An Analysis of the North Polar Spur using HaloSat

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ABSTRACT

We present HaloSat X-ray observations of the entirety of the bright X-ray emitting feature known as the North Polar Spur (NPS). The large field of view of HaloSat enabled coverage of the entire bright NPS in only fourteen fields, which were each observed for $\approx 30,000$ s. We find that the NPS fields are distinct in both brightness and spectral shape from the surrounding halo fields. We fit the NPS as two thermal components in ionization equilibrium with temperatures $kT_{cool} \approx 0.087 \text{ keV}$ and $kT_{hot} \approx 0.28 \text{ keV}$. We note a temperature gradient in the NPS hot component with an inner arc temperature warmer than the outer arc. The emission measures we find for the cool component of the NPS is a factor of 3-5 greater than that of the hot component, which suggests that the bulk of the NPS material is in the ≈ 0.1 keV component. We evaluate distance estimates of 0.4 kpc and 8.0 kpc for the NPS. Our findings suggest a preference for a distant NPS with an energy of $\approx 6 \times 10^{54}$ erg, an age of ≈ 10 Myr, and pressures consistent with a 10 μ G magnetic field associated with the Fermi bubbles. The electron density $\approx 10 \times 10^{-3} \text{ cm}^{-3}$ is consistent with estimates for the shock region surrounding a galactic scale event.

Keywords: X-ray astronomy, North Polar Spur, CubeSat astronomy, HaloSat

1. SCIENTIFIC BACKGROUND

The ROSAT All-Sky survey (RASS) shows prominent features in the 3/4 keV map in the vicinity of the Galactic center (Snowden et al. 1995). One such feature appears on the X-ray sky as a 15° wide arc extending from near the Galactic plane at Galactic coordinates $l \approx 27^{\circ}$, $b \approx 10^{\circ}$, up toward the north Galactic pole at around $l \approx 330^{\circ}$, $b \approx 78^{\circ}$ commonly referred to as the North Polar Spur (NPS). This X-ray

Corresponding author: Daniel M. LaRocca daniel-larocca@uiowa.edu emission feature is due to large volumes of hot, ionized interstellar plasma, but the ultimate origins this plasma remains poorly understood.

An area of strong synchrotron emission with a high fractional polarization known as Loop I is located in the direction of the NPS in the sky, possibly forming a boundary layer (Spoelstra 1973). Early astronomers postulated the NPS to be a shell of patchy emission arising from a nearby supernova remnant (SNR) (Hanbury Brown et al. 1960). However, the velocity of the neutral gas surrounding the NPS suggests an age of 10^6 yrs old, which would place the SNR beyond its radiative phase (Heiles



Figure 1. The HaloSat NPS pointings in Galactic coordinates on the ROSAT 3/4 keV image. The fields are annotated by their HaloSat IDs, circles indicate the full-response fields of view for each pointing, and colors designate the outer arc (blue), the inner arc (black), and the ridge (orange). Other fields examined previously are also denoted by cyan markers. The $Suzaku\,{\rm fields:}\,\,{\rm those}$ analyzed by Miller et al. (2008) (triangle), by Ursino et al. (2015) (hexagons), Kataoka et al. (2013) (eight x's) and Akita et al. (2018) (thin diamond). The XMM-Newton fields: analyzed by Willingale et al. (2003) (three stars), and by Lallement et al. (2016) (nineteen crosses). The northern Fermi bubble coordinates from Su et al. (2010) are shown as a white dashed line.

et al. 1980). Egger & Aschenbach (1995) interpreted the NPS as the limb-brightened shell of a shock-heated local superbubble swept out by the supernova and stellar winds of the Scorpio-Centaurus OB association. The large size, the apparent asymmetry in the sky, and the high latitude extent of the NPS provide a compelling case for a local interpretation.

However, the work by Sofue has suggested that the NPS could be better understood as a shock front propagating through the Galactic halo. This shock would have originated at the Galactic center with an energy of 3×10^{56} erg around 15 million years ago (Sofue et al. 1974; Sofue 2000). The source of the energy would be a starburst or some explosive event resulting in a dumbell-shaped shock front or bipolar hypershells.

Several recent studies provide support for a more distant interpretation of the NPS. The most prominent is the discovery of large regions of gamma-ray emission near the Galactic center known as the *Fermi* bubbles (FB) using the *Fermi*-LAT data (Su et al. 2010). The NPS traces the outer arc of the FB suggesting that the NPS could be a region of Galactic halo material compressed by the FB (Su et al. 2010). Puspitarini et al. (2014) compared 3D maps of the interstellar dust distribution to the ROSAT X-ray background map to search for a possible local cavity that might serve as a source of NPS emission and found that their results do not support the existence of such a cavity. Lallement et al. (2016) observed the low latitude extent of the NPS and claimed that it is absorption bounded rather than emission bounded. They place a lower boundary of at least 260 pc on the NPS, but favor a distance as far as 4 kpc.

Kataoka et al. (2013) examined a series of Suzaku fields and suggested that the NPS is well described by a weak shock driven by the Fermi bubble expansion with $v_{exp} \approx 300 \,\mathrm{km \, s^{-1}}$, which is compressing the Galactic halo to form a $kT \approx 0.3$ keV feature seen as the NPS. Akita et al. (2018) conducted an analysis of 16 Suzaku fields in the NPS ranging from mid to high latitudes and found that the emission measures (EM) of the NPS component implied a minimum path length through the NPS of 0.9 kpc, which is in stark contrast with the dimensions suggested for a local object. They describe a two-step explosion scenario where the NPS is the result of the first explosion 15–25 Myr ago releasing 10^{56--57} erg into a structurally asymmetric Galactic halo. The following explosion 5–10 Myr ago could have resulted in the largely symmetric Fermi bubbles seen, as the first explosion had blown away most of the halo gas (Akita et al. 2018).

