Z-2 Prototype Space Suit Development

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NASA’s Z-2 prototype space suit is the highest fidelity pressure garment from both hardware and systems design perspectives since the Shuttle Extravehicular Mobility Unit (EMU) was developed in the late 1970’s. Upon completion it will be tested in the 11’ human-rated vacuum chamber and the Neutral Buoyancy Laboratory (NBL) at the NASA Johnson Space Center to assess the design and to determine applicability of the configuration to micro-, low- (asteroid), and planetary- (surface) gravity missions. This paper discusses the ‘firsts’ the Z-2 represents. For example, the Z-2 sizes to the smallest suit scye bearing plane distance for at least the last 25 years and is being designed with the most intensive use of human models with the suit model. The paper also provides a discussion of significant Z-2 configuration features, and how these components evolved from proposal concepts to final designs.

Nomenclature

\begin{tabular}{ll}
\textit{AES} & = Advanced Exploration System \\
\textit{EMU} & = extra-vehicular mobility unit \\
\textit{EVA} & = extra-vehicular activity \\
\textit{HUT} & = hard upper torso \\
\textit{ISS} & = International Space Station \\
\textit{NBL} & = neutral buoyancy laboratory \\
\textit{PAS} & = power, avionics, and software \\
\textit{PLSS} & = portable life support system \\
\textit{psi} & = pounds per square inch \\
\end{tabular}

I. Background

NASA’s Advanced Exploration Systems (AES) Advanced Extravehicular Activity (EVA) project is working toward a Chamber B human-rated thermal, vacuum chamber demonstration of a complete advanced Extravehicular Mobility Unit (EMU), consisting of a planetary surface walking pressure garment configuration and a portable life support system (PLSS) that utilizes new technology components. There are two major steps in pressure garment
maturation that the Z-2 prototype pressure garment is addressing that are required to meet this goal: hardware fidelity and system-level interfaces. Previous pressure garment prototypes have primarily served as mobility joint system test beds. The prototypes were tested in ambient atmosphere, meaning the suits were tested using breathing air and at a delta pressure above 14.7 psi. Life support was provided by ground support equipment via an umbilical interface or by a portable backpack. Test of the Z-2 in the 11’ human-rated vacuum chamber at the Johnson Space Center requires that the suit be compatible with 100% oxygen and a hard vacuum. Although most prototype pressure garments are fabricated with materials that are oxygen and vacuum compatible, the compatibility is not documented and certified. The Z-2 design and hardware will be. Additionally, the Z-2 takes steps toward incorporating EMU system-level interfaces and components. Interfaces such as integrated ventilation lines, integrated audio, purge and relief valves, and volumes reserved for the PLSS feedwater supplies are examples of interfaces that are included. However, the PLSS and display and control interfaces have not been fully defined, requiring additional maturation and design changes for the Z-3 prototype that will be used in the Chamber B human-rated thermal, vacuum advanced EMU demonstration.

II. Introduction

This paper discusses unique aspects of the development and design of the Z-2. The Z-2 represents several ‘firsts’ in various aspects. New techniques and technologies are being used in the design, development, and fabrication of Z-2. Although, some techniques have been used traditionally many have been enhanced through the application of new tools and technology. Some are being used for the first time. The scope of advanced space suit development includes new ways of designing and manufacturing suits in addition to the new mobility joint designs and materials. Therefore, the advancements being used in the Z-2 design process are as valuable as the prototype itself. The paper also discusses ‘firsts’ the Z-2 design itself represents.

A. 3-D Modeling, Body Scan, and Printing

The dimensions of a developmental pressure garment have traditionally been determined based on a set of critical anthropometric dimensions which include: stature, vertical trunk diameter (VTD), chest breadth, expanded chest depth, hip breadth, chest circumference, bicep circumference, inter wrist distance, inter-elbow distance, wrist to wall distance, knee height, crotch height, and thigh circumference. These critical dimensions alone, however, only tell the designers a small portion of the complete story about the actual size of a given person and how their particular anthropometry should fit inside of a suit. As a result, in previous development projects the resulting pressure garment architecture hasn’t always fit the target subject pool the way it was intended. Improved suit comfort and indexing for the subject pool was a critical goal for Z-2 in order to make it a higher fidelity suit system. Through the use of 3-D body scanning and 3-D printing technology an important step has been made toward realizing that goal.

