SAFETY STANDARD FOR
LIFTING DEVICES AND EQUIPMENT

NASA Office of Safety and Mission Quality
Washington, D.C. 20546
NASA SAFETY STANDARD FOR LIFTING DEVICES AND EQUIPMENT

PREFACE

EFFECTIVE DATE:

The NASA Safety Standard for Lifting Devices and Equipment establishes uniform design, testing, inspection, maintenance, operational, personnel certification, and marking requirements for lifting devices and associated equipment used in support of NASA operations.

This standard expands on NHB 1700.1(V1), NASA Basic Safety Manual, policy and guidelines for safety assurance. It is a compilation of pertinent requirements from the Occupational Safety and Health Administration (OSHA), American National Standards Institute (ANSI), Crane Manufacturers Association of America (CMAA), and unique NASA requirements. The intent is to provide an opportunity to combine the knowledge of all NASA centers, standardize definitions, clarify/document OSHA interpretations, address the subject of criticality, and develop standardized requirements. The intent is not to be a substitute for OSHA regulations as OSHA regulations are applicable in total, and the applicable ANSI and CMAA standards shall be applied in full.

Compliance with this standard is mandatory for all NASA-owned and NASA-contractor-supplied equipment used in support of NASA operations. The individual installation safety organizations are responsible for implementation and enforcement. This document establishes minimum safety requirements; NASA installations are encouraged to assess their individual programs and develop additional requirements as needed.

This standard is issued in loose-leaf form and will be revised by page changes.

Comments or suggestions concerning the application of these requirements to specific projects should be referred to the National Aeronautics and Space Administration Headquarters, Director, Safety Division, Office of the Associate Administrator for Safety and Mission Quality, Washington, D.C. 20546.

This Safety Standard cancels NSS/GO-1740.9, dated July 1988.

George A. Rodney
Associate Administrator
Safety and Mission Quality

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# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 1: INTRODUCTION</td>
<td></td>
</tr>
<tr>
<td>100 General</td>
<td>1-1</td>
</tr>
<tr>
<td>101 Policy</td>
<td>1-1</td>
</tr>
<tr>
<td>102 Recordkeeping and Trend Analysis</td>
<td>1-2</td>
</tr>
<tr>
<td>103 Applicability and Exclusions</td>
<td>1-2</td>
</tr>
<tr>
<td>104 Variances</td>
<td>1-2</td>
</tr>
<tr>
<td>105 Reference Documents</td>
<td>1-3</td>
</tr>
<tr>
<td>Chapter 2: OVERHEAD CRANES</td>
<td></td>
</tr>
<tr>
<td>200 General</td>
<td>2-1</td>
</tr>
<tr>
<td>201 Design Safety Aspects</td>
<td>2-1</td>
</tr>
<tr>
<td>202 Testing</td>
<td>2-8</td>
</tr>
<tr>
<td>203 Inspection</td>
<td>2-10</td>
</tr>
<tr>
<td>204 Maintenance</td>
<td>2-13</td>
</tr>
<tr>
<td>205 Personnel Certification</td>
<td>2-15</td>
</tr>
<tr>
<td>206 Operations</td>
<td>2-16</td>
</tr>
<tr>
<td>207 Special Criteria</td>
<td>2-20</td>
</tr>
<tr>
<td>Chapter 3: MOBILE CRANES</td>
<td></td>
</tr>
<tr>
<td>300 General</td>
<td>3-1</td>
</tr>
<tr>
<td>301 Design Safety Aspects</td>
<td>3-1</td>
</tr>
<tr>
<td>302 Testing</td>
<td>3-4</td>
</tr>
<tr>
<td>303 Inspection</td>
<td>3-6</td>
</tr>
<tr>
<td>304 Maintenance</td>
<td>3-9</td>
</tr>
<tr>
<td>305 Personnel Certification</td>
<td>3-10</td>
</tr>
<tr>
<td>306 Operations</td>
<td>3-12</td>
</tr>
<tr>
<td>307 Special Criteria</td>
<td>3-18</td>
</tr>
<tr>
<td>Chapter 4: HOISTS</td>
<td></td>
</tr>
<tr>
<td>400 General</td>
<td>4-1</td>
</tr>
<tr>
<td>401 Design Safety Aspects</td>
<td>4-1</td>
</tr>
<tr>
<td>402 Testing</td>
<td>4-6</td>
</tr>
<tr>
<td>403 Inspection</td>
<td>4-8</td>
</tr>
</tbody>
</table>
TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Par.</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>404</td>
<td>4-11</td>
</tr>
<tr>
<td>405</td>
<td>4-13</td>
</tr>
<tr>
<td>406</td>
<td>4-14</td>
</tr>
<tr>
<td>407</td>
<td>4-16</td>
</tr>
</tbody>
</table>

CHAPTER 4: HOISTS (Continued)

<table>
<thead>
<tr>
<th>Par.</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>404</td>
<td>Maintenance</td>
</tr>
<tr>
<td>405</td>
<td>Personnel Certification</td>
</tr>
<tr>
<td>406</td>
<td>Operations</td>
</tr>
<tr>
<td>407</td>
<td>Special Criteria</td>
</tr>
</tbody>
</table>

CHAPTER 5: HOOKS

<table>
<thead>
<tr>
<th>Par.</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>500</td>
<td>5-1</td>
</tr>
<tr>
<td>501</td>
<td>5-1</td>
</tr>
<tr>
<td>502</td>
<td>5-1</td>
</tr>
<tr>
<td>503</td>
<td>5-2</td>
</tr>
<tr>
<td>504</td>
<td>5-2</td>
</tr>
</tbody>
</table>

CHAPTER 6: HYDRA-SETS

<table>
<thead>
<tr>
<th>Par.</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>600</td>
<td>6-1</td>
</tr>
<tr>
<td>601</td>
<td>6-1</td>
</tr>
<tr>
<td>602</td>
<td>6-1</td>
</tr>
<tr>
<td>603</td>
<td>6-2</td>
</tr>
<tr>
<td>604</td>
<td>6-3</td>
</tr>
</tbody>
</table>

CHAPTER 7: SPECIAL HOIST SUPPORTED PERSONNEL LIFTING DEVICES

<table>
<thead>
<tr>
<th>Par.</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>700</td>
<td>7-1</td>
</tr>
<tr>
<td>701</td>
<td>7-1</td>
</tr>
<tr>
<td>702</td>
<td>7-3</td>
</tr>
<tr>
<td>703</td>
<td>7-5</td>
</tr>
<tr>
<td>704</td>
<td>7-7</td>
</tr>
<tr>
<td>705</td>
<td>7-7</td>
</tr>
<tr>
<td>706</td>
<td>7-8</td>
</tr>
</tbody>
</table>
TABLE OF CONTENTS

CHAPTER 8: SLINGS

800 General 8-1
801 Design Safety Aspects 8-1
802 Testing 8-1
803 Inspection and Maintenance 8-3
804 Operations 8-7

LIST OF TABLES

2-1 Grounding/Lifting Criteria Matrix for Load Type and Conditions 2-21
8-1 Proofload Test Factors 8-2
8-2 Periodic Load Test Factors 8-2
8-3 Minimum Safety Factors for Slings 8-8

APPENDICES

Appendix A: Acronyms and Definitions A-1
Appendix B: NASA Alternate Standard for Suspended Load Operations B-1
Appendix C: Hand Signals C-1
CHAPTER 1: INTRODUCTION

100 GENERAL

This publication establishes NASA's minimum safety requirements for the design, testing, inspection, certification/recertification, maintenance, and use of overhead and gantry cranes (including top running monorail, underhung, and jib cranes), mobile cranes, derricks, hoists, and special hoist supported personnel lifting devices (these do not include elevators, ground supported personnel lifts, or powered platforms, see Chapter 7). It also addresses minimum requirements for the testing, inspection, and use of Hydra-sets, hooks, and slings.

101 POLICY

a. Compliance with this standard is mandatory for all NASA-owned and NASA contractor-supplied equipment used in support of NASA operations. The individual installation safety organizations are responsible for implementation and enforcement. This document establishes minimum safety requirements; NASA installations are encouraged to assess their individual programs and develop additional requirements as needed.

b. This document is not a substitute for OSHA regulations. OSHA regulations apply to NASA operations in full.

c. There are two categories of lifting operations for the purposes of this standard, critical and noncritical.

(1) Critical lifts involve lifting and lowering operations with special, high dollar items, such as spacecraft, one-of-a-kind articles, or major facility or program components, whose loss would have serious impact on the program. Critical lifts also involve operations that do not fall into the one-of-a-kind, special category, but that do require special provisions to ensure the safety of personnel and equipment (e.g., charged pressure systems, toxic materials, explosives, and approved suspended load operations). SRM&QA representative(s) shall be present to monitor critical lift operations for compliance with this document.

(2) Each center or program shall establish a system to identify those lifts or lifting hardware used for critical lifts. It is NASA policy that comprehensive safeguards be provided for these critical lifting operations/use of lifting equipment. For all critical lifts, the requirements outlined in this standard shall be followed unless a specific deviation/waiver is approved as outlined in Paragraph 104. Different levels of risks associated with critical lifts shall be evaluated using the risk determination criteria in NHB 1700.1(V-1).
Noncritical lifting and lowering operations typically involve routine minimal hazard lifts and are governed by standard industry rules and practices such as OSHA, CMAA, ANSI, etc., except as supplemented with unique NASA testing, operations, maintenance, inspection, and licensing requirements contained in this standard. For all noncritical lifts, the requirements outlined in this standard shall be followed unless a specific deviation/waiver is approved as outlined in Paragraph 104.

102 RECORDKEEPING AND TREND ANALYSIS

A data collection system shall be established at each installation or location to support NASA-wide lifting device trend and data analysis. Data entered locally would typically be associated with type and manufacturer of the equipment, age, maintenance history, operational problems and their corrective actions, lifting mishaps, safety notices, inspection discrepancies, waivers, and proof and load test results. The data shall be provided to the NASA Safety Information System (NSIS) for use in analyzing the overall state of NASA and NASA contractor support lifting equipment and in establishing a historical data base. The NSIS is currently in development at NASA Headquarters Safety Office. Further guidance on its effect on this document shall be provided upon system implementation.

103 APPLICABILITY AND EXCLUSIONS

The testing, inspection, certification/recertification, maintenance, operational, and licensing requirements apply to new and existing hardware. The design/hardware requirements contained herein are applicable to new hardware purchased after 6 months from the issue date of this document. Existing equipment shall be reviewed for compliance with all design/hardware aspects of this standard within 12 months of its issue. Deviations from the design/hardware requirements shall be approved as outlined in Paragraph 104. The deviation documentation shall include any alternate or special criteria or procedures that will be imposed to ensure safe design and operations for those devices that do not meet the applicable requirements. This document does not include coverage for forklifts, front-end loaders, elevators, aerial buckets, boom supported work platforms, scissor lifts, and manlifts.

104 DEVIATIONS AND WAIVERS

a. NASA deviations and waivers do not apply to OSHA regulations. OSHA regulations apply to NASA operations in full. Any deviation/waiver of an OSHA regulation must be approved by OSHA (e.g., NASA Alternate Standard for Suspended Load Operations).

b. If a mandatory requirement (other than OSHA) cannot be strictly met, a deviation/waiver package shall be prepared in accordance with NHB 1700.1(V-1). If the area of noncompliance concerns critical lift operations and/or equipment used for critical lifts, the deviation/waiver package shall be submitted to NASA Headquarters Safety Division for
review and approval. All other NASA deviations/waivers shall be approved by the facility NASA SRM&QA Director. Emergency, one time only, deviations/waivers where actions must be taken immediately to protect life and/or property, may be approved by the facility NASA SRM&QA Director regardless of lift category.

c. All deviation/waiver documentation shall be provided to NASA Headquarters for incorporation into the NSIS.

105 REFERENCE DOCUMENTS

a. Department of Labor: Occupational Safety and Health Administration (OSHA); Occupational Safety and Health Standards, 29 CFR 1910, Subpart N:

(1) 1910.179, Overhead and Gantry Cranes.

(2) 1910.180, Crawler, Locomotive, and Truck Cranes.

(3) 1910.181, Derricks.

(4) 1910.184, Slings.

(5) 1910.29, Mobile Work Platforms.


(1) B30.2, Overhead and Gantry Cranes (multiple girder).

(2) B30.5, Crawler, Locomotive, and Truck Cranes.

(3) B30.6, Derricks.

(4) B30.7, Base Mounted Drum Hoists.

(5) B30.9, Slings.

(6) B30.10, Hooks.

(7) B30.11, Monorails and Underhung Cranes.

(8) B30.16, Overhead Hoists.

(9) B30.17, Overhead and Gantry Cranes (single girder).

(10) MH27.1, Specifications for Underhung Cranes and Monorails.
(12) A10.4, Safety Requirements for Personnel Hoists.
(13) A10.22, Safety Requirements for Rope Guided and Nonguided Workmans Hoist.
(14) A10.28, Safety Requirements for Workplatforms Suspended from Cranes or Derricks.
(15) A39.1, Safety Requirements for Window Cleaning.
(22) ANSI/ASME HST-6M-1986, Performance Standard for Air Wire Rope Hoists.

c. National Aeronautics and Space Administration (NASA).

(1) NHB 1700.1 (Vol. 1A), Basic Safety Manual.
(2) NHB 7320.1, Facilities Engineering Handbook.
(3) NASA SPECSINTACT, Standard Construction Specification System.
(4) NASA SPECSINTACT, Section 14370, Monorails and Hoists.
(5) NASA SPECSINTACT, Section 14380, Electric Overhead Cranes.

d. Crane Manufacturers Association of America, Inc.
(1) CMAA Specification #70, Specifications for Electric Overhead Traveling Cranes.


e. Other

(1) NFPA #70, National Electric Code.

(2) NEMA – National Electrical Manufacturers Association.

(3) SAE J765, Crane Load Stability Test Code.


(7) PCSA – Power Crane and Shovel Association, Standards No. 1, No. 2, No. 4, and No. 5.
CHAPTER 2: OVERHEAD CRANES

200 GENERAL

This chapter establishes safety standards for the design, testing, inspection, certification/recertification maintenance, and operation of overhead and gantry cranes, including underhung, monorail, jib cranes, and personnel certification.

201 DESIGN SAFETY ASPECTS

Generally, high quality off-the-shelf, Original Equipment Manufacturer (OEM) type equipment is acceptable for critical lifts with the design testing, inspection, and operator training required by this standard in addition to the normal manufacturer's design safety criteria listed below.

a. Safety design criteria that should be emphasized during overhead crane design are contained in the documents listed in Paragraph 105.

b. Labeling of Cranes Used for Critical Lifts. Cranes that have the necessary design features, maintenance/inspection, and test intervals to lift critical loads will be marked conspicuously so that the operator and assurance personnel can distinguish that the crane is qualified for critical lifts. The rated load of each crane shall be plainly marked on each side of the crane, and if the crane has more than one hoisting unit, each hoist shall have its rated load marked on it or its load block and this marking shall be clearly legible from the ground floor.


(1) A process shall be developed to identify those cranes that must meet critical lift requirements. Input will be gathered from facility, program, user, and assurance personnel. The results of the process will be documented and provided to the Center SRM&QA Director for approval.

(2) A design hazard analysis shall be performed on all cranes used for critical lifts to determine potential sources of danger, most probable failure modes, and recommended resolutions for those conditions found in the hardware-facility-environment-human relationship that could cause loss of life, personal injury, loss of crane, facility, or load. The analysis shall also include crane description, reference documentation, severity assessment, and assessment of certain passive and structural components between the hook and the holding brakes. Hazards that are identified shall be tracked (recorded and current status maintained) until final closure is verified. A system of risk acceptance is required for hazards that cannot be eliminated in a practical manner. The hazard analysis
d. **Performance.** Life, crane service classification, load capability, and the desired control characteristics with which the crane handles the load shall be addressed for all designs. The expected life shall be specified or detailed for system components. Crane service classification requirements shall be based on the worst expected duty the unit will encounter. Each load bearing component shall be specified or detailed to lift the maximum imposed loads resulting from zero to rated hook load with appropriate safety factors. Operational requirements shall be considered in the design phase to ensure load and function are adequately defined and critical crane design features are incorporated on the delivered units.

e. **Structural.** Structural design shall be in accordance with industry standards for material selection, welding, allowable stresses, design limitations, framing, rails, wheels, and other structural elements. Refer to CMAA standards for specific design details.

f. **Mechanical.** The use of high quality off-the-shelf, OEM type equipment is acceptable for critical and noncritical lift applications, as long as this equipment meets all user and handling requirements of and including capacity, lift, hook approach, crane service classification, motor ratings, hazard proofing, operating speeds, and controls. This high quality commercial equipment employs a modular type construction of the hoist unit with standard frame sizes and interchangeable gear boxes, drums, motors, brakes, and controls to achieve a wide range of capacities, lifts, operating speeds, reeving arrangements, and controls. These interchangeable parts are standardized for each manufacturer's product line and the hoists are built to order. These units can be used to the widest extent possible, provided they meet the requirements above. The mechanical design requirements for crane components are as follows:

1. They meet all applicable requirements of OSHA, ANSI, and CMAA.

2. For critical lift application, speed reduction from the motor to the drum on the hoist should be achieved by enclosure in a gearcase. If open gears are required, they shall be guarded with a provision for lubrication and inspection.

3. Gearing shall be designed and manufactured to comply with the latest American Gear Manufacturers Association (AGMA) gear standards.

4. Hooks shall have safety latches (heavy duty latches are preferred). Hooks shall be free to swivel and shall rotate 360 degrees on antifriction bearings with means for lubrication. If grease is a
contamination concern, then either drip funnels (cups) or nonlubricated bearings may be provided.

(5) **Each hoisting unit** shall be provided with two means of braking: a holding brake and a control brake. The torque ratings, physical characteristics, and capabilities shall be in accordance with CMAA specifications. For cranes used for critical lifts, two means of braking shall be capable of bringing a rated load to zero speed and holding it (with and without power).

(6) **The use of worm gears as a speed reducer only, is acceptable without reservations.** Worm gears are not acceptable as a braking means unless no reasonable alternative exists and the lead angle is sufficient to prevent back driving. The braking properties of a worm gear tend to degrade with use; the design engineer should consider this when purchasing new equipment or in existing installations where the hoist is subject to heavy use.

(7) The use of cast iron components in the hoist load path is considered acceptable in the hoist industry. However, the material properties of cast iron are such as to allow catastrophic failure and should not be considered as reliable as steel or cast steel. The engineer should consider this when selecting equipment and avoid the use of load bearing cast iron materials.

(8) **Safe and adequate access to crane components to inspect, service, repair, or replace equipment shall be provided for during design.**

(9) Pneumatic cranes shall have the capability to lock out the supply air pressure to prevent unauthorized use.

(10) The organization responsible for critical lifts shall ascertain that the crane(s) selected for the operation have "slow" speed mode(s) that provide for safe, smooth starting and stopping to preclude excessive "G" forces from being applied to the program critical hardware.

(11) **All wire rope hoists** shall have not less than two wraps of hoisting rope on the drum when the hook is in its extreme low position. Drum grooves, when provided, shall be as recommended by CMAA. The rope ends shall be anchored securely by a clamp or a swaged terminal in a keyhole slot, provided a keeper is used to prohibit the swage from moving out of the narrow slot. **Other methods recommended by the hoist or wire rope manufacturer are acceptable provided that the rope termination anchor in conjunction with two wraps of rope on the drum will give an anchor system equal to the breaking strength of the wire rope.**

(12) Manually operated (nonpowered) hoist cranes that are off-the-shelf OEM type are acceptable for critical lift applications. They shall
comply with applicable ANSI requirements. These hoists need only be equipped with at least one brake as described in industry standards and no limit switches, provided proper over-travel restraint is provided.

