Skeletal micro-RNA Responses to Simulated Weightlessness

Nicholas J. Thomas\textsuperscript{1}, Catherine Y. Choi\textsuperscript{2}, Joshua S. Alwood\textsuperscript{3}  
\textsuperscript{1} Blue Marble Space Institute of Science, Moffett Field, CA  
\textsuperscript{2} Space Life Sciences Training Program, Moffett Field, CA  
\textsuperscript{3} NASA Ames Research Center, Moffett Field, CA

Astronauts lose bone structure during long-duration spaceflight. These changes are due, in part, to insufficient bone formation by the osteoblast cells. Little is known about the role that small (~22 nucleotides), non-coding micro-RNAs (miRNAs) play in the osteoblast response to microgravity. We hypothesize that osteoblast-lineage cells alter their miRNA status during microgravity exposure, contributing to impaired bone formation during weightlessness. To simulate weightlessness, female mice (C57BL/6, Charles River, 10 weeks of age, \textit{n} = 7) were hindlimb unloaded up to 12 days. Age-matched and normally ambulating mice served as controls (\textit{n}=7). To assess the expression of miRNAs in skeletal tissue, the tibia was collected \textit{ex vivo} and cleaned of soft-tissue and marrow. Total RNA was collected from tibial bone and relative abundance was measured for miRNAs of interest using quantitative real time PCR array looking at 372 unique and well-characterized mature miRNAs using the delta-delta \textit{Ct} method. Transcripts of interest were normalized to an average of 6 reference RNAs. Preliminary results show that hindlimb unloading decreased the expression of 14 miRNAs to less than 0.5 times that of the control levels and increased the expression of 5 miRNAs relative to the control mice between 1.2-1.5-fold (\textit{p}<0.05, respectively). Using the miRSystem we assessed overlapping target genes predicted to be regulated by multiple members of the 19 differentially expressed miRNAs as well as \textit{in silico} predicted targets of our individual miRNAs. Our miRSystem results indicated that a number of our differentially expressed miRNAs were regulators of genes related to the Wnt-Beta Catenin pathway—a known regulator of bone health—and, interestingly, the estrogen-mediated cell-cycle regulation pathway, which may indicate that simulated weightlessness modulated systemic hormonal levels or hormonal transduction that additionally contributed to bone loss. We plan to follow up these findings by measuring gene expression of miRNA-regulated genes within these two pathways with the aim of furthering our understanding of the function of miRNAs in the skeletal response to spaceflight.