

# International Space Station and the Science of Microgravity



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# Outline

- What is the International Space Station (ISS)
- The Value of the ISS
- How and Why We do Science on ISS
- "So what?"—what we have learned so far
- What are the most important benefits to humankind?
- How have non-partners participated?



# The International Space Station

Background

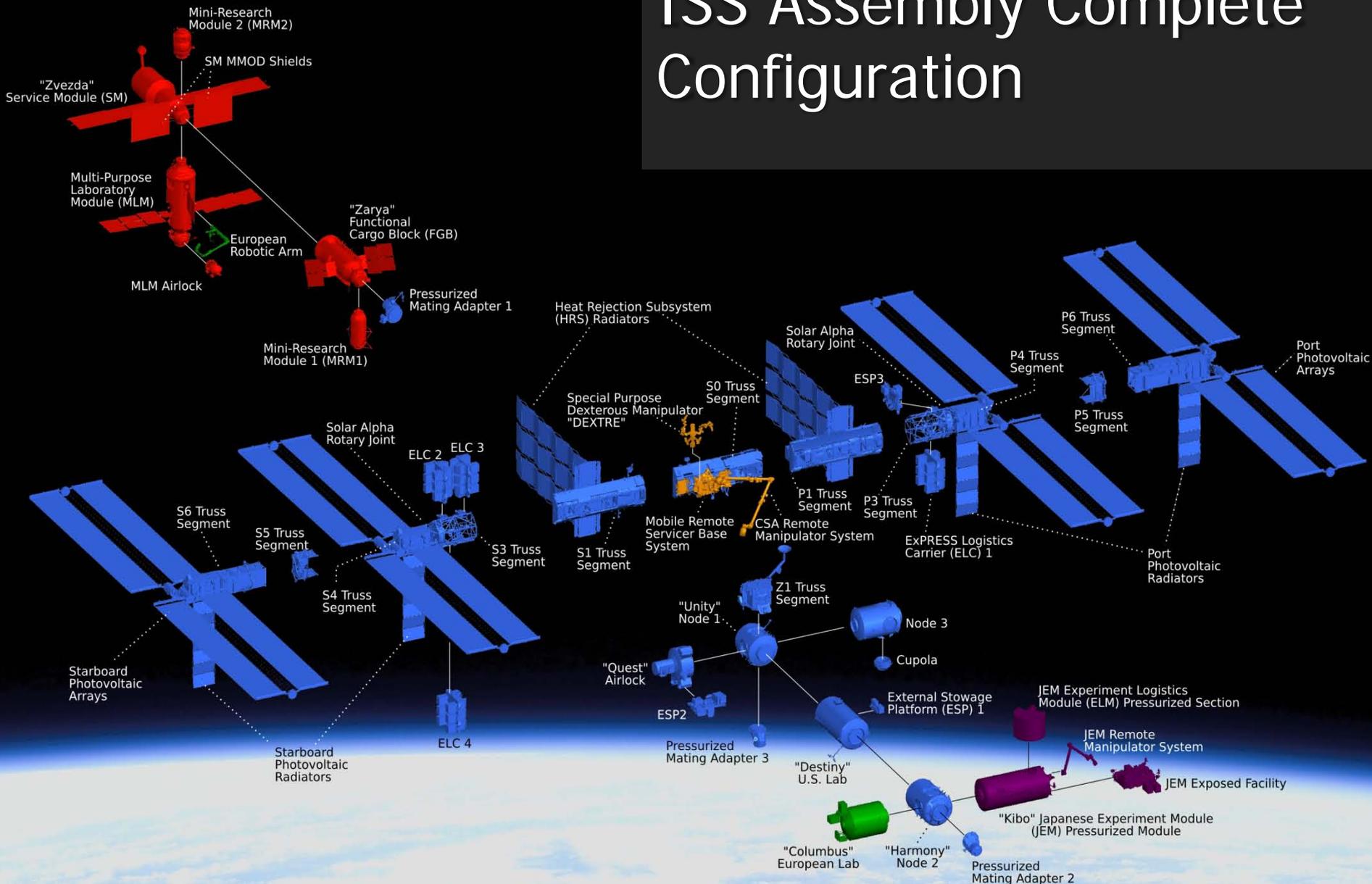
# International Space Station as a Laboratory

Created by a partnership of 5 space agencies representing 15 countries

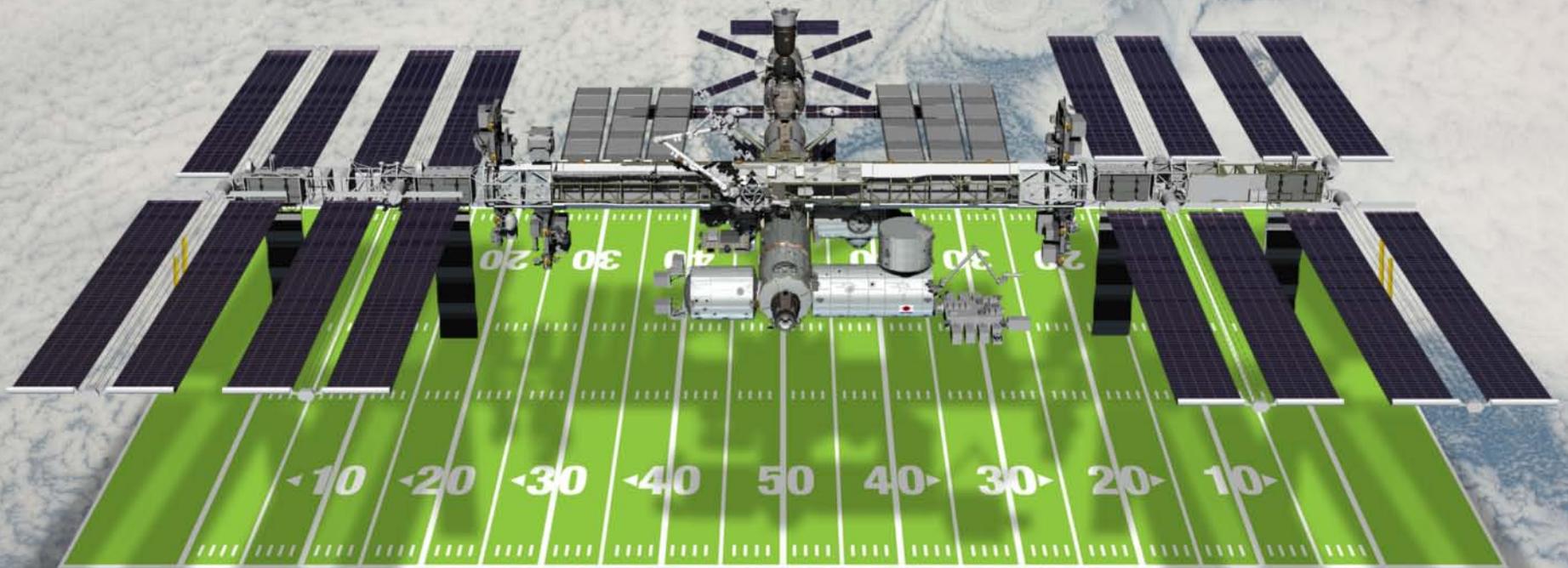
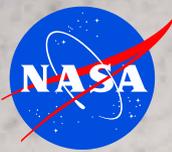
10 years and over 30 Space Shuttle missions to assemble



# ISS Assembly Complete Configuration



# International Space Station



**Spacecraft Mass: 799,046 lb (362,441 kg)**

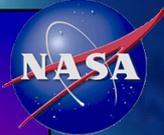
**Spacecraft Pressurized Volume: 29,771 ft<sup>3</sup> (29,771 m<sup>3</sup>)**

**Velocity: 17,500 mph (28,200 kph)**

**Science Capability: Laboratories from four international space agencies – US, Europe, Japan, and Russia.**



# ISS Launch and Logistics



- An International fleet of space vehicles:
- Rotates crews
  - Delivers propellant & supplies
  - Replenishes science experiments