2. *HALOSAT* OBSERVATIONS OF THE NPS

HaloSat is an instrument optimized for observations of diffuse X-ray emitting structures (Kaaret et al. 2019; LaRocca et al. 2020). It has a large field of view, the spectra are moderately well-resolved, and the CubeSat nature provides the flexibility to schedule observations to reduce sources of foreground contamination. HaloSat carries three X-ray silicon drift detectors sensitive in the 0.4–7.0 keV energy band with average energy resolutions of 84.9 eV at the 676 eV F K α line and 137.4 eV at the 5.9 keV Mn K α line, comparable to XMM-Newton

Target Name	R.A. ^a	Dec. ^b	$l^{\rm c}$	$b^{\rm d}$	Exposure ^e	$\mathrm{GTI}^{\mathrm{f}}$
	$(^{\circ})$	(°)	$(^{\circ})$	(°)	(ks)	(ks)
HS0025	267.0	3.0	28.30	15.47	43.9	11.7
HS0026	260.5	8.0	29.94	23.50	59.3	46.2
HS0027	255.0	3.0	22.27	26.05	58.1	44.4
HS0028	251.0	12.0	29.46	33.66	117.7	88.1
HS0029	246.0	5.0	19.19	34.86	113.6	93.8
HS0030	241.0	14.0	26.62	43.36	35.0	26.8
HS0031	236.5	7.5	15.79	44.27	138.1	41.7
HS0032	230.5	14.0	20.09	52.57	91.5	62.9
HS0033	222.0	11.5	8.89	58.50	127.8	102.0
HS0034	223.0	20.0	24.95	61.55	85.3	53.1
HS0035	215.0	19.0	15.84	68.11	117.8	86.5
HS0036	212.0	11.0	354.76	65.83	94.7	65.9
HS0037	206.0	16.5	354.50	73.84	125.4	71.1
HS0038	201.0	10.0	328.61	71.23	148.9	96.7

 Table 1. NPS pointings and coordinates

Note-

^a Right ascension of HaloSat pointing center in J2000

 $^{\rm b}$ Declination of HaloSat pointing center in J2000 equinox

^c Galactic longitude of *HaloSat* pointing center

 $^{\rm d}$ Galactic latitude of HaloSat pointing center

 ${\rm ^e}$ Sum of exposure time for the three HaloSat detectors

^f Good time interval seconds remaining after cuts

and Suzaku (Kaaret et al. 2019). The HaloSat full-response field of view is a 10° diameter circle, which makes it a useful tool to probe X-ray emission from diffuse structures such as the NPS.

We conducted HaloSat observations of the NPS in 2019 and 2020 with a total exposure of 462 ks. These observations adhered to the HaloSat strategies for minimizing contamination of solar wind charge exchange (Kuntz 2019). These observations consisted of 14 distinct pointing directions for roughly 30 ks each. A summary of exposures, field directions, and filtered exposure times are given in Table 1. The locations of these fields with respect to the ROSAT 3/4 keV map are shown in Figure 1. This image also shows existing XMM-Newton and Suzaku observations of the NPS analyzed in other referenced work. In addition, the outline of the northern Fermi bubble, as described in Su et al. (2010), is depicted.

Unfiltered event files were generated for each observation containing all events recorded while the detectors were operating nominally using standard *HaloSat* screening criteria. The event files were filtered to remove periods of elevated particle background contamination by applying cuts to the rates of events in the "HARD" band (3.0-7.0 keV) and the "VLE" band (>7.0 keV). Filtering based on the HARD count rate was set at an upper limit of 0.16 counts s⁻¹ on 64-second time bins, and the upper limit of 0.60 counts s⁻¹ was placed on the VLE band. The resulting good time interval times can be seen in Table 1. X-ray energies were calculated from event pulse heights using temperature dependent calibration coefficients (Zajczyk et al. 2020).

3. SPECTRAL MODEL

All spectral modeling and fitting was completed simultaneously for the three *HaloSat* detectors using XSPEC (v12.10.1f) (Arnaud 1996). The standard response matrices used in the analysis were generated via detector simulation with parameters tuned to match ground calibration data obtained over a range of temperatures (Zajczyk et al. 2018). Fitting could be conducted for *HaloSat* spectra for energies between 0.4–7.0 keV. The 3.0–7.0 keV energy band was used to fit the background and the 0.4–3.0 band was used to fit the astrophysical model components.

The spectral model for the NPS fields includes emission components for the Local Hot Bubble (LHB), the cosmic X-ray background (CXB), and the NPS. The total model used is "apec + TBabs*(power) + TBabs*(vapec + vapec)" corresponding to the LHB, the CXB and the cool and hot NPS. A separate "pegpwrlw" component for the instrumental background was used with a diagonal response. The best-fit models of representative spectra can be seen in Figure 2. All errors are reported with 90% confidence intervals.

3.1. The Local Hot Bubble

A local unabsorbed thermal plasma is known to dominate X-ray observations near 0.25 keV (Snowden et al. 1990). The source of this emission has been deemed the Local Hot Bubble (LHB). Several lines of observational evidence has demonstrated that emission from the LHB originates within the Local Cavity, a region of remarkably devoid of neutral material (Knapp 1975). The Local Cavity is not necessarily filled with warm gas, and instead forms a boundary beyond which the observed softer LHB emission would not penetrate. The boundaries of the emission region track the location of a sharp increase in neutral column density reasonably well (Lallement 2004).

A recent study used the DXL sounding rocket measurements to characterize the LHB. They found it to be well-modeled by an unabsorbed thermal plasma and generated maps of the EM and temperature with an average temperature of 0.097 ± 0.013 keV (Liu et al. 2016). The LHB is expected to be isothermal and thus a single temperature was adopted for all fields (Liu et al. 2016). We adopt a *HaloSat* response-weighted average of the Liu et al. (2016) mapped EM values for each of the individual fields.

