Model for Vortex Ring State Influence on Rotorcraft Flight Dynamics

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<th>Description</th>
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</thead>
<tbody>
<tr>
<td>a</td>
<td>lift-curve slope</td>
</tr>
<tr>
<td>$a_z$</td>
<td>vertical acceleration</td>
</tr>
<tr>
<td>A</td>
<td>rotor disk area, $\pi R^2$</td>
</tr>
<tr>
<td>B</td>
<td>tip loss factor</td>
</tr>
<tr>
<td>c</td>
<td>blade chord</td>
</tr>
<tr>
<td>$C_p$</td>
<td>rotor power coefficient, $P/\rho(\Omega R)^3 A$</td>
</tr>
<tr>
<td>$C_Q$</td>
<td>rotor torque coefficient, $Q/\rho(\Omega R)^2 RA$</td>
</tr>
<tr>
<td>$C_T$</td>
<td>rotor thrust coefficient, $T/\rho(\Omega R)^2 A$</td>
</tr>
<tr>
<td>N</td>
<td>number of blades</td>
</tr>
<tr>
<td>$r_c$</td>
<td>blade root cutout</td>
</tr>
<tr>
<td>r</td>
<td>blade radial station</td>
</tr>
<tr>
<td>R</td>
<td>blade radius</td>
</tr>
<tr>
<td>P</td>
<td>rotor power</td>
</tr>
<tr>
<td>$P_i$</td>
<td>rotor induced power</td>
</tr>
<tr>
<td>$P_o$</td>
<td>rotor profile power</td>
</tr>
<tr>
<td>Q</td>
<td>rotor torque</td>
</tr>
<tr>
<td>T</td>
<td>rotor thrust</td>
</tr>
<tr>
<td>v</td>
<td>rotor induced velocity</td>
</tr>
<tr>
<td>V</td>
<td>total velocity, $\sqrt{V_x^2 + V_z^2}$</td>
</tr>
<tr>
<td>$V_h$</td>
<td>velocity scale, $\sqrt{V/2 \rho A}$</td>
</tr>
<tr>
<td>$V_x$</td>
<td>rotor horizontal speed</td>
</tr>
<tr>
<td>$V_z$</td>
<td>rotor vertical speed (positive in climb)</td>
</tr>
<tr>
<td>$V_{tip}$</td>
<td>rotor tip speed, $\Omega R$</td>
</tr>
<tr>
<td>VRS</td>
<td>vortex ring state</td>
</tr>
<tr>
<td>$\alpha$</td>
<td>rotor disk angle of attack (positive in descent)</td>
</tr>
<tr>
<td>$\theta_{tw}$</td>
<td>blade twist</td>
</tr>
<tr>
<td>$\theta_{75}$</td>
<td>collective pitch (75% radius)</td>
</tr>
<tr>
<td>$\kappa$</td>
<td>empirical inflow factor</td>
</tr>
<tr>
<td>$\lambda_h$</td>
<td>velocity scale, $\sqrt{C_T/2}$</td>
</tr>
<tr>
<td>$\rho$</td>
<td>air density</td>
</tr>
<tr>
<td>$\sigma$</td>
<td>rotor solidity, $N_c/\pi R$</td>
</tr>
<tr>
<td>$\tau$</td>
<td>time constant of inflow equation</td>
</tr>
<tr>
<td>$\Omega$</td>
<td>rotor rotational speed</td>
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MODEL FOR VORTEX RING STATE INFLUENCE ON ROTORCRAFT FLIGHT DYNAMICS

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SUMMARY

The influence of vortex ring state (VRS) on rotorcraft flight dynamics is investigated, specifically the vertical velocity drop of helicopters and the roll-off of tiltrotors encountering VRS. The available wind tunnel and flight test data for rotors in vortex ring state are reviewed. Test data for axial flow, nonaxial flow, two rotors, unsteadiness, and vortex ring state boundaries are described and discussed. Based on the available measured data, a VRS model is developed. The VRS model is a parametric extension of momentum theory for calculation of the mean inflow of a rotor, hence suitable for simple calculations and real-time simulations. This inflow model is primarily defined in terms of the stability boundary of the aircraft motion. Calculations of helicopter response during VRS encounter were performed, and good correlation is shown with the vertical velocity drop measured in flight tests. Calculations of tiltrotor response during VRS encounter were performed, showing the roll-off behavior characteristic of tiltrotors. Hence it is possible, using a model of the mean inflow of an isolated rotor, to explain the basic behavior of both helicopters and tiltrotors in vortex ring state.

INTRODUCTION

The behavior of a rotor operating in vortex ring state (VRS) has long been familiar to aerodynamicists, and a substantial number of VRS test programs have been reported (refs. 1–50). Yet vortex ring state is a complex phenomenon, involving large-scale unsteady wake flow, and there is much to be done to thoroughly understand the aerodynamics and develop accurate prediction methodologies. There has been renewed interest recently in vortex ring state, because of the possibility of operating rotorcraft in steep descent for approach to landing, and in particular, because of the influence of VRS on tiltrotor roll control and response.

The subject of the present paper is the influence of vortex ring state on rotorcraft flight dynamics, specifically the vertical velocity drop of helicopters and the roll-off of tiltrotors encountering VRS. The objective is to develop a model of vortex ring state that is suitable for flight dynamics calculations and real-time piloted simulation, including training simulations. The model is based on existing flight test and wind tunnel test data, and is applicable to both helicopters and tiltrotors.

OVERVIEW

A rotor is operating in vortex ring state when it is descending at low forward speed with a vertical velocity that approaches the value of the wake-induced velocity at the rotor disk. In this condition the rotor tip vortices are not convected away from the disk rapidly enough, and the wake builds up and periodically breaks away (fig. 1). The tip vortices collect in a vortex ring, producing a circulating flow down through the rotor disk, then outward and upward outside the disk. The resulting flow is unsteady, hence a source of considerable low frequency vibration and possible control problems. For descent at forward speeds sufficiently high enough that the wake is convected away from the rotor, vortex ring state does not develop.

Vortex ring state encounter can produce a significant increase in the descent rate of a helicopter or a roll-off of a tiltrotor. Figure 2 shows helicopter \( V_Z \) drop and tiltrotor roll-off points measured in flight tests (refs. 44, 46, 47, 51). In figure 2, \( V_Z \) is the rotor vertical velocity and \( V_X \) is the rotor horizontal velocity. This motion is an instability of the helicopter vertical or tiltrotor roll dynamics. If the aircraft rate becomes sufficiently large as a result of the instability, it will not be possible to recover using collective control for the helicopter or lateral cyclic control (differential collective) for the tiltrotor. While the response to control is still a positive acceleration increment, the control authority is not sufficient to reverse the motion. Hence recovery from VRS encounter requires
a drop in collective and forward cyclic for a helicopter, or a forward nacelle tilt for a tiltrotor. Basically it is necessary to fly out of the instability region. Also shown in figure 2 is the stability boundary specified for the VRS model developed in this paper.

It is remarkable that the flight test data for a helicopter and a tiltrotor define essentially the same VRS boundary in figure 2, in spite of a different manifestation of the instability (vertical velocity drop for a helicopter, roll-off for a tiltrotor), and large differences in twist and solidity between the rotors of the two aircraft. This implies that basically the same aerodynamic mechanism is responsible for the behavior of both helicopters and tiltrotors in VRS.

The instability of the aircraft in vortex ring state is a consequence of the form of the rotor inflow as a function of descent rate. Figure 3 shows the total inflow through the rotor disk, \( V_z + v \) (where \( v \) is the induced velocity) for a rotor in vertical descent. Momentum theory is not valid in descent until the total velocity is substantially negative (so the velocity is again in the same direction throughout the flow field), although it provides a reasonable result for low descent rate. The measured data show that at moderate descent rates (in VRS), the total velocity \( V_z + v \) increases as the descent rate increases. As the rotor descends into VRS, the energy losses resulting from the recirculating flow increase, hence the power (total inflow \( V_z + v \)) can increase. Where \( d(V_z + v)/dV_z \) is negative (roughly \( V_z/v_h = -0.5 \) to \(-1.5 \) in fig. 3), the vertical motion (and roll motion of a tiltrotor) is unstable, because an increase in descent rate at constant collective will produce an increase in total inflow and hence a reduction in thrust—resulting in negative damping. This instability mechanism has been described by several authors (refs. 18, 25, 34, 35, 43, 44). More investigations have been focused on the unsteady nature of VRS aerodynamics. The instability is defined by the character of the mean thrust and mean power of the rotor in VRS, not the unsteadiness of the flow. The challenge is to develop a model of the rotor mean inflow, applicable to simple calculations and real-time simulation, that includes this character that leads to the unstable flight dynamics.

**ROTOR INFLOW**

The flow state of a helicopter is a global phenomenon, involving low speed wake velocities in a region on the order of the rotor radius. So rotor tip speed and Mach number are not key parameters of the flow. It follows from dimensional analysis (ref. 52) that the appropriate velocity scale of the flow is \( v_h = \sqrt{TV/2\rho A} \), where \( T \) is the rotor thrust, \( \rho \) the air density, and \( A \) the rotor disk area. The factor of 2 is included for convenience, so \( v_h \) is the ideal hover induced velocity (hence the subscript \( h \)).

The flow state depends on the rotor vertical velocity \( V_z \) (positive for climb) and horizontal velocity \( V_x \).

Alternatively, the rotor angle of attack \( \alpha \) can be used (\( V_z = -V_x \tan \alpha \), so \( \alpha = 90 \) deg for vertical descent). In the context of momentum theory, the mean induced velocity through the rotor disk is rigorously defined in terms of the rotor induced power: \( v = P_i/T \). The parasite and climb power of the rotor is given by \( TV_z \). Hence \( V_z + v = P_i/T \) represents the total power of the rotor, except for profile power \( P_o \). In dimensionless terms, the mean induced velocity has the form

\[
v/v_h = P_i/P_h = \text{function}(V_z/v_h, V_x/v_h)
\]

where \( P_h = T v_h \) is the ideal hover power.

Momentum theory provides an estimate of the rotor induced velocity (see ref. 52). The rotor is modelled as a circular disk that sustains a pressure jump, so the aerodynamic problem is steady and details of the rotor blade geometry are not considered. It is assumed that a well defined slipstream exists that is the boundary of the flow through the rotor disk. The equations of mass, momentum, and energy conservation for the entire system are solved to obtain the rotor power for a given thrust. The solution is formulated in terms of the induced velocity \( v \) at the rotor disk, and the induced velocity in the far wake of the rotor, \( w = 2v \). The minimum induced power (ideal performance) is obtained with the far wake velocity \( w \) constant throughout the wake section, which for small inflow implies uniform induced velocity \( v \) and uniform pressure \( \Delta p = T/A \) at the rotor disk. The momentum theory solution in axial flow is

\[
v = -(V_z/2) + \sqrt{(V_z/2)^2 + v_h^2} \quad \text{for } V_z > 0
\]

\[
v = -(V_z/2) - \sqrt{(V_z/2)^2 - v_h^2} \quad \text{for } V_z < -2v_h
\]

which is plotted in figure 4. The total velocities in the far field, at the rotor disk, and in the far wake are \( V_z, V_z+v \), and \( V_z+2v \) respectively. At the lines \( V_z = 0, V_z+v = 0, \) and \( V_z+2v = 0 \), one of these velocities changes directions, so these lines define regions with different flow states (fig. 4). The inflow states for axial flow are: normal working state (\( V_z > 0 \)), vortex ring state (\( V_z < 0 \) and \( V_z+v > 0 \)), turbulent wake state (\( V_z < 0, V_z+v < 0, V_z+2v > 0 \)), and windmill brake state (\( V_z < 0, V_z+2v < 0 \)). Only for the normal working state and windmill brake state is the velocity in the same direction throughout the flow field, so only in these regions is momentum theory valid. In the vortex ring state, the inflow is down through the rotor disk.
and in the far wake (according to momentum theory assumptions) but upward in the external flow.

For small rates of descent, the flow near the rotor disk is similar to that assumed by momentum theory, and it is found that the momentum theory solution still gives a reasonable estimate of the power. But as the descent rate increases, the total velocity through the disk \( V_x + v \) approaches zero, implying that the wake is not being convected away from the disk. In the turbulent wake state, the inflow is up through the rotor disk and in the external flow, but still downward in the far wake (according to momentum theory assumptions). So the wake is once more being convected away from the disk (upward now), although momentum theory does not give a useful estimate of the power. Real autorotation of the rotor (zero total power, including profile losses) occurs in the turbulent wake state. At ideal autorotation, \( P/T = V_x + v = 0 \), the flow through the rotor disk is zero, and the momentum theory result for axial flow is singular.

