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**Helium Synthesis,
Neutrino Flavors,
and Cosmological Implications**

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HELIUM SYNTHESIS, NEUTRINO FLAVORS, AND COSMOLOGICAL IMPLICATIONS

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Abstract: The problem of the production of helium in big-bang is re-examined in the light of several recent astrophysical observations. These data, and theoretical particle physics considerations, lead to some important inconsistencies in the standard big-bang model and suggest that a more complicated picture is needed. Thus, recent constraints on the number of neutrino flavors, as well as constraints on the mean density (openness) of the universe, need not be valid.

It has recently been claimed that the "standard" big-bang scenerio for cosmological helium production imposes a stringent limit on the number of neutrino flavors.¹ Recent astronomical evidence and thoeretical particle physics considerations discussed here suggest, however, that inconsistencies of a serious nature may be present within the standard scenerio and that, until the cosmological questions have been resolved it may be more useful to adhere to the conventional view that physics imposes constraints on cosmology rather than vice versa.

It is useful to assume that the observed helium abundance by weight Y in a source consists of universal "primordial" contribution Y_p and a contribution ΔY from ordinary stellar nucleosynthesis. Stellar evolution theory suggests $\Delta Y > 0$ and furthermore $\Delta Y \propto Z$ the abundance of heavier elements not made in the big-bang. Thus $Y_p \leq \min\{Y_{obs}\}$, the set of reliable observed astronomical helium abundances. Reported values of Y in our own and other galaxies range from 0.228 to 0.342, a 50% variation within star systems having undergone differing rates of stellar nucleosynthesis²⁻⁴. Studies of helium abundances in HII regions of blue compact and irregular galaxies yield lower values of Y because, as their large gas-to-total mass ratios and small dust-to-gas ratios and Z values indicate, they have experienced less star production and stellar evolution. Of these systems, the most highly and reliably studied are the nearby Large and Small Magellanic Clouds (LMC, SMC).^{2,5} Recent measurements of such galaxies, correlating ΔY with Z have suggested as value for $Y_p = 0.228 \pm 0.004(1\sigma)$. If the high quality data from the Orion Nebula (our Galaxy) and the LMC alone are used, a value $Y_p = 0.218$ is obtained². If one takes account of the fact that abundances as low as 0.228 have been reported for three galaxies^{3,4}, taking for one of them, IIZw40, the reported⁴ $Z=0.0041$, and using the well-substatiated relation $\Delta Y \approx 3Z$, a value for $Y_p = 0.216$ would be obtained. Thus, we consider the conservative value⁴ $Y_p=0.228$ to be an upper limit on Y_p (see Fig.1).

Independent estimates of Y_p can be obtained from other astronomical quarters.

Closer to home in our own galaxy, it should be noted that while the Orion region⁴ has a Y of 0.280 ± 0.010 , this region is young and has seen multiple generations of stellar nucleosynthesis. The oldest stars in the Galaxy have significantly lower Y values. Horizontal branch stars in globular clusters are extremely poor in He, at least in their surface atmospheres⁶ and, most recently, data from very old subdwarf stars⁷ have indicated values of $Y = 0.19 \pm 0.02$. Models of nucleosynthesis in the Sun require a very low initial abundance of He and heavier elements in order to obtain consistency with the low observed solar neutrino flux.⁸ Such models again require $Y \sim 0.1-0.2$. Finally, there is evidence that quasars (at least 3C273 and 3C48 which have been studied) are underabundant in helium relative to our Galaxy by at least a factor of two.⁹ All of these data are consistent with the upper limit on Y_p used in Fig. 1.

