Patterns in Crew-Initiated Photography of Earth from ISS Is Earth Observation a Salutogenic Experience:



Julie A. Robinson, Ph.D., NASA Johnson Space Center, Kelley Slack, Wyle Laboratories, and Co-authors International Astronautical Congress, Valencia, 2 October 2006

Positive (salutogenic) experiences in space...

May promote psychological well-being by enhancing personal growth and offset the challenges of living and working in a confined and isolated environment (Suedfeld and Weiszbeck, 2004, Aviation Space Env. Med.)

"Perceptions of Earth"...

- Positive changes in the "Perceptions of Earth" mostidentified change cited in a survey of flown astronauts (Ihle et al., 2006, Aviation Space Env. Med.)
- If viewing Earth is an important component of positive experience in spaceflight, then "Earth out-of-view" may be an important challenge for crews going to Mars, increasing the sense of isolation (Kanas and Manzey, 2003, *Space Psychology and Psychiatry*)



Astronaut Photography of Earth and "Crew Earth Observations" on ISS

- Crewmembers on ISS both watch the Earth and take photographs of the Earth to share with the world
- "Crew Earth Observations" provides daily requests of targets of scientific or public interest
- Crewmembers take photos of areas of interest on a time available basis
- All images are distributed to the public via the Web "Gateway to Astronaut Photography of Earth" http://eol.jsc.nasa.gov



Objectives

- Mine the dataset of Earth Observation photography—What can it tell us about the importance of viewing the Earth as a positive experience for the crewmembers?
- Quantify extent to which photography was self-initiated (not requested by scientists)
- ► Identify patterns photography activities



- Used the data on the date and time images were taken from the digital camera files
- Lists of areas of known geographic interest to crews (public biographical information)
- Orbital track parameters
- Records of on orbit activities (EVAs, dockings, holidays)
- Records of scientific requests sent to crewmembers (distinguish requested and selfinitiated images)

Hypotheses

- 1. Fewer self-initiated images during extraordinary activities (EVA, vehicle dockings, visiting spacecraft)
- 2. More self-initiated images taken on weekends
- 3. More self-initiated images of areas of geographic interest
- 4. Changes in numbers of self-initiated images over the course of a mission
 - Third quarter effect



Significant correlations between

- self-initiated images and requested images
- self-initiated images and 800mm lens images
- availability in crew schedule

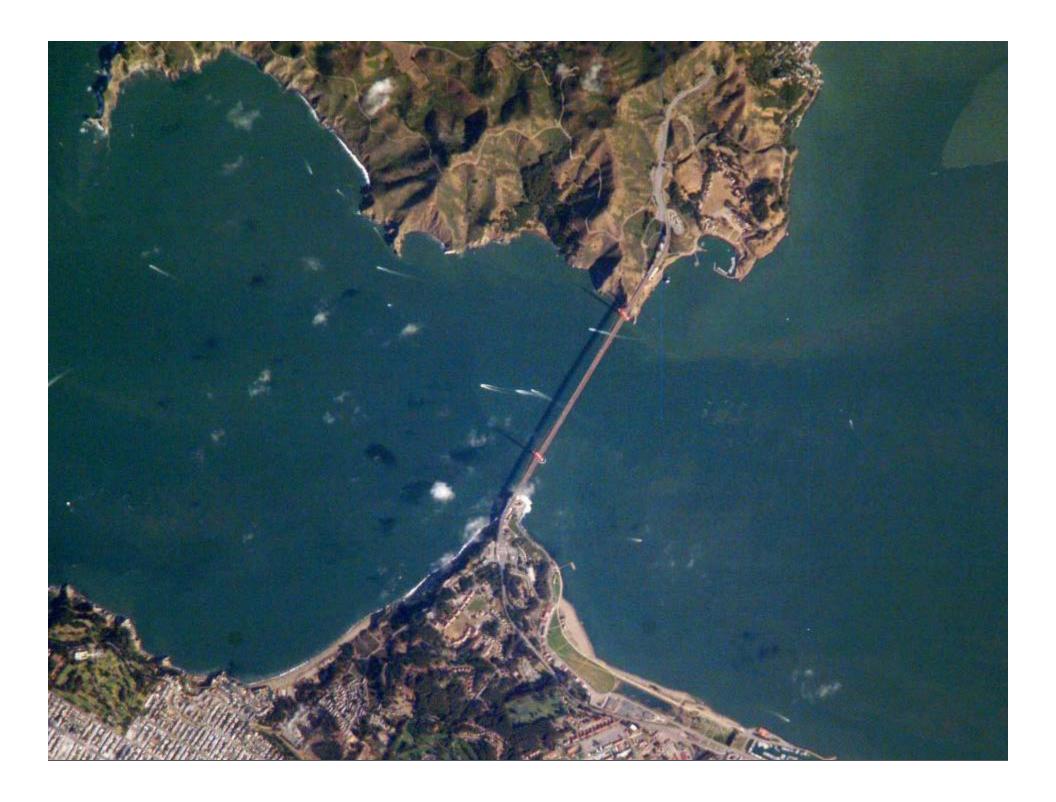
| | | | Std | | | | /) | | |
|------------------|------------------------------------|-------|-------|-------|-------|-------|-------|---------------|---|
| | | Mean | Dev | 1 | 2 | 3 | 4 | 5 | 6 |
| Daily number of: | | | | | | | | | |
| 1 7 | otal images taken | 102.3 | 119.1 |) | | | | | |
| 2 | Self-initiated images taken | 86.4 | 107.5 | .98** | 4 | | | | |
| 3 | Images of geographic interest | 1.6 | 5.1 | .25** | .25** | /) | | | |
| 4 | Requested images taken | 15.9 | 25.3 | .54** | .36** | .10** | | | |
| 5 | Images taken with 800mm | 17.8 | 34.4 | .41** | .41** | .15** | .19** | / | |
| Pro | portion of days with: | | | | | | | | |
| 6 | Higher availability to take images | 3— | .4 | .06* | .07** | 01 | 03 | .07** | |

