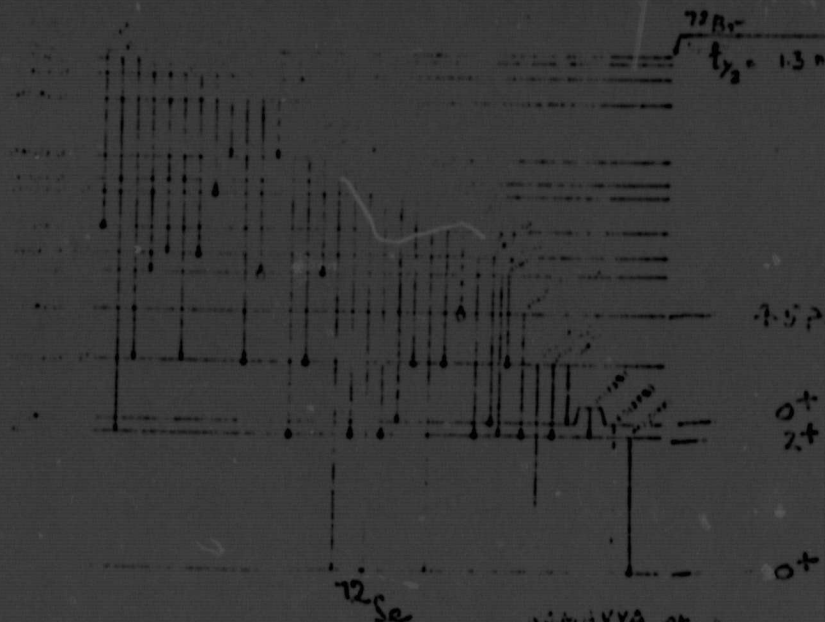
Hamilton et al
Phys Rev letters 32, 239, 1974

^{72}Br
$t_{1/2}$ = 1.3 m

757

0⁺
2⁺

0⁺

...YYA et al
Phys Rev 12...
J.H. Hamilton
Phys Rev letters 3...

$^{76}_{}As$ 2⁻
26 hrs
β⁻

^{74}Br
εc
β⁺

4⁺
2⁺
1884
1839
1659

2⁺
1269

0⁺
854   1.2 nsec
2⁺   635   6 psec

(100)

0⁺   0·0

^{74}Se
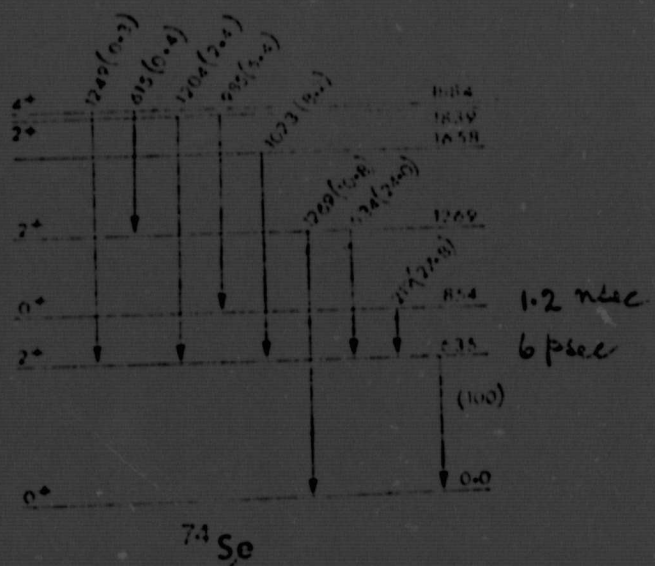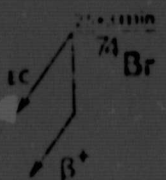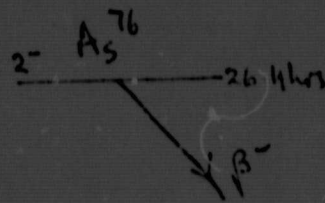
Ronningen et al
A261 4.., 1976

