# Periodic Health Examination (PHE)

#### **In-Flight Crew**

#### Pre-work

Routine lab work, hearing assessments, nutrition assessment, radiation dosimeter readings are done

Psych evaluation (questionnaire, evaluation tools)

### **In-Flight encounter**

CMO opens and reviews EMR

CMO does interval history and records in FMR.

CMO performs PHE (vitals, physical exam, dental exam)

CMO generates PHE report

## Subsequent encounter

Follow up on any abnormal findings from initial encounter

# <u>Intelligent Integrated Medical Data System</u> (MDS)

The Medical Checklist and the associated Assisted Medical Procedures guide patient and CMO through procedures for pre-work. Patient data are received by the MDS and help guide the procedures

Pre-work results are populated in EMR

EMR pulls up interval history (exercise countermeasures, radiation dosing)

PHE report captured in EMR

CMO report is captured in EMR

## **Ground Medical Mission Control**

Data from EMR are provided to Ground Medical Team: Flight Surgeon, Behavioral Health Program (BHP), Astronaut Strength, Conditioning and Rehabilitation (ASCR)

Medical Team members analyze data to provide health care recommendations to CMO

Recommendations are captured in the EMR

**Ground Medical Team reviews EMR** 

#### Corneal Abrasion

## **In-Flight Crew**

Patient presents with chief complaint

CMO opens EMR

CMO takes history of chief complaint

CMO performs focused physical exam:

General unaided inspection of surface of the eye and eyelid, eye movements, and pupillary response.

CMO uses digital ophthalmoscope to exam the eye

CMO performs evaluation with fluorescein stain dye

CMO diagnoses patient with a mild corneal abrasion

CMO uses decision support to balance severity of case and consumables remaining—may choose "watchful waiting" to conserve consumables.

CMO decides on treatment plan
CMO forwards updated EMR to ground

Treatment plan is implemented

Follow up as necessary

# Intelligent Integrated Medical Data System (MDS)

EMR displays patient's medical history

The MDS provides the CMO with appropriate section of Medical Checklist, which is linked to the Assisted Medical Procedures, to guide the eye exam.

Medical consumables and their inventory location are provided as well

Still images/video are recorded to EMR

Still images/video are recorded to EMR

Appropriate section of Medical Checklist,
Assisted Medical Procedures, medical
consumables and their inventory
location are provided to the CMO to
guide treatment of corneal abrasion

Diagnosis captured in EMR

Integrated Medical Model looks at resources available and likelihood of future conditions that might need similar treatment consumables

#### **Ground Medical Mission Control**

Ground is notified that an off-nominal EMR encounter has been opened

Ground medical team reviews EMR, diagnosis and treatment plan

# Nephrolithiasis (Kidney Stone)

#### **In-Flight Crew**

Patient presents with chief complaint CMO opens EMR

CMO takes history of chief complaint CMO performs focused physical exam: vitals, abdominal exam, GU exam

CMO performs lab analysis: Urine analysis, CBC, chemistry including kidney and liver function tests

CMO performs imaging: ultrasound scan

CMO diagnoses kidney stone, categorizes it as "unpassable"

CMO provides pain medications and fluids CMO follows protocol to break up stone using HIFU; procedural holds are in place for the ground to examine

CMO completes procedure, does follow-up examination and determines procedure was successful

progress during the procedure

#### **Intelligent Integrated Medical Data System**

EMR displays patient's medical history

The MDS provides the CMO with Medical Checklist linked to Assisted Medical Procedures for diagnosis of flank pain. Medical consumables and their inventory location are provided as well

Lab analysis results captured in EMR

Smart decision support provided based on lab analysis

Patient's baseline lab tests and images are provided to CMO

Still images/video captured in EMR

Smart ultrasound categorizes stone as greater than 8mm

The MDS provides the CMO with Medical Checklist linked to Assisted Medical Procedures for treatment of a kidney stone. Medical consumables and their inventory location are provided as well.