For this analysis, the local hot bubble was modeled as an unabsorbed apec model. The kT of this apec model was frozen at 0.1 keV for all NPS fields. The normalization of this apec was frozen for each field at the value associated with the response-weighted average emis-



Figure 2. Spectra from two representative *HaloSat* fields modeled by an NPS with two thermal components, absorbing column density fixed at a fraction of 0.6 of $n_{H,Gal}$, and the kT of the cool NPS component fixed at the weighted average of 0.087 keV. The data points correspond to the three *HaloSat* detectors. The three lines are associated with the induced particle background power-law with normalization values specific for each detector. The absorbed power-law component is associated with the cosmic X-ray background. The NPS hot thermal component dominates most emission below 1 keV and the NPS cool thermal component shows prominent emission below 0.7 keV.

sion measure for the field taken from Liu et al. (2016), though we discuss the examination of a bright LHB commonly seen in the literature in Section 4.1. It should be noted that these values fall within an extrapolated region and may be less reliable; however, the contribution of the LHB should have a negligible impact on the fit parameters of the other components.

3.2. Absorption

All interstellar absorption was modeled with the TBabs model (Wilms et al. 2000). Understanding the total Galactic X-ray column in a given direction allows us to place an upper bound on expected X-ray absorbing columns for Galactic objects. The best-fit X-ray absorbing column for an emission source is commonly compared to the total Galactic X-ray absorbing column as a tracer of distance in the Galaxy.

For the total Galactic X-ray column density, it is common to adopt a value from the measurements of total Galactic neutral hydrogen column measurements. We expect the H I column density to underestimate the Galactic Xray absorbing column density, particularly for fields with H I column densities greater than $\approx 3 \times 10^{20}$ cm⁻², high enough to expect molecular clouds in the line of sight.

Instead, dust maps can serve as a tracer of heavier elements that contribute more to X-ray absorption in the relevant energy band. To estimate the Galactic absorbing column density along a line-of-sight, we use the Planck satellite maps of optical extinction based on the dust radiance with point sources removed (Collaboration et al. 2014; Green 2018). We adopt the conversion coefficient of $2.47 \times 10^{21} \,\mathrm{H\,cm^{-2}\,mag^{-1}}$ (Zhu et al. 2017).

With the large field-of-view of HaloSat, the values of E(B-V), and thus our converted $n_{H,Gal}$ vary across the region. A simple average of $n_{H,Gal}$ for a field is not appropriate. Instead, we use the TBabs cross sections to calculate the absorption curves for all values of $n_{H,Gal}$ from a grid of points within the field of view. We then fit the response-weighted average of the absorption curves to determine an equivalent total $n_{H,Gal}$.

3.3. The Cosmic X-ray Background

The contribution to the CXB from unresolved extragalactic point sources is commonly modeled as a power-law subjected to absorption with full Galactic absorbing column density. A recent study of the CXB using Chandra modeled the CXB in with no removal of X-ray sources, which more directly corresponds to non-imaging satellites such as HaloSat (Cappelluti et al. 2017). Their fit yielded an absorbed power-law with a photon index of 1.45 ± 0.02 and a normalization of 10.91 ± 0.16 photons $\rm cm^{-2} \, s^{-1} \, sr^{-1} \, keV^{-1}$ (Cappelluti et al. 2017). We fix the photon index to 1.45. Using the *HaloSat* response-weighted effective field of view solid angle of 0.0350 sr (Kaaret et al. 2019), their normalization was converted to a normalization 0.38 photons $keV^{-1} cm^{-2} s^{-1}$



Figure 3. An intrinsic model comparison of a bright LHB (solid black) vs a dim LHB (dashed blue) + bright cool NPS component (dotted blue) for a representative field extrapolated down to the ROSAT R1 energy band 0.11–0.2 keV. The upper and lower bounds of the ROSAT R1 count rates for the *HaloSat* as the dashed magenta lines.

for the *HaloSat* FOV in spectral analysis and fixed. The X-ray absorption was modeled using TBabs.

3.4. Instrumental Background

The instrumental background was modeled as a power-law with photon index calculated from the hard band (3.0–7.0 keV) count rate. This component was not folded through an auxiliary response file and the redistribution matrix was diagonal. The normalization values were determined by modeling the fixed CXB described above and fitting for the instrumental background components for each individual field in the 3.0–7.0 keV band. The best fit normalization values for the induced particle background component were fixed in further analysis.

4. X-RAY SPECTRA OF THE NORTH POLAR SPUR

4.1. NPS Spectral Model

Spectral descriptions of the NPS are often modeled using two component with different temperatures, and therefore, emission from the NPS is often modeled as the sum of two optically thin thermal plasmas: a cooler component with $kT \approx 0.1$ keV and a hot component with $kT \approx 0.3$ keV (Willingale et al. 2003; Miller et al. 2008; Kataoka et al. 2013; Akita et al. 2018). While the hot component is always associated with the NPS, the interpretation of the cool component varies depending on the study and has been associated with the LHB, the Galactic halo, and the NPS.

4.1.1. The LHB as the Cool Component

The cool component used in Kataoka et al. (2013) and Akita et al. (2018) is interpreted as the LHB, and is thus unabsorbed. Notably, in both studies the spectral fitting has a low energy cutoff of 0.4 keV and the authors do not examine the low energy implications of their spectral model.

We have attempted to fit our spectra using either an absorbed or an unabsorbed cool component. With a low energy cutoff for HaloSat of 0.4 keV, both models were successful. We extrapolated our best-fit models down to 0.1 keV and compared to the RASS R1 count rates for our fields with results shown in Figure 3. The unabsorbed cool component (solid black line) significantly overestimates the RASS R1 count rates (lower and upper bounds are indicated with dashed magenta lines), while the absorbed cool component (dotted blue line) does not contribute substantially in the R1 energy band. The addition of the LHB component (dashed blue line) described in Section 3.1 alone is sufficient to account for the count rates seen at low energies, thus any additional components must be subjected to enough absorption to minimally impact this energy band. We conclude that the cool plasma is not local and should be subjected to interstellar absorption.

