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Medical and Surgical Evaluation and Care of Illness in Space

Final Report for the NASA Contract NAG9-567, BASIC "Non Invasive Techniques for Critical Ill in Space"

John H. Siegel, M.D. Principal Investigator ORICINAL CONTRAINS COLOR BLUCTRATIONS 11

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Progress Report

This report summarizes the work done on the contract NAG9-567, which was activated at the New Jersey Medical School-UMDNJ in April 1992 and carried on during the 1992-93 year to the present 1993-94 year which was terminated in May 1994. During this period the funding supported a single programmer under the direction of the Principal Investigator. Together they completed the initial examination stage of an interactive program for the recording of physical and physiologic injury information obtained from examination of an injured person, who might be an astronaut sustaining traumatic injury, due to a burn or physical trauma, either in space or in an earth bound training environment.

Additional studies had been planned for the conversion and testing of the previously designed physiologic monitoring modules in a bedside environment. However, the funds for the required physiologic evaluation nurse and the necessary equipment which had been requested were not granted and the contract was therefore limited, by mutual consent between the NASA project officer and the project principal investigator, to the development and limited clinical testing of the patient injury modules. During the present contract an interactive graphic methodology was developed to permit the delineation and recording of serious injuries with regard to cause and severity and their location on the body surface. The system also permits the recording of admission physiologic and biochemical data. These interactive graphic modules also permit the recording of a full neurological examination and the delineation of the location, nature and complexity of skeletal system fractures which might be the result of a traumatic insult.

In addition, as a demonstration of the therapeutic information capability of this system, program modules were created which provide relevant therapeutic protocols and suggestions for management of acute problems which might arise in post trauma victims. The examples shown are for individuals with severe body burns of second or third degree severity, or for patients who have sustained major barotrauma. These medical information (Rx) modules were designed as demonstrations of the type of clinical therapeutic guidelines related to specific injuries that can be provided by this computer program. These therapeutic guidelines would allow a paramedically trained astronaut, or a physician astronaut with limited experience in handling the trauma condition in question, to immediately initiate therapy within an environment where Earth to Space station communications might be limited because of the very events that which might have precipitated the trauma to the personnel involved (e.g., explosion, fire, etc.). They provide systematic guidance for urgent therapy which can then be modified as the condition progresses, by appropriate ground consultation using the quantitative information provided by the interactive graphic delineation of patient injuries and the resulting physiologic abnormalities.

In this report the three aspects will be discussed: 1) The first is a description of the system of diagnostic examination graphics; 2) the second is a description of the organization of the therapeutic advisory systems with a demonstration of two specific modules; and 3) the third is a brief technical description of the organization of the programming system carried out on a UNIX based work station using a WINDOWS environment.

A. THE DIAGNOSTIC EXAMINATION INTERACTIVE GRAPHICS PROGRAM

This Diagnostic Examination system is a group of interrelated programs which enables and guides the recording of the details of the physical examination of an injured or burned astronaut, or civilian trauma patients. It was designed to be utilized by paramedical or medical trained personnel who might have a relatively limited experience in the evaluation of the seriously injured patient. Therefore, it is based on the utilization of a consistent diagnostic graphic format based on a series of body images which can be addressed by the examiner in a systematic fashion so as to record those abnormalities noted on direct physical examination, or on the basis of information that might be obtained by specialized diagnostic equipment providing radiologic or ultrasound imaging. It also permits the introduction of biochemical and physiologic information that might be obtained from standard biochemical analytic devices or physiologic sensors. These data can be entered either directly as digitized inputs from a physiologic sensor system or by manual entry of appropriate numbers which quantify these parameters of physiologic function, such as the blood pressure or heart rate, etc. Since in a NASA environment, the astronauts could be examined prior to space flight and at various intervals during the in-flight training and recovery period, the system is designed to permit serial recordings of

basic information which can then serve as a base line for the interpretation of later abnormal changes.

1. BODY IMAGE - GENERAL CONSIDERATION AND ORGANIZATION

The initial diagnostic format is shown in Figure 1. This image and its accompanying graphic "hot buttons", are presented on the computer screen and can be accessed by the use of a mouse or trac ball cursor. This first image demonstrates an anatomic diagram of the front and back of the body surface delineated into identifiable regions for localization of injuries or other abnormalities. It is important to note that all of the various diagnostic formats can be called to the screen by placing the mouse driven pointer on one of the specific icon names at the bottom of the These allow for the selection of images relevant to screen. injuries to the body surface area (Skin/Body), head, face and brain (Skull/CNS), skeletal injuries (Skeleton) or neurologic injuries which involve the spinal cord (Spinal Cord). Injuries to the thoraco-abdominal viscera can also be delineated, but this module (not shown) is designed for use in a hospital bound environment, since it is unlikely that these organ injuries could be definitively delineated in the proposed Space Station.

