

To the Moon, Mars, and Beyond

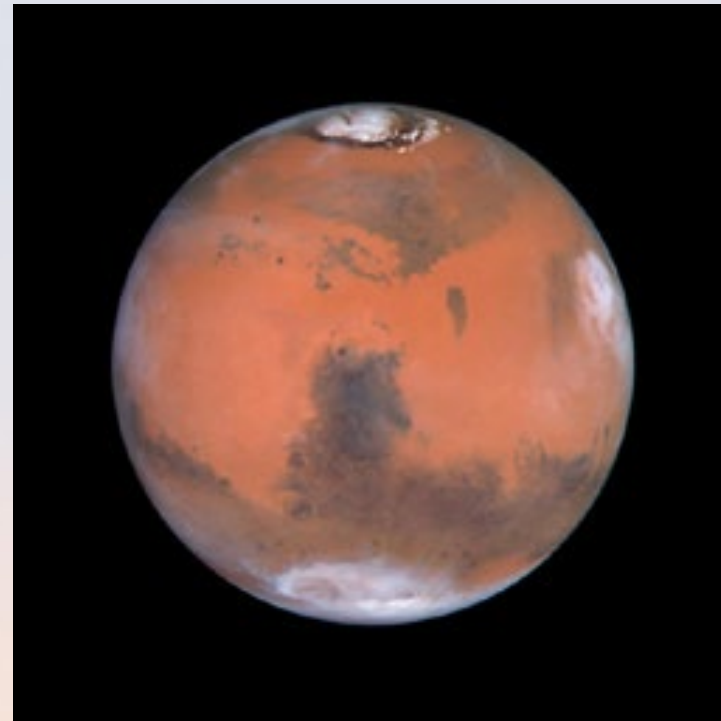
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AMERICAN COLLEGE OF TOXICOLOGY Ψ 40TH ANNUAL MEETING Ψ NOVEMBER 17–20, 2019

Why Go?

<https://www.youtube.com/watch?v=LTk1SepOvXk>



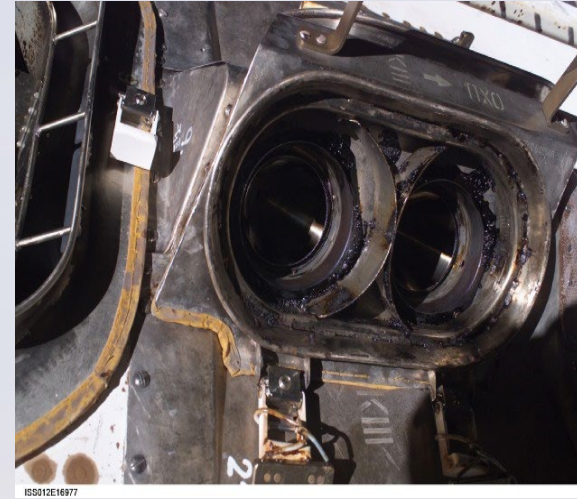
Toxicology and Environmental Chemistry at JSC

- Mission: To protect crews from toxic exposures during spaceflight
 - Unique application of standard risk assessment practices

