

# Eastern equatorial Pacific warming delayed by aerosols and thermostat response to CO<sub>2</sub> increase

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## Abstract

1  
2 Understanding the tropical Pacific response to global warming remains challenging. Here, we use  
3 a range of CMIP6 greenhouse warming experiments to assess the recent and future evolution of  
4 the equatorial Pacific east-west temperature gradient and corresponding Walker circulation. In  
5 abrupt CO<sub>2</sub>-increase scenarios many models generate an initial strengthening of this gradient  
6 resembling an ocean thermostat (OT), followed by a small weakening; other models generate an  
7 immediate weakening that becomes progressively stronger establishing a pronounced eastern  
8 equatorial Pacific (EP) warming pattern. The initial response in these experiments is a strong  
9 predictor for the future EP pattern simulated in both abrupt and realistic warming scenarios, but  
10 not in historical simulations showing no multi-model trend. The likely explanation is that the  
11 recent CO<sub>2</sub>-driven changes in the tropical Pacific are masked by aerosol effects and a potential  
12 OT-related delay, while the EP warming pattern will emerge as greenhouse gases overcome  
13 aerosol forcing.

## 14 **Main**

15 The emerging warming patterns in the tropical Pacific are key to understanding the climate  
16 response to increasing greenhouse gases<sup>1-4</sup>. This is true on interannual timescales, as changes in  
17 the El Niño/Southern Oscillation (ENSO) are linked to changes in the tropical Pacific mean state  
18 <sup>5-7</sup>, and on decadal and longer timescales, as Pacific trade wind slow variations and ENSO decadal  
19 modulation can explain temporary global warming trend slowdowns<sup>3,8-11</sup> with links to climate  
20 sensitivity<sup>12,13</sup>. At these different timescales, the tropical Pacific warming affects atmospheric  
21 tropical circulation, rainfall<sup>14</sup>, and mid-latitude teleconnections<sup>15,16</sup>. Therefore, it is imperative to  
22 understand and predict changes in the tropical Pacific (or more generally the Indo-Pacific), yet  
23 progress is hindered by discrepancies between models and observations<sup>17</sup>, diverging theories<sup>1</sup>,  
24 and uncertainty in projections<sup>18</sup>.

25

26 Recent studies demonstrate that Pacific surface winds, and sea surface temperature (SST) and  
27 sea level pressure (SLP) gradients along the equator, have increased over the past three to four  
28 decades comprising the satellite era<sup>14,19-21</sup>. Additionally, the Indian Ocean has been warming  
29 at a faster rate than the Pacific since the 1950s<sup>22,23</sup>. Whether these trends are driven by  
30 anthropogenic climate change remains under debate.

31

32 Clement et al.<sup>24</sup> proposed a mechanism by which the Pacific SST gradient may increase in  
33 response to atmospheric warming, as the surface water in the western Pacific warms faster  
34 than the upwelling-cooled water in the east. This effect, the 'ocean thermostat' (OT), has been  
35 confirmed as a transient response to radiative forcing in box models<sup>25</sup> and ocean general

36 circulation models (GCMs) <sup>26,27</sup>. In GCMs, the OT typically involves a central rather than far-  
37 eastern equatorial Pacific cooling (or suppressed warming), impacting the Indo-Pacific  
38 temperature contrast, and the effect reverses after decades to a century <sup>27</sup>. The importance of  
39 inter-basin warming contrasts in driving this Pacific cooling<sup>11</sup> is also documented in experiments  
40 imposing SST changes in the Indian and Atlantic oceans <sup>9,23,28,29</sup>. In addition, the wind-  
41 evaporation-SST (WES) feedback initiated off the equator in the Pacific trade wind belts may  
42 further contribute to the OT effect and lack of central and eastern equatorial Pacific warming<sup>30</sup>.

43  
44 While observations show a strengthening Pacific east-west SST gradient in recent decades, the  
45 majority of CMIP5 GCMs predict a weakening in future forcing scenarios <sup>17,18</sup>, associated with  
46 an equatorial eastern Pacific (EP) warming pattern and weakening Walker circulation. Several  
47 mechanisms have been proposed to explain this SST gradient weakening, including enhanced  
48 evaporative damping over the warm pool <sup>31</sup>, the slowdown of convective overturning driven by  
49 a slower precipitation rate increase (controlled by radiation) relative to low-troposphere water  
50 vapor increase (controlled by the Clausius-Clapeyron relation) <sup>32,33</sup>, low cloud feedbacks<sup>34</sup> and  
51 the warming of extra-tropical regions and/or a slowdown of oceanic subtropical cells (STCs)  
52 that provide source water for equatorial upwelling <sup>27,35</sup>. However, the robustness of the  
53 projected zonal gradient weakening has been questioned because CMIP5 models fail to capture  
54 observed tropical Pacific trends <sup>17,36</sup> and exhibit a large spread in future projections <sup>18</sup>.  
55 Furthermore, the models show SST and wind biases along the equator <sup>37,38</sup> and deficiencies in  
56 simulated ENSO <sup>39,40</sup>.