(13) Air operated chain hoists can be equipped with over-travel protection devices in lieu of the hoist travel limit switches.

(14) Initial and final upper limit switches shall be provided and tested for critical air operated hoists as described in Paragraph 201g(9). The final upper limit switch shall exhaust air from the crane hoist and set the brakes and require reset at upper limit switch level.

(15) When the use of high quality, off-the-shelf, OEM type equipment is not available because of high capacity, lift, crane service classification, hazard proofing, or operating controls, then the use of built-up type equipment is called for. These built-up cranes generally use many commercially available or made to order motors, brakes, couplings, gear reducers, etc. These components are then custom engineered together as an assembly mounted on custom designed and built equipment frames. In many cases, gear reducers, drums, and drive shafts are custom designed and built. Structural and mechanical parts, such as sheave pins, hook-block components, bridge girders, bridge and trolley drives, etc., are also custom designed and built as components or assemblies. The built-up type crane/hoist should only be used where commercial equipment is not available to meet the user/operational requirements described above. This type of equipment is generally more prone to breakdown and should be considered as less reliable than commercial equipment, due to the nature of its one of a kind design and construction, as opposed to proven engineering, heavy manufacture, and wide use of commercial OEM type crane/hoist equipment. These units should meet the following minimum requirements:

(a) Items listed above for off-the-shelf type equipment also apply to built-up equipment.

(b) **For critical lift application, speed reduction from the motor to the drum on the hoist should be achieved by enclosure in a gearcase. If open gears are required, they shall be guarded with a provision for lubrication and inspection.**

(c) Drum supporting structures should be designed so that bearings are mounted under compression to minimize wearing of the bearings and to increase the probability of maintaining the mesh between the drum gear and the drive gear in the case of bearing failure. The structure shall be designed to preclude failure of the bearings and drum.
supports. Pillow block bearings shall have steel, or cast steel housings (the use of cast iron is not permitted).

(d) In descending order of preference, the drum gear when used shall be integrally attached, splined, bolted with close fitting body-bound bolts to a flange on the drum, or pressed on and keyed to either the periphery of the hub or shell of the drum, or attached by other means of equal safety.

(e) Couplings shall be located immediately adjacent to bearings. Couplings between closely spaced bearings shall be of a full flexible type with integral gear form or grids, having metal to metal contact, and shall run in oil or be lubricated as recommended by the manufacture. All couplings for hoists shall be pressed fit with keys.

(f) Safe and adequate access to crane components to inspect, service, repair, or replace equipment shall be provided for during design.

g. Electrical. Electrical design requirements are as follows:

(1) Wiring and safety devices shall be in accordance with National Fire Protection Association (NFPA) National Electrical Code. Conduit and wiring shall be such that onsite work is minimized. Hard wire conductors such as festooned cables or articulated cable carriers, in lieu of power or feed rails, shall be considered for providing power and control to overhead cranes handling explosives or solid propellants or to cranes with solid state controls.

(2) Electrical enclosures shall provide protection for the contained equipment against environmental conditions in accordance with the class rating established by National Electrical Manufacturers Association (NEMA).

(3) Though not a requirement, in addition to electrical power overload protection required by the National Electrical Code, under-voltage, and phase reversal should be considered.

(4) Control stations shall operate on low voltage (150 Vdc, 120 Vac, or less). Positive detent pushbuttons or a control level shall be used for speed control. Controls shall return to the off position when the operator relieves pressure. A red, emergency stop, pushbutton shall be provided to operate the mainline contactor and/or the main circuit breaker. A positive lockout to the controls shall be provided to assure the safety of maintenance personnel.

(5) All cab operated cranes with step type control shall be equipped with lever controls. The levers shall be of the continuous effect
type and be provided with a deadman feature that will not unduly
tire the operator during lengthy operations.

(6) The electrical system shall be designed fail-safe to ensure that a
failure of any component will not cause the crane to operate in a
speed range faster than commanded. A failure that causes a speed
change faster than selected but within the speed range selected is
acceptable. Failure modes that cause the bridge, trolley, or hoist to
slow down or stop are acceptable. Failure modes that cause
unplanned directional shifts are unacceptable.

(7) Provisions for grounding the hook are required for handling
explosives, solid propellants, flammables, or any other load that
requires a nonelectrical or static free environment. See Paragraph
207.

(8) For cranes used for critical lifts, an assessment shall be performed
to determine the operational needs for remote emergency stops
independent from the operator controlled emergency stop. Not all
critical equipment may require a remote emergency stop. Remote
emergency stops are required for cases where the load is a critical
load and where the operator is required to see the load and when
view is restricted. When provided, this independent remote
emergency stop operator(s) have the visibility of the critical lift
area(s). The remote emergency stop circuit shall be separate from
and take precedence over the operator control circuit. For those
cranes required to make critical lifts that have not been modified to
provide a remote emergency stop, handling procedures shall be
developed and implemented to minimize the risk. The control,
when activated, shall cause all power to be cut off to the crane to
stop all drives and set the brakes. Hand-held remote emergency
stop pendants should be standardized and should include power and
circuit continuity indication.

(9) For cranes used for critical lifts, dual upper limit switches are
required. For electric cranes, the configuration shall be as follows:

   (a) Initial Upper Limit Switch - The electrical contacts shall be a
       set of normally closed contacts in the "raise" contactor circuit
       such that movement in the raise direction shall be precluded
       after the limit switch is encountered. Movement in the
       "lower" direction will not be inhibited.
(b) Final Upper Limit Switch – The electrical contacts shall meet either of the following:

1. A set of normally closed electrical contacts shall be wired into the mainline circuit or hoist power circuit such that all crane motion or all hoisting motion shall be precluded after the limit switch is encountered. These normally closed contacts may be located in the low voltage control circuitry.

2. A set of normally closed electric contacts shall be wired into the main contactor control circuit or power hoist contactor control circuit such that all crane motion or all hoisting motion shall be precluded after the limit switch is encountered. These normally closed contacts may be located in the low voltage control circuitry.

In either case after a final upper limit switch has been activated, movement of the load will require action (resetting) at the final upper limit switch level. An inspection shall be made to determine the cause of failure of the initial upper limit switch. When a hazardous condition is created by suspending a load due to stopping crane motion by the above design configuration, an alternate design means of detecting limit switch failure and provisions for safing may be provided. For example, a system may be equipped with two different colored annunciator lights, one for each limit switch. A reset button may be included so that when a switch is tripped the load can be lowered immediately allowing for safe inspection and repair.

The initial upper limit switch shall be adjusted sufficiently low to preclude inadvertent actuation of the final upper limit switch if the hoist actuates the initial upper limit switch at full speed with no load. Similarly, the final upper limit shall be adjusted sufficiently low to ensure that the hoist will not two-block (or otherwise damage wire rope) if the hoist actuates the final upper limit at full speed with no load. Both limits shall be tested from slow speed to full speed to verify correct operation. It should be noted that this requirement effectively lowers the usable hook height of the hoist. The limit switch arrangement needs to be considered during new equipment installations.

(10) For cranes used for critical lifts, lower limit switches to prevent reverse winding of the wire rope will be provided.
(11) Electrical cranes shall have the capability to be locked out at the main breaker to prevent unauthorized use.

202 TESTING

Three types of tests are required for cranes: proof load tests, rated load tests, and operational tests. The proof load tests and operational tests shall be performed prior to first use for new cranes, or for existing cranes that have had modifications or alterations performed to components in the load path. This applies only to those components directly involved with the lifting or holding capability of a crane that has been repaired or altered. Repairs or alterations to nonlifting, secondary lifting, or holding components such as suspension assemblies, electrical system, crane cab, etc., do not necessitate the need for a load test, although a functional check should be performed to determine if the repairs or alterations are acceptable. The rated load and operational tests shall be performed at least every 4 years. Cranes used frequently for critical lifts shall be load tested on an annual basis. Cranes used infrequently for critical lifts shall be load tested before the critical lift if it has been more than a year since the last test. If a crane is upgraded (increased lifting capacity), a proof load test and an operational test shall be performed based on the upgraded rating. The acceptable tolerance for test weight accuracy is ±2/±0%. All load and operational tests shall be performed by qualified personnel in accordance with written (specific or general) technical operating procedures approved by SRM&QA. A post load test inspection of the crane and lifting components shall be performed to ensure that there is no damage prior to the crane being released for service. This inspection may include NDE of components that are suspected to be cracked or otherwise affected by the test. The rated load test requirement may be fulfilled by a concurrently performed proof load test.

a. **Proof Load Test.** Before first use, all new or extensively repaired, extensively modified, or altered cranes shall undergo a proof load test at 1.25 times the rated load. A proof load test may also be performed when there is a question in design or previous test accomplishment. The load shall be lifted slowly and in an area where minimal damage will occur if the crane fails. Test loads shall not exceed the rated load times 1.25, unless approved by the SRM&QA Director and recommended by the manufacturer. The load rating of the crane shall be clearly marked to be legible from the operator's or user's position and shall not be more than the proof test weight divided by 1.25. Proof load tests conducted by the manufacturer prior to delivery are acceptable if the necessary test certification papers are provided to verify the extent and thoroughness of the test on that specific item, however, the facility, rail and subsystem base mounting structure must be considered and a system proof load test after installation is also required.

b. **Rated Load Test.** Each crane shall be tested at least once every 4 years with a load equal or greater than the rated load but not to exceed 110 percent. Cranes used frequently for critical lifts shall be load tested on a regular annual basis. Cranes used infrequently for critical lifts shall be
load tested before the critical lift if it has been more than a year since the last test.

c. **Operational Test.** When a proof load or rated load test is performed, an operational test with the rated load shall also be performed. The following functions shall be tested (except as noted in Paragraph 202-4).

(1) Load hoisting, lowering at various speeds (maximum safe movement up and down as determined by the SRM&QA directorate and the responsible engineering operations/maintenance organizations), and braking/holding mechanisms (holding brakes shall be tested to verify stopping capabilities and demonstrate the ability to hold a rated load). The normal time for holding the load is 3 to 5 minutes.

(2) Trolley and bridge travel (maximum safe movement in all directions with varying speeds as determined by the SRM&QA directorate and the responsible engineering operations/maintenance organizations).

(3) All limit switches, locking devices, emergency stop switches, and other safety devices, excluding thermal overload and circuit breakers. The limit switch, emergency stop, and locking device tests with the exception of the final upper limit switch shall be performed with no load on the hook at full speed. The final upper limit switch can be tested by manually tripping the switch and verifying that all hoist motion is precluded (see Paragraph 204b(3)).

(4) For cranes used for critical lifts equipped with at least two means of braking (main hoist), the operational test must demonstrate each brake’s ability to stop and hold a rated load. This can be done in one of the following ways:

(a) Each brake’s ability to hold shall be statically tested (under no load) with 150 percent of the rated load hoisting torque at the point of brake application.

(b) Alternately, each brake shall be tested for its ability to stop a rated load moving at full speed in the down direction.

(c) Other method(s) as specified by the SRM&QA directorate and the responsible engineering and operations/maintenance organizations.

It must be possible to quickly reenergize the out of circuit brake or provide other safety measures to perform this test safely.

d. The operational test for a modified crane can be tailored to test those portions of the equipment that was modified only if the normal annual rated load and operational test interval has not expired.
Alternately, if an organization desires to certify a crane for a specific lift on a one-time basis, a rated load test and an operational test are still required. In this case, the rated load test may be based on the weight of the specific load to be lifted. In order to consider both the static and dynamic effects of the lift, the actual weight will be increased by an appropriate factor as determined by the appropriate user and maintenance organization. The test weight shall not exceed the crane's normal rated load.

Test Reports and Periodic Recertification Tags. After each test, written, dated, and signed test reports shall be prepared by designated personnel, including procedure reference and adequacy of test. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and shall be made readily available by the organization responsible for testing the crane. Following the rated load test, cranes shall be given a tag to be permanently affixed identifying the equipment, stating the next required rated load test date or certification expiration date, and containing a quality control indication assuring that the rated load test has been accomplished and that the next required rated load test date does not exceed the specified interval.

203 INSPECTION

a. Safety inspections shall be performed on all cranes and crane accessories. Inadequacies discovered during an inspection shall be documented and, if determined to be a hazard, corrected prior to further use. Inspections shall be made by designated personnel in accordance with approved technical operating procedures. There are two types of safety inspections for cranes: daily and periodic.

b. All new, extensively repaired, or modified cranes shall be given a daily and a periodic inspection prior to first use. For component repair on cranes, only the inspections that apply to the repaired portion need to be performed prior to first use unless a periodic inspection interval expires during the downtime (see Paragraph 203e).

c. Cranes in regular service (used at least once a month) shall be inspected as required in Paragraphs 203d and 203e. Idle cranes shall be inspected in accordance with Paragraph 203f.
d. **Daily Inspections.** Daily inspections shall be performed by the certified operator prior to first use each day the crane is used, and shall include the following:

1. Check functional operating and control mechanisms for maladjustments that could interfere with normal operations.

2. **Without disassembling, visually inspect lines, tanks, valves, drain pumps, gear casings, and other components of fluid systems for deterioration and leaks.** This applies to components that can be seen from the ground level or for which there is safe access via crane inspection walkways.

3. Without disassembling, visually inspect all functional operating and control mechanisms for excessive wear and contamination by excessive lubricants or foreign matter.

4. Visually inspect hooks for cracks and deformities (see Chapter 5).

5. Visually (without climbing up to bridge) inspect rope reeving for proper travel and drum lay and inspect wire rope for obvious kinks, deformation, wire clips, and/or damage.

6. Visually inspect hoist chains for excessive wear or distortion.

e. **Formal Periodic Inspections.** Periodic inspections shall be performed at varying intervals, depending on activity, severity of service, environment, and criticality. At least once a year, unless otherwise specified below, inspect for:

1. Deformed, cracked, or corroded members and welds and loose bolts or rivets in crane structure. Various methods of nondestructive examination such as ultrasonics, x-ray, magnetic particle, dye penetrant, etc., shall be utilized as needed.

2. Cracked or worn sheaves and drums.

3. Wear or cracks in pins, bearings, shafts, gears, followers, and locking and clamping devices. NDE techniques should be used if cracks are suspected.

4. Wear in brake and clutch system parts, linings, pawls, and ratchets that are readily accessible without major disassembly beyond an acceptable limit. Major teardown to inspect such parts should be based on a frequency consistent with gearbox lubrication analysis and other manufacturers recommended maintenance programs for these components.

5. Inadequacies in load and other indicators over full range.
(6) Wear in chain drive sprockets and stretch in the chain beyond an acceptable limit.

(7) Abnormal performance in power plant(s) and compliance with applicable safety requirements, such as locations of guards on belts.

(8) Evidence of a malfunction in travel, steering, braking, and locking devices.

(9) Evidence of a malfunction in any safety device.

(10) Pitting or other signs of deterioration in electrical apparatus. Special attention shall be given to feed rails.

(11) Evidence of overheating.

Inspect Monthly For:

(12) Wear, twist, distortion, or stretch of hoist chains.

(13) Reduced diameter, broken or worn outside wires, kinks, unstranding, broken or corroded end connections, and crushed sections of wire rope (see Paragraph 204c).

(14) Visible deformation or cracks in hooks.

Suitable NDE shall be performed on hooks (see Chapter 5).

f. Idle and Standby Cranes. Cranes idle for more than one month shall be inspected prior to first use in accordance with the requirements of Subparagraphs 203d and 203e that were not performed at required intervals and recorded during the standby period.

g. Inspection Reports. After each formal periodic inspection of an active, idle, or standby crane, qualified, authorized personnel shall prepare written, dated, and signed inspection reports. These reports shall include procedure reference and adequacy of the crane. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and be made readily available by the organizational element responsible for crane inspection.
A preventive maintenance program shall be established based on manufacturer recommendations and/or experience gained from use of the equipment. The program shall include procedures and a scheduling system for normal periodic maintenance items, adjustments, replacements, and repairs. The program shall also ensure that records are kept and unsafe test and inspection discrepancies are documented and corrected.

a. **Maintenance procedures.** Before maintenance, adjustments, repairs, and replacements are initiated, the following safety precautions shall be taken:

1. Move crane to an area where maintenance will not interfere with other operations.

2. Turn off all controls and move main or emergency switch to OPEN, lock and tag switch in OPEN position unless it is necessary to have power on in order to perform the maintenance task.

3. If other cranes are operating on the same runway (overheads) as the crane being repaired, ensure that proximity limit switches are operating on all cranes or that an observer is stationed to prevent interference with other cranes.

4. After maintenance, do not operate cranes until all safety devices have been activated.

b. **Adjustments.** Based upon the manufacturer's documentation and/or experience, adjustments shall be made to assure that all crane components function properly, paying particular attention to:

1. Brakes.

2. Control system.

3. Limit switches*.

4. Power plants.

5. Critical operating mechanisms and safety devices.

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* The hoist initial upper limit switch shall be verified by running the empty hook at full speed into the limit switch. It is recommended that the switch be verified at slow speed prior to adjustment. For cranes used for critical lifts the final upper limit switch shall be independently verified and adjusted as described above at installation and after modifications that could affect final limit switch operation. The final upper limit switch can be tested periodically by manually tripping the switch and verifying that all hoist motion is precluded.
c. Repairs/Replacements.

(1) Crane hooks with deformation or cracks will be replaced with original equipment or equivalent or repaired if extenuating circumstances exist and are approved by the SRM&QA Director. Minor grinding of cracks is not considered repair providing an approved procedure is used. When repaired, hooks shall be proof load tested using the associated crane proof load value.

Repairs to hooks may only be made by certified or otherwise qualified personnel. It is advisable that hooks repaired by welding be derated due to the inherent differences introduced by welding (see Chapter 5 for inspection criteria).

(2) Structural members that are cracked, bent, broken, excessively worn, or corroded shall be replaced or repaired. Use proper material and weld/repair procedures in accordance with manufacturers specifications and ANSI/AWS D14.1-82.

(3) Wire rope shall be replaced based upon the following:

(a) Six randomly distributed broken wires in one rope lay or three broken wires in one strand in one lay.

(b) Individual outside wires with wear of 1/3 the original diameter.

(c) Kinking, crushing, bird caging, or any other damage resulting in distortion.

(d) Evidence of heat damage.

(e) End connectors that are cracked, deformed, or with evidence of rope pullout.

(f) Corrosion (internal or external) that results in reduction of rope diameter, or at end connectors.

(g) Reductions of nominal diameter (measured with a caliper) of more than:

1. 1/64 inch for diameters of rope up to 5/16 inch.
2. 1/32 inch for diameters 3/8 inch to 1/2 inch.
3. 3/64 inch for diameters 9/16 inch through 3/4 inch.
4. 1/16 inch for diameters 7/8 inch through 1-1/8 inch.
5 3/32 inch for rope diameters greater than 1-1/8 inch.

(4) When ropes are replaced or hooks repaired, a proof load test of the hook or rope shall be performed prior to use.

PERSONNEL CERTIFICATION

a. **Program.** Only certified (licensed) and trained operators shall be authorized to use/operate cranes. Operators shall be trained and certified in accordance with the NHB 1700.1 (Vol. 1-A) "Basic Safety Manual." A training, examination, and licensing program shall be established or made available. For those NASA installations that do not have a training program, all crane operators shall be trained and certified by a recognized crane certification organization that normally performs this function. Certification should also include riggers and flagmen.

b. **Levels.** Two levels of operator training and proficiency will be established for crane operators. Operations where critical lifts are involved will require a more rigid operator certification program than those operations that involve lifts of a more routine nature and that do not involve critical hardware or unique hazards. All crane operators will be certified to at least one of the two levels. The basic (noncritical) certification program will include the following:

   (1) **Training**

   (a) Classroom training in safety and first aid/emergency procedures, general performance standards, requirements, and pre-operational checks (for initial certification and as needed).