Each parameter is measured on a daily basis across all expeditions combined.

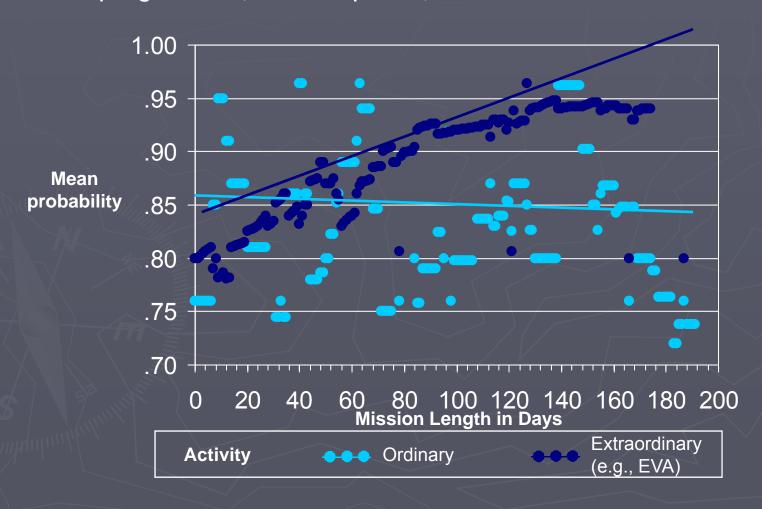
^{**} Correlation is significant at the 0.01 level (2-tailed).

^{*} Correlation is significant at the 0.05 level (2-tailed).

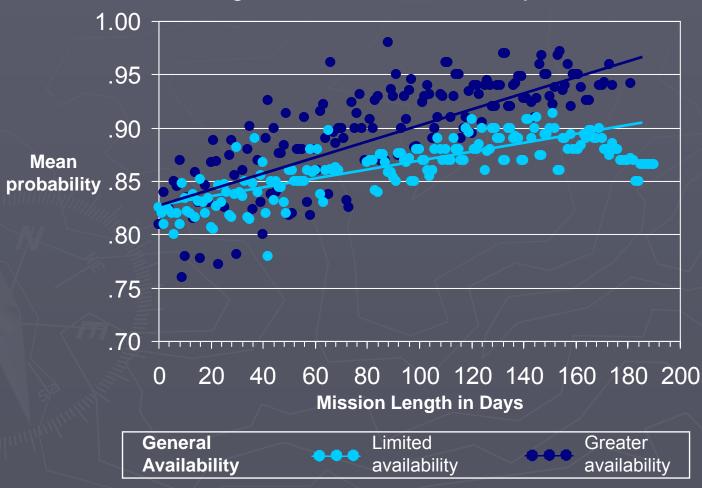




- Activity as a Predictor of photographic activity (General linear mixed model)
 - Less likely to take photos while preparing for and during mission events (t=-2.50, p>.01)
 - More likely to take images on normal days as the mission progressed (t=-4.65, p<.01)</p>