57

58 We address these outstanding challenges using CMIP6 models with new forcing scenarios,  
59 enabling a better assessment of historical and future trends and offering new insights into  
60 inter-model discrepancies in the tropical warming patterns with implications for future  
61 changes.

62

### 63 **Evolution of the tropical Pacific response to global warming**

64 We investigate the tropical Pacific and Indian Ocean warming patterns across CMIP6  
65 experiments forced by different concentrations of greenhouse gases (GHGs) and aerosols. To  
66 capture observed and simulated trends<sup>23,27,41</sup>, we define the equatorial Pacific east-west SST  
67 gradient as the surface temperature over the Indo-Pacific warm pool region minus that over the  
68 central-east Pacific (Methods). Changes in this gradient are coupled across models to Pacific  
69 Walker circulation changes (Extended Data Fig. 1), so strengthening or weakening of the  
70 temperature gradient implies similar strengthening or weakening of the Walker circulation.

71

72 All but one model show a long-term zonal SST gradient weakening in projections and abrupt  
73 CO<sub>2</sub>-increase experiments (Fig. 1b-e, Fig. 2, Extended Data Fig. 2). However, in historical  
74 experiments with full radiative forcing, models show no significant trend on average (Fig. 1a)  
75 yet exhibit pronounced inter-model spread (Fig. 1a and Fig. 2b). Therefore, the projected long-  
76 term trends in the tropical Pacific appear disconnected from historical simulation changes. In  
77 addition to natural variability, this delayed SST gradient response could be caused by two  
78 factors. The first is the competition between the OT effect and the opposing atmospheric and  
79 oceanic mechanisms weakening the Pacific zonal temperature gradient in response to CO<sub>2</sub>-

80 forcing. The second is aerosol emissions, which can influence tropical Pacific warming  
81 patterns<sup>42,43</sup> and delay the expected east-west temperature gradient weakening. We explore  
82 these separately, first examining hypothetical CO<sub>2</sub>-only scenarios, then analyzing realistic full-  
83 forcing historical and future Shared Socioeconomic Pathway (SSP) scenarios with GHG and  
84 aerosol forcing, and finally analyzing a subset of experiments that isolate aerosol and GHG  
85 effects.

86

### 87 **OT and EP warming pattern in CO<sub>2</sub>-forced experiments**

88 The abrupt 4xCO<sub>2</sub>-increase experiments show small transient strengthening of the equatorial  
89 Pacific temperature gradient lasting about 10 years, up to 30 years in some models (Fig. 1d).

90 The gradual 1pct CO<sub>2</sub> experiments show no model-mean change for the first 50 years (Fig. 1e),  
91 even though some models have a transient strengthening lasting ~100 years. In both scenarios,  
92 the initial response is followed by zonal temperature gradient weakening. Thus, depending on  
93 how abruptly the system is perturbed by CO<sub>2</sub>, and the model in question, the long-term  
94 gradient weakening can be delayed by transient strengthening or a flat initial trend.

95

96 To understand these initial (transient) changes and model spread, we separate models into two  
97 categories based on their initial response during the first 25 years in the abrupt CO<sub>2</sub>-forcing  
98 experiments. The OT category contains 7 models showing a strong initial increase of the  
99 temperature gradient (above 0.25 K), and the EP category contains 10 models exhibiting  
100 immediate weakening of the gradient (below -0.25 K), see Supplementary Table 1 and Fig. 2a.