Figure 4 shows momentum theory in terms of both total velocity \( V_x + v \) and induced velocity \( v \), as a function of vertical velocity \( V_x \). The \( V_x + v \) form was introduced by Lock (ref. 10), the \( v \) form by Hafner (ref. 11). Earlier practice followed Glauert (ref. 5), plotting \( 1/F \) vs. \( 1/f \), where

\[
1/F = 4\pi \rho (V_x + v)^2 r/(dT/dr) = (V_x + v)^2/(T/2\rho A) = \left((V_x + v)/v_h\right)^2
\]

\[
1/f = 4\pi \rho V_x^2 r/(dT/dr) = V_x^2/(T/2\rho A) = (V_x/v_h)^2
\]

Such plots are not very useful, because the sign of the velocities is lost, and by squaring the velocities their behavior near zero is obscured.

Glauert made the connection between a rotor in axial flow and a circular wing, to obtain a momentum theory expression for the induced velocity in forward flight as well as axial flow:

\[
v = \frac{v_h^2}{\sqrt{V_x^2 + (V_x + v)^2}}
\]

(ref. 52). Figure 5a shows the momentum theory solution for several values of horizontal velocity \( V_x \). In forward flight \( (V_x > 0) \) the singularity of momentum theory at ideal autorotation is eliminated, but it is expected that the result is still invalid near \( V_x + v = 0 \) until \( V_x \) is sufficiently large (that is, until \( V_x \) produces sufficient mass flow through the rotor disk and convects the wake away from the disk). A wind tunnel test of a rotor in descent is most conveniently conducted using a set of fixed rotor angles \( \alpha \). Figure 5b shows the momentum theory solution as a function of \( V_x \) and \( \alpha \); figure 5c shows the solution as a function of \( V = \sqrt{V_x^2 + V_z^2} \) and \( \alpha \).

In practical applications of momentum theory, a multiplicative factor \( \kappa \) is introduced: \( v = \kappa v_{\text{ideal}} \). The factor \( \kappa \) accounts for nonideal induced losses, including effects of a finite number of blades and nonuniform loading. In hover, \( \kappa = 1.10 \) to 1.15 typically. In high speed forward flight \( \kappa \) becomes very large because of the reduction of the effective span of the loading on the rotor disk.

Measurements of the performance of a rotor can be used to define the induced velocity. Test data must be the basis for the induced velocity in vortex ring state and turbulent wake state, where momentum theory is not valid. From the definition of the induced velocity in terms of power \( (P/T) \), it follows that

\[
V_x + v = \frac{P - P_0}{T}
\]

where \( P \) is the total rotor power and \( P_0 \) is the profile power. This result depends on the estimate of profile power. Frequently it is assumed that the profile power is constant, independent of the climb/descent rate and forward speed (at least for low forward speed). Alternatively, blade element theory can be used to obtain the inflow from measurements of rotor thrust and collective pitch \( (T&\theta) \):

\[
\frac{3}{2} \left(B^2 - r_c^2 \right) (1 - \frac{1}{2} \mu^2) \lambda = -\frac{3}{2} \left(B^2 - r_c^2 \right) \left(1 - \mu^2 + \frac{9}{4} \mu^4 \right)
\]

\[
+ \theta_{75} (B^3 - r_c^3) (1 - \mu^2 + \frac{9}{4} \mu^4)
\]

\[
\frac{3}{2} \left(B^2 - r_c^2 \right) \lambda = -\frac{6C_T}{\sigma a} + \theta_{75} (B^3 - r_c^3) (1 + \frac{3}{2} \mu^2)
\]

for flapping and rigid rotors respectively (ref. 52). Here \( B \) is the tip loss factor; \( r_c \) the root cutout; and \( a \) the lift-curve slope. This result depends on the assumptions of no stall and constant lift-curve slope. A check of the evaluation of the induced velocity using these methods is provided by hover, where \( v = \kappa v_{\text{ideal}} \) with a reasonable value of \( \kappa \) must be obtained. Both the \( T&\theta \) method and the \( P/T \) method give an \( r \)-weighted value for the induced velocity (from \( \int \lambda a_r \, dr \) and \( \int \lambda \, dC_T \) respectively; see ref. 52). So the two methods should give nearly identical results, as illustrated in figure 3. Different results from the two methods imply problems with the measured performance data.

The basic scaling for the rotor aerodynamics in vortex ring state is based on the air density, rotor radius, and \( v_h = \sqrt{T/2\rho A} \). Thus the principal result has the dimensionless form \( v/v_h = \text{function}(V_x/v_h, V_z/v_h) = \text{function}(V/v_h, \alpha) \). The other parameters of the rotor must also have some
influence: twist, planform, number of blades, solidity, collective, tip speed, Reynolds number, and Mach number. With the operating condition defined by rotor thrust, collective pitch is the dependent variable. Twist, planform, solidity, and number of blades must affect the loading distribution. If the Reynolds number is too small, the wake structure and the blade maximum lift will be influenced. If the Mach number is large, the blade loading will be influenced.

The tip speed is an alternative velocity scale, introducing \( \lambda_h = \frac{v_h}{\Omega R} = \sqrt{\frac{C_T}{2}} \) and the advance ratios \( \mu_x = \frac{V_x}{\Omega R} \), \( \mu_z = \frac{V_z}{\Omega R} \). The parameters \( C_T \) and \( \mu \) influence the detailed structure of the loading and wake. For example, \( \mu \) defines the geometry of the individual tip vortices, and the vertical spacing of the wake helices \( h \) and the bound circulation (tip vortex strength) \( \Gamma \) can be written

\[
\frac{h}{R} = \frac{v}{(2\pi / \Omega N)} / R = \sqrt{\frac{C_T}{2}} (4\pi / N) \frac{v}{v_h}
\]

\[
\frac{\Gamma}{v_h R} = \left[ \frac{T}{(0.5 \rho \Omega R^2)} / v_h R \right] = (4\pi / N) \sqrt{C_T / 2}
\]

\[
\frac{\Gamma}{\Omega R^2} = \left[ \frac{T}{(0.5 \rho \Omega R^2)} / \Omega R^2 \right] = (4\pi / N) C_T / 2
\]

To the extent that rotors operating at similar \( C_T / \sigma \) are considered (the blade mean lift coefficient is proportional to \( C_T / \sigma \)), a variation of solidity implies a variation of \( C_T \). So solidity can also be viewed as having a direct effect on the details of the wake, along with \( C_T \) and \( \mu \).

**TEST DATA**

The following sections review the available test data for rotors operating in vortex ring state. Table 1 summarizes the principal sources of data, and figure 6 shows the twist and solidity of the rotors tested. This review includes descriptions, paraphrased from the papers cited, of the behavior of rotors and helicopters in vortex ring state.

In many cases it was necessary for the purposes of the present work to obtain the rotor inflow from the test data as originally published. The inflow data obtained from the mean performance, for a single rotor in axial flow, are presented with this review. Then the measured data for nonaxial flow and for two rotors are presented. Finally the VRS boundaries and the available information on unsteadiness are discussed.

**Lock and Glauert (1926)**

Lock (refs. 1, 2, 4) produced the earliest data commonly cited for a rotor in vortex ring state. A 3-ft diameter, two-bladed propeller was tested in a 7-ft wind tunnel, for axial flow only. The blades were twisted with a constant geometric pitch, with a ratio of pitch to diameter of \( P/D = 0.3 \). The rotor root cutout was 0.167, and the solidity \( \sigma = 0.0737 \).

Glauert (ref. 5) obtained the rotor inflow for these tests, using the measured thrust and collective. For the data from reference 2, results were obtained based on the uncorrected tunnel velocity \( (f) \) and the velocity measured at the plane of the airscrew disk \( (f1) \). For the data from reference 4, only the uncorrected tunnel speed was used.

The results were presented in several reports (refs. 4, 5, 10, 16). Figure 7 shows the data. Evidently the influence of the wind tunnel was significant, for the inflow was actually less than momentum theory in the turbulent wake and windmill brake states. The inflow value at hover in contrast was substantially greater than momentum theory \( (\kappa = 1.4) \). Comparison with other data sets confirms that these results are not accurate in vortex ring state.

Glauert (ref. 5) also considered data obtained by Munk (ref. 3). These data were from a test of windmilling 0.60-m diameter propellers in a 5-ft open jet wind tunnel. The data give a drag coefficient of about \( C_D = (2v_h / V)^2 = 1.70 \) and 1.57 for two propellers, which is significantly higher than the drag of a parachute. A more reasonable result is \( V / v_h = 1.8 \) or so at autorotation (ref. 52), hence \( C_D = 1.2 \).

**Hafner (1947)**

Hafner (ref. 11) noted that the results of wind tunnel experiments with propellers in axial flow (Lock) did not give very satisfactory agreement with performance of full size rotors. Hafner collected various (very incomplete) data from tests on the Hafner Gyroplane, and from other investigators, and produced a new presentation of the induced flow. When Stewart (ref. 12) presented Brotherhood's results, Hafner observed that his curve was based on 20% theory, 20% experimental data, and the remainder being pure guess-work.

**Reeder and Gustafson (1949)**

Reeder and Gustafson (ref. 15) conducted flight tests of a Sikorsky R4 helicopter. In determining the power required at zero airspeed with varying rates of descent, a region was encountered in which control could not be maintained. If the power was insufficient to maintain descent at less than 500 ft/min, the helicopter would slowly increase its vertical velocity. At about 500 ft/min, the vibration became quite pronounced. Rather violent, random yawing motions then occurred with some roll, the rate of descent increased rapidly, the rotational speed of the rotor varied noticeably, and more often than not the helicopter would eventually pitch nose down and recover.
by gaining speed, despite application of considerable rearward control. This behavior had many variations which apparently depended on small horizontal velocities and on power conditions. In some cases the vibration was encountered at only 300 ft/min. Loss of control appeared most severe when the power was as high as possible at the required rate of descent. No trouble was encountered for power settings permitting steady descents of about 1500 ft/min and higher. Motion picture studies of tufted blades during some of these cases showed no stalling, but did show pronounced and irregular blade bending.

**Brotherhood (1949)**

Brotherhood (ref. 16) conducted flight tests on a Sikorsky R4-B (Hoverfly Mk. I), obtaining the rotor inflow from both power and blade angle measurements. These results were earlier reported by Stewart (ref. 12), who also provided a good description of VRS. The R4-B was a three-bladed helicopter with untwisted blades and a solidity of 0.0576. The disk loading was 2.35 lb/ft² for the test. The measurements included the weight (giving rotor thrust, neglecting download), blade angle, engine conditions, rotor speed, and rate of descent. Engine power was obtained from the maker's charts for a given manifold pressure and engine speed. An estimate of the combined transmission loss, engine cooling power, and tail rotor power was subtracted. Finally, a constant value of profile power was subtracted, and the inflow from power was calculated as \( V_z + v = P/T \). The inflow from blade angle was calculated using blade element theory, with the measured thrust, rotor speed, and collective.

Figure 8 shows Brotherhood's results for the inflow, along with Hafner's curve, and Brotherhood's version of Lock's data. These results are more reasonable for \( V_z/v_h \) at ideal autorotation, but the inflow does not exhibit the negative slope of \( V_z + v \) vs. \( V_z \) that implies the flight dynamics instability.

**Drees (1949)**

Drees (refs. 17–20) conducted an investigation of the inflow states of a rotor. A flow visualization test of a small rotor (refs. 18 and 19) produced excellent pictures illustrating vortex ring state (such as fig. 1). Drees identified a region of roughness, in vertical flight for \( V_z/v_h = -0.62 \) to \(-1.53\), extending in forward flight to \( V_z/v_h = 1.0 \). In this region the behavior is very rough, in attitude as well as in control, and unexpected loss of altitude and/or large nose-down pitching moments may occur. Drees noted that an unstable increase of collective pitch and/or power is necessary to maintain the relative position of the helicopter. The cause of the nose-down pitching moment was identified as the tailboom operating in an upflow of rather high velocity, giving a nose-down pitching moment, particularly if the boom is not streamlined.

