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## NASA Space Food Formulations: Thermostabilized Foods

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## PRODUCT FORMULATION AND MATERIALS

The formulation (% by weight) for each product is in each individual table. All ingredients/raw materials shall be clean and free from objectionable foreign matter, approved for food use and have a typical odor, color, and flavor. All fresh ingredients that are used shall be sound, free from blemishes and of good quality. Materials shall be in excellent condition at time of use and from the freshest lot available and stored as recommended by the manufacturer. Ingredients/products shall be inspected to determine if damage occurred in shipment that would cause them to be unsafe for use. Damaged units shall be rejected.

Apricot Cobbler (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Apricots	62.43	Individually Quick Frozen (IQF) apricots, sliced
Sugar	21.22	Sugar, extra fine, granulated
Pie Crust	8.37	Frozen pie crust, 9" deep dish, Classic brand from NOTE: % based on baked pie crust
Water	5.70	Water shall be from a potable source and free from contaminants.
Tapioca	1.42	Tapioca, quick cooking, brand from
Lemon Juice	0.86	Lemon juice from concentrate, natural strength,
TOTAL	100.00	Apricot Cobbler

Baked Beans (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Distilled Water	0.00	Distilled water
Navy Beans	47.85	Dried navy beans
		NOTE: % is based on soaked beans
Water	12.50	Water shall be from a potable source and free from contaminants
Onions	10.00	Frozen onions, 1/4" diced, yellow
Crushed Tomatoes	7.89	Canned, heavy concentrated and crushed tomatoes, approximately 13% brix/NTSS
Brown Sugar	6.73	Brown sugar, golden or light
Maple Syrup	5.00	Maple syrup, 100% pure, U.S. Grade A, dark amber
Vinegar	3.16	Vinegar, distilled, white
Barbecue Sauce	3.00	Barbecue sauce, honey
Tomato Paste	1.80	Canned tomato paste, no salt added, containing 20 mg or less sodium per serving
Mustard	1.00	Mustard, classic yellow
Worcestershire Sauce	0.50	Worcestershire sauce
Garlic	0.50	Refrigerated, minced garlic in water
Salt	0.07	Salt, pure sodium chloride, non-iodized
TOTAL	100.00	Baked Beans, Raw Material

Banana Pudding (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Milk	47.22	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Water	23.52	Water shall be from a potable source and free from contaminants.
Sugar	15.00	Sugar, extra fine, granulated
Milk (Slurry)	9.16	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Modified Food Starch	4.04	Modified food starch,
Banana Flavor	0.86	Natural "ripe" banana flavor, WONF (liquid)
Salt	0.20	Salt, pure sodium chloride, non-iodized
TOTAL	100.00	Banana Pudding, Raw Material

Beef Fajita Strips (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Brisket	67.73	Beef brisket, raw, boneless, trimmed, USDA Grade Select
Fajita Sauce	19.17	Fajita sauce with lime juice, ready-to-use
Yellow Onions	6.72	Fresh yellow onions  NOTE: % based on peeled, trimmed and sliced peppers
Red Bell Peppers	4.36	Fresh red bell peppers  NOTE: % based on cored, seeded and sliced peppers
Yellow Bell Peppers	2.02	Fresh red bell peppers  NOTE: % based on cored, seeded and sliced peppers
TOTAL	100.00	Beef Fajita Strips, Raw Material

Beef Ravioli (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Beef Ravioli	39.52	Individually Quick Frozen (IQF) beef ravioli squares
Tomato Sauce	28.01	Canned tomato sauce, premium, no salt added
Diced Tomatoes	27.04	Canned diced tomatoes, premium, no salt added
Olive Oil	1.13	Olive oil, extra virgin
Garlic	0.87	Refrigerated, minced garlic in water
Salt-Free Seasoning	0.86	Salt-free seasoning
Parmesan Cheese	0.72	Parmesan cheese, shredded
Heavy Cream	0.66	Fresh, heavy whipping cream, Grade A, ultra pasteurized
Modified Food Starch	0.59	Modified food starch
Oregano	0.31	Ground oregano
Onion Powder	0.15	Onion powder
Parsley	0.14	Dried parsley flakes
TOTAL	100.00	Beef Ravioli, Raw Material

Beef Stew (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Beef	36.38	Fresh, shoulder clod, USDA Choice, 3/4" diced tips
Water	16.46	Water shall be from a potable source and free from contaminants
Carrots	14.77	Fresh carrots, ½" diced
Potatoes	14.77	Refrigerated, red potatoes, skin-on, 3/4" diced
Onions	6.15	Fresh, yellow onions, 1/4" diced
Water (Slurry)	3.52	Water shall be from a potable source and free from contaminants
Tomato Paste	2.53	Canned tomato paste, no salt added, containing 20 mg or less sodium per serving
Modified Food Starch	1.32	Modified food starch
Red Cooking Wine	1.26	Red cooking wine with 1 ½% salt
Red Wine Vinegar	1.01	Red wine vinegar with 5% acidity
Natural Flavor	0.51	Natural flavor
Garlic	0.39	Refrigerated, minced garlic in water
Beef Base	0.29	Frozen beef base
Filling Aid Starch	0.25	Filling aid starch
Sugar	0.25	Sugar, pure cane, granulated
Black Pepper	0.10	Black pepper, coarse grind
Disodium Inosinate & Disodium Guanylate	0.01	Disodium inosinate and disodium guanylate,
Parsley	0.01	Parsley, dried
Rosemary	0.01	Rosemary, ground
Bay	0.01	Bay, ground

OTAL	100.00	Beef Stew, Raw Material
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Black Beans (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Black Beans	51.80	Dried black beans
		NOTE: % based on soaked beans
Crushed Tomatoes	17.90	Canned, heavy concentrated and crushed tomatoes, approximately 13% brix/NTSS
Water	14.9	Water shall be from a potable source and free from contaminants.
Onions	7.64	Fresh (or frozen) onions, 3/4" diced
Green Chilies	4.27	Canned green chilies, fire roasted, diced
Garlie	1.93	Refrigerated, minced garlic in water
Black Pepper	0.47	Black pepper, chef's grind
Salt Free Seasoning	0.47	Salt-free seasoning
Cumin	0.33	Ground
Oregano	0.29	Dried oregano, whole leaves
Distilled Water	N/A	Distilled water, pure
		<b>NOTE:</b> One gallon is required for every 2 lbs. of dried beans
TOTAL	100.00	Black Beans, Raw Material

INGREDIENT	%	MATERIAL DESCRIPTION
Skim Milk	40.00	Fresh skim milk, fat free, U.S. Grade A, pasteurized and homogenized
Sugar	19.10	Sugar, extra fine, granulated
Egg Product	18.97	Refrigerated egg product
Baguette	15.15	Frozen, large, French baguette
Unsalted Butter	5.56	Fresh unsalted butter, sweet cream, U.S. Grade AA
Vanilla Extract	1.21	Pure vanilla extract
Cinnamon	0.01	Ground cinnamon
TOTAL	100.00	Bread Pudding, Raw Material

Breakfast Sausage (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Breakfast Sausage Links	100.00	Turkey sausage links, fully cooked,
TOTAL	100.00	Breakfast Sausage Links, Raw Material

Brown Rice (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Vegetable Broth	62.50	Shelf stable, vegetable cooking stock, natural
Brown Rice	37.50	Brown rice, Jasmine
TOTAL	100.00	Brown Rice, Raw Material

