



Behavioral Components of NASA's 2021 Astronaut Selection

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Disclosure Information *92nd Annual Scientific Meeting*

I have no financial relationships to disclose.

I will not discuss off-label use and/or investigational use in my presentation.



Behavioral Components of NASA's 2021 Astronaut Selection



JSC's Behavioral Health and Performance Operations Group (BHP)

- BHP Operations is a component of the JSC Space Medicine Operations Division
 - ISS mission psychological/behavioral health support (primary mission)
 - Astronaut applicant psychological and psychiatric screening
 - Clinical evaluation and care of astronauts and their dependents
 - Occupational mental health evaluation of NASA divers, pilots and flight controllers
 - Consultants to the NASA Human Research Program
 - Consultants to NASA flight surgeons, ISS crew surgeons, the Astronaut Office, and JSC management
 - Consultants to the JSC Employee Assistance Program Office



Behavioral Components of NASA's 2021 Astronaut Selection



- NASA's Mercury 7
 - Alan Shepard USN
 - Gus Grissom USAF
 - John Glenn USMC
 - Scott Carpenter USN
 - Wally Schirra USN
 - Gordon Cooper USAF
 - Deke Slayton USAF



Credit: NASA

Requirements—experienced military test pilots; 5'11" or less in height and 180 lbs maximum

- 500 applications
 - 110 qualified
 - 18 finalists
 - 7 selected (1.4% selection rate)



Behavioral Components of NASA's 2021 Astronaut Selection



- Project Mercury astronaut candidate selection committee (1959)
 - 1 senior management engineer
 - 1 test pilot engineer
 - 2 flight surgeons
 - 2 psychologists: Allen O. Gamble (NASA HQ) and Robert Voas (US Navy)
 - 2 psychiatrists: George E. Ruff and Edwin Z. Levy (both active duty USAF physicians)



Behavioral Components of NASA's 2021 Astronaut Selection



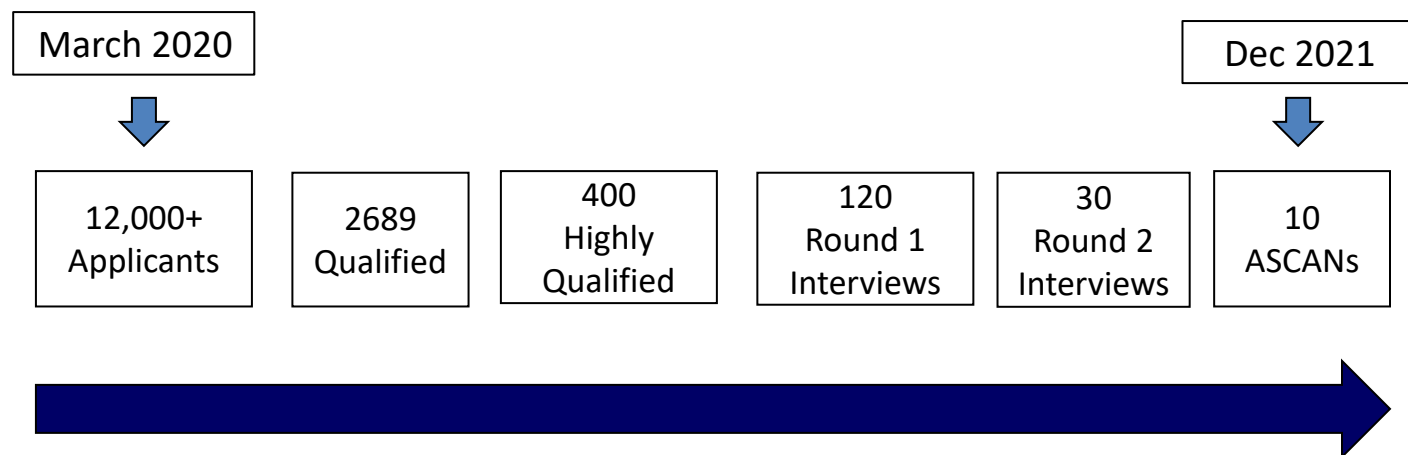
- 23 Astronaut Classes from 1959 to 2021
- 359 astronaut candidates selected in 63 years
- 1996 largest class: 44 (height of Space Shuttle Program era)
- Current active astronauts: 44
- Over 12,000 Applications for class of 2021
- Current NASA astronaut candidates (ASCANS): 10



Behavioral Components of NASA's 2021 Astronaut Selection



2021 Astronaut Selection Schedule



0.083% selection rate (all applicants)

