North Pacific Decadal Variability in the GEOS-5 Atmosphere-Ocean Model

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Abstract

This study examines the mechanisms of the Pacific decadal oscillation (PDO) in the GEOS-5 general circulation model. The model simulates a realistic PDO pattern that is resolved as the first empirical orthogonal function (EOF) of winter sea surface temperature (SST). The simulated PDO is primarily forced by Aleutian low through Ekman transport and surface fluxes, and shows a red spectrum without any preferred periodicity. This differs from the observations, which indicate a greater role of El Niño-Southern Oscillation (ENSO) forcing, and likely reflects the too short time scale of the simulated ENSO. The geostrophic transport in response to the Aleutian low is limited to the Kuroshio-Oyashio Extension, and is unlikely the main controlling factor in this model, although it reinforces the Ekman-induced SST anomalies. The delay between the Aleutian low and the PDO is relatively short (1 year) suggesting that the fast Ekman response (rather than Rossby wave propagation) sets the SST pattern immediately following an Aleutian low fluctuation. The atmospheric feedback (response to the SST) is only about 25% of the forcing and never evolves into an Aleutian low completely, instead projecting onto the North Pacific Oscillation (NPO), a meridional dipole in sea level pressure (SLP). The lack of preferred periodicity and weak atmospheric response both indicate a coupled oscillation is an unlikely mechanism for the PDO in this model. In agreement with recent studies, the NPO is correlated with the North Pacific Gyre Oscillation (NPGO), which is another leading EOF of the North Pacific SST. A possible connection between the PDO and the NPGO is discussed.
1. Introduction

The dominant pattern of sea surface temperature (SST) variability in the extra-tropical Pacific is characterized by same-signed anomalies in the central and western parts of the basin and opposite signed anomalies along the west coast of the United States and the Gulf of Alaska, and is commonly referred as the Pacific decadal oscillation (PDO) or variability (Trenberth and Hurrell 1994; Mantua et al. 1997; Zhang et al. 1997). This pattern exhibits decadal to multi-decadal variability with marked ‘regime shifts’ around 1925, 1947 and 1976 along with interannual variability that is largely in tune with the tropical El Niño-Southern Oscillation (ENSO) phenomenon. The decadal spectral peaks of the associated time series are broad and weak in the observational records, and therefore, the existence of a preferred oscillation is unclear (see, e.g., reviews by Miller and Schneider 2000; Liu et al. 2012). Nevertheless, pronounced low-frequency variability is apparent. A positive (negative) phase of the PDO is defined as the period when the eastern Pacific is anomalously warm (cool) and the central and the west Pacific is anomalously cool (warm) and is accompanied by negative (positive) sea level pressure (SLP) anomalies over the Aleutian Islands.

The PDO appears to force atmospheric teleconnection patterns controlling climate variability in distant locations (Trenberth and Hurrell 1994; Mantua et al. 1997; Deser et al. 2004). For example, a positive phase of PDO coincides with enhanced wintertime precipitation over Alaska, southern United States and northern Mexico, reduced precipitation over much of the interior United States, and warm winter air temperature and reduced snowpack in the Pacific Northwest (Mantua et al. 1997). These
teleconnection patterns may be useful in seasonal and interannual prediction efforts in those regions. Additionally, understanding the relative role of natural decadal modes like the PDO and the anthropogenic warming trend is important for near-term decadal prediction.

A widely recognized model for the excitation of low frequency variability in extratropical oceans, in general, is that of the stochastic noise forcing (Hasselmann 1976), where SST variability is solely forced by the atmospheric ‘noise’. The ‘noise’ stands for atmospheric variability that is not forced by SST or other boundary states. In its simplest form, this model proposes that an atmospheric heat flux of white spectrum when coupled to a slab ocean model produces low frequency SST variability as the input heat flux is slowly damped due to the large heat capacity of the ocean. The resulting SST spectrum is red without any preferred periodicity. Extensions of this model include a propagative stochastic model where advection or wave propagation is taken into account (Frankignoul et al. 1997; Jin 1997; Saravanan and McWilliams 1997) and stochastically driven ocean dynamics model (Schneider et al. 2002).

Another possibility is that the PDO is forced by ENSO through its atmospheric teleconnection to the North Pacific (Trenberth and Hurrell 1994; Zhang et al. 1997; Newman et al. 2003; Deser et al. 2004; Vimont 2005; Alexander and Scott 2008). This idea is supported by the observation that the two patterns are largely similar and the two modes underwent major decadal regime shifts in the observed records (Deser et al. 2004). The ENSO-forced atmospheric circulation patterns can generate SST anomalies in the
north-central Pacific on the seasonal timescale. These SST anomalies gain maximum
amplitude in the spring following an ENSO mature phase, and can be stored beneath the
mixed layer and resurfaced in the next winter via ‘reemergence’ (Alexander et al. 1999).
The reemergence mechanism acts to enhance the persistence of SST anomalies from
winter-to-winter thereby aiding in the reddening process (Deser et al. 2003). Thus the
ENSO forced circulation anomalies can be considered as a ‘signal’ in the white noise-
atmosphere that imparts temperature anomalies at quasi-regular intervals which has some
persistence in the North Pacific Ocean mixed layer. Newman et al. (2003) showed that a
first order autoregressive model (AR1) with an ENSO forcing forecasts the observed
PDO with remarkable skill. Another viewpoint is that the PDO is due to the decadal
modulation of ENSO, and therefore a statistical residue of ENSO on decadal timescales
(Zhang et al. 1997; Vimont 2005).