The rough behavior of the helicopter in vortex ring state was attributed to the unstable character of the flow. During the flow visualization tests (ref. 20), a periodic tumbling motion of the rotor disk was observed, caused by the fact that a complete vortex ring around the tip circle was never obtained. If the vortex on one side of the disk was building up, the vortex on the other side was seeking to get free to be carried away with the surrounding air. A moment later a new vortex was formed to replace this last one. The rough behavior was more pronounced for descent in forward flight than in vertical flight, but a very regular periodicity was observed. The rotor disk tumbled regularly with the same period as the shedding of the trailing vortices. The period of the model rotor was about 2 seconds. At a higher forward speed the rough behavior of the rotor in the vortex ring state disappeared because the vortices were blown away before they were able to build up a vortex ring around the rotor.

**Castles and Gray (1951)**

Castles and Gray (ref. 21) conducted a wind tunnel test of rotors operating in vortex ring state. Four rotors were tested: constant chord, untwisted, 6-ft diameter; 3:1 taper, untwisted, 6-ft diameter; constant chord, –12 deg twist, 6-ft diameter; and constant chord, untwisted, 4-ft diameter. Each rotor had a thrust-weighted solidity of \( \sigma = 0.05 \), with NACA 0015 airfoils. The wind tunnel was 9-ft diameter, open jet, with a 10-ft long test section. The rotors were operated in axial flow.

The errors in the data obtained by Lock (ref. 4) were attributed to elastic twist and an incorrect velocity. Castles and Gray corrected their results for the blade dynamic twist (the elastic torsion produced by the propeller moment). This correction was 11–18% of the collective for the first rotor, and 2–6% for the other rotors. They measured the approximate equivalent free-stream velocity, based on the wind tunnel fan speed. The data presented in reference 21 include the thrust coefficient \( C_T \), and a torque coefficient increment \( \Delta C_Q \) obtained by subtracting the torque coefficient at zero thrust and zero velocity from the measured torque coefficient. Castles and Gray used blade element theory to obtain the inflow from the measured thrust and collective, and from the measured torque increment and collective. For the present paper, the inflow was calculated using \( V_z + v = P/T \), with the climb and induced power estimated by subtracting an estimate of the profile power increase with thrust: \( C_p = \Delta C_Q - \Delta C_{P_0} \). Based on a drag increase with angle of attack of \( \Delta C_{D_0} = 1.25 \alpha^2 \), it follows
\[ \Delta C_{p_0} = \frac{\sigma}{8} \Delta c_{d_0} = \frac{\sigma}{8} \left( 1.25 \left( \frac{6 C}{\sigma a} \right)^2 \right) = 3.125 C_T^2 \]

using \( \sigma = 0.05 \) and \( a = 6.0 \).

Figure 9 presents the inflow data for the four rotors tested, using the results obtained from T&\( \theta \) by Castles and Gray and the results obtained from P/T as described above. No influence of thrust, rotor speed, or blade radius was observed. The influence of twist was described as an increase in rate of descent at ideal autorotation by 10%; peak \( v/v_H \) increased 24%, at 17% higher \( V_z/v_H \); and fluctuations in force and moment very much larger.

The data of Castles and Gray shows a significant influence of twist. The twisted rotor has a distinct negative slope of \( V_z+v \), while the curve is nearly flat for the untwisted rotors. However, the possibility must be considered that there are significant facility effects with a 6-ft rotor tested in a 9-ft wind tunnel.

**Stewart (1951)**

Stewart (ref. 22) described flight experience in vortex-ring conditions with several helicopters: Sikorsky R-4B, R-6, S-51, Bell 47, and Bristol 171. The helicopter behavior varied from mild wallowing on the best type to a complete loss of control on the worst case. These effects were attributed to the turbulent-flow changes in the vortex ring state. The loss of control was thought to be caused by the large changes in pitching moments on the fuselage with small displacements of the helicopter relative to the unusual flow pattern.

For the R-4B, the behavior in VRS was much worse than the other types tested. There was a great deal of wallowing or unsteadiness, random yawing movements, and considerable increase in vibration level. Then there was loss of control in the form of nose-down pitching. Full backward movement of the stick did not prevent violent nose-down pitching, and the helicopter attained a pitch angle of about 40 deg. The flight speed increased rapidly to about 40 mph with a loss in height before control was regained. Decreasing collective pitch when the unsteady conditions were approached precipitated the nose-down pitching. Increase of pitch and power, if applied immediately when the unsteadiness began, could suppress loss of control. But this was only a temporary effect on the R-4B since it had insufficient power to climb clear of VRS.

The R-6 exhibited a general wallowing with harsh vibration, followed by moderate forward tilting. The behavior was similar to the R-4 but much less severe. The forward tilt could be kept to 5–10 deg. Decreasing collective precipitated nose-down pitching, but increase of pitch and power suppressed it, and the helicopter could be climbed clear of the region of roughness.

The S-51 behaved like the R-4B and R-6, with the same type of wallowing, but much less tendency to yaw and the increase in vibration was much less noticeable. The nose-down pitching was less severe than with the R-4B, but more than the R-6.

For the Bell 47, at no time was there a complete loss of control. There was some lateral and longitudinal wallowing, often with a good deal of yawing, and the usual increase in vibration level. There was no violent pitching. The flightpath could be maintained, but with coarse control corrections needed, so it appeared there was a general loss of control effectiveness.

The Bristol 171 exhibited the most satisfactory characteristics, somewhat better than the Bell 47. There was the usual increase in vibration and some wallowing. The behavior was similar to the Bell 47, but not as sensitive. It was easy to suppress the general roughness by increasing pitch and power and climbing clear of the region.

Stewart concluded that the pitching was brought about by effects of the flow on the fuselage. Stewart also compared the helicopter VRS behavior with stall of a fixed-wing airplane. This comparison referred only to the general flight behavior and sensations experienced by the pilot; no aerodynamic relationship in the causes of these effects was implied. There was no question of aerodynamic stalling in the helicopter rotor, a fact proved in that increasing collective pitch during the behavior had a beneficial effect.

**Gessow (1954)**

Gessow and Myers (ref. 23) presented the rotor inflow data from tests of a YR-4B helicopter (refs. 9 and 14), but conclusions were primarily based on the results of Lock and Brotherhood. Gessow (ref. 25) presented a curve that was a composite of flight and wind tunnel measurements (refs. 4, 5, 10, 16, 20, 21), including the data of Castles and Gray. Figure 10 shows these inflow curves.

Gessow (ref. 25) identified the most important part of the vortex ring state region as the rates of descent where the slope of the curve is unstable, because the induced velocity increases at a faster rate than does the descent velocity. At fixed pitch, this results in a reduction in thrust with increased descent velocity. This type of instability is a contributing factor toward the well-known troubles that pilots experience when attempting to maintain steady flight in this region.
Yeates (1958)

Yeates (ref. 27) conducted flight tests of a tandem helicopter in descending flight. Vortex ring state was entered from hover or 10 knots, by reducing power until the helicopter started to descend. The helicopter appeared to wallow around while the rate of descent steadily increased. The pilot recovered by pushing nose down and increasing forward speed. The vibration measured in vortex ring state was characterized by large irregular pulsing of the vibration envelope at a random frequency, which probably indicated shedding of vortices. The observable occurrence of vortex ring state (pulsative character of the vibration envelope) appeared to extend from $V_z/v_h = -0.23$ to $-1.25$, near zero forward speed.

For descent with forward speed near zero, the vibration envelopes were characterized by large irregular peaks, especially near $V_z/v_h = -1.03$. The vibration envelopes seemed to pulse at random frequency that appeared to vary in response to irregular shedding of vortices.

For descent with forward speed, 10 knots ($V_x/v_h = 0.67$) appeared to be near the limiting speed for observable effects of vortex ring state. The pulses had more regular occurrence with forward speed than in hover, possibly indicating more regular shedding of vortices. Relative to hover, the mean vibration level increased for the rear rotor and decreased for the front rotor.

Yaggy and Mort (1962)

Yaggy and Mort (ref. 28) conducted a wind tunnel test of a 9.5-ft diameter flapping propeller operating in descent. The facility was the NASA 40 by 80-Foot Wind Tunnel. The propeller tested had a solidity of $\sigma = 0.203$ and twist of $-22.4$ deg. The measured mean thrust and collective were used to obtain the inflow for the present work (with $B = 0.97$, $r_c = 0.26$, $a = 5.7$). In order to produce a reasonable value of inflow at hover ($\kappa = 1.18$), the measured propeller pitch (70% radius) was corrected to 75% radius collective by adding $0.05 \times \tan(22.4) = 1.125$ deg. This suggests that the propeller was tested with positive twist (climb configuration), or could reflect the airfoil zero lift angle. For the present work, the thrust oscillations were obtained from the data presented for minimum and maximum thrust. A 12-ft diameter rigid propeller was tested as well, but attempts to obtain well behaved inflow results for this propeller were not successful.

Figure 11 shows the inflow results for axial flow. The propeller was also tested at $\alpha = 75, 60, 45, 30$ deg.

Scheiman (1964)

Scheiman (ref. 29; see also ref. 41) conducted flight tests of an H-34 helicopter, including operating conditions in descent. The operation at various rates of descent and forward speeds was characterized as rough, moderate roughness, or heavy roughness. For some cases the blades were flapping erratically, or the flight was unsteady. For the most extreme conditions the helicopter was temporarily out of control, or there was a temporary loss of directional control. The data are not, however, sufficient to contribute to the quantitative definition of the inflow.

Washizu (1966)

Washizu, Azuma, Koo, and Oka (ref. 30) conducted a moving track test of a 1.1-m diameter rotor in descent, for both axial and nonaxial conditions. The rotor had a solidity of $\sigma = 0.0573$ and $-8.33$ deg twist. Large, semi-periodic thrust variations were observed, with little torque variation. The data were low-pass filtered at a frequency of 14 Hz. Hover data were used to estimate the profile torque, and then the measured thrust and power gave the inflow, $V_z + v = P/T$. For each collective and speed, several inflow values were plotted, corresponding to the fluctuations in the thrust. For the present work, the maximum and minimum inflow values from each set were averaged, to obtain the mean value. In addition, the blade element expression was used to derive $C_T$ from the inflow and collective values, and hence estimate the thrust fluctuation AT/T.

Figure 12 shows the inflow results for axial flow. The rotor was also tested at $\alpha = 70, 50, 20$ deg.

Washizu, Azuma, Koo, and Oka (ref. 31) tested a tandem rotor system, for both axial and nonaxial conditions ($\alpha = 90, 80, 60$ deg). The 1.1-m diameter rotors had a solidity of $\sigma = 0.0573$ and $-8.33$ deg twist (as for the single rotor test). The rotor overlap was 17% of the diameter. Both rotors were set to almost the same thrust at the hovering state. The rotors did not have cyclic pitch control.

Azuma (1968)

Azuma and Obata (ref. 32) tested a 1.1-m diameter rotor in a 3-m wind tunnel, operating in axial descent. The rotor had a solidity of $\sigma = 0.0573$ and $-8$ deg twist. Measurements were made of the rotor inflow, as well as the thrust and torque variations. It was observed that for $V_z/v_h > -0.8$ the inflow variation was mainly in the tip region. For $V_z/v_h = -0.8$ to $-1.2$, the inflow variation was mainly inboard. For $V_z/v_h < -1.2$, the inflow produced by descent rate gave a net upward velocity inboard.

Empey and Ormiston (1974)

Empey and Ormiston (ref. 33) tested a 1/8-scale AH-1G helicopter (main rotor and tail rotor) in a wind tunnel. The fuselage and fin were mounted for flow visualization, but not for force measurements. Tail rotor only
measurements were made for rotor $\alpha = 90$ to 0 deg (helicopter yaw), and collective pitch from 0 to 18 deg. The tail rotor had a diameter of 1.061 ft, solidity of $\sigma = 1.051$, and no twist. The thrust and collective measurements were used to obtain the inflow for this paper ($B = 0.97$, $r_c = 0.272$). In order to reduce the variation of the inflow results at high collective, a lift curve slope of $c_{l_{0}} = 6.2[1−0.5(6C_l/\sigma)^2]$ was used.

Figure 13 shows the inflow results for axial flow. The rotor was also tested at $\alpha = 80$ to 0 deg. In contrast to the results of Castles and Gray for an untwisted rotor, figure 13 shows a distinct region of negative slope for the $V_{x} + V$ curve.