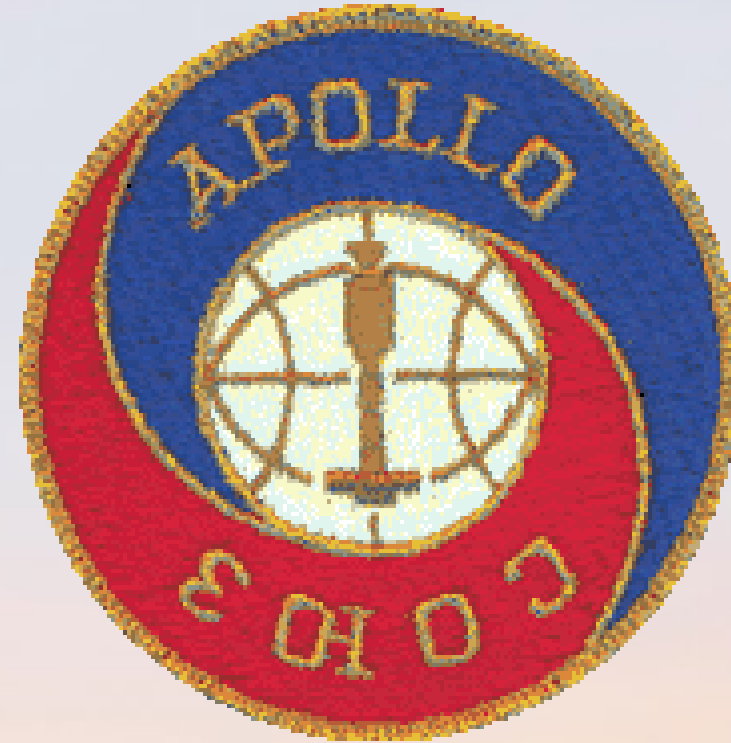
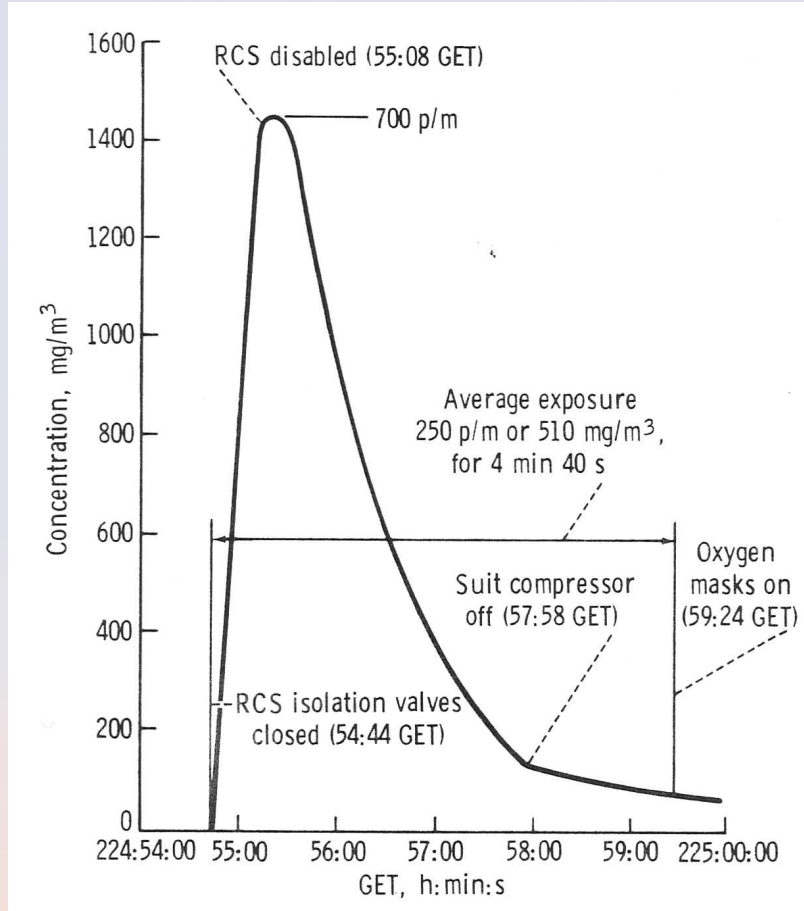


Toxicological Risks to Spacecraft Air and Water

- Compounds used in systems
- Payload chemicals
- Utility chemicals
- Offgassed products
- Batteries
- Products of corrosion
- External contaminants
- Human metabolites
- Microbial metabolites
- Operational anomalies/hardware failures & repair
- Thermal degradation of electronic components
- Pollution in the source water



Apollo-Soyuz Landing



Assessing Known Health Hazards

- Payload/system chemicals
 - Composition
 - Volume
 - Concentration
- Irritancy Potential
 - Eye
 - Respiratory
 - Skin
- Systemic Toxicity



Toxicological Hazard Levels

Hazard Level	Irritancy	Systemic Effects	Containability/PPE
0	Slight-lasts <30 min-no therapy	None	+/-
1	Slight to moderate-lasts >30 min-therapy	Minimal effects-no potential for long-term effects	+/- Surgical masks, gloves, goggles
2	Moderate to severe-possible long-term effects	Minimal effects-no potential for long-term effects	+ Surgical masks, gloves, goggles
3	Moderate to severe-possible long-term effects	Appreciable effects-potential for long-term effects	+ Quick-don masks and gloves
4	Moderate to severe-possible long-term effects	Appreciable effects-potential for long-term effects	- Quick-don masks and ARS or evacuation

Setting Limits

- Spacecraft Maximum Allowable Concentrations (SMACs)
- Spacecraft Water Exposure Guidelines (SWEGs)
- Occupational limits (kind of...)
 - Continuous exposures but limited duration
 - Healthy adults
 - Incorporate emergency limits



Unique Aspects of Spaceflight

- MICROGRAVITY
 - Things float!
 - Generally limited to ground-based data
- Sensitivities
 - Bone and Muscle effects
 - Cardiovascular effects
 - Renal effects
 - Reduced RBC mass
 - Immune dysregulation
 - Organoleptic effects

