



National Aeronautics and  
Space Administration



# Overexpression of Catalase in Mitochondria Mitigates the Effects of Simulated Microgravity and Social Isolation on Cytokine Expression in Mouse Hippocampus

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# Problem

- Aging, sedentary lifestyle and spaceflight have similar degenerative effects on our body
- Chronic inflammation (via ROS generation) implicated in age-related pathologies, e.g. neurodegeneration (“Inflamm-aging”)
- Define contribution of ROS to neurodegeneration during exploration class missions

# Specific Hypothesis

Aspects of space environment (microgravity and social isolation) increase ROS to regulate neuroinflammatory cytokines in the hippocampus

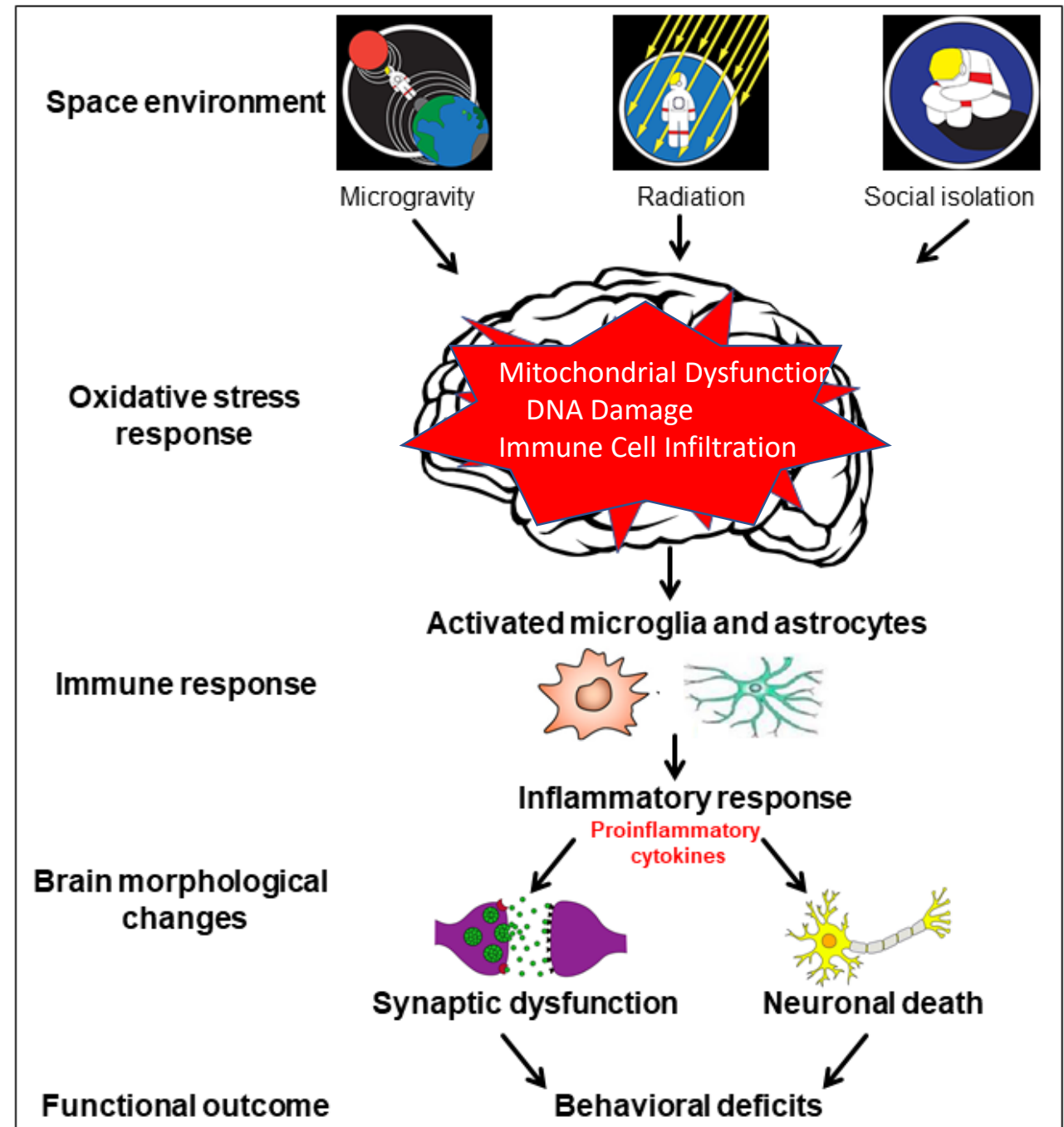
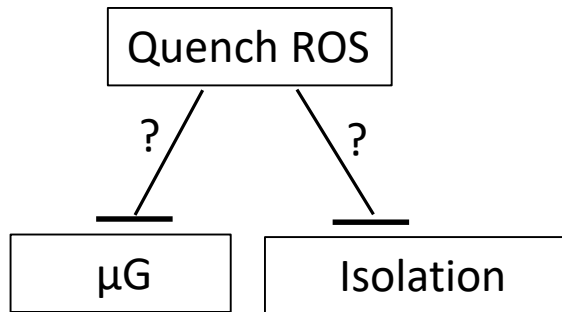
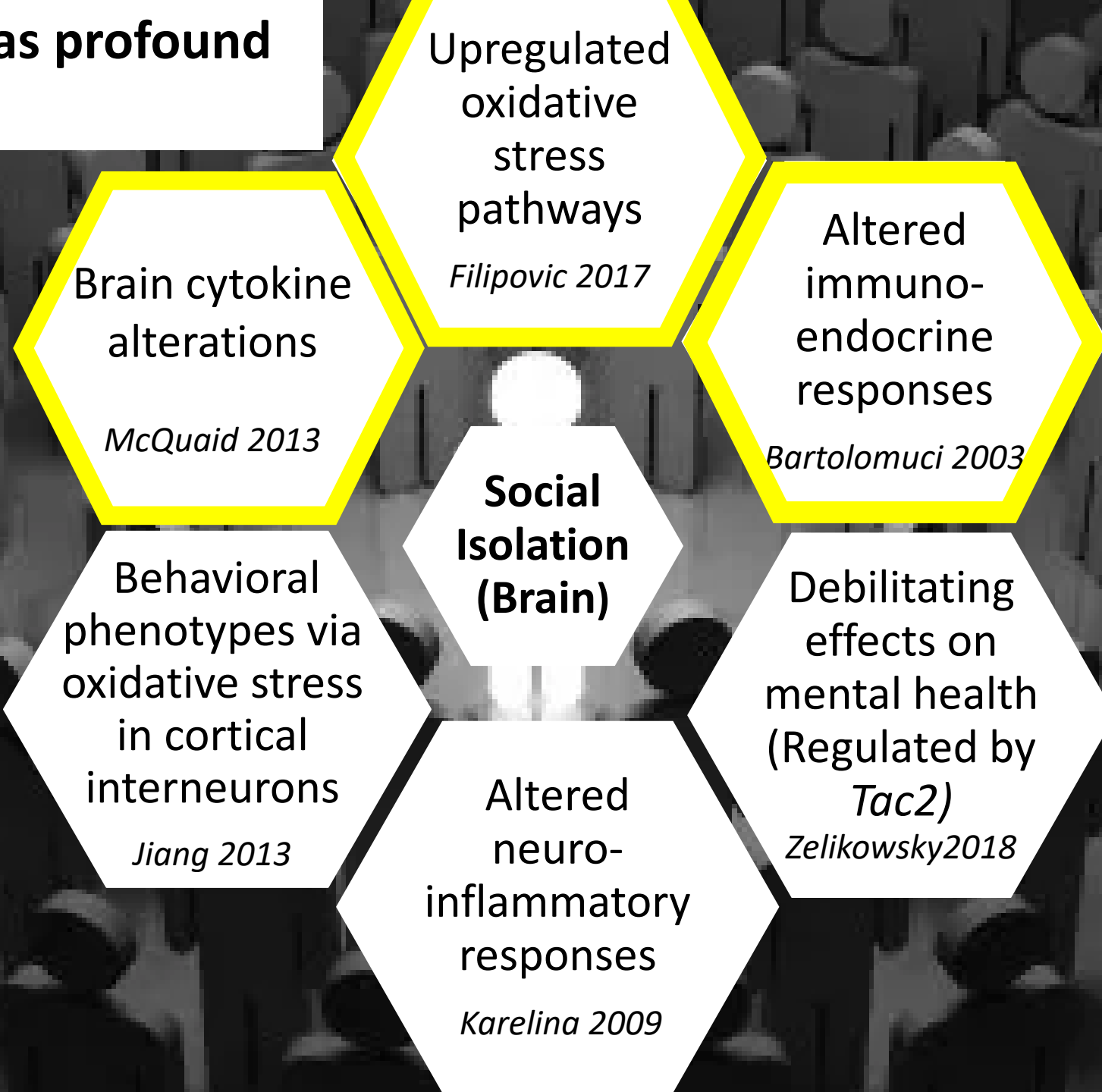


