## An Unobtrusive System to Measure, Assess, and Predict Cognitive Workload in Real-World Environments

## Keynote, BIOSTEC 2017

Presented by: Bethany K. Bracken, PhD

23 February 2017 Porto, Portugal Noa Palmon, BS Seth Elkin-Frankston, PhD Scott Irvin, BS Michael Jenkins, MBA, PhD Mike Farry, BS, MA

# Agenda

- Company background
  - Company overview
  - Human sensing projects overview
- Cognitive workload sensing
  - Why do we care?
  - Who cares?
- Methods
  - Custom sensing devices
  - Data handling
  - Information display
- Conclusions

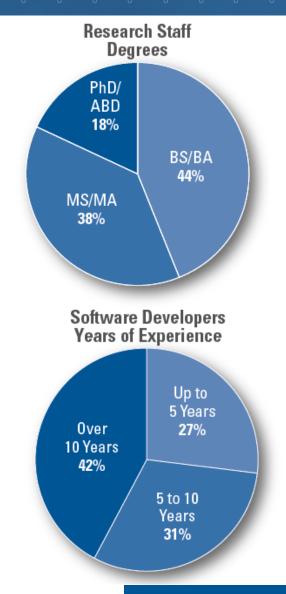
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## Corporate Background

- Employee-Owned Small Business, Cambridge, MA, USA started in 1983
  - 150+ employees and associates
  - GSA Schedule for IT Services

- Bridging the gap between thought leaders in academia and systems developers/ integrators
  - Long-term collaborative partner with world-class universities
  - Strong participation in professional societies/ panels
  - Close relationships with several lead system integrators



## Core Company Competencies



### Sensor Processing & Networking

- Automatic target recognition (ATR) and tracking
- Automated analysis of security and surveillance imagery
- Network and software trustworthiness optimization
- Vision-based autonomous navigation
- Image and video enhancement

### **Decision Management**

- Data mining, data/information fusion
  - Event detection and prediction
  - Situation analysis and threat assessment
  - Sensor/resource management
  - Course-of-action analysis
- Cyber security



## **Socio-Cognitive Systems**

- Sensor-based assessment of human physical and cognitive states
- Human behavior modeling for individuals, organizations, and societies
- Model-driven and model-backed assessment of complex situations
- Tactical intelligence management and collection



### **Human Effectiveness**

- Intuitive interfaces and operator support tools for complex systems
- Work analysis, design prototyping, and human-in-the-loop evaluation
- Skill modeling, intelligent tutoring, game- and simulationbased training
- Information visualization

## Collaborators

Charles River bridges the gap between **universities'** basic research and **lead system integrators'** needs for mature technology

### <u>Universities</u>

### **Arizona State University**

Brandeis University Brown University

Carnegie Mellon University Cornell University Claremont Graduate

### University

Duke University George Mason University Harvard University

### **Harvard Medical School**

Massachusetts Inst. of Technology Penn State University Syracuse University Tufts University University at Buffalo (SUNY) University of California at Berkeley University of Illinois University of Kentucky University of Maryland University of Massachusetts

#### University of Massachusetts Medical School

University of Pennsylvania University of Southern California Vanderbilt Medical School

Wright State University

### **Other Businesses**

Anacapa Sciences, Inc. Analytic Graphics, Inc. (AGI) Apelon, Inc. Aptima, Inc. Architecture Technology Corp (ATC) Assured Information Security, Inc. Aviation Specialties, Inc. **Biosignals PluX** Blue Force LLC Blyth Consulting Group Boston VA Research Institute Boundariez Consulting Clark & Parsia Coolhead Consulting

Boston VA Research Institute Boundariez Consulting Clark & Parsia Coolhead Consulting Creation Logic CUBRC Data Fusion & Neural Networks Defense Health Program Global Training, LLC Group1 Solutions InGuardians

Karabaich Strategic Info Services Massachusetts Eye and Ear Infirmary Massachusetts General Hospital **McLean Hospital** PAR Government Systems PatchPlus Consulting Planet 9 Studios Referentia Systems Incorporated **Roth Cognitive** Engineering Sensimetrics Corporation Signet Research & Consulting

### Singular Computing LLC SofCheck Spaulding Research Hospital Tech Projects, LLC Technology Solution Experts TopCoder

Zanol Consulting, Inc.

### Large System Integrators

**Applied Research Associates** Aurora Flight Sciences **BAE Systems** Boeina Booz Allen Hamilton Charles Stark Draper Laboratory Chenega Federal Systems DSS Lab **General Dynamics** Lockheed Martin L-3 Communications Metron Scientific Solutions MIT Lincoln Labs MITRE Northrop Grumman Corp **Oculus Innovative Sciences** Pacific Northwest National Laboratory QinetiQ North America (Foster-Miller) Raytheon Science Applications International Corp. (SAIC) **Teledyne-Brown Engineering Textron Defense Systems** 

## Powerful Productivity Tools

Product	Description	
Sherlock™	Open, extensible software and hardware platform for rapid prototyping of solutions to collect, analyze, visualize, and reason about human physiological, neurological, and behavioral state	
VisionKit®	A library of computer vision software components for developing object recognition, surveillance, video enhancement, and visual navigation systems	
BNet®	Bayesian Belief Network development tool and accompanying software development kit	
Connect™	Social and Organization Network Analysis tool for domain-independent network analysis	
AgentWorks™	<sup>1</sup> Intelligent agent toolkit providing agent-based computational components and integrated system development, validation, and visualization environments	
Metronome™	ronome <sup>™</sup> A plug-in based architecture and associated visual software components enable developers of rich-client applications to create powerful, easy-to-use interfaces for high-availability and mission critical systems	
DRIVE™	Toolkit to support rapid generation, reconfiguration, evaluation, and refinement of Information visualization content and format	
Figaro™	A language and reasoning framework for probabilistic modeling and inference that provides the basis for many computational intelligence services such as data and information fusion, machine learning, forecasting, state estimation, and sensitivity analysis	

