Systems and methods in accordance with embodiments of the invention implement bulk metallic glass-based macroscale compliant mechanisms. In one embodiment, a bulk metallic glass-based macroscale compliant mechanism includes: a flexible member that is strained during the normal operation of the compliant mechanism; where the flexible member has a thickness of 0.5 mm; where the flexible member comprises a bulk metallic glass-based material; and where the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.25.

23 Claims, 21 Drawing Sheets
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* cited by examiner
FIG. 1

Vitreloy 1

DH1

DH2

DH3

Engineering Stress (MPa)

0 2 4 6 8 10 12 14

Engineering Strain (%)

0 500 1,000 1,500 2,000
FIG. 4
Start

Select BMG-based material that conforms to the compliant mechanism's design parameters and that possesses sufficient resistance to fatigue failure.

Fabricate the compliant mechanism from the selected BMG-based material

End

FIG. 5
FIG. 6

Stress Amplitude/Tensile Strength, $\sigma_a/\sigma_u$

Cycles to Failure, $N_f$

- Monolithic Vitreloy 1
- Composite LM2
- Composite DH3
- 300-M Steel
- 2090-T81 Aluminum
- Glass ribbon

$R = 0.1$

25 Hz
FIG. 7

1. Composite $Ti_{64}Zr_{25}V_{15}Cu_{8}Be_{15}$ (DV1) - Ag boat
2. Composite $Ti_{44}Zr_{56}V_{15}Cu_{8}Be_{15}$ (DV1) - Indus.
3. Composite $Zr_{94.5}Ti_{6.5}Nb_{8}Cu_{4}Be_{16}$ (DH3)
4. Composite $Zr_{94.2}Ti_{6.8}Nb_{7}Cu_{4}Be_{22.3}$ (LM2)
5. Monolithic $Zr_{94.2}Ti_{6.8}Cu_{4}Ni_{42.6}$ (VT1)
6. 300-M Steel
7. 2000-T61 Aluminum
8. Ti-6Al-4V bimodal
FIG. 8
FIG. 9
FIG. 13A

FIG. 13B
Start

Forging BMGMC material into a mold at high pressure

Ejecting the BMGMC from the mold upon cooling

Excising any remnant flashing/material

End

FIG. 16
SYSTEMS AND METHODS FOR IMPLEMENTING BULK METALLIC GLASS-BASED MACROSCALE COMPLIANT MECHANISMS

CROSS-REFERENCE TO RELATED APPLICATIONS

The current application claims priority to U.S. Provisional Application No. 61/672,656, filed Jul. 17, 2012, the disclosure of which is incorporated herein by reference.

STATEMENT OF FEDERAL FUNDING

The invention described herein was made in the performance of work under a NASA contract, and is subject to the provisions of Public Law 96-517 (35 U.S.C. 202) in which the Contractor has elected to retain title.

FIELD OF THE INVENTION

The present invention generally relates to bulk metallic glass-based macroscale compliant mechanisms.

BACKGROUND

Generally speaking, ‘mechanisms’ are mechanical devices that transfer or transform motion, force, or energy. For example, a reciprocating engine (e.g. in an automobile where the linear motion of a piston is converted to the rotational motion of a wheel) is a mechanism that converts linear motion into rotational motion. ‘Compliant mechanisms’ can be understood to be those mechanisms that achieve the transfer or transformation of motion, force, or energy via the elastic bending of their flexible members.

A relatively new class of materials that may be considered for the fabrication of compliant mechanisms are metallic glasses, also known as amorphous alloys. Metallic glasses are characterized by their disordered atomic-scale structure in spite of their metallic constituent elements—i.e. whereas conventional metallic materials typically possess a highly ordered atomic structure, metallic glass materials are characterized by their disordered atomic structure. Notably, metallic glasses typically possess a number of useful material properties that can allow them to be implemented as highly effective engineering materials. For example, metallic glasses are generally much harder than conventional metals, and are generally tougher than ceramic materials. They are also relatively corrosion resistant, and, unlike conventional glass, they can have good electrical conductivity. Importantly, the manufacture of metallic glass materials lends itself to relatively easy processing. In particular, the manufacture of a metallic glass can be compatible with an injection molding process.

Nonetheless, the manufacture of metallic glasses presents challenges that limit their viability as engineering materials. In particular, metallic glasses are typically formed by raising a metallic alloy above its melting temperature, and rapidly cooling the melt to solidify it in a way such that its crystallization is avoided, thereby forming the metallic glass. The first metallic glasses required extraordinary cooling rates, e.g. on the order of \(10^6\) K/s, and were thereby limited in the thickness with which they could be formed. Indeed, because of this limitation in thickness, metallic glasses were initially limited to applications that involved coatings. Since then, however, particular alloy compositions that are more resistant to crystallization have been developed, which can thereby form metallic glasses at much lower cooling rates, and can therefore be made to be much thicker (e.g. greater than 1 mm). These thicker metallic glasses are known as ‘bulk metallic glasses’ (‘BMGs’).

In addition to the development of BMGs, ‘bulk metallic glass matrix composites’ (BMGMCs) have also been developed. BMGMCs are characterized in that they possess the amorphous structure of BMGs, but they also include crystalline phases of material within the matrix of amorphous structure. For example, the crystalline phases can exist in the form of dendrites. The crystalline phases can allow the material to have enhanced ductility, compared to where the material is entirely constituted of the amorphous structure.

Although metallic glasses and their composites can now be formed in dimensions that can allow them to be more useful, the current state of the art has yet to understand the properties of BMG-based materials. In particular, the term ‘BMG-based materials’ is meant to be inclusive of BMGs and BMGMCs, except where otherwise noted) to an extent where they can be used in the design, fabrication, and implementation of superior ‘macroscale’ compliant mechanisms, e.g. those where the operational/strained member has a thickness greater than 0.5 mm. Accordingly, there exists a need to have a fuller understanding of the material properties of BMG-based materials such that superior BMG-based macroscale compliant mechanisms can be efficiently designed, fabricated, and implemented.

SUMMARY OF THE INVENTION

Systems and methods in accordance with embodiments of the invention implement bulk metallic glass-based macroscale compliant mechanisms. In one embodiment, a bulk metallic glass-based macroscale compliant mechanism includes: a flexible member that is strained during the normal operation of the compliant mechanism; where the flexible member has a thickness of 0.5 mm; where the flexible member comprises a bulk metallic glass-based material; and where the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.25.

In another embodiment, the bulk metallic glass-based material is a bulk metallic glass matrix composite. In yet another embodiment, the volume fraction of crystals within the bulk metallic glass matrix composite is between approximately 20% and 80%.

