









Bioastronautics and Life Support Systems



"Head and body monitoring sensorimotor assessment tool"

## Agenda

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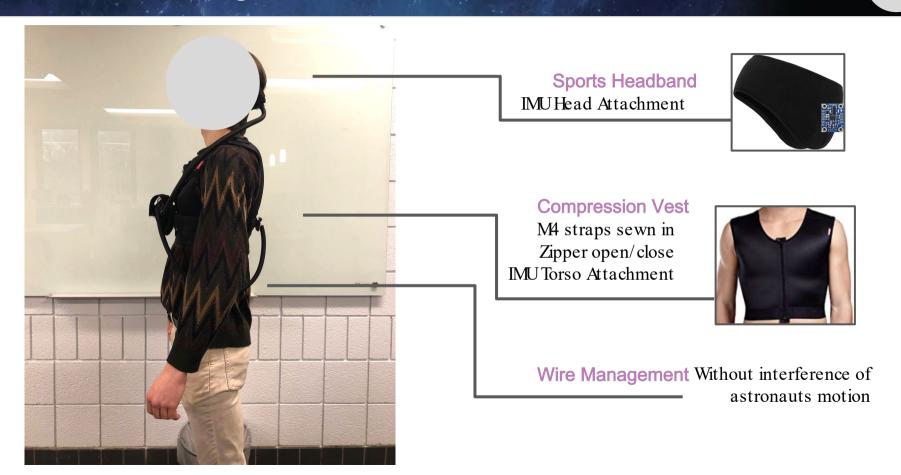
## **Previous Configurations**

### Hardware Configuration (Adafruit M5)





### Hardware Configuration



#### Data Retrieval on M5

#### Timestamp (millis), IMU Locus, Accel X Y Z, Gyro X Y Z

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1479794.00, Torso, 1.30, 0.00, 0.10, -13.81, -25.06, 76.19,
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1481082.00, Head, -0.90, -0.58, 1.40, -4.37, -1.94, -2.56,
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1486718 00 Torso 0.23 -0.15 -0.14 13.88 -0.06 -1.19
```

#### **Notes on Data Retrieval:**

Data Rate: Currently bottlenecked at ~3Hz

Possible hardware

limitation

Once thought it was

software

Method: Copied

Copied from Arduino serial port

Sent after tests to

#### Transitioned to Opal IMUs

Changes:

imestamp needs real-time

ently relative

RTC



### Previous Discussed Configurations

#### #1 Sports Headband

With IMU attached in the back



#2 Ear Wrap / Headband

With IMU attached on one side of head



#3 Boxing Helmet
With IMU attached in the front





#4 Adjustable Helmet
With IMU attached in the back





#5 Over-Ear Headphones With IMU attached on crown



#6 Skin-Safe Adhesive

With IMU (options) attached to:

- (1) Behind Ear
- (2) Forehead
- ) Spinal Region



Compression Vest + Adjustable Straps



Recent Investigations











## PCR Subsequent Designs

### PCR Subsequent Designs - OPAL Earphone (M6)





- Opal IMU:
- completely wireless
- high sampling rate
- MotionStudio h5 → Python
- Balance Weight : 25g Counterweight
- Skin-Safe Adhesive
   \*Behind mount
- Open Ear BC-Headphones
   \*Viable for audio instruction tests

### PCR Subsequent Designs - OPAL Earphone (M6)





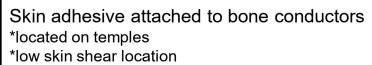
- 1 Opal IMU:
  - completely wireless
  - 120+ Hz sampling rate
  - MotionStudio h5 → Python
- Balance Weight : 25g PLA Block
- 3 Skin-Safe Adhesive\*On temples
- Open Ear BC-Headphones
   \*Viable for audio instruction tests

### PCR Subsequent Designs





Isometric view \*counterweight in front





\*Velcro at ear position

### PCR Subsequent Designs





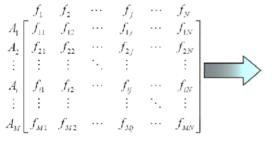
- 1 Opal IMU:
  - completely wireless
  - 120+ Hz sampling rate
  - MotionStudio h5 → Python
- 2 Improving M5 : Headband Integration
- Adjustability Around Opal
   \*Velcro straps on back of head
- 4 High Comfort
  \*Soft elastic material
  \*No skin adhesion

# Meta Trade Study TOPSIS MCDM Deliverable

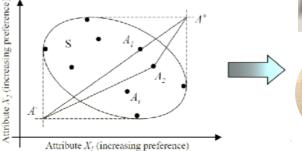
#### TOPSIS MCDM Deliverable

TOPSIS - Technique for Order Preference by Similarity to Ideal Solution
 More "bounded" than a classic trade study
 Seeks to use only our data to judge an ideal alternative
 Compares closeness-to-ideal of existing alternatives

### Calculate the normalized decision matrix



## Determine distance to ideal and anti-ideal solution



#### Rank the alternatives



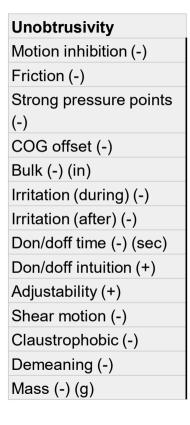








#### TOPSIS Criteria



Efficiency
Data collection rate(+)
(Hz)
Start/stop time(-) (sec)
Discharge time(+) (hr)
Calibration time(-) (sec)

Structure
Complexity (-)
Repairability (+)
Strength (+)
Transportability (+)

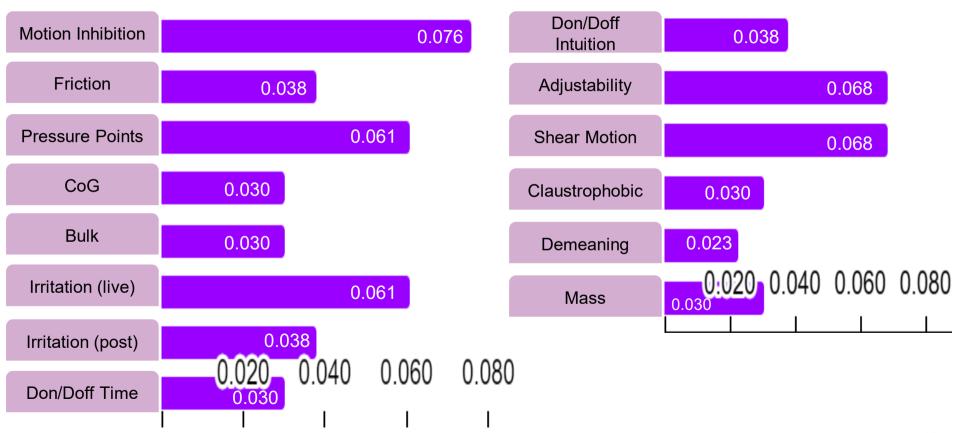
Selected to encompass both unobtrusivity of the system as well as its technical attributes

\*(-) indicates that a higher value is poor

\*(+) indicates that a higher value is favored

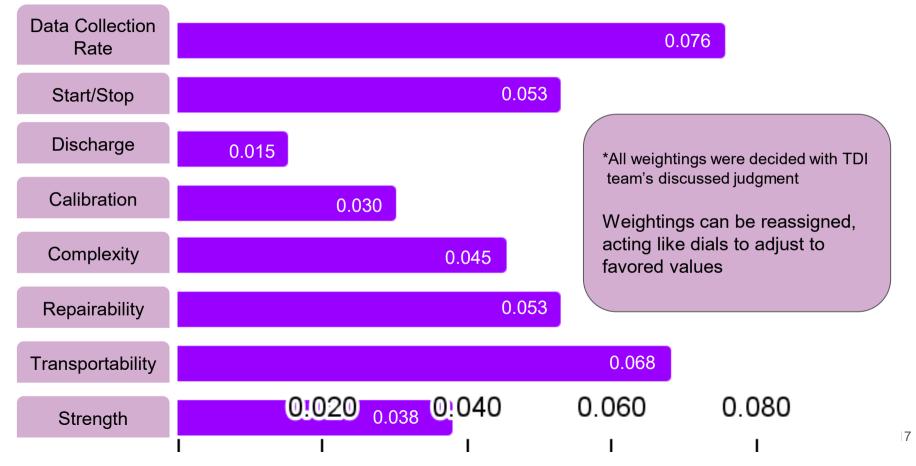
\*Weightings of all criteria must sum to 1

### TOPSIS Weightings: Unobtrusivity



### TOPSIS Weightings: Efficiency & Structure

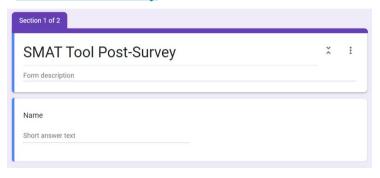


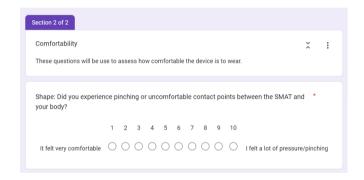


#### TOPSIS Data Collection and Testing

TOPSIS allows for input of quantitative and qualitative data of any unit or range
 Using this advantage → Data for criteria is collected through surveys, tests, and inspections

Post-Test Survey





\*only a snapshot of full survey

Out of Survey Testing
 Don/doff time
 Strength/Repairability
 Shear motion
 Transportability
 Start/stop time
 Calibration time

Configuration Inspection
 Data collection rate
 Discharge time
 Mass
 Bulk (characteristic length)

### More Detailed View of Out-of-Survey Testing



#### Don/doff time test:

- Hidden timer