4.1.2. The Halo as the Cool Component

The cool component may also be associated with the Galactic halo of the Milky Way. In the event that the cool component is associated with the halo it would be subjected to interstellar absorption. Willingale et al. (2003) and Miller et al. (2008) both interpret the cool component as a Galactic halo subjected to full Galactic interstellar absorption. The spectral fitting procedure used by Willingale et al. (2003) includes a simultaneous fit of the XMM-Newton data with the RASS 0.1-0.4 keV. The Miller et al. (2008) spectral fitting includes the Suzaku Back-Illuminated X-ray Imaging Spectrometer with a low energy cutoff of 0.3 keV. Both of these studies include a component associated with the LHB consistent with the EM values seen in Liu et al. (2016).

If the component were to be associated with the halo, the path length through the cool NPS X-ray emitting plasma would likely be different than for the hot NPS component and would impact our physical interpretation of the results. We compared the NPS cool component to measurements for the halo from *HaloSat* fields in the southern Galactic hemisphere and found the EM values of the NPS cool component to be consistently larger by a factor of 5–10 (Kaaret et al. 2020). The EM of the cool component in the NPS fields is also much higher than the EM seen in adjacent *HaloSat* fields, which suggests that the cool component is not primarily associated with the Galactic halo.

If the cool component were due to only the halo, then its emission measure in the direction of the NPS should be similar to that observed outside of the NPS. However, the cool component in the direction of the NPS is much stronger for all NPS fields than the local halo fields.

4.1.3. The NPS as the Cool Component

As the cool component can be due to neither the LHB nor the Galactic Halo, it must be due predominantly to the NPS. This conclusion is supported by the correlation of the strength of the cool component with the strength of the hot NPS component as seen in Figure 4. Given the similar temperatures of the cool NPS component and the Galactic halo, we can do no more to separate the two. Furthermore, the variation in the strength of the Galactic halo reported by Kaaret et al. (2020) suggests that interpolation of the halo emission to the location of the NPS would be insufficient.

The cool component will include some unknown amount of halo emission, but will be dominated by the NPS emission. The fields that are enhanced in NPS hot EM compared to NPS cool EM are 25-29, the lowest latitude and brightest fields of the NPS. We adopt the interpretation that the cool component has a physical association with the NPS.

4.2. Spectral Fitting

We model the NPS as two optically thin thermal plasmas in ionization equilibrium (vapec) subjected to the same interstellar absorption. We model our NPS components with an elemental abundance of 0.3 of the solar value except for 0.45 for Ne. The Ne enrichment was required to successfully remove the persistent



Figure 4. An examination of the emission measures (EM) for the cool and hot components of the 14 NPS fields indicates a physical association between the two components. Colors designate the outer arc (blue), the inner arc (black), and the ridge (orange).

residuals near the 0.91 keV Ne IX emission feature.

The distance to the NPS is a source of contentious debate and greatly impacts any physical interpretation of the object. The X-ray absorbing column density can be used as a tracer of distance as the amount of X-ray absorbing material in front of an object increases with the object's distance increases along a given line of sight. However, the majority of the X-ray absorbing material is confined to regions relatively close to the plane of the Galaxy. Therefore, the absorbing column for an object distance of 500 pc may be consistent with full Galactic absorption. This is well-illustrated by Figure 11 of Lallement et al. (2016). Our spectral analysis proved insensitive to fitting absorbing column density in a manner that would assist with making substantive claims on a distance to the NPS.

Our absorption fitting yielded inconsistent results from field to field. Similar to other reported results (Kataoka et al. 2013; Ursino et al. 2015; Akita et al. 2018), we found that without placing upper bounds our best fit absorbing column densities were larger than the determined full Galactic column for 10 of 14 fields. For X-ray absorption, we fixed our column densities at a value of 0.6 of the Galactic absorption for that field. This fraction was motivated by results reported in the literature adjusted for our method of determining Galactic absorbing column densities (Willingale et al. 2003; Miller et al. 2008; Lallement et al. 2016).



Figure 5. Best-fit NPS with a thawed cool NPS component kT. The weighted average kT was calculated to be 0.087 keV (dashed line), which was fixed in further analysis. Colors designate the outer arc (blue), the inner arc (black), and the ridge (orange).

This value fell within 90% confidence intervals of the best fit for 11 of 14 fields.

4.3. Best-Fit Results

We fit the model of the NPS as described for temperatures and normalizations of both thermal components. The best-fit temperatures of the cool NPS component had a weighted average of 0.087 keV with $\chi^2/\text{DoF} = 16.8/13$, which can be seen in Figure 5. In further analysis, we fixed the kT of the cool component to 0.087 keV.

The best-fit results of our model can be seen in Table 2, with errors depicted by 90% confidence intervals. Figure 2 shows the fits to representative spectra. For the hot NPS component, we tested whether our results were consistent with a constant temperature. We found an average kT of 0.274 keV with a $\chi^2/\text{Dof} =$ 90.6/13, which suggests the temperature is not constant. Instead, there appears to be a gradient of temperatures, which are highest in the inner arc (black points) and lowest at the outer arc (blue points).

The EM values for both components decrease as the angle from the Galactic center increases, just as expected from examination of the *ROSAT* All-Sky maps.