## Human State Assessment Portfolio

Completed

Current

Area	Project	Customer	Title	Project Theme
Cognitive Workload Assessment	ADAPTER II	USAF/AFRL	Handheld Intelligent Tutors Personalized for Individual Training	Cyber teams / cognitive load, stress, fatigue, team dynamics, taskload allocation
	MEDIC II	CDMRP	Aiding Training by Monitoring, Extracting, & Decoding Indicators of Cognitive Load	Medical teams / cognitive load
	CAPT PICARD II	NASA	Precision Information Environment for Coordinated Emergency Support	T&E subjects / Mission analog environments
	ASYMPTOTE	USAF/AFRL	Adaptable System for Measuring Performance of Teams of Operators in Targeted Environments	Real-time assessment of Airmen human readiness level (HRL)
	SEAHAWK	US Navy	A System to Evaluate and Assess Holistic Aircrew Workload	Real-time assessment of novice test subject and prediction of state change after development of expertise
u	SOMBA	DARPA	Stand-Off Biometric Assay	Stand-off detection of HR
<b>Condition Detection</b>	ADVISOR II	AARL/MRMC	Assessment and Diagnosis of Vestibular Indicators of Soldiers Operational Readiness	Screening for vestibular damage or Mild Traumatic Brain Injury
	READ-IT	ARI	Rapid Ethnographic Assessment and Data Integration Toolkit	Aid capture of social network data
	SERENE	ONR	Framework for Sensing and Representing Negative Effects of Motion	Sense sopite syndrome

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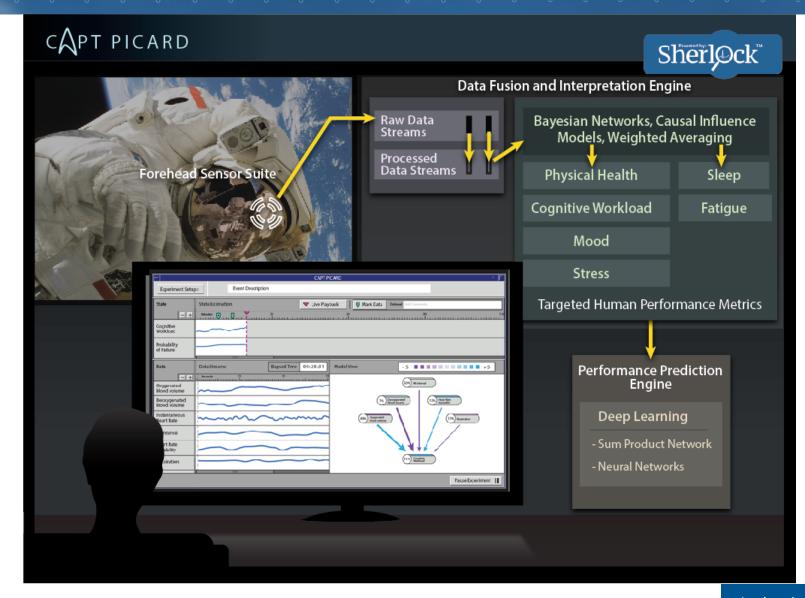
# The Need

- 1. Many work environments fraught with highly variable demands on cognitive workload
  - Fluctuation between cognitive overload and boredom
  - Detrimental to performance





Cognitive Assessment and Prediction to Promote Individualized Capability Augmentation and Reduce Decrement (CAPT PICARD)



# The Need

- 2. Fast-paced, sometimes dangerous professions require personnel to be trained to perform duties automatically
  - If skill still requires great effort, additional training is necessary
  - Focus training to enhance learning





## A System for Augmenting Training by Monitoring, Extracting, and Decoding Indicators of Cognitive Load (MEDIC)



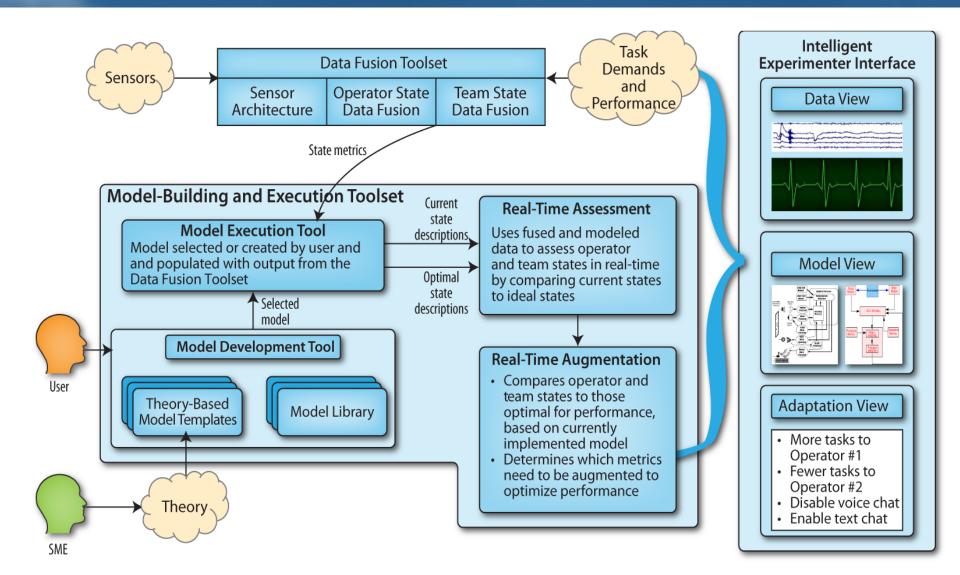
# The Need

- 3. Teams of individuals must focus on their own tasks, while maintaining awareness of teammates' tasks
  - Optimize team performance