- Start timing when told to put on SMAT
- Stop timing when it is put on
- Start timing when told to take off SMAT
- Stop timing when it is taken off

#### Bulk test:

 Measure the characteristic length (distance from body) of head part and torso part and add together

#### Shear motion test:

- Slow motion video on phone looking for shear motion
- Shake head back and forth
- Shake head up and down
- Make an infinity sign with your nose
- Quickly twist torso with fixed hips
- Bend over quickly to touch your toes
- Bend back quickly to open up your chest

#### Mass test:

Mass it in grams

#### Data collection rate test:

- For Opal, read overall frequency of data input
- For Adafruit, count interval between timestamps in serial port and average and invert to find frequency

#### Start/stop time:

- Start timing when system power input is activated
- Stop timing when system begins to take data

#### Discharge time:

- Let run idle until death (and time)
- Let run while moving until death (and time)
- Take the minimum time of the above two
- Also consider producer listed times

### More Detailed View of Out-of-Survey Testing



#### Calibration time:

- Start time when user is told to begin calibration pose and SMAT begins calibration
- Stop time when the tool is calibrated (to our standard)

#### Strength:

- Treat it like a risk matrix
- Rank severity of the break and likelihood of the break (determine either hypothetically or with a demo test)
- Total RPN will be inverted and set as the strength score

High severity	High severity
Low likelihood	High likelihood
Low severity	Low severity
Low likelihood	High likelihood

#### Repairability:

- For each break/failure mode of the system, rank how repairable that break is from 1 to 10, with 10 being the user can repair it on the spot while they are using it, and 1 being that the full system must be rebuilt with new parts
- Sum all of the repairability points, inverse, and set that as the repairability score

#### Transportability:

- Purely qualitative (with examples of transportation if we come up with good ones)
- 1-10 scale

#### Shear Motion Tests

- Shear motion of a sensor attachment configuration can compromise data
   Quantifying shear motion is difficult or impossible with sensor data when considering S/N ratio
   Alternatively → qualitative observation of shear motion is a natural filter of unwanted motion larger than natural IMU noise
- Solution: Utilizing slow-motion video to analyse visual shear motion of IMU attachments
- Body motions for observing sensor shear motion:

Shake head back and forth
Shake head up and down
Make an infinity sign with your nose

Quickly twist torso with fixed hips
Bend over quickly to touch your toes
Bend back quickly to open up your chest
Raise arms quickly above head

### Shear Motion Tests - Adafruit M5 Example











Head Back and Forth

Head Up and Down

Infinity Sign

Large shear motion for comparison

### Shear Motion Tests - Adafruit M5 Example











Twist at Hips

**Touch Toes** 

Open Chest

Raise Arms

## TOPSIS Deliverable - Filled

			OPAL earphones with tape (M6)	OPAL M5	Adafruit Earwrap	Adafruit M5	Adafruit Boxing Helm	Adafruit Skater Helm
Criteria								
Unobtrusivity								
Motion inhibition (-)	10	0.076	2.333	1.667	2.5	3.5	5	3.667
Friction (-)	5	0.038	1.333	1	5.5	1.5	3	2.333
Strong pressure points (-)	8	0.061	0.667	0	1.5	0	5	1.333
COG offset (-)	4	0.030	5	2.667	5	3	5	3.333
Bulk (-) (in)	4	0.030	3.25	2.938	4.25	4.125	5.75	6.5
Irritation (during) (-)	8	0.061	1	1.667	3	2	4.5	2.667
Irritation (after) (-)	5	0.038	1.333	1	1	1	1	1
Don/doff time (-) (sec)	4	0.030	93.11	84.01	160.87	118.69	182.15	191.45
Don/doff intuition (+)	5	0.038	5	9.667	4	6.5	5.5	6
Adjustability (+)	9	0.068	6	8	5.5	8.5	8	8.667
Shear motion (-)	9	0.068	2.286	0	2.429	1.857	3.429	3.429
Claustrophobic (-)	4	0.030	1.333	1.333	3.5	2	7	3
Demeaning (-)	3	0.023	1.667	1.667	2	2.5	7	1.333
Mass (-) (g)	4	0.030	416.6	393.5	470.1	445.2	538.8	923.9
Efficiency								
Data collection rate(+) (Hz)	10	0.076	120	120	100	100	100	100
Start/stop time(-) (sec)	7	0.053	45	45	120	120	120	120
Discharge time(+) (hr)	2	0.015	8	8	7.63	7.63	7.63	7.63
Calibration time(-) (sec)	4	0.030	3	3	60	60	60	60
Structure								
Complexity (-)	6	0.045	3	3	4	4	4	4
Repairability (+)	7	0.053	4.222	4.25	3.538	3.538	3.429	3.429