However, in all cases the examiner is forced to begin the recording of the diagnostic session with the body surface image and physiologic data obtained on first examination after the trauma (Figure 1),. This body surface image is use to enter the findings of the initial physical examination and is of considerable importance in the diagnosis of all the



FIGURE 1

traumatic injuries considered. As shown in Figure 1, the WINDOWS format for the delineation of the nature and location of traumatic injuries is designed to produce a clinical record which would replace other types of paper records and more important, all of these images can be directly communicated by microwave transmission to a similar computer in a distant earth bound location, so that consultation with a more experienced Trauma Surgeon can be obtained. Since all locations of anatomic parts or injuries are delineated by a vector location system. It is only the vector points which need to be transmitted, since the resident program itself recreates the image. This allows for a very economical use of the system and reduces the amount of information which would need to be transmitted by microwave, thus, preserving communications for other aspects of Space Station management and monitoring.

At noted, at the top of the graphic display [Figure 1] is space for the patient's demographic information, which can be entered via the keyboard. These data include the patient's name, an identifying unit number, social security number, a trauma or special NASA number as well as patient address and any insurance information as required. This information can be modified appropriately to fit the NASA record keeping system and could be pre-entered since the identity of each astronaut would be known in advance. The date of examination is automatically entered based on the time of the initial entry of patient examination information. In the case of serial examinations, successive images of each body system are created and filed, each with their own sequential time line of information entry. On command, the examination time can be changed by the individual conducting the initial examination to reflect some earlier time period than the actual computer entry, if there has been a significant delay between the physical examination and the time of data entry. The sequencing of examinations with regard to time permits serial physical evaluations to be made with their exact times recorded. In this way, changes in patient status can be assessed and the rate of alteration in physical injury severity can be coordinated with physiologic studies obtained by non-invasive sensor systems and displayed in time sequential physiologic state diagrams as described in previous progress reports (1990-1992).

In conformity with the classification of injuries by the E Code utilized by the American College of Surgeons Committee on Trauma, the National Highway Traffic Safety Administration and the Fatal Accident Reporting System (FARS) and other data banks, the specific cause of injury, or the factors initiating the traumatic episode can be delineated by clicking the mouse pointer over the relevant trauma E Code designator at the top In this way, a wide variety of trauma of the diagram. conditions can be identified and the E-Code designation will influence the program selection the proper cautions and therapeutic suggestions. For instance, in the case of burns it is possible to indicate whether the burn injury has been produced by flame, chemical, or electrical insult, or any combination of these. Also, because of the importance of barotrauma due to decompression in space, a specific E Code delineator for barotrauma (BARO TR) has been created although

this is not part of the standard E Code designation.

earlier, the physiologic and relevant noted As biochemical information obtained on entry of an injured patient to the monitoring system can be recorded either by the examining individual using the keyboard, or directly entered from the physiologic monitoring system according to the time of examination. Direct entry from the automated laboratory system based on timed coding of the data can be also be carried out to enter these types of data as well. This then produces a physiologic profile which is of major importance in permitting the assessment of the physiologic and biochemical consequences of the injury and relating these to the physical injury with regard to categorizing the nature of the trauma and stratifying the trauma episode with regard to severity. The acquisition and recording of these data are critical to trauma severity staging, since all of the various scaling systems for injury severity utilize one or more of the physiologic and biochemical parameters contained on this list, as well as the specific anatomic information regarding the injury and its severity.

2. BURN INJURIES AND BODY SURFACE LOCALIZATION OF INJURIES

The physical examination data indicated in each of the various body images presented in this system are entered by the use of the mouse pointer (or other cursor manipulator) and qualified by user interaction with the various soft keys or "hot buttons" provided on the graphic surface. On the left side of the image shown in Figure 1, are a variety of these "hot buttons" in different colors. These permit the examining paramedic or physician to qualify the nature

and the degree of injury with respect to the region of the body surface specifically designated using the mouse or trac ball control cursor. With only a slight modification, it would be possible to use a touch sensitive screen with a pointer in exactly the same way. The system is designed to allow the "hot button" description to specify the injury to an area using the focal injury pointer (cursor) to locate the site of injury. For example in Figure 1, the location and degree of a body surface burn (first, second, or third degree) are indicated by placing the cursor over the specific body area after first activating the "hot button" for that degree of burn $(1^0, 2^0, \text{ or } 3^0)$. This can also be done for contusions lacerations, or various penetrations wounds to various body areas (Figure 2). Moreover, each designated region of the body is named with regards to its anatomic location so that a precise textual designation can also be developed for a written report. In the specific case of burns, as the areas burned are indicated and their severity quantified, the program automatically sums the second and third degree burn areas, both individually by degree and collectively, so as to automatically compute a total percent of body surface burn. This, as noted later in the therapeutic section, allows for the computation of an initial fluid therapy for the burn patient.