Butterscotch Pudding (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Milk	43.95	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Water	25.24	Water shall be from a potable source and free from contaminants.
Sugar	16.15	Sugar, extra fine, granulated
Milk (Slurry)	10.10	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Modified Food Starch	4.04	Modified food starch
Butterscotch Flavor	0.25	Natural and artificial butterscotch flavor emulsion
Salt	0.20	Salt, pure sodium chloride, non-iodized
Caramel Color	0.06	Artificial caramel color, liquid
Yellow Color	0.01	Artificial egg yellow color, liquid
TOTAL	100.00	Butterscotch Pudding, Raw Material

Carrot Coins (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Carrots	89.14	Frozen carrots, 1/4" smooth sliced, maximum 1 1/2" diameter
Water	7.90	Water shall be from a potable source and free from contaminants
Unsalted Butter	1.61	Fresh unsalted butter, sweet cream, U.S. Grade AA
Water (Slurry)	1.00	Water shall be from a potable source and free from contaminants
Filling Aid Starch	0.35	Filling aid starch
TOTAL	100.00	Carrot Coins, Raw Material

Cheese Tortellini with Tomato Sauce (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Diced Tomatoes	51.60	Canned diced tomatoes, premium, no salt added
Cheese Tortellini	37.53	Individually Quick Frozen (IQF) cheese tortellini
Onions	6.14	Individually Quick Frozen (IQF) white onion, chopped
Water	1.76	Water shall be from a potable source and free from contaminants
Sugar	0.68	Sugar, extra fine, granulated
Tomato Paste	0.55	Canned tomato paste, no salt added
Beef Base	0.51	Refrigerated beef base
Seasoning	0.49	Garlic and herb seasoning , salt-free
Garlic	0.29	Refrigerated, minced garlic in water
Modified Food Starch	0.29	Modified food starch
Disodium Inosinate & Disodium Guanylate	0.07	Disodium inosinate and disodium guanylate,
Black Pepper	0.03	Black pepper, cracked
Basil	0.02	Dried basil leaves
Oregano	0.02	Dried oregano leaves
Cayenne Pepper	0.02	Ground cayenne (red) pepper
TOTAL	100.00	Cheese Tortellini with Tomato Sauce, Raw Material

Cherry Blueberry Cobbler (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Cherries	40.60	Individually Quick Frozen (IQF) cherries, dark, sweet, no sugar added, pitted
Blueberries	26.01	Individually Quick Frozen (IQF) blueberries, no sugar added
Yellow Cake Mix	12.09	Yellow cake mix, pudding in the mix, moist supreme
Sugar	10.38	Sugar, extra fine, granulated
Unsalted Butter	3.71	Fresh unsalted butter, U.S. Grade AA, sweet cream
Lemon Juice	2.80	Lemon juice from concentrate, natural strength
Pecans	1.85	Raw pecans, medium chopped, fancy
Modified Food Starch	1.65	Modified food starch
Almond Extract	0.91	Almond extract, pure
TOTAL	100.00	Cherry Blueberry Cobbler, Raw Material

Chicken Fajitas (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Chicken Tenders	67.47	Fresh (or frozen) chicken tenders, raw
Green Bell Peppers	12.20	Fresh green bell peppers  NOTE: % based on cored, seeded and sliced peppers
Red Bell Peppers	12.20	Fresh red bell peppers  NOTE: % based on cored, seeded and sliced peppers
Canola Oil	3.10	Canola oil, pure
Fiesta Lime Seasoning Blend	2.78	Fiesta lime seasoning blend, salt-free
Modified Food Starch	0.80	Modified food starch
Maltodextrin	0.61	Maltodextrin, STAR-DRI 1
Salt	0.29	Salt, pure sodium chloride, non-iodized
Chili Powder	0.18	Chili powder, dark
Black Pepper	0.09	Black pepper, ground
Oregano	0.07	Dried oregano, whole leaves
Garlic Powder	0.06	Garlic powder
Cumin	0.06	Cumin, ground
Cayenne Pepper	0.05	Cayenne (red) pepper, ground
Citric Acid	0.04	Citric acid, anhydrous powder
TOTAL	100.00	Chicken Fajitas, Raw Material

INGREDIENT	%	MATERIAL DESCRIPTION
Chicken Broth	23.79	Canned chicken broth, 100% fat free, 33% less sodium
Chicken	22.14	Individually Quick Frozen (IQF) chicken, 1/2" diced
Water	10.78	Water shall be from a potable source and free from contaminants.
Water (Slurry)	10.25	Water shall be from a potable source and free from contaminants.
Carrots	8.85	Frozen carrots, 1/2" sliced (maximum slice diameter 1 1/2")
Fettuccine	7.68	Fettuccine, with 2% egg white and 1-1/2% Glycerol Monostearate (GMS), enriched  NOTE: % based on weight after blanching
Celery	4.43	Fresh celery, 3/8" diced
Onions	4.43	Fresh yellow onions, 3/8" diced
Half and Half	3.41	Fresh, half and half, Grade A, ultra pasteurized, homogenized, with a minimum of 10.5% milkfat
Filling Aid Starch	1.77	Filling aid starch
Commercial Lemon Juice	0.88	Lemon juice from concentrate, 100% natural strength
Dark Toasted Flour	0.58	Dark toasted flour, soft, white wheat
Modified Food Starch	0.35	Modified food starch
Natural Flavor	0.22	Grindsted, Salt Pro Flex
Red Wine Vinegar	0.13	Red wine vinegar with 5% acidity
Sugar	0.11	Sugar, extra fine, granulated

Disodium Inosinate & Disodium Guanylate	0.09	Disodium inosinate and disodium guanylate, Ajitide I+G
Black Pepper	0.04	Black pepper, coarse grind
Poultry Seasoning	0.04	Poultry seasoning, food service blend
Parsley	0.03	Dried parsley flakes
TOTAL	100.00	Chicken Noodle Soup, Raw Material

Chicken Strips in Salsa (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Chicken	46.80	Frozen chicken breast tenders, raw
Tomatoes	32.80	Canned tomatoes, diced, organic, no salt added
Green Bell Pepper	7.82	Fresh green bell pepper
		NOTE: % based of weight of seeded and cored peppers
Onion	5.07	Individually Quick Frozen (IQF) white onion, chopped
Canola Oil	2.15	Canola oil, clear frying shortening
Fiesta Lime Seasoning	1.93	Fiesta Lime Seasoning, salt-free
Jalapeno Pepper	1.09	Fresh jalapeno pepper
		NOTE: % based of weight of seeded and cored peppers
Modified Food Starch	0.55	Modified food starch
Maltodextrin	0.42	Maltodextrin
Modified Food Starch	0.39	Modified Food Starch
Salt (I)	0.20	Salt, pure sodium chloride, non-iodized
Chili Powder	0.13	Chili powder
Garlic Powder (II)	0.12	Garlic powder
Salt (II)	0.09	Salt, pure sodium chloride, non-iodized
Black Pepper (II)	0.09	Black pepper, coarse grind
Cumin (II)	0.08	Cumin, ground
Black Pepper (I)	0.07	Black pepper, coarse grind
Cumin (I)	0.05	Cumin, ground
Oregano	0.05	Dried oregano leaves

Garlic Powder (I)	0.04	Garlic powder
Red Pepper	0.03	Red pepper (cayenne), ground
Citric Acid	0.03	Citric acid, anhydrous powder
TOTAL	100.00	Chicken Strips in Salsa, Raw Material