Space Shuttle



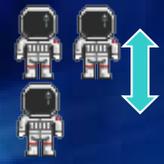
Ariane 5/ATV



Progress



Soyuz



## Future Launch Capabilities



HII/HTV



2009

U.S. Commercial

Falcon 9/Dragon (SpaceX)



2010-2011



MPCV/SLS



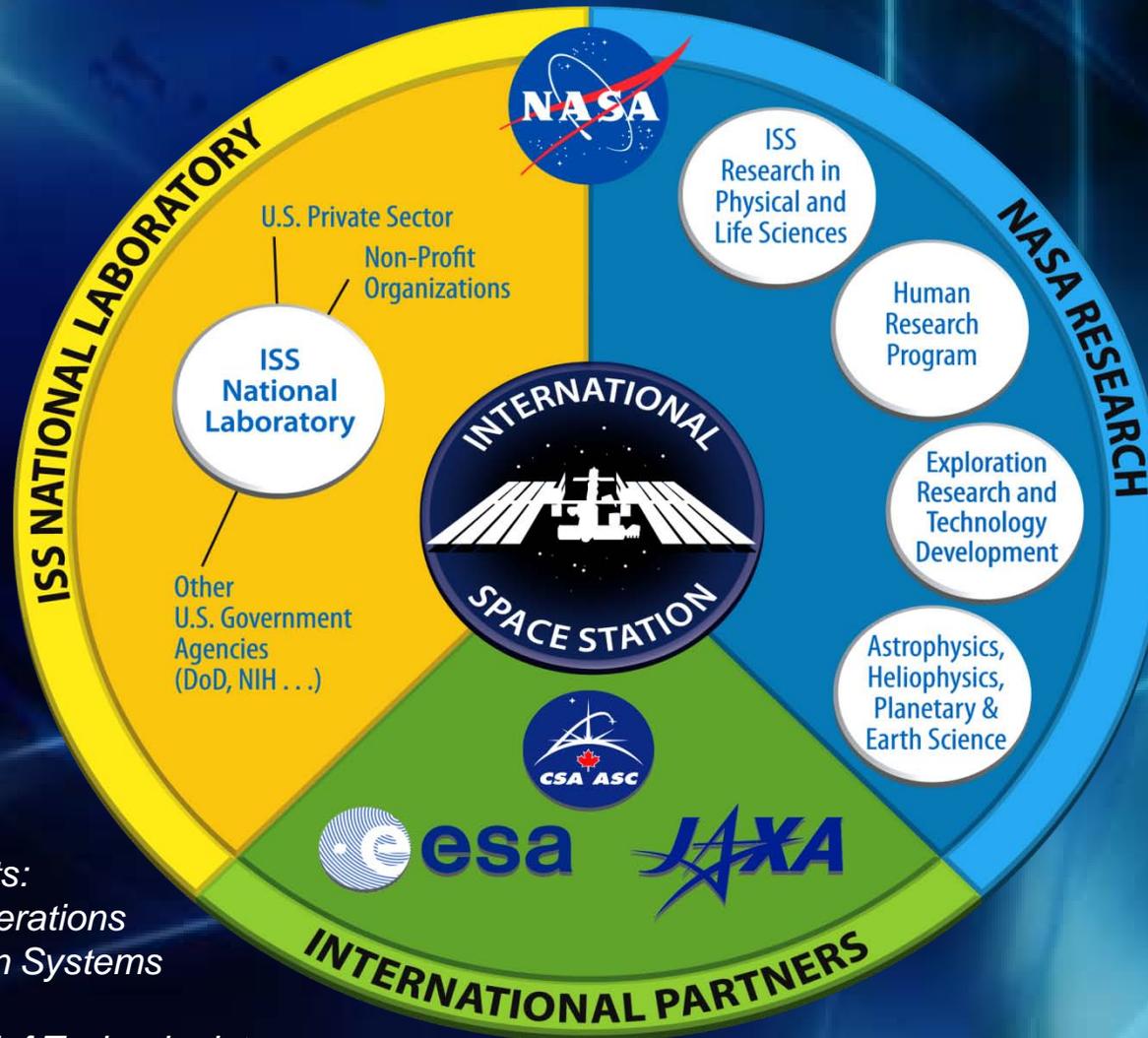
201X?

# U.S. Research on ISS - Objectives

- NASA Utilization of the ISS (Vision for Space Exploration, January 14, 2004, and NASA Authorization act of 2005)
  - Astronaut health and countermeasure development for space exploration
  - Testing research and technology developments for future space exploration
  - Developing and validating operational procedures for long-duration space missions
  - Microgravity physical and life sciences program to maintain U.S. capability in these areas
- ISS National Laboratory beginning in 2010 (NASA Authorization Acts of 2005 and 2008)
  - Other U.S. government agencies use ISS to meet their agency objectives
  - Commercial and non-profit organizations use ISS in the interests of economic development in space
  - Pathfinders starting in 2008



# Objectives for Research on ISS



NASA Mission

Directorates

Manage Agreements:

SOMD – Space Operations

ESMD – Exploration Systems

SMD – Science

OCT – Office of Chief Technologist

ISS Program Office

Plans, Integrates and Operates



# How and Why We Do Science

# NASA Research Infrastructure

## 2 Human Research Facility Racks



## Microgravity Science Glovebox (MSG)



## 6 ExPRESS Racks



## 2 Minus Eighty-Degree Laboratory Freezers for ISS (MELFI)



## Materials Science Research Rack



## Fluids Integrated Rack (FIR)



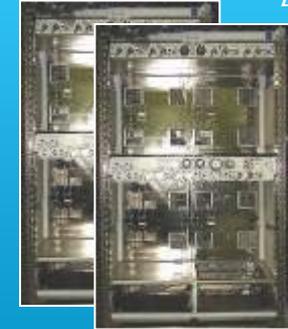
## Combustion Integrated Rack (CIR)



## Window Observational Research Facility



## ExPRESS-7 and 8



## Muscle Atrophy Research Exercise System (MARES)



*Added for ISS National Lab*

2001-2010

Source: ISS Program Scientist

# ESA and JAXA Research Infrastructure

ESA



Biolab



European Drawer Rack (EDR)



European Physiology Module (EPM)



European Transport Carrier (ETC)



Fluid Science Lab (FSL)



Solar

JAXA



Ryutai (Fluids)



Saibo (Cell Biology)



Monitor All-sky X-ray Image (MAXI)



Space Environment Data Acquisition (SEDA)



Superconducting Sub millimeter-wave Limb-Emission Sounder (SMILES)



Kobairo (Gradient Heating Furnace)