Latif and Barnett (1994) proposed that mid-latitude atmosphere-ocean interaction
together with westward propagating oceanic Rossby waves could support a self-sustained
decadal oscillation. Their proposal begins by assuming an SST anomaly in the Kuroshio-
Oyashio extension (KOE) region of the subtropical gyre. This subsequently grows
through Bjerknes-like ocean-atmosphere feedback and imparts a wind stress pattern in
the central Pacific that in turn results in Ekman transport and Rossby wave propagation
from the central Pacific to the western boundary. The resulting gyre anomalies eventually
replace the original KOE SST anomalies with that of opposite sign. However, there is
now a general consensus from observations and general circulation models (GCMs) that
the central Pacific wind stress anomalies in fact lead the KOE SST and therefore are
unlikely due to an oceanic forcing (Schneider et al. 2002). This leads to a modified Latif-Barnett model in which a basin scale wind stress pattern with its maximum slightly shifted to the east of dateline forces oceanic Rossby waves in the central Pacific which generates KOE SST anomalies after 4-5 years (Deser et al. 1996; Miller et al. 1998; Schneider et al. 2002). The wind stress pattern is associated with the sea level pressure (SLP) anomalies of the Aleutian low. In this case, whether or not a closed oscillation occurs depends on if and how the atmosphere responds to the KOE SST. If the atmospheric response reverses the sign of the original wind stress curl anomalies, a coupled self-sustained oscillation may evolve. Results from the NCAR CCSM2.0 (Known and Deser 2007) suggest that the PDO in that model is in agreement with the Aleutian low-induced Rossby wave mechanism.

The length of observational records is a main constraint in evaluating these mechanisms, and it may be helpful to analyze long simulations of the atmosphere-ocean general circulation models (AOGCM), which are increasingly becoming computationally cheaper. In this study, we take advantage of a 350-year long simulation of the Goddard Earth Observing System (GEOS-5) AOGCM to examine the characteristics and mechanisms of the PDO. We will first examine the relative importance of the tropical versus extra-tropical forcing on the PDO – i.e., to what extent the ENSO-forced SST anomalies are reflected in the PDO. Secondly, we will examine the role of midlatitude atmospheric variability and the relative roles of surface heat flux, Ekman and geostrophic advection terms. In doing so, we hope to quantify the relative contributions to the PDO of a fast local response that occurs through surface heat flux and Ekman layer advection and
a delayed remote response at the KOE region, involving geostrophic adjustments which is indicative of the wind stress curl induced Rossby wave mechanism.

While most previous studies of Pacific decadal variability have focused on the PDO, which is usually resolved as the first EOF of North Pacific SST variability, some recent studies have pointed out the importance of the second EOF (Bond et al. 2003), particularly in the years after the 1976 decadal shift. Di Lorenzo et al. (2008) found that the second EOF is connected to the eastern and central branches of the subtropical gyre and is often referred to as the North Pacific Gyre Oscillation (NPGO). In this study, we will briefly touch upon the NPGO in GEOS-5 and its potential connection with the PDO.

Section 2 describes the model and observational data. Section 3 discusses the results, which include a brief summary of the mean climate (3.1), the spatial and temporal characteristics of the PDO and the NPGO (3.2), the tropical connection of the PDO (3.3), and extra-tropical atmospheric forcing and air-sea feedback (3.4). The summary and discussion is provided in Section 4.

2. Model and data

The atmospheric component of the GEOS-5 AOGCM was developed at NASA’s Global Modeling and Assimilation Office (Rienecker et al. 2008; Molod et al. 2012). Some key components of the model physics include the Relaxed Arakawa-Schubert scheme for convection (Moorthi and Suarez 1992), a Monin-Obukhov surface layer, which includes
the effects of a viscous sublayer for heat and moisture transport (Helfand and Schubert 1995), and turbulence schemes by Lock (2000) and Louis and Geleyn (1982). The Ocean component is the Modular Ocean Model Version 4 (MOM4) developed by the Geophysical Fluid Dynamics Laboratory (Griffies et al. 2005), and the sea ice model is the Los Alamos sea ice model (CICE) (Hunke and Lipscomb 2008). The land surface model is a catchment-based scheme (Koster et al. 2000) that accounts for sub-grid scale heterogeneity in surface moisture.

The resolution of the atmospheric model is 2.5° longitude by 2° latitude with 72 vertical layers and that of the ocean is 1° in longitude and latitude telescoping to 1/3° meridional spacing near the equator, with 50 vertical levels. The ocean vertical grid spacing is a constant 10 m over the top 225 m. The current simulation was started from an earlier run where the atmospheric model was initialized from an uncoupled run forced by observed SST. The ocean model was initialized with climatological temperature and salinity from Levitus and Boyer (1994a;b). Green house gas concentrations are fixed at 1950’s level.

In this study, we examine the last 350 years from a 407-year long single coupled run. The first 57 years are omitted as model spin-up, as determined by visual examination of the globally averaged annual mean SST.

The model results are compared with observed SST product of Rayner et al. (2003) for the period 1870-2011 and sea level pressure (SLP) for the period 1871-2010 from the NOAA 20th century reanalysis (Compo et al. 2011). A global warming signal was removed from the observed SST by linear de-trending. Oceanic variables from the model are also de-trended to eliminate any model drift. Monthly or seasonal anomalies are obtained by removing their respective long-term mean values. A 6-year low-pass Lanczos
filter (Duchon, 1979) is utilized in certain analyses to better extract the decadal signals. Diagnostic tools include Empirical Orthogonal function (EOF) decomposition, spectral analysis, and lag correlation or regression. The statistical significance of the spectral peaks is estimated with a Chi-squared test with respect to a null hypothesis based on an AR1 red noise process. A two-sided t-test is used to assess significance of temporal correlation coefficients. The effective number of degrees of freedom for the t-test is calculated as, $N' = N \left( \frac{1-r_{1x}r_{1y}}{1+r_{1x}r_{1y}} \right)$, where $N$ is the number of time steps in the data, $N'$ is the effective number of degrees of freedom and $r_{1x}$ and $r_{1y}$ are the lag-1 autocorrelation coefficients for time series $x$ and $y$, respectively (Bretherton et al. 1999).