Figure credit: Siddhita Mhatre and Janani Iyer (Unpublished)

# Social Isolation has profound impact on CNS



# Effects of Microgravity on the Mammalian Immune System

- Both simulated and actual microgravity regulate cytokine expression
- Standard Hind limb unloading (HU) model entails single housing (social isolation stress)
- Distinguish between the effects of social isolation and microgravity

**Spaceflight**  
7-13 Days  
Increased IFN $\gamma$   
Increased splenic ROS  
*Gould 1987*  
*Pecaut 2016*

**HU 21 Days**  
Shifts from B to T (Spleen)  
No cytokine changes  
*Gaignier 2014*

**HU 21 Days**  
Upregulation of cortisol, CRH, ACTH  
*Luan 2017*

**HU 7 Days**  
IL-1 $\beta$  increased  
IL-2 decreased in spleen  
*Felix 2004*

**HU 4 Days**  
Increase in circulating IFN- $\alpha$  and IL6  
*Zhou 2012*

**Astronauts**  
3 days  
Elevated IL-6  
*Stein 1994*

**Astronauts**  
182 days  
Reduced IFN $\gamma$ , IL-10, IL-5, TNF $\alpha$ , IL-6  
*Crucian 2018*

# MCAT transgenic mice: quench mitochondrial ROS

## **MCAT transgenic mice overexpress human catalase gene in mitochondria**

### Life span

- Increased mean and maximum life span [*Schriner 2005*]

### CNS effects

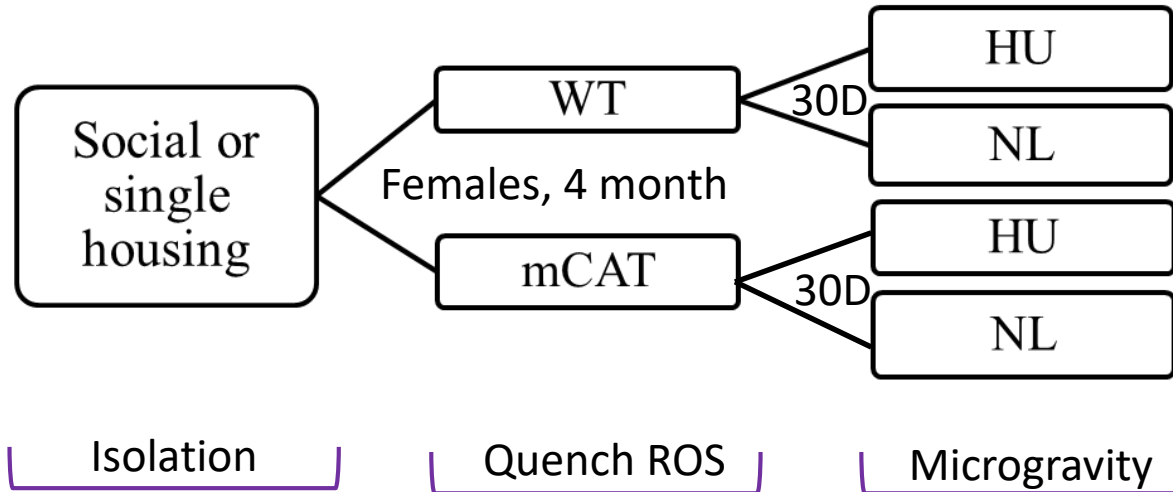
- Enhanced hippocampal spatial learning and memory, reduced contextual fear conditioning [*Olsen 2013*]
- MCAT mitigates radiation-induced deficits in behavioral performance (novel object recognition) and neuronal morphology [*Parihar 2015*]

### Age-related disease

- e.g. Delayed cardiac pathology and cataract development [*Schriner 2005*]



# Experimental design



Standard single housed

Social housed (paired)

Hindlimb Unloading (HU)

# Assays Performed

## Brain (Hippocampus):

- Cytokine protein expression  
    **Multiplex assay (44 plex)**
- 4-HNE Elisa (lipid peroxidation)
- Park7 Elisa

## Plasma:

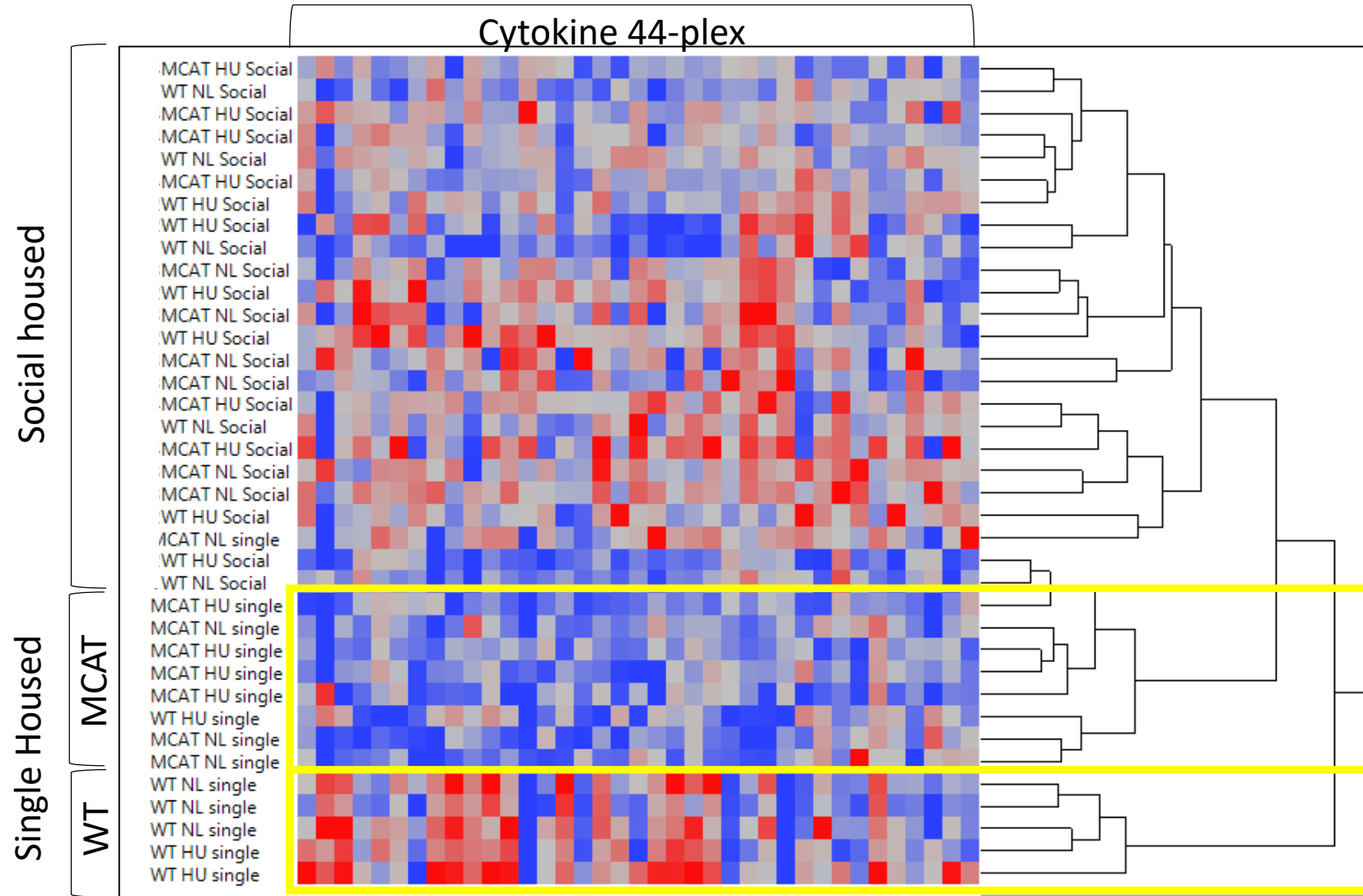
- Cytokine protein expression  
    **Multiplex assay (44 plex)**
- Corticosterone Elisa
- 8-Hydroxyguanosine Elisa
- Immune assays (Dr. Amber Paul)

