

Effects of Spin-Orbit Resonances and Tidal Heating on the Inner Edge of the Habitable Zone

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Abstract

Much attention has been given to the climate dynamics and habitable boundaries of synchronously rotating planets around low mass stars. However, other rotational states are possible, including spin-orbit resonant configurations, particularly when higher eccentricity orbits can be maintained in a system. Additionally, the oscillating strain as a planet moves from periastron to apoastron results in friction and tidal heating, which can be an important energy source. Here, we simulate the climate of ocean-covered planets near the inner edge of the habitable zone around M to solar stars with ROCKE-3D, and leverage the planetary evolution software package, VPlanet, to calculate tidal heating rates for Earth-sized planets orbiting 2600 K and 3000 K stars. This study is the first to use a 3-D General Circulation Model that implements tidal heating to investigate habitability for multiple resonant states. We find that for reference experiments without tidal heating, the resonant state has little impact on the radial position of the inner edge, because for a given stellar flux, higher-order states tend to be warmer than synchronous rotators, but for a given temperature, have drier upper atmospheres. However, when strong tidal heating is present, the rotational component implies a strong dependence of habitable conditions on the system evolution and rotational state. Since tidal and stellar heating both decrease rapidly with orbital distance, this results in a compact orbital width separating temperate and uninhabitable climates. We summarize these results and also compare ROCKE-3D to previously published simulations of the inner edge.

1. INTRODUCTION

43 The divergent climate evolution of neighboring terrestrial solar system planets (Del
44 Genio et al., 2020), and more recently the detection of thousands of extrasolar planets
45 (Udry and Santos, 2007; Borucki et al., 2011), has motivated considerable interest in
46 defining the climatic limits where bodies of liquid water can be stable on the surface of a
47 rocky planet (Kasting et al., 1993). Important to defining the inner edge of the habitable
48 zone (IHZ) of a star is the mixing ratio of water vapor in the stratosphere of the orbiting
49 planet, which is linked to irreversible planetary water loss.

50 For low mass stars, the habitable zone lies close to the host star where
51 gravitational interactions despin a planet's rotation (Kasting et al., 1993; see their Figure
52 16). Differential gravity across the planet's diameter results in the development of a tidal
53 bulge near the sub-stellar and anti-stellar points. Since the material comprising the planet
54 is not perfectly elastic, the bulges associated with the elongated body will lead or lag the
55 substellar point. The stellar gravitational field exerts a torque that transfers angular
56 momentum and dissipates energy; for circular orbits this results in de-spinning the planet
57 if the rotation is faster than the average orbital angular velocity, and the equilibrium
58 condition is typically synchronization (when the most elongated dimension is always
59 pointed toward the star), in which the rotation and orbital period are equal (1:1 spin-orbit
60 resonance, see e.g., Barnes, 2017; Pierrehumbert and Hammond, 2019 for review). Most
61 3-D General Circulation Model (GCM) simulations of tidally influenced planets to date
62 have assumed synchronous rotation (e.g., Joshi et al., 1997; Merlis and Schneider, 2010;
63 Carone et al., 2014, 2015, 2016; Kopparapu et al., 2016, 2017; Checlair et al., 2017, 2019;
64 Fujii et al., 2017; Bin et al., 2018; Haqq-Misra et al., 2018; Del Genio et al. 2019b;
65 Komacek and Abbot, 2019; Yang et al., 2019; Salazar et al., 2020; Sergeev et al., 2020).

66 Synchronous rotation is not an inevitable outcome of tidal locking, however. For
67 planets that have at least moderate orbital eccentricity, that have asymmetries in shape
68 or internal structure, or that are influenced gravitationally by neighboring planets, higher
69 order spin-orbit resonances are possible. For eccentric orbits, the torque will be greater
70 at periapsis than at other points in the orbit, and the rotation rate may fall into a super-
71 synchronous regime. Notably, common scenarios include resonant states in which the
72 rotation period is an integer or half-integer multiple of the orbital period (Goldreich, 1966;
73 Goldreich and Peale, 1967; Dobrovolskis, 2007; Correia et al., 2008; Ferraz-Mello et al.,
74 2008; Makarov, 2012; Rodríguez, 2012; Correia et al., 2014; Barnes, 2017).

75 In our solar system, it was believed Mercury was synchronized until radar
76 observations (Pettengill and Dyce, 1965) showed that it has a rotation period of ~59 Earth
77 days and an orbital period of ~88 days, corresponding to the 3:2 spin-orbit resonance
78 (Colombo and Shapiro, 1966; see e.g., Noyelles et al. 2014 for a more recent discussion).
79 Venus also exhibits a rotation period similar to its orbital period, although the spin
80 evolution is also affected by atmospheric thermal tides from solar absorption (Ingersoll
81 and Dobrovolskis, 1978; Dobrovolskis and Ingersoll, 1980; Correia and Laskar, 2001)
82 with a possible contribution from Earth (Gold and Soter, 1969; Caudal, 2010). More
83 generally, atmospheric shortwave absorption or presence of a companion may cause
84 even zero eccentricity planets to fall out of the synchronous regime (Leconte et al., 2015),
85 albeit not necessarily in a resonant state.

86 Exoplanets exhibit a wide range of eccentricities (Xie et al., 2016), and those
87 around low mass stars are expected to be found in either synchronous or asynchronous
88 states (such as spin-orbit resonances), including those sampled by current astronomical

89 observations (Correia et al., 2008; Ribas et al., 2016; Barnes, 2017). Furthermore, tidally-
90 evolved bodies in the habitable zone can exist around stars hotter than the M or K spectral
91 class, even extending to Sun-like stars under certain initial conditions (Barnes, 2017).

92 Another consequence of the habitable zone lying within a zone of significant tidal
93 influence is the potential effect of the tidal heating itself on the climate. This occurs for
94 non-circular orbits when the distance from the host changes and the time-varying tidal
95 forces (inversely proportional to the cube of distance) deform the secondary. For
96 example, because of gravitational interactions with Europa, the varying distance between
97 Jupiter and Io changes the degree to which Io is distorted, frictionally heating the jovian
98 moon at a magnitude of $\sim 2\text{-}3 \text{ W m}^{-2}$ (Veeder et al., 2004) and resulting in intense
99 volcanism at the surface. By comparison, Earth's global-mean geothermal flux, due to
100 radiogenic and primordial heat rather than tidal processes, is $\sim 0.08 \text{ W m}^{-2}$ (Pollack et al.,
101 1993).

102 Tidal heating on exoplanets can potentially reach 1-2 orders of magnitude larger
103 values than that of Io. Barnes et al. (2013) coined the term "tidal Venuses" to designate
104 planets that are uninhabitable because their tidal surface heat flux exceeds the critical
105 flux that results in a runaway greenhouse. This concept has been generalized (Barnes
106 and Heller, 2013; Heller and Armstrong, 2014), in which several regimes have been
107 identified based on the magnitude of tidal heating in relation to solar system bodies or
108 physical thresholds. For example, "tidal Venuses" exhibit an internal heat flux alone
109 sufficient to drive a runaway greenhouse, while "tidal-insolation Venuses" are planets for
110 which the combination of tidal and stellar heating does the same. Less active internal
111 heating regimes include "super-Ios" or "tidal Earths" that fall within a range of heating
112 values, such as those encountered on Io, Earth, or near a lower limit implied by a
113 tectonically active body.

114 Investigation of the habitable zone limits for synchronously rotating planets has
115 recently been a priority for the community. Kopparapu et al. 2017 (hereafter, K17) used
116 a modified version of the NCAR Community Atmosphere Model version 4 (ExoCAM) to
117 sample the water loss and runaway greenhouse limits for synchronously rotating planets
118 near the IHZ for a range of stellar hosts, with effective temperatures from 2600 K to 4500
119 K. K17 suggest that for all but the coolest M stars, the inner edge of the habitable zone
120 occurs when the "moist greenhouse" limit of significant water loss is reached, rather than
121 the traditional "runaway greenhouse" limit, which requires even stronger instellation that
122 is in excess of the limit at which a moist atmosphere can radiate thermal energy to space
123 (often called the Komabayashi-Ingersoll limit, or Simpson-Nakajima limit, depending on
124 regional or intellectual heritage, see e.g., Pierrehumbert, 2010; Goldblatt and Watson,
125 2012).

126 For a given stellar flux, the dependence of the moist greenhouse on the stellar host
127 arises for two reasons. First, cooler stars emit a higher fraction of energy at redder
128 wavelengths, resulting in enhanced near-IR absorption in water vapor bands in addition
129 to decreased Rayleigh scattering. This results in lower bond albedos for M star planets
130 than G star planets, both in controlled experiments (Shields et al., 2013) and expressed
131 in the bulk statistical behavior of a large ensemble of simulations with many varying
132 parameters (Del Genio et al., 2019a). It also drives dayside upwelling circulations that
133 more efficiently moisten the stratosphere, enhancing water loss (Fujii et al.,
134 2017). Secondly, synchronous planets in the habitable zone of a cooler star will have

135 shorter orbital periods (equivalent to shorter rotation periods) than those around hotter
136 and more massive stars, due to Kepler's 3rd law. K17 self-consistently adjusted the
137 rotation period of their ensemble of planets for a given stellar flux and stellar host. This
138 affects the general circulation because at certain rotation periods dynamic regime
139 transitions occur (e.g., Edson et al., 2011; Carone et al. 2014, 2015, 2016; Noda et al.,
140 2017; Haqq-Misra et al., 2018). These determine, for example, whether the atmospheric
141 dynamics feature a coherent day-night mean circulation with upwelling at the substellar
142 point vs. a less organized turbulence-driven east-west flow with banded cloud patterns,
143 whether the atmosphere develops a pair of latitudinally narrow mid-latitude jets, and
144 efficiency with which equatorial winds transport heat to the nightside. These different
145 dynamical regimes affect the horizontal temperature distribution and also have different
146 consequences for the efficacy of cloud shielding of incident starlight on the dayside, thus
147 affecting the instellation flux at which the IHZ is reached (Yang et al., 2014; Way et al.,
148 2018).

149 Departures from the synchronous regime have not been strongly considered in
150 climate studies but may affect habitability in several ways. First, higher order resonant
151 states imply faster rotation for a given orbital period, thus affecting the dynamical regime
152 the climate of a planet may be in (Haqq-Misra et al. 2018). Spin-orbit resonance states
153 also affect the spatial distribution of incident stellar heating (Dobrovolskis, 2007, 2015).
154 Unlike for synchronous rotation, higher order resonances result in all longitudes
155 receiving at least some stellar heating, but for non-zero eccentricity some longitudes
156 receive more heating than others. For integer resonances such as 2:1, there is still one
157 strongly heated face of the planet, and weak heating elsewhere. For a half-integer
158 resonance such as 3:2, there are two preferentially heated regions instead. For the half-
159 integer cases, two orbits are required for the same side of the planet to face the host
160 star, introducing a biennial cycle in the temporal variability of such bodies.

161 Only a few GCM studies have previously considered isolated examples of higher
162 order spin-orbit resonance effects on climate (Wordsworth et al., 2010; Yang et al.,
163 2013, 2020; Turbet et al., 2016; Boutle et al., 2017; Del Genio et al., 2019b). To our
164 knowledge, no previous work has incorporated geothermal heating into a 3-D GCM in
165 the context of evaluating IHZ limits. Haqq-Misra and Kopparapu (2014) did report the
166 impact of a 2 W m^{-2} surface heating in a highly idealized GCM for a synchronous
167 rotation planet, while Haqq-Misra and Heller (2018) conducted idealized GCM
168 simulations of tidally-heated exomoons in synchronous rotation with the host planet.
169 Yang et al. (2013) showed that at 2:1 and 6:1 resonance with a static/slab ocean (see
170 Section 2.2.2 of Way et al. 2017), Bond albedo is lower than it is for synchronous
171 rotation and decreases rather than increases with incident stellar flux, thus destabilizing
172 the climate as the planet approaches the IHZ. Turbet et al. (2016) considered a 3:2
173 resonance state and static ocean for Proxima Centauri b, assuming zero eccentricity.
174 Boutle et al. (2017) simulated the same planet in 3:2 resonance and 0.3 eccentricity;
175 that study uses a thin static ocean surface, which produced a longitudinal double-
176 eyeball pattern of surface liquid water roughly coincident with the maxima in stellar
177 heating. Wang et al. (2014) found zonally symmetric temperatures for 3:2 and 5:2
178 resonances with a static ocean, but Dobrovolskis (2015) showed that this was the result
179 of an incorrect spatial pattern of instellation. Del Genio et al. (2019b) performed the first
180 dynamic ocean simulation of a planet in a higher order resonance, showing that despite

181 the double maximum in instellation at 3:2 resonance, the resulting climate has a tropical
182 liquid waterbelt spanning the planet because of the ocean thermal inertia and heat
183 transport. Yang et al. (2020) used a dynamic ocean and focused on the outer edge of
184 the habitable zone by considering the effect of sea ice drift on snowball transitions for
185 nine exoplanets, including a sampling of the 3:2 resonance, also with zero eccentricity.

186 The aim of this paper is to build upon understanding of the location of the IHZ for
187 a range of stellar hosts by considering a more diverse set of orbital states than
188 previously studied, and the possible impact of tidal heating associated with them. We
189 will do this using a different GCM than K17 (Resolving Orbital and Climate Keys of
190 Earth and Extraterrestrial Environments with Dynamics, or ROCKE-3D, see methods
191 section). The scope of the paper is as follows: 1) We will compare results for water loss
192 limits for the synchronous planets explored by K17 in the ExoCAM model to two
193 configurations of ROCKE-3D, one with a fully dynamic ocean, and another with an
194 immobile “slab ocean” (identical to that used in ExoCAM) that does not transport heat
195 horizontally but still provides a source of heat capacity and water vapor to the
196 atmosphere 2) We will extend the analysis to 3:2 and 2:1 spin-orbit resonance planets
197 with non-zero eccentricity 3) We calculate tidal heating rates for planets orbiting two of
198 the lowest mass stars considered in the suite of simulations and demonstrate the
199 significance of tidal heating for the IHZ with a 3-D GCM.

200 2. METHODS

201
202 All climate simulations presented employ ROCKE-3D (Way et al., 2017), a three-
203 dimensional GCM developed at the NASA Goddard Institute for Space Studies.
204 ROCKE-3D has been used recently for studies of exoplanetary atmospheres, including
205 the study of ancient Venus (Way et al., 2016; Way and Del Genio, 2020), simulations of
206 Proxima Centauri b (Del Genio et al., 2019b), ocean dynamics and resulting ocean
207 habitats (Olson et al., 2020), effects of varying eccentricity (Way and Georgakarakos,
208 2017) or obliquity (Colose et al., 2019), snowball transitions on tidally locked planets
209 (Checlair et al., 2019), the vertical transport of water vapor in response to different
210 stellar hosts near the IHZ (Fujii et al., 2017), and is a model represented in
211 the TRAPPIST-1 Habitable Atmosphere Intercomparison project (Fauchez et al., 2020).

212 For all runs, ROCKE-3D was configured with an atmosphere at $4^\circ \times 5^\circ$ latitude-
213 longitude resolution, and 40 vertical layers with a top at 0.1 mb (Way et al., 2017). All
214 simulations herein consider aquaplanets with a 1 bar atmosphere, most of which consist
215 of N_2 and H_2O , although we perform some 1% CO_2 experiments in section 3.5. Most
216 runs use a fully dynamic ocean either 158 or 900 m deep (see below) with the same
217 horizontal resolution as the atmosphere.

218 All planets considered are assumed to have Earth mass and gravity, with zero
219 obliquity. The assumption of zero obliquity is reasonable, since tides on planets orbiting
220 low mass stars should usually erode the tilt to very low values on <1 Gyr timescales
221 (Heller et al., 2011). It is possible in multi-body systems to be caught in a damped-
222 driven state such that perturbations prevent the body from relaxing all the way to no
223 obliquity. Earth’s moon presently occupies a Cassini state (Ward, 1975) and maintains a
224 small obliquity of $\sim 6.7^\circ$ with respect to its orbit about the Earth. However, such low
225 obliquity values should have minimal climate impact relative to a zero obliquity case. In

226 principle, large obliquity values are possible (Dobrovolskis, 2009) but are likely not
227 typical of tidally-evolved bodies.

228 We perform three distinct sets of climate simulations, each of which with the goal
229 of identifying the moist greenhouse transition around different stellar hosts. ROCKE-3D
230 is not suited to explore a true runaway greenhouse state due to limitations in the moist
231 thermodynamics, which assume that water vapor is a dilute component of the
232 atmosphere (see Pierrehumbert and Ding, 2016; Ding and Pierrehumbert, 2016 for a
233 discussion) as well as temperature limitations in the radiative transfer. Instead, we focus
234 on the point at which stratospheric water vapor concentration is high enough to result in
235 appreciable water loss over the lifetime of the planet. We draw attention to the so-called
236 “Kasting limit” (Kasting et al., 1993) where stratospheric mixing ratios are 3×10^{-3} (or a
237 specific humidity of $\sim 3 \text{ g kg}^{-1}$) where an Earth ocean can be lost over the age of the
238 Earth.

239 For the first set of simulations presented in section 3.1, we compare the
240 synchronous rotation planets to those explored in the ExoCAM runs of K17 (see their
241 Table 1). These runs are performed with zero eccentricity and a 1 bar N_2 dominated
242 atmosphere. For these experiments, a fully dynamic 900 m deep ocean was used.
243 Because K17 used a 50 m slab ocean without ocean heat transport (OHT), section 3.1
244 also presents results from the q-flux configuration of ROCKE-3D (also a 50 m slab
245 ocean with zero OHT). This allows us to compare the effects of other structural
246 differences between the two models while also analyzing the effect of a circulating
247 ocean.

248 As in K17, we sample stars based on the BT-SETTL model grid of theoretical
249 spectra at effective temperatures of 2600, 3000, 3300, 3700, 4000, and 4500 K,
250 assuming a stellar metallicity of $[\text{Fe}/\text{H}]=0.0$ (see supplementary Figure S1). The orbital
251 periods (P) in all cases are a function of the stellar host and instellation (Kopparapu et
252 al., 2016), and follow:

253
254

$$255 \quad P \text{ (Earth years)} = \left[\frac{M}{M_{\odot}} \right]^{-0.5} \left[\frac{L/L_{\odot}}{\text{S0X}} \right]^{0.75} \quad (1)$$

256
257
258

259 Where M/M_{\odot} and L/L_{\odot} are the stellar mass and luminosity with respect to the
260 solar value, respectively (values taken from Table 1 of K17), and S0X is the top-of-
261 atmosphere incident stellar flux relative to Earth’s value, that we take to be $S_{0,\text{earth}}=1360$
262 W m^{-2} . S_0 is the incident flux on a perpendicular plane to the incoming energy at the
263 semi-major axis of the planet.

264 The second and largest set of simulations (section 3.3, summarized in our Table
265 1) samples the 1:1, 3:2, and 2:1 resonance states for planets orbiting the BT-SETTL
266 stars described above, in addition to planets orbiting a star with a solar spectrum
267 ($T_{\text{eff}}=5785 \text{ K}$). As shown in Table 1, the sampling of S0X is somewhat different than in
268 K17, but follows the same principle of gradually moving planets inward until a moist
269 greenhouse state is obtained. The orbital period is given by Equation (1) and the
270 rotation period is adjusted to give the appropriate resonance.

271 The simulations above are performed without geothermal heating and use an
272 eccentricity of 0.2 (unlike those in section 3.1 with zero eccentricity), similar to the value
273 of Mercury. At this eccentricity, planets in the 3:2 resonance are expected to be
274 prevalent at a high frequency (see e.g., Figure 8 in Dobrovolskis, 2007, Figure 2 of
275 Correia and Laskar, 2009; Figure 1 of Barnes, 2017). The 2:1 resonance is also
276 permitted and becomes even more probable at somewhat higher eccentricity values.
277 The 1:1 resonance is unlikely at $e=0.2$, although we perform simulations at this value for
278 comparison to the other resonant states. For this suite of runs, we use a relatively
279 shallow 158 m deep ocean (the bottom of the 5th ocean layer in ROCKE-3D) in order to
280 allow for faster equilibration (versus the 900m deep option) given the large number of
281 runs analyzed. We note that the absence of tidal heating in these second set of
282 experiments represents a reference scenario, given that spin-orbit resonance,
283 eccentricity, and tidal heating are not independent of each other. However, each has a
284 unique effect on planetary climate, and interior heating is not a unique function of orbital
285 configuration, and so we perform experiments without tidal heating in order to
286 understand the other effects.

287 In the third category of simulations (Table 2, section 3.5), we consider tidal
288 heating in the form of a prescribed geothermal heat flux, G , as a boundary condition.
289 Modeling the geophysical processes that determine the magnitude of tidal heating is
290 beyond the scope of our investigation, so we simply specify a globally uniform value of
291 G for each experiment and explore the climate's sensitivity to the magnitude of G . Note
292 that we refer to “tidal” or “geothermal” or “internal” heating interchangeably in the
293 discussion. Heating rates are calculated using VPLanet (Barnes et al., 2020), a software
294 package designed to simulate various aspects of planetary system evolution; here we
295 use the EqTide module that computes equilibrium tide properties. For our purposes,
296 tidal heating is a function of eccentricity (assumed to be small, <0.2), orbital distance,
297 stellar mass, and rotation rate (we ignore obliquity). The EqTide model assumes that
298 power dissipates uniformly across the entire planetary surface, i.e. we do not resolve
299 volcanos or other hot spots. The values of G derived from VPLanet are applied to the
300 bottom of the 158 m ocean in ROCKE-3D. We assume the tidal heating is spatially
301 uniform and constant throughout an orbit.