Multi-Purpose Small Payload Rack

2008-2009

2011

# Multi-purpose Racks



# Gloveboxes



# Incubators, Culture Systems & Centrifuges



# Freezers & Refrigerators

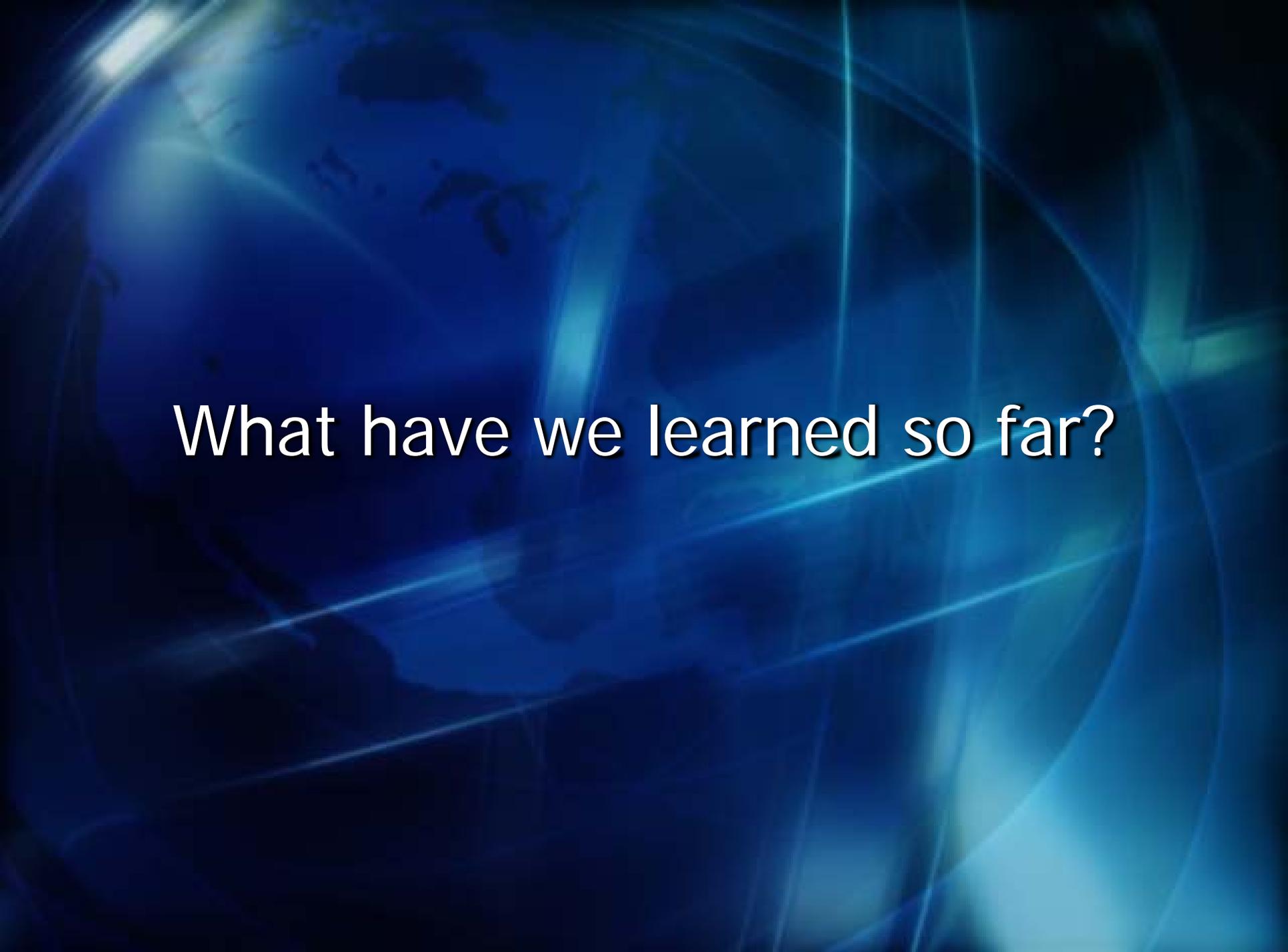


# Why Microgravity Research?

- Scientific Discovery
  - Gravity is a constant force on Earth
  - It cannot be completely controlled or removed in experiments
  - It dominates and masks other forces in processes
  - The ISS provides a laboratory environment to control this force

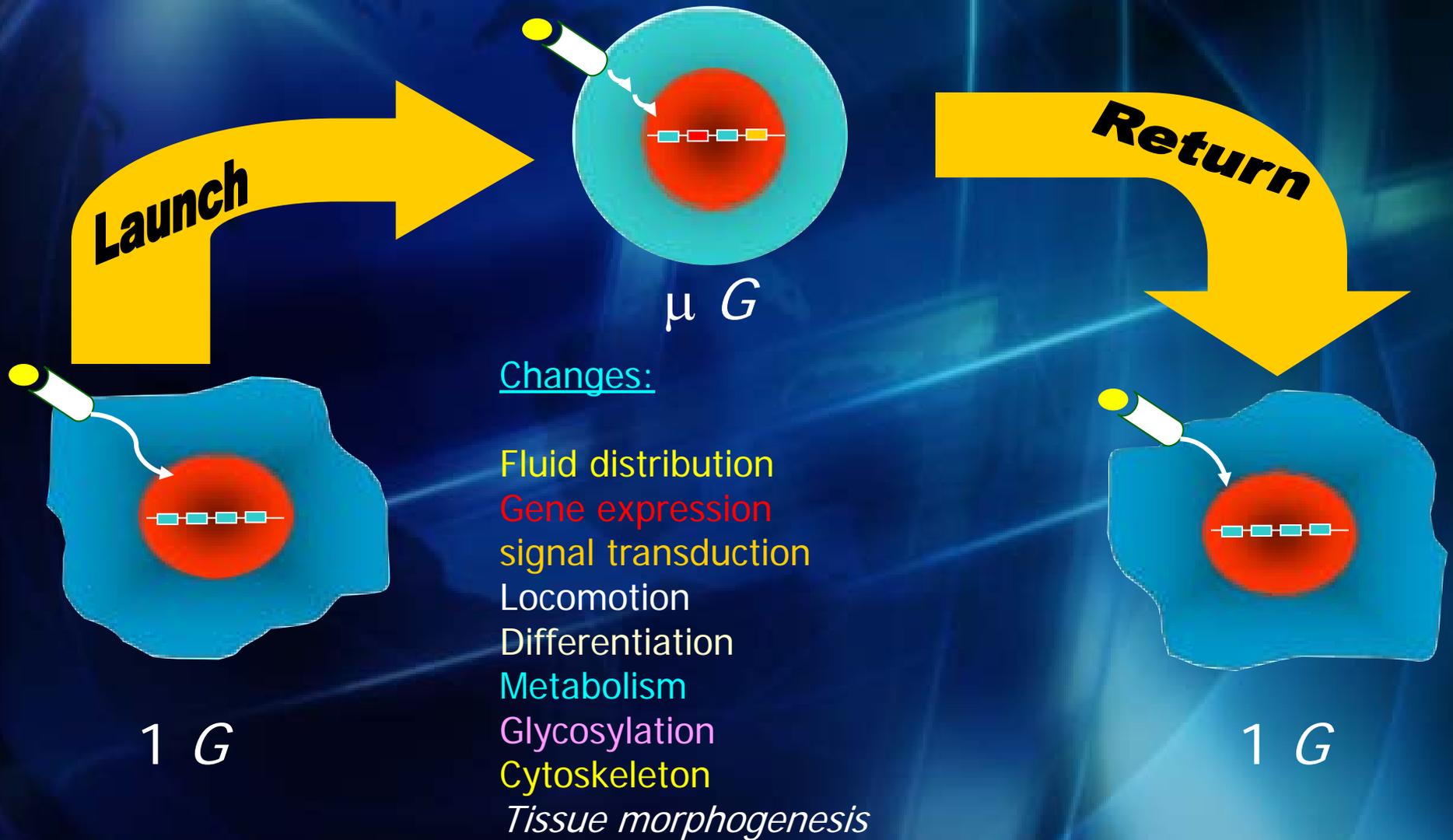
# Disciplines that use the Laboratory

- Biology & Biotechnology
- Human Research
- Physical Sciences
- Technology Development & Demonstration
- Earth and Space Science
- Education



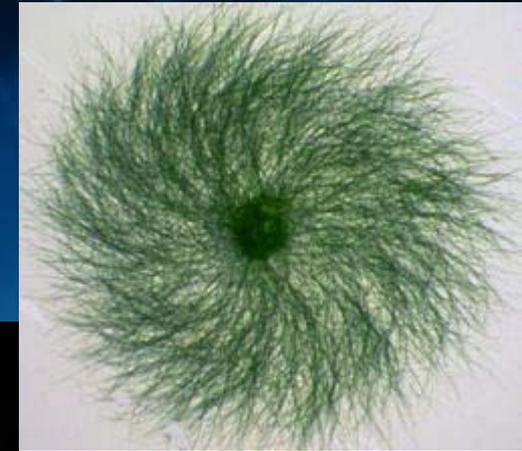
What have we learned so far?