101 The rest of the models fall between these end members.

102

103 The initial response of the OT category exhibits negative temperature anomalies (cooling or  
104 suppressed warming) in the central equatorial Pacific that extend to the subtropical south-  
105 eastern Pacific (Fig. 3a) and an anomalous pressure gradient between the Indian and Pacific  
106 Oceans (Fig. 4a). The lack of eastern/central Pacific warming can be explained by upwelling of  
107 cold water that balances the CO<sub>2</sub>-induced radiative forcing, while the western equatorial Pacific  
108 and the Indian ocean, along with the Maritime continent, warm faster. This establishes an  
109 anomalous Indo-Pacific pressure gradient, strengthening the easterly winds and causing a  
110 transient cooling<sup>26,27</sup> in the central and parts of the eastern equatorial Pacific (Fig. 3a). The WES  
111 feedback<sup>27,44,45</sup> further strengthens the trade winds south of the equator (Fig. 4a), contributing  
112 to the lack of warming here<sup>30,46</sup>.

113

114 The initial surface warming patterns are different in the EP category, which shows a broad  
115 warming from the eastern to central Pacific (Fig. 3c) with associated low-pressure anomalies  
116 (Fig. 4c). Such changes are related to weakening of the Walker cell caused by atmospheric  
117 mechanisms discussed earlier, amplified by low-cloud feedbacks<sup>30,34,47</sup> that reduce the eastern  
118 Pacific low cloud cover, warming the ocean surface and further weakening the Walker  
119 circulation (Fig. 4c). A similar warming pattern also emerges in slab-ocean simulations without  
120 active ocean dynamics<sup>27,32</sup>.

121

122 The two model categories eventually converge to a warming pattern showing enhanced eastern  
123 equatorial warming<sup>30,48</sup>, with sharp meridional contrast especially in the southern hemisphere

124 (Fig. 3b and 3d). The transition from cooling to warming (in OT models) or continuous warming  
125 (in EP models) in the eastern and central equatorial Pacific can be explained by the gradual  
126 warming of the upper ocean, which reduces the OT effect. This allows other competing  
127 mechanisms, like decreased convective mass flux over the warm pool <sup>32</sup>, stronger evaporative  
128 damping in the west<sup>31</sup>, and on longer timescales enhanced extra-tropical warming/ STC  
129 slowdown <sup>27,49</sup>, to become dominant, leading to a Walker circulation slowdown. In the EP  
130 category, these mechanisms, amplified by cloud feedbacks, allow for a greater Walker  
131 circulation slowdown and broader equatorial warming compared to the OT models.

132

133 The structure, magnitude and time of emergence of the Pacific warming pattern in the idealized  
134 CO<sub>2</sub>-forcing experiments are therefore set by competing OT and EP warming effects <sup>27,48</sup>. The  
135 balance appears to be controlled by differences between model mean states – on average, the  
136 OT models are colder, including the warm pool but excluding the Southeast Pacific, but have  
137 weaker easterly winds in the equatorial band (Extended Data Fig. 3). A colder warm pool may  
138 reduce evaporative damping and Walker circulation slowdown, decreasing the EP response,  
139 while weaker mean winds maintain a shallower thermocline in the central equatorial Pacific,  
140 likely facilitating the OT effect. Compared to the OT category, the EP category has a smaller  
141 tropical SST bias relative to observations but higher SLP and equatorial zonal wind stress biases  
142 (Extended Data Figs. 4 and 5).

143

144 While most models exhibit transient temperature gradient strengthening in the first decades of  
145 the abrupt CO<sub>2</sub>-increase experiments (Fig. 1a), only several show a strong change, exceeding



146 +0.25 K and lasting up to 25 years (Figs. 2a and 5a). These models have a particularly weak long-  
147 term response. By contrast, models that do not display a transient OT effect have stronger long-  
148 term EP warming. Overall, initial and long-term changes in the temperature gradient in the  
149 abrupt 4xCO<sub>2</sub> experiments are highly correlated (Fig. 5a). Furthermore, long-term changes in  
150 the gradual 1pct-CO<sub>2</sub> simulations are also highly correlated with the initial changes in the  
151 abrupt experiments (Fig. 5b). In the 1pct-CO<sub>2</sub> experiments, the OT models also show the  
152 longest delay (up to 80 years) before the zonal temperature gradient starts weakening.

153

154 Thus, despite some inter-model spread, the initial response in the abrupt CO<sub>2</sub> forcing  
155 experiments is a good predictor for the strength of the long-term EP warming across idealized  
156 CO<sub>2</sub> scenarios, the GHG-only forced historical simulations and the long-term trends in SSP  
157 experiments.