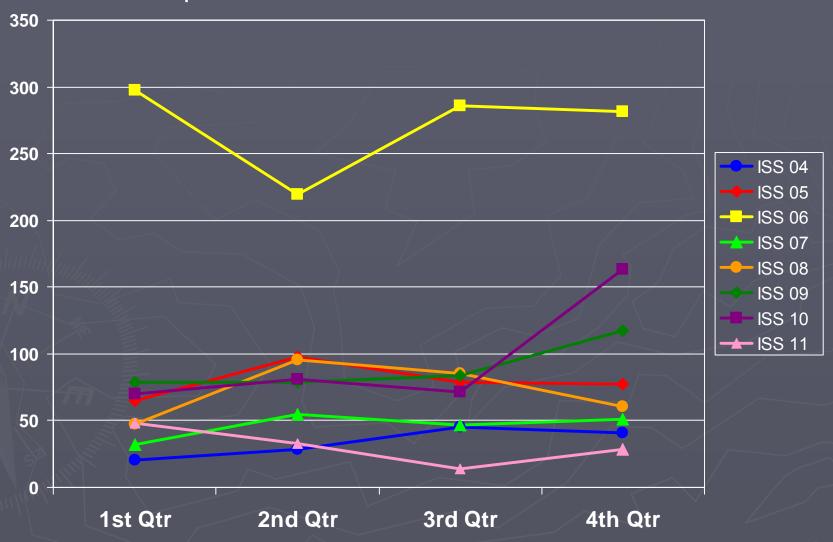


- Weekends as a Predictor of photographic activity (General linear mixed model)
 - More images were not taken on weekends (t=0.65, ns) weekends aren't always off...
 - Post hoc—General availability was associated with whether selfinitiated images were taken (t=4.37, p<.01)



► Time effects

- Time on ISS a predictor of whether self-initiated images would be taken (t=3.16, p<.01, not shown)
- No third quarter effect



Discussion & Observations

Astronaut photography is a significant leisure activity for some (but not all) crewmembers



