

### **Conflicts of Interest Disclosure**

- 1. Assistant Professor of Emergency Medicine, Baylor College of Medicine
- 2. Assistant Professor of Space Medicine, Center for Space Medicine
- 3. Attending Physician, Ben Taub General Hospital
- 4. Assistant Director, Human Systems Risk Management, NASA

I have financial interests in the above entities.

The opinions shared here are my own and not necessarily reflective of the above institutions.

# The goal of this talk is to give an overview of how NASA approaches Human System Risks and how that relates to your work as researchers

### Expect an overview of the following:

- Big Big Picture
- Stakeholders
- Defining Likelihood and Consequencs
- Prioritizing Risks
- Relationship between Risks and Programs
- Integrating Between Risks
- Risk Stacking
- How do we burn down Risk? (OR why does your research matter?)

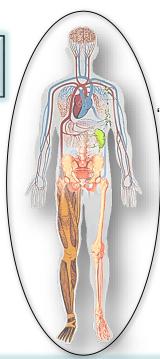
### **Human System Hazards – where Risks come from**

## Altered Gravity - Physiological Changes

Balance Disorders
Fluid Shifts
Cardiovascular Deconditioning
Muscle Atrophy
Bone Loss

#### **Space Radiation**

Acute In-flight effects Long term cancer risk



#### Distance from earth

Drives the need for additional "autonomous" medical care capacity – cannot come home for treatment

# Hostile/ Closed Environment

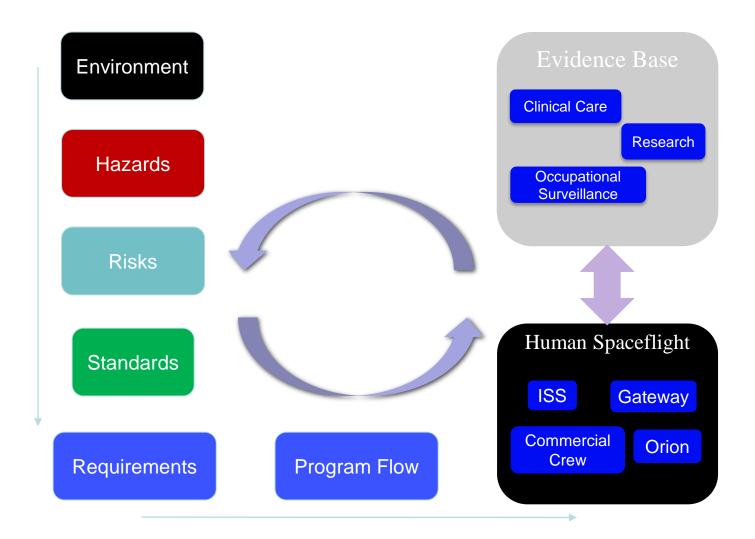
Vehicle Design Environmental – CO<sub>2</sub> Levels, Toxic Exposures, Water, Food Decreased Immune Function

#### **Isolation & Confinement**

Behavioral aspect of isolation Sleep disorders Team dynamics

**Human System Risks** 

## The Big Big Picture



### Who Cares about Risk?

- Stakeholders sit at the HSRB table
- Human System Risks are owned by HMTA

HRP works with HSRB to determine where to focus resources

System Maturation Team Human Health and Performance Directorate

Subject Matter Experts/ Risk Custodians

Safety and
Mission
Assurance
Directorate

Engineering Directorate

Flight Operations Directorate



OCHMO/ HMTA **HMTA Reps** 

Human Research Program

Crew Health & Safety

**Crew Office** 

ISS

Commercial Crew

Orion

Gateway

Standards

### **Human System Risks – Likelihood vs Consequence**



Death or permanently disabling injury to one or more crew (LOC)

OR

Severe reduction of performance that results in loss of most mission objectives (LOM)

Significant injury, illness, or incapacitation – may affect personal safety
OR

Significant reduction in performance results in the loss of some mission objectives

