USSR Space Life Sciences Digest

Issue 2

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## CONTENTS

**Reader Feedback Form** ........................................... v

**FROM THE EDITORS** .......................................... 1

**PERIODICALS** .................................................. 3

- **ADAPTATION** .................................................. 3
- **BIOMEDICAL DATA AND CYBERNETICS** .................. 4
- **BODY FLUIDS** ............................................... 5
- **BOTANY** ..................................................... 7
- **CARDIOVASCULAR AND RESPIRATORY SYSTEMS** .... 11
- **GASTROINTESTINAL SYSTEM** .............................. 18
- **HABITABILITY AND ENVIRONMENTAL EFFECTS** ....... 19
- **HEALTH AND MEDICAL TREATMENT** ....................... 20
- **HEMATOLOGY** ................................................ 22
- **IMMUNOLOGY** ............................................... 26
- **METABOLISM** ............................................... 27
- **MORPHOLOGY AND CYTOLOGY** ............................ 28
- **MUSCULOSKELETAL SYSTEM** ............................... 29
- **NEUROPHYSIOLOGY** ....................................... 32
- **PSYCHOLOGY** ................................................. 37
- **RADIOBIOLOGY** ............................................. 39

**MONOGRAPHS** .................................................. 46

- **ADAPTATION** ................................................ 46
- **BIOSPHERICS** ............................................... 48
- **BODY FLUIDS** ............................................... 53
- **BOTANY** ..................................................... 54
- **CARDIOVASCULAR AND RESPIRATORY SYSTEMS** .... 55
- **GROUP DYNAMICS** ........................................ 57
MONOGRAPHS (continued)

LIFE SUPPORT SYSTEMS ........................................ 59
NEUROPHYSIOLOGY .................................................. 62
PSYCHOLOGY ............................................................. 64
RADIOBIOLOGY .......................................................... 68
SPACE BIOLOGY ........................................................... 73
BOOK REVIEWS ........................................................... 75
MUSCULOSKELETAL SYSTEM ......................................... 75
NEUROPHYSIOLOGY ....................................................... 78
OTHER CURRENT RUSSIAN TITLES RELEVANT TO SPACE LIFE SCIENCES .... 81
PERIODICALS ............................................................... 81
MONOGRAPHS ............................................................... 86
CURRENT TRANSLATED SOVIET LIFE SCIENCE MATERIALS AVAILABLE TO OUR READERS ............................................................... 88
USSR Space Life Sciences Digest: Number 2  Reader Feedback Form

To our readers: We are working in a large number of highly technical, specialized areas for which adequate Russian-English glossaries have yet to be compiled. We ask your help in improving the accuracy and specificity of our English terminology. Please fill out the form below whenever you encounter an incomprehensible, incongruous, awkward or otherwise inappropriate term. While we solicit all suggestions for improved renderings, the statement that a term is inappropriate provides us with useful information, even when no better alternative can be suggested. A copy of this form will appear in all future issues of the digest. Thank you for your help.

Abstract # | Incorrect or contextually inappropriate word or phrase: | Suggested rendering: ("??" is an acceptable entry)
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PLEASE RETURN TO:

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FROM THE EDITORS

This is the second issue of the USSR Space Life Sciences Digest. The reader will notice a number of new features not appearing in the first issue. First, where figures in the original articles convey complex results clearly, we have included reproductions of them in our abstracts. Second, when authors' affiliation is provided by the journal, we have included this information in the bibliographic citation. (Note: Space Biology and Aerospace Medicine does not cite affiliation for any of its authors.) Third, we have provided a list, including full bibliographic citations, of titles we considered abstracting but rejected because of space limitations. Fourth, we have translated Soviet reviews of two books abstracted in our last issue in a new Book Review Section. Fifth, for one monograph, we have translated the section relevant to space life sciences, in lieu of offering an abstract in the usual format. We encourage readers to send us comments on the utility of these new features and the desirability of retaining them.

Exobiology, Biospherics and Space Biology. We are still actively searching for additional Soviet publications relevant to Exobiology, Biospherics (formerly Global Biology) and the effects of space flight factors on plants and lower animals (Space Biology). Readers' nominations of such publications would be greatly appreciated.

Reader Survey. The reader survey, which has been sent to everyone on our mailing list, was designed to provide us with the information necessary to ensure that the Digest is as useful and relevant to its audience as possible. If you have received a survey and not yet returned it, we urge you to do so. If you did not receive a survey and would like to participate, please write to us at the address below. We also call your attention to the reader feedback sheet which will be included in every digest issue. Please use this sheet to suggest improvements in our technical terminology or simply to indicate where this terminology needs improvement.

Abstract Numbers. Preceding the citation for each abstract is a number which serves as a unique identifier for that abstract and the original on which it is based. The initial letter in this identifier indicates whether the original is a periodical article (P), a monograph (M), or book review (BR). If, in future issues, it seems appropriate to include additional types of material in the Digest, additional letters will be used. The second element of the identifier is a number uniquely and consecutively assigned to each abstract within its material type. The third element of the identifier, enclosed in parentheses, refers to the date of the issue in which the abstract is included. An asterix following a P abstract indicates that the original came from the journal, Kosmicheskaya Biologiya i Aviakosmicheskaya Meditsina [Space Biology and Aerospace Medicine], which we abstract in its entirety.
Citation formats. Bibliographic citations in the digest follow the format proscribed by the Council of Biology Editors in the version used by the American journal, Aviation, Space, and Environmental Medicine.

Authors' Names. Some of our readers may find it useful to learn more about the information to be derived from author's names as cited in technical literature. All ethnic Russians and the majority of members of the other nationalities in the Soviet Union use two initials, referring to first name and patronymic (name derived from father's first name). An author with a Slavic sounding name with only one initial cited is virtually certainly a citizen of one the Soviet bloc nations outside the USSR. Because of the way the Russian language handles gender, with the exception of obviously non-Slavic surnames, any author whose surname ends in "a" is a woman. Because many Soviets do not have Russian names, the converse is not true: an author whose name does not end in "a" may also be female. However, a surname ending in "ov", "ovich", "in" or "skiy" invariably belongs to a male.

ADDRESS CORRESPONDENCE TO:

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PERIODICALS

ADAPTATION

(See also Cardiovascular and Respiratory Systems: P55; Hematology: P50, P90; Radiobiology: P55.)

P52(8/85) Bobrov LL. Effect of the adaptation facilitator bemityl on seasonal and diurnal fluctuation in the physical work capacity of people stationed in the Antarctic. Informativnyy Byulleten' Sovetskoy Antarkticheskoy ekspeditsii. 105: 59-64; 1984. [8 references; none in English] Affiliation: Arctic and Antarctic Scientific-Research Institute [AANII] (Publication)

Adaptation, Drugs
Humans, Antarctic Regions
Performance, Physical Work Capacity

Abstract: This study involved the administration of bemityl, a general adaptation facilitator to six workers stationed in the Antarctic for three 4-week periods during the spring, summer and fall. Bemityl is described as a Soviet synthetic drug. A matched control group was also used. Work capacity was measured, using the PWC\textsubscript{170} procedure, with graded physical exercise tests on a bicycle ergometer. Measurements were taken three times a day over a three-day period before the beginning of bemityl administration and during each administration period. Work capacity of the treatment and control subjects was lower in the second and third series of tests (after 3 and 6 months in the Antarctic), as compared to the baseline levels. No significant differences between the two groups were found. In the fourth series of tests, performed in December after 9 months in the Antarctic, when the group under Rx was taking the drug for the third time, the work capacity of the its members began to show recovery (significant for some times during the day), while the control group continued to decline. Differences between groups were significant for some tests in this series. Long-term use of this drug for Antarctic residents is recommended.

Table and Figure Titles: Table 1: Physical work capacity of people stationed at the Antarctic in the experimental and control groups

Table 2: Physical work capacity of people stationed at the Antarctic in the experimental and control groups per kilogram body weight

Figure 1: Seasonal and diurnal changes over time in physical work capacity of people stationed at the Antarctic (per kilogram body weight)
Biomedical Data Processing, Human Factors Engineering
System Description

Man-Machine Systems

Abstract: This paper describes an automated system for recording operator performance in compensatory tracking tasks. The system has the capability to accept input of physiological data and performance characteristics of an operator in real time, to calculate and display specified parameters, and also to record information on magnetic tape for storage and later comparative analysis of data. The system utilizes the MN-10 analog computer; the current version monitors seven parameters: heart rate, respiration rate, beta two and gamma waves (electroencephalogram), galvanic skin response and tracking errors. This system allows the experimenter to: 1) perform automated real-time analysis of indicators of physiological status and performance; 2) change the experimental conditions on-line; 3) process information from more than one subject; 4) store information about the experiment, which can subsequently be subjected to more complex analyses.

Figure Titles: Figure 1: Flow chart of an automated system for human factors engineering experiments

Figure 2: [Data from] An experiment on the relationship between two samples

Figure 3: Flow chart of an interactive system for primary statistical analysis of archival data stored by the automated system
Abstract: Fluid-electrolyte metabolism and renal function were studied in the two-man crew of the Salyut-6 orbital station, at several points before their 185-day flight and during the 12 days post-flight completion. Fluid-electrolyte metabolism was evaluated by analyzing the blood and/or urine for: 1) sodium and potassium; 2) total and ionized calcium; 3) magnesium; 4) creatinine; 5) concentration of the C-fragment of parathyroid hormone and thyrocalcitonin; 6) aldosterone concentration; and 7) renin activity. The ion exchange function of the kidneys was evaluated before and 2 days post-flight with a potassium and water loading test. The crew commander showed the expected fluid, sodium and potassium retention post-flight. The flight engineer, on the other hand, excreted more sodium post-flight than he did pre-flight, while his potassium excretion remained unchanged. Effects of space flight on the renin-angiotensin-aldosterone system also differed for the two crew members. The commander showed increased aldosterone concentration and renin activity, while the flight engineer showed no change in renin activity, and a greatly decreased aldosterone level. The authors consider these hormonal changes primary, and the shifts in sodium and calcium excretion secondary. They attribute the variable hormonal results to individual differences in regional hemodynamics. Both crew members showed diminished blood serum concentration of calcium and calcium ions, parathyroid hormone and thyrocalcitonin. The loading test revealed increased excretion of calcium and magnesium post-flight for both crew members. This is attributed to the inability of the tissues to retain calcium during weightlessness.

Table and Figure Titles: Table 1: Elimination of fluid, concentration and rate of excretion of electrolytes immediately and 1 day post-flight

Table 2: Urinary excretion and consumption of electrolytes and fluid before and 2-12 days post-flight

Table 3: Concentration in blood of total and ionized calcium, parathyroid hormone and thyrocalcitonin pre- and post-flight

Figures 1 and 2: See following page.

Figure 3: Elimination of potassium and its excreted fraction, concentration of insulin and aldosterone in the blood during a potassium loading test before and after a 158-day period of bedrest
Figure 1: Diuresis, and rate of electrolyte (in m-equiv/min) and aldosterone (in picograms/min) excretion in potassium loading test on the crew commander pre- (solid line) and post-(dotted line) spaceflight

(For Figures 1 and 2: A - potassium; B - calcium; C - magnesium; D - fluid; E - sodium; F - aldosterone; Bars indicate excretion of substances in m-equiv. over 4 hour period; White bar - pre-flight; Black bar - post-flight)

Figure 2: Diuresis and rate of electrolyte and aldosterone excretion in a potassium loading test on the flight engineer pre-(solid line) and post-(dotted line) space flight
Abstract: Seeds of the lettuce (Lactuca sativa) were exposed to space flight conditions on the "Cosmos-1129" biosatellite for 19 days and on the "Salyut-6" orbital station for 66, 123 and 308 days. The seeds were layered in biostacks alternating with layers of plastic HZE detectors. Each biostack also contained thermoluminescent dosimeters. Seeds which had been penetrated by HZEs were identified by holding each one up to the detector. The use of track detectors made it possible to distinguish the effects of HZE from those resulting from other space flight factors. After the seeds had been scanned, they were dampened and allowed to germinate. The resulting shoots were subjected to microscopic analysis for structural anomalies. A histological section was taken of the seeds in order to determine the exact structure hit by the HZE. When control seeds and seeds subjected to flight, but not hit by HZE were compared, difference in number of aberrant cells were significant only after the 308 day exposure, testifying to the relatively small effects of ionizing radiation and other space flight factors. Cells from seeds hit by HZE, for all exposure durations, showed more aberration than those which were not hit. The largest number of aberrant cells were produced after the 308 day flight, but the difference between number of aberrant cells for the two space flight groups was not significant. [Note: the authors imply but do not state that this difference was significant for the other flight durations.] No cells with two or more aberrations were found in the seeds not exposed to space. The proportion of such seeds increased with duration of exposure to space flight for both space flight groups. Seeds hit by HZE at all exposure durations showed more multiple aberrant cells than those which had not been hit. [No explicit mention is made of significance levels.] There were only enough seeds for a reliable examination of hit site for the "Cosmos" flight (19 days). For these seeds, it was found that the root meristems were the most susceptible to HZE effects.

Figure Titles: Figure 1: Dimensions and location of sensitive structural elements in seeds of Lactuca sativa
Figure 2: Number of aberrant cells in shoots from *Lactuca sativa* seeds exposed to space flight on a biosatellite and orbital station

Ordinate: Aberrant cells (in %); Abscissa: a - "Kosmos-1129" (exposure duration: 20 days); b, c, and d -- "Salyut-6" -- "Soyuz" (exposure duration: 66, 123, and 308 days); 1-control; 2-flight (baseline); 3-flight with HZE

Figure 3: Number of cells with multiple chromosome aberrations in shoots of *Lactuca sativa* exposed to space flight on a biosatellite and orbital station

Ordinate: Cells with multiple chromosome aberrations (in %); Abscissa: a - "Kosmos-1129" (exposure duration: 19 days); b, c, and d - "Salyut-6" -- "Soyuz" (exposure duration 66, 123, and 308 days respectively); 1 - flight (baseline); 2 - flight with HZE

Figure 4: Number of aberrant cells as a function of site hit by HZE during exposure to space flight on the "Cosmos-1129" biosatellite
Botany, Cells; Also Radiobiology
Lettuce, Seeds
Radiation, Heavy Nuclei

Abstract: This study investigates hypotheses which attribute cellular changes in biological test subjects during space flight to single hits by HZE. Air-dried lettuce seeds were irradiated with a beam of $^{12}$C nuclei of 3.6 GeV(gigaelectron volts=1000 MeV)/nucleon produced by a proton-synchrotron accelerator. The intensity of the ion beam emitted could be reduced by defocusing the beam using an ion source. This made it possible to control the number of times the seeds were hit in a range from no hits at all to several hundred hits. Number of hits for each group of seeds was determined with a layer of photographic emulsion in the seed container. A control group of seeds were used. Forty days after irradiation, a cytogenetic analysis of rootlings in initial mitosis was performed. Radiobiological effects were assessed on the basis of frequency of aberrant cells and of cells with multiple aberrations. While irradiated cells showed a significantly greater number of aberrations than control cells, within the restricted experimental range of fewer than ten to several hundred hits, no significant effect of number of hits was found. The authors attempt to explain this lack of effect with reference to the passage of short-range strongly ionizing particles (black tracks) through the meristem of the plant root.

Table and Figure Titles: Table 1: Results of cytogenetic analysis of seeds irradiated with carbon ions with energy of 3.6 GeV(gigaelectron volts=1000 MeV)/nucleon.

Table 2: Typical irradiation doses, including secondary radiation sources, as a function of the number of carbon ions passing through seeds

Figure: Number of aberrant cells and cells with multiple chromosome fragments as a function of number of times lettuce seeds were hit by carbon ions
CARDIOVASCULAR AND RESPIRATORY SYSTEMS


Cardiovascular and Respiratory Systems, Lungs; Also Morphology and Cytology

Rats

High Altitude, Adaptation

Abstract: Albino rats were kept at an altitude of 3200 m above sea level for 7 weeks. Ten animals were sacrificed at the end of this period to investigate adaptive changes and 10 were returned to sea level conditions and sacrificed 7 weeks later. Histological sections were stained to reveal the surface of the lumen and walls at three levels of the bronchial tree: the right inferior lobar bronchus, the muscular bronchioles and the terminal bronchioles. Adaptation to high altitude appeared to constrict the lumens of the large and muscular bronchi as also of the terminal bronchioles. This was accompanied by thickening of the walls of the large and muscular bronchi and a tendency toward thinning of the walls of the terminal bronchioles. After the 7 week post-adaptation period, the morphological changes in the lungs of the animals had not yet fully returned to their baseline level.
Abstract: To provide a non-traumatic, non-invasive evaluation of mitral regurgitation volume, the authors propose a technique utilizing simultaneous echocardiography of the left ventricle of the heart and thoracic rheoplethysmography. Mitral regurgitation volume is computed as the difference between the volume of blood ejected into the aorta (determined through echocardiography) and the effective stroke volume (determined through rheoplethysmography). When this technique is applied to patients with mitral valve insufficiency, the total estimated error is 15 ml. No significant differences were found between the results of the invasive and noninvasive techniques for measuring mitral regurgitation volume.