Two other observations bear on the He production problem. The first comes from X-ray studies of the intergalactic gas in galaxy clusters where iron abundances averaging about half the local value (and in some cases approaching the solar value) have been observed in the intergalactic medium¹⁰. This may indicate that a significant active period characterized by a high rate of stellar nucleosynthesis and gas ejection occurred at an early stage in the galactic or protogalactic era in the evolution of the universe. Suggestions of this sort have been made in the past¹¹ and they may be lent support with the recent advent of far-infrared measurements near the peak of the cosmic blackbody background radiation spectrum¹². These recent data indicate an excess radiation density at present of 1.14 eV/cm^3 above that expected from a 2.7K blackbody spectrum, a value far in excess of that expected within the standard scenario¹³. Under the hypothesis that a significant far-infrared background arises from dust reradiation which is superimposed on the 2.7K background, fits to the observations may be obtained¹⁴. Such models require that the excess radiation originate at a redshift $z_n \sim 10-15$. If the energy originated in He synthesis, which releases an energy of 7 MeV/nucleon, the number ratio

of He to H which would have been produced is

$$R_{\text{He}/\text{H}} = 5 \times 10^{-4} \Omega^{-1} h^{-2} (1+z_n) \quad (1)$$

where h is the Hubble constant in units of $100 \text{ km s}^{-1} \text{ Mpc}^{-1}$ and Ω is the fraction of the closure density in the standard big-bang model. The value of h is in the range 0.5-1 with more recent results¹⁵ tending to favor a value near 1. It follows from eq. (1) that the values of Y produced at redshift z_n under these assumptions are too high (0.8-0.9) for $\Omega h^2 = 0.01$, and are only negligible (0.02-0.03) for $\Omega h^2 \approx 1$. However the latter case, while giving only a small contribution to the observed value of Y , is inconsistent with the standard big-bang nucleosynthesis model, since this model requires $\Omega h^2 \ll 1$. Another contradiction with the standard model is then implied by recent analyses of the dynamics of galaxy clustering¹⁶ which yields values for Ω in the range 0.2-0.7.

The above discussion leads to the conclusion that we may consider the value $Y_p \approx 0.23$ to be an upper limit on big-bang nucleosynthesis,¹⁷ with other data giving even lower values for Y_p and with the X-ray and infrared data suggesting the additional possibility that even only a small portion of this may be left over from the first three minutes of the big-bang. We now turn to the important implications of this conclusion.

Figure 1, based on the calculations in Ref. 1, shows the values of Y_p obtained under various assumptions regarding the number of flavors of neutrinos with masses below 1 MeV. We know, of course, that there are at least two flavors, ν_e and ν_μ , presumably of mass zero since present evidence is consistent with the absence of right-handed neutrinos. Although there is at present only an upper limit of ~ 250 MeV on the mass of the ν_τ associated with the decay of the newly discovered τ -lepton,

it is generally considered that $(\nu_\tau, \tau)_L$ and the $(t, b)_L$ quarks make up Weinberg-Salam SU(2) doublets which fit GUT SU(5) multiplets, e.g., $\bar{5} = (\nu_\tau, \tau | \bar{5})_L$, in which case the symmetry breaking caused by the Higgs sector will leave the ν_τ with a zero mass as is the case with the other neutrinos. Thus, in Fig. 1, we can consider the curve $f=6$, corresponding to 6 quark flavors and 3 neutrino flavors $(\nu_e, \nu_\mu, \nu_\tau)$ to define a lower bound on Y_p as predicted by the standard model. In the figure, the vertical line at $\Omega h^2 = 0.02$ ($\rho_N = 4 \times 10^{-31}$ g/cm³) indicates, as per the dynamical and observational arguments outlined earlier,^{18a} a conservative lower limit obtained by taking $\Omega \geq 0.08$ and $h^2 \geq 0.25$. The allowed region in the figure is indicated by the hatching. This obviously conflicts with the upper limit $Y_p = 0.228$ discussed above. Thus it appears that a reexamination of the orthodox He synthesis picture is in order.

It may appear that one way out of the difficulty is to postulate a non-nucleonic dynamical mass density from hypothetical stable neutral heavy leptons extant in the universe¹⁹. Such particles may not be detectable by other means²⁰. However, the motivation for considering the existence of heavy neutrinos²¹, namely the consideration of an SU(3) X U(1) theory of electroweak interactions²², has now disappeared as it has become evident that the minimal SU(2) X U(1) model of Weinberg and Salam provides the best explanation of experimental results²³. It has also been suggested that light neutrinos could make up the missing mass needed to explain galaxy dynamics²⁴. This hypothesis has been recently advocated²⁵, but other recent calculations claim inconsistencies which argue against it, particularly for large neutrino mass densities and smaller values of h , which are needed in order to "solve" the helium problem with this scenario²⁶.

