Microbial Monitoring of the International Space Station

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Humans living and working in the harsh environment of space present many challenges for habitability engineers and microbiologists. Spacecraft must provide an internal environment in which physical (gas composition, pressure, temperature, and humidity), chemical, and biological environmental parameters are maintained at safe levels. Microorganisms are ubiquitous and will accompany all human-occupied spacecraft, but if biological contamination were to reach unacceptable levels, long-term human space flight would be impossible. Prevention of microbiological problems, therefore, must have a high priority.

Historically, prevention of infectious disease in the crew has been the highest priority, but experience gained from the NASA-Mir program showed that microbial contamination of vehicle and life-support systems, such as biofouling of water and food, are of equal importance. The major sources of microbiological risk factors for astronauts include food, drinking water, air, surfaces, payloads, research animals, crew members, and personnel in close contact with the astronauts. In our efforts to eliminate or mitigate the negative effects of microorganisms in spacecraft, the National Aeronautics and Space Administration (NASA) implemented comprehensive microbial analyses of the major risk factors. This included the establishment of acceptability requirements for food, water, air, surfaces, and crew members. A robust monitoring program was then implemented to verify that the risks were within acceptable limits.

Prevention of microbiological problems is preferred over mitigation of problems during flight, and preventive steps must begin very early in the design phase. Spacecraft development must include requirements to control free water from humidity, condensate, hygiene activities, and other releases. If water is available, microbes are likely to grow because sufficient nutrients are potentially available. Materials selected for the spacecraft must not promote or support microbial growth. Air filtration can dramatically reduce the number of airborne bacteria, fungi, and particulates in spacecraft breathing air. Waterborne bacteria can be reduced to acceptable levels by thermal inactivation of bacteria during water processing, along with a residual
biocide, and filtration at the point of use can ensure safety. System design must include onboard capability to achieve recovery of the system from contamination. Robust housekeeping procedures that include periodic cleaning and disinfection will prevent high levels of microbial growth on surfaces. Food for consumption in space must be thoroughly tested for excessive microbial content and pathogens before launch. Thorough preflight examination of flight crews, consumables, payloads, and the environment can greatly reduce pathogens in spacecraft.

Many of the lessons learned from the Space Shuttle and previous programs were applied in the early design phase of the International Space Station, resulting in the safest space habitat to date. This presentation describes the monitoring program for the International Space Station and will summarize results from preflight and on-orbit monitoring.

Microbial Monitoring of the International Space Station

Cherie M. Oubre, Ph.D.
Wyle, Senior Scientist

Microbiology Laboratory - NASA Johnson Space Center
Book Chapter

# The Impact of Infectious Disease

<table>
<thead>
<tr>
<th>Mission</th>
<th>Published Incident</th>
<th>Consequence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apollo 7</td>
<td>Upper respiratory infection in 2 crewmembers prior to flight. Influenza symptoms within a few days after return</td>
<td>Preflight antibiotic therapy</td>
</tr>
<tr>
<td>Apollo 8</td>
<td>All crewmembers experienced preflight viral gastroenteritis which was</td>
<td>Believed to cause one crewmember’s vomiting and GI distress during flight</td>
</tr>
<tr>
<td>Apollo 9</td>
<td>Rhinitis and pharyngitis in one crewmember</td>
<td>3 day launch delay</td>
</tr>
<tr>
<td>Apollo 13</td>
<td>Urinary tract infection during flight</td>
<td>Incapacitation</td>
</tr>
<tr>
<td>STS- 36</td>
<td>Upper respiratory infection</td>
<td>4 day launch delay</td>
</tr>
<tr>
<td></td>
<td>Shingles (thoracic zoster) in 47-year-old healthy astronaut 2 days prior to flight</td>
<td></td>
</tr>
</tbody>
</table>
NASA Microbiological Monitoring

- Preflight
  - Clinical
  - Food
  - Potable water
  - Vehicle surfaces
  - Vehicle air
  - Cargo