4⁺
2⁺
0⁺

2⁺   559

0⁺   0

^{76}Se
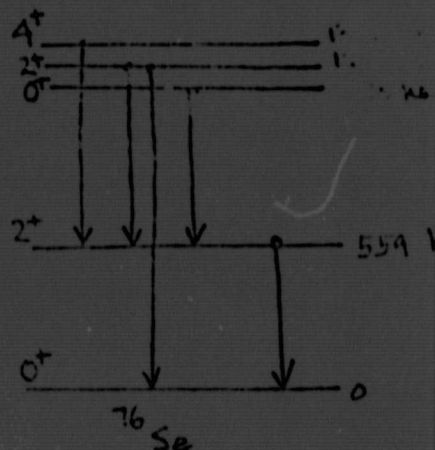
Lieder et al
Table of Isotopes

Fig 10

Tℓ¹⁸⁴ → 11 Sec

4.5 / 1.3 Sec
Tℓ¹⁸⁶ → ?

— 1901 KeV

— 1412 KeV

— 994 KeV   8 psec

— 654 KeV   33 psec

— 367 KeV   30 psec

— 0

— 2018

— 1589   3 psec

— 1165 — 5 psec

— 805 — 9 psec
2⁺ — 615 KeV
0⁺ — 522 KeV
— 405 KeV — 18 psec

— 0

Kolb & Wong
Nucl Phys A245, 265, 1975

Rud et al.
Phys Rev Lett