**Xin and Gao (1993)**

Xin and Gao (refs. 36, 38) conducted a whirling beam test of rotors in climb and descent, axial and nonaxial flow. Three 1.1-m diameter rotors were tested: $\sigma = 0.0694$ and no twist; $\sigma = 0.0845$ and −5.5 deg twist; $\sigma = 0.0845$ and −9.22 deg twist. Oscillations in both thrust and torque were observed. Mean and oscillatory thrust and torque data were presented, referenced to the thrust and torque at hover. A vortex ring state boundary was determined, based on inflections in $Q/Q_{hover}$ vs. $V_{z}$. Attempts in the present investigation to transform the data into rotor inflow, which required estimating the hover thrust and torque, were not successful.

**Felker and McKillip (1994)**

Felker and McKillip (ref. 37) reported a long track test of a 2.44-m diameter rotor in axial flight. The rotor solidity was $\sigma = 0.0663$, and the blade twist was −8 deg. Both thrust and torque measurements were presented. Attempts in the present investigation to derive consistent and reasonable inflow results from both the thrust and torque data were not successful.

**Padfield (1996)**

Padfield (ref. 39) describes vortex ring state as follows. At very low flight speeds (less than 10 knots) and moderate rates of descent (between 500 and 1500 ft/min, depending on disk loading), the rotor flow becomes entrained in a toroidal shaped vortex ring that leads to extensive recirculation in outer regions of the rotor disk. This vortex ring is very sensitive to small changes in the flow direction, and rapid fluctuating asymmetric development of the ring can lead to fierce moments being applied to the fuselage.

As described by Padfield, the response to collective pitch at steep angles of descent can reverse, so increased collective is required to descend more rapidly. Operating near vertical descent, the helicopter can enter a state where high rates of descent can build up rapidly, and erratic pitch and roll oscillations can develop. In addition, control effectiveness can change markedly, particularly collective control, with normal recovery techniques seeming only to exacerbate the situation. Analogous to stall in fixed-wing aircraft, at least in terms of consequences to flightpath trajectory, but quite dissimilar in aerodynamic origin, the vortex ring condition is definitely a state to avoid, especially at low altitude. Flying qualities in vortex ring state become severely degraded and the pilot’s first consideration should be to fly out of the condition.

Padfield states that standard recovery technique involves lowering the nose until sufficient speed is gained that the vortex is washed away, then applying collective pitch to cancel the rate of descent. Different aircraft types have their own peculiar characteristics in vortex ring state. Early tests at RAE produced results from loss of control to mild wallowing instability. The aircrew manual contains entries describing the particular features and best recovery procedures. One such manual notes that rates of descent can build up to 6000 ft/min if vortex ring becomes fully established and that the aircraft pitches sharply nose down if rearward flight is attained. Another refers to an uncontrollable yaw in either direction eventually occurring, and any increase in collective pitch during established vortex ring state creates a marked pitching moment and should be avoided. All make clear that considerable height will be lost if the vortex ring state is allowed to develop fully before recovery action is taken.

Padfield describes an RAE test of the Wessex 2. The vortex ring region was first encountered at 800 ft/min descent. With rate of descent at about 800 ft/min, the helicopter settled into vortex ring state. The rate of descent increased through 2000 ft/min in spite of increasing power to the hover torque reading. The vibration level increased, and a considerable amount of control activity was required to hold attitude, though cyclic controls always responded normally. Applying full power produced a rapid reduction of rate of descent as soon as the rotor moved into clear air. Applying collective prior to lowering the nose resulted in a height loss of about 150 ft during recovery, whereas if collective was lowered first and then increased when airspeed developed, height loss was about 500 ft.
Brinson and Ellenrieder (1998)

Brinson and Ellenrieder (ref. 40) measured the velocities in the wake of a rotor operating in vortex ring state. Hot wire anemometry was used to measure the flow of a 1.54-m diameter rotor in a 2.6×5.5-m wind tunnel. According to Brinson and Ellenrieder, vortex ring state is characterized by sudden loss of altitude, large changes in control effectiveness (especially collective) and erratic, often violent low frequency pitch and roll oscillations. The wake measurements showed that within vortex ring state, recirculation occurred across most of the disc plane and a conical region of reverse flow existed at the disc center. Wake penetration was very limited at all but the lowest descent velocities. Periodically a partial collapse of the recirculation occurred, causing high local velocities and a highly unsteady flow regime. When vortex ring state was fully developed, a symmetric, low frequency, stable limit cycle behavior was evident in the inflow dynamics, blade dynamics and rigid body dynamics. The symmetric vertical response of the rotor and affected air mass was characterized by a state where almost zero cyclic flapping occurred and where inflow, blade coning, and rigid body pitch/roll were all in phase. The frequency of the limit cycle increased slightly as the descent angle reduced and the energy was highly concentrated in a narrow band around 1 Hz ($\omega R/v_h = 0.62$).

Newman (2001)

Newman, Brown, Perry, Lewis, Orchard, and Modha (refs. 42 and 50) developed an expression for a vortex ring state boundary, based on the following concepts. The vorticity in the wake sheet is convected at the mean of the velocity of the free stream outside the wake and the velocity of the flow inside the wake. A measure of the balance between vorticity deposition by the rotor in the wake ($v_h$) and the rate at which vorticity is transported away from the rotor is

$$V_{WTW} = \sqrt{v_x^2 + (v_z+v)^2}$$

VRS occurs at a critical value of $V_{WTW}/v_h$, below which the net velocity through the rotor is insufficient to allow convection of vorticity away from the rotor. $V_{WTW-CRIT}/v_h = 0.74$ matches the axial flow boundary of Drees and Hendal, but is not good in forward flight. So they postulate that $V_x$ is less effective than $V_z$:

$$V_{WTVE} = \sqrt{k^2v_x^2 + (v_z+v)^2}$$

$V_{WTVE-CRIT}/v_h = 0.74, k = 0.65$ (0.60 to 0.74 is good) matches the boundary of Drees and Hendal, and compares well with data from Brotherhood, Yaggy and Mort, Azuma and Obata, and Washizu. $V_{WTVE}$ represents the balance between the rate of growth of vortical structures produced by instability in the rotor wake and the rate at which these structures are convected downstream of the rotor.

Brown, Newman, Leishman, and Perry (ref. 49) concluded that the onset of vortex ring state is associated with the collapse of an orderly structure of the rotor wake into a highly disturbed, irregular, aperiodic flow state. Under conditions where the upward component of the velocity normal to the rotor disk plane is a substantial fraction of the average induced velocity downward through the rotor disk, such as when descending at high rates or steep angles, the rotor can encounter vortex ring state. Under VRS conditions, the wake vorticity produced by the blades cannot convect away from the rotor and accumulates near the rotor plane, clumping or bundling together and producing large, aperiodic airloads. In aerodynamic terms, the onset of VRS is associated with collapse of an orderly structure of the rotor wake into highly disturbed, irregular, recirculating flow. Analysis of the stability of the wake was presented to show that the location of the boundary of VRS is influenced by the detailed structure of the rotor wake prior to its breakdown. Time-accurate calculations of the evolution of the rotor wake in VRS suggest that location of the boundary of VRS and the depth of the VRS regime are sensitive to the blade spanwise loading distribution, which is influenced by blade twist. Such effects are significant even at low disk loading, but at high thrust where rotor stall may be encountered, rotors with and without significant blade twist show marked, and somewhat counterintuitive, differences in behavior under VRS conditions.

Betzina (2001)

Betzina (ref. 43) conducted a wind tunnel test of a single 4-ft diameter rigid tiltrotor operating in descent. The facility was the NASA 80 by 120-Foot Wind Tunnel. The rotor tested had a rigid hub, with no gimbal and no cyclic control—a solidity of $\sigma = 0.1194$ and twist of −41 deg (nonlinear). The tests were conducted with just the rotor; with the rotor and an image plane (to simulate the other rotor of a tiltrotor aircraft); and with a rotor, wing, and image plane. The wing modelled the V-22 geometry, with a flap deflection of 72.5 deg and a nacelle angle of 95 deg. For the present investigation the measured mean thrust and collective were used to obtain the inflow (with $B = 1.0, r_c = 0.2, a = 6$). Measured thrust and power were used to obtain the inflow with profile power $C_{P_0} = 0.000327$ (based on the hover performance). In order to obtain similar inflow results from both T&$\theta$ and P/T, an increment of 3.7 deg was added to the collective pitch, accounting for the airfoil zero lift angle.
Records four seconds long were taken (120 revs, minimum frequency 0.25 Hz). The data were low-pass filtered at 100 Hz (3.33/rev). There were high magnitudes of 3/rev and 6/rev harmonics caused by the rigid mounting of the rotor blades and hubs, and smaller peaks at other harmonics from 1/rev to 5/rev. So filtered rotor thrust time histories were obtained by removing all frequency content above 20 Hz (0.67/rev) using digital post-processing, and then evaluating the rms of the resulting filtered time histories.

Figure 14 shows the inflow results for axial flow. The rotor was also tested at $\alpha = 80$ to 0 deg.

Betzina concluded that vortex ring effects begin at descent angles between 30 to 40 deg. No VRS effects were found at descent angles less than 20 deg. VRS causes mean rotor thrust reductions, thrust fluctuations, and an effective reduction in the rotor’s lift curve slope. Betzina identified the negative damping (roll damping for a tiltrotor) implied by the change in slope of thrust vs. $\alpha$, and defined a VRS boundary based on the maximum mean thrust.

**Taghizad (2002)**

Taghizad et al. (refs. 44, 46, 47) conducted flight tests of a helicopter operating in vortex ring state. The aircraft was an SA 365N Dauphin 6075, tested at the French Flight Test Center (CEV). The aircraft test weight was 3500 kg. The 5.965-m diameter main rotor had a solidity of $\sigma = 0.083$ and twist of −10 deg. The mean induced velocity of the rotor was estimated from power measurements. The main rotor power was measured in flight. The profile power was calculated using the HOST analysis. Estimates of fuselage drag and downwash were used to determine the rotor thrust.

Figure 15 shows the inflow results for axial flow (ref. 47). The helicopter was also tested at forward speeds of 5, 15, 20, 25, and 40 knots.

Taghizad et al. found the main vortex ring state characteristic to be a sudden drop in vertical velocity $V_z$. An increased level of vibrations was observed when the VRS area was approached. Then VRS started by a sudden increase in the rate of descent. Increasing collective did not stop the $V_z$ fall. During the fall, the helicopter was very unstable and hard to control. VRS effects disappeared beyond a forward velocity of approximately $V_x/v_{hi} = 1$. In a VRS encounter, the pilot’s instinctive reaction to the sudden increase in rate of descent was to increase the collective level to stabilize $V_z$, but the rate of descent was generally insensitive to collective. Increasing collective was an uncertain way to quickly leave VRS, but a forward velocity increase stabilized the rate of descent.

Taghizad et al. concluded that flight in vortex ring state was unpredictable. Two VRS flights starting from close conditions could imply very different helicopter reactions. This chaotic behavior is probably explained by the turbulent flow producing VRS. For the majority of tests, a collective increase alone did not permit the helicopter to leave the VRS regime. Nevertheless, and in contrast to the common assumption, collective increase did not amplify VRS effects. The helicopter was generally insensitive to this command within the VRS area. Collective increase to a level greater than the hover value allowed the helicopter to leave VRS in a few cases, but this behavior was not predictable. VRS flights were also performed without the stabilizer. The helicopter was then more stable in VRS, in agreement with Stewart, although the VRS limits were not affected by the absence of the stabilizer.

The flight tests were conducted with two different flight procedures to enter vortex ring state: from level flight at a given forward velocity, collective input was progressively decreased until the helicopter entered VRS, determining the VRS upper boundary; or from descending flight, forward velocity was progressively decreased until VRS was reached, determining the VRS lateral boundary. For VRS encountered by progressive collective decrease at fixed forward velocity, initially each collective decrease produced a small $V_z$ decrease, then the last collective decrease produced a rate of descent that typically changed from −5 m/s to −15 m/s. It was assumed that the helicopter left the VRS regime when the rate of descent was stabilized. VRS encountered by deceleration was more complex. Typically it was impossible to maintain a constant rate of descent despite an increase in collective level. Moreover, $V_z$ seemed more linked to forward velocity than to collective pitch. The VRS lateral boundary was more difficult to determine than the upper boundary, so fluctuations level was the best indicator to determine the VRS lateral boundary, instead of $V_z$ drop.

