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# Development and Use of Mark Sense Record Cards For Recording Medical Data on Pilots Subjected to Acceleration Stress

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## Development and Use of Mark Sense Record Cards For Recording Medical Data on Pilots Subjected to Acceleration Stress

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TIME-HONORED system of recording medical histories and the data obtained on physical and laboratory examination has been that of writing the information on record sheets that go into a folder for each patient. In order to have information which would be more readily retrieved, a program was initiated in 1952 by the U.S. Naval School of Aviation Medicine in connection with their "Care of the Flyer" study to place this information on machine record cards. In 1958, a machine record card method was developed for recording medical data in connection with the astronaut selection program. Machine record cards were also developed by the Aero Medical Laboratory, Wright-Patterson AFB, Ohio, and the Aviation Medical Acceleration Laboratory, Naval Air Development Center, Johnsville, Pennsylvania, for use in connection with a variety of tests including acceleration stress.<sup>1</sup> Therefore, a variety of systems resulted in which data of a medical nature could easily be recalled.

During the NASA, Ames Research Center centrifuge studies,<sup>2,3</sup> the pilot subjects were interviewed after each centrifuge run, or series of runs, and subjective information was recorded in a log book by the usual history taking methods referred to above. After the methods were reviewed, it was recognized that a card system would be very useful in recording data from our pilots after they had been exposed to acceleration stress. Since the acceleration stress cards already developed did not meet our require-

Mr. Havill is a research scientist.

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ments, it was decided a different card was needed.

#### DESIGN

The regular machine record card with its coded information punched does not have the capability of yielding information directly from the card unless the person using the card is very familiar with the code. This disadvantage is overcome by the mark sense card method described by others.<sup>1</sup> On the mark sense card, the questions are written in abbreviated form. The answers are marked with an electrographic pencil in an adjacent oval-shaped space. The space used will indicate the correct answer either in the form of a specifically provided choice of answers or a Yes or No answer. An example of this card is shown in Figure 1.

An IBM card layout form for an inclined mark sense card (Fig. 2) gives maximum space for writing and printing. This form can present all the information desired for one pilot during one run or a series of runs on a single card. Through our past experience with subjective complaints during and after acceleration stress, we were able to compile a list of the most common items that occur. Visual symptoms that are of interest during the acceleration include blurring, changes in visual field, loss of vision, and pain about the eyes. Other general symptoms of interest are chest pain, headache, dizziness, nausea, abdominal pain, difficulty in breathing, and pain in the extremities. We were also interested in information as to whether or not any of these symptoms persisted after the exposure to acceleration.

Another card layout was made in order to have a history type card which could be filled once a year at the time of the annual physical

From the National Aeronautics and Space Administration, Ames Research Center, Moffett Field, California.

					SERIAL NO.	CASE	OR HOSP NO. S RANK	ROMEC	SERV, BORN AGE		
Ţ	? HAS PATIENT EVER HAD ? ** If you do not understand a guestion ask the doctor or nurse **										
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	Chicken Pox	⊂ჴ⊃⊂ѷ⊃	Intestinal Parasites	⊂ਙੋਟਙੋ	Severe Headaches	⊂≝⊃⊂⋼⊃	Tuberculosis	⊂≚⊃⊂⋷⊃	Draining Ears	⊂≛⊃⊂⋼⊃	
	Mumps	Cipcip	Undulant (Milk) Fever	ເະັງດະວ	Diabetes	⊂ँ⊃⊂ँ⊃	Rheumatism Any Kind	⊂≛⊃⊂⋷⊃	Buzzing or Ringing In Ears	c*೨C*೨	· <b>T</b>
	Whooping Cough	ငနံၥငႏၥ	Poisoning Other Than Food	ດໂລດະວ	Tumors of Any Kind	⊂ಕೆ⊃⊂ಕಿ⊃	Arthritis Any Kind	⊂ಕ್ರ⊂ಿ⊃	Temporary Hearing Loss	∊⋠⋺⋲⋼⋺	ADE
	Influenza Any Kind	⊂┋⊃⊂⋼⊃	Encephalitis (Brain Fever)	⊂ໂ⊃⊂ະ⊃	Major Operation Any Type See Card 1 ~ 8	C	Hepatitis (Liver Infection)	⊂ູ້ລ⊂ະລ	Permanent Hearing Loss	∊⋠⋺∊⋼⋺	ARE N
	Strep Throat	⊂³⊃⊂ª⊃	Mononucleosis (Glandular Fever)	⊂š⊃⊂ະ⊃	Recent Significant Weight Gains	⊂ᢤ⊃⊂ѷ⊃	X-ray or Radiation Therapy For Any Purpose	⊂≩⊃⊂⋼⊃	Pain in Ears From Flying	∊⋠⋺⋲⋼⋺	ARK -
Θ	Serious Acc'dent	⊂š⊃⊂⁵⊃	Penicillin or Other Drug Reaction	<b>c</b> ້ຄວ <b>c</b> ະວ	Recent Weight Loss	$C^{\frac{1}{2}} \supset C^{\frac{1}{2}} \supset$	Non-specific Urethritis	⊂≛⊃⊂⋷⊃	Ever Worn Hearing Aid	⊂ಕಿ⊃⊂ಿ⊃	AFF M COMM BACK
	Accident Prone	CIDCID	Immunization or Serum Reaction	ငၨနိုင္ဆင္ဖေဒ	ls Diet Necessary to Control Weight	⊂ಕೆ ⊃⊂ <sup>ಕ</sup> ⊃	Frequent Colds		Unusual Hearing	⊂ಕೆ⊃⊂ಕಿ⊃	່ນ <del>ແ</del> ຈູ
	Diptheria	⊂≩⊃⊂⋷⊃	Malaria	⊂š⊃⊂≋⊃	Tropical Disease	⊂≚⊃⊂ѷ⊃	On Pension or Disa- bility Insurance Any Purpose		Other Ear Problem	°C ≹⊃⊂ 8⊃	