## Behavior:

**24 hour filming and behavioral analysis**  
(Collaboration with Dr. April Ronca)

Other tissues collected: Heart, Bone, Soleus, Spleen, Adrenal, Aorta, Eyes

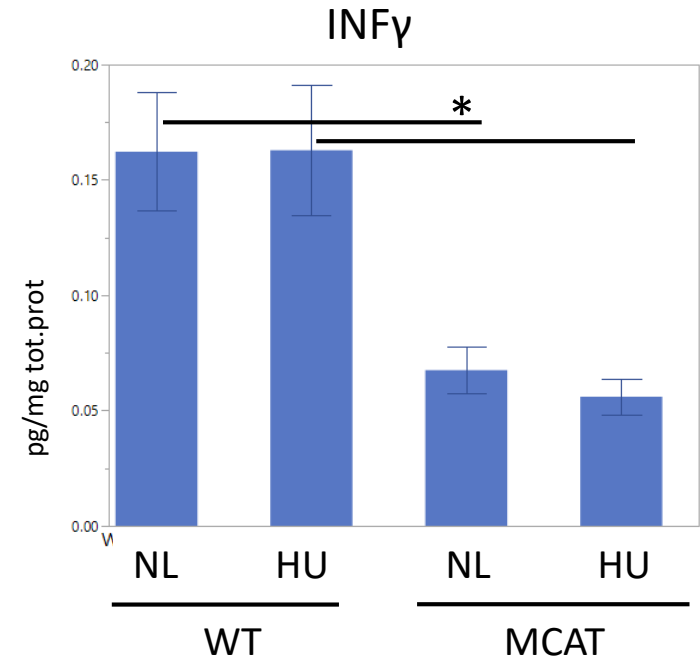
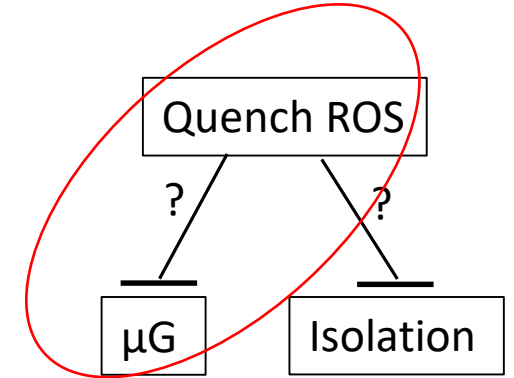
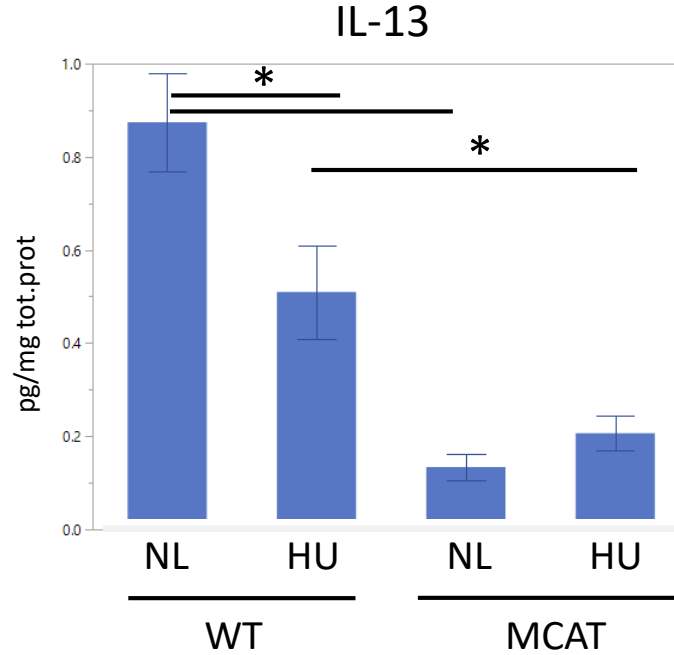
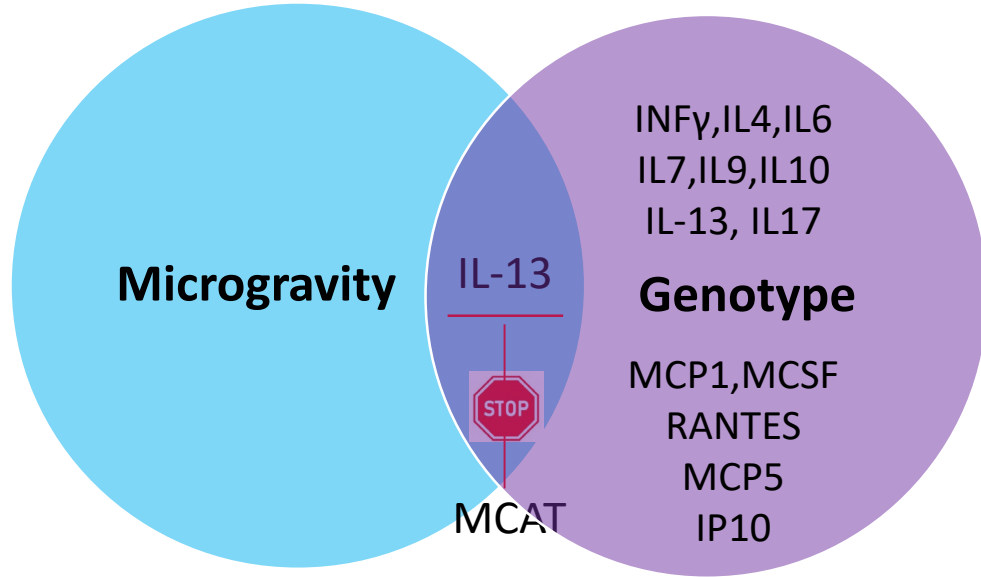
# Hierarchical clustering of cytokine expression in the hippocampus



Single housed mice clustered separately from social housed and subclustered by genotype