5. PHYSICAL PROPERTIES OF THE NORTH POLAR SPUR

The NPS is typically thought in terms of the component ≈ 0.3 keV. However, we have shown that the object is not quite that simple

HSID	$n_{\rm H}/n_{\rm H,Gal}{}^{\rm a}$	$kT_{hot}{}^{\rm b}$	$EM_{hot}{}^{c}$	$kT_{cool}{}^{\rm d}$	EM_{cool}^{e}	$\chi^2/{ m dof}$
		(keV)	$(10^{-2} \text{ cm}^{-6} \text{ pc})$	(keV)	$(10^{-2} \text{ cm}^{-6} \text{ pc})$	
25	0.6	$0.286{\pm}0.012$	12.9 ± 1.3	0.087	$57.6 {\pm} 15.8$	460.4/384
26	0.6	$0.267 {\pm} 0.005$	$13.2 {\pm} 0.6$	0.087	$38.3 \pm \ 8.5$	656.4/384
27	0.6	$0.289{\pm}0.008$	$11.7 {\pm} 0.6$	0.087	$44.9 \pm\ 7.7$	526.9/384
28	0.6	$0.254{\pm}0.004$	$9.5 {\pm} 0.4$	0.087	$23.8{\pm}~4.6$	568.5/384
29	0.6	$0.272 {\pm} 0.004$	$9.2{\pm}0.4$	0.087	42.0 ± 4.4	577.4/384
30	0.6	$0.277 {\pm} 0.013$	$5.6{\pm}0.6$	0.087	$39.5\pm$ 7.3	594.7/384
31	0.6	$0.314{\pm}0.014$	$5.5 {\pm} 0.4$	0.087	35.3 ± 5.5	466.2/384
32	0.6	$0.280{\pm}0.008$	$5.9{\pm}0.3$	0.087	$24.8{\pm}~4.5$	569.8/384
33	0.6	$0.305 {\pm} 0.009$	$4.2 {\pm} 0.2$	0.087	23.5 ± 2.6	498.8/384
34	0.6	$0.252{\pm}0.007$	$4.4{\pm}0.4$	0.087	$21.1{\pm}~4.7$	577.2/384
35	0.6	$0.245 {\pm} 0.008$	$3.8{\pm}0.3$	0.087	$13.6\pm~3.1$	426.4/384
36	0.6	$0.312{\pm}0.010$	$3.9{\pm}0.3$	0.087	15.2 ± 3.2	579.7/384
37	0.6	$0.252{\pm}0.009$	$3.8{\pm}0.3$	0.087	$14.3{\pm}~3.6$	477.8/384
38	0.6	$0.283{\pm}0.009$	$3.9{\pm}0.3$	0.087	$16.9 \pm \ 3.3$	506.5/384

Table 2. Best-fit values for the two thermal components of the NPS

Note-

^a Fraction of nH used for TBabs NPS absorption

^b kT of the NPS hot absorbed vapec component

^c EM of the NPS hot absorbed vapec component

^d kT of the NPS cool absorbed vapec component

 $^{\rm e}$ EM of the NPS cool absorbed vapec component

and includes emission from plasma at lower temperatures, which is commonly attributed to other sources. We can use our best-fit properties of the cool and hot NPS components to better understand the physical properties of the NPS and the physical nature of these two temperature components.

5.1. Distance and Physical Properties

It is necessary to know the distance and geometry of the NPS in order to translate the EM and kT values obtained by spectral fitting into physical parameters such as electron density and thermal energy. Determining the path length can give an idea of the object's size and some insight to the distance.

Following the procedure in Akita et al. (2018), we can estimate the range of path lengths $h \approx EM/n_e^2$ for the NPS hot component assuming constant electron densities. If there is no large variation in magnetic field between the LHB and a local interpretation of the NPS, Ursino et al. (2015) estimate $n_e = 1.6 \times 10^{-3} \,\mathrm{cm}^{-3}$, and thus we might expect

NPS hot path lengths between 14.8–51.6 kpc. Adopting instead the upper bound of $n_e = 10 \times 10^{-3} \,\mathrm{cm}^{-3}$ from Sofue et al. (2016) for the shock region of the Galactic center hypershell, we might expect NPS hot path lengths between 0.4–1.3 kpc. These path lengths are inconsistent with a local object of the scale expected in the literature. However, a primary flaw in this approach stems from the lack of reliable estimates for the density either in the local interpretation or a distant Galactic scale object.

We thus choose instead to examine two possibilities for the distance: 0.4 kpc and 8.0 kpc. Using these distances we can estimate the path length through the X-ray emitting gas by adopting the assumption that it is roughly symmetric about a central axis, and therefore its width on the sky would provide an estimate of the path length. The width of the NPS can be calculated as $2d \tan(\theta/2)$, where d is the distance and θ is the angular width of the NPS on the sky. We measure an angular width by determining a set of inner and outer arc boundary coordinates and measuring the



Figure 6. The best-fit results of the NPS modeled by two thermal components with absorbing column densities fixed to 0.6 $n_{H,Gal}$ and the kT of the cooler component fixed to the weighted average of 0.087 keV. Color indicates the inner arc fields (black), the outer arc fields (blue), and the ridge fields (orange).

minimum angular distance between the arcs at each of our points. To determine the boundary coordinates we examined ROSAT R45 count rates over a range of Galactic latitudes sweeping across the NPS using a 5-degree radius aperture. The boundaries were taken at our best estimate of the half-maximum of the count rates in the R45 peak. This procedure was successful for Galactic latitudes between 10° and 40°. Above 40° the boundaries were determined using the ROSAT R45 all-sky map.

We adopt an angular width of 17° for the NPS, which we determined by calculating the minimum angle between each outer arc coordinate and the inner arc coordinates. For the local interpretation we find a path length 0.12 kpc and for the distant interpretation we find a path length of 2.39 kpc. We adopt these distance and path length estimates for the purpose of physical interpretation.