In still another embodiment, the bulk metallic glass-based material has a yield strain greater than approximately 1.5%.

In still yet another embodiment, the bulk metallic glass-based material has a strength to stiffness ratio greater than approximately 2.

In a further embodiment, the bulk metallic glass-based material is one of: Composite DVI; Composite DH13, Composite L2, Composite DH1, Composite DH1A, and Composite DH1B.

In yet a further embodiment, the bulk metallic glass-based macroscale compliant mechanism is a TiZrBeXY alloy, wherein X is an additive that enhances glass forming ability and Y is an additive that enhances toughness.

In a still further embodiment, the bulk metallic glass-based material includes: Ti in an amount between approximately 10 and 60 atomic %; Zr in an amount between approximately 18 and 60 atomic %; and Be in an amount between approximately 7 and 30 atomic %.
In a still yet further embodiment, X is one of Fe, Cr, Co, Ni, Cu, Al, B, C, Al, Ag, Si, and mixtures thereof.

In another embodiment, X is one of C, Si, and B; and X is present in an amount less than approximately 2 atomic %.

In yet another embodiment, X is one of Cr, Co, and Fe; and X is present in an amount less than approximately 7 atomic %.

In still another embodiment, X is Al and is present in an amount less than approximately 7 atomic %.

In still yet another embodiment, X is a combination of Cu and Ni, and is present in an amount less than approximately 20 atomic %.

In a further embodiment, the combination of X and Be is present in an amount less than approximately 30 atomic %.

In a yet further embodiment, Y is one of V, Nb, Ta, Mo, Sn, W, and mixtures thereof.

In a still further embodiment, Y is V and is present in an amount less than approximately 15 atomic %.

In a still yet further embodiment, Y is Nb and is present in an amount between approximately 5 and 15 atomic %.

In another embodiment, Y is Ta and is present in an amount less than approximately 10 atomic %.

In still another embodiment, Y is Mo and is present in an amount less than approximately 5 atomic %.

In yet another embodiment, Y is Sn and is present in an amount less than approximately 2 atomic %.

In still yet another embodiment, the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.4.

In a further embodiment, the compliant mechanism is a cutting device that includes: a bladed section with a first and second blade; and a handled section with a first and second handle; where the cutting device is configured such that the rotation of the handles towards one another causes the rotation of the blades towards one another.

In a still further embodiment, the compliant mechanism is a grasping device that includes: a grasping section with a first and second handle; and a handled section with a first and second handle; where the grasping device is configured such that the rotation of the handles towards one another causes the rotation of the grasping elements towards one another.

In a still yet further embodiment, the compliant mechanism is a bistable mechanism that is configured to be stable in two configurations.

In another embodiment, the compliant mechanism is a rotational hexfoil flexure that includes: a base cylindrical portion; an overlaid cylindrical portion; and three beams; where one end of each beam is adjoined to the base cylindrical portion, and the opposite end of each beam is adjoined to the overlaid cylindrical portion; where the rotational hexfoil flexure is configured such that the base cylindrical portion and the overlaid cylindrical portion can be rotated relative to one another.

In a further embodiment, a method of manufacturing a bulk metallic glass matrix composite-based macroscale compliant mechanism includes: forging a bulk metallic glass matrix composite material into a mold; removing the bulk metallic glass matrix composite material from the mold; and excising any remnant excess material.

In a still further embodiment, the bulk metallic glass matrix composite material is removed from the mold using a steel, through-the-thickness, punching tool.

FIG. 1 illustrates a stress-strain plot of several common BMG-based materials.
conventional mechanisms may rely on rigid body kinematics to achieve their operation, compliant mechanisms generally rely on strain energy to do so. Indeed, in many cases, compliant mechanisms are designed to replace multi-part elements such as rigid body pin joints.

Note that the term ‘compliant mechanism’ often refers to mechanisms that are more intricate than simple torsional or linear springs, although compliant mechanisms can include simple torsional or linear springs. In many cases, compliant mechanisms redirect a motion, force, or energy, in a direction other than that which directly opposes the direction under which the initial actuating motion, force, or energy was input. Additionally, compliant mechanisms are often designed to survive many cycles of operation. For example, they may be designed to survive a thousand cycles of operation.

Compliant mechanisms generally utilize materials that can be characterized by an elastic region for which an experienced stress (e.g. tension or compression) is linearly correlated with the applied strain. In other words, many materials have an elastic region, for which:

\[ \sigma = \frac{E \varepsilon}{\varepsilon_0} \]

where:
- \( \sigma \) is the stress experienced by the materials
- \( E \) is the Young’s Modulus of the material, or its ‘stiffness’; and
- \( \varepsilon \) is the extent to which the material is strained.

As an example, FIG. 1 illustrates typical stress-strain curves for several bulk metallic glasses. Note that stress and strain are linearly correlated up until approximately 2%.

Generally, when these materials are strained (to an extent not exceeding their respective elastic limits), energy is stored within them (‘strain energy’). The energy per unit volume generally correlates with the area under the material’s stress-strain curve through the point at which the material is strained, and it is this energy that may be available for work. Generally, compliant mechanisms utilize these principles to achieve their functionality. More specifically, compliant mechanisms typically include at least one flexible member which is relied upon during the normal operation of the compliant mechanism for its ability to strain and utilize strain energy.

For example, FIGS. 2A and 2B illustrate a cutting device in a rigid body form and an equivalent compliant mechanism form. In particular, the rigid body cutting device depicted in FIG. 2A is composed of a first cutting member 202, a second cutting member 204, and a hinge 206, about which the first cutting member 202 and the second cutting member 204, are hingedly coupled. The first cutting member 202, and second cutting member 204, each have a handle section, 208 and 210 respectively, as well as a blade section, 212 and 214 respectively. The rotation of the handle sections, 208 and 210, towards each other causes the blade sections, 212 and 214, to also rotate towards each other.

By contrast, the equivalent compliant mechanism depicted in FIG. 2B is composed of a single monolithic piece, 250, that can achieve a similar function with the same actuation. In particular, the monolithic piece, 250, includes a handled section 252 with handles, and a bladed section 254 with blades. The monolithic piece is designed such that when the handles of the handled section 252 are rotated towards one another the blades of the bladed section 254 are also rotated towards one another, and can thereby achieve a cutting function. As can be inferred from the illustration and this discussion, the cutting device utilizes the flexibility of its constituent members to strain and utilizes this strain energy.

Similarly, grasping compliant mechanisms can also be constructed using a similar design, e.g. replacing the bladed section with a grasping section that includes a first grasping element and a second grasping element.