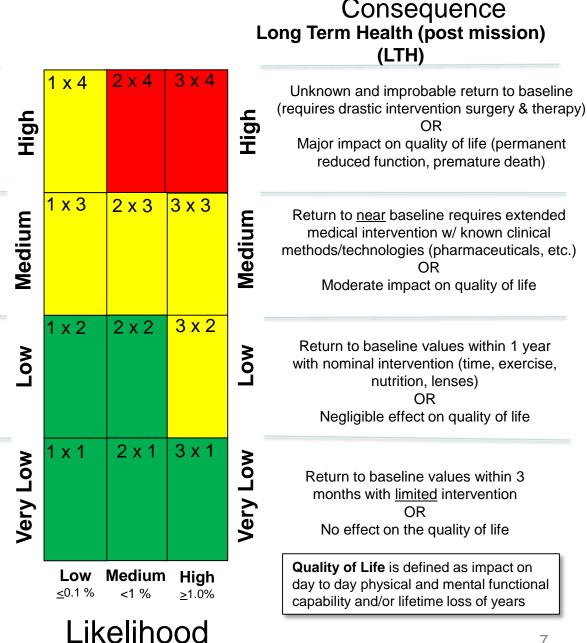
Minor injury/illness that is self-limiting OR

Minor impact to performance and operationsrequires additional resources (time, consumables)

Temporary discomfort OR

Insignificant impact to performance and operations - <u>no</u> additional resources required

CM = Countermeasure LOC = Loss of Crew LOM = Loss of Mission



## **Big Picture of Risks?**

		In Mission Risk - Operations							Post Mission Risk - Long Term Health						
Human Spaceflight Risks	Low Earth Orbit	Low Earth Orbit	Deep Space	Lunar Visit/	Deep Space Journey/ Habitation	Planetary Visit/ Habitation	Low Earth Orbit	Low Earth Orbit	Deep Space Sortie	Lunar VisiV	Journey/ Habitation	Planetary Visit/ Habitation			
			Sortie	Habitation						Habitation		i l			
	6 Months	1 Year	1 Month	1 Year	1 Year	3 Years	6 Months	1 Year	1 Month	1 Year	1 Year	3 Years			
Renal Stone Formation	Accepted	Accepted	Accepted	Accepted	Requires Mitigation	Requires Mitigation	Accepted	Accepted	Accepted	Accepted	Requires Mitigation	Requires Mitgation			
Inflight Medical				Requires	Requires	Requires			Account	Requires	Requires	Requires			

						Inflight Me	dical Accepted Accepted	Accepted Requires R	equires Requires Accepte	d Accepted Accepted	Requires Requir	es	
	In Mission Risk - Operations							Post Mission Risk - Long Term Health					
Human Spaceflight Risks	Low Earth Orbit	Low Earth Orbit	Deep Space Sortie	Lunar Visit/ Habitation	Deep Space Journey/ Habitation	Planetary Visit/ Habitation	Low Earth Orbit	Low Earth Orbit	Deep Space Sortie	Lunar Visit/ Habitation	Deep Space Journey/ Habitation	Planetary Visit/ Habitation	
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Inflight Medical Conditions	Accepted	Accepted	Accepted	Requires Mitigation	Requires Mitigation	Requires Mitigation	Accepted	Accepted	Accepted	Requires Mitigation	Requires Mitigation	Requires Mitigation	
Vision Alterations	Accepted	Accepted	Accepted	Accepted	Requires Mitigation	Requires Mitigation	Accepted	Accepted	Accepted	Accepted	Requires Mitigation	Requires Mitigation	
Cardiac Rhythm Problems	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Requires Mitigation	Requires Mitigation	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	
Cognitive or Behavioral Conditions	Accepted with Monitoring	Requires Mitigation	Accepted with Monitoring	Requires Mitigation	Requires Mitigation	Requires Mitigation	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Requires Mitigation	
Space Radiation Exposure	Accepted	Accepted	Accepted	Accepted	Requires Mitigation / Data	Requires Mitigation / Data	Accepted with PELs	Accepted with PELs	Accepted with PELs	Requires Mitigation	Requires Mitigation	Requires Mitigation	
Inadequate Food and Nutrition	Accepted / Optimize	Accepted / Optimize	Accepted / Optimize	Accepted / Optimize	Accepted / Optimize	Requires Mitigation	Accepted	Accepted	Accepted	Accepted	Accepted / Optimize	Requires Mitigation	
EVA Operations	Accepted	Accepted	Accepted / Optimize	Requires Mitigation	Accepted / Optimize	Requires Mitigation	Accepted	Accepted	Accepted / Optimize	Requires Mitigation	Accepted / Optimize	Requires Mitigation	
Psychosocial Adaptation within a Team	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Requires Mitigation	Requires Mitigation	Accepted	Accepted	Accepted	Accepted	Accepted	Accepted with Monitoring	
Inadequate Human-System Interaction Design	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Standard Refinement, May Require Mitigation	Standard Refinement, May Require Mitigation	Requires Mitigation	Accepted	Accepted	Accepted	Accepted	Accepted	Accepted	
						Unpredicte Effects of	d N/A N/A	N/A N/A	N/A N/A N/A	N/A N/A	N/A N/A N/A		