0.37% selection rate (qualified applicants)

2.5% selection rate (highly qualified applicants)



Behavioral Components of NASA's 2012 Astronaut Selection



- Planning for the 2021 astronaut selection cycle began in 2018
- Comprised approximately 50% of workload over two years for those on the team directing and planning the selection process
- Significant delays and challenges due to the COVID-19 pandemic
- Close coordination with JSC Human Resources, Astronaut Office, Facilities Management, and Space Medicine Operations Division Management
- NASA Psychologist James Picano, PhD led the overall team effort
 - NASA psychiatrist Gary Beven, MD led the psychiatric evaluation component



Behavioral Components of NASA's 2021 Astronaut Selection



Two complementary but different processes:

- Psychiatric qualification
 - According to current NASA medical standards
 - Diagnosis/No Diagnosis
 - Recommendation made to Aerospace Medical Board (AMB)
 - Historically a 2% disqualification rate including ISS and STS Programs
- Psychological suitability for spaceflight missions
 - Mission demands of ISS missions up to 12 months
 - Suitability for shorter duration Artemis missions
 - Based on desired behavioral competencies specific for spaceflight
 - Advisory information to Astronaut Selection Board (ASB) with a suitability rating provided



Behavioral Components of NASA's 2021 Astronaut Selection



- BHP Astronaut Selection Select-In Suitability Proficiencies 2021
- Primary suitability competencies were identified and prioritized via a systematic analysis of future mission profiles, conducted in 2014 by BHP and using veteran ISS astronauts as SMEs
 - Self Regulation
 - Resilience
 - Teamwork
 - Small Group Living
 - Operational Problem Solving
 - Leadership-Followership



Behavioral Components of NASA's 2021 Astronaut Selection



- Team of external consultant psychologist and psychiatrist examiners with significant selection and assessment experience were utilized
- USAF Aeromedical Consultation Service Neuropsychiatry Branch Chief and staff psychiatrists as well as others with similar experience
- Active duty and retired military operational psychologists with many years of special forces selection and flight operations consultation expertise
- Valued professional attributes include
 - military service as a psychiatrist and flight surgeon or as an operational/aerospace psychologist in deployed setting
 - prior personnel selection work
 - prior astronaut selection experience
 - forensic psychiatry training beneficial



Behavioral Components of NASA's 2021 Astronaut Selection



- Round 1 (n =120)
 - Psychological testing
 - Structured observations in Astronaut Selection Board (ASB) Phase 1 Interview
 - No suitability assessment or psychiatric diagnostic screening occurs at this stage
- Round 2 (n=30)
 - 10 applicants per week
 - Individual Exercise
 - Team Simulation Exercise
 - Team Reaction Exercise
 - Behavioral and psychiatric interviews
 - Peer ratings
 - Psychologist consultation to the astronaut selection board with a suitability rating
 - Psychiatrist opinion to Aerospace Medical Board