3. Results

3.1. Mean climate

The GEOS-5 AOGCM produces a stable, realistic mean state, and realistic major modes of variability (Vikhliaev et al. 2011). This is confirmed in the current 350-year long simulation. For example, Fig. 1 shows that the model captures the climatological features of the tropical SST such as the Pacific warm pool and cold tongue fairly well. Some errors in the model are common to many current climate models and they include the westward extension of the cold tongue, which often results in a ‘double ITCZ’ pattern in precipitation, warm bias along the continental coasts, and a meridionally confined ENSO that extends too far to the west. The double ITCZ problem is often related to errors in atmosphere-ocean feedbacks in the tropical Pacific (Sun et al. 2003). The warm bias over the western side of the continents is likely due to the lack of low clouds in this model (Molod et al. 2012) or coastal upwelling biases prevalent in AOGCMs in general (e.g.,
Griffies et al. 2009). The enhanced variance in the tropical Indian Ocean implies an unrealistically strong forcing from the Pacific, which may be due to the westward extension of the ENSO.

3.2. Low frequency variability in North Pacific SST

In this section, we describe the leading patterns of variance in the North Pacific SST that are isolated by an EOF analysis. These are the PDO and the NPGO, and we will refer to them as the leading SST modes throughout the remainder of the paper. The EOF analysis is applied to unfiltered December through February (DJF) seasonal mean anomalies of SST over the region 120°E-100°W, 20°N-60°N. The corresponding global spatial patterns are obtained by regressing the normalized principal components (PCs) on the DJF SST anomalies. Figure 2 shows these regressed fields based on 350 years of the model run and 141 years (1871-2011) of the Hadley Center SST. The first EOF captures the familiar horseshoe pattern of the PDO and explains 29% of the normalized variance in the model and 30% in the observations out of their total variance values which are 0.36 and 0.21 (°C)^2, respectively (Figs. 2a, c).

Recently, there has been some interest in another leading mode of North Pacific SST variability, including its timescale, mechanisms and its role in the Pacific interannual-decadal variability (Bond et al. 2003; Di Lorenzo et al. 2008). Found here as EOF2 in the model and EOF3 in the observations, it depicts a nearly north-south dipole structure, which is similar to the SST pattern in Bond et al. (2003) (Victoria mode) and the North
Pacific Gyre Oscillation (NPGO) in Di Lorenzo et al. (2008). We note that the rank of this mode appears sensitive to the observational period; while the NPGO is resolved as EOF2 for the period 1950-2011, its variance is reduced over the period 1871-2011.

We focus on the EOFs for the DJF season in order to better capture the PDO-ENSO relation in the model. We note that although an EOF analysis of the annual mean SST yields similar patterns and variance decomposition, the simulated ENSO-PDO covariance is absent in that case: the regression coefficients in the ENSO region are less than 0.05. The regression values for DJF are, however, still small (~0.2) compared with those for the observations (~0.6) (Fig. 2c) and we will discuss this point further in the following sections.

In Figure 2, there are two major differences between the model and observations. Firstly, the model overestimates the variance of both poles of the PDO mode. The negative anomalies in the western part of the basin (at about 40°N) and the positive anomalies over the Gulf of Alaska are nearly double that of their observational counterparts. The variance is particularly large in the western north Pacific region where the influence of the Kuroshio-Oyashio currents is important. The PDO pattern has potentially two centers of action, one in the western basin and another in the central part of the basin, the latter being related to ENSO (Deser and Blackmon 1993). In the observations, the central Pacific maximum appears dominant. In the model, this distinction is less clear and appears to be related to the nature of the ENSO, which has a pronounced biennial spectrum (figure not shown). The dominance of the KOE variance has also been seen in
different versions of the NCAR Community Climate System Model (CCSM), (Kwon and
Deser, 2007; Deser et al. 2012) as well as in many models that participated in the
Intergovernmental Panel on Climate Change (IPCC) Fourth Assessment (AR4) (Furtado
et al. 2011).

Secondly, as mentioned before, the tropical signal is weak in the model. Compared to a
broad ENSO-like pattern in the eastern Pacific found in the observations, the model
shows weaker signals slightly shifted to the west. The apparent weak relation with ENSO
is evident in the temporal correlation between PC1 and Nino3: 0.17 in the seasonal DJF
unsmoothed data and 0.34 when both time series are subjected to a 5-year running mean.
(The Nino3 index is defined as the SST anomalies averaged over 150°W-90°W, 5°S-
5°N). The corresponding value in the observations is 0.57 in the unfiltered data for the
period 1870-2011. Reasons for this general weakness of the ENSO-PDO relationship will
be examined in Section 3.3.

The power spectrum of the PDO for the entire simulation (350 years) has three peaks
around 31, 18 and 7 years respectively, which are not statistically significant at the 10%
level (figure not shown). Similarly, the NPGO has spectral peaks around 15 and 7 years
that are not statistically significant (figure not shown). The lack of significance is even
more evident when spectral power is computed independently for two or more segments
of the data and averaged. What is shown in Fig. 3 is such an average over two 141-year
segments, which shows a red spectrum with small increases in power near 28 and the 9-5
year band. The results are similar when averaging is done over three 100-year segments.
Notice that no distinct peaks are present either in the PDO or in the NPGO, which is not inconsistent with the observations (Fig. 4) although questions remain about the accuracy of the observational records.