# Adaptive Toolkit for the Assessment and Augmentation of Performance by Teams in Real Time (ADAPTER)

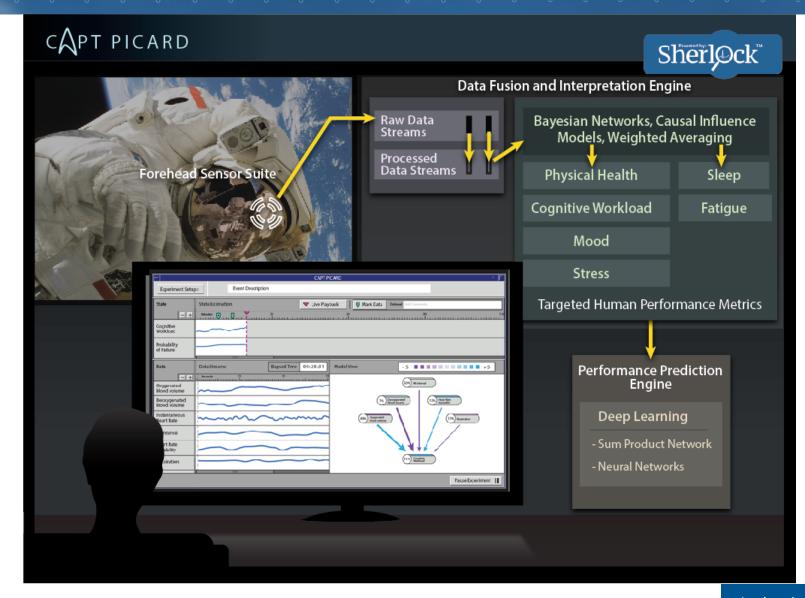


# The Need

- 4. As new tools and systems are developed, their effect on cognitive workload must be assessed
  - Interaction should be intuitive; if additional workload is unacceptable, design must be adapted throughout developmental phases
  - Testing and evaluation in laboratory experiments



Cognitive Assessment and Prediction to Promote Individualized Capability Augmentation and Reduce Decrement (CAPT PICARD)



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## Sherlock™

Open, extensible software and hardware platform for rapid prototyping of solutions to collect, analyze, visualize, and reason about human physiological, neurological, and behavioral state

- COTS and custom sensors (patent pending)
- Data processing and analysis
- Classification of human states (e.g., cognitive load)
  - Statistical and probabilistic modeling techniques
- Prediction of performance
  - Machine-learning algorithms, hierarchical modeling

# Custom Portable fNIRS Sensor









Mr. Filipe Silva, Biosignals PluX

## fNIRS In Various Environments



# Sensor Validation

- Simultaneous EEG/fNIRS data collection
- Compare attention/workload measures of both sensors





Dr. Elena Festa, Brown University

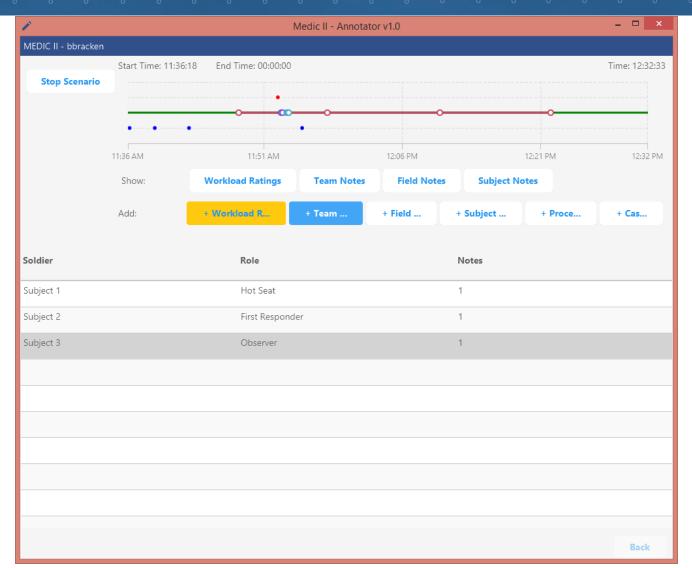
# Synchronized Annotation Tool

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MEDIC II - bbracken				
Scenario Name:	Bethany Test			
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Duration (minutes):	0 45 90	135 18	80 225	270 300
Workload Rating Interval (Min) (mi	8	Workload Rating Interval (Ma	x) (m 10	
Interval Time Out Limit (minutes):	Interval Time Out Limit (minutes): 2 Rating Time Out Limit		(minutes): 1	
			Remove Subject	Add Subject
Subject		Role		
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Mr. Alex Negri