Using the distance, path length, and best fit values from our spectral analysis we can make a measurement of several physical properties of the two thermal components of the NPS. The electron density can be calculated using:

$$n_e \approx \sqrt{EM/(hf)}$$
 (1)

where EM is the emission measure, f is the volume filling fraction, and h is the path length through the object along the line of sight. Thus, the electron density we measure is proportional to the distance and the volume filling factor:

$$n_e \propto d^{-1/2} f^{-1/2}$$
 (2)

We adopt a volume filling factor of 0.5 for both the hot and cool NPS thermal components. The pressure is:

$$p \approx n_e kT$$
 (3)

Therefore, the pressure we measure is proportional to the electron density and is then proportional to the distance and the volume filling factor:

$$p \propto d^{-1/2} f^{-1/2}$$
 (4)

Energy can be calculated from:

$$E \approx n_e \, kT \, V = n_e \, kT \, \Omega \, d^2 \, h \, f \tag{5}$$

where V the volume of the X-ray emitting gas in the line of sight and Ω is the responseweighted field of view of *HaloSat*, which is equal to 0.0350 sr. The energy we measure is then proportional to the distance and the volume filling factor:

$$E \propto d^{5/2} f^{1/2}$$
 (6)

The cooling timescale τ for the object to radiate away its energy at its current luminosity can then be taken as:

$$\tau = \frac{E}{L} \tag{7}$$

The intrinsic luminosities were calculated for the 0.0001–3.0 keV band. The results appear in Tables 3 and 4, and are plotted in Figure 7.

If the NPS is a limb brightened shell of emitting material, the expected geometry would require line-of-sight path lengths to increase by a factor of $\approx 2-3$, with the inner arc path lengths underestimated more than those of the outer arc. This would cause electron densities and pressures to decrease by a factor of $\approx \sqrt{2} - \sqrt{3}$ and stated energies and cooling timescales to increase by a factor of $\approx \sqrt{2} - \sqrt{3}$.

5.2. A Distant Interpretation

For a distance of 8.0 kpc, we find a total energy from all 14 fields to be $\approx 6 \times 10^{54}$ erg, with 2.3×10^{54} erg in the hot NPS component and 3.6×10^{54} erg in the cool NPS component. The energy required for an object at 8.0 kpc is consistent with several thousand supernova, if heated *in situ*, or some form of energy injection from the Galactic center. This energy might be consistent with a fraction of the energy estimate expected of a first explosion starburst activity or AGN-like outburst with an energy of 10^{56-57} erg (Kataoka et al. 2018).

For a distant interpretation, we expect the electron density to be $\approx 10 \times 10^{-3} \text{ cm}^{-3}$ in the shock front (Sofue et al. 2016). We find this electron density estimate to be consistent with the densities we measure for the NPS.

To examine the distant pressure measurement of $\approx 1-5 \times 10^{-12}$ dyne cm⁻², we estimated the magnetic field for the environment and determined a magnetic pressure. A 10 μ G magnetic field inferred in the Fermi bubbles by Su et al. (2010) would produce a magnetic pressure of 5.7×10^{-12} dyne cm⁻². This value is plotted as dashed blue lines in Figure 7. The magnetic field inferred from the Fermi bubbles is consistent with the pressures we measure for the NPS.

Additionally, we can estimate the age of the object based on the cooling timescale. These estimates serve as upper bounds because they assume energy is lost only via radiation and not through other means such as heating the surrounding gas. For the distant interpretation, we find an age estimate of ≈ 100 Myr for the hot component and ≈ 10 Myr for the cool component. This is fairly consistent with the posited starburst activity or AGN-like outburst 15–25 Myr ago, or the event 5–10 Myr ago believed to have created the Fermi bubbles (Akita et al. 2018).

Another estimate of age is based upon the time required for the object with a uniform expansion velocity to reach its current size or $\tau =$ r_s/v_s , where r_s is the radial distance and v_s is the expansion velocity. From X-ray spectral analysis, Kataoka et al. (2013) find the expansion velocity to be $320 \,\mathrm{km \, s^{-1}}$ from the ratio of temperatures $kT_1 / kT_0 = 0.3 \text{ keV} / 0.2 \text{ keV}$ for the NPS expanding into the Galactic halo. Miller & Bregman (2016) find the expansion velocity of the Fermi bubbles through the halo to be $490 \,\mathrm{km \, s^{-1}}$ from a ratio of temperatures $kT_1 / kT_0 = 0.43 \text{ keV} / 0.17 \text{ keV}$. We use a NPS temperature of 0.274 keV associated with the hot component, and if we assume the NPS is expanding into the halo, we can adopt a halo temperature of 0.2 keV from Kataoka et al. (2013) and $\gamma = 5/3$. We find a mach number \approx 1.4, which yields an expansion velocity of 240 km s^{-1} for a 170 km s⁻¹ sound speed. For a 4 kpc radial expansion distance, we determine an age of 16 Myr.

If instead the NPS was a strong shock propagating through the cold ISM we determine an expansion velocity of ≈ 470 km s⁻¹, which yields an age estimate of 8 Myr for a 4 kpc radial expansion distance. In either case, these age estimates are consistent with the expected age of the Fermi bubbles.

The hydrodynamic simulations of the Galactic center hypershell model by Sofue et al. (2016) predict a temperature increase at the shock front in the X-ray emitting gas with warmer temperatures on the inner arc and cooler temperatures on the outer arc. We find a temperature gradient that could be evidence of this prediction, though spectral analysis with

HSID	$n_{hot}{}^{\mathrm{a}}$	$p_{hot}{}^{\mathrm{b}}$	$E_{hot}{}^{\mathbf{c}}$	$\tau_{hot}{}^{\mathrm{d}}$	$n_{cool}^{\rm e}$	$p_{cool}{}^{\mathrm{f}}$	$E_{cool}{}^{\mathrm{g}}$	$\tau_{cool}{}^{\rm h}$
25	10.4	4.8	3.74	1.09	22.0	3.1	2.41	0.06
26	10.5	4.5	3.53	0.96	17.9	2.5	1.96	0.07
27	9.9	4.6	3.59	1.17	19.4	2.7	2.13	0.06
28	8.9	3.6	2.85	1.02	14.1	2.0	1.55	0.09
29	8.8	3.8	3.02	1.19	18.7	2.6	2.06	0.07
30	6.8	3.0	2.38	1.58	18.2	2.5	1.99	0.07
31	6.8	3.4	2.69	1.93	17.2	2.4	1.89	0.07
32	7.0	3.2	2.48	1.56	14.4	2.0	1.58	0.09
33	5.9	2.9	2.29	2.12	14.0	2.0	1.54	0.09
34	6.1	2.4	1.93	1.49	13.3	1.9	1.46	0.09
35	5.6	2.2	1.75	1.51	10.7	1.5	1.17	0.11
36	5.7	2.9	2.25	2.27	11.3	1.6	1.24	0.11
37	5.7	2.3	1.80	1.59	10.9	1.5	1.20	0.11
38	5.7	2.6	2.03	1.96	11.9	1.7	1.30	0.10

Table 3. Physical parameters for an NPS at a distance 8.0 kpc, a path length of 2.39 kpc, and a filling factor 0.5.