   (b) Hands-on training (for initial certification and as needed).

   (c) An annual review of the items in Subparagraph (a) above. (This may be conducted on an informal basis by local supervisory personnel.)

   (2) **Examination**

   (a) Physical Examination (criteria to be determined by the cognizant medical official using ANSI requirements).

   (b) Written examination.

   (c) Operational demonstration (for initial certification only).

   (3) **Licensing/Operator Certification**
(a) An organizational element shall be designated to issue operator licenses/operator certification. Provisions shall be made to revoke licenses for negligence, violations of safety requirements, or failure to meet medical standards. Provisions shall be made for periodic checks of operators to verify they have licenses in their possession. The licenses shall indicate the type of crane the holder is qualified to operate. Alternately, the organizational element may elect to maintain a master list of licensed operators in lieu of issuing individual licenses, providing copies of the list are readily available to assurance and supervisory personnel at the work site.

(b) Renewal of all licenses shall require demonstration of proficiency. Licenses or certifications will expire on a maximum basis of 4 years. Renewal procedures will be established by each licensing organization but as a minimum, will include items in Subparagraphs (1)(a), (2)(a), and (2)(b) above.

c. **Critical Lifts/Licensing/Certification.** In addition to the training, examination, licensing, and renewal requirements above, operators that are being certified to perform critical lifts must be trained in the specific hazards and special procedures associated with the lift. Operators must also demonstrate proficiency and operating finesse with the crane utilizing a test load as appropriate for the initial certification or alternately directly supervised by a certified operator during the first initial lifting period. The licenses will indicate specific cranes for which the operator is certified.

206 OPERATIONS

a. Although the operator is not responsible for determining the weight of the load, the operator is responsible for knowing the weight of the load and where the load is to be placed. If the operator does determine the weight or lifts the load without supervision, the operator becomes totally responsible for the lift and any consequences that may occur.

b. The following practices shall be observed for crane operations:

(1) Operating procedures describing crane operation, emergency steps, communication requirements, and special requirements including checklists and inspection requirements shall be prepared. There must be a formal system for review, approval, and updating to maintain valid operating procedures. Emergency procedures shall be developed for contingency actions such as power loss, brake failure, or other emergencies.
(2) Methods and procedures shall be developed for lowering a load in the event of crane failure or other contingencies. These should be demonstrated and verified if practical.

(3) A crane shall not be loaded beyond its rated load (capacity) except for required testing.

(4) Cranes should not be used to load test items such as slings, platforms, or lifting fixtures unless specifically identified to do so based on a specified percentage of rated load and a safety analysis report approved by the Center SRM&QA Director. This is to prevent damage to the crane due to sudden unloading should the test article fail.

(5) Cranes shall not be used for side pulls with or without a load on the hook. A side pull is considered to be an exaggeration (beyond design limit) of the fleet angle or the lead angle, as determined by visual inspection.

(6) Operational logs shall be located in the crane cab or in a central, easily accessible place, logs shall be checked for discrepancies by the operator prior to an operation or operator change. Operational logs are not required for user operated cranes, however, maintenance/inspection discrepancy records must be maintained by the appropriate group.

(7) The operator shall ensure that the crane is within inspection and testing intervals by examination of the periodic recertification tags and/or documentation.

(8) Before each lift or series of lifts the operator shall perform a pre-operational check to demonstrate operational readiness. If controls do not operate properly, the operator is responsible for notifying the supervisor. Repairs and adjustments shall be made before operations begin.

(9) The operator shall establish safety zones before initiating operations. Safety zones should have appropriate barriers (rope, cones, etc.) established prior to lift.

(10) The operator shall check the upper limit switch with no load at the beginning of the shift. If an operation is in progress or an item is attached to the crane hook at shift change, this check shall be made at the next reasonable opportunity. Upper limit switches shall not be used as operating controls.

(11) Before starting to hoist, the following conditions shall be noted: the hoist rope shall not be kinked, multiple part ropes shall not be
twisted around each other, and the hook shall be centered over the
load in such a manner as to prevent swinging.

(12) The operator shall test the holding brakes each time a load
approaching the rated load is handled. The brakes shall be tested
by raising the load minimally above the surface and holding the
load with the brake. The normal period of time to hold the load is
3 to 5 minutes.

(13) Prior to an operation, crane operators and/or lift supervisors shall
test the communication system. Operation shall stop immediately
upon communication loss, and shall not continue until
communication is restored. If hand signals are required, only
approved signals should be used.

(14) Crane crew emergency egress routes should be verified to be free of
obstructions prior to hazardous operations. The availability of
crane crew protective equipment should be verified prior to
hazardous operations.

(15) If there is a slack rope condition, it shall be determined that the
rope is properly seated on the drum and in the sheaves before
starting the hoist.

(16) During hoisting, care shall be taken that there is no sudden
acceleration or deceleration of the moving load and that the load
does not contact any obstructions.

(17) Loads shall be secured, balanced, and kept under control with
proper slings. The use of tag lines to keep the load stabilized shall
be required whenever load swinging is anticipated to be a viable
hazard. Tag line personnel shall take care not to impart
undesirable motion to the load.

(18) Person(s) shall not ride the hook or load at anytime. For personnel
lifting requirements, see Chapter 7.

(19) Personnel shall not be located under suspended or moving loads
unless the operation adheres to the OSHA-approved NASA
Alternate Standard for Suspended Load Operations.
(See Appendix B.)

(20) The load shall not be lowered below the point where less than two
full wraps of rope remain on the hoist drum.

(21) A responsible person shall be in-charge of the operation and shall
instruct all personnel involved in the proper positioning, rigging, and
moving to be done.
(22) An operator shall be at the crane controls at all times while a load is suspended. Any operator change required while a load is suspended shall be accomplished via a safety approved procedure designed for the specific crane and operation.

(23) Hands shall be free from encumbrances while personnel are using crane ladders. Articles that are too large to be carried in pockets or belts shall be lifted and lowered by handline.

(24) Necessary clothing and personal belongings in crane cab shall be stored so as not to interfere with access or operations. Tools, oil can, waste, extra fuses and other necessary articles shall be stored properly, and shall not be permitted to lie loose in the cab or on the crane. Operators shall be familiar with the operation and care of the fire extinguishers provided.

(25) Communication discipline shall be maintained during an operation. Only approved terminology shall be used. When possible, commands received from the ground should be repeated by the crane operator to the ground during an operation.

(26) Crane crew discipline shall be maintained at all times during a crane operation. There shall be no eating, drinking, or rowdiness during crane operation.

(27) Operations shall be analyzed for hazards. The analysis considers the environment in which the operation takes place, hazards associated with crane maintenance, and, in general, a systems safety analysis of the equipment, facility, load, and interfaces as a whole in support of the lifting operation.

(28) Specific procedures should be prepared for all critical lifts.

(29) Outdoor hoisting operations should not commence if winds are above 20 knots steady state.

(30) When raising loads that approach the rated capacity of the crane, the weight of the working load shall be known within 10 percent.

(31) Standard hand signals shall be used for all lifting operations. Signals shall be in accordance with Appendix C and shall be posted in a conspicuous location.
a. Special precautions shall be taken while handling explosives or Electro Explosive Devices (EEDs). Safety support shall be available. Barricades and warning signs shall be erected to control access. Voltage checks on crane hooks that will handle explosives or EEDs shall be performed to verify that voltage readings do not exceed 75.0 millivolts. The crane hook shall be connected to facility ground before connecting to explosives or EEDs. Electrical bonding (or grounding) of the hook and load shall be accomplished prior to the lifting operations while handling explosives, electro explosive devices, or electrically sensitive payloads. The bonding shall be measured, verified to be within specifications by inspection personnel, and recorded prior to the lift. A ground should be connected at all times. If a ground connection must be disconnected to facilitate operations, an alternate ground should be connected prior to disconnecting the existing ground. The final attachment/detachment must be at least 10 feet from open propellant grain, explosives, or EEDs. The use of radio transmissions in the vicinity of explosives shall be evaluated for danger potential prior to the operation.

b. Policy shall be developed and enforced for crane operation during electrical storms. Operations are generally permitted without restriction within enclosed metal or framed buildings that are properly grounded. Restrictions are necessary for outside operations or for those that cannot tolerate power failure/loss. Some loads require grounding at all times. Refer to Table 2-1 for operating cranes with regard to load type and conditions and grounding/lifting criteria.
### Table 2-1. Grounding/Lifting Criteria Matrix for Load Type and Conditions

<table>
<thead>
<tr>
<th>* Specific Buildings</th>
<th>Other Buildings</th>
<th>Outdoor Locations</th>
</tr>
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<tbody>
<tr>
<td><strong>L</strong> W N <strong>L</strong> W N <strong>L</strong> W N</td>
<td><strong>L</strong> W N <strong>L</strong> W N <strong>L</strong> W N</td>
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<tr>
<td><strong>Explosives and Flammables</strong></td>
<td>G X X X</td>
<td>X X X</td>
</tr>
<tr>
<td><strong>Toxics</strong></td>
<td>G</td>
<td></td>
</tr>
<tr>
<td><strong>High Pressure Systems</strong></td>
<td>G</td>
<td></td>
</tr>
<tr>
<td><strong>Flight Hardware/Payloads</strong></td>
<td>G</td>
<td></td>
</tr>
<tr>
<td><strong>Other</strong></td>
<td>G</td>
<td></td>
</tr>
</tbody>
</table>

* Specific Buildings proven to have proper grounding/lighting protection systems.

**Column Legend**
- L = Lighting
- W = Wind > 35 MPH (30.8 Knots)
- N = No adverse weather

**Row Legend**
- G = Grounding (If X appears, load is to be grounded)
- R = Restriction (If X appears, terminate operation as soon as practical and secure load based on adverse weather warning and/or safety operations direction)

**Note:** If load type falls in more than one category, use the most stringent requirements of all types available. Restriction row does not indicate other restrictions such as door closure, clearing, etc.
CHAPTER 3: MOBILE CRANES

300 GENERAL

This chapter establishes safety standards for the design, testing, inspection, maintenance, and operation of mobile cranes and derricks.

301 DESIGN SAFETY ASPECTS

Generally, off the shelf, OEM type equipment is acceptable for critical lifts with the increased design, testing, inspection, and operator training outlined in this standard.

a. Safety Design Criteria that should be emphasized during mobile crane and derrick design are contained in the documents listed in Paragraph 105.

b. Labeling of Cranes used for Critical Lifts. Cranes that have the necessary design features and maintenance/inspection test intervals to lift critical loads will be marked conspicuously so that the operator and assurance personnel can distinguish that the crane is qualified for critical lifts.

c. Safety Design Analysis and Documentation of Cranes used for Critical Lifts.

(1) A process shall be developed to identify those cranes that must meet critical lift requirements. Input will be gathered from facility, program, user, and assurance personnel. The results of the process will be documented and provided to the center SRM&QA Director for his approval.

(2) A design hazard analysis shall be performed on all cranes used for critical lifts to determine potential sources of danger, most probable failure modes, and recommended resolutions for those conditions found in the hardware/facility/environment/human relationship that could cause loss of life, personnel injury, loss of crane, facility, or load. The analysis shall also include crane description, reference documentation, severity assessment, and assessment of certain passive and structural components between the hook and the holding brakes. Hazards that are identified shall be tracked (recorded and current status maintained) until final closure is physically verified. A system of risk acceptance is required for hazards that cannot be eliminated in a practical manner. The hazard analysis shall be part of the crane documentation and requires sustaining engineering maintenance. The design hazard analysis will be updated as modifications are made to the crane(s).

d. Performance. Life, load capability, and the desired controlled characteristics with which the crane handles the load shall be addressed for all designs. The expected life shall be specified or detailed for system
components. Each load bearing component shall be specified or detailed to lift the maximum imposed loads resulting from zero to rated hook load with appropriate safety factors. Operational requirements shall be considered in the design phase to ensure load and function are adequately defined and critical crane design features are incorporated on the delivered units.

e. Structural. Structural design shall be in accordance with industry standards for material selection, welding, allowable stresses, design limitations, framing, wheels, and other structural elements. Refer to PCSA standards for specific design details.

f. Mechanical. Mechanical design requirements for crane components are as follows:

(1) They meet all applicable requirements of OSHA, ANSI, and PCSA.

(2) The drum gear shall be pressed on and keyed to either the periphery of the hub or shell of the drum, bolted with close fitting milled body bolts to a flange on the drum, or attached by other means of equal safety.

(3) Gearing shall be designed and manufactured to comply with the latest AGMA gear standards.

(4) Couplings shall be located immediately adjacent to bearings. Couplings between closely spaced bearings shall be of the full flexible type with internal gear form or grids, having metal-to-metal contact, and shall run in oil or be lubricated as recommended by the manufacturer. All couplings for hoists shall be pressed fit with keys.

(5) For mobile cranes, the rated load of a hoisting rope shall not exceed the rope’s breaking strength divided by 3.5.

(6) Hooks shall have safety latches. Hooks shall be free to swivel and shall rotate 360 degrees on antifriction bearings with means for lubrication. If grease is a contamination concern, then either drip funnels (cups) or nonlubricated bearings must be provided.

(7) Hoists shall be provided with two means of braking: a holding brake and a control brake. The torque ratings shall comply with industry standards. For cranes used for critical lifts, two means of braking shall be capable of bringing a rated load to zero speed and holding it (with and without power). For a telescoping boom crane, the use of a counterbalance valve that locks the hydraulic fluid when the valve is in the neutral position is an acceptable braking means.
A positive ratchet and pawl shall be provided on all boom hoist drum(s).

Mobile cranes and derricks with booms shall be equipped with a boom angle indicator to assist the operator in assuring that the crane is not loaded beyond the rated load for any given crane configuration.

Safe and adequate access to crane components to inspect, service, repair, or replace equipment shall be provided for during design.

All wire rope hoists shall be designed to have not less than two wraps of hoisting rope on the drum when the hook is in its extreme low position. Drum grooves shall be provided as recommended by PCSA Standard No. 4 and No. 5. The rope ends shall be anchored securely by a clamp or a swaged terminal in a keyhole slot, provided a keeper is used to prohibit the swage from moving out of the narrow slot. Other methods recommended by the hoist or wire rope manufacturer are acceptable provided that the rope termination anchor in conjunction with two wraps of rope on the drum will give an anchor system equal to the breaking strength of the wire rope.

g. **Electrical.** Electrical design requirements are as follows:

1. Wiring and safety devices shall be in accordance with NFPA National Electrical Code.

2. Electrical enclosures shall provide protection for the contained equipment against environmental conditions.

3. **Though not a requirement,** in addition to overload protection required by the National Electrical Code, undervoltage and phase reversal should be considered.

4. The electrical system shall be designed fail-safe to ensure that a failure of any component will not cause the crane to operate in a speed range faster than commanded. A failure that would cause the crane to go to a slower speed is acceptable as long as the stop function is still available.

5. Provisions for grounding the hook are required for handling explosives, solid propellants, flammables, or any other load that requires a nonelectrical or static free environment (see Paragraph 307).

6. Mobile cranes and derricks used for critical lifts do not require emergency stops or dual upper limit switches. This must be
Three types of tests are required for cranes: proof load tests, rated load tests, and operational tests. The proof load tests and operational tests shall be performed prior to first use for new, extensively repaired, or altered cranes. This applies only to those components directly involved with the lifting or holding capability of a crane that has been repaired or altered. Repairs or alterations to nonlifting, secondary lifting, or holding components such as suspension assemblies, electrical system, crane cab, etc., do not necessitate the need for a load test, although a functional check should be performed to determine if the repairs or alterations are acceptable. The rated load and operational tests shall be performed at least every 4 years. Cranes used frequently for critical lifts shall be load tested on a regular annual basis. Cranes used infrequently for critical lifts shall be load tested before the critical lift if it has been more than a year since the last test. If a crane is upgraded, a proof load test and an operational test shall be performed based on the upgraded rating. The acceptable tolerance for test weight accuracy is ±2/0%. All load and operational tests shall be performed by qualified personnel in accordance with written (specific or general) technical operating procedures approved by SRM&QA. A post load test inspection of the crane and lifting components shall be performed to ensure that there is no damage prior to the crane being released for service. This inspection shall include NDE of components that are suspected to be cracked or otherwise affected by the test. The rated load test requirement may be fulfilled by a concurrently performed proof load test.

a. **Proof Load Test.** Before first use, all new, extensively repaired, extensively modified, or altered cranes shall undergo a proof load test at 1.10 times the maximum rated load. A proof load test may also be performed when there is a question in design or previous test accomplishment. The load shall be lifted slowly and in an area where minimal damage will occur if the crane fails. Mobile cranes shall be tested at the minimum and maximum working radius with a load equal to 1.10 times the rated load at the given radius. Test loads shall not exceed the maximum rated load times 1.10, at any given radius unless approved by the design and the SRM&QA Director and concurred by the manufacturer. The load rating of the crane shall be clearly marked to be legible from the operator's or user's position and shall not be more than the proof test weight divided by 1.10. For cranes with separate lifting system of different ratings, the markings will indicate the lifting capabilities of each system (e.g., main hook, whip hook, and auxiliary hook). Proof load tests conducted by the manufacturer prior to delivery are acceptable if the necessary test certification papers are provided to verify the extent and thoroughness of the test on that specific item.

b. **Rated Load Test.** Each crane shall be tested at least once every 4 years with a load equal to the rated load at the minimum radius in accordance
with the manufacturer's load chart. Cranes used frequently for critical lifts shall be load tested on a regular annual basis. Cranes used infrequently for critical lifts shall be load tested prior to the critical lift if it has been over a year since the last load test. A rated load test will be performed after each boom change (when boom disassembly/assembly is required) if the crane is to be used for critical lifts.

c. **Operational Test.** When a proof load or rated load test is performed, an operational test with the rated load shall also be performed. The following functions shall be tested (except as noted in Paragraph 302d).

(1) Load hoisting, lowering at various speeds with the boom at the minimum radius, and braking/holding mechanisms. The normal time for holding the load is 3 to 5 minutes.

(2) Boom hoisting and lowering through full safe operating range as determined by the SRM&QA directorate and the responsible engineering and operations/maintenance organizations.

(3) Swinging and traveling mechanisms on mobile cranes (swinging for derricks) with boom at minimum radius.

(4) All limit switches, locking devices, emergency stop switches, boom angle indicators, and other safety devices, excluding thermal overload and circuit breakers. The limit switch tests shall be performed with no load on the hook.

(5) For cranes used for critical lifts equipped with at least two means of braking (main hoist), the operational test must demonstrate each brake's ability to stop and hold a rated load. This can be done in one of the following ways:
   - (a) Each brake's ability to hold shall be statically tested (under no load) with 150 percent of the rated load hoisting torque at the point of brake application.
   - (b) Alternately each brake shall be tested for its ability to stop a rated load moving at full speed, using power-controlled lowering.
   - (c) Other method(s) as specified by the SRM&QA directorate and the responsible engineering and operations/maintenance organizations.

It must be possible to quickly reenergize the out of circuit brake or provide other safety measures to perform this test safely.
The operational test for a modified crane can be tailored to test only those portions of the equipment that were modified, only if the annual rated load operational test interval has not expired.

Alternately, if an organization desires to certify a crane for a specific lift on a one time basis, a rated load test and an operational test are still required. In this case, the rated load test may be based on the weight of the specific load to be lifted. In order to consider both the static and dynamic effects of the lift, the actual weight will be increased by an appropriate factor as determined by the appropriate user and maintenance organization. The test weight shall not exceed the crane's normal rated load.