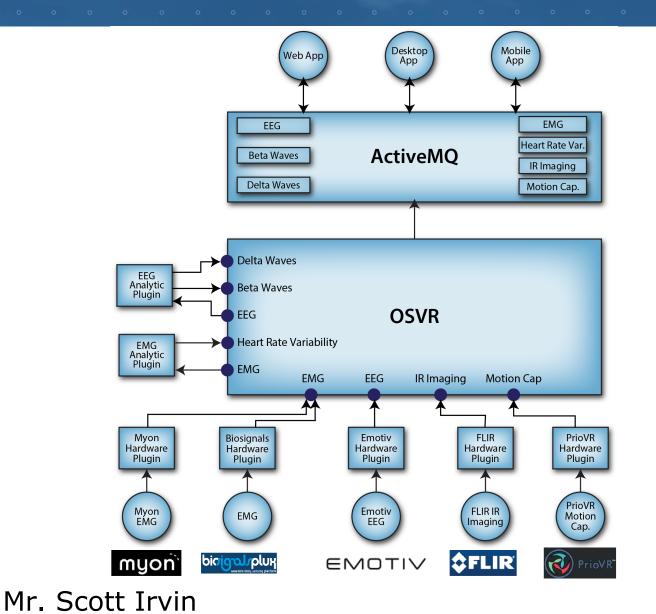
# Synchronized Annotation Tool





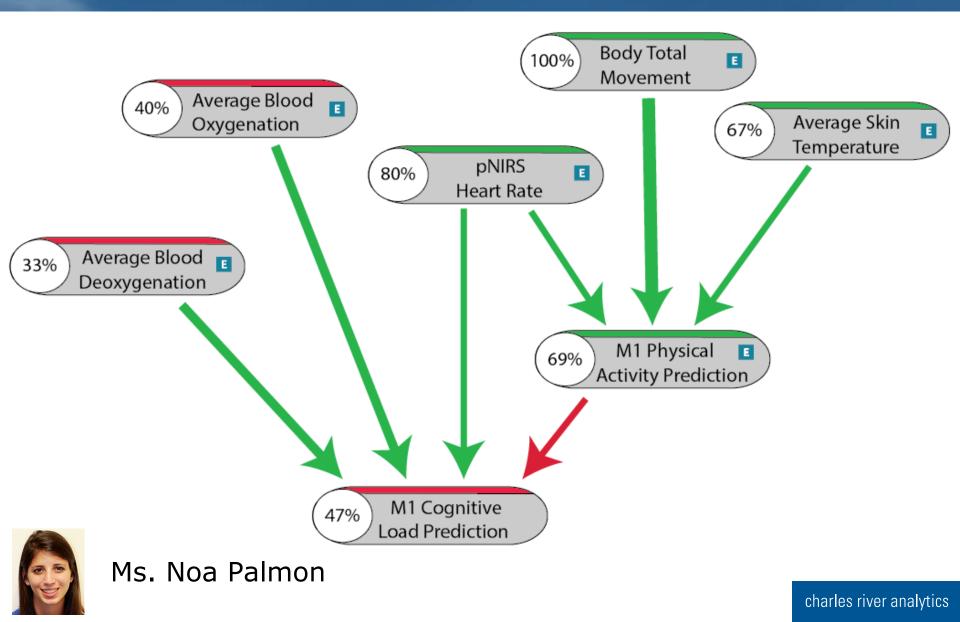
Mr. David Koelle

# Data Fusion

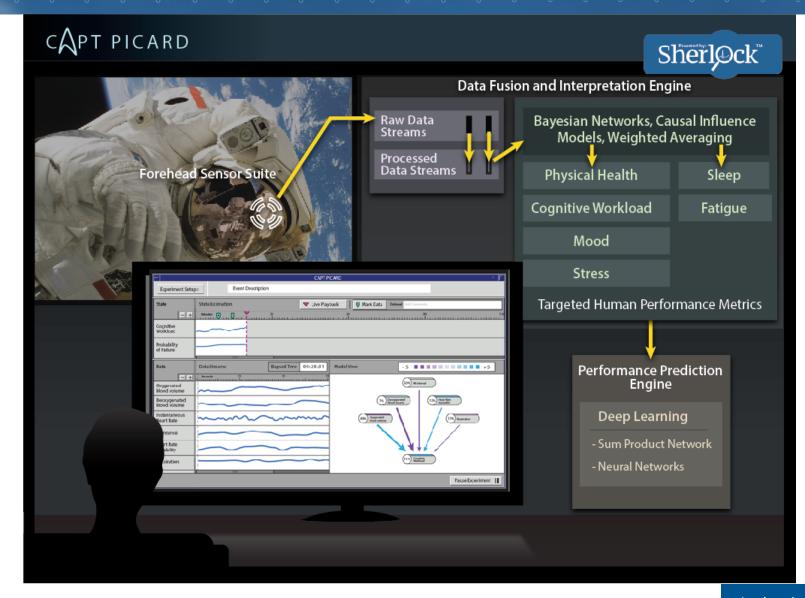




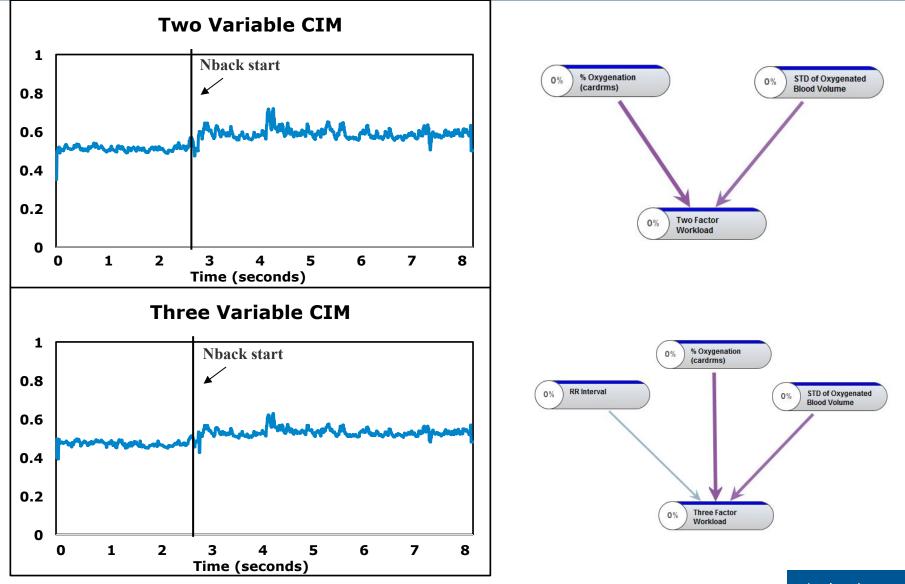
# Estimating Cognitive Workload



Cognitive Assessment and Prediction to Promote Individualized Capability Augmentation and Reduce Decrement (CAPT PICARD)