The strict use of anthropometric dimensions does not fully allow designers to confidently assess how a particular subject will be indexed, whether or not there are interference points, and how the posture of that subject in various body positions ultimately affects suit sizing. Physical measurements alone also allow for error on the part of the technician doing the measuring, variation from subject to subject in how measurements are taken, and subjectivity in interpreting the physical landmarks used to take body measurements. These shortcomings are especially clear in the use of the VTD dimension; the measurement meant to describe the vertical distance from the crotch to the mid-shoulder as shown in Figure 1. Forcing a subject to stand “shoulders back” for this measurement may provide a measurement that is actually different than a more natural standing posture, the shoulder landmark may be difficult to determine based on the musculature of the subject, and the simple act of raising the arms dramatically changes the relative distance of the two landmarks that describe this dimension as shown in Figure Y. In addition, this strictly vertical measurement does not address the relative fore and aft position of the shoulder relative to the crotch, an oversight which may greatly affect the overall upper body indexing of a particular subject. On previous suit designs, for example, one assumption has been that if at least 1” of space is desired between the scye bearing and closest possible contact to the physical shoulder and 0.5” is desired between the physical crotch and suit brief that one could simply add 1.5” to the linear VTD dimension as provided per the anthropometric requirement and the result would be an appropriate torso fit. However, in reality the actual solution requires solving a much more complex problem. In addition to an assumed shoulder offset it is also critical to understand how the angle and position of the scye bearing relative to a subjects shoulder and chest geometries affect potential interference points and the general positioning of the shoulder inside of the scye bearing. In order to fully understand this complex interaction it became apparent that improved suit fit would be possible by utilizing a set of 3D manikins to represent the bounds of the

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anthropometric requirements around which the suit architecture could be tailored. Accordingly, an initial series of reconfigurable manikins were identified that were thought to be useful because they are pose-able in the 3D environment. The realization was quickly made, however, that their movement and positioning wasn’t realistic enough to provide adequate confidence in their utility. Alternatively, actual body scans in postures relevant to suited postures were obtained of subjects from the target pool that bound the critical anthropometric dimensions in various postures and shoulder positions with the help of JSC’s Anthropometry and Biomechanics Facility (ABF). These various body scans were used both to tailor the suit architecture around the defining three dimensional, physical anthropometries and, also, to evaluate how the suit would move as joints were manipulated in the virtual environment to correspond to discreet body positions.

The final step in improving the fit of our subject population was to verify the suit model by creating a full scale 3D print of the Z-2 Hard Upper Torso (HUT), waist, and brief hardware components and performing physical fit-checks of subjects from the subject pool. In order to correlate predicted sizing to the actual, physical fit checks each of the subjects’ body scans were first fit-checked in the 3D model, which was adjusted to predict subject VTD sizing. The physical fit-check was then performed with the predicted sizing on the actual suit subject. In performing these fit-checks it was noted that the model based predictions were very accurate for subjects while the 3D printed “suit” was held in the donning stand. However, when the subjects were asked to walk around inside the 3D printed hardware, the weight of the suit analog induced a slight change in the posture of the subject which created a difference between the predicted sizing and what the subject ultimately determined to be the most comfortable torso length. As a result, the overall design of the Z-2 torso was shortened by around 0.5” to better fit the subject pool.

Figure 1: Fitchecks with body scans and in 3-D printed components
during actual suit operation. Adjusting suit architecture to this level of accuracy during the design phase would simply not have been possible using historical design techniques as previously described.