Test Reports and Periodic Recertification Tags. After each test, written, dated, and signed test reports shall be prepared by designated personnel, including procedure reference and adequacy of test. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and shall be made readily available by the organization responsible for testing the crane. Following the rated load test, cranes shall be given a tag to be permanently affixed identifying the equipment, stating the next required rated load test date and certification expiration date, and containing a quality control indication assuring that the rated load test has been accomplished and that the next required rated load test date does not exceed the specified interval.

Safety inspections shall be performed on all cranes and crane accessories. Inadequacies discovered during an inspection shall be documented and, if determined to be a hazard, corrected prior to further use. Inspections shall be made by designated personnel in accordance with approved technical operating procedures. There are two types of safety inspections for cranes: daily and periodic.

All new, extensively repaired, or modified cranes shall be given a daily and a periodic inspection prior to first use. For component repair on cranes, only the inspections that apply to the repaired portion need to be performed prior to first use unless a periodic inspection interval expires during the down time (see Paragraph 303e).

Cranes in regular service (used at least once a month) shall be inspected as required in Subparagraphs 303d and 303e. Idle cranes shall be inspected in accordance with Paragraph 303f.
d. **Daily Inspections.** Daily inspections shall be performed prior to first use each day the crane is used, and shall include the following:

1. Check functional operating and control mechanisms for maladjustments that could interfere with normal operations.

2. Without disassembling, visually inspect lines, tanks, valves, drain pumps, gear casings, and other components of fluid systems for deterioration and leaks. This applies to components that can be seen from the ground level or for which there is safe access via crane inspection walkways.

3. Without disassembling, inspect all functional operating and control mechanisms for excessive wear and contamination by excessive lubricants or foreign matter.

4. Inspect hooks for cracks and deformities (see Chapter 5).

5. Inspect rope reeving for proper travel and drum lay.

6. Inspect hoist chains for excessive wear or distortion.

e. **Formal Periodic Inspections.** Periodic inspections shall be performed at varying intervals, depending on activity, severity of service, environment, and criticality. At least once a year, unless otherwise specified below, inspect for:

1. Deformed, cracked, or corroded members and welds and loose bolts or rivets in crane structure. Various methods of nondestructive examination such as ultrasonics, x-ray, magnetic particle, dye penetrant, etc., shall be utilized as needed.

2. Cracked or worn sheaves and drums.

3. Excessive wear or cracks in pins, bearings, shafts, gears, followers, and locking and clamping devices. NDE techniques shall be used if cracks are suspected.

4. Significant inadequacies in load, wind, boom, angle, and other indicators over full range.

5. Excessive wear in chain drive sprockets and stretch in the chain.

6. Abnormal performance in power plant(s) and compliance with applicable safety requirements, such as locations of guards on belts.

7. Evidence of a malfunction in travel, steering, braking, and locking devices.
(8) Evidence of a malfunction in any safety device.

(9) Evidence of overheating.

**Inspect Monthly For:**

(10) Excessive wear in brake and clutch system parts, linings, pawls, and ratchets. Brakes (hoist and boom) on mobile cranes shall be inspected monthly.

(11) Reduction of diameter, broken or worn outside wires, kinks, unstranding, broken or corroded end connections, and crushed sections of wire rope (see Paragraph 304c).

(12) Visible deformation or cracks in hooks.

*Suitable NDE shall be performed on hooks (see Chapter 5).*

f. **Idle and Standby Cranes.** Cranes idle for more than 1 month shall be inspected prior to first use in accordance with the requirements of Paragraphs 303d and 303e that were not performed at required intervals and recorded during the standby period.

g. **Inspection Reports.** After each formal periodic inspection of an active, idle, or standby crane, qualified, authorized personnel shall prepare written, dated, and signed inspection reports. These reports shall include procedure reference and adequacy of the crane. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and made readily available by the organizational element responsible for crane inspection.
A preventive maintenance program shall be established based on manufacturer recommendations and/or experience gained from use of the equipment. The program shall include procedures and a scheduling system for normal periodic maintenance items, adjustments, replacements, and repairs. The program shall also ensure that records are kept and unsafe test and inspection discrepancies are documented and corrected.

a. **Maintenance procedures.** Before maintenance, adjustments, repairs, and replacements are initiated, the following safety precautions shall be taken:

(1) Move crane to an area where maintenance will not interfere with other operations.

(2) After maintenance, do not operate cranes until all safety devices have been activated.

b. **Adjustments.** Based upon the manufacturer's documentation and/or experience, adjustments shall be made to assure that all crane components function properly, paying particular attention to:

(1) Brakes.

(2) Control system.

(3) Power plants.

(4) Critical operating mechanisms and safety devices.

(5) Operator mechanical and electrical controls.

c. **Repairs/Replacements.** Repairs/replacements shall be promptly provided for safe operation and special attention given to:

(1) Crane hooks with deformation or cracks will be replaced with original equipment or equal or repaired if extenuating circumstances exist and are approved by the SRM&QA Director. Minor grinding of cracks is not considered repair providing an approved procedure is used. When repaired, the hook shall be proof load tested using the associated crane proof load value. Repairs to hooks may only be made by certified or otherwise qualified personnel. It is advisable that hooks repaired by welding be derated due to the inherent differences introduced by welding (see Chapter 5 for hook inspection criteria).

(2) Structural members that are cracked, bent, broken, excessively worn, or corroded shall be replaced. Proper material and weld/repair procedures will be used in accordance with ANSI/AWS D14.1-82.
and manufacturer specifications. Procedures will be conducted by properly qualified personnel.

(3) Wire rope shall be replaced based upon the following:

(a) Six randomly distributed broken wires in one rope lay or three broken wires in one strand in one lay.
(b) Individual outside wires with wear of 1/3 the original diameter.
(c) Kinking, crushing, bird caging, or any other damage resulting in distortion.
(d) Evidence of heat damage.
(e) End connectors that are cracked, deformed, or with evidence of rope pullout.
(f) Corrosion (internal or external) that results in reduction of rope diameter, or at end connectors.
(g) Reductions of nominal diameter (measured with a caliper) of more than:
   1. 1/64 inch for diameters of rope up to 5/16 inch.
   2. 1/32 inch for diameters 3/8 inch to 1/2 inch.
   3. 3/64 inch for diameters 9/16 inch through 3/4 inch.
   4. 1/16 inch for diameters 7/8 inch through 1-1/8 inch.
   5. 3/32 inch for rope diameters greater than 1-1/8 inch.

(4) When ropes are replaced or hooks repaired, a proof load test of the hook or rope shall be required prior to use.

305 PERSONNEL CERTIFICATION

a. Program. Only certified (licensed) and trained operators shall be authorized to use/operate cranes. Operators shall be trained and certified in accordance with the NHB 1700.1 (Vol. 1-A) "Basic Safety Manual." A training, examination, and licensing program shall be established or made available. For those NASA installations that do not have a training program, all crane operators shall be trained and certified by a recognized crane certification organization that normally performs this function. Certification should also include riggers and flagmen.
b. **Levels.** Two levels of operator training and proficiency will be established for crane operators. Operations where critical lifts are involved will require a more rigid operator certification program than those operations that involve lifts or a more routine nature and that do not involve critical hardware or unique hazards. All crane operators will be certified to at least one of the two levels. The basic certification program will include the following:

1. **Training**
   
   (a) Classroom training in safety and first aid/emergency procedures, general performance standards, requirements, and pre-operational checks (for initial certification and as needed).
   
   (b) Hands-on training (for initial certification and as needed).
   
   (c) An annual review of the items in Subparagraph (a) above. (This may be conducted on an informal basis by local supervisory personnel.)

2. **Examination**
   
   (a) Physical Examination (criteria to be determined by the cognizant medical official using ANSI requirements).
   
   (b) Written examination.
   
   (c) Operational demonstration (for initial certification only).

3. **Licensing**
   
   (a) An organizational element shall be designated to issue operator licenses. Provisions shall be made to revoke licenses for negligence, violations of safety requirements, or failure to meet medical standards. Provisions shall be made for periodic checks of operators to verify they have licenses in their possession. The licenses shall indicate the type of crane the holder is qualified to operate. Alternately, the organizational element may elect to maintain a master list of licensed operators in lieu of issuing individual licenses, providing copies of the list are readily available to assurance and supervisory personnel at the work site.

   (b) **Renewal.** Licenses or certifications will expire on a maximum basis of 4 years. Renewal procedures will be established by each licensing organization but as a minimum will include items in Subparagraphs (1)(a), (2)(a), and (2)(b).
Critical Lifts. In addition to the training, examination, licensing, and license renewal requirements above, operators that are being certified to perform critical lifts must be trained in the specific hazards and special procedures associated with the lift. Operators must also demonstrate proficiency and operating finesse with the crane utilizing a test load for the initial certification or alternately immediately supervised by a certified operator during the first initial lifting period. The licenses will indicate specific cranes for which the operator is certified.

OPERATIONS

a. The operator is responsible for being totally familiar with the information contained in the crane's operating manual and load chart. The operator must understand the correct meaning of all notes and warnings and be able to calculate or determine the crane's actual net capacity for every possible configuration of the machine. The following practices shall be observed for crane operations:

1. Detailed technical operating procedures describing crane operation, emergency steps, communication requirements, and special requirements shall be prepared. There must be a formal system for review, approval, and updating to maintain valid operating procedures. Emergency procedures shall be developed for contingency actions such as power loss, brake failure, or other emergencies.

2. Appropriate load charts will be located in mobile crane cabs. Mobile cranes will not be operated without an appropriate load chart in the cab.

3. For critical lifts, the maximum lifted load shall be limited to 75 percent of the maximum manufacturers rated load for the respective radius. (This requirement is more stringent than OSHA regulations.)

4. Methods shall be developed and demonstrated for lowering a load in the event of crane failure or other contingencies. These should be demonstrated and verified if practical.

5. A crane shall not be loaded beyond its rated load (capacity) except for required testing.

6. Cranes should not be used to load test items such as slings, platforms, or lifting fixtures unless specifically identified to do so based on a specified percentage of rated load and a safety analysis report approved by the Center SRM&QA Director. This is to prevent damage to the crane due to sudden unloading should the test article fail.
(7) Cranes shall not be used for side pulls. Do not apply side loads to a crane, with or without a load on the hook. A side pull is considered to be an exaggeration (beyond design limit) of the vertical rope angle in any direction, as determined by visual inspection.

(8) Operational logs shall be located in the crane cab, if so equipped, and checked for discrepancies by the operator prior to an operation or operator change. Otherwise the logs should be kept in a central, easily accessible place. Operational logs are not required for user operated cranes, however, maintenance inspection/discrepancy records will be maintained by an appropriate group.

(9) The operator shall ensure that the crane is within inspection and testing intervals by examination of the periodic recertification tags and/or documentation.

(10) Before each lift or series of lifts, the operator shall perform a pre-operational check to demonstrate operational readiness. If controls do not operate properly, the operator is responsible for notifying the supervisor. Repairs and adjustments shall be made before operations begin.

(11) The operator and ground leadman shall establish appropriate safety zones before initiating operations. Safety zones should have appropriate barriers (rope, cones, etc.) established prior to lift.

(12) The operator shall check the upper limit switch with no load at the beginning of the shift. If an operation is in progress or an item is attached to the crane hook at shift change, this check shall be made at the next reasonable opportunity. Upper limit switches shall not be used as operating controls.

(13) Before starting to hoist, the following conditions shall be noted: the hoist rope shall not be kinked, multiple part ropes shall not be twisted around each other, and the hook shall be centered over the load in such a manner as to prevent swinging.

(14) The operator shall test the holding brakes each time a load approaching the rated load is handled. The brakes shall be tested by raising the load minimally above the surface and holding the load with the brake.

(15) Prior to an operation, the crane operator and/or lift supervisor shall test the communication system. Operation shall stop immediately upon communication loss, and shall not continue until communication is restored. If hand signals are required, only approved signals should be used.
Crane crew emergency egress routes should be verified to be free of obstructions prior to hazardous operations. The availability of crane crew protective equipment should be verified prior to hazardous operations.

If there is a slack rope condition, it shall be determined that the rope is properly seated on the drum and in the sheaves before starting the hoist.

During hoisting, care shall be taken that there is no sudden acceleration or deceleration of the moving load and that the load does not contact any obstructions.

Load shall be secured, balanced, and kept under control with proper slings. The use of tag lines to keep the load stabilized may be required. Tag line personnel shall take care not to impart undesirable motion to the load.

Person(s) shall not ride the hook or load at anytime. For Personnel Lifting Requirements, see Chapter 7.

Personnel shall not be located under suspended or moving loads unless the operation adheres to the OSHA-approved NASA Alternate Standard for Suspended Load Operations. (See Appendix B.)

The load shall not be lowered below the point where less than two full wraps of rope remain on the host drum.

A responsible person shall be in-charge of the operation and shall instruct all personnel involved in the proper positioning, rigging, and moving to be done.

An operator shall be at the crane controls at all times while a load is suspended. Any operator change required while a load is suspended shall be accomplished via a safety approved procedure designed for the specific crane and operation.

Hands shall be free from encumbrances while personnel are using crane ladders. Articles that are too large to be carried in pockets or belts shall be lifted and lowered by handline.

Necessary clothing and personal belongings in crane cab shall be stored so as not to interfere with access or operations. Tools, oil can, waste, extra fuses, and other necessary articles shall be stored properly, and shall not be permitted to lie loose in the cab or on the crane. Operators shall be familiar with the operation and care of the fire extinguishers provided.
Communication discipline shall be maintained during an operation. Only approved terminology shall be used. When possible, commands received from the ground should be repeated by the crane operator to the ground during an operation.

Crane crew discipline shall be maintained at all times during a crane operation. There shall be no eating, drinking, or rowdiness during crane operation.

Operations shall be analyzed for hazards. The analysis considers the environment in which the operation takes place, hazards associated with crane maintenance, and, in general, a systems safety analysis of the equipment, facility, load, and interfaces as a whole in support of the lifting operation.

When loads limited by structural competence, rather than by stability are to be handled, the weight of the load shall be determined within plus or minus 10 percent before lifting.

The crane shall be level and, where necessary, outriggers shall be extended and/or the crane shall be blocked properly before the load is moved. Blocking will be under pads or floats never under beams. For critical lifts, wood blocking is not permitted under outriggers unless approved by appropriate engineering and safety organizations.

Limit side loading of booms to freely suspended loads. Cranes shall not be used for dragging loads sideways unless a specific variance has been granted.

On truck mounted cranes, loads shall not be lifted over the front area except as approved by the crane manufacturer.

Outriggers shall be used when load to be handled at a particular radius exceeds rated load without outriggers, as specified by the crane manufacturer's load chart. Floats, where used, shall be securely attached to the outriggers. Wood blocks used to support outriggers shall be strong enough to prevent crushing, free from defects, and of sufficient width and length to prevent shifting or toppling under load.

Neither the load nor the boom shall be lowered below the point where less than two full wraps of rope remain on the respective drums.

In transit, the following precautions shall be taken: boom shall be carried in line with direction of motion, superstructure shall be secured against rotation, except in negotiating turns when there is an operator in the cab or boom is supported on a dolly, and hook
shall be lashed or otherwise restrained so that it cannot swing freely while in transit or moving.

(37) Before traveling a crane with a load, a designated person shall be responsible for determining and controlling safety and making decisions as to position of load, boom location, ground support, travel route, and speed of movement.

(38) A crane with or without a load shall not be traveled with the boom so high that it may bounce back over the cab.

(39) When rotating crane, sudden starts and stops shall be avoided. Speed shall be such that the load does not swing out beyond radii at which it can be controlled. A tag line shall be used when rotation of load is hazardous.

(40) Ropes shall not be handled on a winch head without the knowledge of the operator.

(41) While a winch head is being used, the operator shall be within convenient reach of the power unit control lever.

(42) If the load must remain suspended for any considerable length of time, the operator shall hold the drum from rotating in the lowering direction by activating the positive control lever of the operator's station. The operator will not leave his station while load is suspended.

(43) Overhead and truck cranes shall not be operated without the full amount of ballast or counterweight in place as specified by the manufacturer. Truck cranes without the ballast or counterweight may be operated temporarily with special care and only for light loads. The ballast or counterweight, as specified by the manufacturer, shall not be exceeded.

(44) Refueling with small portable containers shall be done with Underwriter's Laboratories or Factory Mutual Laboratories approved (or equivalent) safety type can equipped with an automatic closing cap and flame arrestor.

(45) Machines shall not be fueled with engines running. After fueling, wait 5 minutes for flammable vapors to clear before starting the engine.

(46) A carbon dioxide, dry chemical, or equivalent fire extinguisher shall be kept in the cab or vicinity of the crane.

(47) Cranes may be operated near power lines providing electrical distribution and transmission lines have been deenergized and
locked out. Cranes may also be operated near power lines provided the crane is grounded, the operating plan has been approved, and insulating barriers, not a part of or attached to the crane, have been erected to prevent physical contact with the lines, and are operated in accordance with the following:

(a) For lines rated 50kV or below, minimum clearance between lines and any part of crane or load shall be 10 feet.

(b) For lines rated over 50kV, minimum clearance between lines and any part of crane or load shall be 10 feet plus 0.4 inch for each 1kV over 50kV, or twice the length of the line insulator, but never less than 10 feet.

(c) In transit the clearance shall be a minimum of 4 feet. Clearance observers shall be provided with an acceptable means of giving a warning in time for operators to react to insufficient clearance.

(d) Crane boom tips shall have two red flags (12" x 12" each).

(48) Before starting operation near electrical lines, the organization responsible for the lines shall be notified and provided with all pertinent information. The responsible organization's cooperation shall be requested.

(49) Any overhead wire shall be considered to be an energized line unless and until the person responsible for such line or the electrical utility authorities indicate that it is not an energized line.

(50) Outdoor hoisting operations should not commence if winds are above 20 knots steady state.

(51) Cranes left outdoors shall be secured by the operator when operations are complete.

(52) When raising loads that approach the rated capacity of the crane, the weight of the working load shall be known within 10 percent.

(53) Standard hand signals shall be used for all lifting operations. Signals shall be in accordance with Appendix C and shall be posted in a conspicuous location.
a. Special precautions shall be taken while handling explosives or EEDs. Safety support shall be available. Barricades and warning signs shall be erected to control access. Voltage checks on crane hooks that will handle explosives or EEDs shall be performed to verify that voltage readings do not exceed 75.0 millivolts. Crane hook shall be connected to facility ground before connecting to explosives or EEDs. The hook and load shall be bonded. A ground should be connected at all times. If a ground connection must be disconnected to facilitate operations, an alternate ground should be connected prior to disconnecting the existing ground. The final attachment/detachment must be at least 10 feet from open propellant grain, explosives, or EEDs. The use of radio transmissions in the vicinity of explosives shall be evaluated for danger potential prior to the operation.

b. Policy shall be developed and enforced for crane operation during electrical storms. Operations are generally permitted without restriction within enclosed metal or framed buildings that are properly grounded. Restrictions are necessary for outside operations or for those that cannot tolerate power failure/loss. Some loads require grounding at all times. Refer to Table 2-1 for operating cranes with regard to load type and conditions and grounding/lifting criteria.
CHAPTER 4: HOISTS

400 GENERAL

This chapter establishes safety standards for the design, inspection, test, maintenance, and operation of hoists. These standards apply to electric, air-powered, and manual hoists, including those used to raise/lower empty personnel work platforms, surfaces, or stations. This does not include hoists connected to platforms used to raise or lower personnel. For these see Chapter 7, Hoist Supported Personnel Lifting Devices.