# Pilot Study: Estimating Cognitive Workload



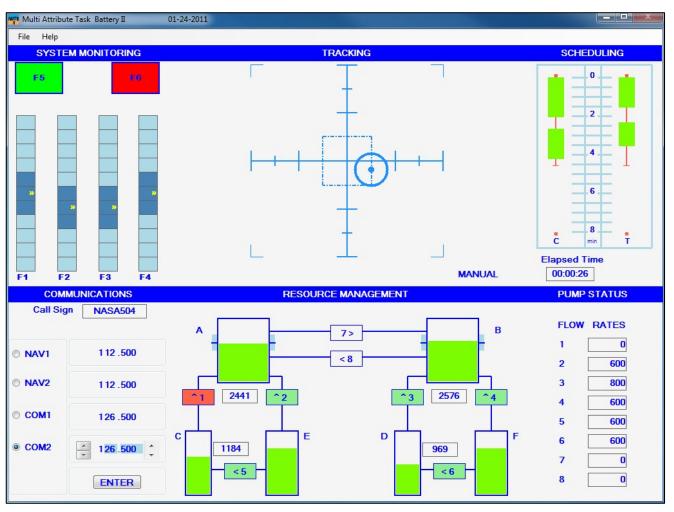
# Assessing Cognitive Overload and Boredom

- Baseline Rest
- Cognitive Task Battery
  - N-back (3 levels)
  - Digit Symbol Substitution
  - Psychomotor Vigilance
  - NASA Multi-Attribute Task Battery (3 levels)
- Boredom Induction
  - Peg Turning Task
- Repeat Cognitive Task Battery
- Post Rest



# Assessing Cognitive Overload and Boredom

## • NASA's multi-attribute task battery (MATB)

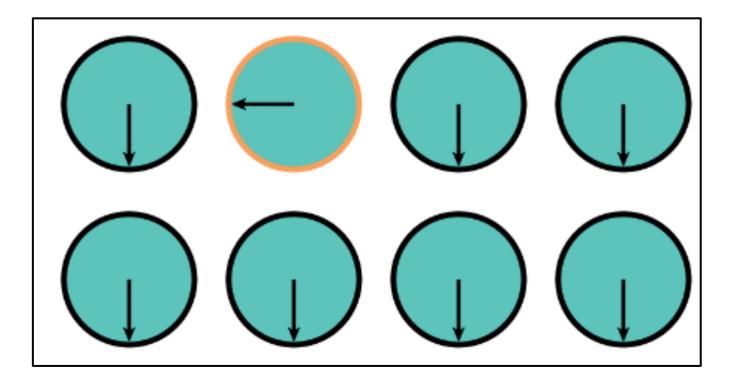




## Dr. Elena Festa, Brown University

# Assessing Cognitive Overload and Boredom

- Boredom induction (Mackey et al., 2014)
  - Peg turning





Dr. Elena Festa, Brown University

## A System for Augmenting Training by Monitoring, Extracting, and Decoding Indicators of Cognitive Load (MEDIC)



# Assessing Cognitive Overload During Physical Activity

- Baseline
- Word list learning
- Balance ball
- 20 Questions
- Puzzle

- Hot Potato
- Logic problems
- Moving Boxes
- Word list recall
- Team jump rope

 19 teams completed (excluding pilot data and drop-outs) for a total of 57 participants



# Data Processing During Motion

Data Viewer ×     A C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C      C     C      C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C     C	오 같은 것 같은
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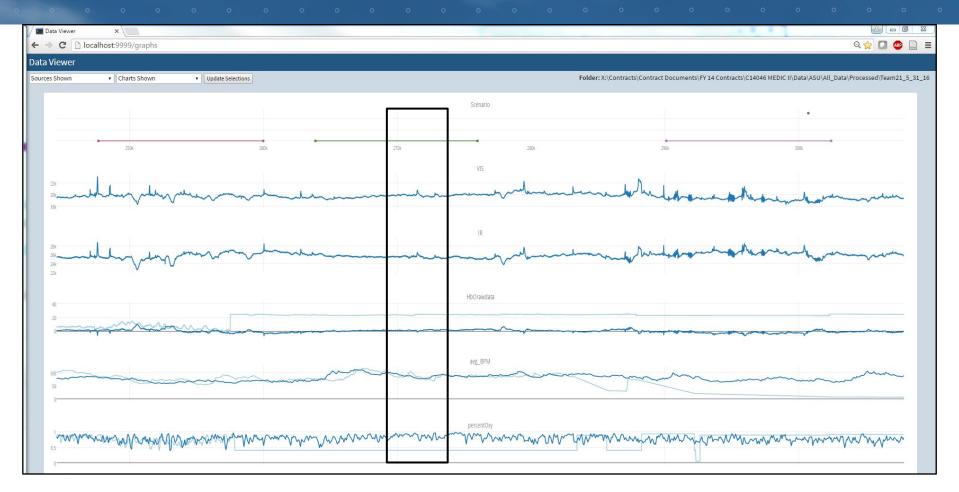
Participant 1 Helmet Device