A secondary benefit to procuring full scale, 3D printed suit hardware was the ability to use that hardware to verify the cycle life of joint designs. In the case of the waist joint rolling convolute the suit brief element and outer rolling convolute ring were printed using glass filled nylon, a material which enabled the hardware to be pressurized to 4.3 psi and cycled thousands of times in order to down select rolling convolute length and fabric and to verify the operational life cycle of the waist joint design and its associated softgoods. While the nature of the material was such that full design pressure was not achievable, it was certainly high fidelity enough for a first order verification of the base design. This was done at a fraction of the cost of having to produce actual rolling convolute hardware components that may have required multiple iterations prior to determining an appropriate design.

Utilizing 3D modeling, scanning and printing technologies has greatly enhanced the ability of Z2 suit designers to accurately configure the suit architecture to the target subject pool. This represents an enormous step in the space suit design industry where previously entire suits had to be fabricated in order to verify subject pool fit and function. While the technique itself is more complex than simply assuming offsets based on linear measurements, it is far more cost and schedule effective than iterating entire suit designs and much more practical than having to live with suit architectures that end up not being able to operate within the original design parameters.

**B. Size**

One pressure garment will be produced; therefore, the selection of the size of the pressure garment required careful consideration. In discussions with our end customer, the astronaut office, a desire to better accommodate crewmembers who are on the smaller end of the International Space Station (ISS) EMU size range, which is a significant portion of the current crew population, was expressed. It was requested that we fit crewmembers who are sized in a medium ISS EMU HUT. In addition to improved fit for the targeted size range, the team wanted to address shoulder mobility and injury prevention with the design. To best allow shoulder mobility and limit the potential for injury, the scye (aka shoulder) bearing should be positioned inboard of the acromion, which is the bony process on the scapula that is attached to the collarbone. When the scye bearing is inboard of the acromion, the scapula can move freely as the arm is lifted over the head and not impinge on suit hardware, as shown in Figure 2. The critical anthropometric dimension associated with this fit is the biacromial distance. The related suit dimension is called the ‘Q distance’, and is defined as distance between the centerpoint of the innermost planes of the scye openings. The Z-2 is designed with a nominal Q distance of 11” with a sizing feature that produces a 10” Q distance. These distances are smaller than the ISS EMU planar and pivoted hard upper Q distances, respectively, making the Z-2 the first EVA pressure garment to be sized that small.

![Figure 2: Movement of shoulder](image)

An additional goal of designing a small pressure garment was to understand the impacts to the design to achieve good fit. The size of the pressure garment drove changes to other suit components that are valuable to discuss. In the Shuttle program paradigm of modularity and reusability Shuttle/ISS EMU was designed to facilitate modularity. To be logistically efficient, this approach requires definition of standard bearing and disconnect diameters at the various locations so that different length components can be interchanged to size the pressure garment for individual crewmembers. However, one of the prices of modularity is a compromised ability to optimally fit smaller sizes because the standard components must accept the larger sizes. In contrast, the Z-2 is being specifically designed for
the small size. The following is a list of components that had to be reduced in size from previous prototype space suit baselines to meet this goal:

- Helmet geometry changed from the required 13” hemispherical dome to a 13” x 11” elliptical dome
- Scye bearing diameter
- Inter-scye sizing feature that allows reduction of the Q distance by an inch
- Rolling convolute shoulder length
- Upper arm bearing diameter
- Waist brief opening width and depth
- Brief hip bearing diameter
- Hip softgoods length
- Upper leg bearing diameter

There are several hardware changes, and they are significant. One interface that is critical to maintain for modularity is the helmet neck ring. Many years of use of the Mark III prototype space suit have validated the 13” hemisphere for a wide variety of head anthropometries, so it was the required geometry. However, during the design process it was found that the neck ring interfered with shoulder mobility, thus mandating a change to the elliptical dome. Therefore, the baseline geometry could not be used as the suit was scaled down in size. There is some indication that the Z-2 helmet geometry will be acceptable across the full range of head anthropometries and use scenarios; however, it is not yet verified. As the Z-2 is tested, the impacts will be further assessed.