### How do we relate Risks to Programs?

Operation Assessment Health and		N	ominal	Opera	tions		Off Nominal/Emergency Conditions						
Performance Risks	ISS	Soyuz	SpaceX	Boeing	Orion	Gateway	ISS	Soyuz	SpaceX	Boeing	Orion	Gateway	
Inflight Medical Care System											Limited ALS	Limited ALS	
SANS			Seat Inclination										
Renal Stone Formation													
Radiation Exposure					Deep Space	Deep Space					Deep Space	Deep Space	
Altered Immune Response													
Urinary Retention													
Sleep Loss			Thruster Firings										
Space Adaptation Back Pain													
Cardiovascular Disease/Cardiac Rhythm													
Behavioral Conditions													
Team Dynamics													
Ineffective Medications - Long Term Storage													
Food Supply, inadequate nutrition													
Muscle Loss			Water Landing	Water Landing	Water Landing				Water Landing	Water Landing	Water Landing		
Sensorimotor Alterations			Water Landing	Water Landing	Water Landing				Water Landing	: Water Landing	Water Landing		
Aerobic Capacity			Water Landing	Water Landing	Water Landing				Water Landing	Water Landing	Water Landing		
Orthostatic Intolerance			Water Landing	Water Landing	Water Landing				Water Landing	Water Landing	Water Landing		
Bone Fracture			Water Landing	Water Landing	Water Landing				Water Landing	Water Landing	Water Landing		
Injury from Dynamic Loads													
Host Microorganism Interaction													
Toxic Exposure													
Acute and Chronic Carbon Dioxide						2 mmHg			Emergency	Emergency			
Exposure						2 mmng			Scenarios	Scenarios			
Нурохіа													
Lunar (Celestrial) Dust Exposure	N/A	N/A	N/A	N/A	TBD		N/A	N/A	N/A	N/A	TBD		
EVA/LEA - suit design									Suit PSI	Suit PSI			
Decompression Sickness									Suit PSI	Suit PSI			
Human Centric Desgin			Time on back	Time on back	Time on back	Limited NHV			Hatch Design	Hatch Design	Hatch Design		
Injury from Sunlight Exposure													
Hearing Loss Related to Spaceflight													
Risk of electrical shock													