— Participant 2 Helmet Device

— Participant 3 Helmet Device



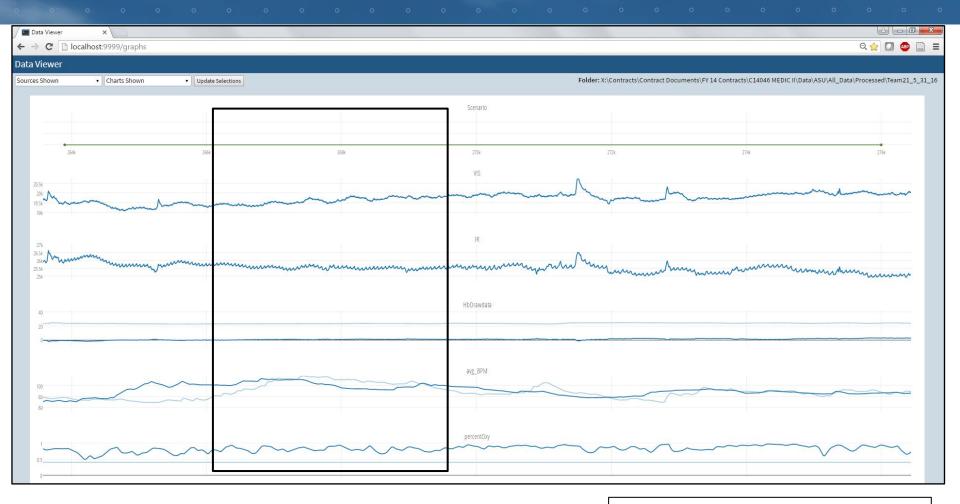
# Data Processing During Motion



- Participant 1 Helmet Device
- Participant 2 Helmet Device
- Participant 3 Helmet Device



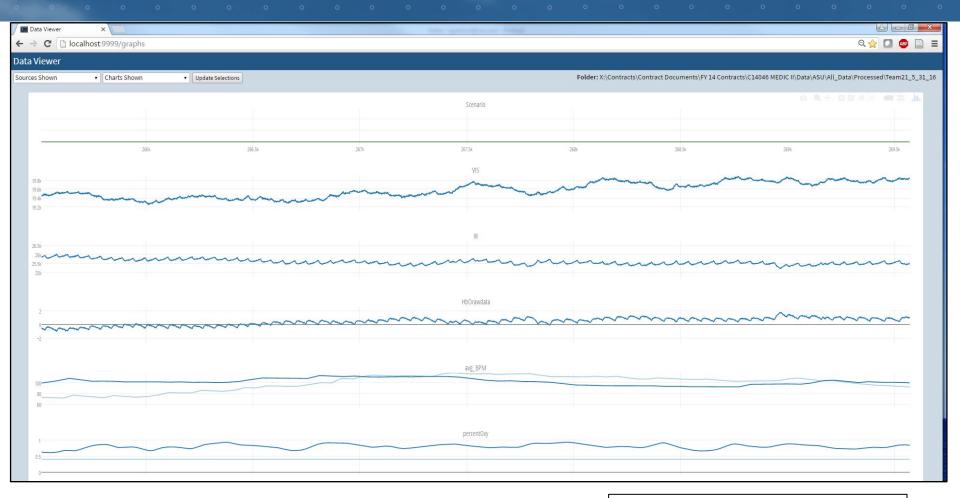
# Data Processing During Motion



- Participant 1 Helmet Device — Participant 2 Helmet Device
- Participant 3 Helmet Device



#### Data Processing During Motion



Participant 1 Helmet Device — Participant 2 Helmet Device — Participant 3 Helmet Device



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# Estimating Cognitive Workload During Physical Activity

Will insert medic modeled data here if we get it done

## Estimating Cognitive Workload During Physical Activity

- Teams of medical students and faculty members
- High-fidelity medical simulations
- Will update with appropriate data collection statistics (include the data we collected if we can use it, if not estimate when collection will start)