158

### 159 **Historical versus future projections**

160 Similar to the 1pct CO<sub>2</sub>-only experiments, realistically forced SSPs show high correlation  
161 between the long-term response of the zonal temperature gradient and the initial response in  
162 4xCO<sub>2</sub> abrupt experiments (Fig. 5e,f). This is true for SSP5-8.5, in which aerosol emissions  
163 decline rapidly, and SSP3-7.0, which maintains aerosol emissions close to 2000-2010 levels<sup>46</sup>.  
164 Consequently, in the long-term tropical Pacific response, CO<sub>2</sub> and other GHGs dominate  
165 aerosols, and again the initial response in abrupt 4xCO<sub>2</sub> experiments is a good predictor for  
166 long-term changes.

167

168 In contrast, we find almost no correlation between the initial response in abrupt-forcing  
169 experiments and historical simulations (Fig. 5d). In principle, this could result from relatively  
170 small historical GHG changes, compared to 4xCO<sub>2</sub> or 1pct CO<sub>2</sub>, and hence the dominant role of  
171 natural variability<sup>51</sup>. However, historical experiments with at least 5 models (CESM2-FV2,  
172 HadGEM3-GC31-LL, NESM3, MPI-ESM-1-2-HAM, TaiESM1) simulate significant mean zonal SST  
173 gradient strengthening in recent decades (Fig. 2b), which contradicts the initial response in  
174 abrupt CO<sub>2</sub> experiment in those same models (Fig. 2). Furthermore, for 14 models with GHG-  
175 only historical runs available, the correlation between the simulated historical trends and the  
176 initial response in the 4xCO<sub>2</sub> experiments is strong (0.72 versus 0.25 for the full historical  
177 forcing, Fig. 5c). That is, without aerosols, these models would have predicted trends for the  
178 past 60 years – from flat to a substantial gradient weakening – consistent with their initial  
179 response in the 4xCO<sub>2</sub> experiments. This suggests aerosol effects can temporarily strengthen  
180 the SST gradient or delay its weakening, which, together with natural variability, may diminish  
181 the correlation between historical simulations and abrupt CO<sub>2</sub>-only experiments.

182

### 183 **Opposing effects of aerosol and GHG**

184 We investigate the role of aerosols using a subset of 12 models for which historical GHG-only  
185 and aerosol-only experiments are available. For these models, we compare mean surface  
186 temperature and pressure pattern changes between the full-forcing historical simulations and  
187 these hypothetical partial-forcing experiments, focusing on changes since the 1950s for which  
188 reliable radiative forcing and ocean temperature measurements are available.

189

190 The GHG-only historical simulations generate a model-mean ocean warming similar to the EP  
191 warming in abrupt 4xCO<sub>2</sub> experiments, with equatorial warming in the eastern and central  
192 Pacific and anomalous wind convergence towards a negative SLP anomaly off the South  
193 American west coast (Fig. 6b). The full-forcing historical simulations show enhanced warming  
194 over land, stronger at mid-to-high latitudes and weaker over South Asia (Fig. 6a). However, the  
195 patterns of change over the ocean are more muted (Fig. 6a). Likewise, while the SLP and wind  
196 anomalies show pronounced changes in the extra-tropical Pacific and Indian Oceans (the latter  
197 effect is likely related to aerosol emissions over Asia), the anomalies are small in the equatorial  
198 Pacific.

199

200 In contrast, the aerosol-only historical simulations show a model-mean equatorial cooling signal  
201 (Fig. 6c, Extended Data Fig. 6c) similar to the EP pattern but with opposite sign. Unlike the OT-  
202 type response, this cooling is not accompanied by low pressure anomalies over the Indian  
203 ocean. Instead, low pressure anomalies over the southern Pacific and western Atlantic and  
204 weak positive anomalies develop along the equator cause anomalous equatorial divergence of  
205 winds, especially in the southern hemisphere.

206

207 In the full historical simulations, the aerosol and GHG forcings produce opposite model-mean  
208 trends in the tropical Pacific and largely cancel, generating a muted warming pattern.

209 Nevertheless, individual models display large differences in the tropics. These include  
210 differences in the overall temperature sensitivity to aerosol and GHG forcings, the extent to  
211 which aerosols induce patterned versus uniform cooling, and whether the responses to

212 aerosols and GHG forcing are linearly additive or involve nonlinear interactions. We analyze  
213 three illustrative models — HadGEM3-GC31-LL, MIROC6 and CNRM-CM6 — in more depth  
214 (Extended Data Fig. 7). HadGEM3-GC31-LL exhibits a stark contrast between the full-forcing  
215 historical experiment, showing central equatorial Pacific cooling, and the GHG-only historical  
216 experiment showing EP warming (Extended Data Fig. 8). This contrast is probably driven by  
217 nonlinear interactions between the aerosol and GHG-driven effects, since a linear superposition  
218 of the two simulations does not produce equatorial cooling.