- Biosafety review of payloads
  - In-flight
  - Potable water
  - Vehicle surfaces
  - Vehicle air
NASA Environmental Monitoring

- Air assessments
- Surface assessments
  Multiple locations within the vehicles
- Hardware assessments
  Random samples to ensure quality control
- Payload assessments
  Biosafety Review Board
Preflight Sample Collection

- Surface
  - Randomly selected hardware items
  - Habitable environment of vehicles or modules 10 – 15 days before launch
- Air
  - Habitable environment of vehicles or modules 10 – 15 days before launch
- Water

Sample collection

- Surface (25 cm² area)
- Air - SAS Super 180 Air Sampler (1 min. at 180 L/min flow rate)
- Water – 100 mL sample

Growth

- Trypticase Soy Agar (Bacteria)
- Sabouraud dextrose agar (Fungi)
- Hetertropic Plate counts (CFU/100 cm²)

Identification

- Vitrek® analysis
- 16s rDNA sequencing
- Microscopy (fungi)
# Preflight acceptability limits

<table>
<thead>
<tr>
<th>Sample type</th>
<th>Acceptability Limit</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Bacteria</strong></td>
<td><strong>Fungi</strong></td>
</tr>
<tr>
<td>Air</td>
<td>300 CFU/m(^3)</td>
<td>50 CFU/m(^3)</td>
</tr>
<tr>
<td>Surface</td>
<td>500 CFU/100 cm(^2)</td>
<td>10 CFU/100 cm(^2)</td>
</tr>
<tr>
<td>Water</td>
<td>50 CFU/mL</td>
<td>No detectable coliforms</td>
</tr>
</tbody>
</table>
ISS In-Flight Monitoring

Surfaces

Air

Water

Quantified in-flight and returned to JSC for identification
Inflight acceptability limits

<table>
<thead>
<tr>
<th>Sample type</th>
<th>Acceptability Limit</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Bacteria</td>
<td>Fungi</td>
<td></td>
</tr>
<tr>
<td>Air</td>
<td>1000 CFU/m³</td>
<td>100 CFU/m³</td>
<td></td>
</tr>
<tr>
<td>Surface</td>
<td>10,000 CFU/100 cm²</td>
<td>100 CFU/100 cm²</td>
<td></td>
</tr>
<tr>
<td>Water</td>
<td>50 CFU/mL</td>
<td>No detectable coliforms</td>
<td></td>
</tr>
</tbody>
</table>

* As defined in the ISS Medical Operations Requirements Document, NASA, 2003
Inflight Air Sample Collection
Inflight Surface Sample Collection
Surface and Air Sample Analysis

MAS KIT COLONY DENSITY

**Bacteria**

<table>
<thead>
<tr>
<th>P/N ###</th>
<th>MAS KIT COLONY DENSITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0 CFU/m³</td>
</tr>
<tr>
<td>2</td>
<td>~ 50 CFU/m³</td>
</tr>
<tr>
<td>3</td>
<td>~ 200 CFU/m³</td>
</tr>
<tr>
<td>4</td>
<td>~ 400 CFU/m³</td>
</tr>
<tr>
<td>5</td>
<td>~ 600 CFU/m³</td>
</tr>
<tr>
<td>6</td>
<td>~ 1000 CFU/m³</td>
</tr>
</tbody>
</table>

**Fungi**

<table>
<thead>
<tr>
<th>P/N ###</th>
<th>MAS KIT COLONY DENSITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>0 CFU/m³</td>
</tr>
<tr>
<td>B</td>
<td>~ 25 CFU/m³</td>
</tr>
<tr>
<td>C</td>
<td>~ 50 CFU/m³</td>
</tr>
<tr>
<td>D</td>
<td>~ 75 CFU/m³</td>
</tr>
<tr>
<td>E</td>
<td>~ 100 CFU/m³</td>
</tr>
</tbody>
</table>

**NOTE:**
Count only ‘fuzzy’ colonies.

If reading is ≥ 6, perform photography.

