On the Mechanism of Serotonin-Induced Dipsogenesis in the Rat

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PREVIOUS studies from this laboratory have shown that 5-hydroxytryptophan (5-HTP), the immediate precursor of serotonin, is a potent dipsogen when administered peripherally to rats [12, 18, 29]. The dipsogenic response to 5-HTP is inhibited by the peripheral decarboxylase inhibitor, carbidopa; by the dopaminergic antagonists, haloperidol and spiperone; by the \( \beta \)-adrenergic antagonist, propranolol; by the angiotensin II converting enzyme inhibitor, captopril, and clonidine; and by a peripheral serotonin receptor antagonist, methysergide [18,29]. The dipsogenic effect of 5-HTP is accompanied by an increase in plasma renin activity, but no significant change in either blood pressure or body temperature [3]. Attenuation of the dipsogenic response to 5-HTP by a peripheral decarboxylase inhibitor and a serotonin receptor antagonist suggests that it must be converted to serotonin peripherally to induce drinking. The results further suggest that the newly formed serotonin activates the renin-angiotensin system since the dipsogenic response to 5-HTP could be inhibited by propranolol and captopril and an increase in plasma renin activity accompanied its administration. Serotonin is known both to stimulate drinking and to increase plasma renin activity in rats [3, 21, 22] but the latter has been attributed to a reduction in blood pressure which also accompanies its administration. A fundamental difference between the responses to peripheral administration of 5-HTP and serotonin to rats is that blood pressure failed to change in the case of the former and decreased in the case of the latter [3].

The objective of the present study was to assess more thoroughly the dependence of the dipsogenic response to serotonin on the renin-angiotensin system. To this end, the effects of the dopaminergic receptor antagonist, haloperidol; the renin-angiotensin system antagonists, propranolol, captopril, and clonidine; and the serotonin receptor antagonist, methysergide, were studied.

<table>
<thead>
<tr>
<th>Serotonin</th>
<th>Water intake</th>
<th>Renin-angiotensin system</th>
<th>Captopril</th>
<th>Propranolol</th>
<th>Clonidine</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-HTP</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Isoproterenol</td>
<td>Methysergide</td>
<td>Cinanserin</td>
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cinanserin, on serotonin-induced thirst were studied in rats. In addition, both the interaction between serotonin and isoproterenol, a β-adrenoceptor agonist, on drinking and the effect of methysergide and cinanserin on the dipsogenic response to isoproterenol were studied. The results indicate that serotonin, like 5-HTP, induces drinking in rats via the renin-angiotensin system. However, serotonin appears to act at some step prior to activation of the β-adrenoceptors in the kidneys.

**METHOD**

A total of sixty-eight female rats of the Blue Spruce Farms (Hooded) strain were used for all the experiments described here. Forty of the rats weighing 230 to 330 g, were used for the first 4 experiments. The remaining rats, weighing 270 to 320 g, were used for Experiments 5, 6, and 7. The rats were housed 4 per cage in a room maintained at 24±1°C and illuminated from 7 a.m. to 7 p.m. All rats were provided with Purina Laboratory Chow and tap water ad lib prior to all experiments.

For each experiment, 24 of the rats were divided randomly into 4 groups of 6 each. At least 7 days were allowed between experiments. One hr prior to the beginning of an experiment, the 24 rats were weighed and placed in individual stainless steel metabolism cages equipped with water bottles which consisted of infant nursing bottles with cast bronze spouts as described by Lazarow [19]. The temperature of the water was 24°C. Food was not available during the experiments. All experiments were begun between 9 and 10 a.m. All compounds tested were dissolved in saline (except captopril, which was dissolved in double-distilled water) to give 1 ml/kg of body weight. Concentrations of compounds tested are not expressed as the base compound.

Although water intake has been reported to be influenced by the phase of the estrus cycle of female rats [8], a recent study from this laboratory has shown that this effect can be masked by a moderate dose of isoproterenol [13]. Hence, the use of female rats in tests of water intake is justified under these conditions and when randomization of both treatment and animals is carried out, as it was in the present studies.

**Experiment 1: Effect of Haloperidol on Serotonin-Induced Water Intake**

The 4 groups of rats used for this experiment were treated as follows: Group 1 (control) received isotonic saline (1 ml/kg, SC) 1 hr later. Group 2 received haloperidol (150 μg/kg, IP) followed by isotonic saline SC 1 hr later. Group 3 received isotonic saline IP followed by serotonin (2 mg/kg, SC) 1 hr later. Group 4 received haloperidol (150 μg/kg, IP) followed by serotonin (2 mg/kg, SC) 1 hr later. The water bottles were weighed prior to the second administration of drug and returned to the metabolism cages immediately following the second injection.