Chicken with Corn and Black Beans (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Southwest Medley	51.18	Individually Quick Frozen (IQF) Southwest vegetable medley
Diced Tomatoes	21.63	Canned diced tomatoes, premium, no salt added
Chicken	20.81	Individually Quick Frozen (IQF) chicken, cooked, 1/2" diced
Tomato Paste	5.88	Canned tomato paste, no salt added containing 20 mg or less sodium per serving
Red Wine Vinegar	0.29	Red wine vinegar with 5% acidity
Garlic Powder	0.10	Garlic powder
Salt	0.08	Salt, pure sodium chloride, non-iodized
Black Pepper	0.02	Black pepper, coarse grind
Chili Powder	0.01	Chili powder
TOTAL	100.00	Chicken with Corn and Black Beans, Raw Material

Chicken with P	eanut Sa	uce (Thermostabilized)
INGREDIENT	%	MATERIAL DESCRIPTION
Chicken Tenders	39.39	Frozen chicken breast tenders, raw
		NOTE: % based on cooked chicken weight
Carrots	15.15	Fresh carrots, peeled and trimmed, 1/4" sticks
Water	10.40	Water shall be from a potable source and free from contaminants
Rice Noodles	10.10	Rice sticks noodles
		NOTE: % based on blanched noodle weight
Coconut Milk	8.48	Canned coconut milk, unsweetened, juice of coconut meat
Peanut Butter	3.16	Peanut butter, smooth, all natural, old fashioned,
Water (slurry)	2.35	Water shall be from a potable source and free from contaminants
Cooking Sherry	2.02	Sherry cooking wine, seasoned with 1 ½ % salt, contains 17% alcohol,
Brown Sugar	1.63	Brown sugar, light
Rice Vinegar	1.52	Rice vinegar
Garlic	0.98	Refrigerated, minced garlic in water
Sriracha Sauce	0.91	Sriracha sauce
Sugar	0.76	Sugar, extra fine, granulated
Green Onions	0.61	Fresh green onions, trimmed, 1/4" diced
Soy Sauce	0.51	Soy sauce, less sodium, naturally brewed
Modified Food Starch	0.51	Modified food starch
Sesame Oil	0.51	Sesame oil
Cilantro	0.40	Fresh cilantro, chopped

Onion Powder	0.25	Onion powder
Chicken Base	0.20	Refrigerated chicken base
Ginger	0.10	Ginger, ground
Cayenne Pepper	0.06	Cayenne (red) pepper, ground
TOTAL	100.00	Chicken with Peanut Sauce, Raw Material

Chocolate Pudding Cake (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Skim Milk	42.57	Fresh skim milk, U.S. Grade A, pasteurized
Sugar	18.72	Sugar, extra fine, granulated
Devil's Food Cake Mix	11.86	Devil's Food cake mix, moist deluxe
Chocolate Chips	7.67	Chocolate chips, semisweet
Skim Milk (Slurry)	6.52	Fresh skim milk, U.S. Grade A, pasteurized
Cocoa	5.62	Cocoa powder, American process, unsweetened, alkalized, 10-13% cocoa butter
Unsalted Butter (Cookie)	3.00	Fresh unsalted butter, U.S. Grade AA, sweet cream
Unsalted Butter (Sauce)	1.70	Fresh unsalted butter, U.S. Grade AA, sweet cream
Modified Food Starch	1.70	Modified food starch, NATIONAL 465
Vanilla	0.64	Vanilla extract, pure
TOTAL	100.00	Chocolate Pudding Cake, Raw Material

Chocolate Pudding (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Milk	40.00	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Water	29.03	Water shall be from a potable source and free from contaminants.
Sugar	15.84	Sugar, extra fine, granulated
Milk (Slurry)	10.39	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Modified Food Starch	3.03	Modified food starch, THERMFLO
Cocoa	1.51	Cocoa powder, lightly alkalized, Russet 10/12
Salt	0.20	Salt, pure sodium chloride, non-iodized
TOTAL	100.00	Chocolate Pudding, Raw Material

Corn (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Corn	100.00	Frozen corn, U.S. Grade A, fancy, super sweet
Butter Buds Sprinkles	N/A	Butter Buds Sprinkles, all natural, butter flavored granules
Instant CLEARJEL	N/A	Instant CLEARJEL, instant modified food starch
TOTAL	100.00	Corn, Freeze Dried, Raw Material

Cranapple Dessert (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Apples	24.94	Individually Quick Frozen (IQF) or fresh apples, Golden Delicious, Grade A Fancy, peeled and sliced
Cranberries	23.94	Individually Quick Frozen (IQF) cranberries, whole
Pineapple	15.58	Canned pineapple tidbits, 100% Hawaiian, in unsweetened pineapple juice
		NOTE: % of pineapple is based on drained weight
Light Brown Sugar	9.31	Light brown sugar
Apple Juice	8.07	Apple juice, 100%, unsweetened, pasteurized
Almonds	5.18	Almonds, sliced, blanched
Oats	3.64	Oats, quick, 100% rolled
Maple Syrup	3.38	Maple syrup, 100% pure, US Grade A, dark amber
Apple Juice (Slurry)	2.69	Apple juice, 100%, unsweetened, pasteurized
Unsalted Butter	1.77	Fresh unsalted butter, sweet cream, U.S. Grade AA
Modified Food Starch	1.10	Modified food starch, NATIONAL 465
Vanilla	0.30	Vanilla extract, pure
Cinnamon	0.10	Cinnamon, ground
TOTAL	100.00	Cranapple Dessert, Raw Material

Crawfish Etouffee (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Crawfish	20.63	Frozen crawfish, cooked, peeled and deveined tail meat, 80-100 count
Diced Tomatoes	20.62	Canned diced tomatoes, premium, no salt added
Water	20.52	Water shall be from a potable source and free from contaminants.
Water (Slurry)	10.93	Water shall be from a potable source and free from contaminants.
Rice	6.52	Individually Quick Frozen (IQF) rice, parboiled
Onions	4.72	IQF onions, 3/8" diced
Celery	3.18	Fresh celery, 3/8" diced
Green Bell Pepper	2.93	Fresh green bell pepper, 3/8" diced
Unsalted Butter	2.68	Fresh unsalted butter, sweet cream, U.S. Grade AA
Dark Toasted Flour	2.09	Dark toasted flour, soft, white wheat
White Cooking Wine	1.34	White cooking wine, 10% alcohol by volume
Filling Aid Starch	1.31	Filling aid starch, NATIONAL 150,
Green Onion	0.94	Fresh green onion, 1/4" diced
Modified Food Starch	0.50	Modified food starch, CLEARJEL
Red Wine Vinegar	0.38	Red wine vinegar with 5% acidity
Parsley	0.18	Dried parsley flakes
Creole Seasoning	0.15	Creole seasoning, Original
Garlic	0.15	Refrigerated, minced garlic in water

Red Pepper Sauce	0.10	Red pepper sauce
Garlic Powder	0.05	Garlic powder
Onion Powder	0.05	Onion powder
Cayenne Pepper	0.03	Ground cayenne (red) pepper
TOTAL	100.00	Crawfish Etouffee, Raw Material