Spaceflight Factor	Chemical(s)
Reduced BMD	Cadmium
Renal effects	barium, chloroform, dichloroacetylene, methylene chloride, octamethyltrisiloxane, tert-butanol, trichloroethylene, ethylene glycol, and mercury
Cardiovascular effects	barium, freon 11, 12, 21, and 113
Blood cells/volume	benzene, bromotrifluoromethane, di-n-butyl phthalate, unsymmetrical dimethylhydrazine, 2-ethoxyethanol, isoprene, indole, nitromethane, and trichloroethylene
Immune effects	nickel, 2-mercaptobenzothiazole
Organoleptic effects	C1-C4 mono-, di-, and tri-alkylamines, ammonia, antimony, barium, cadmium, dichloromethane, and silver

Unique Aspects of Spaceflight

Main symptoms of Carbon dioxide toxicity

Volume % in air

- - 1%
- - 3%
- - 5%
- - 8%

Visual

- Dimmed sight

Auditory

- Reduced hearing

Central

- Drowsiness
- Mild narcosis
- Dizziness
- Confusion
- Headache
- Unconsciousness

Skin

- Sweating

Respiratory

- Shortness of breath

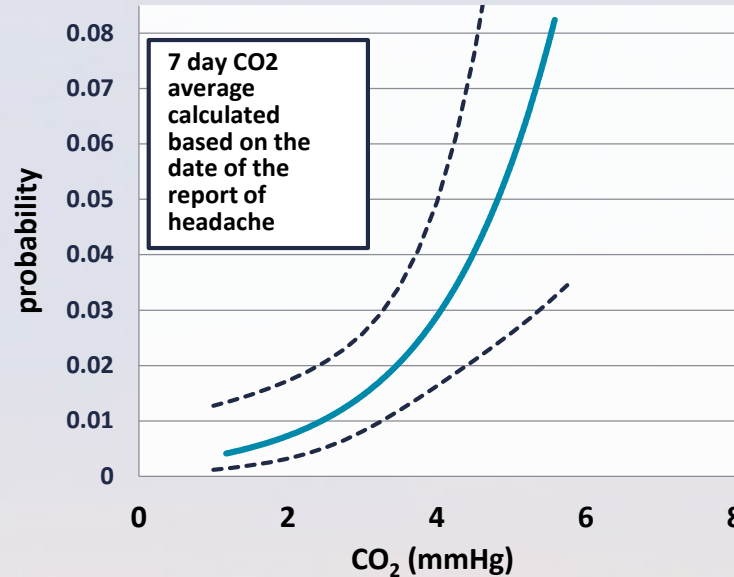
Muscular

- Tremor

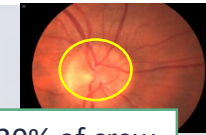
Heart

- Increased heart rate and blood pressure

http://en.wikipedia.org/wiki/Carbon_dioxide

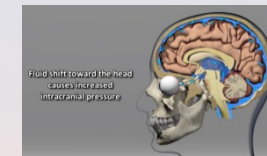


Optic Disc Edema



~20% of crew

Increased Intracranial Pressure (ICP)



Outdoor ambient levels ~0.04% or 0.3 mmHg

Indoor levels 0.06-0.1% or 0.4-0.8 mmHg

OSHA PEL/NIOSH REL = 0.5% or 3.8 mmHg

ISS levels historically between 2.3 - 5.3 mmHg (0.5 ± 0.2%), with large fluctuations occurring over hours to days