# How does HU affect hippocampal cytokine expression? Does genotype mitigate? (In single housed standard HU model)

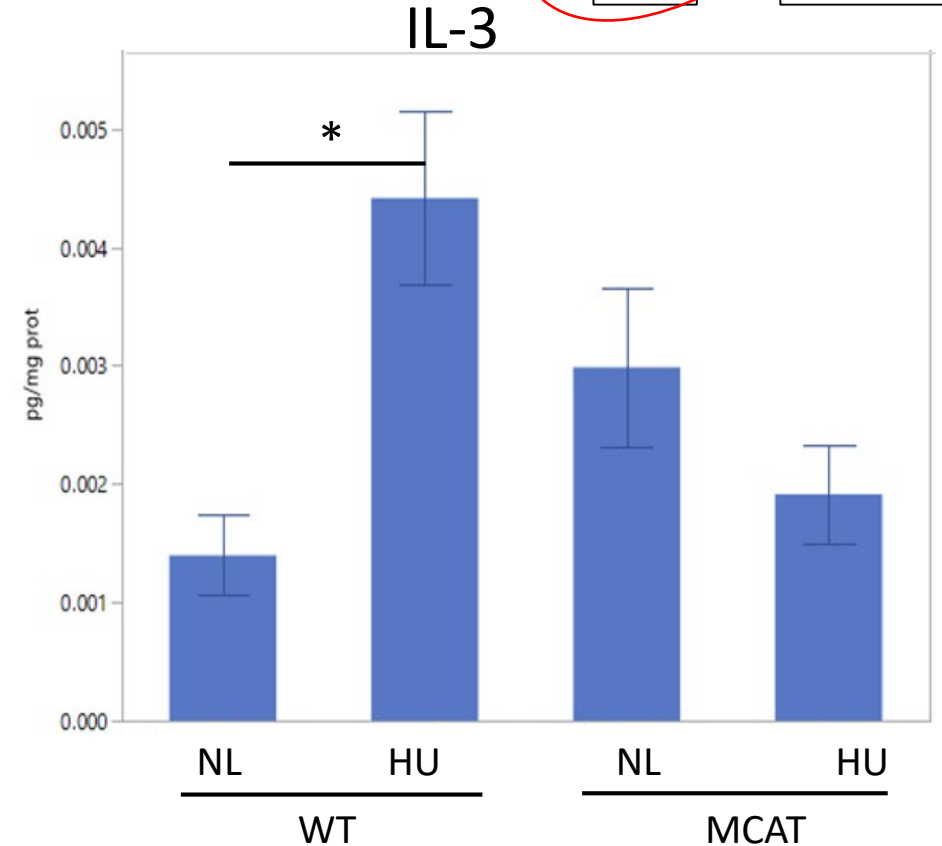
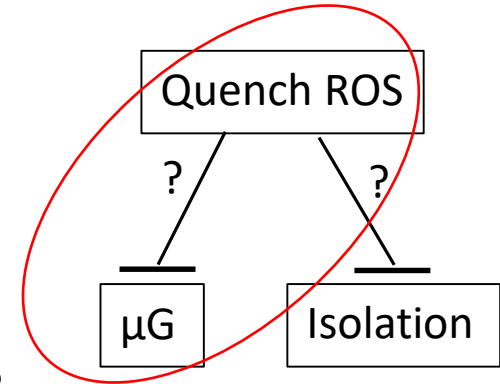
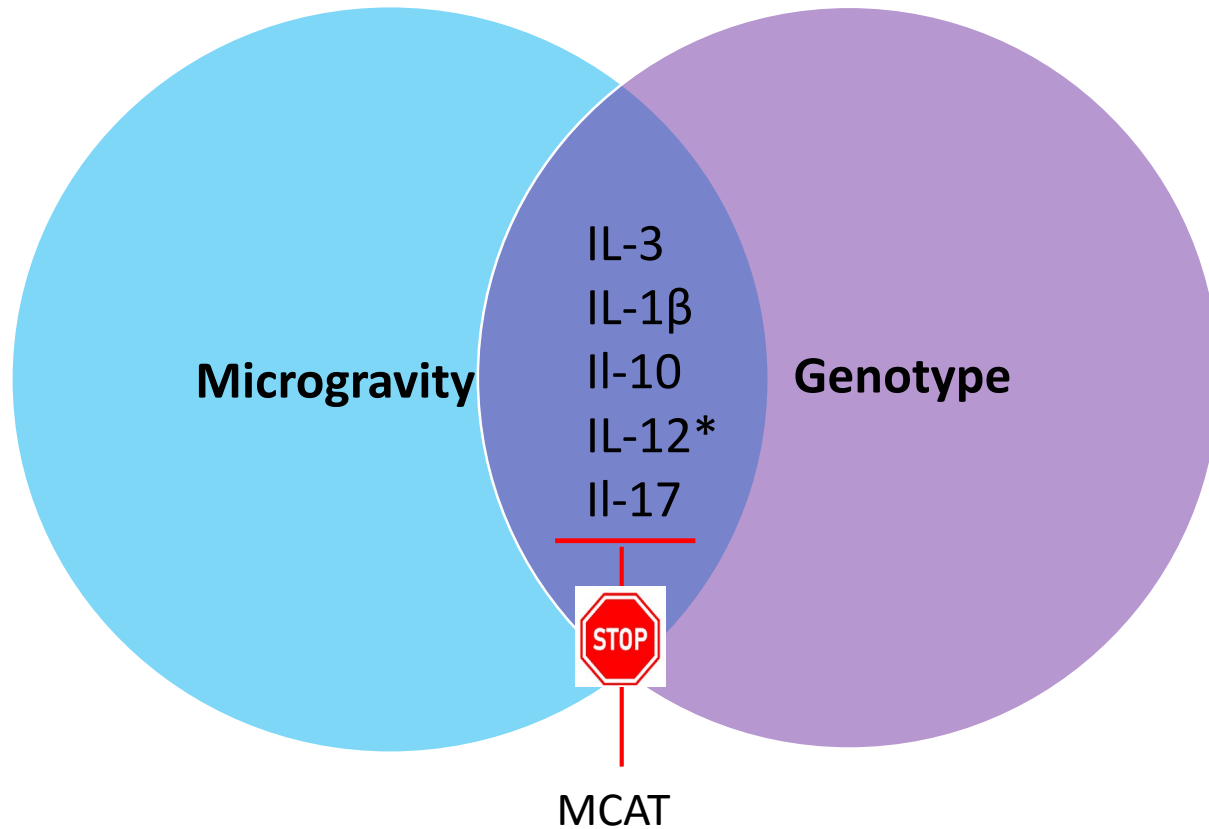


- Microgravity effect (HU vs NL) 1/44 differ
- MCAT mitigates
- Genotype effect (WT vs MCAT) 13/44 differ

Do the same results obtain in socially housed mice?

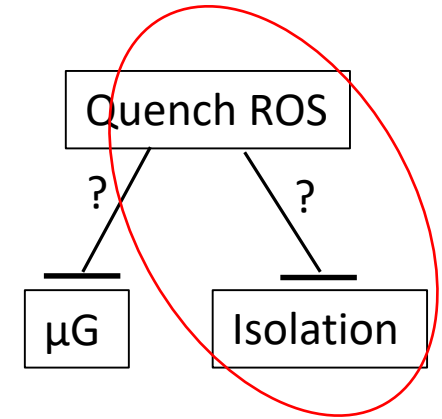
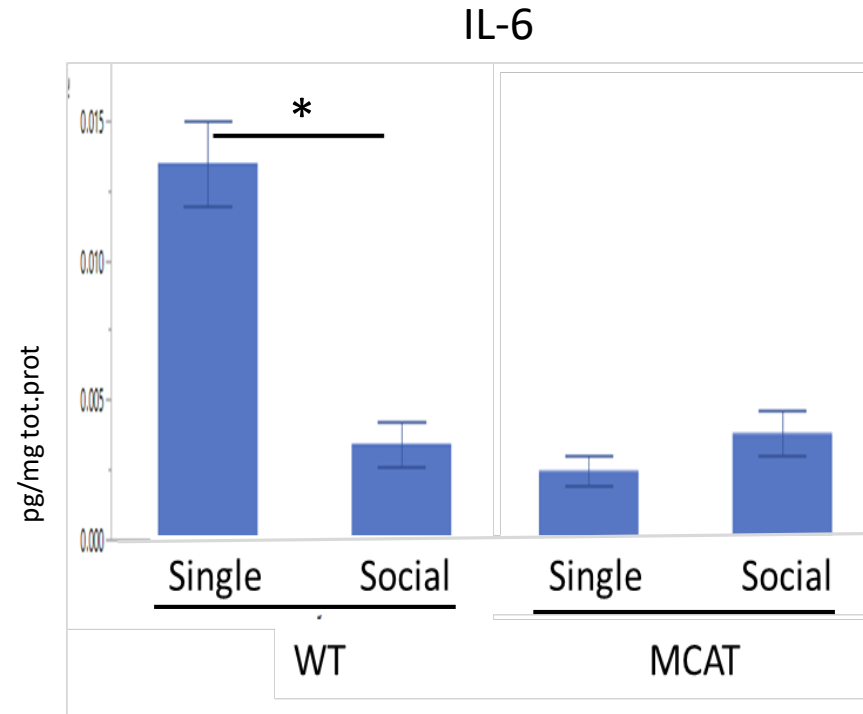
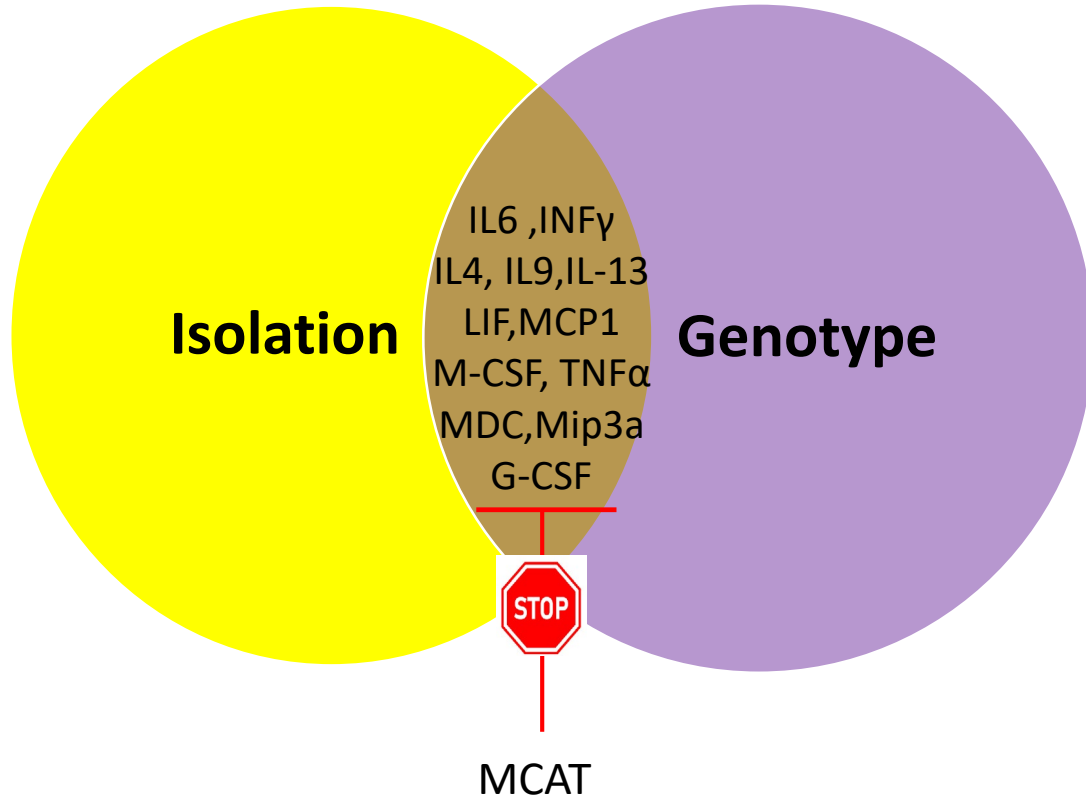
MEAN  $\pm$  SE 2-factor ANOVA. \*Tukey Kramer < 0.05