# Example Risk Matrix from Exploration Systems Directorate

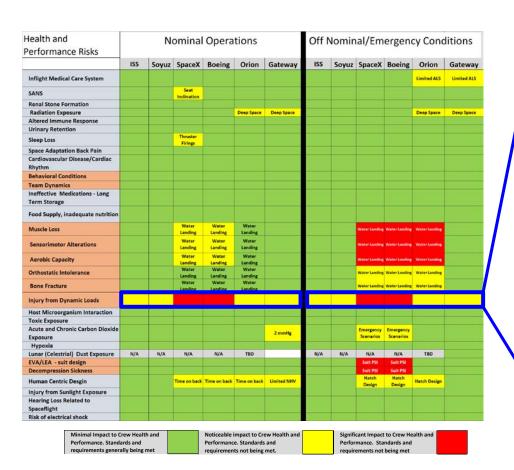
- Minor Injury –Based on Soyuz
- Moderate Injury
   Scenario expect
   Orion to have
   harder landings

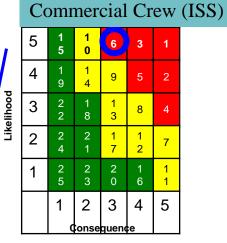
	LIKELIHOOD RATING
<b>5</b> Very High	Qualitative: Nearly certain to occur. Controls have little or no effect.  Quantitative: 10 <sup>-1</sup> <p (for="" -="" consequence="" human="" on="" or="" p="" personnel)="" primary="" risks="" safety="" with="">50% (for risks with primary consequence on Cost, Schedule, or Performance).</p>
<b>4</b> High	Qualitative: Highly likely to occur. Controls have significant uncertainties.  Quantitative: 10 <sup>2</sup> <p≤10<sup>1 (for risks with primary consequence on Human Safety-Personnel) or 33%<p≤50% (for="" consequence="" cost,="" on="" or="" performance)<="" primary="" risks="" schedule="" th="" with=""></p≤50%></p≤10<sup>
3 Moderate	Qualitative: May occur. Controls exist with some uncertainties.  Quantitative: 10 <sup>-3</sup> <p≤10<sup>-2 (for risks with primary consequence on Human Safety-Personnel) or 10%<p≤33% (for="" consequence="" cost,="" on="" or="" performance)<="" primary="" risks="" schedule,="" th="" with=""></p≤33%></p≤10<sup>
2 Low	Qualitative: Not likely to occur. Controls have minor limitations/uncertainties.  Quantitative: 10 <sup>-4</sup> <p≤10<sup>-3 (for risks with primary consequence on Human Safety-Personnel) or 1%<p≤10% (for="" consequence="" cost,="" on="" or="" performance)<="" primary="" risks="" schedule,="" th="" with=""></p≤10%></p≤10<sup>
1 Very Low	Qualitative: Very unlikely to occur. Strong Controls in Place.  Quantitative: P≤10 <sup>5</sup> (for risks with primary consequence on Human Safety-Personnel) or P≤1% (for risks with primary consequence on Cost, Schedule, or Performance).

	ESD Risk Score Card											
L	5	10	16	20	23	25		Ti	meframe			
K E	4	7	13	18	22	24			To Initiate			
L	3	4	9	15	19	21		Hai	ndling Strategy			
H	2	2	6	11	14	17		Near	0 to 3 months			
0	1	1	3	5	8	12		Mid	3 to 9 months			
D		1	2	3	4	5						
	(	CON	ISEC	QUE		Far	> 9 months					