Taghizad et al. observed that power and collective in trimmed vertical descents remained almost constant. They concluded that this insensitivity to collective explained the $V_z$ drop when entering the VRS regime. Descending at −5 m/s, any small reduction of collective would lead to a new trim condition corresponding to a rate of descent greater than −13 m/s, leading to the abrupt fall of $V_z$.

A boundary for VRS was developed based on the mean convection of the tip vortices:

$$\sqrt{(V_x/k)^2 + (V_z/v/2)^2} \leq \varepsilon$$

with $k = 4$ and $\varepsilon = 0.1$ for severe fluctuation levels, and the induced velocity $v$ evaluated with an empirical correction in VRS. The factor $k$ accounts for the tendency...
of the vortices to stay in the plane of the disk; $V_{z}+v/2$ is the average of the vertical velocity inside and outside of the slipstream.

**U.S. Navy**

U.S. Navy NATOPS (Naval Air Training and Operating Procedures Standardization) contain descriptions of VRS encounter and recovery. Typically cues begin around 700–800 ft/min rate of descent. The cues include increased roughness followed by rapid buildup in rate of descent, and loss of control effectiveness. Recovery requires increasing airspeed or entering autorotation (altitude allowing).

From H-60B NATOPS: VRS effect is measurable at descent rates above 700 ft/min and airspeeds from 0–20 knots and is worst at descent rates of about 1500 ft/min with airspeeds of 5-10 knots. Fully developed VRS is characterized by an unstable condition where the helicopter experiences uncommanded pitch and roll oscillations, has little or no cyclic authority, and achieves a descent rate which may approach 6000 ft/min. For retreat from the onset of the vortex ring state, reduce collective and increase airspeed. Power should be increased once the airspeed is above approximately 20 knots. The only solution for fully developed VRS is to enter autorotation to break the vortex ring and, when cyclic authority is regained, increase forward airspeed.

From H-46D NATOPS: Power settling in an uncommanded rate of descent is caused by the helicopter encountering the vortex ring state as it settles into its own downwash. Power settling is not restricted to high gross weights or high-density altitudes. It may not be recognized and a recovery effected until considerable altitude has been lost. Helicopter rotor theory indicates that it is most likely to occur when descent rates exceed 800 ft/min during vertical descents initiated from hover and steep approaches at less than 40 knots. Indications to the pilot are rapid descent rate increase, increase in overall vibration level, and loss of control effectiveness. Recovery requires forward cyclic and decreased collective.

From MH-53E NATOPS: Power settling is the inability to stop a rate-of-descent when the helicopter begins to settle into a vortex ring state. A vortex ring state occurs when the velocity of the downwash from the rotor is approximately equal to the rate of descent of the helicopter, causing the air to recirculate up, around, and back down through the rotor disc. The decreased rotor efficiency that results will cause a loss of lift, increased roughness, and poor control response. Settling may not be recognized as power settling, and a recovery may not be effected until considerable altitude has been lost. Recovery is best made by increasing forward speed and decreasing collective pitch. Increased collective pitch may further worsen the condition. Power settling is most likely to occur during conditions of high gross weight, high density altitude, low airspeed, downwind landing, and descending powered flight. Flight conditions causing power settling should be avoided at low altitudes because of the loss of altitude necessary for recovery.

**U.S. Army**

The U.S. Army Field Manual FM 1-203 (Fundamentals of Flight) contains a description of VRS encounter and recovery. The field manual defines settling with power as a condition of powered flight in which the helicopter settles in its own downwash, a condition also referred to as the vortex ring state. Operating conditions conducive to settling with power are a vertical or near-vertical descent of at least 300 ft/min and low forward speed. The rotor system must also be using some of the available engine power (20 to 100 percent). During VRS, roughness and loss of control occur because of the turbulent rotational flow on the blades and the unsteady shifting of the flow along the blade span.

The field manual has a figure that shows regions of light and severe turbulence and thrust variation as a function of horizontal speed and vertical speed, based on the ΔT/T boundaries of Washizu. From this figure it is concluded that VRS can be completely avoided by descending on flightpaths shallower than about 30 deg. Power-settling is described as an unstable condition, in which the rate of descent can reach extremely high rates. If a large amount of excess power is applied, recovery can begin during the early stages of power-settling. If the sink rate reaches a higher value, power will not be available to alter the vortex ring state of flow.

According to the field manual, pilots tend to recover from a descent by applying collective pitch and power. If not enough power is available for recovery, applying collective pitch may aggravate power-settling. This results in more turbulence and a higher rate of descent. The pilot can recover by increasing airspeed and lowering collective pitch. Increasing airspeed is the preferred method of recovery, since usually less altitude is lost by this method than by the method of lowering collective pitch. In tandem-rotor helicopters, recovery should be attempted using lateral cyclic and pedal inputs to make the transition to directional flight. Longitudinal cyclic inputs (differential collective) may aggravate the situation.

**Assessment of Test Data**

Based on this review, there are six reported wind tunnel and flight test programs that provide data on rotor mean inflow in vortex ring state that can be used in the present investigation: Castles and Gray (ref. 21, axial
only); Yaggy and Mort (ref. 28); Washizu, Azuma, Koo, and Oka (refs. 30 and 31), and Azuma and Obata (ref. 32, unsteady only); Empey and Ormiston (ref. 33); Betzina (ref. 43); and Taghizad et al. (refs. 44, 46, 47).

**NONAXIAL FLOW**

A number of investigations have been conducted to measure the vortex ring state behavior of rotors in nonaxial flow.

Yaggy and Mort (ref. 28) tested a propeller at \( \alpha = 90, 75, 60, 45, 30 \) deg.

Washizu, Azuma, Koo, and Oka (ref. 30) tested a rotor at \( \alpha = 90, 70, 50, 20 \) deg; and also (ref. 31) tested a tandem rotor system at \( \alpha = 90, 80, 60 \) deg.

Empey and Ormiston (ref. 33) tested a rotor at \( \alpha = 90 \) to 0 deg.

Betzina (ref. 43) tested a tiltrotor at \( \alpha = 90 \) to 0 deg.

Taghizad et al. (ref. 46) tested a helicopter at forward speeds of 0, 5, 15, 20, 25, 40 knots; corresponding to \( V_x/v_h = 0, 0.23, 0.69, 0.92, 1.16, 1.85 \).

Figures 16 to 21 show the inflow results for nonaxial flow. For tests conducted at constant rotor angle of attack, the inflow is plotted both as a function of vertical speed \( V_Z \) and as a function of total speed \( V \).

**TWO ROTORS**

Washizu, Azuma, Koo, and Oka (ref. 31) tested a tandem rotor system, for both axial and nonaxial conditions. Figure 22 compares the inflow results for a single rotor with the results for the front and rear rotors of the tandem configuration. It was concluded that the results were about the same for the front and rear rotors, and for the single and tandem rotors. However, the periodicity of the thrust fluctuations, remarkable for a single rotor operating in slight oblique descent (60 deg), was hardly observable for the tandem rotor.

Betzina (ref. 43) conducted a wind tunnel test of a tiltrotor operating in descent. The tests were conducted with just the rotor; with the rotor and an image plane (to simulate the other rotor of a tiltrotor aircraft); and with a rotor, wing, and image plane. Figure 23 compares the inflow results (both from thrust and from torque) of the three configurations at \( \alpha = 90, 60, \) and 30 deg. A significant difference in the inflow was found at angles from 50 to 70 deg (fig. 23b), between the rotor only and rotor with image plane configurations.

Betzina observed that the presence of the image plane may help to stabilize the flow, reducing the oscillatory thrust magnitude. However, the image plane configuration may not be representative of a two-rotor configuration, where two unsteady rotor wakes are interacting with each other. It is anticipated that a two-rotor configuration could have greater thrust fluctuations than an isolated rotor. The image plane may not accurately represent the mean effect of another rotor and certainly was not simulating unsteady effects of two interacting rotor wakes. Nevertheless, the fact that an image plane had a large effect indicated that a second rotor would probably cause significant, although possibly different, effects.

**UNSTEADINESS IN VRS**

Vortex ring state is an inherently unsteady aerodynamic phenomenon. The unsteadiness can be characterized in several ways. Here it is the total thrust and torque of the rotor that is of interest. The characteristic frequency, or more generally the spectrum, of the loads has been measured. It is expected that the primary scaling of the frequency will be \( \omega \sim v_h/R \). The minima and maxima of the thrust and power can be used to define minima and maximum of the inflow, which would be meaningful for the low frequency variations. The oscillatory or fluctuating loads (half peak-to-peak or three times the rms) are an appropriate description of the vibration associated with vortex ring state.

Castles and Gray (ref. 21) observed that the fluctuations in force and moment were very much larger for the twisted rotor than for the untwisted rotor.

Yeates (ref. 27) conducted flight tests of a tandem helicopter. For descent with forward speed near zero, the frequency was 1.0 to 1.5 Hz at \( V_x/v_h = -0.4 \); 0.7 to 0.8 Hz at \( V_x/v_h = -0.7 \). For descent with forward speed of 10 knots (\( V_x/v_h = 0.67 \)), the frequency was 1.4 Hz at \( V_x/v_h = -0.3 \). Table 2 summarizes the corresponding values of \( \omega R/v_h \).

Yaggy and Mort (ref. 28) conducted a wind tunnel test of a flapping propeller. The thrust oscillations were as large as \( \pm 75\% \). The period of oscillation was about \( 0.2\pm0.03 \) sec (about 0.3/rev) for all conditions, independent of test parameters. Table 2 gives the value of \( \omega R/v_h \).

Washizu, Azuma, Koo, and Oka (ref. 30) conducted a moving track test of a rotor. Large, semi-periodic thrust variations were observed, with little torque variation. In
the spectrum presented, there is a high frequency period of 1–2 sec and a low frequency period of 5–10 sec. Table 2 gives the values of \( \omega R/v_h \), using \( C_T = 0.002–0.005 \).

Washizu, Azuma, Koo, and Oka (ref. 31) tested a tandem rotor system. The periodicity of the thrust fluctuation, remarkable for a single rotor operating in slight oblique descent (60 deg), was hardly observable for the tandem rotor.

Azuma and Obata (ref. 32) tested a rotor in a wind tunnel. A torque variation for high pitch was observed, especially with untwisted blades. The maximum \( \Delta T/T \) (above 15%) was found at \( V_z/v_h = 0.8 \); the corresponding \( \Delta Q/Q \) was less than 2.5%.

Xin and Gao (refs. 36, 38) conducted a whirling beam test of rotors. They observed oscillations in both thrust and torque. The spectrum presented has principal frequencies of 1.64, 3.01, and 0.98 Hz for \( V_y/v_h = 0.75 \). Table 2 gives the values of \( \omega R/v_h \), calculated using \( C_T = 0.0055 \).

Betzina (ref. 43) conducted a wind tunnel test of a tiltrotor. With the image plane, the highest oscillatory thrust (30–52%) was observed for \( \alpha = 50–80 \) deg. The region of highest oscillation was centered at \( V_x/v_h = 0.37 \), \( \alpha = 65 \) deg, \( V_z/v_h = 0.8 \) (similar to the region from Washizu, but the tiltrotor without an image plane was different). The maximum oscillatory thrust was 52% at \( \alpha = 60 \) deg, and the spectra showed a dominant frequency below 0.25 Hz (hence a period longer than the data record). Table 2 gives the value of \( \omega R/v_h \), based on \( C_T = 0.012–0.015 \) and \( V/V_{tip} = 0.06 \). The isolated rotor had lower thrust fluctuations at descent angles from 30–50 deg, but significantly higher (up to 91%) at higher \( V_z/v_h \) and \( \alpha = 80–90 \) deg. The spectra showed a peak at 0.5 Hz (0.25 Hz for \( \alpha = 60 \) ). Table 2 gives the values of \( \omega R/v_h \).

Taghizad et al. (refs. 44, 46, 47) conducted a flight test of a helicopter. For simulations, the unsteadiness was modelled by adding a fluctuating inflow component, calculated as the sum of contributions at discrete frequencies with random phase. The frequencies were obtained from Xin and Gao (scaled down by a factor of 1.74), and the amplitudes as a function of \( V_z \) from Azuma.