# Biology: Animal Cells in Space



# Biology: Plant Research in Space

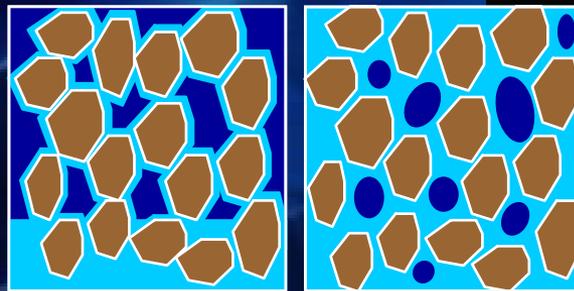
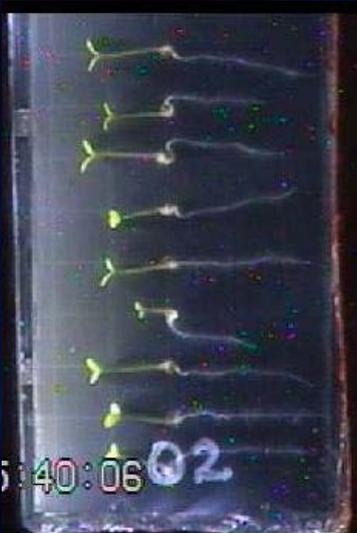
- Discovery potential for plant biology
  - Growth and development
  - Gravitropism, Circumnutation
  - Plant responses to the environment: light, temp, gases, soil
  - Stress responses
  - Stem cells/pluripotency
- Plants as a food source
- Plants for life support