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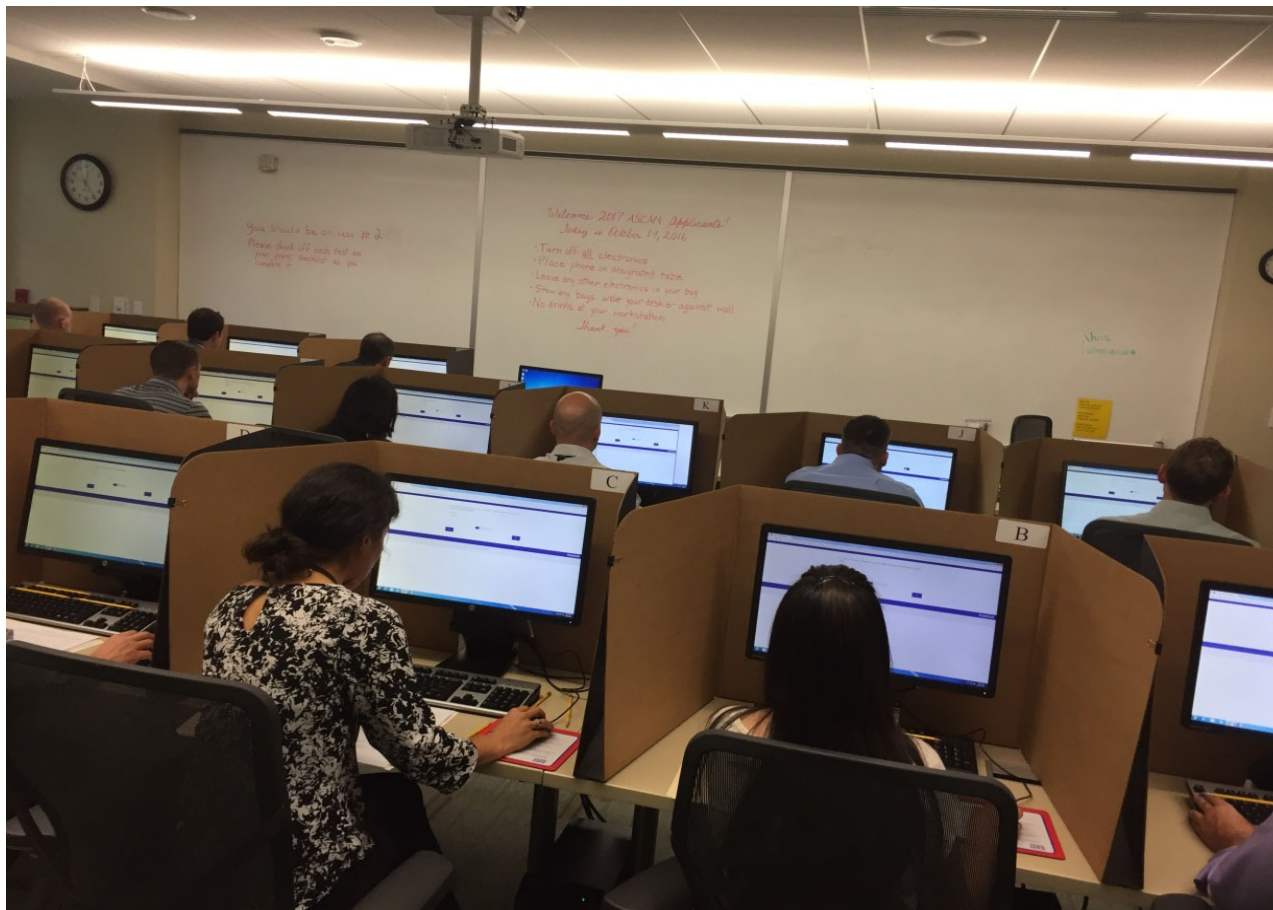
- Psychological testing
 - General personality, cognitive and situational judgment tests
- Inform/direct the behavioral and psychiatric interview
 - Areas to explore in more detail
 - Relative strengths/weaknesses
 - Potential psychopathology noted
- Norms for general population, applicants, and selected astronauts
- Test battery confidential to preserve integrity of the selection process



Behavioral Components of NASA's 2021 Astronaut Selection



- Psychological Testing
 - Approximately 6 hours



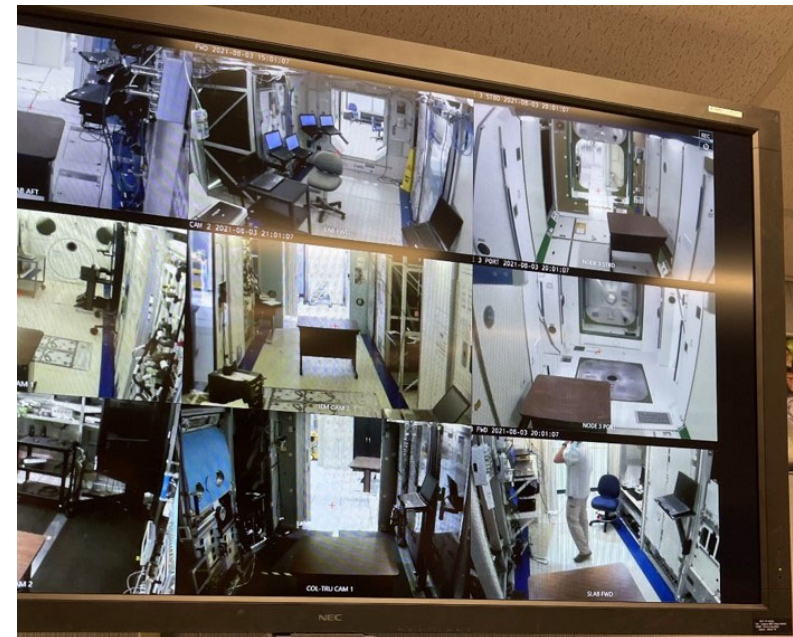
Credit: NASA



Behavioral Components of NASA's 2021 Astronaut Selection



- Applicant Individual Exercise
 - Suitability competency driven
 - Individual tasks performed under time pressure
 - Observed by psychologist rater
 - Debrief with each applicant afterward