401 DESIGN SAFETY ASPECTS

Generally, off-the-shelf, OEM type equipment is acceptable for critical lifts with the increased design, test, inspection, and operator training requirements outlined in this standard.

a. Safety Design Criteria that should be emphasized during hoist design are contained in the documents listed in Paragraph 105.

b. Labeling of Hoists used for Critical Lifts. Hoists that have the necessary design features and maintenance/inspection intervals to lift critical loads will be marked conspicuously so that the operator can distinguish that the hoist is qualified for critical lifts. The rated load shall be marked on the hoist or load block.


(1) A process shall be developed to identify those hoists that must meet critical lift requirements. Input will be gathered from facility, program, user, and assurance personnel. The results of the process will be documented and provided to the Center SRM&QA Director for approval.

(2) A design hazard analysis shall be performed on all hoists used for critical lifts to determine potential sources of danger, most probable failure modes and recommended resolutions for those conditions found in the hardware-facility-environment-human relationship that could cause loss of life, personal injury, loss of crane, facility, or load. The analysis shall also include hoist description, reference documentation, severity assessment, and assessment of certain passive and structural components between the hook and the holding brakes. Hazards that are identified shall be tracked (recorded and current status maintained) until final closure is verified. A system of risk acceptance is required for hazards that cannot be eliminated in a practical manner. The hazard analysis shall be part of the hoist documentation and requires sustaining
d. **Performance.** Life, duty cycle, load capability, and the desired control characteristics with which the hoist handles the load shall be addressed for all designs. The expected life shall be specified or detailed for system components. Duty cycle requirements shall be based on the worst expected duty the unit will encounter. Each load bearing component shall be specified or detailed to lift the maximum imposed loads resulting from zero to rated hook load with appropriate safety factors. Operational requirements shall be considered in the design phase to ensure load and function are adequately defined and critical hoist design features are incorporated on the delivered units. Environmental conditions must also be considered.

e. **Structural.** Structural design shall be in accordance with industry standards for material selection, welding, allowable stresses, design limitations, framing, wheels, and other structural elements. Refer to CMAA standards for specific design details.

f. **Mechanical.** The use of high quality off-the-shelf, OEM type equipment is acceptable for critical and noncritical lift applications, as long as this equipment meets all user and handling requirements of and including capacity, lift, hook approach, hoist service classification, motor ratings, hazard proofing, operating speeds, and controls. This high quality commercial equipment employs a modular type construction of the hoist unit with standard frame sizes and interchangeable gear boxes, drums, motors, brakes, and controls to achieve a wide range of capacities, lifts, operating speeds, reeving arrangements, and controls. These interchangeable parts are standardized for each manufacturer's product line and the hoists are built to order. These units can be used to the widest extent possible, provided they meet the requirements above. The mechanical design requirements for hoist components are as follows:

1. They meet all applicable requirements of OSHA, ANSI, and CMAA.

2. Electric and air operated hoists should be provided with two means of braking: A holding brake and a controlled braking means. The torque rating, physical characteristics, and capabilities shall be in accordance with CMAA specifications. Hoists used for critical lifts shall have two means of braking, each capable of bringing a rated load to zero speed and holding it (with and without power).
(3) For critical lift application, speed reduction from the motor to the
drum on the hoist should be achieved by enclosure in a gearcase. If
open gears are required, they shall be guarded with a provision for
lubrication and inspection.

(4) All wire rope hoists shall have not less than two wraps of hoisting
rope on the drum when the hook is in its extreme low position.
Drum grooves, when provided, shall be as recommended by CMAA.
The rope ends shall be anchored securely by a clamp or a swaged
terminal in a keyhole slot, provided a keeper is used to prohibit the
swage from moving out of the narrow slot. Other methods
recommended by the hoist or wire rope manufacturer are
acceptable provided that the rope termination anchor in conjunction
with two wraps of rope on the drum will give an anchor system
equal to the breaking strength of the wire rope.

(5) Safe and adequate access to hoist components to inspect, service,
repair, or replace equipment shall be provided for during design.

(6) Manually operated (nonpowered) hoists that are off-the-shelf OEM
type are acceptable for critical lift applications. They shall comply
with applicable ANSI requirements. These hoists will only be
equipped with at least one brake as described in industry standards
and no limit switches, provided proper over-travel restraint is
provided.

(7) Air operated chain hoists can be equipped with over-travel
protection devices in lieu of the hoist travel limit switches.

(8) Initial and final upper limit switches shall be provided and tested
for air operated hoists as described in Paragraph 401h(3). The final
upper limit switch shall exhaust air from the hoist and set the
brakes and require reset at the hoist level.

(9) The use of worm gears as a speed reducer only, is acceptable
without reservations. Worm gears are not acceptable as a braking
means unless no reasonable alternative exists and the lead angle is
sufficient to prevent back driving. The braking properties of a
worm gear tend to degrade with use; the design engineer should
consider this when purchasing new equipment or in existing
installations where the hoist is subject to heavy use.

(10) The use of cast iron components in the hoist load path is
considered acceptable in the hoist industry. However, the material
properties of cast iron are such as to allow catastrophic failure and
should not be considered as reliable as steel or cast steel. The
engineer should consider this when selecting equipment and avoid
the use of load bearing cast iron materials.
g. **Electrical.** Electrical design requirements are as follows:

(1) Wiring and safety devices shall be in accordance with NFPA National Electrical Code.

(2) Electrical enclosures shall provide protection for the contained equipment against environmental conditions.

(3) Though not a requirement, in addition to overload protection required by the National Electrical code, undervoltage and phase reversal should be considered.

(4) For powered hoists used for critical lifts, an assessment shall be performed to determine the operational needs for remote emergency stops independent from the operator controlled emergency stop. Not all critical equipment may require a remote emergency stop. Remote emergency stops are required for cases where the load is a critical load and where the operator is required to see the load and when view is restricted. When provided, this independent remote emergency stop should be located such that the independent remote emergency stop operator(s) have the visibility of the critical lift area(s). The remote emergency stop circuit shall be separate from and take precedence over the operator control circuit. For those required hoists making critical lifts that have not been modified to provide a remote emergency stop, handling procedures shall be developed and implemented to minimize the risk. The control, when activated, shall cause all power to be cut off to the hoist to stop all drives and set the brakes. Hand-held remote emergency stop pendants should be standardized and should include power and circuit continuity indication.

(5) Electrical stations shall operate on low voltage (150 Vdc, 120 Vac, or less). Positive detent pushbuttons or a control lever shall be used for speed control. Controls shall return to the off position when the operator relieves pressure. A red, emergency stop, pushbutton shall be provided to operate the mainline contactor, main circuit breaker, or pneumatic source. A dump valve is acceptable for the emergency stop for a pneumatic hoist.
The electrical system shall be designed fail-safe to ensure that a failure of any component will not cause the hoist to operate in a speed range faster than commanded. A failure that causes a speed change faster than selected but within the speed range selected is acceptable. Failure modes that cause the hoist to slow down or stop are acceptable. Failure modes that cause unplanned directional shifts are unacceptable.

For hoists used for critical lifts (except manual) dual upper limit switches are required. For electric hoists, the configuration shall be as follows:

(a) Initial Upper Limit Switch – The electrical contacts shall be a set of normally closed contacts in the "raise" contactor circuit such that movement in the raise direction shall be precluded after the limit switch is encountered. Movement in the "lower" direction will not be inhibited.

(b) Final Upper Limit Switch – The electrical contacts shall meet one of the following:

1. A set of normally closed electrical contacts shall be wired into the mainline circuit or hoist powered circuit such that all hoisting motion shall be precluded after the limit switch is encountered.

2. A set of normally closed electrical contacts shall be wired into the main contactor control circuit or hoist contactor control circuit such that all hoist motion shall be precluded after the limit switch is encountered.

3. The above referenced normally closed contacts may be located in the low voltage control circuitry.

In either configuration, movement of the load will require action (resetting) at the final upper limit switch level by someone other than the hoist operator after an inspection to determine the cause of the failure of the initial upper limit switch.

Note: When a hazardous condition is created by suspending a load due to stopping hoist motion by the above design configuration, an alternate design means of detection limit switch failure and provisions for saing may be provided. For example, a system may be equipped with two different colored annunciator lights, one for each limit switch. A reset button could be included so that when a switch is tripped the load can be lowered immediately allowing for safe inspection and repair.
Three types of tests are required on hoists: proof load tests, rated load tests, and operational tests. The proof load tests and operational tests shall be performed prior to first use for new, extensively repaired, or altered hoists. The rated load and operational tests shall be performed every 4 years. For hoists used for critical lifts, these tests shall be based on frequency of usage. Hoists used infrequently for critical lifts shall be load tested before each critical lift. Hoists used frequently for critical lifts shall be load tested on a regular annual basis. If a hoist is upgraded, a proof load test and an operational test shall be performed based on the upgraded rating. The acceptable tolerance for test weight accuracy is ±2/−0%. All load and operational tests shall be performed by qualified personnel in accordance with written (specific or general) technical operating procedures approved by SRM&QA. After a load test, a post-test inspection shall be performed to ensure that there is no damage prior to the hoist being released for service. If cracks or structural damage is suspected, suitable NDE techniques shall be used to determine the condition.

a. **Proof Load Tests.** Before first use, all new, extensively repaired, modified, or altered hoists shall undergo a proof load test at 125 percent of the rated load. The hoist rating will not be more than 80 percent of the proof load test weight. For platform hoists, test the hoist at 125 percent of rated capacity prior to hook-up to the platform. With the platform attached verify that the actual lift does not exceed the rated capacity of the hoist. The rated load of a hoist shall be clearly legible from the operator’s or user’s position. Platform hoist systems shall be clearly marked with the maximum load to be lifted by the system. Proof load tests conducted by the manufacturer prior to delivery are acceptable if the necessary test certification papers are provided to verify the extent and thoroughness of the test on that specific item, however, the base mounting structure must be considered and a system proof load after installation is also required.

b. **Rated Load Tests.** All hoists, except platform hoists shall be tested at least once every 4 years with a load equal to the rated load. For hoists used for critical lifts, these tests shall be based on frequency usage. Hoists used infrequently for critical lifts shall be load tested before each critical lift. Hoists used frequently for critical lifts shall be load tested annually. The rated load test can be fulfilled by a concurrently performed proof load test. Platform hoists do not require rated load tests.

c. **Operational Test.** Operational tests shall be performed in conjunction with proof load and rated load tests. Platform hoists shall be operationally tested every 4 years using the attached platform only. The following functions shall be tested in accordance with approved technical operating procedures:

(1) Perform all hoist functions in an unloaded condition.

(2) Test operation of brakes and limit, locking, and safety devices.
(3) Determine trip setting of limit switches and limiting devices by tests under no load conditions. Conduct tests first by hand, if practical, and then under the slowest speed obtainable. Test with increasing speeds up to the maximum speed. Locate actuating mechanisms so that they will trip the switches or limiting devices in time to stop motion without damaging the hoist.

(4) After testing in the unloaded state, apply the test load to the hoist in order to check the proper load control. Test load hoisting/lowering at various speeds (maximum safe movement up and down as determined by the SRM&QA directorate and the responsible engineering operations/maintenance organizations), and braking/holding mechanisms (holding brakes shall be tested to verify stopping capabilities and demonstrate the ability to hold a rated load). The normal time for holding the load is 3 to 5 minutes.

(5) For hoists used for critical lifts equipped with at least two means of braking, the operational test must demonstrate each brake's ability to stop and hold a rated load. This can be done in one of the following ways:

(a) Each brake's ability to hold shall be statically tested (under no load) with 150 percent of the rated load hoisting torque at the point of brake application.

(b) Alternately each brake shall be tested for its ability to stop a rated load moving at full speed in the down direction.

(c) Other method(s) as specified by the SRM&QA directorate and the responsible engineering and operations/maintenance organizations.

It must be possible to quickly reenergize the out of circuit brake or provide other safety measures to perform this test safely.

d. The operational test for a modified hoist can be tailored to test only those portions of the equipment that was modified, only if the annual rated load and operational test interval has not expired.

e. Alternately, if an organization desires to certify a hoist for a specific lift on a one-time basis, a rated load test and an operational test are still required. In this case, the rated load test may be based on the weight of the specific load to be lifted. In order to consider both the static and dynamic effects of the lift, the actual weight will be increased by an appropriate factor as determined by the appropriate user/maintenance organization. The test weight shall not exceed the hoist's normal rated load.
Test Reports and Periodic Recertification Tags. After each test, written, dated, and signed test reports shall be prepared by designated personnel, including procedure reference and adequacy of test. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and shall be made readily available by the organization responsible for testing the hoist. Following the rated load test, all hoists shall be given a tag to be permanently affixed identifying the equipment, stating the next required rated load test date or certification expiration date, and containing a quality control check assuring that the rated load test has been accomplished and that the next due date does not exceed the specified interval.

403 INSPECTION

a. There are two types of safety inspections for hoists in regular service: daily inspections and periodic inspections.

b. Prior to first use, all new or altered hoists shall be inspected to the requirements of both daily and periodic inspections. Inspections shall be performed by qualified personnel in accordance with approved technical operating procedures. Inadequacies discovered during an inspection shall be documented and, if determined to be a hazard, corrected prior to further use. For hoists that are idle, see Paragraph 403e.

c. Daily Inspections. Daily inspections shall be performed each day the hoist is used and shall include the following:

(1) Inspect braking mechanisms for evidence of slippage under load.

(2) Inspect load chain for wear, twists, damage links, or foreign matter.

(3) Inspect hooks for deformation, chemical damage, or cracks. A hook with an opening of more than 15 percent in excess of the normal throat opening or a twist of 10 degrees or more from the plane of the unbent hook shall be taken out of service (see Chapter 5).

(4) Inspect load bearing components for damage.

(5) Inspect running rope or chain for discrepancies.

d. Formal Periodic Inspections. Formal periodic inspections shall be performed at least once a year (unless otherwise specified below) and shall include the following checks:

(1) Check for loose bolts and rivets and cracked or worn drums and sheaves. Various methods of NDE such as ultrasonics, x-ray, magnetic particle, dye penetrant, etc., shall be utilized as needed.
(2) Check for worn, corroded, cracked, or distorted parts such as pins, bearings, shafts, gears, rollers, and locking and clamping devices. NDE techniques shall be used if cracks are suspected.

(3) Inspect motor brake and load break for excessive wear.

(4) Inspect electrical apparatus for pitting or other signs of deterioration. Visually inspect for signs of overheating.

(5) Inspect hook-retaining nuts or collars, pins, welds, or rivets used to secure retaining members for deformations, cracks, or excessive corrosion. NDE techniques shall be used if cracks are suspected.

(6) Assure that supporting structure is not deformed or cracked.

(7) Check that warning labels are legible.

Monthly Inspections

(8) Inspect wire rope monthly, except those on platform systems, for:

(a) Evidence of heat damage, kinks, unstranding, crushed sections, and broken, bent, excessively worn, or corroded end connections.

(b) Twelve randomly distributed broken wires in one rope lay or four broken wires in one strand in one lay.

(c) Individual wires with 1/3 wear of original outside diameter.
(d) Reductions of nominal diameter (measured with a caliper) of more than:

1. 1/64 inch for diameters of rope up to 5/16 inch.
2. 1/32 inch for diameters 3/8 inch to 1/2 inch.
3. 3/64 inch for diameters 9/16 inch through 3/4 inch.
4. 1/16 inch for diameters 7/8 inch through 1 1/8 inch.
5. 3/32 inch for rope diameters greater than 1 1/8 inch.

(9) Inspect welded-link chain monthly by performing the following checks:

(a) Raise and lower hoist while loaded. The chain should feed smoothly into and away from the sprockets.

(b) If chain binds, jumps, or is noisy, see that it is clean and lubricated. Inspect chain and mating parts for wear and distortion.

(c) Clean chain and visually examine for gouges, weld splatter, corrosion, and distorted links. Slacken chain and move adjacent links to one side; look for wear at contact points. If wear is observed, measure chain according to hoist manufacturer's instructions. If instructions are not available, select an unworn, unstretched portion of chain. Suspend chain vertically under tension and measure approximately 14 inches of links with a caliper gauge. Measure the same length in a work section and calculate the percentage of increase in length. If chain exceeds the hoist manufacturer's recommended length or is 1.5 percent longer than the unused chain, replace it.

(10) Inspect roller link chain monthly by performing steps 1-3 in Paragraph 403(9). In addition, perform the following checks:

(a) With hoist suspended in normal position, apply a load to eliminate slack in the chain. Check chain for elongation. In the absence of specific instructions from hoist manufacturer, check chain by determining nominal pitch and measuring a 12-inch section that usually travels over chain sprocket. Using a Vernier caliper, check dimension from the edge of one chain pin to the same edge of another pin; determine number of pitches per foot. If elongation exceeds 1/4-inch in 12 inches, replace chain.
(b) Check chain for twist. Replace it if twist exceeds 15 degrees in any 5-foot section.

(c) Check for camber. Replace chain that has a side bow exceeding 1/4-inch in a 5-foot section.

(d) Remove chain from hoist annually and clean it in an acid-free solvent. Before returning chain to hoist, check for these deficiencies: pins turned from their original position, rollers that do not turn freely with light finger pressure, joints that cannot be flexed easily by hand, open link plates, corrosion, gouges, and weld splatter.

(11) Inspect hooks monthly, except those on platform systems, for deformation or cracks.

Suitable NDE shall be performed on hooks (see Chapter 5).

e. **Idle Hoists.** Hoists that are idle will be inspected prior to use to fulfill the requirements in Paragraphs 403c and 403d that may have expired during the full time.

f. **Inspection Reports.** After each formal periodic inspection of an active, idle, or standby hoist, qualified, authorized personnel shall prepare written, dated, and signed inspection reports. These reports shall include procedure reference and adequacy of the hoist. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and be made readily available by the organizational element responsible for hoist inspection.

404 MAINTENANCE

A preventive maintenance program shall be established based on manufacturer's recommendations and/or experience gained from use of the equipment. The program shall include procedures and a scheduling system for normal periodic maintenance items, adjustments, replacements, and repairs. The program shall also ensure that records are kept and unsafe test and inspection discrepancies are documented and corrected.

a. **Maintenance Procedures.** Before maintenance, adjustments, repairs, and replacements are initiated, the following safety precautions shall be taken:

(1) Move hoist to designated maintenance area.

(2) Turn off all controls and main energy feed system and lockout unless task requires them to be on.
(3) If power has to be on, "Warning," "Out-of-Order," or like sign shall be placed in a conspicuous location or an operator shall remain at the pendant.

(4) Before re-activation, verify that all guards and safety devices have been installed.

b. Adjustments. Based upon the manufacturer's documentation and/or experience, adjustments shall be made to assure that all crane components function properly, paying particular attention to:

(1) Brakes.

(2) Control system.

(3) Limit switches.*

(4) Power plants.

(5) Critical operating mechanisms and safety devices.

c. Repairs and Replacements. Repairs or replacements shall be provided for safe operation. Special attention shall be given to:

(1) Worn or damaged braking components such as friction discs, ratchets, pawls, and pawl springs.

(2) Load-supporting components that are cracked, bent, or worn.

(3) Missing or illegible warning labels.

(4) Hooks with cracks or deformations (see Chapter 5).

(5) Wire rope reduction, broken wires, kinking, crushing, unstranding, chain twist, stretch, wear, gouges, corrosion, and end connections improperly applied, cracked, bent, worn, or corroded. Criteria is provided in the periodic inspection Paragraph 403(8). Replacement rope or chain shall be of the same size, grade, and construction as original furnished by hoist manufacturer. When replaced, disassemble and inspect mating parts for wear, replace mating parts if necessary, and perform a proof load test.