219

220 Several other models, notably CESM2-FV2, TaiESM1 and UKESM1, generate a strong SST  
221 gradient strengthening in the historical simulations, but do not show an OT-type response in  
222 the abrupt CO<sub>2</sub> scenario (Fig. 2). Similar to HadGEM3-GC31-LL, these trends might be driven by  
223 aerosol forcing and nonlinear aerosol-GHG interactions, rather than the OT mechanism.

224

225 Two other models, MIROC6 and CNRM-CM6, show similar warming patterns between the  
226 historical full-forcing and GHG-only simulations, and are less sensitive to aerosol forcing than  
227 HadGEM3-GC31-LL (Extended Data Fig. 8). Yet, CNRM-CM6 develops a modest equatorial  
228 cooling in both the GHG-only and full-forcing scenarios (Extended Data Fig. 9), while MIROC6  
229 has a slight EP warming trend in the full-forcing simulation, and a stronger EP warming trend in  
230 the GHG-only simulation (Extended Data Fig. 10). Thus, CNRM-CM6 is representative of the  
231 models with zonal temperature gradient strengthening or no trend in the historical simulations,  
232 and hence a delay of EP warming, caused likely by an OT-type response with aerosol effects  
233 superimposed. MIROC6 may represent models that show a slight weakening of the

234 temperature gradient in the full historical experiments since they do not have strong aerosol or  
235 OT-type effects, and thus generate historical trends opposite to observations.

236

## 237 **Discussion**

238 We have investigated the tropical Pacific response to radiative forcing across a range of CMIP6  
239 warming simulations. In abrupt 4xCO<sub>2</sub> experiments, we distinguish two types of behavior based  
240 on initial decadal changes: (1) models with a relatively strong OT-like initial response followed  
241 by a weak and delayed EP warming and (2) models in which EP warming starts to develop  
242 within the first decade. Eventually, most CO<sub>2</sub>-only experiments develop EP warming, but of  
243 vastly different magnitudes and somewhat different spatial structures, and the initial response  
244 in abrupt 4xCO<sub>2</sub> experiments is a good predictor for the eventual EP pattern strength.

245 Accordingly, the initial OT-like response is typically replaced in the long-term by a weak EP  
246 pattern, while the initial, relatively weak EP pattern develops into a strong EP pattern. Across  
247 the models, the correlation between the initial temperature gradient changes in the 4xCO<sub>2</sub>  
248 experiments and longer-term changes in CO<sub>2</sub>-rise experiments varies from 0.72 to 0.86,  
249 confirming the utility of the abrupt 4xCO<sub>2</sub> experiments in elucidating the physics of the  
250 response and highlighting the OT and EP mechanisms.

251

252 Despite the strong correlation between the initial and long-term responses across CO<sub>2</sub>-only  
253 experiments, we find poor correlation between initial changes in the 4xCO<sub>2</sub> experiments and  
254 the realistic (full-forcing) historical simulations. Isolating the effects of aerosols and GHGs  
255 shows that aerosols may explain this poor correlation by countering the GHG warming pattern

256 and thus suppressing or delaying the EP warming response in the full-forcing experiments. A  
257 strong OT effect in some of the models may also contribute to this delay.

258

259 In realistic future scenarios (SSP3-7.0, SSP5-8.5), even with continuing aerosol emissions, the  
260 equatorial EP warming becomes more pronounced and it evolves to correlate well with the  
261  $4\times\text{CO}_2$  initial response, as the GHG-driven tropical response overcomes aerosol effects. Thus,  
262 our results suggest that any anthropogenic component of the currently observed trends in the  
263 tropical Pacific may be of transient nature and caused by either aerosol effects or an OT  
264 response to GHG-forcing, or a combination of both, acting to delay the EP warming.

265 Consequently, as future atmospheric GHGs increase and aerosol emissions decrease, an  
266 enhanced warming of the eastern equatorial Pacific and associated Walker circulation  
267 weakening can be expected (Fig. 5, Extended Data Fig. 1 and Supplementary Fig. 1).

