Exposure to particular hazardous materials in a work environment is dangerous to the employees who work directly with or around the materials as well as those who come in contact with them indirectly. In order to maintain a national standard for safe working environments and protect worker health, the Occupational Safety and Health Administration (OSHA) has set forth numerous precautionary regulations. NASA has been proactive in adhering to these regulations by implementing standards which are often stricter than regulation limits and administering frequent health risk assessments.

The primary objective of this project is to create the infrastructure for an Asbestos Exposure Assessment Database specific to NASA Johnson Space Center (JSC) which will compile all of the exposure assessment data into a well-organized, navigable format. The data includes Sample Types, Samples Durations, Crafts of those from whom samples were collected, Job Performance Requirements (JPR) numbers, Phased Contrast Microscopy (PCM) and Transmission Electron Microscopy (TEM) results and qualifiers, Personal Protective Equipment (PPE), and names of industrial hygienists who performed the monitoring.

This database will allow NASA to provide OSHA with specific information demonstrating that JSC’s work procedures are protective enough to minimize the risk of future disease from the exposures. The data has been collected by the NASA contractors Computer Sciences Corporation (CSC) and Wyle Laboratories. The personal exposure samples were collected from devices worn by laborers working at JSC and by building occupants located in asbestos-containing buildings.
Divya Arcot

Exit Presentation

INSPIRE Internship
Summer 2010

SD3 Clinical Services Branch – Space Medicine Division
Mentor: Penney M. Stanch
Overview

- Personal Background
- INSPIRE Internship Program
- Internship Project & Tasks
- Skills Gained
- Lessons Learned
- JSC Experiences
- Future Plans
- Acknowledgements
Personal Background

<table>
<thead>
<tr>
<th>Event</th>
<th>Details</th>
</tr>
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<tbody>
<tr>
<td>Born</td>
<td>New Jersey</td>
</tr>
<tr>
<td>Lived</td>
<td>India, Illinois, California, Colorado</td>
</tr>
<tr>
<td>Interned</td>
<td>Summer 2009: NASA JSC - MOD</td>
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<tr>
<td>Graduated</td>
<td>Monarch High School, May 2010</td>
</tr>
<tr>
<td>Returned</td>
<td>Summer 2010: NASA JSC – SLSD</td>
</tr>
</tbody>
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Interests & Activities

- FIRST Robotics
  - Team 1245
- Marching & Concert Bands
- Ecology Club
- Speech & Debate
INSPIRE Program

Interdisciplinary National Science Project Incorporating Research & Education Experiences

- Nationwide educational tour and internship program for students in grades 9-12
- Focus on STEM related fields (Science, Technology, Engineering, Math)
- Year-Round Participation
  - Online Learning Community
  - Summer STEM Experiences
- Application Website: https://inspire.okstate.edu
INSPIRE Pre-College Internship (Tier 3)

- 8 week internship at Johnson Space Center
- Part of K-12 Education Initiatives
- Live on our own/with group of interns
Asbestos Exposure Assessment Database

Purpose:
To allow NASA Johnson Space Center (JSC) to provide the Occupational Safety and Health Administration (OSHA) with specific information to demonstrate that JSC’s protective work procedures are effective enough to minimize the risk of future disease from Asbestos exposures.
Asbestos Exposure Assessment Database

I have:

- Provided a tool to consolidate Personal Exposure Assessment data
- Created a database which is streamlined, up-to-date, and more user-friendly than the Hygiene Information System (HIS)
Asbestos Exposure Assessment Database

The data includes:

- Sample Types
- Samples Durations
- Crafts (of those sampled)
- Job Performance Requirements (JPRs)
- Phased Contrast Microscopy (PCM) and Transmission Electron Microscopy (TEM) Results
- PCM & TEM Qualifiers
- Personal Protective Equipment (PPE)
- Names & Badge Numbers of Industrial Hygienists who performed the monitoring

Figure 1: Asbestos Exposure Data collected by NASA contractor, Wyle Labs.
Internship Project

Asbestos Exposure Assessment Database

![Image of Asbestos Exposure Assessment Data Entry and Extraction Form]

**Figure 2:** Asbestos Exposure Assessment Data Entry and Extraction Form.
Asbestos Exposure Assessment Database

**Queries:**
- Crafts & PPE
- Same Exposure
- Samples Collected During Particular Time Period
- Samples Collected by Building

Figure 3: Asbestos Exposure Assessment Database Table Relationships.
Asbestos Exposure Assessment Database

Field Work

- Calibrating Asbestos Exposure Air Monitoring Devices
- Collecting Personal Exposure Data from various locations around JSC

Figure 4: Full Calibration Set-Up for Personal Exposure Monitoring Device.

Figure 5: Calibrating Device (gray) and Personal Exposure Monitoring Device (black).
Asbestos Exposure Assessment Database

Figure 6: INSPIRE Intern, John Mayo, wearing a Personal Exposure Monitoring Device (Front View).

Figure 7: INSPIRE Intern, Divya Arcot, wearing a Tyvek suit, hard hat, respirator, and safety glasses.

Figure 8: INSPIRE Intern, Jonathan Yarbrough, wearing a Personal Exposure Monitoring Device (Back View).
INSPIRE Seminar & Lecture Series Presentations

- Conducted interviews with presenters prior to lecture series meetings
- Wrote Introductions for presenters

High School Aerospace Scholars (HAS) Presentation

- Presented to HAS students about INSPIRE internship program
Skills Gained

**Hard Skills**

- Getting acquainted with new technologies
  - MS Access
  - EPA Scribe
- Chain of Custody Protocol

**Soft Skills**

- Networking
- Communication/Presentation
- Understanding how NASA & Contractors operate together and integrate a variety of projects
Lessons Learned

Lessons

⚠️ Be adaptable and ready for anything
⚠️ Take the time to appreciate everything
⚠️ Ask many questions
Space Life Sciences Summer Institute (SLSSI) Lectures

Neuroscience Lab Tour
- DOME Virtual Reality System
- Tilt Translation Sled
- Posture Laboratory

Tour of NBL, Ellington Field, Mission Control, Food Laboratory

Visited Lois the Corpse Flower (as it bloomed!)
Future Plans

College!
Biomedical/Aerospace Engineering

Continue Interning
USRP/Co-op Program

Study Abroad

Graduate in 2014

Start Grad School/ Return to NASA
Acknowledgements

Special Thanks to

Penney Stanch
Mentor, Occupational Health

Alissa Keil
INSPIRE Program Coordinator

Clinical Services Branch Staff
JSC Education Office
Questions
Thank You!