Effect of Dietary Countermeasures and Impact of Gravity on Renal Calculi Size Distributions Predicted by PBE-System and PBE-CFD Models

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Renal Stone Formation Model (RSFM) was developed to address important NASA questions/needs in support of IMM:

- Evaluate the risk of developing a critical renal stone incident during long duration microgravity missions based on available astronaut biochemical data.
- Assess efficacy of countermeasures such as:
  - Increase Hydration
  - Potassium Citrate & Magnesium
- Perform "what if" parametric studies to understand and assess risk of developing renal stone upon entry into a 1g or a remote partial gravitational field such as Mars or Moon where relevant astronaut biochemical data is unavailable.
Renal Stone Population Balance (PBE) System Model: Nucleation, Growth & Agglomeration

Population Balance Equation:

\[
\frac{n(D)}{\tau} + G_D \frac{\partial n(D)}{\partial D} = \int_0^{D/2} \beta n(D - D')n(D')dD' - n(D) \int_0^{\infty} \beta n(D')dD' 
\]

Nucleation BC:
\[n (D = 0) = n^o = \frac{B^o}{G_D}\]

Kidney:
- Mixed Suspension
- Mixed Product
- Removal
- Crystallizer

Relative Supersaturation:
\[RSS = \left[ \frac{C_{ca,\infty} C_{ox,\infty} f_2^2}{K_{so}} \right]^{1/2} \]

Inhibition: Citrate, Pyrophosphare, Hydration
- Direct: \(K_B, K_D, \beta, \tau\)
- Indirect: RSS
**Microgravity Astronaut:** Average of 24-urine excretion rates obtained from 86 astronauts on the day of landing. (Whitson et al.36)

Due to speciation with other than citrate urine is about 38% inhibited wrt Ca and about 62% inhibited wrt Ox

\[ Si: \sim 32 \rightarrow 15 \]
**Microgravity Astronaut:** Average of 24-urine excretion rates obtained from 86 astronauts on the day of landing. (Whitson et al.)

- **Kinetic Inhibition:**
  - $K_g = 5.9 \times 10^{-11}$
  - $K_b = 5.9 \times 10^6$
  - $\beta = 1.50 \times 10^{-15}$

- **Speciation Inhibition:**
  - Meyers & Smith (1975)
  - Kok & Khan (1990)

**Citrate Kinetic Inhibition**

<table>
<thead>
<tr>
<th></th>
<th>$K_g$ (m/s)</th>
<th>$K_b$ (#/m³sec)</th>
<th>$\beta$ (m³/s)</th>
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<tbody>
<tr>
<td>No Inhibition</td>
<td>$5.9 \times 10^{-10}$</td>
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**Microgravity Astronaut:** Average of 24-urine excretion rates obtained from 86 astronauts on the day of landing. (Whitson et al.36)

![Graph 1](image1.png)

![Graph 2](image2.png)

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Prediction Renal Calculi Size Distribution for The 4 Subject Test Cases

- **1G Normal**: 24 urine sample Mineral Metabolism Laboratory at University of Texas Southwestern Medical Center UTSW.
- **1G Stone-former**: 24 Urine Sample (Robertson et al., Laube et al.)
- **Microgravity Astronaut**: Average of 24-urine excretion rates obtained from 86 astronauts on the day of landing. (Whitson et al.)
- **Microgravity Stone Former**: Hypothetical worst case scenario constructed using the long duration 24-urine data R+2 (Whitson et al.)
Dietary Countermeasures for Microgravity
Astronaut Subject: Effect of Citrate

Reduction of kinetic inhibition at below normal citrate concentrations \(\Rightarrow\) drastic increase in the risk of renal stone formation

\textit{nominal urine concentrations} (hypocitraturia)
Effect of Dietary Countermeasures for Microgravity
Astronaut Subject: **Effect of Hydration**

- Decrease in urine volume is a powerful promoter

- Volume above 2 liters /day is recommended
G Effect: Coupling Stone PBE to Urinary Flow & Ca and Ox Transport in the Nephron

\[
\frac{1}{2} \int_0^V a(V, V') n(V, t) n(V', t) dV' - \int_0^\infty a(V, V') n(V, t) n(V', t) dV' \\
\int_\Omega \nu g(V') \beta(V | V') n(V', t) dV' - g(V) n(V, t)
\]

\[G_v = \frac{dV}{dt}\]

Population Balance Equation Coupled to Urinary Flow & Species Transport

ANSYS/FLUENT CFD Code
- Momentum Equation
- Species Transport Equation

Outputs:
- Stone Population Number Density
- Ca\textsuperscript{2+} and oxalate concentrations
Realistic 3D Nephron Geometry

- Tubules: (1,200,000)
- Ducts
- OMCD: (200,000)
- IMCD: (5,120)
- DoB: (320)
- 8 Papillae (9)
Effect of Gravity on Stone Transit through Nephron
Effect of Gravity on Stone Size Distribution in 3D Nephron Simulations

CFD results are in conformity with recent CT scans indicating CaOx Randal plaque formation: Coe & Evans et al, 2015; Williams & McAteer, 2012; Kim et al, 2005.
Numerical prediction show a normal astronaut is subject to increased but subcritical risk mainly due to sufficient direct and indirect urinary inhibition.

Citrate treatment and hydration to provide urinary volumes above 2 liters/day were found to be both necessary and effective dietary countermeasures.

Results seem to indicate that investment in finding appropriate direct kinetic inhibitors such as citrate, pyrophosphate, etc. is maybe more impactful than attempts to increase indirect inhibition by speciation.

The effect of variation in Ca, Ox variations in various sections of the nephron is currently being incorporated into the 3D CFD Model. This enables exploration of the following questions:

- Does the initial (acute) impact of microgravity on Nephron biochemistry raise the risk of stone development?
- What is the impact of Artificial Gravity (AG) on renal stone development?
Extra slides