If reading is ≥ E, perform photography.
Inflight Water Sample Collection

[Image of a person holding a water sample collection bag]

http://www.youtube.com/watch?v=wo1zt33280O
Inflight Water Sample Collection
Air and Surface Results - Bacteria

- The inset illustrates the top 3 most frequently isolated genera of bacteria.
Air and Surface Results - Fungi

- The inset illustrates the top 3 most frequently isolated genera of bacteria.
# ISS Bacterial Isolates – Potable Water

### SRV-K Hot
- Acidovorax temperans
- Acinetobacter radioresistens
- Burkholderia gladioli
- Caulobacter vibrioides
- Comamonas testosteroni
- Cupriavidus eutropha
- Flavobacterium ferrugineum
- Methylobacterium lusitanum
- Methylobacterium species
- Sphingomonas paucimobilis
- Sphingomonas stygialis
- Staphylococcus species

### SRV-K Warm
- Acidovorax temperans
- Burkholderia gladioli
- Caulobacter leidy
- Comamonas testosteroni
- Corynebacterium species
- Cupriavidus basilensis
- Cupriavidus eutropha
- Cupriavidus metallidurans
- Dechlorosoma sullivan
- Flexibacter species
- Methylobacterium lusitanum
- Methylobacterium podarum
- Methylobacterium species
- Microbacterium species
- Pseudomonas aeruginosa
- Ralstonia mannitolsylica
- Ralstonia pickettii
- Sphingobacterium species
- Sphingomonas paucimobilis
- Sphingomonas species
- Sphingomonas stygiialis
- Sphingomonas xenophaga
- Sphingomonas yanalkuyae

### SVO-ZV
- Acinetobacter iwoffii
- Bradyrhizobium betae
- Brevundimonas species
- Caulobacter species
- Chryseobacterium gleum
- Comamonas testosteroni
- Cupriavidus paucula
- Leifsonia xylli
- Methylobacterium fugisawaense
- Methylobacterium lusitanum
- Methylobacterium species
- Proteobacterium, alpha-subgroup
- Pseudomonas fluorescens
- Pseudomonas species
- Ralstonia pickettii
- Rhizobium radiobacter
- Sphingomonas capsulata
- Sphingomonas croaceae
- Sphingomonas paucimobilis
- Sphingomonas species
- Sphingomonas stygiialis
- Sphingomonas yanoalkuyae
- Staphylococcus warneri
- Stenotrophomonas maltophilia

**Predominant genera**
- Methylobacterium
- Sphingomonas
- Cupriavidus/Ralstonia
Anomalies

- Fungal contamination of Russian smoke detector (~2001)

- Suspected fungal contamination on SM structure in TVIS pit area (March 2002)

- Fungal contamination of panel fronts in ‘hygiene area’ of FGB; remediation performed (2004)

- Clogged lines in Russian condensate recovery system suspected to be of microbial composition (2005, 2007)
Anomalies (continued)

- High bacteria counts noted in archive samples from CWCs (2007 - 2008); silver-resistant Cupriavidas species isolated
- Suspected fungal contamination on Russian air conditioning system ductwork and BOK-3 Command Processing Unit; some condensation pooling behind panels reported (August 2007)
- Fungal contamination on Payloads Water Reservoir (April 2008)
Future Goals

- Evaluating new microbial monitoring technologies for flight implementation
  - Molecular-based microbial monitoring (MiDAS, MMS, WetLab 2, etc)
  - Paper-based technology
- Updating requirements to allow for new monitoring technologies
- Lifetime Surveillance of Astronaut Health
JSC Microbiology Laboratory

Goal: Mitigate microbial risk to crew health, safety, and performance during the human exploration of space

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Microbial Monitoring of the International Space Station (C. Oubre)