Credit: NASA



Behavioral Components of NASA's 2021 Astronaut Selection



- Applicant Team Simulation Exercise
 - Suitability competency driven
 - Team tasks with very high cognitive load
 - Observed by psychologist raters
 - Debrief with each applicant afterward



Credit: NASA



Behavioral Components of NASA's 2021 Astronaut Selection



- Team Reaction Exercise
 - Suitability competency driven
 - Observed by psychologist raters
 - Debrief with each applicant afterward



Credit: NASA



Behavioral Components of NASA's 2021 Astronaut Selection



- Behavioral and psychiatric interviews:
 - 3.5 hour behavioral/psychiatric interviews
 - 2 interviewers per applicant (psychologist and psychiatrist)
 - NASA psychologist/psychiatrist floaters move from room to room—for calibration and consistency
 - Structured interview components covering spaceflight suitability competencies
 - Structured psychiatric diagnostic interview covering all major DSM 5/ ICD-11 diagnostic criteria
 - Psychologist and psychiatrist form a consensus opinion regarding applicant's suitability rating and presence of current or prior psychiatric diagnosis



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- Behavioral and psychiatric interviews (cont):
 - Psychiatrist presents the applicant to the entire group and provides a psychiatric diagnostic opinion
 - Psychologist presents the suitability assessment information and recommended suitability rating
 - Psychiatrists and psychologists discuss the applicant and form a consensus opinion
 - NASA psychologists discuss the suitability rating with the Astronaut Selection Board
 - NASA psychiatrists present the applicant to the Aerospace Medical Board if a disqualifying condition is noted



Behavioral Components of NASA's 2021 Astronaut Selection



- Summary of lessons learned/recommendations
 - Early initiation of the selection planning process (i.e., two years prior)
 - Adequate staffing and budget plus administrative and organizational support
 - Leads of selection process with significant aerospace personnel selection experience and aerospace psychiatry experience
 - Alignment of the process with spaceflight job analysis derived suitability competencies
 - Use of current medical standards and psychiatric diagnostic classification and diagnostic methods
 - Multistage process with variety of applicant views and raters



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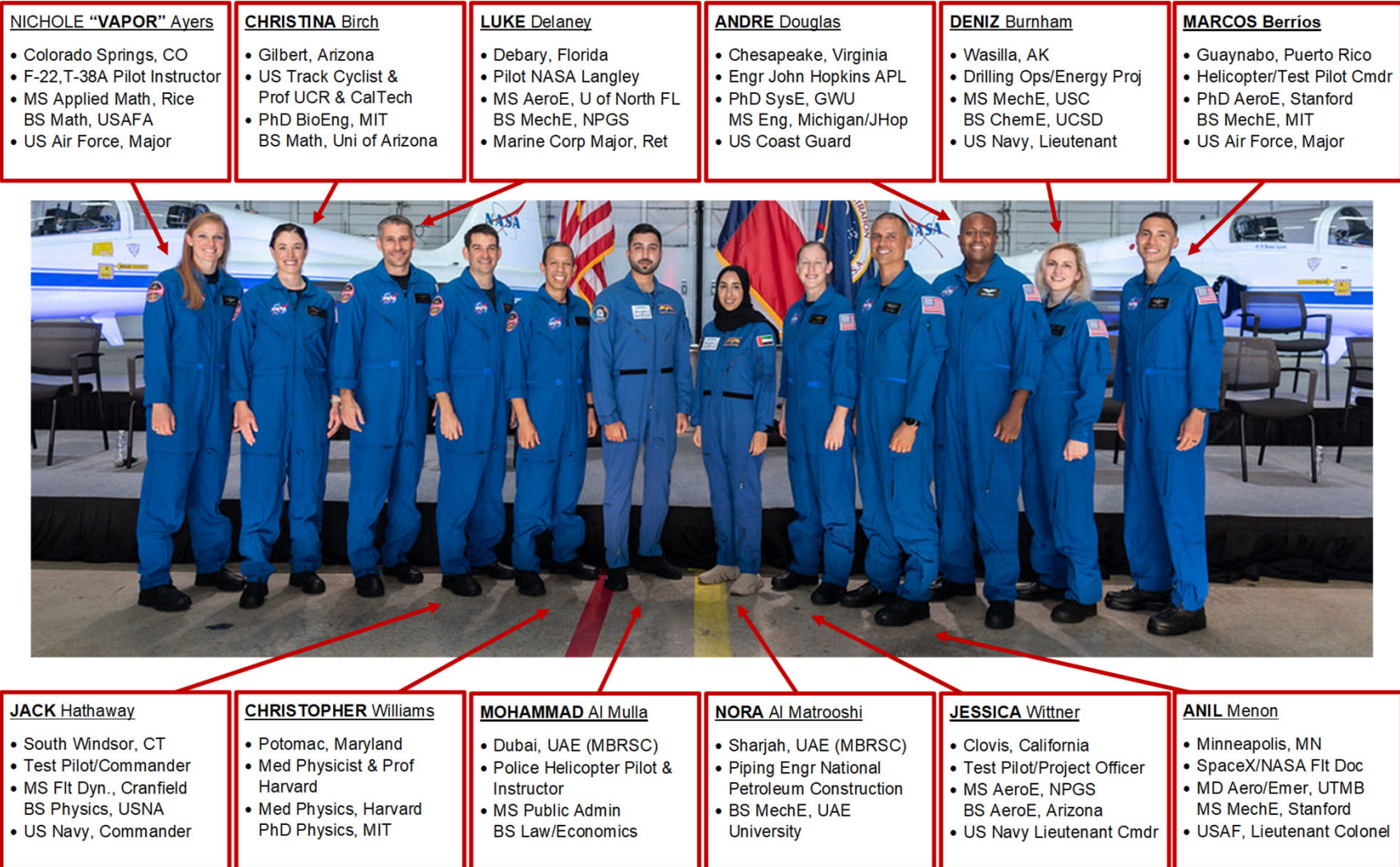
NASA Astronaut Class of 2021—"The Flies"