268

269 Several major questions remain. First, the large spread in long-term tropical Pacific projections  
270 remains an issue, caused largely by differences in how models respond to  $\text{CO}_2$  rather than  
271 aerosol effects or natural variability. The competition among various mechanisms that either  
272 strengthen or weaken the Pacific temperature gradient, including the transient OT effect, plays  
273 out differently in each model, and how these differences are related to model resolution, biases  
274 and sub-grid parameterizations remains a challenging question to address. A generally colder  
275 tropical Pacific seems to favor the OT effect, but with large variations across the models.

276 Second, the models differ strongly in their representation of tropical natural variability, and

277 future changes in modes of climate variability may contribute to inter-model spread, which  
278 particularly concerns model representation of ENSO<sup>52</sup> and its change.  
279  
280 Third, few models capture the observed historical trend, whether aerosol-driven or not, and  
281 differences in the controlling mechanisms and in projections are large. If aerosols are driving  
282 the observed lack of warming in the equatorial central and eastern Pacific, one may expect a  
283 strong reversal once aerosol emissions level off and GHG effects dominate. However, if the  
284 observed trends in the Pacific are driven primarily by an OT-type response, perhaps in  
285 combination with multi-decadal climate variability, we may expect a delayed and weaker EP  
286 warming pattern. The uncertainty in what drives the observed trend thus makes it difficult to  
287 obtain more robust future projections, warranting more scrutiny of the role of aerosols in these  
288 models and constraints on the transient ocean thermostat.

289

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291

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411

## 412 **Methods**

### 413 *Experiments*

414 We analyze three types of experiments from the Climate Model Intercomparison Project Phase  
415 6 (CMIP6) archive. The first type consists of two hypothetical CO<sub>2</sub>-only experiments: “abrupt-  
416 4xCO<sub>2</sub>” rise and “1pctCO<sub>2</sub>” gradual CO<sub>2</sub> rise (1% per year) where CO<sub>2</sub>-increases are relative to a  
417 pre-industrial level of 280 ppm (here quotation marks refer to labelling of experiments in the  
418 CMIP6 archive). The second type has full-forcing experiments: “historical” simulations using the  
419 observed greenhouse gas (GHG) concentrations and aerosol emissions, as well as two future  
420 scenarios, “SSP5-8.5” and “SSP3-7.0” which follow projected changes in GHG and aerosols. The  
421 third type of experiments consists of modified historical runs with either historical GHG  
422 concentrations prescribed and no aerosols (“hist-GHG”), or prescribed historical aerosol  
423 emissions with a constant preindustrial GHG level (“hist-aer”). Note that for UKESM1 and MPI-  
424 ESM-1-2-HAM, we used their “hist-piaer” (historical with pre-industrial aerosol emission)  
425 simulation rather than the “hist-GHG” simulation as the latter was not available. The “hist-  
426 piaer” simulation, however, is similar to “hist-GHG” for our purposes since it keeps aerosol  
427 emissions constant at the pre-industrial level.

428

429 *Models and observational datasets*

430 We use a total of 40 CMIP6 models in our analysis. The criterion for including a given model is  
431 whether it has at least one ensemble member and 150 years of simulation available for the  
432 following experiments: “abrupt-4xCO<sub>2</sub>”, “1pctCO<sub>2</sub>”, “piControl”, and “historical” (at the time  
433 the data was downloaded during a period from March to September 2020). Some models do  
434 not have future projected scenarios (Fig. 2b), and these models are excluded from that part of  
435 the analysis. For the CO<sub>2</sub>-only simulations, given the strong forcing signal, we only use one  
436 ensemble member per model, but for the historical simulation and future projections, for which  
437 the forcing is smaller and therefore natural variability plays a greater role, we include all  
438 available ensemble members, whose numbers range from 1 to 32 (Supplementary Table 1). For  
439 Fig 1, however, we use only one ensemble member per model to give equal weight to each  
440 model. In addition, a subset of 12 models is used for the second part of the analysis to separate  
441 the effects of greenhouse gases and aerosols by comparing the GHG-only, aerosols-only and  
442 full-forcing historical simulations. The selection of these 12 models is based on the criterion of  
443 having at least one ensemble member available for each of the three types of historical  
444 simulations – realistic and partial-forcing. Lastly, for SST data we use Extended Reconstructed  
445 Sea Surface Temperature, version 4 (ERSST v4)<sup>54</sup>, and for winds and sea level pressure we use  
446 NCEP/NCAR Reanalysis 1<sup>55</sup>.