Compliant mechanisms can be advantageous in a number of respects. For example, as can be inferred from above, mechanisms that rely on rigid body kinematics often employ multiple discrete elements, including pins, bearings, screws, and other such linking components. These multiple components usually have to be distinctly manufactured and then assembled. Thus, the manufacture of such mechanisms can be considered to be inefficient in these respects. Moreover, during their operation, such mechanisms often rely on component-to-component interaction—which can result in friction that can impede the performance of the mechanism and/or result in wear. Any resulting such friction can require that the mechanism be sufficiently lubricated, which increases the sophistication of the system; and of course, any wear can compromise the lifespan of the mechanism. Compliant mechanisms can mitigate these deficiencies. For example, the operative/stressed portions of compliant mechanisms can be made to be monolithic, and thus the manufacturing complexities can be reduced, i.e. whereas mechanisms that rely on rigid body kinematics typically require the manufacture and subsequent assembly of multiple discrete elements, compliant mechanisms do not have to be as intricate. Similarly, because of the reduction of components, compliant mechanisms may also be produced more economically. Moreover, as compliant mechanisms primarily do not rely on rigid body kinematics, any deficiencies that arise from part to part interaction (e.g. friction and wear) can be eliminated.

Although compliant mechanisms can provide numerous benefits, their design and manufacture can be challenging. In particular, it has traditionally been challenging to model the input and transfer of forces, motion, and energy through a compliant mechanism; in many instances, this modeling directly informs the design of the compliant mechanism. Additionally, as they are usually intricate and monolithic, compliant mechanisms are typically not fabricated from metallic materials. For example, the fabrication of a compliant mechanism from robust metallic materials entails either: EDM or computer controlled machining, which can be overly costly; casting, which is typically limited to low melting temperature metals; or additive manufacturing, which can be time consuming. Thus, compliant mechanisms are typically fabricated from polymers, which can be easily cast into the intricate shapes (as alluded to above, many compliant mechanism designs call for intricate structures). Unfortunately, these polymers usually do not possess desirable mechanical properties.

Bulk metallic glasses (BMGs) and bulk metallic glass composites (BMGMCs) have a number of useful properties that would suggest that they would be well-suited for the fabrication of compliant mechanisms. Note that throughout this application, the term ‘BMG-based material’, along with any equivalent term, is meant to reference both BMGs and BMGMCs. For example, BMG-based materials can be easily cast like polymers, but at the same time can be developed to possess desirable mechanical properties. For instance, in many cases, it is desirable for compliant mechanisms to be fabricated from materials that have relatively high elastic strain limits, and it may also be desirable for compliant mechanisms to be constituted from materials that have
Note also that the stiffness of the BMG-based materials is relatively low compared to the other listed engineering materials. In many instances, it is desirable to fabricate compliant mechanisms from materials that have a relatively low stiffness. This can allow a flexible member of a compliant mechanism to deflect more easily. For example, the deflection of a beam can be determined using the relationship:

\[ b = \frac{FL^2}{3EI} \]

where
- \( F \) is the force applied to the end of the beam;
- \( L \) is the length of the beam;
- \( E \) is the stiffness; and
- \( I \) is the moment of inertia, which in the case of a rectangular beam is \( \frac{bh^3}{12} \).

Accordingly, with a lower stiffness, greater deflection can be achieved with less force.

Moreover, in addition to these advantageous mechanical properties, BMG-based materials can also have additional characteristics that can further boost their utility, e.g., biocompatibility, corrosion resistance, and density.

Nonetheless, in spite of their vast potential as engineering materials, the practical implementation of BMG-based materials has been largely limited to microscale structures. Specifically, various publications have concluded, and it is largely established, that the viability of BMG-based materials is limited to microscale structures. (See e.g., G. Kumar et al., Adv. Mater. 2011, 23, 461-476, and M. Ashby et al., Scripta Materialia 54 (2006) 321-326, the disclosures of which are hereby incorporated by reference.) For example, others have fabricated geometries that are akin to compliant mechanisms on the microscale selected illustrations of produced structures are reproduced in FIGS. 3A-3D. (See G. Kumar et al., Adv. Mater. 2011, 23, 461-476.) Indeed, G. Kumar et al. have related fatigue failure to the plastic zone size, and have generalized that a specimen thickness of approximately 10 times the plastic zone radius can exhibit 5% bending plasticity. (Id.) Thus, G. Kumar et al. conclude that a 1 mm thick specimen of Vitreloy can exhibit 5% bend plasticity. (Id.)

The inventors thereby observed that, contrary to the suggestions of the scientific literature, BMG-based materials may be successfully employed within macroscale compliant mechanisms if they can be developed to withstand fatigue failure. In other words, the presumed lack of plasticity of BMG-based materials on a macroscale is not the only consideration when attempting to form a compliant mechanism from a BMG-based material. Indeed, as will be discussed further below, the inventors have developed BMG-based materials that possess requisite mechanical properties including a requisite resistance to fatigue failure, and are thereby suitable for the fabrication of compliant mechanisms. Thus, in many embodiments of the invention, a BMG-based macroscale compliant mechanism includes: a flexible member that is strained during the normal operation of the compliant mechanism; where the flexible member has a thickness of 0.5 mm; where the flexible member comprises a BMG-based material; and where the BMG-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength of 0.25.

Additionally, advantageous manufacturing methods for fabricating compliant mechanisms from BMGMCs are discussed. In particular, as BMGMCs may exhibit high viscosity, they may be advantageously manipulated using squeeze-casting techniques.
The BMG-based material selection and design methodology for macroscale compliant mechanisms is now discussed below.

**BMG-Based Material Selection and Design Methodology for Compliant Mechanisms**

Whereas, existing scientific literature has generally counseled against employing BMG-based materials in macroscale structures that may experience strain for reasons including BMG-based materials’ tendencies to fail under brittle modes on a macroscale, the inventors of the instant application have determined that BMG-based materials can indeed be implemented in structures that are strained—they can in fact be implemented in macroscale structures that rely on a material’s ability to store and utilize strain energy. However, the inventors have observed that in selecting/developing a BMG-based material to be implemented in a BMG-based material, the fatigue characteristics of the material must be considered. Thus, in many embodiments of the invention, a method of fabricating a BMG-based macroscale compliant mechanism includes accounting for the fatigue characteristics of the BMG-based material. A method of fabricating a BMG-based macroscale compliant mechanism that includes selecting a BMG-based material that conforms to the compliant mechanism’s design parameters and that also has a sufficient resistance to fatigue failure, and fabricating the compliant mechanism from the selected BMG-based material, is illustrated in FIG. 5. Of course, the requisite design parameters can be obtained in any way, and can include any number of considerations. For example, in some embodiments the flexible member of the compliant mechanism that will be elastically deforming and relied upon during normal operation of the compliant mechanism is identified, and the desired stiffness can be obtained based on the desired operation of the compliant mechanism. For instance, if a larger actuation force is desired, a stiffer material may be selected. Similarly, based on the anticipated operation, the minimum desired number of cycles to failure under normal operation can also be used as a design parameter. For example, if many loading cycles are anticipated, then a material with a relatively high resistance to fatigue failure may be selected.