Moss grown in the dark  
On the Space Shuttle



Peas grown on ISS



Earth

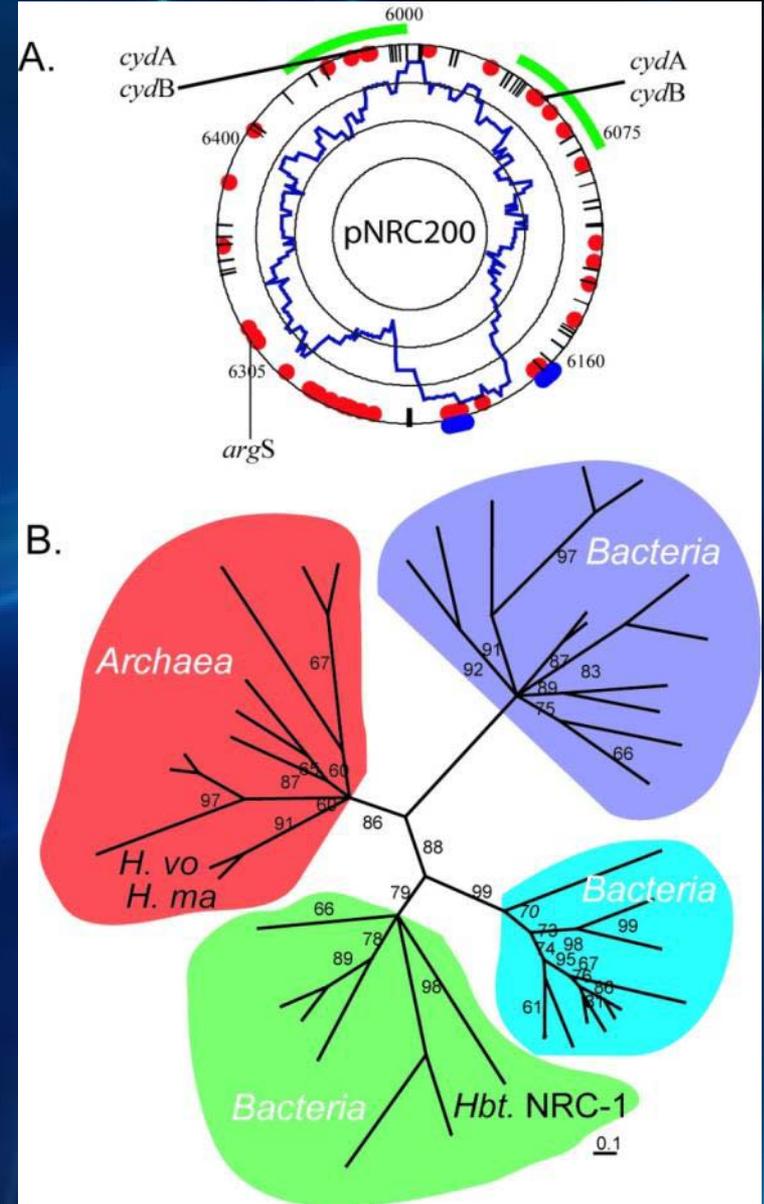
Microgravity

Soil structure

# Biology: Microbes in Space



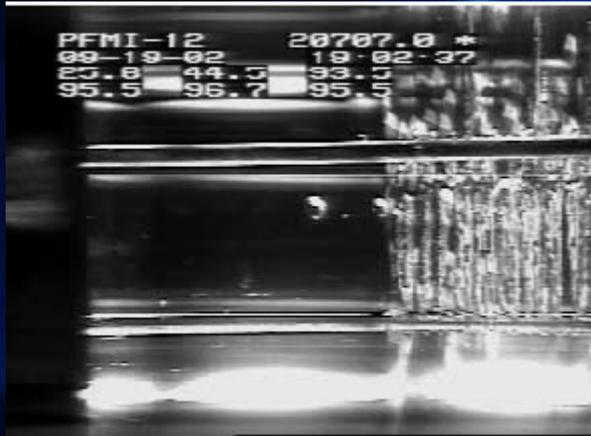
3 modes of response



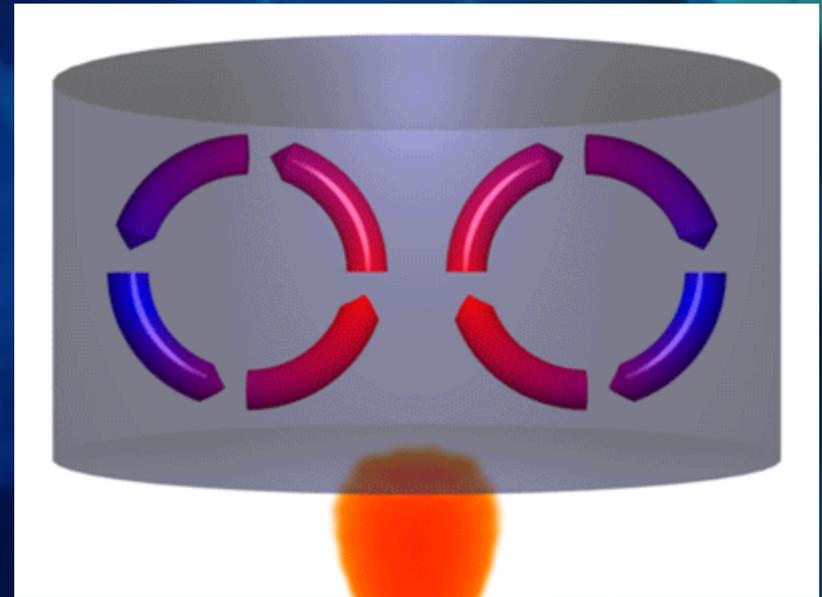
# Physical Sciences: Convection



Combustion

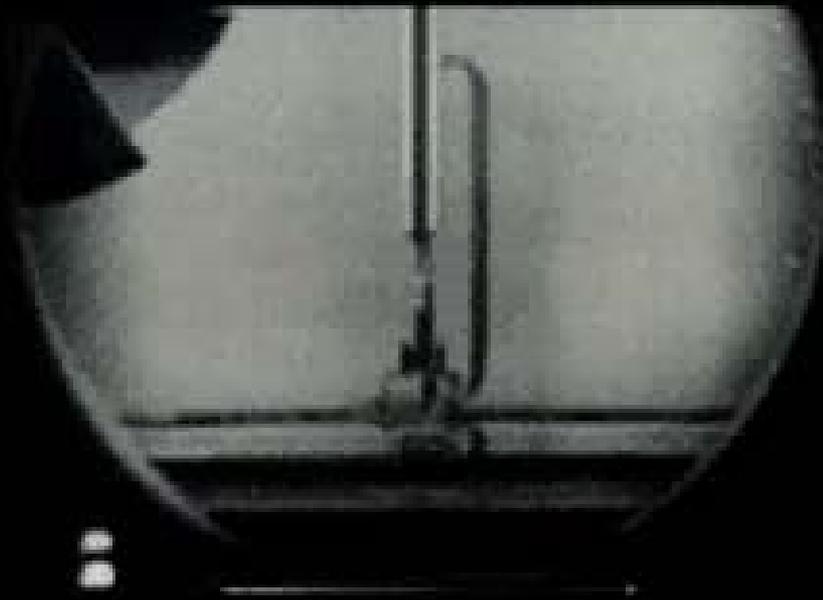


Pore formation and Coarsening

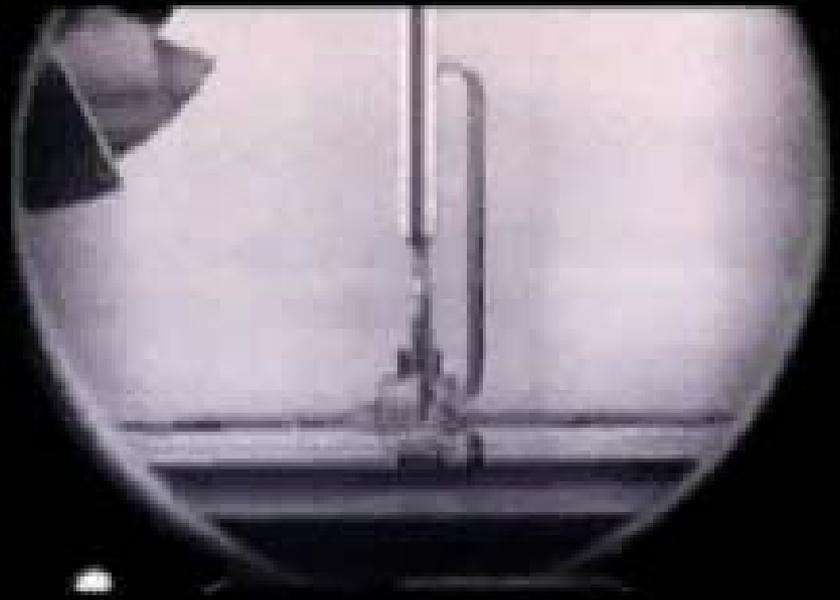


Fluids: No density or buoyancy driven  
Convection!

# Boiling on Earth and in Microgravity



**1g (Earth)**



**Micro-g (space)**

# Human Physiology: Response to Spaceflight

Astronauts experience a spectrum of adaptations in flight and postflight



Balance disorders  
Cardiovascular deconditioning  
Decreased immune function  
Muscle atrophy  
Bone loss



- Neurovestibular
- Cardiovascular
- Bone
- Muscle
- Immunology
- Nutrition
- Behavior
- Radiation

# Technology Development and Demonstration



- Long term space environment (microgravity, radiation, etc.)
- Prove reliability in relevant environment (advance TRL-technology readiness level)
- Prove logistics, maintenance, consumables, and operations models (advance IRL-integration readiness level, SRL-systems readiness level)
- Reduce risk to performance when system is implemented elsewhere

# Earth Science



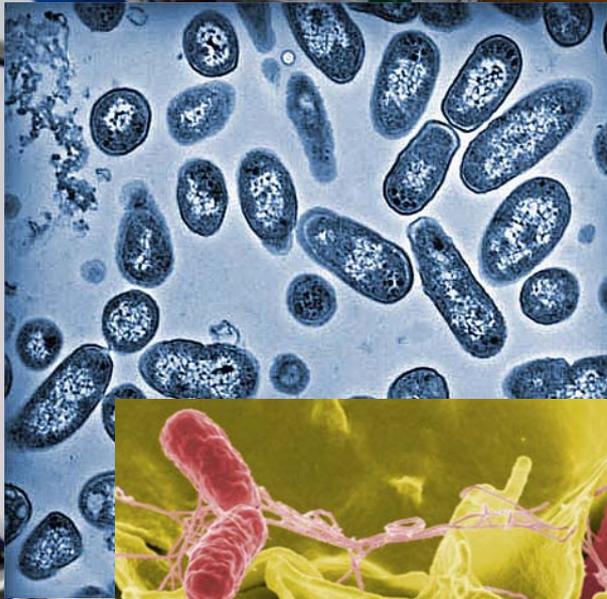
- Platform with full services (power, data, thermal) in low earth orbit (~400 km)
  - All geographic locations between 51.6 North and South latitude
  - 85% of the Earth's surface
  - 95% of the world's populated landmass every 1-3 days
  - External sites for nadir, zenith, ram and wake
  - Variable (and precessing) lighting (changes with subsequent passes)
  - Well-suited for test bed concepts with hardware change out and upgrades

# Astrophysics/Fundamental Physics, Heliophysics, X-ray Astronomy

- Platform with full services (power, data, thermal)
  - Positioned above atmospheric interference
  - External sites for zenith, ram and wake
  - Stability, contamination, and vibration can be managed for many users
  - Well-suited for test bed concepts



# Benefits to Humankind

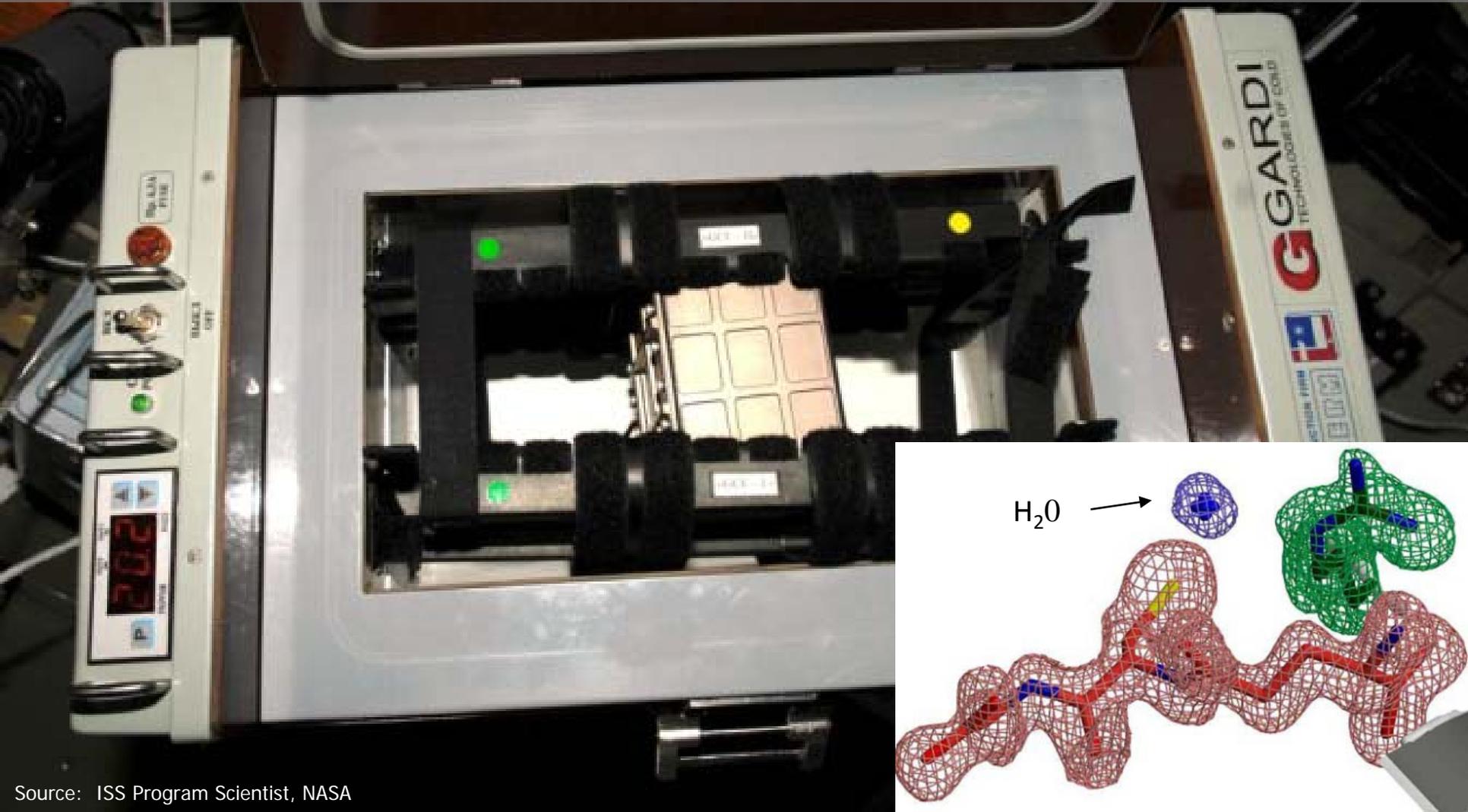


**Microbial Vaccine Development** – Scientific findings from *International Space Station* research have shown increased virulence in *Salmonella* bacteria flown in space, and identified the mechanisms responsible. AstroGenetix, Inc. has funded their own follow-on studies on ISS and are now pursuing approval of a vaccine as an Investigational New Drug (IND) with the FDA. They are now applying a similar development approach to the methicillin-resistant *Staph aureus* (MRSA).