Curried Pumpkin Soup (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Chicken Broth	34.30	Shelf stable chicken broth, free range, low sodium, fat free, organic
Pumpkin	30.09	Canned pumpkin, 100% pure
Coconut Milk	16.22	Canned coconut milk, unsweetened, organic
Carrots	12.74	Frozen carrots, baby
Brown Sugar	2.14	Brown sugar, light
Shallots	1.79	Fresh shallots
		NOTE: % based on peeled shallots
Garlic	1.22	Refrigerated, minced garlic in water
Canola Oil	0.62	Canola oil, 100% pure
Curry Powder	0.34	Curry powder
Cinnamon	0.27	Cinnamon, ground
Ginger Cubes	0.25	Frozen ginger cubes, crushed
Black Pepper	0.02	Black pepper, ground
TOTAL	100.00	Curried Pumpkin Soup, Raw Material

Curry Sauce with Vegetables (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Potatoes	22.37	Fresh potatoes, 1/2" diced, skin-on, red
Carrots	22.37	Fresh carrots, 1/2" diced, peeled and trimmed
Water	17.93	Water shall be from a potable source and free from contaminants.
Coconut Milk	12.18	Canned coconut milk, unsweetened juice of coconut meat
Onions	8.35	Fresh onions, 1/4" diced, yellow
Water (Slurry)	5.04	Water shall be from a potable source and free from contaminants.
Tomato Paste	4.32	Canned tomato paste, no salt added containing 20 mg or less sodium per serving
Garlic	2.72	Refrigerated, minced garlic in water
Filling Aid Starch	1.34	Filling aid starch, NATIONAL 150
Modified Food Starch	1.31	Modified food starch, NATIONAL 465
Sugar	0.54	Sugar, extra fine, granulated
Red Wine Vinegar	0.54	Red wine vinegar with 5% acidity
Coriander	0.18	Ground coriander
Turmeric	0.18	Ground turmeric
Cumin	0.18	Ground cumin
Salt	0.16	Salt, pure sodium chloride, non-iodized
Chili Powder	0.13	Ground chili powder, light
Cardamom	0.09	Ground cardamom
Ginger	0.07	Ground ginger
TOTAL	100.00	Curry Sauce with Vegetables, Raw Material

Fiesta Chicken (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Diced Chicken Breast	23.99	Individually Quick Frozen (IQF) chicken breast, fully cooked, 1/2" diced
Diced Tomatoes	17.98	Canned diced tomatoes, premium, no salt added
Chicken Broth	12.93	Canned chicken broth, low sodium, fat free
Zucchini	7.50	Fresh zucchini, 1/2" cubed
Mushrooms	7.50	Canned mushrooms, 1/8" - 1/4" sliced NOTE: Needs to be drained
Onions	5.60	Fresh (or IQF) onions, 3/4" diced
Red Bell Peppers	5.50	Canned red bell peppers, sweet, diced NOTE: Needs to be drained
Monterey Jack Cheese	5.00	Monterey Jack cheese, natural, shredded
Unsalted Butter	3.25	Fresh unsalted butter, sweet cream, U.S. Grade AA
Modified Food Starch	2.20	Modified food starch, CLEARJEL
Celery	2.00	Fresh celery, 3/8" diced
Dry Cream	2.00	Dry cream/non dairy creamer, fat free
Red Wine Vinegar	1.76	Red wine vinegar with 5% acidity
Fiesta Lime Seasoning Blend	0.88	Fiesta lime seasoning blend, salt-free
Heavy Cream	0.86	Fresh, heavy whipping cream, Grade A, ultra pasteurized
Jalapenos	0.50	Canned jalapenos, diced
		NOTE: Needs to be drained
Chili Powder	0.11	Chili powder, dark
Oregano	0.10	Dried oregano, whole leaves
Garlic	0.10	Refrigerated, minced garlic in water

Cumin	0.10	Cumin, ground
Coriander	0.05	Coriander, ground
Salt	0.04	Salt, pure sodium chloride, non-iodized
Black Pepper	0.04	Black pepper, coarse grind
Red Pepper	0.01	Red pepper (cayenne), ground
TOTAL	100.00	Fiesta Chicken, Raw Material

Fruit Cocktail (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Fruit Cocktail	100.00	Mixed Fruit (Fruit Cocktail) in heavy syrup
TOTAL	100.00	Fruit Cocktail, Raw Material

Green Beans and Potatoes (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Green Beans	55.08	Frozen, Italian green beans
		NOTE: sometimes called pole beans
Potatoes	27.20	Fresh, red potatoes, skin-on, 3/4" diced
Water	12.60	Water shall be from a potable source and free from contaminants.
Unsalted Butter	2.69	Fresh unsalted butter, sweet cream, U.S. Grade AA
Water (Slurry)	1.63	Water shall be from a potable source and free from contaminants.
Filling Aid Starch	0.54	Filling aid starch, NATIONAL 150
Salt	0.18	Salt, pure sodium chloride, non-iodized
Black Pepper	0.08	Black pepper, coarse grind
TOTAL	100.00	Green Beans and Potatoes, Raw Material

Grilled Chicken (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Chicken Breast Fillet	77.75	Raw, chicken breast fillets, thin sliced, boneless and skinless, U.S. Grade A, approximately 4 oz. each
Olive Oil	7.97	Olive oil, extra virgin
Red Wine Vinegar	7.94	Red wine vinegar with 5% acidity
Garlic	3.17	Refrigerated, minced garlic in water
Salt-Free Seasoning	2.57	Salt-free seasoning
Onion Powder	0.50	Onion powder
Thyme	0.10	Dried thyme, ground
TOTAL	100.00	Grilled Chicken, Raw Material

Grilled Pork Chop (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Pork Chop	81.36	Raw pork chops, boneless, approximately 6 oz. each
Water	11.24	Water shall be from a potable source and free from contaminants.
Water (Slurry)	2.81	Water shall be from a potable source and free from contaminants.
Unsalted Butter	1.50	Fresh unsalted butter, U.S. Grade AA, sweet cream
Modified Food Starch	0.65	Modified food starch, NATIONAL 465
Olive Oil	0.63	Olive oil, extra virgin
Dried Onion	0.52	Dried onion, chopped
Browning Sauce	0.37	Browning and seasoning sauce
Mesquite Flavoring	0.31	Mesquite Chartone .
Salt-Free Seasoning	0.16	Salt-free seasoning
Garlic Powder	0.15	Garlic powder
Cumin	0.12	Cumin, ground
Salt	0.10	Salt, pure sodium chloride, non-iodized
Black Pepper	0.06	Black pepper, coarse, ground
Disodium Ionosinate & Disodium Guanylate	0.02	"Ajitide" I+G disodium inosinate and disodium guanylate
TOTAL	100.00	Grilled Pork Chop, Raw Material

Honey Ginger Fish (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Barramundi Fish	61.77	Frozen Barramundi (Sea bass) fish,  NOTE: This % is based on the cooked weight of the fish
Honey	7.71	Honey, Grade A
Coarse Grain Mustard	6.47	Coarse grain (stoneground) mustard
Garlic	5.24	Refrigerated, minced garlic in water
Ginger Cubes	4.94	Frozen ginger cubes, crushed
Balsamic Vinegar	4.94	Balsamic vinegar, 6% acidity
Soy Sauce	5.48	Soy sauce, less sodium, naturally brewed
Sugar	2.47	Sugar, pure cane, granulated
Corn Starch	0.49	Corn starch
Water	0.49	Water shall be from a potable source and free from contaminants.
No-Stick Cooking Spray	N/A	No-Stick cooking spray  NOTE: Used only to spray baking pans
TOTAL	100.00	Honey Ginger Fish, Raw Material