Discussion & Observations

Crewmembers use photography to connect to significant events on Earth



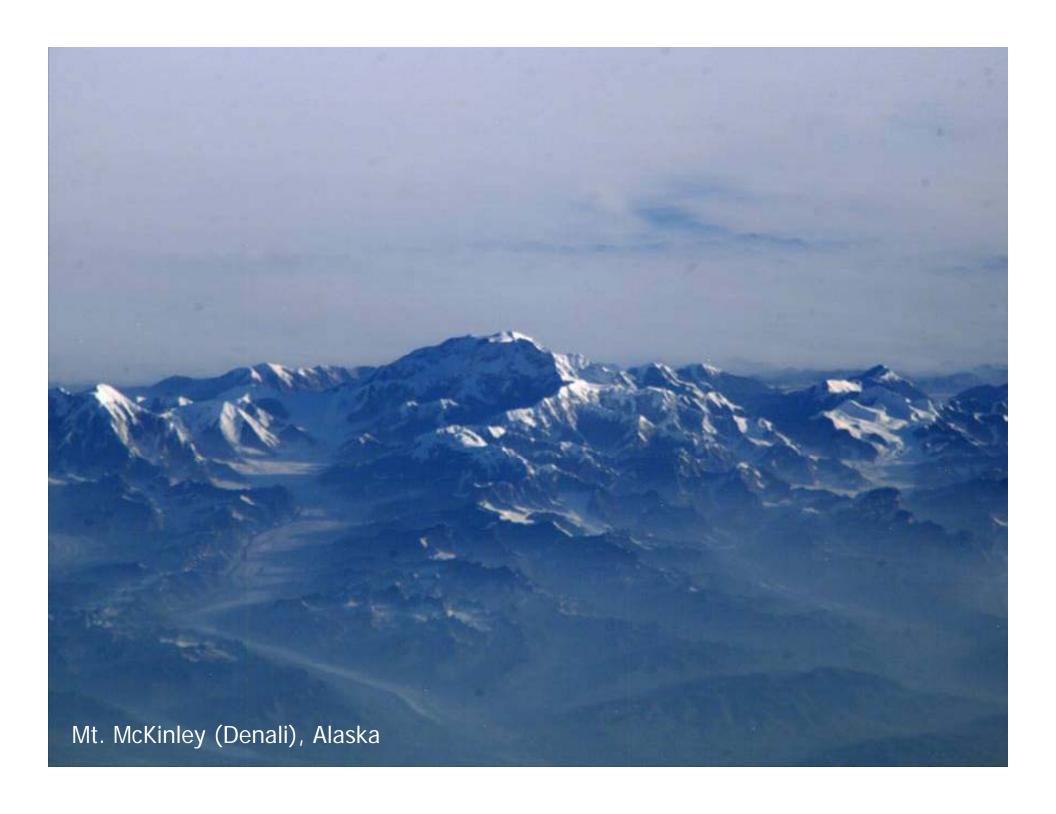
New York, Sept 12, 2001



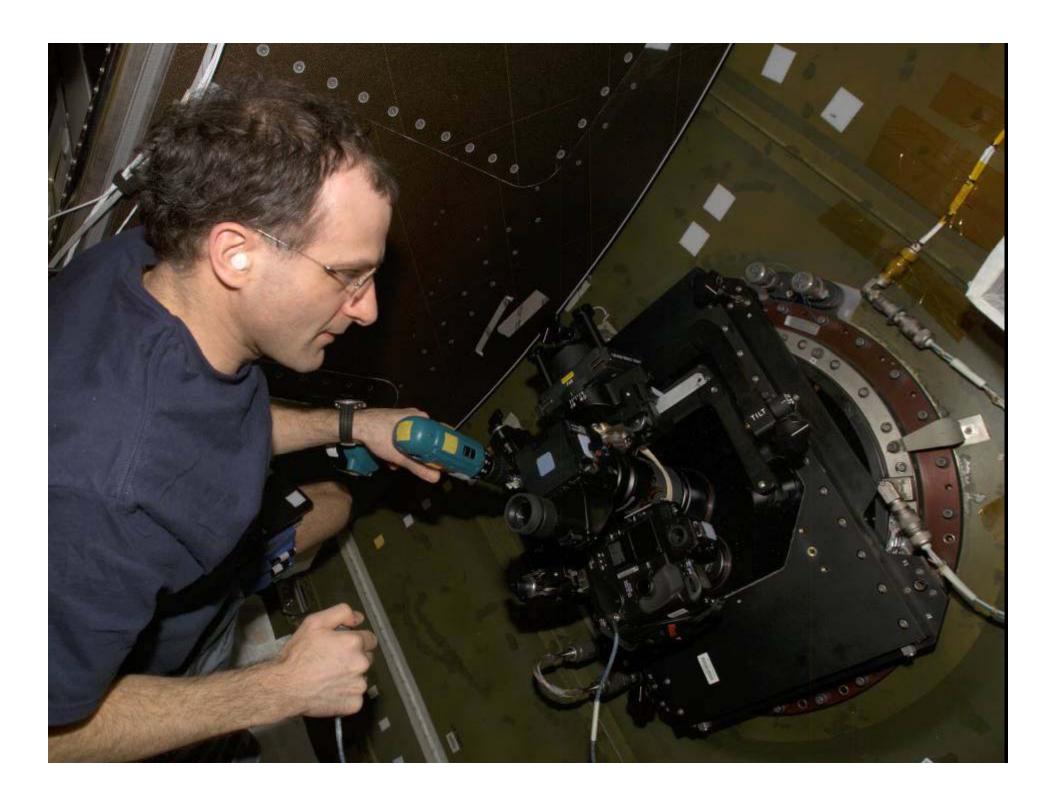
New Orleans after Hurricane Katrina, 2005

Photography of Earth provides opportunities for self-challenge and personal achievement









Scientific requests and self-initiated photography

- Continue to photograph Earth once a camera is in hand
- Suggests the importance of the scientific base and public use of photographs in making the activity worthwhile for the crewmembers
- Could be confirmed in a structured survey



Future research and applications

- Importance of behavioral health and performance for mission success
 - But, only 2 ISS studies to date (one in progress)
- Data mining from ISS operations can provide insight and influence future behavioral studies on ISS
- Correlative support for the importance of Earth observation to crewmembers
 - Quantitative assessment should be included in future studies
- Considerations for interplanetary missions
 - Positive effects from scientific observations and astronomical imaging?
 - Importance of self-initiated work and personal challenges



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