# How does HU affect hippocampal cytokine expression? Does genotype mitigate? (In social housed HU model)



- Microgravity effect (HU vs NL)      5/44 differ
- MCAT mitigates

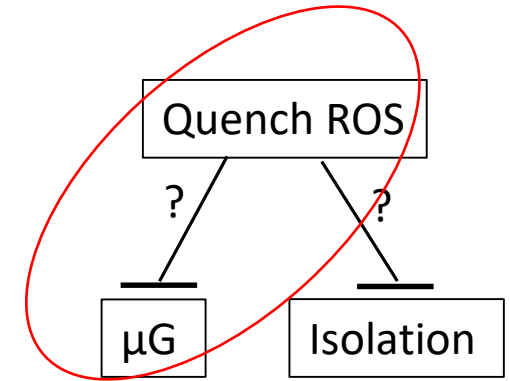
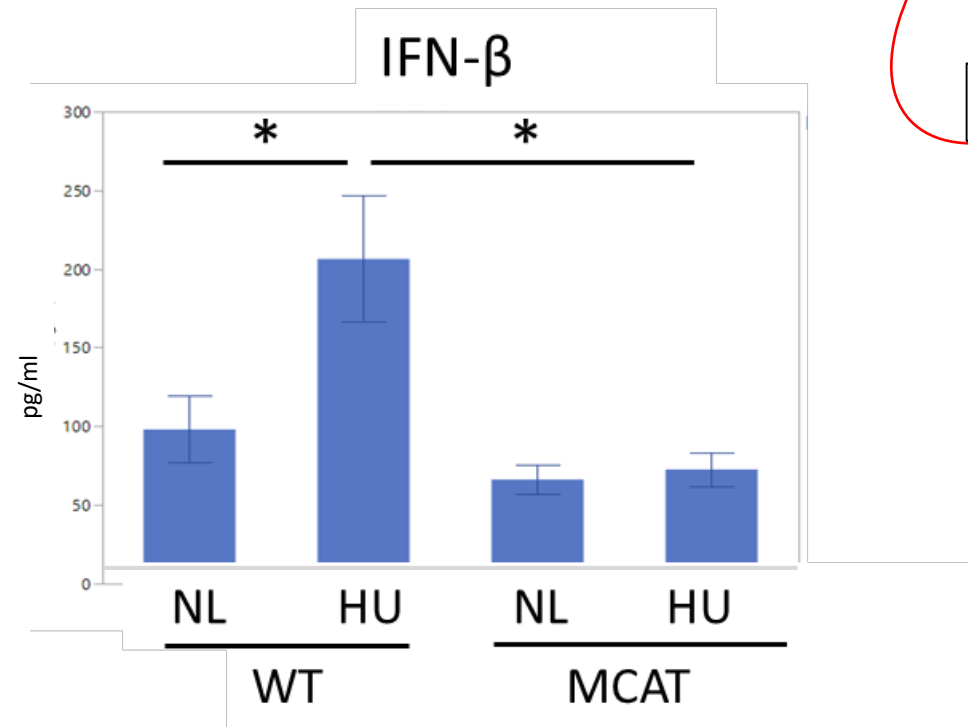
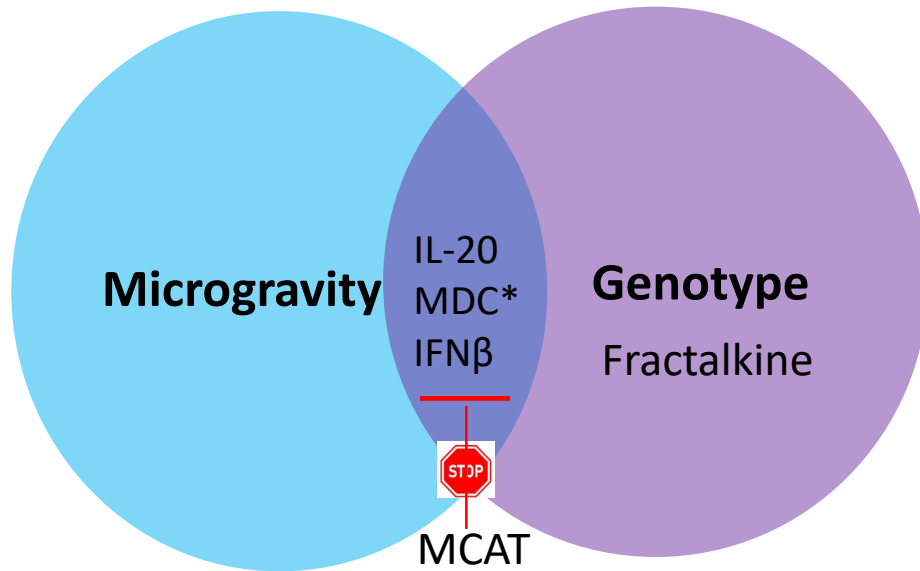
# How does social isolation affect hippocampal cytokine expression? Does genotype mitigate?



- Isolation effect (Single vs Social)      12/44 differ
- MCAT mitigates

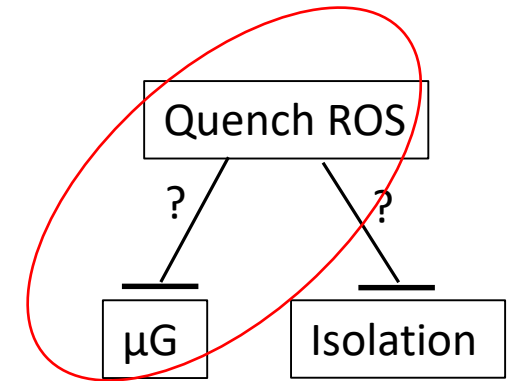
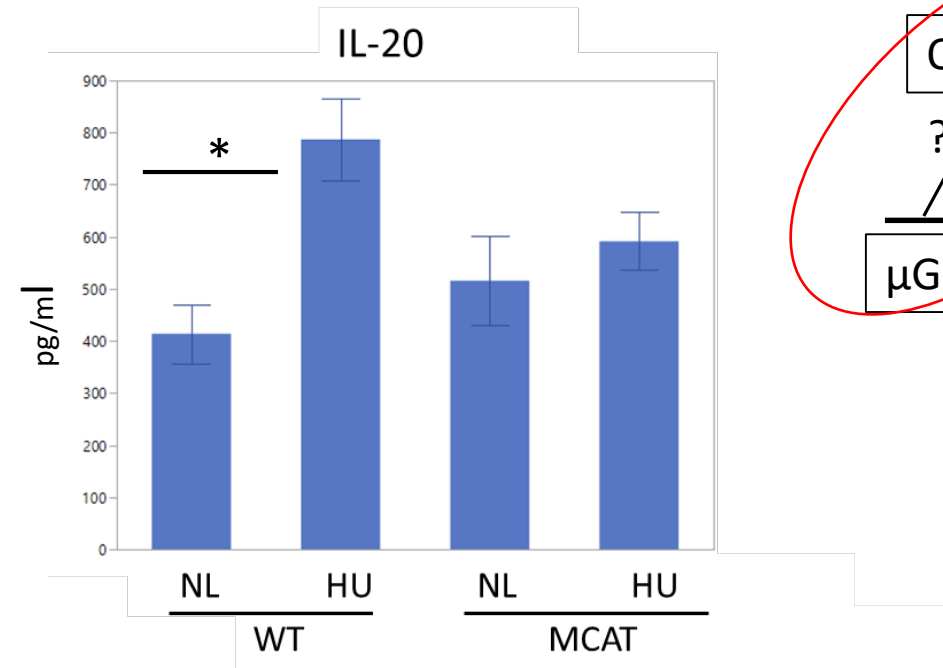
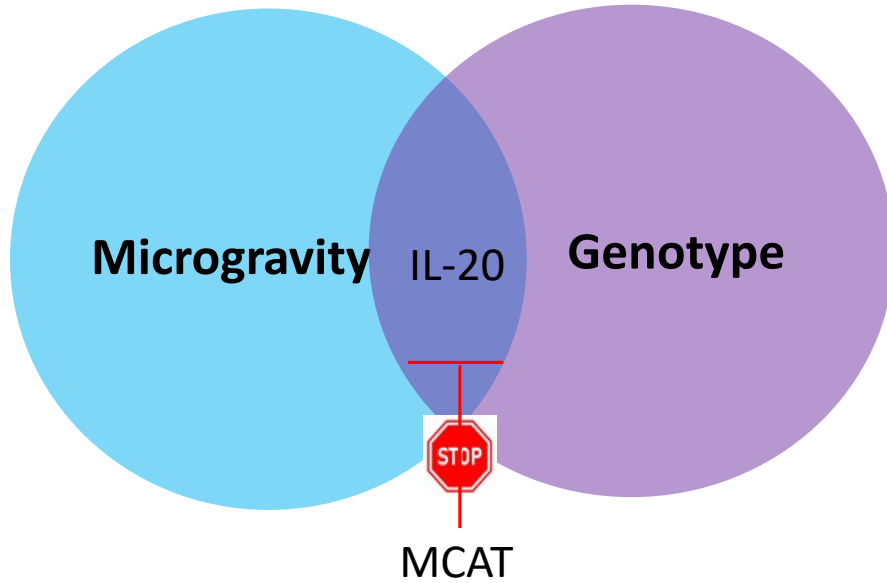
Are these effects local or systemic?