A microscopic image showing several cells and microcapsules. The cells are spherical with a distinct nucleus and cytoplasm. The microcapsules are smaller, spherical structures with a thin outer shell and a darker interior. The background is a light, warm-toned color.

**Cancer Treatment Delivery**– Microcapsules (micro-balloons) with desirable properties developed on the *International Space Station* were reproduced on Earth and were successful in targeting delivery of anti-cancer drugs to successfully shrink tumors in ground tests. A device to produce similar capsules on Earth has now been patented, and clinical trials of the drug delivery method will begin soon at MD Anderson Cancer Center in Houston and the Mayo Cancer Center in Scottsdale, AZ.

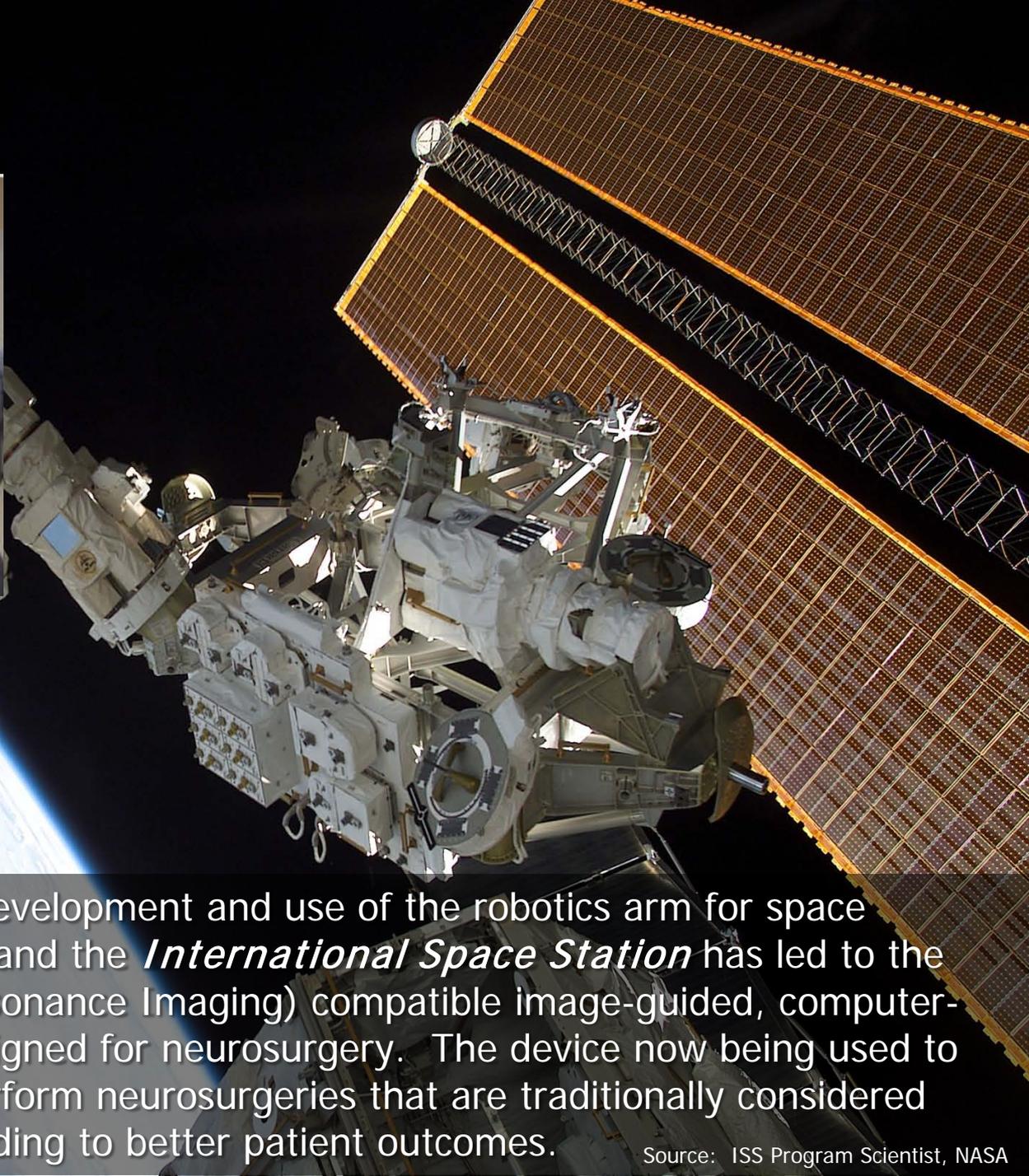
**Macromolecular Crystallization**— A Japanese scientist crystallized HQL-79 (human prostaglandin D2 synthase inhibitor protein) on the *International Space Station*, identifying an improved structure and an associated water molecule that was not previously known. This protein is part of a candidate treatment for inhibiting the effects of Duchenne's muscular dystrophy. Continuing work is investigating other proteins and viruses.





**Telemedicine Advancements** - Ultrasound training methods developed for evaluating medical issues on the *International Space* Station have been used by the American College of Surgeons to teach ultrasound techniques to surgeons. Additional applications could include diagnosis of injuries and illnesses in remote locations on Earth, including rural areas, disaster areas and the battlefield.

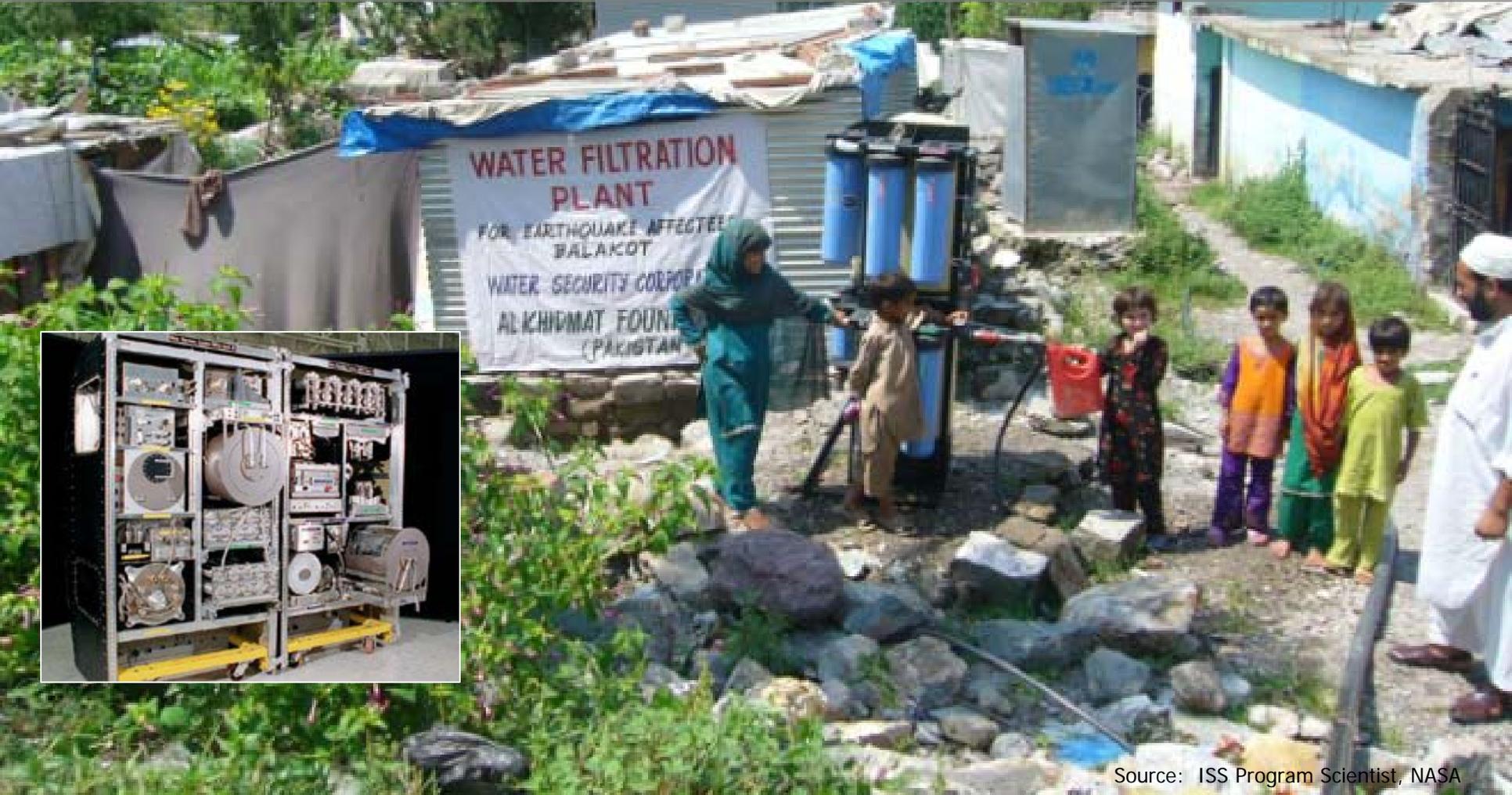
Images on right provided courtesy of Scott A. Dulchavsky, M.D., Ph.D., Henry Ford Health System, Detroit, MI.