Indian Fish Curry (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Barramundi Fish	51.10	Frozen Barramundi (Sea bass) fish,
Onions	19.05	Frozen, onions, 1/4" diced
Diced Tomatoes	11.77	NOTE: % based on drained weight
Vegetable Broth	5.62	Shelf stable vegetable broth, low sodium, all natural
Canola Oil	3.96	Canola oil, 100% pure
Garlic	1.98	Refrigerated, minced garlic in water
Dijon-Style Mustard	1.61	Dijon-style mustard
Ginger Cubes	1.33	Frozen ginger cubes, crushed
Cumin	0.86	Cumin, ground
Sugar	0.69	Sugar, pure cane, granulated
Cayenne Pepper	0.65	Ground cayenne (red) pepper
Cashews	0.47	Cashews, halves, lightly salted
Turmeric	0.39	Turmeric, ground
Black Pepper	0.30	Black pepper, ground
Coriander	0.22	Coriander, ground
Cilantro Flakes	N/A	Freeze-dried cilantro flakes
TOTAL	100.00	Indian Fish Curry, Raw Material

Lasagna with Meat (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Lasagna Cheese Rolls	43.89	Frozen lasagna cheese rolls
Tomato Sauce	23.47	Canned tomato sauce, premium, no salt added
Beef	16.73	Fresh ground beef, raw, 90/10
Diced Tomatoes	9.16	Canned diced tomatoes, premium, no salt added
Onions	3.90	Individually Quick Frozen (IQF) onions, 3/8" diced, white
Water	1.12	Water shall be from a potable source and free from contaminants.
Vegetable Base	0.64	Refrigerated vegetable base, mirepoix
Sugar	0.43	Sugar, extra fine, granulated
Seasoning	0.22	Garlic and herb seasoning salt-free
Modified Food Starch	0.18	Modified food starch, CLEARJEL
Garlic	0.14	Refrigerated, minced garlic in water
Disodium Inosinate and Disodium Guanylate	0.05	Disodium inosinate and disodium guanylate, Ajitide I+G
Tomato Paste	0.03	Canned tomato paste, no salt added
Black Pepper	0.02	Black pepper, cracked
Oregano	0.01	Ground oregano
Basil	0.01	Ground basil
Cayenne Pepper	0.01	Ground cayenne (red) pepper
No-Stick Cooking Spray	N/A	No-Stick cooking spray, Original
		NOTE: Used only to spray kettle

TOTAL	100.00	Lasagna with Meat, Raw Material
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INGREDIENT	%	MATERIAL DESCRIPTION
Sugar (Cake Mix)	20.29	Sugar, extra fine, granulated
Flour	19.32	Flour, all-purpose, unbleached
Sugar (Curd)	14.45	Sugar, extra fine, granulated
Unsalted Butter (Cake)	10.21	Fresh unsalted butter, sweet cream, U.S. Grade AA
Whole Eggs	9.94	Refrigerated (or frozen), liquid, whole eggs product, pasteurized, USDA inspected  NOTES:
		1. Fresh, Grade A or better, shell eggs may be substituted
		2. % of fresh eggs is based on whole eggs after they have been cracked and shelled
Fresh Lemon Juice (Curd)	6.45	Fresh lemon juice from fresh lemons
Commercial Lemon Juice	6.45	Lemon juice from concentrate, natural strength
Unsalted Butter (Cake Mix)	3.86	Fresh unsalted butter, sweet cream, U.S. Grade AA
Unsalted Butter (Curd)	2.42	Fresh unsalted butter, sweet cream, U.S. Grade AA
Water	1.88	Water shall be from a potable source and free from contaminants
Vanilla Extract	1.50	Pure vanilla extract
Baking Powder	1.31	Baking powder, double acting
Fresh Lemon Juice (Cake)	1.29	Fresh lemon juice from fresh lemons
Lemon Zest (Cake)	0.33	Fresh lemon zest from fresh lemons
Lemon Zest (Curd)	0.30	Fresh lemon zest from fresh lemons

TOTAL	100.00	Lemon Curd Cake, Raw Material
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Lemon Meringue Pudding (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Milk	44.00	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Water	25.33	Water shall be from a potable source and free from contaminants.
Sugar	16.16	Sugar, extra fine, granulated
Milk (Slurry)	10.00	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Modified Food Starch	4.03	Modified food starch, THERMFLO
Lemon Flavor	0.25	Natural lemon flavor, WONF (liquid)
Salt	0.20	Salt, pure sodium chloride, non-iodized
Yellow Color	0.03	Artificial egg yellow color, liquid
TOTAL	100.00	Lemon Meringue Pudding, Raw Material

Lentil Soup (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Water	58.30	Water shall be from a potable source and free from contaminants
Lentils	12.80	Dried lentils, orange or red
Tomato Sauce	9.00	Canned tomato sauce, premium, no salt added
Onions	7.80	Frozen or fresh onions, 1/4" diced
Green Bell Pepper	5.00	Frozen or fresh green bell pepper, 3/8" diced
Carrots	5.00	Frozen or fresh carrots, 3/8" diced
Garlic	0.92	Refrigerated, minced garlic in water
Vegetarian Vegetable Base	0.90	Refrigerated, vegetarian vegetable base
Cumin	0.18	Ground cumin
Cayenne Pepper	0.10	Ground cayenne (red) pepper
TOTAL	100.00	Lentil Soup, Raw Material

Meatloaf (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Beef	51.00	Fresh, ground beef, 90% lean and 10% fat, 1/8" grind
Crushed Tomatoes (I)	26.44	Canned, heavy concentrated and crushed tomatoes, approximately 13% brix/NTSS
Crushed Tomatoes (II)	6.97	Canned, heavy concentrated and crushed tomatoes, approximately 13% brix/NTSS
Egg Product	4.29	Refrigerated egg product
Brown Sugar	3.36	Light brown sugar
Crackers	2.68	Saltine crackers, unsalted tops, crushed-coarse
Vinegar	1.68	Distilled white vinegar, 50 grain
Dried Onion (I)	1.42	Dried, chopped onion
Garlic (I)	0.62	Refrigerated, minced garlic in water
Salt-Free Seasoning	0.62	Salt-free seasoning
Beef Base	0.41	Frozen beef base, low sodium, no MSG
Salt	0.22	Salt, pure sodium chloride, non-iodized
Garlic (II)	0.14	Refrigerated, minced garlic in water
Dried Onion (II)	0.09	Dried, chopped onion
Black Pepper	0.04	Black pepper, coarse grind
Oregano	0.01	Oregano leaves, dried
Basil	0.01	Basil leaves, dried
TOTAL	100.00	Meatloaf, Raw Material

Minestrone Soup (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Water	30.34	Water shall be from a potable source and free from contaminants
Diced Tomatoes	21.37	Canned diced tomatoes, premium, no salt added
Onions	6.00	Fresh yellow onions, 1/4" diced
Tomato Paste	5.00	Canned tomato paste, no salt added containing 20 mg or less sodium per serving
Sea Shell Pasta	4.74	Sea shell pasta, small with 2% albumen and 1/2% GMS (Glycerol Monostearate)
		NOTE: % based on weight after blanching
Zucchini	4.74	Fresh zucchini
		NOTE: % based on weight with ends removed
Carrots	4.74	Fresh carrots, 3/8" diced
Celery	4.52	Fresh celery, 3/8" diced
Cannellini Beans	4.21	Canned Cannellini (white kidney) beans, no salt added
		NOTE: % based on drained and rinsed beans
Red Kidney Beans	4.21	Canned kidney beans (dark red), no salt added
		NOTE: % based on drained and rinsed beans
Spinach	2.89	Fresh spinach, washed and clipped
Red Cooking Wine	2.05	Red cooking wine, with 1 1/2% salt
Olive Oil	1.22	Olive oil, extra virgin
Filling Aid Starch	1.00	Filling aid starch, NATIONAL 150
Modified Food Starch	0.79	Modified food starch, NATIONAL 465
Red Wine Vinegar	0.75	Red wine vinegar with 5% acidity
Garlic	0.63	Refrigerated, minced garlic in water