Table Titles: Table 1: State of endocardiac hemodynamics in patients with mitral valve insufficiency of varyious etiologies.

Table 2: Changes over time in measures of endocardiac hemodynamics in patients with acute myocardial infarction during treatment with nitroglycerin.

Table 3: Parameters of endocardiac hemodynamics in patients with mitral valve insufficiency resulting from rheumatism, obtained using the proposed technique and angiographic examination.
Abstract: Tolerance to centrifugal acceleration was determined in two groups of individuals in three consecutive test runs. One group (N=134, age=35-49) included healthy individuals, while members of the other (N=57, age=40-49) had been identified through rheoencephalography as showing the early signs of arteriosclerosis, with (Series I) and without (Series II and III) clinical symptoms. In the various tests, subjects were subjected to 4-7+G_z for 30 seconds increasing up to the tolerance limit (Series I); to 3, 4 and 5 +G_z for 30 seconds (Series II) and to 4- and 6-+G_x for 60 seconds (Series III). All subjects were seated and the angle between the chair back and acceleration vector was 120° (I and II) or -78° (III). In all tests measurements were made of heart rate, EKG, and arterial pressure in the brachial artery. Systolic arterial pressure of the vessels of the ear lobe as an indicator of cerebral blood circulation. In the first set of tests, tolerance limits of arteriosclerotic adults was 0.23 units lower than that of healthy counterparts (5.7, as opposed to 5.93), [but this difference may not have been statistically significant]. The major symptom limiting the tolerance of both groups was visual disturbances, noted in 50% and 29% of the arteriosclerotic and healthy subjects, respectively. Loss of consciousness occurred in 15.5% and 9.56% of these same groups. Resting heart rate and increases in heart rate during loadings to the tolerance limit appeared equivalent for both groups. Although members of both groups exhibited disturbances of cardiac rhythm, there was no difference between them. No differences were found in systolic pressure in the ear lobe or in systolic and diastolic pressure in the brachial artery. In the second series of tests, using only 7 people in each group, arteriosclerotic subjects exhibited threefold increase in extrasystolic arrhythmia. Other monitored physiological parameters did not show significant differences. Results of the three series taken together indicate that differences between the physiological reactions to acceleration stress of arteriosclerotic subjects and those of their healthy counterparts depends on the level of acceleration, as well as the degree of severity of the arteriosclerosis (Series I vs. Series II and III). The authors conclude that these results indicate the importance of evaluating acceleration tolerance individually for adults above the age of 40, both for those who are healthy and for those with signs of arteriosclerosis.

Table and Figure Titles: Table: Frequency and nature of disturbances in heart rhythm under the influence of up to 5 +G_z and up to 6 +G_x in healthy individuals and subjects with arteriosclerosis aged 40-49
Figure 1: Tolerance limits $+G_x$ acceleration on the Bulgarian centrifuge for healthy individuals aged 35-39 (A) and individuals with arteriosclerosis aged 40-49 (B)

Figure 2: Tolerance for acceleration on the Soviet centrifuge of up to 5 $+G_z$ and up to 6 $+G_x$ in healthy individuals (A) and subjects with arteriosclerosis aged 40-49 (B)

(White areas - good or satisfactory tolerance; cross-hatched areas - depressed tolerance)
Cardiovascular and Respiratory Systems, Peripheral Circulation
Humans, Males
Lower Body Negative Pressure

Abstract: This study investigated oxygen supply to and blood perfusion in the gingival mucosa in response to lower body negative pressure as indicators of the efficiency of the compensatory responses of the cardiovascular system to LBNP. Five healthy males were subjected to LBNP utilizing the following profiles: -25 mm Hg for 2 minutes; -35 mm Hg for 3 minutes; -40 mm Hg for 5 minutes; -50 mm Hg for 5 minutes; recovery period -- 10 minutes. A total of 18 trials were conducted. For each subject an electrocardiogram and kinetocardiogram of the left heart were taken at rest and during LBNP. The functional status of the regional circulation system and oxygen supply to the tissues of the gingival mucosa was evaluated using impedance plethysmography and polarography. Data analysis was performed by computer. After two minutes, subjects who tolerated LBNP well (n=3) demonstrated a pronounced compensatory reaction of the vascular bed of the gingival mucosa. This reaction involved an increased rheographic index and increased $pO_2$, which exhibited sinusoidal variations, in these tissues. When LBNP was increased $pO_2$ dropped, but rose again after 1-2 minutes. In these same subjects heart rate increased an average of 25% and minute volume increased by 13.6%. Stroke volume was held at its normal level by means of some slight changes in the volumetric parameters of the left heart. The two subjects who tolerated LBNP only moderately well showed little or no compensatory reaction in the tissues of the gingival mucosa. The level of $pO_2$ showed no sinusoidal variations, and when two of the subjects reacted to the highest pressure by nearly losing consciousness the level of $pO_2$ dropped sharply. These subjects showed a 55 percent increase in heart rate pulse and a 41 percent increase in minute volume. Stroke volume was maintained at its initial level, but only by virtue of more pronounced changes in the volumetric characteristics of the left heart. These results are interpreted as indicating that the magnitude of centralized compensatory reactions on the part of the cardiovascular system are inversely related to the magnitude of local compensatory reactions of the vessels of the area studied. The authors explain this with reference to activity of anastomoses arteriovenosa which facilitate adaptive centralization of circulation.

Figure Titles: Figure 1: $pO_2$ in tissues of the gingival mucosa during LBNP
Figure 2: Polar diagrams of the volumetric activity of the left heart at rest and during LBNP
CARDIOVASCULAR AND RESPIRATORY SYSTEMS


Cardiovascular and Respiratory Systems, Blood Pressure
Humans, Patients, Arterial Hypertension, Middle-aged
Water Immersion

Abstract: A total of six male subjects were used in this study. Four subjects (all over 45) had a history of borderline arterial hypertension; the remaining two were healthy. Subjects were exposed to 7 days of "dry" immersion, during which arterial pressure was measured every two hours. Blood pressure measurements were also taken before immersion and during the first two days of the readaptation period. The mean dynamic pressure (defined as systolic pressure + 2 diastolic pressure divided by three) was computed and the number of times pressure exceeded 139/89 mm Hg was recorded. A coefficient of diurnal covariance was computed to indicate instability of cardiovascular reaction. Central venous pressure was measured before, after and twice during immersion. Central impedance plethysmography was performed before, twice after and on days 1, 3, 5 and 7 of immersion. For all measurements, the mean dynamic pressure was greater for the patients than for the healthy controls. Effects of immersion on members of the experimental group differed: for 2 subjects mean dynamic pressure was lower than the baseline level by 4 and 7 percent and for the remaining two it rose by 4 percent. For the two healthy individuals this value dropped after immersion by an average of 2.5 percent. In the first day of readaptation, blood pressure rose significantly over the baseline in all subjects but one. On the second day of readaptation it had returned to normal in all six subjects. Examination of the diurnal covariance coefficient indicated greater instability in the cardiovascular reactions of the patients, during both the baseline period and immersion. Immersion increased the coefficient for all subjects. No significant differences were found between the experimental and the healthy groups with respect to the effect of immersion on: stroke volume and cardiac indices, heart rate, central venous pressure, or total peripheral resistance. The stroke volume and cardiac indices decreased; central venous pressure and total peripheral resistance increased; and heart rate remained the same. The authors conclude that the hemodynamic response to immersion is a general reaction which does not vary with age or functional disorders of the cardiovascular system characteristic of older people.

Table and Figure Titles: Table 1: Coefficient of covariance of mean dynamic arterial pressure over the course of the study
Table 2: Total peripheral resistance over the course of the study
Figure 1: Mean arterial pressure over the course of the study
Figure 2: Central venous pressure over the course of the study
Figure 3: Stroke volume index over the course of the study
Abstract: Eleven healthy individuals were exposed in a low pressure chamber to rarefaction of up to 321 mm Hg until their tolerance limits were exceeded. Heart rate, blood pressure and coronary circulation data were recorded using EKG, blood pressure, and Doppler echocardiogram apparatus. Symptoms of hypoxia (tremor, hyperkinetic disturbances) appeared after an average of 10.3 minutes and subjects remained in the chamber for an average of 17 minutes. Respiratory rate showed signs characteristic of the development of hyperventilation and hypocapnia. Hemodynamic changes appeared within 3-5 minutes. Heart rate increased from 66 beats/minute to 89-98 beats/minute, reaching 112 by the time overt symptoms developed. Before the 17th minute, systolic pressure had risen to 25 mm Hg and diastolic pressure had dropped. By the 15th minute, effective coronary stroke volume had increased by a factor of two before dropping to 1.43 times its initial level. The minute volume of coronary circulation followed a similar pattern, increasing by the 15th minute by a factor of three and then dropping. The authors suggest that the observed progressive increase in the level of hemodynamic responses reflects a short period of temporary adaptation to the hypoxic conditions continuing until physiological reserves are fully utilized. After this point a crisis reaction occurs and the adaptation process stops, resulting in an increased accumulation of non-oxidized metabolic products in the coronary tissues. The observed breakdown of adaptive reactions in coronary circulation precede by a number of minutes manifestations of general circulatory disturbances. For this reason, the authors recommend that coronary circulation be monitored during exposure to hypoxia.

Table Titles: Table 1: Hemodynamic and external respiration parameters as a function of length of exposure to hypoxia

Table 2: Coronary circulation and myocardial contraction parameters as a function of length of exposure to hypoxia
Abstract: This paper summarizes an echocardiographic examination of 20 rhesus monkeys (Macaca mulatta) at rest. The American "Echoview 80-C" (Picker [sic: Hewlett Packard?]) echocardiograph was used to measure the left ventricle of the animals' hearts. It was found that anatomical peculiarities of the monkey's chest cavities and their higher pulse rate make this procedure more difficult to use and interpret than when human subjects are used. However, this work generated normative data and demonstrated the feasibility of using ultrasound methods for studying the cardiac parameters of primates.
GASTROINTESTINAL SYSTEM


Gastrointestinal System, Lipid Hydrolysis, Liver Function
Humans, Males
Hypokinesia, Head-down Tilt

Abstract: To investigate the effects of simulated space flight conditions on hydrolysis of lipids, six men were subjected to an 120-day period of bedrest with head-down tilt of -4.5°. The experimenters measured the concentration of enzymes in the A-bile, the concentration of lipoprotein complexes in the B- and C- bile, the activity of pancreatic lipases in the A-bile, blood serum and urine and the activity of monoglyceride lipase in the bile and feces. Finally, the concentration of lipids in the feces (mono-, di-, triglycerides and total lipids) was evaluated. The bedrest apparently led to a substantial decrease of pancreatic lipase in the bile and an increase of pancreatic lipase in the blood serum (with large individual differences). Such effects demonstrate that the activity of lipases entering the gastrointestinal tract is depressed, resulting in decreased efficiency of fat hydrolysis. The most substantial decrease in lipid complexes in the bile was noted in the C-bile; this indicates that the synthetic function of the liver was also disrupted by the experimental treatment. Analysis of lipid digestion in the intestines points to an induction of the activity of monoglyceride lipases and of alkaline phosphatase to compensate for sharply decreased activity of lipolytic enzymes. In spite of decreased efficiency in lipid hydrolysis, steatorrhea (excess fat in the feces) did not occur, indicating that bile secretion was still sufficient. The authors conclude that the restructuring of types and amount of lipolytic enzymes in the gastrointestinal tract during head-down hypokinesia demonstrates the development of compensatory/adaptive processes in the digestive system which work toward optimizing the hydrolysis and transport of lipids.

Table Titles: Table 1: Activity of pancreatic lipases and monoglyceride lipases in bile
Table 2: Activity of monoglyceride lipases and alkaline phosphatases in feces
Table 3: Concentration of the lipid complex in the B- and C-bile
HABITABILITY AND ENVIRONMENTAL EFFECTS

(See also Health and Medical Treatment: P61, P63; Hematology: P54; Immunology: P79)

P81(8/85) Sedov AV, Akimov VI. Metering out the dosage of volatile compounds in hypobaric experiments. Kosmicheskaya Biologiya i Aviakosmicheskaya Meditsina. 19(3):74-75; 1985. [10 references; 2 in English]

Habitability and Environmental Effects, Gas Composition
Apparatus Description
Volatile Substances

Abstract: Existing apparatus is not suitable for metering out the amount of volatile substances (e.g., phenol, benzene, toluene, ammonia) in the atmosphere in hypobaric experiments. This paper describes an apparatus specifically designed for such purposes.

Figure Title: Apparatus for metering out the dosage of gaseous substances
HEALTH AND MEDICAL TREATMENT
(See also Cardiovascular and Respiratory Systems: P56, P85;
Psychology: P60)


Health and Medical Treatment, Electroacupuncture
Humans, Crew, Ship
Work Capacity, Productivity

Abstract: An unspecified number of technical crew members were stimulated with dry electrodes on the Gi-11 and Gi-4 acupuncture points for 12-15 minutes either directly before or during the second hour of a four-hour watch. This procedure was performed once a day for 5-6 days during the second month of a cruise. Work capacity was indirectly assessed through psychophysical indices developed by I.P. Sapov and correlated significantly with sailors' work capacities. These indices include simple and complex sensory-motor reactions, critical frequency at which light flickers are seen to merge, reactions to a moving object, performance on a tapping test, and manual dynamometry. Results were mixed and differed for different job classifications. However, preliminary data are interpreted as indicating that electrostimulation of acupuncture points may diminish fatigue for sailors with jobs involving high demands on sensory responses.

Table Title: Indirect indices of work capacity for ships' specialists as a function of electro-acupuncture

Health and Medical Treatment, Oxygen Toxicity; Also Habitability and Environmental Effects
Humans, Individual Differences
Hyperoxia

Abstract: In an attempt to develop a methodology for selecting personnel on the basis of susceptibility to oxygen toxicity, 54 individuals were subjected to 0.25 MPa in a hyperbaric chamber (partial oxygen pressure = 0.28 MPa) for 1.5 and 2 hours. Pilot experiments using 0.2 MPa failed to produce effects. The physical status of the subjects was monitored by a physician and measurements using electroplethysmography of the index finger, and galvanic skin response were made. By the 12th to 30th minute of exposure, five of the subjects experienced the initial symptoms of oxygen toxicity (bradycardia and local twitching of muscles), while the majority neither displayed nor reported any signs of distress. However, all of the recorded measurements revealed the effects of hyperoxia, with no significant differences between the five particularly sensitive subjects and the others.
HEMATOLOGY
(See also Musculoskeletal System: P58; Radiobiology: P57.)

Affiliation: Institute for Cytology and Genetics, Siberian Division, USSR Academy of Sciences

Hematology, Leukocytes; Also Adaptation
Humans
Statistical Processing, Confidence Intervals

Abstract: In order to assess adaptive reactions reliably on the basis of the ratio of segmented neutrophils to lymphocytes in the blood, one must calculate confidence intervals for the cell count. However, because of requirements for repeated sampling, standard statistical methods for computing such intervals are seldom practical. This paper proposes an alternative method for computing confidence intervals, utilizing the statistical distribution of cells in a blood smear, and determines confidence intervals for three types of adaptive reaction using the lymphocyte/segmented neutrophil ratio. A graph of the 95% and 99% confidence intervals for stress, training and activation reactions is presented. This graph provides an easy method of assessing adaptive reactions with stipulated reliability, if leukocyte ratios are known.