* The hoist initial upper limit switch shall be verified by running the empty hook at full speed into the limit switch. It is recommended that the switch be verified at slow speed prior to adjustment. For cranes used for critical lifts the final upper limit switch shall be independently verified and adjusted as described above at installation and after modifications that could affect final limit switch operation. The final upper limit switch can be tested periodically by manually tripping the switch and verifying that all hoist motion is precluded.
PERSONNEL CERTIFICATION

a. **Program.** Only certified (licensed) and trained operators shall be authorized to use/operate hoists except for platform hoists where procedural controls can be provided in a technical operating procedure. Operators shall be trained and certified in accordance with the NHB 1700.1 (Vol. 1-A) "Basic Safety Manual." A training, examination, and licensing program shall be established or made available. For those NASA installations that do not have a training program, all hoist operators shall be trained and certified by a recognized hoist certification organization that normally performs this function. Certification should also include riggers and flagmen.

b. **Levels.** Two levels of operator training and proficiency will be established for hoist operators. Operations where critical lifts are involved will require a more rigid operator certification program than those operations that involve lifts of a more routine nature and that do not involve critical hardware or unique hazards. All hoist operators will be certified to at least one of the two levels. The basic (noncritical) certification program will include the following:

(1) **Training**

   (a) Classroom training in safety and first aid/emergency procedures, general performance standards, requirements, and pre-operational checks (for initial certification and as needed).

   (b) Hands-on training (for initial certification and as needed).

   (c) An annual review of the items in Subparagraph (a) above. (This may be conducted on an informal basis by local supervisory personnel.)

(2) **Examination**

   (a) Physical Examination (criteria to be determined by the cognizant medical official using ANSI requirements).

   (b) Written examination.

   (c) Operational demonstration (for initial certification only).

(3) **Licensing/Operator Certification**

   (a) An organizational element shall be designated to issue operator licenses/operator certification. Provisions shall be made to revoke licenses for negligence, violations of safety requirements, or failure to meet medical standards.
Provisions shall be made for periodic checks of operators to verify they have licenses in their possession.

The licenses shall indicate the type of hoist the holder is qualified to operate. Alternate, the organizational element may elect to maintain a master list of licensed operators in lieu of issuing individual licenses, providing copies of the list are readily available to assurance and supervisory personnel at the work site.

(b) Renewal of all licenses shall require demonstration of proficiency. Licenses or certifications will expire on a maximum basis of 4 years. Renewal procedures will be established by each licensing organization but as a minimum, will include items in Subparagraphs (1)(a), (2)(a), and (2)(b) above.

c. Critical Lifts/Licensing/Certification. In addition to the training, examination, licensing, and renewal requirements above, operators that are being certified to perform critical lifts must be trained in the specific hazards and special procedures associated with the lift. Operators must also demonstrate proficiency and operating finesse with the hoist utilizing a test load as appropriate for the initial certification or alternately immediately supervised by a certified operator during the first initial lifting period. The licenses will indicate specific hoists for which the operator is certified.

406 OPERATIONS

a. Only certified and trained operators shall be authorized to use/operate lifting devices, including hoist operations except for platform operators where procedural controls can be provided in a technical operating procedure.

b. The following practices shall be observed during all hoist operations:

(1) When an "Out-of-Order" sign has been placed on the starting controls, the hoist operator shall not power the unit or start operations until required repairs, inspections, and retests have been made.

(2) Before starting a hoist, the operator shall be certain that all personnel are clear of the area. Operators shall not engage in practices that will divert their attention while operating a hoist.

(3) The operator shall test all controls before beginning an operation. If the controls do not operate properly, adjustments or repairs shall be made before operations begin.
(4) Hoists shall not be loaded beyond rated load except during authorized tests. Platform systems shall not be loaded beyond maximum load as designated on the platform hoist system.

(5) Hoists shall not be used for handling personnel unless specifically designed for such purpose (see Chapter 7).

(6) Personnel shall not be located under suspended or moving loads unless the operation adheres to the OSHA-approved NASA Alternate Standard for Suspended Load Operations. (See Appendix B.)

(7) An operator shall be at the hoist controls at all times while a load is suspended. Any operator change required while a load is suspended shall be accomplished via a safety approved procedure designed for the specific hoist and operation.

(8) The operator shall check the upper limit switch with no load at the beginning of the shift. If an operation is in progress or an item is attached to a hoist hook at shift change, this check shall be made at the next reasonable opportunity. Upper limit switches shall not be used as operating controls.

(9) Hoists should not be used to load test items such as slings, platforms, or lifting fixtures unless specifically identified to do so based on a specified percentage of rated load and safety analysis report and approved by the center SRM&QA Director. This is to prevent damage to the hoist due to sudden unloading should the test article fail.

(10) Installed or fixed air or electric powered hoists, excluding platform systems, shall be operated by designated personnel only.

(11) The operator shall ensure that the hoist is within inspection and periodic certification interfaces by examination of its tag(s) and/or appropriate documentation.

(12) Outdoor hoisting operations should not commence if winds are above 20 knots steady state.

(13) Hoists shall not be used for side pulls with or without a load on the hook. A side pull is considered to be an exaggeration (beyond design limit) of the fleet angle or the lead angle, as determined by visual inspection.

(14) Standard hand signals shall be used for all lifting operations. Signals shall be in accordance with Appendix C and shall be posted in a conspicuous location.
Special precautions shall be taken while handling explosives or EEDs. Safety support shall be available. Barricades and warning signs shall be erected to control access. Voltage checks on hoist hooks that will handle explosives or EEDs shall be performed to verify that voltage readings do not exceed 75.0 millivolts. Hoist hooks shall be connected to facility ground before connecting to explosives or EEDs. Electrical bonding (or grounding) of the hook and load shall be accomplished prior to the lifting operations while handling explosives, electro explosive devices, or electrically sensitive payloads. The bonding shall be measured, verified to be within specifications by inspection personnel, and recorded prior to the lift. A ground should be connected at all times. If a ground connection must be disconnected to facilitate operations, an alternate ground should be connected prior to disconnecting the existing ground. The final attachment/detachment must be at least 10 feet from open propellant grain, explosives, or EEDs. The use of radio transmissions in the vicinity of explosives shall be evaluated for danger potential prior to the operation.

Policy shall be developed and enforced for hoist operation during electrical storms. Operations are generally permitted without restriction within enclosed metal or framed buildings that are properly grounded. Restrictions are necessary for outside operations or for those that cannot tolerate power failure/loss. Some loads require grounding at all times.
CHAPTER 5: HOOKS

500 GENERAL

This chapter establishes safety standards for the testing, inspection, maintenance, and operation of hooks used with lifting equipment.

501 TESTING

Hooks shall be required to pass the tests of the equipment of which they are a part. Written, dated, and signed test reports shall be prepared in conjunction with the test reports for the equipment of which they are a part. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use.

502 INSPECTIONS

a. Inspections for hooks shall be governed by the inspection requirements for the equipment of which they are a part. They shall be examined for wear, deformation, cracks, latch damage, and improper attachment with particular emphasis on the following deficiencies:

(1) Wear exceeding 10 percent (or as recommended by the manufacture) of the original sectional dimension.

(2) A bend or twist exceeding 10 degrees from the plane of the unbent hook.

(3) For hooks without latches, an increase in throat opening exceeding 15 percent (or as recommended by the manufacture); for hooks with latches, an increase of the dimension between a fully-opened latch and the tip section of the hook exceeding 8 percent (or as recommended by the manufacturer).

(4) Latches that are inoperative or fail to fully close the throat opening because of wear or deformation.

(5) Cracks, nicks, and gouges (see Paragraph 503b)

b. If hooks are painted, visual inspection should take this coating into consideration. Surface variations can disclose evidence of heavy or severe service. Such instances may call for stripping the paint to allow for more detailed analysis.

c. Hooks shall be given a NDE using magnafluxing or other method immediately after all rated load and proof load tests and prior to further use of the hook. A visual inspection of hooks used for non-critical lifts (if not attached to a crane) and sling hooks of 5 tons or less is acceptable.
503 MAINTENANCE

a. Hooks with deficiencies as noted in Paragraph 502 shall be removed from service and replaced or repaired if extenuating circumstances exist and the repair is approved by the SRM&QA Director. Minor grinding of cracks is not considered repair providing an appropriate procedure is used. Hooks will be repaired by qualified personnel only. Hooks repaired by welding should be derated to reflect the inherent difference in the metal introduced by welding. Hooks must be removed from the crane assembly prior to welding.

b. Repair of cracks, nicks, and gouges shall be carried out by grinding longitudinally, following the contour of the hook, provided that no dimension is reduced more than 10 percent (or as recommended by the manufacturer) of its original value. (A qualified person may authorize continued use if the reduced area is not critical.)

504 OPERATIONS

a. Loads shall be centered in the base (bowl saddle) of the hook, to avoid point loading.

b. Hooks shall not be side or back loaded.

c. Duplex sister hooks shall be equally loaded on both sides and the pin hole shall not be point loaded or loaded beyond the rated load of the hook except for testing.
CHAPTER 6: HYDRA-SETS

600 GENERAL

This chapter establishes safety standards for the testing, inspection, and operation of Hydra-sets.

601 SAFETY ASPECTS

a. Safety Design Criteria. Hydra-sets used for critical lifts shall have a 5 to 1 factor of safety based on ultimate strength for load bearing elements.

b. Labeling of Hydra-sets Used for Critical Lifts. Hydra-sets that have the necessary design features, maintenance/inspection, and test intervals to lift critical loads will be marked conspicuously so that the operator and assurance personnel can distinguish that the Hydra-set is qualified for critical lifts. The rated load shall be plainly marked on each Hydra-set.


(1) A process shall be developed to identify those Hydra-sets that must meet critical lift requirements. Input will be gathered from facility, program, user, and assurance personnel. The results of the process will be documented and provided to the Center SRM&QA Director for approval.

(2) A design hazard analysis shall be performed on all Hydra-sets used for critical lifts to determine potential sources of danger, most probable failure modes and recommended resolutions for those conditions found in the hardware-facility-environment-human relationship that could cause loss of life, personal injury, loss of Hydra-set, facility, or load. The analysis shall also include Hydra-set description, reference documentation, severity assessment, and assessment of passive and structural components. Hazards that are identified shall be tracked (recorded and current status maintained) until final closure is verified. A system of risk acceptance is required for hazards that cannot be eliminated in a practical manner. The hazard analysis shall be part of the Hydra-set documentation and requires sustaining engineering maintenance. The design hazards analysis will be updated as Hydra-set modifications are made.

602 TESTING AND INSpections

Three types of tests required are: proof load tests, periodic load tests, and operational tests. Proof load and operational tests shall be performed prior to first use of new or structurally modified/repaired Hydra-sets. Operational and periodic load tests shall be performed periodically. The acceptable tolerance for test weight accuracy is ±2/-.0%. 
A post-load test inspection shall be performed to ensure that there is no visible damage. Cracks are suspected, suitable NDE techniques should be utilized to determine their extent. Tests shall be performed by designated personnel in accordance with approved technical operating procedures as follows:

a. **Proof Load Test.** Before initial use or after structural repair, test all Hydra-sets at 200 percent of rated load. Proof load tests shall be performed with piston rod fully extended to prevent instrument and seal damage. After proof loading, position piston at its midstroke and load test at 100 percent of rated load.

b. **Operational Test and Inspection.** With up to 50 percent of the rated load attached to the Hydra-set lower eye, operate the unit to approximately the midstroke position. Verify no downward or upward movement in excess of .005 inches in 5 minutes as measured by a dial indicator or equivalent. Perform test every 6 months or prior to use, whichever is later. Inspect unit for hydraulic leaks and initiate repairs when required. Inspect for structural damage and corrosion of the piston rod annually.

c. **Periodic Load Test.** Load tests shall be performed with the piston rod fully extended to prevent instrument and seal damage. Test all Hydra-sets at 125 percent of rated load every 4 years. For Hydra-sets used for critical lifts, these tests shall be based on frequency of usage. Hydra-sets used infrequently for critical lifts shall be load tested before each critical lift. Hydra-sets used frequently for critical lifts shall be load tested on a regular annual basis.

d. **Test Reports and Periodic Recertification Tags.** After each load test and/or semi-annual inspection, written, dated, and signed reports shall be prepared. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed by the responsible organization and shall be made readily available. Following the periodic load test, all Hydra-sets shall be given a tag, permanently affixed, identifying the equipment, stating the next required periodic load test date or the certification expiration date, and a quality control check assuring that the load test has been accomplished and that the next date is within the specified interval.

603 OPERATIONS

a. When seals are replaced, an operational test and inspection shall be performed.

b. Hydra-sets shall be stored in their appropriate handling containers when not in use.

c. Hydra-sets shall be clearly and permanently marked with rated load value.
d. Prior to use, the operator shall ensure the Hydra-set is within the inspection and periodic recertification intervals by examination of the certification tag(s) and/or documentation.

e. Hydraulically controlled Hydra-sets are preferred over pneumatically controlled Hydra-sets where close mating operations or accurate control of distances are required. Pneumatically controlled Hydra-sets shall not be used for these operations unless the following items are incorporated:

1. Installation of a fail-safe check valve in the Hydra-set. This is installed on the Hydra-set pneumatic feedline and "locks up" the Hydra-set in the event of a drop or loss of pneumatic control system pressure. A procedure shall be developed and implemented to assure that the valve is set to an appropriate sensitivity. Normally the valve is set at the mid-point of its range, which is satisfactory for most operations. However, depending on the specifics of the lift, it may be necessary to reset the valve using a dummy load as outlined in the manufacturer's recommended procedures.

2. Installation of a fast acting safety shutoff valve downstream of the load regulator that is used to provide positive control of the Hydra-set when no motion is desired.

3. Installation of electronic remote position indicators that warn operators of small movements of the hung load. However, these should only be installed if they will not adversely affect the operation or contamination control features of existing Hydra-sets.

4. Implementation of a training and operator certification program that specifically addresses the unique properties of pneumatically controlled Hydra-sets and operational procedures needed to retain positive control of the same during critical lift operations.

604 OPERATOR CERTIFICATION

a. A training and operator certification program that specifically addresses the unique properties of pneumatically controlled Hydra-sets and operational procedures needed to retain positive control of the same during close mating operations shall be implemented. Elements of the initial training and certification program will include a review of the above procedures, hands-on training, and an operational demonstration.

b. Licensing/operator certification will be issued on a 4-year basis. Renewal will require demonstration of proficiency.
CHAPTER 7: SPECIAL HOIST SUPPORTED PERSONNEL LIFTING DEVICES

700 GENERAL

This chapter establishes minimum safety standards for the design, testing, maintenance, inspection, and operation of Special Hoist Supported Personnel Lifting Devices. The purpose of this chapter is to set forth requirements intended to provide for the safety of personnel using this equipment and of the property and operations that this equipment supports. This chapter applies to hoist supported devices, which are intended to raise and lower persons before personnel occupy the platform. This chapter does not apply to structures that are hoisted unoccupied to a position and anchored or restrained to a stationary structure, before personnel occupy the platform. This chapter does not apply to elevators that are covered by ANSI A17.1 Elevators, Dumbwaiters, Escalators, and Moving Walks. Also, this chapter does not apply to ground supported personnel lifts such as manlifts, aerial devices, scissors lifts, etc., which are covered by ANSI A90 and A92 series standards and powered platforms.

701 DESIGN SAFETY ASPECTS

a. Generally, anytime it is necessary to raise and lower personnel with hoisting equipment, ANSI A17.1 Elevators, Dumbwaiters, Escalators, and Moving Walks should be used. Only when unique project requirements dictate that the elevator standard cannot be applied, then special equipment must be procured for raising and lowering personnel.

b. In some cases, standard design or custom designed equipment from manufacturers regularly engaged in the design, construction of personnel lifting devices can be used. This equipment must comply with applicable industry and government standards such as ANSI and OSHA and must be tested, maintained, and inspected to their requirements and as required herein. When industry standards do not apply to a specific project requirement, then a system of equivalent safety must be provided as outlined herein with appropriate concurrence of the applicable design, operations, and safety engineers.

c. A design hazard analysis and a Failure Mode and Effects Analysis (FMEA) shall be performed on all personnel lifting devices to determine potential sources of danger and recommended resolutions for those conditions found in the hardware/facility/environment/human relationship that could cause injury, loss of lift, or damage to property or impact to operations that this equipment supports. The analysis shall also include a system description, reference documentation, severity assessment, and assessment of certain passive and structural components. Hazards that are identified shall be tracked (recorded and current status maintained) until final closure is physically verified. A system of risk acceptance is required for hazards that cannot be eliminated in a practical manner.
d. **General design requirements.** The design shall be such as to produce a personnel lifting device, that will lift, lower, sustain, and transport personnel in a safe manner. The structure, mechanism, and material shall be of sufficient strength to meet operational and testing requirements and shall comply with applicable industry and government standards as a minimum and in addition, the requirements outlined in this chapter. The following requirements shall be met for all hoist supported personnel lifting devices:

1. It is the responsibility of various design, operations, and safety engineers to assure that the design, testing, operations, maintenance, and inspection of this equipment complies with the applicable industry and government's standards. Most hoist supported personnel lifting devices should comply with applicable industry standards. ANSI A120.1, A39 and A10 series, and government OSHA standards establish the configuration, materials, design stresses, safety devices, power and control, test, operation, inspection, and maintenance requirements that should be adhered to.

2. When industry standards do not cover a unique project requirement, then a system of equivalent safety must be provided. This system may consist of two separate independent support systems. That is to separate hoists such that the failure of one hoist, its reeving system, or other component will not cause the stability of the personnel lifting device to be lost or prohibit its movement to a safe location. With this configuration, the use of alternate materials, or use of higher design stresses than permitted by industry and OSHA standards can be provided with concurrence from the various designs, operations, and safety engineers. Operation, maintenance, and inspection requirements shall be developed to provide equivalent certification of equipment as required by industry and OSHA standards and as outlined herein.

3. A lockout device shall be provided on all hoist supported lifting devices to prevent unauthorized use.

4. A method for safe egress of personnel or emergency lowering to the ground level or other safe location shall be provided. The emergency lowering shall be clearly marked and accessible from the ground or fixed structure.

5. An emergency stop device that deenergizes the powered systems and stops the personnel lifting device movement shall be provided to the personnel controlling movement of this personnel lifting device. An additional emergency stop separate from normal operating controls should be considered for personnel at ground level or on a fixed structure to enhance operational safety.
The rated capacity of the personnel lifting device shall be clearly marked at the entrance-way and warnings, cautions, and restrictions for safe operations shall be provided in accordance with the applicable industry and government standards or in accordance with ANSI Z35.1 Accident Prevention Signs.

**TESTING**

Testing of personnel lifting devices shall be completed in accordance with its applicable industry standard and OSHA requirements. The responsible design, operations, and safety engineers shall develop and oversee these tests for each system as required by these standards and as described herein. The following tests shall also be completed (or combined with industry requirements when practical so as not to duplicate efforts).