As shown in Figure 2, the examiner can also localize the point of contact injuries, such as penetrating injuries caused by gunshot, shotgun or stab wounds (or injuries which might be caused by small space objects travelling at a high speed that might penetrate the space suit and enter into the astronaut's body in the same manner as a gunshot). These local points of blunt or penetrating trauma can be designated by using the focal cursor



FIGURE 2

after activating the "hot button" for gunshot wound, stab wound, blunt trauma, deep laceration, etc. This places a specific symbol over the point or serial symbols along the course of entry. In a similar fashion exit (gunshot, etc.) wounds can be indicated by the symbol modified by a double image, over the point of exit of the penetration. This allows a precise designation of the body surface injury and/or its transcorporeal course to be related to deeper injuries of body organs or skeletal structures as shown in subsequent diagrams. Also as shown in Figure 2, surface blunt contusions, or superficial and deep lacerations can be designated and their precise localization across the body surface can be shown by pressing the "hot buttons" for these injuries and activating the cursor sequentially along the path of the actual laceration. If the surface injury has produced a deeper mass that can palpated in a specific body location it can also be designated by activating the specific mass "hot button" and the mass size and physical characteristics such as expansion or pulsatility can also be indicated.

3. CHEST AND ABDOMINAL EXAMINATION

The importance of these specific designation "hot buttons" is not only that they serve to record data, but also that they alert the examining individual to critical examination questions that need to be answered. For instance, the physician or paramedic is requested to provide information about chest wall stability, breath sounds, shifts of the tracheal and the presence of a physical diagnostically or physiologically demonstrable pneumo or hemothorax. The characteristics of the heart sounds and the presence of any mediastinal widening are also requested during the cardiovascular examination. The abdominal examination is

delineated by recording the finding of specific signs and symptoms including information about the bowel sounds, the level of distension and the location of tenderness, rigidity or rebound. Radiologic or ultrasound identified presence of bowel air fluid levels or free intra abdominal air or fluid can be indicated. The presence and characteristics of any emesis can be designated and the results of a rectal examination including the presence of tenderness, or of overt or occult blood can be indicated. These specific pieces of information are critical to a complete physical examination in interpreting the severity of various types of injuries and if present they must be delineated by the individual who has done the examination. These additional data are then related to the physical examination characteristics with regard to the nature and location of injury in the program to provide the appropriate therapeutic or diagnostic advisories or warnings. These therapeutic advisories can be activated by placing the mouse pointer over the **Rx block** and activating it to provide the information related to the findings recorded. Examples of such therapeutic advisories will be shown for burn injury and for barotrauma in the therapeutic advisory section (Section B).

4 SKULL, FACE AND BRAIN INJURIES

The second image screen shown in Figure 3 allows for the recording of physical and physiologic information related to injuries of the head, face and brain (Skull/CNS). In this image a right and left sided skull diagrams are presented so that face and skull fractures can be designated, together with a set of questions regarding the level of over all neurologic function. These observations represent the information required to develop and compute the Glasgow Coma Scale (GCS) Score. As the examining



FIGURE 3

individual records these data, the Glasgow Coma Scale Score is automatically computed. Information such as whether an emergency intubation (T) has been carried out for airway control can also be entered to modify the Glasgow Coma Scale Score computation (Eg. GCS²3T). In addition other information relevant to the neurologic examination regarding pupillary sizes and levels of reactivity, the gag reflex, dollseyes, and the cold caloric response can also be indicated. Impairments of neurologic function secondary to drugs or alcohol can also be designated. These simple physical examination responses have been shown to have major prognostic significance for brain injured patients and also to be important with regard to determining the severity of brain injury and the necessary initial therapeutic response.

In addition by using the "hot buttons" and the mouse pointer it is possible to indicate the location and severity of the injuries to various bones of the face or skull. The detail of these injuries will of course be dependent on the accuracy of physical examination and the availability of diagnostic imaging capabilities, but these findings can be updated when there is the availability of more sophisticated equipment, either in the Space Station or after the patient been retrieved from space and subjected to detailed radiologic and neurologic examination in a fully equipped medical facility.

However, the important aspect of this system is that it allows all information to be integrated and presented so that diagnostic decision making can be made. In this regard the type of fractures to the bones of the skull or face can be indicated, (simple, comminuted, or compound and their combinations). For brain injury it allows information that can be obtained from diagnostic imaging regarding the presence and location of intracerebral bleeding or epidural or subdural hematomas to be recorded and any resultant shift of midline structures. The nature of this information is of great diagnostic significance in determining the level of therapeutic response that may need to be initiated in a head injured patient.