**Medical Technology** - The development and use of the robotics arm for space missions on the Space Shuttle and the *International Space Station* has led to the world's first MRI (Magnetic Resonance Imaging) compatible image-guided, computer-assisted device specifically designed for neurosurgery. The device now being used to augment surgeons' skills to perform neurosurgeries that are traditionally considered difficult or impossible, thus leading to better patient outcomes.

Source: ISS Program Scientist, NASA

**Regen ECLSS** – Water recycling, oxygen generation, and carbon dioxide removal are critical technologies for reducing the logistics re-supply requirements for human spaceflight. The *International Space Station* demonstration project is applying lessons learned from operational experiences to next generation technologies. The resin used in the ISS water processor assembly have been developed as a commercial water filtration solution for use in disaster and humanitarian relief zones.





**Understanding Bone Loss-** Studies done on the *International Space Station* have found that astronauts lost an average of 1.5% bone/month (similar to loss in post-menopausal women per year), and took as much as 3 years to rebound to pre-flight bone density. Comparison of bone mineral density in the hip and spine between astronauts and healthy normal subjects will help to improve understanding of the prevalence of osteoporosis between different race and gender sub-groups on Earth as well as in space.



**CBTM UNIT #3 (MF43K) STATUS CHECK**

MF43K

1. Log begin MET and Observer for CBTM DAILY LOG
2. REMOVE MAINLY LOCK
3. FANS - Check fan status from locker door. If fans are operating (audible):
  - If fan indicator is off or fan not running, perform 1. to CBTM FANS
  - If fan indicator is on, perform 1. to CBTM FANS
4. CBTM air inlet screens free of obstructions:
  - If on, perform 1. to CBTM FANS
  - If off, perform 1. to CBTM FANS
5. LIGHTS - ON DURING OPERATIONS
  - If on, perform 1. to CBTM LIGHTS
  - If off, perform 1. to CBTM LIGHTS
6. LIGHTS - ON DURING OPERATIONS
  - If on, perform 1. to CBTM LIGHTS
  - If off, perform 1. to CBTM LIGHTS
7. Using status, push CBTM -3M out of locker
8. CBTM minor air (red) - on
  - If on, perform 1. to CBTM LIGHTS OFF
  - If off, perform 1. to CBTM LIGHTS OFF
9. Water Level
  - If displays inside water box are low (rising alarm), notify MCC
  - If displays inside water box are low (rising alarm), notify MCC
  - Perform 1. to CBTM WATER LEAKING
10. Log Robust Observation for appropriate Flight Day in CBTM

Push CBTM into locker

STATUS CHECK complete. Check status, normal temperature, and any other conditions.

**Bone Loss Countermeasure supports drug development** – In an investigation performed on the *International Space Station* by BioServe Space Technologies and Amgen Inc., found the use of the protein Osteoprotegerin (OPG) as a bone loss treatment nearly reversed bone resorption and declinations in bone strength. Results of this study also yielded fundamental insight into mechanisms of OPG function. An OPG pharmaceutical has since been released for use in bone loss in cancer patients.



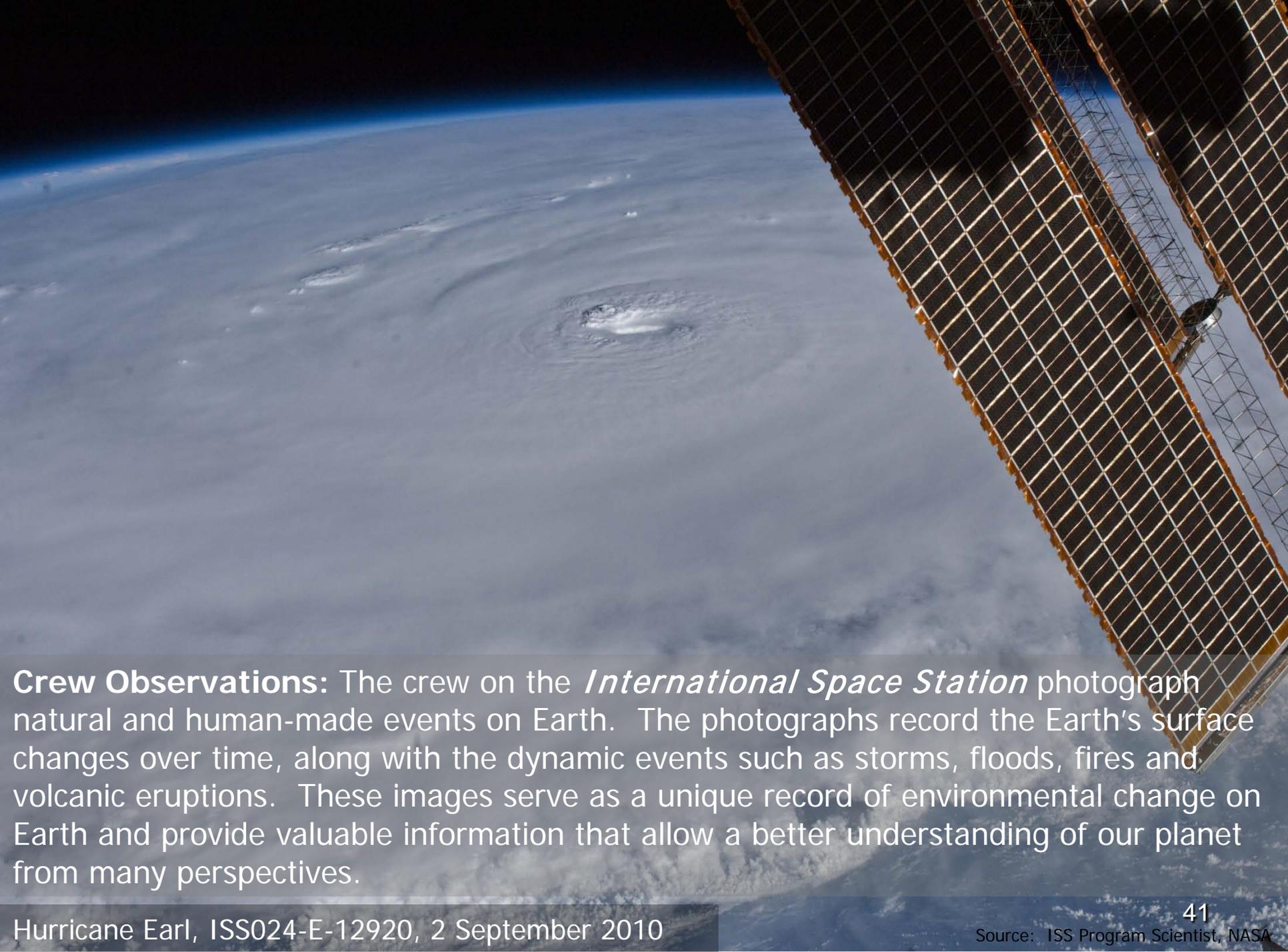
**Maintaining Bone Health through Nutrition** – Results from the Nutritional Study on the *International Space Station*, bed rest analogs, and laboratory cellular experiments have shown that Omega-3 fatty acids counteracted bone loss, indicating that diet changes to include more fish may protect bone loss both in space and on Earth. Studies have also identified a loss of Vitamin D as a concern for spaceflight, leading to recommendations for increased intake in astronauts. This recommendation was considered in the latest USRDA recommendation to increase Vitamin D intake for all Americans.