Three types of tests are required for personnel lifting devices: proof load tests, rated load tests, and operational tests. Proof load tests and operational tests shall be performed prior to first use for new or extensively repaired or altered components directly involved in the hoist or personnel lifting device load path. Repairs or alterations to nonlifting or holding components do not necessitate the need for a load test, although a functional check should be performed to determine if the repairs or alterations are acceptable. The rated load and operational tests shall be performed annually. If a personnel lifting device is upgraded, a proof load test and an operational test shall be performed based on the upgraded rating. The acceptable tolerance for test weight accuracy is +2/-0%. All load and operational tests shall be performed by qualified personnel in accordance with written (specific or general) technical operating procedures approved by SRM&QA. After a proof load or rated load test, a post-test inspection of the personnel lifting device and its components shall be performed to ensure that there is no damage prior to the personnel lifting device being released for service. This inspection shall include NDE of components that are suspected to be cracked or otherwise affected by the test. The rated load test requirement may be fulfilled by a concurrently performed proof load test.

a. **Proof Load Test.** Before first use, all new, extensively repaired, extensively modified, or altered personnel lifting devices shall undergo a proof load test at 1.5 times the rated load. A proof load test may also be performed when there is a question in design or previous test accomplishment. The load shall be secured to the personnel lifting device and lifted slowly and in an area where minimal damage will occur if the personnel lifting device fails. Test loads shall not exceed the rated load times 1.5, unless approved by the SRM&QA Manager and recommended by the manufacturer. The load rating of the personnel lifting device shall be clearly marked to be legible from the operator’s or user’s position and shall not be more than the proof load test weight divided by 1.5.

b. **Rated Load Test.** Each personnel lifting device shall be tested at least once every year with a load equal to the rated load.
c. Operational Test. When a proof load or rated load test is performed, an operational test with the rated load shall also be performed. The following functions shall be tested through the full range of operation.

(1) Raising and lowering the personnel lifting device at various speeds through the full safe operating range.

(2) Travel mechanisms and stabilizers.

(3) All limit switches, locking devices, emergency stop switches, emergency lowering and other safety devices, excluding thermal overload and circuit breakers.

d. Test Reports and Periodic Recertification Tags. After each test, written, dated, and signed test reports shall be prepared by designated personnel, including procedure reference and adequacy of test. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and shall be made readily available by the organization responsible for testing the personnel lifting device. Following the rated load test, personnel lifts shall be given a tag to be permanently affixed identifying the equipment, stating the next required rated load test date or certification expiration date, and containing a quality control indication assuring that the rated load test has been accomplished and that the next required rated load test date does not exceed 1 year.
703 INSPECTION

a. Inspection of personnel lifting devices shall be completed in accordance with its applicable industry standard and OSHA requirements and shall be performed on all personnel lifting devices. The responsible design, operation, and safety engineers shall develop and oversee the tests for each system as required by these standards and as described herein. The following inspections shall also be completed (or combined with industry requirements where practical so as not to duplicate efforts). Inadequacies discovered during an inspection shall be documented and, if determined to be a hazard, corrected prior to further use. Inspections shall be made by designated personnel in accordance with approved technical operating procedures. There are two types of safety inspections for personnel lifting devices: daily and periodic.

b. All new, extensively repaired, or modified personnel lifting devices shall be given a daily and a periodic inspection prior to first use. For component repair on personnel lifts, only the inspections that apply to the repaired portion need to be performed prior to first use unless a periodic inspection interval expires during the down time (see Paragraph 703-e).

c. Personnel lifts in regular service (used at least once a month) shall be inspected as required in Paragraphs 703-d and 703-e. Idle personnel lifting devices shall be inspected in accordance with Subparagraph 703-f.

d. Daily Inspection. Daily inspections shall be performed prior to first use each day the personnel lifting device is used, and shall include the following:

(1) Check for defects such as cracked welds, damaged control cables, loose wire connections, and wheel or roller damage.

(2) Check functional operating and control mechanisms and guard rails for maladjustments that could interfere with normal operations.

(3) Check hose and fittings, tanks, valves, drain pumps, gear casings, and other components of fluid systems for deterioration and leaks.

(4) Without disassembling, inspect all functional operating and control mechanisms for excessive wear and contamination by excessive lubricants or foreign matter.

(5) Inspect hooks for cracks and deformities (see Chapter 5).

(6) Inspect rope reeving for proper travel and drum lay.

(7) Inspect hoist chains for excessive wear or distortion.
e. **Periodic Inspection.** Periodic inspections shall be performed at varying intervals, depending on activity, severity of service, and environment. At least once a year, unless otherwise specified below, inspect for:

1. Deformed, cracked, or corroded members and welds and loose bolts or rivets in personnel lift structure. Various methods of nondestructive examination such as ultrasonics, x-ray, magnetic particle, dye penetrant, etc., shall be utilized as needed.
2. Cracked or worn sheaves and drums.
3. Excessive wear or cracks in pins, bearings, shafts, gears, followers, and locking and clamping devices. NDE techniques shall be used if cracks are suspected.
4. Excessive wear in hoist brake and clutch system parts, linings, pawls, and ratchets.
5. Excessive wear in chain drive sprockets and stretch in the chain.
6. Abnormal performance in power plant(s) and compliance with applicable safety requirements, such as locations of guards on belts.
7. Evidence of a malfunction in braking and locking devices.
8. Evidence of a malfunction in any safety device.
9. Pitting or other signs of deterioration in electrical apparatus.
10. Evidence of overheating.

**Inspect Monthly For:**

11. Wear, twist, distortion, or stretch of hoist chains.
12. Reduction of diameter, broken or worn outside wires, kinks, unstranding, broken or corroded end connections, and crushed sections of wire rope.
13. **Visible deformation or cracks in hooks.** Suitable NDE shall be performed on hooks (see Chapter 5).

f. **Idle and Standby Personnel Lifting Devices.** Personnel lifting devices idle for more than 1 month shall be inspected prior to first use in accordance with the requirements of Paragraphs 703a and 703b that were not performed at required intervals and recorded during the standby period.
g. **Inspection Reports.** After each periodic inspection of an active, idle, or standby personnel lifting device, written, dated, and signed inspection reports shall be prepared by designated personnel, including procedure reference and adequacy of manlift. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and be made readily available by the organizational element responsible for personnel lift inspection.

704 **MAINTENANCE**

A preventive maintenance program shall be established based on manufacturer recommendations and/or experience gained from use of the equipment. The program shall include procedures and a scheduling system for normal periodic maintenance items, adjustments, replacements, and repairs. The program shall also ensure that records are kept and unsafe test and inspection discrepancies are documented and corrected.

705 **PERSONNEL CERTIFICATION**

Operators shall be trained and certified before operating a personnel lifting device. In accordance with the NHB 1700.1 (Vol. 1-A) "Basic Safety Manual," a training, examination, and licensing program shall be established or made available. For those NASA installations that do not have a training program, all personnel lifting device operators shall be trained and certified by a recognized certification organization that normally performs this function. The basic certification program will include the following:

a. **Training**

   (1) Classroom training in safety and first aid/emergency procedures, general performance standards, requirements, and pre-operational checks (for initial certification and as needed).

   (2) Hands-on training (for initial certification and as needed).

   (3) An annual review of items (1) and (2) above. (This may be conducted on an informal basis by local supervisory personnel.)

b. **Examination**

   (1) Physical examination (criteria to be determined by the cognizant medical official using ANSI requirements).

   (2) Written examination.

   (3) Operational demonstration (for initial certification only).
c. **Licensing**

An organizational element shall be designated to issue operator licenses. Provisions shall be made to revoke licenses for negligence, violations of safety requirements, or failure to meet medical standards. Provisions shall be made for periodic checks of operators to verify they have licenses in their possession. The licenses shall indicate the type of personnel lifting device the holder is qualified to operate. Alternately, the organizational element may elect to maintain a master list of licensed operators in lieu of issuing individual licenses, providing copies of the list are readily available to assurance and supervisory personnel at the work site.

d. **Renewal**

Licenses or certifications will expire on a maximum basis of 4 years. Renewal procedures will be established by each licensing organization but as a minimum will include items in Paragraphs 705a and 705b above.

706 **OPERATIONS**

a. Personnel lifting devices shall be operated in accordance with applicable industry standards, government requirements, and manufacturers instructions. The following practices shall be observed for personnel lift operations:

1. Determine that the proposed personnel lifting operation is either the least hazardous method or the only method available to position personnel so that an operation can be accomplished.

2. Before use, the operator shall have read and understood the manufacturer's operating instructions and safety rules, have been trained and licensed in accordance with Paragraph 705, and have read and understood all decals and warnings on the device.

3. Before use, the operator shall have inspected the personnel lifting device per the daily inspection requirements. The operator shall perform a pre-operational check to demonstrate operational readiness. If controls do not operate properly, the operator is responsible for notifying the supervisor. Repairs and adjustments shall be made before operations begin.

4. Before the personnel lifting device is used, the operator shall survey the area for applicable hazards such as overhead obstructions and high-voltage conductors, debris, bumps and loose obstructions, dropoffs and holes, ditches, untamped earth fills, clear path of travel, stable footing, and other possible hazardous conditions. The operator shall establish appropriate safety zones before initiating operations.
(5) Detailed technical operating procedures describing personnel lifting device operation, emergency steps, communication requirements, and special requirements shall be prepared. There must be a formal system for review, approval, and updating to maintain valid operating procedures. Emergency procedures shall be developed for contingency actions such as power loss, brake failure, or other emergencies.

(6) A personnel lifting device shall not be loaded beyond its rated load (capacity) except for proof load testing and stability testing.

(7) The operator shall ensure that the personnel lifting device is within inspection and testing intervals by examination of the periodic recertification tags and documentation.

(8) Necessary clothing and personnel belongings shall be stored so as not to interfere with access or operations. Tools, oil can, waste, extra fuses, and other necessary articles shall be stored properly, and shall not be permitted to lie loose during the personnel lift. Operators shall be familiar with the operation and care of the fire extinguishers provided.

(9) Prior to an operation, personnel lifting device operators shall test the communication system. Operation shall stop immediately upon communication loss, and shall not continue until communication is restored.

(10) Operator discipline shall be maintained at all times. There shall be no eating, drinking, or rowdiness, etc., during personnel lifting operations. Personnel shall keep all parts of the body, tools, and equipment inside the work platform periphery during raising, lowering, and traveling operations.

(11) Fall protection is required for personnel utilizing personnel lifting devices. Where possible, personnel should tie off to approved attachment points not on the work cage. Handrails shall not be used as an attachment point.

(12) Personnel lifting devices requiring personnel to hold onto a moving platform shall require use of both hands. Tools and other objects shall be carried in canvas bags or by other methods that free both hands and do not present a snagging hazard. Alternate methods of tool delivery beside personnel lifting devices should be investigated.
CHAPTER 8: SLINGS

800 GENERAL

This chapter establishes safety standards for the testing, inspection, and operation of slings. This includes slings constructed of wire rope, alloy steel chain, metal mesh, natural or synthetic fiber, and structural slings and associated equipment such as shackles, turnbuckles, eyebolts, etc.

801 DESIGN SAFETY ASPECTS

a. Safety Design Criteria that should be emphasized during sling design are contained in the documents listed in Paragraph 105. Sling design shall be in accordance with industry standards and meet the applicable requirements of OSHA and ANSI. Sling design shall maintain the minimum design load safety factors, based on ultimate material strength, listed in Table 8-3.

b. Labeling of Slings Used for Critical Lifts. A system shall be developed to identify slings used in critical lift applications. Completely assembled slings that have the necessary design features and maintenance/inspection, and test intervals to lift critical loads will be marked conspicuously so that the operator and assurance personnel can distinguish that the sling is qualified for critical lifts.

802 TESTING

Two types of tests are required of slings: proof load tests and periodic load tests. Proof load tests shall be performed prior to first use of new extensively modified, repaired, or altered slings. The periodic load test shall be performed periodically on all slings (except those structural slings designated as non-load test slings). Turnbuckles shall be tested at the open position as a minimum. It is recommended that turnbuckles be tested at the open, closed, and midway positions. These tests shall be performed by qualified personnel in accordance with written (specific or general) technical operating procedures approved by SRM&QA. The acceptable tolerance for test weight accuracy is ±2/-0%. When slings are composed of major components that fall into more than one of the categories listed in Table 8-1, the components shall be tested individually according to applicable requirements and then as a system to the lowest test value (if practical). A post-load test inspection shall be performed to ensure that there is no damage. A periodic load test requirement can be fulfilled by a concurrent proof load test. Three to five minutes is the normal time for holding the load during the load test.

a. Proof Load Test. Before first use, all new, extensively modified, repaired or altered slings shall undergo a proof load test at a specified factor of the manufacturers rated load in accordance with Table 8-1. Proof load tests performed by the manufacturer prior to delivery are acceptable, if the
necessary test certification papers are provided to verify the extent and thoroughness of the test on the specific item. A proof load test may also be performed at a prescribed time when there is a question in design or previous test accomplishment. All components shall be tested together as a system, if practical.

b. **Periodic Load Test.** Sling, except those designated as non load test structural slings shall undergo periodic load tests. Slings shall undergo periodic load tests every 4 years at a specific load test factor of the design rated load as given in Table 8-2. All components shall be tested together as a system, if practical. For slings used for critical lifts, these tests shall be based on frequency of use. Sling used infrequently for critical lifts shall be load tested before each critical lift. Sling used frequently for critical lifts shall be load tested on a regular annual basis.

| Table 8-1. Proof Load Test Factors  
(Based on Manufacturers’ Rated Load) |
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td><strong>Equipment</strong></td>
<td><strong>Proofload Test Factor</strong></td>
</tr>
<tr>
<td>Wire Rope Slings</td>
<td>2.0</td>
</tr>
<tr>
<td>Alloy Steel Chain Slings</td>
<td>2.0</td>
</tr>
<tr>
<td>Metal Mesh Slings</td>
<td>1.5</td>
</tr>
<tr>
<td>Natural or Synthetic Rope Slings</td>
<td>1.0</td>
</tr>
<tr>
<td>Natural or Synthetic Web Slings</td>
<td>1.0</td>
</tr>
<tr>
<td>Structural Slings</td>
<td>2.0*</td>
</tr>
<tr>
<td>Shackles, Turnbuckles, Eye Bolts etc.</td>
<td>2.0</td>
</tr>
</tbody>
</table>

*Unless otherwise specified by design due to material characteristics, geometry, safety factors, etc., but in any case, at least 125 percent of rated load.

| Table 8-2. Periodic Load Test Factors  
(Based on Manufacturers’ Rated Load) |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Equipment</strong></td>
<td><strong>Periodic Load Test Factor</strong></td>
</tr>
<tr>
<td>Alloy Steel Chain Slings</td>
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</tr>
<tr>
<td>Wire Rope Slings</td>
<td>1.25</td>
</tr>
<tr>
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<td>1.25</td>
</tr>
<tr>
<td>Structural Slings</td>
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</tr>
<tr>
<td>Natural or Synthetic Rope Slings</td>
<td>1.00*</td>
</tr>
<tr>
<td>Natural or Synthetic Web Slings</td>
<td>1.00</td>
</tr>
<tr>
<td>Shackles, Turnbuckles, Eye Bolts,</td>
<td></td>
</tr>
<tr>
<td>Metal Pins, and Links</td>
<td>1.25</td>
</tr>
</tbody>
</table>

*Critical lift rope slings of natural or synthetic material shall not be used beyond 50 percent of the manufacturer’s rating in order to maintain an equivalent safety factor in the load system.
c. **Sling Rated Load.** Rated loads for slings shall be based on the periodic load test weight divided by the periodic load test factor (Table 8-2). For metal mesh slings, the rated capacity will be noted for vertical basket and choker hitch configurations. For natural or synthetic rope slings, used in noncritical lifts, a 50 percent derating for use is advised. For natural or synthetic rope slings used in critical lifts a 50 percent derating is required.

d. **Test Reports and Periodic Recertification Tags**

(1) Written, dated, and signed reports shall be prepared after each test. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and be readily available by the organizational element responsible for sling testing.

(2) Following the load test, all slings shall be given a tag, permanently affixed, identifying the equipment, stating the rated capacity based on the load test value and the next periodic load test due date or certification expiration date, and a quality control indication assuring that the load test has been accomplished, the rated capacity is correct and that the next required periodic load test date does not exceed the required interval. For alloy steel chains, size, grade, and reach shall be stated along with the rated load. For natural or synthetic rope slings used for critical lifts, the marked rated load shall be 50 percent of the manufacturer's rated load. The type of material shall also be stated.

803 **INSPECTION AND MAINTENANCE**

Inspections shall be performed on all slings. Visual inspections for cracks, deformations, gouges, galling, kinks, crushed areas, corrosion, and proper configuration shall be performed each day the sling is used, prior to use. An indepth inspection shall be performed annually or when a sling is suspected to have even a small loss of strength or is repaired. Inspections shall be performed by qualified personnel in accordance with approved technical operating procedures. Inadequacies shall be documented and, if determined to be a safety hazard, corrected prior to further use.

a. **Daily Inspections.** Daily inspections shall be performed prior to first use each day the sling is used and shall include the following:

(1) Check for defects such as cracks, deformations, gouges, galling, kinks, crushed areas, and corrosion.

(2) Check for proper configuration.
b. **Periodic Inspections.** The following inspections shall be performed at least once a year, unless otherwise specified below, and discrepancies shall be cause for replacement or repair:

(1) **Alloy Steel Chain**

(a) Inspect each link individually to ensure every link hangs freely with adjoining link.

(b) Ensure that wear, corrosion, or deformities at any point on chain do not exceed 20 percent of original dimensions.

(c) Ensure that master links are not deformed.

(2) **Wire Rope Slings**

(a) Ensure that there are fewer than 10 randomly distributed broken wires in one rope lay or 5 broken wires in 1 strand in 1 rope.

(b) Ensure wear or scraping is less than 1/3 the original diameter of outside individual wires.

(c) Inspect for kinking, crushing, bird caging, or any other distortion of the rope structure.

(d) Inspect for excessive heat damage.

(e) Inspect for cracked, deformed, or worn end attachments.

(f) Inspect for significantly corroded rope or end attachments.

(3) **Metal Mesh Slings**

(a) Ensure that there are no broken welds or brazed joints along the sling edge.

(b) Ensure that reduction in wire diameter does not exceed 25 percent due to abrasion or 15 percent due to corrosion.

(c) Inspect for lack of flexibility due to distortion of the fabric.

(d) Ensure that there is no more than a 25 percent reduction of the original cross-sectional area of metal at any point around a handle eyes.

(e) Inspect for distortion of either handle out of plane, more than 10 percent decrease in eye width, and more than 10 percent increase in the receiving handle slot depth.
(4) Natural and Synthetic Fiber Rope Slings

(a) Inspect for abnormal wear.
(b) Ensure that there is no powdered fiber between stands.
(c) Inspect for broken or cut fibers.
(d) Ensure that there is no rotting or acid or caustic burns.
(e) Inspect for distortion of associated hardware.

(5) Synthetic Webbing Slings

(a) Ensure that there are no acid or caustic burns.
(b) Inspect for melting or charring of any part of surface.
(c) Inspect for snags, punctures, tears, and cuts.
(d) Inspect for broken or worn stitches and rotting.
(e) Ensure that wear or elongation does not exceed amount recommended by the manufacturer.

(6) Structural Slings

(a) Verify overall that there is no evidence of damage, gouges in metal, flaking paint, loose bolts, rivets, connections, or deformations such as galling or gouges in pins, eyes, and end connections.
(b) Ensure that there are no bent, deformed, cracked, or excessively corroded support or main members.
(c) Without disassembly, inspect load bearing bolts for evidence of deterioration. Verify that assemblies are intact and that there has been no shifting or relative motion of parts.
(d) Inspect attachment and lifting lugs for visual deformation and evidence of local yielding.
(e) Ensure that there are no elongated attachment or lifting holes.
(f) Inspect around fasteners for local yielding and deformation.
(g) Remove and inspect load bearing slip pins for deformation, evidence of bending, abnormal defects such as galling, scoring, brinelling, and diameters not within design tolerances. Verify that there are no cracks. Dye penetrant, magnafux, x-ray, or ultrasonics shall be used when required by design requirements or when cracks are suspected.