The measured frequency data, summarized in table 2, do not exhibit any clear trends. Figures 24 and 25 present the minimum and maximum inflow, from the wind tunnel tests of Yaggy and Mort (ref. 28) and Washizu, Azuma, Koo, and Oka (ref. 30) in axial flow. The minimum inflow has a much reduced value of the negative slope of the \( V_z+v \) curve in VRS, perhaps eliminated entirely in figure 25.

Figures 26 to 29 present the fluctuating thrust, from the wind tunnel tests of Yaggy and Mort (ref. 28), Washizu, Azuma, Koo, and Oka (ref. 30), Azuma and Obata (ref. 32, only axial flow, but including torque fluctuations), and Betzina (ref. 43). The \( \Delta T/T \) data show peaks of 40 to 80%. To facilitate comparisons of the data, contour plots of constant \( \Delta T/T \) as a function of \( V_x \) and \( V_z \) were prepared. The contours were constructed by fitting \( \Delta T/T = f(V_x/v_h, V_z/v_h) \) or \( t = f(x,z) \) to a second order polynomial:

\[
t = ax^2 + bxz + cz^2 + dx + ez + f
\]

\[
= a(x-x_0)^2 + b(x-x_0)(z-z_0) + c(z-z_0)^2 + t_0
\]

using a least-squared-error identification of the coefficients. The contour for a given value of \( \Delta T/T \) is then an ellipse. Figures 30 to 32 show the contours for the tests that were performed in nonaxial conditions. The three rotors have a wide range of solidity and twist, and the thrust fluctuation data exhibit very different character. Figure 31 also shows the contours that Washizu constructed for \( \Delta T/T = 0.15 \) and 0.30 (ref. 30). The contours generated here are somewhat different, because of the influence of the axial flow conditions (\( V_x = 0 \)) on the identification.

**VRS BOUNDARIES**

A number of the boundaries that have been proposed for vortex ring state are presented in figure 33. The boundary from the ONERA VRS model is based on the \( V_z \) drop encountered in helicopter flight tests. The boundary for the VRS model of the present investigation is based on the flight dynamics stability of helicopters and tiltrotors. The other boundaries are based primarily on the vibration and roughness that a helicopter encounters in VRS. Of particular note are the boundaries that Washizu constructed for \( \Delta T/T = 0.15 \) and 0.30 (ref. 30), which are found in numerous documents on VRS (including the U.S. Army Field Manual FM 1-203, Fundamentals of Flight).

Figure 34 presents helicopter VRS boundaries based on the D6075 flight tests of Taghizad et al. (refs. 44, 46, 47). The vertical velocity drop primarily defines the boundary, but points where fluctuations increase are also shown. The boundary from the ONERA VRS model is included. Taghizad, et al. concluded that at a forward velocity lower than 20 km/hr, the upper boundary appears at a low and approximately constant rate of descent (\( V_z \) about \( -4 \) m/sec).

Figure 35 presents tiltrotor VRS boundaries, based on flight tests of the V-22 (ref. 51). The key points are where
the tiltrotor experienced a roll-off as a result of VRS encounter. Approach to vortex ring state is initially indicated by an increase in thrust fluctuations. The points shown correspond to thrust fluctuations greater than 2.5%. Then asymmetries in the rotor behavior appear, particularly an increase in differential thrust error.

Figure 2 presented both the helicopter $V_z$ drop and tiltrotor roll-off data. In terms of flight dynamics stability, figure 2 demonstrates that VRS primarily scales with the velocity $v_h = \sqrt{T/2\rho A}$. Rotor solidity and twist and aircraft configuration evidently have a secondary influence.

**VORTEX RING STATE MODEL**

A model is required of the rotor mean inflow in VRS. The model must be applicable to simple calculations and real-time simulation, and include the character that leads to the unstable flight dynamics in vortex ring state. The VRS model presented here is an empirical extension of momentum theory. To facilitate development and applications, the model must be parametric (although a tabular version could be used for real-time simulation).

Development of the VRS model begins by establishing a vortex ring state stability boundary as a function of $V_x$ and $V_z$, based on the helicopter and tiltrotor flight test data (fig. 2). This stability boundary is where the inflow curve has zero slope, $d(V_x+v)/dV_z = 0$ (fig. 3). Figure 36 summarizes the values of the local minimum and maximum of the mean inflow in vertical descent, from the available test data. The stability boundary shown in figure 2 is constructed such that it encloses most of the flight test points, and such that the $V_z$ values for vertical descent ($V_x = 0$) are consistent with figure 36. The equation used to define this boundary was chosen for convenience in the model development. An inflow curve in VRS that has zero slope on the specified boundary must be constructed. This construction is performed in two steps, illustrated in figure 37. The first step is to eliminate the singularity of momentum theory at ideal autorotation in vertical descent. The result of this step is referred to as the baseline model. The second step is to create the region of negative slope in vortex ring state. For both steps, third order polynomials that provide the required behavior of the inflow as a function of $V_z$ are identified.

Table 3 presents the algorithm used to calculate the rotor induced velocity $v$ given values of $V_z$ and $V_x$. Table 4 summarizes the parameters of the model. All velocities in the model ($v$, $V_z$, $V_x$) are scaled with $v_h$. For the purposes of this section, the notation omits division of the velocities by $v_h$.

To eliminate the singularity of momentum theory, points A and B are identified on the two branches of momentum theory for a given $V_x$ (fig. 37), and connected by a third-order polynomial. The coefficients of the polynomial are identified by matching $v$ and $dv/dV_z$ at A, and $v$ at B (with the constant term of the polynomial set to zero). As $V_x$ increases the points A and B are moved together, so the momentum theory result is used entirely when $V_x$ is beyond a point C. It is necessary to shape the variation of the points A and B with $V_x$ such that the polynomial is well behaved (in particular, move the points to the right with increasing $V_x$, so the polynomial is matched to the right of the momentum theory peak, where $dv/dV_z < 0$).

A simpler baseline model for the inflow in vortex ring state and turbulent wake state is

$$V_z+v = V_z (a V_z^2 - b + c V_x^2)$$

for $(1.5V_x^2+(2V_x+3)^2) < 1$. Matching this equation to the axial-flow momentum theory results at $V_z = -2$ and $V_z = -1$ gives $a = \sqrt{\frac{5}{6}} = 0.373$ and $b = (4\sqrt{5} - 3)/6 = 0.991$. Then matching to the forward-flight momentum theory result at $V_x = 1$, $V_z = -1.5$ gives $c = 0.598$. This model is found in reference 52 and in a widely used comprehensive analysis. However, the measured data suggest that it is appropriate to use momentum theory down to $V_z = -1.5$; and there are small jumps at the transitions from this curve to momentum theory for $V_x > 0$. Therefore a more complex model is used here.

The stability boundary is specified by the points X and N for vertical descent (fig. 37), and a point M in forward flight: $V_xN$, $V_xX$, $V_xM$. Appropriate functions are used to generate a reasonable shape of the boundary, in terms of the variation of the points X and N with $V_x$. The VRS model requires an increment $\Delta(V_z+v)$ relative to the baseline model, defined by the inflow values $(V_z+v)_N$ at the minimum and $(V_z+v)_X$ at the maximum. Points D and E are specified, where the VRS model joins the baseline curve. For each of the three segments of the VRS model (D to N, N to X, X to E), a third order polynomial for $\Delta(V_z+v)$ as a function of $V_z$ is identified by matching $v$ and $dv/dV_z$ (except that for X to E the slope is not matched at E, so the constant term of the polynomial is zero). The final inflow value is

$$v = \kappa (v_{base} + f \Delta v_{vrs})$$

The factor $\kappa$ is introduced to account for additional induced losses, and the parameter $f$ allows the instability in VRS to be reduced or suppressed ($\kappa > 1, f > 0$).

Figure 38 shows the resulting baseline model. The circles indicate where the polynomial is used to connect
the momentum theory branches in vortex ring state, for \( V_x < V_{XC} = 0.75 \). Figure 39 shows the resulting VRS model. The circles indicate where the polynomials are used for the three parts of the curve, for \( V_x < V_{XM} = 0.95 \).

For transient conditions, there will be a time lag in the development of, and transition between, the flow states of the rotor. This time lag is modelled by using a first-order differential equation to calculate the inflow. Let \( v_{QS} \) be the induced velocity calculated by the algorithm above using the instantaneous velocity and thrust of the rotor; and \( v_{TRIM} \) the trim value. Then

\[
\tau \frac{d(\delta v)}{dt} + \delta v = v_{QS} - v_{TRIM}
\]

\[
v = v_{TRIM} + \delta v
\]

gives the current inflow value \( v \). The time constant is specified in terms of the rotor revolutions, so \( \tau = \tau_v \pi / \Omega \).

Figures 40 to 51 illustrate the VRS model, and compare its results with the available test data. The dashed line in these figures is the baseline model. The value of \( \kappa \) used is noted in the figure caption. The VRS model developed here is not intended to match any specific data set. The lack of any dependence on rotor parameters such as solidity and twist is undoubtedly significant.

**CALCULATED STABILITY BOUNDARY**

The VRS model was implemented in an analysis to calculate the flight dynamics of helicopters and tiltrotors. Figure 52 shows the damping calculated for the heave (vertical velocity) mode of a helicopter operating in vertical descent. The simplest model has only the vertical degree of freedom (no other aircraft rigid body motion, no blade flap motion, and quasistatic inflow). With complete aircraft dynamics (all aircraft rigid body motion and rotor blade flap motion) but quasistatic inflow, the damping of the heave mode is unchanged. Introducing the time lag in the inflow equation reduces the damping magnitude but does not change the descent rate at which the damping is zero. For all three cases, the stability boundary (zero damping) is at the values of \( V_{Z}/V_h \) that were specified in the model (\( V_{ZN} \) and \( V_{ZH} \)).

For the symmetric dynamics, the damping of the least damped mode is shown. In this case the model with just axial motion has only the roll degree of freedom, and the model with all motion has the aircraft side and yaw degrees of freedom as well as the rotor gimbal motion. The antisymmetric dynamics of the tiltrotor in vortex ring state are evidently more complicated than the symmetric dynamics.

Figure 55 compares the calculated stability boundary of the flight dynamics of a helicopter, with the boundary specified in the VRS model. The differences between the boundaries from the eigenvalues and from the VRS model reflect primarily the fact that the eigenvalues were calculated on a rather coarse grid of \( V_{X}/V_h \) and \( V_{Z}/V_h \) (only 0.1 resolution). The helicopter behavior during these vortex ring state encounters was calculated using a representative model of the D6075, described in table 5. The degrees of freedom considered are the rigid airframe motions, rigid blade flap and pitch, and the inflow time lag. An auxiliary force was used for antitorque in place of the Fenestron, so the yaw degree of freedom was not included in the maneuver calculations. The equations were integrated using a time step of 0.0025 sec, corresponding to 5.4 deg azimuth. The velocity sensor for the calculations was in the inertial axes. A simple autopilot was used, feeding back roll rate to lateral cyclic, and pitch rate and horizontal velocity.
error to longitudinal cyclic. The inflow model used 
\((V_z+v)V)X = 1.25\) and a time constant of \(\tau = 14\) revs.

The aircraft gross weight used was 3500 kg, and the 
rotor speed was 360 rpm. Hence \(v_T = 11.2\) m/sec = \(2200\) 
ft/min = \(21.7\) knots; \(C_T = 0.005, C_T/\sigma = 0.059, \lambda_h = 0.05.\) 
The initial conditions for the maneuver were obtained by 
averaging the first 20 sec of the measured velocities. The 
analysis trimmed the helicopter to these initial conditions 
(velocity and flightpath angle). The calculated maneuver 
started at the point of initial collective decrease in the 
measured data. The two cases were calculated for the 
following conditions:

a) Vertical: 4.25 knots and \(-8.2\) deg descent angle 
(horizontal velocity \(2.16\) m/sec, vertical velocity \(-0.31\) 
m/sec); calculations started at 26.7 sec in the measured 
data; total collective change about \(-0.7\) deg; autopilot 
target forward velocity \(2.16\) m/sec.

b) Forward: 12.4 knots and \(-1.5\) deg descent angle 
(horizontal velocity \(6.39\) m/sec, vertical velocity \(-0.17\) 
m/sec); calculations started at 19.8 sec in the measured 
data; total collective change about \(-0.9\) deg; autopilot 
target forward velocity \(5.9\) m/sec.