Table and Figure Title: Table 1: Leukocyte components of human blood in various adaptive reactions (%)

Table 2: Ratios of the percentage of lymphocytes to segmented neutrophils in various adaptive reactions

Table 3: 95% and 99% intervals for the absolute number of lymphocytes and neutrophils as a function of their sum

Table 4: Absolute values of lymphocytes and neutrophils in samples of varying sizes determined on the basis of the leukocyte composition of human blood

Figure 1: Theoretical Poisson distribution (1); Empirical distribution of the number of lymphocytes (2)

Figure 2: 95% and 99% confidence intervals for activation, training and stress reactions

22
Abstract: Seventy rats were kept for 10 days in a hyperbaric chamber breathing a mixture of nitrogen and oxygen under pressure of 2000 kPa. The animals were sacrificed and blood obtained immediately, and 4, 24 and 72 hours after gradual decompression. Hemoglobin content, level of the hematocrit, quantity of erythrocytes, and concentration of 2,3-diphosphoglycerate in the erythrocytes, and the content of erythropoietin in the blood plasma were measured. Immediately and 4 hours after decompression, the rats' blood showed increases in concentration of hemoglobin, level of hematocrit, and quantity of erythrocytes relative to control animals. These changes were no longer evident 24 and 72 hours after decompression. Concentration of 2,3-diphosphoglycerate was higher for experimental animals immediately, and again 72 hours after decompression. Immediately, 4 and 24 hours after decompression, experimental animals showed sharp decrements in erythropoietic activity compared to controls; however, after 72 hours experimental animals showed higher levels of erythropoiesis than the controls. The changes noted in experimental animals in response to increased barometric pressure all have the effect of improving oxygen supply to the tissues. The long-term effects of hyperbaric exposure pressure lasted as long as three days after animals had returned to normal conditions.

Table and Figure Titles: Table 1: Indices of erythrocyte composition of the blood of control and experimental rats

Figure 1: Concentration of 2,3-diphosphoglycerate in the erythrocytes of rats after prolonged hyperbaria

Figure 2: Erythropoietic activity in blood plasma of rats after prolonged hyperbaria. Ordinate: erythropoietic activity (number of mitoses); Abscissa: time (hrs) after cessation of hyperbaria. White bars: control rats; Crosshatched bars: experimental rats.
HEMATOLOGY


Hematology
Humans, Males
Hypokinesia, Acceleration

Abstract: This study attempted to evaluate alterations in the transport function of the blood in response to simulated space flight factors of hypokinesia and gravity loading. Experimental subjects were 14 men subjected to 7 days of hypokinesia with -10° head-down tilt. Before and after this treatment, the subjects were subjected to acceleration of up 4.5+Gz. Blood samples were obtained during the experiment, before the hypokinesia period, on the third and seventh day of hypokinesia, and after the final gravitational loading procedure. Parameters indicative of the transport fractions of the blood were obtained from the partition coefficient using 14C-adenine as the tracer ligand. The immiscible phases utilized were plasma:oil and erythrocyte:oil. In addition, EKG, impedance plethysmography, heart rate, minute volume, cardiac output, and left ventricle ejection time were recorded. Three days into the hypokinetic period the distribution coefficient of the tracer ligand had dropped by 12-14% from its initial value. This was accompanied by hemodynamic effects typical of hypokinesia. By the seventh day of hypokinesia the coefficient had increased by 32-40% from its initial value with the expected hemodynamic effects. In response to the +Gz acceleration the partition ratio increased by 145-150%. Thus, both hypokinesia and +G acceleration substantially alter the binding capacities of the transport carriers of the blood demonstrating that these carriers play an active role in the adaptive responses to these simulated space flight factors. The authors suggest the importance of obtaining indicators of the transport function of blood when assessing fluctuations in the human responses to such factors.

Figure Title: Figure: Changes in hemodynamic parameters and in the partition coefficient for 14C-adenine in the system: erythrocytes:oil during a 7-day period of hypokinesia
HEMATOLOGY


Hematology, Adaptation
Rats
Hematic Hypoxia

Abstract: This experiment used three groups of rats, totaling 120 animals. Two of the groups were subcutaneously injected with a 1% solution of sodium nitrite in water five times a week for 2 months, up to a maximum dosage of 30 and 50 mg/kg. The third group was a control. Animals from all groups were sacrificed 50-60 minutes or 24 hours after the injection, and on days 5-7, 10-15, 30 and 60 of the treatment. The concentrations of hemoglobin and methemoglobin, 2,3-DPG, lactic acid, ATP, pyruvic acid, catalase and carbohydrase in the blood were determined, along with the oxygen carrying capacity of the blood. The most pronounced change observed, aside from the effects on total hemoglobin, involved acute methemoglobinemia, evident after a single sodium nitrite injection and continuing for 5 to 7 days. A tendency toward some normalization for some of the blood parameters was observed, beginning 10-15 days after the injections. The methemoglobin content of the blood of the animals receiving 30 mg/kg sodium nitrite exceeded that of the controls by 24.7% during the first few days of the experiment, 24 hours after their last injection. By the 10-15th day this level had decreased to only 3-8% above control values. The animals receiving 50 mg/kg increased their methemoglobin by 32%, but this level gradually returned to normal by the day 30 or 60. In the first 5 to 10 days of the treatment, the amount of 2,3-DPG, lactic acid and pyruvic acid decreased, indicating the presence of hypoxia. Subsequently, there was a tendency toward normalization in these components as well. The fractional composition of the hemoglobin changed, with I, II, V and VI fractional groups increasing under hematic hypoxia, III decreasing and IV remaining stable.

Table and Figure Titles: Table: The effect of sodium nitrate [sic; should be nitrite] (50mg/kg) on certain blood parameters in rats

Figure 1: The effect of nitrite methemoglobinemia (30 kg/mg) on changes in certain parameters of the blood

Figure 2: Changes in the fractional composition of hemoglobin in hematic hypoxia

25

Abstract: Thirty-two healthy males, aged 25-32, spent 2 months in hermetically sealed cabins under demanding work conditions, hypokinesia, normal atmosphere and a microclimate with a high discomfort index. Eight of the men ingested 5 mg of dibasolum once a day. The other subjects were given a placebo as double blind controls. Subjects were examined one month before the beginning of the experiment, and after 15 days, 1 month and two months of exposure to the experimental conditions. The following parameters factors were determined: morphological composition of the peripheral blood; cellular factors in general immunity; antimicrobial resistance of the skin; physical work capacity; and self-report of well-being. Results showed significant effects of the drug on these parameters. No adverse changes were noted in the physiological parameters studied in the individuals receiving diabsolum; indeed, by the second month some parameters (particularly, intracellular digestion efficiency and microbial concentration on the skin) had improved. In contrast, by the second week, the individuals receiving the placebo exhibited decreases in phagocytic reactions and physical work capacity, and increases in leukocytes, leukocytic adhesions, and reported fatigue. As the experiment progressed, these individuals demonstrated a significant decrease in leukocyte absorption, increase in the microbes on the skin and, for 50% of these subjects, disruption of phagocyte digestion. These changes point to the presence of a stress reaction which is accompanied by a drop in the general immunity of the organism.

Table and Figure Titles: Table: The effect of dibasolum on parameters of general immunity

![Table and Figure](image_url)

Figure: Amount of automicroflora on the skin before taking dibasolum (1) and on the 15th (2) and 60th day (3) of regular dosage White bars - placebo; Cross-hatched bars - dibasolum.
Abstract: This study involved the examination of one of the key lipogenic enzymes, malate dehydrogenase, in the liver of rats which had undergone an 18.5-day space flight in Cosmos-1129. Experimental animals were sacrificed 6-8 hours or 6 days after landing. Vivarious and synchronous control groups were used. Half of the animals in each group were subjected to periods of immobilization during the postflight period. Immediately after landing, activity of malate dehydrogenase was depressed in both the flight animals and the synchronous controls, but the decrease in enzyme activity was only statistically significant for the controls. Six days post flight, malate dehydrogenase activity had further decreased to a statistically significant extent for both these groups. Additional periods of immobilization further depressed liver enzyme activity for the flight animals and the vivarious controls.

Table Title: Activity of malic dehydrogenase in the livers of rats.
MORPHOLOGY AND CYTOLOGY
(See also Cardiovascular and Respiratory Systems: P55.)

P74(8/85)* Lychakov DV, Lavrova YeA. Investigation of the vestibular structure and the concentration of ions in the body of spurred frog tadpoles exposed to weightlessness. Kosmicheskaya Biologiya i Aviakosmicheskaya Meditsina. 19(3): 48-52; 1985. [11 references; 5 in English]

Morphology and Cytology, Otolith Organs, Ontogeny; Also Neurophysiology
Frogs
Space Flight, Salyut-6, Weightlessness

Abstract: Spurred frog (*Xenopus laevis*) tadpoles in either the blastula or tail bud stage were exposed to space flight conditions on the "Salyut-6" for 8-9 days. A scanning electron microscope was used to investigate the spatial organization of the otolithic membrane and the hairs of the receptor cells. Morphometry was used to measure the size of the otolith organs as a means of assessing their level of development. Chemical analyses were performed in order to determine the content of Na, K, Ca and Mg in the bodies of the tadpoles and in the water in which they had lived. No significant qualitative differences were found in the receptor and supporting cells of the maculae, nor in the otolithic membrane between the experimental animals and corresponding controls. Chemical analyses revealed no significant differences in the concentrations of the elements specified above. The otolith organs of the experimental animals were larger than those of the controls. However, this effect was only statistically significant for the utricular and not for the saccular otoliths. A satisfactory mechanism for this difference cannot be suggested on the basis of this data. Both control and experimental animals showed asymmetry between the sizes of the left and right otolith organs, with the effect stronger in the experimental groups, but not to a statistically significant extent.

Table and Figure Titles: Table 1: Results of measurements of the otolith organ in tadpoles of spurred frogs developing under 9 days of weightlessness

Table 2: Amount of alkali and alkali-earth metals in the bodies of spurred frog tadpoles developing under 8 days of weightlessness

Figure 1: Top view of a section of the right labyrinth of an 8-day-old spurred frog tadpole

Figure 2: Section of the surface of the macula of the sacculus and utriculus of an 8-day-old spurred frog tadpole
Antimacrophage cytotoxic serum was obtained by inoculating rabbits with macrophage cells from dogs. The dogs then had their limbs fractured. Ten days later the fractured bones were stretched by 1 mm each day and serum was injected intravenously in the fractured area. The animals' peripheral blood and bone marrow was examined frequently during the experiment and compared to values for control animals who had undergone the same treatment with the exception of serum injection. The serum had a strong influence on the quantity of monocytes in the blood and bone marrow during bone regeneration; but not on the quantity of neutrophils or leukocytes. Small doses of sera did not interfere with the regeneration process; however, large dosages appeared to inhibit regeneration of bone tissue. The authors conclude that the monocytic reaction is one of the processes linking osteogenesis and hematopoiesis and that hematic monocytes play an important role in bone regeneration.

Table Title: The effect of antimacrophage cytotoxic serum on a number of parameters of blood and marrow during bone regeneration

Musculoskeletal System, Leg Muscles
Rats
Tail Suspension

Abstract: Ten rats were kept in a tail suspension apparatus (head-down angle of -15-20°) for 21 days; 10 others served as controls. Animals were weighed before and after treatment. After the treatment, the animals were sacrificed and a number of muscles of the hind and fore limbs were excised, weighed, histochemically analyzed for dehydrogenase activity; and morphometrically analyzed. The body weights of the experimental animals were lower than that of the controls, but this difference was not significant. Of the six muscles investigated (soleus, gastrocnemius, tibialis anterior, extensor digitorum longus, quadratus femoris and biceps brachii) only the soleus and the gastrocnemius, the primary antigravity muscles, showed significant decreases in weight in the experimental animals. Atrophic changes in these muscles were discovered through biometric analysis. Changes in metabolic processes were also evident. The changes observed in the muscles of the hindlimbs as a result of this treatment are analogous to those resulting from weightlessness. This is not the case when motion is restricted by immobilizing cages. The increase in the activity of glycerol-3-phosphate dehydrogenase and the decrease in succinate concentration observed in the experimental animals characterize muscular response to weightlessness. However, the accumulation of glycogen in the skeletal muscles during weightlessness was not observed here. Degenerative processes not characteristic of weightlessness occurred in the biceps brachii muscles under the experimental treatment and are attributed to disruption of normal blood circulation (venous congestion). The authors conclude that tail suspension is the most acceptable ground-based model for simulating the effects of weightlessness in the hind limb muscles but that it is not an acceptable simulation model for changes in the forelimb muscles.

Figure Title: Biceps brachii of rats subjected to 21 days of tail suspension
The effect of short-term exposure to heat on tissue respiration of the skeletal muscles and internal organs of chickens during hypokinesia. Kosmicheskaya Biologiya i Aviakosmicheskaya Meditsina. 19(3): 60-63; 1985. (18 references; none in English)

Musculoskeletal System, Muscles, Tissue Respiration
Chickens
Hypokinesia and Heat

Abstract: Thirty-eight chickens were kept in immobilization cages under temperatures of 20-22°C for 60 days. A control group (9 chickens) was kept at the same temperature under normal conditions of movement. After the first, 20th, 40th and 60th day of the treatment a number of animals from both groups were exposed to a temperature of 35°C for 2 hours and then sacrificed. Consumption of oxygen and production of carbon dioxide were studied in the muscles of the neck, femur, chest and back and in the tissues of the liver and heart using a manometer. For the control group, exposure to heat was associated with decreases in oxygen consumption and carbon dioxide production in the muscles of the femur, neck and chest, and increases in respiration of the back muscles. No changes were noted in the liver tissue, while the metabolic activity of the heart muscles was substantially depressed (oxygen consumption decreased, carbon dioxide production increased). After a relatively short period of hypokinesia, the experimental animals experienced identical changes in the total level of gas exchange. In the first day of restricted movement, heat depressed the activity of oxygenation processes in the back, neck and femur muscles, while it increased such activity in the chest muscles. Carbon dioxide production remained at its initial level in all muscles. On the 20th day of hypokinesia, respiration was enhanced in the femur and back muscles, depressed in the chest, and no changes were found in the respiration of the liver and heart muscles. After 40 and 60 days of hypokinesia and two hours of heat, the consumption of oxygen by the cardiac and skeletal muscles was significantly diminished, while production of carbon dioxide remained unchanged. The heat treatment caused body temperature to rise in both groups of birds, but more so in the control animals.

Table and Figure Titles: Table: Total amount of oxygen consumption, carbon dioxide production and respiratory quotient in the tissues of experimental and control chickens under different environmental temperatures

Figure: Changes over time in consumption of oxygen and production of carbon dioxide of the skeletal muscles in control and experimental groups of chickens at room temperature and in response to heat

Neurophysiology, Motion Sickness, Vestibular Tests, Nystagmus
Humans, Patients
Cochleovestibular Pathology

Abstract: Patients (n=115) with various forms of cochleovestibular pathology were examined in order to investigate the potential diagnostic utility of measuring vestibulospinal reactions and thresholds for sensory and nystagmic responses. Vestibulospinal reactions were assessed using cephalography (recording of involuntary head movements), noting of gait disturbances, and "vertical writing" and "stepping" tests developed by Fukuda. Sensory and nystagmic thresholds were determined with regard to responses to a stop stimulus after rotation at various angular velocities through electronystagmography and reports of counter-rotation illusions. With regard to sensory and nystagmic reactivity, 9% of the patients showed normal responses, 38% heightened reactivity, 12% diminished reactivity, and 45% asymmetry in the vestibular reactivity of the right and left labyrinths. Cephalography showed 85% of the patients to be above the normal limits; however, the majority of patients were within normal limits on the remaining vestibulospinal tests. While correlations were found among the measures of nystagmic and sensory reactivity, no clear correlations were observed between these and results of vestibulospinal tests. The authors conclude that only tests of vestibular reactivity would be clinically useful as aids in diagnosing vestibular involvement in patients with cochleovestibular pathology.