(h) Inspect pin bores for deformation, local yielding, scoring, galling, brinelling, and diameters not within design tolerances. Verify that there are no cracks. Dye penetrant or ultrasonics shall be used when required by design requirements or when cracks are suspected.

(i) Inspect welds for cracks, evidence of deformation, deterioration, damage, or other defects by:

1. Visual inspection of all welds.

2. Ultrasonics, x-ray, magnetic particle, dye penetrant, or eddy current as appropriate for critical welds as identified on the design drawings and welds where cracks are suspected.

(j) Inspect all parts, particularly bare metal, for corrosion. Corrosion-protect all surfaces with strippable vinyl that are not to be painted, lubricated, or coated. Do not paint over uninspected areas; do not paint over cracks, deformations, deterioration, or other damage until engineering assessment has been made.

(k) All slings rejected during inspection shall be marked and destroyed as soon as possible to avoid unintentional use. An engineering assessment will be made to determine if the sling is repairable. Non repairable slings will be scrapped.

(l) **Inspect hooks for deformations or cracks.** Suitable NDE shall be performed on hooks (see Chapter 5).

c. **Idle Slings.** Slings that are idle will be inspected prior to use to fulfill the requirements in Paragraph 803a and 803b that may have expired during the idle time.

d. **Inspection Reports.** Written, dated, and signed inspection reports shall be prepared after each periodic inspection. Inadequacies shall be documented and, if determined to be a hazard, corrected prior to further use. These reports shall be filed and made readily available by the organizational element responsible for inspecting sling(s).
a. The following safety practices shall be followed when using slings:

(1) Select a sling of suitable rated capacity, use proper hitch, and attach the sling securely to the load. For critical lifts, rope slings of natural or synthetic construction shall not be used beyond 50 percent their rated load. (The minimum safety factors for determining rated load are provided in Table 8-3.)

(2) Avoid kinks, loops, or twists in the legs.

(3) Start lift slowly to avoid shock loading the slings.

(4) Do not pull a sling from under a load when the load is resting on the sling. Block the load up to remove the sling.

(5) Do not shorten a sling by any means. Knotting and wire rope clips are prohibited.

(6) Keep metallic slings lubricated/painted so as to prevent corrosion.

(7) Slings shall not be loaded in excess of the rated load except as required for periodic load tests.

(8) Particular attention shall be given to preventing corrosion. Slings shall be stored such that they will not be damaged by moisture, heat, sunlight, or chemicals. Nylon shall not be used in an acid or phenolic environment. Polyester, polypropylene, and aluminum shall not be used in a caustic environment.

(9) Precautions shall be taken to assure proper assembly of hardware, that the proper configuration is maintained, and that all load bearing components are traceable to the most recent load test. This may be accomplished by clearly marking/coding or tethering all components of the assembly, through configuration control, or other procedures. (Note: Load bearing components not traceable to load test/certification will invalidate the load test/certification of the whole assembly.)

(10) The user shall ensure that the sling is within the inspection and periodic recertification intervals by examination of the tags and/or documentation.

(11) Sling repair shall maintain the minimum design load safety factors based on ultimate material strength. These factors are listed in Table 8-3.
Table 8-3. Minimum Safety Factors for Slings

<table>
<thead>
<tr>
<th>Equipment</th>
<th>Design Load Safety Factor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alloy Steel Chain</td>
<td>5</td>
</tr>
<tr>
<td>Wire Rope</td>
<td>5</td>
</tr>
<tr>
<td>Metal Mesh</td>
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<tr>
<td>Manila Rope</td>
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<tr>
<td>Nylon Rope</td>
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<td>Nylon Web</td>
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<tr>
<td>Polyester Rope</td>
<td>9</td>
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<tr>
<td>Polypropylene Rope</td>
<td>6</td>
</tr>
<tr>
<td>Structural</td>
<td>3 times yield and 5 times ultimate</td>
</tr>
</tbody>
</table>

Note: Design load safety factor based on ultimate material strength.
APPENDIX A: ACRONYMS AND DEFINITIONS


Brake: A device, other than a motor, used for retarding or stopping motion by friction or power means.

Certification: That situation when the lifting device or equipment maintenance, test, or other operational checks have been performed and are current.

CMAA: Crane Manufacturers Association of America, Inc.

Control Braking Means: A method of controlling speed by removing energy from the moving body or by imparting energy in the opposite direction.

Crane: A machine for lifting and lowering a load and moving it horizontally, with the hoisting mechanism an integral part of the machine.

Critical Lift: A lift involving major programmatic or institutional hardware that is irreplaceable, or will cause serious program or mission delays if damaged, or is hazardous to personnel if dropped or uncontrolled, or will require special budgetary actions to repair damages suffered from lifting malfunctions.

Critical Weld: A weld where the single failure of any portion could result in injury to personnel or damage to property or flight hardware by dropping or losing control of the load.

Derrick: An apparatus with a mast or member held at the head by guys or braces, with or without a boom and that uses a hoisting mechanism and operating ropes for lifting or lowering a load.

Designated Person: Any person who has been selected or assigned (in writing) by the responsible NASA organizational element or the using contractor as being qualified to perform specific duties. A licensed operator may serve as a designated person for the equipment he/she is licensed to handle.

Design Load: The value used by the manufacturer as the maximum load that around which the device or equipment is designed and built based on specified design factors and limits. This is also the load referred to as the "Manufacturer's Rated Load."

Deviations: An approved documented variance that allows departure from a particular performance or design requirement, or baselined operational sequence for specified units and/or for a specified period of time.

Eddy Current Brake (control braking means): A method of controlling or reducing speed by means of an electrical induction load brake.
Emergency Stop (E-Stop): A manually operated switch or valve to cut off electric power or release fluid power independently of the regular operating controls.

Failure Mode and Effects Analysis (FMEA): A systematic, methodical analysis performed to identify and document all identifiable failure modes at a prescribed level and to specify the resultant effect of the modes of failure.

Fleet Angle: The angle formed by the wire rope and the drum groove or the sheave groove in the plane which contains the wire rope and is parallel to the drum or sheave axis (see Figure 1A).

Frequently: For the purpose of this document, the term frequently is used to mean 1 year or less.

Hazard: Any real or potential condition that can cause injury or death to personnel, or damage to or loss of equipment or property.

Hoist: A machinery unit device used for lifting and lowering a load.

Hoist Supported Personnel Lifting Device: Lifting equipment such as a platform, bucket or cage supported by hoist(s) that is designed, built, tested, maintained, inspected, and certified as having sufficient reliability for safely lifting and lowering personnel.

Holding Brake: A friction brake that is automatically applied and prevents motion when power is off.

Hydra-set: Trade name for a closed circuit hydraulically operated instrument installed between hook and load which allows precise control of lifting operations and provides an indication of the applied load. It will be used in the general sense in this standard as a means of identifying precision load positioning devices.

Lead Angle: The angle formed by the wire rope and the vertical in the plane perpendicular to the drum or sheave axis (see Figure 2A).

Licensed Operator: Any person who has successfully completed the examination for crane, hoist, or heavy equipment operator and has been authorized to operate such equipment. (Note: This term includes certified and/or authorized operator.)

Load: The actual object being raised or moved.

Noncritical Lifting Device: A device (crane, hoist, etc.) whose failure or malfunction (loss of control, dropping a load, etc.) would not cause loss of life, loss of space vehicle, loss of payload, loss of mission essential hardware, or damage to flight or space hardware.

Nondestructive Evaluation (NDE): Test and inspection methods used to determine the integrity of equipment that do not involve destruction of the test object. Examples are ultrasonic, magnetic particle, eddy current, X-ray, dye penetrant, etc.
OEM: Original Equipment Manufacturer.

Operational or Working Load: A value representing the weight of the load actually being handled plus the load attaching equipment (slings, Hydra-set, spreader bars, etc.).

Operational Test: A test to determine if the equipment (limit switches, emergency stop controls, brakes, etc.) is functioning properly.

OSHA: Occupational Safety and Health Administration.

Periodic Load Test: A load test performed at predetermined intervals with load greater than the rated load, but less than the proof load.

Personnel Lift: For the purposes of this document, Personnel Lift is defined as a working platform that will lift, lower, sustain, and transport people.

Proof Load: The specific load or weight applied in performance of a proof load test and is greater than the rated load.

Proof Load Test: A load test performed prior to first use, after major modification of the load path or at other prescribed times. This test verifies material strength, construction, and workmanship and uses a load greater than the rated load.

Rated Load or Safe Working Load or Rated Capacity: An assigned weight that is the maximum load the device or equipment shall operationally handle and maintain. This value is marked on the device indicating maximum working capacity. This is also the load referred to as "Safe Working Load." If the device has never been downrated or uprated, this is also the "Manufacturer's Rated Load."

Rated Load Test: A load test performed at predetermined intervals with a load equal to the rated load.

Remote Emergency Stop (Remote E-Stop): An Emergency Stop remotely located from the regular operator controls.

Safety Factor: A ratio of ultimate strength, breaking strength, or yield strength to maximum permissible stress. It is not "reserve strength" that can be used to justify exceeding permissible stresses or exceeding the Design Load.

Single Failure Point: A single item or component that if a failure of it occurred, it would cause an undesired event such as dropping a load or loss of control.

Shall: The word "shall" indicates that the rule is mandatory and must be followed.

Should: The word "should" indicates that the rule is a recommendation, the advisability of which depends on the facts in each situation.

Sling: A lifting assembly and associated hardware used between the load and hoisting device hook.
Structural Sling: A rigid or semi-rigid fixture which is used between the load and hoisting device hook. Examples are spreader bars, equalizer bars, lifting beams, etc.

Tagline: A line used to restrain or control undesirable motion of a suspended load.

Waiver: An approved variance that authorizes departure from a specific performance or operational requirement for a specified mission or period of time.

Winch: A device used for hauling or pulling in a horizontal direction by means of a drum or barrel around which a rope or chain is wrapped or is shortened.

Wire Rope Slings: Wire ropes made into forms, with or without fittings, for handling loads and so made as to permit the attachment of an operating rope.

Working Load: If the device has never been downrated or uprated, this is also the "Manufacturer's Rated Load."
APPENDIX B:
NATIONAL AERONAUTICS AND SPACE ADMINISTRATION (NASA)
ALTERNATE SAFETY STANDARD FOR SUSPENDED LOAD OPERATIONS


Suspended Load Operation Definition

An operation is considered a suspended load operation and subject to the requirements of this standard if it meets all three of the following criteria:

1. The operation involves the use of a crane or hoist that supports the weight of a suspended load. (This excludes operations where the load is secured in a holding fixture or on substantial blocks supporting the entire load even though the crane/hoist hook may still be attached.) No distinction is made between a static load and a dynamic load. Rigging, i.e., slings, Hydra-sets, lifting fixtures, shackles, straps, when attached to the hook, is considered part of the load.

2. Personnel involved in the operation have any part of the body directly beneath the suspended load. (This excludes operations where employees have their hands on the sides of a load, i.e., to guide the load.)

3. In the event of a crane/hoist failure, as the load drops it could contact personnel working directly beneath it, with injury or death as a possible result. (This excludes operations where employees have their hands only partially under a load such that a crane or hoist device failure would push their hands out of the way not resulting in injury. This also excludes situations where the falling load would come to rest on hardware that is not suspended before an employee could be injured.)

Requirements

It is recognized that cranes and hoists do not generally meet the support requirements of a system that would allow personnel to work beneath a suspended load. NASA's first hazard avoidance protocol is to design hazards out of the system or operation. Accordingly, it is NASA's intent and goal that all future systems, hardware, and equipment be engineered, designed, installed, and operated to prevent exposing employees to working under loads suspended from cranes and hoists.
Due to the uniqueness of NASA activities and the limitations imposed when using present systems, hardware, equipment, and facilities, suspended load operations may be permitted only under specifically approved and controlled conditions. No suspended load operation shall be performed unless all (15) of the following special requirements are met:

(1) All suspended load operations will be approved by the Center/facility NASA Director of Safety based upon a detailed engineering hazards analysis of the operation. The hazards analysis will be prepared by the responsible safety organization and coordinated through appropriate engineering and design offices. The analysis documentation will include the following:

a. A justification as to why the operation cannot be conducted without personnel beneath the load. Feasible procedure/design options will be investigated to determine if the work can be accomplished without personnel working under a load suspended from a crane/hoist.

b. Details of the precautions taken to protect personnel should the load drop. Secondary support systems, i.e., equipment designed to assume support of (catch) the load preventing injury to personnel should the crane/hoist fail, shall be evaluated and used whenever feasible. Secondary support systems will be constructed with a minimum safety factor of 2 to yield.

c. The maximum number of exposed personnel allowed. Steps shall be taken to limit the number of personnel working under a load suspended from a crane/hoist. Only those essential personnel absolutely necessary to perform the operation will be allowed to work in the safety controlled area.

d. The time of exposure. Steps shall be taken to ensure that personnel do not remain under the load any longer than necessary.

(2) Each operation will be reviewed on a case-by-case basis.

(3) Only those suspended load operations approved by the Center/facility NASA Director of Safety will be permitted, subject to this standard. A list of approved suspended load operations will be maintained by NASA Safety.

(4) The operational procedures document (e.g., Operations and Maintenance Instruction, Technical Operating Procedure, Work Authorization Document) will be revised to specify the necessary additional requirements identified by the hazard analysis discussed in Paragraph (1). The procedures will be available on site for inspection during the operation.
During a suspended load operation, if a new procedure not covered by the original analysis is deemed necessary due to unusual or unforeseen circumstances, the NASA Center/facility Safety Office will be consulted and must approve and document the procedure before operations continue. Safety will coordinate with Operations, Engineering, and other organizations as appropriate. If the new procedure is to be performed on a regular basis, a detailed hazards analysis and approval as outlined in Paragraph (1) are required.

The crane/hoist shall be designed, tested, inspected, maintained, and operated in accordance with the NASA Safety Standard for Lifting Devices and Equipment (NSS/GO-1740.9). Test, inspection, and maintenance procedures will be developed and approved by qualified, responsible NASA engineers. Qualified specialists will perform the procedures and resolve noted discrepancies. NASA Quality Assurance will perform an independent annual inspection of all cranes/hoists involved in suspended load operations. The results of the annual inspections will be maintained and made available to Occupational Safety and Health Administration (OSHA) personnel upon request.

Each crane/hoist involved in suspended load operations shall undergo a Failure Modes and Effects Analysis (FMEA) that shall be approved by the Center/facility NASA Director of Safety. The FMEA will determine Single Failure Points (SFP), assessing all critical mechanical functional components and support systems in the drive trains and critical electrical components.

a. For those cranes/hoists identified as having no SFP whose failure would result in dropping the load, the total weight of the suspended load shall not exceed the device’s rated load.

b. For those cranes/hoists identified as having a SFP whose failure would result in dropping the load, use of that device for suspended load operations must be approved by NASA Headquarters. Complete documentation on the suspended load operation, including the hazards analysis outlined in Paragraph (1) and the FMEA described above, will be forwarded to NASA Headquarters for evaluation. Approval will be given based upon detailed analysis of the potential hazards and rationale for acceptance. Such cases will never exceed the device’s rated load.

Before lifting the load involved in a suspended load operation, the crane/hoist will undergo a visual inspection (without major disassembly) of components instrumental in assuring that the load will not be dropped (e.g., primary and secondary brake systems, hydraulics, mechanical linkages, and wire rope per NSS/GO-1740.9). Noted discrepancies will be resolved before the operation continues.
A trained and licensed operator (certified per NSS/GO-1740.9) shall remain at the crane/hoist controls while personnel are under the load.

Safety controlled areas shall be established with appropriate barriers (rope, cones, etc.). All nonessential personnel shall be required to remain behind the barriers.

Prior to the suspended load operation, a meeting with the crane/hoist operator(s), signal person(s), person(s) who will work under the load, and the person responsible for the task shall be held to plan and review the approved operational procedures that will be followed, including procedures for entering and leaving the safety controlled area.

Communications (voice, radio, hard wired, or visual) between the operator(s), signal person(s), and the person(s) working under the load shall be maintained. Upon communication loss, operations shall stop immediately, personnel shall clear the hazardous area, and the load shall be safed. Operations shall not continue until communications are restored.

Personnel working beneath the load shall remain in continuous sight of the operator(s) and/or the signal person(s).

NASA shall conduct periodic reviews to ensure the continued safety of the procedures.

A list of approved suspended load operations, list of cranes/hoists used for suspended load operations, and copies of the associated hazards analyses will be provided to the OSHA Office of Federal Agency Programs via NASA Headquarters for distribution to the appropriate regional and area OSHA offices. (NASA Headquarters, in conjunction with OSHA, will develop a format for transmittal of this information.) Quarterly updates to the documentation will be provided as needed.
APPENDIX C: HAND SIGNALS
OVERHEAD CRANES

HOIST. With forearm vertical, forefinger pointing up, move hand in small horizontal circle.

LOWER. With arm extended downward, forefinger pointing down, move hand in small horizontal circles.

BRIDGE TRAVEL. Arm extended forward, hand open and slightly raised, make pushing motion in direction of travel.

TROLLEY TRAVEL. Palm up, fingers closed, thumb pointing in direction of motion, jerk hand horizontally.

STOP. Arm extended, palm down, move arm back and forth.

EMERGENCY STOP. Both arms extended, palm down, move arms back and forth.

MULTIPLE TROLLEYS. Hold up one finger for block marked "1" and two fingers for block marked "2". Regular signals follow.

MOVE SLOWLY. Use one hand to give any motion signal and place other hand motionless in front of hand giving the motion signal. (Here slowly shown as example.)
MOBILE CRANES

**HOIST.** With forearm vertical, forefinger pointing up, move hand in small horizontal circles.

**LOWER.** With arm extended downward, forefinger pointing down, move hand in small horizontal circles.

**USE MAIN HOIST.** Tap fist on head; then use regular signals.

**USE WHIP LINE.** (Auxiliary Hoist) Tap elbow with one hand; then use regular signals.

**RAISE BOOM.** Arm extended, fingers closed, thumb pointing upward.

**LOWER BOOM.** Arm extended, fingers closed, thumb pointing downward.

**MOVE SLOWLY.** Use one hand to give any motion signal and place other hand motionless in front of hand giving the motion signal. (Hoist slowly shown as example.)

**RAISE THE BOOM AND LOWER THE LOAD.** With arm extended, thumb pointing up, flex fingers in and out as long as load movement is desired.

**LOWER THE BOOM AND RAISE THE LOAD.** With arm extended, thumb pointing down, flex fingers in and out as long as load movement is desired.

**SWING.** Arm extended, point with finger in direction of swing of boom.

**STOP.** Arm extended, palm down, move arm back and forth horizontally.

**EMERGENCY STOP.** Both arms extended, palms down, move arms back and forth horizontally.
TRAVEL. Arm extended forward, hand open and slightly raised, make pushing motion in direction of travel.

DOG EVERYTHING. Clasp hands in front of body.

TRAVEL. (Both Tracks) Use both fists in front of body, making a circular motion, about each other, indicating direction of travel, forward or backward. (For land cranes only.)

TRAVEL. (One Track) Lock the track on side indicated by raised fist. Travel opposite track in direction indicated by circular motion of either fist, rotated vertically in front of body. (For land cranes only.)

EXTEND BOOM. (Telescoping Booms) Both fists in front of body with thumbs pointing outward.

RETRACT BOOM. (Telescoping Booms) Both fists in front of body with thumbs pointing toward each other.

EXTEND BOOM. (Telescoping Boom) One Hand Signal. One fist in front of chest with thumb tapping chest.

RETRACT BOOM. (Telescoping Boom) One Hand Signal. One fist in front of chest, thumb pointing outward and heel of fist tapping chest.