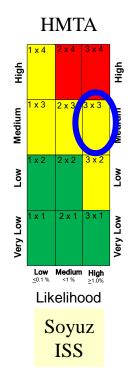
CON	ISEQUENCE S	1	2	3	4	5		
	Personnel	Minor injury not requiring first-aid treatment, minor crew discomfort	Injury requiring first-aid treatment, moderate crew discomfort	Injury, illness or incapacitation requiring emergency or hospitalization treatment	Severe injury or illness requiring extended hospital/Medical treatment	Loss of life or permanently disabling injury		
SAFETY	Facilities, equipment, assets	Minor damage or non-essential flight assets	Minor damage to Program Critical assets, Major damage to non-essential assets	Minor damage to flight/ Ground assets, Major damage to Program critical assets, or loss of non-essential assets	Loss of mission, Major damage to Flight/Ground Assets; doesn't meet criteria for catastrophic hazard, or Loss of Program Critical Asset	Loss of Flight/Ground Assets or Loss of vehicle prior to completing its mission		
	Environ- mental	Negligible OSHA/ EPA violation – non reportable	Minor reportable OSHA/EPA violation	Moderate OSHA/EPA violation which requires immediate remediation	Major OSHA/EPA violation causing temporary stoppage	Serious or repeat OSHA/EPA violations resulting in action terminating Program		
RMANCE	Requirements	Negligible impact to requirements/ design margins	Minor impact to requirements/ design margins	Moderate impact to requirements/design	Major impact to requirements/design margins	Technical goals not achievable with existing engineering capabilities/technologies		
6	Operations	Negligible impact to mission operations	Minor impact to operations – workarounds available	Moderate impact to operations  – workarounds available	Failure to achieve major mission objectives	Contingency Abort		
PER	Supportability	Temporary usage loss or LOCM of non-flight critical asset	Permanent usage loss or LOCM of non-flight critical asset	Temporary usage loss or LOCM of major element(s) of flight vehicle or ground facility	Permanent usage loss or LOCM of major element(s) of flight vehicle or ground facility	Inability to support further flight operations		
	COST	≤\$100K	>\$100K but ≤\$1M	>\$1M but ≤\$10M	>\$10M but ≤\$100M	>\$100M		
SC	HEDULE	Negligible schedule impact	Minor overall schedule impact (no impact to critical path)	≤1 month impact to critical path/milestones	>1 and ≤6 month impact to critical path/milestones	>6 month impact to critical path/milestones or possible Program cancellation		

# **Translating Program and HMTA Risk Posture Updates**









# **Prioritize by Color?**

	In Mission Risk - Operations							Post Mission Risk - Long Term Health						
Human Spaceflight Risks	Low Earth Orbit	Low Earth Orbit	Deep Space Sortie	Lunar Visit/ Habitation	Deep Space Journey/ Habitation	Planetary Visit/ Habitation	Low Earth Orbit	Low Earth Orbit	Deep Space Sortie	Lunar Visit/ Habitation	Deep Space Journey/ Habitation	Planetary Visit/ Habitation		
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Inadequate Human-System Interaction Design	Accepted with Monitoring	Accepted with Monitoring	Accepted with Monitoring	Standard Refinement, May Require Mitigation	Standard Refinement, May Require Mitigation	Requires Mitigation	Accepted	Accepted	Accepted	Accepted	Accepted	Accepted		

#### **NASA Human System Risk Relationships**

### **Prioritize** by Foundation?

Risks are distributed across the entire pyramid. Foundational Risks can affect higher level risk posture.

**Optimizing** Experience Colonizing, **Thriving OPTIMIZING PERFORMANCE** Loss of Mission Advanced tools: **Objectives** training, tasks **Enabling Mission Objectives** Fitness for Duty, Human Performance, NHV, task design, training **HEALTH, PSYCHOLOGICAL WELL BEING** Medical Care. Human Health Countermeasures, Social well being, Privacy, Family Communication, Team Loss of Mission **Dynamics** LOM SAFETY, SECURITY & HEALTH Contingency Operations, Occupant Protection, Emergency Medical Care **BASIC NEEDS** 