Assisted Medical Procedures are updated with the High-Intensity Focused Ultrasound (HIFU) protocol

#### **Ground Medical Mission Control**

Ground is notified that an off-nominal EMR encounter has been opened

Ground medical team reviews EMR and concurs with diagnosis

Urologist consultant check

Ground team determines treatment plan utilizing HIFU break up of stone.
Protocol is developed and uplinked

External consultants are available virtually (video conference, WebEx, etc.) during the procedure

**Ground Team confirms results** 

#### **In-Flight Crew**

Patient presents with chief complaint of abdominal pain

CMO opens EMR

CMO takes history of chief complaint

CMO performs focused physical exam: vitals, abdominal exam, GU exam

CMO performs lab analysis: CBC, chemistry including kidney and liver function tests, urine analysis

CMO performs imaging: ultrasound scan

CMO diagnoses appendicitis

CMO provides pain medication, fluids, and antibiotics

Frequent follow up exams are performed

2 months later patient returns with fever and right lower-quadrant pain

## **Intelligent Integrated Medical Data System**

EMR displays patient's medical history

The MDS provides the CMO with Medical
Checklist linked to Assisted Medical
Procedures for diagnosis of abdominal
pain. Medical consumables and their
inventory location are provided as well

Lab analysis results captured in EMR
Smart decision support is available if needed
Patient's baseline lab tests and images are
provided to CMO

Still images/video captured in EMR
Smart ultrasound detects non-compressible

nart ultrasound detects non-compressible appendix

EMR captures data

#### **Ground Medical Mission Control**

Ground is notified that an off-nominal EMR encounter has been opened

Ground medical team reviews EMR and concurs with diagnosis and conservative treatment plan

# Appendicitis (cont)

#### **In-Flight Crew**

CMO opens EMR

CMO takes history of chief complaint

CMO performs focused physical exam: vitals, abdominal exam, GU exam

CMO performs lab analysis: CBC, chemistry including kidney and liver function tests, urine analysis

CMO performs imaging: ultrasound scan

CMO diagnoses peri-appendicular abscess

CMO prepares local sterile field, and administers IV or IM anxiolytics, local anesthetics, and IV antibiotics

CMO performs drainage procedure

Medic assists with ultrasound scanning

Patient vitals are monitored by a patient care monitor and alerts are generated if vitals go out of bounds.

Frequent follow-up exams are performed

#### **Intelligent Integrated Medical Data System**

EMR displays patient's medical history

The MDS provides the CMO with Medical Checklist linked to Assisted Medical Procedures for diagnosis of abdominal pain. Medical consumables and their inventory location are provided as well

Patient's baseline lab tests and images are provided to CMO

Still images/video captured in EMR

Smart ultrasound detects a periappendicular abscess

Assisted Medical Procedures are updated for guided percutaneous drainage techniques

Patient care monitor data are transmitted in real time to Medical Mission Control

EMR captures follow-up data

**Ground Medical Mission Control** 

Ground medical team reviews EMR and concurs with diagnosis and treatment plan utilizing guided percutaneous draining of the periappendicular abscess

Previously developed and verified procedures are uploaded

Ground Ops and consultants are virtually available throughout the procedure

# Appendicitis (cont)

#### **In-Flight Crew**

One week later, patient presents with fever and abdominal pain

CMO opens EMR

CMO takes history of chief complaint

CMO performs focused physical exam: vitals, abdominal exam, GU exam

CMO performs lab analysis: CBC, chemistry including kidney and liver function tests, urine analysis

CMO performs imaging: ultrasound scan

CMO diagnoses recurrence of periappendicular abscess

CMO prepares local sterile field, and administers IV conscious sedation

CMO performs surgical procedure with the medic assisting

Patient vitals are monitored by a patient care monitor and alerts are generated if vitals go out of bounds

## **Intelligent Integrated Medical Data System**

EMR displays patient's medical history

The MDS provides the CMO with Medical
Checklist linked to Assisted Medical
Procedures for diagnosis of abdominal
pain. Medical consumables and their
inventory location are provided as well

Lab analysis results captured in EMR

Smart decision support provided based on lab analysis

Patient's normal physiology images are provided to CMO

Images/video captured in EMR

Smart ultrasound detects a periappendicular abscess

Assisted Medical Procedures are updated with a surgical procedure for removing patient's appendix

Patient care monitor data are transmitted in real time to Medical Mission Control

#### **Ground Medical Mission Control**

Ground medical team reviews EMR and concurs with diagnosis and treatment plan utilizing surgery to remove the inflamed appendix.

Previously developed and verified procedures are uploaded

Ground Ops and consultants are virtually available throughout the procedure.

# **In-flight Crew**

Predetermined procedural holds will be in place for step-wise completion of the procedure

Ground concurrence will be required at each hold before the in-flight procedure proceeds

CMO performs post-procedure exam and then closes abdomen.

Frequent follow -up exams are performed

CMO determines the surgery a success

## **Intelligent Integrated Medical Data System**

Assisted Medical Procedures are running, the EMR is being updated with the realtime data; multiple video views of the surgical theater are presented

EMR is updated with follow-up exam data

#### **Ground Medical Mission Control**

Ground consultants will follow progress and analyze data streams to help guide procedure

Ground team concurs that surgery was a success