302 This tidal model includes many simplifications, which is appropriate for planets
303 with very few constraints on their internal structure, e.g. exoplanets. The constant
304 values of Q and the Love number do not reflect changes that are likely to occur as the
305 planet's interior cools (see e.g. Driscoll & Barnes, 2015; Zahnle et al., 2015). Since the
306 thermal evolution of our simulated planets is unknown, we adopt constant values for
307 simplicity, while explicitly noting that large tidal heating rates probably increase Q , which
308 lowers tidal heating. On the other hand, Io may have a thin subsurface magma ocean
309 (Khurana, 2011, but see also Blocker et al, 2018) and probably has a tidal Q value in
310 the range 100-1000 (Lainey, 2016). Earth's current Q is ~ 12 (Williams, 1978, Dickey et
311 al., 1994), but it's long-term average was likely closer to 35 (Barnes, 2017). However,
312 Earth's tidal dissipation is dominated by ocean tides (Egbert & Ray, 2000), which is not
313 geothermal (but could still provide energy to the atmosphere). Given these observations
314 and uncertainties, we adopt a tidal quality factor $Q=100$, Love number of degree 2 equal
315 to 0.3, which are typical values for the terrestrial planets and moons in our Solar System
316 (Henning et al., 2009; Barnes et al., 2013), and assume the planets are Earth size and

317 mass. Note, however, that for very large surface heat fluxes, we probably overestimate
318 tidal heating as the interior's viscosity likely drops and reduces the tidally generated
319 power.

320 Due to the strong dependence on orbital distance, only planets around the 2600
321 K and 3000 K stars were found to have significant tidal heating rates. Following K17, we
322 assume stellar masses of 0.0886 and 0.143 M_{\odot} , respectively. For the remaining stars,
323 G is typically much less than 1 W m^{-2} . Therefore, for ROCKE-3D simulations with tidal
324 heating, we restrict our focus to the two lowest mass BT-SETTL stars.

325 In the third set of runs described above around the 2600 K and 3000 K stars, we
326 set $e=0.2$ for the 3:2 and 2:1 resonance, and $e=0.05$ for the 1:1 resonance. Planets with
327 low but non-zero values of eccentricity can remain stable in the synchronous state,
328 while still experiencing tidal heating. We emphasize that while the direct effect of
329 eccentricity and rotation period have an important influence on climate, a critical
330 component for interpreting the results in section 3.5 is that G increases with eccentricity
331 and S_0X (due to decreasing orbital distance), and all else being equal, the importance
332 of rotational tidal energy results in $G(2:1 \text{ resonance}) > G(3:2) > G(1:1)$. This will lead to
333 much larger differences between climates at different resonances than in the second set
334 of simulations without tidal heating.

335 In addition to an atmosphere with only N_2 as the non-condensable component,
336 we also simulate tidally heated worlds with 1% CO_2 . High outgassing rates on such
337 planets would likely lead to high CO_2 levels, although a self-consistent consideration of
338 the geophysics and chemistry of tidally heated bodies is left for future work.

339 All ROCKE-3D runs use the SOCRATES radiation package (Edwards, 1996;
340 Edwards and Slingo, 1996). Previous work (K17, Bin et al., 2018) has demonstrated the
341 importance of water vapor absorption in IHZ estimates around low mass stars.
342 SOCRATES uses a two-stream approximation with opacities treated using the
343 correlated- k method based on the HITRAN 2012 lists (Rothman et al., 2013), along with
344 the equivalent extinction method to handle gas species with overlapping absorption
345 features (Amundsen et al. 2017). SOCRATES utilizes "spectral files", which contain
346 tables to run the radiation code including radiation bands, k -distributions and continuum
347 absorption for various gases, Rayleigh scattering coefficients, and optical properties of
348 water droplets and ice crystals (see Way et al., 2017 for further details). Spectral files
349 are optimized for various star-planet combinations by fitting the number of Gauss points
350 per spectral interval to a transmission error tolerance, based on an assumed star-
351 atmosphere pairing. Most runs use a spectral file designed for modern Earth-like
352 atmospheres but with an increased number of spectral bands to improve performance
353 for other stellar types (21 shortwave and 12 longwave bands), rather than the default
354 GA7.0 configuration of SOCRATES that is optimized only for the present-day Earth-Sun
355 atmosphere-star pairing (6 shortwave and 9 longwave bands). The increased number of
356 spectral bands increases the precision in water vapor absorption in the near-IR, and is
357 better suited for hotter and more humid atmospheres than Earth, and for M-dwarf host
358 stars that emit increased amounts of near-IR radiation (Yang et al. 2016). For the high
359 CO_2 runs, we use spectral files with 43 shortwave and 15 longwave bands instead,
360 which have been optimized for Archean Earth-like atmospheres around a variety of
361 stellar types. All spectral files use the MT_CKD 3.0 water vapor continuum (Mlawer et
362 al., 2012).

363 ROCKE-3D uses a calendar system in which every exoplanet orbit is divided into
364 12 “months” such that the angle (stellar longitude) subtended by each month is
365 approximately the same as the corresponding month for the Earth (see Way et al., 2017
366 for details). Therefore, “July” is longer than “February,” but may still be less than an
367 Earth day for the shortest period orbits. In all runs, the longitude at Periapsis is fixed to
368 282.9° (measured from vernal equinox). To best preserve the usual associations with
369 months and seasons, the time of the vernal equinox is fixed at the same phase in the
370 calendar year as used in the Earth calendar; because the June-July-August months are
371 longer at high eccentricity, it would take until early April for that fraction of year to pass,
372 which also places periapsis in February.

373 The default output for post-processing is at this “monthly” timescale, so for short
374 period orbits many hundreds or thousands of “months” would be required to average
375 over natural weather variability. For post-processing, we changed the output frequency
376 to be a function of the orbital period, such that files are produced at ~ 4 -5 Earth year
377 intervals (see data availability) with the requirement that an even number of complete
378 orbits are averaged over. Most simulations were run to thermal equilibrium in which the
379 net radiative balance of the planet, N (absorbed shortwave minus outgoing longwave
380 energy at the top of the atmosphere) asymptotes toward and oscillates around $-G$ (zero
381 in the absence of tidal heating). All reported results are based on the mean of the last
382 two files (~ 8 -10 Earth years) once equilibrium was reached. In some cases, simulations
383 near or just beyond the moist greenhouse regime crash due to a numerical instability.
384 For these runs, results are reported based on the last averaging period only. In Table 1
385 and 2, simulations that crashed when N was both declining toward zero with time and
386 was less than 5 W m^{-2} are denoted by *, while those with larger imbalances at the time
387 of crash (and sometimes growing with time) are denoted by **. All runs with a
388 geothermal heat flux (Table 2) either came to equilibrium or crashed with N much
389 greater than $-G$, suggesting these would likely be approaching a runaway greenhouse.

390

391 **3. RESULTS & DISCUSSION**

392

393 **3.1. ROCKE-3D (OHT & q-flux) comparisons with ExoCAM**

394

395 A summary of the first set of model runs with 1:1 resonance and $e=0$ is provided
396 in Figure 1, with global average surface air temperature shown on the top panel and
397 stratospheric specific humidity shown on the bottom panel. Stratospheric specific
398 humidity is taken from level 36 in ROCKE-3D ($\sim 1 \text{ mb}$), although results are not sensitive
399 to this choice because water vapor mixing ratios are quite uniform near the model top.
400 Solid lines correspond to calculations performed with the ROCKE-3D GCM, with solid
401 squares indicating cases with the full 900 m deep dynamic ocean and open circles
402 indicating cases with a 50 m slab non-dynamic ocean. This set of models follows the
403 same configuration that was used by K17 for stellar spectra, values of S_0X , and
404 corresponding choices of the planet’s rotation rate and orbital distance (see Table 1 of
405 K17). The set of calculations performed with the ExoCAM GCM by K17 are also plotted
406 in Figure 1 as dashed lines. This first set of experiments is intended to show the effect
407 of dynamic ocean transport on the IHZ with ROCKE-3D as well as any systematic
408 differences between ROCKE-3D and ExoCAM.

409 The condition for a moist greenhouse climate is shown by the horizontal dashed
410 black line in the bottom panel of Figure 1, which follows the “Kasting limit” of $\sim 3 \text{ g kg}^{-1}$
411 for a moist greenhouse used by K17. This threshold is determined by the loss of water
412 that occurs as it reaches the stratosphere and is photolyzed, with the escape of
413 hydrogen into space limited by diffusion. Although ROCKE-3D does not simulate
414 atmospheric escape, the $\sim 3 \text{ g kg}^{-1}$ limit is an estimate of the stratospheric water vapor
415 mixing ratio at which a planet would lose a water inventory equal to Earth’s present
416 oceans to space over a timescale approximately equal to the age of Earth, assuming
417 diffusion limited escape (Hunten, 1973; Kasting et al., 1993). The model simulations in
418 Figure 1 that are above the moist greenhouse limit remain numerically stable but
419 represent climate states that would eventually lose their oceans due to the photolysis of
420 water and subsequent hydrodynamic escape.

421 Below the moist greenhouse threshold, all ROCKE-3D cases show higher
422 average surface temperatures when the dynamic ocean is included. This is consistent
423 with previous ROCKE-3D calculations, which demonstrated that the enhanced
424 horizontal energy transport from a dynamic ocean provides increased stability against
425 glaciation and higher global average temperatures (Checlair et al. 2019; Del Genio et al
426 2019b). However, this trend reverses for most cases above the moist greenhouse
427 threshold, with the dynamic ocean cases colder than the slab ocean cases for the 4500
428 K to 3300 K host stars. As the model crosses the moist greenhouse threshold, the
429 intensification of moist convection drives the tropopause closer to the model top and
430 increases water transport to the stratosphere—which eventually leads to a numerical
431 instability. The warmest (and highest humidity) cases shown in Figure 1 represent the
432 last stable solution possible with the model configuration and do not necessarily
433 represent a physical climate instability. Nevertheless, the rapid increase in temperature
434 and humidity beyond the moist greenhouse threshold indicates that the model has
435 entered a moist climate regime in which its oceans would be prone to rapid loss.
436 Horizontal energy transport by a dynamic ocean provides a mitigating role against this
437 rapid increase in temperature and stratospheric water content, with the 4500 K to 3300
438 K dynamic ocean cases remaining stable at higher values of S_0X with drier
439 stratospheres. This indicates that the dynamic ocean enhances energy transport from
440 the day to night side of the planet, which reduces the magnitude of vertical moisture
441 transport at the substellar point and thereby slows the accumulation of stratospheric
442 water vapor.

443 The 3000 K and 2600 K simulations show different behavior from the others, with
444 the dynamic ocean cases warmer than the slab ocean cases both before and after the
445 moist greenhouse threshold. This difference occurs because the 3000 K and 2600 K
446 simulations all fall into an intermediate or rapidly rotating dynamical regime, compared
447 to the slow rotation regime of the 3300 K to 4500 K simulations (Haqq-Misra et al.
448 2018). The intermediate and rapidly rotating regimes show increased energy transport
449 by atmospheric dynamics and reduced moist convection at the substellar point. The
450 dynamic ocean cases thus remain consistently warmer than the slab ocean cases within
451 these dynamical regimes, with the 3000 K simulations showing nearly identical
452 stratospheric specific humidity between the dynamic and slab ocean cases. The
453 ROCKE-3D 3300 K simulations include stable cases within the moist greenhouse
454 regime, whereas K17 found a direct transition to a numerically unstable runaway

455 greenhouse for identical 3300 K simulations using ExoCAM. The set of 2600 K
456 calculations includes four additional cases at higher values of S0X because ROCKE-3D
457 is able to maintain stable temperatures at greater stellar flux values compared to
458 ExoCAM. Stratospheric specific humidity for the 2600 K cases is also lower than the
459 3300 K case even at the point of instability, which indicates that the 2600 K simulations
460 transition directly to an unstable runaway greenhouse state, bypassing the moist
461 greenhouse as seen in the K17 2600 K cases using ExoCAM.

462 The comparison of temperature and stratospheric specific humidity with the
463 ExoCAM results from K17 further emphasizes the contributions of a dynamic ocean
464 toward stabilizing a moist climate. Before the moist greenhouse threshold, ExoCAM
465 results are consistently colder and drier than ROCKE-3D results, with the largest
466 differences at the warmer stellar types. Furthermore, the moist greenhouse transition
467 systematically occurs at higher S0X values in ExoCAM than in ROCKE-3D, except for
468 the 2600 K spectral class. Above the moist greenhouse threshold, ExoCAM results are
469 warmer than ROCKE-3D cases for the 4500 K to 3700 K simulations and remain less
470 stable at high S0X values for the 3300 K and 3000 K simulations. The rapid increase in
471 temperature beyond the moist greenhouse limit for ExoCAM shows a steeper slope
472 than most of the ROCKE-3D slab ocean cases, and the ExoCAM stratosphere
473 accumulates moisture more quickly as it approaches the IHZ. This comparison also
474 indicates the presence of a systematic difference in the IHZ between ExoCAM and
475 ROCKE-3D, pronounced most significantly in the coldest 4500 K and 4000 K cases.
476 Such systematic effects likely reflect differences in physical parameterization schemes
477 between the two models, such as the numerical representation of the planetary
478 boundary layer, radiative transfer, moist convection, or cloud formation. Further model
479 intercomparisons will be useful in identifying the specific physical parameterizations that
480 contribute to different model stability limits at the IHZ, and the processes that determine
481 the requisite transport of water vapor into the stratosphere to enter the moist
482 greenhouse.

483

484

485 **3.2. Instellation across Resonant States**

486

487 Figure 2 shows the distribution of time-mean, top-of-atmosphere incident stellar heating
488 for 1:1, 3:2, and 2:1 resonance states at 0.2 eccentricity (S0X=1). For the 3:2
489 resonance, two orbits are required for a symmetric instellation pattern to appear. We
490 confirm in ROCKE-3D that for a 3:2 resonance there are two instellation maxima on
491 opposite sides of the planet that migrate longitudinally between successive orbits, as
492 shown in Dobrovolskis (2015). For the 2:1 resonance there is a single maximum, but
493 heating becomes less concentrated at higher order and all longitudes receive some
494 incident flux.

495 Supplementary videos 1-3 show the evolution of stellar heating for each
496 resonance for 12 (1:1 and 2:1) or 24 (3:2 resonance) model “months.” We note that for
497 1:1 resonance planets at non-zero eccentricity, the substellar point does not remain
498 fixed as is typically the case for synchronous rotation GCM experiments. Because the
499 rate of the planet’s spin about its axis remains fixed while there is variation in the orbital
500 angular velocity, there is oscillation of the zenith angle on the annual cycle. This leads

501 to a libration of the area of maximal heating, in addition to the well-known fluctuation in
502 magnitude of heating between periapsis and apoapsis (see supplementary video 1). In
503 ROCKE-3D, the rocking back and forth of maximal longitudinal heating amounts to an
504 angle of ~ 23 degrees with respect to the substellar point, consistent with the scaling of
505 $\sim 2 \arcsin(e)$ found in Dobrovolskis (2007). For the 2:1 resonance planets, the annual-
506 mean maximum in stellar heating is shifted westward of the 1:1 substellar point due to
507 the timing of periapsis in these runs. Additionally, the movement of the substellar
508 heating is slower near periapsis when the relatively fast orbital velocity “fights” the spin.
509 When rotation dominates, as on Earth, the sun moves east-to-west. At some moments,
510 such as at periapsis for the 1:1 resonance, it may temporarily migrate west-to-east.
511 Spin-orbit resonant states can lead to a rich palette of intricate sunrise and sunset
512 patterns from the perspective of an observer on the surface (Dobrovolskis, 2007), as
513 occurs on Mercury where at some locations the Sun reverses direction, sets, and then
514 rises again.

515

516 **3.3. 1:1, 3:2, 2:1 ROCKE-3D runs at $e=0.2$**

517

518 Figure 3 shows the global-mean temperature (top row) and 1 mb specific
519 humidity (bottom row) for each resonant state, for the runs without tidal heating. The
520 expected pattern of increasing temperature for planets around redder stars is
521 maintained at $e=0.2$ and for each resonance. Additionally, long orbital period planets
522 around a solar host (blue line) are the coldest for a given S0X.

523 Before the climate becomes warm enough for a vanishing of sea ice, global ice
524 coverage is highest for the 1:1 resonance and around a solar host (Figure S2, third
525 row), where the bluest spectrum results in the largest surface reflectivity. Higher
526 resonances result in some stellar heating at all longitudes and favor widespread
527 waterbelt states rather than “eyeball” states of liquid water (Del Genio et al., 2019b;
528 Yang et al., 2020). We also simulate a more rapid demise of sea ice as S0X increases
529 for the higher order resonances.

530 In our simulations, the 3:2 and 2:1 resonance planets remain systematically
531 warmer than the 1:1 counterpart (Figure 3, and see Table 1) for most values of S0X and
532 stellar types. Planetary albedo (Figure S2, top) is lower for the 3:2 and 2:1 resonances,
533 even for warmer climates with little or no sea ice, due to a less developed cloud deck
534 over the sub-stellar point (see Figure S3-S8 for condensed water mass and planetary
535 albedo at all three resonances). Planetary albedo typically increases monotonically with
536 hotter stars and almost always increases with S0X for each resonance (Figure S2). This
537 is different than the conclusion of Yang et al. (2013) that found a destabilizing albedo
538 response for non-synchronous planets, although we caution that our experimental setup
539 is different from theirs in a number of respects, including the use of a dynamic ocean,
540 non-zero eccentricity, different planetary radius and gravity, and variable rotation period
541 with S0X. They also found a stronger destabilizing response for a 6:1 than a 2:1
542 resonance, the former we do not simulate. Additionally, cloud variations for different
543 resonant states and rotation periods are expressed in horizontal variations in reflectivity
544 and outgoing longwave radiation (Figures S9-S11) and may potentially be leveraged by
545 future observations to distinguish between different orbital configurations.

546 The surface temperature fields for each resonance are shown in Figure 4-6. As
547 discussed in K17, the increasing importance of the Coriolis effect for planets in the
548 habitable zone of smaller stars results in a transition from a circular symmetry about the
549 substellar point (or, in our case, the time-evolving stellar heating for the 2:1 and 3:2
550 resonances) to a more zonally uniform structure resembling Earth's climate regime. In
551 our simulations, the effect of a dynamic ocean also results in more complex wave-
552 induced structures, particularly for the medium-to-low mass stars. However, for stars of
553 3700 K and hotter, the imprint of stellar heating on the distribution of temperature is
554 visually apparent in Figures 4-6. For planets around the 3300 K star, the flow begins to
555 smooth temperatures zonally, particularly for the 3:2 and 2:1 resonances where the
556 rotation is faster and the heating is more evenly distributed in longitude. We note that
557 3300 K synchronous rotation planets are at the edge of the transition points between
558 "slow rotators" and intermediate "Rhines rotators" (Haqq-Misra et al., 2018, see their
559 Figure 4). These have orbital periods of ~19-23 Earth days (Table 1) in our simulations,
560 but the 3:2 and 2:1 planets will rotate faster by a factor 1.5 and 2. For the 2600 and
561 3000 K planets, the 3:2 and 2:1 planets also feature much more zonal uniformity than
562 the 1:1 planets, and bear closer resemblance to Earth than the "lobster-like" structures
563 observed in other dynamic ocean simulations, such as with Gliese 581g parameters at a
564 rotation rate of 36.7 Earth days (Hu and Yang, 2014) or Proxima b parameters at 11.2
565 Earth days (Del Genio et al., 2019b). The 3:2 resonance experiments of Del Genio et al.
566 2019b (7.5 Earth day rotation) also exhibited only modest longitudinal structure in
567 temperature. As discussed in section 3.5, however, planets in these states would likely
568 have significant tidal heating that is not accounted for in the runs from Table 1.

569 Although the global-mean temperature is hotter for 3:2 and 2:1 planets compared
570 to 1:1 planets when plotted against S0X, the 1:1 simulations have moister upper
571 atmospheres for a given global-mean surface temperature (see Figure 7, topleft).
572 Therefore, the S0X value required for a moist greenhouse onset has a weak
573 dependence on the spin-orbit resonance (Table 1).

574 We attribute the enhanced humidity near 1 mb to increased vertical moisture flux
575 that persists at the substellar point. For a given global-mean surface temperature,
576 maximum temperatures tend to be hottest on the 1:1 planets (Figure 7, topright) and the
577 properties of warm, moist air near the surface are communicated to the upper
578 atmosphere. Figure S12 and S13 show longitude-pressure cross sections of meridional-
579 mean temperatures and ω between 30°N and 30°S of selected simulations with similar
580 global-mean surface temperatures. ω is the "omega" vertical velocity in pressure
581 coordinates, or the rate at which a vertically moving air parcel experiences a change in
582 pressure following its motion. As illustrated in Figure S12 and plotted in Figure 7
583 (bottomleft), 100 mb temperatures are hotter on 1:1 planets when plotted against global-
584 mean temperature and there is enhanced 100 mb vertical moisture flux [Figure 7,
585 bottomright, calculated as $-(\omega q)g^{-1}$ where g is gravity, q is specific humidity). As
586 discussed in Pierrehumbert and Hammond (2019), horizontal temperature gradients are
587 constrained by the dynamics to be weak in the upper atmosphere away from the
588 frictional surface layer, such that the global properties of air aloft will feel the influence of
589 the convecting area near the substellar point.

590 These results suggest that for evaluating the stellar flux at which the IHZ is
591 reached, the spectral class of the host star is much more important than the details of

592 the resonant state a planet finds itself in. However, the spin-orbit resonance has a large
593 effect on the transition from an ice-dominated to ice-free state, the distribution of surface
594 temperatures, and is therefore likely to imprint itself on future observables and
595 potentially favorable zones for a biosphere. Future work will be required to assess this
596 at a higher level of detail, including what role continents may have in modifying the
597 pattern of temperatures at higher-order resonances.

598 **3.4. Inner Edge without Tidal Heating**

599
600 In Figure 8, we summarize results obtained for the location of the IHZ for all runs
601 around 4500 - 2600 K stars presented in section (3.1) - (3.3). This figure shows the
602 value of S_{0X} for different stellar types at which a moist or runaway greenhouse is first
603 encountered. These results are shown for the synchronous rotation planets at zero
604 eccentricity from section (3.1) [exoCAM (dashed line), ROCKE-3d slab ocean (solid
605 black line with open circles), ROCKE-3d 900 m dynamic ocean (solid black line with
606 solid squares)] and section (3.3) [ROCKE-3d 158 m dynamic ocean runs at 0.2
607 eccentricity for 1:1 (orange), 3:2 (purple), or 2:1 resonance (green)]. As discussed in
608 section (3.1), in the synchronous rotation experiments with no eccentricity, the IHZ for
609 ExoCAM coincides with higher stellar fluxes than ROCKE-3D, while the dynamic ocean
610 of ROCKE-3D tends to make the most greenhouse transition more difficult relative to
611 the slab ocean cases.