Strength (+)	9	0.068	0.024	0.032	0.011	0.011	0.01	0.011
Transportability (+)	5	0.038	8	9	6	6	3	4

## TOPSIS Deliverable - Filled

	Weights (1-	Weights (Normalized)	OPAL earphones with tape (M6)	OPAL M5	Adafruit Earwrap	Adafruit M5	Adafruit Boxing Helm	Adafruit Skater Helm
Criteria								
Unobtrusivity								
Motion inhibition (-)	10	0.076	2.333	1.667	2.5	3.5	5	3.667
Friction (-)	5	0.038	1.333	1	5.5	1.5	3	2.333
Strong pressure points (-)	8	0.061	0.667	0	1.5	0	5	1.333
COG offset (-)	4	0.030	5	2.667	5	3	5	3.333
Bulk (-) (in)	4	0.030	3.25	2.938	4.25	4.125	5.75	6.5
Irritation (during) (-)	8	0.061	1	1.667	3	2	4.5	2.667
Irritation (after) (-)	5	0.038	1.333	1	1	1	1	1
Don/doff time (-) (sec)	4	0.030	93.11	84.01	160.87	118.69	182.15	191.45
Don/doff intuition (+)	5	0.038	5	9.667	4	6.5	5.5	6
Adjustability (+)	9	0.068	6	8	5.5	8.5	8	8.667
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Claustrophobic (-)	4	0.030	1.333	1.333	3.5	2	7	3
Demeaning (-)	3	0.023	1.667	1.667	2	2.5	7	1.333
Mass (-) (g)	4	0.030	416.6	393.5	470.1	445.2	538.8	923.9

## TOPSIS Deliverable - Filled

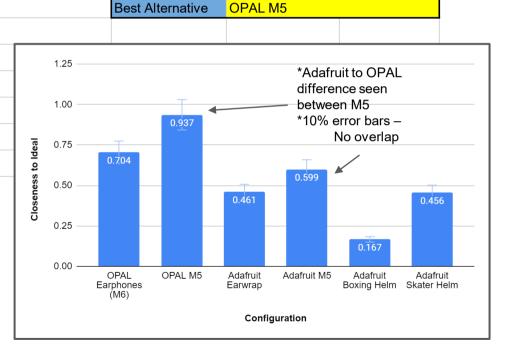
	Weights (1-	Weights (Normalized)	OPAL earphones with tape (M6)	OPAL M5	AL M5 Adafruit Ac Earwrap		Adafruit Boxing Helm	Adafruit Skater Helm	
Criteria									
Efficiency									
Data collection rate(+) (Hz)	10	0.076	120	120	100	100	100	100	
Start/stop time(-) (sec)	7	0.053	45	45	120	120	120	120	
Discharge time(+) (hr)	2	0.015	8	8	7.63	7.63	7.63	7.63	
Calibration time(-) (sec)	4	0.030	3	3	60	60	60	60	
Structure									
Complexity (-)	6	0.045	3	3	4	4	4	4	
Repairability (+)	7	0.053	4.222	4.25	3.538	3.538	3.429	3.429	
Strength (+)	9	0.068	0.024	0.032	0.011	0.011	0.01	0.011	
Transportability (+)	5	0.038	8	9	6	6	3	4	

## TOPSIS Deliverable - Results

	Closeness to Ideal	Closeness	
OPAL Earphone	s (M6)	0.7041	
OPAL M5	0.9373		
Adafruit Earwrap	0.4613		
Adafruit M5		0.5995	
Adafruit Boxing I	0.1665		
Adafruit Skater H	Helmet	0.4560	

#### Ranking:

- 1. OPAL M5
- 2. OPAL Earphones (M6)
- 3. Adafruit M5
- 4. Adafruit Earwrap
- 5. Adafruit Skater Helmet
- 6. Adafruit Boxing Helmet



### Closest to Ideal Configuration

OPAL M5
Sport Headband + Compression Vest







Winning Attributes: Zero shear motion, zero pressure points, minimal COG offset, minimal motion inhibition

### Future Configuration with NASA Manufacturing Capability



#### **Key Requirements:**

- ~Zero shear motion
- Simple Don/doff
- Unnoticeable wearability
- High sampling frequency (+100Hz)
- Wireless data transmission (low packet loss)
- Instant software communication set-up time

#### **Customer Interests:**

- Ear attachment
- Effective for headlocking metric

\*The Ideal/Anti-Ideal values do not mean a lot alone, but comparing to what configuration gave the ideal can inform key qualities of the *ideal design* 

#### **TOPSIS Determined Ideal Configuration:**

	Idealized Entries			Strong pressure points (-)			Irritation (during) (-)	Irritation (after) (-)	Don/doff time (-)	Don/doff intuition (+)	Adjustability (+)	Shear motion (-)	Claustrophobic (-)	Demeaning (-)
Ideal		0.0157	0.0054	0.0000	0.0079	0.0077	0.0092	0.0146	0.0071	0.0236	0.0319	0.0000	0.0045	0.0038
Anti-	deal	0.0471	0.0296	0.0562	0.0148	0.0171	0.0413	0.0195	0.0162	0.0098	0.0202	0.0378	0.0238	0.0197

	Data collection rate (+)	Start/stop time(-	· ·	Calibration time(-)	Complexity (-)	Repairability (+)		Transportability (+)	
0.0086	0.0348	0.0096	0.0063	0.0007	0.0149	0.0245	0.0479	0.0220	
0.0202	0.0290	0.0256	0.0060	0.0150	0.0199	0.0198	0.0150	0.0073	

### Future Configuration with NASA Manufacturing Capability

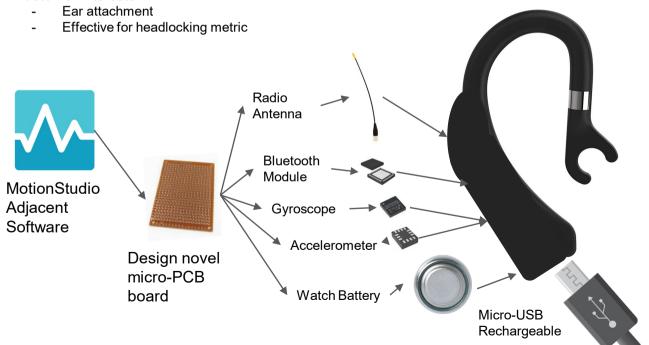


#### **Key Requirements:**

- ~Zero shear motion
- Simple Don/doff
- Unnoticeable wearability
- High sampling frequency (+100Hz)
- Wireless data transmission (low packet loss)
- Instant software communication set-up time

\*Would consume years of design, testing, and manufacturing (including setting up manufacturing infrastructure)

#### **Customer Interests:**



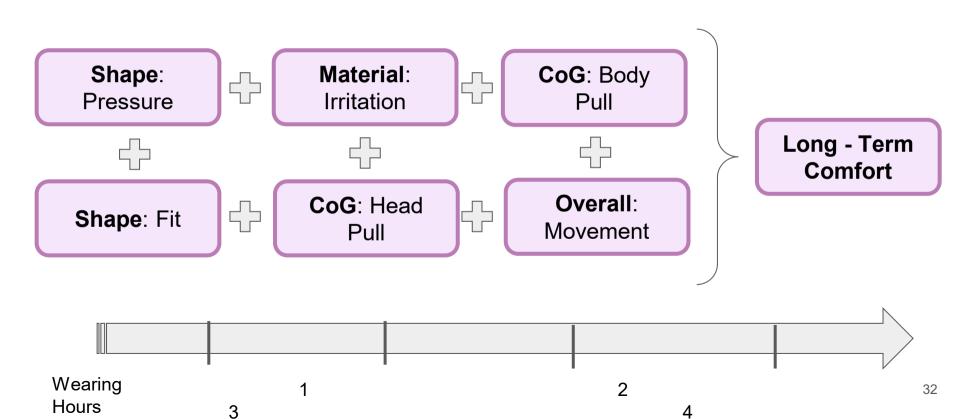


Skin adhesive torso module to sternum

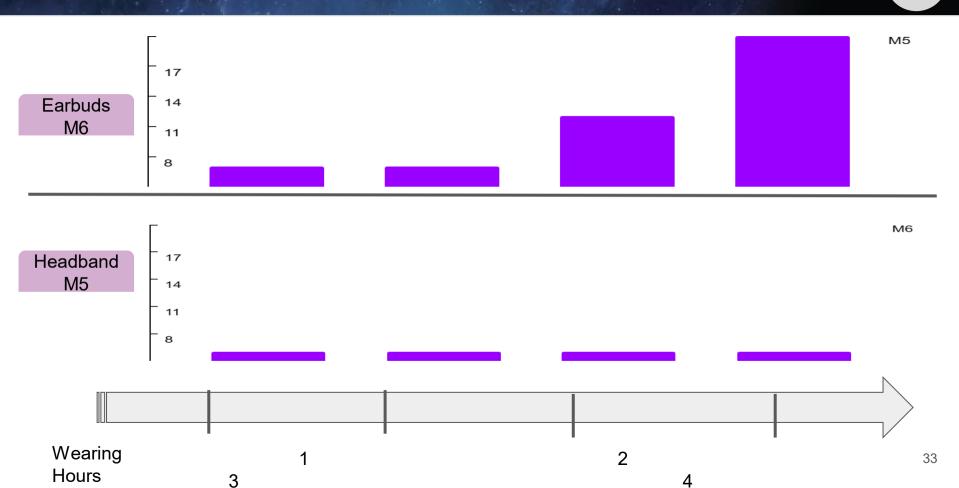


# Unobtrusivity

### Comfortability Rating: Long-Term



### Comfortability Rating: Long-Term



### **Unobstrusivity Comments**

M5: pressure from compression of the suit can be ignored, but if focused on it can be distracting, particularly at the shoulder blades and back of the head.