Accordingly, a BMG-based material is selected (510) that conforms to the design parameters and that possesses a sufficient resistance to fatigue failure. Of course, any manner of assessing whether a BMG-based material has a sufficient resistance to fatigue failure can be employed. For example, in many instances, the selected BMG-based material must be able to withstand a fatigue test of 1000 cycles, where the loading mode is in bending, at an applied stress to ultimate tensile strength ratio of 0.25. In a number of embodiments, a material that can withstand 1000 cycles of an applied stress to ultimate tensile strength of 0.4 is selected. In many embodiments, a material that can withstand 100 cycles of an applied stress to ultimate tensile strength of 0.5 is selected. Of course, any number of cycles to failure can be required at any applied stress in accordance with embodiments of the invention. Generally, as compliant mechanisms are typically strained in tension, in rotation, or in bending, it is preferred that where fatigue testing is used to gauge the resistance to fatigue failure of the BMG, the fatigue test employ tension loading, bending loading, or rotational loading. Of course, any loading mode can be employed in assessing the resistance to fatigue of a candidate BMG-based material.

The compliant mechanism can then be fabricated (520) from the selected material. The compliant mechanism can be fabricated in any suitable way in accordance with embodiments of the invention. Moreover, the type of material selected can inform the specific fabrication methodology. For example, where a BMG is selected, the fabrication technique can be one of: die casting, thermoplastic forming, capactive discharge, powder metallurgy, injection casting, sheet forming, wire EDM from larger parts, machining, suction casting, spray coating, and investment casting. Where a BMGMC is selected, the fabrication technique can be selected from one of: die casting, injection casting, semiisolid processing, squeeze casting, and from sheet forming.

Moreover, in many embodiments, the design of the compliant mechanism may be tweaked to accommodate the fabrication method. For example, where standard die casting or injection molding is employed, blind features may be removed, or the thickness of the structural members may be increased.

The above-described method of fabrication informs how to select a BMG-based material for the fabrication of a compliant mechanism. Below, it is discussed how to develop a BMG-based material so that it possesses the requisite materials properties for implementation within a compliant mechanism.

**Developing a BMG-Based Material for Use in a Compliant Mechanism**

In many embodiments, a BMG-based material is particularly developed so that it is well suited for implementation within a compliant mechanism. Generally, the development of BMG-based materials so that they possess desired mechanical properties involves alloying. For example, in many instances it is desirable to implement a stiffer BMG material. Accordingly, in many embodiments, the stiffness of a BMG is increased by alloying the BMG material with B, Si, Al, Cr, Co, and/or Fe. These alloying elements are usually added in concentrations of less than 5%. Of course, any alloying elements can be implemented that enhance the stiffness of a BMG material.

The mechanical properties of BMGMCs can also be developed via alloying. For example, in many embodiments, the stiffness of a BMGMC is decreased by increasing the volume fraction of soft, ductile dendrites or increasing the amount of beta stabilizing elements, e.g. V, Nb, Ta, Mo, Sn. Similarly, in a number of embodiments, the stiffness of a BMGMC is increased by decreasing the volume fraction of soft, ductile inclusions, increasing the hardness of the inclusions by either removing beta stabilizing elements, or adding elements that harden them, e.g. Al, W, Cr, Co, Mo, Si, B, etc. Generally, in BMGMCs, the stiffness of the material changes in accordance with the rule of mixtures, e.g., where there are relatively more dendrites, the stiffness decreases, and where there are relatively less dendrites, the stiffness increases.

Note that, generally, when modifying the stiffness of BMG-based materials, the stiffness is modified largely without overly influencing other properties, such as elastic strain limit or processability. This ability to tune the stiffness independent of the other material properties or influencing processability is greatly advantageous in designing compliant mechanisms, as it greatly facilitates the material development process.

Tables 2, 3, and 4 depict how the stiffness of a BMG-based material can vary based on composition, and how the elastic strain limit is largely independent of the composition variation. Note that the low processing temperatures are beneficial as they allow for net-shaped casting—which is useful for manufacturing purposes.
## TABLE 2

<table>
<thead>
<tr>
<th>Name</th>
<th>Atomic %</th>
<th>Weight %</th>
<th>BMG bee p</th>
<th>bcc (%)</th>
<th>p (g/cm³)</th>
<th>σ_y (MPa)</th>
<th>σ_max (MPa)</th>
<th>ε_max (%)</th>
<th>E (GPa)</th>
<th>T_s (K)</th>
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<tbody>
<tr>
<td>DV2</td>
<td>Ti44Zr50V10Cu5Be19</td>
<td>Ti14.1Zr36.1V12.1Cu5Be19</td>
<td>70</td>
<td>30</td>
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<td>2.1</td>
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<td>956</td>
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<td>Ti14.1Zr36.1V12.1Cu5Be19</td>
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<td>46</td>
<td>54</td>
<td>5.08</td>
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<td>84.0</td>
<td>951</td>
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<td>80</td>
<td>4.97</td>
<td>990</td>
<td>1000</td>
<td>2.0</td>
<td>78.7</td>
<td>998</td>
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## TABLE 3