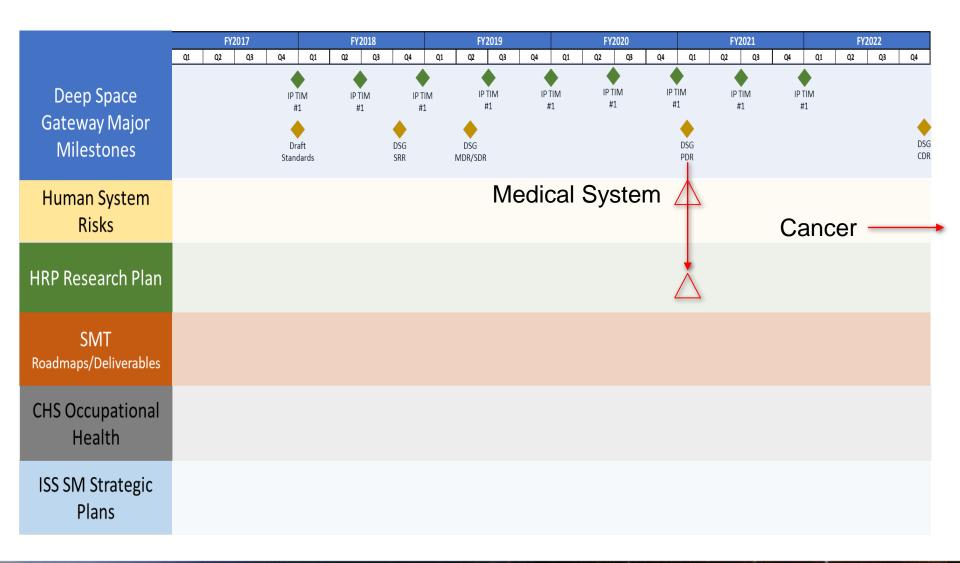
Loss of Crew

LOC

Vehicle Operations Performance & Training,

Environment: Temp, Air, Water, acoustic; sleep, nutrition, waste disposal, cleanliness, radiation SPE protection

### **Prioritize by Need Date?**



### **Prioritizing Risk**

Risk Color

In Mission Risk - Operations

Post Mission Risk - Long Term Health

Human Specified

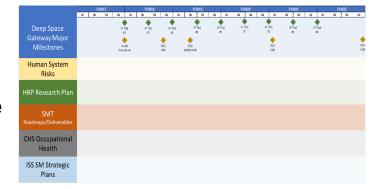
Self
SelfSelf
Self
SelfSelfSelf
SelfSe

When you ask what are the top Risks, it depends on all these factors as well as the mission you are concerned with.

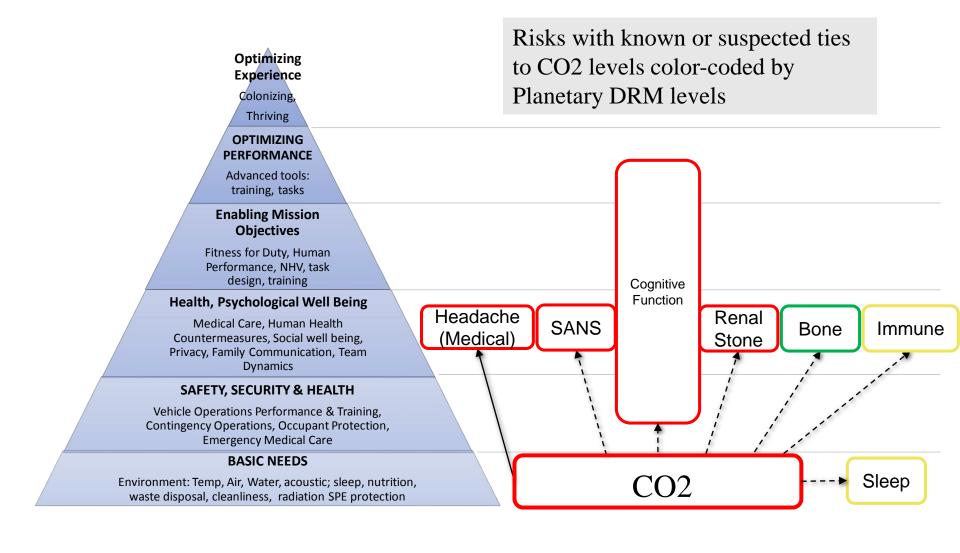
Risk Category

Optimizing
Expériènce
Golonizing
Thriving
OPTIMIZING
PERFORMANCE
Advanced tools:
training, tasks
Enabling Mission
Objectives
Fitness for Dut, Human
Performance, NiNt, task
design, training
Health, Psychological Well Being
Medical Care, Human Health
Countermeasures, Social well being
Privacy, Family Communication, Team
Dynamics
SAFETY, SECURITY & HEALTH
Vehicle Operations Performance & Training,
Contingency Operations, Cocupant Protection,
Emergency Medical Care
BASIC NEEDS
Environment Temp, Air, Water, acoustic; sleep, nutrition,
water disposit, cleaniness, relation SPE protection