447

448 *Metrics*

449 We define the Pacific zonal temperature gradient as the surface temperature difference  
450 between two regions along the equator – the region of the Indo-Pacific warm pool  
451 encompassing the western equatorial Pacific, the Maritime continent and the eastern Indian  
452 ocean (80°E to 150°E, 5°S to 5°N, including some land areas) minus the central and eastern  
453 equatorial Pacific (180°E to 280°E, 5°S to 5°N), see Supplementary Fig. 1a. We will refer to this  
454 gradient as the Pacific zonal temperature or SST gradient since the inclusion of land has only a  
455 minor effect, and since this gradient is dominated by the Pacific east-west SST contrast. The  
456 strength of the Walker circulation is defined as a sea level pressure (SLP) difference between  
457 the same regions used for defining the zonal temperature gradient, but with a minus sign.  
458 Anomalies are calculated relative to a preindustrial Control (“piControl”) time mean of at least  
459 150 years for the hypothetical CO<sub>2</sub>-only experiments and relative to a historical baseline of  
460 1950-1970 for the historical and SSP scenarios. We chose this particular baseline because  
461 historical observations become more reliable after the 1950s.

462

#### 463 Data availability

464 CMIP6 data is available at: <https://esgf-node.llnl.gov/search/cmip6/>. Individual dataset used in  
465 this study are available upon request in the event they are temporarily unavailable for  
466 download at the above directory. ERSST v4 is available at: [https://www.ncdc.noaa.gov/data-  
467 access/marineocean-data/extended-reconstructed-sea-surface-temperature-ersst-v4](https://www.ncdc.noaa.gov/data-access/marineocean-data/extended-reconstructed-sea-surface-temperature-ersst-v4) and  
468 NCEP/NCAR Reanalysis is available at:  
469 <https://psl.noaa.gov/data/gridded/data.ncep.reanalysis.html#citations>

470

471 Code Availability

472 All plots and analysis are carried out using Python v. 3.4 including the following packages:  
473 xarray, numpy, xesmf, pandas, os, matplotlib and cartopy. The majority of code used for  
474 analysis is publicly available at: [https://github.com/ubbu36/CMIP6\\_pacific\\_analysis](https://github.com/ubbu36/CMIP6_pacific_analysis) (DOI:  
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476

477 Methods references

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487



## 488 Acknowledgements

489 U.K.H is supported by NASA FINESST Fellowship (80NSSC20K1634). A.V.F. is supported by grants  
490 from the NSF (AGS-0163807), NASA (NNX17AH21G) and NOAA (NA20OAR4310377). Additional  
491 funding is provided by the ARCHANGE project (ANR-18-MPGA-0001, France). The funders had  
492 no role in study design, data collection and analysis, decision to publish or preparation of the  
493 manuscript. We greatly acknowledge the World Climate Research Programme, which, through  
494 its Working Group on Coupled Modelling, coordinated and promoted CMIP6. We thank the  
495 climate modeling groups for producing and making available their model output, the Earth  
496 System Grid Federation (ESGF) for archiving the data and providing access, and the multiple  
497 funding agencies who support CMIP6 and ESGF. We thank NOAA/OAR/ESRL, PSL and  
498 NCEP/NCAR, Boulder, Colorado, USA for access to datasets ERSST v4 and NCEP-NCAR Reanalysis  
499 1. We also thank Natalie Burls for helpful discussions of the topic.  
500

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503

## 504 Author contributions

505 U.K.H and A.V.F. contributed equally to designing the research. U.K.H performed the data  
506 analysis and, together with A.V.F., interpreted the results. U.K.H wrote the manuscript and  
507 edited it together with A.V.F.

508

## 509 Competing interests

510 The authors declare no competing interests.

511 **Figure captions**

512 **Figure 1. Multi-model-mean temporal evolution of the Pacific zonal surface temperature**  
513 **gradient in different experiments.** (a) Historical simulations and changes in the observed SST  
514 gradient (red line, *errst v4* data); both are relative to the 1950-1970 baseline. (b,c) Future  
515 projection scenarios SSP5-8.5 and SSP3-7.0 relative to the 2015-2025 baseline. (d,e) Abrupt 4xCO<sub>2</sub>  
516 and gradual 1pct CO<sub>2</sub>-rise experiments relative to the piControl level. In order to weight each  
517 model equally, only one ensemble member per model is included. Shading indicates model spread.  
518 A ten-year running mean is applied. Negative values indicate the weakening of the temperature  
519 gradient.