Vegetarian Beef Flavor Base	0.55	Refrigerated, vegetarian vegetable beef flavor base
Black Pepper	0.11	Black pepper, coarse grind
Disodium Inosinate & Disodium Guanylate	0.05	Disodium inosinate and disodium guanylate, Ajitide I+G
Basil	0.05	Dried basil leaves
Oregano	0.04	Dried oregano leaves
TOTAL	100.00	Minestrone Soup, Raw Material

Mixed Vegetables (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Mixed Vegetables	85.12	Frozen mixed vegetables
Water	10.31	Water shall be from a potable source and free from contaminants.
Unsalted Butter	2.20	Fresh unsalted butter, sweet cream, U.S. Grade AA
Water (Slurry)	1.33	Water shall be from a potable source and free from contaminants.
Garlic and Herb Seasoning	0.59	Garlic and herb, salt-free seasoning
Filling Aid Starch	0.44	Filling aid starch, NATIONAL 150,
Black Pepper	0.01	Black pepper, coarse grind
TOTAL	100.00	Mixed Vegetables, Raw Material

Pasta with Pesto Sauce (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Pasta	75.56	Pasta, 1 ½ inch, small spirals, with 3% egg white  NOTE: % based on weight after blanching, pasta weight will increase
		by 2.75 times
Cream	9.61	Fresh, heavy whipping cream, approximately 36% milk fat, U.S. Grade A
Water	7.71	Water shall be from a potable source and free from contaminants.
Basil	3.54	Individually Quick Frozen (IQF) basil leaves, small cut
Parmesan and Romano Cheese Blend	1.33	Parmesan and Romano cheese, grated, 100%
Garlic	0.97	Refrigerated, minced garlic in water
Vinegar	0.49	Vinegar, distilled, white
Salt-Free Seasoning Blend	0.39	Salt-free seasoning blend, garlic and herb
Salt	0.21	Salt, pure sodium chloride, non-iodized
Parmesan Cheese Flavor Base	0.13	Parmesan cheese flavor base
Black Pepper	0.06	Black pepper, table/coarse grind
TOTAL	100.00	Pasta with Pesto Sauce, Raw Material

Pickled Beets (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Beets	80.16	Individually Quick Frozen (IQF) beets
Sugar	10.19	Sugar, pure cane, granulated
Apple Cider Vinegar	6.16	Apple cider vinegar, 5% acidity
Extra Light Olive Oil	3.16	Extra light olive oil
Mustard Powder	0.33	Mustard powder, yellow
TOTAL	100.00	Pickled Beets, Raw Material

Potato Medley (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Sweet Potatoes	30.45	Fresh sweet potatoes, peeled, 1" cubed
		NOTE: pre-cut potatoes are used and % is based on raw weight
Russet Potatoes	30.45	Fresh russet potatoes, peeled, 3/4" diced
		NOTE: pre-cut potatoes are used and % is based on raw weight
Red Potatoes	24.35	Fresh red potatoes, skin-on, 3/4" diced
		NOTE: pre-cut potatoes are used and % is based on raw weight
Chicken Broth	7.31	Canned chicken broth, 100% fat free, 33% less sodium
Balsamic Vinegar	3.05	Balsamic vinegar with 6% acidity
Olive Oil	3.05	Olive oil, extra virgin
Garlic	1.22	Garlic, chopped in water
Thyme	0.12	Dried thyme, whole leaves
TOTAL	100.00	Potato Medley, Raw Material

Potato Soup (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Water (II)	28.09	Water shall be from a potable source and free from contaminants.
Potatoes	22.65	Fresh russet potatoes, peeled, 3/8" diced
Whole Milk	22.47	Fresh whole milk, U.S. Grade A, pasteurized and homogenized
Water (III)	12.81	Water shall be from a potable source and free from contaminants.
Mashed Potatoes	4.21	Mashed potatoes, dry (instant), Classic brand
Onions	3.51	Fresh onions, yellow, 1/4" diced
Water (I)	2.02	Water shall be from a potable source and free from contaminants.
Filling Aid Starch	1.23	Modified food starch, NATIONAL 150
Unsalted Butter	1.17	Fresh unsalted butter, sweet cream, U.S. Grade AA
Butter Flavor Granules	0.67	Butter flavor granules, 50% less sodium
Garlic	0.53	Refrigerated, minced garlic in water
Vegetarian Vegetable Base	0.38	Vegetarian Vegetable Base, reduced sodium
Black Pepper	0.08	Black pepper, ground
Modified Food Starch	0.08	Modified food starch, CLEARJEL
Chives	0.01	Freeze-dried chives
Thyme	0.01	Thyme, ground
TOTAL	100.00	Potato Soup, Raw Material

Red Beans and Rice (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Water	50.30	Water shall be from a potable source and free from contaminants
Red Beans	23.30	Dried red beans, small
		NOTE: % based on soaked beans weight
Rice	7.50	Individually Quick Frozen (IQF) white rice, parboiled
Navy Bean Flakes	6.49	Navy bean flakes
Water (slurry)	4.40	Water shall be from a potable source and free from contaminants
Onions	2.80	Fresh yellow onions, 1/4" diced
Celery	2.60	Fresh celery, 1/4" diced
Filling Aid Starch	0.99	Filling aid starch, NATIONAL 150
Caramelized Garlic Base	0.46	Refrigerated, caramelized garlic base
Red Pepper Sauce	0.46	Red pepper sauce, Tabasco brand
Caramelized Onion Base	0.33	Refrigerated, caramelized onion base
Liquid Smoke	0.13	Liquid smoke, natural, Code 6
Disodium Inosinate and Disodium Guanylate	0.07	Disodium inosinate and disodium guanylate,
Garlic and Herb Seasoning	0.06	Garlic and herb seasoning , salt-free
Red Pepper	0.04	Red pepper (cayenne), ground
Garlic Powder	0.04	Garlic powder
Oregano	0.03	Dried oregano leaves

Distilled Water	N/A	Distilled water, pure
		NOTE: Used to soak dried red beans
TOTAL	100.00	Red Beans and Rice, Raw Material

Rice with Butter (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Rice	95.13	Individually Quick Frozen (IQF) rice, parboiled from Sage V Foods (Product# QF00000-64)
Unsalted Butter	4.33	Fresh unsalted butter, sweet cream, U.S. Grade AA
Salt	0.43	Salt, pure sodium chloride, non-iodized
Black Pepper	0.11	Black pepper, ground
TOTAL	100.00	Rice with Butter, Raw Material