The values of the measured collective pitch change used 
in the calculations are shown in figure 56.

Figures 57 and 58 compare the measured and 
calculated helicopter response, for the vertical and 
forward conditions. Good calculation of the vertical 
velocity is obtained using the VRS model, while the 
baseline model (momentum theory with the ideal 
autorotation singularity removed) does not produce the 
correct behavior. The calculated vertical acceleration \(a_z\) clearly shows the character of the \(V_z\) drop.

The good correlation between measured and calculated 
helicopter vertical velocity during VRS encounter 
establishes that the VRS model is accurate, and more 
generally confirms the association of this behavior with 
the negative slope of the inflow curve. That the 
corresponding comparison between the VRS model and 
the inflow velocity obtained by Taghizad et al. (fig. 51) is 
not very good probably reflects the difficulties involved in 
obtaining such inflow information from flight tests in 
VRS.

Figures 59 and 60 show the influence of the inflow 
time constant on the calculated velocities. These results 
establish the value of \(\tau = 14\) revs for this problem. Figures 
61 and 62 show the influence of the value of the inflow 
peak, \((V_z+v)V)X). The calculated vertical velocity is not very 
sensitive to this parameter. Figure 63 shows the influence 
of the autopilot target forward velocity on the calculated 
vertical velocity, for the forward case.

Figure 64 shows the results of attempted recovery by 
means of a collective pitch increase on the calculated 
velocity and vertical acceleration. A collective increase of 
about 1 deg (the collective change relative trim set to a 
constant 0.3 deg) was introduced at 55, 60, and 65 sec into 
the maneuver. Although a positive change in normal 
acceleration was produced in each case, only the control 
change at 55 sec was successful in recovering from the 
VRS encounter.

Taghizad et al. (refs. 44, 46, 47) developed an 
empirical inflow curve, which was implemented in the 
HOST code. Using this analysis, the mean characteristics 
of the VRS observed during the experimental studies were 
well reproduced. They concluded that both D6075 flight 
test and HOST calculations demonstrated that vortex ring 
state can be considered as an unstable region.

The present calculations for the D6075 establish an 
appropriate value for the inflow time constant: \(\tau = 14\) revs 
(2.4 sec), for \(C_T = 0.005\) and \(\lambda_h = 0.05.\) The dimensional 
time constant should scale as \(t \sim R/v_h.\) Hence the general 
result is \(t_{rev} = 0.7/\lambda_h.\) For the V-22 then, with \(C_T = 0.013\) 
and \(\lambda_h = 0.08,\) the time constant value is \(\tau = 9\) revs 
(1.3 sec).

TILTROTOR VRS ENCOUNTER

Representative behavior of a tiltrotor encountering 
vortex ring state was calculated using a model of the 
V-22, described in table 6. A complete model of the 
aircraft in helicopter mode was used. The pilot's controls 
corresponded to the rotor collective and cyclic. The 
degrees of freedom considered were the rigid airframe 
motions, rotor gimbal motion with rigid blades, and the 
inflow time lag. The equations were integrated using a 
time step of 0.002 sec, corresponding to 4.9 deg azimuth. 
The velocity sensor for the calculations was in the inertial 
axes. A simple autopilot was used, feeding back roll rate 
to lateral control (rotor differential collective), and pitch 
rate and horizontal velocity error to longitudinal cyclic. 
The inflow model used \((V_z + v)X = 1.25\) and a time lag of 
\(\tau = 9\) revs.

The aircraft gross weight used was 46,100 lb, and the 
rotor speed 409 rpm. Hence \(v_h = 65.2\) ft/sec = \(3900\) ft/min 
= 38.7 knots; \(C_T = 0.013, C_T/\sigma = 0.122, \lambda_h = 0.08.\) The 
initial conditions for the maneuver were \(V_h/v_h = 0.6, \)
\(V_z/v_h = -0.35\) (26.8 knots, \(-30\) deg flightpath angle; 
apilot target horizontal speed 23.2 knots). The analysis 
trimmed the tiltrotor to these initial conditions (velocity 
and flightpath angle). Then the collective pitch change 
shown in figure 65 was introduced to produce the VRS 
encounter.
Figure 66 shows the calculated velocity, normal acceleration, roll angle, and differential collective. The initial conditions are symmetric (wings level) flight, and the rotors are identical, so the tiltrotor encountering VRS exhibits a $V_z$ drop, much like the helicopter. Flight tests have demonstrated however that the characteristic tiltrotor behavior in VRS is roll-off, not $V_z$ drop. Figure 66 also shows the calculated response when the tiltrotor is trimmed in an asymmetric condition, either with $-15$ deg sideslip or with a 0.5 ft lateral center-of-gravity offset; but the rotors are still identical. The result is still primarily $V_z$ drop, with little roll angle or differential collective.

Figure 67 shows the calculated response obtained with asymmetric rotor aerodynamics, produced by using $f = 0.3$ on the left rotor to suppress its unstable axial behavior in VRS. Now as vortex ring state is approached, the roll autopilot introduces substantial differential collective in order to keep the wings level with the different aerodynamic behavior of the two rotors. When, in addition, a 2 deg limit on the differential collective is imposed, the tiltrotor begins to roll when the control limit is reached. A rapid and substantial increase in roll angle is produced in this case. The calculated results in figure 67 are typical of tiltrotor behavior in VRS encounters (ref. 51).

The roll-off that is typical of tiltrotor VRS encounter appears to be associated with differences between the aerodynamics of the two rotors, not with the aircraft dynamics. That difference was simulated here by simply suppressing the unstable VRS behavior of one rotor, but the actual aerodynamic mechanism remains undetermined. Possibly the difference between the two rotors reflects the low frequency unsteadiness and randomness of vortex ring state. The aerodynamic interaction between the two rotors may also be a factor.

**MODEL FOR REAL-TIME SIMULATION**

As an empirical extension of momentum theory, the VRS model developed here is suitable for implementation in a real-time, piloted simulation. Probably the calculation of the inflow as a function of rotor horizontal and vertical velocity in descent would be performed to generate a table, and the table interpolated for the real-time calculations.

The vibration increase as VRS is approached is an important cue. The vibration can be implemented as either a thrust or inflow variation, with the appropriate spectrum.

The random, low frequency variations of the VRS aerodynamics could be simulated, or a completely deterministic model could be used. The choice depends much on the training philosophy. For a tiltrotor there must be some mechanism, again either random or deterministic, to introduce a difference in the aerodynamic behavior of the two rotors.

**CONCLUSIONS**

This paper has reviewed the available wind tunnel and flight test data for rotors in vortex ring state. It is observed that the flight test data for a helicopter and a tiltrotor define essentially the same VRS boundary, in spite of a different manifestation of the instability, and large differences in twist and solidity between the rotors of the two aircraft.

Test data for axial flow, nonaxial flow, two rotors, unsteadiness, and vortex ring state boundaries have been described and discussed. Based on the available measured data, a VRS model has been developed. The VRS model is a parametric extension of momentum theory for calculation of the mean inflow of a rotor, hence suitable for simple calculations and real-time simulations. The VRS model is primarily defined in terms of the stability boundary of the aircraft flight dynamics.

Calculations of helicopter response during VRS encounter were performed. Good correlation was shown with the $V_z$ drop measured in D6075 flight tests. Calculations of tiltrotor response during VRS encounter were performed, showing the roll-off behavior characteristic of tiltrotors. With a symmetric rotor aerodynamic model, tiltrotor response to VRS encounter was a vertical velocity drop, as for the helicopter. By introducing differences between the aerodynamics of the two rotors of the tiltrotor, roll-off was calculated. Hence it is possible, using a model of the mean inflow of an isolated rotor, to explain the basic behavior of both helicopters and tiltrotors in vortex ring state.

**Future Work**

It is next necessary to correlate calculations of tiltrotor behavior in vortex ring state with flight test measurements. This is probably best accomplished as part of the development and validation of a real-time implementation of the VRS model for the rotor inflow.

**Assessment of Test Data**

There are six reported wind tunnel and flight test programs that provide data on rotor behavior in vortex ring state. The behavior of the flow that produces the unstable aircraft dynamics is clearly established by these test data, and the stability boundary appears scalable.
There is not enough data to establish the influence of twist, solidity, and other rotor parameters on VRS aerodynamics.

There are probably facility effects in some of the tests. There may be wind tunnel wall effects in the data of Castles and Gray. The image plane in the data of Betzina probably did not produce a good simulation of a second rotor. There may be scale effects in the data of Empey and Ormiston.

Based on reported helicopter behavior in VRS regarding loss of cyclic control, there is probably an instability in the character of rotor cyclic and linear inflow gradients in VRS, similar to the instability in the character of collective and mean inflow. There is, however, no available data relevant to such a phenomenon.

In spite of the focus of many investigations on the unsteady nature of VRS flow, there are no clear trends in the data for frequencies or thrust fluctuations. This might reflect more sensitivity to the rotor parameters than is found for the mean thrust and power data. The possible relation between random, low frequency variations in VRS aerodynamics and the asymmetric behavior of tiltrotors is not elucidated by the available data.

Recommended Tests

A test of a rotor in vortex ring state must be conducted in a very large wind tunnel, so there is no question of wall effects with a large enough rotor to avoid problems with scale. It should be a flapping rotor with moderate flap hinge offset and cyclic control. The usual test matrix (thrust or collective; and $V_x$ and $V_z$, or $V$ and $\alpha$) is appropriate. Cyclic control variations must also be investigated. Data records must be long enough to establish the low frequency character of the flow.

The configurations investigated should include a matrix of solidity and twist (and possibly blade number), sufficient to establish the influence of these parameters on VRS. A tiltrotor configuration will be required to establish the magnitude and importance of rotor-rotor interference on VRS behavior.

Such an extensive test program will be difficult to justify based on helicopter and tiltrotor experience with VRS operations. Yet without such experimental data, many aspects of VRS aerodynamics will long remain elusive.

Recommended Analysis

If good correlation with the six data sets described in this paper could be demonstrated, then analysis could be used with confidence to examine the influence of rotor parameters, cyclic control, rotor-rotor interference, and other features of vortex ring state aerodynamics. Each data set has some unique characteristics, which must be captured by the analysis. It would be necessary to account for the specific aspects of the test facilities involved.

As vortex ring state aerodynamics involve unsteady, large-scale vortex structures, such an analysis program would be a major task, but one well worth the resources in terms of the knowledge to be gained about an important aspect of rotary wings.