Neurophysiology, Hypokinesia Effects; Also Psychology, Hypokinesia Effects
Humans
Physical Exercise; Electrostimulation; Psychotherapy

Abstract: In order to investigate the relative efficacy of various means of preventing the adverse neuropsychological changes associated with prolonged bedrest, 78 healthy men were subjected to strict bedrest for from 45 to 182 days. The potential prophylactic measures studied included: electrostimulation of the muscles, electrostimulation combined with exercise on a bicycle ergometer, various systematic programs of physical training [Note: the article does not explicitly indicate how this training was implemented, possibly also on the ergometer], breathing of hypoxic gas mixtures (13.5% oxygen), and several types of psychotherapy. The efficacy of the prophylactic measures was evaluated on the basis of results of systematic neurological examination and a psychological evaluation using various types of tests. In addition, certain subgroups were evaluated with other techniques, (e.g., electroencephalography, fluorescent angiography of the retina). From the perspective of preventing or minimizing autonomic/vascular dystonia, the motor reflex syndrome, cerebrovascular disorders and neurotic symptoms associated with prolonged bedrest, results indicated that a program of physical exercise consuming up to 600kcal/day was most effective. The authors add that if such a program is not possible, electrostimulation of the muscles, particularly when supplemented by some level of exercise, may also be worthwhile. Psychotherapy is also mentioned as a possible supplement, targeted at secondary effects of hypokinesia.
Abstract: Twelve healthy male volunteers were subjected to a 45-day period of strict bedrest with head-down tilt of -6°. Eight of the men were further exposed to an experimental treatment in which the muscles of the calves and hip were stimulated electrically 6 days a week, twice daily for 30 minutes, using the "Tonus-2" apparatus. For four of these subjects the current was administered along the muscles via 20 electrodes and for the remaining four subjects it passed through the muscle via 12 electrodes. Throughout the period the subjects were systematically examined to determine their psychoneurological status, including neuroophthalmological and otoneurological exams. On the fifth to sixth day of hypokinesia, most subjects started to develop neuroasthenic symptoms which included inability to concentrate, hypochondria, irritability, sleep disturbances and depressive episodes. There was a high correlation (r=0.85) between the intensity of these symptoms and the extent of the neurophysiological changes observed. Autonomic/vascular dystony was also observed, beginning in some subjects by the fifth day, including lability and asymmetry of arterial pressure, fluctuations in resting heart rate, general and localized hyperhidrosis, chills, and changes in autonomic reactivity. Such symptoms were particularly pronounced 7-10 days after the cessation of hypokinesia. There was a high correlation (r=0.85) between the clinical symptomology, measured autonomic dysfunction and changes noted on the EEG. An additional set of symptoms was associated with the motor system, particularly hypotonia and muscle atrophy. The first signs of these symptoms developed after 5-6 days of hypokinesia. The cerebrovascular syndrome was also present, including a microcirculatory and a macrocirculatory component. Rheoencephalography showed fluctuations in arterial tone with dystony and a tendency toward regulatory interhemispheric asymmetry. The ameliorative effects of electrical stimulation were noted in relation to the motor system symptoms and, to a lesser extent, to the neurotic symptoms. These effects were more marked for the 20 electrode group. Beneficial effects of the stimulation were particularly pronounced with regard to attenuating the atrophy of muscle tissue.

Figure Title: Changes over time of frequency indices of EMG of the flexor and extensor muscles of the feet and hands during hypokinesis accompanied by electrical muscle stimulation

Neurophysiology, Vestibular System
Humans, Patients, Deaf
Caloric Irrigation

Abstract: The subjects for this study consisted of 72 individuals with impairments of labyrinthine function (of whom 97% were deaf with mean hearing loss of 80 decibels) and 50 normal individuals (control group). The functional state of the vestibular apparatus was assessed with a caloric irrigation technique using cold water. Vestibular sensitivity was assessed using a centrifuge chair rotated with an angular velocity of 180 degrees/second and acceleration of plus or minus 90 degrees/sec$^2$ and continuously increasing Coriolus acceleration. Some subjects in both groups were also tested in a horizontal position on a specially designed rotating stand. The axis of rotation passed through the subject's head. Both sinusoidal rotation and Coriolus acceleration tests were performed. The angle of head-down tilt ranged from 10-15° and was individually determined to equate magnitude of fluid shift to the head. Subjects had their eyes closed for all types of vestibular stimulation and horizontal nystagmus was recorded through electronystagmography. Coefficients of asymmetry for left and right nystagmus were calculated. Autonomic vestibular sensitivity was defined as tolerance of Coriolus acceleration before frank nausea was experienced. Vestibular-sensory reactivity was assessed on the basis of duration of reported counterrotation illusion and magnitude of rocking illusions during the cumulative Coriolus acceleration test. From the caloric irrigation test results, it was determined that the experimental subjects showed greater asymmetry of nystagmus parameters, indicating that vestibular impairment accompanied deafness. The magnitude of post-rotation nystagmus was significantly less for the deaf subjects than for the normal subjects, but the former demonstrated more asymmetry between left and right nystagmus. Subjects with vestibular disorders were also able to tolerate cumulative Coriolus acceleration for substantially longer periods than their normal counterparts. There was no difference among groups in the parameters related to the vestibular-sensory functions, (i.e., the counterrotation and rocking illusions). In the head-down tilt position, post-nystagmic parameters were diminished in comparison to those measured for subjects in the sitting position. Differences between groups were analogous to those found for the sitting position, but were not as pronounced. No differences were found in illusion parameters between the two groups rotated head-down. Dissociation between vestibular-autonomic and vestibular-sensory parameters, persisting in simulated weightlessness, is interpreted by the authors as confirming the hypothesis that even individuals with a high degree of vestibular-autonomic tolerance may be subject to vestibular-sensory disruptions and illusions. This must be considered when assessing sensory phenomena experienced by cosmonauts (who typically display high tolerance for motion sickness) in flight.
Table Titles: Table 1: Parameters of nystagmus after caloric irrigation with cold water

Table 2: Parameters of post-rotation nystagmus

Table 3: Parameters of nystagmic reactions to vestibular stimulation during head-down tilt

P75(8/85)* Popov VK, Ivanova RS (Bulgaria). The pairing principle and kinematic asymmetry of the otolithic system. Kosmicheskaya Biologiya i Aviakosmicheskaya Meditsina. 19(3):53-55; 1985. [5 references; none in English]

Neurophysiology, Otolith Organs
Humans
Rotation; Mathematical Modelling

Abstract: This study attempts to determine whether symmetry of effects on the human otolithic system which is typical of rest and ordinary motion is retained when the human is in a rotating system. If such symmetry is not retained, autonomic discomfort and sensory phenomena experienced during rotation may be partially explained. A previously developed mathematical kinematic model of the otolith system, implemented on a computer, is extended to describe otolith organ stimulation in response to body movements while in a system rotating with constant angular velocity. Cases where the person in this system moved the head or body forward or sideways were examined, and the resulting stimulation of the left and right otolith organs were computed. When such movements occur, according to the model, changes in the vectors of the resulting accelerations are neither synchronic nor synphasic and result in asymmetrical stimulation of the left and right otolith organs.

Figure Titles: Figure 1. Diagram of the kinematic model

Figure 2: Acceleration hodographs

Figure 3: Phase and phase difference curves and changes in the of vector asymmetry and acceleration for the cases in Figure 2

Figure 4: Hodographs of vectors of asymmetry in the XY and XZ planes
Abstract: In this study 148 cadets and 67 pilots were asked to respond to the Rosensweig test, a projective instrument for eliciting responses to frustrating situations presented verbally and pictorially. Responses were categorized along two dimensions: direction (extrapunitive, intrapunitive and immunitive) and type of reaction (obstacle dominant, defensive, and need fulfillment). Response types were correlated with a number of factors relating to cadet success and pilot performance. The same cadets were tested in their first and fourth years in flight school. Moderate significant positive correlations were found for fourth-year cadets between the tendency to be intrapunitive and to focus on the obstacle (to problem solution) and success in flight school. For first-year cadets intrapunitive and immunitive reaction tendencies were positively correlated with success on the selection battery. Rosensweig results were stable for cadets over the four-year period confirming test reliability. Factor analysis of results was also performed and four factors were identified. Results of tests for pilots differed from those of cadets and an index of group conformity taken from pilots' test results was negatively correlated with their flight performance. The authors take this as an indication that the test needs modification if it is to be used for pilots.
Abstract: Any change in the job requirements (e.g., those arising from introduction of automation) for pilots, compels the specialist in aviation medicine to develop new means for monitoring the occupational fitness of his/her patients. The task confronting those concerned with the psychophysiological aspects of flight involves the development of methods and devices to: 1) increase the reliability and efficiency of crew performance through organization of the sensory and motor fields; and, 2) ensure the normal functioning of the organism, given the effects of the flight equipment and living conditions on vital functions.

The psychological areas in which a modern flight surgeon must be expert include: 1) psychophysical understanding of spatial orientation; 2) modern concepts of the brain as an active participant in the construction of perceptions (discussed by the author with reference to Pavlov); 3) psychological processes involved in the simultaneous performance of more than one task; and 4) stress (also treated in Pavlovian terms). Psychological experiments of unspecified nature performed during flight are reported as establishing a direct relationship between the psychological state of the pilot and the reliability of his performance. This puts the study of the psychological effects of flight, including such manifestations as phobias, within the province of the flight surgeon. The identification of the mechanisms and features of psychological states and the development of techniques for determining the psychological state of a pilot at a given time is one of the most urgent problems facing aviation medicine.
RADIOBIOLOGY
(See also Botany: P63; P80.)

P57(8/85) Moldotashev B, Daniyarov SB. Quantitative changes in Myelokaryocytes and Picture Produced by Myelography in Response to the Combined Influence of High Altitude and Ionizing Radiation. Izvestiya Akademii Nauk Kirgizskoy SSR. 1985(1): 32-36. [8 references; none in English] Affiliation: Kirgiz State Medical Institute [Note the Russian title of this paper listed in the journal table of contents is in error.]

Radiobiology; Also Hematology, Bone Marrow
Rats and Dogs
Adaptation, High Altitude

Abstract: Rats and dogs were subjected to a combination of radiation and high altitude (3200 m above sea level) conditions. Animals were either irradiated 3 days after being brought to the high altitude or after a 30 day high altitude adaptation period. Appropriate control groups for each factor were used. Dogs were exposed to gamma rays in a dosage of 4.0 Gy (1 Grey = 100 rads) with dose rate of 0.0000472 Gy/s (chronic condition), and rats to a dosage of 5.5 Gy with dose rate of 0.0000864 Gy/s (acute condition). The bone marrow of both species was examined at various times during adaptation to high altitude various times in the course of radiation sickness. For both species, the number of precursor cells increased and the number of mature erythrocytes cells decreased during the initial phase of the adaptation period. The reverse was the case for cells of the myeloblast series. In addition, during initial adaptation the proportion of cells associated with formation of monocytes, lymphocytes, and thrombocytes increased. Irradiation gave rise to aplasia of the bone marrow, decreasing the quantity of immature cell forms. However, under high altitude conditions the recovery process was accelerated. It was found that post-radiation changes in the granulocyte and lymphocyte cells of bone marrow were completely synchronous with changes in the corresponding cells of the circulating blood.

Table and Figure Titles: Table 1: Changes over time of bone marrow myelokaryocytes in dogs after exposure to radiation

Table 2: Changes over time of bone marrow myelokaryocytes in intact rats during adaptation to high altitude and after exposure to radiation
Abstract: This paper presents a review of the literature on the subject of microwaves from the perspectives of medicine and biology. It is specifically concerned with establishing microwave safety standards and determining risk levels associated with different microwave doses. The author suggests that in developing standards for microwave exposure, the basic approach used for ionizing radiation can be borrowed. The maximum acceptable dose of microwaves for humans is currently considered to be that level which entails no significant risk of serious adverse medical or genetic consequences. The most important of these are decrease in life span, leukemia and cataracts. Such risks must be assessed through statistical analysis. Determination of acceptable risk levels should proceed by cost benefit analysis. Since benefits will differ for different segments of the population (e.g., population as a whole and workers in industries using microwaves) acceptable risk levels will also differ for different groups. A risk of 1 percent is usually accepted for occupational groups and of 0.1 percent for the population as a whole. There is lack of agreement among nations as to the microwave doses corresponding to a given level or risk. In the USSR the acceptable dose over an 8-hour working day has recently been revised from 10 to 25 mW/cm². While American standards are based on the thermal effects of microwaves, in the USSR standards are based on the pathological effects of various doses. In doing experimental studies to determine acceptable doses, animal data must be extrapolated to human beings. In this extrapolation, it is important to consider parameters such as body weight, body surface area, heart rate, respiration rate, pulmonary ventilation, water metabolism rate, oxygen consumption and basal metabolism. In extrapolating known data, it is essential to distinguish between the effects of short-term exposures to high doses and long-term exposure to low doses.

Table and Figure Titles: Table 1: Risk of death associated with various factors for humans (for one person over a year)

Table 2: Major physiological parameters juxtaposed to threshold levels of energy flux density in humans, dogs, and rats

Figure 1: Relationship between risk and benefit

Figure 2: Relation between incident and absorbing doses for frequencies of 2.4 GHz as a function of body weight

Figure 3: Threshold values of energy flux density and absorbed power intensity for humans as a function of duration of irradiation in open space with no reflecting surfaces
Abstract: The steppe tortoise *Testudo horsfieldi* has been identified as the vertebrate with the highest radiation tolerance. This study was concerned with further investigating the reactions of these tortoises to radiation in a wide range of doses. Sexually mature male tortoises were subjected to irradiation with gamma rays in the spring, summer, fall and winter in doses of 12.9, 18.06, and 25.8 Coulombs/kg. The amount of time required before all the animals irradiated with a certain dosage died varied with the season, with tortoises irradiated in the fall and winter taking longer to die. The authors suggest that, in order to ensure reliability, probability [stochastic] methods should be used to evaluate radiation tolerance. A number of stochastic parameters were calculated for the tortoises at each season. These were: mean lethal dose, susceptibility of single system of the organism; critical threshold for number of affected systems (which, if exceeded leads to the organism's death). These parameters were used to derive a Pearson gamma-distribution for each season. The critical threshold for tortoises was an order of magnitude higher [Note: the author's talk about the obtained value for this parameter as if it is unexpected; however, the unexpected result would be for it to be lower rather than higher. There may be a misprint here.] than the analogous parameter calculated for mammals, while the susceptibility of single systems was computed to be three orders of magnitude higher than that of mammals. Previous work examining the effects of radiation on specific systems of tortoises confirms these calculations. The delayed peak in mortality of hibernating tortoises (those irradiated in fall and winter) is considered by the authors to indicate the operation of factors other than those connected with the bone marrow or intestines. They suggest that the most important of such factors is the destruction of glycogen (the major source of energy for tortoises during hibernation) in the liver.

Table and Figure Titles: Table: Parameters of the modeled gamma-distribution describing the stochastic mortality rate for steppe tortoises as a function of radiation dosage
Figure: Probability curves of mortality rate of tortoises irradiated in summer (1), winter (2), spring (3) and fall (4). Abscissa - radiation dose, Coulombs/kg; Ordinate - mortality rate (%)
P65(8/85) Shlumukova IF, Serkiz YaI, Chebotarev YeYe, Pavlenko IO, Shlapatskaya VV, Svirgun VP. The effect of seasonal and diurnal rhythms on the time course of radiation injury. Radiobiologiya. XXV(1): 139; 1985. (Abstract only; paper on file at the All-Union Institute of Scientific and Technical Information, No. 7292-84; 11/13/84.)

Radiobiology, Radiation Tolerance
Rats
Circadian Rhythms; Mortality Rate

Abstract: [Translated from Russian abstract]. This study revealed significant differences in the reaction of animals to irradiation during the day and night. The animals were least tolerant of radiation at 09:00 and 15:00-18:00, and most tolerant at 12:00 and during the night. Mortality of a significant number of animals soon after irradiation is characteristic of the winter and early spring. In [late] spring and beginning of summer the responses of albino rats to radiation change and the main peaks in mortality shift to a longer period after irradiation. This paper established the radiation tolerance of albino rats to irradiation with gamma-rays of $^{60}$Co as a function of seasonal and diurnal rhythms for three seasons of the year.
Abstract: Two-day old pea seedlings were exposed to gamma-irradiation of 3 Gy (Grey=100 rad/min) up to a dose of 6 to 30 Gy. The seedlings had been kept in an atmosphere containing 2-3 mM/l ethylene for 6 hours prior to and during the radiation exposure. (Previous experimentation had shown that this concentration and exposure time produced the maximum growth inhibiting effect on the root.) The seedlings were then allowed to grow for a period of 10 days, at the end of which the survival rate of the seedlings was assessed on the basis of the browning of the meristem zone, and the values were calculated for LD_{50}/10 (dose which proves lethal to 50% of the subjects over a period of 10 days) and DMF. Plants exposed to ethylene were compared to those subjected to the same radiation without the ethylene exposure. The LD_{50} for the control plants was 9.7 Gy, while those for the ethylene exposed plants was 22.3 Gy. Thus the radioprotective effect of the gas was calculated at DMF up to 2.4. Number of meristem cells in various stages of mitosis was determined. Exposure to ethylene appeared to be associated with inhibition of the transition between the G_{1}/S and G_{2}/M phases of mitosis. Ethylene exposure was found to double the length of the mitotic cycle for cells of the meristem, through lengthening the G_{1} and G_{2} phases by a factor of 3-3.5. The radioprotective effect observed for ethylene exceeds that of any previously discovered factor, with the exception of anoxia. The authors conclude that the radioprotective properties of this gas are partially due to its phytohormonal effects and partially chemical, related to its antioxidizing properties.