C. Design and Analysis of Z-2 Upper Torso and Brief under Prescribed Internal Pressure Impact Loading Conditions

A composite upper torso, including hatch, and brief were proposed. The composite components, HUT and brief, of Z-2 are required to withstand a prescribed internal pressure within the limit of the allowable volumetric expansion and rate of leakage, and most importantly to withstand all possible impact loading conditions that may arise during operation under gravitational loading conditions on the lunar surface. An extensive modeling, validation and analysis effort was performed to determine the composite ply-up that would achieve the best balance of impact performance and mass reduction. The methods and tools used in the composite design are described below.

In achieving these design objectives, a finite element model of the Z-2 space suit assemble was developed by the University of Delaware Center for Composite Materials from the ProE® solid model using the combination of shell and solid elements in Hypermesh®. For static stress analyses, an all shell model was solved in NASTRAN®. For dynamic impact analysis, explicit code LS-DYNA® R7 was used. Material properties and modeling parameters for both the stress and impact analyses were determined by conducting ASTM standard tests, simulating the low velocity impact experiments on down selected composite materials, and comparing the properties with MIL-HDBK-17. Figures 3 and 4 show samples that have undergone low velocity impact testing. While maximum stress failure criteria was used for shell elements (MAT54 in LS-DYNA®), the progressive composite damage model MAT162 in LS-DYNA® was used for solid elements used in the impact zones.
Figure 3: Low Velocity Impact Test samples for S-Glass

Figure 4: Low Velocity Impact Test samples for IM-10
MAT162 is the state-of-the-art progressive composite damage model which can track seven different composite damage modes, i.e., fiber tension-shear & compression-shear, composite crush, in-plane & transverse matrix cracks, and delamination. Since the impact zones were modeled with solid elements, the transition between solid to shell elements were modeled using the shell-to-solid constraint option in LS-DYNA®. Contact between different components of the suit assembly and the hard impact point were modeled using LS-DYNA® automatic contact options with appropriate friction factors.

Figure 5 shows the finite element model of the Z-2 space suit assembly with arbitrary stress contour was applied showing the stress developed in the model under the prescribed internal pressure only and the under combined internal pressure and impact loading conditions in the same scale. From the LS-DYNA® simulations, it was identified that the local stresses and deformations that arose from impact loading were an order of magnitude higher than the internal pressure only load cases. Based on the LS-DYNA® simulation results, further parametric simulations were conducted to size the composite components and determining the stacking sequence of composite laminas to minimize the damage and deformations while satisfying the design requirements. The final design for Z-2 is a sandwich structure of S-glass and carbon fiber.

While a variety of previous prototype pressure garments have been fabricated from a range of composite materials and structures, the detailed and concerted composite modeling, validation, and analysis resulted in the most fully composite upper torso and brief structures designed to date. The design includes a minimum of metal components as are incorporated in the Mark III Advanced Mobility Demonstrator for structural integrity and reinforcement.

D. Use of Titanium Bearings

Titanium and titanium alloys are highly desirable for space applications because of the material’s high strength-to-density ratio. One of the many goals in development of the Z-2 space suit is to reduce overall suit mass, and during development titanium was identified as a leading candidate to enable suit weight reduction by an estimated 24 lbs. However, titanium is flammable at 100% oxygen at pressures <1 psia (ASTM Manual 36, p. 20). Flammability in itself doesn’t eliminate titanium as a prospective material as long as all ignition mechanisms are concurrently controlled. The ignition mechanism of primary concern in the Z-2 architecture is frictional heating in the rotary bearing housings as used throughout the suit to enable low torque joint motion. As with various other components in the space suit oxygen loop that are also flammable at high oxygen concentrations and low pressures, this ignition mechanisms needed be assessed if titanium was to be considered a viable bearing material. Therefore, a series of tests were conducted to evaluate the ignition potential of titanium space suit bearings during standard operations.