REFERENCES


32. Azuma, A.; and Obata, A.: Induced Flow Variation of the Helicopter Rotor Operating in the Vortex


### TABLE 1. TESTS OF ROTORS IN VORTEX RING STATE.

<table>
<thead>
<tr>
<th>Date</th>
<th>Reference</th>
<th>Facility</th>
<th>N</th>
<th>R, ft</th>
<th>Vtip, ft/sec</th>
<th>σ</th>
<th>Twist</th>
<th>Angle of Attack</th>
<th>Inflow</th>
</tr>
</thead>
<tbody>
<tr>
<td>1926</td>
<td>Lock, Glauert</td>
<td>wind tunnel, 7 ft</td>
<td>2</td>
<td>1.5</td>
<td>200–230</td>
<td>0.074</td>
<td>–9.6 (P/D=.3)</td>
<td>90</td>
<td>T&amp;0</td>
</tr>
<tr>
<td>1949</td>
<td>Brotherhood</td>
<td>flight, R-4B</td>
<td>3</td>
<td>1.9</td>
<td>448</td>
<td>0.058</td>
<td>0</td>
<td>90</td>
<td>T&amp;0, P/T</td>
</tr>
<tr>
<td>1949</td>
<td>Reeder and Gustafson</td>
<td>flight, R-4B</td>
<td>3</td>
<td>1.9</td>
<td>448</td>
<td>0.058</td>
<td>0</td>
<td>90</td>
<td></td>
</tr>
<tr>
<td>1949</td>
<td>Drees</td>
<td>ground</td>
<td>2</td>
<td>0.5</td>
<td></td>
<td></td>
<td></td>
<td>90, etc.</td>
<td></td>
</tr>
<tr>
<td>1951</td>
<td>Castles and Gray</td>
<td>wind tunnel, 9 ft</td>
<td>3</td>
<td>3</td>
<td>377, 502</td>
<td>0.074</td>
<td>0.3/1 taper</td>
<td>90</td>
<td>T&amp;0, P/T</td>
</tr>
<tr>
<td>1951</td>
<td>Yaggy and Mort</td>
<td>flight, R-4B</td>
<td>3</td>
<td>19</td>
<td>448</td>
<td>0.058</td>
<td>0</td>
<td>90</td>
<td>P/T</td>
</tr>
<tr>
<td>1951</td>
<td>Yeates</td>
<td>flight, tandem</td>
<td>3</td>
<td>17.5</td>
<td>500</td>
<td></td>
<td></td>
<td>90</td>
<td>P/T</td>
</tr>
<tr>
<td>1954</td>
<td>Gessow</td>
<td>flight, R-4B</td>
<td>3</td>
<td>19</td>
<td>448</td>
<td>0.058</td>
<td>0</td>
<td>90</td>
<td>P/T</td>
</tr>
<tr>
<td>1958</td>
<td>Yaggy and Mort</td>
<td>flight, tandem</td>
<td>3</td>
<td>17.5</td>
<td>500</td>
<td></td>
<td></td>
<td>90</td>
<td></td>
</tr>
<tr>
<td>1962</td>
<td>Scheiman</td>
<td>flight, H34</td>
<td>4</td>
<td>28</td>
<td>623</td>
<td>0.062</td>
<td>–8</td>
<td>90, etc.</td>
<td></td>
</tr>
<tr>
<td>1966</td>
<td>Washizu</td>
<td>moving track</td>
<td>3</td>
<td>1.80</td>
<td>189</td>
<td>0.057</td>
<td>–8.33</td>
<td>90,70,50,20</td>
<td>P/T</td>
</tr>
<tr>
<td>1966</td>
<td>Washizu</td>
<td>moving track, tandem</td>
<td>3</td>
<td>1.80</td>
<td>189</td>
<td>0.057</td>
<td>–8.33</td>
<td>90,80,60</td>
<td>P/T</td>
</tr>
<tr>
<td>1968</td>
<td>Empey and Ormiston</td>
<td>wind tunnel, 3m</td>
<td>3</td>
<td>1.80</td>
<td>189</td>
<td>0.057</td>
<td>–8</td>
<td>90</td>
<td></td>
</tr>
<tr>
<td>1974</td>
<td>Xin and Gao</td>
<td>wind tunnel, AH-1G tail rotor</td>
<td>2</td>
<td>0.53</td>
<td>515</td>
<td>0.105</td>
<td>0</td>
<td>90 to 0 by 10</td>
<td>T&amp;0, P/T</td>
</tr>
<tr>
<td>1993</td>
<td>Brinson</td>
<td>whirling beam</td>
<td>2</td>
<td>1.80</td>
<td>265</td>
<td>0.069</td>
<td>0</td>
<td>90,75,60,45,30</td>
<td>T&amp;0, P/T</td>
</tr>
<tr>
<td>1993</td>
<td>Felker and McKillip</td>
<td>long track</td>
<td>4</td>
<td>4.00</td>
<td>180</td>
<td>0.066</td>
<td>–8</td>
<td>90</td>
<td>T&amp;0, P/T</td>
</tr>
<tr>
<td>2001</td>
<td>Betzina</td>
<td>wind tunnel, 80x120</td>
<td>3</td>
<td>2</td>
<td>377</td>
<td>0.119</td>
<td>–41</td>
<td>90 to 0 by 10</td>
<td>T&amp;0, P/T</td>
</tr>
<tr>
<td>2002</td>
<td>Taghizad</td>
<td>flight, Dauphin</td>
<td>4</td>
<td>19.6</td>
<td>656</td>
<td>0.083</td>
<td>–10</td>
<td>90, etc.</td>
<td>P/T</td>
</tr>
</tbody>
</table>

### TABLE 2. MEASURED FREQUENCIES IN VORTEX RING STATE.

<table>
<thead>
<tr>
<th>ωR/v_h</th>
<th>Condition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yeates</td>
<td>1.4–2.0, V_z/v_h = –0.4</td>
</tr>
<tr>
<td></td>
<td>0.95–1.1, V_z/v_h = –1.1</td>
</tr>
<tr>
<td></td>
<td>1.9, V_x/v_h = 0.7, V_z/v_h = –0.3</td>
</tr>
<tr>
<td>Yaggy and Mort</td>
<td>3–5</td>
</tr>
<tr>
<td>Washizu</td>
<td>0.7–1.4, 0.14–0.3, axial</td>
</tr>
<tr>
<td>Xin and Gao</td>
<td>1.3, 2.5, 0.8, V_z/v_h = 0.75</td>
</tr>
<tr>
<td>Brinson</td>
<td>0.6, axial</td>
</tr>
<tr>
<td>Betzina</td>
<td>&lt; 0.1, α = 60, V/v_h = 0.7, image plane</td>
</tr>
<tr>
<td></td>
<td>0.2, α = 80–90, rotor only</td>
</tr>
</tbody>
</table>
The following algorithm calculates $v$ given values of $V_z$ and $V_x$ (all scaled with $v_h$).
The algorithm assumes $V_{zA} > V_{zB} > V_{zN} > V_{zX} > V_{zE}$; and $V_{zX} > V_{zA}$.

1) if $V_z \geq 0$ or $V_x \geq V_{xC}$, momentum theory is used.

2) baseline curve

2.1) end points

- $V_{zAID} = V_{zA} + 0.2 \left( \frac{V_x}{V_{xC}} \right)^2$
- $V_{zBID} = V_{zB} + 0.2 \left( \frac{V_x}{V_{xC}} \right)^2$

and if $V_x/V_{xC} > 0.5$ then $V_{zBID} = V_{zBID} + 0.7 \left( \frac{V_{zAID} - V_{zBID}}{2V_x/V_{xC} - 1} \right)^3$

2.2) if $V_{zBID} < V_z < V_{zAID}$ then identify $v = bV_z + cV_z^2 + dV_z^3$

matching at $V_{zAID}$: momentum theory $v$, $dv/dV_z$

matching at $V_{zBID}$: momentum theory $v$

2.3) otherwise momentum theory is used

3) VRS model: if $V_z < 0$ and $V_x < V_{xM}$ then

3.1) stability boundary

- $V_{zDID} = V_{zD}$
- $V_{zNID} = 0.5(V_{zN} + V_{zX}) + 0.5(V_{zN} - V_{zX}) (1 - (V_x/V_{xM})^2)^{0.2}$
- $V_{zXID} = 0.5(V_{zN} + V_{zX}) - 0.5(V_{zN} - V_{zX}) (1 - (V_x/V_{xM})^2)^{1.5}$
- $V_{zEID} = V_{zE} + (V_{zXID} - V_{zX})$

3.2) if $V_{zEID} < V_z < V_{zDID}$ then identify $\Delta(V_z+v) = a + bV_z + cV_z^2 + dV_z^3$; otherwise momentum theory is used

3.2.1) if $V_{zNID} \leq V_z < V_{zDID}$ then

match at $V_{zDID}$: $\Delta(V_z+v) = d\Delta(V_z+v)/dV_z = 0$

match at $V_{zNID}$: $\Delta(V_z+v) = ((V_z+v)_N - (V_{zN} + v_{Nmom})) (1 - (V_x/V_{xM})^6)^{0.5}$ and $d\Delta(V_z+v)/dV_z = -(1 + dv_{base}/dv_z)$

3.2.2) if $V_{zXID} \leq V_z < V_{zNID}$ then

match at $V_{zNID}$: as above

match at $V_{zXID}$: $\Delta(V_z+v) = ((V_z+v)_X - (V_{zX} + v_{Xmom})) (1 - (V_x/V_{xM})^6)^{0.5}$ and $d\Delta(V_z+v)/dV_z = -(1 + dv_{base}/dv_z)$

3.2.3) if $V_{zEID} < V_z < V_{zXID}$ then

match at $V_{zXID}$: as above

match at $V_{zDID}$: $\Delta(V_z+v) = 0$ (not matching slope, so $a=0$)

3.2.4) baseline curve slope

$dv_{base}/dv_z = dv/dV_z$ of momentum theory or

$dv_{base}/dv_z = b + 2cV_z + 2cV_z^2$
### TABLE 4. VRS MODEL PARAMETERS (VELOCITIES SCALED WITH $V_{H}$); POINTS REFER TO FIGURE 37.

<table>
<thead>
<tr>
<th>Point</th>
<th>Parameter</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>baseline model</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A</td>
<td>$V_{zA}$</td>
<td>–1.5</td>
</tr>
<tr>
<td>B</td>
<td>$V_{zB}$</td>
<td>–2.1</td>
</tr>
<tr>
<td>C</td>
<td>$V_{xC}$</td>
<td>0.75</td>
</tr>
<tr>
<td>VRS model</td>
<td></td>
<td></td>
</tr>
<tr>
<td>D</td>
<td>$V_{zD}$</td>
<td>–0.2</td>
</tr>
<tr>
<td>N</td>
<td>$V_{zN}$</td>
<td>–0.45</td>
</tr>
<tr>
<td></td>
<td>$(V+v)_N$</td>
<td>0.85</td>
</tr>
<tr>
<td>X</td>
<td>$V_{zX}$</td>
<td>–1.5</td>
</tr>
<tr>
<td></td>
<td>$(V+v)_X$</td>
<td>1.25</td>
</tr>
<tr>
<td>E</td>
<td>$V_{zE}$</td>
<td>–2.0</td>
</tr>
<tr>
<td>M</td>
<td>$V_{xM}$</td>
<td>0.95</td>
</tr>
</tbody>
</table>

### TABLE 5. D6075 HELICOPTER MODEL.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>articulated hub</td>
<td></td>
</tr>
<tr>
<td>blade radius R</td>
<td>5.97 m</td>
<td></td>
</tr>
<tr>
<td>solidity $\sigma$ (chord = 0.4 m)</td>
<td>0.085</td>
<td></td>
</tr>
<tr>
<td>number of blades</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>twist</td>
<td>–10 deg</td>
<td></td>
</tr>
<tr>
<td>Lock number (mass = 7.5 kg/m)</td>
<td>6.6</td>
<td></td>
</tr>
</tbody>
</table>

### TABLE 6. V-22 TILTROTOR MODEL.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>gimballed hub</td>
<td></td>
</tr>
<tr>
<td>blade radius R</td>
<td>19.04 ft</td>
<td></td>
</tr>
<tr>
<td>solidity $\sigma$ (tapered blade)</td>
<td>0.105</td>
<td></td>
</tr>
<tr>
<td>number of blades</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>twist (nonlinear)</td>
<td>–38 deg</td>
<td></td>
</tr>
<tr>
<td>Lock number</td>
<td>5.0</td>
<td></td>
</tr>
</tbody>
</table>
Figure 1. Smoke flow visualization of a rotor in vortex ring state (Drees, ref. 20).

Figure 2. Helicopter $V_z$ drop and tiltrotor roll-off from vortex ring state encounter, and stability boundary of VRS model.
Figure 3. Rotor inflow in vertical descent, from wind tunnel test, momentum theory, and the VRS model.

Figure 4. Momentum theory and inflow states in axial flow.
Figure 5(a). Momentum theory in forward flight (function of $V_z$ and $V_x$).

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Model for Vortex Ring State Influence on Rotorcraft Flight Dynamics

Wayne Johnson

The influence of vortex ring state (VRS) on rotorcraft flight dynamics is investigated, specifically the vertical velocity drop of helicopters and the roll-off of tiltrotors encountering VRS. The available wind tunnel and flight test data for rotors in vortex ring state are reviewed. Test data for axial flow, nonaxial flow, two rotors, unsteadiness, and vortex ring state boundaries are described and discussed. Based on the available measured data, a VRS model is developed. The VRS model is a parametric extension of momentum theory for calculation of the mean inflow of a rotor, hence suitable for simple calculations and real-time simulations. This inflow model is primarily defined in terms of the stability boundary of the aircraft motion. Calculations of helicopter response during VRS encounter were performed, and good correlation is shown with the vertical velocity drop measured in flight tests. Calculations of tiltrotor response during VRS encounter were performed, showing the roll-off behavior characteristic of tiltrotors. Hence it is possible, using a model of the mean inflow of an isolated rotor, to explain the basic behavior of both helicopters and tiltrotors in vortex ring state.

Helicopter, Tiltrotor, Vortex ring state

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