<table>
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<tr>
<th>Alloy</th>
<th>σ_max (MPa)</th>
<th>ε_max (%)</th>
<th>E (GPa)</th>
<th>G (Pa)</th>
<th>CTT (J)</th>
<th>Re-A (%)</th>
<th>U</th>
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<tr>
<td>Zr48Ti33Nb3Cu6.9Ni6.9Be12.5 (DHI)</td>
<td>1512</td>
<td>9.58</td>
<td>1474</td>
<td>1.98</td>
<td>84.3</td>
<td>5.6</td>
<td>30.7</td>
</tr>
<tr>
<td>Zr48Ti33Nb3Cu6.9Ni6.9Be12.5 (DH2)</td>
<td>1411</td>
<td>10.8</td>
<td>1367</td>
<td>1.92</td>
<td>79.2</td>
<td>5.7</td>
<td>28.8</td>
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<tr>
<td>Zr48Ti33Nb3Cu6.9Ni6.9Be12.5 (DH3)</td>
<td>1210</td>
<td>13.10</td>
<td>1096</td>
<td>1.62</td>
<td>75.3</td>
<td>5.8</td>
<td>27.3</td>
</tr>
<tr>
<td>Cu4Zr2Al17Be5</td>
<td>1737</td>
<td>1.98</td>
<td>—</td>
<td>97.2</td>
<td>6.1</td>
<td>35.9</td>
<td>8</td>
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<tr>
<td>Zr48Ti33Nb3Cu6.9Ni6.9Be12.5 (LM)</td>
<td>1100</td>
<td>4.94</td>
<td>1046</td>
<td>1.48</td>
<td>78.8</td>
<td>6.2</td>
<td>28.6</td>
</tr>
</tbody>
</table>

## TABLE 4

<table>
<thead>
<tr>
<th>Material Properties as a Function of Composition and Structure, where A is Amorphous, X is Crystalline, and C is Composite</th>
</tr>
</thead>
<tbody>
<tr>
<td>A/X/C</td>
</tr>
<tr>
<td>-------</td>
</tr>
<tr>
<td>CuZr42Al7Be10Nb3</td>
</tr>
<tr>
<td>CuZr46Al5Y2Nb3</td>
</tr>
<tr>
<td>CuZrAl7Be7Nb3</td>
</tr>
<tr>
<td>CuZrAl7Be7Nb3</td>
</tr>
<tr>
<td>CuAl2Zr40Al10Be10</td>
</tr>
<tr>
<td>CuAlZr40Al17Be7C5</td>
</tr>
<tr>
<td>CuAlZr40Al17Be7C5</td>
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<td>CuAlZr40Al17Be7C5</td>
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<tr>
<td>CuAlZr40Al17Be7C5</td>
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</tr>
<tr>
<td>CuAlZr40Al17Be7C5</td>
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<tr>
<td>CuAlZr40Al17Be7C5</td>
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<tr>
<td>CuAlZr40Al17Be7C5</td>
</tr>
</tbody>
</table>
TABLE 5-continued

<table>
<thead>
<tr>
<th>Material</th>
<th>Fracture strength (MPa)</th>
<th>Geometry (mm)</th>
<th>Loading mode</th>
<th>Frequency (Hz)</th>
<th>R-ratio</th>
<th>Fracture limit (MPa)</th>
<th>Fatigue ratio</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zr56.2Cu6.9Ni5.6T13.8Nb5.0 [70]</td>
<td>1300</td>
<td>2.3 x 2.0 x 85</td>
<td>4PB</td>
<td>10</td>
<td>0.1</td>
<td>239</td>
<td>0.161</td>
</tr>
<tr>
<td>Zr52Cu179Ni10Cu0.5Ti0.5 [55]</td>
<td>1700</td>
<td>2 x 4 x 70</td>
<td>TT</td>
<td>10</td>
<td>0.1</td>
<td>340</td>
<td>0.200</td>
</tr>
<tr>
<td>Zr52Cu179Ni10Cu0.5Ti0.5 [55]</td>
<td>1800</td>
<td>2 x 4 x 70</td>
<td>TT</td>
<td>10</td>
<td>0.1</td>
<td>703</td>
<td>0.380</td>
</tr>
<tr>
<td>Zr52Cu179Ni10Cu0.5Ti0.5 [55]</td>
<td>1800</td>
<td>2 x 4 x 70</td>
<td>TT</td>
<td>10</td>
<td>0.1</td>
<td>615</td>
<td>0.332</td>
</tr>
<tr>
<td>Zr52Cu179Ni10Cu0.5Ti0.5 [55]</td>
<td>1800</td>
<td>2 x 4 x 70</td>
<td>TT</td>
<td>10</td>
<td>0.1</td>
<td>567</td>
<td>0.306</td>
</tr>
<tr>
<td>Zr52Cu179Ni10Cu0.5Ti0.5 [55]</td>
<td>1900</td>
<td>6 x 3 x 1.5</td>
<td>TT</td>
<td>5</td>
<td>0.5</td>
<td>1050</td>
<td>0.553</td>
</tr>
<tr>
<td>Zr52Cu179Ni10Cu0.5Ti0.5 [55]</td>
<td>1900</td>
<td>6 x 3 x 1.5</td>
<td>TT</td>
<td>5</td>
<td>0.5</td>
<td>850</td>
<td>0.500</td>
</tr>
<tr>
<td>Zr52Cu179Ni10Cu0.5Ti0.5 [55]</td>
<td>1900</td>
<td>6 x 3 x 1.5</td>
<td>TT</td>
<td>1</td>
<td>0.5</td>
<td>150</td>
<td>0.079</td>
</tr>
</tbody>
</table>

Although this data has been reported, the Inventors note that this data is in conflict with their own results. Indeed through their own testing, the Inventors have identified particular compositions and families of compositions that are particularly suitable for the design, manufacture, and implementation of compliant mechanisms. This is now discussed below.

Compositions that are Particularly Suitable for Compliant Mechanisms

The Inventors conducted their own fatigue tests (under ASTM stress-life [S-N] testing parameters), and the results of the test are depicted in FIGS. 6 and 7.

In particular, FIG. 6 illustrates the fatigue resistance of two compositions, Composite LM2, Composite DH3, Monolithic Vitreloy1, 300-M Steel, 2090-T81 Aluminum, and Glass Ribbon. From these results, it is demonstrated that Composite DH3 exhibits a high resistance to fatigue failure. For example, Composite DH3 shows that it can survive approximately 20,000,000 cycles at a stress amplitude/tensile strength ratio of about 0.25. Note that monolithic Vitreloy1 shows relatively poor resistance to fatigue failure, which appears to contra-value the results shown in Tables 5 and 6. This discrepancy may be in part due to the rigor under which the data was obtained. In particular, as the Inventors have realized that resistance to fatigue is a critical material property in determining suitability for compliant mechanism applications, they obtained fatigue resistance data that was procured under the most stringent testing conditions. In particular, FIG. 6 was obtained from Launey, PNAS, Vol. 106, No. 13, 4986-4991, the disclosure of which is hereby incorporated by reference (and of which the one of the instant Inventors is a listed coauthor).