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 12 43 44 45 46 47 48 49 59 51 52 53 54 55 56 57 69 59 51 52 51 54 55 56 67 68 69 70 71 72 73 74 75 76 77 78 79 80 Fig. 1. General medical history mark sense record card (Lovelace Foundation).

Aerospace Medicine





SERIES CARD

	NAM	E								5	ERIES CA	RD
	AGE		DAT	E		SIMU	LATOR LOCATIO	N				,
T	YPE OF	TYPE OF ACCELERATION ANSULAR LINEAR VIBRATORY IMPACT	SINULATOR TIME COVERED BY THIS CARD	TYPE OF ACCELERATION	DID YOU HAVE ANY OF THE FOLLOWING SYMPTOMS DURING OR SUBSEQUENT TIME COVERED BY THIS CARD					IT TO THE	SIMULATOR	COMMENTS
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	r	NOST IMPORTANT COMPONENT			SYMPTOMS DURING			[	SUBSEQUENT TO INT SINULATOR OFERATION		INTERENITIENT	YES
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	C )		C47C47C47	c47c47c47	CHANGES IN VISUAL FIELD	C DC D YES NO	PAIN IN OR ABOUT THE EYES	C DC D YES NO	C 2C	TES YES	YES NO	2
	C 7		c57c57c57	c57c57c57	LOSS OF VISION	C C C C	DIZZINESS	C C C C YES NO	C DC	TES YES	YES NO	
Ī			c67c67c67	C67C67C67	CHEST PAIN	C DC D YES NO	NAUSEA	C つこつ ÝES NO	C 20	YES YES	YES NO	
(COMMENT)	(COMMENT)		212012012	c12612612	DIFFICULTY IN BREATHING	C C C C YES NO	ABDOMINAL PAIN	C C C C YES NO	C 20 NO	YES YES	YES NO	
		IS THIS CARD FOR	5687687687	c87c87c87	LOSS OF CONSCIOUSNESS	C DC D YES NO	PAIN IN THE EXTREMITIES	C DC D YES NO	C 70 NO	YES YES	YES NO	
	OTHER (COMMENT)	ONE SERIES OF RUNS	29209209=	C97C97C97	OTHER	YES NO	OTHER (COMMENT IF YES)	C C C C YES NO	C 70 NO	YES YES	YES NO	

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 4 Ibba L54O13

Fig. 3. Ames mark sense record card (series card).