5. SKELETAL INJURIES

The presence location and details of fractures to other bones of the skeletal system can also be indicated as shown in Figure 4. In this figure using the "hot buttons" and mouse cursor, the specific location of fractures and dislocations of various bones of the skeletal system including the vertebrae of the cervical, thoracic and lumbar spine, as well as the ribs can be localized and the type and complexity of the fracture indicated. In addition, other information associated with the fracture injury can be noted with regard to severity staging, so as to facilitate the decision making process regarding the urgency of therapy. For instance, the presence of segmental bone loss (B), or associated soft tissue loss (T) can be identified, and in very severe injuries any neurologic impairment associated with the specific injury (N) also can be designated. The presence and location of a traumatic amputation to an extremity can also be shown. All of these data can in turn be related to the information contained in the other imaging diagrams. permits the examiner to relate This the surface injury characteristics to the fracture or dislocation ligamentous injuries of the underlying skeletal structures. It is important to note that in these diagrams (Figures 2-4) data from real patients has been entered and the confirmation of the validity of these data has



FIGURE 4

been made based on pilot studies utilizing severely injured patients treated in a Level I Trauma Center.

6. INJURIES TO THE SPINAL CORD RESULTING IN SPINAL CORD FUNCTIONAL ABNORMALITIES

The final completed image is related to the evaluation of individuals with suspected spinal cord injuries (Figure 5). The examining paramedic or physician can indicate the nature of the initiating injury and its location, if that is known, such as one that might be associated with an external wound produced by a sharp The specific level at which a neurologic object or missile. disfunction occurs can also be indicated on the neurologic body image and the presence of complete or partial motor, sensory and proprioceptive function can be indicated by touching the "hot button" and localizing the spinal cord level on the body image. Also whether the lesion is associated with similar abnormalities in neural cord segments distal to the site of the initial abnormality can be indicated. Through the system of indicators and colors noted on the diagram, this information can be recorded for visual presentation so that it can be compared with later examinations that might be made on the same individual over a time period while therapeutic modalities are being administered. In this way the presence of an incomplete lesion can be identified or a resolving or worsening lesion clearly delineated, so that a certainty of diagnostic evaluation can be obtained, clearly noted and recorded. For purposes of this demonstration an image is presented (Figure 5) in which there is partial motor and complete sensory loss on one side of the body compared with complete sensory and partial motor loss on the opposite side. Progression to complete motor, sensory and proprioception loss is shown in Figure 6.



FIGURE 5



FIGURE 6

In cases where the spinal cord injuries are associated with spine trauma, the information presented in the skeletal figure (Figure 4) can be directly correlated with that presented in neurologic examination figure (Figure 5). Since any image can be repeated as serial examinations are made and the times of the repeated examinations are automatically recorded, a worsening condition or a favorable response to therapy can be precisely documented and this information shared with a remote observer or consultant so that definitive decision making can be made relevant to the risk of retrieval from space of an injured astronaut. The need for this information is obvious. Since a unless stabilization of a patient's physical injuries and the resulting physiologic abnormalities is obtained prior to retrieval from the Space Station, it would be extremely dangerous and indeed possibly fatal to subject an unstable patient to the hazards of a emergency return to Earth through a high gravitational stress, if a reasonable alternative in terms of stabilizing initial therapy prior to a slightly delayed retrieval were available.

While the NASA supported portion of this project is now completed, it is intention of the Principal Investigator to continue to develop additional body images and diagnostic capabilities for use in caring for trauma patients in Earth- based Intensive Care and Trauma Admitting Areas. This system will be utilized in recording diagnostic information in the care of a wide variety of patients injured by blunt or penetrating trauma.

B. THERAPEUTIC ADVISORIES (Rx)

A series of therapeutic advisories has been developed which relates the medical and surgical recommendations for

initial therapy to the specific types, location and severities of injuries delineated in the diagnostic examination diagrams. These data are based on the primary data entered and can be brought to the examiners attention by activating the **Rx** box present on each body image diagram. Two examples of such therapeutic advisories are shown. While these specific advisories are based on presently developed protocols, they can be changed as new information or new therapeutic regimens are developed, so as to maintain the advice as current as possible.

In Figures 7a, b, c, the recommended fluid therapy for the mock patient, Joseph Smith, age 44, weight 100 kilograms, height 6'2", sex male, shown in Figure 1, are presented. As indicated in the initial figure the burn was secondary to flame with a electrical component. The percentage of first, second and third degree burns are shown in Figure 1 and the percentage of the second and third degree burns have been cumulated as a basis for fluid therapy. This is shown in Figure 7a, where the basic data are repeated, the body surface area is computed and the fluid requirements for the first and second 24 hours are shown based on the modified Brooke Army Burn Center protocol. In this formula, crystalloid fluid replacement therapy only is used during the initial 24 hours of treatment and a combination of crystalloid and colloid fluid therapy is used in the second 24 hour period. The program computes the volumes and the rates of fluid administration as a baseline. However, therapeutic advisories are shown which indicate that the baseline rate of fluid administration is to be adjusted to maintain vital signs and