M4: on either side of neck under jaw and front of head. Helmet shifted a lot on head M5: It did not feel restrictive but I was being careful with it on.

**M5:** Pulling feeling on back of shoulders (though not noticeable until after a while)

**M6:** Right ear moves. Head felt pulled down

M3: clautrophobic head

# Testing

### Impairment Devices



Foam Mattress



**Neck Brace** 

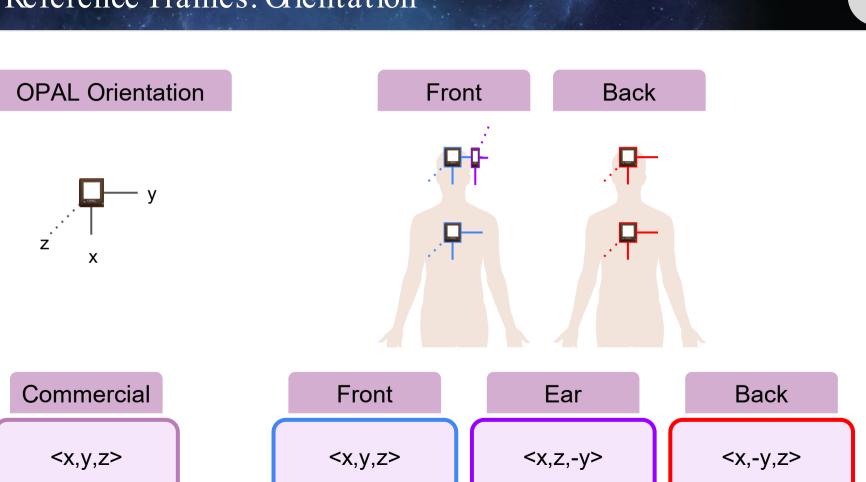


**Drunk Goggles** 



**Eyes Closed** 

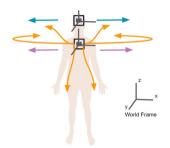
### Reference Frames: Orientation



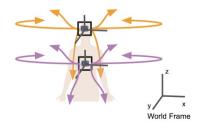
## Commercial vs M5 vs M6



### Metric Calculations



$$RMS = \sqrt{\frac{\sum_{i=1}^{n} x_i^2}{N}}$$



#### Sway

$$ML = RMS_{a_x}(Head) - RMS_{a_x}(Body)$$

$$AP = RMS_{a_y}(Head) - RMS_{a_y}(Body)$$

$$Sway = \sqrt{ML^2 + AP^2}$$

#### **Head Locking**

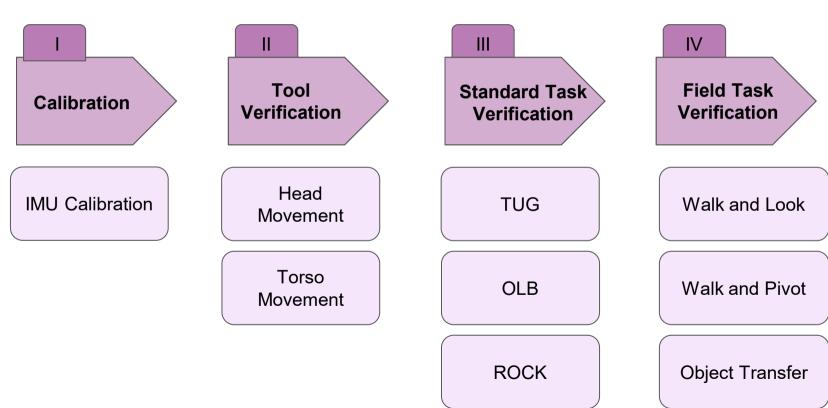
$$UD = RMS_{\omega_x}(Head) - RMS_{\omega_x}(Body)$$

$$SS = RMS_{\omega_y}(Head) - RMS_{\omega_y}(Body)$$

$$LR = RMS_{\omega_z}(Head) - RMS_{\omega_z}(Body)$$

$$Head\ Locking = LR + SS + UD$$

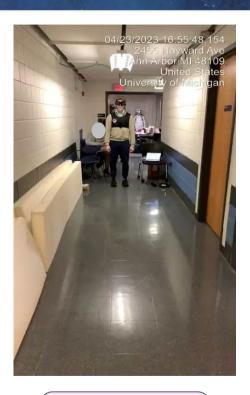
# Testing Procedure Results



## Field Task Verification

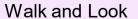


Object Transfer





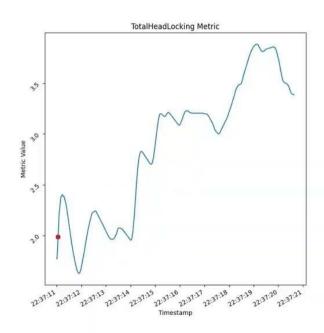