This is different from the finding of Kwon and Deser (2007), where they found a statistically significant 16-year spectral peak in a 650-year long simulation of the CCSM2. A distinct spectral peak implies a preferred oscillation that could arise from either atmosphere-ocean feedback or from resonance. In CCSM2, the basin-wide wind stress curl forcing excites Rossby waves in the central Pacific and results in a delayed response in the surface temperature in the western boundary that in turn propagates eastward. These processes, wave propagation and advection combined, form an 8-year half cycle and closure of this cycle depends whether and how the atmosphere responds to the KOE SST. In CCSM2, the atmospheric response (in wind stress curl) to KOE SST is about 35% weaker than the original forcing; yet, the response is of opposite sign to the forcing, a necessary condition for establishing a coupled oscillation with a 16-year cycle. The fact that there is no distinct spectral peak in the GEOS-5 diminishes the prospects of a coupled self-sustained oscillation in this model. But that does not rule out the Rossby wave mechanism in this model – for example if the atmospheric response to the KOE SST anomalies is insufficient to generate a closed loop. Wind stress curl forced Rossby waves may still be present and influence the KOE SST anomalies and therefore the objectives of the study remain valid.
In the remaining sections of the paper, we mainly focus on the model data. The main reason for this is that the accuracy of the observational records before 1950 may be questionable and statistical calculations (such as regression) may not provide a benchmark to make meaningful comparisons against the model. Instead, the understanding gained from case studies such as the decadal shift of the 1976 (a phase change where data are more reliable) may be more useful and would help us to better evaluate the model. The wind-stress curl forced Rossby waves is a mechanism proposed to explain the 1976 phase shift (Deser et al. 1999; Seager et al. 2001) and we will take this as an observational benchmark in this study.

### 3.3. Tropical connection

As mentioned before, the observed relatively strong relation between the PDO and ENSO is not captured in the model. The simultaneous correlation between the PC1 of SST and the Nino3 index is 0.17 in the unsmoothed DJF seasonal data in contrast to 0.45 in the observations. We speculate that the ENSO-induced SST fluctuations do not project onto the PDO in the simulation. A mechanism by which ENSO can generate low frequency fluctuations involves persistence of temperature anomalies in the mixed layer for a few years aided by ‘reemergence’. This may operate in nature where the ocean has a chance to retain an initial anomaly for 4-5 years between two consecutive ENSO events. In the model, however, the time scale of ENSO is too short (dominant period of 2-3 years) such that a positive ENSO event in one winter is often immediately followed by a negative
event in the next winter and therefore is unlikely to force low frequency variability in the North Pacific.

The ENSO-forced signals in the North Pacific can also be examined in terms of Nino3-based monthly lagged composites of SST and SLP (Fig. 5). A warm phase is defined when DJF Nino3 exceeds +1 standard deviation and vice versa. The circulation response consisting of negative SLP anomalies during the warm phase and positive SLP anomalies during the cold phase is in agreement with observations. Several studies have examined the effect of this atmospheric teleconnection on the North Pacific SST (see, Alexander et al. 2002 for a review). During a warm ENSO phase, a negative SLP anomaly in the North Pacific results in anomalous northwesterlies and cold dry air advection to the northwestern Pacific, anomalous southerlies and warm moist air advection to the West coast of the North America and anomalous westerlies and increased total westerly winds in the central Pacific. The resulting surface heat flux and Ekman advection anomalies cool the ocean west of 150°W and warm the ocean on the eastern side. During a cold ENSO phase, these anomalies are reversed. Unlike the response during warm ENSO events, the response in SST for cold ENSO events is weak and incoherent in the model. In the cold composites, negative SST values occur in the North Pacific as late as November, suggesting that negative anomalies from a previous warm ENSO persist into the following fall. This provides an unfavorable condition for circulation anomalies associated with a cold ENSO phase to generate warm SST anomalies. This problem is clearer when composites are extended into the preceding fall and the following summer (figure not shown). During summer, the tropical Pacific reverses sign abruptly while the
extra-tropical SST anomalies retain the sign gained in the previous winter. This results in
an erroneous Pacific SST pattern consisting of a cold tropics and subtropics or a warm
tropics and subtropics. Interestingly, this behavior is obvious only in the cold composites.
Studies that examined the asymmetric response to ENSO show that, it is the cold events
that force larger circulation and SST anomalies than warm events (Hoerling et al. 1997;
An et al. 2007), while our model composites show the opposite. The reasons for this
asymmetry are not immediately clear from the present analysis. Nevertheless, the
composite analysis verifies our earlier conclusion in Section 3.2 that the tropically forced
SST anomalies in the model occur in the central Pacific slightly south of 40°N, which is
in agreement with observations, while the PDO variance (see, Fig. 2) is maximum over
the western basin. We summarize therefore that the influence of ENSO may in fact be
contributing to interannual fluctuations in North Pacific SST, but not necessarily
projected onto the decadal timescales studied here.

3.4. Extra-tropical atmospheric forcing and feedback

We now move on to looking more directly at the role of extra-tropical atmospheric
forcing of the PDO. Several studies have pointed out the correlation between Aleutian
low variability (often depicted by the North Pacific Index or NPI) and the PDO (Deser et
al. 1999; Kwon and Deser, 2007; Schneider and Cornuelle, 2005)). The NPI is an area-
average of SLP anomalies over the region 30°N-65°N, 160°E-140°W as defined in
Trenberth and Hurrell (1994), and captures a monopole pattern similar to the first EOF of
winter SLP anomalies. However, we know that the influence of ENSO on the Aleutian
low variability is not negligible as the two indices (NPI and Nino3) are correlated at 0.5, indicating that the ENSO accounts for about 25% of the Aleutian low variance. Additionally, the ENSO composites of SLP (Fig. 5) indicate an atmospheric response over the Aleutian low region. Therefore, the Aleutian low variability is likely a combination of internal atmospheric and the ENSO-forced variability and in the following analysis we attempt to separate these two components by linear regression.