The Z-2 development effort does not mark the first time that titanium was identified as a potential weight saving material for space suits. In the late 1980’s and early 1990’s a five part test series was executed to evaluate the flammability risk of titanium bearings. Each of these tests were conducted at various pressures, rotational speeds, and operational durations under the assumption that the worst case failure was a seized steel ball within the bearing race the result of which was direct frictional sliding of steel on titanium. Specifically, the first four test phases were executed with the use of steel pins with a spherical end, sliding around a titanium gothic arch. Each of these phases resulted in the generation of sparks, a sign that ignition could occur. The fifth phase of testing involved increasing the fidelity by spinning an actual titanium wrist bearing in which two balls had been pinned together to simulate a fused ball bearing. This phase did not result in any sparking or signs of ignition after 736 cycles, or the equivalent of two 8 hour EVAs of cycling (TR-672-001, TR-872-001). Despite the successful wrist bearing test the titanium wrist bearing was not flown.
For the Z-2 development effort the failure modes observed in the first round of testing were re-visited to determine their applicability to real world suit operation. In doing so it was determined that the worst case failure mode actually combines two undetectable failures and one that would be detectable and therefore fixable within a given amount of time. These failures were divided into two phases of testing. The first phase included induction of the two undetectable errors together with a bearing cycle duration equivalent of four times the expected vacuum chamber test time, or a total of 96 hours. The two “undetectable” potential modes that were tested were 1) an inner seal leak which allows the bearing race to be exposed to 100% oxygen at suit pressure and 2) a mismatched ball port plug; a potential failure mode caused by assembly of the bearing with an incorrect ball port plug, the result of which would be either a high or low irregularity in the ball race.

The second phase of testing was limited to 30 minutes, but included the “detectable” potential failure of a failed open regulator in addition to the two previously described undetectable failures. The regulator failure scenario would elevate the suit pressure to a maximum of 10.6 psia, creating both increased oxygen pressure and plug loads at the bearings. This condition is considered to be the worst case operational scenario for a potential ignition source to exist within a titanium bearing.

There are seven different bearings locations and sizes on the Z-2 suit. These are the wrist, arm, scye, waist, hip, leg, and ankle bearings. Only the bearings that are operated under the most extreme conditions were chosen in order to establish test case boundaries. These bearings were the waist bearing because it operates with the highest plug load, the scye bearing because it operates with the highest linear velocity based on the EMU cycle model, and finally the hip bearing because it operates with the highest cycle frequency based off of the high speed walking required for the Z-1 CO2 washout testing. The resulting loads, cycle speeds and rates are shown in Table 1.

The results from the White Sands testing will determine if, for the first time, titanium bearings can be used as part of an oxygen compatible pressure garment design.

E. Fidelity
The final aspect of the Z-2 design to be discussed is the system-level maturation. One aspect of design maturity is reflected in the handling of the Z-2 as controlled hardware. To that end, Z-2 will be delivered with oxygen and vacuum compatibility data, structural analyses, and configuration management documentation that provide rationale for safe test in the 11’ human-rated vacuum chamber. The other aspect reflecting increased system-level maturity is the interfaces to PLSS and Power, Avionics, and Software (PAS) components and to tools and ancillary items. Figure 6 shows a mock-up of some of the interfaces that was created as a feasibility study for the interfaces and that provided illustrations for the Z-2 interface requirements. Realistic system-level components and interfaces being incorporated into Z-2 are listed in Table 2. This level of integration has not been performed since the development of the Shuttle EMU. However, Z-2 does not interface to a PLSS. Those interfaces have not been defined and so are not included. The AES Advanced EVA plan is for the prototype following the Z-2, the Z-3, to be fully integrated with the PLSS and PAS system.