Highest recorded in a U.S. spacecraft = 15 mmHg (2.0%) on Apollo 13

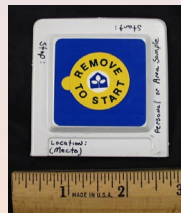
Dealing with Mixtures



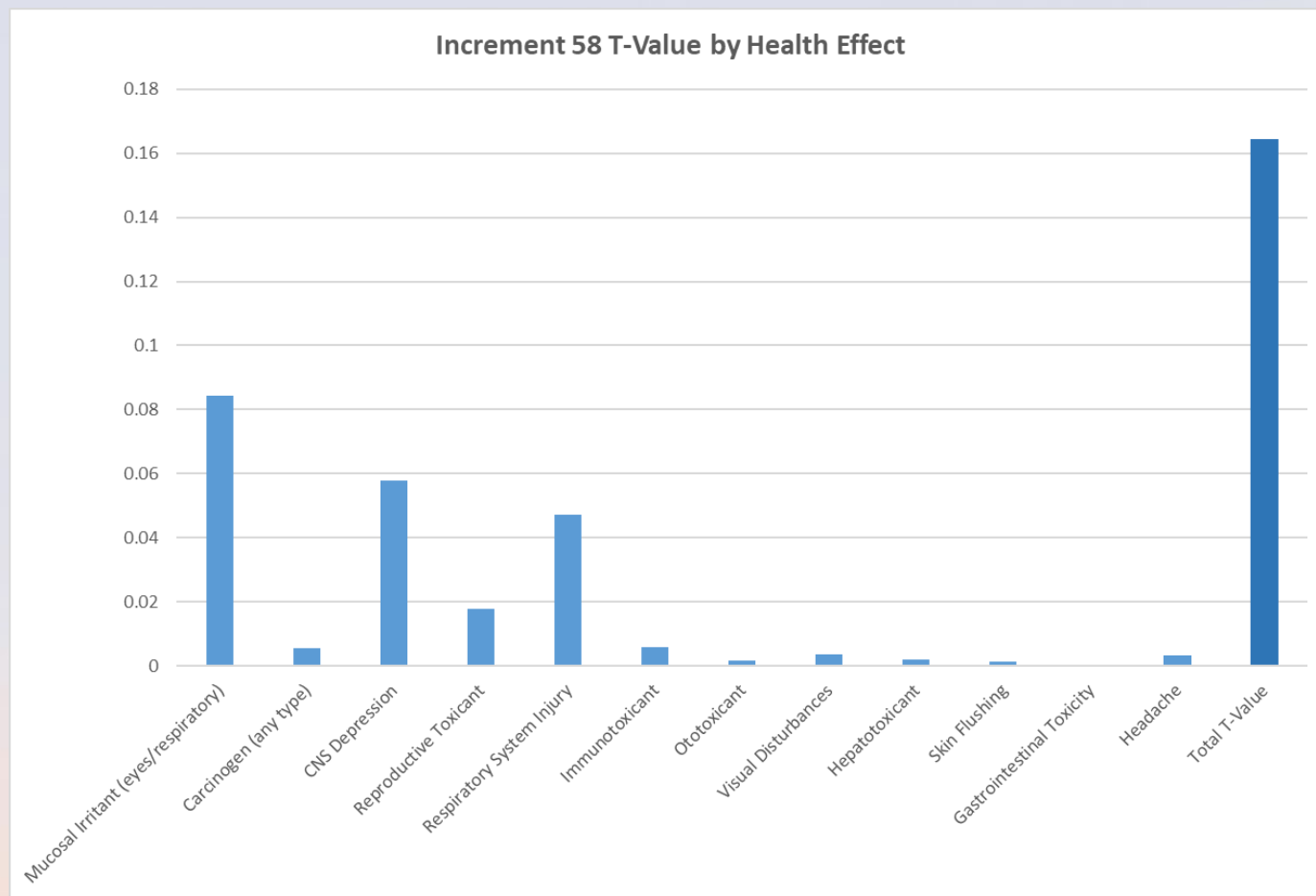
- Toxicity hazard index (T values)
- $T = C_1/SMAC_1 + \dots C_n/SMAC_n$, where the Cs are measured concentrations and SMACs are those appropriate to the exposure time of the crew
- Air is deemed safe if all group T values < 1