# How does HU affect cytokine expression in plasma? Does genotype mitigate? (In single housed standard HU model)



- Microgravity effect (HU vs NL) 3/44 differ
- MCAT mitigates

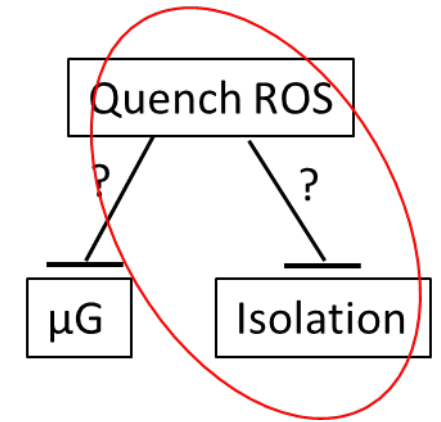
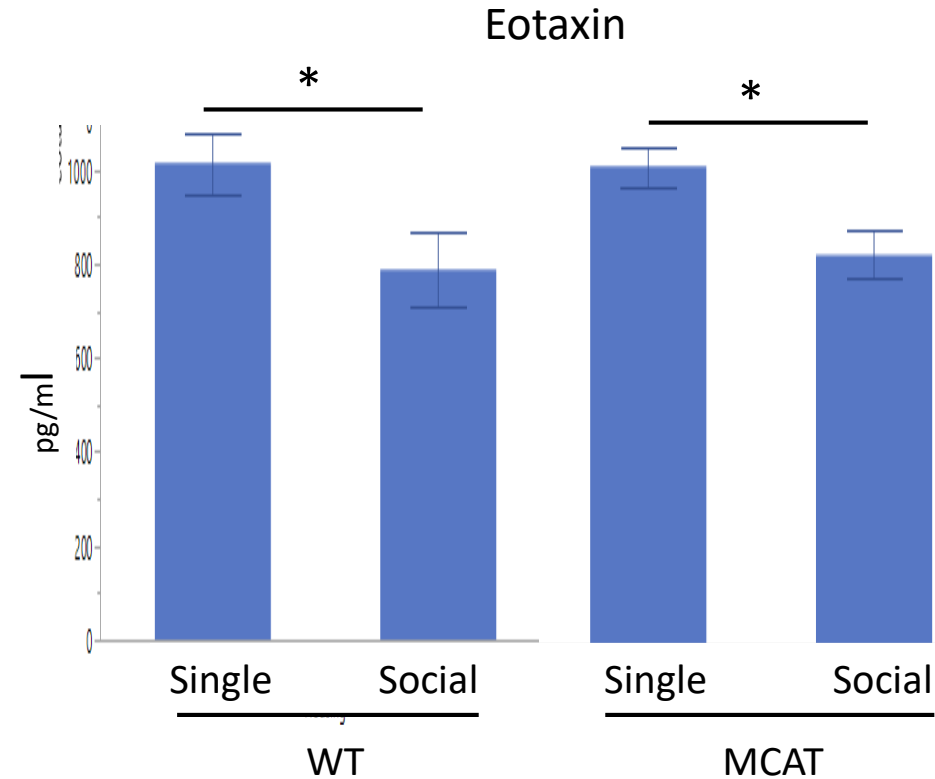
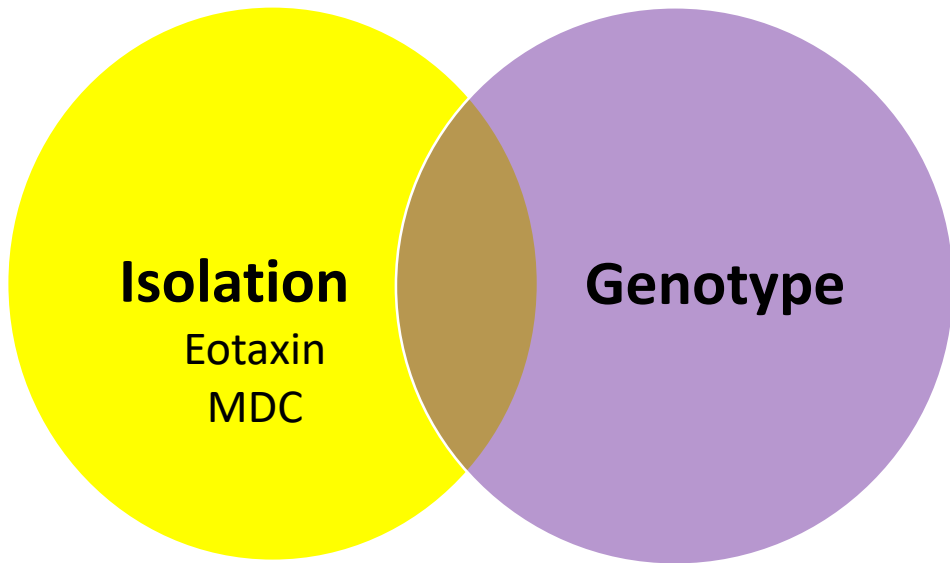
# How does HU affect cytokine expression in plasma? Does genotype mitigate? (In social housed HU model)



- Microgravity effect (HU vs NL) 1/44 differ
- MCAT mitigates

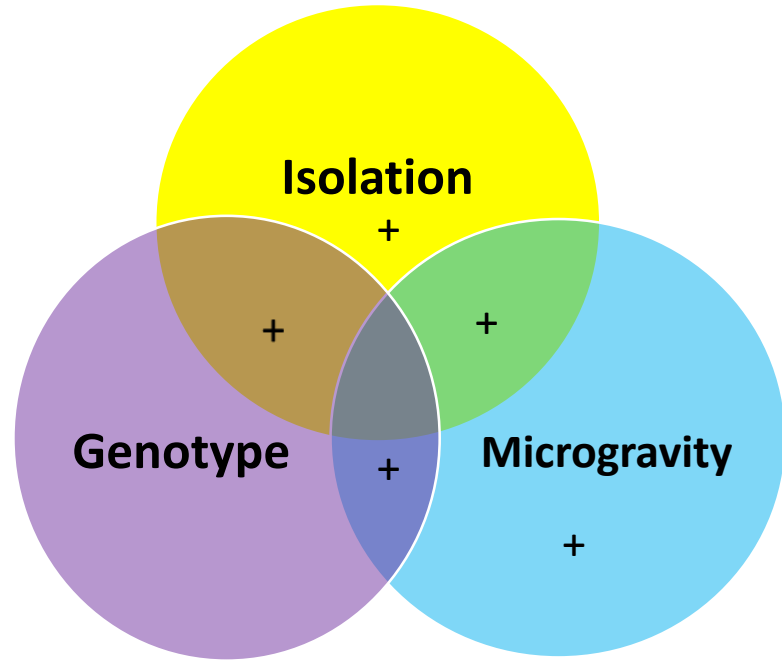
- IL-20 Biomarker for rheumatoid arthritis (*Kragstrup 2016*)
- IL-20R1-deficient mice -higher bone mineral density (*Hsu 2011*)
- IL-20 family is involved in vascular inflammatory diseases (*Autieri 2018*)