Similarly, FIG. 7 illustrates the fatigue resistance of DV1 ('Ag boat'—i.e., manufactured using semisolid processing), DV1 ('indus.'— manufactured using industry standard procedures), Composite DH3, Composite LM2, Monolithic Vitreloy1, 300-M Steel, 2090-T81 Aluminum, and Ti-6Al-4V bimodal. These results indicate that Composite DV1 (Ag boat) exhibits even greater resistance to fatigue failure than Composite DH3. Note that the results of the Composite DV1 testing varied greatly based on how the Composite DV1 was manufactured. When it was manufactured using 'Ag boat' techniques ('Ag boat' refers to semisolid manufacturing techniques, which are described in Hofmann, JOM, Vol. 61, No. 12, 11-17, the disclosure of which is hereby incorporated by reference.), it displayed far superior resistance to fatigue as compared to when it was manufactured using industry standard techniques. The inventors believe that this discrepancy is due to the fact that industry standard manufacturing processes do not provide the type of rigor necessary to produce sufficiently pure materials, and this may be a function of the industry not recognizing how critical material composition is in determining material properties, including resistance to fatigue failure.

The inventors also provide FIGS. 8 and 9 as an illustration of the fatigue resistance of DH1 composites. In particular, FIG. 8 depicts the variation of the crack growth rate of DH1 composites under cyclic loading as a function of the applied stress factor range, K. The arrows in the lower left indicate the threshold values. FIG. 9 provides depicts the threshold stress intensity factor range for fatigue crack growth, \( \Delta K_c \), and the Paris exponent, m, plotted as a function of the Ti/Zr ratio; Vitreloy1 is also plotted for comparative purposes.
Formed and not a BMGMC BMGMCs are preferable in improve glass forming ability and ductility, are well suited less than 20 atomic % (in combination). Additionally, it may be preferred that the combination of the atomic percentages of Be and X should be less than 30%, otherwise a BMG is generally preferable that one or both be added in an amount less than 5 atomic %; and where Sn is the additive, it is generally preferable that it be added in an amount less than 5 atomic % and where Sn is the additive, it is generally preferable that it be added in an amount less than 2 atomic %. Th

### Table 7

<table>
<thead>
<tr>
<th>Material</th>
<th>$\Delta K_{th}$ (MPa $\cdot$ m$^{1/2}$)</th>
<th>$m$</th>
<th>C (MPa $\cdot$ m$^{1/2}$)</th>
<th>Density (g/cm$^3$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DH1 composite</td>
<td>5.0</td>
<td>3.5</td>
<td>$1.5 \times 10^{-11}$</td>
<td>5.58</td>
</tr>
<tr>
<td>DEH1A composite</td>
<td>5.4</td>
<td>2.4</td>
<td>$3 \times 10^{-11}$</td>
<td>5.43</td>
</tr>
<tr>
<td>DEH1B composite</td>
<td>5.7</td>
<td>3.5</td>
<td>$1.5 \times 10^{-11}$</td>
<td>5.85</td>
</tr>
<tr>
<td>Vitreloy 1$^2$</td>
<td>1.3</td>
<td>2.7-4.9</td>
<td>$1.5 \times 10^{-11}$</td>
<td>6.05</td>
</tr>
<tr>
<td>Vitreloy 1$^2$</td>
<td>1.5</td>
<td>1.5</td>
<td>$1.6 \times 10^{-11}$</td>
<td>6.05</td>
</tr>
<tr>
<td>composite (LM2)$^2$</td>
<td>1.2</td>
<td>1.8</td>
<td>...</td>
<td>...</td>
</tr>
<tr>
<td>300-M Steel$^2$</td>
<td>3</td>
<td>2.4</td>
<td>7.9</td>
<td>2.7</td>
</tr>
<tr>
<td>2090-T81</td>
<td>2.1</td>
<td>2.4</td>
<td>...</td>
<td>...</td>
</tr>
</tbody>
</table>

$\Delta K_{th}$ threshold stress intensity factor range for fatigue crack initiation; $m$, Paris exponent.

Accordingly, in view of this information, the Inventors have observed that: where V is the additive, it is generally preferable that it be added in an amount less than 15 atomic %; where Nb is the additive, it is generally preferable that it be added in an amount between approximately 5 and 15 atomic %; where Ta is the additive, it is generally preferable that it be added in an amount less than 10 atomic %; where Mo is the additive, it is generally preferable that it be added in an amount less than 5 atomic %; where Sn is the additive, it is generally preferable that it be added in an amount less than 2 atomic %.

Thus, in many embodiments, a compliant mechanism is formed from a BMG-based material. A bistable mechanism is a type of compliant mechanism that uses elastic deformation to allow the mechanism to be stable in at least two configurations. Bistable mechanisms may be extremely useful for the storage of elastic strain energy that can later be released through actuation. This may include devices like switches or devices that can be used to deploy another component. Generally, in many instances, bistable mechanisms implement flexible members that, when strained, exert counteracting forces, and thereby allow the bistable mechanism to adopt multiple stable configurations.

Table 7, below also provides data regarding the fatigue resistance of DH1 composites.
each of two stable states. Note that each of the three illustrated bistable mechanisms relies on its constituent members ability to strain in order to function.

Of course any bistable mechanism can be formed from a BMG-based material in accordance with embodiments of the invention, not just the ones illustrated. Indeed, any of a variety of compliant mechanisms can be formed from BMG-based materials in accordance with embodiments of the invention.

For example, in some embodiments, compliant mechanisms for precision pointing applications (e.g. for use in optics) are fabricated from BMG-based materials. Generally, precision pointing applications require an actuation force that causes the elastic deformation of the flexural components. Forming such compliant mechanisms from BMG-based materials can be advantageous as BMG-based materials have relatively higher strength to stiffness ratios than many other metals; thus, BMG-based materials can result in designs that have relatively larger ranges of flexing for a fixed geometry, or alternatively a smaller size for a fixed force.

FIGS. 13A-13B depict a rotational hexfoil flexure that can be used as a precision pointing tool, and that may be fabricated from BMG-based materials in accordance with embodiments of the invention. In particular, FIG. 13A illustrates a rotational hexfoil flexure design that is fabricated from a monolithic polymer. The design generally includes a base cylindrical portion, and an overlaid cylindrical portion. The design further includes 3 equally spaced beams that each substantially span the diameter of the base cylindrical portion, except that they do not entirely span the diameter of the base cylindrical portion. Accordingly, the beams are adjoined to the base cylindrical portion at one end, and are not adjoined to the base cylindrical portion at the opposite end. The overlaid cylindrical portion is affixed to the free end of the beams of the beams and can thereby rotate relative to the base cylindrical portion when actuated. FIG. 13B illustrates the operation of the rotational hexfoil flexure, i.e. how the overlaid cylindrical portion is rotated relative to the base cylindrical portion when actuated. It should be noted that the mechanism depicted in FIGS. 13A and 13B can be fabricated as a single piece with one end of the beam adjoined to the base cylindrical portion and the other end of the beam adjoined to the overlaid cylindrical portion.