Head Movement

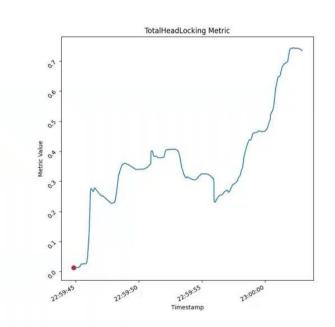






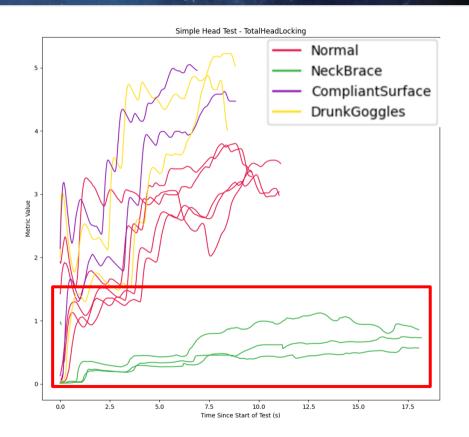
Head Movement





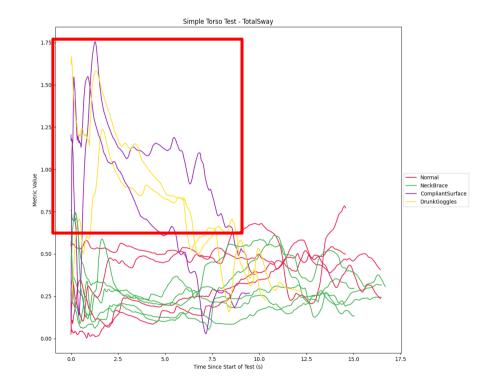
Tool Verification

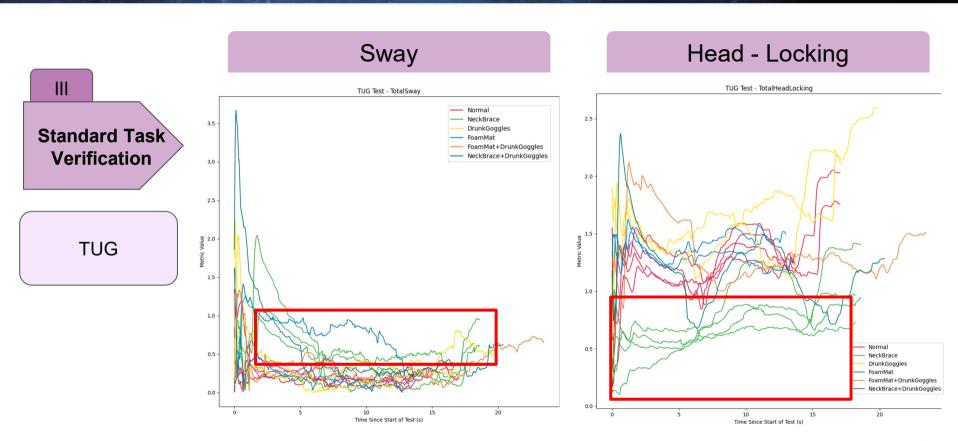
> Head Movement

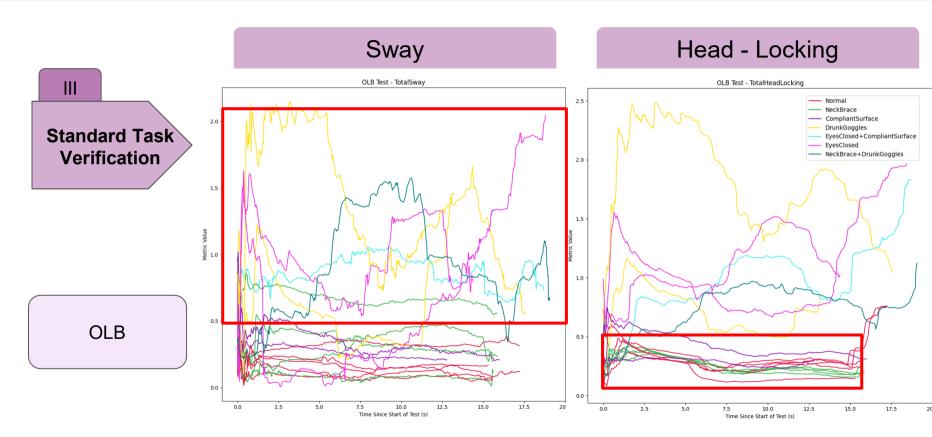


Tool Verification

> Torso Movement



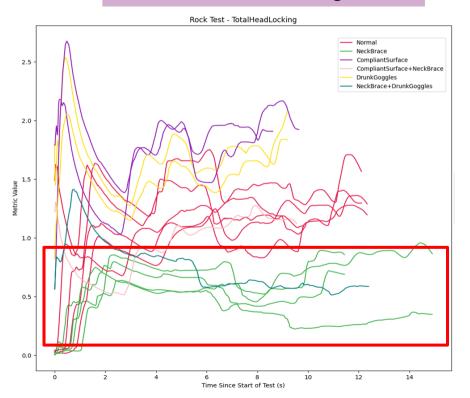


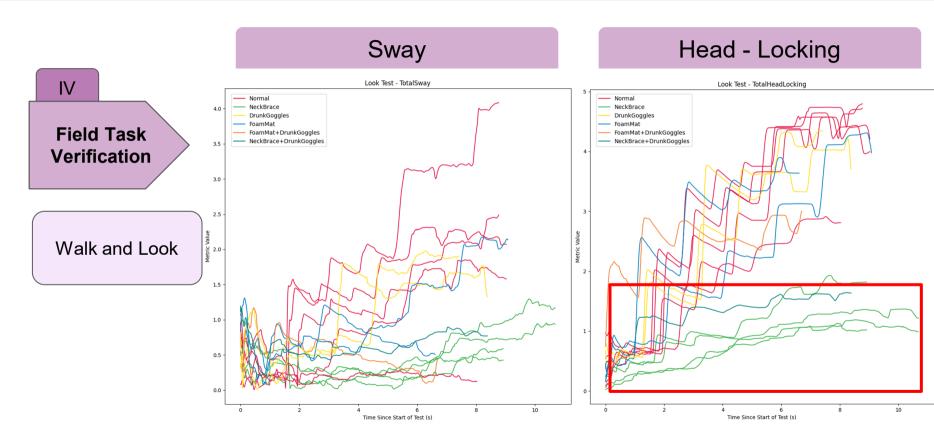


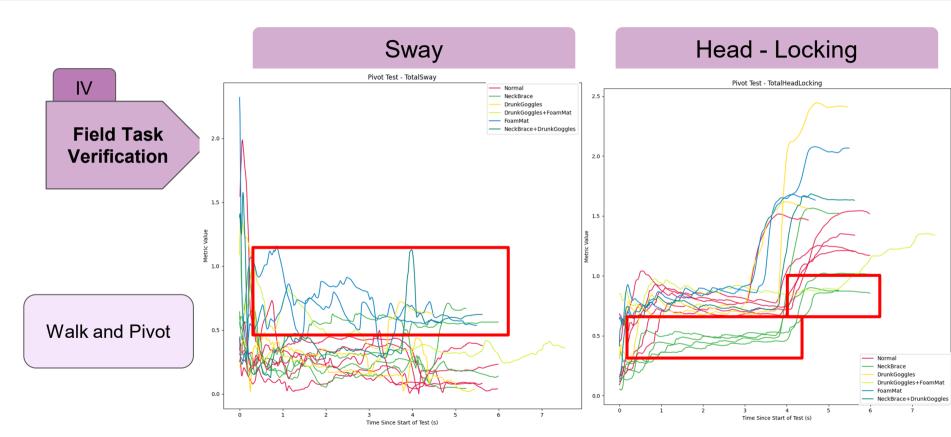


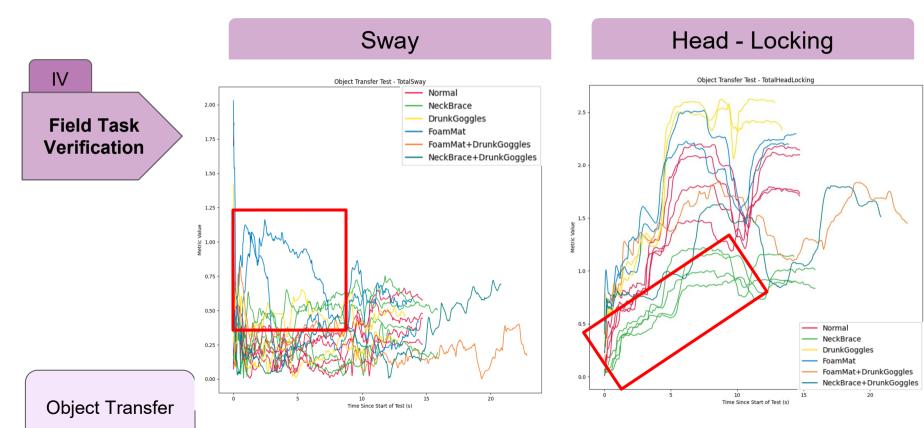
ROCK

#### Head - Locking





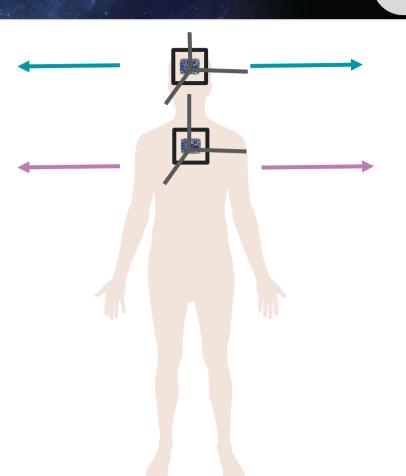




# **Metrics Conclusion**

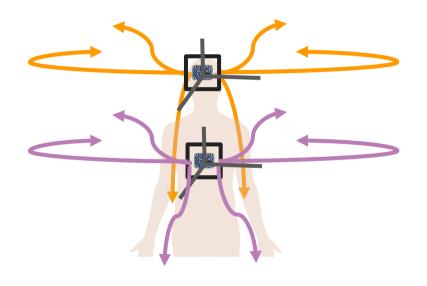
## Sway Results

- Even with gravity removed, sway metric calculation does not produce separate curves
  - Tests may not be inducing enough sway
  - Metric calculation may not be capturing the distinct effects of sway
- Foam mat seems to produce the most amount of sway during tests



## Head Locking Results

- Tests Integrating head movements have curves distinct from non-headlockingimpaired user
  - Tests without head movements may or may not
- Threshold values vary between tests
- Rolling window of sufficient size (>5
  seconds) will typically produce distinct
  curves. Larger windows tend to increase
  separation.