# How does social isolation affect cytokine expression in plasma? Does genotype mitigate?

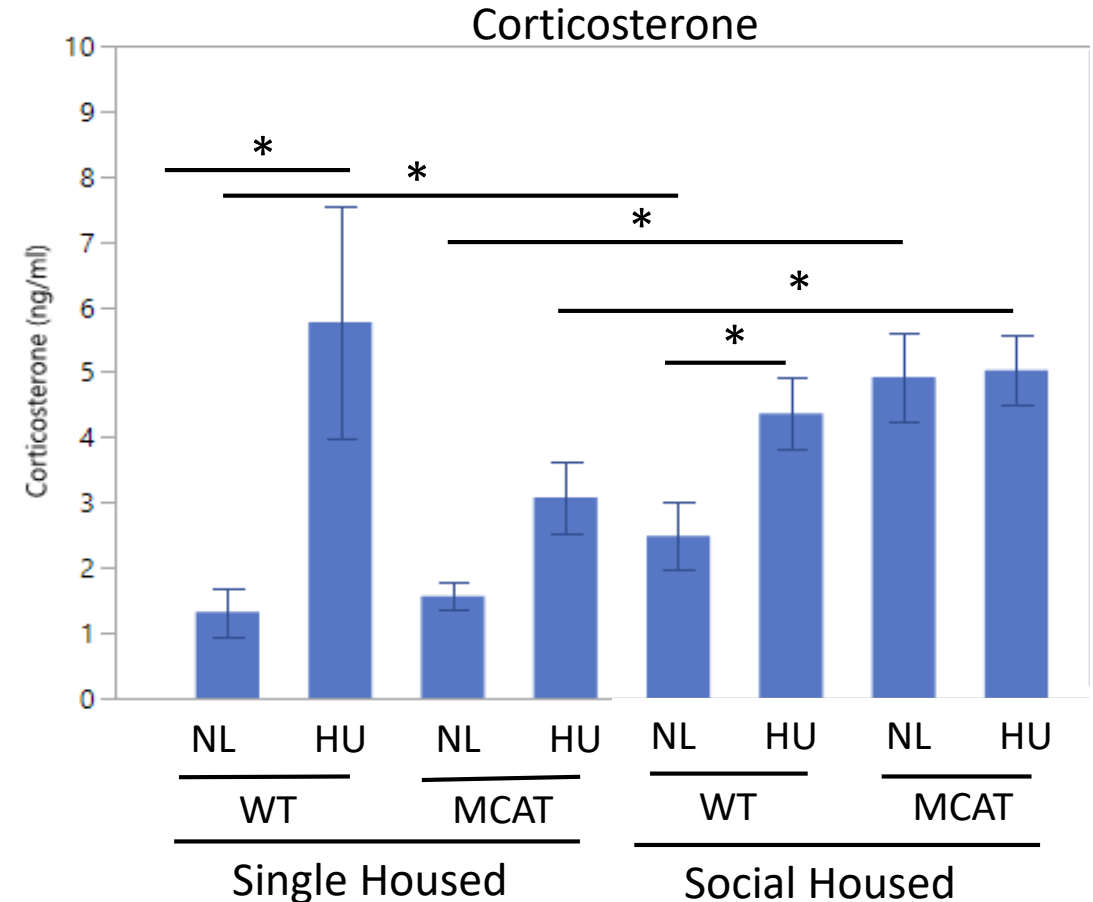


- Isolation effect (Single vs Social) 2/44 differ
- MCAT does **not** mitigate

**Plasma Corticosterone was elevated due to microgravity in both single and social housed mice, mitigated in MCAT and elevated in MCAT social housed**



Corticosterone	
Plasma	Brain
Negative correlation	Positive correlation
MDC	Eotaxin
	IL-1 $\alpha$
	IL-3
	IP-10



Correlation of higher cytokines and corticosterone levels was linked to smaller hippocampal volume in the elderly (IL-3 is linked to human brain volume variation) (Sudheimer 2014, Luo 2012)



# Correlation of behavior and cytokine profiles in long term space travel could help reveal potential biomarkers

Exploration	
Brain	Plasma
G-CSF	IL-20
Mip3-a	Timp1
INF $\gamma$	
IL-4	
IL-10	
IL-12p40	
IL-12p70	
M-CSF	
Mip2	
EPO	

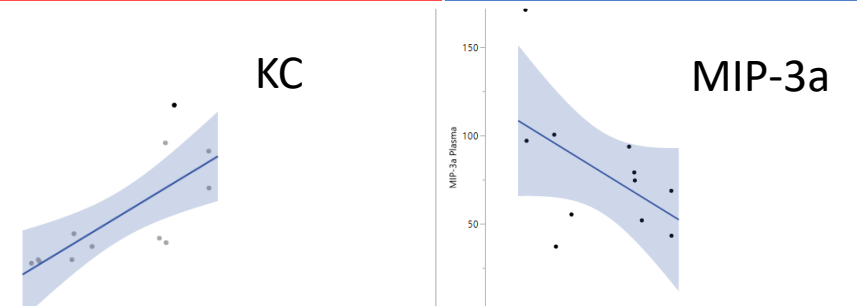
Social interaction	
Brain	Plasma
IL-4	
Mip2	
EPO	
G-CSF	
IL-1 $\beta$	
IL-6	
Mip3-a	

Eating	
Brain	Plasma
IL-2	Timp-1
MCP-1	

Inactivity	
Brain	Plasma
INF- $\gamma$	KC
	Timp1
	Mip3a

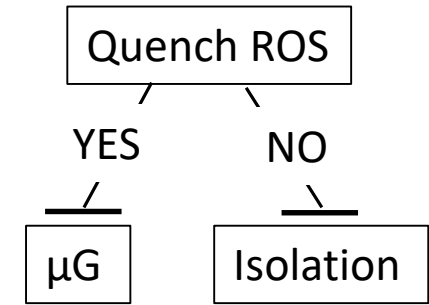
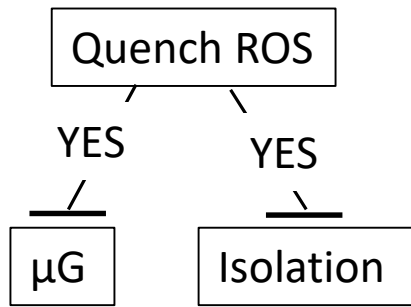
Active behavior	
Brain	Plasma
	G-CSF
	KC
	Timp1

**Positive correlation**      **Negative correlation**



Inactive

# Summary of results



## Hippocampus

- Microgravity effect:
  - Single: 1/44 cytokines altered
  - Social: 5/44 cytokines altered
- Isolation effect:
  - 12/44 cytokines altered
- MCAT
  - Mitigated effects of both microgravity and isolation on cytokine expression