Monitoring

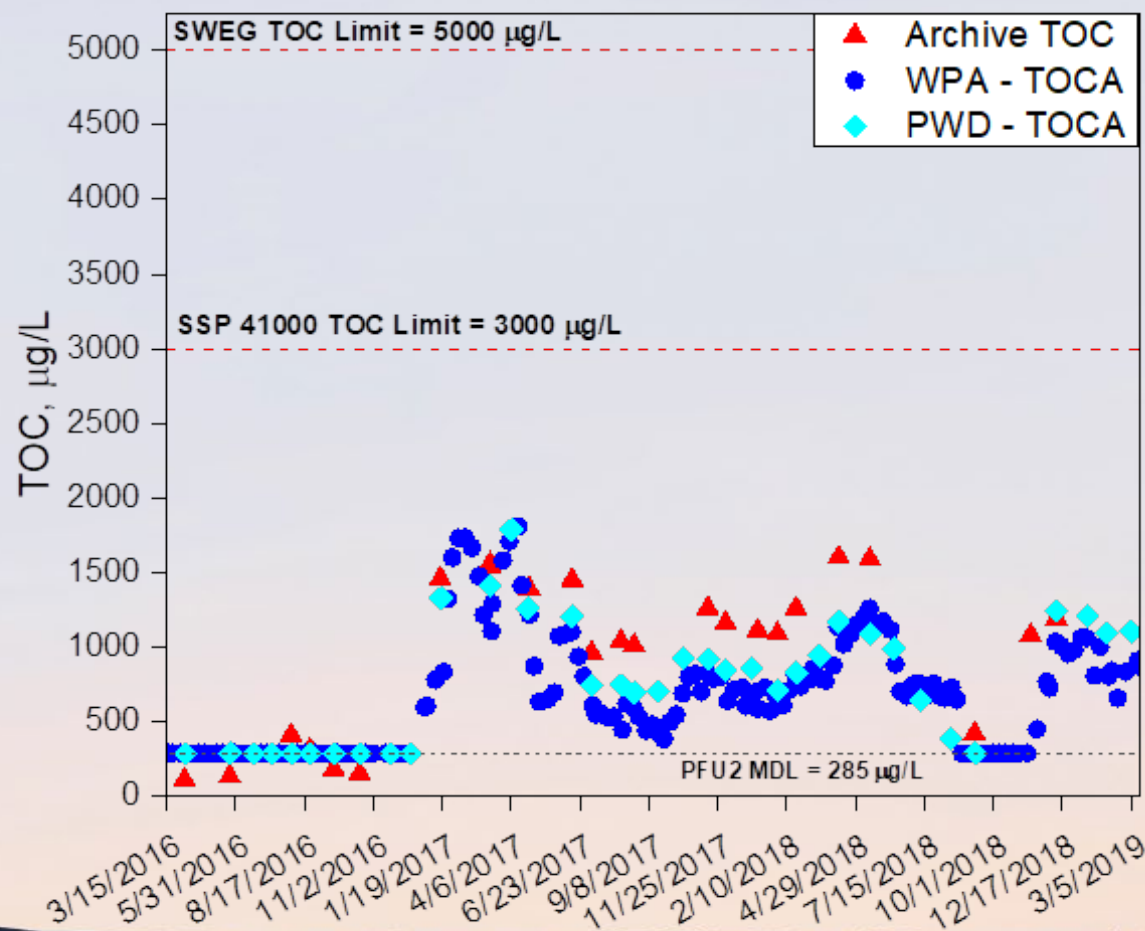
- Real-time
 - Air Quality monitor (AQM)
 - CO₂
 - Compound specific analyzer for combustion products (CSA-CP)
 - Total Organic Carbon (TOC) Analyzer
- Post-flight
 - Grab sample containers (GSCs)
 - Formaldehyde badges