				SERIAL NO	GAS	E OR HOSP. NO. S	RANK R-S M E	C SERV BORN AGE	DA DATE OF E		
NALL TYPE OF SIMEATOR USED	TGTAL SIMULATOR TIME (HRS)	SINULATOR TIME THIS YEAR (URS)	TYPE OF ACCELERATION ANGULAR LINEAR VIBRATORY IMPACT	DID YOU HAVE ANY OF THE FOLLOWING SYMPTOMS DURING OR SUBSEQUENT TO YOUR SIMULATOR WORK							
	C12C12C12	C17C17C17	C DC DC DC D NOST INPORTANT COMPONENT	SYMPTOMS DU	RING	SYMPTOMS DURING OR SUBSEQUENT TO SIMULATOR					
N HISTOR	C27C27C27	c27c27c27	SECOND C DC DC DC D THIRD	SIMULATOR OPER	RATIONS	DURING SUBSQUERT I J HITER SIMULATOR DERATION LESS MORE OPERATION LESS MORE UPERATION STAFF			N SUBSEQUENT RE SYMPTONS URS		
A D	232232232	C3DC3DC3D	C DC DC DC D FOURTH		DCD ES NO	HEADACHE	C PC YES NO	NO YES Y	ES YES NO		
A C -	C47C47C4=	C47C47C47		CHANGE IN VISUAL FIELD	DC D ES NO	PAIN IN OR ABOUT THE E	C PC	DCDCDC NO YES Y	ES YES NO	·	
SPECI	25225225	257257257		LOSS OF VISION	PC P ES NO	DIZZINESS	C PC YES NO	DC DC DC NO YES Y	ES YES NO	]	
	67676765	C67C67C67	, i	CHEST PAIN	PC =	NAUSEA	C DC YES N	D NO YES Y	ES YES NO	1	
	212212212	212212212	5		PC =	ABDOMINAL F	PAIN C PC	DC DC DC D NO YES Y	ES YES NO	1	
	C87C87C8=	C87C87C87		LOSS OF CONSCIOUSNESS	PC = res no	PAIN IN THE EXTREMITIES	G PC	DC DC DC	PC PC -	1	
OTHER	292292092	292292092		OTHER	YES NO	OTHER			TES YES NO	1	
1 2	3 4 5 6 7 8 8 19 11 1 TBM L 54044	2 13 14 15 18 17 18 19 29 2	1 22 23 24 25 26 27 28 29 39 31 32 3	3 34 35 36 37 38 39 40 41 42 43	44 45 46 47 4	8 49 50 51 52 53 54	33 36 3/ 38 33 60 61 6	2 03 84 83 98 87 98 83 /9			

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Fig. 4. Ames mark sense record card (history card).

examination of the pilot. This allows the examiner to keep a year-to-year record of the total acceleration stress encountered over the year, both as to total time as well as type of acceleration, i.e., linear, angular, impact, or vibratory. It also permits the evaluation of any sign or symptom that might be accumulative and related to repeated acceleration stress.

A final example of the two cards, one called the series card, and the other called the history card, is shown in Figure 3 and Figure 4, respectively.

#### RESULTS AND DISCUSSION

The series cards were used in collecting data on 22 test pilots used as subjects during a centrifuge program conducted at the Naval Air Development Center, Aviation Medical Acceleration Laboratory, Johnsville, Pennsylvania, during the months of March, April, and May of 1961. The cards proved to be readily understood and easily filled out by the pilots. A few items were found to be unsatisfactory in the first form of the sense card. For example, the simulator time columns which were three in number were found to be one too many since the time resulting from any one run or a series of runs was always less than 9 minutes, and two columns which would show the time in nine or fewer minutes plus a question were all that was required. It was also found that with a series of runs it was difficult to relate the symptoms to a specific run. The vector of the applied g often differed in each of the runs in a series and the pilot would not leave the cockpit. As a result, he was unable to fill out a card after each different run in the series. In general, however, the sense card when used for the single run was quite adequate. Modifications of these cards will be made from time to time as is found necessary.

The history cards have been forwarded to the Lovelace Foundation where they are currently

being used as a part of their large series of cards that cover test pilot type examinations.

#### SUMMARY

This report presents the design format of two machine record cards of the mark sense card type which have been developed for use in connection with recording medical data on test pilots who are subjected to various acceleration stresses. One is a series card used to record subjective data from pilots after a single or a series of runs on a motion simulator during which acceleration stress is encountered. The other is a history card intended for use once a year at the time of the pilot's annual physical examination. The history card is intended to provide information regarding accumulative effects of repeated acceleration stress on the pilot. The series card has been used during one centrifuge program conducted by the NASA, Ames Research Center at the Naval Air Development Center, Aviation Medical Acceleration Laboratory, Johnsville, Pennsylvania, during March, April, and May of 1961, and has proved very successful. Although the population group was small and so not ideally suited for mark sense card data acquisition, some valuable accurate subjective information was obtained, particularly in regard to vision. This information would not have been obtained by simply keeping a log.

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