612 The difference between the 1:1 resonance cases in section (3.1) and (3.3) (black
613 and orange solid lines) reflect differences in both the eccentricity and ocean depth used.
614 Several sensitivity tests for the 4000 K and 4500 K stars (not shown) suggest the
615 shallow ocean changes the global mean temperature by a few degrees when compared
616 to the deeper ocean, but the transition to the moist greenhouse is not strongly affected.
617 Therefore, the eccentricity dominates as the main factor in the IHZ coinciding with lower
618 stellar fluxes. This effect is larger around higher mass stars, likely because the effect on
619 the substellar cloud deck is accentuated. This suggests that the direct effect of
620 eccentricity may not be as important around M-type stars, although we only sampled
621 one eccentricity value ($e=0.2$) in section 3.3 and future work will be needed to add this
622 component to the parameter space.

623 Ocean dynamics have previously been found to have a small effect on the
624 climate (Way et al. 2018; in most cases of slow rotation - see their Figure 2) and phase
625 curves of planets near the IHZ (Yang et al., 2019; that paper sampled 37 and 60 Earth
626 day rotation periods). Figure 8 also indicates that IHZ estimates obtained with the
627 dynamic and slab ocean versions of ROCKE-3D are similar, based on when the upper
628 atmospheric humidity reaches the Kasting limit. The differences between the ROCKE-
629 3D ocean versions are likely within the range of other uncertainties, both related to
630 modeled physical processes as well as the boundary conditions (such as topography)
631 that would exist on real exoplanets. However, we do caution that in some cases we still
632 find large temperature differences near the IHZ between ocean configurations (Figure 1,
633 top). As shown in Figure 8, the influence of ocean dynamics may be comparable to the
634 intermodel spread in IHZ estimates and could be important for threshold cases.
635

636 3.5. 2600 K and 3000 K Stellar Host runs with Tidal Heating

637

638 Figure 9 shows the VPlanet-derived tidal heating rates plotted against the semi-
639 major axis for planets of Earth mass and size orbiting the BT-SETTL 2600 K and 3000
640 K stars at $e=0.05$ (for the 1:1 resonance) and $e=0.2$ (for 3:2 and 2:1 resonance). The
641 sampled S_0X values and corresponding G values are shown in Table 2. G is related to
642 distance following a power law relationship with an exponent of approximately -7.5
643 (Table 2). We expanded the ROCKE-3D sampling to lower S_0X than in the previous
644 discussion due to the anticipated impact of G on temperatures, and a few of the lowest
645 S_0X cases were only performed for high CO_2 levels (indicated by bracketed values of
646 temperature or humidity in Table 2). For comparison, in Figure 9 we also show the
647 global-mean incident stellar flux after spherical averaging ($S_0/4$). As shown in Figure 9,
648 the geothermal heating is highest for 2:1 resonance planets (green), followed by 3:2
649 planets (purple), then the 1:1 planets (orange). The heating rates are also much larger
650 around the 2600 K star than the 3000 K star, and of similar magnitude to the stellar
651 heating for the higher-order resonances. Taken together, the sampled fluxes range from
652 lo-like regimes of $\sim 1 \text{ W m}^{-2}$ to $>100 \text{ W m}^{-2}$.

653 Figure 10 uses VPlanet to illustrate two example contour maps of tidal heating
654 as a function of rotation period and eccentricity, shown for $S_0X=0.9$ for the 3000 K star,
655 and $S_0X=0.5$ for the 2600 K star. Regions on the contour plots that were sampled in
656 ROCKE-3D have aqua circles. The tidal heating is a complicated function of eccentricity
657 and rotation period, with “ridges” at the 1:1 resonance (red dotted line) and 3:2
658 resonance. Discontinuities are due to the changes in the signs of phase lags, see Heller
659 et al., 2011 and Barnes et al. 2013 for more details. In general, shorter rotation periods
660 lead to higher values of G . As expected, G exhibits a global minimum near the
661 synchronous state and a circular orbit.

662 Figure 11 summarizes temperature and 1 mb specific humidity information for the
663 suite of runs with geothermal heating. The two panels across each row separate both
664 stellar types, and shows values of (top) temperature or (bottom) 1 mb specific humidity
665 for 1:1 (orange), 3:2 (purple), and 2:1 (green) planets against S_0X . 1 bar N_2 atmosphere
666 simulations are shown in solid lines connected by squares, and 1% CO_2 simulations
667 connected by large circles. Also shown for reference are symbols for the no geothermal
668 runs (all at $e=0.2$) described in the previous section (3.3).

669 For the 1:1 planets around the 3000 K star, the effect of G ($\sim 1\text{-}2 \text{ W m}^{-2}$, see
670 Table 2) is small, and the results bear strong resemblance to the 1:1 simulations with
671 0.2 eccentricity and zero tidal heating (small red circles). In fact, the 3:2 and 2:1 planets
672 described in the previous section remain warmer than the 1:1 planets with modest tidal
673 heating, due to the different eccentricity. This remains true for $S_0X=0.8$ around the 2600
674 K star as well, despite a G value of 18.2 W m^{-2} . However, for higher S_0X the 1:1
675 geothermal runs around the 2600 K star rapidly become warmer than those in section
676 3.3, highlighting the strong dependence of G on orbital distance.

677 For the 3:2 and 2:1 resonant states, the impact of tidal heating is much more
678 pronounced. Temperate climates are achieved at substantially lower stellar fluxes for
679 the 2:1 planets than for 1:1 planets, with 3:2 planets intermediate to these. For example,
680 around the 2600 K star the global-mean temperature for the N_2 atmosphere is $13.9 \text{ }^\circ\text{C}$
681 at $S_0X=0.45$ for 2:1 resonance, and $1.1 \text{ }^\circ\text{C}$ at $S_0X=0.85$ for 1:1 resonance. For the 2:1

682 resonance, the climate approaches the IHZ by $S0X=0.5$, where the model had a
683 numeric instability at $68\text{ }^{\circ}\text{C}$ and a 1 mb specific humidity that exceeds 3 g kg^{-1} while still
684 warming and far from equilibrium. Because the slope of surface temperature against
685 $S0X$ is much steeper for runs with tidal heating than without, for a 1 bar N_2 -dominated
686 atmosphere, the orbital width separating a temperate climate from that beyond the IHZ
687 is quite narrow for higher-order resonances. Such planets may transition in and out of
688 moist greenhouse states at various phases of their tidal evolution. In some cases, the
689 climate may bypass an equilibrated moist greenhouse state altogether, and transition
690 from permanently habitable to a runaway. Figure 11 (bottom) shows that for the 2600 K
691 star, upper atmospheric humidity may remain low enough for the planet to retain an
692 Earth-sized ocean over several Gyr, but for marginally higher stellar fluxes the model
693 reaches an instability above the Kasting limit with still very large energy imbalances
694 (indicated by small x's).

695 Figure 12 is an analogous diagram to Figure 8, showing the $S0X$ value
696 corresponding to the IHZ, but including the geothermal-enabled simulations around the
697 2600 K and 3000 K stars. This plot illustrates the very strong impact that tidal heating
698 may have on the location of the IHZ (substantially lowering the limiting stellar flux). For
699 reference, the same lines are shown from Figure 8 that emphasized the spread
700 between ExoCAM and ROCKE-3d, as well as different ocean configurations or
701 eccentricity (without tidal heating). When tidal heating is present, this term exerts a first
702 order control on the habitability of such worlds. Further work with spatially varying tidal
703 heating, assumptions about dissipation, or other rotation-eccentricity pairings will be
704 needed to further illuminate the sensitivity of the IHZ to different orbital evolutions.

705 One of the assumptions implicit in the definitions of “tidal Venuses” and “tidal-
706 insolation Venuses” used by Barnes et al. (2013) and Heller and Armstrong (2014) is
707 that internal heating applied at a planet’s surface or the base of the ocean has a climate
708 effect that scales with the magnitude of the heating similar to that which occurs from
709 incident stellar radiative flux from above. We test the validity of additivity by comparing
710 geothermal and no-geothermal runs using an equivalent stellar flux metric (see
711 supplementary info), which places the two types of runs on a level energetic playing
712 field for a comparison of the resulting climates. We find that the additive assumption is
713 warranted when considering upper atmospheric mixing ratios (figure S14, bottom), as
714 well as the spatial distribution of surface temperatures (figure S15), at least for our
715 assumption of spatially uniform geothermal heating. This is perhaps surprising since
716 atmospheres around 2600 K and 3000 K are quite absorptive in the shortwave, while a
717 large geothermal heating term constitutes an energy input into the bottom of the
718 atmosphere. However, our results suggest that the details of how the planet is heated is
719 of secondary importance in consideration of the IHZ. We do note that there is a reduced
720 maximum-minimum temperature gradient (Figure S15) in the presence of uniform tidal
721 heating.

722 Although we do not probe the outer edge of the habitable zone in detail, several
723 of our sampled runs highlight that warm climates may be maintained at Martian-like
724 stellar fluxes (around M-dwarf type stars) without a dense atmosphere. For example,
725 our 1% CO_2 atmosphere simulations result in global-mean temperatures above freezing
726 for $S0X$ values between 0.45 and 0.5 around the 2600 K stellar host at $3:2$ resonance,
727 and 0.4 at $2:1$ resonance. Future work will be needed to explore the full width of the

728 habitable zone when allowing for even higher CO₂ atmospheres or hydrogen-based
729 atmospheres. However, planets found in eccentric orbits around low mass stars should
730 be expected to have habitable zones at low stellar fluxes.
731

732 **4. Conclusions**

733
734 We have conducted a suite of simulations with ROCKE-3D for planets at a 1:1,
735 3:2, and 2:1 spin-orbit resonance around stellar hosts ranging from a 2600 K star to the
736 Sun. We employed VPlanet to derive tidal heating rates for a subset of these planets to
737 assess the importance of internal heat flux for climate. The transition to a moist
738 greenhouse state was found to be only weakly sensitive to the resonant state in the
739 absence of internal heating, despite hotter surface temperature for the 3:2 and 2:1 state
740 for a given stellar flux. We attributed this to a more humid upper atmosphere on 1:1
741 planets for a given global-mean surface temperature. For simulations with internal
742 heating, however, the importance of rotation to tide-induced heating results in significant
743 differences in climate between resonant states. Because both stellar illumination and tidal
744 heating increase as a planet moves closer to the host star, there is a rapid transition from
745 Earth-like temperate climates to a moist greenhouse with SO_x. Tidally influenced planets
746 near the IHZ may be unstable on geologic timescales if they undergo dynamical
747 alterations to eccentricity or rotation period. We also showed that upper atmospheric
748 water mixing ratios are not strongly sensitive to whether a planet is heated by only stellar
749 activity or stellar and tidal activity, given similar total energy inputs.
750

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767

768 **Data Availability**

769
770 Rundecks, source files, and data are available at
771 https://portal.nccs.nasa.gov/GISS_modelE/ROCKE-3D/publication-supplements/ and
772 also at Zenodo (<https://doi.org/10.5281/zenodo.4287839>). Please contact the primary
773 author for assistance in reproducing results or for more data.
774
775

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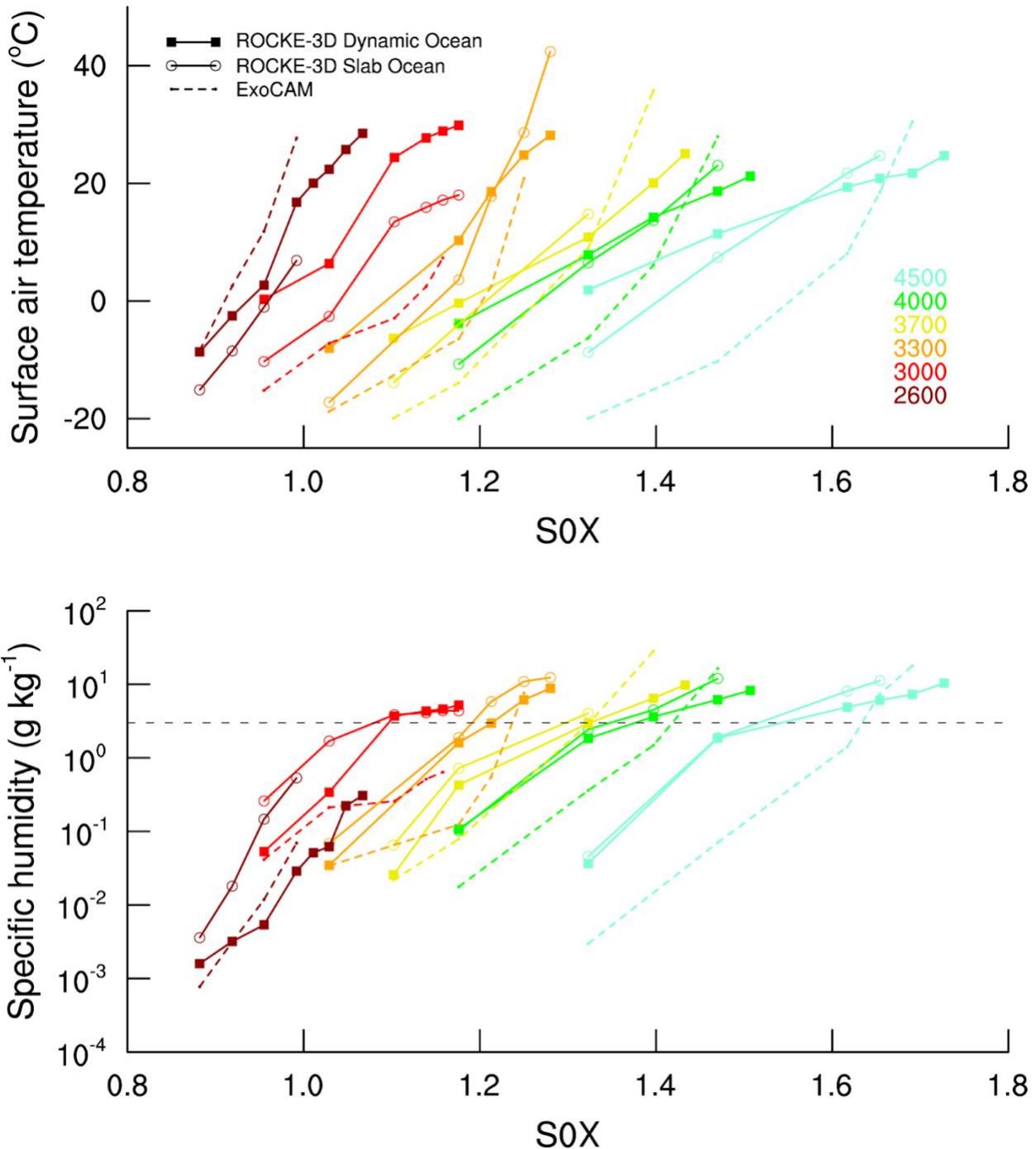
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887 **FIGURES**

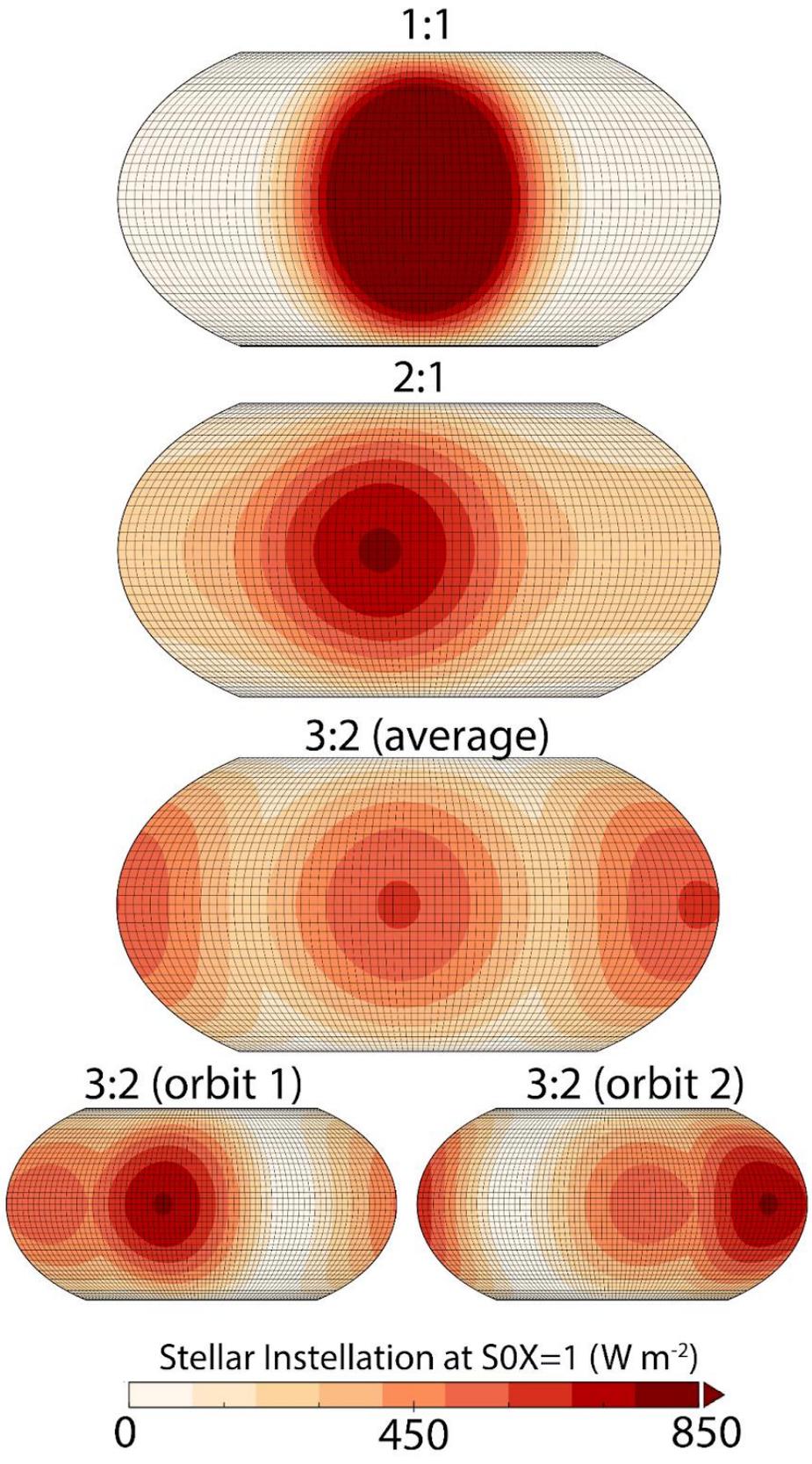
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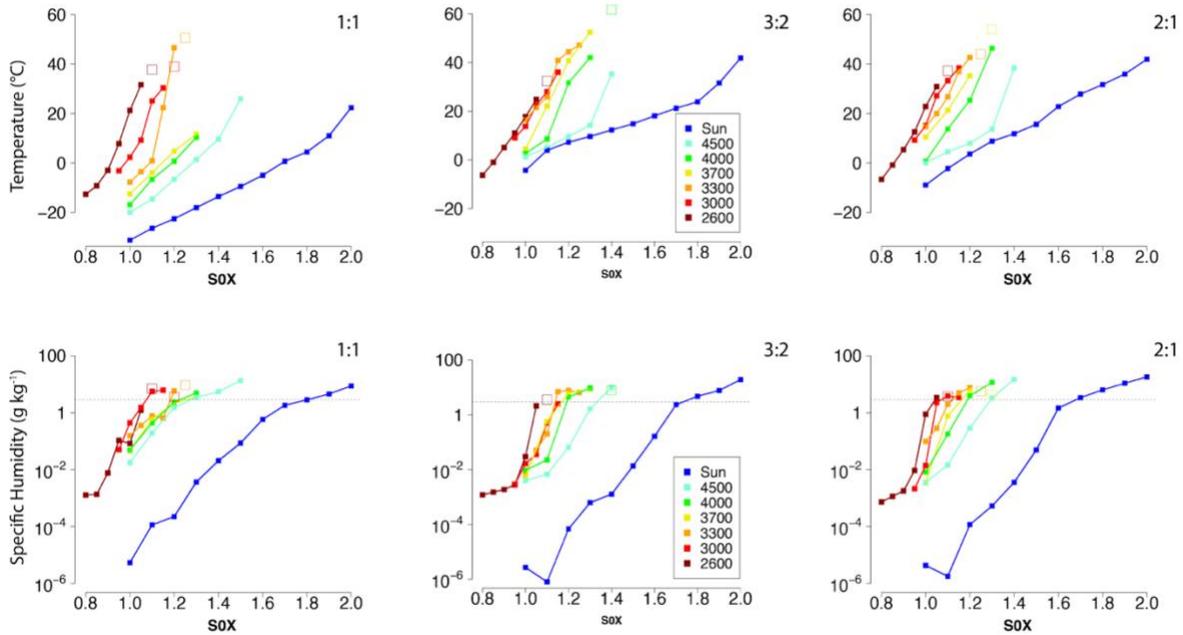
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891 Figure 1. (Top) Global-mean surface air temperature (°C) vs. S0X for 1:1 resonant
 892 planets with zero eccentricity and no geothermal heating using (filled squares) ROCKE-
 893 3D with dynamic ocean heat transport, (open circles) q-flux version of ROCKE-3D with
 894 zero ocean heat transport, and (dashed lines) previously published results using
 895 ExoCAM. Results are shown for planets orbiting stars from 2600 K (dark red line) to the
 896 4500 K (cyan line). (Bottom row) 1 mb specific humidity (g kg⁻¹) vs. S0X. Horizontal
 897 dotted line is plotted at the 3 g kg⁻¹ Kasting limit discussed in text.