FIGURE 7A

•	Rame Last MuITH First Josiph Age af weight 100 kg: Sex M Race M Height af it; 2 in; Hospital ID 00078789 Trauma No 01010 888 217-29-31
•	of that estimated above
¢	Patients with 40.9% burn, should be invasively monitored with arterial and Swan Ganz Catheters for cardiovescular monitoring.
	Cardiac inotrophic agents: dobutamine 500 to 2000 microgram per minute and if required
	to maintain cardiac output in hyperdynamic state [greater than 5 liters per minute per square meter].
A	Monitor wrine output and if it decreases as increased vascular resistance occurs
	(with adequate cardiac index and pulmonary wedge filling pressures), administer hudralatine 50 ar to increase uninery cutwit by reducing vacculating bunitor
	igurations of my of interest output of reducing vectorized. Sources cardiac output and right atrial filling pressures during vesodilator therapy.
LIAIL C	Obtain chest x-ray on admission and repeat daily to evaluate fluid overload or pulmonary infiltrations
TBACHENL	Monitor plasma electrolytes (Ma, K, CL, HCO3), glucose and BUW and arterial blood
PRIEGROUPH HIGHOTH BUCKLING	gases and base deficit on admission and at 4 to 6 hour intervals until patient is stable.
HEART S	Monitor urine for evidence of myoglobinurie. If suspected, give mannitol 12.5
	gms/liter of crystalloid and additional bicarbonate to alkalanize urine until urinary chromagens are clear.
PHYSICAL -	If hurn is to face or nack intubate immediately to avoid upper sirvay respiratory
	obstruction. Maintain on assisted ventilation. If circumferential or extensive,
	mid lateral escharotomies may be required.
RIGI PEROL	If burn is to face or neck, examine nose and mouth and do bronchoscopy if suspicion
INCRIS, N	of pulmonary burn. If carbon particles in tracheobronchial tree, maintain on positive
BECTAL	pressure venture to mark for evidence of ARDS. Some fluid restriction may be
	necessary, but should be accompanied by quantitative monitoring of cardiac output
, e + e	and urine flow.
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L / }	

FIGURE 7B

	Reme Last Marrij First JOGEPH Age [4] Weight 100 kg; mex [] Bace [] Height [5] ft; [5] in; Hospital ID [00078785] Traume No [01016] 885 [217-29-31]
 ↓ ↓ 	If circumferential burn of chest appears to be restricting ventilation, do bilateral chest wall excharctomies and monitor ventilatory tidal volumes and blood gases - especially PacO2 or end tidal CO2 for evidence of hypercarbia.
	If limb burn is circumferential or very extensive, monitor distal pulses (palmar or plantar arch) by doppler and do lateral faschlotomies to prevent vascular compromise. Faschlotomies may be done on both midlateral and midmedial sides of the limb and may need to extend over joint at elbow, wrist, knee or ankle to prevent vascular flow restriction. All compromised faschial compartments of lower leg must be opened. Tissue pressures can be monitored by needle pressure measurements of each compartment as a guide to the need for faschlotomy.
ESCAMA C C	Insert nasogastric tube for gastric decompression until ileus resolves. Institute gastric anti-acid therapy with H2 blocker [e.g. pepsid 40 mg IV bid].
PARENCHYAA TRACHEAL PIECOAOTH PIECOAOTH	Administer tetnus tomoid booster if last booster greater than 5 years ago. If no prior immunization, also give 250-500 units of human anti-tetnus globulin. In cases involving compromised adults, administer penicillin 2000000 units, after checking for penicillin allergy.
HEALET S MCDIAST AND PHYSICAL - DISTEE	Cleanse burn wound with surgical detargent, trim away all non-viable skin or hair. Apply topical agent such as silvadene 1% burncreem to debride areas. If the eschar over 3rd degree burns is dense, sulfamylon burn creem [11.1% mafenide acetate] may be required until debridement of the eschar is possible. However, use of this agent is kaliuretic and amy produce hypokalemic alkalosis.
NOMEL SA TENTI BIEDOCI BIEDOCI	Early exuision of 3rd degree (full thickness and deep partial thickess) burns should be carried out as soon as possible aftar resuscitation is completed. Monitor ECG for at least 24 hours for evidence of arrythmiss.
RICTAL	Fasciotomy of involved extramities should be performed to prevent increased compertment pressures and ischemic necrosis of uninvoved muscle. Non-viable tissue should be debrided and all muscles must be explored for necrosis. For electrical burns, prompt amputation should be done for extensive limb destruction.
7	

to keep the urine output between 50-100 milliliters per hour. Cautions regarding the use of dextrose: salt solution modifications in the replacement fluid therapy appropriate to the patient's needs are discussed. The requirements for physiologic monitoring of patients with large burns, the percent burn sustained by Mr. Smith (40.9 percent) is noted, and the use and body weight adjusted dosage of inotropic agents to maintain a high cardiac output in the hyperdynamic range are shown. The use of agents to combat excessive vasoconstriction is noted and specific cautions as to when to obtain serial chest x-rays to evaluate fluid overload by pulmonary infiltration are shown. The need for frequent monitoring of plasma electrolytes, glucose and blood urea nitrogen, as well as blood gases is indicated and their frequency indicated.