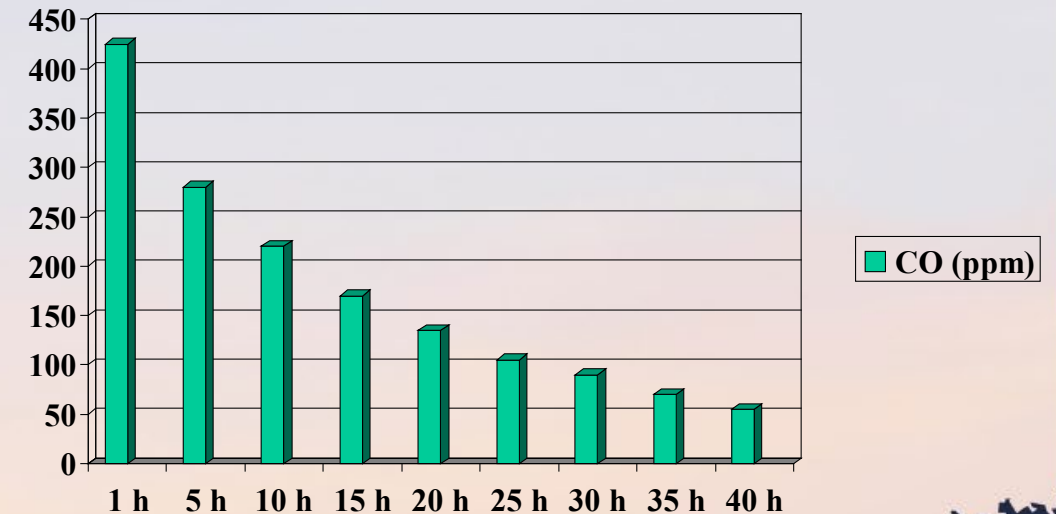
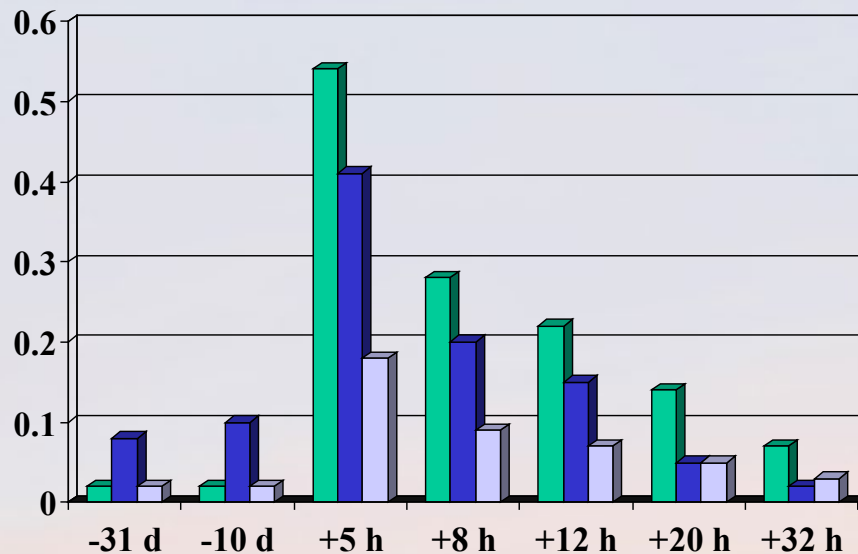
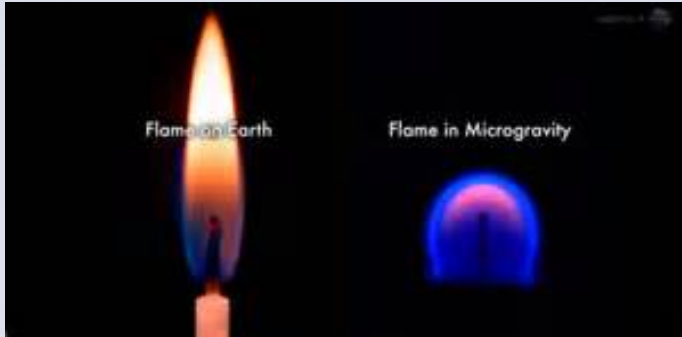
AQM Derived T Values by Health Effect