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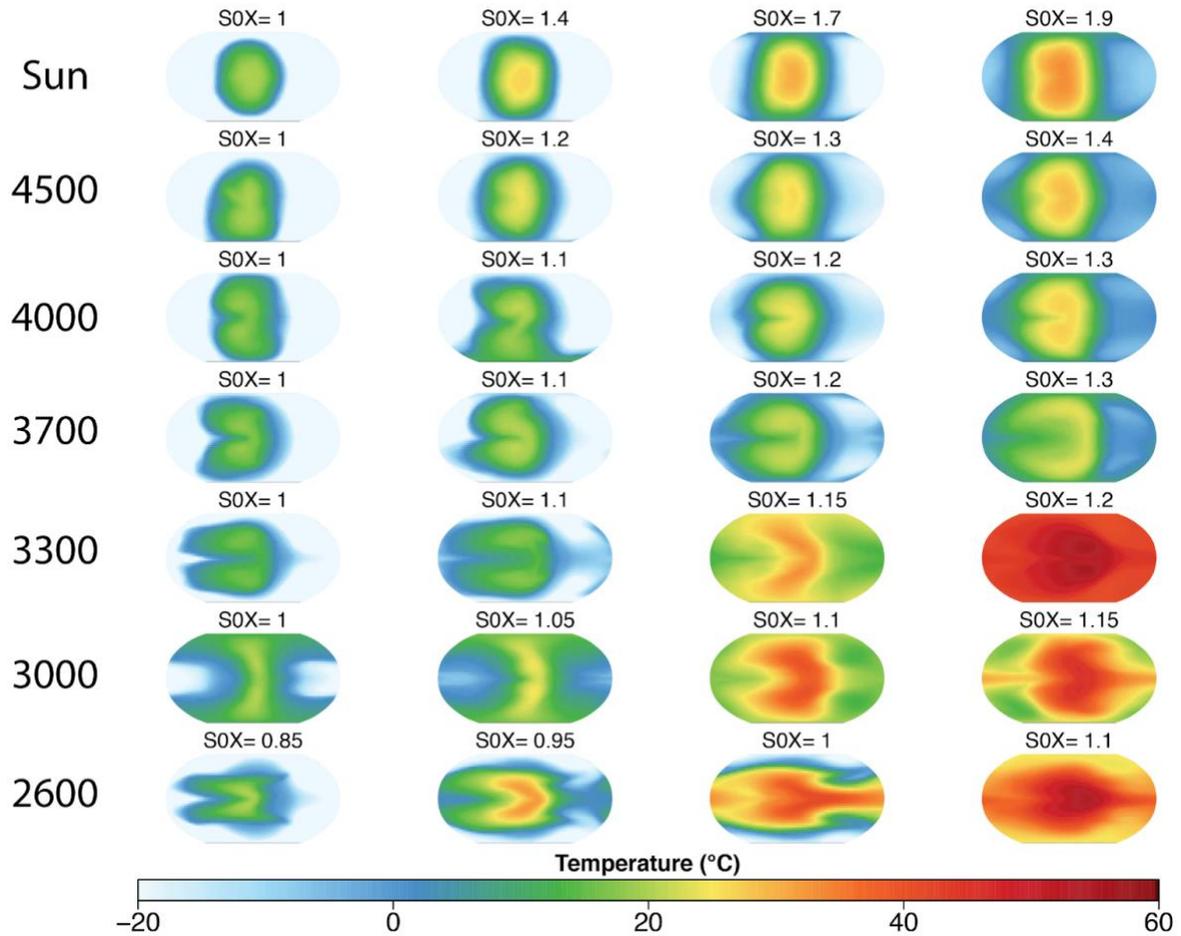


900 Figure 2. Climatological top-of-Atmosphere instellation pattern for (top
 901 row) 1:1, (second row) 2:1, and (third row) 3:2 resonant cases at $S_{0X}=1$ (1360 W m^{-2})
 902 at 0.2 eccentricity. Bottom row shows instellation pattern for every other orbit for the 3:2
 903 resonance.
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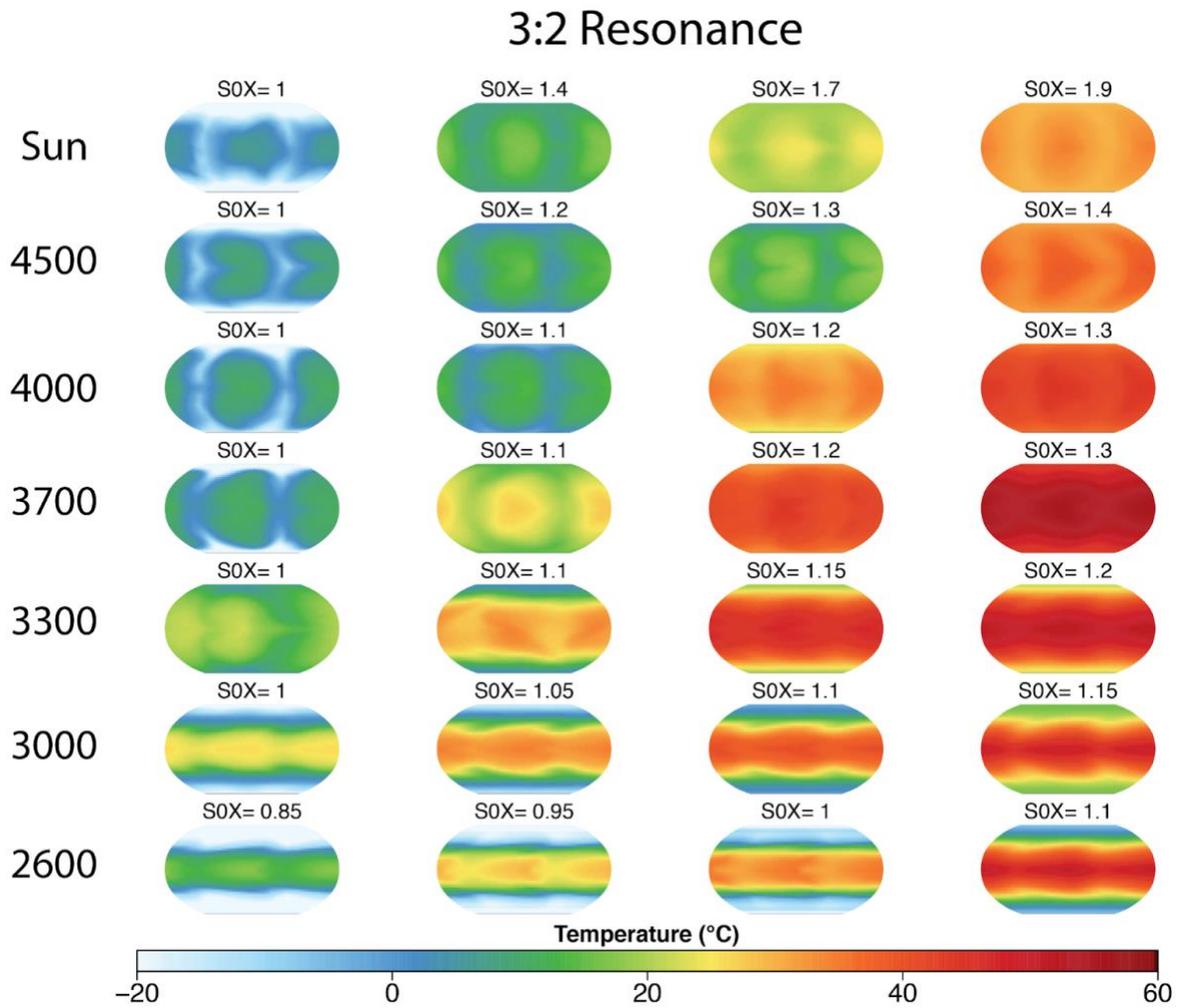
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 907 Figure 3. (Top row) Global-mean surface air temperature ($^{\circ}\text{C}$) vs. S_{0X} for (left) 1:1
 908 (middle) 3:2 (right) 2:1 resonant planets without geothermal heating. All planets are at
 909 0.2 eccentricity. Results shown for planets orbiting stars from 2600 K (dark red line) to
 910 the Sun (blue line). Unfilled squares are temperatures encountered near the end of
 911 simulations that crashed due to a numeric instability but where the radiative imbalance
 912 is declining toward zero and is less than 5 W m^{-2} . (Bottom row) 1 mb specific humidity (g kg^{-1}) vs. S_{0X} . Horizontal dotted line is plotted at the 3 g kg^{-1} Kasting limit discussed in
 913 text.
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1:1 Resonance



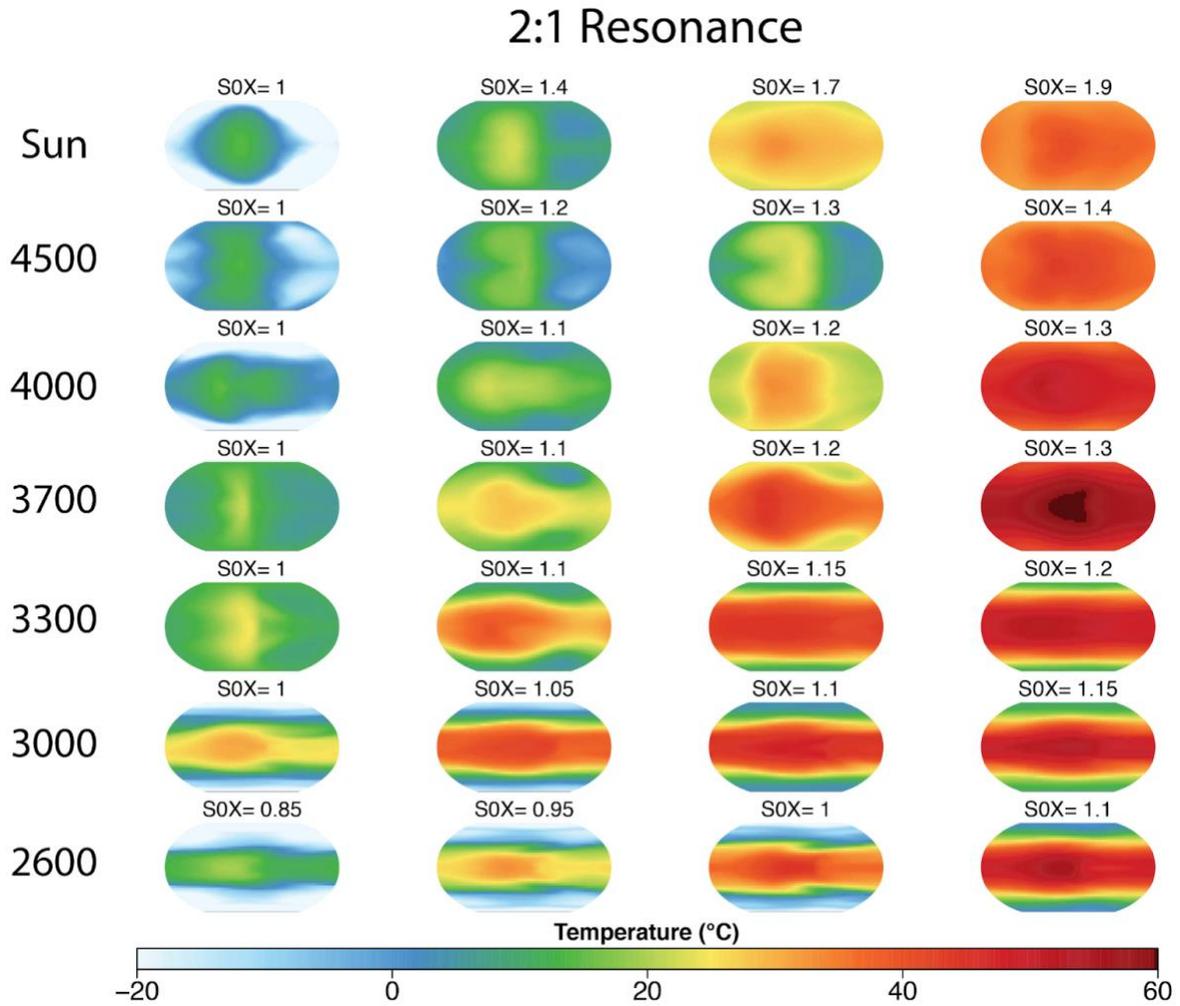
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 918 Figure 4. Surface air temperature field (°C) for selected 1:1 resonance cases of
 919 simulated planets orbiting a Sun-like star, and 4500 K, 4000 K, 3700 K, 3300 K, 3000 K,
 920 and 2600 K stars discussed in text. SOX increases from left to right for each star type.
 921 Note that the sampled SOX values may differ between rows.

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Figure 5. As in Figure 4, except the results are shown for 3:2 resonance planets.



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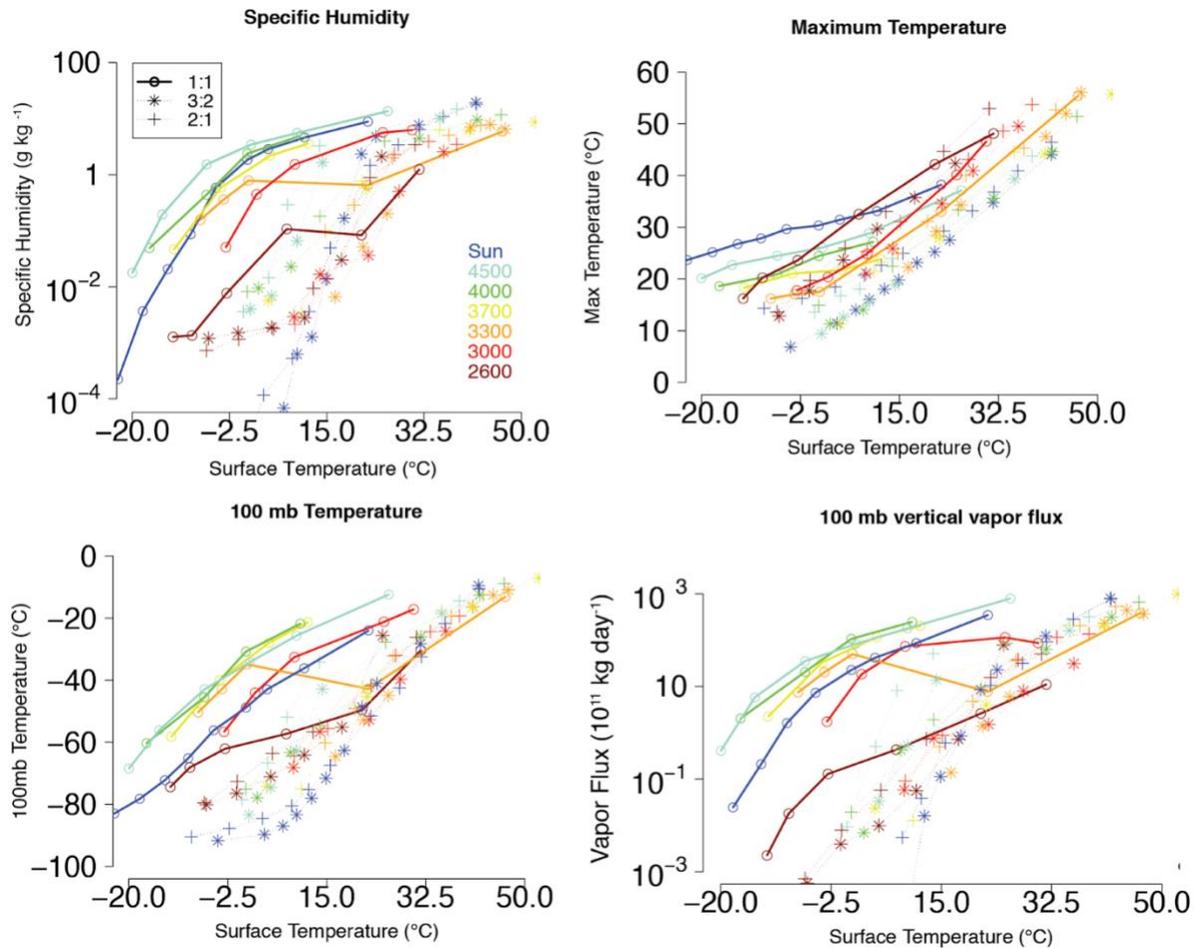
Figure 6. As in Figure 4-5, except the results are shown for 2:1 resonance planets.

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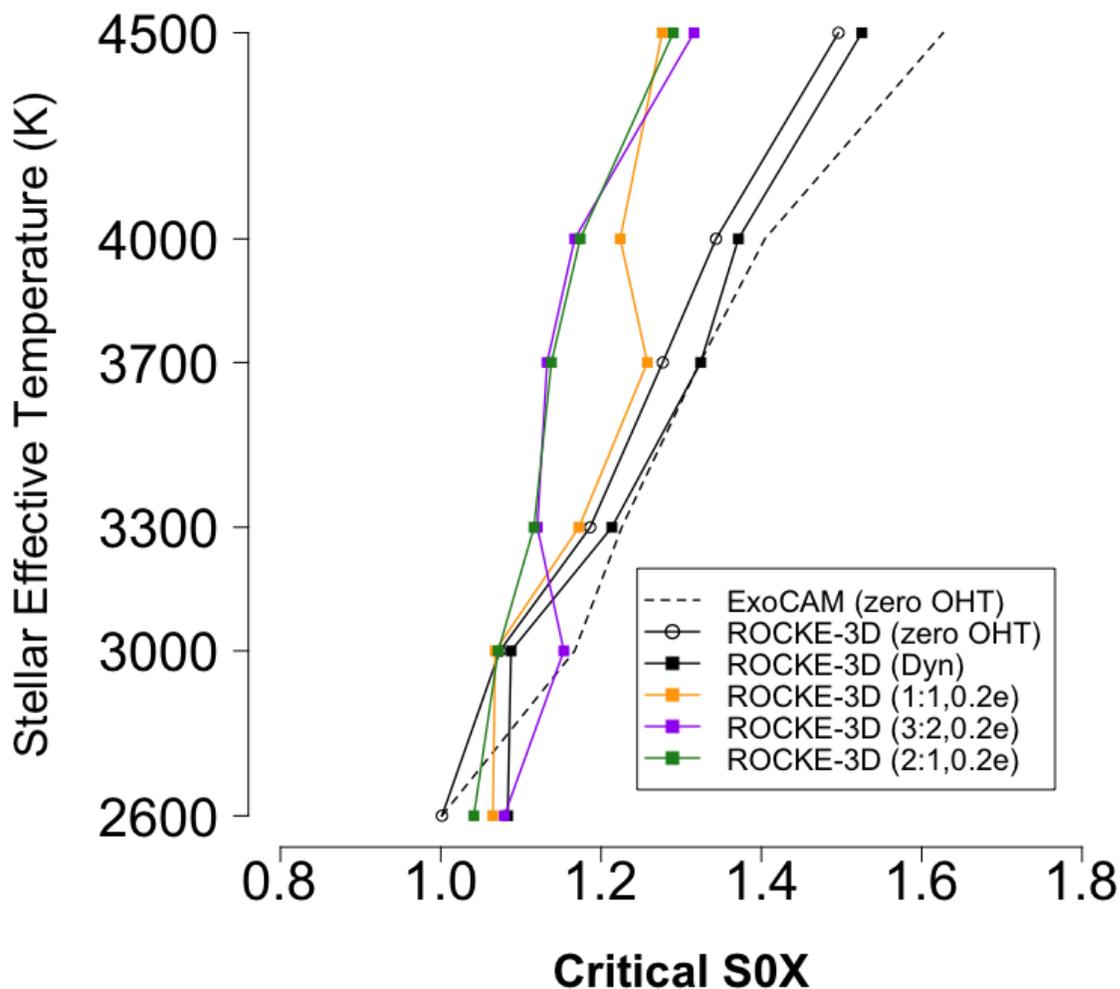


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943 Figure 7. Selected variables plotted against global-mean surface temperature for
 944 different stellar types (colored as in figure 2) and (solid line) 1:1, or (scatter points) for
 945 3:2 and 2:1 resonances. Shown is (top left) specific humidity (g kg⁻¹), (top right)
 946 maximum annual-mean temperature value (°C), (bottom left) 100 mb temperature (°C),
 947 (bottom right) total 100 mb vertical vapor flux (10¹¹ kg Earth day⁻¹).

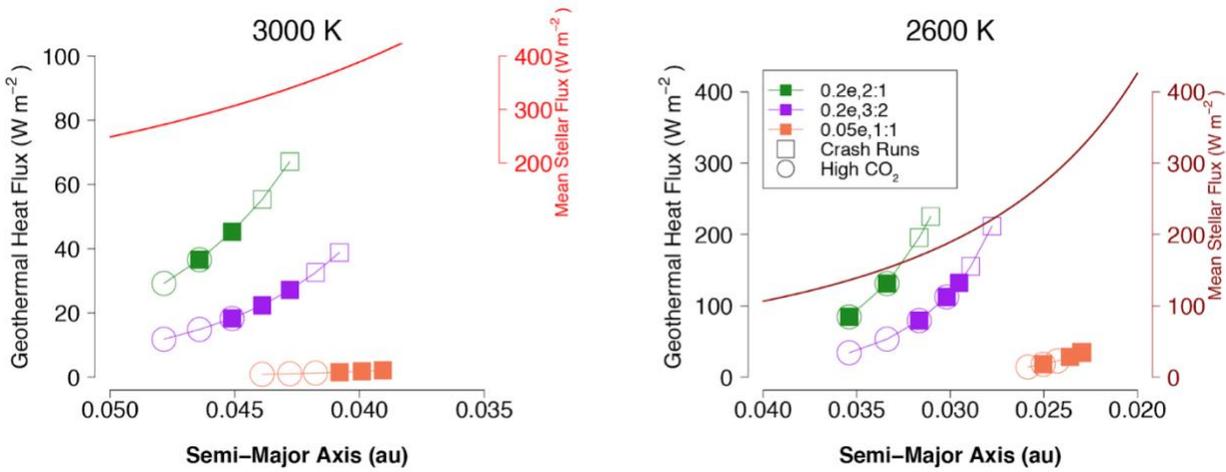
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 951 Figure 8. S0X value for which planets orbiting different spectral types first enter either a
 952 moist or runaway greenhouse regime. Results shown for synchronous rotation and zero
 953 eccentricity experiments from section (3.1) [exoCAM (dashed line), ROCKE-3d slab
 954 ocean (solid black line with open circles), ROCKE-3d 900 m dynamic ocean (solid black
 955 line with solid squares)] and section (3.3) [ROCKE-3d 158 m dynamic ocean runs at 0.2
 956 eccentricity for 1:1 (orange), 3:2 (purple), or 2:1 resonance (green)].