a) AR1 forecast:
We will first examine the influence of NPI by adopting a simple AR1 model with an additional forcing term to represent the NPI, following Newman et al. (2003). Accordingly, the PDO is represented as follows:

\[ P(t) = \alpha P(t - 1) + \beta S(t) + \eta(t), \quad (1) \]

where \( P(t) \) is the PDO forecast at time \( t \), \( P(t - 1) \) is the PDO one time step earlier, \( S \) is an index to represent external forcing (e.g., NPI) and \( \eta \) is an uncorrelated noise term. The coefficients \( \beta \) and \( \alpha \) are obtained, respectively, by regressing the PDO on the NPI time series and then auto-regressing the residual PDO times series (that is obtained after removing the NPI) with a lag of one year. Forecasts are made for one time step (or 1 year) at a time and then reinitialized and run for the next time step and so on. To separate the ENSO-forced part of the NPI, a revised NPI (NPI*) is defined, which is obtained by removing the ENSO signal by linear regression with the Nino3. The NPI* is an approximation to the inherent (internal) extra-tropical atmospheric variability. We make two forecasts, first with the total NPI, and then with the NPI*.
Figure 6 shows scatter plots of the PDO versus the NPI and the NPI* (Figs 6a,b) and the AR1 forecasts of the PDO when run with NPI and NPI* (Figs. 6c,d). The correlation between the PDO and the NPI (i.e., $\beta$ in (1)) remains unchanged whether or not ENSO is present, and therefore, the skill of the forecast. This suggests that the ENSO-forced part of the NPI is not the key forcing of the PDO and that the ENSO-forcing is likely limited to the high frequency variability (1-2 years) of the NPI. These results are again consistent with our previous finding that the role of the ENSO on the PDO is negligible in this model. This finding is however different from those based on observations. For example, Schneider and Cornuelle (2005) found that by removing ENSO from observed North Pacific SLP anomalies, the skill of the AR1 reconstruction of the PDO was reduced from $\sim0.8$ to $\sim0.55$. They identified a region, where intrinsic midlatitude SLP variability is important for the PDO reconstruction, which is approximately collocated with the NPI region of Trenberth and Hurrell (1994), used in this study.

b) Atmospheric-Ocean feedback

In view of the simultaneous covariance between the NPI/Aleutian low and the PDO, we next examine lead/lag relationships between the atmosphere and SST in order to understand forcing and response between atmosphere and SST. We remind the reader that the original Latif-Barnett hypothesis (Latif and Barnett, 1994) called for an oceanic origin of the SST in which case one would expect NPI anomalies to lag the PDO. There is however a general agreement in recent studies that the NPI leads the PDO (e.g., Kwon and Deser, 2007; Deser et al. 2012). Another recent finding is that the second mode of the SST (NPGO) is correlated with the North Pacific Oscillation (NPO) (Chhak et al. 2009).
The NPO is an SLP pattern identified by Walker and Bliss (1932) that has a meridional dipole structure, with opposite signed anomalies in Alaska and Hawaii.

We first isolate the Aleutian low and NPO patterns by computing EOFs of DJF SLP and wind stress curl over the region 120°E-100°W, 20°N-60°N (Fig. 7). Here, instead of using the NPI index, we use the EOF analysis to identify the Aleutian low since this enables a cleaner separation of the Aleutian low and the NPO. The EOFs of the SLP and the wind stress curl essentially capture the same modes: the temporal correlation between the corresponding PCs are greater than 0.9. The first mode (Figs. 7a,c) shows the Aleutian low and its signature in wind stress curl, the temporal variability of which is essentially the NPI: PC1 of the wind stress curl is correlated with the NPI with a value of 0.97. The second mode captures the characteristic meridional dipole structure of the NPO. Consistent with internally forced midlatitude atmospheric behavior, (e.g., Wallace and Gutzler 1981; Esbensen 1984) the temporal variability of these modes at interannual time scales shows a white spectrum without any preferred periodicity (figure not shown).

In the following analyses, we will use PCs 1 and 2 of the wind stress curl to represent the Aleutian low and NPO, respectively.

Figure 8 shows lead/lag correlations between the PCs of the wind stress curl and the SST. All time series are subjected to a 6-year low-pass filter to better capture decadal-scale variability. First of all, considering the relation between the Aleutian low and the PDO, the correlation is at maximum (~0.7) when the atmospheric mode leads the SST mode by 1 year, suggesting an atmospheric forcing of the SST (Fig. 8, bottom panel). Similarly,
the NPO appears to force the NPGO with a maximum correlation of ~0.4 at lag -1. The 1-year lag between NPO and the NPGO is in agreement with previous studies (Chhak et al. 2009). In the case of the PDO, the 1-year lag is too short to invoke the wind stress curl induced Rossby wave mechanism, in which Rossby wave propagation from the central Pacific to the western boundary sets the delay time between the Aleutian low and the PDO SST anomaly. The short time lag obtained here is not in agreement with the results based on CCSM (Kwon and Deser, 2007; Deser et al. 2012), where lags of 2-4 years were found that are consistent with a Rossby wave mechanism. Rossby wave phase speed estimates for 40°N suggest 3-5 years are needed to propagate from 160°E to the western boundary (Chelton and Schlax, 1996).