Total Organic Carbon Trending in ISS Potable Water

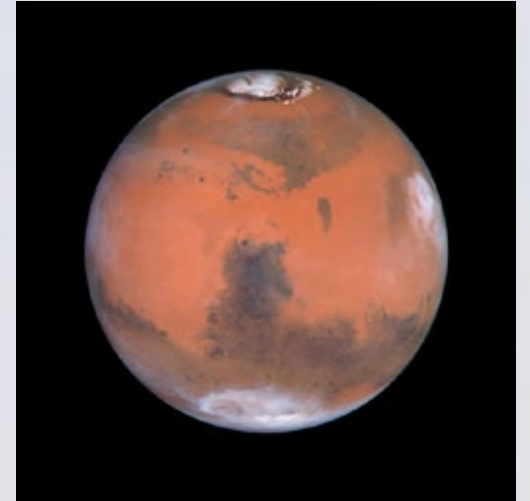


Toxicological Events

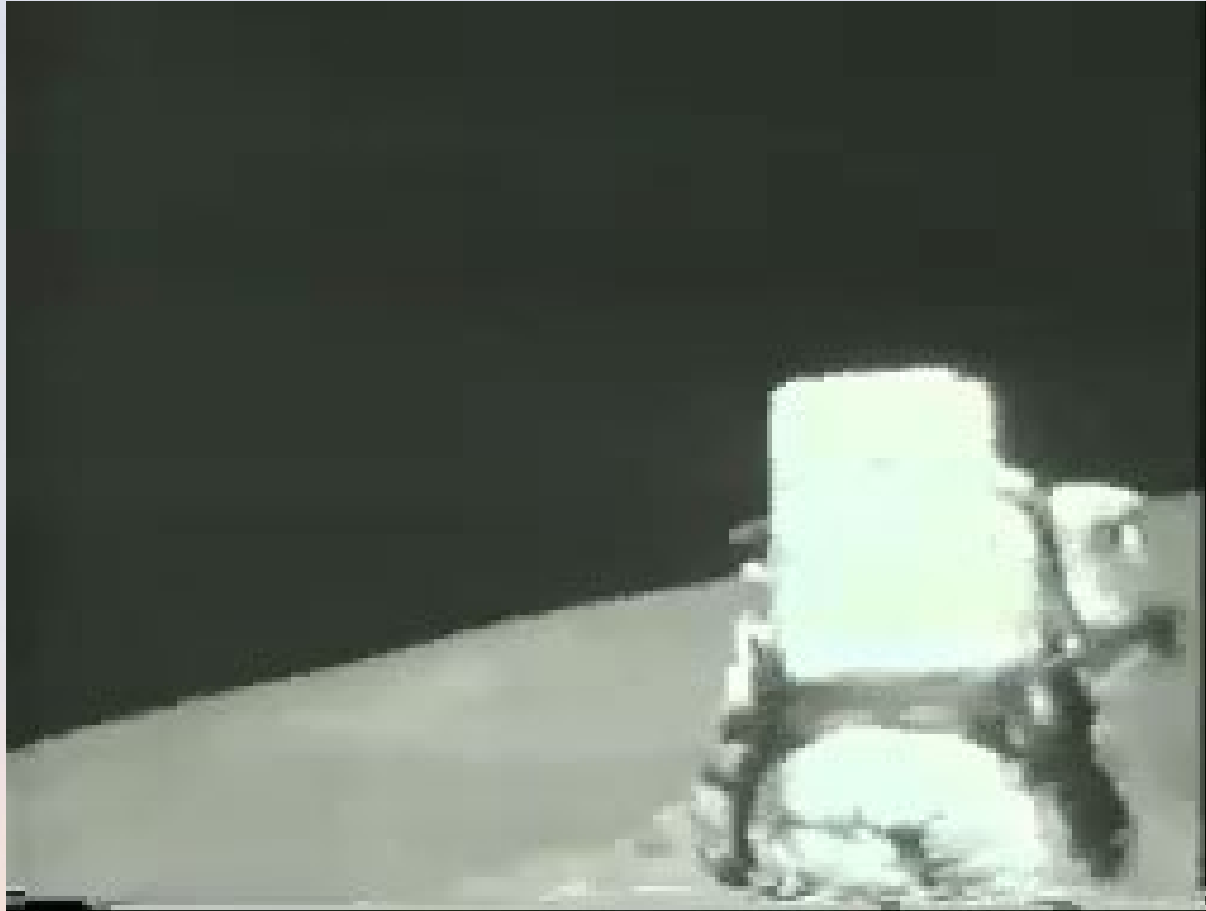


Future Challenges

- Industrial scale operations with toxic chemicals & *in situ* resources (water + volatiles?)
- Waste management and disposal (incineration?)
- Pollutant monitoring with on-site instruments
- Space Tourists (?)
- Hazards from *in situ* dust*
 - Inhalation
 - Eye/skin