Table and Figure Titles: Table: Change in the length of the mitotic cycles and its component phases in the cells of the root meristem of pea seedlings exposed to a gaseous medium containing ethylene

Figure 1: The effects on the growth of pea seedling roots of exposure to a gaseous medium containing ethylene in concentration of 2.6 mM/l (10 days subsequent to exposure)

Figure 2: Survival rate of pea seedlings as a function of gamma-radiation dose in air and in a gaseous medium containing ethylene

Figure 3: Changes over time in the components of the cell population in the root meristem of pea plants during incubation of the seedlings in a gaseous medium containing ethylene, and after return to the air
RADIOBIOLOGY


Radiobiology, Antiradiation Drugs, Gammaphos Mice Toxicity, Radioprotective Efficacy

Abstract: This study compared the acute toxicity and radioprotective effects of gammophos administered intraperitoneally and intramuscularly in mice. In addition two preparations of gammophos, were compared, one standard and the other of 98% purity, synthesized in the author's laboratory (Purkinje Medical Research Institute, Czechoslovakia). The radioprotective effect of gammophos was also compared to that of cystamine. Acute toxicity was initially determined by administering 400-900 mg/kg intraperitoneally to seven groups of mice (N=75). The acute toxicity of the two preparations was then compared by administering 400-900 mg/kg intramuscularly to 120 mice. The magnitude of the lethal dose and relative toxicity was determined through logarithmic analysis of the number of deaths in the 48 hours following the injection. The mice were irradiated with gamma rays at a dose of 0.391 Gy (one Grey=100 rad)/min up to a dose of 13 Gr. Protective agents were administered 15 minutes before irradiation. The criterion for the radioprotective efficacy was the survival rate of the mice in the 30 days following irradiation at the absolute minimum lethal dose or multiple doses for determining LD5/30 (the dose at which 5% of subjects die over a 30 day period), LD50/30, and LD95/30 and relative efficacy of the irradiation. The acute toxicity of intraperitoneally administered gammophos was found to be LD50=790. The acute toxicity of the standard gammophos preparation was 13% higher than that of the specially prepared gammophos for all LD levels when both were administered intramuscularly, (LD50=764 and 890 respectively). The radioprotective effect of a dose of 100mg/km gammaphos injected intramuscularly was approximately equivalent to a dose of 150 mg/kg cystamine. When protected by gammaphos the death rate of the mice increased linearly with the logarithm of the radiation dose. Increasing the intramuscular dose of gammaphos from 100 mg/kg to 200 and 300 mg/kg increased its radioprotective effect substantially. No differences were found in the radioprotective efficacy of intramuscularly and intraperitoneally administered doses.

Table and Titles: Table 1: Acute toxicity of preparations of gammaphos injected intramuscularly, mg/kg

Table 2: Radioprotective efficacy of gammaphos and cystamine given intraperitoneally before irradiating mice at dosage of 7 Gy

Table 3: Comparison of the radioprotective efficacy of gammaphos and cystamine administered intramuscularly

Table 4: Comparative radioprotective efficacy of gammaphos (300 mg/kg) administered intraperitoneally and intramuscularly

45
Annotation: This monograph is devoted to the results of complex ecological and physiological studies of human adaptation to conditions in the Antarctic. Primary emphasis is placed on methods for evaluating the adaptive features of humans and their relation to the flexibility of neurodynamic processes. The principles underlying the reorganization of the integration and analyzer functions of the brain, and perceptual-motor activity during various stages of adaptation are examined. The author advances and justifies hypotheses identifying flexibility of neurodynamic processes as one of the main sources of individual and typological differences in the nervous system, and specifies the role of interactions among the various components of the EEG in mechanisms of self-regulation. The practical significance of these results for medical diagnosis and occupational selection is discussed.

CONTENTS

(Numbers in parentheses refer to page numbers in the original.)

Foreword (3)

Introduction (5)

Chapter 1. Current state of knowledge with regard to the problem of adaptation in humans (10)
- Physiological concepts in the general theory of adaptation (10)
- Modern methodology for performing physiological research in adaptation, its development and future prospects (15)

Chapter 2. Adaptive flexibility of neurodynamic processes as a source of individual and type differences (20)
- Individual differences in voluntary regulation of the amplitude and frequency of EEG as indicative of the dynamics of self-regulation in the brain (23)
- Study of characteristics of self-regulation during visual-motor tracking of the subject's EEG curve and an arbitrary curve (31)
Statistical structure of temporal parameters of the EEG and its role in adaptive restructuring (37)
Functional reorganization of cardiac rhythms in individuals showing varying degrees of adaptive flexibility in brain self-regulation (42)
Chapter 3. Common and individual patterns of adaptive reorganization of the bioelectric activity of the brain at various stages of adaptation (56)
Changes in the amplitude and frequency EEG parameters during acclimation to a polar station as a function of initial bioelectric activity parameters (58)
General nature and individual differences in changes of the statistical structure of the interaction among individual EEG components during the adaptation process (65)
Adaptive dynamics of central regulation mechanisms as shown by information processing and regulation parameters of the EEG (69)
Maladaptive disruptions of higher nervous activity in polar residents (76)

Chapter 4. Qualitative and quantitative changes in sensory functions and perceptual and motor activity of humans under Antarctic conditions (89)
Adaptive reorganization of sensory system sensitivity (89)
Individual variability in the adaptive dynamics of sensory-motor reactions as a basis for categorizing individuals (92)

Chapter 5. Flexibility of neurodynamic processes and performance (103)
General changes in the work capacity indices of operators in response to Antarctic conditions (108)
Changes in performance level as a function of individual differences in the flexibility of the nervous system (111)
Nature and dynamics of the control activities of operators at various levels of adaptation to Antarctic conditions (118)

Conclusion (128)

References (136)
BIOSPHERICS


Affiliation: State Scientific Research Center for the Study of Natural Resources

Biospherics
Natural Resources
Environment
Remote Sensing
Satellite Data

Annotation: This collection, commemorating the tenth anniversary of the founding of the State Scientific Research Center for the Study of Natural Resources (GosNITsIPR), contains the most important results of research on the problems involved in studying natural resources and environmental monitoring. The work also covers issues related to the development of hardware and the techniques for receiving and processing remote sensing data to be obtained from future space systems.

This collection is intended for scientific workers and specialists in the area of remote environmental sensing.

CONTENTS
(Numbers in parentheses refer to page numbers in the original.)

Afanasyev YuA, et al. Major results of scientific research performed by the State Scientific Research Center for the Study of Natural Resources from 1974-1983 (3)

Beksin VA, et al. The "Meteor-2" satellite automated infrared scanning spectrometer for thermal sounding of the atmosphere (11)

Burtsev AI, et al. Algorithms and software for processing satellite spectroradiometric measurements of outgoing thermal radiation for the purpose of thermal sounding of the atmosphere (19)

Golovko VA, et al. Some questions relating to the refinement of methods for thermal sounding of the atmosphere from satellites (30)

Burtsev AI, et al. Utilization of satellite measurements of outgoing thermal radiation in the "transparency windows" of the atmosphere for determining the temperature of the ocean's surface (39)

Golovko VA et al. Comparison of the values of relative geopotential, obtained from the "Meteor-2" satellite with data from synoptic analysis of relative topography of isobaric surfaces (51)

48
Gorelik AG, et al. Identification of the characteristics of a cloudy atmosphere on the basis of CVCh [super high frequency?] data from polarized satellite measurements (58)

Tulinov VF, et al. Study of the influence of space factors on the state of the atmosphere using space technology -- developmental problems and prospects (65)

Asmus VV, et al. Case study of the processing of multiband information from an experimental satellite and fundamental concepts for developing a processing system (73)

Vasyukhina TM, et al. Effective utilization of multiband information from space in the solution of economic problems (78)

Berestovskiy IF. Methodological principles for conducting subsatellite experiments in hydrometeorology (88)

Bukharov MV, et al. Research results from the "Bulgaria-1300-II" program (95)

Khodarev YuK, et al. A hardware complex for interactive processing (95)

Afans'yev YuA, et al. Future space systems for obtaining information about the environment and natural resources of the earth (114)

Afanas'yev YuA, et al. A processing system for remote sensing data (120)
BIOSPHERICS


Biospherics
Remote Sensing Data
Vegetation
Oceanography
Earth Resources

Affiliation: Various geographical institutes

Annotation: This is the first book of its kind published in the USSR. It was written by specialists in various branches of science and economics. In it, satellite builders discuss the particular design features of spacecraft intended for the study of the natural resources of the earth; engineers describe their instruments, and mathematicians and programmers discuss computer processing of images obtained from space. Experts in agriculture, geology, forestry, oceanology, and hydrology describe how information obtained through remote sensing is utilized in the economy and for monitoring the environment.

This book will help scientists with various areas of expertise gain a better knowledge of the use of remote sensing data for the study of natural resources, to appreciate the achievements in this area and understand its unsolved problems. The reader will find in this work many interesting facts presented in an intelligible manner, and also a large quantity of original space images obtained with Soviet "Meteor" satellites.

CONTENTS
(Numbers in parentheses refer to page numbers in the original.)

Foreword (3)

Introduction (6)

Chapter 1. Physical aspects of remote sensing of the natural environment (7)
  1.1 Spectral characteristics of natural objects in the optic range (7)
  1.2 Atmospheric distortions (14)

Chapter 2. The "Meteor" and "Meteor-Priroda" satellites (16)
  2.1 Specifications of spacecraft designed for the study of the natural resources of the earth (16)
  2.2 The design of spacecraft (17)
  2.3 Stages in the development of the "Meteor-Priroda" program (22)
Chapter 3. Telemetric equipment of the "Meteor-Priroda" satellites (25)
3.1 "Priroda" operational radiotelevision system (25)
3.2 Experimental onboard information processing system (BIK-E) (28)
3.3 Experimental information processing and measurement system utilizing the "Fragment" multiband scanning system (32)

Chapter 4. Collection of satellite data (35)
4.1 Supplementary data bank (35)
4.2 Hardware for collecting data (36)
4.3 Complex satellite experiments (38)

Chapter 5. Digital processing of multiband space data (39)

Chapter 6. Study of natural geographic areas (56)
6.1 The geographical areas of Nechernozem (56)
6.2 The zone of the Baykal-Amur trunkline (58)
6.3 The Putoran Plateau (63)
6.4 The natural geographic area of Altay (63)

Chapter 7. Study of the condition of the soil mantle and plant cover (68)
7.1 Study of the soil mantle (68)
7.2 Study of the condition of forest vegetation (69)
7.3 Utilization of satellite data for assessing the condition of desert and pasture vegetation (73)
7.4 Assessing the condition of farmland and the progress of agricultural work (84)

Chapter 8. Hydrological satellite data (91)
8.1 Snow cover of spillways (91)
8.2 Ice conditions on reservoirs (95)
8.3 Assessment of floods and flooding of river basins (98)
8.4 Automated processing of hydrological satellite data (100)

Chapter 9. Utilization of satellite data in the visible and infrared bands in oceanography (103)
9.1 Modern space oceanography (103)
9.2 Observation of ice conditions on seas and oceans, investigations of the distribution and dynamics of sea ice (107)
9.3 Investigations of vortex formations, local fronts and internal waves (110)
9.4 Investigating bodies of water with various optical characteristics, Identification of plankton fields and suspensions (118)
9.5 Utilization of digital satellite maps of the temperature of the ocean's surface in regional oceanographic investigations (125)

Chapter 10. Monitoring human impact on the environment (129)
Chapter 11. Applications of space multiband scanner surveys in geology (131)

11.1 Geological information derivable from space multiband scanner photographs (132)

11.2 Stages and sequence of geological interpretation of space scanner photographs (134)

11.2 Utilization of space scanner photographs in geology (134)

Conclusion (146)

References (148)
BODY FLUIDS


Body Fluids, Fluid Electrolyte Exchange

Affiliation: I.M. Sechenov Institute of Evolutionary Physiology and Biochemistry, USSR Academy of Sciences

Annotation: This monograph summarizes current thought concerning fluid-electrolyte homeostasis, and the principles governing the formation and activity of the effector organs that regulate volume stability, ion composition and osmotic concentration of fluids within the internal environment. Emphasis is given to a discussion of the evolution of the kidneys and the fluid-electrolyte system.

CONTENTS
(Numbers in parentheses refer to page numbers in the original.)

Introduction (3)

Some issues relating to the evolution of fluid-electrolyte exchange in the kidneys (7)
  Volume and ion composition of a cell (7)
  Evolution of the liquids in the internal environment (9)
  Effector organs of the system for fluid-electrolyte equilibrium (11)

Evolution of functions (16)
  Evolution of the kidney functions (16)
  Evolution of functional units (21)
  Evolution of functional systems (22)

Functional evolution (25)
  Physical-chemical factors in the evolution of the functions (25)
  Interrelationship among the functional systems (29)
  The problem of integrity (39)
  Adaptation (30)
  The problem of epigenesis (31)

Relation between theory and practice in the evolutionary physiology of fluid-electrolyte exchange (33)

References (36)
Botany, Lower and Higher Plants
Cytology
Space flight Factors, Weightlessness, Vibration, Magnetic Fields, Clinostasis
Space Flight Simulation

Affiliation: N.G. Kholodnyy Institute of Botany, Ukrainian Academy of Sciences

Annotation: This monograph describes cellular structure and functioning both under space flight conditions and ground-based simulation of individual space flight factors. The authors demonstrate that the cellular and subcellular changes occurring in plants in response to physical space flight conditions depend on the complexity of the plant itself and the nature of the space environment.

The laws governing the biological effects of acceleration, vibration, magnetic fields of various strengths, micro-gravity and weightlessness are discussed, and future prospects for basic and applied research in the area of space biology are considered.

This monograph is intended for cytologists and plant physiologists specializing in the area of space biology.

CONTENTS
(Numbers in parentheses refer to page numbers in the original.)

Introduction (3)
Chapter 1. Brief description of space flight conditions (6)
Chapter 2. Research subjects and methodologies (9)
Chapter 3. Vibration (22)
Chapter 4. Magnetic Fields (39)
Chapter 5. Clinostasis (63)
Chapter 6. Space biology experiments (93)
Chapter 7. Biological effects of weightlessness
Conclusion (116)
References (121)
This monograph is devoted to a relatively new concept in physiology -- that of the respiration pattern encompassing the relationships between the volumetric and temporal parameters of pulmonary ventilation. The neural and biomechanical factors participating in the formation and regulation of the respiration pattern are analyzed, with emphasis on their significance in optimizing the energy consumption of pulmonary ventilation. Individual differences in certain features are considered, as is the reorganization of the respiration pattern in response to factors such as: changes in the gas composition of the air, physical exertion, sleep, certain pharmacological agents, increase in resistance to respiration (particularly during hyperbaria), voluntary changes in pulmonary ventilation, etc. A special chapter is devoted to the significance of research on respiratory patterns to clinical practice.

CONTENTS
(Numbers in parentheses refer to page numbers in the original.)