Secondly, we notice that there are weak correlations between the PDO and the NPGO when the PDO leads the NPGO by 3 years and similarly between the Aleutian low and the NPO when the former leads by 3 years (Fig. 8, top panel). These values are about 0.4 and 0.2, respectively and they are marginally significant at the 5% level. A similar weak relationship (statistically significant at 5% significance level) can be found between the PDO and the NPO when the former leads the latter by 2 years, suggesting that the atmospheric response of the PDO projects onto the NPO. In view of the above correlations, we propose a connection between the PDO and the NPGO, which involves the following processes in the order they are listed: 1) an initial Aleutian low anomaly forces the PDO, 2) the atmosphere responds to the PDO which results in an NPO-like pattern, and 3) the NPO forces the NPGO SST pattern.
To further address the atmospheric forcing and response, lead lag regression and correlations are computed for SLP and wind stress curl data with respect to the PDO and the NPGO (Figs. 9, 10). Regression with SST is shown (left column in Figs 9, 10) to understand the progression of the EOF patterns. In the regressions with atmospheric variables, a positive lag means the atmosphere lags the ocean and therefore the regressed fields represent an atmospheric response and similarly a negative lag suggests atmospheric forcing. Only lags from -2 to +3 years are examined, as they appear relevant based on Fig. 8. In the case of PDO (Fig. 9), lags -2 to 0 show SLP and wind stress curl patterns that represent the Aleutian low, similar to the EOFs 1 in Fig. 7. The atmospheric response to the PDO (lags +1 to 3) is of opposite sign to the forcing, and forms over the western boundary, expanding eastward, south of 40°N. Although the response is of opposite sign to the forcing, it does not develop into the monopole structure of the Aleutian low, rather it bears similarities to the NPO pattern (see, Figs, 7c,d). Figure 10 shows that an NPO-like structure in SLP and wind stress curl leads the NPGO, as one would expect from the correlation curve in Fig. 8. Also, notice that at lag -2 the SST and SLP patterns are similar to the PDO where the SST has maximum amplitude at the western boundary at 40°N, and the SLP has the Aleutian low structure. This is again consistent with Fig. 8, where we showed that the PDO leads the NPGO.

In summary, the lead/lag regression analysis conveys the following. 1) It is unlikely that the atmospheric response to the PDO matures into the original forcing pattern of the Aleutian low. Instead, the response appears to project onto a meridional dipole in SLP, which is similar to the NPO pattern. 2) And therefore, the atmospheric response to the
PDO may help force the NPGO. 3) The atmospheric response is generally weak – a rough estimate from the regression analysis is that the response is 25% of the forcing.

c) Oceanic response to the Aleutian low

A key question now is how the SST anomalies are generated, i.e., whether they are due to surface heat fluxes and Ekman layer advection, processes that are fast and local, or by wind-stress curl induced Rossby waves (e.g., Deser et al. 1999; Seager et al. 2001; Kwon and Deser, 2007), a delayed response to the Aleutian low in the KOE region, which can take 3-5 years to generate SST anomalies in the KOE region. To separate these processes, we consider the following familiar approximation for the mixed layer heat budget (see, review by Frankignoul 1985)

\[
\frac{\partial T}{\partial t} = - \frac{Q}{\rho_0 C_p h} - (V_E + V_g) \cdot \nabla T + R
\]  

(2)

where \( T \) is the mixed layer temperature or equivalently SST, \( Q \) is the net surface heat flux, \( \rho_0 \) is the density of sea water (1025 kgm\(^{-3}\)), \( C_p \) is the specific heat capacity of sea water (3986 Jkg\(^{-1}\)K\(^{-1}\)), \( h \) is the mixed layer depth and \( V_E \) and \( V_g \) are horizontal vectors of Ekman and geostrophic velocity, respectively. The rest of the terms form the residual, \( R \) that include diffusion and entrainment. The Ekman transport is computed from wind stress as, \( V_E = k \times \tau / \rho_0 f h \), and the surface geostrophic velocity is obtained from sea surface height as, \( V_g = -k \times \nabla \eta (g / f) \), where \( \tau \) is the surface horizontal wind stress vector, \( \eta \) is the sea surface height and \( g \) and \( f \) are gravity and Coriolis parameter, respectively. Total fields of surface currents are obtained from the DJF mean wind stress and sea surface height from which DJF anomalies are calculated by subtracting the climatology. The mixed layer depth in the Ekman current calculation is the climatological
mean 2D field, which ranges from 80-140m west of dateline between 30°N-50°N and is less than or equal to 60m over the rest of the basin.

We will examine regressed fields of net heat flux, horizontal Ekman and geostrophic temperature advection (from (2)) with respect to an index of the PDO. It is not yet clear whether the NPGO is completely independent of the PDO and therefore, in this section we focus only on the PDO and its association with the KOE SST anomalies. For this purpose, we define an area-averaged SST index over the KOE region (140°E-180°E, 35°N-45°N) (KOE index, hereafter), instead of using the PC time series of the PDO.

Figure 11 shows regressed fields of the net surface heat flux with respect to the KOE index. The atmosphere leads or is simultaneous with the SST at negative and zero lags. At negative or zero lags, a positive regression coefficient implies either 1) heat flux is positive (into the ocean) and consequently SST increases or 2) heat flux is negative (into the atmosphere) and ocean surface cools in response. Positive values south of the KOE region and over the central parts of the basin, therefore suggests that those are the regions where the surface heat flux forces SST anomalies. On the other hand, negative values in the KOE region (40°N-50°N) implies that heat flux is out of the ocean as SST increases, suggesting that oceanic processes are important in controlling the SST, and surface heat flux works to only damp the SST.