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967 Figure 9. Geothermal heating (W m^{-2}) calculated from VPLANET vs. semi-major axis for
 968 the planets sampled orbiting the (left) 3000 K (right) 2600 K stars. Heating shown for 2:1
 969 resonance, 0.2 eccentricity (green), 3:2 resonance, 0.2 eccentricity (purple), and 1:1,
 970 0.05 eccentricity (orange) planets. Stellar masses of $0.143 M_{\odot}$ (3000 K) and $0.086 M_{\odot}$
 971 (2600 K, as in Kopparapu et al., 2017) assumed for calculating the semi-major axis
 972 corresponding to a given stellar flux. Values where the corresponding ROCKE-3D
 973 simulation reached a stable equilibrium shown as a filled square, and crashed
 974 simulations shown as an open square. Runs performed with high CO_2 (1%) shown as
 975 open circles. Incident stellar flux at the semi-major axis distributed over a sphere $[S_0/4]$
 976 also shown for comparison. Note the difference in horizontal and vertical scales
 977 between the two plots.

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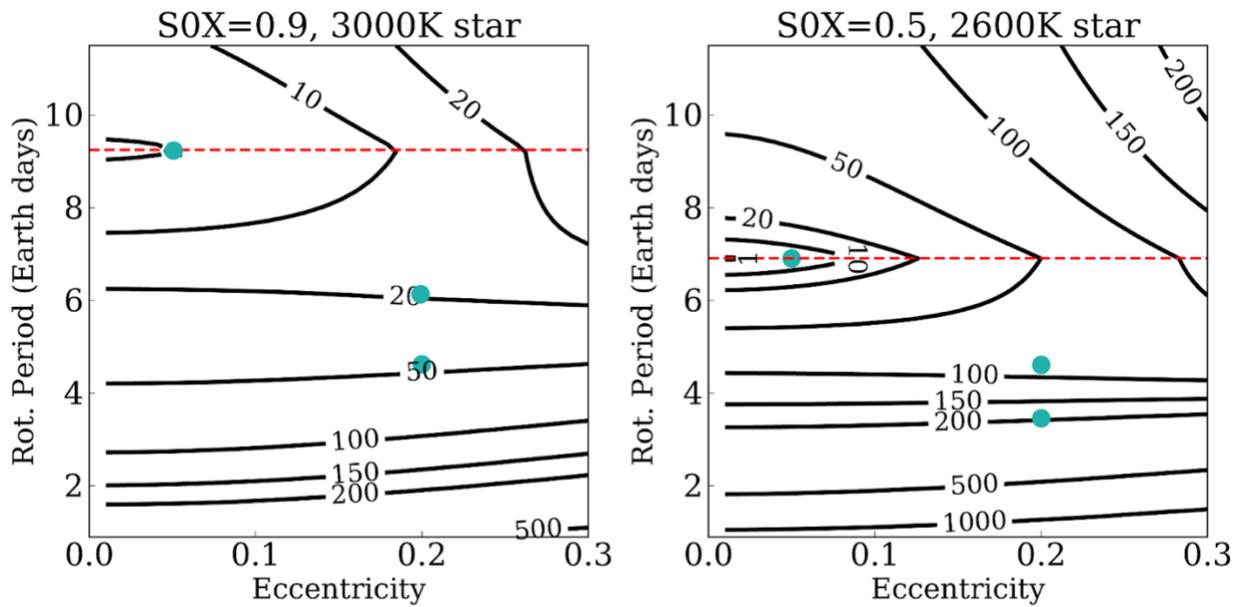
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986 Figure 10. Contour map of tidal heating, G ($W m^{-2}$), for a rotation period and eccentricity
987 phase space for two star-planet orbital configurations (left, S0X=0.9 for the 3000 K star;
988 right, S0X=0.5, 2600 K star). Horizontal dashed red line is shown at the orbital period
989 (1:1 resonance) and blue circles correspond to the four ROCKE-3D simulations
990 performed within each phase space (0.05 and 0.2 eccentricity and for the 3:2 and 2:1
991 resonance). Calculations of tidal heating from VPLanet assume an Earth mass planet,
992 stellar masses of $0.0886 M_{\odot}$ and $0.143 M_{\odot}$ for the 2600K and 3000K star, respectively
993 (as in Kopparapu et al., 2017), a tidal Q factor of 100, and a Love number of degree 2
994 equal to 0.3.

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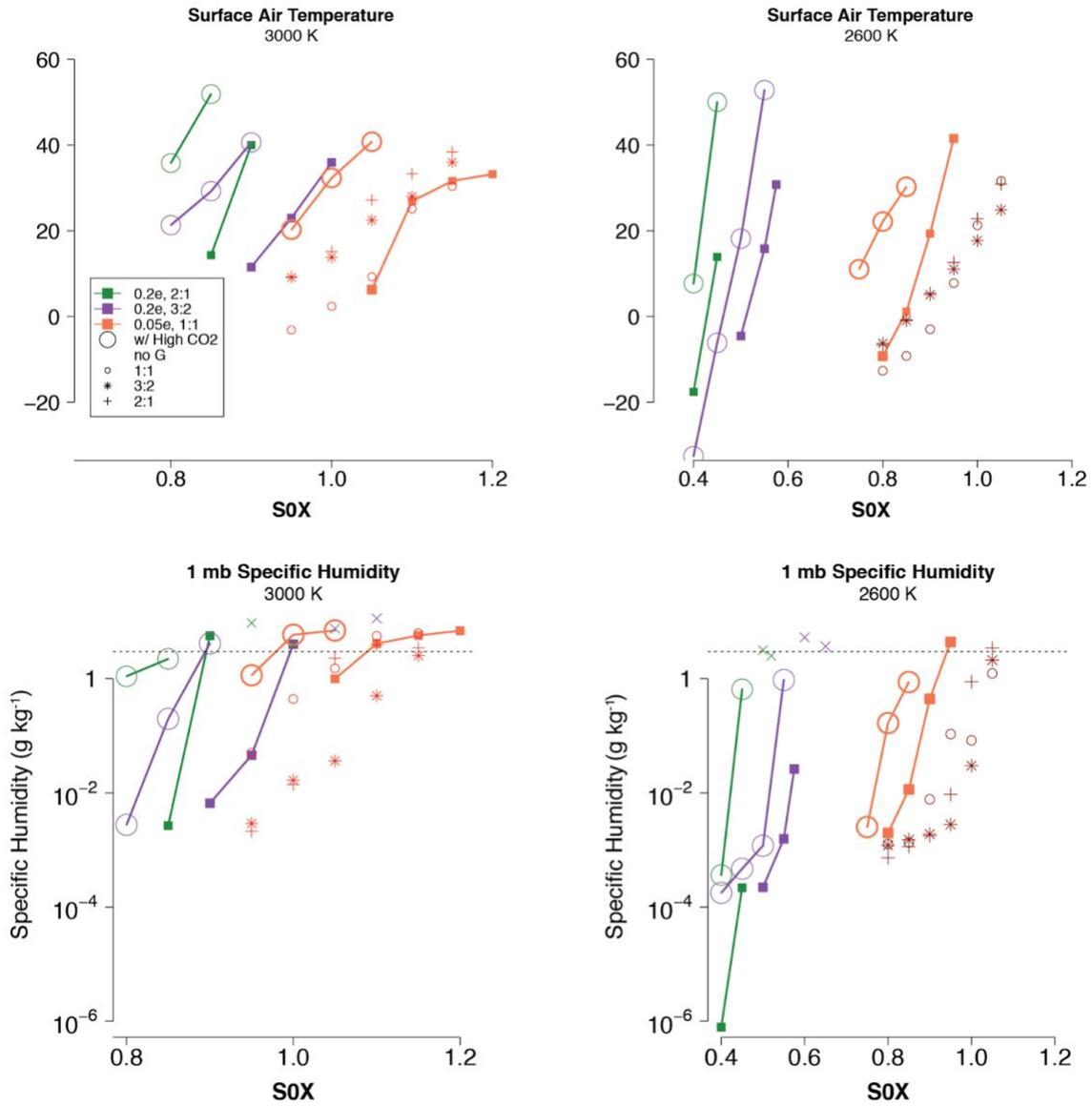
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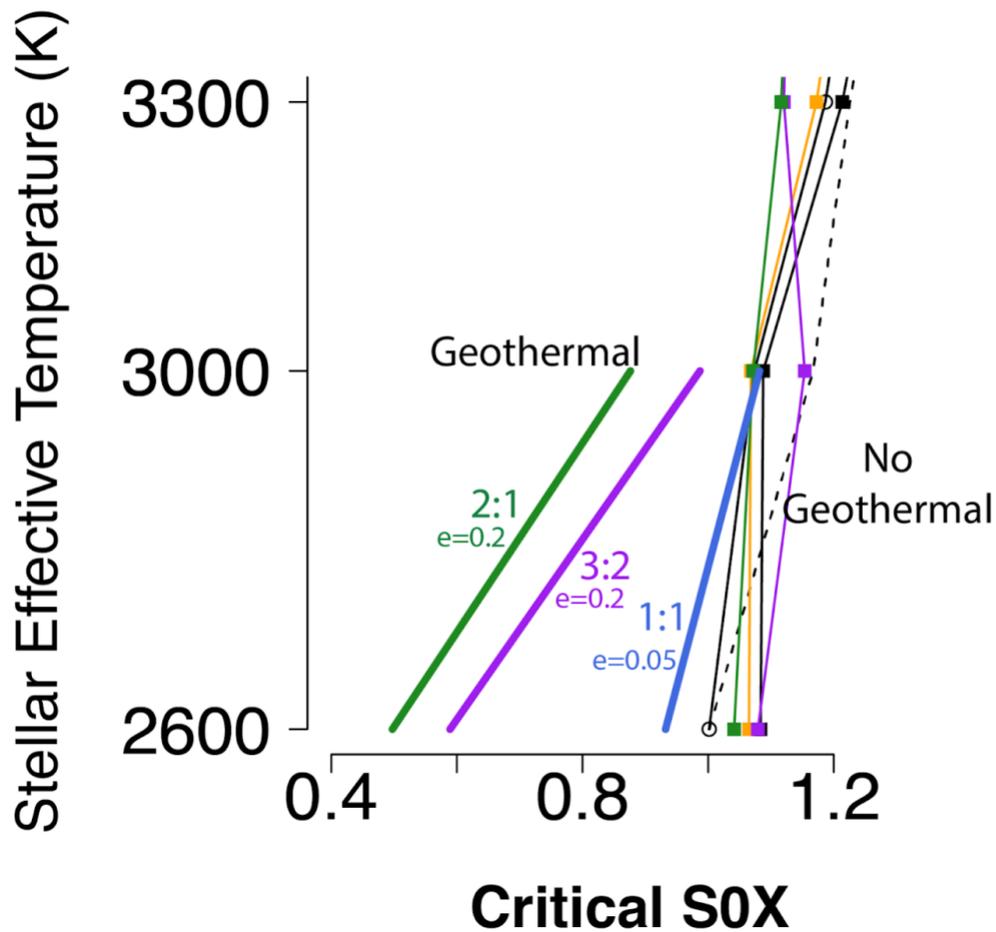
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Figure 11. (Top row) Global-mean surface air temperature (°C) vs. SOX for runs with geothermal heating enabled for (left) 3000 K stars (right) 2600 K stars. Results shown for 3:2 (purple) or 2:1 (green) resonant planets at 0.2 eccentricity, and 1:1 (orange) resonant planets at 0.05 eccentricity. Lines connected by solid squares correspond to pure N₂ atmospheres and lines connected by larger unfilled circles correspond to simulations with 1% CO₂. Humidity values encountered near the end of crashed simulations are plotted as small x data points. Smaller symbols unconnected by lines (see legend) correspond to 0.2 eccentricity simulations without geothermal heating for comparison (as in Figure 3). (Bottom row) 1 mb specific humidity (g kg⁻¹) vs. SOX. Horizontal dotted line is plotted at the 3 g kg⁻¹ Kasting limit discussed in text.



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1017 Figure 12. SOX value for which planets orbiting different spectral types first enter either
 1018 a moist or runaway greenhouse regime. Geothermal runs from section (3.5) are
 1019 presented as thicker solid lines for the 2600 K and 3000 K stars, with heating values
 1020 that depend on the spin-orbit resonance and SOX (Table 2). Results shown for 1:1
 1021 resonance, $e=0.05$ runs (royal blue), 3:2, $e=0.2$ (purple), and 2:1, $e=0.2$ runs
 1022 (green). The same lines from Figure 8 (no geothermal runs for ExoCAM or ROCKE-3D
 1023 with different ocean configurations or eccentricities) are plotted for reference.

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Table 1

Star	SOX	P (Earth Days)	Global-Mean T _s	1 mb Specific Humidity
			(°C) 1:1 / 3:2 / 2:1	(g kg ⁻¹) 1:1 / 3:2 / 2:1
Sun	1.0	365.0	-31.2 / -4.3 / -8.9	5.4·10 ⁻⁶ / 2.7·10 ⁻⁶ / 4.3·10 ⁻⁶
	1.1	339.82	-26.4 / 4.0 / -2.2	1.2·10 ⁻⁴ / 8.1·10 ⁻⁷ / 1.8·10 ⁻⁶
	1.2	318.35	-22.6 / 7.3 / 3.7	2.2·10 ⁻⁴ / 6.9·10 ⁻⁵ / 1.2·10 ⁻⁴
	1.3	299.80	-18.1 / 9.7 / 8.8	3.7·10 ⁻³ / 6.3·10 ⁻⁴ / 5.3·10 ⁻⁴
	1.4	283.59	-13.6 / 12.3 / 11.8	2.1·10 ⁻² / 1.3·10 ⁻³ / 3.6·10 ⁻³
	1.5	269.30	-9.5 / 14.9 / 15.6	8.6·10 ⁻² / 1.4·10 ⁻² / 4.9·10 ⁻²
	1.6	256.57	-5.0 / 18.1 / 22.8	0.6 / 0.2 / 1.5
	1.7	245.16	0.7 / 21.2 / 27.9	1.8 / 2.4 / 3.4
	1.8	234.88	4.5 / 23.9 / 31.7	2.9 / 4.8 / 6.4
	1.9	225.54	11.0 / 31.6 / 36.0	4.6 / 7.8 / 10.9
	2.0	217.03	22.4/41.8/41.9	8.8 / 19.3 / 18.2
4500	1.0	123.30	-20.0 / 1.3 / 0.0	1.8·10 ⁻² / 4.0·10 ⁻³ / 3.6·10 ⁻³
	1.1	114.80	-14.6 / 5.1 / 4.6	1.9·10 ⁻¹ / 6.9·10 ⁻¹ / 1.5·10 ⁻²
	1.2	107.54	-6.6 / 9.7 / 8.0	1.5 / 6.6·10 ⁻² / 0.3
	1.3	101.28	1.4 / 14.2 / 13.7	3.5 / 1.7 / 3.3
	1.4	95.80	9.7 / 35.3 / 38.4	5.5 / 10.1 / 14.9
	1.5	90.97	26.0 / 89.4** / 99.5**	13.6 / 252.1** / 386.3**
4000	1.0	74.29	-16.9 / 2.7 / 0.7	4.9·10 ⁻² / 9.5·10 ⁻³ / 8.2·10 ⁻³
	1.1	69.17	-6.7 / 8.6 / 13.8	0.44 / 2.3·10 ⁻² / 0.18
	1.2	64.80	0.7 / 31.6 / 25.4	2.4 / 4.5 / 4.0
	1.3	61.02	10.4 / 42.0 / 46.4	5.0 / 9.6 / 11.7
	1.4	57.72	57.7* / 61.7* / 54.5**	7.2* / 7.9* / 11.6**
3700	1.0	47.71	-12.5 / 4.5 / 10.5	4.6·10 ⁻² / 5.7·10 ⁻³ / 3.4·10 ⁻³
	1.1	44.42	-4.0 / 22.1 / 21.3	0.6 / 0.6 / 0.8
	1.15	42.96	1.0 / 36.7 / 27.7	1.3 / 4.3 / 3.7
	1.2	41.61	4.8 / 40.7 / 35.3	2.2 / 6.2 / 6.3
	1.3	39.19	11.7 / 52.5 / 53.9*	3.6 / 8.8 / 4.4*
	1.4	37.07	43.6** / 55.7** / 54.5**	7.9* / 10.7** / 7.3**
3300	1.0	22.64	-7.7 / 16.5 / 14.7	0.2 / 6.6·10 ⁻³ / 0.1
	1.05	21.83	-3.6 / 21.6 / 20.0	0.4 / 0.1 / 0.3
	1.1	21.08	0.9 / 25.9 / 26.8	0.8 / 0.2 / 2.0
	1.15	20.39	22.4 / 40.9 / 37.0	0.7 / 7.0 / 5.1
	1.2	19.75	46.6 / 44.4 / 42.7	5.9 / 7.9 / 7.6
	1.25	19.15	50.6* / 47.1 / 44.0	9.3 / 6.5 / 5.8
3000	0.95	8.88	-3.2 / 9.1 / 9.3	0.1 / 2.9·10 ⁻³ / 2.1·10 ⁻³
	1.0	8.54	2.4 / 13.8 / 15.1	0.4 / 1.7·10 ⁻² / 1.4·10 ⁻²
	1.05	8.23	9.3 / 22.5 / 27.2	1.52 / 3.7·10 ⁻² / 2.3
	1.1	7.95	25.1 / 28.0 / 33.2	5.7 / 0.5 / 3.9
	1.15	7.69	30.4 / 36.0 / 38.4	6.3 / 2.6 / 3.5
	1.2	7.45	38.9* / 44.2** / 41.7**	3.6* / 8.8** / 7.6**
2600	0.8	4.85	-12.7 / -6.3 / -6.6	1.3·10 ⁻³ / 1.2·10 ⁻³ / 7.3·10 ⁻⁴
	0.85	4.64	-9.2 / -1.0 / -0.8	1.4·10 ⁻³ / 1.5·10 ⁻³ / 1.2·10 ⁻³
	0.9	4.44	-3.0 / 5.1 / 5.4	7.7·10 ⁻³ / 1.9·10 ⁻³ / 1.8·10 ⁻³
	0.95	4.27	7.8 / 11.0 / 12.6	0.1 / 2.8·10 ⁻³ / 9.4·10 ⁻³
	1.0	4.10	21.3 / 17.7 / 22.8	0.1 / 3·10 ⁻² / 0.9
	1.05	3.96	31.7 / 24.9 / 30.9	1.2 / 2.1 / 3.5
	1.1	3.82	37.7* / 32.4* / 37.3*	7.1 / 3.6* / 3.8*

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Table 1. List of climate simulations performed with ROCKE-3D at 0.2 eccentricity and with no geothermal heating. Shown is stellar type, S0X, orbital period, global-mean temperature ($^{\circ}\text{C}$), and 1 mb specific humidity (g kg^{-1}) for the 1:1, 3:2, and 2:1 resonances. Data points with a single star (*) represent runs that crashed due to a numeric instability but with a radiative imbalance less than 5 W m^{-2} that was declining with time. Double stars indicate simulations with a crash and imbalance greater than 5 W m^{-2} .

Table 2

Star	SOX	e	P (Earth Days)	G ($W m^{-2}$)	Global-Mean T_s ($^{\circ}C$)	1 mb Specific Humidity ($g kg^{-1}$)	
3000	1:1 Resonance						
	0.95	0.05	8.88	0.89	[20.3]	[1.2]	
	1.0	0.05	8.54	1.08	[32.3]	[5.9]	
	1.05	0.05	8.23	1.30	6.3 [40.8]	1.0 [7.0]	
	1.1	0.05	7.95	1.55	26.9	4.1	
	1.15	0.05	7.69	1.83	31.6	5.8	
	3:2 Resonance						
	0.8	0.2	10.09	11.83	[21.3]	$[2.7 \cdot 10^{-3}]$	
	0.85	0.2	9.65	14.86	[29.2]	[0.2]	
	0.9	0.2	9.24	18.30	11.5 [40.6]	$6.6 \cdot 10^{-3}$ [4.2]	
	0.95	0.2	8.88	22.40	23.0 [41.3**]	$4.6 \cdot 10^{-3}$ [1.7**]	
	1.0	0.2	8.54	27.18	36.0	4.0	
	1.05	0.2	8.23	32.60	47.9**	7.6**	
	2:1 Resonance						
	0.8	0.2	10.09	29.2	[35.8]	[1.1]	
	0.85	0.2	9.65	36.58	14.3 [51.9]	$2.7 \cdot 10^{-3}$ [2.2]	
	0.9	0.2	9.24	45.27	40.0 [46.7**]	5.7 [1.3**]	
	0.95	0.2	8.88	55.32	64.5**	9.5**	
	2600	1:1 Resonance					
		0.75	0.05	5.10	14.3	[11.1]	$[2.5 \cdot 10^{-3}]$
0.8		0.05	4.85	18.21	-9.3 [22.2]	$2.0 \cdot 10^{-3}$ [0.2]	
0.85		0.05	4.64	22.87	1.1 [30.3]	0.01 [0.9]	
0.9		0.05	4.44	28.3	19.3 [37.0**]	0.44 [1.4**]	
0.95		0.05	4.27	34.7	41.6	4.4	
3:2 Resonance							
0.4		0.2	8.16	34.3	[-32.6]	$[1.8 \cdot 10^{-4}]$	
0.45		0.2	7.47	53.3	[-6.1]	$[4.7 \cdot 10^{-4}]$	
0.5		0.2	6.9	79.32	-4.5 [18.2]	$2.2 \cdot 10^{-4}$ $[1.2 \cdot 10^{-3}]$	
0.55		0.2	6.43	112.5	15.8 [52.8]	$1.6 \cdot 10^{-3}$ [1.0]	
0.575		0.2	6.22	132.4	30.8 [58.1**]	0.03 [1.2**]	
0.6		0.2	6.02	155.3	69.0**	5.3**	
2:1 Resonance							
0.4		0.2	8.16	84.68	-17.6 [7.7]	$7.8 \cdot 10^{-7}$ $[3.6 \cdot 10^{-4}]$	
0.45		0.2	7.47	131.25	13.9 [50.0]	$2.2 \cdot 10^{-4}$ [0.7]	
0.5		0.2	6.91	195.6	67.8**	3.2**	

1041 Table 2. List of climate simulations performed with ROCKE-3D at 0.05 or 0.2
1042 eccentricity and with geothermal heating enabled. Shown is stellar type (2600 K or 3000
1043 K), eccentricity, orbital period, prescribed geothermal heat flux derived from VPLanet,
1044 temperature ($^{\circ}\text{C}$), and 1 mb specific humidity (g kg^{-1}) for the 1:1, 3:2, and 2:1
1045 resonances. Bracketed values indicate runs with 1% CO_2 . Data points with a single star
1046 (*) represent runs that crashed due to a numeric instability but with a radiative
1047 imbalance less than 5 W m^{-2} that was declining with time. Double stars indicate
1048 simulations with a crash and imbalance greater than 5 W m^{-2} .