INGREDIENT	%	MATERIAL DESCRIPTION
Water	18.78	Water shall be from a potable source and free from contaminants.
Diced Tomatoes	13.47	Canned diced tomatoes, premium, no salt added
		NOTE: % based on drained weight
Crab	9.83	Refrigerated (not frozen) crab meat, jumbo lump, pasteurized
Water (Slurry)	9.63	Water shall be from a potable source and free from contaminants.
Crawfish	8.25	Frozen crawfish, cooked, peeled and deveined tail meat, 80-100 count
Onions	7.90	Fresh onions, 1/4" diced, yellow
Shrimp	7.36	Individually Quick Frozen (IQF) shrimp, cooked, peeled, deveined, tailoff, 40-50 count
Celery	6.21	Fresh celery, 3/8" diced
Green Bell Peppers	5.09	Fresh green bell pepper, 1/4" diced
Green Chiles	2.65	Canned green chiles, diced
		NOTE: % based on drained weight
Modified Food Starch	2.36	Modified food starch, NATIONAL 465
Apple Cider Vinegar	2.20	Apple cider vinegar
Sausage	2.16	Dry jalapeno pencil sausage
		NOTE: Fully cooked product that shall be kept refrigerated.
Butter	1.80	Fresh unsalted butter, sweet cream, U.S. Grade AA
Medium Toasted Flour	1.00	Medium toasted flour, sprouted wheat
Chicken Base	0.52	Refrigerated chicken base, low sodium no MSG

Garlic	0.34	Refrigerated, minced garlic in water
Salt Free Creole Seasoning	0.24	Creole seasoning, salt free
File' Powder	0.07	Gumbo file' powder
Disodium Inosinate and Disodium Guanylate	0.05	Disodium inosinate and disodium guanylate, Ajitide I+G
Oregano	0.05	Dried oregano, whole leaves, Mediterranean
Black Pepper	0.04	Black pepper, ground
TOTAL	100.00	Seafood Gumbo, Raw Material

Southwestern Corn (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Corn (Puree)	32.13	Frozen yellow corn, whole kernel
Corn	30.30	Frozen yellow corn, whole kernel
Water (Slurry)	11.88	Water shall be from a potable source and free from contaminants
Water	11.70	Water shall be from a potable source and free from contaminants
Roasted Red Peppers	4.40	Individually Quick Frozen (IQF), roasted red bell peppers, 1/4 " diced
Onions	4.21	Fresh onions, 1/4" diced, yellow
Half and Half	2.15	Fresh half and half, Grade A, ultrapasteurized, homogenized, minimum 10.5% milkfat
Jalapeno Peppers	1.00	Fresh jalapeno peppers, ¼" diced
Filling Aid Starch	0.54	Filling aid starch, NATIONAL 150
Unsalted Butter	0.50	Fresh, U.S. Grade AA, sweet cream, unsalted butter
Roasted Garlic Base	0.30	Refrigerated, roasted garlic base
Roasted Onion Base	0.30	Refrigerated, roasted onion base from Eatem Foods
Cumin	0.25	Ground cumin
Cilantro	0.20	Fresh cilantro, fine cut
Salt	0.09	Salt, pure sodium chloride, non-iodized
Black Pepper	0.05	Black pepper, coarse grind
TOTAL	100.00	Southwestern Corn, Raw Material

Split Pea Soup (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Water	72.82	Water shall be from a potable source and free from contaminants
Split Peas	16.54	Dry split green peas
Whole Milk	4.07	Fresh whole milk, minimum 3.3% fat, U.S. Grade A, pasteurized and homogenized with vitamins A & D added
Ham	3.91	Ham steak, boneless
		NOTE: % based on weight after skin has been removed
Filling Aid Starch	0.89	Filling aid starch, NATIONAL 150
Ham Base	0.84	Refrigerated ham base, low sodium with no added MSG
Red Wine Vinegar	0.44	Red wine vinegar with 5% acidity
Natural Flavor	0.35	Salt Pro Flex
Disodium Inosinate & Disodium Guanylate	0.07	Disodium inosinate and disodium guanylate, Ajitide I+G
Black Pepper	0.04	Black pepper, coarse grind
Liquid Smoke	0.03	Liquid smoke, all natural hickory seasoning
TOTAL	100.00	Split Pea Soup, Raw Material

Sweet and Sour Pork (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Pork	25.22	Fresh pork tenderloin (no brine)
Pineapple	12.48	Canned pineapple chunks, Hawaiian, in heavy syrup
Sugar	11.00	Sugar, pure cane, granulated
Water	10.00	Water shall be from a potable source and free from contaminants
Carrots	7.98	Fresh carrots, 1/2" diced
Chicken Broth	7.47	Canned chicken broth, low sodium, Central Market Organics brand
Onion	6.49	Fresh white onion, 3/4" diced
Red Wine Vinegar	6.00	Red wine vinegar with 5% acidity
Green Bell Pepper	5.99	Fresh green bell pepper, 1/2" diced
Water (Slurry)	3.00	Water shall be from a potable source and free from contaminants
Modified Food Starch	2.00	Modified food starch, NATIONAL 465
Vegetable Oil	1.13	Vegetable oil, pure
Soy Sauce	1.10	Soy sauce, less sodium, naturally brewed
Garlic Powder	0.07	Garlic powder
Red Pepper	0.05	Red pepper (cayenne), ground
Oleoresin Paprika	0.02	Oleoresin paprika
TOTAL	100.00	Sweet and Sour Pork, Raw Material

Tomato Basil Soup (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Crushed Tomatoes	73.14	Canned, crushed tomatoes
		NOTE: maximum 90 mg sodium per serving
Skim Milk	8.62	Fresh skim milk, fat free, U.S. Grade A, pasteurized and homogenized
Heavy Cream	7.00	Fresh, heavy whipping cream, Grade A, ultra pasteurized
Fat-Free Half & Half	5.00	Fresh, fat-free half & half, grade A, ultra pasteurized
Skim Milk (Slurry)	2.88	Fresh skim milk, fat free, U.S. Grade A, pasteurized and homogenized
Brown Sugar	1.50	Brown sugar, light
Modified Food Starch	1.20	Modified food starch, THERMFLO
Black Pepper	0.15	Coarse, ground, black pepper
Basil	0.14	Dried basil, whole leaves, sweet
Oregano	0.11	Dried oregano, whole leaves, Mediterranean
Caramelized Garlic Base	0.09	Refrigerated, caramelized garlic base
Red Wine Vinegar	0.07	Red wine vinegar with 5% acidity
Salt	0.05	Salt, pure sodium chloride, non-iodized
Vegetable Base	0.05	Refrigerated vegetable base, mirepoix
TOTAL	100.00	Tomato Basil Soup, Raw Material

Tomatoes and Eggplant (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Diced Tomatoes	34.69	Canned tomatoes, diced, premium, no salt added
Zucchini	14.65	Fresh zucchini, 1/2" diced
Onion	12.99	Fresh yellow onions, 1/2" diced
Eggplant	12.19	Fresh eggplant, 3/4" diced
Red Bell Pepper	6.09	Fresh red bell pepper, 1/2" diced
Green Bell Pepper	6.09	Fresh green bell pepper, 1/2" diced
Tomato Sauce	4.06	Canned tomato sauce, premium, no salt added
Tomato Paste	2.64	Canned tomato paste, no salt added containing 20 mg or less sodium per serving
Olive Oil	2.54	Olive oil, extra virgin
Water	1.62	Water shall be from a potable source and free from contaminants
Modified Food Starch	1.02	Modified food starch, NATIONAL 465
Garlic	0.78	Refrigerated, minced garlic in water
Salt	0.33	Salt, pure sodium chloride, non-iodized
Black Pepper	0.11	Black pepper, coarse grind
Disodium Inosinate & Disodium Guanylate	0.11	Disodium inosinate and disodium guanylate,
Basil	0.04	Dried basil leaves
Oregano	0.04	Dried oregano leaves
Coriander	0.01	Coriander, ground
TOTAL	100.00	Tomatoes and Eggplant, Raw Material