31, 1421, 1973
RAMAYYA et al
BAPS 21, 975, 1976
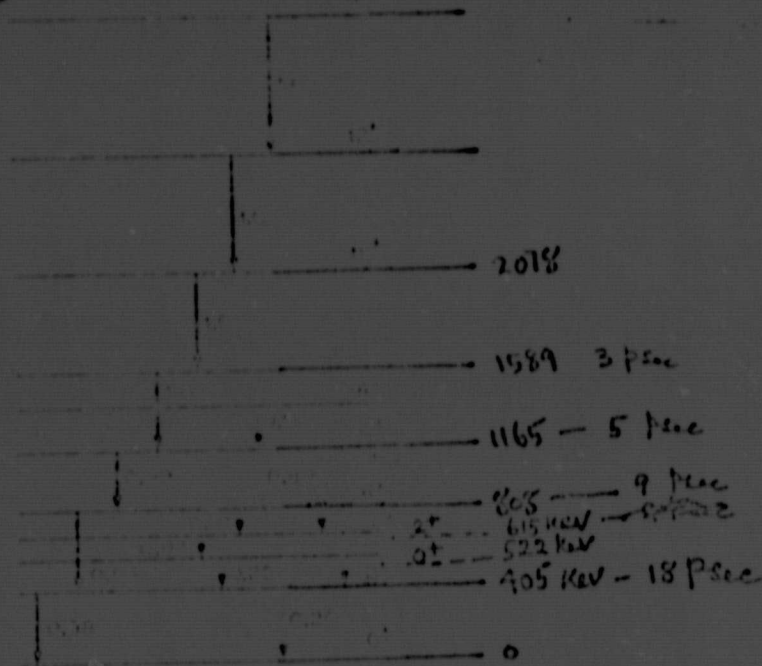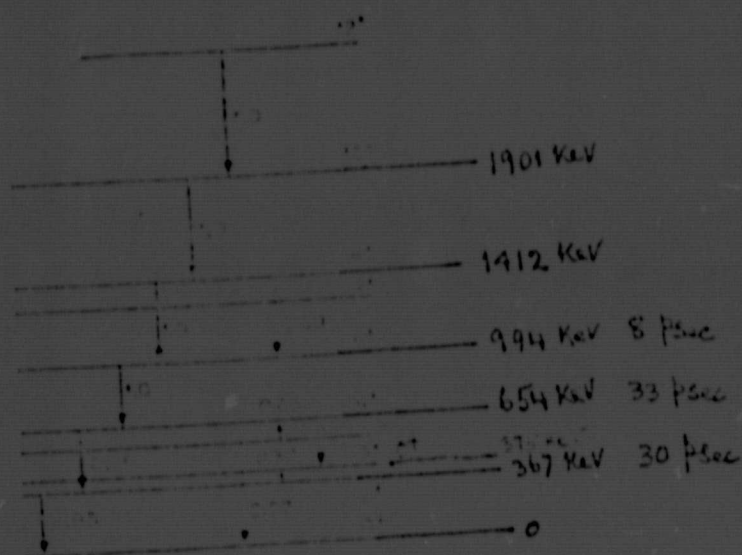
Kolb & Wong
Nucl Phys A245, 205, 1975
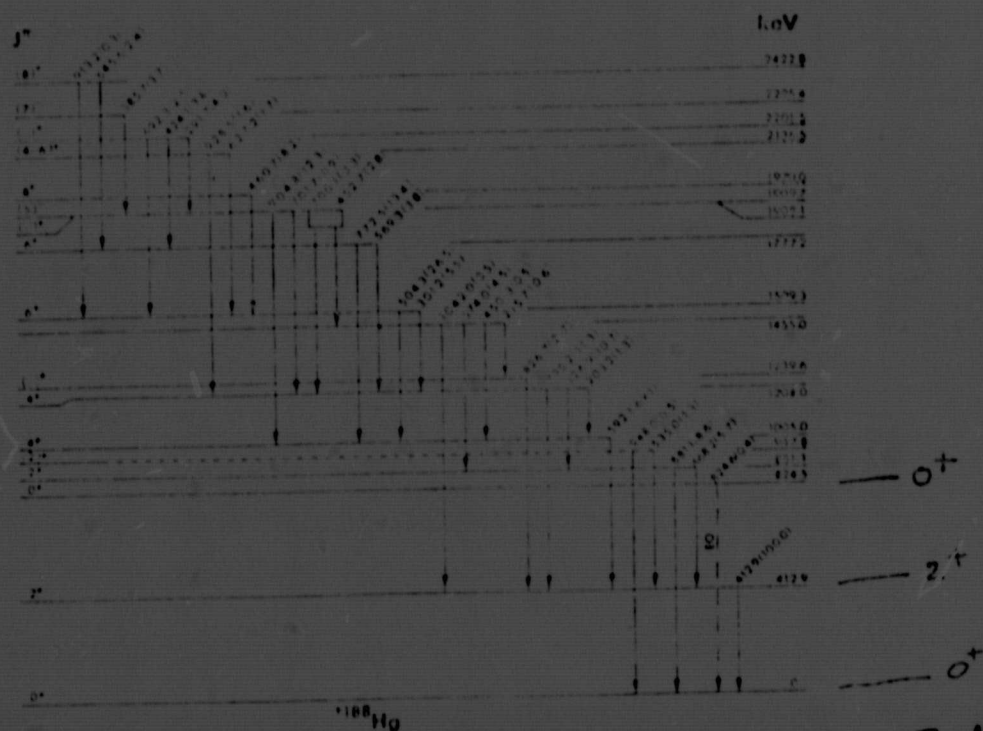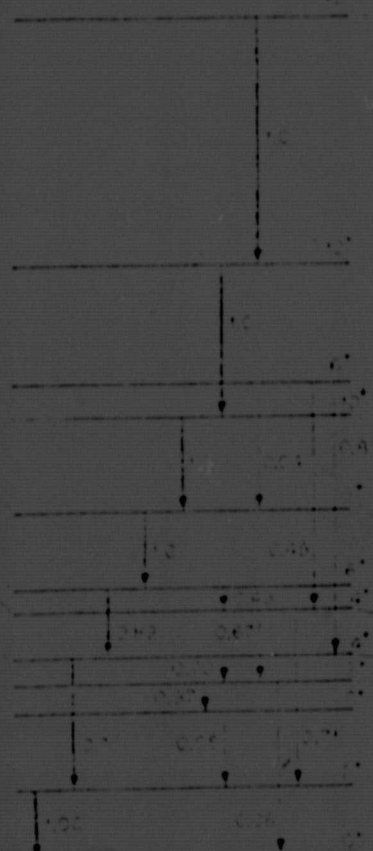
Proctor et al
Phys Lett 45B, 102, 1974

71 Sec
Tℓ¹⁸⁸

keV

— 0⁺

— 2⁺

— 0⁺

¹⁸⁸Hg

FIG. 2. The decay scheme of 71-sec, presumably high-spin ¹⁸⁸ Tl to ¹⁸⁸Hg.

Fig 11