Figure 12 shows the regressed fields of anomalous Ekman and geostrophic advection of temperature with respect to the KOE index. Anomalous advection terms are computed from (2) by subtracting the climatological mean to obtain $\nabla \cdot \nabla T'$, $V' \cdot \nabla T'$, and $V' \cdot \nabla T'$,
which are advection of anomalous temperature by mean currents, advection of mean
temperature by anomalous currents and advection of anomalous temperature by
anomalous currents, where $\mathbf{V} = (\mathbf{V}_E, \mathbf{V}_g)$. The ‘overbar’ denotes climatology and ‘prime’
denotes deviations from climatology. The sum of the three terms forms the total
anomalous advection. In Fig. 12, negative values denote areas where heat transport
contributes to a positive KOE index. The Ekman temperature advection terms appear to
determine the SST over most of the PDO pattern, especially east of 160°E. This is clear
in panel (b) that shows the product of the anomalous Ekman current and the mean
temperature gradient. The panel (a) represents advection of Ekman current across
anomalous temperature gradients, which is dominant west of 160°E and between 38°N-
42°N. Here, the anomalous temperature gradient is not necessarily only due to Ekman
transport; it could be due to surface heat fluxes, geostrophic transport or other mixed
layer processes that are not considered here. From Fig. 11, we see that surface heat flux
term is important in the western boundary in areas south of 40°N, which partially
overlaps our area of focus in panel (a). The anomalous geostrophic advection (panel h),
on the other hand, is limited to a narrow strip above 42°N, west of 160°E, and it is
unlikely a major contributor for panel (a). Therefore, the anomalous temperature
gradients between 38°N-42°N that contribute to the term in panel (a), is unlikely due to
geostrophic transport. The surface geostrophic advection represents the delayed
response at the KOE, which can be manifested by Rossby waves from the east either
resulting in the strengthening/weakening of the gyre (Latif and Barnett 1994) or by the
meridional shift at the confluence of the subtropical and sub polar gyres (Seager et al.
2001). Figure 12 indicates that in GEOS-5, the Ekman transport dominates over the slow
geostrophic advection. This is consistent with the short lag (1 year as opposed to 3-4 years) between the Aleutian low and the PDO, shown in Fig. 8.

In agreement with previous studies (Seager et al. 2001; Kwon and Deser 2007, among others), we find that the geostrophic anomalies are of the same sign as the Ekman anomalies. The phase reversal of the KOE SST, therefore, has its origins in the atmosphere, as proposed by recent studies as opposed to the ocean, which was the earlier proposal by Latif and Barnett (1994). The lead lag regressions in Fig. 9 indicate that the atmospheric response to the SST is rather weak and does not project on to the Aleutian low. This leaves us with the possibility that the PDO in this model is mostly an oceanic surface layer response to the Aleutian low and is unlikely a coupled ocean-atmosphere oscillation.

4. Summary and discussion

In this study, we examined the characteristics and mechanisms of Pacific decadal variability in a 350-year long simulation of the GEOS-5 atmosphere-ocean general circulation model.

The GEOS-5 simulates a realistic pattern of decadal variability characterized by a PDO-like horseshoe pattern in the SST. The time series of this pattern does not have a statistically significant preferred oscillation, and can instead be best characterized by a red noise process. The PDO in this model is likely primarily forced by midlatitude atmospheric noise and is little influenced by tropical SSTs associated with the ENSO.
phenomenon. The lack of a substantial role of ENSO may be related to the unrealistically short time scales of ENSO in the model of about 2-3 years, which is unlikely to be influential on the decadal timescale of the North Pacific SST. The lack of a substantial tropical connection must be a model bias since observational studies suggest ENSO as one of the triggering mechanisms for the PDO (Newman et al. 2003; Schneider and Cornuelle, 2005).

The Aleutian low and the associated basin-wide wind stress curl pattern are correlated with the PDO at ~0.7 when the former leads the PDO by 1 year. The 1-year delay suggests that the local fast response of the ocean by surface heat fluxes and Ekman transport takes precedence over any delayed remote response at the KOE region. The Ekman transport is dominant over most of the central and western parts of the PDO, while the influence of the geostrophic transport is limited to a narrow strip at 40°N. The geostrophic component is of the same sign as the Ekman component, and therefore reinforces the SST anomalies set by the Ekman transport. This has been reported in many previous studies (Seager et al. 2001; Schneider et al. 2002; Kwon and Deser, 2007) and it undermines the earlier notion that the geostrophic adjustment at the KOE is the point of origin of the phase reversal of the PDO (Latif and Barnett 1994). The role of Rossby waves and delayed response at the KOE were reported to be crucial components of the PDO in some model and observational studies (Deser et al. 1999; Seager et al. 2001; Kwon and Deser 2007), whereas we find that the SST is largely controlled by the surface layer response. It is worth noting that in this study the Ekman transport is sizable even
when 10-year low pass filtered wind stress data is used, suggesting that low frequency
variability in the Aleutian low is the key-controlling factor.

The lack of preferred periodicity implies that a coupled atmosphere-ocean oscillation is
unlikely an important mechanism for the PDO simulated in GEOS-5 as opposed to
CCSM2.0 where a statistically significant 16-year peak was found (Kwon and Deser
2007). This is further substantiated by the weak atmospheric feedback to the SST (only
25% of the initial Aleutian low forcing). Additionally, it appears that the atmospheric
response never matures into the monopole structure of the Aleutian low in order to set up
a self-sustained oscillation, instead projecting onto the second EOF of the SLP, the NPO.
The NPO in turn forces an SST pattern, the NPGO, which is resolved as the second EOF
of the SST.

In agreement with the previous studies (Chhak et al. 2009), the NPO is an atmospheric
forcing pattern for the NPGO. However, the PDO and the NPGO, although resolved as
orthogonal EOFs, are correlated at ~0.4 when the PDO leads the NPGO by 3 years. This
finding, along with the observation that the PDO’s atmospheric response projects onto
the NPO, suggests a loose atmospheric link between the PDO and the NPGO. This
involves an initial Aleutian low anomaly and its oceanic response within 1 year as the
PDO, and the PDO’s atmospheric response, which matures in 2-3 years, and its reflection
in the SST in the form of the NPGO. In this scenario, at least in some cases, one could
expect an NPGO pattern developing after 2-3 years of a PDO peak phase.
Previous model studies and results from model inter-comparisons suggest that a somewhat realistic spatial structure of the PDO in the North Pacific is a feature consistently simulated across the models (Kwon and Deser 2007; Furtado et al. 2011; Deser et al. 2012). This study provides an additional verification for that and complements previous studies. A statistically significant correlation between the PDO and the Aleutian low that underlines the atmospheric control over the North Pacific SST appears to be another feature consistent among the models. Furtado et al. (2011) notes that this relation is captured in the majority of the IPCC AR4 models. Many models, however, fail to capture the tropical ENSO connection, overestimate the North Pacific SST variance, and differ among the timescale selection. The fact that the PDO is almost entirely of midlatitude origin in many models indicates a possible overestimation of midlatitude atmospheric control over the decadal SST variability. The enhanced variance over the northwestern Pacific would need further attention and may be related to mean biases such as too shallow simulated mixed layer as noted by Thomson and Kwon (2010) in CCSM3. The overestimation of the low frequency SST variance can also lead to too optimistic model predictability estimates. The dominance of Ekman response over the geostrophic adjustment indicates predictability of phase reversal of the PDO may be poor in this model although persistence of a particular phase may provide some skill.