- Neck brace induces the most amount of headlocking

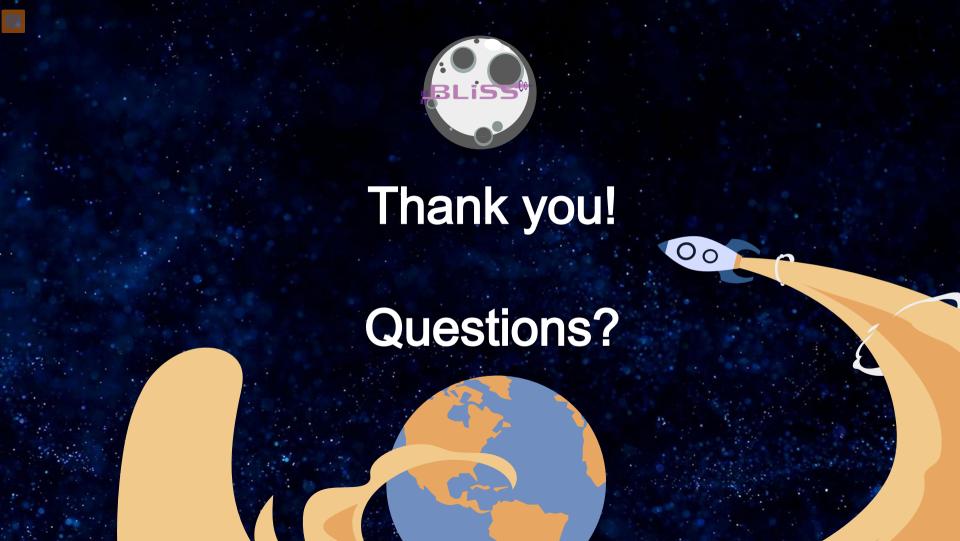


# Conclusion

#### Conclusion

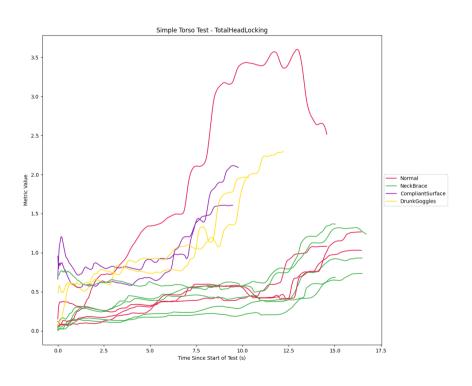
- OPAL M5 configuration is most ideal base design off this architecture
- Consider bringing on longerm engineering team for microconfiguration
- View TOPSIS for necessary SMAT criteria and adjust weightings as desired
- Headlocking and Sway can be determined with SMAT tool metrics
- Tiered testing validates a SMAT tool
  - One motion→ One treatment→ Complex motions and multiple treatments

<sup>\*</sup>Would you like a paper write-up of this academic year's work for your review? Receive in few weeks.



# Backup

## Torso movement headlocking metric



## Testing Videos

Nathan - M5, M6 - <u>link</u>

Derek - M5, M6 - <u>link</u>

Derek - M5, M6, Commercial - <u>link</u>

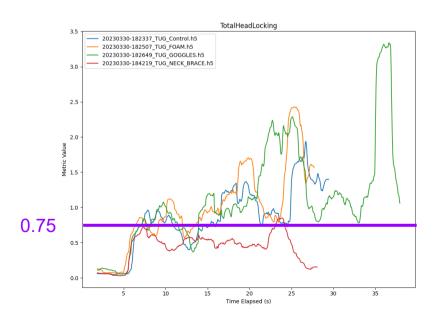
Owen - Adafruit M5 - <u>link</u>

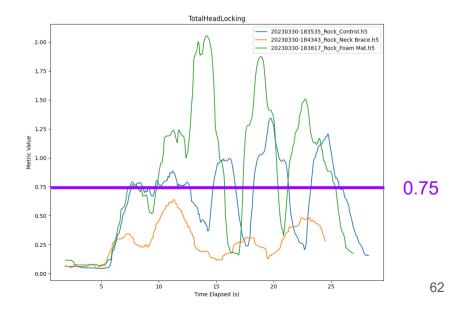
## Head Locking

**Calculation:**RMS of relative angular velocity between head and torso about body-relative x, y, and z axes. Rolling window of approx. 2 seconds.

Simulation: Wear neck brace during test

Verification: Compare tests with and without head brace and check that curves are distinct





## Head Locking - Next Steps

#### Separating Curves & Identifying Thresholds:

**Idea:**Percent time spent with TotalHeadLocking above **0.75**over a designated period of time.

• Should clearly separate curves based on TUG and Rock Test results.

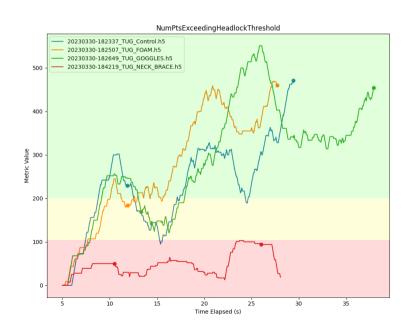
#### **Collecting More Data:**

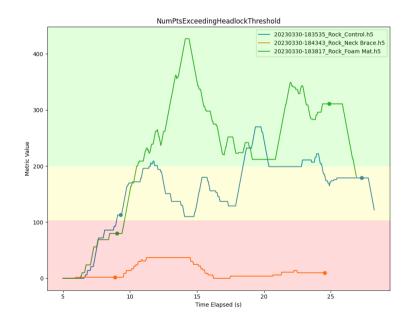
Rock and TUG Test results currently based on a <u>single</u> set of tests.

Collect same data from <u>multiple people</u> with varying demographics to better understand and verify metric.

## Head Locking - 0.75 Threshold

#### First attempt using 0.75 threshold with a 5 second rolling window



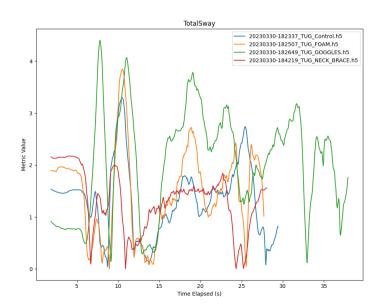


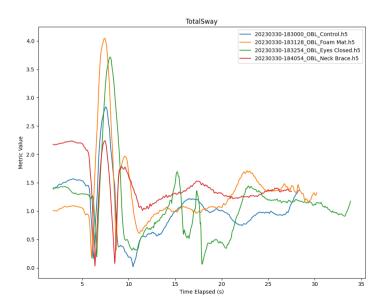
## Sway

**Calculation:**RMS of acceleration in front-back and left-right (body-relative) axes. Rolling window of approx. 2 seconds.