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1052 Supplementary

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1061 Supplementary Video 1. Time evolution of incoming stellar flux (W m^{-2}) during one orbit
1062 (shown as one frame per model “month” where the duration of each frame is weighted
1063 by the length of the month) for a 1:1 resonance planet at 0.2 eccentricity. Grid lines
1064 correspond to the horizontal resolution of ROCKE-3D simulations in this paper.
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1066 Supplementary Video 2. As in Supplementary Video 1, except for a 2:1 resonance
1067 planet.

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1069 Supplementary Video 3. As in Supplementary Video 1-2, except for a 3:2 resonance
1070 planet.

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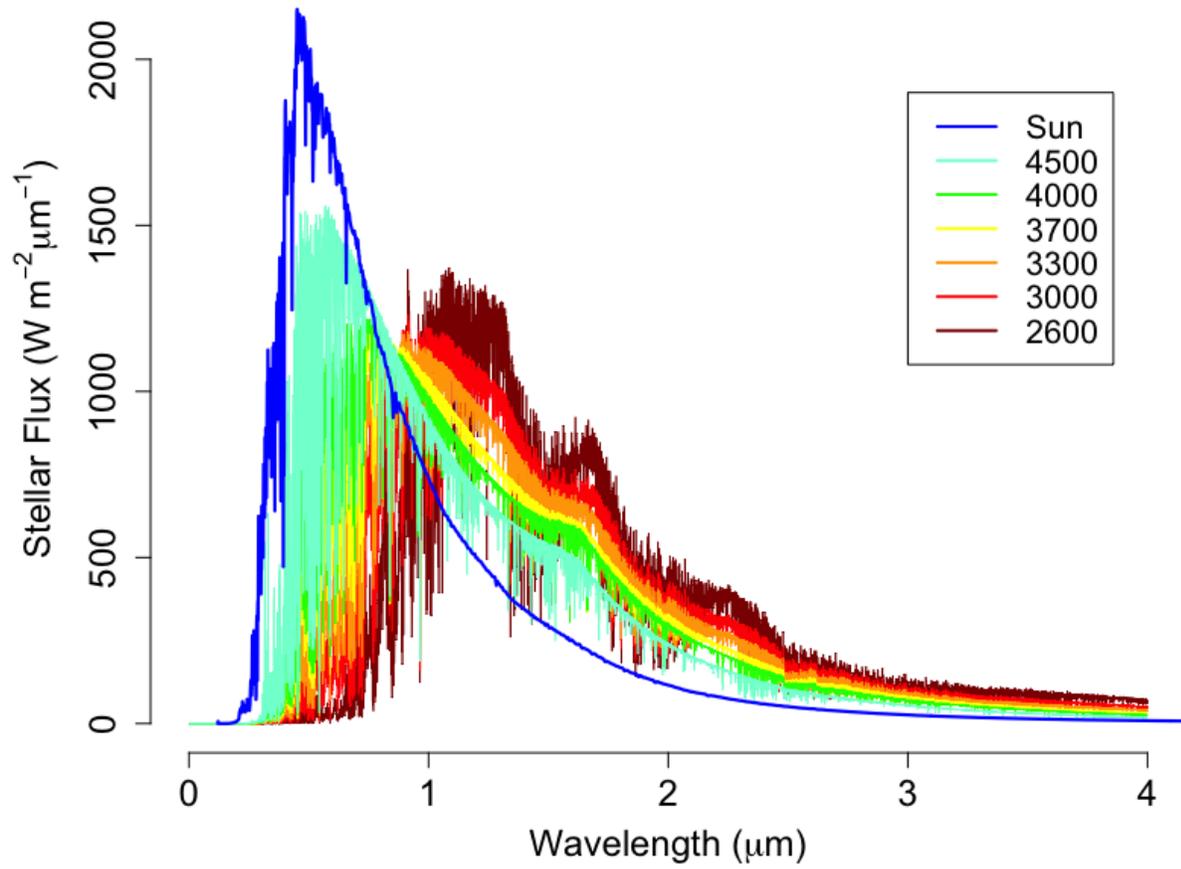
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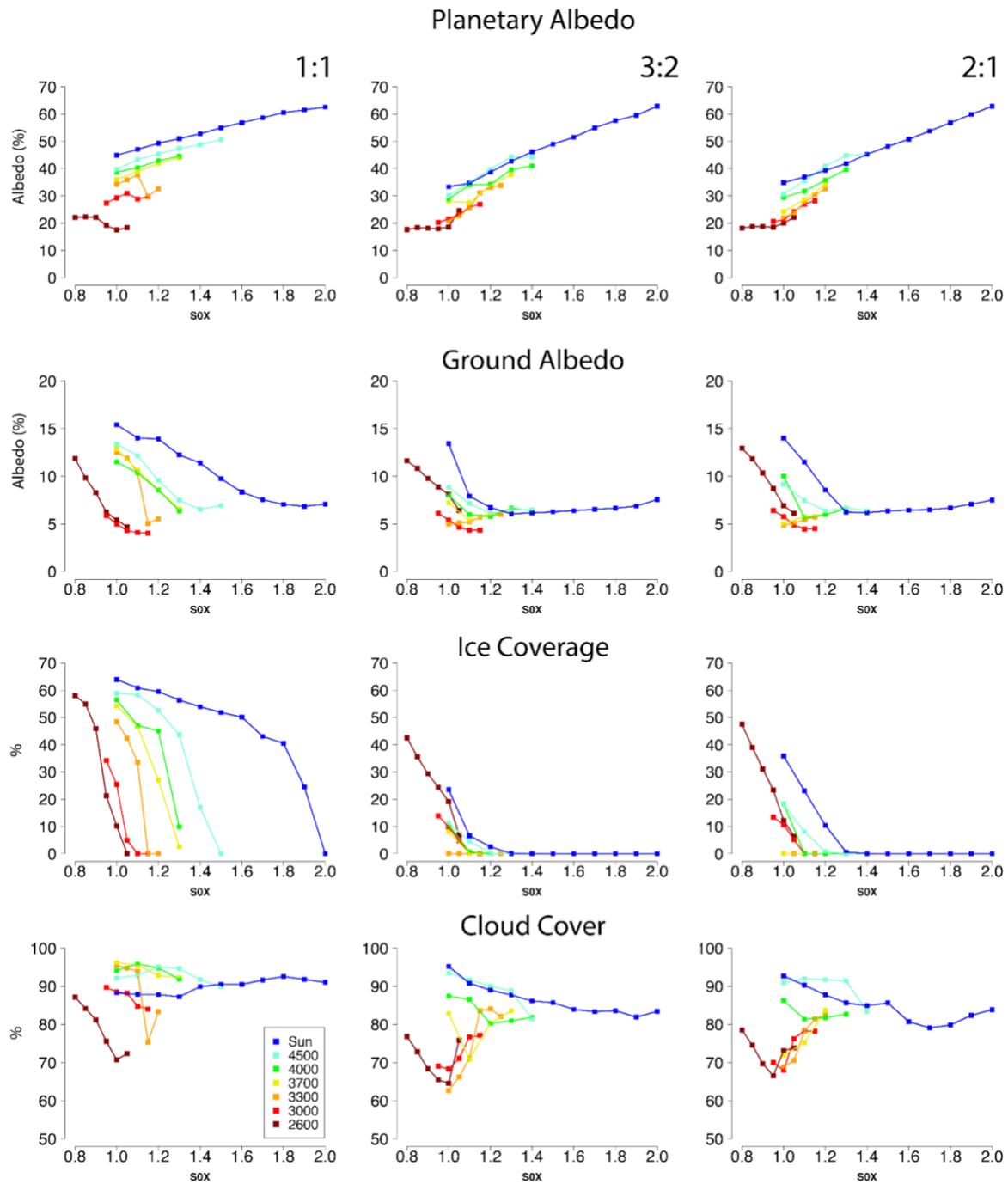
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Figure S1. Stellar spectra for stars studied in this paper, based on the BT-SETTL model grid of theoretical spectra. All lines have the same area under the curve (equivalent to Earth's solar constant).

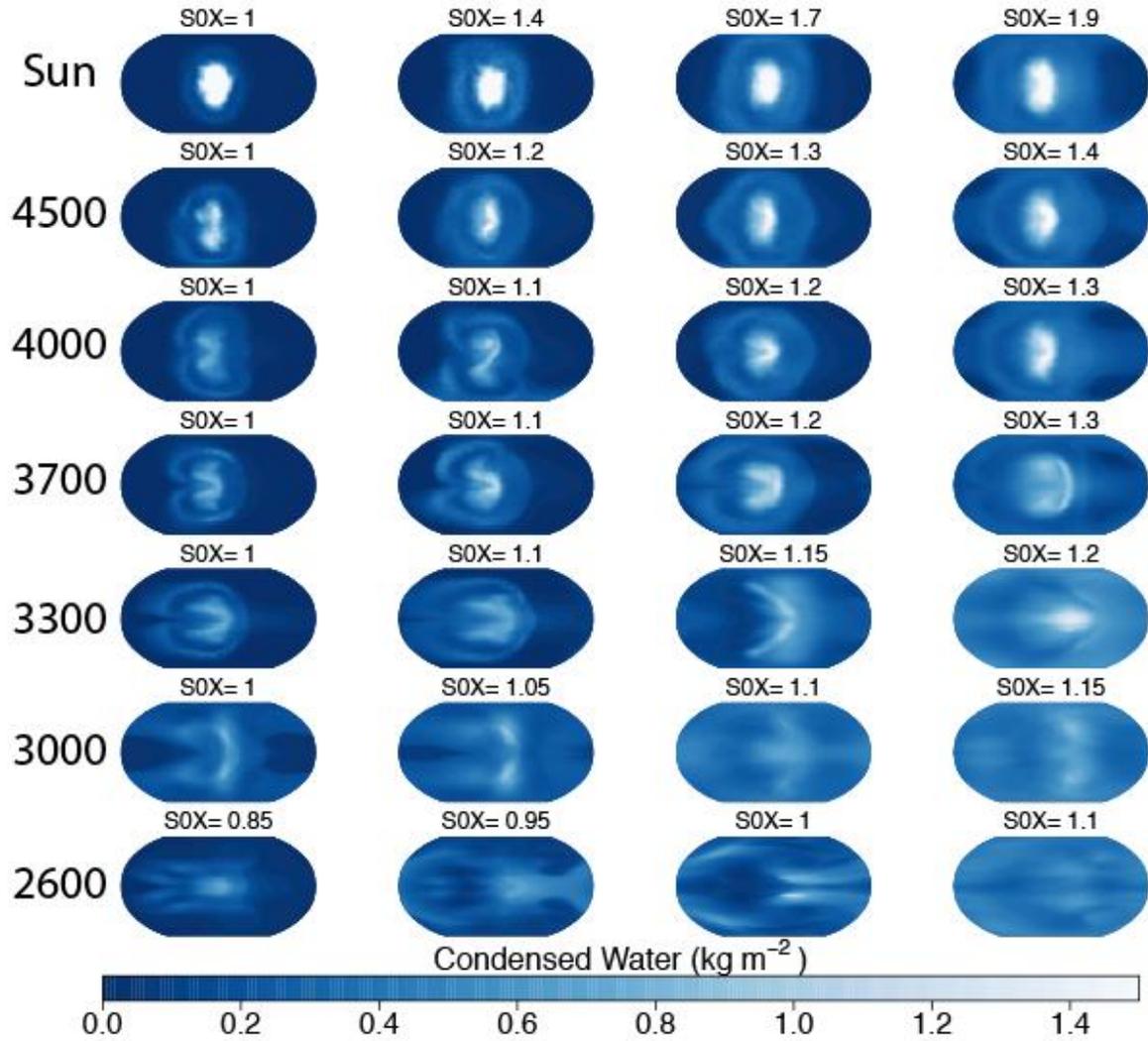


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1089 Figure S2. Select variables (all %) vs. S0X for (left) 1:1 (middle) 3:2 (right) 2:1 resonant
 1090 planets without geothermal heating. (Top Row) Planetary Albedo, (Second Row)
 1091 Ground Albedo (%), Planetary ice coverage, (bottom row) total cloud cover.

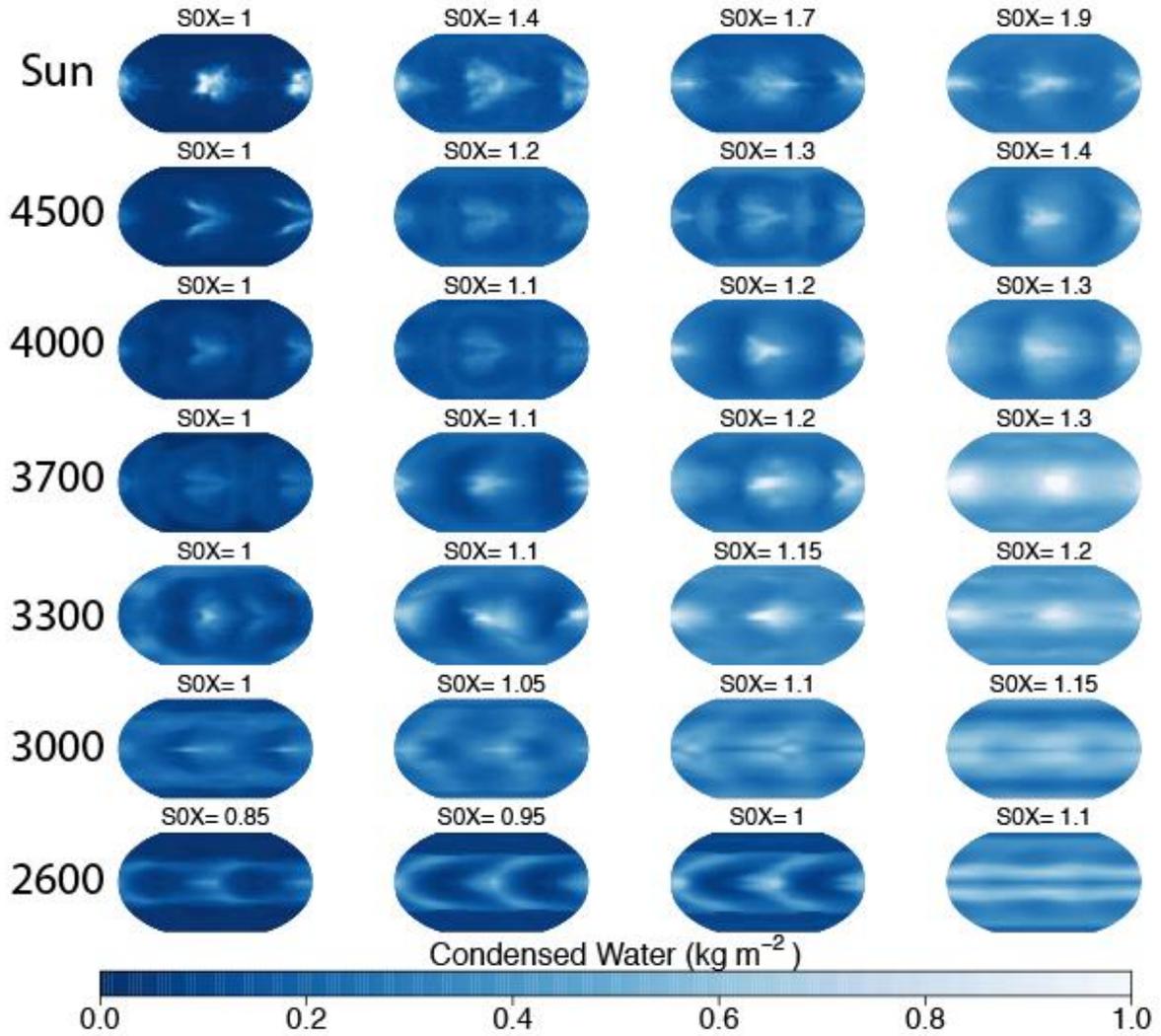
1:1 Resonance



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Figure S3. Cloud condensed water (kg m^{-2}) for select values of S0X (across rows) for different stellar types (columns). Results shown for 1:1 resonance planets.

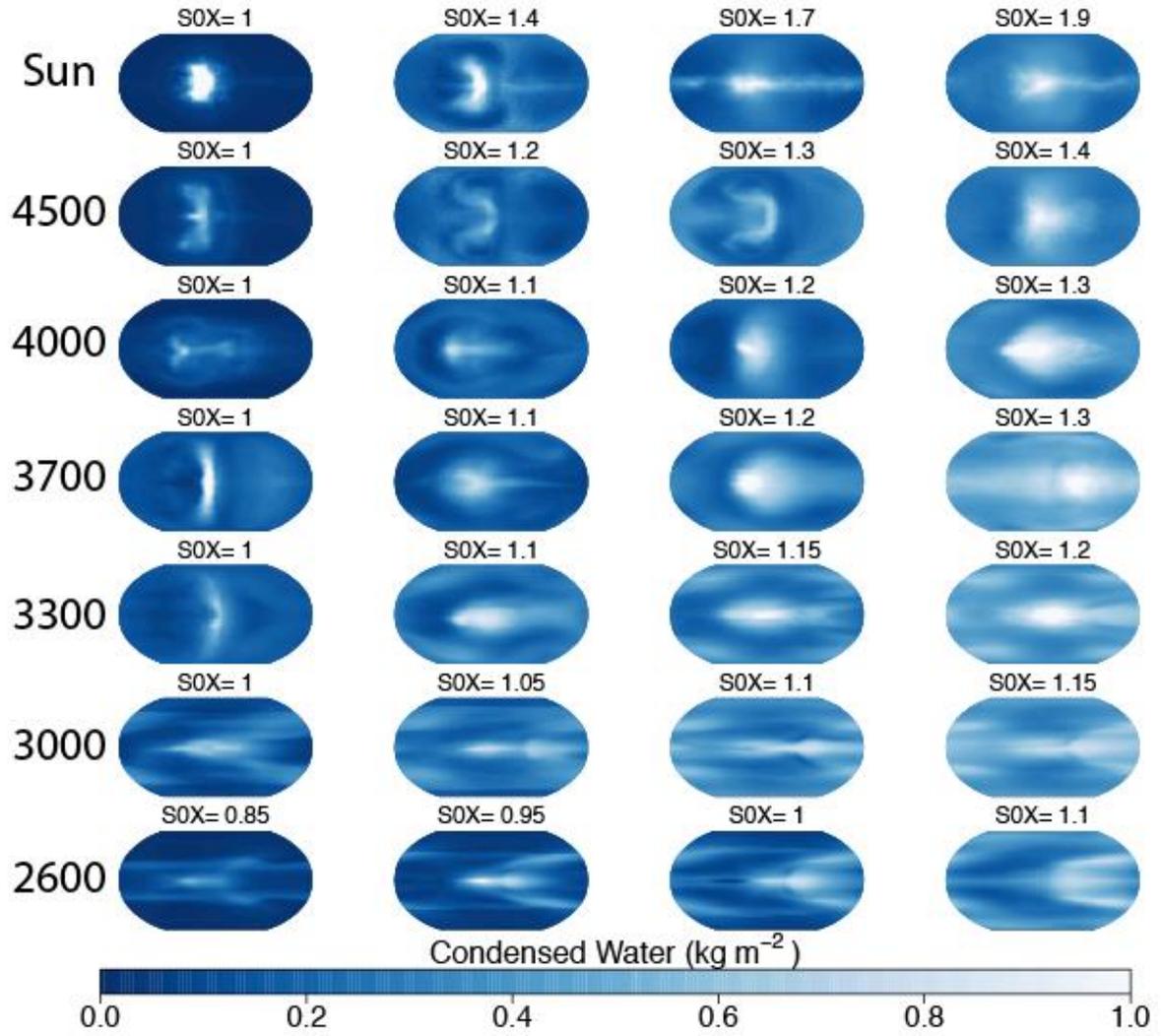
3:2 Resonance



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Figure S4. As in Figure S3, except results shown for 3:2 resonance planets.