Risk Need Date



### Integrating Between Risks - Foundational vs. Dependent



### Integrating Between Risks - Operational Endpoints

Optimizing Experience

Colonizing,

Thriving

OPTIMIZING PERFORMANCE

Advanced tools: training, tasks

**Enabling Mission Objectives** 

Fitness for Duty, Human Performance, NHV, task design, training

#### Health, Psychological Well Being

Medical Care, Human Health Countermeasures, Social well being, Privacy, Family Communication, Team Dynamics

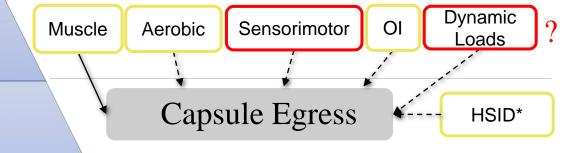
#### **SAFETY, SECURITY & HEALTH**

Vehicle Operations Performance & Training, Contingency Operations, Occupant Protection, Emergency Medical Care

#### **BASIC NEEDS**

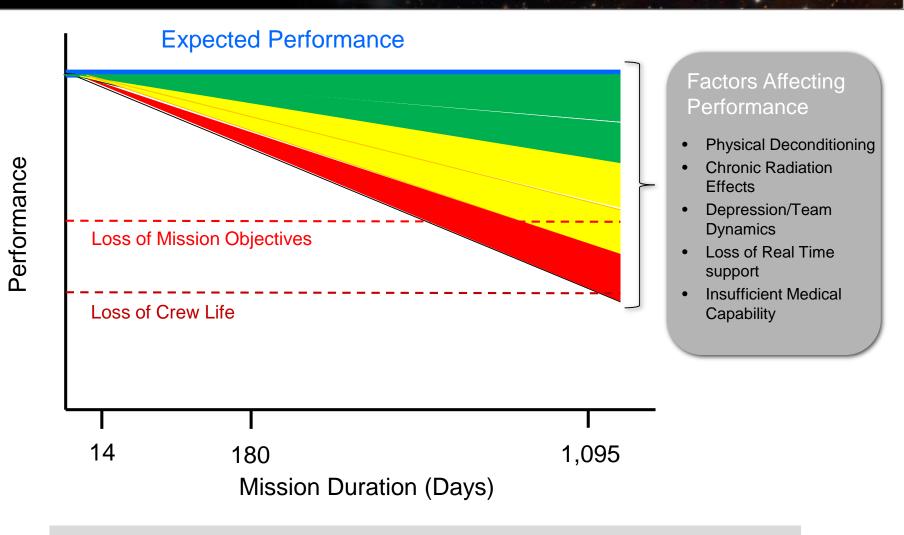
Environment: Temp, Air, Water, acoustic; sleep, nutrition, waste disposal, cleanliness, radiation SPE protection

Multiple Risks contribute to ability to Capsule Egress in Emergency & Off-Nominal Situations



(\*) HSID includes "Training" and contingency ground operations

# Risks to Health & Human Performance won't occur in isolation



Where are the red lines and when will we hit them?

### How do we Burn Down Risk?

### High value research accomplishes one or more of the following:

- Characterize or Understand the Risk
- Prevent risk scenarios from occurring (Hazard Control)
- Consequence Reduction (Risk Mitigation)
- Improve Margin
- Acceptance of Risk Levels

Explanations can be found in the Risk Custodian Handbook



## Backup