Credit: NASA



Behavioral Components of NASA's 2021 Astronaut Selection



Credit: NASA



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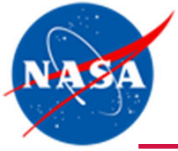


Class of 2021 Physician Astronaut



Anil Menon, MD
Former NASA and SpaceX Flight Surgeon
UTMB Aerospace Medicine Residency Graduate

Credit: NASA



Behavioral Components of NASA's 2021 Astronaut Selection



Astronaut Classes from 2021 (#23) and 1959 (#1)



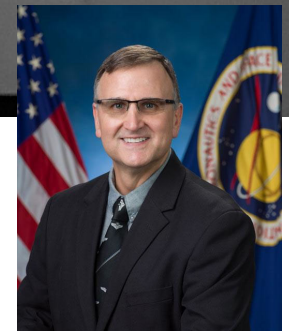
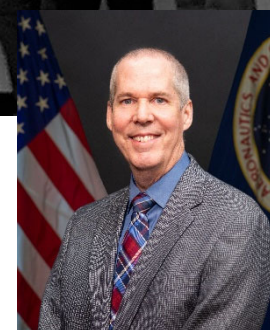
Credit: NASA



Behavioral Components of NASA's 2021 Astronaut Selection



2021 Astronaut Selection BHP Team



Credit: NASA



Behavioral Components of NASA's 2021 Astronaut Selection



BHP Team

- Al Holland
- Gary Beven
- Jim Picano
- Suzanne Bell
- Karen Adkins
- Pam Baskin
- Isabel Bilotta
- Gabrielle Cole
- Alexa Doerr
- Charles Dukes
- Heather Dunnbier
- Terry Guess
- Jessica Hughlett
- Brooke Loofboro
- Carmen Pulido
- Ashley Rapson
- Kim Seaton
- Jana Tran
- Monica Travis
- Beth Turner
- Steve Vander Ark

Technical and Logistical Support

IE Support:

- Lawrence ("LT") Trammel
- Cruz Torres
- Ronnie Dean
- Bob Martel
- Wright, Dwight D.
- Barnett, Gail
- Fitzgerald, Travis
- Colton Peabody
- Amy Holloway-Margiolos
- Tori Palmer
- Steve Beck

TRE Equipment support:

- Woody Hoburg
- Ronnie Dean

Records:

- Tamara Bradley

IT and IT Security

- Kerneckel, Bill
- Blevins, Aaron D.
- Drake, Rodrick
- Tanner, Frank {Pete}
- Quadri, Zeeaa
- Williams, Stephen
- Graham, Cathy D
- Kieschnick, Olga
- Bieri, Pamela A.

A.R.T. integration database, production server for TRE

- Stevens, Michael A.
- Henry, Samuel
- Barker, John

Center Ops

- Watkins, Syreeta N. (JSC-JB711) – Kubotas
- Garner, Tim (JSC-WS8)[NOAA] – Weather notices
- Ward, Susan D. (JSC-EA13) – Rock yard