2:1 Resonance

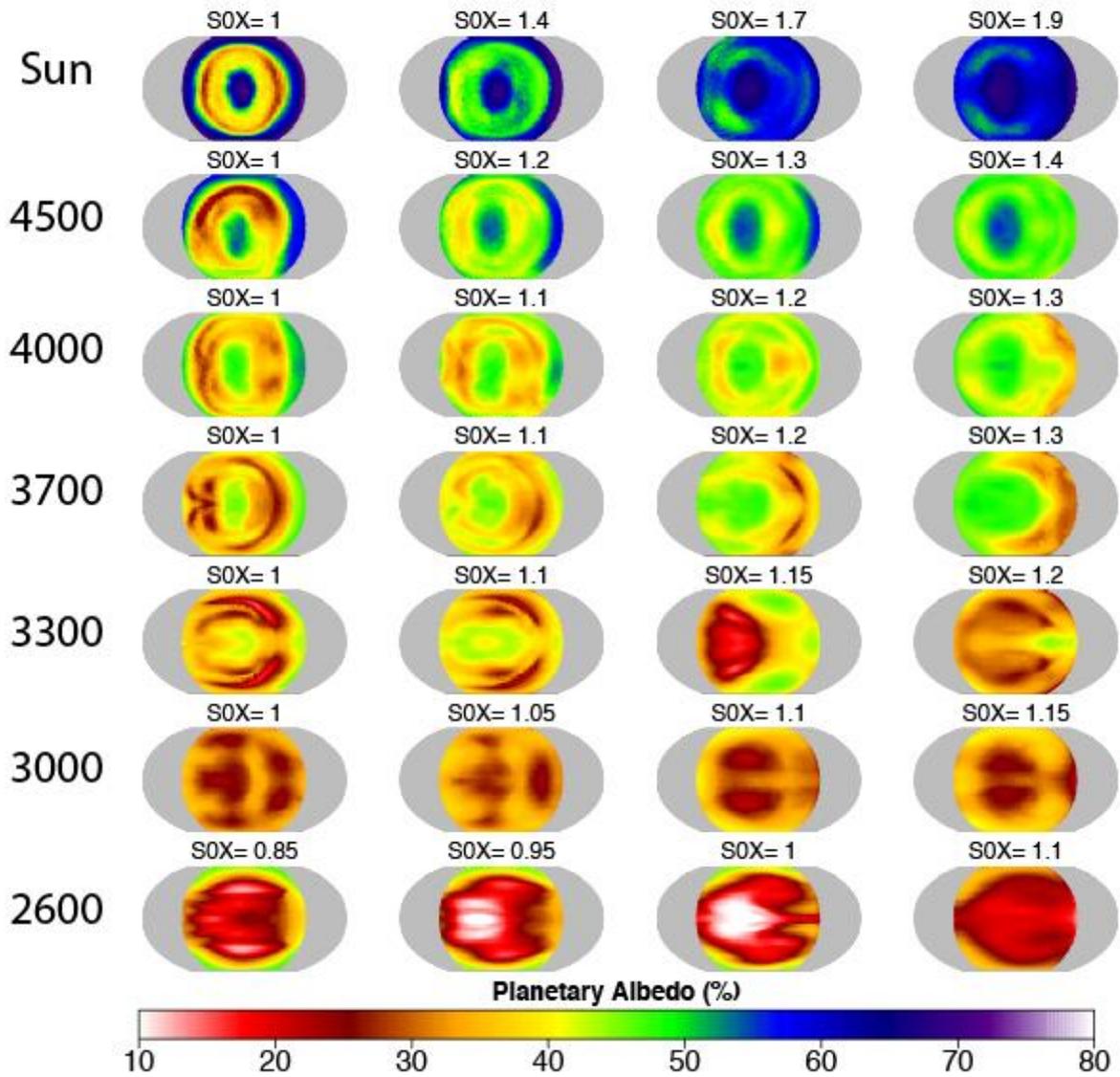


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1100 Figure S5. As in Figure S3-S4, except results shown for 2:1 resonance planets.

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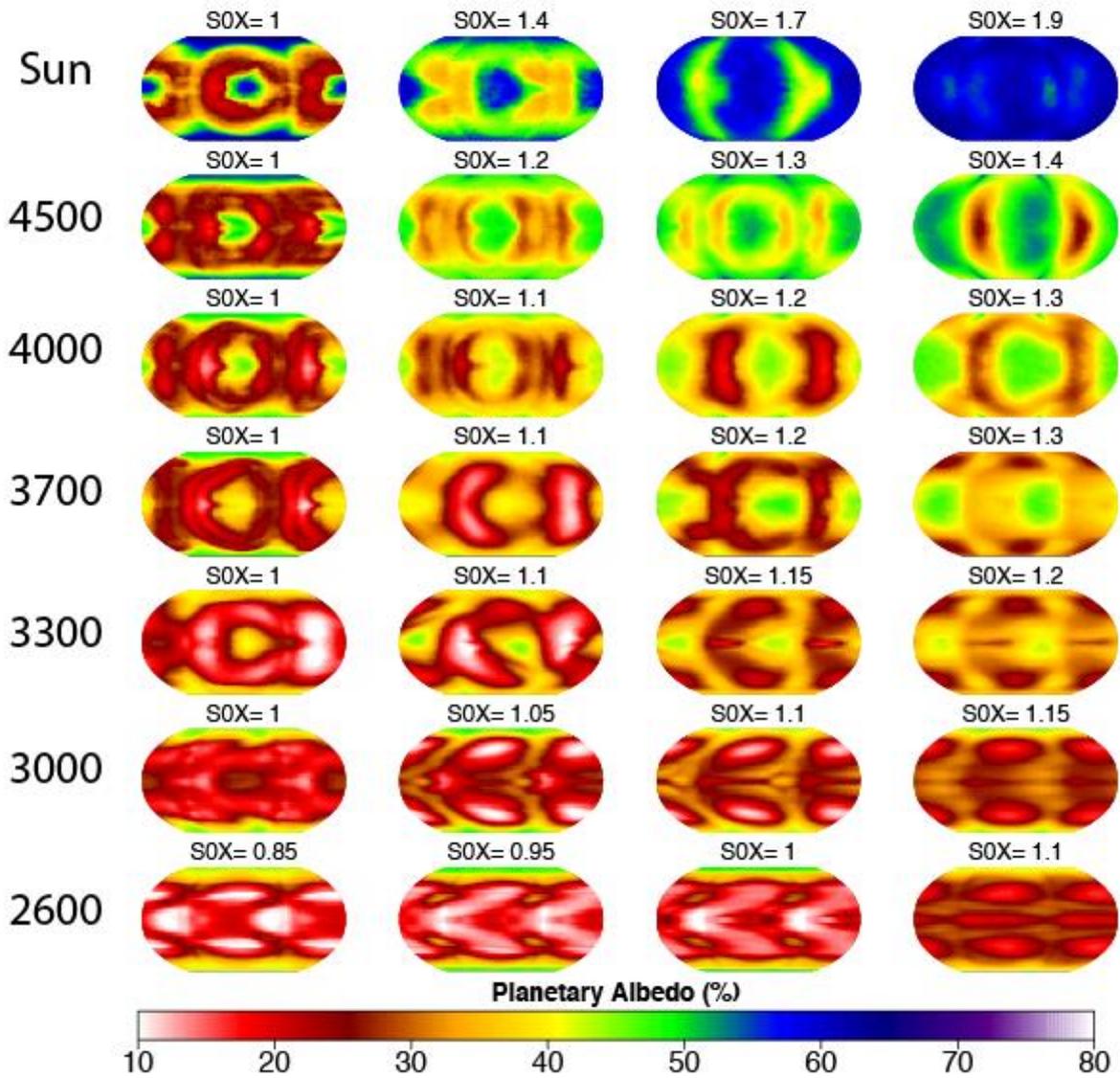
1:1 Resonance



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Figure S6. Planetary albedo (%) for select values of S0X (across rows) for different stellar types (columns). Results shown for 1:1 resonance planets.

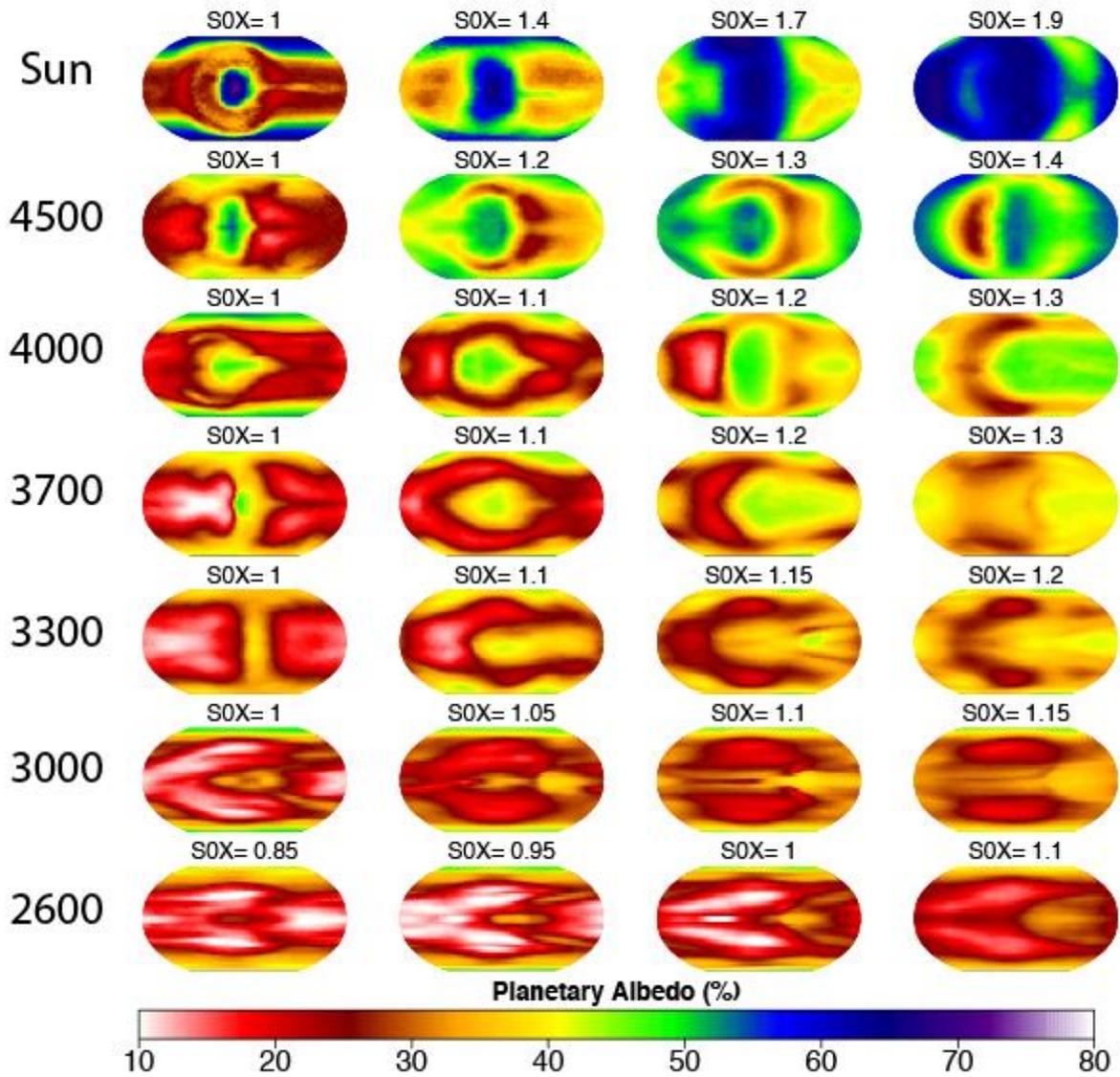
3:2 Resonance



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Figure S7. As in Figure S6, except results shown for 3:2 resonance planets.

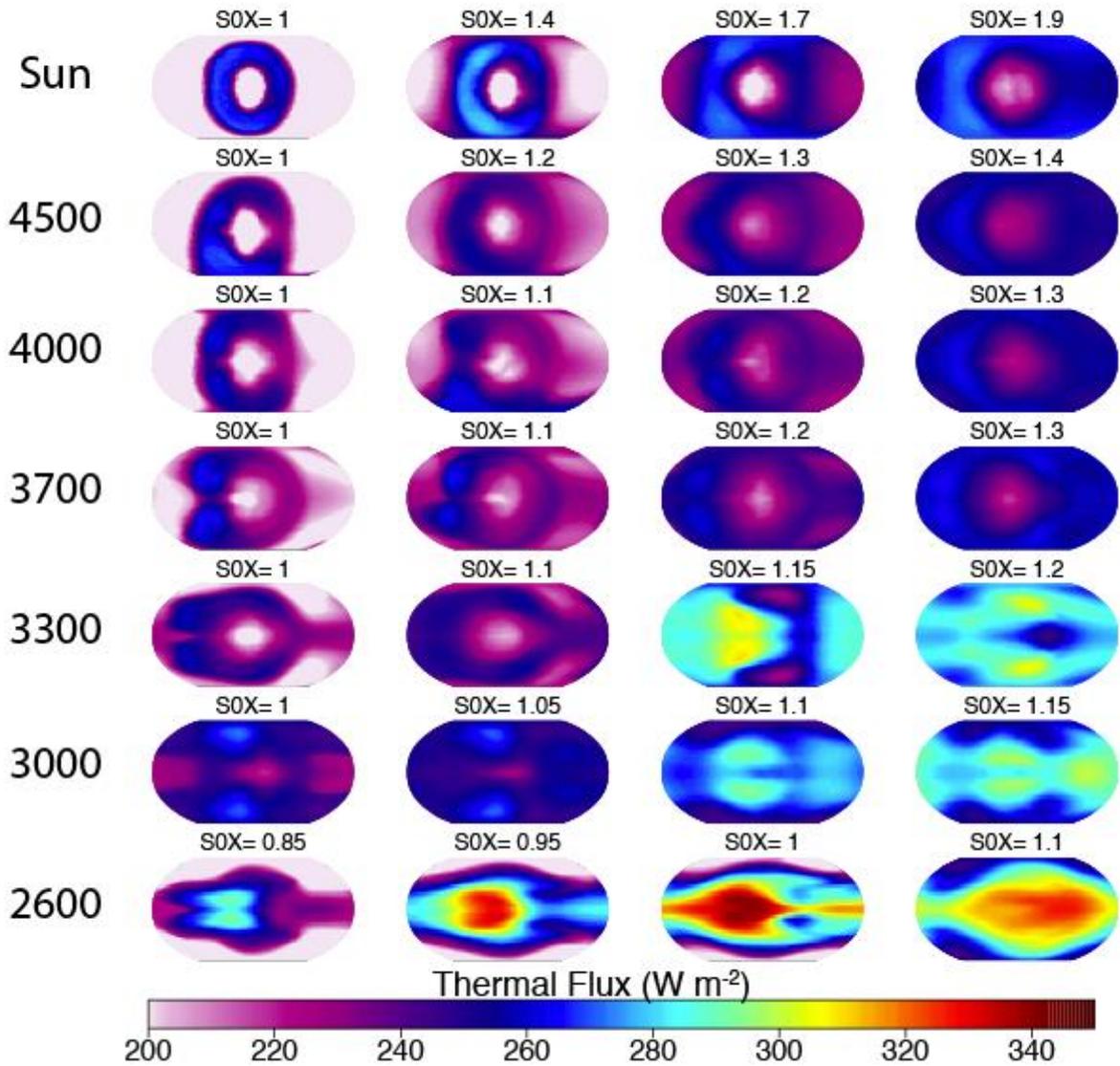
2:1 Resonance



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Figure S8. As in Figure S6-S7, except results shown for 2:1 resonance planets.

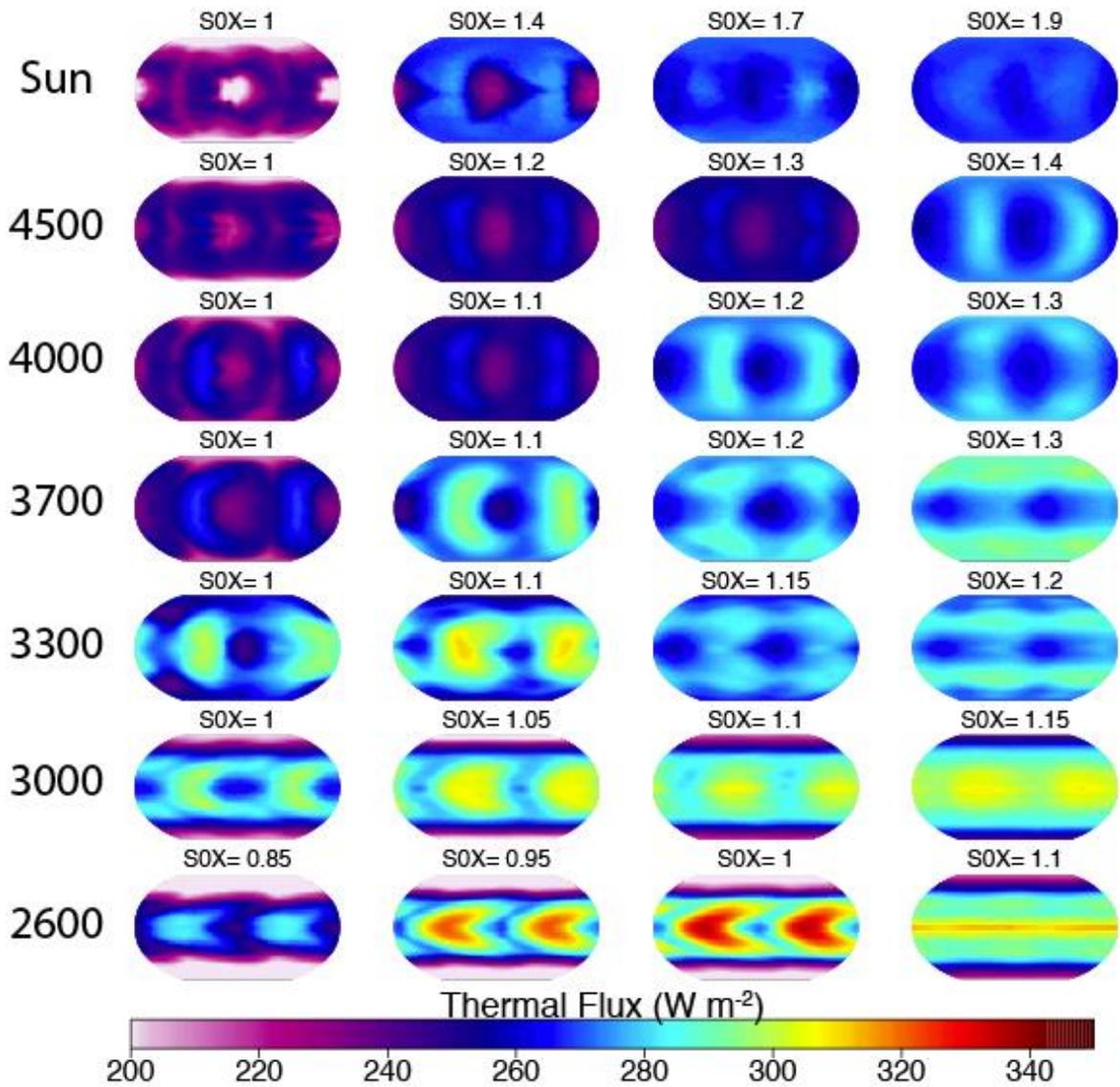
1:1 Resonance



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Figure S9. Outgoing longwave radiation (W m^{-2}) for select values of S0X (across rows) for different stellar types (columns). Results shown for 1:1 resonance planets.

3:2 Resonance

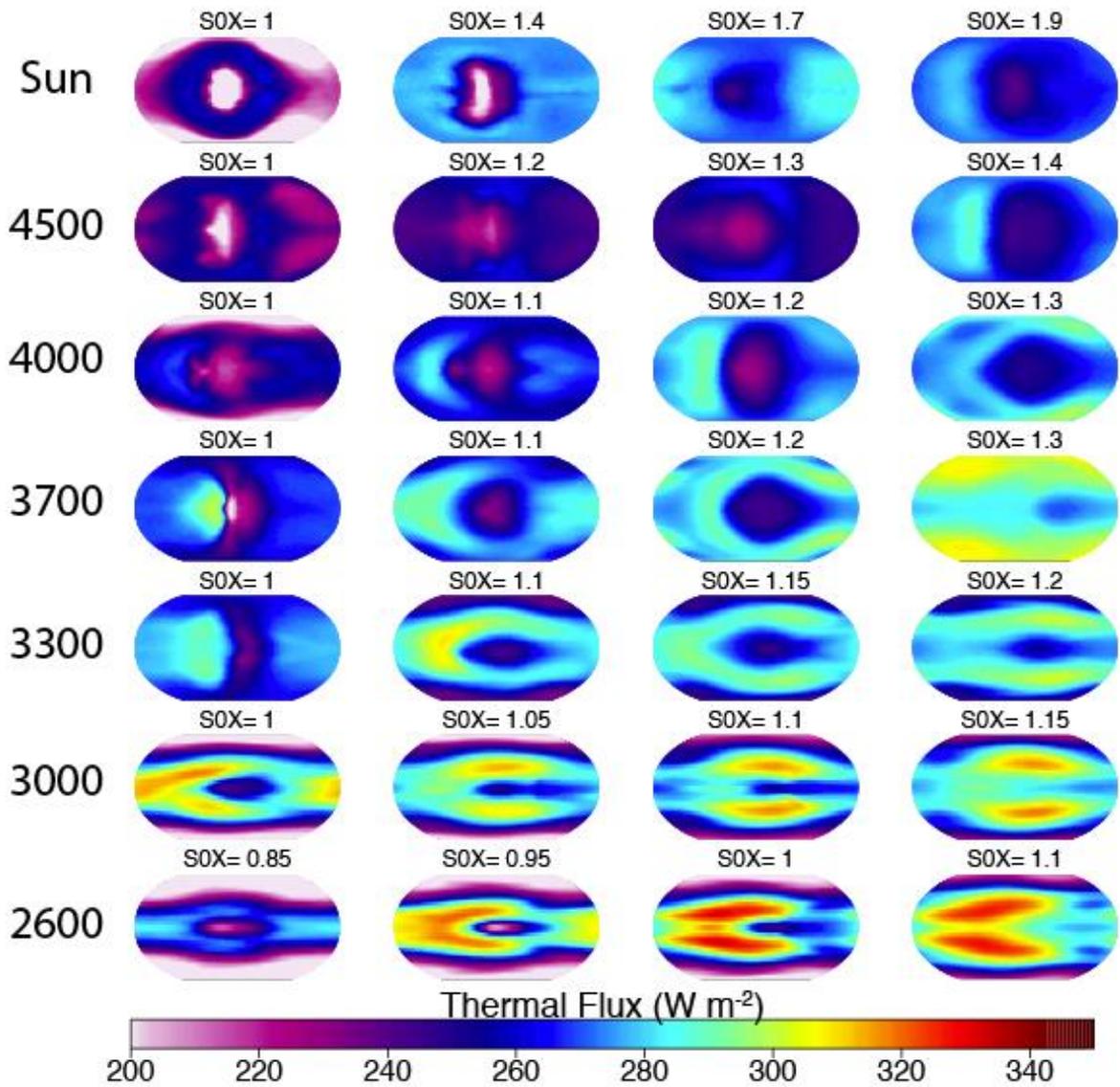


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1117 Figure S10. As in Figure S9, except results shown for 3:2 resonance planets.