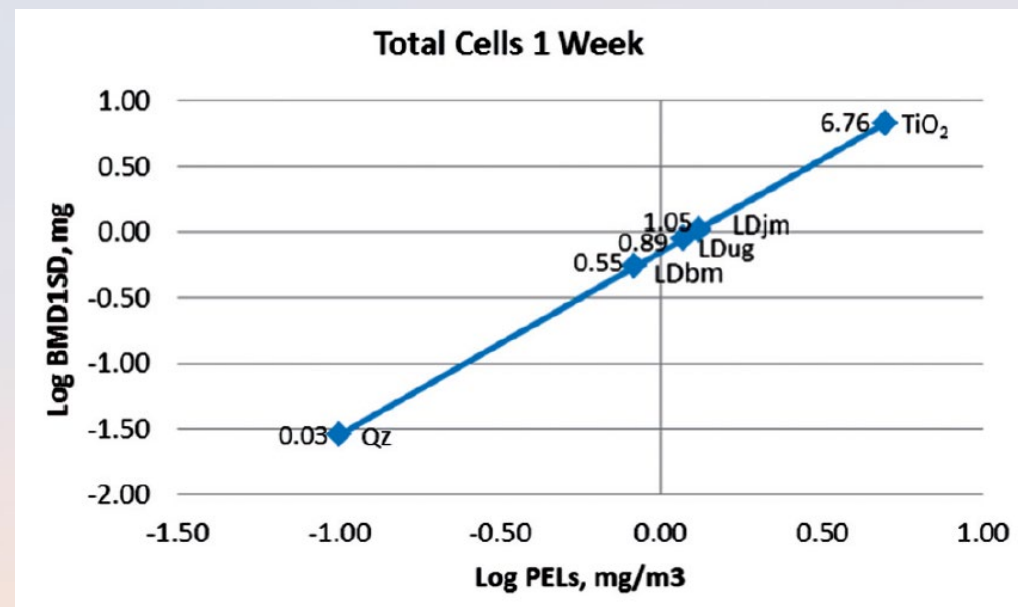


Lunar Dust



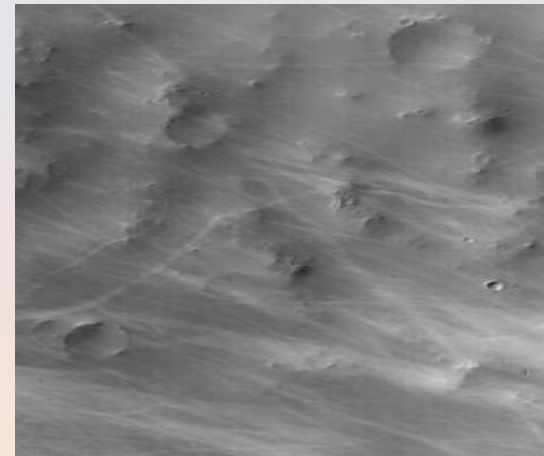
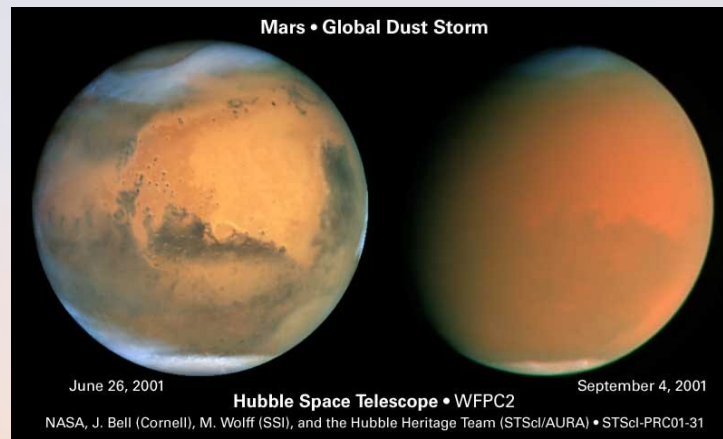
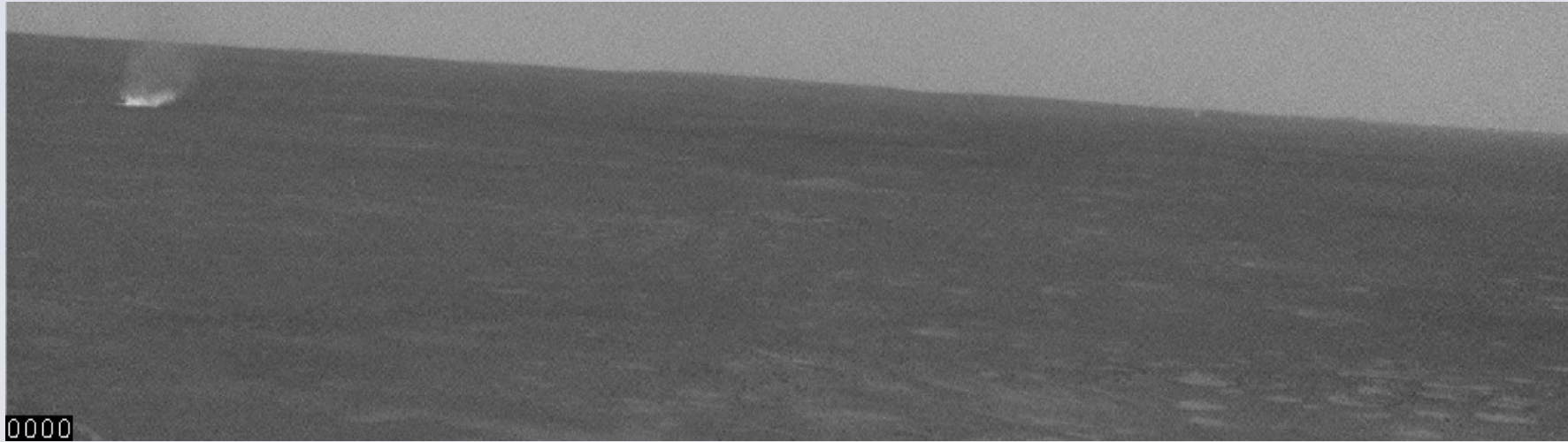
Dust Limits

- Lunar Airborne Dust Toxicity Assessment Group (LADTAG) formed to address the problem of setting health standards for astronaut exposure to lunar dust – **0.3 mg/m^3**



Titanium Dioxide < Lunar Dust < Silica

Unique Aspects of Martian Dust



Why Go?

<https://youtu.be/YOG3tAkPpPE>