Source: ISS Program Scientist, NASA

**Earth Imaging** – HREP-HICO operates a visible and near-infrared Maritime Hyperspectral Imaging system, to detect, identify and quantify coastal geophysical features from the *International Space Station*. Extensive experience with airborne hyperspectral image data has demonstrated its utility for land use and land cover, vegetation type, vegetation stress and health, and crop yield.



**OIL**



**Crew Observations:** The crew on the *International Space Station* photograph natural and human-made events on Earth. The photographs record the Earth's surface changes over time, along with the dynamic events such as storms, floods, fires and volcanic eruptions. These images serve as a unique record of environmental change on Earth and provide valuable information that allow a better understanding of our planet from many perspectives.



Ash and Steam Plume, Soufriere Hills Volcano, Montserrat ISS021-E-5555, 18 October 2009



Sarychev Peak, Kuril Islands, ISS020-E-9048, 12 June 2009



Gulf of Mexico Oil Spill, 4 May 2010, ISS023-E-32397



Naruse River

flood water

Higashi-  
matsushima

Matsushima Airport

Ishinomaki Bay

# Education

A photograph of two young girls in a classroom. They are both wearing dark blue polo shirts and lanyards. The girl on the left is leaning over a table, looking at a map. The girl on the right is sitting at the table, also looking at the map. In the background, there is a large world map on the wall and a chalkboard.

**Education** - *International Space Station* research has involved over 900,000 students in the U.S. and over 31 million worldwide have participated in educational demonstrations performed by crewmembers onboard ISS.

# Importance of ISS as an Education Platform



- Students are excited about space!
- Motivate in math, science, engineering, and technology
- Long duration laboratory = many students reached

# Educational Activities on ISS

- Student-developed experiments, including contests
- Students perform classroom versions of ISS experiments
- Students participate in actual experiments
- Students participate in engineering, hardware development, and operations activities
- Educational demonstrations by astronaut/cosmonauts

# NASA-led International Opportunities



- Over 31 million students around the world
- Amateur Radio on ISS (ARISS)
  - 39 countries
  - Over 550 sessions with the ISS crew
- Earth Knowledge Acquired by Middle School Students (EarthKAM)
  - Students from 16 countries
  - Control Earth observations cameras onboard ISS





# How Have Non-Partners Participated

# 59 Countries Have Participated in ISS Utilization through 2010

Argentina

Australia

Austria

Brazil

Bulgaria

Byelorussia

Chile

China

Columbia

Croatia

Czech Republic

Dominican

Republic

Ecuador

Egypt

Fiji

Finland

Greece

Guatemala

Hungary

Ile de La Reunion

India

Ireland

Israel

Kazakhstan

Kenya

Kuwait

Lebanon

Malaysia

Mali

Mexico

New Zealand

Peru

Poland

Portugal

Puerto Rico

Republic of

Korea

Romania

Senegal

Slovenia

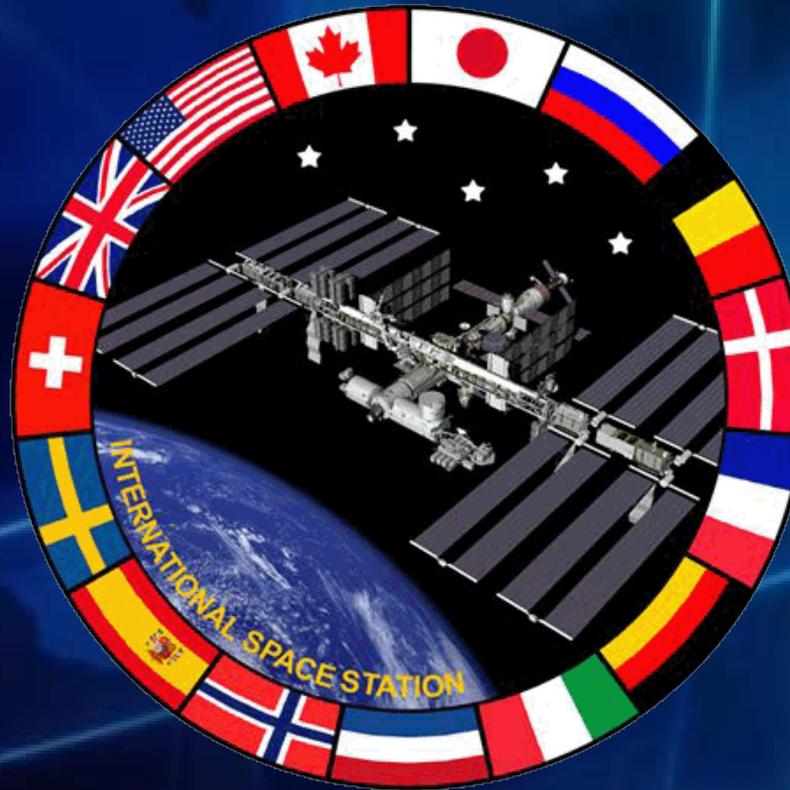
South Africa

Taiwan

Thailand

Turkey

Ukraine



Flags= ISS Partners

Names=ISS Non-partner Countries

# Highlights/examples of Non-Partner ISS Research

- Brazil (implemented through Roscosmos)
  - Effects of Micro-g on Fermentative Kinetics (MEK): kinetic rates of enzymatic reaction with lipase and invertase
- India (implemented through JAXA)
  - JAXA – ISRO Cooperation agreement to develop Japan-India Microorganism Cultivation Unit for cultivation of cyanobacteria, launch expected in 2011
- Kazakhstan (implemented through Roscosmos)
  - Investigation of a Closed Ecological System (Biosfera): investigation of a closed ecological system under space conditions.
- Malaysia (implemented through NASA and JAXA)
  - Commercial Generic Bioprocessing Apparatus Science Insert - 01 (CSI-01): Malaysian seeds (orchids, Malaysian red sandalwood and rosewood) exposure to the space environment.
  - JAXA and Malaysian Government have an agreement on cooperation for high quality protein crystal growth with a total of 6 investigations planned from 2009-2012
- Republic of South Africa (Implemented through Roscosmos)
  - Soluble Protein Crystallization: Obtaining Crystals of Soluble Proteins FcgIII and FcgeII (SPC)
- South Korea (Implemented through Roscosmos, NASA, and JAXA)
  - Korean Astronaut Program-13 Measuring of Small Mass in Microgravity (KAP-13): testing of small mass measurement system in microgravity
  - JAXA and KARI have a protocol for feasibility studies for Kibo utilization and will select investigations jointly
  - NASA-Korean collaboration in physical sciences is under development

# For More Information

ISS Reference Guide

Cumulative Results Reports:

NASA/TP-2009-213146-REVISION A

Education on ISS 2000-2006:

NASA/TP-2006-213721

World Wide Web

<http://www.nasa.gov/iss-science/>

Facilities Catalog

click on "Facilities" at web link above

ISS Research Blog "A Lab Aloft"

<http://go.usa.gov/atl>

 Twitter @ISS\_Research

[http://twitter.com/@ISS\\_Research](http://twitter.com/@ISS_Research)