Tropical Fruit Salad (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Tropical Fruit	56.59	Canned tropical fruit in light syrup and passion fruit juice  NOTE: % of fruit is based on drained weight
Mango	43.41	Individually Quick Frozen (IQF) mango chunks, no sugar added
TOTAL	100.00	Tropical Fruit Salad, Raw Material

Tuna Noodle Casserole (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Water	28.31	Water shall be from a potable source and free from contaminants.
Tuna	13.67	Canned tuna, Albacore, water pack, no salt added
Spiral Pasta	10.53	Pasta, 1 ½ inch, small spirals, with 3% egg white
Heavy Whipping Cream	7.44	Fresh, heavy whipping cream, U.S. Grade A, ultra-pasteurized
Mushrooms	7.25	Fresh mushrooms, 1/8" – 1/4" sliced
Sour Cream	7.21	Fresh sour cream, cultured, U.S. Grade A
Onions	6.83	Fresh yellow onions, 3/8" diced
Celery	5.26	Fresh celery, 3/8" diced
Chicken Broth	3.95	Canned chicken broth, low sodium
Peas	3.15	Individually Quick Frozen (IQF) peas, baby sweet
Unsalted Butter	2.10	Fresh unsalted butter, U.S. Grade AA, sweet cream
Filling Aid Starch	1.44	Modified food starch, NATIONAL 150
Modified Food Starch	1.13	Modified food starch, CLEARJEL
Vegetable Shortening	0.74	Vegetable shortening, trans fat free, organic from Spectrum
Sugar	0.52	Sugar, extra fine, granulated
Salt	0.16	Salt, pure sodium chloride, non-iodized
Mustard Powder	0.12	Dried mustard powder, ground
Black Pepper	0.12	Black pepper, coarse, ground
Celery Seed	0.07	Dried celery seed, ground

TOTAL 100.00	Tuna Noodle Casserole, Raw Material
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INGREDIENT	%	MATERIAL DESCRIPTION
Barramundi Fish	32.00	Frozen Barramundi (Sea bass) fish
Stewed Tomatoes	21.58	Canned, stewed tomatoes, no salt added
		NOTE: % based on drained weight
Artichoke Hearts	14.93	Shelf stable, artichoke hearts, quartered, marinated
		NOTE: % based on drained weight
Green Bell Peppers	10.75	Frozen, green bell peppers,1/4" diced
Onions	9.83	Frozen, onions,1/4" diced
Ripe Olives	4.10	Canned, ripe (black), sliced olives
		NOTE: % based on drained weight
Olive Oil	1.87	Olive oil, extra virgin
White Cooking Wine	1.83	White cooking wine
Lemon Juice	1.05	Shelf stable, lemon juice from concentrate,
Capers	0.77	Shelf stable capers, imported, gourmet, non-pareil
		NOTE: % based on drained weight
Garlic	0.55	Refrigerated, minced garlic in water
Sumac Powder	0.23	Sumac powder, ground
Ginger Cubes	0.23	Frozen ginger cubes, crushed
Crushed Red Pepper	0.14	Crushed red pepper flakes
Cumin	0.14	Cumin, ground
TOTAL	100.00	Turkish Fish Stew, Raw Material

INGREDIENT	%	MATERIAL DESCRIPTION
Milk	44.00	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Water	25.35	Water shall be from a potable source and free from contaminants.
Sugar	16.16	Sugar, extra fine, granulated
Milk (Slurry)	10.00	Fresh whole milk, minimum 3.3% milk fat, U.S. Grade A, pasteurized and homogenized with vitamins A and D added
Modified Food Starch	4.04	Modified food starch, THERMFLO
Vanilla Flavor	0.25	Natural and artificial vanilla flavor, liquid, "Best," 16 to 1
Salt	0.20	Salt, pure sodium chloride, non-iodized
TOTAL	100.00	Vanilla Pudding, Raw Material

INGREDIENT	%	MATERIAL DESCRIPTION
Water	36.38	Water shall be from a potable source and free from contaminants
Diced Tomatoes	22.03	Canned diced tomatoes, premium, no salt added
Corn	6.78	Frozen corn, whole kernel
Carrots	6.78	Frozen carrots, 1/4" sliced
Green Beans	6.58	Individually Quick Frozen (IQF) green beans, 1" pieces
Potatoes	4.77	Frozen potatoes, 1"x 1"x 1/2" pieces
Onions	4.29	Frozen yellow onions, 3/4" diced
Celery	4.19	Fresh celery, 3/8" diced
Peas	3.89	IQF, sweet peas, baby
Modified Food Starch	1.49	Modified food starch, NATIONAL 465
Vegetarian Vegetable Base	1.32	Refrigerated, vegetarian vegetable base
Sugar	0.50	Sugar, granulated, pure cane
Roasted Garlic Base	0.40	Refrigerated, roasted garlic base
Red Pepper Sauce	0.26	Red pepper sauce, Tabasco
Disodium Inosinate & Disodium Guanylate	0.10	"Ajitide" I+G disodium inosinate and disodium guanylate
Parsley	0.08	Dried parsley flakes
Savory	0.07	Savory, ground
Black Pepper	0.03	Black pepper, coarse grind
Marjoram	0.02	Marjoram, ground
Basil	0.02	Dried basil leaves
Oregano	0.02	Dried oregano leaves

TOTAL 10	00.00	Vegetarian Vegetable Soup, Raw Material
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Vegetable Casserole (Thermostabilized)		
INGREDIENT	%	MATERIAL DESCRIPTION
Stewed Tomatoes	19.95	Canned, stewed tomatoes, no salt added
		NOTE: % based on drained weight
Ricotta Cheese	10.54	Ricotta cheese, fat free
Yellow Squash	9.85	Fresh yellow squash, whole
		NOTE: % based on weight with ends trimmed
Zucchini	8.87	Fresh zucchini, whole
		NOTE: % based on weight with ends trimmed
Mozzarella Cheese	8.15	Mozzarella cheese, finely shredded
Water (slurry)	4.99	Water shall be from a potable source and free from contaminants.
Asparagus	4.93	Frozen asparagus, cuts and tips
Bell Pepper Blend	4.93	Frozen, tri-colored bell peppers, organic
Mushrooms	4.93	Fresh white mushrooms, sliced
Eggplant	4.93	Fresh eggplant, whole
		NOTE: % based on weight with ends trimmed
Tomato Paste	3.82	Canned tomato paste
Modified Food	2.68	Modified food starch, PURITY 87
Starch		
Whole Eggs	2.51	Fresh, Grade A or better, shell eggs
		NOTES:
		1. % of fresh eggs is based on whole eggs after they have been cracked and shelled
		2. If available, frozen, pasteurized, USDA inspected, whole eggs may be used.
White Cooking Wine	2.17	White cooking wine
Parmesan Cheese	1.97	Parmesan cheese, finely shredded,

Onion	1.52	Frozen onion, diced
Baby Spinach	1.32	Fresh baby spinach, organic
Extra Light Olive Oil	1.18	Olive oil, extra light
Garlic	0.29	Refrigerated, minced garlic in water
Sugar	0.18	Sugar, pure cane, granulated
Basil	0.18	Fresh basil
Parsley	0.08	Dried parsley, flakes
Black Pepper	0.03	Black pepper, ground
Oregano	0.02	Dried oregano, leaves
No-Stick Cooking Spray	N/A	No-Stick cooking spray, Original,  NOTE: Used only to spray baking pans
TOTAL	100.00	Vegetable Casserole, Raw Material