We therefore conclude that if one wishes to explain all of the cosmological data, viz., the dynamical studies of the mean mass density in the universe, the low values of Y observed in less evolved galaxies, the variation of Y from one galaxy to another, and the possible evidence of high-redshift nucleosynthesis, the simplest big-bang model for helium production may be untenable. Bearing this in mind, together with the consideration (Fig. 1) that the three neutrino (or even the two-neutrino) case may be inconsistent with the data, the cosmological arguments to eliminate from consideration the possibility of additional undiscovered neutrino flavors appear unjustified. In judging theories with more than 6 quark flavors, physics considerations should thus outweigh arguments based on the standard cosmological scenario. In this regard, it should be noted that recent work²⁷ has indicated that using renormalization group methods in the SU(5) grand unification scheme, twelve quark flavors are required to explain the mass ratio of the b-quark and τ lepton, i.e., m_b/m_τ . (This is still consistent with the requirements of asymptotic freedom.)

One is still left with the problem of replacing the orthodox helium synthesis model with a different (and clearly more complicated) model. One possible scenario will be suggested here. Let us assume that the standard big-bang nucleosynthesis does take place as in Fig. 1. Then with $f \geq 6$ and $\Omega h^2 \geq 0.02$, too much He is produced. Also considering that significant protogalactic nucleosynthesis may take place, we must then propose a means for destroying either some or all of the He made in the big-bang. Within the context of standard cosmology, no effective destruction mechanism suggests itself. However, in the context of the baryon-antibaryon domain model, a model which we

have argued follows from the concepts of spontaneous symmetry breaking of grand unified gauge theories and causality²⁸, an effective destruction mechanism exists. This mechanism is photodisintegration of He by radiation produced by $N-\bar{N}$ annihilation in the early big-bang²⁹. Subsequent protogalactic and galactic nucleosynthesis might then play an important role in He production^{11,14,30}.

Since the standard big-bang He synthesis model, when considered with the other data summarized above, leads to too much helium production, any nonminimal scenario which provides a consistent picture of He synthesis will invalidate previous arguments constraining both the number of neutrino flavors and the mean density (or openness) of the universe^{31,32}.

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17. The authors in ref. 4 prefer to consider a 3σ error of $Y_p = 0.228 \pm 0.014$
as reasonable. It can be seen from Fig. 1 that even the highest value allowed
by these limits would be inconsistent with the standard picture. Other values
for Y_p , as discussed in the text, are even lower.
18. While Peebles and Aaronson et al. (Ref. 16) give a value for Ω of 0.2 to 0.7,
we choose as a more conservative value for lower limit purposes $\Omega = 0.08$,
based on the work of J. R. Gott III and E. L. Turner, *Astrophys. J.* 209, 1 (1976).
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30. Cold universe models (e.g., Ref. 11) will not produce an uncomfortable amount of (or any) helium in the big-bang, thus also avoiding the inconsistencies discussed in this Letter. However, in these models we also give up the appealing explanation of the 2.7K blackbody radiation and some promising high-energy physics approaches to the early universe problem.
31. Other speculated constraints based on the standard model, e.g., those on superweak particles (Steigman, et al., *Phys. Rev. Letters* 43, 239 (1979)) would also not be valid.
32. A.D. Linde (*Phys. Lett.* 83B, 311 (1979)) and S. Dimopoulos and G. Feinberg (Columbia University preprint TP-159, 1979) have argued that the cosmological arguments limiting neutrino flavors are not valid if a large neutrino degeneracy existed in the universe at the time of big-bang nucleosynthesis. Schramm and Steigman (*Phys. Lett.* 87B, 141 (1979)) have countered that such a degeneracy is unlikely in the context of present thought regarding grand unified theory. The present paper rests on entirely different arguments.

Fig. 1. Helium abundance Y from big-bang nucleosynthesis versus present mean nucleon density ρ_N for quark flavor numbers f (Ref. 1). The null intersection of the independent data sets indicated by the hatched area and upper-limit line $Y_p = 0.228$ shows the basic inconsistency in the standard scenario.