Foreword (3)

Introduction (6)

Chapter 1 The respiration pattern and its reorganization (8)
  Introductory remarks (8)
  Research methods (11)
  Physiological significance (15)
  Magnitude of respiration parameters. Pattern types (21)
  Isoventilatory reorganizations (28)
  Stenoventilatory reorganizations (32)

Chapter 2 General physiological mechanisms (38)
  Rhythmogenesis and neuron activity of the respiratory center (38)
  The role of pulmonary receptors, pneumatic tracts (pathways?)
    and respiratory muscles (41)
  The function of brain mechanisms determining the respiratory pattern (46)
  The influence of structures external to the respiratory center (52)
  The participation of humoral agents (55)
Chapter 3. Ontogeny. Sleep - wakefulness. Stress (58)
   Ontogeny (58)
   Sleep (65)
   Anesthesia (67)
   Stress conditions (69)

Chapter 4. Hypercapnia. Hypoxia (73)
   Hypercapnia (74)
   Hypoxia (78)
   Mechanisms (81)

Chapter 5. Physical exertion (90)
   General nature of changes in the respiratory pattern (90)
   Chemoreceptor mechanisms (93)
   "Neurogenic" mechanisms (94)
   Biomechanical factors (98)

Chapter 6. The temperature factor (105)

Chapter 7. Mechanical stress on the respiratory system (112)
   Hyperbaria (112)
   Additional resistance to respiration (112)
   Respiration in a hyperbaric environment (119)
   Excess intrapulmonary pressure (122)

Chapter 8. Pathology (126)
   Disorders in the regulation of respiration (126)
   Disorders in the biomechanics of respiration (134)
   Disorders in the functioning of the respiratory musculature (141)
   Diagnostic and prognostic significance of the respiration pattern (143)

Chapter 9. Voluntary control (146)

Conclusion (159)

References (169)

Subject Index (201)
GROUP DYNAMICS
(Also Psychology)


Affiliation: Scientific Institute of General and Educational Psychology, USSR Academy of Educational Sciences

Group Dynamics, Group Performance

Annotation: This monograph presents a critical analysis of Soviet and foreign research on the effectiveness of group performance from the standpoint of a theory of active intervention in interpersonal relations. It considers the influence of various characteristics of a collective ["collective" here means occupational group] on its job performance and proposes a system of criteria for assessing the effectiveness of a collective. It also offers practical recommendations for increasing the performance level of cooperative activities. This monograph is intended for scientists working in the area of psychology and education.

CONTENTS
(Numbers in parentheses refer to page numbers in original.)

Introduction (3)

Part 1. The problem of the effectiveness of group performance in contemporary social psychology. (7)
   Chapter 1. The development of theoretical research on the effectiveness of small groups and collectives (7)
   Chapter 2. The results of experimental studies (34)

Part 2. The collective as the most effective social-psychological group. (74)
   Chapter 1. The effectiveness of group performance(74)
   Chapter 2. A theory of active intervention in interpersonal relations in a collective -- a methodological basis for improving the effectiveness of group activity (86)
   Chapter 3. A methodological experiment (102)

Part 3. The influence of the social-psychological parameters of the collective and their interrelationships on the success of cooperative performance (112)
   Chapter 1. Effectiveness of the performance of a collective as a function of the relationships within it (112)
   Chapter 2. The influence of the formal structural parameters of a collective on the effectiveness of its performance (140)
   Chapter 3. Social psychological conditions for effective work by small groups and collectives (172)

Conclusion (182)
Annotated index of terms (186)
References (191)
GROUP DYNAMICS

M24(8/85) Shchelgachev RV (editor). Sovershenstvovaniye organizatsii truda i otdykh plav sostava (Sb. nauch. tr.) [Enhancing the organization of work and rest for ships' crews: Collection of scientific papers]. Leningrad: Transport; 1984. [80 pages]

Affiliation: Scientific Research Institute of the Merchant Marine

Group Dynamics, Crew Performance
Psychology, Work Capacity, Work-rest Cycles
Environmental Factors, Noise and Vibration
Personnel Selection

Annotation: This collection is devoted to the organization of labor for a ship's crew in the context of scientific and technological progress in the merchant marine and the improvement of the integrated maintenance system. It examines the social structure of the ship's crew and the conditions under which it works and rests.

CONTENTS
(Numbers in parentheses refer to page numbers in the original.)

Shchelgachev RV, Yevrennov IV. Analysis of adherence to individual clauses of the Service Code on USSR Merchant Marine vessels (3)

Matsevich LM. An integrated approach to the scientific organization of the work of a ship's crew in the Arctic (11)

Shchelgachev RV, Vlasova AB. Theoretical principles underlying the creation of a structural model of integrated fleet maintenance (16)

Rez RS, Yavich YuI. Allowances and bonuses paid to a ship's crew (27)

Zagorskaya YeP. The value of research on trauma for the development of work safety measures (34)

Solov'yeva YeN, Vetol'skiy EM. New types of organization for supplying vessels with consumable stores (39)

Klopopov VP, Naumenko YeB, Serova LK. The efficiency of certain established measures for maintaining the work capacity of sailors (42)

Vasil'yev DI. Death rate of sailors in various climatogeographic regions of the country (51)

Zinchenko VI, Yel'nika AG. Noise and vibration on ships (54)

Aleksandrov VG, Zakharova YeP, Petrov VP. Individual safety measures for work on tanks of oilers (65)

Sokolov MO. On the selection of ship's crew personnel (73)

Parokhin VN Trends in the development of the merchant marine and the goal of psychology (75)
LIFE SUPPORT SYSTEMS

M12(8/85) Abramov IP, Severin GI, Stolitskiy AYu, Sharipov PKh. Skafandry i sistemy dlya raboty v otkrytom kosmose [Space suits and systems for work in outer space]. Moscow: Mashinostroyeniye; 1984 [256 pages; illustrated; 50 references; 4 in English]

Affiliation: Not available

Life Support Systems, Portable Life Support Systems
Habitability and Environmental Effects
Man Machine Systems
Space Flight, Voskhod-2, Gemini, Soyuz-5, Apollo, Skylab, Salyut, Shuttle

Annotation: This monograph describes the basic theoretical principles and methods used in planning and designing systems to support work in space. The main emphasis is on development of space suits and self-contained life support systems. The monograph covers issues relating to development of airlock systems and other equipment supporting extravehicular activity; principles underlying the design of systems for transporting the cosmonauts; and the particulars of testing space suits and associated systems. The configuration and construction of space suits, self-contained life support systems, and cosmonaut transport systems are also considered.

This monograph is addressed to engineers working in the design, production and utilization of flight vehicles, space suits and life support systems.

Contents
(Numbers in parentheses refer to original page numbers.)

Foreword (3)

Introduction (5)

Chapter 1. Life support for cosmonauts working in outer space (8)
1.1 Space suits as a means for protecting humans in space (8)
1.2 Physiological and safety requirements for space suit systems (10)
1.3 Design principles for self-contained life support systems for cosmonauts in space suits (16)

Chapter 2. Oxygen supply and regulation of the gas composition in the space suit (22)
2.1 Oxygen supply system and characteristics of the utilization of the oxygen reserve (22)
2.2 Replacement of the gas mixture in the space suit and verification of airtightness (29)
2.3 Main components of the pneumatic system and their design (32)
2.4 Pressure regulation in the space suit (36)
2.5 Sensitive elements and their design (44)
2.6 Design features of individual components of the pneumatic system (49)
Chapter 3. Maintenance of thermal conditions and support of electrical equipment (70)

3.1 Function of the devices for maintaining thermal conditions. Fundamentals. (70)
3.2 External heat exchange of the EVA space suit (71)
3.3 Design of external heat exchange (75)
3.4 Thermal balance of a person in a space suit, methods of heat dissipation and thermal regulation (82)
3.5 Heat exchange devices for self-contained life support systems (90)
3.6 Design of a water-cooled suit (105)
3.7 Vacuum screen thermal insulation (111)
3.8 Compound systems for maintaining thermal conditions (114)
3.9 Electrical equipment (119)

Chapter 4. Principles underlying design of the space suit shell (121)

4.1 Preliminary remarks. Types of space suits (121)
4.2 The space suit as an article of clothing. Ergonomic requirements (123)
4.3 Anthropometric requirements (125)
4.4 Dimensions and shape of the space suit (130)
4.5 Human biomechanics and space suit mobility (133)
4.6 The space suit as a pneumatic device (139)
4.7 Relevant concepts from the theory of surfaces and shells (141)
4.8 Characteristics of the stresses on the space suit shell (146)
4.9 Methods and procedure for the space suit design (147)

Chapter 5. Space suit equipment (150)

5.1 Components of the space suit. Shell (150)
5.2 Joints of the space suit (157)
5.3 Soft joints with one degree of freedom (161)
5.4 Joints with several degrees of freedom (165)
5.5 Determining the bending moment of a joint (167)
5.6 Strength analysis of the space suit shell (172)
5.7 Space suit helmet (172)
5.8 Internal ventilation system and cooling mechanism (181)
5.9 Gloves (183)

Chapter 6. Reliability of space suits and methodology for selecting the optimal life support system [LSS] (186)

6.1 Monitoring and controlling the components of a life support system (186)
6.2 Analysis of emergency situations and evaluation of their effect on cosmonaut safety (189)
6.3 Maintaining the reliability of the space suit and self-contained LSS (190)
6.4 Methodology for selecting the optimal LSS (192)
Chapter 7. Sample EVA space suits and self-contained life support systems (197)
7.1 "Voskhod-2" space suits (197)
7.2 "Gemini" space suits (199)
7.3 "Soyuz-5" space suits (200)
7.4 "Apollo" space suits (202)
7.5 "Skylab" space suits (206)
7.6 "Salyut" orbital station EVA space suits (207)
7.7 "Shuttle" STA EVA space suits (211)

Chapter 8. Airlock system (214)
8.1 Types of airlock equipment and requirements they must meet (214)
8.2 Main types of airlock chambers and their design (216)
8.3 Methods for fulfilling the airlock function and maintaining life support in the airlock chamber (219)
8.4 Soft airlock chambers (221)

Chapter 9 Equipment for EVAs (223)
9.1 Function. General specifications (223)
9.2 Equipment for working on the outer surface of spacecraft (223)
9.3 Unit for cosmonaut transport and maneuvering (225)
9.4 Specifications for the transport and maneuvering units (226)
9.5 Components and block diagram for the unit (227)
9.6 Some designs of transport and maneuvering units (229)
9.7 Determining the required gas reserve (232)
9.8 Selecting the optimal speed for transporting cosmonauts in the vicinity of spacecraft (237)
9.9 Selecting the acceleration for linear transport (242)
9.10 Selecting the parameters of angular motion (244)

Chapter 10. Tests and utilization of space suits (246)
10.1 Tests (246)
10.2 Utilization (249)

References (252)
NEUROPHYSIOLOGY

M21(8/85) Arshavskiy YuI, Gelfand IM, Orlovskiy GN. Mozhechok i upravleniye ritmicheskimi dvizheniyami [The cerebellum and control of rhythmic movements]. Moscow: Nauka; 1984. [ca. 140 pages; 86 illustrations; 576 references]

Neurophysiology, Cerebellum
Motor Control, Rhythmic Motion


Annotation: This monograph examines the neural mechanisms of the brain which control an animal's rhythmic movements. The main emphasis is on the two most important motor centers - the cerebellum and the spinal cord. The work describes the signals that these centers exchange in the process of controlling movements. It is demonstrated that, in the course of transforming input information into cerebellar output, signals are generated which reflect essential aspects of spinal cord functions. Cerebellar output signals change the transmission coefficient in the descending tracts, which transmit information from the various motor centers to the spinal cord. The hypothesis is advanced that the function of the cerebellum involves coordination of the the various motor interactions.

This book is intended for physiologists, biophysicists, psychologists and computer scientists.

CONTENTS
(Numbers in parentheses refer to pages numbers in the original.)

Foreword (3)

Introduction (5)

Chapter 1. Spinal mechanisms underlying stepping and scratching movements (10)
- The critical role of the spinal cord in the control of stepping and scratching movements (10)
- Drugs and techniques which elicit movements (11)
- Movements of the extremities and functioning of the muscles (15)
- Role of the central mechanism and afferent signals in the generation of rhythmic movements (20)
- Afferent signals (22)
- Localization of the rhythmic generator. Activity of neurons of the "leading" area, the lumbosacral section of the spinal cord (23)
- Conclusion (29)

Chapter 2. Signals entering the cerebellum (33)
- Cerebellar cortex and its afferent connections (33)
- Dorsal cerebellospinal tract (36)
- Ventral cerebellospinal tract (41)
- Spino-reticulocerebellar tract (52)
Ventral cerebellospinal tract and spino-reticulocerebellar tract transmit information on the functioning of the "leading" area of the lumbosacral section of the spinal cord (60)
Spino-cerebello-olivary tract (62)
Conclusion (64)

Chapter 3. Signals transmitted along descending tracts (68)
Vestibulospinal tract (68)
Reticulospinal tract (74)
Rubrospinal tract (79)
Influence of the descending tracts on motor activity (84)
Conclusion (86)

Chapter 4. The significance of various input signals in the formation of cerebellar output signals (90)
Significance of signals with respect to peripheral and central processes during locomotion (90)
Significance of signals with respect to peripheral and central processes in the scratch reflex (93)
Significance of signals from the ventral cerebellospinal and spino-reticulocerebellar tracts (97)
Conclusion (99)

Chapter 5. Activity of cerebellar neurons (102)
Purkinje cells (102)
Fastigial nucleus (109)
Interstitial nucleus (115)
Lateral nucleus (119)
Conclusion (121)

Chapter 6. "External inputs" of the cerebellospinal loop (127)

Chapter 7. The role of the cerebellum in the control of locomotion and the scratch reflex (130)

References (139)
PSYCHOLOGY


Psychology, Human Factors
Human Performance
Circadian Rhythms

Affiliation: Moscow State University [Author and Book]

Annotation: This monograph represents the first systematic presentation of the subject matter and methods of the psychology of human functional states. Particular emphasis is given to the functional states occurring in the course of job performance. Methods have been developed which make it possible to evaluate the dynamics of fatigue from changes in the microstructure of cognitive processes and multidimensional shifts in symptomatology. The principles underlying design of applied research, preventive measures, and correction of adverse states are demonstrated using specific examples.

This book is intended for researchers and practitioners in areas such as human factors engineering, psychology, physiology, and industrial safety, ergonomics, and aerospace medicine.

CONTENTS
(Numbers in parentheses refer to page numbers in the original.)

Foreward (3)

Chapter 1. The human functional state as the object of psychological diagnosis (5)
  1.1 The concept of "functional state" (5)
  1.2 Types of functional states in humans (14)
  1.3 Specifics of psychological diagnosis as applied to the investigation of functional states (29)

Chapter 2. Methodological approaches to the problem of evaluating functional states (36)
  2.1 Physiological testing methods (36)
  2.2 Psychological testing methods (40)
  2.3 Compound (mixed) testing methods (51)

Chapter 3. Analysis of microstructure as the basis of diagnostic methodology (54)
  3.1 Transformations of symbolic information in short-term memory (55)
  3.2 Analysis of information retrieval strategies in short-term memory (64)
  3.3 Manipulation of the visual image (71)
  3.4 Semantic transformations of verbal information (81)
Chapter 4. Methodological problems relevant to development of subjective tests for diagnosing functional states (96)
4.1 The problem of test specificity (96)
4.2 A procedure for developing specialized methodologies for evaluation of subjective states (104)
4.3 Selection of critical features and parallel test forms (113)

Chapter 5. Case study in applied diagnostic research
5.1 Characteristic features of the jobs of microscope technicians and goals of the diagnostic study (121)
5.2 Occupational profile [here called professiograph] of the job (125)
5.3 Work capacity over the course of a shift (136)
5.4 Recommendations for optimizing the functional state of microscope technicians (149)

Chapter 6 Prevention of adverse functional states (153)
6.1 Optimizing the work-rest schedule (154)
6.2 External techniques for correcting functional states (161)
6.3 Methods for self-regulation of functional states (170)

Conclusion (185)

References (187)
Annotation: In this book, Soviet cosmonaut V.V. Lebedev and design engineer V.A. Krutov discuss complex analysis methods for the technical efficiency of manned spacecraft. These methods are based on the utilization of systems of quantitative indices and on mathematical models of the functioning of the spacecraft and take into consideration the major contributing factors and possible flight conditions. This book was based on experience in the development and operation of manned spacecraft.

This book is intended for engineers working in the study, design and operation of spacecraft.

CONTENTS
(Numbers in parentheses refer to pages in the original.)