FIGS. 14A-14C illustrate an equivalent rotational hexfoil fabricated from a BMG-based material. In particular, FIG. 14A illustrates that the rotational hexfoil is fabricated from a two separate pieces, the base cylindrical portion 1402 and the overlaid cylindrical portion 1404. FIG. 14A also more clearly illustrates that the base cylindrical portion 1402 includes three beams 1406 that substantially span the diameter of the base cylindrical portion, but are only attached to the base cylindrical portion at one end. The pieces are subsequently adjoined to form the rotational hexfoil. In particular the opposite ends of the beams 1406 are adjoined to the overlaid cylindrical portion. Of course the pieces can be adjoined using any suitable method in accordance with embodiments of the invention. For example, they can be assembled using pins, and the pins may or may not be made from BMG-based materials. Additionally, the adjoining can be done through press fitting, welding, screwing, bolting, bonding, or through capacitive discharge in accordance with embodiment of the invention. In many embodiments, the same material is used so that the coefficient of thermal expansion is the same throughout the device. FIGS. 14B and 14C illustrate the operation of the rotational hexfoil flexure.
material from the mold upon cooling, and excising any remnant flashing or remnant material is illustrated in FIG. 16. In particular, a BMGMC material is forged (1610) into a mold at high pressure. The mold can be in the shape of the compliant mechanism to be formed; or it can be in the shape of a portion of the compliant mechanism to be formed. The BMGMC material can be one that has demonstrated a sufficient resistance to fatigue failure, and that can also satisfy the design parameters for the compliant mechanism. The BMGMC material is ejected (1620) from the mold upon cooling. In many instances, it is not desirable to have a draft angle in the compliant mechanism that would facilitate the release of the material from the mold. Accordingly, in many instances, a two-piece mold is used that can facilitate the release. Moreover, in many instances, removing the BMGMC from the mold involves using a punching tool. The punching tool may be of the same shape as the part to be formed. The inventors have observed that steel punching tools are often sufficient and well-suited to remove the part from the mold. Moreover, the punching tools that can be used can be ‘through-the-thickness’ punching tools, i.e. they have a thickness that mirrors the depth of the mold, and can therefore punch the part ‘through the thickness’ of the mold. Notably, in removing the compliant mechanism in this way, the mechanism does not have to have relief angles as are typically added to free BMG-based materials from molds. Any remnant flashing/material is then excised (1630). If the result is a portion of the compliant mechanism, it may then be assembled to complete the compliant mechanism. This assembly can involve the adjoining of components using, for example, one of: welding, capacitive discharge, bolts, screws, pins, and mixtures thereof.

FIGS. 17A-17D illustrate the formation of a cartwheel compliant mechanism using squeeze casting techniques in accordance with embodiments of the invention. In particular, FIG. 17A illustrates the mold that was used to form the cartwheel flexure. FIG. 17B illustrates the BMGMC-based material that was squeeze-cast into the mold, as it was removed from the mold. FIG. 17C depicts the flashing that accompanied the BMGMC-based material as it was removed from the mold. And FIG. 17D depicts the cartwheel flexure in its final form relative to the mold.

Similarly, FIGS. 18A-18E illustrate the formation of a member of a cross-blade compliant mechanism using squeeze-casting techniques in accordance with embodiments of the invention. In particular, FIG. 18A illustrates a DV1 BMGMC ingot prior to being squeeze cast into a Z-shaped mold. FIG. 18B illustrates the DV1 BMGMC as it has been squeeze-cast into the mold. FIG. 18C illustrates the DV1 BMGMC as it has been removed from the mold. FIG. 18D illustrates a steel punching tool that can be used to separate the Z-shaped part from the excess material. And FIG. 18E illustrates the use of that tool to separate the part.

Note that to complete the cross-blade flexure, two z-shaped BMGMC-based compliant mechanisms must be adjoined. They can be adjoined in any suitable way in accordance with embodiments of the invention. For example, they can be adjoined using one of: welding, capacitive discharge, bolts, screws, pins, and mixtures thereof.

FIG. 19 illustrates the cartwheel compliant mechanism and the crossblade compliant mechanism that were fabricated from the BMGMC, DV1, using squeeze-casting techniques. The inventors also provide FIGS. 20A-20B and 21A-21B, which depict the how BMGMC-based compliant mechanisms compare with steel-based compliant mechanisms for Cartwheel flexures and Crossblade flexures respectively. In particular, FIG. 20A depicts a cartwheel flexure made from steel, whereas FIG. 20B depicts a Cartwheel flexure made from a BMGMC. Note that the BMGMC is able to deflect to a greater extent under the same applied moment. Similarly, FIG. 21A depicts a crossblade flexure made from steel, and FIG. 21B depicts a crossblade flexure made from a BMGMC. Again, note that the BMGMC is able to deflect to a greater extent under the same applied load.

Note also that, in many instances, prior to fabricating a BMG-based macroscale compliant mechanism, a model of the compliant mechanism is manufactured from polymers using 3d-printing techniques. In this way, the efficacy of the design may be assessed before committing resources to fabricating the BMG-based part. This assessment can be particularly useful as polymers have similar strain characteristics of many BMGMCs; accordingly a 3d-printed polymer-based compliant mechanism can in many ways simulate the operation of the related BMG-based compliant mechanism. Moreover 3d-printing is generally more cost efficient as relative to the manufacturing techniques used in fabricating BMG-based compliant mechanisms.

Any of the above-mentioned manufacturing techniques can be implemented in accordance with embodiments of the invention. More generally, as can be inferred from the above discussion, the above-mentioned concepts can be implemented in a variety of arrangements in accordance with embodiments of the invention. Accordingly, although the present invention has been described in certain specific aspects, many additional modifications and variations would be apparent to those skilled in the art. It is therefore to be understood that the present invention may be practiced otherwise than specifically described. Thus, embodiments of the present invention should be considered in all respects as illustrative and not restrictive.