Since the patient has noted to have an electrical component to his large third degree burn, a warning is given to monitor the urine for evidence of myoglobinuria and a therapeutic program for urine alkalization to prevent renal failure is indicated. Since the patient was shown to have a circumferential burn, of face and neck, the need to consider airway intubation and the possibility of early escharotomy with regard to both the neck and the chest are indicated in subsequent cautions. The need to evaluate the patient for evidence of respiratory burn and the preferred diagnostic technique (bronchoscopy) is indicated. The presence of a circumferential limb burn is noted and the need for monitoring of extremity pulses and fascial compartment pressures is indicated with a requirement for limb faschiotomy should these

compartment pressures be elevated.

The use of general therapeutic modalities such as the use of a nasogastric tube and or gastric antiacid therapy as well as its dose are noted. The importance of tetanus toxoid and antibiotic prophylaxis against staphylococcus and streptococcus organisms is indicated. The approach to wound cleansing and local antibiotic suppressant therapy is suggested. Finally, the use of early excision of the areas third degree burns is recommended and because of the electrical component, a monitoring of ECG and the exploration of all extremities involved in the electrical burn is indicated for the identification of necrotic muscle. The need for early amputation for extensive muscle damage due to an electrical burn is also noted.

Since barotrauma represents a major medical complication of extravehicular activity in any space environment, a set of recommendations for the treatment of severe barotrauma are shown for a mock patient, Max Gerber, who has been identified as having barotrauma by **E Code**, complicated by the presence of a probable pneumothorax by physical examination. In the set of therapeutic advisory cautions shown in Figures 8a,b & c, the examining physician or paramedic is alerted to signs and symptoms of barotrauma due to micro embolic gas bubbles which obstruct capillary blood flow and warned about the most severe manifestations of the air embolus syndrome which are related to central nervous system involvement. The need to quantify the distribution of any spinal cord lesions is noted and the importance of a careful neurologic examination with

	Name Last Gerber First Mai Age [4] Weight [7] Kg; Bex [] Height [5] ft; [1] in; Hospital ID [7272] Trauma No [] SS# [] Height [5] ft; [1] in; Hospital ID [7272] Trauma No [] SS# [] INS carrier INS carrier INS no [] State [] Sign [] Address City [] State [] Zip [] ADW Date [1/13/94] Time [1:26] Day [] Erem Date [11:24] 01/13/94	
	Patients sustaining barotraume due to acute decompression may give evidence of microembolic phenomena due to small bubbles of nitrogen in the microvasculture. These may produce the signs and symptoms of ischemia. In muscle beds, they may produce severe pain due to the localized muscle ischemia known as "the bends". In skin, ischemia caused by das microvaboli may be associated with tinding a pain due to "a crawing severation"	
CHE FLAIL CH PARENCHTALL	However, the most severe manifestations of this phenomena lie in the central nervous system. In the spinal cord, partial paralysis or sensory losses with a variable distribution may occur. In the brain, air microemboli may produce confusion or come. The distribution of the spinal lesions should be carefully mapped and quantified. The level of brain distunction should be quantified by a careful examination and Glascow Come Bcale scoring.	
PREMOTING HEMOTING SUCCLING W HEART SOC MEDIASTI ABUCH PHYSICAL +	Agute decompression barotraums may also induce a rupture of the lung alveolae and a gudden pneumothorax may ensue. In rare instances, this may progress to a tension pneumothorax with unilateral pressurized lung collapse, leading to a shift in the mediatinum evidenced by a tracheal shift AMAY from the side of the pneumothorax. The breath sounds will be diminished or absent in any pneumothorax. In a tension pneumothorax, there is immediately inserted into the chest on the side of the pneumothorax, to allow acute decompression of the tension pneumothorax.	
ULTIANU THIDE RIGID RIGID REBOUN REBOUN	Any pneumothorar, whether accompanied by acute tension or merely lung collapse, should be treated by chast tube insertion and water seal decompression with suction to expand the lung. If these are not possible, a Beimlich valve can be inserted through the chest wall, to allow a controled air leak and decompression will NOT ExcAMD THE COLLAPSED LUNG and a large pulmonary shunt is to be expected. A high inspired 02 partial pressure should	