Foreword (3)

Chapter 1. Ensuring the technical efficiency of manned spacecraft (5)
  1.1 Spacecraft (5)
  1.2 Components of technical efficiency for manned craft (9)
  1.3 Underlying principles and methods for ensuring the technical efficiency of manned spacecraft (10)
  1.4 Avoiding unforeseen circumstances in flight (12)
  1.5 Minimizing damage due to unforeseen circumstances (24)
  1.6 Crew rescue in emergencies (28)

Chapter 2. Fundamentals of the complex analysis of the technical efficiency of manned spacecraft (32)
  2.1 Goals and description of the analysis (32)
  2.2 General methodological approach (34)
  2.3 Description of the analysis of possible states of external flight conditions (43)

Chapter 3. Reliability analysis of components of manned spacecraft (53)
  3.1 Reliability of components. Fundamentals (53)
  3.2 Potential failures and limiting factors of components (56)
  3.3 Component reliability indices (63)
  3.4 Goals and description of the reliability analysis of manned spacecraft components (68)
  3.5 Analysis of the potential failures and limiting factors of manned spacecraft components (71)
Chapter 4. Methods for calculating reliability indices for the components of manned spacecraft (81)

4.1 Calculating reliability indices for manned spacecraft components with invariant structure (81)
4.2 Calculating reliability indices for manned spacecraft components with variable structure (106)
4.3 Analysis of methods of increasing component reliability (117)

Chapter 5. Reliability analysis and crew performance (118)
5.1 Description of the crew's activity (118)
5.2 Reliability of operators and crew (119)
5.3 Potential failures of operators and crew (122)
5.4 Reliability indices for operators and crew (128)
5.5 Fundamentals of the reliability analysis of operators and crews (131)
5.6 Operator performance (132)
5.7 Potential operator errors (134)
5.8 Operator performance indices (139)
5.9 Methods for analyzing operator performance (141)
5.10 Utilization of operator performance indices and characteristics (144)

Chapter 6. Analysis of the reliability of manned spacecraft (147)
6.1 Reliability of a manned spacecraft (147)
6.2 Potential failures and limiting states of a manned spacecraft (150)
6.3 Reliability indices for a manned spacecraft (154)
6.4 Goals and description of reliability analysis of a manned spacecraft (155)
6.5 Analyzing the potential failures and limiting states of a manned spacecraft (156)
6.6 Calculating the actual values of manned spacecraft reliability indices (158)
6.7 Calculating the derived values of manned spacecraft reliability indices (163)
6.8 Analysis of ways to increase manned spacecraft reliability (175)

Chapter 7. Modeling the functioning of manned spacecraft (175)
7.1 Functioning of a manned spacecraft in flight (207)
7.2 Potential unforeseen circumstances in flight (181)
7.3 Functional analysis of a manned spacecraft (186)

Chapter 8. Methods of calculating indices of technical efficiency for a manned spacecraft (207)
8.1 Calculating indices of technical efficiency for a manned spacecraft in flight (207)
8.2 Analyzing ways to increase technical efficiency (237)
8.3 Calculating and analyzing the indices of technical efficiency of orbital stations during operation (240)

Appendix. Evaluation and utilization of the psychophysiological characteristics of operators on long-term orbital missions (246)

References (250)
RADIOBIOLOGY
(Also Cytology)

M17(8/85) Akoyev IG, Yurov SS. Voprosy biologicheskogo deystviya i dozimetrii tyazhelykh zaryazhennykh chastits i adronov wysokikh energii [Issues related to the biological effects and dosimetry of HZE and high energy hadrons]. Proceedings of: All-Union Scientific Conference with Participation of Socialist Countries, Pushchino; 1984. [ca. 215 pages]

Affiliation: Institute of Biological Physics, Scientific Center of Biological Research, USSR Academy of Sciences

Radiobiology, Hadrons, HZE, Dosimetry
Cytology, Mammals, Plants
Perception, Visual sensation
Space flight, Salyut-6

Annotation: This collection covers the major papers read by scientists from the USSR and other socialist nations at the All-Union working meetings on space radiobiology, held in Pushchino on 1-2 December 1982. The papers were devoted to the following issues: the biological effects of HZE emitted in space and by accelerators; the biological effects of nuclear particles (hadrons emitted in space and by accelerators) capable of participating in strong interactions; the physical description of space radiation; and dosimetry of HZE and high energy hadrons.

Basing its conclusions on the results of research on the radiation factor in space and on juxtaposition of biological data and the physical characteristics of radiation, this book offers the first biophysical interpretation of the effects obtained in space flights and under simulation of space flight conditions by means of accelerators.

Particular emphasis is placed on the ultrastructural effects of HZE and high-energy hadrons when there is strong interaction among them. Specific problems related to radiation safety of space flights with respect to the local radiation factor are discussed. New concepts of space radiobiology and dosimetry of space radiation are advanced. Consideration is given to future prospects for solving the most immediate problems.

This collection is intended for biologists, physicians and physicists interested in the problems of space biology and medicine, and in ensuring the radiation safety of space flights.

CONTENTS

(Numbers in parentheses refer to page numbers in the original.)

Introduction (5)
Chapter 1. Biological effects and dosimetry of HZE emitted by accelerators and in space (6)

Ryzhov NI, et al. Radiobiological effects of HZE (6)

Talash M, et al. Induction of interferon and the radiation shielding effect of interferon induction during irradiation by gamma-rays and helium ions (21)

Tkadlechek L, et al. Structural breakdown in tissues of the brain and hematopoietic organs in rats irradiated with helium ions and gamma-rays (28)

Nevsgodina LV, et al. Influence of exposure of lettuce seeds to multiply charged ions in space (31)

Ryzhov NI, et al. Radiobiologic effects of accelerated multiply charged ions with energy of up to 10 MeV/nucleon (38)

Kostina LN, et al. Influence of HZE of space on air dried seeds of Crepis capillaris (L.) Wallr on the "Salyut-6" orbital station (51)

Popov VI, et al. Description of beams of high energy charged particles for radiobiological research (56)

Marennyy AM, et al. Results of measurements of the density of a flow of HZE in space in near-earth orbit (58)

Obaturov GM, et al. Biological effects of heavy ions on mammalian cells. Biophysical interpretation. (64)

Chapter 2 Biological effects and dosimetry of high-energy hadrons emitted by accelerators and in space (77)

Abrosimov AI, et al. Dosimetric tracking in radiobiologic experiments on the Serpukh proton synchrotron (77)

Leont'yeva GA, et al. Evaluation of the general biological effects of secondary radiation from protons of 70 GeV on the basis of effects on the genetic material of biological subjects (83)

Akhmadiyeva AKh, et al. Effects of neutrons with mean energy of 30 GeV on the gonads of mice (90)

Arodzepo AA, et al. Methodology and results of an investigation of human visual sensations in response to the ionized component of space particles (96)

Abrosimov AI, et al. Tissue-equivalent photon emission spectrometer for determining the differential and integrated dose characteristics of radiation generated by high-energy accelerators (102)
Abrosimov AI, et al. Spectral and dose characteristics of primary beams and secondary radiation generated in targets of the I-100 linear accelerator (111)

Kapchigashev SP. Methodology and results of investigations of the biological effects of slow HZE, generated by high- and super high-energy neutrons, hadrons and heavy ions (119)

Chapter 3. Theoretical issues concerning the biological effects and dosimetry of HZE and high-energy hadrons generated by accelerators and in space (126)

Akoyev IG, et al. Results of biological experiments in space and biophysical interpretation of hadron effects (126)

Kovalev YeYe, et al. A possible non-ionizing mechanism underlying the radiobiological effect of multiply charged ions in space (144)

Zhdanov GB. The physical nature of the local ionizing effect of high-energy nuclei and hadrons in space (155)

Gubin AT, et al. Comparative analysis of mathematical models of the effect of the quality of radiation generated by accelerators and in space on the nature of biological effects (161)

Duba WV. Possible role of UV-like damage in the mutagenic effect of high-energy hadrons (175)

Dmitriyevskiy IM, et al. Microdosimetric model of the generation of visual sensations in humans in response to radiation from accelerators and in space (187)

Videnskiy VG, et al. Potential for experimental determination of the microdosimetric characteristics of HZE (194)

Conclusion (204)
Annotation: This monograph examines the major aspects of the participation of oxygen in radiobiological phenomena at all structural levels — the molecular, cellular and organismic — of biological subjects. The authors review the most important experimental data and analyze modern concepts of the mechanisms through which oxygen participates in damage and repair of macromolecules and cells. These concepts have been developed during the past 20 years, after the publication of the last reviews devoted to the oxygen effect. Particular emphasis is given to the way the oxygen effect chemically modifies reproductive destruction of cells in radiation protection and heightens damage during radiation therapy. For radiobiologists, radiologists and biophysicists.

CONTENTS
(Numbers in parentheses refer to page numbers in the original.)

Foreword (3)

Part I. Mechanism and major principles of the oxygen effect (6)

Section I. The oxygen effect in irradiation of biomolecules with [sparse?] ionizing radiation in vitro (6)
   Chapter 1. Participation of oxygen in the radiolysis of water and aqueous solutions of biomolecules (6)
   Chapter 2. The oxygen effect on the radiative inactivation of enzymes (15)
   Chapter 3. The oxygen effect on the radiative inactivation of DNA (31)

Section II. The oxygen effect in the reproductive destruction of cells (40)
   Chapter 4. Fundamental principles and mechanism of the oxygen effect (40)
   Chapter 5. Various aspects of the theory of the oxygen effect (59)
   Chapter 6. The oxygen effect during exposure to [dense] ionizing radiation (79)

Part II. Modification of radiosensitivity by the oxygen effect (87)

Section III. Modification of the radiosensitivity of cells in vitro (87)
   Chapter 7. Oxygenation of cells in vitro and radiosensitivity (88)
Chapter 8. Chemical modification caused by altered concentration of oxygen in the cell (99)
Chapter 9. Chemical modification by oxygen replacement compounds (110)
Chapter 10. Modification through change in the content of cells of the SH-group
Chapter 11. Modification through change in the extent of enzymatic repair of potential damage (128)

Section IV. Modification of the radiosensitivity of an organism (133)
Chapter 12. Modification through change in the oxidation of cells (133)
Chapter 13. Modification by radioprotective agents (148)

Conclusion (154)

Appendix 1. Possible methodological errors in determining the oxygen effect constant (155)

Appendix 2. Measurement units of the content of oxygen gas and its concentration in water (157)

Appendix 3. Calculation of absorption of oxygen by thiols (158)

Appendix 4. A method for determining the speed constants of reactions of thiols with oxygen (161)

Appendix 5. Oxygenation of cells in suspension, monolayer, spheroid, and polylayer in vitro systems (164)

Appendix 6. Toward the calculation of a gradient for the concentration of oxygen in mammalian cells (166)

Afterword (166)

References (168)
1.4 Biomedical Experiments

Medical support of manned space flights is performed by a special group which monitors the physiological state of the spacecraft crew and performs the research necessary for predicting human functioning during space flight. From such biological experiments, the specialists obtain scientific data of great significance for long-term manned flights. Many of these scientific results also have fundamental significance for biology in general.

At the present time, such factors as prolonged weightlessness, the combined effects of weightlessness and ionizing radiation, etc. cannot be reproduced on earth. However, such factors are continuously operative on spacecraft. For this reason space flight represents a new and unique opportunity for the study of many questions in biology.

Biomedical experimentation in space makes it possible to study the combined effects of space flight factors on an organism. The limits of tolerance of extremes are established; the reactions of organisms to various types of radiation are investigated; and the reactions of humans to noise and vibrations, and the effects of artificial gravity are also studied. Research on the ecology of closed systems is also important in order to make long-term manned flights possible. This area of study includes, for example, investigation of the production of food on board the spacecraft.

Biomedical research is currently being carried out in manned spacecraft and unmanned satellites, including special-purpose biological satellites. It is characteristic of these specialized biosatellites that all of the design parameters, as well as orbital parameters and launch dates, are subordinated to the requirements of the experiments they carry. In our nation, biological experiments have been conducted, for example, on the "Cosmos-110," "Cosmos-368," "Cosmos-605," "Cosmos-690," "Cosmos-782," and "Cosmos-936" specialized biosatellites, which were launched in 1966-1977.

Biological experiments performed on the "Cosmos-368" satellite were directed toward study of the influence of weightlessness on molecular and genetic processes. (In addition, life support systems were tested during that flight.) The influence of prolonged weightlessness on structural and functional parameters of vital activity processes was studied in experiments performed during the flight of the "Cosmos-605" satellite, which carried 45 rats, tortoises, insects and bacterial cells. Organisms on board the "Cosmos-690" satellite were exposed to graded doses of radiation from
artificial sources of gamma radiation carried on board in order to study the combined effects of prolonged weightlessness and ionizing radiation.

The first space experiments involving comparative study of the influence of weightlessness and artificial gravity produced by the rotation of an onboard centrifuge were performed on the "Cosmos-782" and "Cosmos-936" satellites.

A radiotelemetric system provided continuous monitoring of the state of the experimental animals, and of physical [environmental] conditions on board the satellites during all phases of their flights. After the research plan had been fulfilled, the experimental subjects were returned to earth in a descent module.

At the present time it is not possible to keep biological subjects under constant surveillance when biological experiments are performed on unmanned spacecraft; nor is it possible to make repairs and adjustments on the scientific apparatus. *(Some information about the development of biological subjects during space flight can be obtained through the use of television.)* Manned spacecraft do not have these shortcomings. Biomedical experiments have been performed on virtually all of the manned flights in our nation (the "Soyuz" and "Salyut" programs). Here, the majority of the work associated with biomedical experiments has been assigned to the spacecraft crews. During the flight, the cosmonauts periodically perform a visual inspection of the subjects, and photograph interesting phenomena. The activity of the spacecraft crew in conducting biomedical experiments is supported by the usual active participation of specialists on earth, who perform on-line monitoring of the progress of the investigations and give special instructions to the crew. Many biomedical experiments are complex, i.e., the performance of a given manipulation on board the spacecraft is simultaneously accompanied by a control manipulation on earth. In this situation, experimental manipulations are adjusted on the basis of results obtained in both the space and the earth conditions.
BOOK REVIEWS

MUSCULOSKELETAL SYSTEM


NOTE: An abstract of this monograph [M9(6/85)] appeared in the previous issue (June 1985) of this digest.

Musculoskeletal System, Bone Physiology
Space Flight, Cosmos and Salyut-1
Weightlessness
Radiobiology

The monograph being reviewed is the result of many years of work on the subject of the pathophysiology of mineral and protein metabolism in the skeletal system performed by the leading specialists of some of our chief institutes. The data presented in this book are of unquestioned current importance since extreme effects (ionizing radiation, weightlessness, acceleration, hypokinesia and other space flight factors), and also laser irradiation, are impinging more and more on human activity. For this reason, it is essential to predict the potentially pathogenic effects of these factors and to learn how to prevent them.

This monograph, 200 pages in length, contains 60 tables, 42 figures and a diagram, all of which are well-executed and significantly facilitate understanding of the text. The bibliography contains 178 Soviet and 100 foreign references.

The book consists of an introduction; [four] sections ("The state of bone tissue under normal conditions," "Changes in bone tissue under simulated space flight conditions," "Changes in bone tissue under [actual] space flight conditions," "General pathogenesis of changes in calcified tissues under the influence of extreme conditions", a conclusion, and a bibliography.

The skeletal system has a number of heterogeneous functions, one of the most important of which is maintenance of homeostasis of mineral components, particularly Ca and P. Considering the role which Ca plays in biochemical and physiological processes at a number of levels, it is difficult to overestimate the significance of the skeletal system in providing high-capacity storage of Ca to ensure Ca homeostasis in the organism as a whole. The idea of the skeletal system as metabolically inert, or even stable, has long been considered outdated. This monograph emphasizes the lability of metabolism in the skeletal system and the capacity of this system to adapt metabolically to a variety of factors.

The methodological portion of this work is well written and could serve as a manual for novice researchers. Description of the authors' own
research precedes a broader overview, which presents the modern view of the structure, components and metabolism of bone tissue. Particular emphasis is given to the significance of the organic matrix of bone (collagenous and non-collagenous proteins, and lipids) and to bone mineralization. The book includes original diagrams of the structure and organization of bone (pg. 16) and of the functional changes in bone tissue in response to space flight factors (pg. 18). These diagrams represent a large number of aspects of the biochemical, physiological and morphological features of protein, non-organic components and cellular elements.