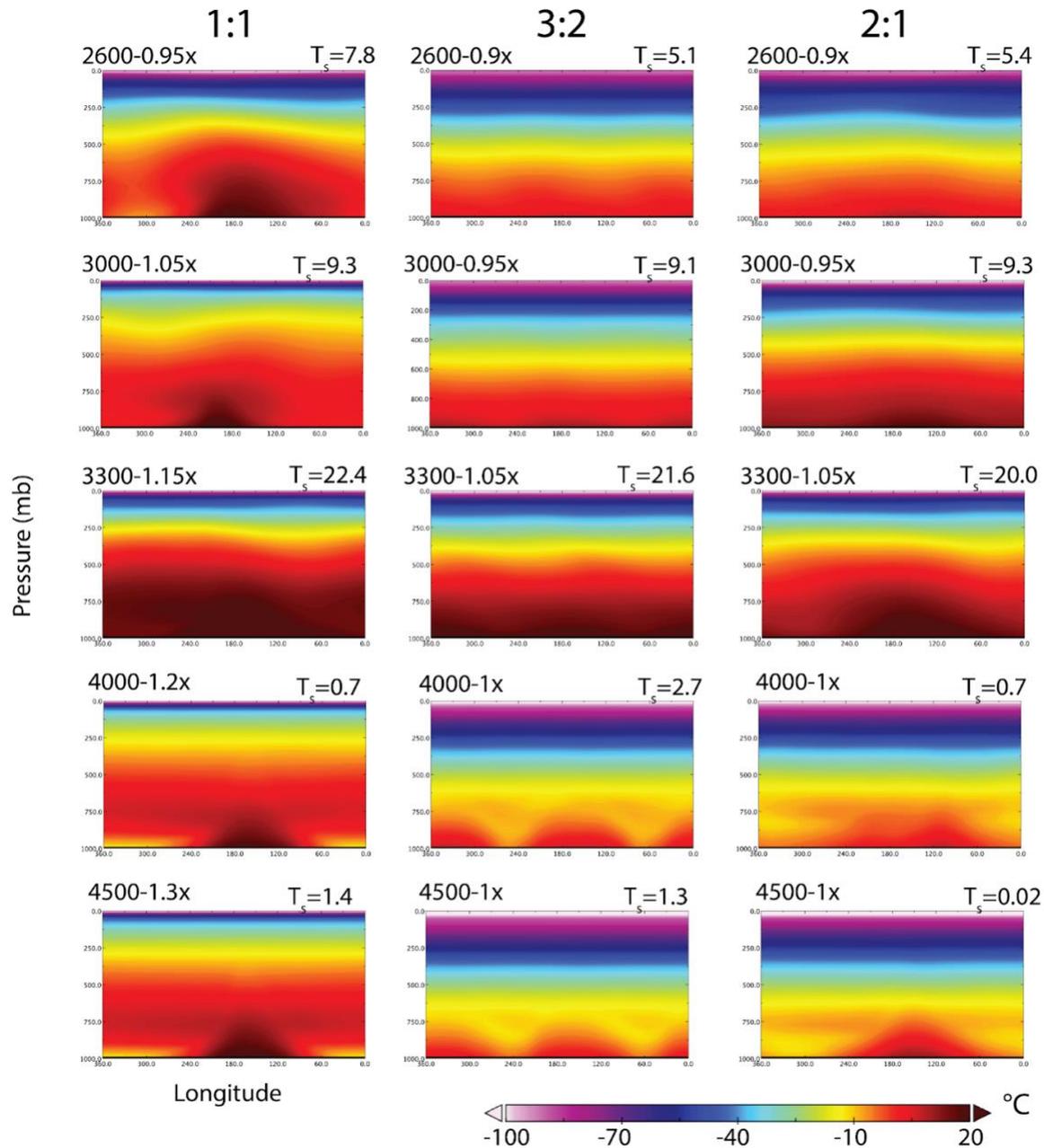
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2:1 Resonance

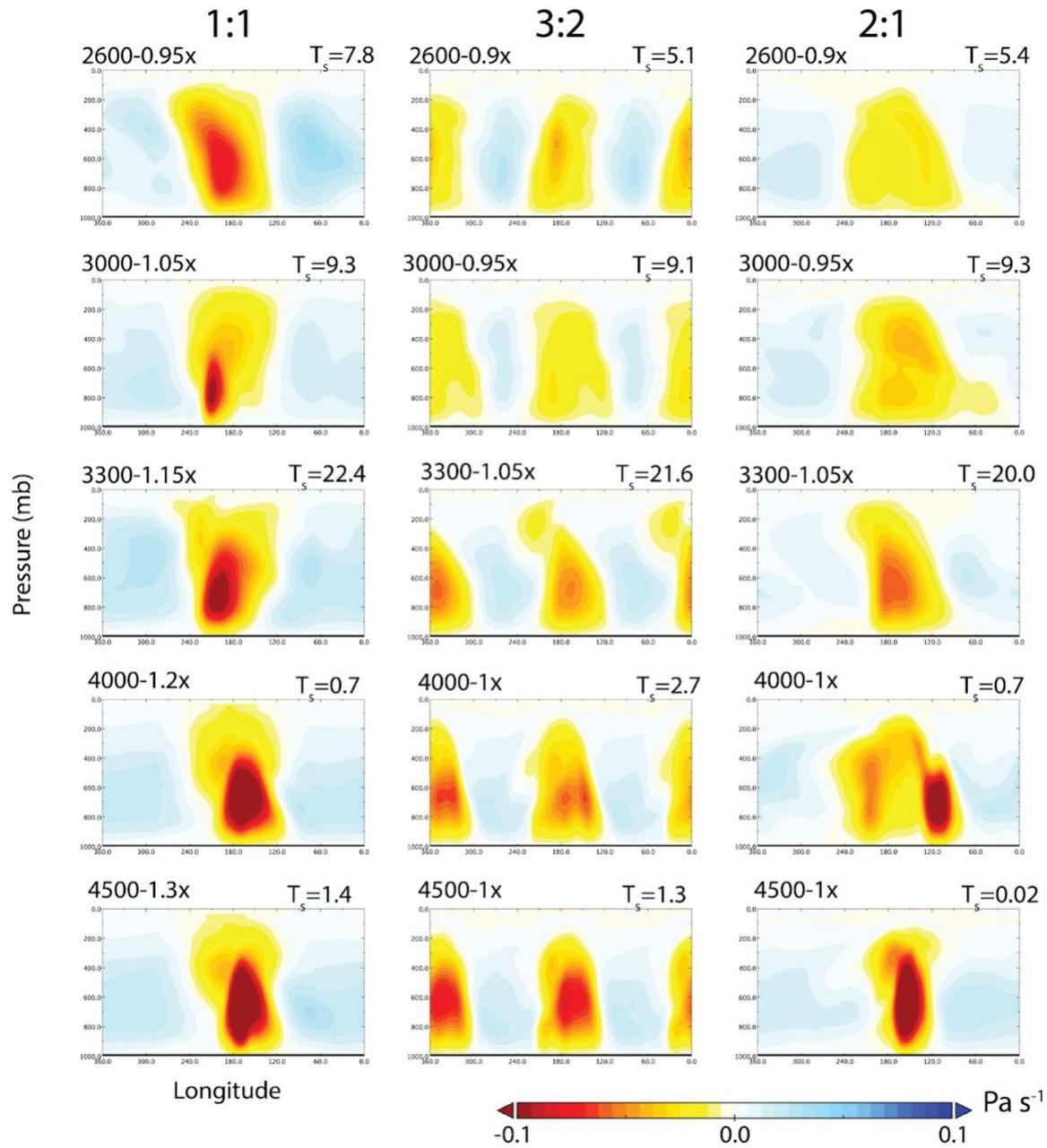


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Figure S11. Figure S9-S10, except results shown for 2:1 resonance planets.



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 1123 Figure S12. Vertical profiles of temperature (°C) vs. longitude for meridionally averaged
 1124 (area-weighted) temperature between 30°N and 30°S. Panels are for select simulations
 1125 (stellar type and flux labeled at top-left of each subplot) with common global-mean
 1126 surface temperatures (labeled at top-right) for the (left column) 1:1, (middle column) 3:2,
 1127 and (right column) 2:1 resonances. Stellar type is the same across each row.
 1128
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1130
 1131 Figure S13. As in figure S12, for the same selected simulations, except results shown
 1132 for vertical velocity, ω (Pa s^{-1}). Negative values (red) indicate upward motion and vice
 1133 versa.

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1138 **Additivity of Stellar and Geothermal Heating**

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 1140 In section 3.5 we discuss the additivity of heating due to stellar and
 1141 stellar+geothermal heating alone.

1142 The stellar constant S_0 (defined at the semi-major axis of a planet) is what is
 1143 prescribed for ROCKE-3D input configuration files. We define a parameter, S_{0e} , an
 1144 equivalent stellar constant such that the absorbed stellar energy of a planet with no
 1145 geothermal heating would be equal to the time-averaged absorbed energy of a simulation
 1146 with geothermal heating: That is:

$$1147$$

$$1148 \quad A_i = \frac{S_0 (1 - \alpha_G)}{4 (1 - e^2)^{0.5}} + G = \frac{S_{0e} (1 - \alpha_{NG})}{4 (1 - e^2)^{0.5}} \quad (S1)$$

1149
 1150 Here, A_i is the annual-mean absorbed energy for a simulation with stellar constant
 1151 S_0 and internal energy flux G , and S_{0e} is the variable to be solved for. $(1-e^2)^{-0.5}$ is an
 1152 adjustment factor to account for the increase in annual mean top-of-atmosphere energy
 1153 input at non-zero eccentricity (~ 1.02 for $e=0.2$). α_G and α_{NG} is the annual-mean planetary
 1154 albedo in a simulation with and without geothermal heating, respectively. The former is
 1155 taken from the last averaging period of the simulations with geothermal heating. We note
 1156 that the second and third terms in equation (S1) are only equal in the annual and global
 1157 mean, as the prescribed internal heating does not vary with time on the eccentric orbit,
 1158 and also is horizontally uniform. Because α_{NG} cannot be known *a priori*, we
 1159 assume $\alpha_{NG} = \alpha_G$ and obtain:

$$1160$$

$$1161 \quad S_{0e} = S_0 + \frac{4G}{(1 - e^2)^{-0.5} (1 - \alpha_G)} \quad (S2)$$

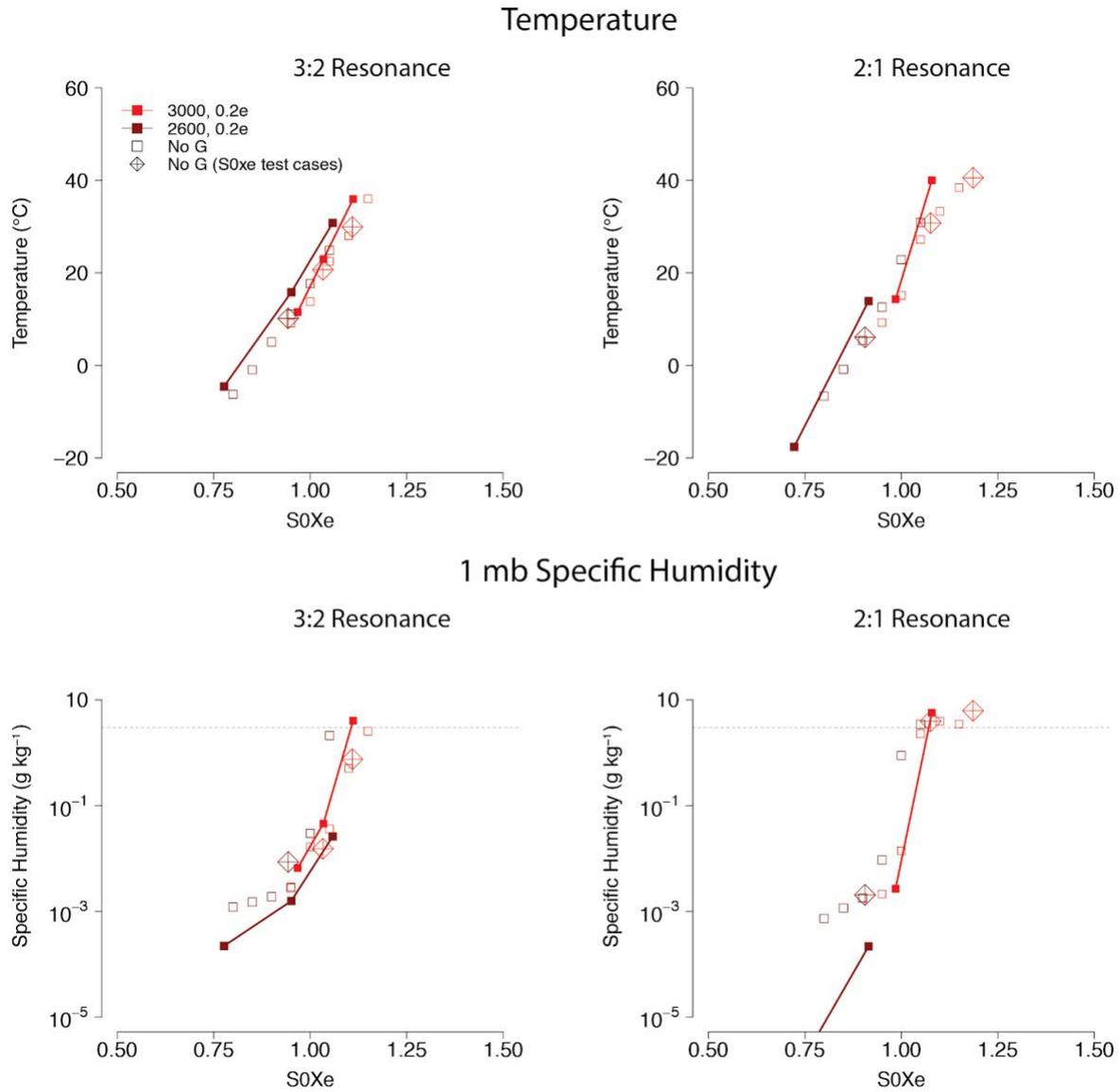
1162
 1163 It is also possible to equate the energy terms by the total incoming rather than
 1164 absorbed stellar flux. However, because the albedo of the atmosphere and surface act to
 1165 reduce the thermodynamic relevance of a fraction of incident stellar energy, but not G ,
 1166 we choose to compare two climates with equivalent S_{0e} by weighting by an approximate
 1167 albedo contribution to yield a fairer assessment of the additivity of the two terms. In the
 1168 discussion below, we discuss results of the geothermal runs from section 3.5 in terms of
 1169 $S0X_e$, where $S0X_e = S_{0e}/1360 \text{ W m}^{-2}$. Additionally, we have performed several simulations
 1170 in which there is no geothermal heating and S_0 was chosen to be equal to the S_{0e} of the
 1171 corresponding geothermal simulation. For these comparisons, the rotation period is kept
 1172 equal to its geothermal-enabled counterpart.

1173 In Figure S14, we plot results from the geothermal simulations for the 3:2 and 2:1
 1174 resonance planets discussed in section 3.5 against $S0X_e$, as well as the 3:2 and 2:1
 1175 simulations without geothermal heating ($S0X_e = S0X$). The diamond cross data points
 1176 show the selected runs described above where the stellar flux was increased in order to
 1177 make up for the missing heating present in its geothermal counterpart. Figure 13 shows
 1178 that global-mean surface temperature (top) for geothermal runs when plotted against
 1179 $S0X_e$ tracks very close to the simulations without geothermal heating. This is perhaps
 1180 expected, since temperature is shackled to the planetary energy balance. However, 1 mb
 1181 specific humidities for geothermal and no-geothermal runs also bear close resemblance

1182 to each other when referenced against identical $S0X_e$, with the no-geothermal runs
1183 remaining moderately moister for the 2600 K star below the moist greenhouse regime.
1184 For the 3000 K stars where ROCKE-3D reaches a stable equilibrium near the moist
1185 greenhouse onset, the IHZ is reached at nearly equivalent values of $S0X_e$ for the planets
1186 heated by stellar and tidal heating, or just stellar heating. This result provides assurance
1187 that when multiple sources heat a planet, simpler models that consider the total energy
1188 input in assessments of the IHZ remain powerful tools for diagnosing the transition to a
1189 moist greenhouse.

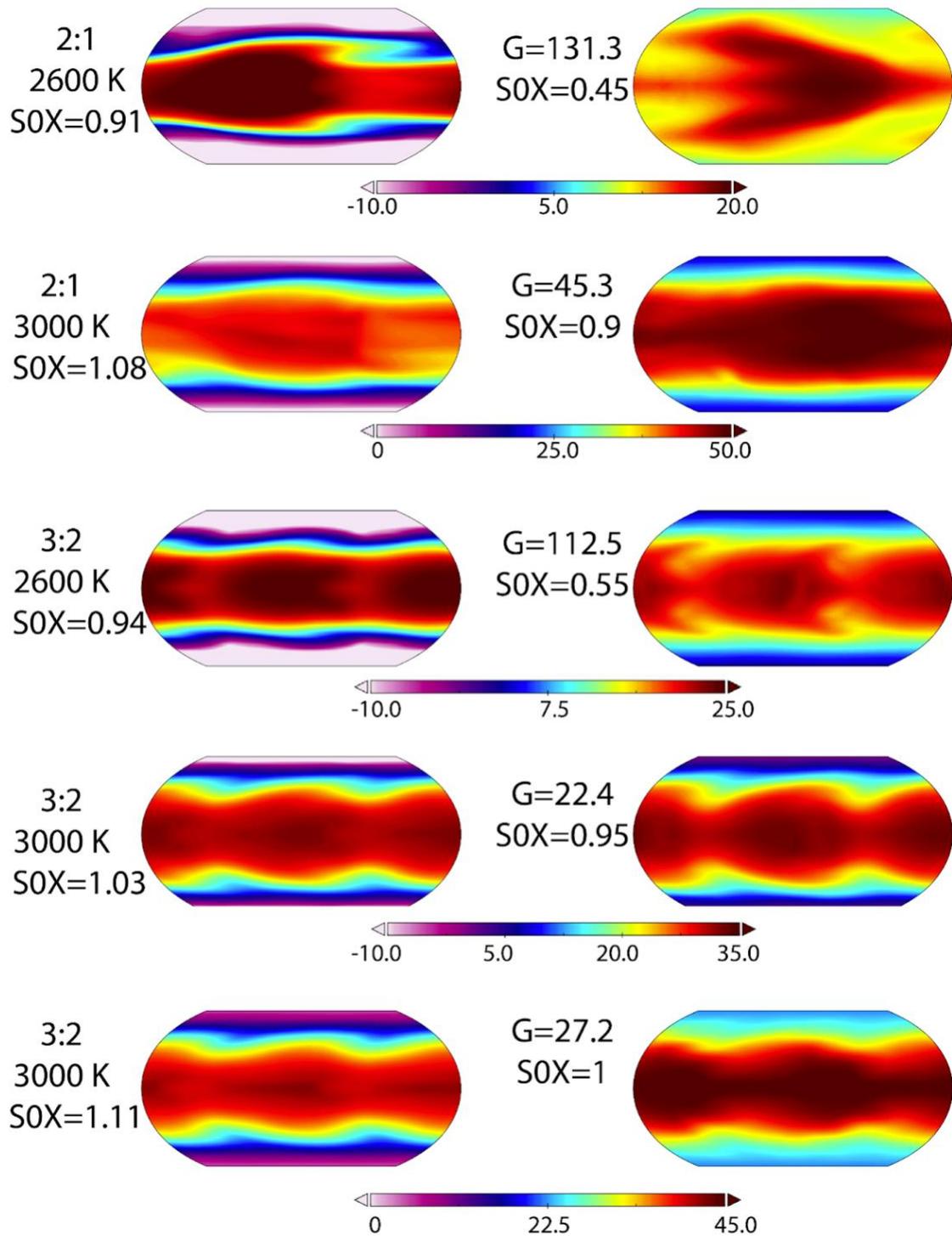
1190 Figure S15 illustrates the horizontal distribution of temperature in five simulations
1191 without geothermal heating (left) but with rotation periods and $S0X_e$ values equal to the
1192 geothermal run with the same spectral host and resonance (right). The $S0X$ values used
1193 in the left column to obtain identical $S0X_e$ to the runs on the right column are shown
1194 alongside the panels. In general, the internal heating at the bottom of the ocean preserves
1195 the sense of the large-scale temperature structure, with the largest differences at the
1196 highest G values in excess of 100 W m^{-2} . For the highest internal heating rate around the
1197 2600 K host ($G=131.3 \text{ W m}^{-2}$) at 2:1 resonance, the ocean develops a stingray climate
1198 pattern. In all cases, the internal heating acts to reduce the difference between maximum
1199 and minimum temperatures. However, these results suggest that the influence of tidal
1200 heating on climate may need to be inferred from the orbital configuration of the system
1201 rather than any observed climate features.

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Figure S14. (Top) Global-mean surface air temperature (°C) for geothermal runs (solid lines) at (left) 3:2 and (right) 2:1 resonance plotted against $S0X_e$. Zero geothermal runs ($S0X_e = S0X$) from section 3.3 are shown as small, unfilled squares. Zero geothermal simulations described in section 3.3 with deliberately chosen $S0X$ to equal the $S0X_e$ of the geothermal runs, and with the same rotation period, are shown as diamond-cross points.



1211
 1212 Figure S15. Five example comparisons of surface air temperature ($^{\circ}\text{C}$) in which (along
 1213 rows) each pair of planets features an identical SOX_e (as defined in text). Geothermal
 1214 heated runs are shown on right, and no geothermal runs with elevated stellar flux shown
 1215 on left. Values are shown for the resonance, star type, SOX_e , and geothermal heating (W

1216 m⁻²). Results are for 3:2 or 2:1 resonant planets at 0.2 eccentricity. Note that the
1217 temperature scale differs for each planetary pair.

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