FIGURE 8A

	Name Last <u>Corbed</u> First mai Age 42 Weight 7	ku: Bex I Race G
	Height [] ft; 11] in; Hospital ID 727273 Trauma No	
	INS carrier	In the second seco
•	Address City City	ate Zip [
÷	et ab Manuel ADM Date 1/13/94 Time 11:24 Day Exam Dat	a j1:24 01/13/94
	naar oo baabaaan debd s' baddaarna ad ad ab daadda amaaan aa saad a baa	
	be used (1.e. 100% 02), to compensate for the shunt.	DINCOL PINERDIA TETT
	Meurological signs of spinal cord or brain ischemia require emergy	ency hyperbaric
	therapy. These severe lesions, will usually require urgent hypercuta, atmospheres, using 100% oxygen. Fatients with neurological impairment	st two to three who are committee
	(Glascow Come Scale score < or = 8) or confused (13 > Glascow Come Sca	le score < 8) require
	airway protection. The commtose patient will need inubation of the up (nasotrachemi or endotrachemi tube insertion). These patients may have	per airway P a respiratory
	arrest, as the inspired partial pressure of 02 is increased, reducing (any hypoxic
CHE	CHR ventilatory drive. They must be prevented from having any rise in PaC	02, which will
FLATL CH	CHE INCREASE DEALD SWELLING. THEY HELE DE VENCLARED, ELNEE DY & SLEPLE I CHE OF by bed breathing via the endotracheal tube. The arterial O2 satural	nechanical respirator tion and the Paco2
PARENCHYMML	L (using either endtidal CO2 tension or transcutaneous PCO2) need to be a	measured to prevent
PREUMOTHC	L E the PaCO2 levels from rising above 40 tour or falling below 30 tour. 3 PHC example that a few Barn? may be useful in reductor brain semility	In some cases of
HEMOTHOR	to levels below 30 torr is to be avoided. In these patients, large quanti-	ities of intravenous
SUCKLING W	Fluids should be avoided, but maintainence of a high cardiec output is	desirable, to
HEART SOC	bock prevent a fall in perfusion associated with hyperoxic vasodilation. U	tilize low dose
	Til isoproterenol (0.25-0.50 microgram/min total dose) or dobutamine (360.	00-720.00
	DOME MALENDER WITH VOULI GOSS) AND BHALL VOLUMES OF OF COLLOID TO MALINELIN . . E cardiovascular response. Unerpected Bradveardias may occur due to inc.	nyperdynamic reases in Vadal
	tone and atropine 0.5 to 1.0 mg IV should be given if the heart rate d	rops below 60 b/min.
DONET BOC	Patients with spinal cord disfunction should recieve an immediate	intravenous bolus of
BIGID	Methylpredmisolone (2160 mg) over a 15 minute period. After 45 minute to for the next 23 hours then discontinue staroid therany	es, give 389 mg/hour
RECTAL	Interf nasogastric tube in all commetose patients to prevent gastric aspiration.	ic regurgitation and

FIGURE 8B

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FIGURE 8C

delineation of a Glasgow Coma Scale Score is particularly stressed. Because of the questions of acute decompression, barotrauma related to rupture of lung alveoloe with consequent pneumothorax is stressed and the characteristics of acute pneumothorax and especially acute tension pneumothorax are indicated. If a tension pneumothorax has been identified in the initial examination, the use of immediate needle decompression followed by chest tube suction, or Heimlich valve protection are indicated, and the limitations of techniques (Heimlich valve) that do not expand the lung are noted, since they require remedial oxygen therapy.

A particularly important component of this warning is related to the presence of any neurologic examination indication of spinal cord or brain ischemia, since these complications imply a need for emergency hyperbaric therapy. In the presence of coma, the indications for therapy to modify the neurologic impairment are delineated. The need for intubation and ventilation to prevent hypoxemia and more important to prevent hypo-ventilation with a rise in arterial CO2 are noted, as well as the consequences of hypercarbia resulting in increased brain swelling which needs to be prevented. Technique for evaluation of these abnormalities is indicated. The techniques needed to maintain a high cardiac output in the presence of a low intravascular volume expansion are stressed.

Most important barotrauma patients with spinal cord disfunction are delineated as mandatorily requiring a therapeutic dose of corticosteroids and the steroid dose and dosing program, computed on the basis of the patient's body weight, are given. Additionally, the need for nasogastric tube decompression in comatose patients is indicated. The role of foley catheter decompression to prevent bladder distention, especially if spinal cord injury is present, is stressed and the importance of the recognition of diabetes insipidus (DI) is noted and a program for DI replacement therapy and the use of vasopressin therapy to control the excessive renal fluid losses is prescribed.