Note-

^a Electron density of the hot NPS component $(10^{-3} \,\mathrm{cm}^{-3})$

^b Pressure of the hot NPS component $(10^{-12} \text{ dyne cm}^{-2})$

 $^{\rm c}$ Energy of the hot NPS component ($10^{53}\,{\rm erg})$

^d Cooling timescale of the hot NPS component (10^2 Myr)

^e Electron density of the cool NPS component $(10^{-3} \text{ cm}^{-3})$ ^f Pressure of the cool NPS component $(10^{-12} \text{ dyne cm}^{-2})$

^g Energy of the cool NPS component (10^{-3} erg)

^h Cooling timescale of the cool NPS component (10^{2} Myr)

higher spatial resolution observations across the NPS would be better suited for searching for the fine structure noted in the simulations.

5.3. A Local Interpretation

For a distance of 0.4 kpc we find the total energy from all 14 fields to be 3.3×10^{51} erg with 2.0×10^{51} erg in the hot NPS component and 1.3×10^{51} erg in the cool NPS component. This energy is consistent with several supernova with thermalization efficiency lower than 1, where the mechanical energy injected from the blast wave may not all be radiative.

A local NPS electron density is expected to be $n_e = 2.5 \times 10^{-3} \text{ cm}^{-3}$ from Egger & Aschenbach (1995), which is an order of magnitude lower than we find in the local interpretation of the NPS.

To examine the local pressure measurement of $\approx 10-20 \times 10^{-12}$ dyne cm⁻², we once again estimated the magnetic field for the environment and determined a magnetic pressure. The magnetic field for the local environment has been measured to be $2.1 \,\mu\text{G}$ (Ferriere 2001), which would produce a magnetic pressure of 3.9×10^{-14} dyne cm⁻². The measurement of pressure we find for a local interpretation is significantly higher than the magnetic field expected in the local ISM. Even for a larger estimate of the magnetic field of $4.9 \,\mu\text{G}$ adopted by Ursino et al. (2015), the local interpretation is still inconsistent.

For the local interpretation, we find an age estimate based on the cooling timescale of ≈ 30 Myr for the hot component and ≈ 2 Myr for the cool component, which is significantly larger than predicted estimates of 0.2 Myr (Egger & Aschenbach 1995).

5.4. An Emission-Measure Distribution

Thus far, we have interpreted the NPS in view of the two temperature components that we have measured. A two-temperature model frequently provides a good description of the X-ray spectrum from hot gas in supernova remnants and galaxies, at least at modest en-

Table 4. Physical parameters for an NPS at a distance 0.4 kpc, a path length 0.12 kpc, and a filling factor of 0.5.

HSID	$n_{hot}{}^{\mathrm{a}}$	$p_{hot}{}^{\mathrm{b}}$	$E_{hot}{}^{\rm c}$	$\tau_{hot}{}^{\mathrm{d}}$	$n_{cool}^{\rm e}$	$p_{cool}{}^{\rm f}$	$E_{cool}{}^{\mathbf{g}}$	$\tau_{cool}{}^{\rm h}$
25	46.5	21.3	2.09	0.24	98.2	13.7	1.35	0.01
26	46.9	20.1	1.98	0.21	80.1	11.2	1.10	0.02
27	44.1	20.4	2.01	0.26	86.6	12.1	1.19	0.01
28	39.9	16.2	1.59	0.23	63.1	8.8	0.87	0.02
29	39.3	17.1	1.69	0.27	83.8	11.7	1.15	0.01
30	30.5	13.5	1.33	0.35	81.3	11.3	1.11	0.02
31	30.4	15.3	1.50	0.43	76.9	10.7	1.05	0.02
32	31.4	14.1	1.39	0.35	64.4	9.0	0.88	0.02
33	26.6	13.0	1.28	0.47	62.6	8.7	0.86	0.02
34	27.1	10.9	1.08	0.33	59.4	8.3	0.81	0.02
35	25.2	9.9	0.98	0.34	47.7	6.7	0.65	0.03
36	25.6	12.8	1.26	0.51	50.4	7.0	0.69	0.02
37	25.3	10.2	1.01	0.36	48.9	6.8	0.67	0.03
38	25.5	11.5	1.13	0.44	53.1	7.4	0.73	0.02

Note—

^a Electron density of the hot NPS component $(10^{-3} \,\mathrm{cm}^{-3})$

^b Pressure of the hot NPS component $(10^{-12} \,\mathrm{dyne} \,\mathrm{cm}^{-2})$

^c Energy of the hot NPS component (10^{50} erg)

^d Cooling timescale of the hot NPS component $(10^2 \text{ Myr})_{a}$

^e Electron density of the cool NPS component $(10^{-3} \text{ cm}^{-3})$ ^f Pressure of the cool NPS component $(10^{-12} \text{ dyne cm}^{-2})$

^g Energy of the cool NPS component (10^{-0} erg)

^h Cooling timescale of the cool NPS component (10^2 Myr)

ergy resolution. By observing face-on galaxies where there may be multiple discrete emission regions per resolution element, Kuntz & Snowden (2010) demonstrated that these temperatures are merely loci for a range of more complex temperature distributions. That is, the best-fit temperatures may not be physically meaningful.