## Plasma

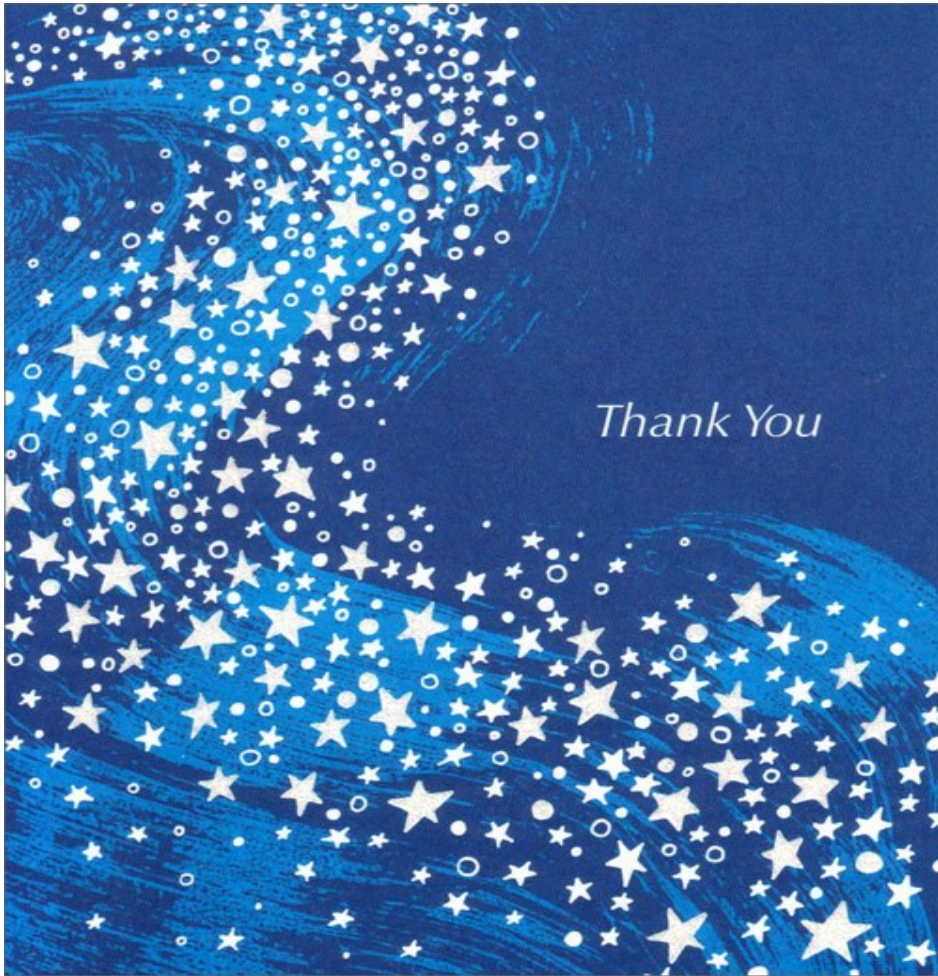
- Microgravity effect:
  - Single: 3/44 cytokines altered
  - Social: 1/44 cytokines altered
  - Single: Corticosterone levels elevated
  - Social: Corticosterone levels elevated
- Isolation:
  - 2/44 cytokine altered
  - Corticosterone levels elevated in social vs single (except HU)
- MCAT
  - Mitigated effects of microgravity but not isolation on cytokine expression

# Conclusions

- Long term, simulated microgravity altered cytokine expression levels in both plasma and hippocampus; this effect was mitigated in the MCAAT mice implicating an important role for mitochondrial ROS in weightlessness
- Social isolation posed a strong stressor on the hippocampus with elevated cytokine expression; quenching mitochondrial ROS mitigated this effect, implicating an important role for mitochondrial ROS in isolation stress
- The cytokine responses to social isolation were more extensive in brain vs plasma

# Possible Future Countermeasures

- Cytokines/immune profiles may provide useful biomarkers for neuro-inflammation, and help predict behavioral deficits for long term space missions
- Antioxidants may be good candidates for mitigating the effects of long term microgravity and social isolation on the brain; both these stressors are highly relevant for long term space travel
- Social engagement may mitigate “inflamm-aging” in space, as well as on Earth



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Dr. Antino Allen (UAMS)

Dr. Fred Kiffer (UAMS)

Dr. Amber Paul (NASA Ames Research Center)

# Future Plans

## Underlying mechanisms

### **Brain:**

#### Microglia:

CD68 (activated microglia)

Iba1 (all microglia)

TRAP mice (Ribosomal RNA profiling in microglia)

#### BBB markers:

AQP4, Occludin, Claudin5

#### Neurogenesis:

Doublecortin

#### T-cells:

CD3

#### Astrocytes:

GFAP

### **Plasma:**

HPA axis

Q-PCR/RNA aging arrays

## Sex differences

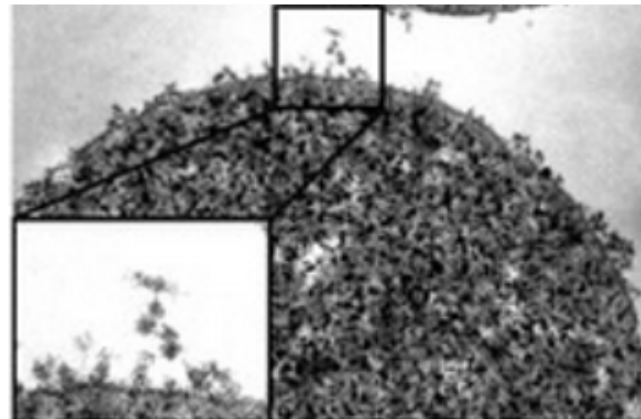
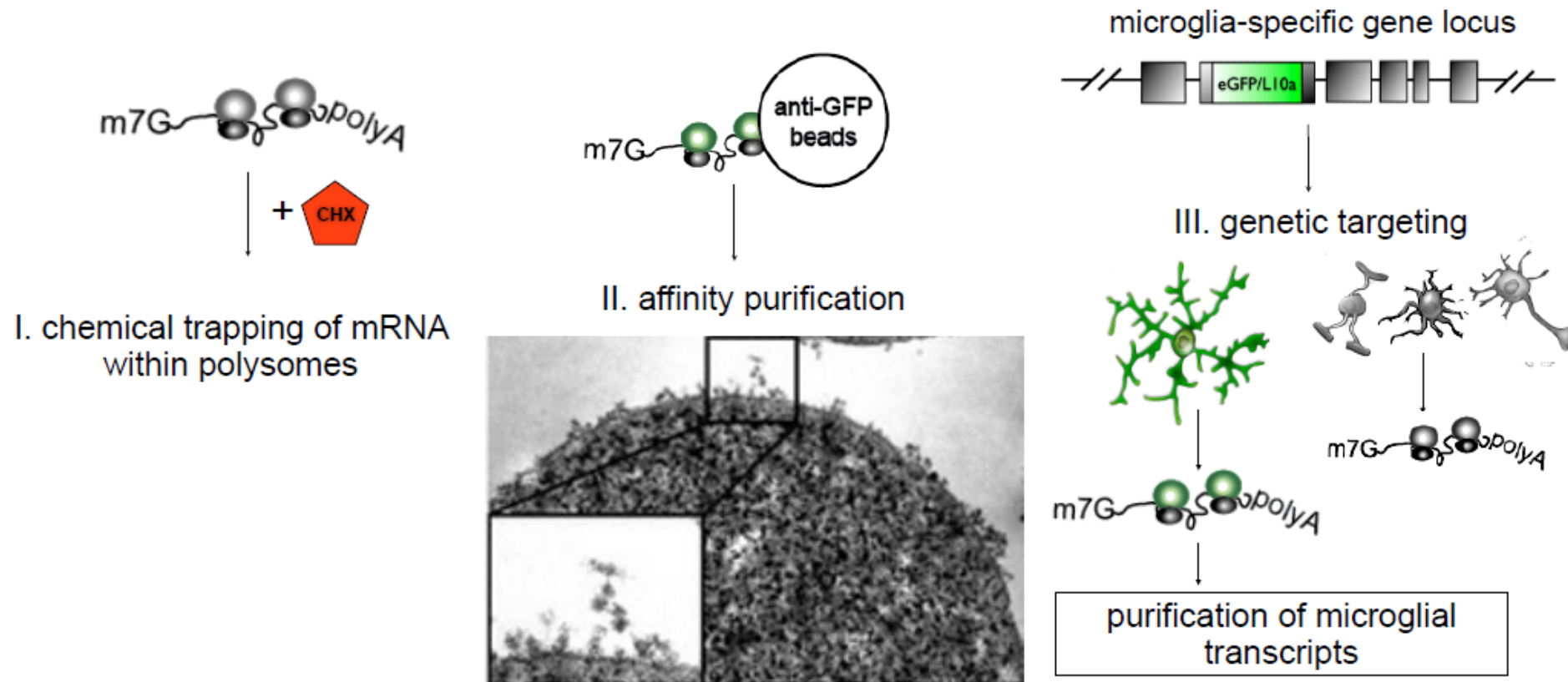
Provoked behavioral experiments (memory social interactions, stress-developed in HU settings )

Gut leakiness ,LPS

TRAP\* mice (collaboration with Dr. Anne Schieffer, Mount Sinai NY)

\* Translating ribosome affinity purification is a method initially developed for profiling mRNA from genetically defined cell types in complex tissues

# Translating Ribosome Affinity Purification (TRAP) captures ribosome-bound transcripts in complex tissues



Heiman and Schaefer et al. 2008