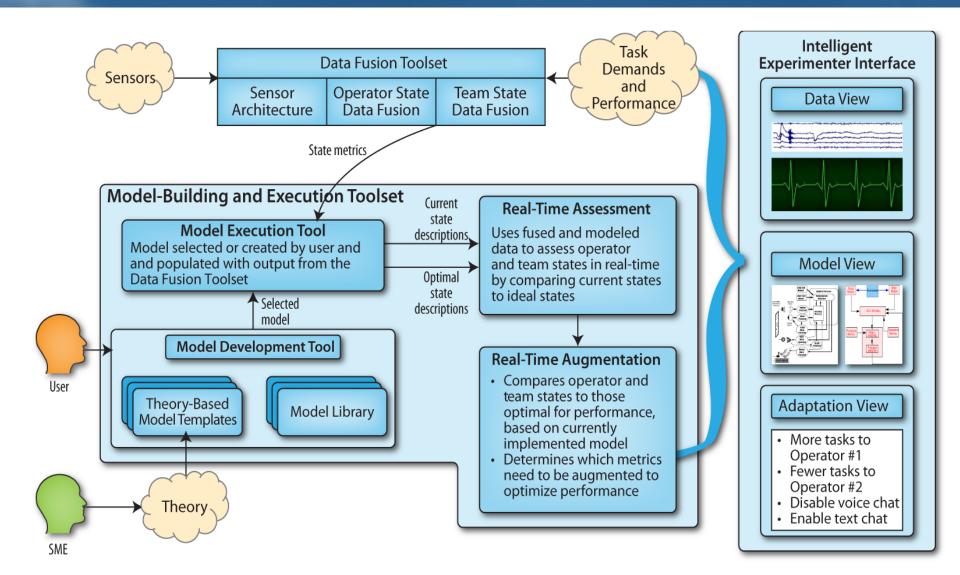


Dr. Matt Weinger, Vanderbilt Medical School



Dr. Arna Banerjee, Vanderbilt Medical School

### Adaptive Toolkit for the Assessment and Augmentation of Performance by Teams in Real Time (ADAPTER)



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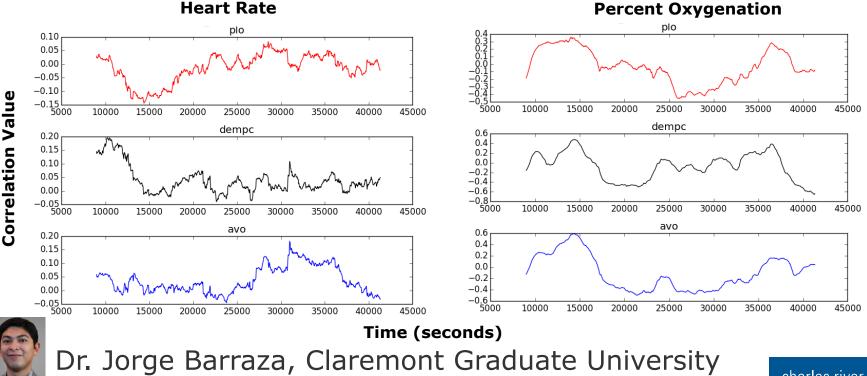
#### Team-Specific Cognitive Workload Metrics

- Teams of three unmanned aerial vehicle (UAV) task:
  - Air Vehicle Operator (avo) flies the UAV
  - Payload Operator (plo) takes photos of targets
  - Data exploitation, mission planning, and communications operator (dempc) uses a map to plan the UAV route and coordinates with the other teammates

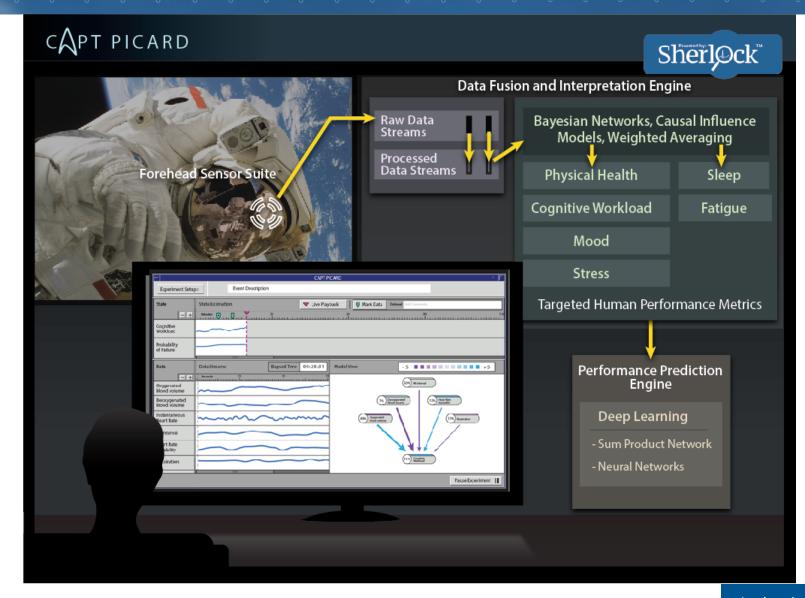


#### Team-Specific Cognitive Workload Metrics

- Measures of importance are task dependent
- Inter-subject correlation for blood oxygenation significant predictor of team performance (R<sup>2</sup> = .08, p < .05)</li>
  - But ONLY for the team leader



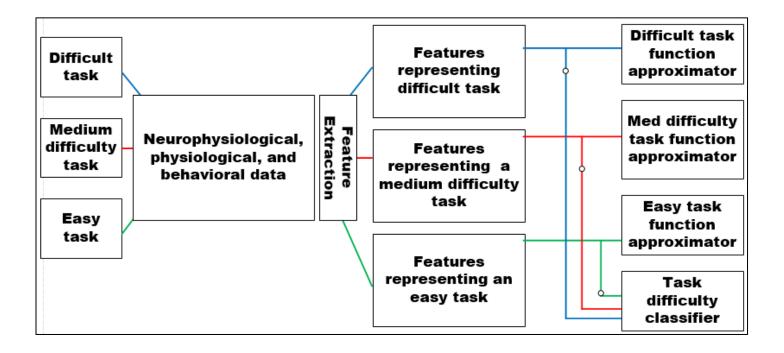
Cognitive Assessment and Prediction to Promote Individualized Capability Augmentation and Reduce Decrement (CAPT PICARD)



#### Predicting Cognitive Workload and Performance

- Design and train classifiers to predict shape of cognitive workload curve (and thus predict when performance will decay) several time steps (seconds or minutes) in advance
  - Design classifiers to distinguish between groups (bored vs. baseline) and between tasks (e.g., easy, medium, hard)
  - 2. Curve estimation based on initial portion of curve to predict upcoming decrements