What claimed is:

1. A macroscale compliant mechanism comprising:
   a flexible member that is strained during the operation of the compliant mechanism;
   wherein the flexible member has a thickness of at least approximately 0.5 mm;
   wherein the flexible member comprises a bulk metallic glass-based material; and
   wherein the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.25; and
   wherein the flexible member is configured such that its displacement-response to an applied force is nonlinear;
   wherein the bulk metallic glass-based material is a bulk metallic glass matrix composite;
   wherein the compliant mechanism is selected from the group consisting of a cutting device, a grasping device, a bistable mechanism, and a rotational hexfoil flexure; and
   wherein the cutting device comprises:
   a bladed section with a first and second blade; and
   a handled section with a first and second handle; wherein the cutting device is configured such that the rotation of the handles towards one another causes the rotation of the blades towards one another; wherein the grasping device comprises:
   a grasping section with a first and second grasping element; and
   a handled section with a first and second handle;
wherein the grasping device is configured such that the rotation of the handles towards one another causes the rotation of the grasping elements towards one another; wherein the bistable mechanism is configured to be stable in two configurations; and wherein the rotational hexfoil flexure comprises: a base cylindrical portion; an overlaid cylindrical portion; and three beams; wherein one end of each beam is adjoined to the base cylindrical portion, and the opposite end of each beam is adjoined to the overlaid cylindrical portion; wherein the rotational hexfoil flexure is configured such that the base cylindrical portion and the overlaid cylindrical portion can be rotated relative to one another.

2. The bulk metallic glass-based macroscale compliant mechanism of claim 1, wherein the volume fraction of crystals within the bulk metallic glass matrix composite is between approximately 20% and 80%.

3. The bulk metallic glass-based macroscale compliant mechanism of claim 1, wherein the bulk metallic glass-based material has a yield strain greater than approximately 1.5%.

4. The bulk metallic glass-based macroscale compliant mechanism of claim 2, wherein the bulk metallic glass-based material has a strength to stiffness ratio greater than approximately 2.

5. The bulk metallic glass-based macroscale compliant mechanism of claim 1, wherein the bulk metallic glass-based material is one of: Ti₃₂Zr₂₇V₉Cu₅Be₂₀, Ti₃₅Zr₂₉Nb₈₁₂₂₅Cu₂₀Be₂₀, Ti₃₉Zr₂₇Nb₄₈₃₅Cu₂₀Be₂₀, Ti₄₁Zr₂₇Nb₆₈₃₅Cu₂₀Be₂₀, and Ti₄₃Zr₂₇Nb₈₁₂₂₅Cu₂₀Be₂₀.

6. The bulk metallic glass-based macroscale compliant mechanism of claim 1, wherein the bulk metallic glass-based macro-scale compliant mechanism is a TiZrBeXY alloy, wherein X is an additive that enhances glass forming ability and Y is an additive that enhances toughness.

7. The bulk metallic glass-based macroscale compliant mechanism of claim 6, wherein the bulk metallic glass-based material comprises:

   Ti in an amount between approximately 10 and 60 atomic %; Zr in an amount between approximately 18 and 60 atomic %; and Be in an amount between approximately 7 and 30 atomic %.

8. The bulk metallic glass-based macroscale compliant mechanism of claim 7, wherein X is one of: Fe, Cr, Co, Ni, Cu, Al, B, C, Ag, Si, and mixtures thereof.

9. The bulk metallic glass-based macroscale compliant mechanism of claim 7, wherein: X is one of: C, Si, and B; and X is present in an amount less than approximately 2 atomic %.

10. The bulk metallic glass-based macroscale compliant mechanism of claim 7, wherein: X is one of: Cr, Co, and Fe; and X is present in an amount less than approximately 7 atomic %.

11. The bulk metallic glass-based macroscale compliant mechanism of claim 7, wherein X is Al and is present in an amount less than approximately 7 atomic %.

12. The bulk metallic glass-based macroscale compliant mechanism of claim 7, wherein X is a combination of Cu and Ni, and is present in an amount less than approximately 20 atomic %.

13. The bulk metallic glass-based macroscale compliant mechanism of claim 7, wherein the combination of X and Be is present in an amount less than approximately 30 atomic %.

14. The bulk metallic glass-based macroscale compliant mechanism of claim 13, wherein Y is one of: V, Nb, Ta, Mo, Sn, W, and mixtures thereof.

15. The bulk metallic glass-based macroscale compliant mechanism of claim 7, wherein Y is V and is present in an amount less than approximately 15 atomic %.

16. The bulk metallic glass-based macroscale compliant mechanism of claim 1, wherein the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.25.

17. The bulk metallic glass-based macroscale compliant mechanism of claim 14, wherein Y is Nb and is present in an amount between approximately 5 and 15 atomic %.

18. The bulk metallic glass-based macroscale compliant mechanism of claim 14, wherein Y is Mo and is present in an amount less than approximately 5 atomic %.

19. The bulk metallic glass-based macroscale compliant mechanism of claim 14, wherein Y is Ta and is present in an amount less than approximately 10 atomic %.

20. The bulk metallic glass-based macroscale compliant mechanism of claim 1, wherein the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.4.

21. A bulk metallic glass-based macroscale compliant mechanism comprising:

   a flexible member that is strained during the normal operation of the compliant mechanism;
   wherein the flexible member has a thickness of 0.5 mm; wherein the flexible member comprises a bulk metallic glass-based material; and wherein the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.25; wherein the compliant mechanism is a grasping device comprising:
   a flexible member that is strained during the normal operation of the compliant mechanism;
   wherein the flexible member has a thickness of 0.5 mm; wherein the flexible member comprises a bulk metallic glass-based material; and wherein the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.25; wherein the compliant mechanism is a grasping device comprising:
   a flexible member that is strained during the normal operation of the compliant mechanism;
   wherein the flexible member has a thickness of 0.5 mm; wherein the flexible member comprises a bulk metallic glass-based material; and wherein the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.25; wherein the compliant mechanism is a grasping device comprising:
   a flexible member that is strained during the normal operation of the compliant mechanism;
wherein the grasping device is configured such that the rotation of the handles towards one another causes the rotation of the grasping elements towards one another.

23. A bulk metallic glass-based macroscale compliant mechanism comprising:

- a flexible member that is strained during the normal operation of the compliant mechanism;
- wherein the flexible member has a thickness of 0.5 mm;
- wherein the flexible member comprises a bulk metallic glass-based material; and
- wherein the bulk metallic glass-based material can survive a fatigue test that includes 1000 cycles under a bending loading mode at an applied stress to ultimate strength ratio of 0.25;

wherein the compliant mechanism is a rotational hexfoil flexure comprising:

- a base cylindrical portion;
- an overlaid cylindrical portion; and
- three beams;

wherein one end of each beam is adjoined to the base cylindrical portion, and the opposite end of each beam is adjoined to the overlaid cylindrical portion; wherein the rotational hexfoil flexure is configured such that the base cylindrical portion and the overlaid cylindrical portion can be rotated relative to one another.

* * * * *