<table>
<thead>
<tr>
<th>Table 1: cycle profile</th>
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<tbody>
<tr>
<td>Bearing</td>
</tr>
<tr>
<td>Shoulder</td>
</tr>
<tr>
<td>Hip</td>
</tr>
<tr>
<td>Waist</td>
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Figure 6: Examples of PLSS and PAS interfaces

Table 2: System-level interfaces included in Z-2

<table>
<thead>
<tr>
<th>Component Type</th>
<th>Component</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLSS</td>
<td>Feedwater Supply Assembly (FSA)</td>
<td>Mounting features and volumetric keep out zone in hatch</td>
</tr>
<tr>
<td>auxiliary FAS</td>
<td>Mounting features and volumetric keep out zone in hatch</td>
<td></td>
</tr>
<tr>
<td>multiposition suit purge valve</td>
<td>Pass-through and mounting features on HUT</td>
<td></td>
</tr>
<tr>
<td>positive pressure relief valve</td>
<td>Pass-through and mounting features on HUT</td>
<td></td>
</tr>
<tr>
<td>Return air vent interface and lines</td>
<td>Mounting features and hardware installed on HUT</td>
<td></td>
</tr>
<tr>
<td>PAS</td>
<td>integrated audio speakers</td>
<td>Mounting features and volumetric keep out zone in the hatch</td>
</tr>
<tr>
<td>integrated audio microphone array</td>
<td>Mounting features and volumetric keep out zone in the HUT</td>
<td></td>
</tr>
<tr>
<td>integrated audio signal amplifier box</td>
<td>Mounting features and volumetric keep out zone in the hatch</td>
<td></td>
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<tr>
<td>PAS cable routing</td>
<td>Volumetric keep out zone in the HUT and hatch</td>
<td></td>
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<tr>
<td>display and control unit</td>
<td>Mounting features on the HUT; can also be used for NBL chest weights</td>
<td></td>
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<tr>
<td>Tool</td>
<td>safety tether</td>
<td>D-ring interface on the waist</td>
</tr>
<tr>
<td></td>
<td>Square boss</td>
<td>Multiple mounting features to locate the boss in a number of locations on the waist ring</td>
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Ancillary Features

<table>
<thead>
<tr>
<th>Ancillary Features</th>
<th>Mounting features; drink bags delivered with Z-2</th>
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<tbody>
<tr>
<td>In-suit drink bag</td>
<td></td>
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<tr>
<td>Valsalva</td>
<td>Volumetric keep out zone in the HUT</td>
</tr>
<tr>
<td>Shoulder and waist harness</td>
<td>Included in Z-2; self-don and doffable in the HUT and brief</td>
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</table>

**F. Forward Work**

As of March 2014 following completion of the Z-2 pre-fabrication review contractual milestone, the Z-2 design was approved for fabrication. Component fabrication is to occur from March through July, with a dependency on the White Sands Test Facility titanium bearing test results. Component level assembly is planned to occur in August and suit assembly takes place in September. The suit is delivered in 2014 after the successful completion of requirement verification testing. A success-oriented schedule places 11’ foot chamber tests, ambient and vacuum, in April and May of 2015, respectively. Neutral Buoyancy Laboratory testing will be performed in August 2015. Subsequent ICES papers will discuss the Z-2 prototype performance and the major conclusions from testing.

**III. Conclusion**

The Z-2 suit development and design represent significant advancements in advanced pressure garments. A surface-based EVA pressure garment prototype has never been designed to the level of design maturity that is represented by the Z-2. In the design process new tools and methods are being applied to achieve that maturity, which are significant achievements themselves. Additionally, the Z-2 is serving as a testbed. Z-2 is providing the opportunity to investigate the impacts of design for a smaller anthropometry range that traditionally used. It is also allowing a first iteration assessment of system-level interfaces. As the Z-2 is fabricated and tested, it will continue to serve as a learning tool for Z-3.

**Acknowledgments**

The authors acknowledge the Advanced Exploration Systems program for funding the Z-2 effort.

**References**

*Reports, Theses, and Individual Papers*


Government agency reports do not require locations. For reports such as NASA TM-85940, neither insert nor delete dashes; leave them as provided by the author. Place of publication should be given, although it is not mandatory, for military and company reports. Always include a city and state for universities. Papers need only the name of the sponsor; neither the sponsor’s location nor the conference name and location are required. Do not confuse proceeding references with conference papers.

TR-672-001, TR-872-001