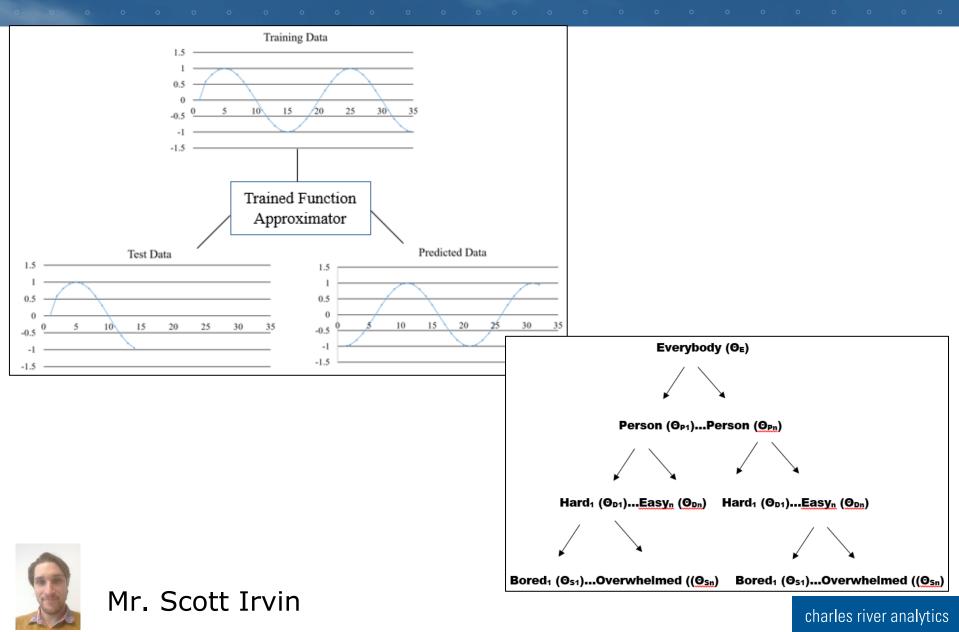
#### Classifier Design



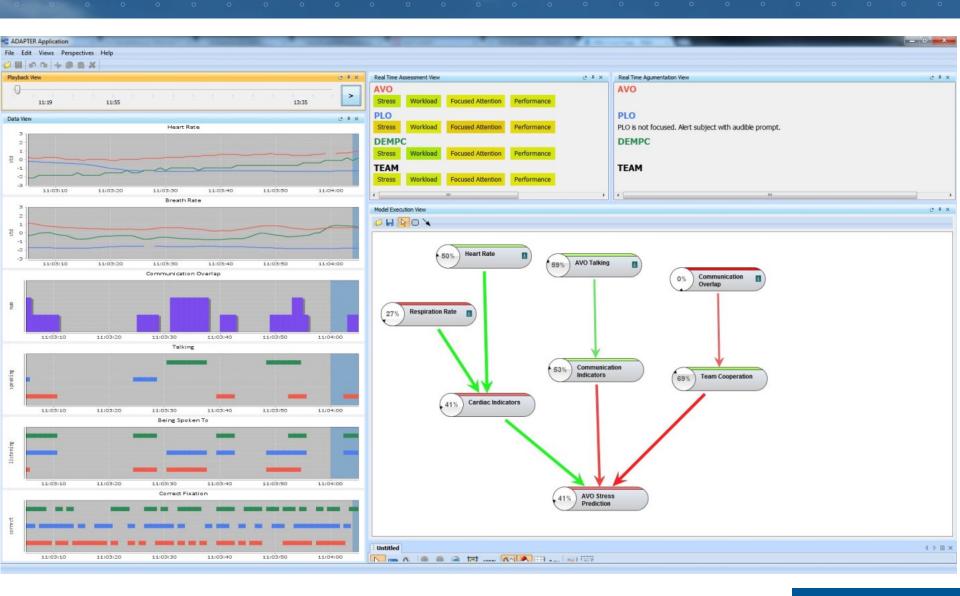


Mr. Scott Irvin

#### **Curve Estimation**



#### Information Display



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### Information Display

Monday February 03, 2014		Allocation — Cognitive Workloa	d - Stress
Case	neline 0100 0115 0130 01- ualties <b>2 2</b> edures <b>0 0 0</b>	** * *	0245 0300 030
	edures		
Soldier 5 Lead ( Medic			
Soldier 12			
+ New Note			
Title Procedure observation	n Time	0135 -	
Did a great job switching roll	s when asked to bag the patient	t rather than run for supplie	25
			Save Note
Soldier 31 🕤 🤅			
			Save Review

### Information Display

CAPT PICARD · 🔲						
Experiment Setur	>> Event Description					
State	State Estimation		yback Mark Data Optional Add Comments			
Cognitive Workload	Minutes 0 30		90 	120		
Probability of Failure						
Data	Data Streams Elapsed Time	00:20:31 Model View	- 5	+5		
Oxygenated blood volume Deoxygenated blood volume	Seconds 30 60		50% RR Interval			
Instantaneous Heart Rate RR Interval			18% Oxygenated blood volume			
Heart Rate Variability						
Respiration			51% Cognitive Workload			
Pause Experiment						

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### Conclusions

#### Generalization of Results

- We believe this approach is widely applicable across domains
- Currently researching commercial applications:
  - Marketing
  - Finance
  - Education
  - Gaming
  - Psychiatric monitoring (e.g., children with ADHD)
- Always looking for collaboration opportunities!

#### Acknowledgements

- This work was supported by:
  - NASA contract number NNX16CJ08C
    - Data modeling/interpretation, cognitive workload/ performance prediction
  - Army contract number W81XWH-14-C-0018
    - Sensor R&D, data processing, information display
  - Air force contract number FA8650-14-C-6579
    - Sensor R&D

The views, opinions and/or findings contained in this report are those of the author(s) and should not be construed as an official Department of the Army position, policy or decision unless so designated by other documentation.

In the conduct of research where humans are the subjects, the investigators adhered to the policies regarding the protection of human subjects as prescribed by Code of Federal Regulations (CFR) Title 45, Volume 1, Part 46; Title 32, Chapter 1, Part 219; and Title 21, Chapter 1, Part 50 (Protection of Human Subjects).

#### Contact Information





Bethany Bracken, Senior Scientist (617) 491-3474 x733 bbracken@cra.com Charles River Analytics Inc. 625 Mount Auburn Street Cambridge, MA 02138

Voice: 617-491-3474 Fax: 617-868-0780

www.cra.com