**Simulation:**High density foam mat (TUGtest and one legged balance)

**Verification:**Compare tests with and without head brace and check that curves are distinct





## Sway - Next Steps

#### Reevaluate Metric Calculation

Acceleration based metric - need to eliminate gravity vector from data

- Use magnetometer or estimate orientation
- OR Inversely weight sway calculation on deviation from up axis deviation from local gravity vector (-9.81 for Earth on ground).

Could try gyroscopic sway.

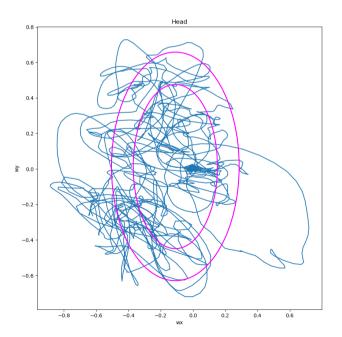
In process of using a double-banded ellipse about front-back and left-right axes and counting number of times threshold values are crossed.

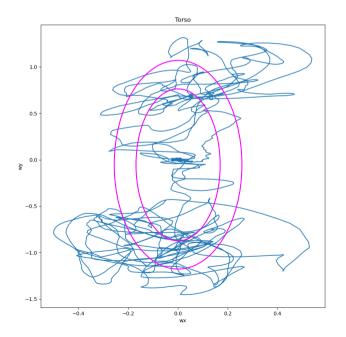
Results pending

### Sway - Double-Banded Ellipse\*

**Calculation:**Within a specified period of time, count the number of times the gyro (or accel) crosses the outer ellipse threshold after being inside the inner ellipse threshold, and vise versa.

#### \*Results Pending





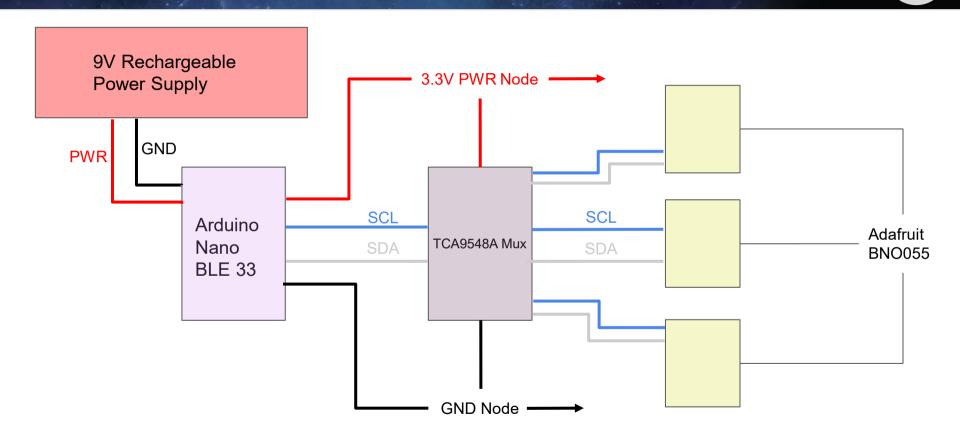
## Videos of Testing M5



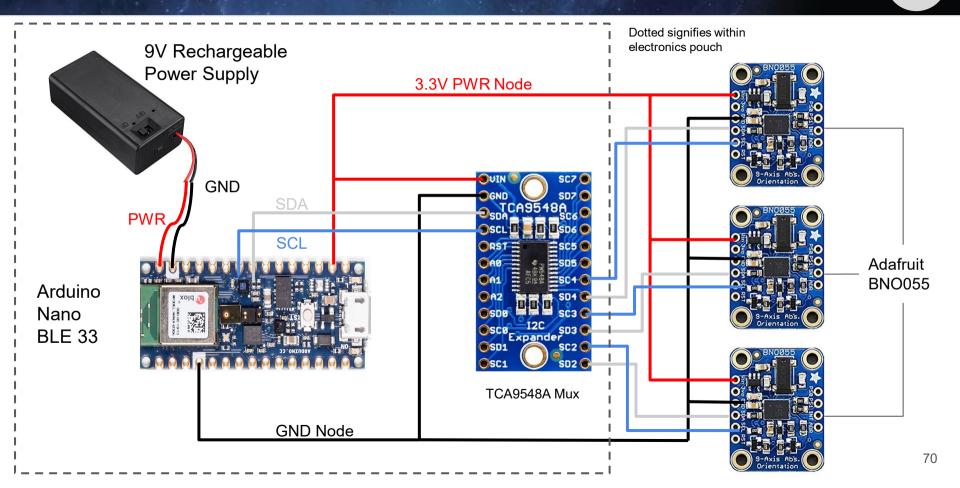




## Sensor Suite Circuit Diagram Simple



## Sensor Suite Circuit Diagram Full



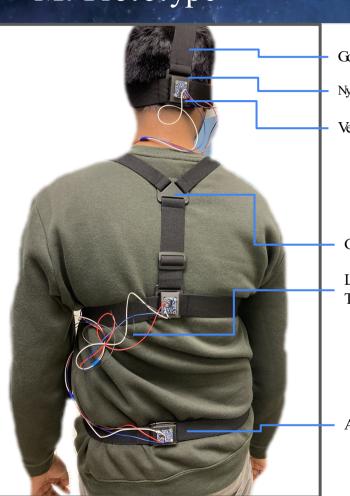
## MB CAD Model



Directly Inspires M4 design



## M4 Prototype



GoPro Head Mount

NylonXCarbon Fiber IMUMount

Velcro attachment

GoPro Chest Mount

Loose Wires / Taped Bundles

Adjustable, Elastic Belt

Adjustable Straps

Fabric Electronics Pouch Nano, MUX, 9V Rechargeable

Battery Recharge Port Cut out of pouch

Power Switch
Cut out of pouch

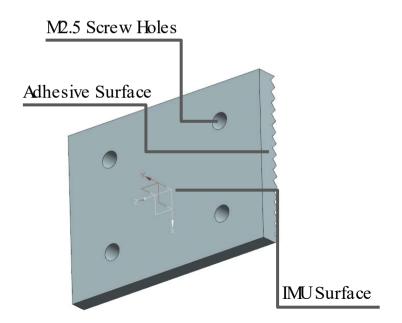
Over-the-clothing Fit

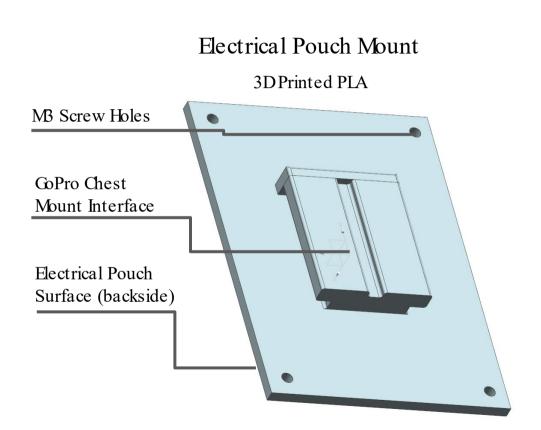


## M4 Prototype Interface CAD

### **IMU**Mount

3DPrinted NylonXCarbon Fiber





## M4 Prototype - Lessons Learned



#### Downsides:

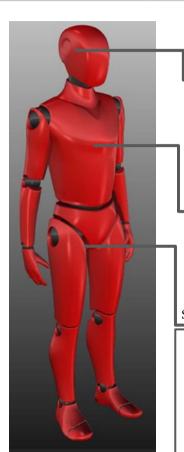
- Exposed IMUsave no protection
- Loose wire create snagging hazard
- <u>Belt shifts</u>if not overlapping pants
- GoPro Head mount difficult to fit and uncomfortable
- <u>Don/doff proces</u> is long and stressful to safety of the system

#### Positives:

- IMU velcro attachmeist easy and more stable than expected (short COM moment on IMU)
- Adjustabilityand fitting of straps are simple and effective
- <u>Electronics pou</u>cht front makes on/off/reset easy and repeatable
- <u>IMU locations and attachmentethods are not</u> obtrusive to the user's motion



# M5 Prototype Design - In Progress



Sports Headband IMU Head Attachment



.Longer lasting comfort .Easy velcro IMU case .High Compression .Low Mass

Compression Vest M4 straps sewn in Zipper open/close

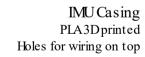


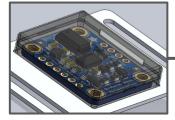
.Better force distribution .Easy don/doff .Variable sizes .Easy sewn attachments

Adjustable Leg Straps Sewn to suit for tension distribution