**Experiment 2: Effect of Captopril on Serotonin-Induced Water Intake**

The 4 groups of rats used for this experiment were treated as follows: Group 1 (control) received double-distilled water (1 ml/kg, IP) followed by isotonic saline (1 ml/kg, SC) 15 min later. Group 2 received captopril (35 mg/kg, IP) followed by isotonic saline 15 min later. Group 3 received double-distilled water followed by serotonin (2 mg/kg, SC) 15 min later. Group 4 received captopril (35 mg/kg, IP) followed by serotonin (2 mg/kg, SC) 15 min later. Water intake was measured as described for Experiment 1.

**Experiment 3: Effect of Propranolol on Serotonin-Induced Water Intake**

The 4 groups of rats used for this experiment were treated as follows: Group 1 (control) received isotonic saline (1 ml/kg, SC) followed by isotonic saline (1 ml/kg, SC) 30 min later. Group 2 received propranolol (6 mg/kg, IP) followed by serotonin (2 mg/kg, SC) 30 min later. Group 3 received isotonic saline (1 ml/kg, IP) followed by serotonin (2 mg/kg, SC) 30 min later. Group 4 received propranolol (6 mg/kg, SC) followed by serotonin (2 mg/kg, SC) 30 min later. Water intake was measured as described for Experiment 1.

**Experiment 4: Effect of Clonidine on Serotonin-Induced Water Intake**

The 4 groups of rats used for this experiment were treated as follows: Group 1 (control) received isotonic saline (1 ml/kg, SC) followed by isotonic saline (1 ml/kg, SC) 15 min later. Group 2 received clonidine (6.25 μg/kg, SC) followed by serotonin 15 min later. Group 3 received isotonic saline followed by serotonin (2 mg/kg, SC) 15 min later. Group 4 received clonidine (6.25 μg/kg, SC) followed by serotonin (2 mg/kg, SC) 15 min later. Water intake was measured as described for Experiment 1.

**Experiment 5: Interaction Between Serotonin and Isoproterenol on Induction of Drinking**

The 4 groups of rats used for this experiment were treated as follows: Group 1 (control) received isotonic saline (1 ml/kg, SC) followed by isoproterenol (8 μg/kg, SC) 30 min later. Group 2 received serotonin (1 mg/kg, SC) followed by isoproterenol 30 min later. Group 4 received serotonin (1 mg/kg, SC) followed by isoproterenol (8 μg/kg, SC) 30 min later. Water intake was measured as described for Experiment 1, except the third hr measurement was omitted. Serotonin was administered 30 min prior to isoproterenol because the onset of drinking following serotonin [18] is slower than that for isoproterenol [4].

**Experiment 6: Effect of Methysergide on Isoproterenol-Induced Water Intake**

The 4 groups of rats used in this experiment were treated as follows: Group 1 (control) received isotonic saline (1 ml/kg, SC) followed by isoproterenol (8 μg/kg, SC) 15 min later. Group 2 received methysergide (3 mg/kg, SC) followed by isoproterenol SC 15 min later. Group 3 received isotonic saline followed by isoproterenol (8 μg/kg, SC) 30 min later. Group 4 received serotonin (1 mg/kg, SC) followed by isoproterenol (8 μg/kg, SC) 30 min later. Water intake was measured as described for Experiment 1, except the third hr measurement was omitted.

**Experiment 7: Effect of Cinanserin on Isoproterenol- and Serotonin-Induced Water Intake**

In the first part of this experiment, the 4 groups were treated as follows: Group 1 (control) received isotonic saline (1 ml/kg, SC) followed by isoproterenol (1 ml/kg, IP) 15 min later. Group 2 received cinanserin (25 mg/kg, IP) followed by serotonin (2 mg/kg, SC) 15 min later. Group 3 received
isotonic saline (1 ml/kg, IP) followed by isoproterenol (25 μg/kg, SC) 15 min later. Group 4 received cinanserin (25 mg/kg, IP) followed by isoproterenol (25 mg/kg, SC) 15 min later. Water intake was measured as described for Experiment 1, except the third hr measurement was omitted.

The second part of the experiment was identical to the first, except that serotonin (2 mg/kg, SC) was used instead of isoproterenol as the dipsogen.

