Workload and performance in air traffic control:
Exploring the influence of levels of automation and variation in task demand

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Agenda

• Research motivation
• Aims
• Method
• Results
• Conclusions & Implications
• Future research
ATM is an ‘ultra-safe’ industry

ATM remains highly ‘human-centric’ – real-time operations

Objective task demands can affect performance influencing factors (e.g. workload and fatigue) and human performance

Affect on human factors can vary depending context

Need to know when controllers are approaching the edges of acceptable performance, e.g. when should take automation take over?
• Overall Aim
  – Investigate directional demand transitions (high-low-high and low-high-low) and amount of automation association with:
    • Workload
    • Performance

• Potential Outcomes
  – Better understanding of effects of demand transition on human performance factors in Air Traffic Control (ATC)
  – Increased understanding of prediction of potential performance decline
Method: Simulation
Method: Design(1)

• Within-subjects design

• Two task demand transition scenarios, 90 minutes duration:
  – Scenario 1: Demand transition sequence low-high-low
  – Scenario 2: Demand transition sequence high-low-high

• Task demand manipulated by:
  – Number of aircraft under control
  – Ratio of arrival aircraft and overflights (complexity)

• Pilot studies confirmed task demand variation associated with workload variation
Method: Design (2)

• 3 task sets, increasing levels of automation:
  – Task set 1: Manual condition (M)
    • Conflict detection
    • Conflict resolution
    • Arrival metering
    • Monitoring automation
  – Task set 2: Arrival manager (AM)
    • Metering only
    • Monitoring automation
Method: Design (3)

• Measures

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<thead>
<tr>
<th>Factor</th>
<th>Workload</th>
<th>Performance</th>
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</thead>
<tbody>
<tr>
<td>Measure</td>
<td>Instantaneous Self Assessment</td>
<td>Metering delay</td>
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<tr>
<td>Interval (Mins)</td>
<td>3</td>
<td>Continuous</td>
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</table>

• Participants
- 8 retired controllers
- Age range 50-64
- Experience in en-route ATC ranged from 22 – 31 years (M=26.56, SD=3.90)
Results:
Transition direction (H-L-H), task & workload

![Graph showing workload (ISA) over time into run with peaks and troughs. The graph line is labeled Wkld Manual.](image)
Results:
Transition direction (H-L-H), task & workload
Results:
Transition direction (L-H-L), task & workload

![Graph showing workload over time into run, with peaks and troughs indicating changes in workload. The x-axis represents time into run in minutes (3 mins, 6 mins, 9 mins, etc.), and the y-axis represents workload (ISA). The line graph shows fluctuations in workload over time.]
Results:
Transition direction (L-H-L), task & workload

- **Workload (ISA)**
- **Time into Run**

Graph showing workload trends over time with two lines:
- **Wkld Metering**
- **Wkld Manual**
Results:
Transition direction (H-L-H), task & performance
Results:

Transition direction (H-L-H), task & performance

![Graph showing mean metering delay over time into run for Delay-Metering and Delay-Manual tasks.](image)
Results:
Transition direction (L-H-L), task & performance

![Graph showing mean metering delay over time into run with peaks at specific time intervals.](image-url)
Results:
Transition direction (L-H-L), task & performance

![Graph showing mean metering delay over time into Run]

- **Delay-Metering**
- **Delay-Manual**
Conclusions & Implications

• Task demand variation, and direction of variation, differentially affects covariate factors
  – Reported workload is higher if starting from a low demand
  – Results in a differential impact of automation

• Changes in performance may not be observed, even though performance influencing factors, such as workload, are increasing

• Supervisors should be aware that controllers may be affected differentially, and may have different limits of performance, depending on preceding demand
Future research

- Task demand variations
  - Sudden vs gradual, frequency, duration...

- Task demand variations and covariate factors

- The relationship between different types of automation and controller workload and performance, under varying conditions...adaptive automation?
Thank you!
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Back up slides
• Run schedule:
  – 3x2 design x 2 repetitions = 12, 90-minute runs
  – 1 ½ days of training, 3 days of data collection, ½ day of debrief = 5 days
  – Randomized and counter-balanced presentation*
  – Conducted across eight parallel worlds

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<thead>
<tr>
<th>Times</th>
<th>Activity</th>
<th>World 1</th>
<th>World 2</th>
<th>World 3</th>
<th>World 4</th>
<th>World 5</th>
<th>World 6</th>
<th>World 7</th>
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<td>8:35 - 10:05</td>
<td>Run 7</td>
<td>Condition E</td>
<td>Condition C</td>
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<td>10:10 - 10:25 (15 min)</td>
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<td>Break</td>
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<td>14:50 - 16:20</td>
<td>Run 10</td>
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<td>Condition F</td>
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Automation Monitoring Study

• Simulation logistics
  – 8 parallel worlds
Automation Monitoring Study

• Time frame:
  – Data collection
    • February 8 – 12
  – Data analysis
    • February – March
  – Initial report (sub-project close-out)
    • March
HRIRB Protocol

• Covered under HRII-14-09 "Next Generation Air Transportation System (NextGen)"
  – Organization: Members of AOL
  – PI (Paul Lee) Co-Is: ... Tom Prevot .. Joey Mercer ...
  – NASA POC Nancy Smith

• Purpose of Studies in Protocol:
  – The purpose of these studies is to investigate the effects of various next generation air traffic control operational tools and ideologies on the performance of the air traffic controller and other air traffic personnel. This research will assist in developing displays for proficient traffic management, efficient navigation, improved situational awareness, reduction in controller workload as well as aiding the development of human behavior models for future NextGen implementations.
Method: Design (2)

- Two traffic scenarios:
  - Built independently
  - Opposite demand curves
  - Same arrival vs. overflight proportions
  - Same conflict counts (similar timing)

![Traffic Scenarios Diagram]

- 21 a/c
- 12 a/c

0 min  20 min  30 min  50 min  60 min  80 min  90 min