.Prevents hip IMU slide .Better force distribution .Adjustable .Easy sewn attachments







# Testing

## Sensor Metric Verification Procedures



I

**Pre-Survey** 

IMU

Calibration & Control Tasks

Ш

Initiate Motion Sickness IV

IMU
Calibration &
Sick Tasks

V

**Final Survey** 

Motion Sickness History

Attach IMUs to Participant

Use Motion Sickness Simulator

Calibration Pose Gauge Level of Sickness

Relevant Medical History Calibration Pose

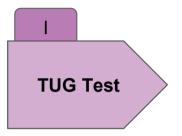
Begin Motion Sickness Experience

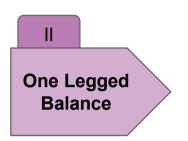
Perform Tasks

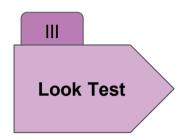
Current Overall Fitness

Perform Tasks

# Metric Verification Tasks





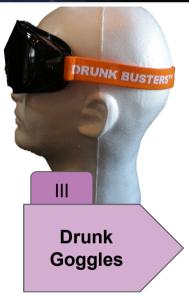


## Simulating Unhealthy Sway & Headlocking









### **TUG Test:**

Participant walks on not completely filled mattress to introduce sway in their movements

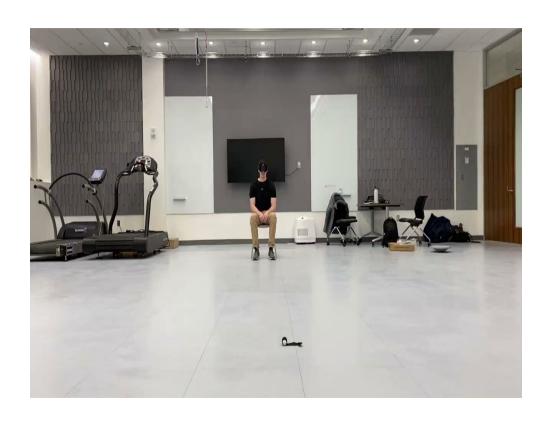
## **One Legged Balance Test:**

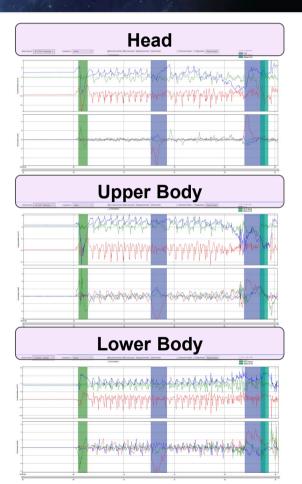
Participant balances on board instead of solid ground to introduce sway and headlocking

### **All Tests:**

Participant wears drunk goggles during all tests to introduce sway and headlocking

# Preliminary Tests: OPALIMU





## Motion Sick Environment Plans

TUG- Have participants walk across a compliant surface to impair normal muscle coordination

• Inflatable air mattresses to test different amounts of compliance

One-Leg Balance- Have participants balance while causing sensory discombobulation

• Closed eyes, vision impairment goggles, balancing on a moving surface

Look Test- Restrict the participants movement in certain axis to encourage head locking

• Use a soft neck brace to limit head movements separate from the trunk

## Motion Sick Environment Plans

## TUG (Timed Up and Go)

Participants walk across a compliant surface to impair normal muscle coordination

Inflatable air mattresses to test different amounts of compliance

### **One Leg Balance**

Participants balance while causing sensory discombobulation

Closed eyes, vision impairment goggles, balancing on a moving surface

#### **Look Test**

Restrict the participants movement in certain axis to encourage head locking

Use a soft neck brace to limit head movements separate from the trunk

# Conclusion

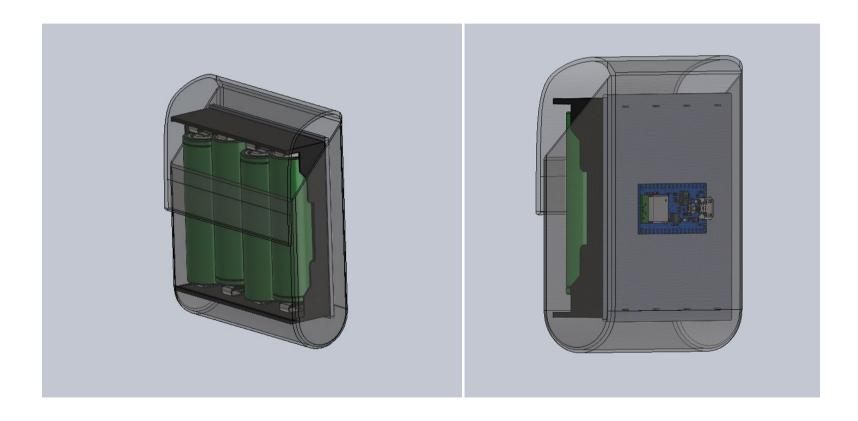
## Future Directions

- Continue iterations of wearable device
- Test wearable devices, motion assessments, and analysis platform in tandem
- Continue requirement verification now on implemented SMAT
- Begin production of a finalized full system prototype
- Begin validation of customer requirements on a finalized full system prototype
  - Moving up the system engineering V

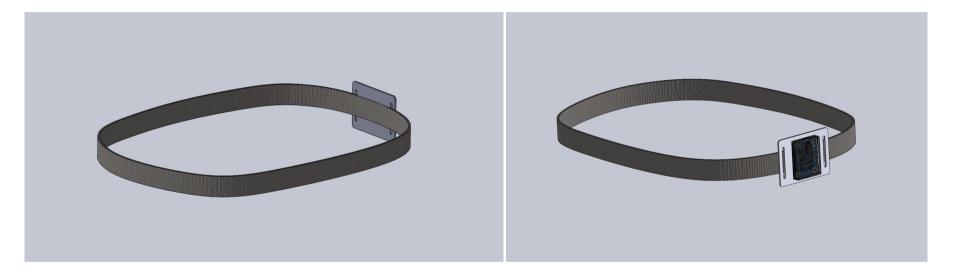
# CAD Model - IMU



# CAD Model - Power set & microprocessor



# CAD Model - Head set



# CAD Model - Torso Sensor Strap



# CAD Model - Belts