Drugs

The 5-hydroxytryptamine creatinine sulfate complex (serotonin) was purchased from Sigma Chemical Co., St. Louis, MO. The DL-propranolol hydrochloride (Inderal®) was purchased from Ayerst Laboratories, Inc., New York, NY. The captopril (SQ 14,225) was kindly provided by Dr. Z. Horovitz, and the cinanserin (SQ 10,643) by Dr. S. J. Lucania of Squibb Research Institute, Princeton, NJ. The haloperidol (Haldol®) was obtained from NeNeil Laboratories, Ft. Washington, PA. The clonidine was a gift from Dr. P. B. Steward of Boehringer Ingelheim, LTD., Ridgefield, CT. The DL-isoproterenol hydrochloride (Isuprel®) was purchased from Breon Laboratories, Inc., New York, NY. The methysergide maleate was a gift from Dr. C. E. Eden of Sandoz Pharmaceuticals, East Hanover, NJ.

Analysis of Data

All data are shown as the mean and standard error. The data from each experiment were analyzed statistically by means of an analysis of variance for a factorially designed experiment [5]. Differences between group means were analyzed statistically by means of a two-tailed t-test using the pooled variance from the analysis of variance [5]. A probability of less than 0.05 was considered significant.

RESULTS

Experiment 1

Administration of serotonin was associated with a significant (p<0.01) increase in water intake within 2 hr (Fig. 1), as described previously [18]. The dipsogenic response to serotonin was inhibited by prior administration of haloperidol (Fig. 1). Similar results were obtained at 1 and 3 hr after administration of serotonin. Haloperidol, alone, had no effect on water intake at either 1, 2 or 3 hr after administration. Using a 2-way analysis of variance, a significant (p<0.01) interaction between haloperidol and serotonin on water intake was observed at all 3 time periods.

Experiment 2

Administration of captopril prevented the 2 hr serotonin-induced water intake (Fig. 2) but, when administered alone, had no effect on water intake at all times measured. Two-way analysis of variance indicated a significant (p<0.05) interaction between captopril and serotonin on dipsogenesis.
Similar results were obtained at 1 and 3 hr after administration of serotonin.

Experiment 3

Propranolol inhibited the 2 hr serotonin-induced dipsogenic response (Fig. 3) but, when administered alone, had no effect on water intake at all times measured. Two-way analysis of variance revealed a significant (p<0.01) interaction between propranolol and serotonin on water intake in rats. Similar results were obtained 1 and 3 hr after administration of serotonin.

Experiment 4

Clonidine attenuated significantly (p<0.01), but did not abolish completely, the 2 hr serotonin-induced drinking response (Fig. 4). When administered alone, clonidine had no effect on water intake (Fig. 4). Similar results were obtained at 1 and 3 hr after administration of serotonin. Two-way analysis of variance revealed a significant interaction between clonidine and serotonin on water intake after 1 (p<0.01), 2 (p<0.01), and 3 (p<0.05) hr.

Experiment 5

Submaximal concentrations of the dipsogenic agents, serotonin [16] and isoproterenol [18], were used in this experiment in order to test whether water intake of rats administered both dipsogens would be either additive or interactive. Both the groups of rats receiving serotonin and those receiving isoproterenol showed significant (p<0.01) increases in water intake after 2 hr (Fig. 5). Rats receiving both dipsogens showed no interaction between the two compounds on water intake, but rather a dipsogenic response approximately equal to the sum of the 2 individual responses [(serotonin-treated minus control) plus isoproterenol-treated]. Similar responses were obtained 1 hr after administration of the dipsogenic agents.

Experiment 6

Methysergide had no effect either on basal water intake or on the 2 hr dipsogenic response to isoproterenol (Fig. 6). Similar results were obtained 1 hr after administration of isoproterenol. Thus, there was no interaction between methysergide and isoproterenol on water intake in rats at both times measured.

Experiment 7

Cinanserin (25 mg/kg, IP) had no effect either on basal or on isoproterenol-stimulated water intake (Table 1). Cinanserin also had no significant effect on either 1 or 2 hr water intakes after serotonin, although there is a hint of a reduction after 2 hr (Table 1). In a follow-up experiment, the data from which are not reported, we found that a higher
dose of cinanserin (75 mg/kg, IP) produced apparent motor seizures which were not overcome by subsequent administration of serotonin (2 mg/kg, SC) or 5-HTP (25 mg/kg, SC). In this case the observed reduction of water intake was obviously a nonspecific effect of cinanserin.

**DISCUSSION**

L-5-Hydroxytryptophan, the immediate precursor of serotonin [20], is a potent dipsogenic agent in rats [12,29] only after peripheral conversion to serotonin [18]. The mechanism by which 5-HTP induces drinking in rats [3,29] is believed to be by way of the renin-angiotensin system [9,11,23]. Therefore, the objective of the present study was to assess the dependence of the dipsogenic response to serotonin on the renin-angiotensin system.