Acknowledgments

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References


Figure 1. The (a) DJF seasonal climatological SST (°C) based on 350 years of model simulation and (b) difference between model and Hadley Centre SST observation (1870-2011). The variance of DJF SST anomalies (°C²) for (c) model simulation (350 years) and (d) Hadley Centre SST (1870-2011).

Figure 2. Spatial pattern of first EOFs 1 and 2 (a, b) in the model and EOFs 1 and 3 (c, d) in observations based on PC-SST regression (°C per standard deviation of the PC). The EOF is computed from de-trended unfiltered DJF seasonal SST anomalies over the region 120°E-100°W, 20°N-60°N. The corresponding PCs (grey bars) and their 5-year running means (e, f) for the model and (g, h) and observations in standard deviation units. Observation is from the Hadley Centre SST (1870-2010). Percentage of explained variance (noted in plot labels) is based on total variance values of 0.36 for the model and 0.21 for the observation.

Figure 3. Power spectrum of the (a) PC1 and (b) PC2 of the SST EOFs (thick black line). An average spectrum of 2 141-year long segments from the 350-year long simulation is plotted. Thin solid line is spectrum of best-fit AR1 process and dotted line is associated 10% confidence level.

Figure 4. Power spectrum of the (a) PC1 and (b) PC3 of EOF modes of observational SST for the period 1817-2011. Thin solid line is spectrum of best-fit AR1 process and dotted line is associated 10% confidence level.

Figure 5. Cold and warm composites of monthly SST (shading) and SLP (contour) anomalies based on DJF Nino3 index based on (columns 1 and 3, from left) model simulation (350 years) and (columns 2 and 4 from left) for Hadley Centre SST and NOAA 20th Century Reanalysis SLP (1871-2010). Months are noted in panel labels and the numbers in bracket denote number of months leading or lagging from January. Contour levels are +(-) 4, 3, 2, 1.5, 1, 0.5 and 0. Dotted lines represent negative contours.

Figure 6. Scatter plot of the PC1 of the DJF SST anomalies (PDO index) against (a) North Pacific Index (NPI) and (b) against the revised NPI that is obtained after removing the ENSO signal by linear regression (NPI*). The right panels show the PDO index (black curve in c, d) and their respective AR1 forecasts (red curve in c, d) (c) using the total NPI and (d) using the NPI*. Correlation coefficients between PDO and the NPI or NPI* form the β parameter for the AR1 forecasts in (c, d). All data are from the model simulation.

Figure 7. EOFs 1 and 2 of DJF (left) SLP and (right) wind stress curl anomalies for the model simulation. Percentage of variance (noted in plot labels) is based mean variance of 8.8 for SLP and 3.9E-5 for wind stress curl. The EOFs are multiplied by the standard deviation of the PCs to have units (a, b) hPa and (c, d) Nm⁻³ 10⁻⁷.
Figure 8. The (top) lead/lag correlation between the (open circle) PC1 and PC2 of SST and (closed circle) PC1 and PC2 of wind stress curl. The (bottom) Lead/lag correlation between (open circle) PC1 of SST and PC1 of wind stress curl, (closed circle) PC2 of SST and PC2 of wind stress curl and (open square) PC1 of SST and PC2 of wind stress curl. Negative lags in the top panel indicate PC1 leads PC2 and in the bottom panel atmosphere leads SST. Horizontal lines with a symbol represent 5% significance level based on two-sided t-test. Since only positive correlation coefficients are discussed, significance level is noted only for that. All time series are 6-year low pass filtered. All data are from the model simulation.

Figure 9. Lead/Lag regressions (shading) and correlations (contours) of (column 1) SST (°C), (column 2) SLP (hPa) and (column 3) wind stress curl (10⁻⁸ N m⁻³) w.r.t the normalized PC1 of SST (i.e., PDO index). Lags are in years. Negative (positive) lag indicates PDO lags (leads) the field. All variables are from the model simulation and are 6-year low pass filtered. Hatching indicates significance at 5% level from a two-sided t-test.

Figure 10. Same as Fig. 9: but w.r.t the PC2 of the SST or the NPGO index.

Figure 11. Lead/lag regressions (shading) and correlations (contours) of the net surface heat flux (W m⁻² per °C) with respect to the KOE index. Positive net heat flux is directed into the ocean. Hatching indicates 5% significance level based on a two-sided t-test.

Figure 12. Simultaneous regressions (shading) and correlations (contours) of temperature advection by (left column) Ekman and (right column) geostrophic currents in the mixed layer (W m⁻² per °C) with respect to the KOE index. The anomalous transport is decomposed into (a, e) advection of temperature anomaly by mean currents or \( \mathbf{V} \cdot \nabla T' \), (b, f) advection of mean temperature by anomalous currents or \( \mathbf{V}' \cdot \nabla T' \), (c, g) advection of temperature anomaly by anomalous currents or \( \mathbf{V}' \cdot \nabla T'' \), and (d, h) sum of all three or total anomalous transport, where \( \mathbf{V} \) stands for total Ekman or geostrophic velocity vector in the mixed layer. The overbar denotes climatological mean and prime denotes deviation from climatology. Hatching indicates 5% significance level.
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