520 **Figure 2. Changes in the Pacific zonal surface temperature gradient in different experiments for**  
521 **each model.** These bar charts show zonal temperature gradient changes for (a) the CO<sub>2</sub>-only  
522 experiments and (b) the full-forcing historical and SSP5-8.5 simulations. Anomalies in the CO<sub>2</sub>-  
523 only experiments are measured relative to piControl. Anomalies in the historical and SSP5-8.5  
524 scenarios are calculated relative to the 1950-1970 baseline and compared to the observed  
525 changes (the red bar). Error bars, when provided, indicate ensemble spread (one standard  
526 deviation) for models that include at least 3 ensemble members.

527 **Figure 3. Initial and long-term SST anomaly patterns at low latitudes developing in the abrupt**  
528 **4xCO<sub>2</sub> experiments.** The panels show multi-model-mean anomalies relative to the area mean  
529 warming for two model categories based on the structure of the initial response. The ocean  
530 thermostat (OT) category contains models with a relative cooling (or lack of warming) in the  
531 central and eastern equatorial Pacific in the first 25 years. The eastern equatorial Pacific  
532 warming (EP) category contains models with a clear warming in the central and eastern equatorial Pacific  
533 during the same years. In the long-term response (right panels) both categories show a  
534 pronounced EP warming pattern but whose strength depends on the type and strength of the  
535 initial response. The models assigned to each category are listed in the legend of Fig. 5. We used  
536 7 and 13 models for the OT and EP categories, respectively. The remaining models fall in between  
537 these end-members. To highlight the patterns of change, anomalies are computed with respect  
538 to piControl with the ocean mean warming (60°E - 60°W, 40°S - 40°N) subtracted. Hatching  
539 indicates that 80% of the models agree on the sign of the anomaly.

540 **Figure 4. Initial and long-term sea level pressure (SLP) and surface wind anomaly patterns in**  
541 **the abrupt 4xCO<sub>2</sub> experiments.** The plot shows SLP anomalies relative to the mean area change  
542 (within 60°E - 60°W, 30°S - 30°N) and wind anomalies (arrows) for the OT and EP model categories  
543 and the same times as in Fig 2. Note the long-term reduction in the east-west SLP gradient and  
544 westerly wind anomalies along the equator in panels (b) and (d), indicating the weakening of the  
545 Walker circulation. This contrasts the strengthening of the Walker circulation in the OT category  
546 in panel (a) during the first decades of the experiments.

547 **Figure 5. Changes in the Pacific zonal surface temperature gradient in different experiments**  
548 **versus the 4xCO<sub>2</sub> initial response:** (a) long-term anomalies in the abrupt 4xCO<sub>2</sub> experiments for  
549 years 100-150; (b) anomalies in the 1pct CO<sub>2</sub> experiments for years 20-80; (c) anomalies in the  
550 GHG-only historical simulations for years 1990-2014 relative to piControl; (d) anomalies in the  
551 full-forcing historical simulations for years 1990-2014 relative to piControl; (e,f) long-term  
552 anomalies, defined as 2080-2100 minus piControl, for the SSP3-7.0 and SSP5-8.5 scenarios. Each  
553 marker+color combination represents one model as described in the legend below the panels.  
554 Models marked as OT or EP, respectively, have a clear initial strengthening or weakening of the  
555 Pacific zonal temperature gradient in the first 25 years of the 4xCO<sub>2</sub> simulations. Models that have  
556 partial-forcing experiments are denoted with an asterisk. Negative values indicate the weakening  
557 of the zonal temperature gradient. Dashed vertical lines indicate the thresholds for the OT and EP  
558 categories respectively. The R and p values denote the correlation coefficients and statistical  
559 significance of Pearson's correlation.

560 **Figure 6. Anomalies in surface temperature, sea level pressure (SLP) and surface winds in**  
561 **experiments with full or partial historical forcing.** The maps show multi-model-mean anomalies  
562 in surface temperature (left) and SLP and wind (right) for years 2000-2014 relative to the 1950-  
563 1970 baseline for three historical experiments: (a,b) with full forcing, and (c,d) with GHG-only and  
564 (e,f) aerosols-only forcings. Note that the colorbar for panel (e) is saturated at -0.5 and 0.5, which  
565 highlights the pattern of change over the ocean. A subset of 12 models that have all three types  
566 of simulations is used (these models are included in Fig. 5c).