The mineral composition of bone tissue is extensively discussed in the first section of this monograph. Recently the famous American expert on the skeletal system, Glimcher (a number of whose works are cited in the monograph), expressed doubt concerning the presence of amorphous calcium phosphate in developing bone. However, the authors' own results allow them to refute Glimcher convincingly. In their discussion of the mechanism underlying regulation of mineral metabolism, the authors cite many interesting and important facts, although they fail to mention parotin as one of the hormones. The other divisions of the first section also demonstrate a thorough knowledge of the area. In a number of instances, the authors cite not only results, but also the methods by which these results (e.g., measurement of the microhardness of the bones of the human skeleton) were obtained.

The next chapters discuss the effects on the skeletal system of such extreme conditions as hypokinesia, asthenia, single exposures to high doses of X-rays, multiple exposures to low doses of high- and low-intensity laser radiation, as well as the combined effects of these space flight factors. Unique experimental material, well-chosen methods, and rigorously interpreted results are combined to allow the authors not only to obtain a great deal of extremely interesting data, but also to resolve certain contradictions existing in the previous literature. It is very important that the authors have succeeded in distinguishing the effects of the general stress factors which are unavoidable in space flight from the effects of specific factors indigenous to space, such as weightlessness, cosmic radiation, etc. A number of their results are new in an absolute sense, without precedent in either the Soviet or foreign literature. Many of their results are of general biological significance. For example, they demonstrate that the efficacy of the regeneration processes depends not only on exposure duration, but also on bone regeneration phase.

It is demonstrated that the reactions of the skeletal system to various extreme factors develop according to a single pattern. First, the metabolic rate increases sharply (adaptation phase), then decreases to below baseline level, and, if the force is excessively strong, falls substantially, leading to the destruction of bone (decompensation). Evidently, this pattern is a general one and may be extrapolated to other types of extreme effects. In addition, the authors have discovered a correlation between the intensity of the adverse factor and the relative intensities of the
various phases. Thus, a very high level of an extreme factor may lead to sharp depression or even complete disappearance of the first phase - the adaptation phase.

The book presents in detail data on phosphorous-calcium exchange in bones, and its relationship with metabolism of protein matrices, microelements, glycosaminoglycan, etc. It is argued that phosphate metabolism is more labile than Ca metabolism. Moreover, it is demonstrated that the metabolism of protein-bound phosphate and inorganic phosphate, concentrated in the mineral phase of bone, does not always change unidirectionally. Researchers must consider this finding, especially when they are measuring total phosphates. A major achievement in this monograph is the identification of a number of interrelationships between changes in the protein and mineral metabolisms of the skeletal bones. This is significant not only for space biology and medicine, but also for general medicine in the development of methods for treating bone pathologies. The authors have also established that there are differences in metabolic rate for portions of the skeleton differing in origin and structure.

[A paragraph detailing typographical errors has been omitted.]

The monograph as a whole represents a substantial contribution to osteology and adds much to our understanding of the metabolism of mineralized tissue, under both normal and pathological conditions. It is unfortunate that so few copies, 1700, have been printed.
It is well known that nystagmus of the eye is a vestibular-motor reaction which is significant in the clinical practice of otolaryngology and neurology. Its value in the diagnosis of a number of diseases and also in occupational selection is especially evident now that nystagmus can be recorded graphically and measured quantitatively and accurately. However, the variety of methodological approaches to its measurement, along with the fact that these are not always adequately justified theoretically, makes it virtually impossible to compare the results of the majority of previous investigations. Because of this, it is essential that the following tasks be performed as soon as possible: 1) classification of the features of the nystagmic reaction which are measured in nystagmometry; 2) optimization of existing tests of vestibular function; 3) theoretical justification of empirically derived methods for studying nystagmus; and 4) identification of the information derivable from one or another feature of nystagmus with respect to the diagnosis of various diseases.

The author of this monograph, M. M. Levashov, has devoted many years to the careful study of all aspects of the nystagmic reaction with the goal of facilitating its effective use in clinical practice. In this monograph he accomplishes the tasks listed above to a significant extent. His book summarizes not only his own results, but also data obtained by Soviet and foreign investigators over a period of many years.

The monograph is well-organized and consists of an introduction, four self-contained chapters, and a conclusion.

In the introduction, the author provides a general definition of the topic area he has selected -- nystagmometry. In this area, he includes both theoretical and applied investigations (physiological, clinical diagnostic, aerospace, cybernetic) using nystagmometry. These not only study the same phenomenon -- nystagmus, but also share a common quantitative approach. In vestibulology (which is only one of the possible applications of nystagmometry), nystagmus is studied in order to gain knowledge about the vestibular system. The author discusses the basic features and properties of vestibular nystagmus; the use of nystagmus as a means of analyzing spatial orientation and statokinetic stability in humans; interactions between the visual and vestibular systems, and among various portions of the
NEUROPHYSIOLOGY

labyrinth; and analyzes the influence of extralabyrinthine factors on vestibular reactions. In other words, he describes the nystagmus as studied in experimental and theoretical nystagmometry. However, nystagmometry can also be used to solve applied problems, such as the development of quantitative methods for differential diagnosis, professional selection, and evaluation of therapeutic measures. The ultimate goal of this kind of research is the establishment of standards for identifying the normal and pathological states of the vestibular system and, where pathology is indicated, further specifying and refining the diagnosis (local or widespread pathological process, degree of vestibular dysfunction, etc.). To solve applied problems in nystagmometry, as the author states, it is essential not only that empirically derived research techniques be theoretically justified and that vestibular tests be optimized, but also that a number of engineering problems (e.g., calibration of vestibular stimulation, reliable recording of nystagmus, automated processing of numerical data, etc.) be solved.

From the above, the reader will have gained a clear idea that, of the broad range of problems related to nystagmometry, this monograph examines only those which can serve as sources of new information about the functioning of the vestibular apparatus and about the interactions of the vestibular system with other sensory systems. In addition, it covers problems related to increasing the effectiveness of vestibular diagnosis, with particular emphasis given to tests for identifying hidden dysfunctions. An attempt is also made to define the direction of future nystagmometric research.

Chapter 1 introduces the reader to tonic and rhythmic vestibular reactions. A major portion of the chapter is devoted to rhythmic nystagmus, which reflects the interaction between the semicircular canals of the labyrinth. Information is cited about the paths and centers of nystagmus, the slow and fast component systems, the phenomenon of extinction, and the influence of various portions of the central nervous system on vestibulomotor reflexes. Using the example of the interaction between the vestibular and auditory functions, the author makes a strong case for the utilization of nystagmometric features for the differential diagnosis of the level of central nervous system involvement. In this same chapter, he covers the major problems encountered when nystagmometry is used: calibration, recording of rotor nystagmus, creation of vestibulometric tests for quantitative evaluation of the functions of the vertical canals and otolith system, etc.

Chapter 1 ends with a discussion of the significance of quantitative study of nystagmic reactions for research on the mechanisms underlying nystagmus, as well as for the development of new vestibulometric tests and diagnostic techniques.

Chapter 2 covers the use of nystagmometry for studying visual-vestibular integration. Citing physiological experiments on animals, the author demonstrates the close functional connection between vestibular and optokinetic nystagmus. He very convincingly demonstrates that eye movements in response to combined stimulation (vestibular and optokinetic) may form the basis for the development of
new kind of vestibular test. The phenomenon studied using such tests would be the mechanisms underlying the interaction of the vestibular and optokinetic systems which participate in the formation of the adaptive reactions of vestibulo-optokinetic nystagmus.

Chapter 3, the central chapter and the one which is most relevant to applied research, examines the systematization of nystagmometric features. The author demonstrates that, when using nystagmometric features, it is essential to formulate a precise statistical description of the norm, and to determine how nystagmic parameters are distributed. The nontraditional nystagmometric and multidimensional features proposed by the author are of particular interest from the standpoint of applied nystagmometry. In this chapter he also formulates the most important diagnostic principles.

Chapter 4 presents a detailed mathematical model of the bithermal test. The proposed model is used to derive the most promising future directions for the study of the mechanisms underlying the phenomenon of directional dominance in its various manifestations, particularly, in nystagmic extinction. In addition, the use of this model increases the amount of information derivable from the bithermal test and makes it possible to clarify issues (detection of compensation, elimination of pathology, etc.) not addressed in traditional evaluations.

In conclusion, the author considers the prospects for the use of automated systems to record and process nystagmograms and to perform diagnosis. He enumerates the necessary prerequisites for accomplishing these goals, as well as the difficulties involved in this new trend in the development of nystagmometric research.

The monograph is well illustrated, and cites a bibliography of more than 500 Soviet and foreign sources.

M.M. Levashov's book will be of value to a wide circle of readers: clinicians in otoneurology, physiologists, engineers interested in the mathematical description and modeling of biological processes, and specialists in aerospace medicine.
OTHER CURRENT RUSSIAN TITLES RELEVANT TO SPACE LIFE SCIENCES

We offer a list of titles of Soviet publication articles not selected for abstraction which may be of interest to NASA life scientists. As far as we know, the texts of these articles are available only in Russian at this time.

Kosmicheskaya Biologiya i Aviakosmicheskaya Meditsina. 19(3); 1985.
Material not abstracted in this issue of the Digest.

Rudnyi NM. The 40th anniversary of the victory in the Great Patriotic War and the development of aerospace medicine. 4-7.

Program review of sessions on Aerospace Medicine and Psychology presented at the XIV Gagarin Lectures. 89-93. [A description of this conference is given in the June issue of this digest.]

Obituary for Petr Kuz'mich Isakov, Chairman of the Aerospace Medicine Division of the Moscow Physiological Society. 93-94.

Arkhiin Anatomii, Gistologii i Embriologii [Archives of Anatomy, Histology and Embryology]. LXXXVIII(3); 1985.

Rodionova AV. Age and individual differences in the structure of the aortal valve in humans. 44-52.

Fizicheskoy Kultury [Physical Culture]. 1985(2).

Shape of the sphygmogram of the carotic, radial, and femoral arteries in athletes who have just engaged in exercise at temperatures of 20 and 35°


Rusin VYa, Nasolodin VV, Vorob'ev VA, Krustaleva TN. Changes in the microelement components of the blood and internal organs in animals subjected to muscular stress of varying intensity. 377-381.


LXXI(4); 1985.

Minassyan SM, Baklavadzhyan OG, Oganesyan AO, Chiflikian MD. The effect of vibration and noise on the biogenic amines in certain structures of the brain, blood and adrenal glands in rabbits. 439-446.
Osadchiy LI, Baluyeva TV, Sergeyev IV. Factor analysis of factors affecting cardiac output during suppression of the sinocarotoid reflexogenic area. 500-506.

Zver'kova, YeYe. Changes in the general resistance of rats during readaptation following exposure to an altered gaseous medium. 523-527.

Fiziologicheskiy Zhurnal (Akademiya Nauk Ukrainskoy SSR) [Physiological Journal of the Ukranian Academy of Sciences]. 31(1); 1985.

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CURRENT TRANSLATED SOVIET LIFE SCIENCE MATERIALS AVAILABLE TO OUR READERS

Translations of recent Soviet publication, including those of interest to specialists in space life sciences, are published by Joint Publications Research Service (JPRS). JPRS publications may be ordered from the National Technical Information Service (NTIS), Springfield, Virginia 22161. When ordering, it is recommended that the JPRS number, title, date and author, if applicable, of publication be cited.

Two JPRS USSR Report Series appear of particular interest to NASA life scientists. These are: 1) Space and 2) Life Sciences: Biomedical and Behavioral Sciences. In addition, JPRS translates the entire issue of the bimonthly Space Biology and Aerospace Medicine. As a service to our readers we will regularly provide publication information for these reports and cite the titles of a sample of articles selected as potentially of particular relevance to NASA biomedical concerns. Translations of article titles are those of JPRS.

USSR REPORT ON LIFE SCIENCES BIOMEDICAL AND BEHAVIORAL SCIENCES

JPRS-UBB-85-10-L, 22 MAY 1985

Selected Contents:

Transport of Electrons in Biological Systems
(Rubin AB, Shinkarev VP; Book Annotation; 5 pages)

Enhancement of Crop Yields by Ionizing Radiation
(Newspaper Article; 1 page)

Guidelines for Setting up Experiments Dealing with Development of Models of Complicated Operator Actions
(Zarakovskiy GM, Rysakova SL, et al. Journal Article; 15 pages)

Law of Mutual Adaptation of Man and Machine
(Venda VF; Journal Article; 12 pages)

Investigation and Modeling of Infectious Process
(Blyugr AF, Book Annotation and Chapter Synopses; 12 pages)

Pharmacological Correction of Fatigue
(Bobkov YG, Vinogradov VM, et al; Book Annotation; 3 pages)

JPRS-UBB-85-011-L, 28 MAY 1985

Selected Contents:

Adaptation of Organisms to Conditions of Far North
(Book Annotation; 4 pages)

Molecular Mechanisms of Radiation Sickness
(Romantsev YeF, Blokhina WD, et al.; Book Annotation; 3 pages)
JPRS-UBB-85-012-L  26 JUNE 1985

Selected Contents:

General Patterns of Sensory Processes During Exposure to Extreme Stimuli (Medvedev VI, Gibadulin TV, et al; Journal Article; 7 pages)

Homeostatic Processes in Isolated Systems and Body
(List of Titles of Conference Papers; 11 pages)

Effect of Endogenous Processes of Formation and Growth of Gas Bubbles on Safety of Decompression (Nikolayev VP; Journal Article; 6 pages)

JPRS-UBB-85-13, 19 APRIL 1985

Selected Contents:

Magnetocardiograph More Sensitive than EKG
(Newspaper Article Excerpt; 1 page)

Effects of Hypoxic Hypoxia on Rat Lymph Node Ultrastructure
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JPRS-UBB-85-018 28 JUNE 1985

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(Lepikov A; Newspaper Article; 3 pages)

Speech Analysis for Assessing Pilots' Working Fitness
(Dvigantsev S; Journal Article; 2 pages)

Formation of New Microvessels in Skeletal Muscles of Rats Exposed to Hypobaric Hypoxia for One Week (Kondashhevskaya MV, Koshelev VB, et al.; Journal Article Abstract; 1 page)
Effects of Immobilization and High-Altitude Adaptation on Energy Metabolism in Rats (Sutkovoy DA, Baraboy VA; Journal Article Abstract; 1 page)

Effects of Blood Volume Overload on Myocardial Ultrastructure in Relation to Adaptation to High Altitude Hypoxia (Kadyraliyev AK, Tilis AYu; Journal Article Abstract; 1 page)

Cardiorespiratory Function and Work Performance During Adaptation to Industrial Labor in Midalpine Conditions (Mambetaliyev BS, Akynbekov KU; Journal Article Abstract; 1 page)

Structural Changes in Thyroid Due to High-Altitude Adaptation in Kirghizia (Lyamtsev VT, Razumovskiy, et al.; Journal Article Abstract; 1 page)

Methodologic Approaches to Prediction of Functional Status of Body Exposed to Unfavorable Environmental Factors (Shpilevskiy EM, Lugovskiy VK, et al.; Journal Article Abstract; 1 page)

Effects of Physical, Chemical or Biological Factors on DNA Replication in Mammalian Cells. Part 2. Recovery of DNA Complex, Nucleoid and DNA Replication After Gamma Irradiation (Synzynys BI, Kiseleva, et al.; Journal Article Abstract; 1 page)
This is the second issue of the bimonthly digest of USSR Space Life Sciences. Abstracts are included for 39 Soviet periodical articles in 16 areas of aerospace medicine and space biology and published in Russian during the first half of 1985. Selected articles are illustrated with figures from the original. In addition, translated introductions and tables of contents for 14 Russian books on 11 topics related to NASA's life science concerns are presented. Areas covered are: adaptation, biospherics, body fluids, botany, cardiovascular and respiratory systems, cybernetics and biomedical data processing, gastrointestinal system, group dynamics, habitability and environmental effects, health and medical treatment, hematology, immunology, life support systems, metabolism, musculoskeletal system, neurophysiology, psychology, radiobiology, and space biology. Two book reviews translated from the Russian are included and lists of additional relevant titles available either in English or in Russian only are appended.
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