The dipsogenic response to serotonin was inhibited by the dopaminergic antagonist, haloperidol (Fig. 1), as was the response to 5-HTP tested in an earlier study [29]. Although haloperidol, at high concentrations, inhibits slightly central noradrenergic receptors, it is a more potent inhibitor of central dopaminergic receptors [2]. Thus, serotonin-induced dipsogenesis, like angiotensin II-induced dipsogenesis [9,10], appears to be mediated through central dopaminergic neurons. Drinking induced by central administration of carbachol, a cholinergic agonist, is unaffected by central administration of haloperidol [9,10]. Therefore, the inhibition of both angiotensin II- and serotonin-induced dipsogenesis by haloperidol suggests that both compounds initiate drinking in the rat via the same pathway.

Captopril, an angiotensin converting enzyme inhibitor, blocked the serotonin-induced water intake (Fig. 2). Similarly, drinking in response to both 5-HTP [29] and isoproterenol [17], but not to angiotensin II [17], is inhibited by captopril. In addition, propranolol, a β-adrenergic antagonist which inhibits both isoproterenol- [4,31] and 5-HTP- induced drinking and increases in plasma renin activity, blocked serotonin-induced water intake (Fig. 3). Clonidine, an α2-adrenoceptor agonist which suppresses renin release from the kidney in rats [25], also attenuated the dipsogenic response to serotonin (Fig. 4). Although there is some controversy as to whether clonidine depresses renin release via a central [28], as opposed to a peripheral [25,32] action, the fact remains that it inhibits both renin release and serotonin-induced drinking in rats. In addition, clonidine has been reported to attenuate angiotensin II-induced drinking [15]. Hence, clonidine may have antidipsogenic actions in addition to inhibition of renin release.

Administration of serotonin to rats is followed by a transient rise in plasma renin activity [3,21]. Chronic treatment of rats with deoxycorticosterone and isotonic saline as the sole drinking fluid is associated with both decreased levels of plasma renin activity [26] and attenuated dipsogenic responses to isoproterenol [14], 5-HTP and serotonin (personal...
methysergide being 10 times as potent on a mg basis [24]. We
have previously reported that methysergide blocks serotonin-induced drinking in rats [18], suggesting that ser-
tonin acts as a point prior to activation of the renal \( \beta \)-adrenoceptors and the release of renin. We do not fully
understand the present failure to block serotonin-induced drinking with cinanserin. It is possible that a block would
have been obtained at a dose somewhere between 25 and 75
mg/kg but the interpretation of such a result would be con-
founded by possible motor effects of the drug. Alternately,
serotonin may act at a peripheral receptor that is not
agonized by cinanserin.

Previous studies from this laboratory [3,18] showed that
serotonin acts peripherally to induce both dipsogenesis and
an increase in plasma renin activity in the rat. These findings
are different from those for the dog [16,33] where serotonin
acts centrally to increase both drinking and plasma renin
activity. Van de Kar et al. [30] have suggested that the rat
may be similar to the dog in this respect in that parallel
decreases in both hypothalamic serotonin content and
plasma renin activity occurred following central administra-
tion of several serotonin-depleting agents to rats. However,
adrenal serotonin content was also reduced in their rats and
could have influenced plasma renin activity.

The present study does not elucidate the peripheral site at
which serotonin acts to induce renin release. Although ad-
ministration of serotonin reduces both systemic blood pres-
sure and body temperature which could contribute to the
release of renin, Barney et al. [3] found that neither action is
responsible for the increase in renin release and subsequent
dipsogenesis induced by the precursor of serotonin,
5-hydroxytryptophan. Serotonin is believed to stimulate re-
lease of catecholamines from the adrenal medulla [6,27].
Therefore, an increase in circulating catecholamines may re-
sult in enhanced activation of the renal \( \beta \)-adrenoceptors and
thus an increased release of renin.

Administration of serotonin is also associated with
profound renal vasoconstriction [1] which results in de-
creased renal blood flow [1,7] even at concentrations which
have no effect on systemic blood pressure [7]. A reduction in
renal perfusion pressure is a potent stimulus for renin release
from the juxtaglomerular cells. Thus, the possibility that
serotonin may act on renal adrenergic nerve endings to re-
lease catecholamines which, in turn, stimulate the renal
\( \beta \)-adrenoceptors should also be considered.

Data from the present study confirm the hypothesis that
serotonin induces dipsogenesis in the rat via activation of the
renin-angiotensin system. However, serotonin appears to act
at some step prior to the activation of the \( \beta \)-adrenoceptors in
the kidneys. Additional studies will be required to determine
the site or sites at which serotonin acts to induce the release
of renin in the rat.

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