To investigate what we can learn from these temperatures, we assume that the true temperature distribution is continuous and can be parameterized through the differential emission measure (DEM), which defines the amount of gas emitting at each temperature. An analytical model for the DEM that may be appropriate for the NPS is described in Gayley (2014). This model, which is appropriate for either a cooling flow or shock-heated gas, describes gas that is heated to some initial temperature and then cools in pressure equilibrium. This model is of interest for two reasons: it was motivated by and accounts for the frequently measured ratio of ~ 3 between the hot and cool temperature.

tures in two-temperature models, and the NPS morphology suggests an expanding blast wave.

However, the cooling model is not consistent with our results because such a model must have a DEM that increases with temperature. In pressure equilibrium, the density of cooling gas must increase as the temperature decreases, which further increases the cooling rate (in the regime of interest where line cooling is strong). Thus, cooling starts slowly and then accelerates, meaning that in the X-ray band the emission measure is dominated by hotter gas. In the NPS, we find a significantly higher cool emission measure.

It is possible, but unlikely, that the large cool emission measure is consistent with the Gayley (2014) model due to the limited signal and energy resolution of the data. We simulated models in XSPEC in which gas cools from an initial kT = 0.2-0.4 keV using the HaloSat response, the same absorption column, and a similar data quality, and we found that it is possible to adequately fit the data using models



Figure 7. The physical properties of the 0.4 kpc (left) and 8.0 kpc (right) distance assumptions. Expected values based on the distance are depicted as blue dashed horizontal lines, which correspond to: the local electron density estimate of 2.5×10^{-3} cm⁻³ (Egger & Aschenbach 1995), the distant electron density estimate of 10×10^{-3} cm⁻³ (Sofue et al. 2016), the expected magnetic pressure from a 2.1 μ G local magnetic field (Ferriere 2001), and a 10 μ G distant magnetic field associated with the Fermi bubbles (Su et al. 2010), the local age estimate of 0.1 Myr (Egger & Aschenbach 1995), and the 20 Myr age estimate of the Fermi bubbles (Akita et al. 2018). Error bars depict the uncertainty due to an increase or decrease of 30% in the distance assumption.

with a cool temperature near 0.1 keV and a hot temperature near 0.3 keV, with up to 95% of the emission measure in the cool component. This can occur because the 0.3 keV component produces much more line emission than the 0.1 keV component and because the 0.1 keV component is largely absorbed. However, these models are not typically the *best* fit, and these simulations indicate that it would be unlikely to find a consistently high emission-measure ratio between the cool and hot components, whereas we report a large ratio in most NPS fields.

We therefore conclude that the DEM is dominated by cooler gas, which implies that the morphology traced by the 3/4 keV ROSAT map does not represent the bulk of the material. Such a DEM cannot be explained by cooling from a single, initial temperature in the steady state, but there are a few possible explanations. First, the NPS may represent shock-heated material with a range of initial densities (i.e., a shock wave propagating into a fractal or clumpy interstellar or halo medium). The downstream temperature depends primarily on the shock velocity, but subsequent cooling will be faster in the denser regions, which can contain a large fraction of the mass. Secondly, the cool-dominant DEM could be produced by a range of shock speeds, as in a complex and multi-phase wind. If most gas experiences weaker shocks, it will be heated to lower initial temperatures. Thirdly, the DEM may be an artifact of superposition with the cool gas and hot gas not causally connected at all.

These possibilities can be summarized as cooling in shocked gas, cooling in shocked gas with a range of upstream densities, and cooling in shocked gas with a spectrum of shock velocities. They are not mutually exclusive. Despite the different phenomenology of the DEM in the Gayley (2014) and the other cases, the shock needed to produce them is not much different. If the DEM maps to cooling of shocked material with an initial kT=0.2-0.4 keV, the shock must propagate at a few hundred km s^{-1} , whereas the short cooling time of denser, X-ray emitting gas below kT=0.2 keV implied by the emission measure ratio in our fits is consistent with the projected width of the NPS in the distant interpretation for this speed. The required shock velocities are also consistent with inferences of the velocity of material in the Fermi Bubbles for the distant interpretation (Miller & Bregman 2016; Ashley et al. 2020).

In summary, the remaining ambiguity in how our best-fit model maps to the true emission measure distribution does not prevent us from using the cool-dominant scenario described above to draw conclusions about the origin of the NPS.

6. CONCLUSION

Using the soft X-ray spectrometer aboard the *HaloSat* CubeSat, we took the first moderatelyresolved observations of the entire bright emission feature of the NPS. We fit the NPS as two thermal components in ionization equilibrium. We find a hot component associated with 3–4 MK gas and a cool component associated with 1 MK gas. We note a temperature gradient in the NPS hot component with an inner arc temperature warmer than the outer arc.

We find that the interpretation of the cooler $(kT \approx 0.1 \text{ keV})$ thermal emission component in the region of the NPS as due to the LHB is inconsistent with ROSAT data in the 0.11-0.2 keV energy band. The emission measure of the cooler fitted component is 3-5 times greater than that of the hotter component, suggesting that, while the ≈ 0.3 keV component is prominent for the NPS, the bulk of the material present is in the ≈ 0.1 keV component.

We estimate the physical parameters of the X-ray emitting plasma for two different distances corresponding to interpretations of the NPS as a Galactic scale outflow versus a superbubble-scale event. Our findings suggest a preference for a distant NPS. The energy $\approx 6 \times 10^{54}$ erg and estimated age of 10 Myr are reasonable for a two-explosion origin of the NPS. The pressures we find are consistent with a 10 μ G magnetic field associated with the Fermi bubbles. The electron density $\approx 20 \times 10^{-3} \,\mathrm{cm}^{-3}$ are consistent with estimates for the shock region surrounding a galactic scale event.

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