Finally, the importance of myringotomy before hyperbaric therapy to equalize the air pressure gradient across the ear drums is noted. The general level of hyperbaric pressures required for therapy and the role of slow decompression from hyperbaric therapy using the Navy decompression schedule is emphasized. Finally the importance of evaluation of the comatose or paralyzed patient with regard to detecting other occult medical or surgical conditions is emphasized, so that the complete examination of these patients can be carried out. The final caution notes that because of the delay in having access to such a patient once hypobaric therapy has begun, there is a need to replace all needed medical personnel and all modalities for therapy within the hyperbaric chamber prior to initiation of the hyperbaric therapy.

While the specific cautions shown can be modified at any time to reflect changes in the recommended therapy or improved diagnostic capabilities, their inclusion provides examples of how the physical examination and physiologic studies captured in the diagnostic examination portion part of the program can be used to direct and modulate the therapy of the acutely injured patient. This becomes especially important when such patients may have to be managed by individuals who are not skilled in acute trauma or intensive care management and where their diagnosis and therapy may have to be carried out at a location far from a definitive hospital setting, or in circumstances where communication may be disrupted and transportation from the location of injury to a definitive care facility may be delayed or prevented for a critical period.

C. TEST AND EVALUATION

The initial evaluation of the utility of these modules has begun in the Principal Investigator's clinical facility. The diagnostic modules shown have been utilized in the recording and evaluation of data from patients injured in motor vehicle crashes and this controlled system evaluation has resulted in some important additions and modifications to the original diagnostic diagrams. Even though the NASA grant has ended, the Principal Investigator is continuing this study and adding additional modules suitable for in-hospital diagnostic and therapeutic evaluation as well as for the recording for surgical therapeutic maneuvers. Other aspects of this study which go beyond the original NASA project are related to the interrelationship of these data to diagrams of the structure of the passenger compartments of motor vehicles. These are done in order to access the causative factors and points of contact resulting in patient motor vehicle injuries. In addition, a series of more detailed and elaborate diagrams

which are suitable for specialty service examination beyond the initial assessment are being developed. In these programs the specific injuries, their complications and the relevant therapeutic maneuvers are being correlated with the appropriate diagnostic and therapeutic codes (ICD9, CPT codes, etc.) utilized by various organizations and governmental agencies. Eventually, it is planned that this computer based system will be utilized to gather the data for a contemporaneously generated trauma registry and will be related to statistical and statistics graphic programs for presentation of group data. Thus, the NASA grant, although limited in scope has permitted an initial exploration of this area and serves as a basis from which a comprehensive system of computer based trauma diagnosis and care is being developed.

D. TECHNICAL ORGANIZATION OF PROGRAMMING SYSTEM

The medical graphics user interface application is designed to utilize a library of real time transaction processing objects. These objects are written utilizing the American National Standard for Information Systems -Programming language C, ANS X3.159-1989, as well as The National Institute of Standards and Technology, (formerly the National Bureau of Standards), Portable Operating System Interface for Computer Environments (POSIX) in order to comply to the Federal Information Processing Standard. All graphics are performed with X11 from the X consortium and the Open Software Foundation's Motif toolkit, operating with Release 5. The use of these standards has produced a highly portable client/server application, which can segment functionality across a network. The 4 base functions are 1) database access; 2) terminal 1/0; 3) system administration; 4) CPU utilization. The segmentation of the system produces an ideal environment for mobile light weight and compact X-terminal emulators performing graphic output and terminal input while communicating via TCP/IP through a mobile phone, radio or satellite dish to a central computer or ground station. We are presently acquiring a laptop computer for remote testing of a serial line interface protocol. In addition, we have fully tested the use of remote databases, CPUs and administration.

The objects fall into configurable classes which are reused across the suite of programs. The major classes of objects include:

- The drawing class: a graphics area responsible for editing injury symbols, adding them to, or removing them from, an anatomical drawing and pointing to the anatomical name if available.
- 2) The command class: permits the user to select a new injury code, informs the user of the present selected injury code and maintains the injury symbol legend.
- 3) The advisory class: informs the user of any medical information that may be useful for the particular trauma conditions.

- 4) The database class: permits the uses to list the patients (or selectively search for patients), list a patient's examination history, show a patient's examination, file a new examination, edit an erroneous exam (password protected) and delete an examination or patient (password protected).
- 5) The terminal I/O class: permits the user to type or modify patient information.
- 6) The choice class: permits the user to indicate a condition from a list of possible conditions. This class is used for:
 - a. Chest exam + x-ray
 - b. Abdominal exam + x-ray
 - c. Glascow Coma Scale Scoring
 - d. Central Nervous System and spinal neurologic function tests
 - e. indicators of sinus fractures and CNS fluid leaks, classifications of types facial fractures by LeFort class
 - f. Central Nervous System Brain hematomas
 - g. Joint sprains

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- h. Joint ligament disruption
- i. Joint or vertebral dislocations
- j. Classes to be defined